User Manual

YH-7602



Preface

Dear users:

We're pleased to present to you our 7-in-1 beauty machine featured with weight loss, figure slimming, anti-aging, skin lifting and tightening, etc. It is a multifunctional beauty machine, targeted at both eye, face and body, mainly focusing on lifting and tightening of skin and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic cavitation machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface		
Part I		
Introduction		
Advantages		
Working Principles & Treatments		
Facial Tightening & Repairing		
Eye Anti-aging		
Neck Anti-aging		
Shaping Waist & Abdomen		
Shaping Breasts		
Body Shaping		
Arms		
Back		
Buttocks		
Legs		
Part II		
1. Detailed Operations		
2. Technical Parameters		
3. Safety Precautions		
4. Dos and Don'ts		
5. Troubleshooting		
6. FAQs		
7. Packing List		
8. Operational Diagrams		

Part I

Brief Introduction

RF and ultrasonic cavitation machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging. It is coupled with cold hammer, which helps to soothe skin, shrink pores and care for skin in all ways.

Advantages

1. 7-in-1 multifunctional beauty machine that works on both of your facial and body care.

2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.

3. Various work heads can be replaced in different parts according to different requirements.

4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.

- 5. Adopting the cutting-edge technology of ultrasonic fat burning.
- 6. Suitable for all skin types. It also improves and soothes skin.
- 7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
- 8. No consumption, low cost and quick returns.

9. Wider treatment range and faster and more visible effects.

10. Unevenness, bleed, swelling and stasis will not appear after treatment.

11. Ultrasound, vacuum and RF all have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

Facial Tightening & Repairing

Working Principles

Radio frequency works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change,therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45^{\circ}C^{-}60^{\circ}C$, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Cold Hammer

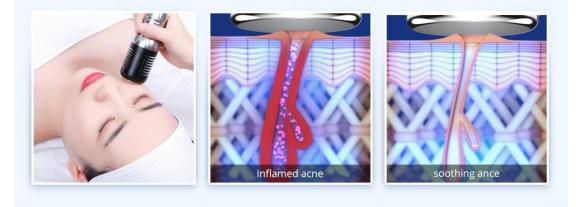
Cold hammer uses the principle of air conditioning. Special wafer ceramics are used to absorb energy and refrigerate at -5° C in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological Effects

During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on. Hot hammer helps activate cells, improve skin quality, stimulate blood circulation acceleration, and increase the skin's metabolism.

Skin tightening

Use the cold therapy hammer to shrink pore after skin moisturizing and nutrition importation, this cooling therapy can promote skin tightening and enhance acne relieving and smoothing



BIO & Photon Treatment

LED photon therapy uses the principle of photodynamics to activate deep cells and boosts skin metabolism. After light is absorbed by the skin, the light energy is transformed into intracellular energy, which expands and strengthens microvessels and produces photochemical reaction-enzymatic reaction with the skin, increasing the activity of Catalase and superoxide dismutase (SOD), which serve as the "guard" and "cleaning worker" of cells. The breakdown of adenosine triphosphate (ATP), a source of cellular energy, increases. Increase glycogen and protein content, thereby promoting cell metabolism and synthesis. To stimulate the body alkaline synthetic fiber growth factor (BFGF) the secretion of epidermal growth factor (EGF), making collagen fibers and increase elasticity, rearranging fibers, blocking and eliminating the formation of melanin, accelerating cell growth and blood circulation, stimulating fiber cells to produce collagen, increasing skin elasticity, repairing the aging skin, acne skin, fade spots, firm and alleviate the sun burns. It plays an important role in skin care such as killing bacteria to provide a suitable environment for new cells.

Biological Effect

Using photodynamic principle, it activates deep cells and boosts skin metabolism. After the light is absorbed by the skin, the light energy is converted into cellular energy, which can relax and strengthen the micro vessels and produce photochemical reactions with the skin -- enzymatic reactions, increasing the content of glycogen and protein, thus promoting the metabolism and synthesis of cells.



Effects

- 1. Improve redness, swelling, acne and allergy and so on.
- 2. Calm and sooth skin.
- 3. Shrink pores, improve couperose skin.
- 4. Tighten and lift skin and increase skin elasticity.
- 5. Improve sagging, loose skin and wrinkles.
- 6. Help lead in nutrition to the bottom of skin and lock in nutrition and refine skin.
- 7. Enhance skin resistance and repair fragile skin.
- 8. Accelerate bottom skin circulation and metabolism and build healthy skin.

Applicable Range

- 1. Those with facial dullness.
- 2. Those with skin relaxation and sagging.
- 3. Those with dark circles, under eye bags, fine lines, nasolabial folds and crow's feet.
- 4. Those with indistinct facial contour.
- 5. Those with coarse skin, large pores and excessive oil secretion.
- 6. Those who are under long-term exposure of UV radiation at workplace.
- 7. Those with lax skin, edema or obesity after birth.

8. Those with sensitive skin, acne prone skin, and skin that is prone to redness, swelling and allergies.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.

2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, plastic surgery or during surgery recovery.

3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumor.

4. Those with severe sensitive skin and who are allergic to metals or are having an allergic reaction.

- 5. Those with skin trauma or wound.
- 6. Those who are over aging.
- 7. Those in menstruation, pregnancy, lactation, surgical recovery.
- 8. Those with skin diseases and infectious diseases.
- 9. Those who are unrealistic about the results.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).

2. Enhance moisturizing and sunscreen.

3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.

4. Use facial masks at least three times a week.

5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.

6. Avoid food that will cause '3 Hs' (high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eye Anti-aging

Working Principle

Eye RF

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

Effects

- 1. Relieve eye fatigue, dark circles, under eye bags and edema.
- 2. Reduce lines around eyes and crow's feet.
- 3. Reduce dark spots and accelerate blood circulation.
- 4. Accelerate metabolism and prevent hyperpigmentation.
- 5. Supplement nutrition to the eyes and moisturize skin.
- 6. Tighten and soften skin, lift the corners of the eyes.
- 7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

- 1. Those with wrinkles, fine lines, under eye bags and dark circles.
- 2. Those with dry skin, dry lines and dynamic wrinkles.
- 3. Those whose eyes are prone to fatigue and dryness.
- 4. Those who frequently face computer screens and mobile phones.
- 5. Those who often stay up late and have dark circles.
- 6. Those who often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.

2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.

3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.

- 4. Those with skin trauma or wound.
- 5. Those who are over aging.
- 6. Those who are pregnant or convalescents.
- 7. Those with skin disease and contagious diseases.

Notices after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.

2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.

3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.

4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.

5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-aging

Principle Principle

RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of

the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45^{\circ}C^{-}60^{\circ}C$, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

- 1. Reduce fine lines and wrinkles on the neck.
- 2. Improve the flabbiness, roughness and dullness of the neck skin.
- 3. Tighten skin and increase skin elasticity.
- 4. Remove double chin.
- 5. Accelerate lymphatic detoxification and improve facial skin.
- 6. Prevent cervical and lymphatic diseases.

Applicable Range

- 1. Those with fine lines and wrinkles on the neck.
- 2. Those with loose and inelastic neck skin.
- 3. Those with dull skin.
- 4. Those who often bow their heads.

Inapplicable Range

- 1. Those who have just undergone plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant

tumors.

- 3. Those who are having an allergic reaction, or people with severe sensitive skin.
- 4. Those with skin trauma or wound.
- 5. Those who are over aging.
- 6. Those who are pregnant or convalescents.
- 7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.

2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.

3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.

4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.

5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.

6. Avoid bowing head for a long time.

Shaping Waist&Abdomen

Principle Principles

40K Ultrasonic Cavitation

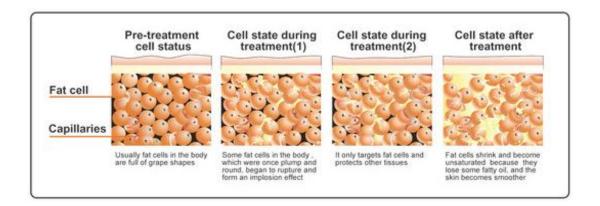
Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound

Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and

protects high-density tissue such as vascular and nerve tissue.



Vacuum & RF

RF releases energy and acts directly on the dermis layer. It heats up from human body within, reaching temperature that is up to $40^{\circ}\text{C}-60^{\circ}\text{C}$. Biological thermal effect helps boost uterus blood circulation and lymph circulation and metabolize fat cells, thus helps regulating the uterus, increasing period flow and inhibiting cold uterus.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: Redundant fluid is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity. Lift and revive skin elasticity.
- (2) Stimulate the production of bone collagen and improve skin plumpness.

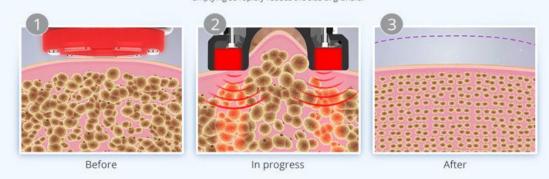
(3) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.



Expel Waste and Tighten Skin-Vacuum Sextupolar 3D SMART RF

Quadrupolar Vacuum&Sextupolar 3D SMART RF radio frequency combines the mechanism of advanced Sextupolar 3D SMART RF energy and vacuum therapy, can promote tissue metabolism, repel the cellulite, which make fat granule in different depths and shocking make fusion energy, so that the combustion of fatty acids at the same time broken out of a pot, not only the burning consumption of fatty acids but also more directly emptying so rapidly reduce the size of granule.



Effects

- 1. Relieve women's cold hands and cold feet, cold uterus and cold body.
- 2. Tighten the skin on the waist and abdomen.
- 3. Reduce lumbar and abdominal fat.
- 4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
- 5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

Applicable Range

- 1. Those with cold hands and cold feet and cold womb.
- 2. Those with lumbar and abdominal fat or who have sagging skin after birth.
- 3. Those sitting for a long time, or with unideal waistlines.
- 4. Those with striae due to obesity and pregnancy.
- 5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with "3 Hs" (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.

- 2. Those in pregnancy, menstruation or lactation.
- 3. Those who have just undergone surgical wounds or convalescents.
- 4. Those with epilepsy and severe diabetes and hyperthyroidism.
- 5. Those with malignant tumors, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those with severe gynecological diseases.
- 8. Those whose gynecological diseases are being treated.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.

2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.

3. Keep abdomen warm. Take a bath after 4-6 hours.

4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Shaping Breasts

Working Principle

RF

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

Effects

- 1. Adjust chest type and reduce accessory breast.
- 2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
- 3. Reduce chest expansion.
- 4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
- 5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

Applicable Range

1. Those with bad breast shape and accessory breasts.

2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.

- 3. Those with extended chest fat extended.
- 4. Those with low immunity.
- 5. Those with irregular menstruation and facial spots or whose skin is inelastic.

6. Those with improper developed mammary glands, postpartum breast atrophy, breast relaxation, breast duct blockage.

Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.

2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.

- 3. Those with infectious lesions on the chest skin.
- 4. Patients with severe thoracic proliferative or fibroma or cyst.
- 5. Those in pregnancy and lactation.

Notes after Operation

- 1. Keep warm.
- 2. Wear styled and comfortable underwear. Don't press your chest hard.
- 3. Avoid getting cold. Take a bath after 4-6 hours.

Body Shaping

Working Principles

RF

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Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic. RV waves travel through epidermis and directly work on dermis in depth, and quickly heat up water molecules and generate safe thermal energy. When the natural friction of collagen tissue is heated up to $45^{\circ}C^{-}60^{\circ}C$, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.



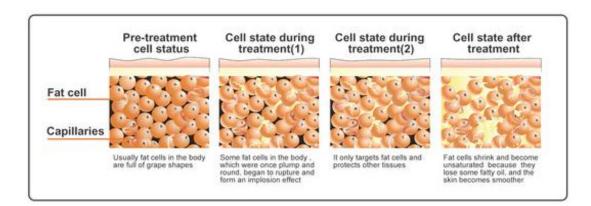
40K Ultrasonic Cavitation

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the

negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



Vacuum Slimming

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: Breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole.Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

(1) Repair cell tissue, increase its activity.

- (2) Lift and revive skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

4. Nerve layer

The suction and release of air pressure:

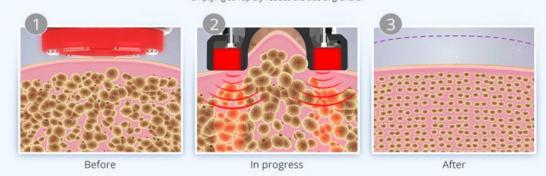
- (1) Stimulates the surface and deep sympathetic nervous system.
- (2) Improves skin sensitivity.
- (3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.



Expel Waste and Tighten Skin-Vacuum Sextupolar 3D SMART RF

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Shaping Arms

Effects

- 1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
- 2. Improve loose skin.
- 3. Improve flabby arms and thick arms.
- 4. Soothe loose skin.
- 5. Tighten skin.
- 6. Accelerate blood circulation and metabolism.

Applicable Range

- 1. Those with thick arms and want to look better in clothes.
- 2. Those with jiggly and flabby arms.
- 3. Those with loose arm skin.
- 4. Those whose arms are prone to pain and numbness.

Inapplicable Range

- 1. Those who have just had plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
- 3. Those who are during allergic period and has severely sensitive skin.
- 4. Those with skin trauma or cut.
- 5. Those who are overly old.

- 6. Those who are pregnant and who are recovering from surgery.
- 7. Those with skin diseases and infectious diseases.

Notes after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. 4-6 hours later in the shower.
- 3. Drink plenty of warm water to stay hydrated.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

Shaping Back

Effects

- 1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
- 2. Dredge channels and collaterals, and improve channels and collaterals blocking.
- 3. Increase blood circulation and metabolism.
- 4. Improve blood supply to the head and sleep.
- 5. Regulate the functions of viscera and strengthen the body.
- 6. Firm skin and prevent sagging.
- 7. Improve excess fat on the back and shape the back.

Applicable Range

- 1. Those with sore shoulders and backs and stiff necks.
- 2. Those with insomnia, dreaminess and fading memory.
- 3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
- 4. Those with thick back and want to look better in clothes.
- 5. Those who has a lump on the back of the neck.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.

- 2. Those are during pregnancy, menstruation and lactation.
- 3. Those whose surgical wound is healing or convalescence

4. Those who has "three Hs", heart disease, epilepsy and severe diabetes and hyperthyroidism.

- 5. Those with malignant tumor and hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those who are too weak.
- 8. Those who are drunk, full, empty, thirsty and overworked.

Notes after Operation

- 1. Keep warm, avoid cold air and drink plenty of hot water.
- 2. Shower 4-6 hours after operation.
- 3. Avoid staying up late, drinking and overeating.
- 4. Avoid raw, cold and spicy foods and get enough sleep.
- 5. Avoid shoulder-baring and backless clothing.

Shaping Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.

2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.

3. Improve sleep quality, improve female sexual function and tighten the vagina.

4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.

5. Make complexion ruddy, fade color spots and return to young state.

6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

- 1. Those with saggy hips and fat accumulation.
- 2. Those with striae induced by obesity and pregnancy,
- 3. Those whose butt shape is not good-looking, flat and soft outward expansion.
- 4. Those with cold and cool hips with low hip temperature.

5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.

6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.

2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant

tumor, etc

- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Those with allergic and severely sensitive skin.
- 6. Those who have just had liposuction.
- 7. Those who are over-aging.

Notes after Operation

- 1. Keep hips warm and avoid wearing miniskirts and shorts.
- 2. Shower 4-6 hours after operation.
- 3. Drink plenty of hot water to avoid cold air.
- 4. Avoid staying up late, drinking and overeating.
- 5. Avoid eating raw, cold and spicy foods and get enough sleep.
- 6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

Shaping Legs

Effects

- 1. Tighten skin and prevent sagging.
- 2. Stimulate collagen regeneration and improve fat lines.
- 3. Increase leg circulation and detoxification, metabolism.
- 4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
- 5. Tighten excessive protruding fat on legs and rid thick thighs.

Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.

2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.

3. Those with constipation and has coarse, flabby skin.

4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.

2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc

- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.

- 5. Patients with severe varicose veins and tumors.
- 6. Those with allergic and severely sensitive skin.
- 7. People who have just had liposuction.
- 8. Those who are overly old.
- 9. Those who are pregnant or recovering from surgery.

Notes after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. 4-6 hours later in the shower.
- 3. Drink more warm water to replenish water and speed up metabolism.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
- 6. Wear pants when you're done. Avoid miniskirts and shorts.

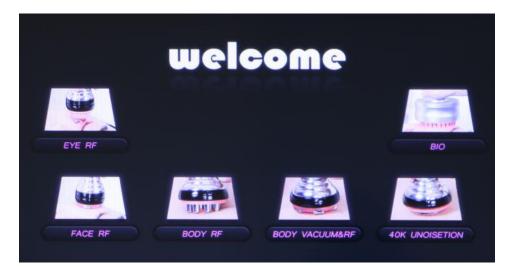
Part II

1. Detailed Operation

Detailed installation is as follows:



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection





Red LED Light



Vacuum Suction Tuning

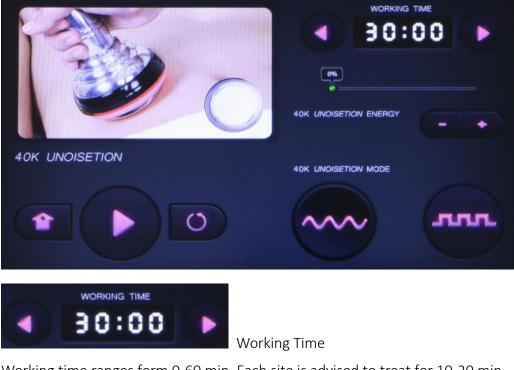
Tuning counterclockwise to decrease suction and clockwise to increase suction. Adjust the suction intensity base on one's own comfort level.



1.2 Detailed Operation: 40K Unoisetion

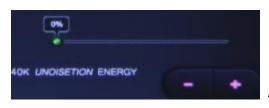
Select

to go to the interface below



Working time ranges form 0-60 min. Each site is advised to treat for 10-20 min.





40K Unoisetion Energy

The energy level ranges from 0%-100%. It is advised to adjust from 20%-80%. Adjust based on one's own comfort level. Start from 10% for first-time users.



Adjust mode based on the thickness of the fat layers.



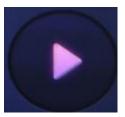
40K Consecutive Mode

Suitable for those with thick layers of fat



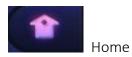
40K Intermittent Mode

Suitable for those with medium thick layers of fat and those opt for body toning

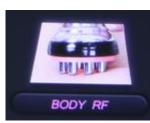


Start/Pause

Restore All data will go back to default value



1.3 Detailed Operation: Body RF



Select

to go to the interface below





Working Time

Working time ranges form 0-60 min. Each site is advised to treat for 10-20 min.

Time	e +/-	
SMART 3D RF ENERGY	E	
NOR PRO		
BODY RF		

RF Energy

The energy level ranges from 0%-100%. It is advised to adjust from 20%-80%. Adjust based on one's own comfort level. Start from 10% and slowly increase after adaptation. Higher energy level comes with higher probe temperature.



RF Energy Level Display

After selecting NOR mode, only the first line showcases the current energy level. After selecting PRO mode, the first line showcases the current energy level. The second lines fluctuates as the probe comes into contact with the skin. The second line showcases 0% when the probe surface is not on the skin.



Smart 3D RF Mode

NOR

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start. It is suitable for those that are in need of skin tightening and anti-aging and those who adapt well.

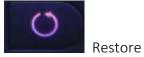
PRO

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who are in need of reducing fine lines and delaying skin aging.

Red LED Light ON/OFF



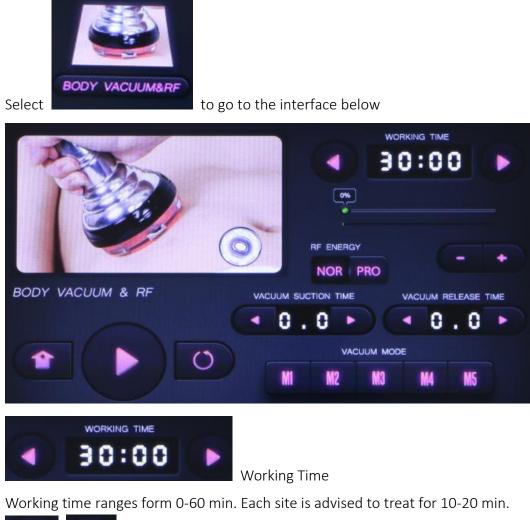
Start/Pause



All data will go back to default value



1.4 Detailed Operation: Body Vacuum & RF





RF Energy

The energy level ranges from 0%-100%. It is advised to adjust from 20%-80%. Adjust based on one's own comfort level. Start from 10% and slowly increase after adaptation. Higher energy level comes with higher probe temperature.



RF Energy Level Display

After selecting NOR mode, only the first line showcases the current energy level. After selecting PRO mode, the first line showcases the current energy level. The second lines fluctuates as the probe comes into contact with the skin. The second line showcases 0% when the probe surface is not on the skin.



RF Working Mode

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin; NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start.

NOR

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start. It is suitable for those that are in need of skin tightening and anti-aging and those who adapt well.

PRO

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who are in need of reducing fine lines and delaying skin aging.



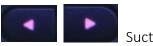
Vacuum Suction Time

It is advised to set the suction time between 0.3-1.0. Higher number means longer suction time.



Vacuum Release Time

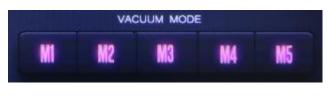
Vacuum release time refers to the interval between suction and release. 0 is direct suction. Higher number means longer release time. Reference value is 0.1-0.8



Suction Time +/-



0.0 Suction/Release Time Display



vacuum Mode

M1 is direct suction mode, suitable for those who opt for deep detoxification. Red or purple marks may appear after M1 mode treatment.



M2 is intermittent mode with a relatively small interval rate, suitable for those who opt for slight red or purple marks and detoxification through massage



M3 is intermittent mode with a big interval rate, suitable for those who opt

for slight red or purple marks and detoxification through massage



M4 is intermittent mode with relatively bigger interval rate, suitable for those who opt for accelerated circulation and detoxification through massage

MS

M5 is intermittent mode with the biggest interval rate, suitable for those

who opt for relaxation through massage



Start/Pause



Restore

All data will go back to default value



Home



Vacuum Suction Tuning

Tuning counterclockwise to decrease suction and clockwise to increase suction. Adjust the suction intensity base on one's own comfort level.

1.5 Detailed Operation: Face RF



Select

to go to the interface below





Working Time

Working time ranges form 0-60 min. Each site is advised to treat for 5-15 min.



RF Energy

The energy level ranges from 0%-100%. It is advised to adjust from 20%-80%. Adjust based on one's own comfort level. Start from 10% and slowly increase after adaptation. Higher energy level comes with higher probe temperature.



RF Energy Level Display

After selecting NOR mode, only the first line showcases the current energy level. After selecting PRO mode, the first line showcases the current energy level. The second lines fluctuates as the probe comes into contact with the skin. The second line showcases 0% when the probe surface is not on the skin.



NOR

NOR is set mode. Energy reaches to the set level and red LED turns on

immediately after clicking start. It is suitable for those that are in need of skin tightening and anti-aging and those who adapt well.

PRO

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who are in need of reducing fine lines and delaying skin aging.



Red LED Light ON/OFF



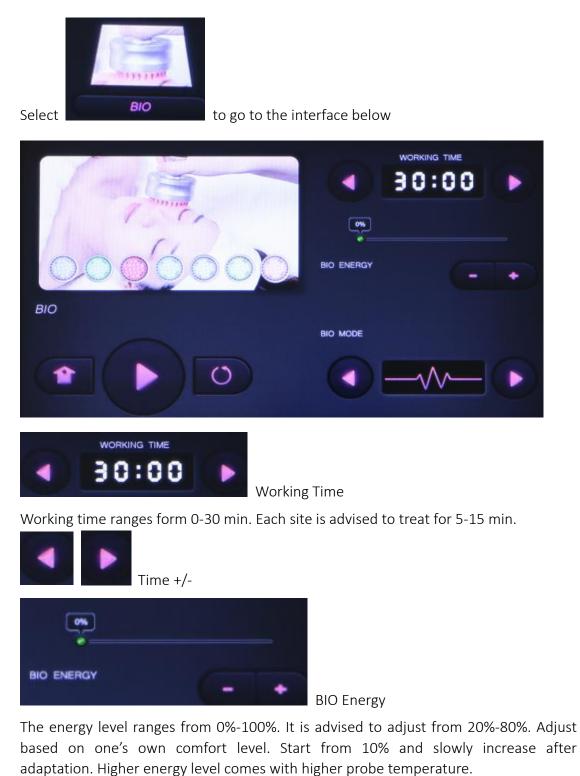
Start/Pause

Restore All data will go back to default value



Home

1.6 Detailed Operation: BIO





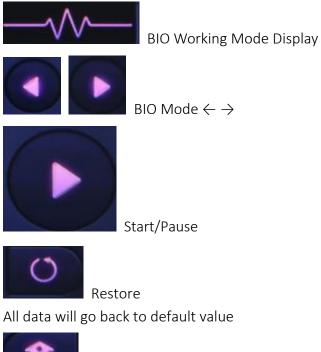
BIO Energy Level Display



BIO Working Mode

Consecutive mode: BIO starts and keeps working after clicking start. It is suitable for those with saggy, loose and inelastic skin.

Intermittent mode: BIO works intermittently. It is suitable for those with slight loose skin with fine lines.



Home

1.7 Detailed Operation: Cold Hammer



Click the red button to turn on cold hammer handle and click again

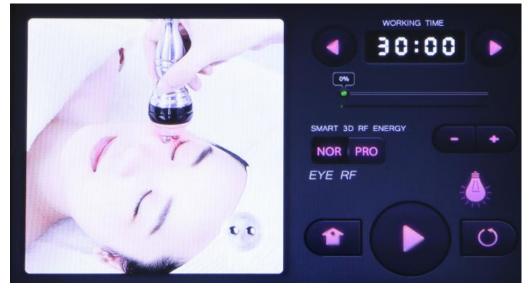
to turn it off

1.8 Detailed Operation: Eye RF



Select

to go to the interface below





Working Time

Working time ranges form 0-60 min. Each site is advised to treat for 5-15 min.



RF Energy

The energy level ranges from 0%-100%. It is advised to adjust from 20%-80%. Adjust based on one's own comfort level. Start from 10% and slowly increase after adaptation. Higher energy level comes with higher probe temperature.



RF Energy Level Display

After selecting NOR mode, only the first line showcases the current energy level. After selecting PRO mode, the first line showcases the current energy level. The second lines fluctuates as the probe comes into contact with the skin. The second line showcases 0% when the probe surface is not on the skin.



NOR

NOR is set mode. Energy reaches to the set level and red LED turns on

immediately after clicking start. It is suitable for those that are in need of skin tightening and anti-aging and those who adapt well.

PRO

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who are in need of reducing fine lines and delaying skin aging.



Red LED Light ON/OFF



Start/Pause

Restore All data will go back to default value



Home

2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handle:

Frequency:40KHz

Power:15W

Vacuum&Sextupolar 3D SMART RF Handle with Photon for body

Frequency:1MHz

Power:50W

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70dB (30cm away)

Octupole 3D SMART RF with Photon for body

Frequency:1MHz

Power:30W

Quadrupole 3D SMART RF Handle with Photon for face Frequency:1MHz Power:30W

Bipolar 3D SMART RF Handle with Photon for the eye area Frequency:1MHz

Power:10W

Cold probe for body and face Temperature:0~5 degree centigrade

Power supply Input:100V-240V Power :<=190W Display: Touch screen Net Weight: 7.9 kg Gross Weight : 9.3 kg

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or who are equipped with pacemaker.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.

4.Dos and Dont's

1. Detach and clean the head of the handles with clean water and store in place each time after treatment.

2. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.

3. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.

4. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.

5. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.

6. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.

7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.

8. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.

9. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.

10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

11. Use device or train device operators in strict accordance with instructions in the user manual.

12. When taking other weight-loss drugs, it is recommended to stop taking them for

1-2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.

13. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.

14. When operating, the instrument should fully touch the skin to avoid uneven heat.

15. Start from the lowest energy level and slowly add up.

16. When using this device, the operating parts must be kept moist and dry skin should be avoided.

17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

5. Troubleshooting

1. The instrument cannot be started, and the key light on the back of the instrument does not work.

A. Make sure the power cord is connected to a valid power socket.

B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument.

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Weakened RF output.

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

4. No suction or very little suction.

A. Please close the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot be handled, please contact the instrument dealer for assistance.

5. I can start the instrument, but the screen show's error message.

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Q:Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6.Q: Will I experience rebound after operation?

A: Ultrasound works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic cavitation treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8.Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9.Q: Can RF instrument be used for chest shaping?

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

11.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density

fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

12.Q: Why do I experience tinnitus?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound cause microvibration to the tissue that make us feel like as "tinnitus".

13.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

14. Q: Why do I need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily , and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual, secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15.Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.

16.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

7. Packing List

1 x Host

1 x 40K Unoisetion Cavitation 2.0 Handle

1 x Bipolar 3D SMART RF Handle with Photon for the eye area

1x Vacuum&Sextupolar 3D SMART RF Handle with Photon for body

1 x Quadrupole 3D SMART RF Handle with Photon for face

1 x Octupole 3D SMART RF with Photon for body

1 x Microcurrent+Photon Handle facelift probe

1 x Cold Hammer

1 x Power Supply Cord(Both 110v and 220v voltage (frequency: 50/60Hz) version are available. Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams			
Facial	Facial Tightening & Repairing: 60 min, once/week					
RF Energy: 30%-80% Cold Hammer Mode: COLD BIO&Photon Energy Level: 30%-80% Mode: Adjust based on customer's comfort level Color: Choose based on skin	Makeup removing oil+ Cleaning mask+ Essence+ Sheet mask	 Remove makeups and cleanse face, around eyes and neck, 5 min. Apply toner, 2 min. Apply cleaning mask, 10 min. Clean face, 2 min. Apply (repairing, anti-wrinkle, hydrating, etc) essence evenly all over the face, 1 min. RF Treatment Stroke upwards in small circular motions. Move in parallel lines from the chin to the forehead, 3 times. Coupled with hand, lift upwards from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple and lift the canthus, 3 times. Lift towards hairline on forehead, 3 times. Do the same on the other side. BIO&Photon Treatment Use stamp technique and move the probe around the entire face, 3 times. Avoid eyes. Apply hydrating mask, 15 min. 	Technique6 Fechnique7 Fechnique8 Fechnique8			

wash face clean, 2 min.	
13. Apply toner and	
essence. Move around the	
entire face with Cold	
Hammer handle to repair	
skin and lock in moisture.	
14. Apply toner, essence,	
cream and sunscreen.	

10 treatments account for a full course. Once done, skin feels tightened. After one course, skin is brightened, and skin is refined. 2 courses help increase elasticity, boost skin metabolism, fade pigmentation and, brighten dull skin and lower the allergy rate for sensitive skin. 3 courses help maintain skin condition, prevent skin sagging and aging, and define skin outline.

Eye Anti-aging: 45min, once/week

RF Energy:	Makeup	1. Remove makeup and	Technique3
30%-80%	removing oil+	clean face, 5 min.	\sim
	Cleanser+	2. Apply toner, 1 min.	
	Toner+	3. Apply essence evenly	
	Eye essence+	around eyes and gently	
	Eye masks	massage to rub it in, 1 min.	M
		4. Push the following	
		acupoints:	Technique4
		Jingming (BI-1), Cuanzhu	\sim
		(BI-2), Yuyao (EM3),	
		Sizhukong (TE-23), the	
		Temple, Tongziliao (Gb-1),	
		Chengqi (St-1) using middle	M
		and ring fingers, 3 times.	
		5. Move hands in circular	Technique5
		motion on eyes and push	\frown
		temples, 3 times.	
		6. Move middle and ring	
		fingers horizontally below	(÷)
		lower eyelids and slide to	\mathcal{M}
		back of the ear, 3 times.	
		7. Lift middle and ring	Technique6
		fingers from inner eye	
		corner to upper eyelids and	
		slide to back of the ear, 3	
		times.	

	 8. Lift eye corners with "scissor" hand gesture, 3-5 times. 9. Repeat the previous operation on the other side, 3 times. 10. Move hands in circular motion on eyes and push temples, 3-5 times. 11. RF Treatment Move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times. 12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times. 13. Lift from the beginning of the eyebrows to the end, 3-5 times. 14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times. 15. Apply eye masks, 15 min. 16. Clean face and eye area, 2 min. 17. Apply toner, face essence, eye essence, cream and sunscreen. 	Technique11 Technique11 Technique12 Technique13 Technique13 Technique14
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10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Neck Anti-aging: 45 min, once/week

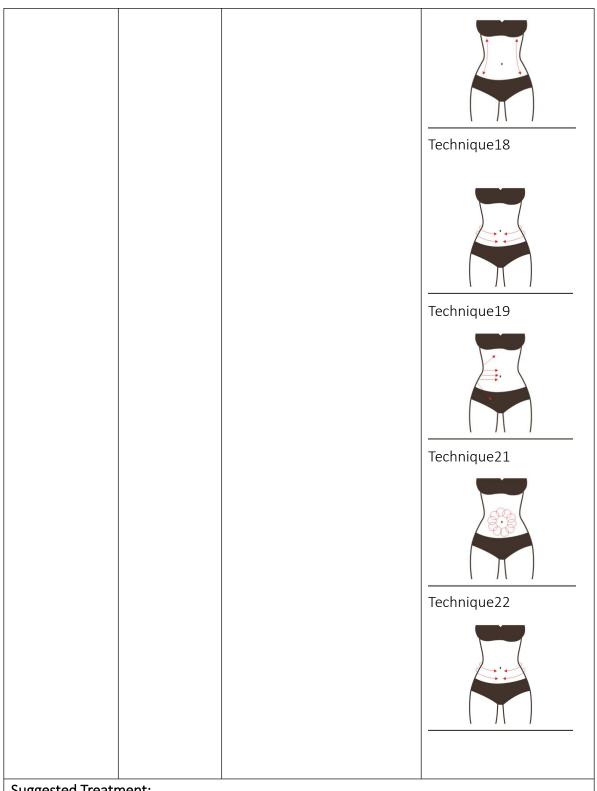
RF Energy:	Makeup	1. Remove makeup and	Technique3
30%-80%	removing oil+	cleanse face, 5 min.	
	Cleanser+	2. Apply toner, 1 min.	T==T
	Massage	3. Neck Massage	
	cream+	Apply and rub oil on the	
	Essence+	chest with both hands to the	
	Neck mask	back of the neck and point	
		to Fengchi (Gb-20) and	Technique4
		Fengfu (Du-16), 3 times.	- K
		4. Alternately lift the lower	\sim
		jaw and double chin to pass	
		behind the ear and under	
		the armpit, 3 times.	
		5. Push downwards with	
		hand spread and hukou	Technique5. 6
		pointing down, tracing 3	$\tilde{\bullet}$ \mathcal{Y}
		meridian channels from the	M
		neck side to the armpit, 3 times.	
		6. Push downwards with 4	
		fingers, tracing 3 meridian	۲, r)
		channels from neck side to	Technique8
		the armpit, 3 times.	reeninqueo
		7. Push downwards with	<u> </u>
		kneeling fingers till the neck	M
		turns hot and slide to the	
		armpit, 3 times.	
		8. Push downwards with	
		hand spread and hukou	

	pointing down from external	Technique10
	collarbone to armpit, 3-5 times.	
	9. Gently stroke decollete	
	till the nape of the neck and	<u> </u>
	push on Fengchi (Gb-20) and Fengfu (Du-16), 3 times.	
	10. Alternate hands in	Technique14
	lifting neck skin, 3-5 times.	÷K
	11. Do the same on the other side.	~
	12. Wash neck clean, 2 min.	
	13. Apply essence evenly, 1	₩,,)
	min. 14. RF Treatment	Technique15
	Coupled with hand massage,	<u> </u>
	lift double chin to pass behind the ear and under	M
	the armpit, 3 times.	
	15. Move the device in	Υ···
	circles on one side of neck to pass under armpit, 3	Technique16
	times.	
	16. Slide the device from	
	external clavicle to the armpit, 3-5 times.	
	17. Move the device in	γ,)
	circles on the whole neck	
	area, 3 times. 18. Coupled with hand, lift	Technique17
	neck in lines, 3-5 times.	
	19. Do the same on the other side.	
	20. Clean neck, 2 min.	
	21. Apply neck mask, 15	
	min. 22. Wash neck clean, 2 min.	Technique18
	23. Apply toner, essence	
	and neck cream.	
Suggested Treatment:	f	
10 treatments account for one	Tuil course. After one treatme	ent, skin becomes tender,

smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Shaping Waist&Abdomen: 60 min, once/week Essential oil+ 1. Apply and rub oil on Technique1 Body Vacuum&RF Ultra gel+ abdomen with hands, 3 Dry towel Energy: times. 30%-80% 2. Rub stomach back and forth with both hands, 3-5 Suction Time: times. 0.3-1.0 3. Knead abdomen with both hands using Technique2 Release Time: chiropractic techniques, 3 0-1.0 times. 4. Lift Dai Channel (BV) on both sides of waist with 40K Uniosetion both hands alternately, 16 Energy: 30%-80% times. 5. Move hands as if writing Technique3 an "8" number on waist, 3 Mode: Intermittent times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the Technique4 treatment area, 3 times. 8. Push on the following acupoints Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Technique5 Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times. 9. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide

them to waist and the lift	Technique6
upwards to groin, 3 times.	
10. Caress the treatment	
area with hands and slide to	
groin.	600
11. Clean the treated area	
with hot towel, 2 min.	
12. Apply gel evenly all over	Technique8
the abdomen, 1 min.	
13. 40K Unoisetion Treatment) : (
14. Move the device on	
abdomen in small circular	
motions, 3 times.	
15. Move the device on	Technique9
abdomen in big circular	
motions, 3 times.	
16. Move the probe in	
figure 8 on waists, 3-5 times.	• •
17. Move the device on waist and abdomen	ГЛІ
vertically back and forth, 3-5	
times.	Technique14
18. Coupled with hand to	
lift Dai channel (BV) on sides	()* *
of the waits, 16 min.	
19. Body Vacuum &RF	
Treatment	ΙΠΙ
Starting from one side of the waist, lift the device to	Technique15
abdomen and groin, 3 times.	
20. Lift the other side with	
the same technique, 3	20
times.	
21. Move the probe around	
belly navel in small circular	
motions, 3-5 times.	Technique16
22. Coupled with hand to lift Dai channel (BV) on sides	
of the waits, 16 min.	
23. Clean the treated area	
with hot towel, 2 min.	
	Technique17



Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Shaping Breasts: 45 min, once/week

Body RF Energy: 30%-80%	Massage cream (Essential oil)+ Towel	 Stand at the head of the bed, both hands from Shanzhong (Ren-17) point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times. Both hands thumb point: Shanzhong (Ren-17), Rugen (St-18), Dabao (SP-21), Yingchuang (St-16), Zhongfu (LU-1), Yunmen (LU-2), 3 times. Caress the treatment area, 3 times. Overlap both palms from Shanzhong (Ren-17) point to chest both sides back and forth as if writing an "8" number, 3 times. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times. Caress the treatment area, 3 times. Si beside the customer, first left, then right, 10 times. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times. Use the thumb to dredge the nodules in the chest, 3 	Technique1 Fechnique2 Technique4 Technique5 Technique5 Technique7 Technique8

 10. Lift the whole chest with hands, 3-5 times. 11. The technique on the other side is the same as above. 12. RF Treatment First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times. 13. Draw half a circle along the chest to lift and pull 	Technique9
from the bottom to the collarbone, combining with hand comfort, 5-8 times. 14. Make small circles to clear the nodule site for 3-5 times. 15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times. 16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times 17. The technique on the other side is the same as above. 18. Clean breasts with hot towel, 2 min.	Technique12 Technique13 Technique14 Technique14 Technique15 Technique15
	Technique16

|--|--|

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

Shaping Arms: 60 min, once/week

RF Energy:	Essential oil+	1. Left-right order: lay the	Technique1
30%-80%	Ultra gel+	arm flatwise, apply and rub	rechniquer
50%-80%	Towel	oil in from lower arm to the	
40K Unoisetion	TOWER	entire arm and slide to the	
Energy:		fingers, 3 times. 2. Push the entire arm with	
30%-80%			*/
Mada		both palms, 3 times.	
Mode:		3. Push hands upwards	Technique2,3,4,5,6
Intermittent		tracing three main collateral	
		channels:	
		Large Intestine Meridian(LI) -	
		Triple Energizer	
		Meridian(TE) - Small	
		Intestine Meridian(SI) to	
		armpits with fingers spread	Technique7
		and hukou pointing	
		upwards, 3 times. 4. Caress the treatment	
		area, 3 times.	V V
		5. Trace and rub three main	
		collateral channels on arms	
		with kneeling finger back	Technique8,16,18
		and forth till them turn hot,	
		3 times.	
		6. Caress the treatment	
		area, 3 times.	V V
		7. Lay inner arm upwards,	69
		and push hands tracing	

three yin channel on inner	Technique9
arm:	
Lung Meridian(LU) -	
Pericardium Meridian(PC) -	
Heart Meridian(HT) to	
armpit, with hukou pointing	(° °
upwards, 3 times	
respectively.	Technique12,15
8. Rub three channels back	1
and forth with kneeling fingers, 3 times.	
9. Caress the treatment	
area and slide to fingers.	
10. Do the same on the	
other side.	Technique13,14
11. The end of massage	
techniques.	
12. Clean the treated area	
with hot towel, 2 min.	· ·
13. Apply gel evenly on the	
arms, 1 min.	
14. 40K Unoisetion	
Treatment	
Lay arms flatwise and start	
from fat part of lower arm,	
tracing three channels to armpit, 3 times.	
15. Move the device in	
annular motion, tracing	
three channels to armpit, 3	
times.	
16. You may double the	
operation on flabby arms, 3	
times.	
17. Trace three channels to	
armpit, 3 times.	
18. Lay inner arm flatwise	
and push three channels on	
upper arm to armpit, 3	
times.	
19. Trace three channels on	
upper arm and move the	
device in circles to armpit, 3	
times.	

20. Trace three channels
from upper arm to armpit.
21. RF Treatment
Lay arms flatwise and start
from fat part of lower arm,
tracing three channels to
armpit, 3 times.
22. Move the probe in
circulation motions on the
lower arm, then slide to the
underarm, 3 times.
23. Slide up and down on
the arm, 3-5 times.
24. Lay inner arm flatwise
and push three channels on
upper arm to armpit, 3
times.
25. Move the probe in
circulation motions on the
lower arm, then slide to the
underarm, 3 times.
26. Slide up and down on
the arm, 3-5 times.
27. Do the same on the
other arm.
28. Clean arms with hot
towel.
<u> </u>

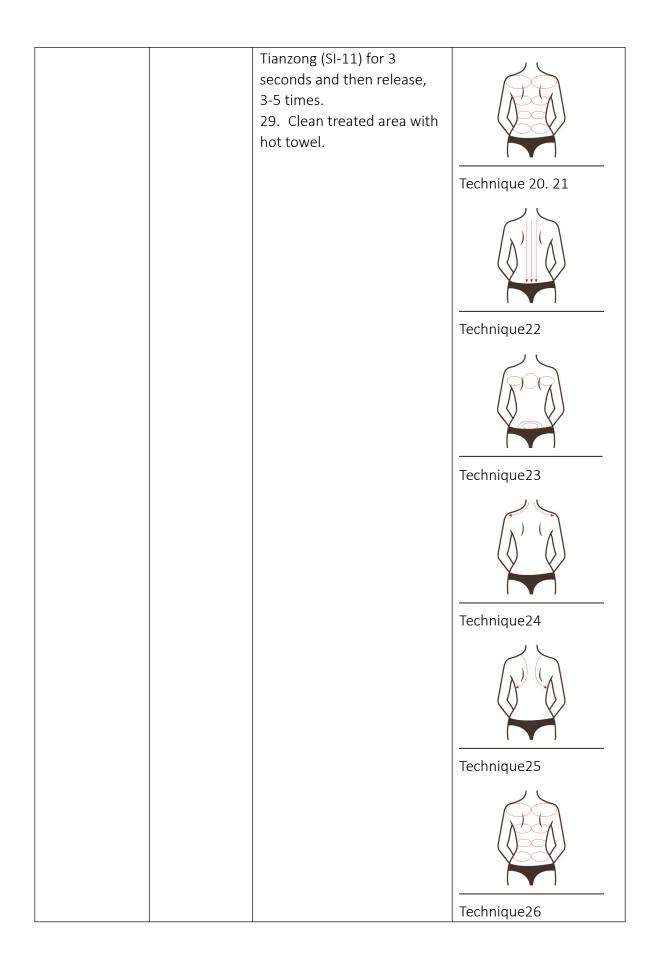
10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

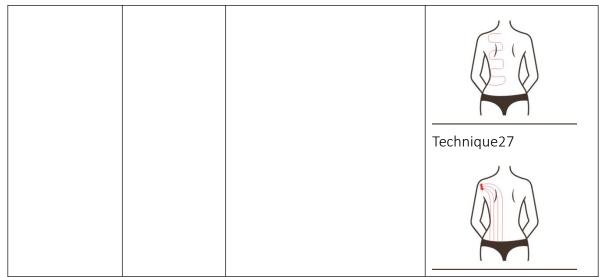
Shaping Back: 60 min, once/week

RF Energy:	Essential oil+	1. Apply oil on back and	Technique1
30%-80%	Towel	press Fengchi (Gb-20), and	J+ +L
		Fengfu (Du-16) points.	
Vacuum & RF		2. (Starting from hairline)	
Energy:		stroke Da Ban Jin with	
30%-80%		thumb, 3-5 times.	
		3. Move thumb outwards	

Suction Time:	from Du Channel (GV)to the	Technique2
0.3-1.0	8 Crevice area and then to	
	Fengchi (Gb-20), and Fengfu	
Release Time:	(Du-16) point.	(λ) (λ)
0-0.5	4. Starting from neck to	
	caudal vertebra, move	
	hands in S-shape, 3 times.	
	5. Push Bladder Channel(BL)	Technique3
	with thumb in left-right	1.5
	order, 3 times.	
	6. Push Bladder Channel(BL)	/ / (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
	to baliao area with both	
	thumbs, at the same time, 3	
	times.	
	7. Push Bladder Channel(BL)	Technique4
	in three kneeling fingers, 3	1-1
	times.	(\mathbf{s})
	8. Push scapula slot with	$ \lambda' \leq \langle \Lambda \rangle$
	both hands alternately in	$\forall \leq \forall$
	left-right order, 3-6 times.	
	9. Push scapula slot with	
	both hands horizontally, 3-6	Technique5. 6. 7
	times.	
	10. Caress the back with	$\left(\right) \left(\right)$
	both hands and push	
	Fengchi (Gb-20), and Fengfu	
	(Du-16) points, 3 times.	
	11. Overlap both thumbs and push Tianzong (SI-11)	Technique8
	point and slide to the arm, 3	reeningueo
	times.	\sim
	12. Repeat the previous	(λ) (λ)
	action on another arm, 3	$\left(\left\langle 5 \left\langle 5 \right\rangle \right)$
	times.	
	13. Rub on Du Channel (GV)	
	and Bladder Channel(BL)	Technique9
	until they turn hot.	1.1
	14. RF Treatment	
	Starting from Du Channel	λ^{\prime} (λ)
	(GV) to Bladder Channel	
	(BL), move the device from	
	neck to the 8 Crevice area,	<u> </u>
	3-5 times.	Technique10
	15. Move the device in	

circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively. 16. From Da Ban Jin to neck, move the device back and forth, 3-5 times. 17. Lift the device on scapula slot in left-right order, 3-5 times. 18. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times. 19. Vacuum &RF treatment: 20. Starting from Dazhui (Du-14), move the device from neck to the 8 Crevice area, 3-5 times. 21. Slide from Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times. 22. Move the probe in circular motions around Dazhui (Du-14) and the 8 Crevice area, 3-5 times. 23. From Da Ban Jin to neck, move the device back and forth, 3-5 times. 24. Lift the device on scapula slot in left-right order, 3-5 times. 25. Move the device horizontally as if writing an "8" number to the 8 Crevice	Technique11 Technique14 Technique14 Technique15 Technique15 Technique16 Technique17
 and forth, 3-5 times. 24. Lift the device on scapula slot in left-right order, 3-5 times. 25. Move the device horizontally as if writing an "8" number to the 8 Crevice 	
 area, 3 times. 26. Lift from sides of waist upwards to armpit in annular motions, 3-5 times. 27. Lift upwards from sides of the waist in parallel lines and then slide to the groin, 3-5 times. 28. Rest the probe on 	Technique18





10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

Shaping Buttocks: 60 min, once/week			
RF Energy: 30%-80% 40K Unoisetion Energy: 30%-80%	Essential oil+ Ultra gel+ Towel	1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment	Technique1
Mode: Intermittent		area.) 2. Repeatedly push the 8 Crevice area with two thumbs. 3. Caress the treatment area for 3 times and then	Technique2
		point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times. 4. Caress the treatment area, 3 times.	Technique3

5. First left, then right, with both hands extending from	/•/•
the root of the thigh from bottom to topBladder	
Channel (BL) - Kidney Channel (KI) - Liver Channel	
(LV) - Gallbladder Channel	Technique5
(GB) - Dai Channel (BV) , 3	
times each. 6. Both hands follow from	
the root of thigh from	
bottom to top Bladder	
Channel (BL) - Kidney Channel (KI) - Liver Channel	Technique6
(LV) - Gallbladder Channel	
(GB) - Dai Channel (BV) , 3 times each.	
7. Overlap both palms	
and push up together from	
thigh root to pulse (ascension) ,3 to 5 times.	Technique8
8. Push your hands from	
bottom to top from both sides of your hips to the top	
of your hips, 3 times.	
9. Repeat the previous operation.	
10. Caress the treatment	Technique12. 15
area.	
11. The technique on the other side is the same as	
above.	
12. RF Treatment:	
Lift from the thigh root to the Dai Channel (BV) line by	Technique13. 16
line, 3 times.	
13. Lift 3 times from bottom to top on both sides	
of the buttocks to the	
highest point of the buttocks.	
14. Circle your hips, 3 to 5	Technique14
times.	
15. Lift 3 times from thigh	

root to Dai Channel (BV). 16. Lift from bottom to top on both sides of the buttocks to the highest poin of the buttocks, 3 times. 17. The technique on the other side is the same as above. 18. 40K Uniosetion Treatment: Lift from the thigh root to the Dai Channel (BV) line by line, 3 times. 19. Lift 3 times from bottom to top on both side of the buttocks to the highest point of the buttocks. 20. Move in small circular motions around the buttocks, 3-5 times. 21. Lift from the end of thigh to Dai channel in parallel lines, 3 times. 22. Lift 3 times from bottom to top on both side of the buttocks to the highest point of the buttocks to the highest point of the buttocks to the highest point of the buttocks to the highest point of the buttocks. 23. Clean buttocks with ho towel, 2 min.	nt
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10 times account for a full course. After one treatment, buttocks feel lifted and heated. After a course, hip curve starts to show, excess fat slowly disappears, skin becomes tight. 3 courses help improve gynecological problems like cold body and cold uterus. Menstruation returns to normal. It helps consolidate the effect and increase the female sex appeal.

Shaping Legs: 70 min, once/week

Vacuum&RF	Essential oil	1. Prone Position - Rear Leg	Technique1. 2. 3. 4. 7
Energy:	(massage	Treatment	
30%-80%	cream)+	In left-right order, apply and	

	Ultra gel+	rub oil in from calf to thigh	
Suction Time:	Towel	to heel, 3 times.	
0.3-1.5		2. Alternately push the	
		entire leg from bottom to	
Release Time:		top and wrap back into the	<u> </u>
0-1.0		heel, 3 times	0
		3. Move hands upwards to	Technique5
40K Energy:		four main collateral	
30%-80%		channels:Bladder Channel	
		(BL) - Kidney Channel (KI) -	3.5
Mode:		Liver Channel (LV) -	33
Intermittent		Gallbladder Channel (GB)	SIX
		with fingers spread and	
		hukou pointing upwards.	Technique12
		4. Push hands alternately to	
		popliteal fossa, 3 times.	
		5. Twist both hands) (=
		upwards alternately as if	
		twisting a fired dough, 3 times.	ξηζ
		6. Caress the treatment	Technique13
		area, 3 times.	Technique15
		7. Push four main collateral), (), (
		channels upwards with	
		kneeling fingers of both	
		hands, 3 times.	$\sum_{i=1}^{n}$
		8. Caress the treatment	
		area, 3 times.	Technique14. 18
		9. Do the same on the	
		other side.	
		10. Clean with hot towel, 2	
		min.	
		11. Apply gel evenly on	$\langle \rangle \langle \rangle$
		treatment area, 2 min.	
		12. 40K Unoisetion	Technique15. 17. 19
		Treatment	
		Move the device from	
		popliteal fossa to Bladder	
		Channel (BL) - Kidney	
		Channel (KI) - Liver Channel	
		(LV) - Gallbladder Channel	Technique 16, 20
		(GB) , 3 times. 13. Move the device in	Technique16. 20
		circular motion on calf, 3	

times. 14. Move the device	
upwards to popliteal fossa	
and caress the treatment	
area with hands, 3 times.	
15. Push from popliteal	
fossa tracing 4 main	Technique21
collateral channels to the	reeninguezi
end of thigh, 3 times.	
16. Move the device in	
circular motion from	
popliteal fossa to the end of	
thigh, 3 times.	
17. Push from popliteal	Technique22. 23. 24 .25
fossa tracing main collateral	
channels to the end of thigh,	
3 times.	
18. Vacuum&RF Treatment:	
Move the device from	
popliteal fossa to Bladder	
Channel (BL) - Kidney	Technique29
Channel (KI) - Liver Channel	
(LV) - Gallbladder Channel	
(GB) , 3 times.	6
19. Push from popliteal	
fossa tracing 4 main	
collateral channels to the	1 11 1
end of thigh, 3 times.	Technique30
20. Move the device in	
circular motion from	
popliteal fossa to the end of	
thigh, 3 times.	
21. Coupled with hand, liuft	
from sides of the leg to the	
middle, 3-5 times.	Technique31
22. Supine Position -	ζ. Δ
Foreleg Treatment	
Rub oil with both hands	
from heel to the thigh root	
(namely to caress the	K9 /
treatment area), 3 times.	
23. Alternately push the	Technique32
entire leg from bottom to	
top and wrap back into the	

heel, 3 times	
24. Move hands upwards to	
four main collateral	
channels: Spleen Channel	
(SP) - Stomach Channel (ST)	
- Liver Channel (LV) -	
Gallbladder Channel (GB)	
with fingers spread and	
hukou pointing upwards, 3	
times.	
25. Push four main	
collateral channels upwards	
with kneeling fingers of both	
hands, 3 times.	
26. 40K Unoisetion	
Treatment:	
Lift the device towards knee	
while tracing 3 collaterals, 3	
times(start from thigh if	
there's not enough	
unwanted fat on calf.)	
, 27. Move the device on	
two sides of calf in annular	
motion, 3 times(start from	
thigh if there's not enough	
unwanted fat on calf.)	
28. Lift the device from	
knee to thigh root in lines, 3	
times.	
29. Move the device in	
small circles on thigh, 3	
times.	
30. Coupled with hand, lift	
from 2 sides of leg to the	
middle, 3 times.	
31. Lift the device from	
knee to thigh root in annular	
motion, 3 times.	
32. Lift the device from	
knee to thigh root in lines, 3	
times.	
33. Vacuum&RF Treatment:	
Lift the device from knee to	
thigh root in lines, 3 times.	
tingi root in mes, 5 times.	

34. Move the device in
small circles on thigh, 3
times.
35. Coupled with hand, lift
from 2 sides of leg to the
middle, 3 times.
36. Lift the device from
knee to thigh root in annular
motion, 3 times.
37. Do the same on the
other side.
38. Clean the treated area
with hot towel, 2 min.

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.