

# User Manual

YH-5302S



## Preface

To our valued users,

Thanks for choosing our latest 6-in-1 integrated beauty equipment. This newest body slimming and skin tightening instrument combines multipolar RF, vacuum RF, ultrasonic cavitation, and laser lipolysis. YH-5302S is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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# Part I

## 1. Introduction

Multipolar RF, vacuum RF, ultrasonic cavitation, and laser lipolysis are currently the most popular equipment for improving looks, tightening, shaping, and anti-aging. It can effectively replace all the facial and body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It has no side effects, but it has an immediate impact. And it's operated externally throughout. Radiofrequency heats deep skin, stimulates collagen hyperplasia and recombination of the dermis, and accelerates blood circulation of the underlying skin. Thus, skin tightening and plumpness, anti-aging, and senility prevention can be achieved. Ultrasonic waves of a particular frequency aim at body parts having difficulty reducing fat, bringing fantastic effects.

## 2. Advantages

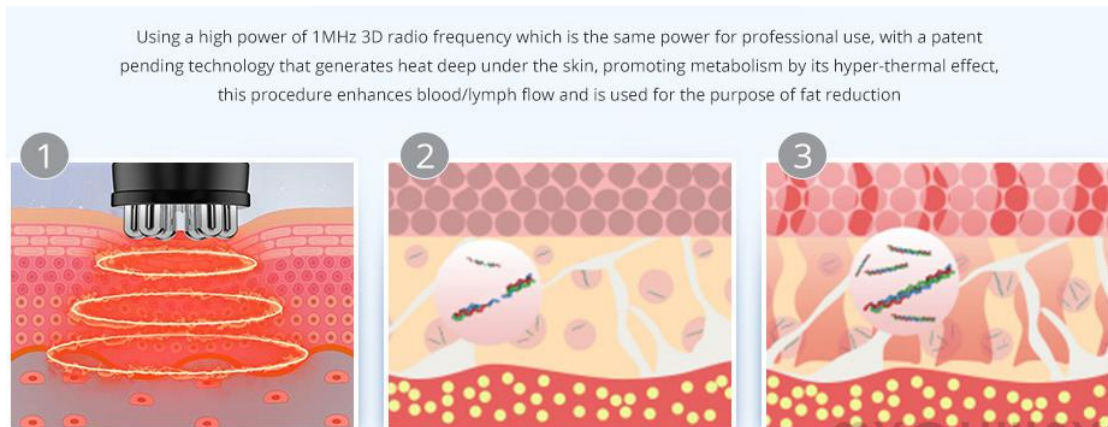
- (1) Multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasonic waves powerfully blast and remove fat, have replaced and surpassed liposuction, and have addressed obesity, bringing good news to obese people.
- (3) Radiofrequency facilitates skin metabolism and collagen regeneration, removes wrinkles, resists aging, reduces fat, and rejuvenates the skin.
- (4) Laser lipolysis is safe and painless, dissolves fat evenly, makes skin smooth and flat, and leaves no marks.
- (5) It has multiple handpieces, which can be changed per the body parts to be treated and different requirements.
- (6) One machine has multiple functions, making it easy and convenient to use and addressing troubles for function selection.
- (7) It adopts the most advanced ultrasonic cavitation and vacuum technology in the world.
- (8) It's painless, non-invasive, and injury-free, and it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
- (9) It has zero consumption and is low-cost, but it gives a quick return.
- (10) Unevenness, bleeding, and swelling will not occur.

## 3. Working Principle

### (1)RF

Radiofrequency heats the dermis through the high-frequency electric waves and stimulates skin metabolism and collagen regeneration to lift skin, remove wrinkles,

fight against micro-aging and tighten and rejuvenate skin.



## (2)40K

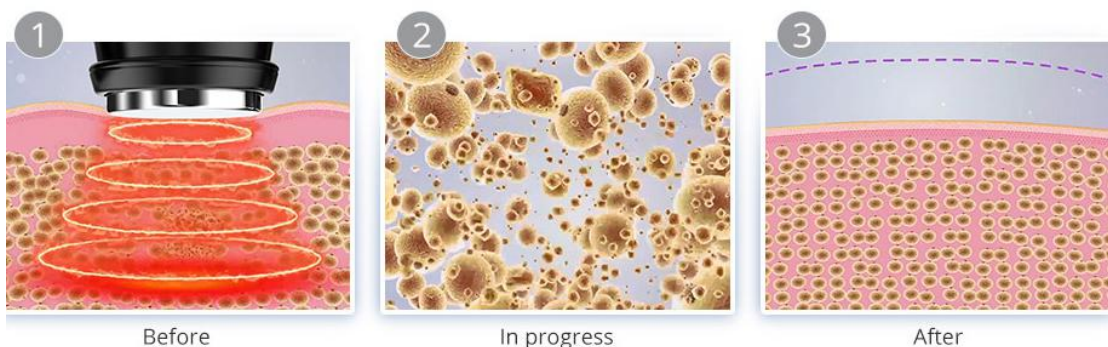
It utilizes ultrasound. 40K can effectively consume heat and cellular water and shrink fat cells by gathered strong sound waves entering the human body, causing fat cells to produce a strong strike and frictions between fat cells. In addition, when sound waves vibrate, it can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

## (3)Ultrasonic Cavitation

Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasonic waves, and they close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate strong instantaneous pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

**Advantages:** It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like nervus vascularis.

Unoisetion cavitation 2.0 vibration: Ultrasound waves penetrate into the fat layer of body to produce cavitation effect, effectively making fat cells burst and emulsify into glyceride



## (4) Vacuum RF

To massage skin and muscle with a specialized vacuum sucking head can effectively enhance the mobility of the body fluids and boost the movement of cells to activate cells and , improve skin elasticity. And meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxin through the normal circulation of the lymphatic system, lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum fat-sucking can increase the tissue activity of the skin and muscles. Thus, decreasing scleroid cellular tissue and increasing the elasticity of skin tissue. Therefore, both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system on the superficial and deep layer of the skin and lowers skin sensitivity. The suction and release of air pressure can improve the capillary system, promote flow between deeper veins and lymph gland networks, strengthen blood vessels, and relieve varicosity.

**Advantages:** It breaks through the previous working mode of vacuum that is single and simple. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently, and it causes no harm to the human body. Compared with the ordinary monopole RF, this equipment, with its unique RF probe and RF and vacuum relatively independent but complementary as a whole metabolic system, can perfectly reshape the body in a more effective, rapid and even way.

### The Physical Effect of the Vacuum

#### Skin Layer

The suction and release of air pressure:

- It improves mobility among cells. Thus, increasing the movement of cells and curing diseases related to blood stasis and stagnation.
- Remove moisture from the lymph gland and veins.
- Effect: Water can be discharged from fibrous tissues.

#### Vascular Layer

The suction and release of air pressure:

- Boost blood circulation of the micro-vessels. It improves the capillary system and enhances flow between deeper veins and the lymph gland network.
- The extra toxins can be removed from the body.
- Effect: Strengthen blood vessels and relieve varicosity.

#### Fibrous Layer

The suction and release of air pressure:

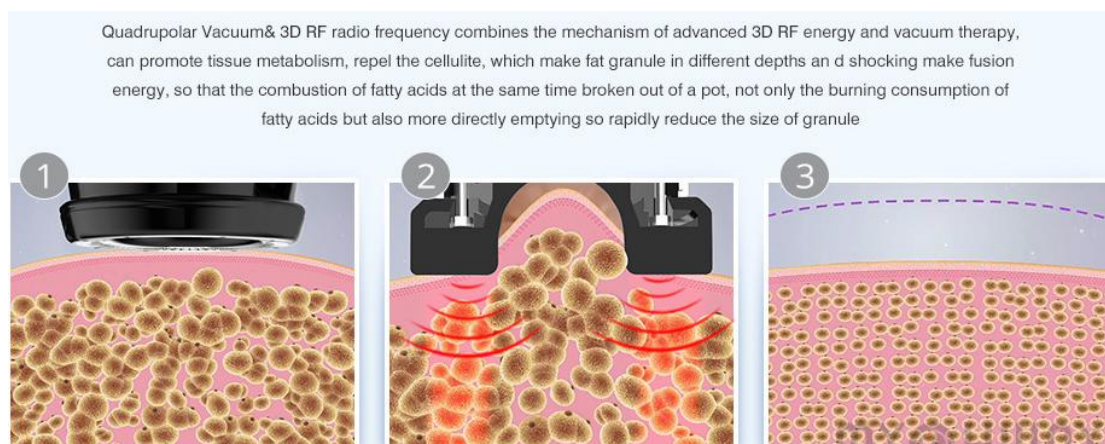
- Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).
- Repair cell tissue and enhance activity among cells.

- Boost and repair skin elasticity, and resist skin stretch.
- The production of ossein helps to renew skin and recover elasticity.
- Enhance oxygen support capacity for the skin and increase the consumption of carbon dioxide.
- Effect: Break the stiff fiber of cellulite and make it more elastic. Thus, shaping the body.

#### Nervous Layer

The suction and release of air pressure:

- Stimulate the surface and deep layer of the sympathetic nervous system.
- Lower skin sensitivity.
- Repair skin elasticity and resist the fibrosis of tissue.
- Effect: Repair and reduce skin sensitivity.



#### (5) Laser Lipolysis

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The wavelength of the laser is of strong penetrating power, which effectively activates and repairs fat cells, penetrates the fat layer, and dissolves subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects. It sends the low-level chemical signals of laser energy to fat cells. It decomposes triglycerides stored in the fat layer into free fatty acids and glycerol released through the channel of cytomembrane. Fatty acids and glycerol are transported to body tissue that produces metabolic energy. The release of fatty acids is a natural response when the body needs the stored energy reserves. Thus no unnatural reaction will occur inside the body, nor does it affect or damage surrounding structures like skin, blood vessels, and peripheral nerves. After some exercise therapy, the free fatty acids inside the body will be eliminated through intact metabolism.

**Biological Effect:** The LED laser uses a laser of 635nm to 650nm, which heats fat cells in the targeted zone to decompose them. And fat deposits are absorbed and discharged via the body's natural metabolism in a short period. During the process, the laser seals small blood vessels, evident reduce bruises, leads the heat to the

treatment area, and stimulates collagen production, thus flatness, smoothness, tightening, and body shaping bringing fantastic effect.

Low-energy laser(biological stimulation) directly reaches deep fat. It stimulates biological cells and induces or strengthens a series of physiological reactions by providing a proper amount of energy, including promoting local blood circulation, regulating cell functions, enhancing immune function, and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. Laser is of strong penetrating power, which can effectively activate or repair fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects.

Photon emits low levels of photon energy, which creates a chemical signal in the fat cells, breaking down the stored triglycerides into free fatty acids, glycerol and water molecules, the same natural response initiated by the body anytime it needs to use its stored energy reserves



Photon energy irradiates fat cells after penetrating skin



Photon energy irradiates adipocytes



pores have formed on the adipoc allowing water, glycerol and free fatty acids move out into interstitial space to spill out



more water, glycerol and free fatty acids spill out



adipocytes significantly reduced in size while blood vessel unaffected

## 4. Facial Anti-aging

### (1)Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance skin absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.



## (2) Indications

- 1) Those with a dark or lustreless face.
- 2) Those with flabby or saggy skin.
- 3) Those with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) Those with vague facial contour.
- 5) Those with coarse skin or large pores.
- 6) Those who are under long-term exposure to UV radiation in the workplace.
- 7) Those with flabby skin, edema, or puffiness after child delivery.

## (3) Contraindications

- 1) Those who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) Those who recently injected hyaluronic acid, did skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) Those in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) Those who are overage.
- 6) Those in menstruation, pregnancy, lactation, or surgical recovery.
- 7) Those with skin disease or infectious disease.
- 8) Those who have an unrealistic illusion about the effect.

## (4) Matters Needing Attention After Treatment

- 1) Do not wash your face with overheated water within three days (can wash it with warm or cold water).
- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs or saunas or do strenuous exercise, etc., within three days.
- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and light food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.

## 5. Eye Anti-wrinkle

### (1) Efficacy

- 1) Relieve eye fatigue, black eyes, eye bags, and edema.
- 2) Relieve periorbital wrinkles and crow's feet.

- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

## (2)Indications

- 1) Those with wrinkles, fine lines, eye bags, or black eyes.
- 2) Those with dry skin, dry lines, or dynamic wrinkles.
- 3) Those whose eyes are prone to fatigue or dryness.
- 4) Those who always face computer or cellphone.
- 5) Those with black eyes due to staying up late.
- 6) Those who always expose to a dry or high-temperature environment.

## (3)Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) Those with skin trauma or wounds.
- 5) Those who are overage.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

## (4)Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply an eye mask which should do at least three times a week.

## 6. Neck Maintenance

### (1)Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.

- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

## (2) Indications

- 1) Those whose necks have coarse skin or dark skin color.
- 2) Those whose necks have clogged lymph.
- 3) Those whose necks have slack or inelastic skin.
- 4) Those who always lower their heads.
- 5) Those who are not satisfied with their necks' skin color.

## (3) Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period or with severely sensitive skin.
- 4) Those with skin trauma or wounds.
- 5) Those who are overage.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

## (4) Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water, apply neck masks at least three times a week, and apply essence or neck cream.
- 6) Avoid lowering your head for a long time.

## 7. Body Management

### (1) Waist & Abdomen Sculpting

#### 1) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Relieve waist and abdomen's flabby and soft skin.

- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.

## 2) Indications

- Those with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Those with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- Those with unsightly waistline due to sitting too long.
- Those with striae distensae or stretch marks.
- Those with constipation or whose abdomens have obstructed channels and collaterals.

## 3) Contraindications

- Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those with severe gynecological diseases.
- Those whose gynecological diseases are in treatment.

## 4) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

## (2) Arm Sculpting

### 1) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Improve flabby skin.

- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

## 2) Indications

- Those with thick arms or who look unsightly in clothes.
- Those with bat wings or flabby arms.
- Those whose arms have flabby skin.
- Those whose arms are prone to soreness and numbness.
- Those who always carry a baby.

## 3) Contraindications

- Those who just had plastic surgery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those in the allergic period or with severely sensitive skin.
- Those with skin trauma or wounds.
- Those who are overage.
- Those in pregnancy or surgical recovery.
- Those with skin disease or infectious disease.

## 4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

## (3) Back Sculpting

### 1) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.

- Remove excess flab from the back and sculpt the back.

## 2) Indications

- Those with shoulder or back soreness or stiff neck.
- Those with insomnia, dreaminess, or a fading memory.
- Those prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- Those with thick backs or who look unsightly in clothes.
- Those with Dowager's Hump.

## 3) Contraindications

- Those with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those who have a weak body.
- Those who are drunk, thirsty, overworked, or with a full or empty stomach.

## 4) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

## (4) Buttock Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner qi-blood and lower burner qi-blood. It plays a vital role in body S-curve management and feminine charm increasing.

### 1) Efficacy

- Enhance blood circulation and speed up metabolism.

- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

## 2) Indications

- Those whose hips are slack, saggy, or have accumulated fat.
- Those with striae distensae or stretch marks.
- Those whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- Those with cold hips or low hip temperature.
- Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- Those with decreased estrogen levels or disharmonious sexual life.

## 3) Contraindications

- Those in menstruation, pregnancy, lactation, or surgical recovery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery,
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overage.

## 4) Matters Needing Attention After Treatment

- Keep the buttocks warm and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

## (5) Leg Sculpting

### 1) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

### 2) Indications

- Those with the obstructed blood circulation of the lower limbs, edema, or obesity,
- Those with hyp immunity, who feel uncomfortable and pain all over the body, or who are prone to catch colds.
- Those with constipation or with coarse or slack skin.
- Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

### 3) Contraindications

- Women in menstruation, pregnancy, or lactation.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery,
- Those with severe varicosity or tumors.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overage.
- Those in pregnancy or surgical recovery.

### 4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing miniskirts and mini-shorts.



# Part II

1. Detailed Operations (You can adjust the time, energy intensity, mode, and suction per individual tolerance and requirements. The suggested parameter values in this user manual are for reference only. The specifics are subject to the actual situation.) Caution: Do not use the 40K around the heart, head, back, and chest.

Connect the connecting wires of the handpieces to the main machine. Insert the power cord to the jack of the main machine and power on it.



Press this button to start the equipment.

After finishing loading, it enters the following interface.



Time Setting & Display (Time Range: 00: 00 to 60: 60)



Time Setting (decrease)



Time Setting (increase)



Energy Intensity Display & Setting (Energy Intensity Range: 1 to 9)



Energy Intensity Setting (decrease)



Energy Intensity Setting (increase)



Mode Switching



Rotating Knob for Setting Suction (Rotate to the left to decrease suction and to the right to increase.)



Start/ Pause

## (1)Detailed Operations for 40K



Select and enter the page of 40K.



Time Setting



Energy Intensity Setting (When operating it, you may experience drumming in the ears. The higher the energy intensity, the more pronounced the drumming in the ears. The energy intensity should be set between 0 and 7. Please adjust it per individual tolerance.)




Mode Switching


Mode A: continuous output (It suits those who want to reduce weight in the early stage.)

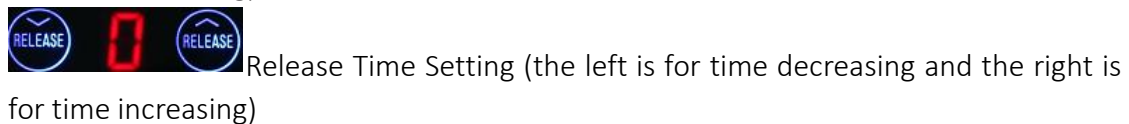
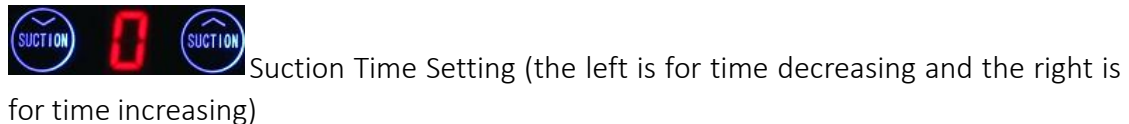
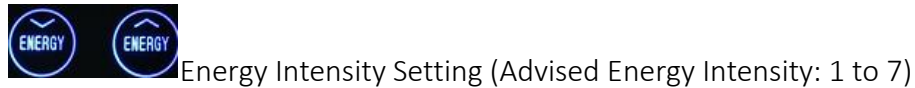
Mode B: discontinuous output (It suits those who want to reinforce the effect in a later stage.)

When operating it, apply gel evenly to the treated parts. Adjust the time and energy

intensity, select Mode A (default), and press  to start.

## (2) Detailed Operations for Vacuum RF

Select  and enter the page of Vacuum RF.



Mode A: After clicking Start, the handpiece reaches the setting value directly.

Mode B: After clicking Start, the handpiece reaches the setting value slowly when touching the skin.




Rotating Knob for Setting Suction (Rotate to the left to decrease suction and to the right to increase.)

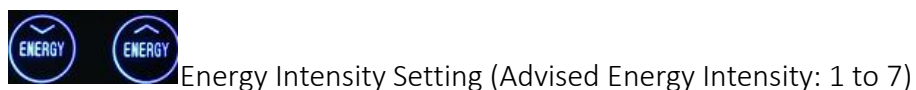
The suction time should be longer than the release time. It's the suction-release mode when both the suction and release time are not zero. It's the direct suction mode when you set the suction time to any values within the range and the release

time to zero.

When operating it, apply essential oil evenly to the treated parts. Adjust the operating time, energy intensity, and suction and release time, select Mode A (default), set the suction, and press  to start.

### (3)Detailed Operations for Sextupole RF


Select  and enter the page of Sextupole RF.




Mode A: After clicking Start, the handpiece reaches the setting value directly.

Mode B: After clicking Start, the handpiece reaches the setting value slowly when touching the skin.

When operating it, apply radiofrequency cream evenly to the treated parts.

Adjust the time and energy intensity, select Mode A (default), and press  to start.

### (4)Detailed Operations for Quadrupole RF

Select  and enter the page of Quadrupole RF.



Time Setting



Energy Intensity Setting (Advised Energy Intensity: 1 to 7)




Mode Switching


Mode A: After clicking Start, the handpiece reaches the setting value directly.

Mode B: After clicking Start, the handpiece reaches the setting value slowly when touching the skin.

When operating it, apply massage cream evenly to the treated parts. Adjust the time

and energy intensity, select Mode A (default), and press  to start.

## (5) Detailed Operations for Bipolar RF

Select  and enter the page of Bipolar RF.



Time Setting




Energy Intensity Setting (Advised Energy Intensity: 1 to 7)




Mode Switching

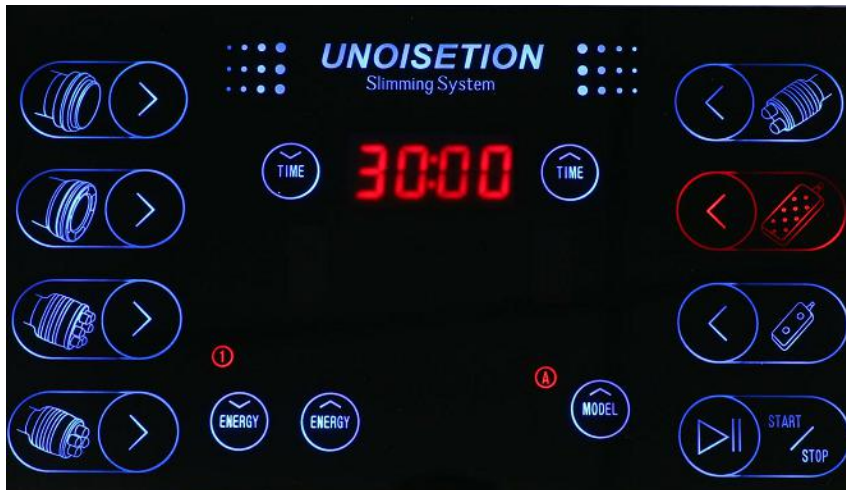
Mode A: After clicking Start, the handpiece reaches the setting value directly.  
 Mode B: After clicking Start, the handpiece reaches the setting value slowly when touching the skin.

When operating it, apply eye cream evenly to the eyes. Adjust the time and energy

intensity, select Mode A (default), and press  to start.

### (6) Detailed Operations for Large Laser Pad

Select  and enter the page of Large Laser Pad.



Time Setting



Energy Intensity Setting (Advised Energy Intensity: 1 to 7)



Mode Switching

A: The lights are always on, which suits those who use them to reduce weight for the first time.

B: The lights flash slowly, which suits those who want to reinforce the effect in a later stage.


C: The lights flash fast, which suits slightly fat people.

D: The lights flash very fast, which suits those with thick fat.

Use large laser pads on the body. When operating them, keep the treated parts dry. Fasten a strap onto the fatty parts to be treated, insert the laser pads inside the strap and tie them up, adjust the time, energy intensity, select Mode A (default), and

press  to start.

## (7)Detailed Operations for Small Laser Pad

Select  and enter the page of small Laser Pad.



Time Setting



Energy Intensity Setting (Advised Energy Intensity: 1 to 7)



Mode Switching

A: The lights are always on, which suits those who use them to reduce weight for the first time.

B: The lights flash slowly, which suits those who want to reinforce the effect in a later stage.

C: The lights flash fast, which suits slightly fat people.

D: The lights flash very fast, which suits those with thick fat.

Use small laser pads on the chin. When operating them, keep the treated parts dry. Fasten a strap onto the chin and the top of the head, place the laser pads on the jawline and tie them up, adjust the time, energy intensity, select Mode A (default),

and press  to start.

## 2. Technical Parameters

Unoisetion 40K Cavitation Probe

Frequency: 40kHz

Power: 20W

Sextupolar 3D RF for Body

Frequency: 40kHz

Power: 40W

Quadrupole Vacuum RF



Frequency: 1MHz  
Power: 45W  
Vacuum: <-80kPa  
Pressure: >250kPa  
Air Flow: >10L/minute  
Noise Level: <70dB (30cm away)

Quadrupole 3D RF for Body:  
Frequency: 40kHz  
Power: 25W

3D Bipolar RF  
Frequency: 40kHz  
Power: 12W

Laser Wavelength: 635nm-650nm  
Power of each light: 5mw  
Energy output:  $64 \times 5\text{mW} = 320\text{mw}$  ( 6 big pads \*10 light/each + 2 small pads \* 2 light/each)  
Mains Power Output: 100VA

Power Supply Input: 100V-240V  
Power: 190W  
Net Weight: 8.10 kg  
Gross Weight: 9.20 kg  
Dimensions: 450 x 430 x 270 (mm)

### 3. Contraindications

Those with the following situations should use the equipment with caution. Please consult a doctor or professional before using it. The details are as follow:

- (1) Women in pregnancy or lactation.
- (2) Those with heart disease or heart pacemakers.
- (3) Those with unhealed surgical wounds or in surgical recovery.
- (4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- (5) Those with malignant tumors, hemophilia, or severe bleeding.
- (6) Those with skin disease or infectious disease should use it with caution.
- (7) Those who are sensitive to electric current should use it with caution.
- (8) Those with metal stents (not including a contraceptive ring) inside the body are prohibited from using it.
- (9) Those who did cesarean in the past six months can not use it.
- (10) Those who experienced a miscarriage in the past three months and natural labor in the past two months are forbidden to use it.

## 4. Precautions on Use

- (1) A plug with a ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and normal service life.
- (4) Do not put the equipment in a damp place, near a water source, or sites that expose it to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, a pregnant woman's abdomen, pacemaker, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off after everything is settled. Thus, the safety of the equipment can be kept.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to take it immediately.
- (11) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a weight reduction treatment.
- (12) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (13) When operating the handpieces, keep the skin moisturized and avoid treating the skin in a dry condition that may cause discomfort; when using the laser pads, keep the skin dry so as not to damage them.
- (14) When operating the equipment, start from the lowest energy intensity and gradually increase it after the client gets used to it.
- (15) When operating the vacuum RF, do not set its suction too high. Otherwise, it may cause skin injury.
- (16) When using the laser pads, their whole surface should contact the skin thoroughly; they can not only touch a small area.
- (17) You can use the laser pads separately. Fasten them directly onto the fatty parts needing weight reduction and set the energy intensity before operation. Treatment time for one body part is about 20 minutes. A better effect can be achieved by combining massage, radiofrequency, and ultrasonic waves.
- (18) Remember that you can not use the 40K around the chest or parts with many

skeletons, such as head, back, and breast.

- (19) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life.
- (20) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.

## 5. Common Problems & Solutions

- (1) Does the equipment can't be started?
  - A. Make sure the power cord is plugged into a good power socket.
  - B. Check whether the fuse tube in the back is loose or burnt out.
  
- (2) Does the equipment don't have radiofrequency output?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
  - B. Please check whether the treated parts are cleaned. Grease, oily, or essential oil products may cause poor contact between the handpiece and the body, resulting in no output.
  
- (3) Does the radiofrequency output become weak?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
  - B. Please check whether there is non-conductive grease on the handpiece, which may cause bad contact, resulting in a weakened output.
  - C. Please check whether the products used are the adaptive ones specified by the equipment.
  
- (4) Is there an error message on the monitor after the equipment is on?
  - A. Take out the plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
  - B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.
  
- (5) Does the vacuum RF don't have suction, or is its suction weakened?
  - A. Check whether the filter is installed correctly.
  - B. Check whether the connecting wire of the handpiece is installed correctly.
  - C. Check whether the connecting wire of the handpiece is damaged.
  - D. There is a foreign matter or oil dirt inside the suction hole of the main machine. Please check and clean it.

## 6. FAQs

- (1) Q: How long does it take to see the effect of an RF treatment?
  - A: Usually, the effect can be seen on the same day or within a week. Skin's

collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. Radiofrequency regenerates collagen continuously since it stimulates subcutaneous tissue. Therefore, the more times you take the treatment, the more noticeable the effect.

(2) Q: Does radiofrequency harm the skin?

A: Skin tightening and anti-wrinkle with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it causes no harm to the skin. Only local redness and burning will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation, and it will disappear after a moment. Thus, you don't have to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine professional massage techniques and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat-dissolving, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. Moreover, it can sculpt facial contour, reduce wrinkles, relieve loosening and sagging, reduce the weight of local body parts, build an S curve, and accelerate the whole body's metabolism and detox. Besides, it can also enhance viscera functions and relieve the body's sub-health condition.

(5) Q: Which one is better in terms of weight reduction, liposuction, or this equipment?

A: Liposuction rapidly slims a local body part by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during the operation and has convalescence. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It can stimulate collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, boosting feminine charm.

(6) Q: Will I experience a rebound after treatment?

A: For weight loss with 40K lipolysis, the weight will not rebound easily after reduction. 40K lipolysis removes fat instead of moisture, and it takes a long time for the fat to be accumulated. Thus the weight will not get rebound quickly.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet to some extent because radiofrequency and ultrasonic treatment are followed by fat-blasting and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. Have a proper amount of exercise to sweat and make the metabolin discharge successfully to have a more evident effect.

(8) Q: Does the treatment have any side effects on the body?

A: Improving the appearance and shaping the body with the vacuum is a non-invasive treatment and is currently the safest and most effective way to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to radiofrequency heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will disappear after three days. Thus, it has no side effects on the body.

(9) Q: Can ultrasonic waves be used all over the body?

A: Ultrasonic waves break fat cells, burst the cell wall, and then fat in the cells flows out and is absorbed and metabolized by lymph. The ultrasonic wave has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the sound waves vibrate the heart. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back and chest.)

(10) Q: Do ultrasonic waves have side effects on the body?

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound (mechanical sound wave)-blast fat through cavitation-ultrasound focusing. Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it has no side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal, and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. It acts on the subcutaneous fat layer that is 20mm below through ultrasonic focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care for hair. Collagen is a nutrient that the body must be supplemented with to delay aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has depleted,

and the content of collagen has decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, collagen content is less than half of that of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, making the skin dry, wrinkled, slack, and inelastic. Therefore, collagen must be supplemented to delay aging.

(13) Q: Why do I need buttocks maintenance?

A: Hip maintenance can help with lymphatic detox, improve gynecological diseases, and avoid harm caused by buttocks blockage. Hips' impassability will surely bring about gynecological diseases. There is a pelvic cavity and intestinal tract inside the buttocks. It connects to the belt vessel, lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in front, anus, vagina, groin, and lymph from below. Under the squeeze of upper-jiao(the parts above the diaphragm) and lower-jiao(the parts underneath enterocoelia) channels and collaterals, the hips are most prone to coldness, dampness, and blood stasis. When the hip is cold, it causes contraction of the hips' channels and collaterals, dysmenorrhea, irregular menstruation, dark menstrual blood, blood clot, and obstructed blood flow. It also affects ingravitation.






(14) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the suction and release of air pressure and the increase and decrease of vacuum can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can promote qi and blood circulation, dispel coldness and dampness, dredge channels and collaterals, and expel toxins and heat.

## 7. Packing List

Main Machine x1  
Power Cord x1  
Bipolar RF Handpiece x1  
Quadrupole RF Handpiece x1  
Sextupole RF Handpiece x1  
Quadrupole Vacuum RF Handpiece x1  
40K Handpiece x1  
Large Laser Pad x6  
Small Laser Pad x2  
Parts Rack x2  
Fuse x2  
Filter x1

## 8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
<b>Facial Anti-aging: 70 Minutes/ Once a Week</b>			
<b>Quadrupole RF</b> Advised Time: 15 minutes  Advise Energy Intensity: between 1 and 7  Mode Selection: Mode A (default)	Makeup Remover + Facial Cleanser + Cold & Hot Steam + Massage Cream + Hydro Mask + Essence + Facial Mask	1. Remove makeup and clean the face, 5 minutes. 2. Apply the hydro mask and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times.	Technique 5, 7  
		6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times.	Technique 6  
		7. Caress the whole face three times.	Technique 8, 11, 13  
		8. Lift from the chin to the earlobe, from the corner of the mouth to Ermen (SJ21), from the wing of the nose to Taiyang (EX-HN5), and from the lower eyelid to Taiyang (EX-HN5) with hands doing it alternately, and lift the corner of the eyes. Repeat three times.	Technique 10, 12  
			Technique 15  

	<p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Treatment ends.</p> <p>17. Quadropole RF:</p> <p>18. Lift one line after another from the chin to the part below the ear, from the corner of the mouth to the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards the hairline direction with the device moving circlewise. Repeat three times.</p> <p>21. Clean the face, 2</p>	<div data-bbox="1145 219 1270 412" data-label="Image"> </div> <hr/> <p data-bbox="1066 488 1342 521">Technique 18, 19, 20</p> <div data-bbox="1145 539 1270 732" data-label="Image"> </div> <hr/> <p data-bbox="1066 779 1102 813">20</p> <div data-bbox="1145 842 1270 1034" data-label="Image"> </div> <hr/>
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		<p>minutes.</p> <p>22. Apply a facial mask and wait for 15 minutes.</p> <p>23. Clean the face, 2 minutes.</p> <p>24. Apply toner, essence, facial cream, and sunscreen.</p> <p>25. Treatment ends.</p>	
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**The Recommended Course of Treatment:**

A course of treatment includes ten times treatment. After one treatment, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. After two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. After three courses, the skin's metabolism and detox enhance. And it helps to fade the pigment, lightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia in the underlying skin, making the skin tender, smooth, firm, and shiny.

**Eye Anti-wrinkle: 45 Minutes/ Once a Week**





<p><b>Bipolar RF</b></p> <p>Advised Time: 15 minutes</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Apply essence (Eye Cream) evenly to the eyes with hands moving circlewise. Repeat three times.</p>	<p>Technique 3, 5</p> 
		<p>4. Press Jingming (BL-1), Chengqi (ST-1), Sibai (ST-2), Tongziliao (GB-1), Sizhukong (SJ-23), Yuyao (EX-HN4), and Cuanzhu (BL-2).</p>	<p>Technique 4</p> 
		<p>5. Caress eyes with hands drawing outward Arabic numeral 8-shapes. Repeat three times.</p>	<p>Technique 6</p> 
		<p>6. Caress eyes with hands in scissor gestures. Repeat three times.</p> <p>7. With one hand in a scissor gesture and the other moving circlewise from the inner corner of</p>	<p>Technique 7</p> 

		<p>the eye to the outer corner of the eye, and move until the back of the ear and slides out from there. Repeat three times.</p> <p>8. Bipolar RF:</p> <p>9. Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times.</p> <p>10. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>11. Lift the device from the lower eyelid moving in small circles to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>12. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>13. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>14. Do the same on the other side.</p> <p>15. Clean the eyes, 1 minute.</p> <p>16. Apply an eye mask and wait for 15 minutes.</p> <p>17. Remove the mask and clean the eyes, 2 minutes.</p> <p>18. Apply eye essence.</p> <p>19. Treatment ends.</p>	<div data-bbox="1066 192 1369 434">  </div> <p data-bbox="1066 488 1225 524">Technique 9</p> <div data-bbox="1066 546 1369 766">  </div> <p data-bbox="1066 819 1241 855">Technique 10</p> <div data-bbox="1066 878 1369 1097">  </div> <p data-bbox="1066 1151 1241 1187">Technique 11</p> <div data-bbox="1066 1209 1369 1429">  </div> <p data-bbox="1066 1482 1289 1518">Technique 12, 13</p> <div data-bbox="1066 1541 1369 1760">  </div>
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**The Recommended Course of Treatment:**

Ten treatments is a course. After one treatment, metabolism speeds up, eyes tighten, fine lines fade. After one course, fine lines fade obviously, and the effect maintains. After two courses, the effect gradually becomes obvious, skin tightening improves, collagen in underlying skin increases, eyes tail lift evidently, and eyes become more confident and sharp. After three courses, the effect consolidates, the eyes' fine line disappears, and wrinkles will not rebound if you do daily maintenance.

**Neck Maintenance: 60 Minutes/ Once a Week**

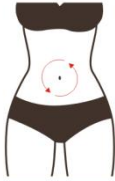



<p><b>Quadrupole RF</b>          Advised Time: 15 minutes          Advise Energy Intensity: between 1 and 7          Mode Selection: Mode A (default)</p> <p><b>Small Laser Pad</b>          Advised Time: 15 minutes          Advise Energy Intensity: between 1 and 7          Mode: NOR(default)</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, 5 minutes.</li> <li>2. Apply toner, 1 minute.</li> <li>3. Massage the neck, lift on the chest with hands applying oil, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</li> <li>4. Lift the lower jaw and double chin with hands doing it alternately, lift to the armpit via the back of the ear, and slide out from there. Repeat three times.</li> <li>5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit and slide out from there. Repeat three times.</li> <li>6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit and slide out from there. Repeat three times.</li> <li>7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit and slide out</li> </ol>	<p>Technique 3</p>  <hr/> <p>Technique 4, 6</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 5, 11, 12, 13</p> 
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		<p>from there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment ends.</p> <p>11. Quadrupole RF: Coupled with hands, lifting from the double chin to armpit via the back of the ear. Repeat three times.</p> <p>12. Move the equipment circlewise on the side of the neck till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13. Lift the equipment around the neck till the armpit, and slide out from there. Repeat three times.</p> <p>14. Small Laser Pad: Fasten the strap onto the head, insert laser pads into the strap that ties up the chin, and fasten them. Set the energy parameters and wait 15 minutes.</p> <p>15. Remove laser pads, and untie the strap.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait 15 minutes.</p> <p>18. Clean the neck with a hot towel and use a hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and</p>	
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		sunscreen. 20. Treatment ends.	
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**The Recommended Course of Treatment:**  
 A course of treatment includes ten times treatment. After one treatment, the skin becomes moisturized and delicate. After a course, the neck skin turns smooth, and the circulation of the neck lymph accelerates. After two courses, the skin firms, cervical stripes fade, and double chin relieves. After three courses, the skin turns delicate, shiny, firm, and plump, lymphatic detox speeds up, and dark face and acne improve. It also delays skin aging and rejuvenates the skin.

**Waist & Abdomen Sculpting: 60 Minutes/ Once a Week**

<p><b>40K</b>          Advised Time: 15 minutes          Advise Energy Intensity: between 1 and 7          Mode Selection: Mode A (default)</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times.</li> <li>3. Rub the belly back and forth with hands. Repeat 3 to 5 times.</li> <li>4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</li> <li>5. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times.</li> <li>6. Draw Arabic numeral 8-shaped motions to the part below the waist, and then lift upwards from the side of the waist. Repeat three times.</li> <li>7. Rub intestinal tract with hands overlapped, moving in small circles and clockwise. Repeat three times.</li> <li>8. Caress the treated parts with hands moving circlewise. Repeat three times.</li> </ol>	<p>Technique 2, 8</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>
<p><b>Vacuum RF</b>          Advised Time: 15 minutes          Suction Time: as long as it's not zero          Release Time: set it to zero          Advise Energy Intensity: between 1 and 7          Mode Selection: Mode A</p>			

(default)

**Large Laser Pad**

Advised Time:  
15 minutes

Advise Energy  
Intensity:  
between 1 and  
7

Mode:  
NOR(default)

9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat two times.

10. Slide to the parts below the waist along the two sides with thumbs, and lift upwards to the groin. Repeat three times.

11. Caress the treated part till groin with hands.

12. Treatment ends.

13. 40K: One side, lift from the side of the waist to belly, and lift one line after another to the groin. Repeat three times.

14. Lift the other side. Repeat three times.

15. Draw small circles on the abdomen. Repeat three times.

16. Draw big circles on the abdomen. Repeat three times.

17. Vacuum RF: Set it to suction & release mode. Slide from the left side to the other side of the waist along the top of the belly button, then slide from the bottom of the belly button to the left side. Repeat three times.

18. Set it to direct suction. One Side-Lift one line after another from the side of the waist to the belly. Repeat three



Technique 7



Technique 9



Technique 10


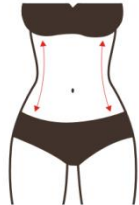


Technique 13, 14, 18,  
23



Technique 15



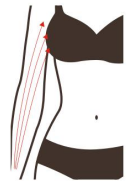


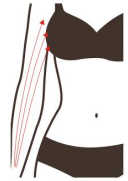


		<p>times.</p> <p>19. Lift the other side.</p> <p>20. Lift Daimai (GB26) back and forth and transversely. Repeat three times.</p> <p>21. Sculpt up and down on the waist. Repeat three times.</p> <p>22. Draw big circles on the abdomen. Repeat three times.</p> <p>23. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>24. Wipe out the essential oil with a dry towel.</p> <p>25. Large Laser Pad: Fasten the strap onto the waist, insert laser pads into the strap and tighten it. Set the energy parameters and wait 15 minutes.</p> <p>26. Remove laser pads, and untie the strap.</p> <p>27. Treatment ends.</p>	<p>Technique 16, 22</p>  <hr/> <p>Technique 20</p> 
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**The Recommended Course of Treatment:**


A course of treatment includes ten times. After one-time treatment, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile, problems like constipation improve. After two courses, the effects become more and more apparent. The skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and flabby skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.

### Arm Sculpting: 70 Minutes/ Once a Week

<p><b>40K</b></p> <p>Advised Time: 20 minutes (10 minutes for each side)</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<p>1. Technique.</p> <p>2. Do it in left-right order.</p> <p>Lay the arm flatwise, apply oil from the lower arm to the entire arm</p>	<p>Technique 2, 3, 4, 5, 6, 7</p>
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<p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p> <p><b>Sextupole RF</b> Advised Time: 20 minutes (10 minutes for each side)</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p> <p><b>Large Laser Pad</b> Advised Time: 15 minutes</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode: NOR(default)</p>		<p>with hands until the hands slide out, and repeat it three times.</p> <p>3. Push the entire arm with palms doing it alternately. Repeat three times.</p> <p>4. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm separately till armpit with hands' purlicue. Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until it turns hot. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers and till it becomes hot. Repeat three times.</p> <p>10. Caress the treated part till the hands slide out. Repeat three times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment ends.</p> <p>13. 40K: Lay the arms</p>	 <p>Technique 8, 9</p>  <p>Technique 10</p>  <p>Technique 13, 16</p>  <p>Technique 14, 15, 21, 22</p>  <p>Technique 17</p>  <p>Technique 19</p>
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	<p>flatwise, and push from the fat part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>14. Move circlewise till armpit along the three channels and collaterals. Repeat three times.</p> <p>15. Flabby arms can be treated more. Repeat three times.</p> <p>16. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>18. Draw small circles till armpit along the three channels and collaterals of the upper arms. Repeat three times.</p> <p>19. Push from the upper arm to the armpit along the three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. Sextupole RF: Lay the arms flatwise, and circlewise from the fat part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>22. Flabby arms can be treated more. Repeat</p>	 <hr data-bbox="1066 392 1326 396"/>
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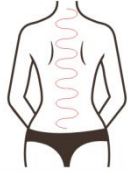
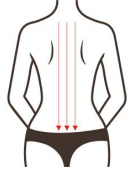
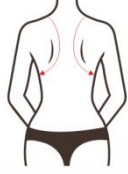

		<p>three times.</p> <p>23. Lay the arms upwards, and move circlewise from the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>24. Move circlewise from the upper arm to the armpit along the three channels and collaterals.</p> <p>25. Do the same on the other side.</p> <p>26. Large Laser Pad: Fasten the band onto the arms' fat, insert laser pads into the band and tighten it. Set the energy parameters and wait for 15 minutes.</p> <p>27. Remove laser pads, and untie the band.</p> <p>28. Treatment ends.</p>	
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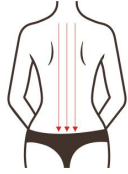




**The Recommended Course of Treatment:**

A course of treatment includes ten times treatment. After one treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. After two courses, body shaping starts, and the effect strengthens, channels and collaterals dredges, and the physique enhances. After three courses, the effect consolidates and stabilizes, and rebound can be prevented.

**Back Sculpting: 45 Minutes/ Once a Week**

<p><b>Body RF</b></p> <p>Advised Time: 15 minutes</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16).</li> <li>3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times.</li> <li>4. Stroke Bladder Meridian outward to the</li> </ol>	<p>Technique 2, 11</p>  <p>Technique 3</p>
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<p>(default)</p> <p><b>Vacuum RF</b></p> <p>Advised Time: 15 minutes</p> <p>Suction Time: as long as it's not zero</p> <p>Release Time: set it to zero</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p>		<p>sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>5. Move circlewise and S-shaped motions from the neck to the caudal vertebra with hands. Repeat three times.</p> <p>6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with kneeling fingers of the hands in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat</p>	 <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19, 26</p>  <p>Technique 10</p>  <p>Technique 12, 13</p>
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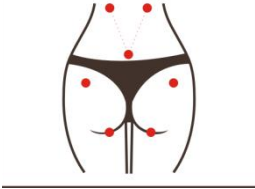
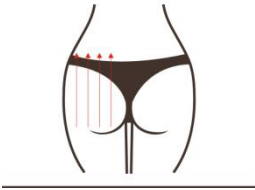
		<p>three times.</p> <p>13. Operate the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till it turns hot.</p> <p>15. Treatment ends.</p> <p>16. Body RF: Treat Du Meridian (DU) first and Bladder Meridian (BL) after. Start with the neck, sliding to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to the sacral region (BL31-BL34) in an Arabic numeral 8-shaped motions. Repeat three times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22. Lift upwards from the</p>	 <hr/> <p>Technique 16, 23</p>  <hr/> <p>Technique 17, 24</p>  <hr/> <p>Technique 18, 25</p>  <hr/> <p>Technique 20, 27</p>  <hr/> <p>Technique 21, 28</p>  <hr/> <p>Technique 22, 29</p>
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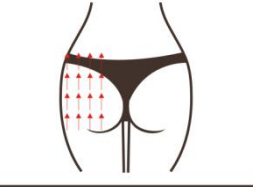
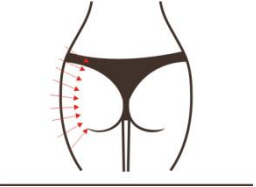
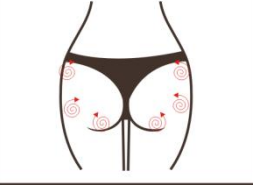
	<p>side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23. Vacuum RF: Treat Du Meridian (DU first and Bladder Meridian (BL) after. Start with the neck, sliding to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>24. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times for each.</p> <p>25. Start with neck, moving to and from the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>26. Lift to and from the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>27. Move transversely and from top to down to the sacral region (BL31-BL34) in an Arabic numeral 8-shaped motions. Repeat three times.</p> <p>28. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>29. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>30. Treatment ends.</p>	
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**The Recommended Course of Treatment:**

A course of treatment includes ten times treatment. After one treatment, the back gets relaxed, stiffness of the shoulder and neck relieves, and the skin lifts. After a course, the back and shoulder become relaxed, back fat lessens, Dowager's Hump relieves, and the back outlines become good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course can reduce the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

**Buttock Sculpting: 45 Minutes/ Once a Week**

<p><b>Vacuum RF</b>          Advised Time: 30 minutes          Suction Time: as long as it's not zero          Release Time: set it to zero          Advise Energy Intensity: between 1 and 7          Mode Selection: Mode A (default)</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Stand sideways with hands applying oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</li> <li>3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times.</li> <li>4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</li> <li>5. Caress the treated part. Repeat three times.</li> <li>6. Do it in left-right order. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian(LI), and Gallbladder Meridian. Repeat three times respectively.</li> <li>7. Push upwards from</li> </ol>	<p>Technique 2, 5, 11</p>  <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 6, 14, 17</p>  <p>Technique 7, 10</p>
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	<p>thigh root to belt vessel with two hands doing it severally along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian(LI), and Gallbladder Meridian. Repeat three times respectively.</p> <p>8. Lift from the thigh root to the belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push directly(for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and, 3 Repeat three times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p> <p>12.Do the same on the other side.</p> <p>13.Treatment ends.</p> <p>14.Vacuum RF: Lift one line after another from the thigh root to the belt vessel. Repeat three times.</p> <p>15.Lift upwards and one line after another from the two sides of the buttocks to the highest point of it. Repeat three times.</p> <p>16.Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from the thigh</p>	 <p>Technique 9, 15, 18</p>  <p>Technique 16</p> 
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		<p>root to Daimai (GB26). Repeat three times.</p> <p>18. Lift upwards and one line after another from the two sides of the buttocks to the highest point of it. Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Treatment ends.</p>	
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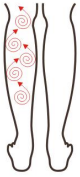


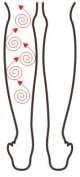
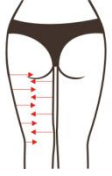
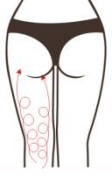
**The Recommended Course of Treatment:**

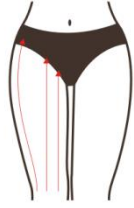
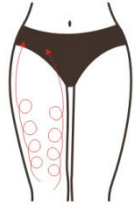

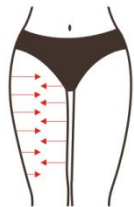
A course of treatment includes ten times. After one-time treatment, the buttocks lift and become hot. After a course, buttocks outlines start to show themselves, excess fat decreases slowly, and the skin turns tightened. After three courses, gynecological diseases like cold-natured body and cold uterus relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

**Leg Sculpting: 120 Minutes/ Once a Week**

<p><b>40K</b>          Advised Time: 40 minutes(10 minutes for each side)           Advise Energy Intensity: between 1 and 7           Mode Selection: Mode A (default)   <b>Vacuum RF</b>          Advised Time: 40 minutes(10 minutes for each side)           Suction Time: as long as it's not zero</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Do it in left-right order. Apply essential oil from the lower leg to the thigh and back to the heel. Repeat three times.</li> <li>3. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times.</li> <li>4. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times.</li> <li>5. Push popliteal fossa with hands doing it alternately. Repeat three times.</li> <li>6. Twist the leg from the</li> </ol>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <p>Technique 6</p>  <p>Technique 12, 20</p>  <p>Technique 13, 21</p>
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<p>Release Time: set it to zero</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p> <p><b>Large Laser Pad</b> Advised Time: 15 minutes</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode: NOR(default)</p>		<p>bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat three times.</p> <p>9. Caress the treated part. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment ends.</p> <p>12. 40K: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Start from popliteal fossa, drawing small circles till the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal</p>	 <p>Technique 15, 17, 23</p>  <p>Technique 16, 18, 24</p>  <p>Technique 13, 21</p>  <p>Technique 25</p>  <p>Technique 26</p>  <p>Technique 28, 29, 30, 33, 35, 38, 39, 40</p>
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		<p>fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. Draw small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum RF: Coupled with hands, lifting one line after another from the heel to the popliteal fossa. Repeat three times.</p> <p>21. Draw small circles on the lower leg. Repeat three times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the popliteal fossa to the thigh root. Repeat three times.</p> <p>24. Draw small circles on the thigh. Repeat three times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply essential oil from the lower leg to the thigh root with hands (namely</p>	 <p>Technique 34, 37, 43</p>  <p>Technique 36, 41</p>  <p>Technique 42</p> 
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		<p>caressing). Repeat three times.</p> <p>29. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' pulricue doing it alternately. Repeat three times.</p> <p>30. Push the four channels and collaterals with kneeling fingers of the hands. Repeat three times.</p> <p>31. Treatment ends.</p> <p>32. Do the same on the other side.</p> <p>33. 40K: Lift from the lower leg towards the knee along the four channels and collaterals. Repeat three times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower leg doesn't have excess fat, you can treat the thigh directly.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>36. Draw small circles on the whole thigh. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh</p>	
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		<p>root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. Vacuum RF: Treat the lower legs with the technique mentioned above. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>41. Draw small circles on the thigh. Repeat three times.</p> <p>42. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>44. Do the same on the other side.</p> <p>45. Large Laser Pad: Fasten the band onto the leg' fat, insert laser pads into the band and tighten it. Set the energy parameters and wait for 15 minutes.</p> <p>46. Remove laser pads, and untie the band.</p> <p>47. Treatment ends.</p>	
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**The Recommended Course of Treatment:**

A course of treatment includes ten times. After one-time treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces.