

# User Manual

## WL-WD677A



# Foreword

Dear Users:

We're pleased to present you WL-WD677A, the multifunctional beauty device that's featuring in fat-blasting, firming, body-sculpting, lifting and anti-aging. It works effectively on wrinkle removal on face and eyes and fat-dissolving so as to shape up your body. By utilizing high-end technology, it delivers a safe and effective skin care experience and effect. WL-WD677A is professional beauty device is for professional use only, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this manual thoroughly and apply with the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

RF and ultrasonic beauty machines are currently the most popular beauty devices in beauty parlors that featuring in firming, body-sculpting and anti-aging. Coupled with fat-dissolving function of the laser paddles, it's a good replacement for various of facial and body care programs in beauty salon, including weight loss and body-sculpting, etc. It delivers a safe, comfortable and and effective skincare experience. At the same time, it requires no injection, no medication and no surgery. It is used externally throughout the entire process and has an immediate effect. RF beauty device heat up deep skin layers, stimulate collagen regeneration, accelerate blood circulation on hypodermis, thus achieving effects like firming, plumping, anti-aging and so on.

## Advantages

1. Multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and radio frequency solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning with a wider ranger and faster and more visible results.
6. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
7. No consumption, low cost and quick returns.
8. Unevenness, bleed, swelling and stasis will not appear after treatment.
9. Laser Fat Removal: dissolve fat evenly, leaving skin smooth without scaring; safe and no pain is inflicted.
10. Ultrasound, negative pressure and radio frequency all have the energy release of red light respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.
11. Red light RF is with a more effective result.

# Facial Firming

## Principle

### BIO

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally. It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

### RF

Radio frequency can alternate electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

### Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of

the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## Effects

1. Firm and elevate, increase skin elasticity.
2. Improve sagging and loose skin; wrinkle removal.
3. Help absorb and lock nutrients; smooth skin.
4. Accelerate metabolism and blood circulation in hypodermis for healthier skin.
5. More plump and elastic skin.

## Applicable Range

1. Those with facial dullness.
2. Those with skin relaxation and sagging.
3. Those with dark circles, eye bags, fine lines, nasolabial folds, crow's feet.
4. Those with lax skin after birth.
5. Those who are lacking in elasticity.

## Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.

9. Those who are unrealistic about the effects.

## Dos and Dont's

1. Do not wash your face with overheated water within three days (lukewarm or cold water can be used).
2. Strengthen moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. More vegetables, fruits, and less greasy food.
6. Avoid food that will cause 'three Hs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

## Eyes Wrinkle Removal

### Principle

### BIO

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks

will appear naturally . It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

## Effects

1. Relieve eye fatigue, dark circles, bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

## Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those often stay in a dry or hot environment.

## Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

## Dos and Don'ts

1. Avoid excessive exposure to the sun. Sun protection is encouraged.



2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

## Shaping Waist & Abdomen

### Principle

#### 40K RF

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue.

#### Negative Pressure RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels,

clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. Coupled with all sorts of massage techniques, release and suction function of negative pressure can achieve firming and shaping of body.

### 1. Skin layer

The absorption and discharge of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### 2. Vascular layer

The absorption and discharge of air pressure

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### 3. Fibrous layer

The absorption and discharge of air pressure

(1) Repair cell tissue, increase its activity and elasticity.

(2) Stimulate the production of bone collagen and improve skin plumpness.

(3) Improve the support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

## Laser Fat Removal

Laser fat-dissolving device is a red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels

and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

## Biological Effect

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

## Effects

1. Improve loose and soft waist and abdomen skin.
2. Improve unwanted fat on waist and abdomen, such as swimming rings, and beer belly.
3. Tighten skin, improve stretch marks, fat marks and increase skin elasticity.
4. Accelerate metabolism, improve constipation and intestinal peristalsis.

## Applicable Range

1. Those with cold hands and feet, cold womb and body.
2. Those with unwanted fat on waist and abdomen, protruding beer belly, postpartum loose skin.
3. Those who sit for long hours, and desire a curvier waistlines.
4. Those with fat marks, stretch marks
5. Those with constipation, and abdominal meridian blocking.

## Inapplicable Range

1. Those with 'three Hs' (hypertension, hyperlipidemia, hyperglycemia) and heart disease.
2. Those who are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.

## Notes after Operation

1. Avoid wearing crop tops, and exposure to wind and cold.
2. Avoid overeating, staying up late, drinking, eating raw, cold, spicy and greasy food, and drinking more hot water.
3. Keep your abdomen warm and bathe 4-6 hours after the treatment.
4. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
5. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.

## Warm womb & detoxification

Ovary is an important organ of women, and can stimulate the hormone secretion of women again, increase the level of hormones in the body, also known as the source of life of women. Good ovarian maintenance can make facial skin fine, smooth and fresh, always maintain toughness and elasticity. It can also promote reproduction and body health, regulate and secrete female hormones, and improve the quality of life of both sexes. Ovarian health can make a woman's bosom plump, compact, and mellow. Bad ovarian function will affect estrogen secretion, sexual function, quality and color of skin, and women BWH(bust,waist,hip) measurements, which results in yellowish face, bloated body, vaginal dryness, and advance entering to anile condition. So ovarian maintenance is very important for women. Women now have a lot of bad habits, such as dressing for grace and does not care about temperature, in addition to that they often eat some cold food. If continuous for a long time they are prone to have cold womb, which can cause symptoms such as dysmenorrhea, menstrual edema and even amenorrhoea. In a word cold womb does great harm to the health of women, so be sure to take means to warm the womb,which can also achieve the effect of body-shaping.

## Principle

### RF

RF energy works directly on the dermis through the skin epidermis and heats up the body, with its temperature reaching 40 °C-60 °C. Through biothermal effect it enhances the blood circulation and lymph circulation of the cervical region, fast decompose adipose tissue metabolism, thereby to regulate the uterus, increase the period flow, which is good for inhibiting cold womb.

### Negative Pressure RF

Through special negative pressure suction head on the skin, and muscle massage, can effectively improve the cells in the body fluids liquidity, increase cell movement can activate cells to improve the effect of skin elasticity, at the same time, accelerate the blood circulation of imperceptible blood-vessel, excess toxins through the lymphatic system the normal cycle of body outside, to reduce and improve the dark spots and pigment, as well as blood stasis.

Advantages: breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF functional head design, RF and negative pressure are relatively independent but complementary to each other as one of the metabolic system, deep heating while helping massage and metabolism, so that the effect is twice the result with half the effort.

### Effects

1. Improve woman's gynecological problems.
2. Improve woman's cold hands and feet, cold womb and body.
3. Regulate the function of female reproductive system and enhance the ovarian function.
4. Promote follicular development and regulate the secretion of sex hormones (estrogen, progesterone, androgen).
5. Maintain youthful appearance, delay the arrival of menopause and delay aging.
6. Tighten skin, improve stretch marks and increase skin elasticity.

## Applicable Range

1. Those with cold hands and feet, cold womb and body.
2. Those with gynecological inflammatory menstruation and dysmenorrhea.
3. Those whose faces begin to sag.
4. Those who are prone to sore and soft waist.
5. Those with cold abdomen and protruding lower abdomen.

## Inapplicable Range

1. Those with 'three Hs' (hypertension, hyperlipidemia, hyperglycemia) and heart disease.
2. Those who are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.

## Notes after Operation

1. Avoid wearing crop tops, and exposure to wind and cold.
2. Avoid overeating, staying up late, drinking, eating raw, cold, spicy and greasy food, and drinking more hot water.
3. Keep your abdomen warm and bathe 4-6 hours after the treatment.
4. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.

# Tighten Breasts

## Principle

## RF

Through radio frequency heating to produce specific RF waves in the subcutaneous specific depth, through the skin epidermis direct effects on the dermis, allowing organizations to heat, promote the catabolism of subcutaneous fat, at the same time stimulate collagen and elastic fibers hyperplasia restructuring, with the newborn

dermis collagen and rearrange, lets loose skin after the treatment, immediately feel up, tight shaping effect. The form that massages at the same time promotes mammary blood to circulate, make blood accelerate circulatory dredge the clot of siltation and silt gas, will adipose below the circumstance of vibration, free to bosom. At the same time make more nutrition absorption to the breast, not only prevent lobular hyperplasia and the generation of breast cancer, but also let you have a natural, healthy, beautiful, strong breast, let the women who love the United States more confident.

## Effects

1. Adjust breast shape and improve auxiliary breast.
2. Improve chest nodules, slight hyperplasia, and relieve menstrual breast swelling.
3. Improve chest enlargement.
4. Improve irregular menstruation and lack of elasticity of facial long spots.
5. Improve postpartum breast atrophy, breast laxity, and breast duct blockage.

## Applicable Range

1. Those whose breasts are not good-looking and with auxiliary breasts.
2. Those with nodules in the chest, slight hyperplasia, and breast swelling pain during menstruation.
3. Those whose breast fat is free, saggy and outward expanding.
4. Those with low immunity.
5. Those with irregular menstruation, lack of elasticity of the face long spot crowd
6. Those who feel they have inadequate breasts.
7. Those with postpartum breast atrophy and breast relaxation.

## Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, and impaired vital organs.
2. Those who are long-term or currently taking anticoagulant drugs, vasodilators, corticosteroids and other drugs.
3. Those whose chest skin has infection foci.
4. Those with severe fibroma and cyst of the chest.
5. Those who are during pregnancy and lactation.
6. Those who just had breast enlargement surgery.

## Notes after Operation

1. Drink plenty of warm water and keep warm.

2. Wear undergarments that are designed to be comfortable, and don't squeeze your breasts.
3. Avoid exposure to cold air and shower 4-6 hours later.

## Body-Sculpting

### RF

Through radio frequency heating to produce specific RF waves in the subcutaneous specific depth, through the skin epidermis direct effects on the dermis, allowing organizations to heat, promote the catabolism of subcutaneous fat, at the same time stimulate collagen and elastic fibers hyperplasia restructuring, with the newborn dermis collagen and rearrange, after treatment, can make droopy skin feel up, tight shaping effect.

### Biological Effect

Radio frequency can vibrate 1 million high-frequency radio waves per second, penetrate the epidermis layer, directly act on the dermis, deep heating collagen cells, stimulate the growth of collagen fiber, make it have a lot of new collagen support, make the skin become firmer and elastic. Acting on the deep dermis through the epidermis, water molecules are rapidly heated to produce safe biological heat. When the natural friction of collagen tissue is heated up to  $45^{\circ}\text{C}\sim 60^{\circ}\text{C}$ , it will immediately contract and stimulate the continuous growth of collagen. At the same time, biothermal energy can effectively accelerate the blood flow in fat cells and release free fatty acid (ffa), thereby increasing the dissolution of superficial fat and achieving the purpose of tightening the lifting and sagging parts of the body.

### Ultrasound

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched



under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue.

## **Negative Pressure RF**

Massage skin and muscle with special negative air pressure suction head can effectively improve fluid mobility of human cells and activate cells. Kneading effect generated by vacuum negative pressure liposuction can increase tissue activity of skin and muscle, thus helping to reduce rigid honeycomb tissue and increase skin tissue elasticity. In addition, the use of negative pressure adsorption and mobile role, can effectively shape shape, make thin and plastic at the same time to complete.

Advantages: breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## **Laser Fat-dissolving**

Laser fat-dissolving instrument is a red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

## **Biological Effect**

LED uses 635nm - 650nm. Led laser heating fat cells in the target zone, make its

decomposition, in a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge, in the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth tightening and the effect of the shape.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. Can at the same time tighten skin, wrinkle, reduce fat, shape. Laser penetrating power is very strong, can more effectively activate or repair fat cells, can penetrate the fat layer, make subcutaneous fat by heat dissolution, its treatment method is safe, no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released, he in the fat cells produce a kind of chemical signals that will store the trioxide triene into free fatty acid, glycerin and water molecules, and this is the energy stored in the need to use reserves to start, the natural reaction of the free fatty acids transported into the body through the lymphatic system, to provide energy for the body, just like the body heat when lack of response.

## **Body-Sculpting: Arms**

### **Effects**

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve worship sleeves and thick arms.
4. Soothe and firm loose skin.
5. Dissolve the fat, and say goodbye to flabby arms.
6. Accelerate blood circulation and dredge channels and collaterals.

### **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

### **Inapplicable Range**

1. Those who have just had plastic surgery.

2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## **Body-Sculpting: Back**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.

### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on back of the neck.

### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.

3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

## Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

## Body-Sculpting: Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

### Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

### Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those whose butt shape is not good-looking, flat and soft outward expansion.
3. Those with cold and cool hips with low hip temperature.
4. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological

inflammation and other problems.

5. Those with decreased estrogen levels and poor sex lives.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

## **Notes after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

## **Body-Sculpting: Legs**

### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten legs more than proud flesh and shake off big legs.

### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of

the legs is poor.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant recovering from surgery.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

## **Body Sculpting&Slimming**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Accelerate blood circulation and dredge channels and collaterals.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Regulate the functions of viscera and strengthen the body.
7. Stimulate collagen regeneration, firming and shaping.
8. Improve loose and soft waist and abdomen skin.
9. Improve the jiggle and thick arm.
10. Improve unwanted fat on the back, waist and abdomen.
11. Tighten skin and prevent sagging.

12. Improve stretch marks, fat marks, and increase skin elasticity.
13. Accelerate metabolism, improve constipation and intestinal peristalsis.

## **Applicable Range**

1. Those with cold hands, feet, womb and body.
2. Those who are sedentary and don't look good at the waist.
3. Those with unwanted fat on waist and abdomen, prominent belly, loose skin after delivery.
4. Those with fat marks, stretch marks.
5. Those with constipation, abdominal meridian blocking.
6. Those with big arms, thick back, poor leg shape ratio and want to look better in clothes.
7. Those with jiggly and flabby arms.
8. Those with loose skin on arms and legs.
9. Those whose hands and legs are easily sore and numb.
10. Those with sore shoulders and backs and stiff necks.
11. Those with insomnia and dream, memory decline of the population.
12. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
13. Those with thick back and unattractive clothes.
14. Those with poor circulation of lower limbs, edema and obese people.
15. Those who have low immunity and feel discomfort and pain all over the body are susceptible to colds.

## **Inapplicable Range**

1. Those who are during pregnancy, menstruation and lactation.
2. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those who have just had liposuction.
5. Those with severe varicose veins and tumors.
6. Those whose surgical wound is healing or recovering.
7. Those with skin diseases and infectious diseases.
8. Those with severe gynecological diseases.
9. Those with gynecological diseases being treated.
10. Those with allergic and severely sensitive skin.
11. Those with skin trauma or cut.
12. Those who are overly old.
13. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
14. Those who are too weak.
15. Those who overdrink, full, empty, thirsty and overworked.

## Notes after Operation

1. Avoid wearing clothes that show navel, shoulder or back, miniskirts or shorts, and avoid getting cold from the wind.
2. Avoid overeating, staying up late, drinking and eating raw, cold, spicy and greasy food.
3. Keep warm after operation, and do not bathe until 4-6 hours apart.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.
6. Drink plenty of hot water to hydrate and speed up metabolism.

## Facial Care

### Effects

1. Improve facial wrinkles, and crow's feet.
2. Deeply introduce nutrition, fade pigment, spots and whiten skin.
3. Increase skin elasticity, firm and delicate skin, and lift canthus.
4. Relieve eye fatigue, dark circles, bags and edema.
5. Increase blood circulation and metabolism.
6. Improve sagging and relieve sagging.
7. Stimulate collagen hyperplasia and delay aging.
8. Accelerate lymphatic detoxification and improve facial skin quality.

### Applicable Range

1. Those with dark complexion, rough skin, large pores and dry skin.
2. Those whose skin is flabby, saggy and inelastic.
3. Those with fine lines, decree lines, canthus lines.
4. Those with wrinkles, fine lines, bags under the eyes, and dark circles under the eyes.
5. Those who face computer screens and cell phones for long hours.
1. Those who often stay up late with dark circles under their eyes.
7. Those who always be in a dry or hot environment.
- 8 Those who after giving birth to a baby has loose skin, edema or fat.
9. Those who long-term office work, facing ultraviolet.



## **Inapplicable Range**

1. Those who have just undergone plastic surgery, the treatment site is implanted with prostheses, metal materials, etc.
2. Those who has recent injection products, such as hyaluronic acid, hydro-gloss, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
4. Those who are in the allergic period, severely sensitive skin and allergic to metal.
5. Those who are in menstrual period, pregnancy period, lactation period, operation recovery period.
6. Those with skin trauma or cut.
7. Those who are overly old.
8. Those with skin diseases and infectious diseases.
9. Those who have unrealistic expectations about results.

## **Notes after Operation**

1. Do not wash your face with overheated water (either warm or cold) for seven days.
2. Strengthen hydrating and moisturizing, avoid insolation, and pay attention to sunscreen.
4. It is recommended to apply facial mask and eye mask at least 3 times a week.
5. Within 1-3 days after operation, it is best not to use products such as alcohol, fruit acid and scrub.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
7. Avoid spicy and greasy food, stay up late, smoke and drink, eat more fruits and vegetables, light food.
8. Avoid three high food, mainly less greasy food.
9. Apply facial essence and eye essence.

## **Part II**

### **1. Detailed Operation**

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



## 1. Function Selection



Start/Pause



Time Adjustment



Time: decrease



Time: increase



Energy Level Selection ( 9 being the max)



Energy: increase



Energy: decrease



Mode Selection

## 2. Detailed Operation: Bio



Select to go to the interface below



Interface after adjustment of energy and mode



Energy level range: 0-9; it is advised to start with level 2-5 and add up slowly.



Mode A: intermittent, slow frequency



Mode B: intermittent, relatively fast frequency




Mode C: intermittent, fast frequency



Mode D: consecutive

### 3. Detailed Operation: 12-polar Vacuum RF



Select  to go to the interface below



Interface after adjustment of energy and mode



Suction time adjustment: it is advised to start with the lowest and add up slowly.



Suction Time: decrease



Suction Time: increase



Release time adjustment: it is advised adjust subjecting to your own comfort level. Release time is the interval between suction and release. 0 is direct suction.



Release Time: decrease



Release Time: increase

#### 4. Detailed Operation: 12-polar RF



Select to go to the interface below





Interface after adjustment of energy and mode



## 5. Detailed Operation: 5-polar RF



Select to go to the interface below



Interface after adjustment of energy and mode





## 6. Detailed Operation: 8-polar RF

Select  to go to the interface below



Interface after adjustment of energy and mode



## 7. Detailed Operation: 8-polar 40K cavitation



Select to go to the interface below



Interface after adjustment of energy and mode



## 2. Technical Parameters

Power supply Input:110V/220V 60HZ/50HZ  
Power Output: Max 110W

40K RF Cavitation Head  
Frequency: 40KHz  
Power: 45W

Vacuum+RF head:  
Power supply output: 66V  
Frequency: 3MHz  
Power:90W

12-polar RF head:  
Power supply output:66V  
Frequency:5MHz  
Power:50W

5 Polar RF for Body  
Frequency:1MHz  
Power:40W

Bipolar RF head FOr eye:  
Power supply output:66V  
Frequency:1MHz  
Power:30W

LED Laser  
Wavelength –635nm  
Energy output – 52 x5mW  
Power output consumption– 100VA

Red wavelength:650 - 730nm

## 3.Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are

as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Avoid wearing metal jewelry during operation.
8. It is not allowed to be use around metal, plastic, silicon and other parts embedded in the body.

#### **4.Dos and Dont's**

1. After each use of the instrument, please clean the treatment head with water and keep it properly.
2. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
3. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
4. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
5. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
6. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
7. Please remove all metal objects from your body before treatment, so as not to affect the curative effect due to unexpected conditions.
8. Do not use in the eyes, thyroid gland, parathyroid gland, testicles, pregnant woman's abdomen and atrial pulse generator.
9. Patients who are currently ill should also use this instrument with caution unless approved by a physician.
10. Please turn off the power switch of the instrument when no guest is using it, and make sure to turn off the main power of the instrument before leaving after daily use to ensure the safety of electrical products.
11. Use the instrument or train the operator strictly according to the instruction of the manual.
12. If you are taking other weight-loss drugs, it is recommended to stop taking the drugs for 1 to 2 months before you lose weight. If you want to lose weight immediately, you should extend the course of treatment
13. Do not use the instrument on an empty stomach. Only after at least 1 hour after a full meal can you carry out the weight-loss treatment.

14. During operation, the instrument should be in full contact with the skin to avoid uneven heating.
15. Start with the lowest energy at the beginning of operation, and gradually add energy after adaptation.
16. When using this instrument, the operating area must be kept moist and avoid dry skin operation.
17. After the operation, scrub the instrument with normal saline to ensure its cleanliness and extend its service life.
18. During operation, the laser plate must be fixed on the customer, and then start the instrument to adjust the energy. The energy should be adjusted slowly from low to high to make the customer feel warm and comfortable.
19. Apply products with high oil content and keep them moist.
20. During operation, the whole surface of the laser plate should be in full contact with the skin, not only with small area.
21. The laser board can also be used alone, fixed directly on the fat parts that need to lose weight. After adjusting the energy, it can be used. The combination of massage, RF and ultrasonic instrument operation is better.

## 5. Troubleshooting & Solutions

1. The instrument cannot be started, and the key light on the back of the instrument does not work.
  - A. Make sure the power cord is connected to A valid power socket.
  - B. Whether the fuse tube on the back of the instrument is loose or burnt out.
2. No RF output of the instrument?
  - A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
  - B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.
3. Weakened RF output?
  - A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
  - B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
  - C. Please check whether the product used is the adaptive product specified by the instrument.
4. No suction or very little suction?
  - A. Please close the instrument and check the filter element specially used for the instrument, which may need to be replaced.
  - B. Please check the rubber ring of the handle plug, because the rubber ring may be

worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot be handled, please contact the instrument dealer for assistance.

5, instrument can start, but the screen there is an error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

## 6.FAQs

1. How long does the RF work?

Answer: under normal circumstances cure that day and within a week, skin collagen tissue is heated and produce contractions, can obviously feel skin tight feeling, because radiofrequency is to stimulate subcutaneous tissue, sustainable collagen regeneration, so the more do the more obvious effect.

2. Is radiofrequency harmful to skin?

Answer: radiofrequency sends fight wrinkly it is to belong to project of blame operation, it is the collagen regeneration that stimulates skin bottom and metabolism, do not have any damage to the skin, just the skin after the operation is local calorific aglow, belong to haemal circulation to accelerate normal phenomenon, after a moment can be resolved by oneself, need not worry.

3. How long does the body firming project take?

A: one operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4. What are all the functions of this instrument?

Answer: dissolve fat to model smooth tender skin firming to lift and pull inverse age to resist decline, it can be operated all over the body, facial can build outline to alleviate wrinkle and saggy.The body can partially reduce weight and build S curve to promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Which is better, losing weight or liposuction with this machine?

Answer: the principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of local rapid thin body.Effective fast, the process needs anesthesia belongs to the

operation, there is recovery period, there are risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to make skin firmer and higher. By lifting, it can also shape perfect curves and increase women's sexy charm.

6. Will the project rebound after operation?

Answer: radio frequency dissolve fat to reduce weight, reduce hind not easy rebound. Because radiofrequency fat loss is fat, not water, the formation of fat is through a longer period of time to accumulate formation, so it is not easy to rebound.

7. Does this program require diet control?

Answer: need to control food a little, because finish radio frequency and ultrasonic after the project is blasting adipose and accelerate metabolism, avoid to eat acid and oily, Fried food, lest affect its metabolism, but proper motion sends sweat, make its smooth outside the body. Weight loss will be more obvious.

8. Does this program have any side effects on the body?

Answer: radio frequency hairdressing is plastic model is a kind of treatment that does not invade type, it is at present a most safe, effective hairdressing goes wrinkling tight send one of plastic model methods, generally speaking won't appear side effect. A small number of people may have transient redness or swelling that will disappear after a few hours or dry skin that will atrophy after the initial treatment. The skin will lose moisture due to radiofrequency heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9. Can the RF instrument be used for chest shaping?

Answer: as the growth of age and female physiology period influence, the influence of inferior health state, and gravity reason, lactation outside stimulation, a large number of nutrition material loss, cause collagen loss, blood flow decreases, make elastic tissue damage, ligament gland flabby, cause breast prolapse. Through radiofrequency energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Can ultrasound be operated all over the body?

Answer: ultrasound is break down fat cells, leading to cell wall is broken, and the fat out of cells by lymphatic absorption and metabolism, so power is very strong, the heart is more sensitive to sound waves, because the heart is a hollow organ, by acoustic vibration, due to muscle tissue and blood in the heart of a sound wave transmission is differ, bounces back and forth. This force can pull the valve away from the heart muscle. If directed at the eye, it can cause retinal detachment, so use ultrasound to avoid the area around the eye and near the heart. (lower back, chest not)



11. Does ultrasound have side effects on human body?

A: ultrasonic is, non-surgical, non-invasive, no need for surgery, no anesthesia of the project ultrasonic operation technology is: ultrasonic (mechanical wave) - cavitation fat - ultrasonic focus

The effect: broken fat -- dissolved fat -- tightens the sculpted form of the skin, so it's only for low-density fatty tissue, protecting high-density tissues like blood vessels and nerves, so it has no side effects on the body. Just the operation process will have a slight tinnitus phenomenon, belong to normal, do not worry.

12. Why do you have tinnitus?

Answer: ultrasonic wave vibrates the sound wave with a strong frequency higher than 20KHZ and focuses on the fat layer 20mm deep under the skin of the human body through ultrasonic wave. The concentrated ultrasonic wave can effectively produce high-speed friction and blasting fever between the fat cells in the focal area and thus break and emulsify. During this process, sound will be produced, so there will be slight tinnitus.

13. What is collagen?

Answer: collagen protein is a kind of biological macromolecule material, it is a kind of white opaque fibrous protein without branch chain, it can supplement the nutrition needed by each layer of the skin, enhance the activity of collagen in the skin, lock moisture, moisten the skin, delay senescence, beauty, improve facial relaxation, nourish hair and other effects. Collagen is a nutrient that the body must replenish to delay aging. As the growth of the age, the collagen will gradually erosion, women have begun to aging, after 20 years old, content is gradually decline, entering a loss peak, 25, 40, content is less than half of the age of 18, when old people face GouGou KanKan fold, collagen and moisture loss is to support the skin collagen fiber and elastic network fault, cause skin tissue by oxidation, atrophy, collapse, skin can appear dry, fold, flabby aging phenomenon such as inelastic, so, want to have to replenish collagen anti-aging.

14. Why do you need breast maintenance?

Answer: the lymphatic of bosom is the most, produce toxin accumulation very easily so, and urbanite life rhythm is very fast now, working pressure is very big also, can bring about the hyperplasia of different level. Say bosom is the cradle of the child ~ the garden of the woman ~~ is the symbol of our female! Maintain bosom to be able to make your figure more beautiful, plus your whole temperament, turn head rate increases 10 times certainly! Have figure to have temperament to go where husband to follow where!

The evolution of breast cancer: residual milk, secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15. Why do you need hip maintenance?

Answer: because do coxal maintain can help the body lymphatic discharge poison, improve the disease of department of gynaecology of the body, still can avoid coxal block to bring a few harm.Hip impassability, department of gynaecology must come, hip inside is pelvic cavity, bowel, connect above take vein, lumbar vertebra, sciatic nerve, in front is uterus ovary, accessory, connect below anus, vagina, inguinal lymphatic.

By the upper and lower coke meridian squeeze, hip most vulnerable to cold, wet and blood stasis.When coxal be affected by cold, can make coxal meridian contractive, appear dysmenorrhea, menstruation is not moved, menstruation color is dark, clot, classics blood not free.It also affects fertility.

16. How does negative pressure detoxify?

Answer: negative pressure can make capillary congestive, stimulate the cell to increase vitality, the inspiratory in the operation of negative pressure increase and disappear replacement, make local pores continue to open and close, promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste.So can be qi and blood circulation, by cold clearing damp, dredge channels and collaterals, remove poison xie heat and other effects.

17. Will laser fat rebound?

Answer: the adipose cell number inside body is fixed, constant after growing to adult as years old, the increase of weight is because adipose cell volume increased, laser dissolves fat to take out local adipose structure, reduce adipose volume, of course, phenomenon of rebound generation rarely after laser dissolves fat does not represent absolutely won't produce rebound phenomenon.Below general phenomenon, want food structure only reasonable, and not be all day eat and drink, won't produce rebound phenomenon.

18. Does laser weight loss require food control and exercise?

Answer: the effect that laser reduces weight is more remarkable, but everybody cannot blindly rely on laser to reduce weight only, for example, use laser to reduce weight to reach ideal limits inside, but later period does not pay attention to the control of food again, eat like a pig, bring about rebound very likely then.Remember, no weight-loss product is guaranteed to last forever.Therefore, laser weight loss is a kind of auxiliary weight loss method. When the weight reaches the ideal range, after stopping laser weight loss, we should also reasonably plan our own diet and exercise.

## 7. Packing List

1x 40KHz Cavitation RF Head

1 x 12 Polar RF Head for Body




1 x Five polar RF for face






1 x Bipolar RF Head for face and eye around

6 x Big paddle with 8 Light//Each 5mw

2 x Small paddle with 2 light//Each 5mw  
 1 x Holders for light paddles  
 1 x Power Supply Cord ( Both 110v and 220v voltage (frequency: 50/60Hz) version are available. Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)

## 8. Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<b>Facial Firming: 60 min, once a week</b>			
Rf energy: 3-8 - Mode: A  BIO energy: 2-8 - Mode: B	Makeup remover+cleanser+toner+massage cream+essence+device+ mask	<ol style="list-style-type: none"> <li>1. Remove makeups and cleanse face, 5 minutes.</li> <li>2. Apply toner, 2 minutes.</li> <li>3. Apply massage cream evenly on face, 3 times.</li> <li>4. Push the following acupoints (chengjiang point, dicang point, renzhong point, yingxiang point, jiache point, temple) , 3 times.</li> <li>5. Lift 4 facial areas alternately with both hands in left-right order (chin-back of the ear, corner of mouth-ear gate, wing of nose-temple, corner of eye-hairline), 3 times.</li> <li>6. Lift on 2 sides of face at the same time with both hands, 3 times.</li> <li>7. Lift hands on one side alternately, 3 times.</li> <li>8. Start from forehead, lift from middle of the</li> </ol>	<p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>


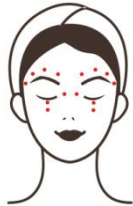
	<p>eyebrows to hairline with middle and ring fingers, 3 times.</p> <p>9. Overlap middle and ring fingers and move them in circular motions on forehead, 3 times.</p> <p>10. Lift and caress treatment area alternately with both hands, 3 times.</p> <p>11. Wash face clean, 2 minutes.</p> <p>12. Apply firming essence evenly on face, 2 minutes.</p> <p>13. RF device operation: start from chin, move the device in circular motions while middle and ring fingers move upwards in circles simultaneously on another side, 3 times.</p> <p>14. Exchange sides and repeat the previous operation, 3 times.</p> <p>15. Move the device in circles while move fingers in circles simultaneously on another side, 3 times.</p> <p>16. Exchange sides and repeat the previous operation.</p> <p>17. Lift face alternately with device on one side and hand on another side of the face, 3 times.</p> <p>18. Exchange side and repeat the previous operation.</p> <p>19. Lift towards hairline with both hands alternately on forehead, 3 times.</p> <p>20. BIO operation is the same as the above.</p> <p>21. Caress treatment area</p>	 <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13、14、15、16</p>  <hr/> <p>Technique 17、18</p>  <hr/> <p>Technique 19</p>  <hr/>
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		<p>alternately with both hands, 3 times.</p> <p>22. Wash face clean, 2 minutes.</p> <p>23. Apply firming essence evenly, 2 minutes.</p> <p>24. Apply firming face mask, 15 minutes.</p> <p>25. Take off masks and wash face clean, 2 minutes.</p> <p>26. Apply toner, essence, eye essence, facial cream, and sunscreen.</p>	
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**Suggested Treatment:**

10 times for a period of treatment, and once after a finish skin tight feeling, after a period of treatment brightens the skin, repair the skin barrier, two treatment increase the elasticity of skin, increase skin metabolism and detoxification, help fade out pigment, and dark skin, sensitive skin can increase skin resistance, reduce the chances of sensitive and three courses down stable state of skin, prevent skin flabby aging, repair skin contour.

## Eyes Wrinkle Removal: 60min, once a week

<p>Bio energy: 3-8</p> <p>Mode: A</p>	<p>Makeup oil+cleanse r+toner+eye essence+device+eye mask</p>	<ol style="list-style-type: none"> <li>1. Wash face clean, 2 minutes.</li> <li>2. Apply toner, 2 minutes.</li> <li>3. Apply eye essence evenly on eyes in circular motion, 1 minute.</li> <li>4. Push the following acupoints(jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point) using middle and ring fingers, 3 times.</li> <li>5. Move hands in circular motion on eyes and push temples, 3 times.</li> <li>6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</li> </ol>	<p>Technique 3、5、10、11</p>  <p>Technique 4</p>  <p>Technique 6</p>
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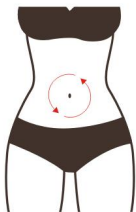
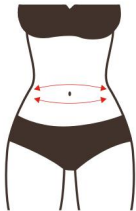
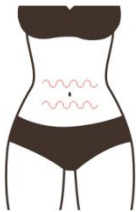
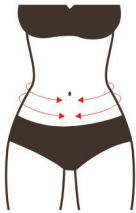
		<p>7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>8. Lift eye corners with “scissor” hand gesture, 3-5 times.</p> <p>9. Repeat the previous operation on another side, 3 times.</p> <p>10. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>11. Move hands on eyes as if writing an “8” number, 3 times.</p> <p>12. Eye RF device operation: move the device in small circles from lower eyelids to temple, 3-5 times.</p> <p>13. Combined with hands: lift from lower eyelids to temple, 3-5 times.</p> <p>14. Lift the device from beginning till the end of eyebrow, 3-5 times.</p> <p>15. Move the device as if writing an “8” number on temple.</p> <p>16. Combined with hands: Lift from lower eyelids to temple, 3-5 times.</p> <p>17. Apply eye mask, 15 minutes.</p> <p>18. Take off masks and wash face clean, 2 minutes.</p> <p>19. Apply toner, essence, eye essence, facial cream, and sunscreen.</p>	 <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8、 9</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 13、 16</p>  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 15</p> <p>Operate as if writing an “8” number on temple</p>
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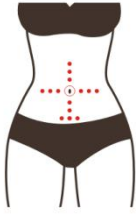

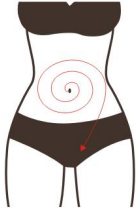
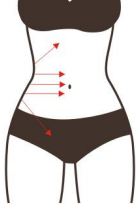
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**Suggested Treatment:**



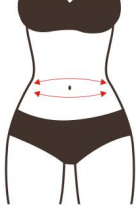

Ten sessions for one treatment. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one session, it lightens fine lines, dark circles under the eyes and brightens the skin. After three treatments, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

**Body-shaping on Waist&Abdomen: 60 min, once a week**

<p>Ultrasonic Energy: 3-8</p> <p>Mode: A</p> <p>RF Energy: 3-8</p> <p>Mode: A</p> <p>Laser Paddle Energy:</p> <p>Mode: C</p>	<p>Massage cream+gel +device</p>	<ol style="list-style-type: none"> <li>1. Apply and rub oil on abdomen with hands, 3 times.</li> <li>2. Rub stomach back and forth with both hands, 3-5 times.</li> <li>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</li> <li>4. Lift daimai on both sides of waist with both hands alternately, 16 times.</li> <li>5. Move hands as if writing an "8" number on waist, 3 times.</li> <li>6. Overlap hands and message the intestinal canal clockwise, 3 times.</li> <li>7. Move hands in circular motion and caress the treatment area, 3 times.</li> <li>8. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</li> </ol>	<p>Technique 1、 7</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p> 
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	<p>9. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Ultrasonic device operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>12. Repeat the previous operation on another side, 3 times.</p> <p>13. Move the device on abdomen in small circular motions, 3 times.</p> <p>14. Move the device on abdomen in big circular motions, 3 times.</p> <p>15. Starting from daimai on one side of the waist, lift the device to another side of the waist back and forth, 3 times.</p> <p>16. Move the device on waist and abdomen vertically back and forth.</p> <p>17. Negative pressure RF operation: set it to direct suction mode, lift the device on one side of the waist to abdomen, 3 times.</p> <p>18. Repeat the previous operation on another side.</p> <p>19. Lift daimai horizontally back and forth, 3 times.</p> <p>20. Lift the device on sides of the waist vertically back and forth to shape the body.</p> <p>21. Move the device on</p>	<p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10、 21</p>  <hr/> <p>Technique 11、 12、 17、 18、 22</p>  <hr/> <p>Technique 13</p>
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		<p>abdomen in big circular motion, 3 times.</p> <p>22. Lift the device from one side of the waist to abdomen, 3 times.</p> <p>23. Fixate the paddle on waist and abdomen, around 20 minutes.</p> <p>24. Take the paddle off.</p>	 <hr/> <p>Technique 14</p>  <hr/> <p>Technique 15、 19</p>  <hr/> <p>Technique 16、 20</p>  <hr/>
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**Suggested Treatment:**

Ten times for a period of treatment, once done, abdomen is heating, accelerate metabolism, fat metabolism, slowly after a period of treatment to thin body, improve constipation and other issues at the same time, the effect after the two course gradually obvious, the skin to ascend, the skin collagen increased, improve stretch marks and flabby skin, reinforce effect, after the three course redundant adipose gradually disappear, lumbar abdomen curve shape, build small pretty waist.

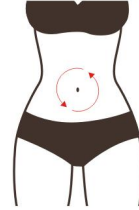
## Warm Womb & Detoxification: 60 min, once a week

RF Energy:  
3-8  
Mode:A  
  
Negative  
Pressure  
Energy:  
3-8  
Suction: 3-8  
Release: 0-6

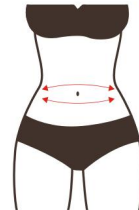
Massage  
cream+gel  
+device

1. Apply and rub oil on treatment area with hands, 3 times.
2. Rub stomach back and forth with both hands, 3-5 times.
3. Lift daimai on both sides of waist with both hands alternately, 16 times.
4. Move hands as if writing an "8" number on waist, 3 times.
5. Push channels and collaterals from top to bottom with hands alternately (ren mai -- open 2 inches of kidney channels -- open 4 inches of stomach channels -- open 6 inches of spleen channels -- open 8 inches of liver channels -- open gallbladder channels on both sides) for 3 times)
6. Move hands in circular motion and caress the treatment area, 3 times.
7. Rub hands together until they're warm and put them on lower abdomen.
8. RF device operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.
9. Move the device on abdomen in small circular motions, 3 times.
10. Move the device on abdomen in big circular motions, 3 times.

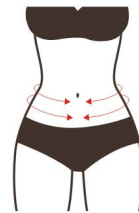
Technique 1、 6



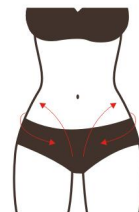
Technique 2



Technique 3、 12



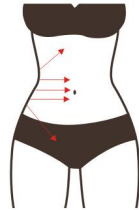


Technique 4



Technique 5、 11



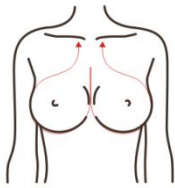
Technique 8

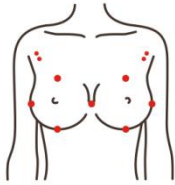
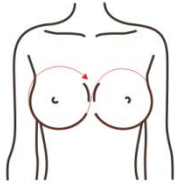
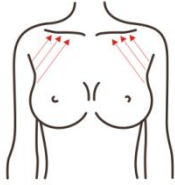
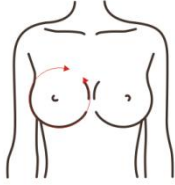
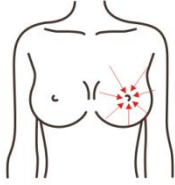
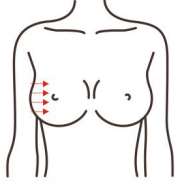
		<p>11. Push the device on abdomen through channels in bottom-up order to groin, 3 times.</p> <p>12. Combined with hands: lift daimai on two sides of the waist, 16 times.</p> <p>13. Move the device on abdomen in small circles, 3-5 times.</p> <p>14. Negative pressure RF operation is the the same as the above.</p>	 <hr/> <p>Technique 9、 13</p>  <hr/> <p>Technique 10</p> 
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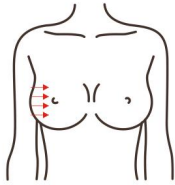
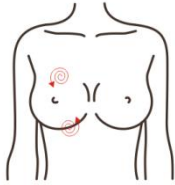

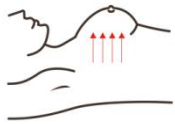
**Suggested treatment:**

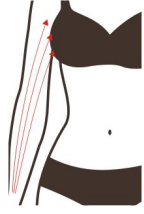

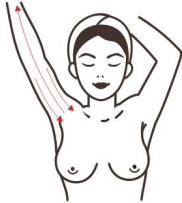
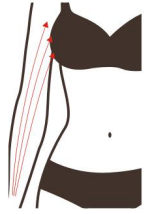
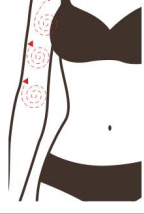

Ten times for a period of treatment, once done abdominal temperature increase, dredge meridian, metabolism to speed up after a period of treatment, improve constipation, dysmenorrhea, menstrual flow and close to normal after the two course, improve the cold feet, strengthens the function of warm nest after three course, rosy, regulate the female reproductive system problems, reduce leucorrhea, increased vaginal secretion, delay the menopause, anti-aging.


**Body-shaping on Breasts: 45 min, once a week**

<p>RF Energy: 3-8</p>	<p>Massage cream+gel +device</p>	<p>1. Stand at the head of the bed, both hands from shan zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.</p> <p>2. Both hands thumb point: shanzhong, rugen, dabao,</p>	<p>Technique 1、 3、 6、 10</p>  <hr/> <p>Technique 2</p>
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	<p>yingchuang, zhongfu, yunmen, 3 times.</p> <p>3. Caress the treatment area, 3 times.</p> <p>4. Overlap both palms from shan zhong point to chest both sides back and forth as if writing an “8” number, 3 times</p> <p>5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Radio frequency instrument operation: first left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p>	 <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7、13</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 12</p>
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		<p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with his arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p>	 <p>Technique 14</p>  <p>Technique 15</p>  <p>Technique 16</p> 
<p><b>Suggested Treatment:</b>  10 times for a course of treatment, after a complete chest fever to promote blood circulation, see a certain improvement effect, a course of treatment the effect is more obvious, improve the nodules. Three courses of skin firming and consolidation, increase the elasticity of the chest. Regulating endocrine makes women more attractive.</p>			
<p><b>Body-Shaping on Arms: 60 min, once a week</b></p>			
<p>RF Energy: 3-8 Mode: A  Ultrasonic Energy:</p>	<p>Massage cream+gel +device</p>	<p>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. 2. Push the entire arm with</p>	<p>Technique 1、 2、 3、 4、 5、 6</p>


<p>3-8 Mode: B</p> <p>Laser Paddle: 3-9 Mode: C</p>	<p>both palms, 3 times.</p> <p>3. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjing) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Repeat the previous operation on another side.</p> <p>11. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>12. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>13. You may double the operation on flabby arms, 3 times.</p> <p>14. Trace three channels to</p>	 <hr/> <p>Technique 7、 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 12、 15</p>  <hr/> <p>Technique 13、 14</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 18</p>
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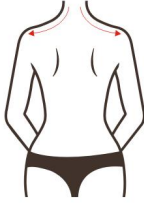
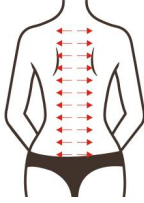
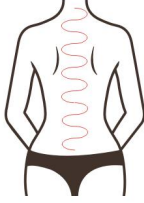
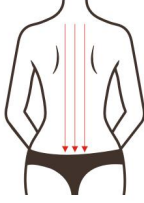
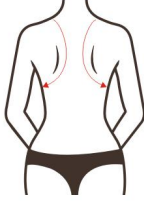

		<p>armpit, 3 times.</p> <p>15. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>16. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>17. Trace three channels from upper arm to armpit.</p> <p>18. Repeat the previous operation with ultrasonic operation.</p> <p>19. Repeat the previous operation on another side.</p> <p>20. Fixate the paddle on fat part of the arm, around 20 minutes.</p> <p>21. Take the paddle off.</p>	
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**Suggested Treatment:**

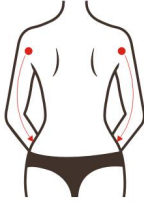
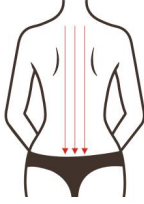

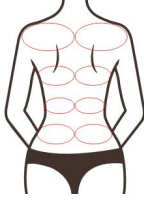
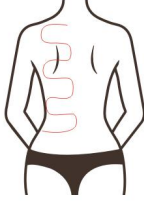
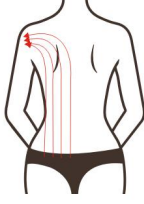
Ten times for a course of treatment. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment down arm excess fat began to reduce, the skin began to close to full, two courses of treatment began to model, strengthen the effect, dredging meridian, enhance the physique. Three courses consolidate stability and prevent rebound.

**Body-Shaping on Back: 60 min, once a week**

<p>RF Energy: 3-8 Mode: A</p> <p>Negative Pressure Energy: 3-8 Suction:3-8</p>	<p>Essential oil+gel+device</p>	<ol style="list-style-type: none"> <li>1. Apply oil on back and press Fengchi and fengfu points.</li> <li>2. (Starting from hairline) stroke badanjin with thumb, 3-5 times.</li> <li>3. Move thumb outwards from panguangjin to baliao area and then to fengchi</li> </ol>	<p>Technique 1、 10</p>  <p>Technique 2、 15、 25</p>
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<p>Release:0-6</p> <p>Laser Paddle: 3-9</p> <p>Mode: C</p>	<p>and fengfu point.</p> <p>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> <p>5. Push pangguangjin with thumb in left-right order, 3 times.</p> <p>6. Push pangguangjin to baliao area with both thumbs, at the same time, 3 times.</p> <p>7. Push pangguangjin in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push fengchi and fengfu points, 3 times.</p> <p>11. Overlap both thumbs and push tianzhong point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>14. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>15. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>16. Lift the device on</p>	 <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5、6、7</p>  <p>Technique 8、16、26</p>  <p>Technique 9</p>  <p>手法 11、12</p>
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	<p>scapula slot in left-right order, 3-5 times.</p> <p>17. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> <p>18. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>19. Starting from neck, slide the device from dumai and panguangjin to baliao area, 3-5 times.</p> <p>20. Negative Pressure RF Operation: starting from neck, slide the device from dumai and panguangjin to baliao area.</p> <p>21. Move the device in circular motion on dazhui point and baliao area, 3 times.</p> <p>22. Combine device with hands, lift the device and hands from armpits to dumai and waist, 3 times.</p> <p>23. Move the device from bottom back to armpits in annular motion and left-right order, 3 times.</p> <p>24. Lift the device upwards to armpits on sides of the waist, 3-5 times.</p> <p>25. Lift dabanjin horizontally back and forth, 3-5 times.</p> <p>26. Lift scapula slots back and forth, 3-5 times.</p> <p>27. Fixate the paddle on fat part of the back, around 20 minutes.</p> <p>28. Take the paddle off.</p>	 <hr/> <p>Technique 13、 19、 20</p>  <hr/> <p>Technique 14、 21</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18、 23</p>  <hr/> <p>Technique 24</p>  <hr/>
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**Suggested Treatment:**

10 times for a period of treatment, once done back significantly relaxed, can alleviate neck stiffness, lift skin, a course of down to shoulder to relax, back fat loss, ease the wealth package, the back line, improve the riches and honour after the two course package, dredge meridians, regulate sub-health, improve sleep, three courses down back thinning, line is good-looking, viscera function, improves digestion, detoxification and metabolism, (a period of treatment to reduce size, two courses of strengthening effect, three courses of consolidation does not rebound)

**Body-Shaping on Buttocks: 60 min, once a week**

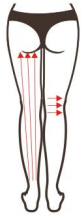



<p>RF Energy: 3-8 Mode A</p> <p>Ultrasonic Energy: 3-8 Mode: B</p> <p>Laser Paddle Energy: 3-9</p>	<p>Massage cream+gel +device</p>	<ol style="list-style-type: none"> <li>1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</li> <li>2. Repeatedly push ba liao zone with two thumbs.</li> <li>3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang qiang", "huan tiao" and "cheng fu", 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> <li>5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each.</li> <li>6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each.</li> </ol>	<p>Technique 1、4、10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 5、12、15</p>  <hr/> <p>Technique 6</p>
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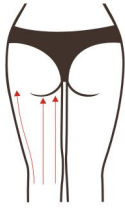

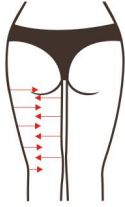
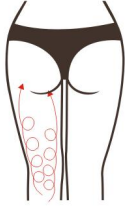
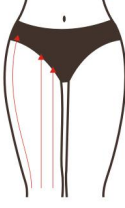

	<p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Operation of radio frequency instrument: lift from the thigh root to the vein line by line, 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5 times.</p> <p>15. Lift 3 times from thigh root to vein.</p> <p>16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>17. The technique on the other side is the same as above.</p> <p>18. Ultrasonic operation method is the same as above.</p> <p>19. Fixate the laser plate on t fat part of buttocks ,about 20 minutes</p> <p>20. Remove the laser plate.</p>	 <hr/> <p>Technique 8、 13、 16</p>  <hr/> <p>Technique 14</p>  <hr/>
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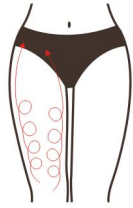
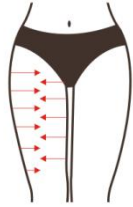
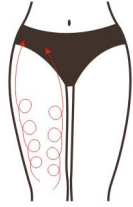
**Suggested Treatment:**

10 times for a course of treatment, after a complete hip promotion, hip fever, after a course of treatment began to obvious lines, excess fat slowly disappeared, the skin became tight, after three courses of treatment to improve the body cold and uterine cold gynecological problems, menstruation returned to normal, consolidate the effect, increase the female sex appeal.

**Body-Shaping on Legs: 60 min, once a week**

<p>Negative Pressure RF Energy: 3-8 Suction: 3-8 Release: 0-6</p> <p>Ultrasonic Energy: 3-8 Mode: A</p> <p>Laser Paddle Energy: 3-8 Mode: A</p>	<p>Essential oil+gel+dev ice</p>	<ol style="list-style-type: none"> <li>1. Left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</li> <li>2. Move hands upwards to four main collateral channels(pangguangjin-she njin-ganjin-danjin) with fingers spread and hukou pointing upwards.</li> <li>3. Push hands alternately to popliteal fossa, 3 times.</li> <li>4. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</li> <li>5. Caress the treatment area, 3 times.</li> <li>6. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</li> <li>7. Caress the treatment area, 3 times.</li> <li>8. Repeat the previous operation on another side.</li> <li>9. Ultrasonic device operation: move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</li> <li>10. Move the device in</li> </ol>	<p>Technique 1、 2、 3、 5、 6、 7、 8、 9</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 10、 17</p>  <hr/> <p>Technique 11、 16、 18</p>  <hr/> <p>Technique 12、 14、 19</p>
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	<p>circular motion on calf, 3 times.</p> <p>11. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>12. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>13. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>14. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>15. Move the device on thigh in circular motions, 3-5 times.</p> <p>16. Negative pressure RF operation(combined with hands): lift the device from heel to popliteal fossa, 3 times.</p> <p>17. Move the device on calf in circular motions, 3 times.</p> <p>18. Move the device upwards and downwards on calf, 3-5 times.</p> <p>19. Lift the device from popliteal fossa to the end of thigh, 3 times.</p> <p>20. Lift the device from popliteal fossa to the end of thigh, 3 times.</p> <p>21. Lift the device from sides of leg to the middle, 3-5 times.</p> <p>22. Lift the device in annular motion on both sides of the leg, 3 times.</p> <p>23. Repeat the previous</p>	 <p>Technique 13、 15、 20</p> <hr/>  <p>Technique 21</p> <hr/>  <p>Technique 22</p> <hr/>  <p>Technique 26、 27、 28、 31、 34、 36</p> <hr/>  <p>Technique 32、 37</p> <hr/>  <p>Technique 33</p>
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	<p>operation on another leg.</p> <p>24. Fixate the paddle on pat part of the leg, around 20 minutes.</p> <p>25. Take the paddle off.</p> <p>26. Foreleg: rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>27. Move hands upwards to four main collateral channels(pijing-weijing-ganjing-danjing) with fingers spread and hukou pointing upwards, 3 times.</p> <p>28. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>29. Ultrasonic device operation: Lift the device towards knee while tracing 3 collaterals, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>30. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>31. Lift the device from knee to thigh root in lines, 3 times.</p> <p>32. move Move the device in small circles on thigh, 3 times.</p> <p>33. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>34. Lift the device from knee to thigh root in lines, 3 times.</p>	 <hr/> <p>Technique 38</p>  <hr/> <p>Technique 39</p> 
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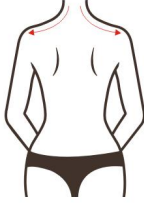
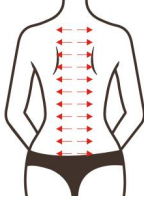
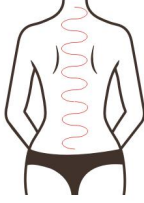
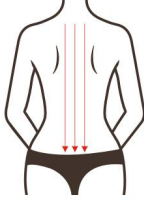
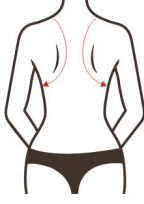
		<p>35. Negative Pressure RF operation: calf operation is the same as the above. (start from thigh if there's not enough unwanted fat on calf.)</p> <p>36. Lift the device from knee to thigh root in lines, 3 times.</p> <p>37. Move the device in small circles on thigh, 3 times.</p> <p>38. Lift the device from knee to thigh root in lines, 3 times.</p> <p>39. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>40. Repeat the previous operation on another side.</p> <p>41. Fixate laser paddle on fat part of legs, around 20 minutes.</p> <p>42. Take off the laser paddle.</p>	
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**Suggested Treatment:**


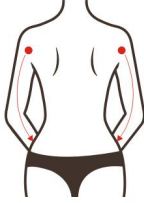
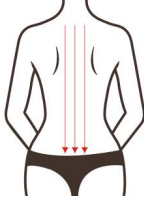
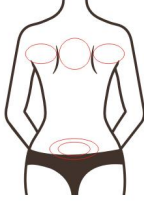
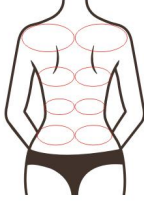
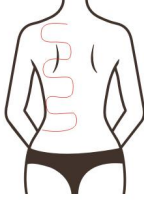
10 times for a course of treatment, after a course of treatment leg is relaxed, circulation is accelerated, a course of treatment leg becomes thin, skin collagen tissue because of heat and produce tightening effect, can obviously feel skin tight feeling, two course of treatment leg is fine tight effect obvious, three course of treatment consolidate effect. Super radiofrequency + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

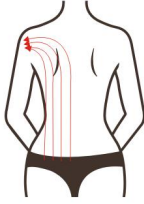
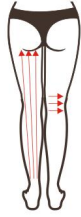



**Body-Shaping&Slimming: 180 min, once a week**

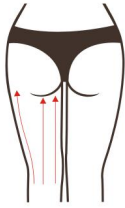

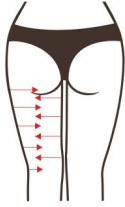
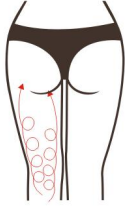

RF energy level:3-8 Mode: A Negative	Essential oil (massage cream) + gel +	1. Apply oil on back and press Fengchi and fengfu points. 2. (Starting from hairline) stroke badanjin with thumb,	Technique 1、 10
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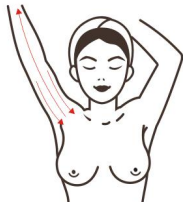
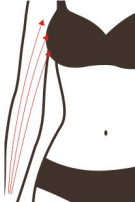
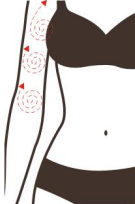

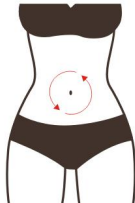
<p>Pressure RF device energy level: 3-8 Suction: 3-8 Release:0-6</p> <p>Ultrasonic energy level:3-8 Mode: A</p> <p>Laser paddle energy level: 3-8 Mode: A</p>	<p>device</p>	<p>3-5 times.</p> <p>3. Move thumb outwards from pangguangjin to baliao area and then to fengchi and fengfu point.</p> <p>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> <p>5. Push pangguangjin with thumb in left-right order, 3 times.</p> <p>6. Push pangguangjin to baliao area with both thumbs, at the same time, 3 times.</p> <p>7. Push pangguangjin in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push fengchi and fengfu points, 3 times.</p> <p>11. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>14. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p>	<div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 2、 15、 25</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 3</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 4</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 5、 6、 7</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 8、 16、 26</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 9</p>
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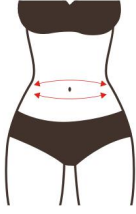
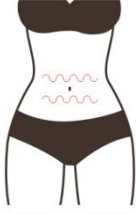
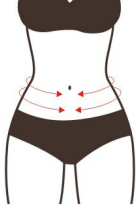


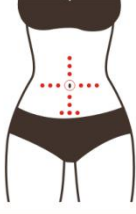




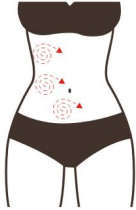

	<p>15. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>16. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>17. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> <p>18. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>19. Starting from neck, slide the device from dumai and panguangjin to baliao area, 3-5 times.</p> <p>20. Negative Pressure RF Operation: starting from neck, slide the device from dumai and panguangjin to baliao area.</p> <p>21. Move the device in circular movement on dazhui point and baliao area, 3 times.</p> <p>22. Combine device with hands, lift the device and hands from armpits to dumai and waist, 3 times.</p> <p>23. Move the device from bottom back to armpits in annular motion and left-right order, 3 times.</p> <p>24. Lift the device upwards to armpits on sides of the waist, 3-5 times.</p> <p>25. Lift dabanjin horizontally back and forth, 3-5 times.</p> <p>26. Lift scapula slots back and forth, 3-5 times.</p> <p>27. Fixate the paddle on fat</p>	 <hr/> <p>Technique 11、 12</p>  <hr/> <p>Technique 13、 19、 20</p>  <hr/> <p>Technique 14、 21</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18、 23</p>  <hr/> <p>Technique 法 24</p>
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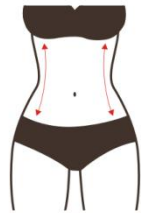
	<p>part of the back, around 20 minutes.</p> <p>28. Take the paddle off.</p> <p>29. Leg, left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>30. Move hands upwards to four main collateral channels(panguangjin-shenjin-ganjin-danjin) with fingers spread and hukou pointing upwards.</p> <p>31. push hands alternately to popliteal fossa, 3 times.</p> <p>32. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>33. Caress the treatment area, 3 times.</p> <p>34. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>35. Caress the treatment area, 3 times.</p> <p>36. Repeat the previous operation on another side.</p> <p>37. Ultrasonic device operation: move the device from popliteal fossa to panguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>38. Move the device in circular motion on calf, 3 times.</p> <p>39. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>40. Push from popliteal fossa tracing 4 main collateral channels to the</p>	 <hr/> <p>Technique 29、30、31、33、34、35、36、37</p>  <hr/> <p>Technique 32</p>  <hr/> <p>Technique 38、45</p>  <hr/> <p>Technique 39、42、44</p>  <hr/> <p>Technique 40、46、47</p>
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	<p>end of thigh, 3 times.</p> <p>41. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>42. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>43. Move the device on thigh in circular motions, 3-5 times.</p> <p>44. Negative pressure RF operation(combined with hands): lift the device from heel to popliteal fossa, 3 times.</p> <p>45. Move the device on calf in circular motions, 3 times.</p> <p>46. Move the device upwards and downwards on calf, 3-5 times.</p> <p>47. Lift the device from popliteal fossa to the end of thigh, 3 times.</p> <p>48. Move the device in circular motions on thigh, 3 times.</p> <p>49. Lift the device from sides of leg to the middle, 3-5 times.</p> <p>50. Lift the device in annular motion on both sides of the leg, 3 times.</p> <p>51. Repeat the previous operation on another leg.</p> <p>52. Fixate the paddle on pat part of the leg, around 20 minutes.</p> <p>53. Take the paddle off.</p> <p>54. Arms, left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and</p>	 <hr/> <p>Technique 41、 43、 48</p>  <hr/> <p>Technique 49</p>  <hr/> <p>Technique 50</p>  <hr/> <p>Technique 54、 55、 56、 57、 58、 59</p>  <hr/> <p>Technique 60、 61</p>
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	<p>slide to the fingers, 3 times.</p> <p>55. Push the entire arm with both palms, 3 times.</p> <p>56. Push hands upwards tracing three main collateral channels(dachangjing-sanjiao jing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>57. Caress the treatment area, 3 times.</p> <p>58. Tracing and rubbing three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>59. Caress the treatment area, 3 times.</p> <p>60. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjing) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>61. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>62. Caress the treatment area and slide to fingers.</p> <p>63. Repeat the previous operation on another side.</p> <p>64. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>65. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>66. You may double the</p>	 <hr/> <p>Technique 62</p>  <hr/> <p>Technique 65、 68</p>  <hr/> <p>Technique 66、 67</p>  <hr/> <p>Technique 69、 71</p>  <hr/> <p>Technique 76、 82</p>  <hr/> <p>Technique 77</p>
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	<p>operation on flabby arms, 3 times.</p> <p>67. Trace three channels to armpit, 3 times.</p> <p>68. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>69. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>70. Trace three channels from upper arm to armpit.</p> <p>71. Repeat the previous operation with ultrasonic operation.</p> <p>72. 上 Repeat the previous operation on another side.</p> <p>73. Fixate the paddle on fat part of the arm, around 20 minutes.</p> <p>74. Take the paddle off.</p> <p>75. Waist and abdomen: apply and rub oil on abdomen with hands, 3 times.</p> <p>76. Rub stomach back and forth with both hands, 3-5 times.</p> <p>77. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>78. Lift daimai on both sides of waist with both hands alternately, 16 times.</p> <p>79. Move hands as if writing an "8" number on waist, 3 times.</p> <p>80. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>81. Move hands in circular</p>	 <p>Technique 78</p>  <p>Technique 79</p>  <p>Technique 80</p>  <p>Technique 81</p>  <p>Technique 83</p>  <p>Technique 84</p>
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		<p>motion and caress the treatment area, 3 times.</p> <p>82. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</p> <p>83. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>84. Caress the treatment area with hands and slide to groin.</p> <p>85. Ultrasonic device operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>86. Repeat the previous operation on another side, 3 times.</p> <p>87. Move the device on abdomen in small circular motions, 3 times.</p> <p>88. Move the device on abdomen in big circular motions, 3 times.</p> <p>89. Starting from daimai on one side of the waist, lift the device to another side of the waist back and forth, 3 times.</p> <p>90. Move the device on waist and abdomen vertically back and forth.</p> <p>91. Negative pressure RF operation: set it to direct suction mode, lift the device on one side of the waist to abdomen, 3 times.</p> <p>92. Repeat the previous</p>	 <p>Technique 85、 96</p>  <p>Technique 86、 87、 92、 93、 97</p>  <p>Technique 88</p>  <p>Technique 89</p>  <p>Technique 90、 94</p>  <p>Technique 91、 95</p>
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		<p>operation on another side.</p> <p>93. Lift daimai horizontally back and forth, 3 times.</p> <p>94. Lift the device on sides of the waist vertically back and forth to shape the body.</p> <p>95. Move the device on abdomen in big circular motion, 3 times.</p> <p>96. Lift the device from one side of the waist to abdomen, 3 times.</p> <p>97. 右 Fixate the paddle on waist and abdomen, around 20 minutes.</p> <p>98. Take the paddle off.</p>	
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**Suggested Treatment:**







Ten times for a period of treatment, once finished body relax, blood circulation is accelerated, the skin will be tight feeling, after a course of metabolism of fat place slowly, slowly decrease, proliferation of collagen, firming skin, after two courses of proud flesh parts tightening, fat size, shape, three consolidation effect after treatment, sculpture, building S curve.





**Facial Care: 100 minutes, once a week**

<p>Facial RF Energy: 3-8 Mode: A</p> <p>BIO Energy: 3-8 Mode: B</p>	<p>Makeup oil+Cleanse r_message cream+dev ice+Essenc e+mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeups and cleanse face, 5 minutes.</li> <li>2. Apply toner, 2 minutes.</li> <li>3. Apply message cream evenly on face, 3 times.</li> <li>4. Push the following acupoints (chengjiang point, dicang point, renzhong point, yingxiang point, jiache point, temple) , 3 times.</li> <li>5. Lift 4 facial areas alternately with both hands in left-right order (chin-back of the ear, corner of</li> </ol>	<p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 8</p>
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	<p>mouth-ear gate, wing of nose-temple, corner of eye-hairline), 3 times.</p> <p>6. Lift on 2 sides of face at the same time with both hands, 3 times.</p> <p>7. Lift hands on one side alternately, 3 times.</p> <p>8. Start from forehead, lift from middle of the eyebrows to hairline with middle and ring fingers, 3 times.</p> <p>9. Overlap middle and ring fingers and move them in circular motions on forehead, 3 times.</p> <p>10. Lift and caress treatment area alternately with both hands, 3 times.</p> <p>11. Clean face clean, 2 minutes.</p> <p>12. Apply toner, 2 minutes.</p> <p>13. Apply eye essence evenly on eyes in circular motion, 1 minute.</p> <p>14. Push the following acupoints(jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point) using middle and ring fingers, 3 times.</p> <p>15. Move hands in circular motion on eyes and push temples, 3 times.</p> <p>16. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>17. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3</p>	 <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13、15、20、21</p>  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 16</p>
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		<p>times.</p> <p>18. Lift eye corners with “scissor” hand gesture, 3-5 times.</p> <p>19. Repeat the previous operation on another side.</p> <p>20. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>21. Move hands on eyes as if writing an “8” number, 3 times.</p> <p>22. Apply firming essence evenly on face, 2 minutes.</p> <p>23. RF device operation: start from chin, move the device in circular motions while middle and ring fingers move upwards in circles simultaneously on another side, 3 times.</p> <p>24. Exchange sides and repeat the previous operation, 3 times.</p> <p>25. Move the device in circles while move fingers in circles simultaneously on another side, 3 times.</p> <p>26. Exchange sides and repeat the previous operation.</p> <p>27. Lift face alternately with device on one side and hand on another side of the face, 3 times.</p> <p>28. Exchange side and repeat the previous operation.</p> <p>29. Lift towards hairline with both hands alternately on forehead, 3 times.</p> <p>30. Caress the treatment area with hands in four lines.</p>	 <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18、 19</p>  <hr/> <p>Technique 23 、 24、 25、 26</p>  <hr/> <p>Technique 27、 28、 30</p>  <hr/> <p>Technique 29</p>  <hr/> <p>Technique 31、 35</p>
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	<p>31. Apply eye essence evenly with hands circling on eye area, 2 minutes.</p> <p>32. Eye RF device operation: move the device in small circles from lower eyelids to temple.</p> <p>33. Combined with hands: lift from lower eyelids to temple, 3-5 times.</p> <p>34. Lift the device from beginning till the end of eyebrow, 3-5 times.</p> <p>35. Move the device as if writing an "8" number on temple.</p> <p>36. Combined with hands: Lift from lower eyelids to temple, 3-5 times.</p> <p>37. Wash clean face, including eye area, 2 minutes.</p> <p>38. Apply firming essence and eye essence evenly, 2 minutes,</p> <p>39. Apply both eye and face mask (avoid contact with eyes; cut some off if necessary), 15 minutes.</p> <p>40. Take off masks and wash face clean, 2 minutes.</p> <p>41. Apply toner, essence, eye essence, facial cream, and sunscreen.</p>	 <hr/> <p>Technique 32</p>  <hr/> <p>Technique 33、 36</p>  <hr/> <p>Technique 34</p>  <hr/> <p>Technique 35 Move the device as if writing an "8" number on temple.</p>
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**Suggested Treatment:**

Ten times is one treatment course. After one treatment, the skin will be firm, tender, delicate and smooth, and the eyes will be elevated to accelerate the blood circulation and lymph circulation of the eyes. After one session, it lightens fine lines, dark circles under the eyes and brightens the skin. After two treatments, the overall skin is smooth, firm and elastic, and the double chin is improved. Prevent and delay skin aging, relaxation and sagging after three treatment courses, and restore skin to its youthful state.