

User Manual

WL-VS1000B



Preface

Dear Users:

We're pleased to present to you WL-VS1000B. Equipped with multifunctions, it adopts the theory of vacuum therapy and microcurrent technology, mainly targeting at health problems like neck and shoulder strain, sagging breasts, gynecological problems and so on. Various effects are achieved with the help of high-end technology, such as expelling dampness, dispelling coldness, dredging meridians and resolving toxins. JS3000B works on maintaining beauty and wellness of human body and is for professional use only, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this manual thoroughly and apply with the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

EMS and scraping machines are currently the most popular instruments that focus on dredging meridians, expelling dampness, resolving toxins and shaping body. It's an effective replacement for manual scraping, cupping and breast enlargement in beauty parlors. It's easy and convenient to use, and solves a wide range of body-managing issues for beauty-lovers. It requires no injection, no medication, no surgeries, and has no side effects. Moreover, it is used externally and has immediate effects, therefore can be considered as both safe and effective. By utilizing EMS technology, it relaxes muscles, increases blood circulation on treatment area, prevents muscle atrophy, relieves muscle spasm and boosts metabolism. At the same time, other integral parts like vacuum cups and vacuum metal heads can be used for scraping and cupping, thus achieving effects like detoxification, expelling dampness, dispelling coldness, and fatigue relieving.

Advantages

1. Various issues can be addressed, such as fatigue, soreness, swelling, and flat chest, etc.
2. Strong vacuum pump with low noise and various modes; Designed to fit different breast shapes; good quality.
3. Professional vacuum metal heads can remove toxins and moisture from the body by suction in no time.
4. Wide range of treatments with visible effects; no consumption, low costs, and quick returns.
5. Easy, quick and convenient to operate. No surgeries, no anesthesia, no pain and no downtime.
6. Equipped with various vacuum cups for different needs.
7. EMS initiates muscle contraction using electronic impulses for better muscle growth, and relieves skin sagging caused by muscle flaccidity.
8. Vacuum metal heads lymph node detoxification, cupping, breast enlargement and EMS patch are four perfect combination, which come with more rapid and effective detoxification, shaping and building a strong body.

Facial Care

Working Principle

Vacuum Cup: Face

Use vacuum suction head directly on the facial skin to achieve deep cleansing effect. (Vacuum/negative pressure: lower than normal pressure, the use of negative pressure is very common. People often make a part of the space appear negative pressure so we can use the ubiquitous atmospheric pressure. For example, when people breathe, negative pressure occurs when the lungs are in the expansion state, forming a pressure difference between the inside and outside of the lungs. Fresh air is pressed into the lungs.) Negative pressure cleaning is the use of such a principle in the state of no pain, deep cleaning pores of black head, white head, oil and dirt residue.

Metal Scraping Head

Massage the skin and muscles by special negative air pressure suction, which can effectively improve the fluid flow of cells, increase the movement of cells, activate cells, increase skin elasticity and improve fine lines. Vacuum negative pressure movement can stimulate the surface and deep sympathetic nervous system, improve skin sensitivity and skin immunity.

Effects

1. Unclog pores.
2. Deep clean skin.
3. Shrink large pores.
4. Improve dull skin and fine lines.
5. Improve skin hyperpigmentation.
6. Accelerate removal of dead skin cells.

Applicable Range

1. Those who has excessive secretion of sebum and thick stratum corneum.
2. Those with rough skin and large pores.
3. Those with clogged pores.
4. Those with dull and glowless skin.
5. Those with skin laxity and sagging.

Inapplicable Range

1. Those with severe sensitive skin or is having an allergic reaction.
2. Those with large wounds.
3. Those with skin diseases and other infectious diseases.
4. Those who have just undergone injections, such as hyaluronic acid, intradermal injection, wrinkle removal or other plastic surgeries.
5. Those who are pregnant or has severe heart disease, hyperlipidemia, hypertension,

hyperglycemia or other serious diseases.

Notes after Operation

1. Avoiding excessive exposure to the sun and keep skin hydrated.
1. Use sun protections and moisturizers.
2. Avoid using facial scrub, exfoliant, AHAs or other irritant skin care products.
3. Avoid smoking, drinking and staying up late; eat more vegetables, fruits and less greasy foods.
4. Apply one facial mask in the first 3 days of treatment.
5. Wash face with lukewarm water in the first 3 days.

Lymphatic Drainage: Back

Working Principle

Metal Scraping Head

Through special negative pressure suction head on the skin, and muscle massage can effectively improve the cells in the body fluids liquidity, increase cell movement can activate cells to improve the effect of skin elasticity, at the same time, accelerate the blood circulation of imperceptible blood-vessel, excess toxins through the normal cycle of the lymphatic system, and reduce and improve the dark spots and hyperpigmentation of body, as well as stasis. The suction and discharge of air pressure can not only improve the capillary system, but also improve the flow between the deeper veins and the network of lymph glands, strengthen the blood vessels, and improve varicose veins.

Cupping

Scraping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology. The simple explanation is that the normal muscle after receiving signal sent from the brain start activities actively, while EMS technology through the electric current to stimulate the skin layer and the capillary and nervous inside the epidermal layer cells to produce hydration, fuel the folds of skin oxygen and nutrients, restore elasticity to drooping breasts.

Effects

1. Accelerate lymph flow.
2. Accelerate natural detoxication, and help rid the body of waste through the lymphatic system.
3. Stimulate activity in the lymphatic area.
4. Increase lymphocyte production.
5. Boost your metabolism.
6. Boost your immune system.

Applicable Range

1. Those who experience neck and shoulder strain.
2. Those with symptoms of periartthritis of shoulders.
3. Those who experience soreness and pain of muscles.
4. Those who experience nervous breakdown, insomnia, and dreamful sleep.
5. Those who drive, sit before computer screen, or just sit for long hours.

Inapplicable Range

1. Those with hypertension, hyperlipidemia, hyperglycemia and heart disease.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those who are in pregnancy, menstruation, and lactation.
4. Those who have skin diseases or other infectious diseases.
5. Those who appear to have lymphoma or cancer.
6. Those who are drunk, overworked, or too thirsty; those with a full or empty stomach.

Notes after Operation

1. Avoid taking a shower in 4-6 hours and getting cold (capillary vessels are dilated after treatment).
2. Avoid scratching treatment areas whereon pain, pruritus, formication, or rubella were felt. The above symptoms are within the normal range.
3. Drink more lukewarm water to help with digestion.

Breasts Enlargement

Working Principle

Vacuum Cup: Breast Enlargement

Use vacuum negative pressure on the human body by special tools in the breast through the instrument internal negative pressure attraction, in the breast produce different rhythm of the negative pressure, make the breast relatively larger, achieve the effect of increasing the breast. The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. It has the effect of warming channels and collaterals, promoting qi and blood circulation, removing blood stasis and swelling, removing poison and exorcising evil. Combined with deep massage, it makes the blood and gas unblocked, unclogs the breast acinus, drives the invisible gas to the tangible blood, transports oxygen and nutrition to the breast, and stimulates the pituitary gland to secrete female hormones, strengthens the breast connective tissue, and stimulates the breast development and growth. Promotes uterine contraction, tightens skin elastic fibers, and prevents loose and scattered skin tissue.

Effects

1. Improve breast laxity, sagging and those who have east west breasts.
2. Improve premenstrual breast swelling and soreness.
3. Unclog and straighten breasts.
4. Prevent lactoceles.
5. Prevent breast cancer.
6. Stimulate breast growth.

Applicable Range

1. Those with asymmetrical, and east west breasts; those with a flat chest.
2. Those who have inverted nipples and look for a change.
3. Those with breast nodule, mammary hyperplasia.
4. Those who experience breast pain.
5. Those who feel they have insufficient mammary gland development.
6. Those who suffer from postpartum mammary gland atrophy.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those who have hypertension, hyperlipidemia, hyperglycemia and heart disease.
3. Those with serious mammary hyperplasia, fibromatosis and cysts.
4. Those with infectious breast skin.
5. Those have had undergone surgeries on breasts.

Notes after Operation

1. Drink more lukewarm water and stay warm.
2. Wear comfortable bra with support; avoid squeezing breasts.
3. Avoid getting cold(it's advised not to go out in windy days.); take showers 4-6 hours after the treatment.

Buttock Augmentation

Working Principle

Vacuum Cup: Breasts

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. At the same time vacuum cup can help contour buttocks, make excess fat be adsorbed at the due position of buttocks, so that your buttock look full.

EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology. The simple explanation is that the normal muscle after receiving signal sent from the brain start activities actively, while EMS technology through the electric current to stimulate the skin layer and the capillary and nervous inside the epidermal layer cells to produce hydration, fuel the folds of skin oxygen and nutrients, restore elasticity to drooping breasts.

Effects

1. Relax muscles and increase blood circulation on treatment areas.
2. Prevent muscle atrophy and relieve muscle spasms.
3. Firm the skin and better your body.

4. Improve sagging caused by muscle laxity.
5. Initiate muscle contraction for better muscle growth (e.g. well-shaped buttocks).

Applicable Range

1. Those who have inverted and flat butt.
2. Those with less fat on buttocks.
3. Those who aim for a better figure either professionally or psychologically.
4. Those who are satisfied with the size but not the plumpness of their buttocks.
5. Those who have accumulated waist fat and lead to square (H-shape) butts.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those with heart diseases and hypertension, etc.
4. Those who have skin diseases, and infectious diseases; those who are during sensitive skin period.
5. Those who are in poor health.

Notes after Operation

1. Avoid taking showers within 4-6 hours after treatment.
2. It is advised to wear butt lifting underwear to prevent sagging and laxity.
3. It is advised to do some butt lifting exercise after treatment.

Cupping: Abdomen

Working Principle

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss.

According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology. The simple explanation is that the normal muscle after receiving signal sent from the brain start activities actively while EMS technology through current stimulation, directly convey signals to the muscles, pushing muscles for passive movement, so as to achieve the effect of fitness.

Effects

1. Stomach meridian drainage and detoxication.
2. Help with cold womb and body.
3. Help with digestion and constipation.
4. Tighten skin and prevent saggy skin on stomach.

Applicable Range

1. Those who are suffering from bad digestion and constipation.
2. Those who experience cold womb and stomach.
3. Those who have stools.
4. Those who wish to lose weight and gain firm muscles.

Inapplicable Range

1. Those are during menstruation, pregnancy and lactation.
2. Those who are still recovering from surgery or whose wounds are yet to be healed.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.
5. Those who has a weak body.
6. Those who are drunk, full or empty-stomached, thirsty and overworked.

Notes after Operation

1. Avoid taking showers within 4-6 hours after treatment.
2. Avoid wearing crop tops or getting a cold.
3. Avoid eating spicy, cold food; drink more warm water.

Lymphatic Drainage

The lymphatic system is a circulatory system, and the immune system is also the body's defense station and garbage collection station to prevent external bacterial infections and recycling of the body's waste and toxins. Lymph is also the largest body detoxification system, equivalent to the human body's scavenger, is the main body organ toxins collection medium. If lymphatic system circulates decelerate, it can bring

about toxin to accumulate inside body, the person can get oedema and fat easily. The principle of lymphatic drainage weight reduction is basically through massage that passes to lymphatic gland and stimulation, unblock lymphatic circulatory system, make inside body toxin education outside the body, accelerate adipose combustion, achieve the goal of reducing weight. Another important function of lymphatic drainage is to clean blood vessels. Lymphatic vessel and vein are intercommunicated. When blood capacity is excessive, lymphatic vessel can have shunt fluid, reduce the effect of the burden inside blood vessels.

The lymphatic system of one person grows along with the age. It's circulatory rate may drop, the action of detoxification also can drop as one age. The circulatory speed of lymphatic system can be accelerated effectively through proper massage, passing toxin outside the body as soon as possible.

Working Principle

Metal Scraping Head

Scraping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss. According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

Effects

1. Speed up the flow of lymph.
2. Speed up the natural detoxification process and help the body remove waste

through the lymphatic system.

3. Stimulate the activity of lymphatic domain.
4. Increased lymphocyte productivity.
5. Improve your body's metabolism.
6. Boosts immune system function.

Applicable Range

1. Those whose face lacks luster and whose skin becomes very rough.
2. Those who drink a lot and suffer from insomnia.
3. Those who have excessive fat on waist and abdomen. (Lymphatic detoxification can rapidly improve edema and consuming fat.)
4. Those with bad breath and frequent constipation.
5. Those with poor mental state, poor resistance to cold and illness.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
1. Those with malignant tumors, hemophilia or severe bleeding.
2. Those with skin diseases and infectious diseases.
3. Those with severe gynecological diseases.
4. Those whose gynecological diseases are being treated.
5. Those with lymphoma or signs of cancer.
10. Those who has a weak body.
11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Notes after Operation

1. Shower 4-6 hours after treatment.
2. Avoid heat and cold.
3. Avoid spicy, greasy foods.
4. Drink plenty of hot water to boost your metabolism.
5. Avoid staying up late and smoking.
6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Body Care: Private Parts

Working Principle

Vacuum Cups: Private Parts

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation: through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation in the operation, the increase and disappearance of negative pressure replace, make the local pores continue to open and close, promote the skin breathing, increase its oxygen intake, accelerate the elimination of waste and promote the contraction of pelvic smooth muscle, increase blood circulation, regulate the endocrine system, increase lutein, force hormone secretion in the body.

Effects

1. Improve vaginal lubrication.
2. Improve vaginal relaxation.
3. Regulate your hormones.
4. Improve the quality and sensitivity of your sex life.
5. Improve the color of the perineum.
6. Discharge vaginal toxins and residual metabolites, restore vaginal cleanliness and balance.

Applicable Range

1. Those who are in pregnancy, birth, abortion, contraception and sexual intercourse.
2. Those with irregular menstruation (dysmenorrhea, less period flow, blood clots).
3. Those with skin spots, acne and dark yellow caused by endocrine imbalance.
4. Those with abnormal leucorrhea and peculiar smell.
5. Those with poor memory and immunity.
6. Those whose sex life isn't compatible.

Inapplicable Range

1. Those in pregnancy, menstruation or lactation.
2. Those who are recovering from surgery or being treated.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.

Notes after Operation

1. Shower 4 hours after treatment.
2. Drink plenty of warm water, avoid cold water and eat raw, cold and spicy food.
3. Change and wash underwear daily. The underwear should be made of pure cotton and silk, with less chemical fiber and avoid excessive tight underwear.

4. Towels and underpants should be dried in the sun or boiled with hot water. If dried in a humid environment, it is easy to breed fungus.
5. Don't have sex immediately after you're done.

Full Body Detoxification

Effects

1. Improve thickness and clogging of the back.
2. Improve back pain and shoulder pain.
3. Improve jiggly and flabby arms.
4. Build up the body's physique and resistance.
5. Relieve muscle spasms and prevent muscle diseases.
6. Improve muscle stiffness.
7. Stimulate muscle movement and make skin firm and elastic.
8. Relax muscles, increase local blood circulation and prevent muscle atrophy.
9. Exercise muscles, firm skin and strengthen body.
10. Prevent sagging caused by muscle relaxation.
11. Prevent varicose veins.

Applicable Range

1. Those with hypertrophy of the back, and pseudo-hump.
2. Those with meridian blockage and poor metabolism.
3. Those who bow their heads and stand for a long time.
4. Those with thick and flabby arms.
5. Those with protruding fat on abdomen.
6. Those with thick legs and blocked meridians.
7. Those with heavy moisture, poor mental state, insomnia and dreamful.
8. Those with edema and local stiffness.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.
9. Those with lymphoma or signs of cancer.

10. Those who has a weak body.
11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Notes after Operation

1. Shower 4-6 hours after treatment.
2. Avoid heat and cold.
3. Avoid spicy, greasy foods.
4. Drink plenty of hot water to boost your metabolism.
5. Avoid staying up late and smoking.
6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.

1.1 Detailed Installation:



10 jacks for 10 EMS

patches



Insert two pins on one end of the connecting wire into the patch, and connect the other end with the

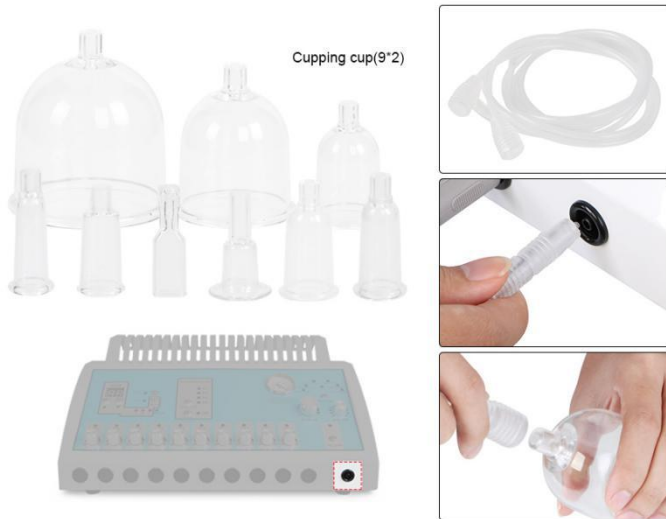
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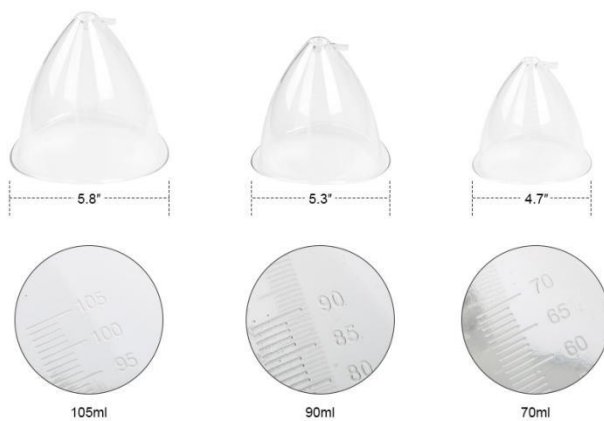
Insert one end of the PVC hose into the tip of the vacuum metal head and another end with the inhale hole of the machine



Connect the Y-shaped end of the transparent hose into the two jacks of the breast vacuum cup and another end with the inhale hole of the machine



Connect the Y-shaped end of the transparent hose into the two jacks of the vacuum cups and another end with the inhale hole of the machine (when walking the cup or needing only one cup, tie the knot on one of the Y-shaped tube)



Select different breast cup size according to different breast size and shape

1.2 Detailed Operation: Transparent Vacuum Cups



Breast vacuum cups: Select the cup according to different breast size



Cupping: Select the cup according to different size of the treatment area



Face vacuum cups: Select different cups for different treatment area. Flat cup: used on forehead; Small round cup: used on nose and cheeks; Round cup: used on cheeks



Private Cup: Used on private parts

1.3 Detailed Operation: Vacuum Cups



Vacuum cup



Vacuum cup parameters



Vacuum gauge



Vacuum mode selection



- ① Face mode 1: Relatively fast interval rate; used for face relaxation and massage
- ② Face mode 2: Relatively slow interval rate; used for facial detoxification
- ③ Body mode 3: Relatively fast interval rate; used for body relaxation and massage
- ④ Body mode 4: Relatively slow interval rate; used for body scraping and detoxification
- ⑤ Breast augmentation mode: Relatively long inhale period and release period; used for those who opt for breast massage and augmentation
- ⑥ Buttock augmentation: Extended inhale period and shorter release period; used for those who opt for buttock augmentation and massage



Vacuum mode



Mode Selection (clockwise or counterclockwise to select the mode for the treatment area of your choice)



Vacuum suction intensity +/-

1.4 Metal Scraping Head (Same operation as the vacuum cups)



Small metal scraping head: used on face and neck



Medium metal scraping head: used on arms



Large metal scraping head: used on large areas such as abdomen, back or thigh

1.5 Detailed Operation: EMS Patches



EMS Patches



10 knobs for 10 pairs EMS

patches



Interface of EMS mode selection



EMS mode selection (P1 has the relatively fast interval rate; P2 has the relatively slow interval rate; P3 has the longest interval rate; P4 is the consecutive working mode)



EMS auto mode (randomly cycle through)



Interface of EMS time and frequency adjustment



Start



Stop



Frequency



Frequency levels (S has the lowest frequency; M has the medium frequency; F has the highest frequency)



Error: The light turns on when machine failure occurs



EMS working time adjustment

2. Technical Parameters

Basic Specification

Input Voltage: 220V/50Hz or 110V/60Hz

Output Power: 25W

Pulse Power: 10-200 mw

Working Time: 0-30 min

N.W: 7.2kg

Product Size: 44cm(L)*26cm(W)*17cm(H)

G.W: 10.7kg

Packing Dimension: 50cm(L)*36cm(W)*39cm(H)

Vacuum Suction Pressure

Vacuum Power: 45-55cmHg

Suction Power: 48W

Vacuum Pressure: ≥ 0.8 KPa

Hip Lifting Cup Diameter: 5.8cm

Breast Enlarging Cup Diameter: 5.3cm

Cupping Therapy Cup Diameter: 8.5cm, 7cm, 6.5cm, 6.5cm(two ports), 4.5cm, 4cm(concave-convex), 3.5cm, 3cm, 2.5cm

Scraping Therapy Cup Diameter: 2.5cm

Private Cup Diameter: 3.5cm

Face Cup: 1cm

Grease Metal Cups for Rhythm Massage: 8.3cm, 5.5cm, 3.3cm

3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those who are in pregnancy or lactation.
2. Those who have heart disease or have been implanted with a pacemaker.
3. Those whose surgical wound is not healed.
4. Those with epilepsy, and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for current sensitive people.
8. Avoid using for those who are suffering from serious diseases of the stomach, intestine and liver as well as bladder stones and kidney stones.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Do not use it for those have breasts prosthesis or those have metal supports in the body (excluding IUD).
7. It should not be used during heavy periods or after drinking.
8. Do not use it within 6 months of C-section, 3 months of miscarriage, 2 months of natural labor.
9. In the process of operation, if the suction adjustment of the negative pressure cup is too large, please immediately stop and adjust the suction.

10. Before treatment, please remove all metal objects from the body first.
11. Remember to add filter cotton before using the vacuum metal head to avoid the essential oil entering and causing the instrument malfunction.
12. EMS: do not operate on the abdomen within 1 hour after meals.
13. Do not place the EMS conductive plate on the injured and inflamed muscles.
14. Do not place the EMS conduction piece on the scar area left by the recent operation (within 10 months).
15. After the operation, scrub the instrument with normal saline to ensure its cleanliness and extend its service life.

5. Troubleshooting & Solutions

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. Vacuum pressure cup/metal head has no suction or less suction?

- A. Check if the transparent long pipe is misconnected or not connected properly.
- B. Please check and clean if there is foreign matter or grease obstruction in the suction hole of main engine.
- C. If the pipe is broken, especially at both ends, it shall be replaced.

3. No electric flow during EMS operation?

- A. Check whether the connection of the wire is loose.
- B. Check whether the screen switch is consistent with the conduction patch used.

4. The device can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the device and wait about 1 minute before restarting the device.
- B. If the above method did not work, please contact the device distributor for assistance.

6. FAQs

1. Q: Can EMS be used for weight loss?

A: Yes, it can achieve better fitness effect than losing weight. EMS is known as muscle electrical stimulation technology, also known as muscle movement technology, a simple explanation is that under normal circumstances, muscles begin to take active activities after receiving signals from the brain, and EMS technology directly transmits signals to muscles through electrical stimulation, prompting muscles to perform passive movements, so as to achieve fitness effect.

2. Q: Does negative pressure breast enlargement have side effects?

A: No side effects. The principle of negative pressure breast enhancement completely USES pure physical breast enhancement method, massage, negative pressure absorption and put are common principles of health care physical therapy instrument, but it USES high-tech set a variety of principles in one effect more effective, no rebound no side effects of breast enhancement instrument.

3.Q: Does negative pressure cup do facial care how long can you see an effect?

A: Under normal circumstance finish that day can feel pore clean, the skin is smooth, under normal circumstance facial care needs to insist to do at least once a week, long this since the effect will be better and better.

4.Q: Will EMS hurt during operation?

A: It won't ache, EMS uses the micro electric current stimulation human body cell, achieves the simulation chuang, presses, pushes and so on the folk massage technique, in the operation process is the hemp crisp, very comfortable.

7.Packing List

1× Main machine




10× Slimming patches

3× Breast cups

3× Grease metal cups for rhythm massage

6× Gas cup for scrub

8.Operational Diagrams


Parameter Adjustment	Product	Technique	Diagram
Facial Care: 45 min, once/week			
<p>Vacuum Cup (face)</p> <p>Suction: 30%-60%</p> <p>Mode: Face 1</p> <p>Vacuum Metal Head</p> <p>Suction: 30%-60%</p> <p>Mode: Face 1</p>	<p>Makeup remover oil+</p> <p>Cleanser+ Blackhead export liquid+</p> <p>Essence+ Cold&hot steam+ Sheet mask+ WL-VS100 0B</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply blackhead export liquid+hot steam(on large pores or clogged area; apply toner on cheeks; apply toner+cold steam for sensitive skin, export liquid+hot steam is not recommended.) 5-8 min. 4. (Small round cup) vacuum cup operation: Cling the cup on forehead for 1 sec and gently move towards hairline; each move should be close to the previous one (forehead-nose-chin-cheek); double the operation on clogged pores if needed, around 5 min. 5. (Round cup) vacuum cup operation: Move the cup from chin to earlobe, mouth corner to ear gate, nose wing to the temple to lift the treatment area, 2-3 times. 6. Do the same on the other side. 7. Clean face with purified water, 2 min. 8. Apply toner. 9. Apply essence evenly on 	<p>Technique5</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique13</p>  <hr/>

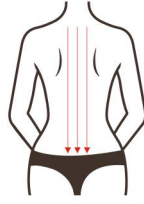
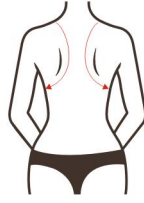
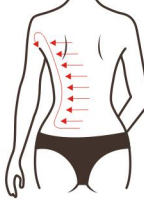
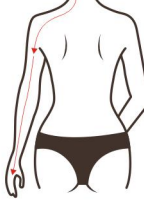
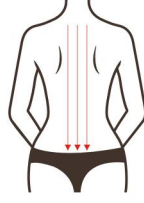
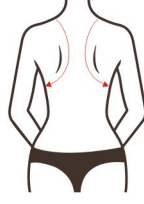
		<p>face.</p> <p>10. (Small) metal scraping head operation: Start from chin to forehead, move the device in lines to lift face, 3 times.</p> <p>11. Start from chin, coupled with hands to lift the face; move from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple to lift canthus, 3 times.</p> <p>12. Do the same on another side.</p> <p>13. Move towards hairline on forehead, 3 times.</p> <p>14. Apply sheet mask, 15 min.</p> <p>15. Take off the mask and wash face clean, 2 min.</p> <p>16. Apply toner, essence, cream and sunscreen.</p>	
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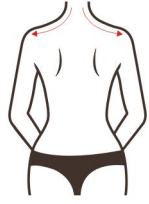
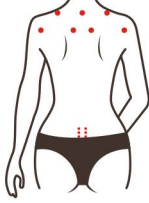
Suggested Treatment:

10 treatments account for one full course. After one course, face beams with healthy redness, and blood circulation is accelerated. After a full course, skin starts to export toxins. Acne and blackheads are reduced. After 3 courses, skin contour is clearer, resistance is strengthened, and skin presents to be glowing and healthy.

Back Lymphatic Drainage: 60 min, once/week

<p>EMS Electrode Pad</p> <p>Frequency: M</p> <p>Energy level: 30%-80%</p> <p>Mode: P4</p> <p>Metal scraping</p>	<p>Essential oil+</p> <p>Gel+</p> <p>Towel+</p> <p>WL-VS100</p> <p>OB</p>	<p>1. Massage Operation: apply oil on back till waist and push down on <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> acupoints, 3 times.</p> <p>2. Rub Governing Vessel(GV) and <i>Bladder Meridian(BL)</i> with hands with both hands, 3 times.</p> <p>3. Push alternately Governing Vessel(GV) and <i>Bladder Meridian(BL)</i> with hands, 3</p>	<p>Technique1</p>  <p>Technique2,3,4</p>
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<p>head Suction: 30%-60%</p> <p>Mode: Face 1</p> <p>Cupping Suction: 30%-80%</p> <p>Mode: Body 2</p>		<p>times.</p> <p>4. The roots of both palms start from the major vertebra and alternate in pushing Governing Vessel(GV) and <i>Bladder Meridian(BL)</i>; Lift from the lumbar side through the armpits in left-right order, 3 times.</p> <p>5. Push thumbs between shoulder blades to armpits, 3 times ; and then pass through armpits to fingers.</p> <p>6. Alternate both palms, starting from <i>Great Vertebra(DU-14)</i> acupoint in rib direction towards waist and slide to armpit in lines; make sure a line is next to another, 3 times</p> <p>7. Alternate <i>Tiger Mouth</i> (the area where the thumb meets the index finger), starting from hairline to <i>Da Ban Jin</i> (start from <i>GB-20</i> and <i>DU-16</i>, tracing shoulder fascia) and slide to fingers, 3 times.</p> <p>8. Do the same on the other side.</p> <p>9. Vacuum Metal Head (L) Operation: move the lymphatic detoxification instrument from the big vertebra to the tail vertebra, 3 times.</p> <p>10. Push from <i>Bladder Meridian(BL)</i> to tail vertebra (first left, then right), 3 times</p> <p>11. Push from shoulder blade seam to armpit, 3 times.</p> <p>12. Push to waist following ribs in lines, 3 times.</p> <p>13. Push <i>Da Ban Jin</i> (start from <i>GB-20</i> and <i>DU-16</i>,</p>	 <p>Technique5</p>  <p>Technique6</p>  <p>Technique7</p>  <p>Technique9,10,15</p>  <p>Technique11,16</p>  <p>Technique13,18</p>
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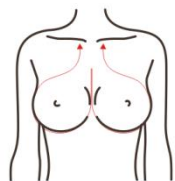
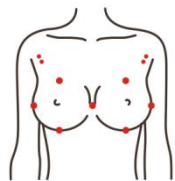
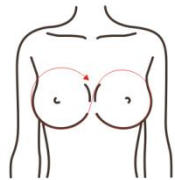
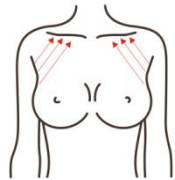
	<p><i>tracing shoulder fascia</i>), starting from neck, 3 times.</p> <p>14. Do the same on the other side.</p> <p>15. Cupping: if the moisture inside the body is heavy, you can walk the cups; walk through <i>Bladder Meridian(BL)</i> and <i>Governing Vessel(GV)</i> back and forth for 3 times (subjecting to the customer's acceptability).</p> <p>16. Walk through the shoulder blade seam back and forth for 3 times (subjecting to the customer's acceptability).</p> <p>17. Walk through the whole back to the rib direction for 3 times (subjecting to the customer's acceptability).</p> <p>18. Select fit cups and walk them on neck to <i>Da Ban Jin</i> (start from <i>GB-20</i> and <i>DU-16</i>, <i>tracing shoulder fascia</i>) back and forth, 3-5 times.</p> <p>19. Fixate the cups: on <i>Great Vertebra(DU-14)</i>, <i>Shoulder Well(GB-21)</i>, <i>Heavenly Gathering(SI-11)</i>, <i>Lung Transporter(BI-13)</i>, and 8 <i>Crevice</i> area (including pairs of <i>Upper crevice(BI-31)</i>, <i>Second Crevice(BI-32)</i>, <i>Middle Crevice(BI-33)</i>, <i>Lower crevice(BI-34)</i>) and then to <i>Wind Pool(GB-20)</i>, around 5-10 min (subjecting to the customer's acceptability).</p> <p>20. Take off the cups and wipe clean with towel.</p> <p>21. EMS operation: Apply gel evenly on the EMS patches.</p> <p>22. Fixate the patches on the</p>	 <hr/> <p>Technique 19</p> 
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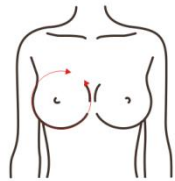
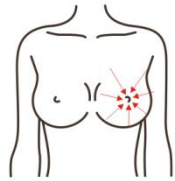
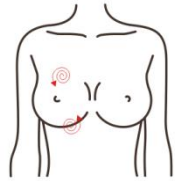
		back muscles, 20-30 min. 23. Take off the patches and clean the treatment area.	
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Suggested Treatment:

10 treatments account for one full course. After one treatment, petechiae appear and dampness are removed. After one course, the back becomes relaxed and relieves the sore symptoms of shoulders and neck. After 3 courses, the lump on back of the neck is improved, the qi and blood function is regulated, the sleep quality is good, and the physique is enhanced.

Breast Enlargement: 60 min, once/week





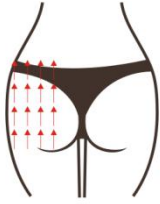
<p>Vacuum Cup Suction (breast): 30%-80%</p> <p>Mode: Breast Lifting</p> <p>EMS Electrode Pads(breast) Frequency: M</p> <p>Energy level: 30%-80%</p> <p>Mode: P3</p>	<p>Essential oil+ Gel+ Towel+ WL-VS1000 B</p>	<ol style="list-style-type: none"> 1. Stand at the head of the bed, both hands from <i>Middle of the Chest (Ren-17)</i> began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area), 3 times. 2. Push on the following acupoints with both thumbs: <i>Middle of the Chest (Ren-17), Root of the Breast (ST-18), Great Wrapping (SP-21), Breast Window (ST-16), Middle Palace (LU-1), Cloud Gate (LU-2)</i>, 3 times. 3. Caress the treatment area, 3 times. 4. Overlap both palms from <i>Middle of the Chest (Ren-17)</i> to chest both sides back and forth as if writing figure "8", 3 times. 5. Lift the accessory breast to the ligament alternately with both hands, first left, then right, 10 times. 6. Caress the treatment area, 3 times. 7. Sit beside the customer, first left, then right, with both 	<p>Technique1,3,6,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7</p>
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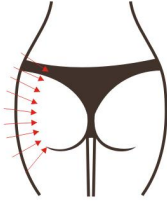
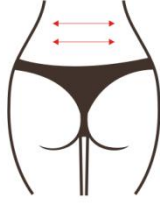


		<p>hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Vacuum Cup Operation: select fit vacuum cups and attach them to breasts, 5-10 min.</p> <p>13. For those who have sunken nipples can select cups for face on nipples and start for 8-10 min.</p> <p>14. Take the cups off and clean breasts with hot towel.</p>	 <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique10</p> <p>Technique</p>
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Suggested Treatment:

10 treatments account for one full course. After one treatment, breasts are lifted. After one full course, breasts are tightened and lifted; accessory breast and outspread and drooping breasts will slowly tighten and focus. 3 courses of treatment to make the breast large and straight, adhere to do, the effect will be more obvious.

Buttock Augmentation: 60 min, once/week

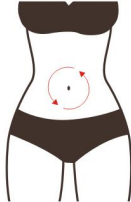
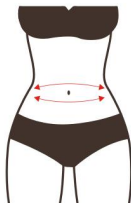
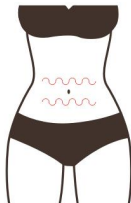
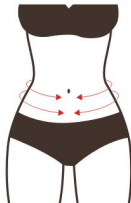
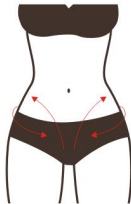
<p>Vacuum Cup Suction: 30%-60%</p> <p>Mode: Buttock</p> <p>Metal scraping head Suction: 30%-60%</p> <p>Mode: Body 2</p>	<p>Essential oil+ Gel+ Towel+ WL-VS1000 B</p>	<ol style="list-style-type: none"> 1. Standing on the side, accumulate oil on hands and then slide from 8 Crevice area to the waist and then lift up along the hips from the waist, 3 times (to caress the treatment area.) 2. Repeatedly push 8 Crevice area with two thumbs. 3. Caress the treatment area for 3 times and then press on the following points: <i>Kidney Transporter(BI-23)</i>, <i>8 Crevice area</i>, <i>Long and Rigid(DU-1)</i>, <i>Jumping Circle(GB-30)</i> and <i>Hold and Support(BI-36)</i>, 3 times. 4. Caress the treatment area, 3 times. 5. First left, then right, with both hands extending from the root of the thigh from bottom to top - <i>Bladder Meridian(BL)</i> - <i>Kidney Meridian(KI)</i> - <i>Liver Meridian(LV)</i> - <i>Gallbladder Meridian(GB)</i> - <i>Governing Vessel(GV)</i>, 3 times each. 6. Both hands follow from the root of thigh from bottom to top - <i>Bladder Meridian(BL)</i> - <i>Kidney Meridian(KI)</i> - <i>Liver Meridian(LV)</i> - <i>Gallbladder Meridian(GB)</i> - <i>Governing Vessel(GV)</i>, 3 times each. 7. Overlap both palms and push up together from thigh root to <i>Governing Vessel(GV)</i> to lift the treatment area ,3 times. 	<p>Technique1,4,11</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8</p>
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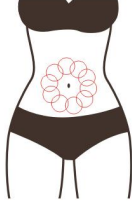
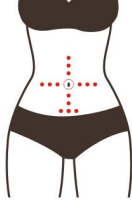
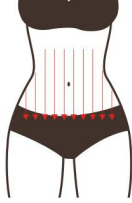

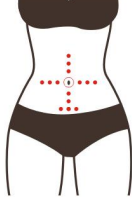
		<p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Rub <i>8 Crevice area</i> with hands till it's hot.</p> <p>13. Select fit cups to walk the cups: start from thigh root and move upwards to lift the buttocks, 3-5 times.</p> <p>14. From two sides of hips to center of buttocks to lift them, 3-5 times.</p> <p>15. Fixate Cups: select fit cups, fixate them on buttocks and adjust to proper energy level, 5-10 min.</p> <p>16. Take off the cups and wipe buttocks with hot towel.</p> <p>17. EMS Operation: apply gel on pads.</p> <p>18. Fixate EMS pads on two sides of hips with straps, 20-30 min.</p> <p>19. Take straps and pads off and clean with hot towel.</p>	 <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14</p>  <hr/>
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Suggested Treatment:

10 treatments account for one full course. After a treatment, hips achieve the effect of lifting. After a course of treatment, excess fat on hips begin to disappear, the surrounding fat begin to concentrate. After 3 courses of treatment to shape hip curve, increase hip elasticity, improve gynecological cold womb and other problems.

Cupping on Abdomen: 60 min, once/2 weeks

<p>Cupping Energy Level: 30%-80%</p> <p>Mode: Body 2</p> <p>EMS Electrode Pads Frequency: F Energy Level: 30%-80%</p> <p>Mode: P2</p>	<p>Essential oil+ Gel+ Towel+ WL-VS1000 B</p>	<ol style="list-style-type: none"> 1. Apply and rub oil on abdomen with hands, 3 times. 2. Rub stomach back and forth with both hands, 3 times. 3. Knead abdomen with both hands using chiropractic techniques, 3 times. 4. Lift <i>Belt Vessel</i> (BV) on both sides of waist with both hands alternately, 16 times. 5. Move hands as if writing figure "8" on waist, 3 times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the treatment area, 3 times. 8. Push on the following acupoints: <i>Upper Epigastrium</i> (Ren-13), <i>Middle Epigastrium</i> (Ren-12), <i>Lower Epigastrium</i> (Ren-10), <i>Spirit Palace</i>(Ren-8), <i>Sea of Qi</i>(Ren-6), <i>Origin Pass</i>(Ren-4), <i>Middle Extremity</i> (Ren-3), <i>Heaven's Pivot</i> (ST-25), <i>Great Horizontal</i> (SP-15), <i>Crooked Bone</i> (Ren-2), 2 times. 9. Move hands in circular motion and caress the treatment area, 3 times. 10. Alternate hands in pushing the following meridians: <i>Conception Vessel</i> (CV) - 2 inches away, <i>Kidney Meridian</i> (KI)- 4 inches away, <i>Stomach Meridian</i> (ST)- 6 inches away, <i>Spleen Meridian</i> 	<p>Technique1,7,9,12</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>
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		<p>(SP)- 8 inches away, <i>Liver Meridian (LV)</i>- two sides, <i>Gallbladder Meridian (GB)</i>, 3 times.</p> <p>11. Starting from <i>Middle Extremity (Ren-3)</i>, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>12. 12. Caress the treatment area with hands, 3 times.</p> <p>13. Caress and slide to groin.</p> <p>14. Choose the appropriate cup to fix the cup on the abdomen, and it will last for about 5-10 minutes on <i>Lower Epigastrium (Ren-10)</i>, <i>Heaven's Pivot (ST-25)</i>, <i>Great Horizontal (SP-15)</i>, <i>Origin Pass (Ren-4)</i>, waist side (according to the customer's situation).</p> <p>15. Take off the cup and wipe abdomen with hot towel.</p> <p>16. EMS operation: apply the patch with gel.</p> <p>17. Apply EMS patch to abdomen with bandage for about 20-30 minutes.</p> <p>18. Remove the patches and patch and wipe the operating part clean.</p>	 <hr/> <p>Technique8</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique14</p> 
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Suggested Treatment:

10 treatments account for a full course. After one treatment, lumbar region ends with a slight petechiae and constipation is improved. After a full course, cold womb, belly fat and digestive system are improved as well. Two courses help enhance the effect, improve belly collateral blockage, constipation, and clear the intestines. Three courses help enhance the effect, prevent abdominal and gastrointestinal diseases.

Cupping: It can be done once every two weeks in the early stages, and once every 20 days after three treatments. It can be done once a month after one course of treatment, and once a month and a half after two courses.

Lymphatic Drainage: 180 min, once/week

<p>Metal Scarping Head Suction: 30%-80%</p> <p>Mode: Face 1, Body 2</p> <p>Vacuum Cup Suction: 30%-80%</p> <p>Mode: Face 1, Body 1</p>	<p>Essential oil+ Towel+ WL-VS1000 B</p>	<p>Face+Neck</p> <ol style="list-style-type: none"> 1. Remove makeup and clean face and neck, 5 min. 2. Apply toner, 1 min. 3. Apply (facial) essential oil evenly all over the face and caress, 3 times. 4. Press on the following acupoints on the whole face with both hands: <i>Saliva Container(Ren-24)</i>, <i>Earth Granary(ST-4)</i>, <i>Great Welcome(ST-5)</i>, <i>Jaw Bone(ST-6)</i>, <i>Below the Joint(ST-7)</i>, <i>Welcome Fragrance(LI-20)</i>, <i>Cheek Bone Crevice(SI-18)</i>, <i>Temples(EM5)</i>, <i>Bright Eyes(BI-1)</i>, <i>Gathered Bamboo(BI-2)</i>, <i>Yuyao(EM3)</i>, <i>Silken Bamboo Hollow(TE-23)</i>, <i>Pupil Crevice(GB-1)</i>, <i>Container of Tears(ST-1)</i>, <i>Four Whites(ST-2)</i>, 3 times. 5. Alternate hands in lifting the treatment area in 3 lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, then slide to the underarm, 3 times. 6. Do the same on the other side. 7. Neck massage: Apply and rub oil on the chest with both hands to the back of the neck and point to <i>Wind Pool(GB-20)</i> and <i>Wind Palace(DU-16)</i> acupoints, 3 times. 8. From left to right, alternately lift the lower jaw 	<p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8,15</p>  <hr/> <p>Technique9,10,16</p>  <hr/> <p>Technique13</p>
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and double chin to pass behind the ear and under the armpit, 3 times.

9. Push downwards with hand spread and *Tiger Mouth* (the area where the thumb meets the index finger) pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.

10. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.

11. Caress with both hands and press *Wind Pool*(GB-20) and *Wind Palace* (DU-16) acupoints, 3 times.

12. Do the same on the other side.

13. (S) Metal Scraping Head operation: coupled with hand, brace the skin on under jaw lymph to lift, travel pass by the back of the ear then slide to underarm, 1-2 times.

(Adjust based on the customer's condition).

14. Do the same on the other side.

15. Select fit cups to move from the middle of the eyebrows upwards and horizontally on forehead, 1-2 times. (Adjust based on the customer's condition).

16. (S) Metal Scraping Head operation: starts from the mandibular lymphatic and is alternately lifted by hand through the back of the ear to the armpit, 3 times.

17. The probe is moved in



Technique15



Technique18



Technique22,27,30



Technique23,29



Technique24



Technique25

three circles on the side of the neck to the armpit, 3 times.

18. Detoxify the internal clavicle to the armpit, 3-5 times.

19. Move the probe from behind the ears to the underarm, 2-3 times (Adjust based on the customer's condition).

20. Do the same on the other side.

21. Clean both face and neck with hot towel.

Arm

22. Underarm technique: from left to right, rub oil at underarm with both hands, 3 times.

23. Knead Summit *Spring(HT-1)* acupoint with one palm root, 3-5 times.

24. Alternately push the Gallbladder Meridian(GB) through the armpit to the finger, 3 times.

25. Push inner clavicle lymph nodes to fingers alternately with both hands, 3 times.

26. Alternate both *Tiger Mouth* (the area where the thumb meets the index finger) in pushing the three following meridians: *Lung Meridian(LU)*, *Pericardium Meridian(PC)*, *Heart Meridian(HT)*, 3 times.

27. Caress the entire arm to the fingers, 3 times.

28. Rub the arm with keeling fingers till it turns hot.

29. Knead Summit *Spring(HT-1)* acupoint with one palm root, 3-5 times.



Technique26,37



Technique27,34



Technique32



Technique42



Technique43,48,50,53



Technique45

30. Caress the entire arm to the fingers, 3 times.

31. Do the same on the other side.

32. (M) Metal Scraping Head operation: First left, then right, push the *Gallbladder Meridian(GB)* from the chest side to the armpit and caress with hands for 3 times.

33. Push three meridians from elbow to armpit, 3 times.

34. Do the same on the other side.

35. Select the fit vacuum cup to walk the cup: from *Gallbladder Meridian(GB)* to the underarm, 3 times.

36. Select the fit vacuum cup to walk the cup on the arm in lines, 1-2 times (according to the customer's situation).

37. Select the fit vacuum cups to fixate them in and out of the arm, *Liver Meridian(LV)* and *Gallbladder Meridian(GB)*, about 5-10 minutes (adjust subjecting to the customer's situation).

38. Remove the cups and clean arm and underarm with towel.

39. Do the same on the other side.

Leg

40. Inguinal lymphatic drainage technique: first left, then right: rub oil on legs with both hands, 3-5 times.

41. Press *Rushing Gate(SP-12)*, 3-5 times.

42. Move hands upwards to



Technique46,52



Technique47



Technique51



Technique58,59,60,61, 63,64,65



Technique62



Technique67

four main collateral channels:
Bladder Meridian(BL)-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB) with fingers spread and *Tiger Mouth (the area where the thumb meets the index finger)* pointing upwards, 3 times.

43. Caress the whole treatment area, 3 times.

44. Push to the groin with *Tiger Mouth (the area where the thumb meets the index finger)*, 3-5 times.

45. Overlap both thumbs to push groin, 3-5 times.

46. Twist both hands upwards alternately as if twisting a fried dough, 3 times.

47. Rub the end of thigh with kneeling fingers till it turns hot.

48. Do the same on the other side.

49. (L) Metal scraping head operation: Push the 4 meridians till groin, 3 times.

50. Move in circles back and forth at groin area, 3 times.

51. Coupled with hand, push groin alternately, 3 times.

52. Push from the middle of thigh to groin, and caress with hand, 3 times.

53. Select the fit vacuum cup to walk the cup on the leg in lines, 1-2 times (according to the customer's situation).

54. Fixate the cups on following points: *Leg Three Miles(ST-36)*, *Three Yin Intersection (SP-6)*, 10 min.

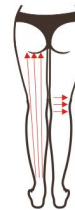
55. Remove the cups and



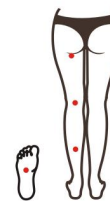
Technique68



Technique69,70



Technique71



	<p>clean the treatment area with hot towel.</p> <p>56. Do the same on the other side.</p> <p>57. Have the customer lay on the stomach. Leg massage technique: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>58. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>59. Move hands upwards to four main collateral channels: <i>Bladder Meridian(BL)</i>-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB) with fingers spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times.</p> <p>60. Push hands alternately to popliteal fossa, 3 times.</p> <p>61. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>62. Caress the treatment area, 3 times.</p> <p>63. Push the following main meridians upwards with kneeling fingers of both hands: <i>Bladder Meridian(BL)</i>-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB), 3 times.</p> <p>64. Caress the treatment area, 3 times.</p> <p>65. Do the same on the other side.</p> <p>66. (L) Metal scraping head operation: Push <i>Bladder</i></p>	
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	<p><i>Meridian(BL)</i>-Kidney <i>Meridian(KI)</i> -Liver <i>Meridian(LV)</i>-Gallbladder <i>Meridian(GB)</i> accordingly to popliteal fossa, 2-3 times. 67. Start from popliteal fossa, pushing the 4 meridians to the end of thigh, 2-3 times. 68. Detoxify from calf, tracing 4 meridians to the end of thigh with the probe, 3 times. 69. Select the fit vacuum cup to walk to cup, tracing 4 meridians on the leg, 1-2 times (Adjust according to the customer's condition). 70. Fixate the cups on the following acupoints: Middle of the Crook(BI-40), Hold and Support(BI-36), Support the Mountain(BI-57), Gushing Spring(KD-1), 10 min (Adjust according to the customer's condition). 71. Remove the cups and clean the treatment area with hot towel. 72. Do the same on the other side.</p>	
<p>Suggested Treatment: 10 treatments account for a full course. Once done, body is fully relaxed and body circulation is smooth. After a full course, accelerated blood circulation and lymphatic detoxification help improve body blockage and acne. After two courses, underarm blockage and nodes are reduced. Body immune ability is enhanced. Three courses help enhance the effect, accelerate the body lymphatic system, strengthen physique and prevent disease.</p>		


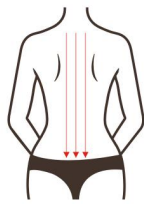
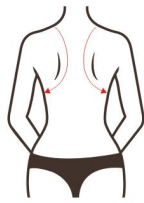
Body Care on Private Parts: 60 min, once/week

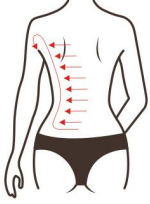
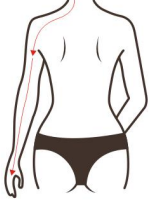
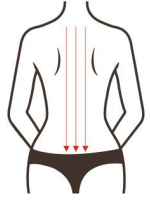
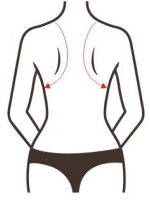
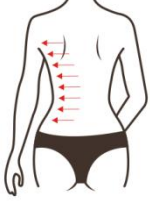
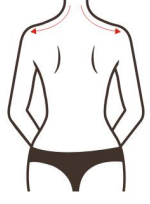
<p>Vacuum Cup Suction: 30%-60%</p> <p>Mode: Body 2</p>	<p>Oil for Private Parts+ Disposable tissues+ WL-VS1000 B</p>	<ol style="list-style-type: none"> 1. Private part massage: Pour drips of oil on palm and rub until it's hot; From left to right, alternate <i>Tiger Mouth</i> (the area where the thumb meets the index finger), starting from hairline to <i>Da Ban Jin</i> (start from GB-20 and DU-16, tracing shoulder fascia) to push groin, 3-5 times. 2. From left to right, push to the groin upwards with both hands, 3-5 times. 3. Press and rub acupoints around labia with both hands, 3 times. 4. Slide from groin to labia in lines with both hands, 3-5 times. 5. From left to right, push to the groin upwards with both hands, 3-5 times. 6. Slide from groin to labia in lines with both hands, 3-5 times. 7. Device operation: Select fit vacuum cups to fixate on three points of the groin, 3 min each. 8. Remove the cups. 9. Vacuum cup operation: From left to right, push to the groin upwards with both hands, 3-5 times. 10. From left to right, push labia majora and labium minus upwards with both hands, 3-5 times. 11. Stimulate Yin Meeting 	<p>No diagrams</p>
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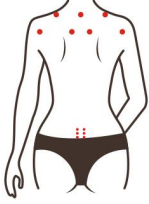




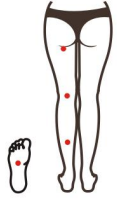
		(Ren-1) acupoint (stay for 3 seconds), 3-5 times. 12. Wipe treatment area with disposable wet tissue.	
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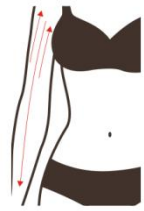
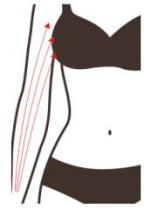



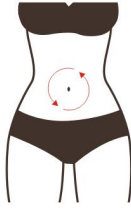
Suggested Treatment:
10 times account for a full course. After a course of treatment, you can feel that it's tightened. After a course of treatment, the color of groin and labia part begin to fade and slowly tighten up. After three courses, the private parts appears to be rosy and tightened. Menstruation returns to normal, dysmenorrhea symptoms improve, which results in a happier sex life.

Full Body Detoxification: 180 min, once/2 weeks

<p>Vacuum Cup Suction Level: 30%-80% Mode: Body 2</p> <p>Metal scraping head Suction: 30%-80% Mode: Body 2</p> <p>EMS Electrode Pads Energy Level: 30%-80%</p> <p>Frequency: M</p> <p>Mode: P3</p>	<p>Essential Oil+ Gel+ EMS Electrode Pads+ WL-VS1000 B</p>	<p>Back</p> <ol style="list-style-type: none"> 1. Massage Operation: apply oil on back till waist and push down on <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> acupoints, 3 times. 2. Rub Governing Vessel(GV) and <i>Bladder Meridian(BL)</i> with hands with both hands, 3 times. 3. Push alternately Governing Vessel(GV) and <i>Bladder Meridian(BL)</i> with hands, 3 times. 4. The roots of both palms start from the major vertebra and alternate in pushing Governing Vessel(GV) and <i>Bladder Meridian(BL)</i>; Lift from the lumbar side through the armpits in left-right order, 3 times. 5. Push thumbs between shoulder blades to armpits, 3 times ; and then pass through 	<p>Technique1</p>  <hr/> <p>Technique2,3,4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>
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	<p>armpits to fingers.</p> <p>6. Alternate both palms, starting from <i>Great Vertebra(DU-14)</i> acupoint in rib direction towards waist and slide to armpit in lines; make sure a line is next to another, 3 times</p> <p>7. Alternate <i>Tiger Mouth (the area where the thumb meets the index finger)</i>, starting from hairline to <i>Da Ban Jin (start from GB-20 and DU-16, tracing shoulder fascia)</i> and slide to fingers, 3 times.</p> <p>8. Do the same on the other side.</p> <p>9. Vacuum Metal Head (L) Operation: move the lymphatic detoxification instrument from the big vertebra to the tail vertebra, 3 times.</p> <p>10. Push from <i>Bladder Meridian(BL)</i> to tail vertebra (first left, then right), 3 times</p> <p>11. Push from shoulder blade seam to armpit, 3 times.</p> <p>12. Push to waist following ribs in lines, 3 times.</p> <p>13. Push <i>Da Ban Jin (start from GB-20 and DU-16, tracing shoulder fascia)</i>, starting from neck, 3 times.</p> <p>14. Do the same on the other side.</p> <p>15. Cupping: if the moisture inside the body is heavy, you can walk the cups; walk through <i>Bladder Meridian(BL)</i> and <i>Governing Vessel(GV)</i> back and forth for 3 times(subjecting to the customer's acceptability).</p>	 <hr/> <p>Technique7</p>  <hr/> <p>Technique9,10,15</p>  <hr/> <p>Technique11,16</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13,18</p>  <hr/> <p>Technique19</p>
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	<p>16. Walk through the shoulder blade seam back and forth for 3 times (subjecting to the customer's acceptability).</p> <p>17. Walk through the whole back to the rib direction for 3 times (subjecting to the customer's acceptability).</p> <p>18. Select fit cups and walk them on neck to <i>Da Ban Jin</i> (start from GB-20 and DU-16, tracing shoulder fascia) back and forth, 3-5 times.</p> <p>19. Fixate the cups: on <i>Great Vertebra</i>(DU-14), <i>Shoulder Well</i>(GB-21), <i>Heavenly Gathering</i>(SI-11), <i>Lung Transporter</i>(BI-13), and 8 <i>Crevice</i> area (including pairs of <i>Upper crevice</i>(BI-31), <i>Second Crevice</i>(BI-32), <i>Middle Crevice</i>(BI-33), <i>Lower crevice</i>(BI-34)and then to <i>Wind Pool</i>(GB-20), around 5-10 min (subjecting to the customer's acceptability).</p> <p>20. Take off the cups and wipe clean with towel.</p> <p>21. EMS operation: Apply gel evenly on the EMS patches.</p> <p>22. Fixate the patches on the back muscles, 20-30 min.</p> <p>23. Take off the patches and clean the treatment area.</p> <p>24. The end of back treatment.</p> <p>Leg</p> <p>25. Leg massage technique: first left, then right, rub oil on legs with both hands, 3 times.</p> <p>26. Move hands upwards to four main collateral channels:</p>	 <hr/> <p>Technique25,26,27,29,30,31</p>  <hr/> <p>Technique28</p>  <hr/> <p>Technique33</p>  <hr/> <p>Technique34</p>  <hr/> <p>Technique37</p>  <hr/> <p>Technique44</p>
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	<p>Bladder Meridian(BL)-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB) with fingers spread and <i>Tiger Mouth</i> (the area where the thumb meets the index finger) pointing upwards, 3 times.</p> <p>27. Push hands alternately to popliteal fossa, 3 times.</p> <p>28. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>29. Caress the treatment area, 3 times.</p> <p>30. Push the 4 main meridians upwards with kneeling fingers of both hands, 3 times.</p> <p>31. Caress the treatment area, 3 times.</p> <p>32. Do the same on the other side.</p> <p>33. Vacuum metal head(L) operation: Push <i>Bladder Meridian(BL)-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB)</i> accordingly to popliteal fossa, 3 times.</p> <p>34. Start from popliteal fossa, pushing the 4 meridians to the end of thigh, 2-3 times.</p> <p>35. Repeat the same techniques with vacuum cup walking.</p> <p>36. Do the same on the other side.</p> <p>37. Fixate the cups on the following acupoints: Middle of the Crook(BI-40), Hold and Support(BI-36), Support the Mountain(BI-57), Gushing</p>	 <hr/> <p>Technique45,46,51,53</p>  <hr/> <p>Technique47</p>  <hr/> <p>Technique48,</p>  <hr/> <p>Technique49,52,54</p>  <hr/> <p>Technique62,68,70,73</p>  <hr/> <p>Technique63</p>
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Spring(KD-1), 10 min (Adjust according to the customer's condition).

38. Remove the cups and clean the treatment area with hot towel.

39. Do the same on the other side.

40. EMS operation: Apply gel evenly on the EMS patches.

41. Fixate the patches on the legs, 20-30 min.

42. Remove the patches and clean with hot towel.

43. The end of leg treatment.

Arm

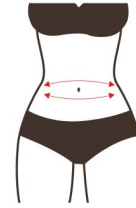
44. Arm massage technique: Lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.

45. Push hands upwards tracing three main collateral channels: *Large Intestine Meridian(LI)-Triple Energizer (TE)-Small Intestine Meridian(SI)* to armpits with fingers spread and *Tiger Mouth (the area where the thumb meets the index finger)* pointing upwards, 3 times.

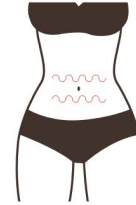
46. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.

47. Lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.

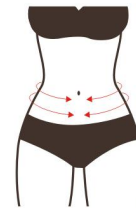
48. Push hands tracing three yin channel on inner arm:



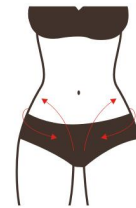
Technique64



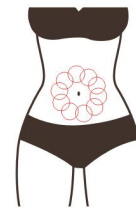
Technique65



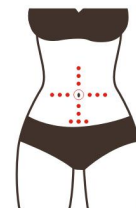
Technique66






Technique67



Technique69



Technique71

	<p><i>Lung Meridian(LU)-Pericardium(PC)-Heart Meridian(HT) to armpit, with Tiger Mouth (the area where the thumb meets the index finger) pointing upwards, 3 times respectively</i></p> <p>49. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>50. Do the same on the other side.</p> <p>51. Vacuum Metal Head(M) operation: Lay the arm flatwise and push the 3 main meridians on outer arm, 3 times.</p> <p>52. Lay the arm flatwise and push the 3 main meridians on inner arm till the underarm, 3 times.</p> <p>53. Select the fit vacuum cup and push the 3 main meridians on outer arm, 3 times.</p> <p>54. Lay the arm flatwise and push the 3 main meridians on inner arm till the underarm, 3 times.</p> <p>55. Fixate the cups on the outer arm, 5-10 min.</p> <p>56. Remove the cups and clean the treatment area with towel.</p> <p>57. Do the same on the other side.</p> <p>58. EMS operation: Apply gel evenly on the EMS patches.</p> <p>59. Fixate the patches on the arm, 20-30 min.</p> <p>60. Remove the patches and clean with hot towel.</p>	 <hr/> <p>Technique72</p>  <hr/> <p>Technique74</p>  <hr/>
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		<p>61. The end of arm treatment.</p> <p>Abdomen</p> <p>62. Apply and rub oil on abdomen with hands, 3 times.</p> <p>63. Rub stomach back and forth with both hands, 3 times.</p> <p>64. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>65. Lift <i>Belt Vessel (BV)</i> on both sides of waist with both hands alternately, 16 times.</p> <p>66. Move hands as if writing figure "8" on waist, 3 times.</p> <p>67. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>68. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>69. Push on the following acupoints: <i>Upper Epigastrium (Ren-13)</i>, <i>Middle Epigastrium (Ren-12)</i>, <i>Lower Epigastrium (Ren-10)</i>, <i>Spirit Palace (Ren-8)</i>, <i>Sea of Qi (Ren-6)</i>, <i>Origin Pass (Ren-4)</i>, <i>Middle Extremity (Ren-3)</i>, <i>Heaven's Pivot (ST-25)</i>, <i>Great Horizontal (SP-15)</i>, <i>Crooked Bone (Ren-2)</i>, 2 times.</p> <p>70. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>71. Alternate hands in pushing the following meridians: <i>Conception Vessel (CV)</i> - 2 inches away, <i>Kidney Meridian (KI)</i>- 4 inches away, <i>Stomach Meridian (ST)</i>- 6 inches away, <i>Spleen Meridian</i></p>	
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		<p>(SP)- 8 inches away, <i>Liver Meridian (LV)</i>- two sides, <i>Gallbladder Meridian (GB)</i>, 3 times.</p> <p>72. Starting from <i>Middle Extremity (Ren-3)</i>, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>73. Caress the treatment area with hands, 3 times.</p> <p>74. Choose the appropriate cup to fix the cup on the abdomen, and it will last for about 5-10 minutes on <i>Lower Epigastrium (Ren-10)</i>, <i>Heaven's Pivot (ST-25)</i>, <i>Great Horizontal (SP-15)</i>, <i>Origin Pass (Ren-4)</i>, waist side (according to the customer's situation).</p> <p>75. Take off the cup and wipe abdomen with hot towel.</p> <p>76. EMS operation: apply the patch with gel.</p> <p>77. Apply EMS patch to abdomen with bandage for about 20-30 minutes.</p> <p>78. Remove the patches and patch and wipe the operating part clean.</p> <p>79. The end of abdomen treatment.</p>	
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Suggested Treatment:

6 treatments account for a full course. Once done, body is relaxed with appearance of petechiae, which should disappear in 3-5 days. For those with large patch of petechiae after the treatment, do it once a month, otherwise twice a week. After a full course, body metabolism is accelerated. Body blockage and constipation is reduced and improved. After two courses, muscle stiffness and soreness is improved. Local body blockage is unlocked as well. After three courses, sleep quality is improved and face is beaming with healthy redness. Physique is strengthened.