

User Manual

WL-HT010S



Preface

Dear users,

We're pleased to present to you our 6-in-1 beauty machine featured with weight loss, figure slimming, anti-aging, lifting, tightening, body shaping and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of face, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF, ultrasonic and laser beauty machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. Including laser pads for burning fat, it's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

Advantages

1. 6-in-1 beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and radio frequency solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
7. No consumption, low cost and quick returns.
8. Wider treatment range and faster and more visible effects.
9. Unevenness, bleed, swelling and stasis will not appear after treatment.

Facial Anti-aging

Principles

RF

Multi-polar Radio frequency can alternates electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Tighten the skin and deeply infuse nutrition.
2. Fade pigment, stain and brighten skin.
3. Increase the elasticity of skin.
4. Moisturize skin and increase the absorption of skin.
5. Accelerate the blood circulation and metabolism.
6. Improve double chin and flabby skin.
7. Stimulate collagen regeneration for anti-aging.

Applicable Range

1. Those with dull and sallow skin tone.
2. Those with skin relaxation and sagging.
3. Those with black circles or eye bags.
4. Those with fine line, nasolabial folds and lines around eyes.
5. Those with indistinct facial contour.
6. Those with rough skin, large pores.
7. Those who are under long-term exposure of UV radiation at workplace.
8. Those with skin relaxation, sagging and swelling after child delivery.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation and surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc., within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 High'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eyes Anti-aging

Principles

Eye RF

RF works through the circuits formed by electrodes in pairs. RF waves directly penetrate the skin and make use of the impedance generated by the skin to generate thermal energy by generating a strong resonant rotation of the cell molecules (1million/s). In the process of eye anti-aging treatment, RF rapidly heats up the bottom layer of the skin under the eye and promotes the growth of collagen of the skin, so as to tighten the skin around eyes, remove under eye bags, remove dark circles, and improve couperose skin and fade fine lines.

Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

Notes after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-aging

Principles

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.

Applicable Range

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dark and sallow skin.
4. Those who often bow their heads.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

Waist&Abdomen Shaping

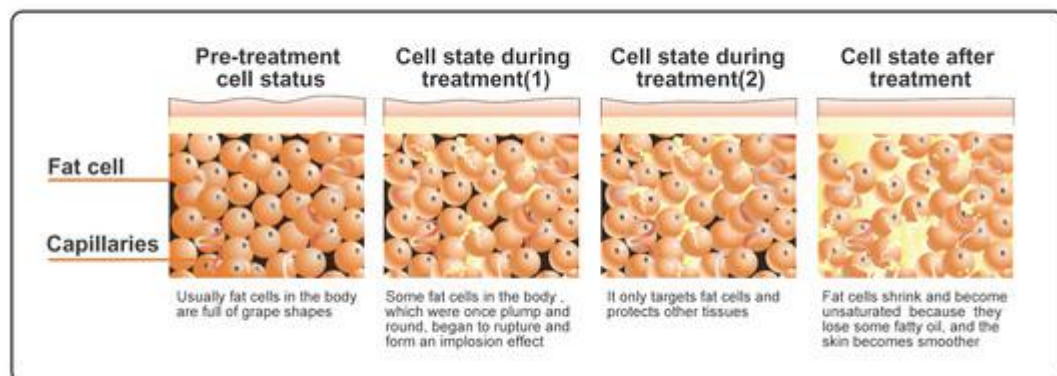
Principles

40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



Laser Pads

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

Biological Effect

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

Vacuum Pressure

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

Applicable Range

1. Those with cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.

4. Those with striae due to obesity and pregnancy.
5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Breasts Shaping

Principles

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

Effects

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

Applicable Range

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improperly developed mammary glands, postpartum breast atrophy, breast relaxation, breast duct blockage.

Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

Notes after Operation

1. Keep warm and drink more lukewarm water.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

Body Shaping

RF

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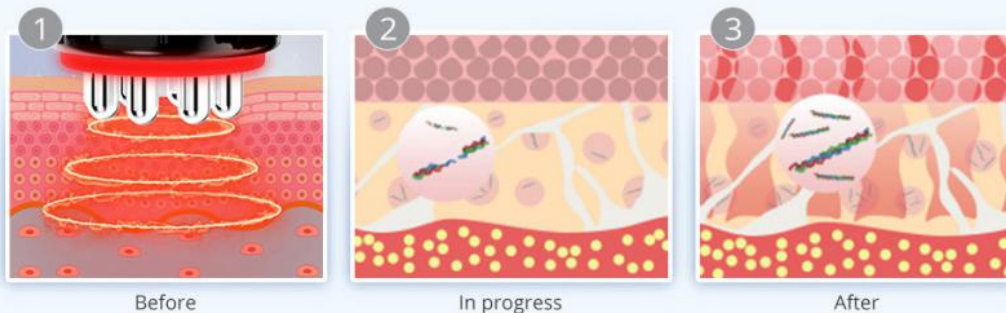
Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Unioisetion cavitation 2.0 & Vacuum
Sextupolar 3D SMART RF + Laser Photon

01

Soften Fat Cells-Body 8-Polar 3D SMART RF

Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.

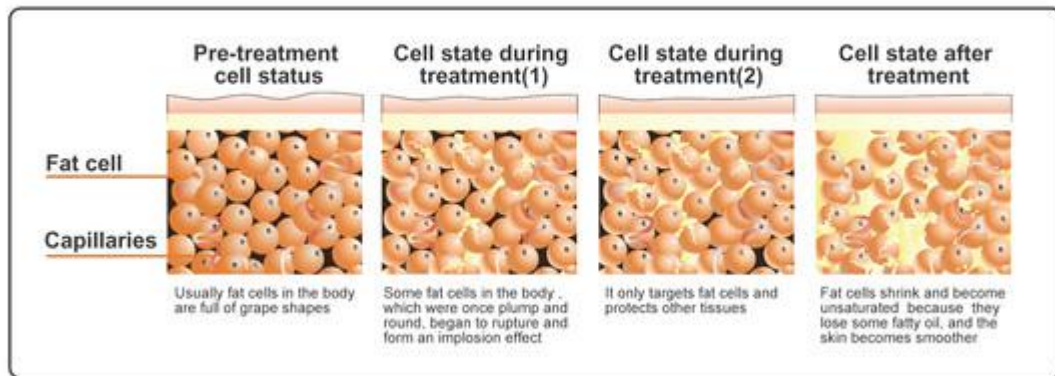


Ultrasound

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Advantages: breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

It can promote the combination of two effects in different tissues (including skin, muscle and so on).

(1) Repair cell tissue, increase its activity.

(2) Lift and revive skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

4. Nerve layer

The suction and release of air pressure:

It stimulates the surface and deep sympathetic nervous system.

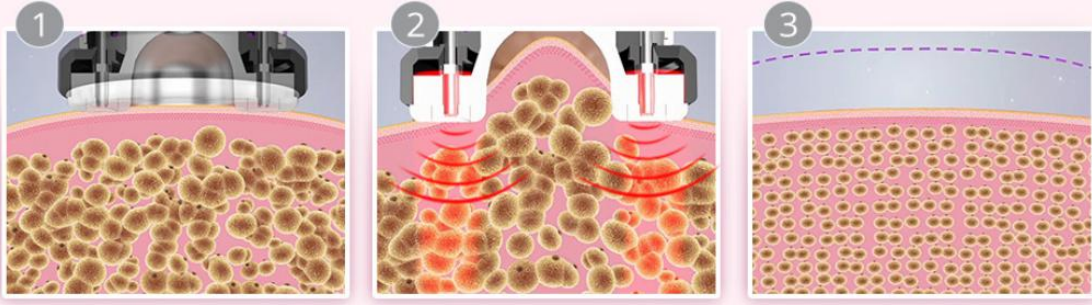
(1) Improve the sensitivity of skin.

(2) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

Expel waste and tighten skin- vacuum 3D RF

Quadrupolar Vacuum & 3D RF radio frequency combines the mechanism of advanced 3D RF energy and vacuum therapy, can promote tissue metabolism, repel the cellulite, which make fat granule in different depths and shocking make fusion energy, so that the combustion of fatty acids at the same time broken out of a pot, not only the burning consumption of fatty acids but also more directly emptying so rapidly reduce the size of granule



Laser Pads

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

Biological Effect

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The

treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

1. Arms Shaping

Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm loose skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge channels and collaterals.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.

5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

2.Back Shaping

Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Reduce excess fat on the back and shape the back.

Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on the back of the neck.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

3. Buttocks Shaping

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly aging.

Notes after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take Shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.

4. Legs Shaping

Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of thick thighs.

Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly aging.
9. Those who are pregnant or recovering from surgery.

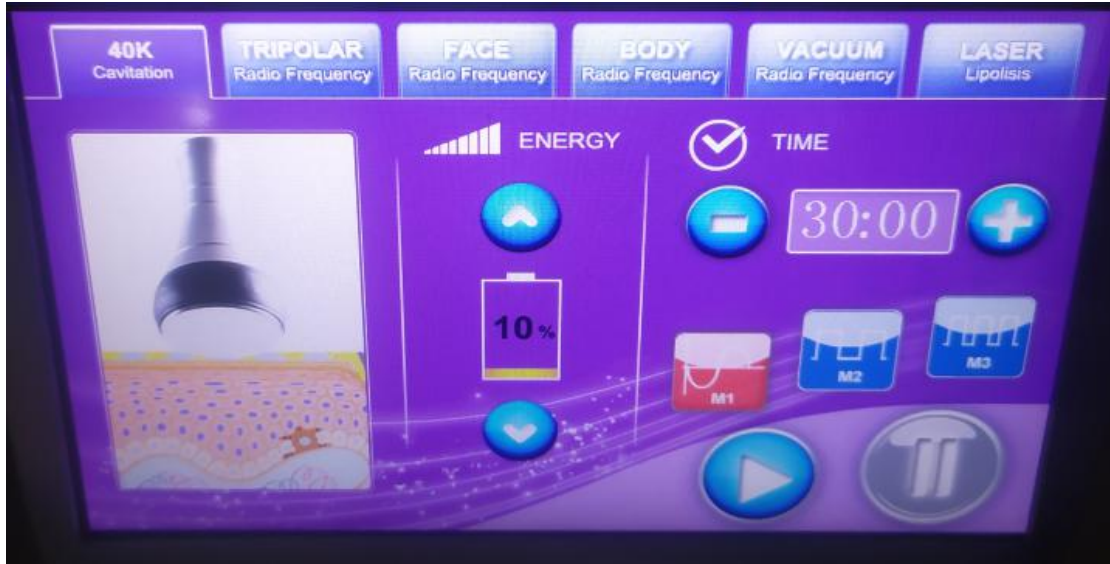
Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection



Working Time



Energy Adjustment




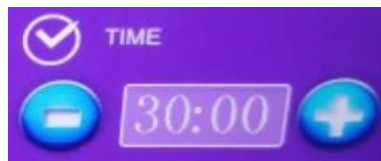
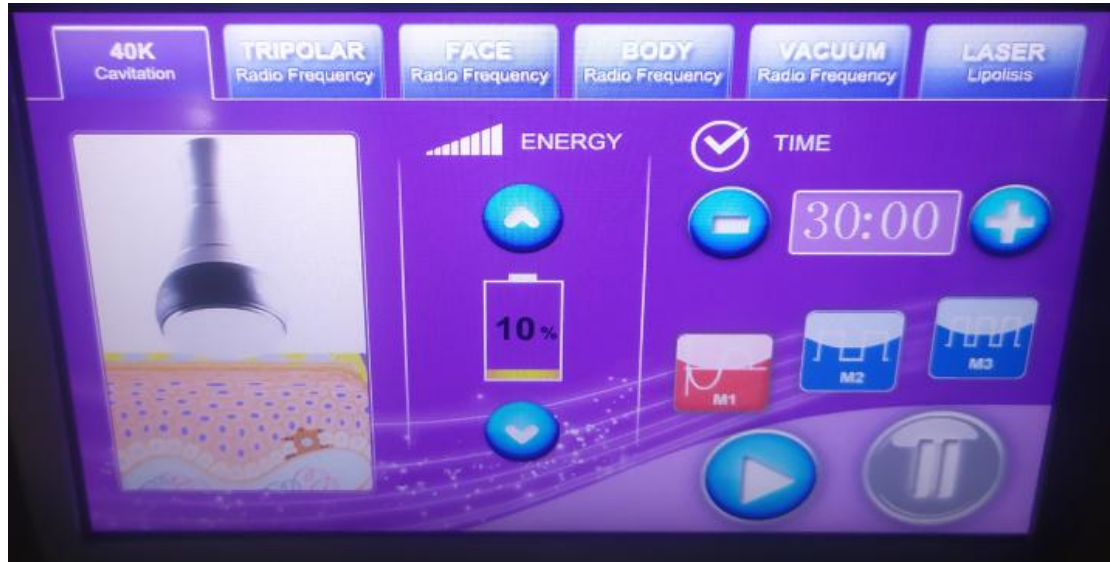
Start/Pause



The knob at the back of the device is for controlling the vacuum suction level, rotate it to the right to increase the suction level and rotate it to the left to decrease the suction level.

1.2 Detailed Operation: 40K

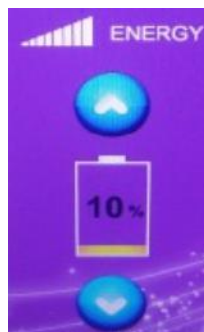
Tap  to go to the interface below



40K Working Time, one area is advised to be operated for around 15-20 min.



Time +/-



40K Energy Adjustment, it is advised to start from 10% for the first time of using, and you can increase the energy slowly to the proper energy level after you have adapted to it.



Energy Display



Energy +/-



Models Selection



Return

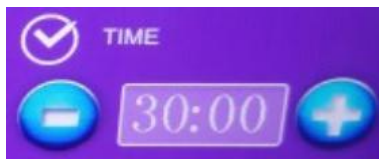
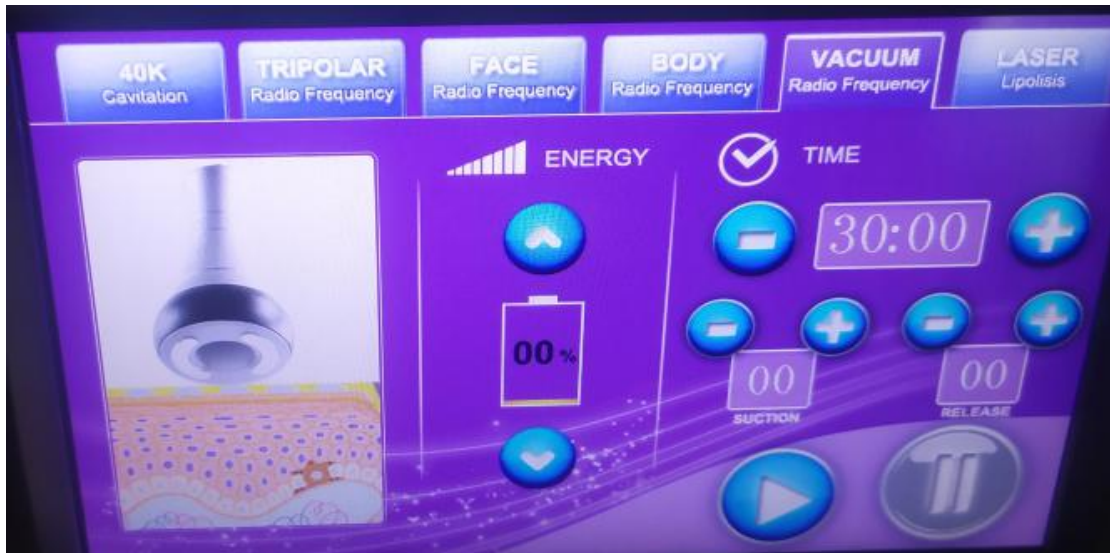


Start/Pause

1.3 Detailed Operation: Body Vacuum&RF



Tap to go to the interface below



Vacuum RF Working Time, one area is advised to be operated for around 15-20 min.



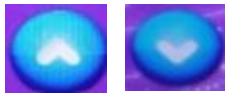
Time +/-



RF Energy Adjustment, it is advised to start from 20% for the first time of using, and you can increase the energy slowly to the proper energy level after you have adapted to it.



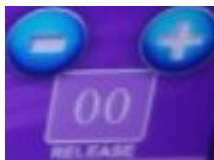
RF Energy Display



Energy +/-



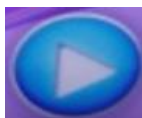
Suction time adjustment, the suction time during the suction&release process, it is advised to be 0.3-1.0, the bigger the figure is, the longer the suction time will be.



Release time adjustment, the release time during the suction&release process, the bigger the figure is, the longer the interval release time will be. When figure is "0", means it is the constant suction model.



Time +/-



Return




Start/Pause



The knob at the back of the device is for controlling the vacuum suction level, rotate it to the right to increase the suction level and rotate it to the left to decrease the suction level.

1.4 Detailed Operation: Body RF



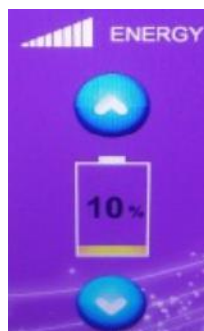
Tap  to go to the interface below



Working Time, one area is advised to be operated for around 15-20 min.



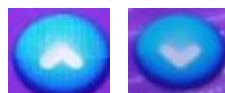
Time +/-



RF Energy Adjustment, it is advised to start from 20% for the first time of using, and you can increase the energy slowly to the proper energy level after you have adapted to it.



RF Energy Display



Energy +/-




Return



Start/Pause

1.5 Detailed Operation: Eye RF



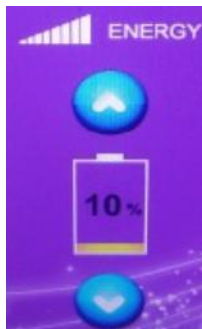
Tap  to go to the interface below



RF Working Time, one area is advised to be operated for around 15-20 min.

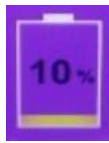


Time +/-



RF Energy Adjustment, it is advised to start from 20% for the first time of using, and you can increase the energy slowly to the proper energy level after you

have adapted to it.



RF Energy Display



RF Energy +/-




Return

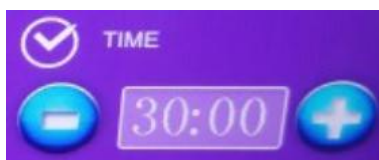
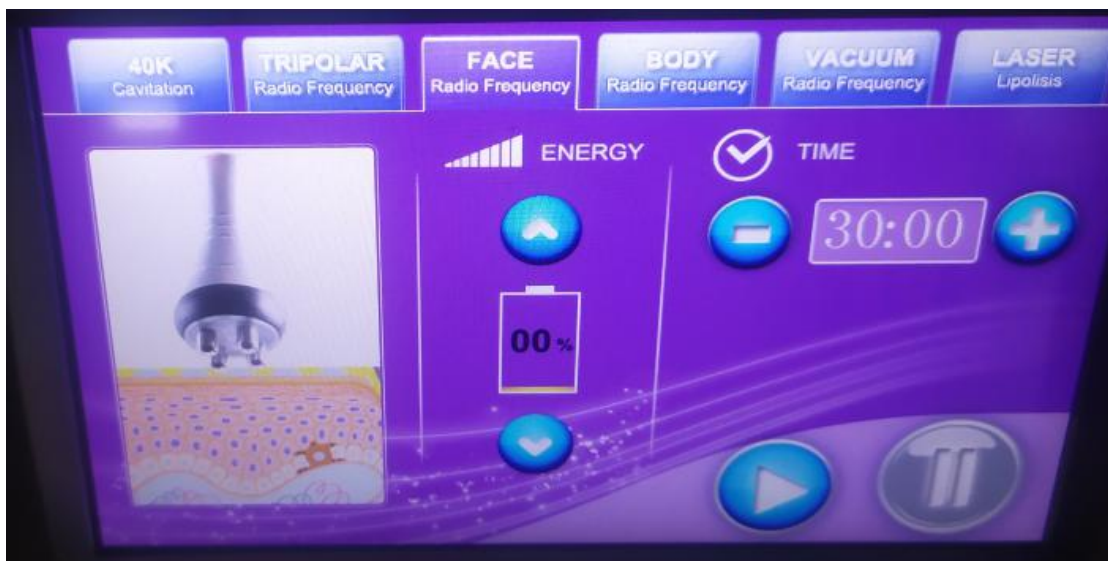


Start/Pause

1.6 Detailed Operation: Facial RF



Tap  to go to the interface below



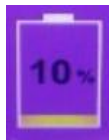
RF Working Time, one area is advised to be operated for around 15-20 min.



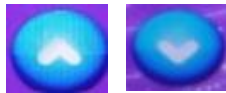
Time +/-



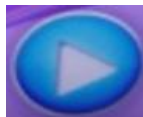
RF Energy Adjustment, it is advised to start from 20% for the first time of using, and you can increase the energy slowly to the proper energy level after you have adapted to it.



RF Energy Display



RF Energy +/-

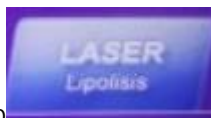


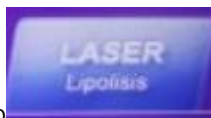
Return

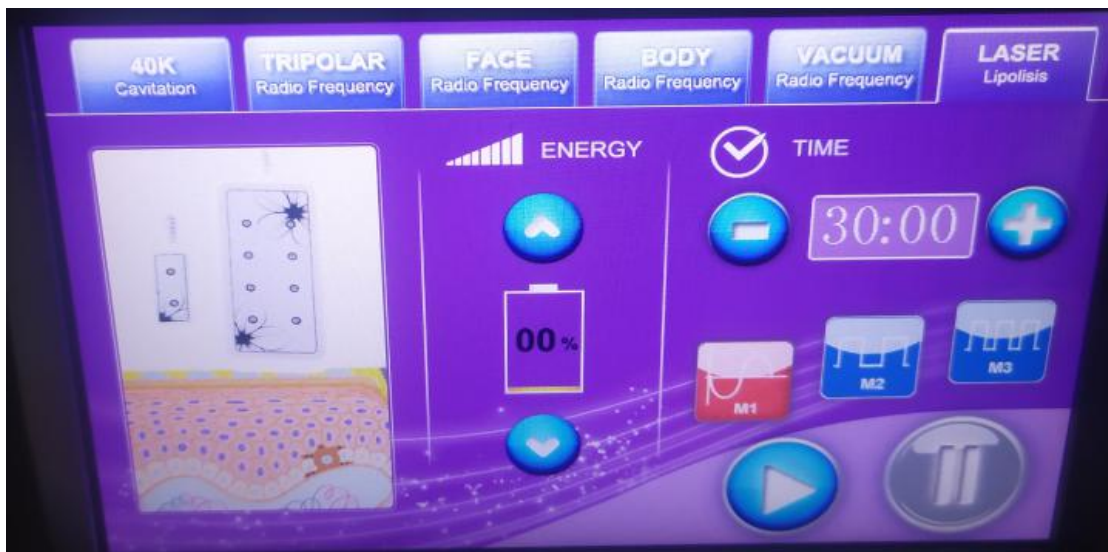


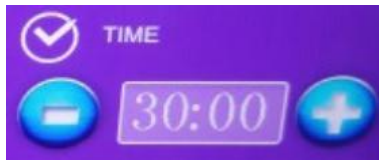
Start/Pause

1.7 Detailed Operation: Laser Pads



Tap  to go to the interface below

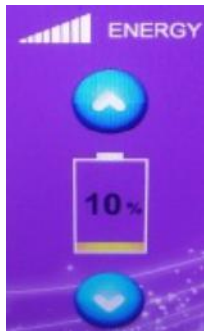




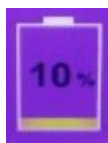
Working Time, one area is advised to be operated for around 20-30 min.



Time +/-



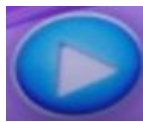
Laser Pads Energy Adjustment, the advised range is 80%-100%. There is no feeling when using it. It is very comfortable.



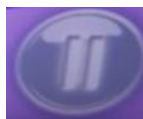
Energy Display



Energy +/-



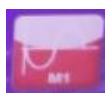
Return



Start/Pause



Model Selection



M1 is the keeping-light-on model, the LED on the laser pads keeps light on after the starting (it is suitable for those with thick fat and want to lose weight).



M2 is slow-twinkling-model, the LED on the laser pads keeps twinkling slowly after starting (it is suitable for consolidating weight loss).



M3 is fast-twinkling-model, the LED on the laser pads keeps twinkling quickly after starting (it is suitable for those with thick fat and want to double lose weight).

2. Technical Parameters

Cavitation Version: Cavitation 1.0
Treatment Area: Body
Measure of Treatment Area: 37cm²
Frequency of Ultrasound: 40KHz
Max. Output Power: 20W

Vacuum & Bipolar RF Handle with Photon
Treatment Area: Body
Measure of Treatment Area: 28cm²
Max. Output Power: 50W
Depth of Radio Frequency: 12.5mm
Depth of Pressure: 25mm
Frequency of Radio Frequency: 1MHz
Max. Output of Pressure: -80KPa

Sextupolar RF Handle with Photon
Treatment Area: Body
Measure of Treatment Area: 17cm²
Max. Output Power: 40W
Frequency of Radio Frequency: 1MHz
Depth of RF: 6mm
Wavelength of Red Photon: 650nm Red Light

3-Polar RF Handle with Photon
Treatment Area: Face/eye
Measure of Treatment Area: 6cm²
Max. Output Power: 8W
Frequency of Radio Frequency: 1MHz
Depth of RF: 3mm
Wavelength of Red Photon: 650nm Red Light

Big Lipo Laser Paddle
Treatment Area: Body
Measure of Treatment Area: 75cm²
Max. Output Power/Paddle: 10*5mw
Wavelength of Lipo Laser: 650nm

Small Lipo Laser Paddle
Treatment Area: Neck, Arm, Leg
Measure of Treatment Area: 12cm²
Max. Output Power/Paddle: 2*5mw
Wavelength of Lipo Laser: 650nm

Quadrupole RF Handpiece
Treatment Area: Face
Measure of Treatment Area: 12.5cm²
Max. Output Power: 20W
Frequency of Radio Frequency: 1MHz
Depth of RF: 5mm
Wavelength of Red Photon: 650nm Red Light

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

4. Dos and Don'ts

1. After each use of the instrument, please clean the treatment head with water and store it properly.
2. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
3. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
4. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
5. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
6. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
7. Please remove all metal objects from your body before treatment, so as not to affect the curative effect due to unexpected conditions.
8. Do not use in the eyes, thyroid gland, parathyroid gland, testicles, pregnant woman's abdomen and atrial pulse generator.
9. Patients who are currently ill should also use this instrument with caution unless approved by a physician.
10. Please turn off the power switch of the instrument when no guest is using it, and make sure to turn off the main power of the instrument before leaving after daily use

to ensure the safety of electrical products.

11. Use the instrument or train the operator strictly according to the instruction of the manual.
12. If you are taking other weight-loss drugs, it is recommended to stop taking the drugs for 1 to 2 months before you lose weight. If you want to lose weight immediately, you should extend the course of treatment.
13. Do not use the instrument on an empty stomach. Only after at least 1 hour after a full meal can you carry out the weight-loss treatment.
14. During operation, the instrument should be in full contact with the skin to avoid uneven heating.
15. Start with the lowest energy at the beginning of operation, and gradually add energy after adaptation.
16. When using this instrument, the operating area must be kept moist and avoid dry skin operation.
17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
18. The laser pads can be used separately, each treatment takes about 45 min, 3-5 times/week.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

4. No suction or very little suction?

- A. Please turn off the instrument and check the filter element specially used for the

instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

5. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6. FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6.Q: Will I experience rebound after operation?

A: Ultrasonic works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8.Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9.Q: Can RF instrument be used for chest shaping?

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye

and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

11.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

12.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

13.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20 , women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40 , the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

14. Q: Why do I need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily , and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15.Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.




16.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.

7. Packing List

Multipolar RF head(Sextupole RF) x 1
40KHz Cavitation Head x1
Vacuum Bipolar Head x1
3 polar RF Head for eyes x1
Quadrapole RF for Face x 1
Power line(We offer 100-240V,AU/EU/UK/AU plug) x 1
Big paddle with 8 lights//Each 5MW (Total 48 lights) x 6
Small paddle with 3 light//Each 5MW (Total 6 lights) x 2
holders for light paddles x 3

8. Operational Diagrams







Parameter Adjustment	Product	Techniques	Diagrams
Facial Anti-aging: 45 min, once/week			
RF Energy: 30%-80%	Makeup remover+ Face wash+ Massage cream+ Essence+ Facial mask	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 2 min. 3. Facial Massage Alternate hands to lift the facial contour from chin to the forehead, 3 times. 4. Alternate hands in lifting the face on the other side, 3 times. 5. Clean the face, 2 min. 6. Apply gel or essence evenly on whole face, 1 min. 7. Choose the facial probe to operate, combined with hands, lift in circular motion from double chin to earlobe, from chin ear gate, from the corner of mouth to the temple, from nose wing to the temple, from below the eyelid to the temple, from the forehead to the hairline, 3 times. 8. Lift upwards at the half of face, one line next to another, 3-5 times. 9. Do the same on the other side. Parts with obvious fine lines or sagging skin can be operated for more times. 10. Clean the face, 2 min. 	<p>Technique 3</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p> 



		11. Apply facial mask, 15 min. 12. Take off the mask and clean the face, 2 min. 13. Apply toner, essence, facial cream, sunscreen.	
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Suggested Treatment:
 10 treatments account for one full course. After one treatment, the skin becomes tightened and moisturized, replenished with nutrients. After a course of treatments, the skin is improved and glossy. After 2 courses of treatments, the skin is smooth and plump with a clean contour. After 3 courses of treatments, skin aging, sagging can be delayed, the collagen at the bottom layer of skin is regenerated, making skin smooth, tight and glossy.

Eye Anti-aging: 45min, once/week

RF Energy: 30% ~ 80%	Makeup remover+ Face wash+	1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min.	Technique 3, 5, 10
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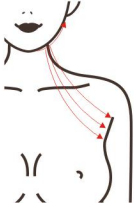
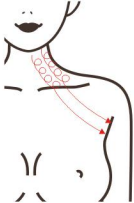
	<p>Toner+ Eye Essence+ Eye mask</p>	<p>3. Apply essence evenly around eyes and gently massage to rub it in, 1 min.</p> <p>4. Push the following acupoints: Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EM3), Sizhukong (TE-23), the Temple, Tongziliao (Gb-1), Chengqi (St-1) using middle and ring fingers, 3 times.</p> <p>5. Move hands in circular motion around eyes and push temples, 3 times.</p> <p>6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>8. Lift eye corners with "scissor" hand gesture, 3-5 times.</p> <p>9. Repeat the previous operation on the other side, 3 times.</p> <p>10. Move hands in circular motion around eyes and push temples, 3-5 times.</p> <p>11. RF Operation Move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p> <p>12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p>	 <p>Technique 4</p>  <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 8</p>  <p>Technique 11</p>  <p>Technique 12, 14</p>
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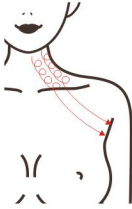


		<p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Apply eye mask, 15 min.</p> <p>16. Wash eyes and face clean, 2 min.</p> <p>17. Apply toner, facial essence, eye essence, cream and sunscreen.</p>	 <p>Technique 13</p> 
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Suggested Treatment:

10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Neck Anti-aging: 45 min, once/week

<p>RF Energy: 30%-80%</p>	<p>Makeup remover+ Face wash+ Massage cream+ Essence+ Neck mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 min. 2. Apply toner, 1 min. 3. Massage Apply on the chest with both hands to the back of the neck and press Fengchi (Gb-20) and Fengfu (Du-16) acupoint, 3 times. 4. Alternately lift from the jaw line, to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to 	<p>Technique 3</p>  <p>Technique 4, 6, 7</p>  <p>Technique 5</p>  <p>Technique 8</p>
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		<p>the armpit, 3 times.</p> <p>7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>8. Lift the whole neck alternatively with both hands, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Select proper neck operation probe, and select proper model, lift with one hand, model: 1-5.</p> <p>11. Lift the probe from double chin to pass behind the ear and under the armpit, 3 times.</p> <p>12. Move in small circles and trace 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>13. Move the probe in small circles around the whole neck, 3 times.</p> <p>14. Lift upwards around the whole neck, one line next to another, 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck, 2 min.</p> <p>17. Apply neck mask, 15 min.</p> <p>18. Apply essence.</p>	 <p>Technique 11</p>  <p>Technique 12</p>  <p>Technique 13</p>  <p>Technique 14</p> 
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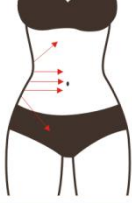


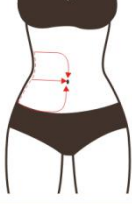
Suggested Treatments:

10 treatments account for one full course. After one treatment, the skin around neck will be improved and tightened. After one course of treatments, the skin is moisturized and fine lines are faded. After 3 courses of treatments, the skin becomes tight, fine and smooth.

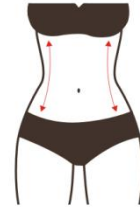
Waist&Abdomen Shaping: 60 min, once/week

Vacuum&RF	Essential Oil+	1. Apply and rub oil on	Technique 1, 7, 10
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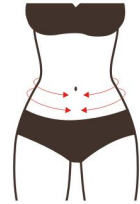
<p>Energy: 30%-80%</p> <p>Suction: 0.3-1.0</p> <p>Release: 0-0.5</p> <p>40K Energy: 30%-80%</p> <p>Model: M1</p> <p>Laser Pads Energy: 80%~100%</p> <p>Model: M1</p>	<p>Gel</p>	<p>abdomen with hands, 3 times.</p> <p>2. Rub stomach back and forth with both hands, 3-5 times.</p> <p>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</p> <p>5. Move hands as if writing an "8" number on waist, 3 times.</p> <p>6. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>7. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>8. Push on the following acupoints: Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times.</p> <p>9. Starting from Ren-3 point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Apply gel to the abdomen evenly, 1 min.</p> <p>12. 40K Operation Starting from one side of the waist, lift the device to</p>	<div data-bbox="1157 212 1289 421" data-label="Image"> </div> <p>Technique 2</p> <div data-bbox="1157 504 1289 712" data-label="Image"> </div> <p>Technique 3</p> <div data-bbox="1157 795 1289 1003" data-label="Image"> </div> <p>Technique 4</p> <div data-bbox="1157 1086 1289 1294" data-label="Image"> </div> <p>Technique 5</p> <div data-bbox="1157 1377 1289 1585" data-label="Image"> </div> <p>Technique 6</p> <div data-bbox="1157 1668 1289 1877" data-label="Image"> </div> <p>Technique 8</p>
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	<p>abdomen and groin, one line next to another, 3 times.</p> <p>13.Repeat the previous operation on the other side, 3 times.</p> <p>14.Move the device on abdomen in small circular motions, 3 times.</p> <p>15.Move the device on abdomen in big circular motions, 3 times.</p> <p>16.Move the probe to shape the waist as if writing “8”, 3-5 times.</p> <p>17.Move the probe up and down to shape the waist, 3-5 times.</p> <p>18.Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>19.Clean the abdomen with hot towel, 2 min.</p> <p>20.Apply essence to the abdomen evenly, 1 min.</p> <p>21.Vacuum RF Operation Starting from one side of the waist, lift the device to abdomen and groin, one line next to another, 3 times.</p> <p>22.Move the device on abdomen in small circular motions, 3-5 times.</p> <p>23.Move the device on abdomen in big circular motions, 3-5 times.</p> <p>24.Move the probe up and down to shape the waist, 3-5 times.</p> <p>25.Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>26.Bind the bandage at the waist, don’t bind too tight, insert the laser pads and fix</p>	 <p>Technique 9</p>  <p>Technique 12</p>  <p>Technique 14, 23</p>  <p>Technique 15, 24</p>  <p>Technique 16</p>  <p>Technique 17, 25</p>
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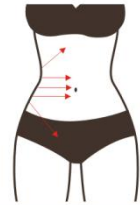
them. It takes 4-6 laser pads.
And it takes around 20 min.
27. Take off the bandage and
laser pads.
28. Clean the abdomen with
dry towel.



Technique 18, 26



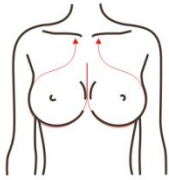
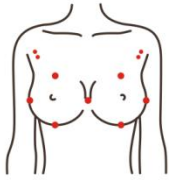
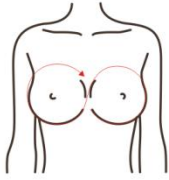
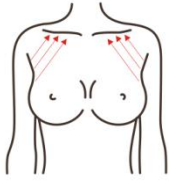
Technique 22

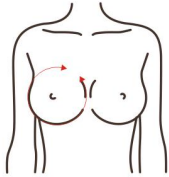
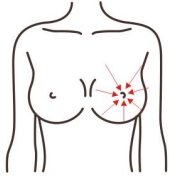
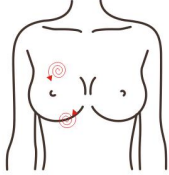
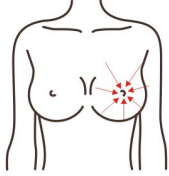
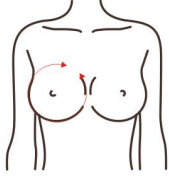
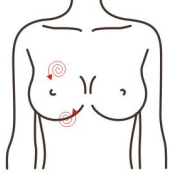




Suggested Treatment:

10 treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Breasts Shaping: 45 min, once/week

<p>RF Energy: 30%-80%</p>	<p>Massage Cream (Essence Oil)</p>	<ol style="list-style-type: none">1. Stand at the head of the bed, both hands from Ren-17, zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.2. Both hands thumb point: shanzhong (Ren-17), rugen (St-18), dabao (SP-21), yingchuang (St-16), zhongfu (LU-1), yunmen (LU-2), 3 times.3. Caress the treatment area, 3 times.4. Overlap both palms from Ren-17 point to chest both sides back and forth as if writing an "8" number, 3 times.5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.6. Caress the treatment area, 3 times.7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.	<p>Technique 1</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7</p>
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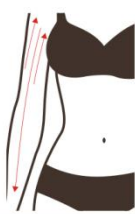
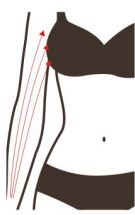
		<p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF operation First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times.</p> <p>17. The technique on the other side is the same as above.</p>	 <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 13</p>  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 15</p>
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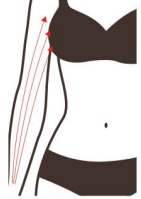

			 <hr/> <p>Technique 16</p>  <hr/>
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Suggested Treatment:

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment, the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

Arms Shaping: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>Ultrasonic Energy: 30%-80%</p> <p>Model: M2</p> <p>Laser Pads Energy: 80%-100%</p> <p>Model: M2</p>	<p>Essential oil (Massage Cream)+ Ultrasonic Gel</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing 	<p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4, 5, 6</p>  <hr/> <p>Technique 7</p>
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		<p>upwards, 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm:</p> <p>Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Repeat the previous operation on another side.</p> <p>11. Apply gel on the arms evenly.</p> <p>12. 40K Operation Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>13. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>14. You may double the operation on flabby arms, 3 times.</p> <p>15. Trace three channels to armpit, 3 times.</p> <p>16. Lay inner arm flatwise</p>	 <hr/> <p>Technique 8, 17, 19</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 13, 16</p>  <hr/> <p>Technique 14, 15</p>  <hr/>
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		<p>and push three channels on upper arm to armpit, 3 times.</p> <p>17. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>18. Trace three channels from upper arm to armpit.</p> <p>19. RF Operation Tracing three channels to armpit, 3 times.</p> <p>20. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>21. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>22. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>23. Repeat the previous operation on another side.</p> <p>24. Bind the bandage around the arms, don't bind too tight, then insert the laser pads and fix them. It takes 20 min.</p> <p>25. Take off the bandage and the laser pads.</p> <p>26. Clean with hot towel.</p>	
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Suggested Treatment:

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Back Shaping: 60 min, once/week

RF Energy:
30%-80%

Vacuum
Energy:
Suction: 0.3-1.5

Release: 0-1.0

Laser Pads
Energy:
80%-100%
Model: M1

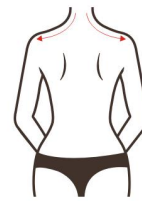
Essence Oil

1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points.
2. (Starting from hairline) Stroke Da Ban Jin with thumb, 3-5 times.
3. Move thumb outwards from Du Channel (GV) to the 8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point, 3 times.
4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.
5. Push Bladder Channel (BL) with thumb in left-right order, 3 times.
6. Push Bladder Channel (BL) to baliao area with both thumbs, at the same time, 3 times.
7. Push Bladder Channel (BL) in three kneeling fingers, 3 times.
8. Push scapula slot with both hands alternately in left-right order, 3-6 times.
9. Push scapula slot with both hands horizontally, 3-6 times.
10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.

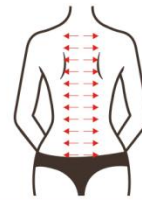
Technique 1, 10



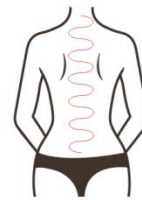
Technique 2



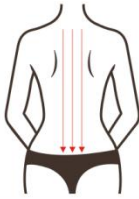
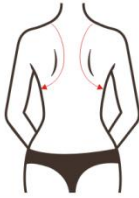


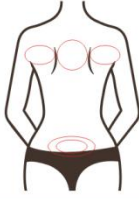
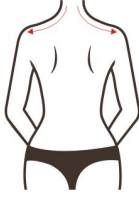
Technique 3



Technique 4



Technique 5, 6, 7, 13, 16





		<p>11.Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3 times.</p> <p>12.Repeat the previous action on another arm, 3 times.</p> <p>13.Rub on Du Channel (GV) and Bladder Channel(BL) until they turn hot.</p> <p>14.Apply gel evenly on back.</p> <p>15.RF Operation</p> <p>Starting from Meridian GV to Bladder Meridian(BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>16.Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>17.From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>18.Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>19.Move the device horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>20.Move in annular motions from two sides till the underarm, 3 times.</p> <p>21.Lift upwards from sides of the waist to the underarm, 3-5 times.</p> <p>22.Clean with hot towel.</p> <p>23.Apply essential oil evenly on the back.</p> <p>24.Vacuum RF Operation</p> <p>Starting from Du channel to Bladder channel (BL), move the device from neck to the</p>	 <hr/> <p>Technique 8, 19</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 11, 12</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>
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		<p>8 Crevice area, 3-5 times.</p> <p>25. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>26. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>27. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>28. Lift from sides of waist upwards to armpit in annular motions, 3-5 times.</p> <p>27. Bind the bandage around the back, don't bind too tight, then insert the laser pads and fix them. It takes 20 min.</p> <p>28. Take off the bandage and the laser pads.</p> <p>29. Clean the back with towel.</p>	<div data-bbox="1107 219 1248 416" data-label="Image"> </div> <hr/> <p data-bbox="1034 450 1206 483">Technique 21</p> <div data-bbox="1107 510 1248 707" data-label="Image"> </div> <hr/> <p data-bbox="1034 741 1206 775">Technique 22</p> <div data-bbox="1107 801 1248 999" data-label="Image"> </div> <hr/>
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Suggested Treatment:

10 times account for a full course. Once done, back feels significantly relaxed, neck stiffness alleviated, and skin feels lifted. After a full course, shoulder feels relaxed, back fat lessens, the lump on the nape of the neck improves, and the back line starts to show. 2 courses help dredge meridians, regulate sub-health, and improve sleep. 3 courses help achieve thin back, curvy back line, better viscera function and digestion, detoxification and metabolism. (one course helps reduce size, two courses help strengthen the effects, three courses help with consolidation and avoid rebound.)

Buttocks Shaping: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>40K Energy: 30%-80%</p> <p>Model: M1</p> <p>Laser Pads Energy: 80%~100%</p> <p>Model: M2</p>	<p>Essence Oil</p>	<ol style="list-style-type: none"> 1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.) 2. Repeatedly push the 8 Crevice area with two thumbs, 3 times. 3. Caress the treatment area for 3 times and then point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times. 4. Caress the treatment area, 3 times. 5. First left, then right, with both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each. 6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel 	<p>Technique 1, 4, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 5, 12, 15</p>  <hr/> <p>Technique 6</p>
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(LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.

7. Overlap both palms and push up together from thigh root to pulse

(ascension) ,3 to 5 times.

8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.

9. Repeat the operation 7.

10. Caress the treatment area.

11. The technique on the other side is the same as above.

12. RF Operation

Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.

13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.

14. Circle your hips, 3 to 5 times.

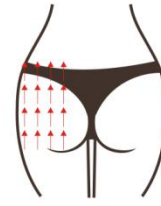
15. Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.

16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.

17. Do the same on the other side.

18. 40K Operation

Move in small circles at the part of buttock with excessive fat to burn fat, 3-5 times.



Technique 8, 13, 16



Technique 14

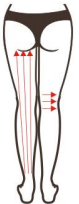

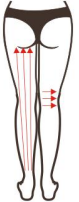




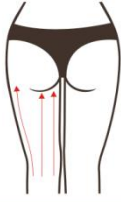

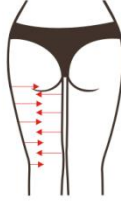

		<p>19. Lift from the root of thigh to buttock, 3 times.</p> <p>20. Fix the laser pads at the buttock with excessive fat, around 20 min.</p> <p>21. Take off the laser pads.</p>	
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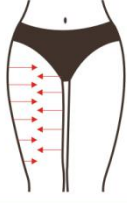
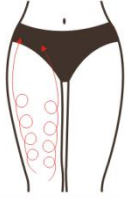
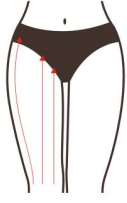
Suggested Treatment:

10 times account for a full course. After one treatment, buttocks feel lifted and heated. After a course, hip curve starts to show, excess fat slowly disappears, skin becomes tight. 3 courses help improve gynecological problems like cold body and cold uterus. Menstruation returns to normal. It helps consolidate the effect and increase the female sexual appeal.

Legs Shaping: 70 min, once/week

<p>Vacuum&RF Energy: 30%-80%</p> <p>Suction: 0.3-1.5 Release: 0-1.0</p> <p>Ultrasound Energy: 30%-80% Model: M2</p> <p>Laser Pads Energy: 80%-100% Model: M3</p>	<p>Essence Oil (Massage Cream) + Ultrasound Gel</p>	<p>1. Prone Position - Rear Leg In left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>3. Move hands upwards to four main collateral channels:Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fired dough, 3</p>	<p>Technique 1, 2, 3, 4, 7</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 12</p> 
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	<p>times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean with hot towel, 2 min.</p> <p>11. Apply gel evenly, 2min.</p> <p>12. 40K Operation Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>13. Move the probe in small circular motion on the leg, 3 times.</p> <p>14. Push upwards to popliteal fossa while massage with the free hand, 3 times.</p> <p>15. Push from popliteal fossa, tracing four channels to the end of thigh, 3 times.</p> <p>16. Move the probe from popliteal fossa in small circular motions to the end of thigh, 3 times.</p> <p>17. Push from popliteal fossa, tracing channels to the end of thigh, 3 times.</p> <p>18. Vacuum RF Operation Move the probe from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel</p>	<p>Technique 13</p>  <hr/> <p>Technique 14, 18</p>  <hr/> <p>Technique 15, 17, 19</p>  <hr/> <p>Technique 16, 20</p>  <hr/> <p>Technique 21</p>  <hr/> <p>Technique 22, 23, 24, 25</p>  <hr/> <p>Technique 29</p>
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		<p>(GB) , 3 times.</p> <p>19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>20. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>21. Coupled with hand, lift from two sides of thighs to the middle, 3-5 times.</p> <p>22. Supine Position - Foreleg Treatment</p> <p>Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>24. Move hands upwards to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times.</p> <p>25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>26. 40K Operation</p> <p>Lift the device towards knee while tracing 4 channels, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>27. Move the device on two sides of calf in annular motion, 3 times(start from</p>	 <hr/> <p>Technique 30</p>  <hr/> <p>Technique 31</p>  <hr/> <p>Technique 32</p>  <hr/>
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		<p>thigh if there's not enough unwanted fat on calf.)</p> <p>28. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>29. Move the probe in small circular motions on the entire thigh, 3 times.</p> <p>30. Coupled with hand, lift the device from knee to thigh root in lines, 3 times.</p> <p>31. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>32. Lift from knee towards the end of thigh in parallel lines, 3 times.</p> <p>33. Vacuum RF Operation Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>34. Move the probe in small circular motions on the entire thigh, 3 times.</p> <p>35. Coupled with hand, lift the device from knee to thigh root in lines, 3 times.</p> <p>36. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>37. Do the same on the other side.</p> <p>38. Bind the bandage around the legs, don't bind too tight, then insert the laser pads and fix them. It takes 20 min.</p> <p>39. Take off the bandage and the laser pads.</p> <p>40. Clean with hot towel, 2 min.</p>	
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Suggested Treatment:

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. RF + ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.