

# User Manual

## WL-Frost43





# Preface

Dear Users:

We're pleased to present to you *Cooling Vacuum Fat Cellulite Removal Body Slimming Machine*, which is a powerful fat-dissolving and weight-losing machine. It is effective for body shaping, fat-dissolving and weight-losing. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. WL-Frost43 is a specialized weight-loss instrument for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief introduction

Fat freezing beauty machine is the most popular weight-loss instrument at present. It can effectively replace the weight-loss items of various parts of the body in the beauty salon. It is simple, convenient and fast to operate, and can solve the skin and body management problems of beauty-lovers. This instrument is safe and effective, without injections, medicines, surgery and side effects. External use is throughout the entire process and has immediate results. Fat freeze is a non-invasive way to lose weight. It aims at and eliminates adipocytes in specific parts of the body, reduces fat thickness and makes the body curve more obvious.

## Main Advantages

1. Procedure operation can be completed without operation or anesthesia.
2. It will not cause unevenness.
3. Significant effect, less prone to weight rebound.
4. Non-invasive and does not affect the normal working life.
5. Visible results; Not prone to rebound.
6. Effectively remove cellulite, eliminate edema and dissolve fat.
7. Transfer fat and tighten skin.
8. Eliminate unwanted stubborn cellulite tissues.
9. Dissolve and reduce fat, sculpt the perfect body curve.
10. No damage to nerve, blood vessel and skin surface tissue during fat freezing.
11. The effect of freezing is only for the fat layer, so it will not freeze the viscera or the skin.
12. Four handles can work simultaneously, saving time and energy.

## Principles

### Vacuum fat freezing

Vacuum fat freezing combines “fat freeze”, “vacuum slimming”, “red LED”, reaching deep into subcutaneous tissues, sucking excess fat into the handle and focusing on freezing. Freezing and degreasing utilizes triglycerides in human fat to transform into solid state at low temperature of 5°C. The frozen energy is precisely controlled by a non-invasive freezing energy extraction device and transferred to the designated fat-soluble sites. The designated fat cells are targeted to eliminate and the designated fat cells reach a specific level when they are cooled. After low temperature, triglyceride transforms from liquid to solid, and dies one after another after crystallization and aging. Through metabolism, the body fat gradually decreases, thus

achieving the effect of local fat-free and fat-soluble shaping.

## Cooling Pads

It capitalizes on a characteristic of the fat cells, which is particularly sensitive to low temperature, while adjacent tissue cells, blood cells and peripheral nerve cell, melanocyte, fiber cells or insufficient fat cells are not as sensitive to coldness. This difference determines that under the specific low temperature (0-10 °), fat cells are inactivated while it has no effect on other tissue cells. The fat cells then go from normal liquid to solid at 4-5°C. The temperature of the handle can be as low as 0 to -10°C, and the temperature to the fat is about -4 to 5°C. After about 45 minutes of freezing, the fat cells become solid. When fat cells become solid, they don't stay in the body for very long. Aging fat cells are expelled from the body by the liver and urine through the body's normal metabolism.

## Effects

1. Disperse hard and thick fat and cellular tissue and dissolve adipocytes.
2. Reduce and dissolve localized fat and eliminate obesity.
3. Relieve skin aging, tighten and shape, make skin firm and elastic.
4. Dissolve fat to build a perfect curved body.
5. Shape A4 waist, slender legs and small buttocks.

## Applicable Range

1. Those with pear shape due to sedentary life.
2. Those with flabby arms.
3. Those with fat legs.
4. Those with sagging skin.
5. Those with obesity caused by overeating.
6. Those with postpartum abdominal relaxation, prominent belly, waist obesity, and atrophic lines.
7. Those who eat reasonably and exercise regularly, but still can't get rid of localized fat.
8. Those with lumbar and abdominal fat such as love handles.
9. Those with outward expanding hips that have excessive fat.

## Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
1. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.

2. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
3. Those with skin trauma or wound.
4. Those who are over-aging.
5. Those in menstruation, pregnancy, lactation, surgical recovery.
6. Those with skin diseases and infectious diseases.
7. Those who are unrealistic about the effects.
10. Those with long-term or ongoing use of anticoagulants, vasodilators, corticosteroids and other drugs.
11. Those with liver diseases.

## **Notes after Operation**

1. Stay warm after treatment. Don't eat cold, war food. Avoid getting cold.
2. Take a bath after 4-6 hours.
3. Drink more lukewarm water, supplement water and strengthen metabolism.
4. Avoid binge eating, drinking or staying up late.
5. Avoid eating cold, raw or spicy food and allocate adequate sleep hours.
6. Avoid wearing crop top, backless clothes, miniskirts, shorts, etc.
7. Avoid scratching the treated area.
8. Avoid rubbing the treated area.

## **Part II**

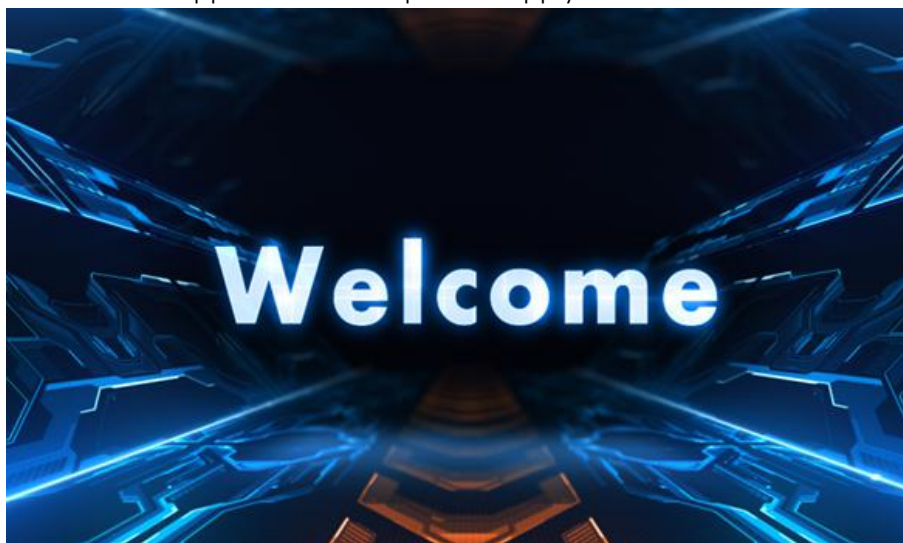
### **1. Detailed Operation**

Detailed installation:



- ① Power switch
- ② Filter
- ③ Body vacuum cooling handle
- ④ Cooling pad
- ⑤ Cooling pad
- ⑥ Inflow
- ⑦ Outflow
- ⑧ Overflow

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.





The following interface appears



The following interface appears



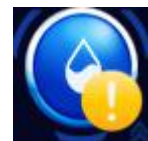
## 1.1 Function Selection



Temperature (Alert when abnormal temperature occurs



Water Volume (Alert when water volume is low



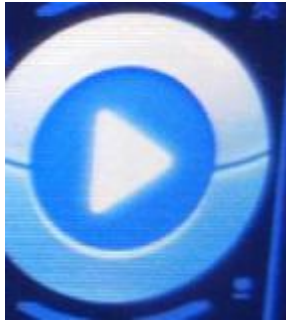
or



will appear when handle failure occurs



Restore



Start/Pause



Cooling Pad NO.1



Cooling Pad NO.2



Vacuum Fat Freezing Handle NO.3



Working Time



Handle Temperature



Body Vacuum Fat Freezing Suction(L), Jaw Vacuum Fat Freezing Suction (R)

### 1.2 Detailed Operation: Body Vacuum Cooling Handle NO.3



Select to adjust parameters



Time Adjustment of NO.3 Handle



Time +/-



Working Time Display



Temperature Adjustment of of NO.3 Handle



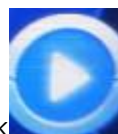
Temperature +/-



Temperature Display



Click to turn on the machine, then click to start specific handle operation.



### 1.3 Detailed Operation: Cooling Pads



Select to adjust parameters



Time Adjustment of NO.2&NO.1 Handle



Time +/-



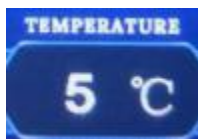
Working Time Display



Temperature Adjustment of of NO.2&NO.1 Handle



Temperature +/-



Temperature Display



Click to turn on the machine, then click to start specific handle operation.



## 2. Technical Parameters

Voltage AC110V/220V 50-60Hz

Power consumption: 350W

### **Vacuum fat freezing Handle**

Vacuum 650mmHg

Pump flow rate: 60L/min

Vacuum pressure 0-100Kpa

Freezing temperature: 0°C, -5°C,

Cooling device output: 0-5Kpa

Cooling liquid pure water

Default working time: 0-60min

Fuse size: F2AL250V

### **Cooling pads**

Cooling pads output temperature: 15~ -10°C

Cooling liquid: pure water

Default working time: 0-60min

Fuse size: F2AL250V

## **3. Dos and Dont's**

1. Clean the probes with normal saline and store in place.
2. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
3. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
4. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
5. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
6. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
8. Do not use on eyes, thyroid gland, parathyroid gland, testis, abdomen of pregnant women and atrial pulse generator.
9. Patients who are suffering from illness should be consult with a doctor and gain permission from the doctor before using.
10. Please turn off the power switch of the device, and ensure that the total power

supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

11. Use device or train device operators in strict accordance with instructions in the user manual.

12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before using this instrument. If you lose weight immediately, you should extend the course of treatment.

13. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.

14. When operating, the instrument should fully touch the skin to fully present the suction.

15. Start at the lowest level of energy at the beginning of the operation, then slowly add up.

16. When receiving the treatment, it is required to apply 2 fat-freezing membranes on the treated area and dry skin should be avoided.

17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

18. The two buttons connect to the two handles. The two twisting knobs connect to the vacuum suction levels of the two handles.

## 4. Troubleshooting & Solutions

### 1. The instrument cannot be started, but the key light on the back of the instrument does not work?

A. Make sure the power cord is connected to a valid power socket.

B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### 2. The instrument stopped working after clicking on start button?

A. It may be that the water flow of the instrument is insufficient for it to detect the flow.

B. Check whether the water tank is short on water.

### 3. No suction when clicking on the start button?

A. Press the start button first, then press the start button of a single handle.

B. Check whether the twisting knob is at the the minimum suction level, which can be adjusted.

C. Check whether the time has been set to zero, and adjust the time if it is set to zero.

### 4. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

## 5. FAQs

### 1. Q: Are there any side effects of fat freezing method?

A: Freezing weight loss is a completely non-traumatic and painless way to reduce fat. By using the principle that adipocytes are not cold-tolerant compared with other cells, adipocytes die early because of low temperature. Professional frozen constant temperature can maintain only on adipocytes, but not on other tissues of the body, without affecting skin or muscle. Fat cells after death are excreted from the body by metabolism, so there are no side effects on the body.

### 2. Q: How does freezing fat help lose weight?

A: Cooling pads are placed on the surface of human skin, cool subcutaneous tissue to 5°C, aging adipocytes ahead of time, and dying one after another, excreting in vitro through metabolism to achieve the effect of slimming.

The designated part of the adipocytes in cold temperature transforms from liquid to solid, crystallize and age and discharged in vitro through metabolism, and body fat gradually reduced, so as to achieve the effect of local fat-soluble shaping.

### 3. Q: Is it effective to dissolve fat with fat-freezing method?

A: The triglyceride contained in human fat will be transformed into solid at 5°C. The cryolipolysis handle will be placed where the fat will be removed. The fat will quickly coagulate into frozen shape and the cells will be depleted (the cells will fall off and die according to the growth law). Dead cells are treated as garbage in the body, which is excreted through metabolism, and the body fat decreases, thus achieving the effect of local fat-soluble shaping. Therefore, frozen fat-soluble is an effective way to lose weight.

### 4.Q: Do I need to control diet and exercise after treatment?

A: After cryolipolysis fat-freezing treatment, you should exercise regularly and pay attention to diet, because it only reduces body fat, and does not fundamentally improve the basic metabolism, so if you do not control diet and strengthen exercise, there will be a weight rebound.

### 5. Q: Why is anti-freezing membrane required for the operation?

A: According to the principle of heat and cold in human skin, gene molecules are mixed in the anti-freezing membrane. After clinical testing, the anti-freezing membrane has proven to effectively prevent frostbite of the skin and is suitable for all skin.

### 6. Q: How long can I start seeing results of fat-freezing treatment ?

A: It takes about 1 to 2 months, which is related to individual constitution and metabolism. The treatment is based on the principle that adipocytes are not cold-resistant. It takes a period of time to see that adipocytes are frozen to death and wither at about 5°C and then discharged through body metabolism.

**7. Q: Does it hurt during the process?**

A: Because of the effect of vacuum in fat-freezing treatment, you can feel at most a slight pull feeling and local intense coldness on treated area. This kind of feeling is more apparent at the beginning . Generally single treatment time is 45 minutes or so. After the treatment, you may experience a little swelling numbness on treated area. But it doesn't get in the way of daily activities.

**8. Q: Why can't I massage the treated area after operation?**

A: After cryolipolysis fat-freezing treatment, the treated area will appear temporary redness, congestion and numbness and will disappear naturally in 1-2 weeks. If you rub it by hand at this time, it will aggravate skin damage and congestion due to the decreased elasticity of the frozen skin.

**6. Packing List**

- 1 x Main Machine
- 2 x Freeze Cold Cryo Pads
- 1x Vacuum Body Cooling Handle
- 1 x Funnel
- 1 x Power Supply Cord
- 1 x Fuse
- 1 x Filter

**7. Operational Diagrams**

Parameter Adjustment	Product	Techniques	Diagrams
<b>Shaping Arms: 30 min, once/month</b>			
Vacuum cooling handle:  Temperature: -5°C	Towel + Anti-freezing Membrane+ Device	1. Wipe clean the arm. Place the adhesive strap under the arm.  2. Select anti-freezing membrane according to the size of the fat part of	No Diagram



<p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p>		<p>the arm and apply it evenly.</p> <p>3. Set time, temperature and suction of the probe.</p> <p>4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</p> <p>5. Turn off the machine and take membrane and probe off. Wipe clean treated area.</p>	
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**Suggested treatment:**

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. After a full course, you will see visible results like reduced size, slender arms and tight skin. At later stages it can be done every 3 month for consolidating and strengthening effect.

**Shaping Waist&Abdomen: 30 min, once/month**

<p>Vacuum cooling handle:</p> <p>Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p>	<p>Towel + Anti-freezing Membrane+ Device</p>	<p>1. Wipe clean waist and abdomen. Place the adhesive strap under the waist and abdomen.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the waist and abdomen and apply it evenly.</p> <p>3. Set time, temperature and suction of the probe.</p> <p>4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</p> <p>5. Turn off the machine and take membrane and</p>	<p>No Diagram</p>
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		probe off. Wipe clean treated area.	
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**Suggested treatment:**  
 Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. Fat thickness reduce by 22% in average but the result varies on an individual basis. You will reduce excess fat and achieve the effect of weight loss after a course of treatment. After a full course, you will see visible results like slender waist, tight skin and reduced beer belly. At later stages it can be done every 3 month for consolidating and strengthening effect.

### Shaping Back: 30 min, once/month

Vacuum cooling handle:  Temperature: -5°C  Time: 10-30 min  Suction Level: Adjust subjecting the customer's comfort level	Towel + Anti-freezing Membrane+ Device	<ol style="list-style-type: none"> <li>1. Wipe clean the back. Place the adhesive strap under the back.</li> <li>2. Select anti-freezing membrane according to the size of the fat part of the back and apply it evenly.</li> <li>3. Set time, temperature and suction of the probe.</li> <li>4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</li> <li>5. Turn off the machine and take membrane and probe off. Wipe clean treated area.</li> </ol>	No Diagram
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**Suggested treatment:**  
 Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. Fat thickness reduce by 22% in average but the result varies on an individual basis. You will reduce excess fat and achieve the effect of weight loss after a course of treatment. At later stages it can be done every 3 month for consolidating and strengthening effect.

### Shaping Legs: 30 min, once/month

Vacuum cooling	Towel +	1. Wipe clean the legs.	No Diagram
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<p>handle:</p> <p>Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p>	<p>Anti-freezing Membrane+ Device</p>	<p>Place the adhesive strap under the legs.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the legs and apply it evenly.</p> <p>3. Set time and temperature of the probe.</p> <p>4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</p> <p>5. Turn off the machine and take membrane and probe off. Wipe clean treated area.</p>	
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**Suggested treatment:**

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. Fat thickness reduce by 22% in average but the result varies on an individual basis. You will reduce excess fat and achieve the effect of weight loss after a course of treatment. After a full course, you will see visible results like reduced size, slender legs, tight skin and reduced adipose on legs. At later stages it can be done every 3 month for consolidating and strengthening effect.

**Shaping Buttocks: 30 min, once/month**

<p>Vacuum cooling handle:</p> <p>Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: adjust subjecting the customer's comfort level</p>	<p>Towel + Anti-freezing Membrane+ Device</p>	<p>1. Wipe clean the buttocks. Place the adhesive strap under the buttocks.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the buttocks and apply it evenly.</p> <p>3. Set time, temperature and suction of the plate.</p> <p>4. Fixate the anti-freezing plate between the strap</p>	<p>No Diagram</p>
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		and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 40 minutes. 5. Turn off the machine and take membrane and plate off. Wipe clean treated area.	
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**Suggested treatment:**

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. The results vary on a individual basis. After a full course, you will see visible results like reduced size, less fat on buttocks and tight butt skin. At later stages it can be done every 3 month for consolidating and strengthening effect.

**Arm Fat Reduction: 30 min, once/month**

Cooling pad:  Temperature: -5°C  Time: 10-30 min	Towel + Anti-freezing Membrane+ Device	1. Wipe clean the arm. Place the adhesive strap under the arm. 2. Select anti-freezing membrane according to the size of the fat part of the arm and apply it evenly. 3. Set time, temperature and suction of the probe. 4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes. 5. Turn off the machine and take membrane and probe off. 6. Wipe clean treated area.	No Diagram
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**Suggested treatment:**

Four treatments account for one full course. Fat gradually reduced in 1-2 week. Fat thickness decrease by 20% after 1-2 month. After a full course, excessive fat and unwanted stubborn cellulite is reduced. Two courses help get rid of flabby arms. At later stages, it can be done every 2-3 month for consolidating and strengthening effect.

## Waist&Abdomen Fat Reduction:30 min, once/month

<p>Cooling pad:</p> <p>Temperature: -5°C</p> <p>Time: 10-30 min</p>	<p>Towel + Anti-freezing Membrane+ Device</p>	<p>1.Wipe clean waist and abdomen.</p> <p>Place the adhesive strap under the waist and abdomen.</p> <p>2.Select anti-freezing membrane according to the size of the fat part of the waist and abdomen and apply it evenly.</p> <p>3. Set time, temperature and suction of the probe.</p> <p>4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</p> <p>5. Turn off the machine and take membrane and probe off.</p> <p>6. Wipe clean treated area.</p>	<p>No Diagram</p>
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**Suggested treatment:**

Four treatments account for one full course. Fat gradually reduced in 1-2 week. Fat thickness decrease by 20% after 1-2 month. After a full course, excessive fat and unwanted stubborn cellulite is reduced. Two courses help get rid of unwanted belly fat. At later stages, it can be done every 2-3 month for consolidating and strengthening effect.

## Back Fat Reduction: 30 min, once/month

<p>Cooling pad:</p> <p>Temperature: -5°C</p> <p>Time: 10-30 min</p>	<p>Towel + Anti-freezing Membrane+ Device</p>	<p>1. Wipe clean the back.</p> <p>Place the adhesive strap under the back.</p> <p>2.Select anti-freezing membrane according to the size of the fat part of the back and apply it evenly.</p> <p>3. Set time, temperature and suction of the probe.</p> <p>4.Fixate the anti-freezing probe between the strap and the membrane. Adjust</p>	<p>No Diagram</p>
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		<p>the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</p> <p>5. Turn off the machine and take membrane and probe off.</p> <p>6. Wipe clean treated area.</p>	
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**Suggested treatment:**

Four treatments account for one full course. Fat gradually reduced in 1-2 week. Fat thickness decrease by 20% after 1-2 month. After a full course, excessive fat and unwanted stubborn cellulite is reduced. Two courses help get rid of unwanted back fat. At later stages, it can be done every 2-3 month for consolidating and strengthening effect.

**Buttock Fat Reduction: 30 min, once/month**

<p>Cooling pad:</p> <p>Temperature: -5°C</p> <p>Time: 10-30 min</p>	<p>Towel + Anti-freezing Membrane+ Device</p>	<ol style="list-style-type: none"> <li>1. Wipe clean the buttocks. Place the adhesive strap under the buttocks.</li> <li>2. Select anti-freezing membrane according to the size of the fat part of the buttocks and apply it evenly.</li> <li>3. Set time, temperature and suction of the plate.</li> <li>4. Fixate the anti-freezing plate between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 40 minutes.</li> <li>5. Turn off the machine and take membrane and plate off.</li> <li>6. Wipe clean treated area.</li> </ol>	<p>No Diagram</p>
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**Suggested treatment:**

Four treatments account for one full course. Fat gradually reduced in 1-2 week. Fat thickness decrease by 20% after 1-2 month. After a full course, excessive fat and unwanted stubborn cellulite is reduced. Two courses help decrease unwanted and outward expanding buttock fat. It helps to get you a better butt shape. At later stages, it can be done every 2-3 month for consolidating and strengthening effect.

**Leg Fat Reduction: 30 min, once/month**

<p>Cooling pad:</p>	<p>Massage</p>	<ol style="list-style-type: none"> <li>1. Wipe clean the legs.</li> </ol>	<p>No Diagram</p>
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<p>Temperature: -5°C</p> <p>Time: 10-30 min</p>	<p>cream+ Anti-freezing Membrane+ Device</p>	<p>Place the adhesive strap under the legs.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the legs and apply it evenly.</p> <p>3. Set time and temperature of the probe.</p> <p>4. Fixate the anti-freezing probe between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 10-30 minutes.</p> <p>5. Turn off the machine and take membrane and probe off.</p> <p>6. Wipe clean treated area.</p>	
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**Suggested treatment:**

Four treatments account for one full course. Fat gradually reduced in 1-2 week. Fat thickness decrease by 20% after 1-2 month. After a full course, excessive fat and unwanted stubborn cellulite is reduced. Two courses help get you a better leg shape. At later stages, it can be done every 2-3 month for consolidating and strengthening effect.

**Body Sculpting&Slimming: 60 minutes, once/month**

<p>Vacuum cooling handle: Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p> <p>Chin Vacuum cooling handle: Temperature: -5°C</p>	<p>Towel + Anti-freezing Membrane+ Device</p>	<p><b>Arms</b></p> <p>1. Wipe clean the arm. Place the adhesive strap under the arm.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the arm and apply it evenly.</p> <p>3. Set time, temperature and suction of the plate.</p> <p>4. Fixate the anti-freezing plate between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 30 minutes.</p>	<p>Notice: Your arms may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p>
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<p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p> <p>Cooling pad: Temperature: -5°C</p> <p>Time: 10-30 min</p>		<p>5. Turn off the machine and take membrane and plate off. Wipe clean treated area.</p> <p><b>Waist &amp; Abdomen</b></p> <p>1. Wipe clean waist and abdomen.</p> <p>Place the adhesive strap under the waist and abdomen.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the waist and abdomen and apply it evenly.</p> <p>3. Set time, temperature and suction of the plate.</p> <p>4. Fixate the anti-freezing plate between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 30 minutes.</p> <p>5. Turn off the machine and take membrane and plate off. Wipe clean treated area.</p> <p><b>Legs</b></p> <p>1. Wipe clean the legs. Place the adhesive strap under the legs.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the legs and apply it evenly.</p> <p>3. Set time and temperature of the plate.</p> <p>4. Fixate the anti-freezing plate between the strap and the membrane. Adjust</p>	<p>Notice:</p> <p>Your waist and abdomen may experience an obvious tight feeling. Stronger the suction level is, tighter feeling you may feel.</p> <p>Two plates can be used at the same time. Bubble may appear during the process due to constant suction and there's air between anti-freezing membrane and the plates!</p> <p>Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p> <p>Notice:</p> <p>Your legs may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after</p>
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		<p>the suction level subjecting to one's comfort level. Wait for 30 minutes.</p> <p>5. Turn off the machine and take membrane and plate off. Wipe clean treated area.</p> <p><b>Back</b></p> <p>1. Wipe clean the back. Place the adhesive strap under the back.</p> <p>2. Select anti-freezing membrane according to the size of the fat part of the back and apply it evenly.</p> <p>3. Set time, temperature and suction of the plate.</p> <p>4. Fixate the anti-freezing plate between the strap and the membrane. Adjust the suction level subjecting to one's comfort level. Wait for 30 minutes.</p> <p>5. Turn off the machine and take membrane and plate off. Wipe clean treated area.</p>	<p>treatment, which is normal so there's no need to worry!</p> <p>Notice: Your back may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p>
<p><b>Suggested treatment:</b></p> <p>Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear within a week. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. After a full course, you will see visible results like reduced size, slender body, tight skin. At later stages it can be done every 3 month for consolidating and strengthening effect.</p>			
<p><b>Note: 3 handles can work at the same time.</b></p>			