

User Manual

WL-F8101



Preface

Dear Users,

We're pleased to present to you our latest sauna box, which adopts far infrared ray technology for detoxing body and reducing fat. It is a professional fat-reducing machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Introduction

Far infrared ray technology is among the most popular detoxing and fat-reducing approaches, which can replace the traditional steaming sauna in beauty salons. Moreover, it is convenient and easy to operate. It solves body management problems for those who want to be attractive. This machine requires no injection, no medication, and no operation, for which it is safe with no side effects. The basis of the far infrared ray treatment is “thermogenetic effect”, which can accelerate blood circulation, promote metabolism and enhance one’s immunity.

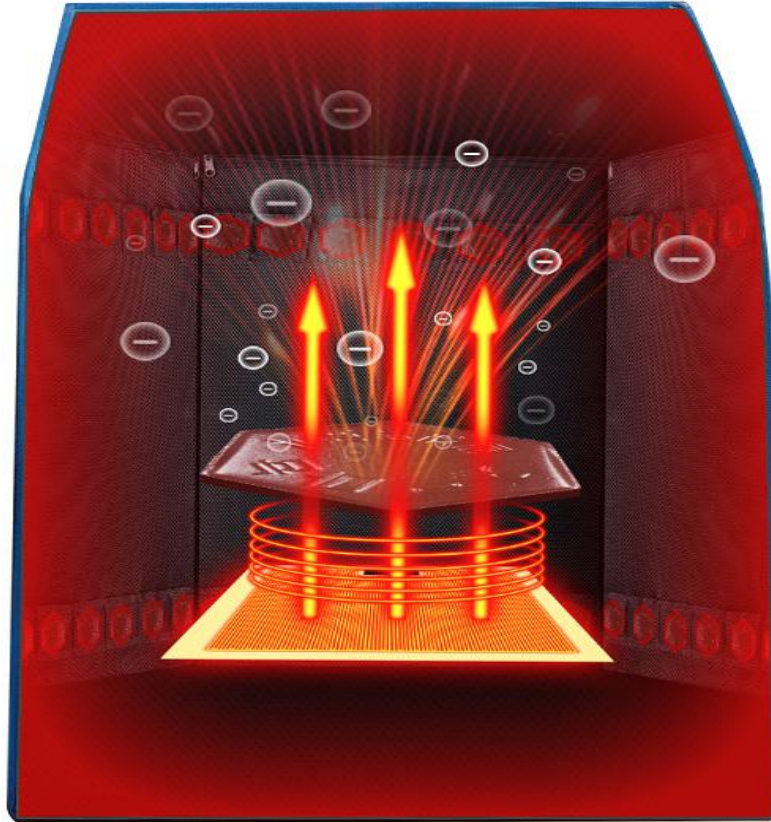
Advantages

1. It is painless and non-invasive. No recovery period. Once the treatment is over, you can go immediately without any impact on life and work.
2. No consumption, low cost and quick returns.
3. Unevenness, bleeding, and swelling will not appear after treatment.
4. Improve skin texture and help with detox process. It can promote blood circulation, open up pores, improve skin texture, increase skin elasticity and slow down ageing process.
5. Reduce fat and shape body, ease tension, relieve pressure, alleviate insomnia and headache.
6. The far infrared ray can relieve irritation and kill bacteria for skin, giving customers remarkable effects and higher level of comfort.

Far Infrared Ray Sauna Box

1. Working Principles

Among all the sun rays, the far infrared ray can penetrate through skin and reach subcutaneous tissue, which is acclaimed as “the ray of life”. The vibration frequency of the far infrared ray is close to that of human cells, so they can be in resonance to promote physiological oxidation-reduction reactions, accelerate blood circulation, promote metabolism and remove excess fat. In this way, it can help remove harmful substances from the body, reduce fat, remove acids, damp and cold (effectively relieve rheumatism and arthritis). moreover, it can also smooth skin and increase its elasticity.



2. Main Effects

1. Circulate blood and unblock meridians and collaterals.
2. Relieve fatigue and improve sleep quality.
3. Slow down skin ageing and increase skin elasticity.
4. Accelerate blood circulation and promote metabolism.
5. Help reduce fat and enhance immunity
6. Stimulate collagen regeneration.

3. Applicable Range

1. Those who are prone to puffiness.
2. Those who suffer from fatigue.
3. Those who have a lot of brain work.
4. Those who are prone to damp and cold.
5. Those who suffer from rheumatism and arthritis.

4. Inapplicable Range

1. Those who have used injection products recently, such as hyaluronic acid, skin booster and wrinkle removal products.
2. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are in allergic period and have severely sensitive skin and metal allergies.
4. Those who have trauma or wound on the skin.
5. Those who are of advanced years.
6. Those who are in menstruation, pregnancy, lactation, surgical recovery.
7. Those who have skin diseases and infectious diseases.
8. Those who have unrealistic expectations about the effect.

5. Do's and Don'ts after Operation

1. Take a shower 4-6 hours after the treatment.
2. Do not get a cold. Avoid being exposed directly to the air coming from electric fans or air-conditioners.
3. Keep warm and drink more hot water.
4. Do not wear strapless or backless clothes.

Part II

1. Detailed Operation

After checking the machine is plugged properly, use controller to start the treatment.



Function Selection



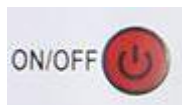
temperature and time display



temperature display



time display



on/off button



Temp



buttons for adjusting temperature



button for raising temperature



button for lowering temperature



Time



buttons for adjusting time



button for increasing time



button for decreasing time

2. User Contraindications

Some groups of people should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Women in pregnancy or lactation.
2. Those with heart diseases and pacemakers.
3. Those with unhealed incisions or who are on the road to recovery.
4. Those with epilepsy, sever diabetes and hyperthyroidism.
5. Those with malignant tumors, haemophilia and severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those are of advanced years.

3. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
7. Use device or train device operators in strict accordance with instructions in the user manual.

8. Take a shower 4-6 hours after the treatment.
9. Do not use this machine on an empty or full stomach.
10. Unplug the machine, let it cool down and then put it away after the treatment.
11. Do not use the machine when you are wearing jewellery. Do not use something sharp to pierce the box.
12. People described below can not use this equipment. Those who can not take care of themselves. Pregnant women. Infants. Those who have heart conditions, hypertension, skin diseases, cerebral palsy and brain tumors. Or those who are not sensitive to heat.

4. Troubleshooting & Solutions

1. The buttons on the controller don't work?

- A. Please check whether the power cord of the controller is loose.
- B. The parts inside the controller are broken.

2. The temperature inside the box is too high or there is no heat in the box?

- A. Please check whether the voltage is too high.
- B. The parts inside the controller are broken.

5. FAQs

1. Does the far infrared ray do harm to the body?

A: The far infrared ray is invisible and is based on the thermogenetic effect to heat up tissue, increase cell vitality and regenerating ability, make capillary dilate, accelerate blood circulation and promote metabolism. So, it is harmless to human body.

2. How long does this treatment last?

A: One treatment lasts 20-30 minutes. Better effects will be seen if you take more treatments.

3. What effects can the machine bring to the users?

A: It can reduce unwanted fat, accelerate blood circulation, promote metabolism, remove harmful substances, damp and cold, relieve joint pain, keep viscera in good condition and enhance one's immunity.

6. Packing List

- 1x Large Size Portable Sauna
- 1x Foldable Chair
- 1x Foot Heating pad
- 1x Remote Temperature and timer Controller
- 1x Manual (Please read manual before use)
- 1x Heating plate
- 1x Support plate

7. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Far infrared ray sauna box: 20-30 minutes once a week			
Temperature: adjust it based on the treatment receiver's endurance Time: 20-30 minutes	Disposable bathing clothing+ seabuckthorn oil/seabuckthorn cream	<ol style="list-style-type: none"> 1. Apply some seabuckthorn oil/seabuckthorn cream 2. Wear the disposable bathing clothing 3. Start the treatment and adjust the temperature. 4. Wait for 20-30 minutes, the end. 	
<p>Treatment Suggestions</p> <p>One course of treatment consists of ten treatment sessions. After one course of treatment, you will be relaxed physically and psychologically. It can help with reduce fat and shape body, ease tension, relieve insomnia and headache. And the nice-smelling seabuckthorn oil/cream can help with body detox process and smooth skin.</p>			