

User Manual

WL-DDS



Preface

Dear Users,

We're pleased to present to you our multi-functional beauty instrument which can be used for body shaping, skin-scraping and cupping, and lymphatic detoxification. It can effectively remove wrinkles on the face and slim and shape body, which uses high-tech technology to achieve the effect of skin care and slimming body in a safe and effective way. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface	
Part I	
Introduction	
Advantages	
Working Principles	
	Face Detox
	Lymphatic Detox of Neck
	Body Care
	1. Abdomen Care
	2. Chest Dredging
	3. Arm Dredging
	4. Back Dredging and Detox
	5. Hip Care
	6. Leg Dredging
Part II	
	1. Detailed Operations
	2. Technical Parameters
	3. User Contraindications
	4. Dos and Don'ts
	5. Troubleshooting & Solutions
	6. FAQs
	7. Packing List
	8. Operational Diagrams

Part I

Brief Introduction

Vacuum hot head and DDS biological current instrument are among the most popular products for skin care, firming, shaping, anti-ageing and solving sub-health problems. It's an effective replacement of all the face care, body care, detox and shaping programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. By imitating the bioelectricity of the human body, DDS instrument stimulates the meridians and acupoints, and the electricity can be quickly conducted along the meridians, by which it can instantly remove the obstruction of the meridians, repair damaged cells, relieve focal lesion, and restore healthy constitution. A certain frequency of electrical stimulation can also cause muscle contraction, play the role of muscle exercise, muscle and skin play a role in tightening skin and shaping body.

Advantages

1. Multi-functional skin care and body shaping instrument can help with face care and detox and shaping of the whole body.
2. Various working heads can be replaced in different parts according to different requirements.
3. It is suitable for all skin types, and can improve skin texture, improve constitution, solve sub-health problems
4. It is painless and non-invasive treatment process without anaesthesia. Once the treatment is over, customer can go back home and there is no healing time, which will not affect customer's life and work.
5. No consumption, low cost and quick returns.
6. Unevenness, bleeding, and swelling will not appear after treatment.
7. The perfect combination of vacuum hot head and DDS micro-current operating head can expel deep toxins from the body, improve constitution, tighten skin and relieve sagging.
8. The vacuum is used to detoxify the body effectively, which solves the sub-health problems caused by overwork.
9. Long-lasting effects: taking one treatment is equivalent to 100 times of basic body relaxation and deep detoxification.
10. Wide range of selection: the treatment can be performed based on different area to relax the whole body, so that the muscles take a passive aerobic exercise.
11. The combination of vacuum and temperature control technology can relax the muscles of the whole body and make it more comfortable to use.

Face Detox

Working Principles

Face working head

Vacuum pump is used to generate negative pressure, and massaging lymphatic system can assist metabolism, detoxification and transport of nutrients. At the same time, combined with the heat effect, suction and release of microvessels will not only help with the relaxation of veins

and arteries, but also help with blood circulation and promote metabolism. It can cause local capillary congestion, stimulate organs, enhance cell vitality, and improve the body's resistance. Vacuum mechanical stimulation, which can be conducted to the central nervous system through the reflex pathway, can make nerve activity tend to balance. During the operation, the alternation of suction and release, and the increase and disappearance of negative pressure make the local pores open and close continuously to promote the air flow through skin, increase the amount of oxygen absorbed and accelerate the excretion of waste. It has the effect of warming meridians and dredging collaterals, activating qi and blood circulation, opening orifices and relaxing muscles, dispelling blood stasis and swelling, eliminating poison and expelling pathogenic factors.

Effects

1. Relieve facial pigmentation and dark skin
2. Relieve rough saggy and dull skin on the neck
3. Relieve double chin
4. Facial detox and relieve acne on the skin
5. Accelerate the excretion of waste caused by ageing

Applicable Range:

1. Those with overly frequent grease secretion and thick stratum corneum
2. Those with rough skin and large pores
3. Those with pore blockage
4. Those with dark and dull skin
5. Those with saggy skin

Inapplicable Range:

1. Those who have severely sensitive skin or are having allergic reactions
2. Those who have large-size wounds on face
3. Those who have skin diseases or contagious diseases
4. Those who have used injection products, such as hyaluronic acid ,skin booster, wrinkle-remover or who have plastic surgery.
5. Pregnant women or those who have severe heart disease, severe hypertension,hyperglycemia, hyperlipemia, major diseases and so on

Do's and Don'ts after operation

1. Avoid sunburn and stay hydrated
2. Drink more water and use sunscreen
3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week
4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits,vegetables and foods with less grease.
5. Apply face mask three days in a row
6. Wash face with hot water within 3 days

Lymphatic Detox of Neck

1. Principles

Face Working Head

Vacuum pump is used to generate negative pressure, and massaging lymphatic system can assist

metabolism, detoxification and transport of nutrients. At the same time, combined with the heat effect, suction and release of microvessels will not only help with the relaxation of veins and arteries, but also help with blood circulation and promote metabolism. It can cause local capillary congestion, stimulate organs, enhance cell vitality, and improve the body's resistance. Vacuum mechanical stimulation, which can be conducted to the central nervous system through the reflex pathway, can make nerve activity tend to balance. During the operation, the alternation of suction and release, and the increase and disappearance of negative pressure make the local pores open and close continuously to promote the air flow through skin, increase the amount of oxygen absorbed and accelerate the excretion of waste.

Effects

1. Relieve facial pigmentation and dark skin
2. Relieve rough saggy and dull skin on the neck
3. Relieve double chin
4. Accelerate the process of lymphatic detox and improve skin texture
5. Prevent neck or lymphatic diseases
6. Face detox and improve skin tone

Applicable Range

1. Those who have fine lines and wrinkles on the neck
2. Those who have saggy skin without elasticity
3. Those who have dark and dull skin
4. Those who often bow their heads
5. Those who often suffer from acne
6. Those who have dark and rough skin or have large pores

Inapplicable Range

1. Those who have just taken plastic surgery
2. Those who have hypertension, heart diseases, diabetes, severe thyroid diseases malignant tumor and so on
3. Those who are having allergic reactions or have severely sensitive skin
4. Those who have wounds or cut
5. Those who are too old
6. Pregnant women or people who are recovering from operations
7. Those who have skin diseases and infectious diseases

Do's and Don'ts after Operation

1. Avoid sunburn and keep neck warm
2. Keep the treatment area moisturized and avoid sunburn, for the area is dry after operation
3. You'd better not use any product such as alcohol, AHA or scrubbing cream
4. Avoid sauna, hot spring, violent exercise or face washing with too hot water in 7 days after the operation
5. Keep hydrated and apply neck mask. Apply neck masks at least 3 times a week. Apply essence or neck cream. Avoid bowing heads for a long time
6. There may be some skin reactions of skin-scraping therapy at the nape of neck after the operation, which will disappear in about 1 week. There is no need to specially apply some products

Body Care

Body Vacuum Head

Vacuum pump is used to generate negative pressure, and massaging lymphatic system can assist metabolism, detoxification and transport of nutrients. Suction and release of microvessels will not only help with the relaxation of veins and arteries, but also help with blood circulation and promote metabolism. The change of pressure can promote the air exchange between the outside and skin to make cells get enough oxygen.

The high-tech slimming and beauty instrument combines heat and vacuum as the core technologies, which can directly impact on adipose cells in the deep layer. Specifically, it can make cells produce heat in a rapidly active state to result in a rise in local temperature. And then the excess fat and toxins in the body are excreted out of the body through sweat gland circulation and lymphatic system so as to achieve the purpose of dissolving fat. Moreover, it will effectively relieve the numbness of the waist and the soreness of the back spine. The suction therapy of vacuum is used to suck, press and pull the body through meridians and channels, which makes acupoints produce changes such as congestion and promoted blood circulation. Acupoints are connected with internal viscera by meridians to treat various visceral diseases. Generally, it can dispel wind and disperse cold, develop the body's own positive factors for constitution, and also help to expel pathogenic factors from the body.

DDS

The use of the 1KHZ-10KHZ medium-frequency current acting on the human body can dredge meridians and channels, dredge muscles and bones, repair damaged cells, promote human detoxification and promote human blood circulation to solve sub-health problems and treat focal lesions. Electrical stimulation of a certain frequency can also cause muscle contraction to exercise muscles and tighten skin.

Rhythmic biological micro-current which is very similar to the message instructions sent by the brain is produced. And then it is transmitted to the corresponding parts of the human body, which makes the muscles and skin take effective aerobic exercise. In this way, it can quickly remove excess fat accumulated in the body, dredge channels and collaterals, and relieve pains on shoulder, neck, waist, back and so on, strengthen the micro-circulation and make them make normal movements.

After biologic electricity therapy is performed on the human body, the electric current will produce thermal, magnetic and chemical effects in the human body, which can balance the charge inside and outside the human cell, supplement life electricity for the human body, and promote local blood circulation. It is a kind of totally green energy therapy without injections and medications. The therapy has negative-ion effect, which can improve human cell membrane potential, activate cells, promote blood circulation and normalize metabolism, purify blood, offset the damage of positive electricity to the human body, balance the spirit of self-discipline, and enhance the immune function of the body so as to improve the quality of life and health level.

Abdomen Care

Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen and increase its elasticity.
3. Reduce lumbar and abdominal fat.
4. Accelerate metabolism, remove toxin from the body and relieve constipation and improve intestinal peristalsis.
5. Tighten skin, and relieve saggy skin

Applicable Range

1. Those with cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with bad waistlines.
4. Those with striae due to obesity and pregnancy.
5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.
9. Those who have just taken liposuction

Do's and Don'ts after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.
6. Drink more hot water needed in the body to promote metabolism in 2 hours after operation

Back Dredging

Effects

1. Correct breast shape and relieve accessory breasts
2. Relieve nodules on breasts, slight hyperplasia and distending pain in breast
3. Relieve outward expansion of breasts
4. Relieve irregular menstruation, speckles on the face and breast inelasticity
5. Relive breast atrophy, breast sagging and obstruction of lactiferous ducts

Applicable Range

1. Those who have accessory breast and unsatisfactory breast shape
2. Those who have nodules on breasts, slight hyperplasia and distending pain in breast during the menstruation
3. Those who have free fat, saggy breast and outward expansion of breasts
4. Those who have low immunity
5. Those who have irregular menstruation, speckles on the face and breast inelasticity
6. Those who think that their breasts are underdeveloped, or who have postpartum breast atrophy, breast relaxation, blockage of lactiferous ducts and so on.

Inapplicable Range

1. Patients with cardiovascular and cerebrovascular diseases, diabetes, abnormal blood coagulation and impaired function of important organs.
2. Those who are taking anticoagulants, vasodilators, corticosteroids and other drugs or who have been taking them for a long time.
3. Those with a focus of infection on the skin of the chest.
4. Patients with severe hyperplasia, fibroma and cyst of the chest
5. Those who are pregnancy and lactation or who are recovering from operation.
6. Those who have fillers in their breasts or have taken other surgery
7. Those who have metals in their body
8. Those who are sensitive to current.

Do's and Don'ts after Operation

1. Drink more hot water and keep warm.
2. Wear shaping and comfortable bra and don't squeeze your chest.
3. Avoid getting cold and take a bath after 4-6 hours.
4. If you have chest discomfort after operation, it is recommended to use hot towels as compresses for 3-5 minutes for three consecutive days at home, which will be relieved.

Arm Dredging

Effects

1. Relieve saggy skin
2. Relieve flabby and thick arms
3. Tighten skin
4. Accelerate blood circulation and remove the obstruction of meridians and channels
5. Promote lymphatic detox, remove the obstruction of meridians and channels on arms and promote lymphatic metabolism under the armpit
6. Relieve the fatigue, soreness and numbness of arms

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.

Inapplicable Range

1. Those who have just taken liposuction
2. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction and have severe sensitive skin
4. Those who have skin cut or wound.
5. Those who are too old.
6. Those who are pregnant women or convalescents.
7. Those who have skin diseases and contagious diseases.

Do's and Don'ts after Operation

1. Keep warm, avoid eating anything cold and getting a cold.
2. Take shower in 4-6 hours after operation.
3. Drink more hot water to keep hydrated and promote metabolism
4. Avoid eating or drinking too much and avoid staying up late
5. Avoid sauna, hot spring and violent exercises in one week after the operation

Back Dredging and Detox

Effects

1. Relieve soreness of shoulders and back, relieve the lump on the nape of the neck
2. Remove the obstruction of meridians and channels
3. Promote blood circulation and metabolism
4. Promote head blood supply and improve sleep quality
5. Adjust organs' functions and improve constitution
6. Tighten skin and prevent saggy skin
7. Reduce excess fat on the back and shape back
8. Relieve scapulothoracic periarthritis, cervical spondylopathy and muscle strain

Applicable Range

1. Those who soreness of shoulders and back or have stiff neck
2. Those who have insomnia and dream a lot, and suffer from loss of memory
3. Those who are prone to fatigue and sleepiness or who have obstruction in the circulation of qi and blood
4. Those who have thick back and don't look good in clothes
5. Those who have lump on the nape of the neck
6. Those who often suffer from pain of the cervical spine and soreness of neck and shoulders

Inapplicable Range

1. Those who have metal implanted in the body such as stent, pacemaker or who are sensitive to metal
2. Those who are in menstruation, pregnancy, and lactation
3. Those whose surgical wound is healing or who are recovering from operations
4. Those who have "three Hs" , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, thirsty, overworked, and on a full or empty abdomen.

9. Those who have severe cervical spondylopathy and other diseases

Do's and Don'ts after Operation

1. Keep warm, avoid getting a cold, and drink more hot water
2. Take a shower in 4-6 hours after the operation
3. Avoid staying up late, drinking alcohol, and eating and drinking too much
4. Avoid eating raw, cold and spicy food, and have good sleep
5. Avoid wearing shoulder-baring and back-baring clothes

Hip Care

Hip is in the middle of the human body, which is the key hub of the circulation of qi and blood of meridians and channels, and the main switch of six meridians and channels. It is an important factor to increase female attractiveness in the s-curve of figure management.

Effects

1. Promote blood circulation and accelerate metabolism
2. Relieve the pain in menstruation, menstrual disorder, abnormal leucorrhea and other gynecological diseases
3. Improve sleep quality, promote female sexual functions and tighten vagina
4. Activate ovarian functions, stimulate the secretion of glands and increase the love between husband and wife
5. Make face look ruddy and reduce speckles to restore facial vitality
6. Shape buttocks, relieve sagging and outward expansion of buttocks, tighten skin and increase its elasticity

Applicable Range

1. Those who have saggy buttocks and accumulated fat
2. Those with striae atrophicae and striae gravidarum
3. Those who have the buttocks that are flat and saggy with unsatisfactory shape and outward expansion.
4. Those with cold buttocks.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations
2. Those who have the diseases such as hypertension, heart disease, diabetes, severe thyroid diseases and malignant tumour.
3. Those who have skin diseases and infectious diseases or who are having allergic reactions.
4. Those who have cuts or wounds
5. Those who have severely sensitive skin
6. Those who have just taken liposuction
7. Those who are at their advanced years

Do's and Don'ts after Operation

1. Keep buttocks warm and avoid wearing miniskirt and hot pants

2. Take a shower in 4-6 hours after the operation
3. Drink more hot water and avoid getting a cold
4. Avoid staying up late, drinking alcohol, and eating and drinking too much
5. Avoid eating raw, cold and spicy food, and have good sleep
6. Avoid sauna, hot spring and violent exercises in one week after the operation

Leg Dredging

Effects

1. Tighten skin and prevent saggy skin
2. Promote circulation, detox and metabolism on legs
3. Relieve blood stasis, remove the obstruction of meridians and channels, and prevent varicose veins
4. Reduce excess fat on legs to shape legs
5. Relieve soreness of legs

Applicable Range

1. Those with poor circulation of lower limbs and edema, and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body and those who are prone to colds.
3. Those who suffer from constipation and have rough and flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.
5. Those who suffer from fatigue and soreness on legs

Inapplicable Range

1. Those who are in menstruation, pregnancy, and lactation
2. Those who have the diseases such as hypertension, heart disease, diabetes, severe thyroid diseases and malignant tumour.
3. Those who have skin diseases and infectious diseases or who are having allergic reactions.
4. Those who have cuts or wounds or who are recovering from operation
5. Those who have severe varicose veins
6. Those who have severely sensitive skin
7. Those who have just taken liposuction
8. Those who are at their advanced years
9. Pregnant women or those who are recovering from operation

Do's and Don'ts after Operation

1. Keep warm, avoid eating cold food and getting a cold
2. Take a shower in 4-6 hours after the operation
3. Drink more hot water to keep hydrated and help with metabolism
4. Avoid eating and drinking too much and avoid staying up late
5. Avoid sauna, hot spring and violent exercises in one week after the operation
6. Wear long pants as possible as one can and avoid wearing miniskirt and hot pants

Part II

1. Detailed Operation

Detailed installing is as follows



Please note: insert the filter properly in the correct direction(it is used to filter out the residue of essential oil to prolong the service life of instrument. It is recommended that it should be cleaned on a regular basis to make sure that the oil is not above 70% full, which is aimed at avoiding blockage and damaged caused by backward flow of the fluid.



Please note:the same tube is shared by the three handles. Choose proper handle according to customer's treatment area and needs

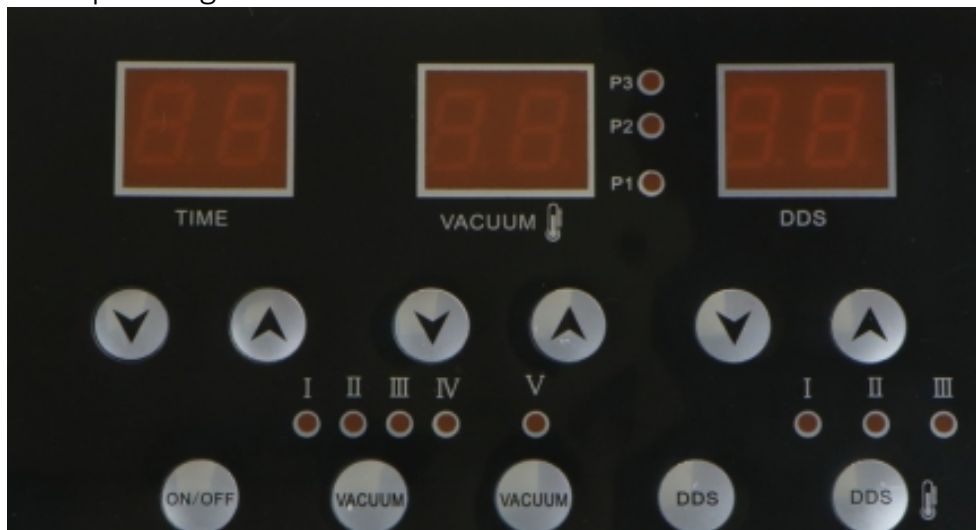
The large handle: is suitable for cupping, skin-scraping treatment, cup-moving treatment, detox, removing damp and cold, removing acid, womb-warming treatment, massage and so on. And it is suitable for large areas on the body, such as back,abdomen,buttocks, thigh.

The medium handle: is suitable for cupping, skin-scraping therapy, cup-moving treatment, detox and accelerating metabolism. And it is suitable for small areas on the body such as arm, leg and shoulder.

The small handle : is suitable for skin-scraping therapy, detox, accelerating circulation and metabolism. And it is suitable for small areas on the body such as face and neck.



The operating interface of the instrument is as follows



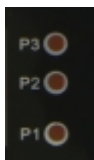
① Detailed Operation of DDS Head



power switch of the instrument



selection button for DDS



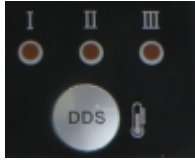
DDS working modes

P1: mode for relaxing, there will be the sensation of hammering(P1 mode is recommended when the customer takes this treatment for the first time)

P2: mode for removing obstruction and massaging, there will be the sensation of numbness and limpness

P3: mode for dredging meridians and channels, there will be the sensation of moxibustion, numbness and limpness, and swelling.

(It can break down the adhesive tissue in bone marrow. The adhesive tissue in bone crevices is the place where beauticians can not reach. The penetration of instrument is much powerful than manual techniques. But for the reason that one's sub-health situation is different from each other, there will be different sensations)

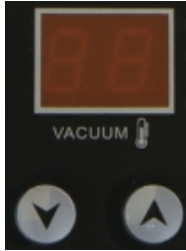


DDS working frequencies

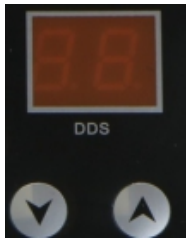
I: slow-hammering frequency (it is recommended when customer takes this treatment for the first time)

II : continuous-hammering frequency, suitable for dredging meridians and channels and relaxing.

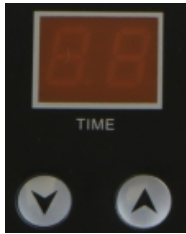
III: constant-hammering frequency, suitable for dredging meridians and channels, treating sub-health and promote resistance.



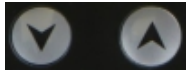
Buttons for adjusting the temperature of handles, temperature range: 35°C-55°C. the default temperature is 35°C. It is recommended that temperature should be set at 35°C-45°C



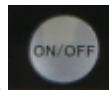
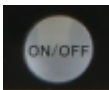
Buttons for adjusting energy level, energy level range:0-15. Recommended energy level is 5-10. The higher the energy level is, the stronger the sensation of current will be. It is normal that there is a sensation of vibrating of skin during the operation, which will stronger when the treatment is performed on the areas of focal lesions, obstruction and soreness.



Buttons for adjusting time, time range:0-60 minutes. The default time is 30 minutes. About 20 minutes is the recommended treatment time on single area. If the focal lesions are severe, the time can be prolonged to 30 minutes.



buttons for adjusting parameters



Press  to start the operation, press  again when the operation is finished

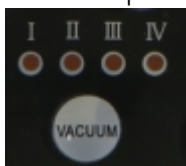


Press  to turn off the instrument

② Detailed Operation of Vacuum Hot Head



power switch



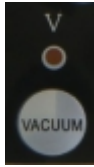
Intermittent modes. Press  to switch modes among I、 II、 III、 IV


I: relaxing mode, the interval of suction and release is shortest, and it is suitable for relaxing and massaging

II: pressure-relieving mode, the interval of suction and release is relatively long, and it is suitable for relieving fatigue and pressure, and reducing muscle stiffness

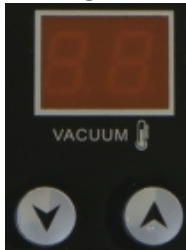
III: Dredging mode, the interval of suction and release is much longer, and it is suitable for dredging meridians and channels and performing cupping therapy locally

IV: detox mode, the interval of suction and release is longest, and it is suitable for dredging meridians and channels, detox at deep skin, skin-scraping therapy and body shaping.



Selection for constant suction mode. Press  to choose "V" mode (constant suction mode)

V: constant suction mode, the handle has suction constantly, and it is suitable for dredging at deep skin, detox, skin-scraping therapy, cupping, cup-moving therapy, accelerating metabolism, firming skin and shaping body.



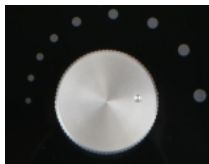
Buttons for adjusting the temperature of handles, temperature range: 35°C-55°C. the default temperature is 35°C.



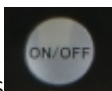
Buttons for adjusting time, time range:0-60 minutes. The default time is 30 minutes. 15-20 minutes is the recommended treatment time on single area. If the focal lesions are severe, the time can be prolonged to 30 minutes.



buttons for adjusting parameters



Knob for adjusting suction level. Turning to the left is to decrease suction, and turning to the right is to increase the suction. The higher the suction level is, the tighter the handle touches skin.(please adjust the parameter according to individual endurance. Do not set the suction at too high level before you are familiar with this instrument in case there is any discomfort. You can increase the suction level slowly after adapting to it.



press  to start the operation, press  again when the operation is finished



press  to turn off the instrument

2. Technical Parameters

External Voltage: 110/120-220/240V

Internal Voltage: $\leq 12V$

Electric Current: $\leq 2.80A$

Power: $\leq 25W$

Packing Specification: 38.5*35.5*32

3. User Contraindications

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are in pregnancy or lactation.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Avoid wearing metal jewelry during the operation
8. Do not use this instrument around the areas where there are metal, plastic and silicon implanted
9. Those who are sensitive to current.
10. People who have severe abdomen, intestine and liver diseases, and bladder stone and kidney stone should not use this instrument.

4. Dos and Don'ts

1. Please detach the treatment head after use every time to clean it with water and then put it away.
2. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
3. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
4. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
5. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
6. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
8. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
9. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
11. Use device or train device operators in strict accordance with instructions in the user manual.
12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2

months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.

13. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.

14. During operation, the instrument should be in full contact with the skin to avoid uneven heating or getting scalded.

15. Start from the lowest energy level and slowly add up.

16. When using this device, the operating parts must be kept moist and dry skin should be avoided.

17. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life. Do not use alcohol to clean this instrument.

18. Adjust the suction level according to individual endurance to avoid any discomfort when you are operating the vacuum head.

19. Do not make the instrument and handle be hit so as not to break it.

20. There will be some skin reactions of skin-scraping therapy after the operation. It is normal and there is no need to worry about that.

21. Both handles of the DDS head must work in contact with the skin at the same time, and it will not work properly if only one handle touches skin.

5. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

A. Make sure the power cord is connected to a valid power socket.

B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. The hot vacuum handle has no suction or the suction level becomes weaker?

A. The long transparent pipe is misconnected or not connected properly, please reconnect it.

B. There is a foreign body or grease dirt blocking the suction hole of the main machine, please check and clean it.

C. The pipe is broken, especially at both ends. If there is a rupture, it should be replaced.

6. FAQs

1. Q: How does the vacuum head detoxify?

Vacuum can cause capillary congestion, stimulate cells to increase vitality. The alternation of suction and release, and increase and decrease of pressure during operation can make local pores continue to open and close, for which it can promote air flow through skin, increase the amount of oxygen skin absorbs, and speed up the excretion of waste. So it achieves the effects of promoting qi and blood circulation, dispelling cold and damp, dredging channels and collaterals, clearing toxins, dissipating heat and so on.

2. Why does the body need detoxification?

A: Detox can make body excrete the metabolic products of the body, such as old necrotic cells, mutated cancer cells, blood stasis cells, blocked lymphocytes, and fluids that cannot be excreted in time.

B: Detox can help excrete stools. All kinds of exogenous and endogenous toxins will eventually gather into the intestinal tract and form feces. If the intestinal tract cannot remove these stools

in time, it will reabsorb the toxins, which can eventually cause secondary pollution and poison the whole body.

3. Why is there a need for lymphatic detoxification?

A. The lymphatic system is the last defense of the human body, and it is also the recycling bin of waste of the human body. It is not only the cleaner of the human body, but also the largest detoxification organ.

B. Lymph flow can accelerate the process of natural detoxification, which means it can help the body remove waste through the lymphatic system and improve the body's metabolism.

4. Does the DDS instrument have side effects on human body?

DDS head produces rhythmic biological micro-current, which is very similar to the message instructions sent by the brain. The micro-current is transmitted to the corresponding parts of the human body. It is a kind of pure green energy therapy without injection and medicine, and the therapy has negative-ion effect. It can improve the membrane potential of human cells, activate cells, promote blood circulation, normalize metabolism, purify blood, offset damage caused by positive electricity to the human body, balance the spirit of self-discipline, and enhance the immune function of the body. And finally it can improve the quality of life and health level. So there are no side effects on people's bodies. As long as the operation is performed properly, you can rest assured that that you can use it. Do not use it if you have other diseases or are sensitive to current.

7. Packing List

Host x 1
 power cable x 1
 Body Work Head x 1
 Arm/Leg Work Head x1
 Face Work Head x1
 DDS Work Head x1
 Accessory bracket x1

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Face Detox: 45 minutes 1-2 times a week			
Small vacuum head Mode:I/V Temperature:35 Suction level: adjust it	Makeup remover+ Face cleanser+ base mask+massage cream+essenc e+WL-DDS+ face mask	1. Remove makeup and clean face, 5 min. 2. Apply toner, 2 minutes 3. Apply base mask, 10 minutes 4. Clean the face, 2 min.	Technique 5

according to individual endurance

5. Massage face, apply massage cream evenly on face and soothe face, 3 times.
6. Push the following acupoints (Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2), 3 times.
7. Pluck skin with both hands to lift face, 2 minutes
8. On side, pluck skin by alternating hands to lift face, one minute
9. Repeat the technique on the other side
10. One side, alternate both hands to lift face in 3 lines from chin to earlobe, corner of mouth to Ermen(SJ21), nose wing to temple, 3 times
11. Lift towards hairlines on forehead, 3 times.
12. Repeat the techniques on the other side.
13. Move in a zigzag shape on forehead with middle and ring fingers, slide to the front side of ears and lift back and forth for 3 times and pass behind ears.
14. Wash face clean, 2 minutes
15. Apply essence (repairing, anti-wrinkles, keeping hydrated) evenly to face, one minute
16. Vacuum head



Technique6



Technique10



Technique11



Technique13




Technique17



Technique18





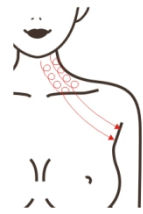


Technique19

		<p>operation: choose I mode, move the head from jaw to hairline on the whole face line by line to massage and relax face</p> <p>17. Choose V constant suction mode, lift in circular motion from jaw to forehead line by line, 3 times</p> <p>18. Use hand to lift from chin to earlobe, corner of mouth to Ermen(SJ21), nose wing to temple, lift eye corner from lower eyelid to temple, 3 times</p> <p>19. Lift from forehead to hairline, 3 times</p> <p>20. Lift the half of face:lift upwards from jaw to submalar triangle and to temple, 3-5 times</p> <p>21. Repeat the operation on the other side</p> <p>22. Wash face clean</p> <p>23. Apply toner evenly to face</p> <p>24. Apply mask, 15 minutes</p> <p>25. Remove mask and wash face clean, 2 minutes</p> <p>26. Apply toner, essence, lotion, face cream and sunscreen</p> <p>27. The end</p>	
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Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment session, you will feel the sensation of lifting of skin. After one course of treatment, the skin tone will be brightened and skin will be gradually smoothed. After two courses, skin elasticity will be increased, skin metabolism and detox process will be promoted and pigmentation and dullness will be relieved. After three courses, the skin condition will be consolidated, in which saggy skin will be relieved and skin contour will be promoted.

Lymphatic detox of neck: 45 minutes 1-2 times a week

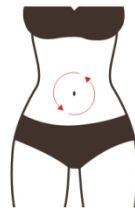
<p>Medium vacuum head: Mode: I/V</p> <p>Temperature: 35-40</p> <p>Suction level: adjust it according to individual endurance</p>	<p>Makeup remover + face cleanser + toner + massage cream + essence + WL-DDS + neck mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean neck, 5 minutes 2. Apply toner, one minute 3. Massage neck, rub oil into the chest with both hands to the back of the neck and press Gb-20 and Du-16 acupoint, 3 times. 4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times. 7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times. 8. Push downwards with hand spread and hukou pointing down from outer collarbone to armpit, 3-5 times. 9. Repeat the technique on the other side 10. Wash neck clean, 2 minutes 11. Apply essence evenly to the neck, 1 minute 12. Vacuum head operation: choose V mode. Use one hand and the instrument to lift double chin area to pass behind the ear and under the armpit, 3 times. 	<p>Technique3</p>  <hr/> <p>Technique4、 12</p>  <hr/> <p>Technique5、 6、 7、 13</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p> 
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		<p>13. Move the instrument in circles on one side of neck to pass under armpit in three lines, 3 times.</p> <p>14. Slide the instrument from inner and outer clavicles to the armpit, 3-5 times.</p> <p>15. Move the instrument in circles on the whole neck, 3 times.</p> <p>16. Use one hand and the instrument to lift neck line by line, 3-5 times</p> <p>17. Repeat the technique on the other side</p> <p>18. Wash neck clean, 2 minutes</p> <p>19. Apply neck mask, 15 minutes</p> <p>20. Wash neck clean, 2 minutes. Apply toner, essence, neck cream. The end.</p>	
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Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment, the skin is rejuvenated. After one course, the skin will be smoothed and the lymphatic circulation on the neck will be accelerated. After two courses, the skin will be tightened and neck wrinkles and double chin will be relieved. After three courses, the skin condition will be greatly improved, lymphatic detox will be accelerated and skin dullness and pigmentation will be relieved. Moreover it can slow down the skin's ageing process and restore its youthful appearance.

Abdomen Care:60 minutes once per two weeks

<p>Large vacuum head: Mode:I/V</p> <p>Temperature: 35-40</p> <p>Suction level: adjust it according to individual endurance</p>	<p>Essential oil+WL-DDS</p>	<p>1. Rub oil into abdomen in circular motion 3 times</p> <p>2. Rub abdomen with both hands 3 times</p> <p>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</p> <p>5. Move hands in the shape of “\” from under the waist to</p>	<p>Technique1</p>  <p>Technique2</p>
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DDS head:
Mode:P3
Frequency:II
Temperature:
35-40
Energy
level: 3-8

waist and then lift from two sides of waist to belly button, 3 times.

6. Overlap hands to message the intestinal canal clockwise in small circles, 3 times.

7. Move hands in circular motion and massage the treatment area.

8. Press on the following acupoints: RN-13, RN-12, RN-10, RN-8, RN-6, RN-4, RN-3, ST-25, SP-15

9. Move hands in circular motion to massage the treatment area 3 times.

10. Alternate hands to push meridians from top to bottom (Ren Meridian- Kidney Meridian-abdomen Meridian-spleen Meridian-liver Meridian-gallbladder Meridian on both sides) 3 times

11. Starting from RN-3 acupoint, push to navel with both thumbs, slide to waist and then lift upwards to groin, 3 times.

12. Massage the area in circular motion with both hands 3 times

13. And then slide to groin, the end

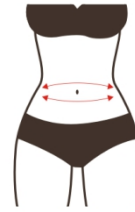
14. DDS head operation, hold the two handles with both hands, alternately move in circular motion on abdomen back and forth, 3 times

15. Alternately lift at the two sides of waist with both hands 16 times

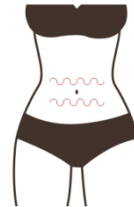
16. Alternate both hands to move laterally back and forth, 5-8 times

17. Alternate both hands to move in semi-circle lengthwise in a back-and-forth way on abdomen, 3 times

18. Body vacuum head



Technique3



Technique5



Technique6



Technique8



Technique10



Technique11



		<p>operation: Use one hand to hold handle, choose mode II and move the handle on abdomen for massaging and soothing 19. Choose mode V (constant suction mode), use one hand to hold handle to perform the treatment, and the other hand soothes the area, lifting from waist to abdomen 16 times. 20. Push from abdomen to groin with both hands line by line, 3 times 21. Fix cups for 3-5 minutes respectively on the following acupoints: RN13, RN10, ST25, SP15, BL24, RN6, RN4. the time is set according to customer's endurance, which can be reduced or prolonged. 22. Remove cups 23. Wipe abdomen clean with hot towel 24. The end</p>	
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Treatment Suggestions

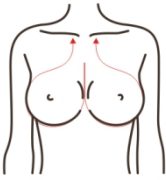
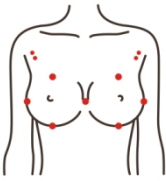
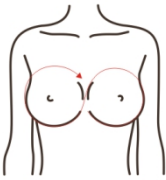
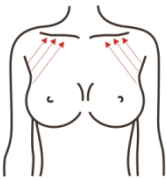
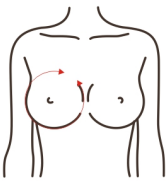
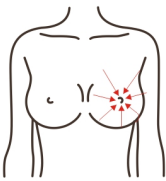
A course of treatment consists of 10 treatment sessions. After one treatment, the waist and abdomen will have a slight scrapping reaction, and constipation will be relieved. A course of treatment can relieve womb cold and abdominal obesity, and improve the digestive system.

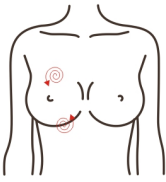
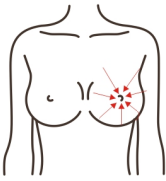
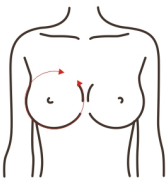
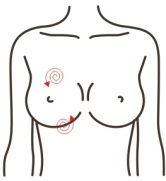

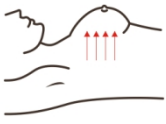
After two courses of treatment, effect will be strengthened, in which it will reduce the blockage of abdominal meridians, damp, and constipation, and dredge the intestinal tracts. Three courses of treatment will consolidate the effect, and prevent abdominal and gastrointestinal diseases.

Cupping: it can be performed once every two weeks in the early stage, once every 20 days after three treatment sessions, once a month after one course of treatment, and once a month and a half after two courses of treatment.

Note: if there is no scrapping reaction after operation, or if the suction level of the vacuum cup is relatively low, it can be done once a week.

Breast Dredging: 45 minutes once a week


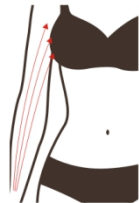




<p>Large vacuum head: Mode:I/V</p> <p>Temperature : 35-40</p> <p>Suction level: adjust it according to individual endurance</p>	<p>Techniques+ massage cream,(essential oil)+WL-DDS</p>	<ol style="list-style-type: none"> 1. Standing at the bedside, use both hands to rub oil into skin from Shanzhong(RN17) to armpit and then lift the suspensory ligament (soothe the area) for 3 times. 2. Use both thumbs to press acupoints: Shanzhong(RN17), Rugen(ST18), Dabao(SP21), Yingchuang(ST16), Zhongfu(LU1), Yunmen(LU2) 3 times 3. Soothe the area, 3 times 4. Overlap two palms and move from Shanzhong(RN17) in a motion of "8" back and forth, 3 times 5. Alternate hands to push from accessory breast towards suspensory ligament, in a left-right order 6. Soothe the are, 3 times 7. Sit besides the customer, use both palms to massage and lift breasts in a left-right order, 3-5 times 8. Alternately push the lactiferous ducts (around the breast) with hukou of both hands 3-5 times 9. Alternately move in circles with two thumbs to dredge nodules on the breast, 3 times 10. Soothe and lift breast with both hands, 3-5 times 11. Repeat the techniques on the other side 	<p>Technique1</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>
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		<p>12. Instrument operation: constant suction mode, left-right order, lift towards nipple around breast with the instrument in conjunction with the soothing technique of the other hand, 5-8 times</p> <p>13. Lift in circles on the breast towards collarbone in conjunction with the soothing technique of the other hand, 5-8 times</p> <p>14. Move in small circles to dredge the nodule area, 3-5 times</p> <p>15. Make the customer lie on his side and lift his hand, move the instrument in circles on the accessory breast to burn the fat, 5-8 times.</p> <p>16. Push the instrument from the accessory breast in the armpit to breast(shaping and narrowing the accessory breast) 5-8 times</p> <p>17. Repeat the techniques on the other side</p> <p>18. The end</p>	 <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p> 
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Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment, there will be sensation of heat on the breast, blood circulation will be promoted and there will be some degree of lifting effect. After one course, the effect will be more obvious and the nodules will be relieved. After three courses, the skin will be firmed and the breast will be well shaped with increased elasticity. Meanwhile, the detox and dredging processes will be accelerated and breast-related diseases will be prevented. The functions of endocrine system will be improved to make females more attractive.

Arm Dredging: 45 minutes once a week

<p>Large vacuum head: Mode: I/V</p> <p>Temperature: 35-40</p> <p>Suction level: adjust it according to individual endurance</p> <p>DDS head Mode:P3 Frequency:II Temperature:35-40 Energy level:3-8</p>	<p>Essential oil(massage cream)+gel+WL-DDS</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times. 4. Soothe the area, 3 times 5. Rub three main collateral channels on arms with kneeling finger back and forth till they turn hot, 3 times. 6. Soothe the area, 3 times 7. Lay inner arm upwards, and push hands tracing three yin channels on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively. 8. Rub three channels back and forth with kneeling fingers till they turn hot, 3 times. 9. Soothe the area and slide to fingers 10. Repeat above techniques on the other 	<p>Technique1</p>  <hr/> <p>Technique2、3、4、5、6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>
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	<p>side.</p> <p>11. Lay customer's arm flat, DDS handle operation, hold two handles with both hands and move from the two sides of arm towards armpit back and forth, when moving upwards, give the handle some force and when moving downwards, do not use force, 3 times</p> <p>12. Hold two handles and move in spiral shape on arm back and forth</p> <p>13. Lay customer's arm flat, move the handles on the two sides of upper arm back and forth, 3 times</p> <p>14. Alternate both hands to move in spiral shape on upper arm back and forth, 3 times</p> <p>15. Lay customer's arm flat, vacuum hat head operation, push three channels from fat part of lower arm to armpit (if there is no unwanted fat on the lower arm, please start the operation from upper arm), 3 times.</p> <p>16. Lift from upper arm to armpit line by line, 3 times</p> <p>17. Lay inner arm upwards, move in circles along the three channels on upper arm towards armpit, 3 times</p> <p>18. Lift from upper arm to armpit line by line, 3 times</p> <p>19. Fix cup on the armpit for about 2-3 minutes based on customer's endurance</p> <p>20. Wipe arm clean with hot towel</p> <p>21. Repeat the operation on the other side</p> <p>22. The end</p>	 <hr/> <p>Technique16</p> 
<p>Treatment Suggestions</p>		

A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appears to be tight and plump. 2 courses of treatment begin to shape the arms, strengthen the effect, dredge meridians, and enhance the constitution. 3 courses help consolidate effects and prevent rebound.

Back Dredging and Detox: 45 minutes once a week

Large vacuum head:
Mode:I/V
Temperature:35-40
Suction level: adjust it according to individual endurance

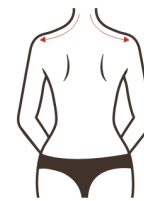
Essential oil(massage cream)+gel+WL-DDS

1. Apply oil to the back and press Gb-20 and Du-16 acupoints.
2. Stroke Dabanjing(the area connecting neck and shoulder) (from hairline) 3-5 times
3. Move thumb outwards from Bladder Meridian(BL) to the 8 Crevice Area
4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.
5. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.
6. Push Bladder Meridian(BL) to the 8 Crevice Area with both thumbs simultaneously, 3 times.
7. Push Bladder Meridian(BL) in three kneeling fingers, 3 times.
8. Push scapula slot with both hands alternately in left-right order, 3-6 times.
9. Push scapula slot with both hands horizontally, 3-6 times.
10. Soothe the back with both hands and press Gb-20 and Du-16 acupoints, 3 times.
11. Overlap both thumbs and push SI-11 acupoint and slide to the arm, 3 times.
12. Do the same on the other side,3 times

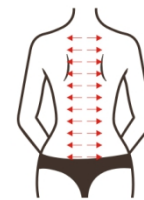
Technique1、 10



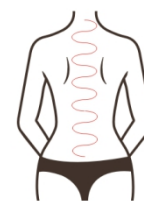
Technique2



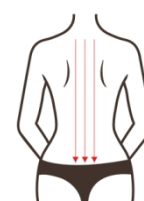
Technique3



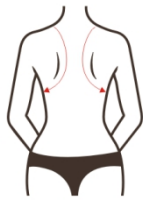




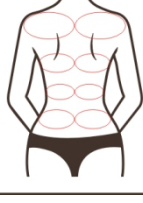

Technique4



Technique5、 6、 7、 13、 15



Technique8

		<p>13. Rub Meridian GV and Bladder Meridian(BL) with hands until they turn hot. The end</p> <p>14. Clean back with towel and apply gel to back evenly, 2 minutes</p> <p>15. Vacuum head operation: Starting from Meridian GV to Bladder Meridian(BL), move the head from neck to the 8 Crevice area, 3-5 times.</p> <p>16. Move the device in circles on Du-14 point, and the 8 Crevice area , 3-5 times respectively.</p> <p>17. Slide from shoulder back and forth on Dabanjing(the area connecting neck and shoulder), 3-5 times</p> <p>18. Slide backwards to lift spatula slot, 3-5 times</p> <p>19. Move in "8" shape motion downwards on the back to the 8 Crevice area, 3 times.</p> <p>20. Left-right order, move upwards in annular motion to armpit.</p> <p>21. Lift upwards from waist to armpit, 3-5 times.</p> <p>22. Cup-fixing operation: put the head on Dazhui(DU14), Tianzong(SI11),and the 8 Crevice area for 2-3 minutes respectively(you can also fix the head on the acupoints along the Bladder Meridian on the back)</p> <p>23. Wipe the back clean with hot towel, 2 minutes</p> <p>24. The end</p>	 <hr/> <p>Technique9</p>  <hr/> <p>Technique11、 12</p>  <hr/> <p>Technique16</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique19</p>  <hr/> <p>Technique20</p>  <hr/> <p>Technique21</p>
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Treatment Suggestions

A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, refine back line, strengthen visceral function, improve digestion, detoxification and metabolism, (one course of treatment is to reduce fat, two courses are to strengthen effect, and three courses help consolidate effects and avoid rebound.)

Hip Care: 60 minutes once a week

Large vacuum head:
Mode:I/V

Temperature:35-40

Suction level: adjust it according to individual endurance

DDS head
Mode:P2
Frequency: 1
Temperature:35-40
Energy level:3-8

Essential oil(massage cream)+gel+WL-DDS

1. Standing on the side, slide to the waist from the 8 Crevice Area with oil in both hands and then lift along the hips from the waist, 3 times (this is to soothe the treatment area.)
2. Push the 8 Crevice area with two thumbs, 3 times.
3. Soothe the treatment area for 3 times and then press acupoint: BL-23, 8 Crevice area, Du-1, Gb-30, BL-36, 3 times.
4. Soothe the area 3 times
5. Left-right order, both hands push from thigh root upwards along Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times respectively.
6. Alternate both hands to push from thigh root upwards along Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian

Technique1、 4、 10



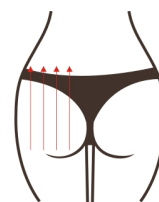
Technique2



Technique3



Technique5



Technique6

BV, 3 times respectively

7. Overlap two palms to push from thigh root to Meridian BV (lifting) 3-5 times

8. Push upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.

9. Repeat technique 7

10. Soothe the area

11. Repeat the techniques on the other side

12. DDS head operation, hold handles with both hands and lift from thigh root to waist line by line, 3 times

13. Push upwards from both sides of hips to the top of hips line by line, 3 times.

14. Move in small circles back and forth on hips, 3-5 times

15. Push upwards from both sides of hips to the top of hips line by line, 3 times.

16. Repeat the techniques on the other side

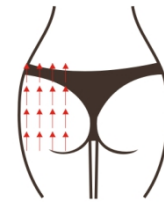
17. Vacuum handle operation: lift from thigh root to Meridian BV line by line, 3 times

18. Push upwards from both sides of hips to the top of hips line by line, 3 times.

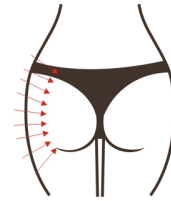
19. Choose mode II, move the handle in small circles on the hip, 3-5 times

20. Lift from thigh root to Meridian BV line by line 3 times

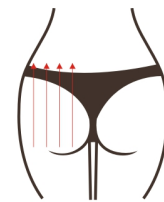
21. Push upwards from both sides of hips to the top of hips line by line, 3 times.



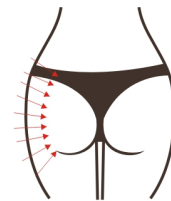
Technique8



Technique12、 15



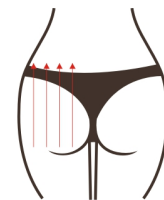
Technique13、 18



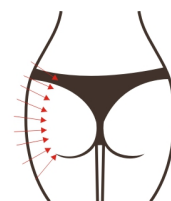
Technique14、 19



Technique20



Technique21

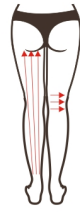





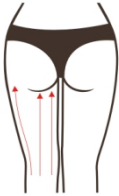

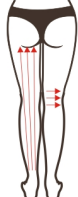
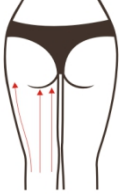


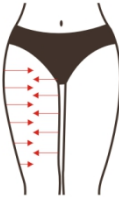
		<p>22. Repeat the techniques on the other side</p> <p>23. Wipe hip clean with hot towel, 2 minutes</p> <p>24. The end</p>	
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Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment, there will be sensations of lifting and heat on buttocks. After a course of treatment, buttocks start to show obvious curve lines, excessive fat begin to disappear slowly, and skin appears to be tight. After 3 courses, the conditions of cold body and uterus, and other gynecological problems such as irregular menstruation are relieved. It also help consolidate the effect to increase female charm.

Leg Dredging: 60 minutes once a week

<p>Large vacuum head: Mode: I/V Temperature : 35-40</p> <p>Suction level: adjust it according to individual endurance</p> <p>DDS head Mode:P2 Frequency: II Temperature:35-40 Energy level:3-8</p>	<p>Essential oil(massage cream)+gel+WL-DDS</p>	<ol style="list-style-type: none"> Customer lies on his front, back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times Move hands upwards to push four main collateral channels: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with fingers spread and hukou pointing upwards. Push popliteal fossa with both hands alternately, 3 times. Move both hands upwards alternately in an undulating motion, 3 times. Soothe the area, 3 times Push four main collateral channels upwards with kneeling fingers of both hands, 3 times. 	<p>Technique1、 2、 3、 4、 6、 7、 8</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique10、 12</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique13、 15</p>
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		<p>8. Soothe the area, 3 times</p> <p>9. Repeat the operation on the other side.</p> <p>10. DDS operation: hold handles with both hands, push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to thigh root respectively, 3 times</p> <p>11. Move in small circles on the leg upwards, 3 times</p> <p>12. Redouble the operation on the fat area of the inner side of thigh.</p> <p>13. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to thigh root respectively, 3 times</p> <p>14. When moving upwards, give some force to the handle. When moving downwards, do not give force.</p> <p>15. Repeat the operation on the other side.</p> <p>16. Vacuum head operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to popliteal fossa upwards respectively, 3 times.</p> <p>17. Move in small circles on calf to dissolve fat, 3 times</p> <p>18. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times.</p> <p>19. Push 4 main collateral channels from popliteal fossa to thigh root respectively, 3 times.</p> <p>20. Move in small circles from popliteal fossa to</p>	 <hr/> <p>Technique14、 20</p>  <hr/> <p>Technique16</p>  <hr/> <p>Technique19、 21</p>  <hr/> <p>Technique25、 26、 27、 28</p>  <hr/> <p>Technique29、 33</p>  <hr/> <p>Technique31</p>  <hr/> <p>Technique32</p>
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thigh root to dissolve fat, 3 times.

21. Push channels from popliteal fossa to thigh root, 3 times

22. Fix vacuum head: fix the head on popliteal fossa for about 2-3 minutes based on customer's endurance

23. Repeat the operation on the other leg.

24. Wipe legs clean with hot towel

25. The front side of leg, customer lies flat: rub oil into the skin from foot to thigh root with both hands(soothing technique), 3 times

26. Alternate heels of both palms to push leg towards thigh root, 3 times

27. Push four main collateral channels: Spleen Meridian (SP) - Stomach Meridian (ST) - Liver Meridian(LV) - Gallbladder Meridian(GB) to thigh root with fingers spread and hukou pointing upwards.

28. Push four collateral channels with kneeling fingers of both hands, 3 times

29. DDS head operation: hold handles with both hands, lift upwards along the four meridians and channels from calf to thigh root, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh).

30. Move upwards in annular motion from the two sides of calf to thigh root, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh).



Technique37



Technique38



Technique39



Technique40



		<p>31. Alternate both hands to lift from the two sides of thigh to the middle, 3 times</p> <p>32. Lift in annular motion from the two sides of knee to thigh root with both hands, 3 times</p> <p>33. Lift upwards from knee to thigh root line by line, 3 times.</p> <p>34. Vacuum head operation: lift along the four meridians and channels from calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>35. Move in annular motion from the two sides of calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>36. Lift from knee to thigh root line by line, 3 times</p> <p>37. Move in small circles on thigh, 3 times.</p> <p>38. Lift from the two sides of thigh to the middle with both hands, 3 times</p> <p>39. Lift from knee to thigh root in annular motion, 3 times.</p> <p>40. Lift from knee to thigh root line by line, 3 times.</p> <p>41. Fix the head: fix the vacuum head on the areas of thigh root for 2-3 minutes respectively</p> <p>42. Repeat the operation on the other side.</p> <p>43. Wipe legs clean with hot towel</p> <p>44. The end</p>	
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Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, there will be contraction of skin collagen due to heat effect, and tightening effect can

obviously be felt on the skin. After 2 courses of treatment, leg is tight and slim with obvious results. 3 courses help consolidate the effect. Vacuum and DDS can stimulate dermis and muscles to firm skin. So the treatment results will be more obvious.