

# User Manual

WL-9392S



## Preface

To our valued users,

Thanks for choosing our latest integrated beauty equipment. This is the latest body slimming and skin tightening instrument that combines together eye RF, facial RF, body RF, vacuum RF, 40K cavitation, and laser pad. WL-9392S is a professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to human body, thus we advise all the people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return, and our perfect after-sales service will make you worry-free.

Thank you.

# Table of Contents

Preface
Part I
Brief Introduction
Advantages
Working Principle
Facial Anti-aging
Eye Anti-aging
Neck Anti-aging
Body Management Waist & Abdomen Sculpting Arm Sculpting Back Sculpting Buttocks Sculpting Leg Sculpting
Part II
Detailed Operations
Technical Parameters
Contraindications
Precautions for Use
Troubleshooting & Solutions
FAQs
Packing List
Operational Diagrams

# Part I

## Brief Introduction

At present, RF, vacuum, 40K cavitation and laser pad are the most popular equipment for looks improving, tightening, body shaping and anti-aging. It can effectively replace most of the facial and body care programs in beauty salon, and can be operated easily, conveniently and swiftly, and solves skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively, and requires no skin breaking, no injection, no medication and no surgery. It has no side effects, and is operated externally throughout, and has an instant effect.

## Advantages

1. Multifunctional beauty equipment fixes facial and whole body care problems.
2. Ultrasound strongly blasts and removes fat, and has replaced and surpassed liposuction, bringing good news to obese people.
3. RF facilitates skin metabolism and collagen regeneration, removes wrinkles, resists aging, reduce fat, and rejuvenate skin.
4. Laser lipolysis, which is safe and painless, dissolves fat evenly, makes skin smooth and flat, and leaves no marks
5. It has multiple operating handles which can be changed according to body part to be treated and different requirements.
6. One machine with multiple functions makes it easy to use and has addressed troubles for function selection.
7. It adopts the most advanced ultrasonic cavitation and vacuum technology in the world.
8. It's painless, noninvasive and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect normal work and life after treatment.
9. No consumption, low cost, but with quick return.
10. Unevenness, bleeding and swelling will not occur.

## Working Principle

**RF:** RF heats up dermis through high frequency electric wave and stimulates skin metabolism and collagen regeneration, so as to lift skin, remove wrinkles, fight against micro-aging and tighten and rejuvenate skin.

**40K:** It utilizes ultrasonic wave. 40K can effectively consume heat and cellular water as well as shrinking fat cells by gathered strong sound waves entering human body causing fat cells producing a strong strike and frictions between fat cells. In addition, when sound waves vibrate, it can produce strong strike among cells which make cells

burst instantly and lessen fat cells so as to remove fat.

**Ultrasonic Cavitation:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in negative pressure zone formed by longitudinal transmission of ultrasound, and they close rapidly in positive pressure zone. Therefore, they are being compressed and stretched under alternative positive and negative pressure. The bubbles will be compressed until they get burst, which will generate huge instantaneous pressure. Generally, the pressure can reach up to from tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It destroys tissue selectively, and only destroys low-density adipose tissue with a specific frequency, and protects high-density tissue, such as nervus vascularis, etc.

**Vacuum RF:** To massage skin and muscle with a special vacuum sucking head, which can effectively improve fluid mobility of human cells, and increase cell activity so as to activate cells and improve skin's elasticity, and meanwhile accelerate blood circulation of micro-vessels, discharge excessive toxin through normal circulation of lymphatic system, and lessen the probability of the occurrence of adverse situations, such as color spots, pigment and extravasated blood. Kneading effect generated by vacuum fat sucking can increase the tissue activity of skin and muscles, thus decreasing scleroid cellular tissue and increasing the elasticity of skin tissue. Therefore, both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate sympathetic nervous system of surface and deep layer, and improve skin sensitivity. The suction and release of air pressure can not only improve capillary system but also enhance flow between deeper veins and lymph gland network, strengthen blood vessels, and improve varicose veins.

**Advantages:** It breaks through previous working mode of negative air pressure that is single and simple. To select different mode for different part can slim and sculpt body in a more effective and efficient way, and causes no harm to body. Compared with the ordinary single-polar RF, this equipment, with its unique RF probe and with RF and vacuum relatively independent but also complementary as an intact metabolic system, can reshape body in a more effective, rapid and even way.

### **Physical Effect for Vacuum**

#### 1. Skin Layer

The suction and release of air pressure:

- (1) It can improve mobility among cells, thus increasing cells movement and curing diseases related to blood stasis and blood stagnation.
- (2) Remove moisture from lymph gland and veins.

Effect: To discharge excess water from tissue fiber.

#### 2. Vascular Layer

The suction and release of air pressure:

- (1) Improve blood circulation of micro-vessels. It not only improves blood capillary system but also boosts flow between deeper veins and lymph gland network.
- (2) Excessive toxin can be removed from body.

Effect: To strengthen blood vessels and relieve varicose veins.

### 3. Fibrous Layer

The suction and release of air pressure:

- (1) It can generate two effects in different tissue(including skin, muscle tissue, etc.).
- (2) Repair cell tissue, and enhance activity among cells.
- (3) Lift and repair skin's elasticity, and resist skin stretch.
- (4) The production of ossein helps to refresh skin and recover elasticity.
- (5) Improve oxygen support capacity for skin and increase consumption of carbon dioxide.

Effect: To break cellulite's hard fiber, and make it more elastic, thus shaping body.

### 4. Nerve Layer

The suction and release of air pressure:

- (1) It stimulates the surface and deep layer of sympathetic nervous system.
- (2) Improve skin's sensitivity.
- (3) Repair skin's elasticity and resist tissue fibrosis.

Effect: To repair and improve skin's sensitivity.

**Laser Lipolysis:** Laser lipo machine uses red laser, a visible spectrum with a wavelength of 635nm-650nm. The wavelength of the laser is of strong penetrating power which effectively activate and repair fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless and has no side effects. It sends low level chemical signal of laser energy to fat cells, and decomposes triglycerides stored in fat layer into free fatty acids and glycerol that are released through the channel of cytomembrane. Fatty acids and glycerol are transported to body tissue that produce metabolic energy. The release of fatty acids is a natural response when body needs the stored energy reserves, thus no unnatural reaction will occur inside body, nor does it affect or damage surrounding structures as skin, blood vessels and peripheral nerves. After a period of time of exercise therapy, the free fatty acids inside body will be eliminated through intact metabolism.

**Biological Effect:** LED laser uses laser of a wavelength of 635nm to 650nm which heats up fat cells in the targeted zone to decomposes them. And fat deposits is absorbed and discharged via body's natural metabolism in a short period of time. During the process, laser seals small blood vessels, obviously reduces bruises, leads the heat to treatment area, and stimulates the production of collagen, thus achieving flatness, smoothness, tightening and body shaping.

Low-energy laser(biological stimulation) directly reaches to deep fat. It stimulates

biological cells and induces or strengthens a series of physiological reactions by providing a proper amount of energy, including promoting local blood circulation, regulating cell functions, enhancing immune function and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape body simultaneously. Laser of 160mw is of strong penetrating power which can effectively activate or repair fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless and has no side effects.

## Facial Anti-aging

### Effects

1. Tighten face and deeply infuse nutrition.
2. Increase skin's elasticity and refine skin.
3. Moisten skin and enhance skin's absorptivity.
4. Accelerate blood circulation and metabolism.
5. Relieve double chin and firm skin.
6. Stimulate collagen hyperplasia and delay aging.

### Indications

1. Those with dark or lustreless face.
2. Those with slack or saggy skin.
3. Those with fine lines, nasolabial folds or periorbital wrinkles.
4. Those with vague facial contour.
5. Those with coarse skin or large pores.
6. Those who are under long-term exposure of UV radiation in workplace.
7. Those with slack skin, edema or puffiness after child delivery.

### Contraindications

1. Those who just had plastic surgery, or had prostheses or metal objects implanted inside treated parts.
2. Those who recently injected hyaluronic acid or water light, or had injection for wrinkle removal or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. Those in allergic period, with severely sensitive skin, or who are allergic to metals.
5. Those who are over aging.
6. Those in menstruation, pregnancy, lactation or surgical recovery
7. Those with skin disease or infectious disease
8. Those who have unrealistic illusion about the effect

## Matters Needing Attention After Treatment

1. Do not wash the face with overheated water within three days (but can wash it with warm or cold water).
2. Keep hydrating, and protect yourself from the sun.
3. Do not enjoy hot springs, saunas, or do strenuous exercise, etc., within three days.
4. It's advised to apply facial mask at least three times in a week
5. Avoid eating spicy and greasy food, staying up late, smoking and drinking alcohol. Instead, eat more vegetables, fruits and light food.
6. Do not eat food causing hypertension, hyperlipidemia and hyperglycemia, and mostly eat light food

## Eye Anti-aging

### Effects

1. Relieve eye fatigue, black eyes, eye bags and edema.
2. Improve periorbital wrinkles and crow's feet.
3. Fade pigment and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supply nutrition to eyes and moisten skin.
6. Tighten and refine skin, and lift the corner of eyes.
7. Accelerate eyes' blood circulation, and promote efficient absorption.

### Indications

1. Those with wrinkles, fine lines, eye bags or black eyes.
2. Those with dry skin, dry lines or dynamic wrinkles.
3. Those whose eyes are prone to fatigue or dryness.
4. Those who always face computer or cellphone.
5. Those who always stay up late or with black eyes.
6. Those who always expose to dry or high temperature environment.

### Contraindications

1. Those who just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period, with severely sensitive skin, or who are allergic to metals.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease



## Matters Needing Attention After Treatment

1. Avoid being under the blazing sun and protect yourself from the sun.
2. Keep hydrating and protect yourself from the sun since the treated parts are relatively dry.
3. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid) or scrub cream within 1 to 3 days.
4. Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc. within 7 days.
5. Drink more water and apply eye mask which should be done at least 3 times in a week.

## Neck Anti-aging

### Effects

1. Improve neck with slack, coarse or lusterless skin.
2. Tighten skin and increase skin's elasticity.
3. Relieve double chin.
4. Accelerate lymphatic detox and improve facial skin quality.
5. Prevent neck and lymphatic diseases.

### Indications

1. Those whose neck have coarse skin or dim skin color.
2. Those whose neck have clogged lymph.
3. Those whose neck have slack or inelastic skin.
4. Those who always lower their heads.
5. Those who are not satisfied with their necks' skin color.

### Contraindications

1. Those who just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period, or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

## Matters Needing Attention After Treatment

1. Protect yourself from the sun and keep neck warm.
2. Keep hydrating and protect yourself from the sun since the treated parts are relatively dry.
3. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid) or scrub cream within 1 to 3 days.
4. Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc., within 7 days.
5. Drink more water and apply neck mask which should be done at least 3 times in a week, and apply essence or neck cream.
6. Avoid lowering head for a long time.

## Body Management

### Waist & Abdomen Sculpting

#### Effects

1. Alleviate women's cold hands, feet, cold uterus or cold-natured body.
2. Improve waist and abdomen's slack and soft skin.
3. Reduce waist and abdomen's flab, and alleviate swim ring-like waist and small belly.
4. Tighten skin, reduce stretch marks and striae distensae, and increase skin's elasticity.
5. Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

#### Indications

1. Those with cold hands or feet, cold uterus or cold-natured body.
2. Those whose waist and abdomen have flab, or with protruding small belly, slack skin after child delivery.
3. Those sitting too long, or with ugly waistline.
4. Those with striae distensae, or stretch marks.
5. Those with constipation, or whose abdomen has obstructed channels and collaterals.

#### Contraindications

1. Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds is healing, or in surgical recovery.
4. Those with epilepsy, severe diabetes or hyperthyroidism.

5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are under treatment.

## Matters Needing Attention After Treatment

1. Avoid wearing crop top, or exposing to windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, eating raw, cold, spicy or greasy food. Instead, drink more hot water.
3. Keep abdomen warm, and take shower after 4 to 6 hours.
4. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.
5. Rub abdomen with hands doing it clockwise before sleep at night, which makes weight loss and metabolism achieve a better effect.

## Arm Sculpting

### Effects

1. Stimulate collagen hyperplasia in underlying skin, shape body and firm skin.
2. Improve slack skin.
3. Improve flabby and thick arms.
4. Relieve soft skin.
5. Tighten skin.
6. Accelerate blood circulation, and dredge channels and collaterals.

### Indications

1. Those with thick arms, or who looks ugly in clothes.
2. Those whose arms have flab, or with flabby arms.
3. Those whose arms have slack skin.
4. Those whose arms are prone to pain and numbness.
5. Those who always carry baby.

### Contraindications

1. Those who just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period, or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

## Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna, hot springs, or doing strenuous exercise within a week.

## Back Sculpting

### Effects

1. Relieve shoulder and back ache, and alleviate Dowager's Hump.
2. Dredge channels and collaterals, and improve clogged channels and collaterals.
3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen physique.
6. Tighten skin and prevent slack and soft skin.
7. Remove excessive flab from back, and sculpt back.

### Indications

1. Those with shoulder and back soreness, or stiff neck.
2. Those with insomnia, dreaminess, or fading memory.
3. Those who are prone to fatigue, drowsiness, or with obstructed circulation of vital energy and blood.
4. Those with thick back, or who looks ugly in clothes.
5. Those with Dowager's Hump.

### Contraindications

1. Those with metal implant inside body, such as stent, pacemaker, or who are allergic to metals.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing, or in recovery.
4. Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes or hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those who have weak body.
8. Those who are drunk, thirsty, overworked, and with full or empty stomach.

## Matters Needing Attention After Treatment

1. Keep warm, avoid exposing to windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol, and eating and drinking too much.
4. Avoid eating raw, cold and spicy food. But have enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

## Buttocks Sculpting

Buttocks, which located at the middle of human body, is the key hub for channels and collaterals and qi-blood circulation, and is the main switch of six channels and collaterals as well as the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of human body. It plays an important role in body S-curve building and feminine charm increasing.

## Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other gynecological diseases.
3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape buttocks, improve the sagging and outward expansion of buttocks, tighten skin, and increase elasticity.

## Indications

1. Those with slack and saggy buttocks, or fat accumulation.
2. Those with striae distensae, or stretch marks.
3. Those whose buttocks shape is not good-looking, flat, loose, or with outward expansion.
4. Those with cold buttocks, or with low buttocks temperature.
5. Those with cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. Those with decreased estrogen levels, or disharmonious sexual life.

## Contraindications

1. Those in menstruation, pregnancy, lactation or surgical recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant

tumors, etc.

3. Those with skin disease or infectious disease.
4. Those with surgical wounds, or in surgical recovery.
5. Those in allergic period, or who have severely sensitive skin.
6. Those who just had liposuction.
7. Those who are over aging.

## Matters Needing Attention After Treatment

1. Keep buttocks warm, and avoid wearing miniskirts or minishorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol, and eating and drinking too much.
5. Avoid eating raw, cold and spicy food. But have enough sleep.
6. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.

## Leg Sculpting

### Effects

1. Tighten skin, and prevent slack and soft skin.
2. Stimulate collagen regeneration, and flatten striae distensae.
3. Increase legs' blood circulation, detox and metabolism;
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive flab of legs and get rid of thick thigh.

### Indications

1. Those whose lower limbs have obstructed blood circulation, or with edema and obesity.
2. Those with hypoimmunity, or who feel uncomfortable and pain all over the body, or who are prone to catch colds.
3. Those with constipation, or with coarse or slack skin.
4. Those whose legs have clogged channels and collaterals, or with disproportionate and unsightly legs.

### Contraindications

1. Women in menstruation, pregnancy or lactation.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease or infectious disease.

4. Those with surgical wounds, or in surgical recovery.
5. Those with severe varicosity or tumors.
6. Those in allergic period, or who have severely sensitive skin.
7. Those who just had liposuction.
8. Those who are over aging.
9. Those in pregnancy or surgical recovery.

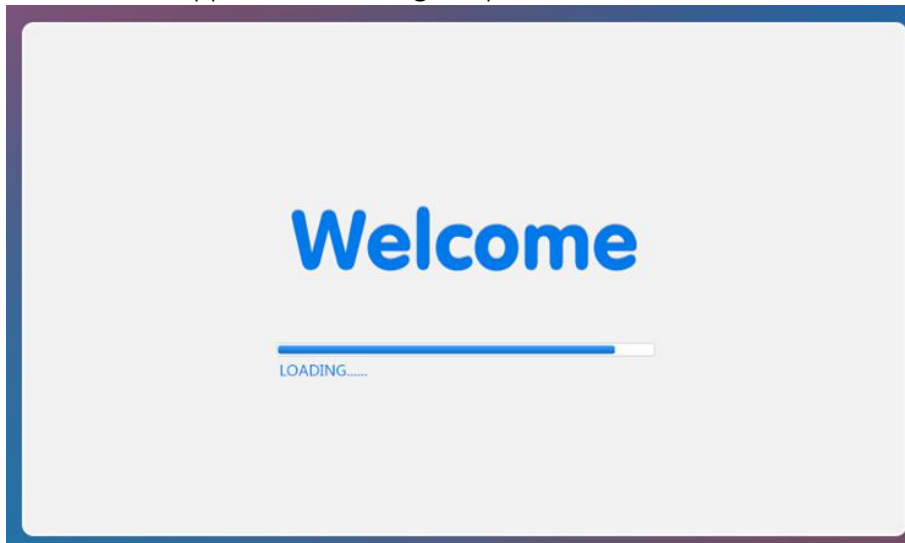
## Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to speed up metabolism.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.
6. Wear long pants as far as possible, and avoid wearing miniskirts and minishorts.

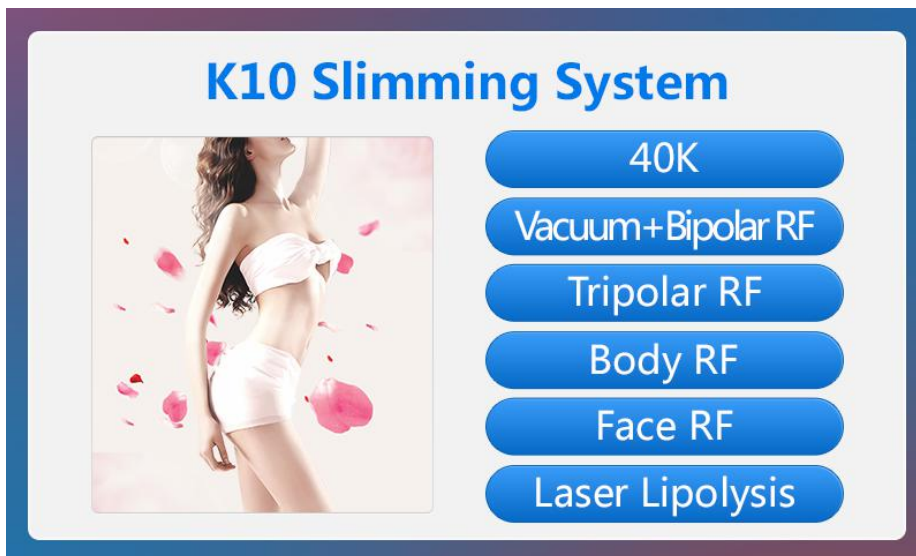
## Part II

1. Detailed Operations (Time, energy, mode and suction can be adjusted in accordance with individual tolerance and requirements. The advised values, handles match and course of treatment mentioned in this user manual are for reference only. The specifics are subject to the actual situation. Caution: 40K is prohibited to be used around heart, back and chest.)

Check the equipment and make sure it's properly connected. The following initial interface will appear after having the power switch on.




Then the following page.





## 1. 1 Function Selection

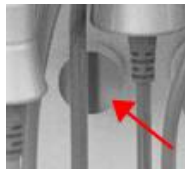
 Energy Level Setting & Display(Energy Level Range: 0 to 20. Each grid represents a energy level.)

 Time Setting & Display(Time Range: 0 to 60)

 Pause

 Start

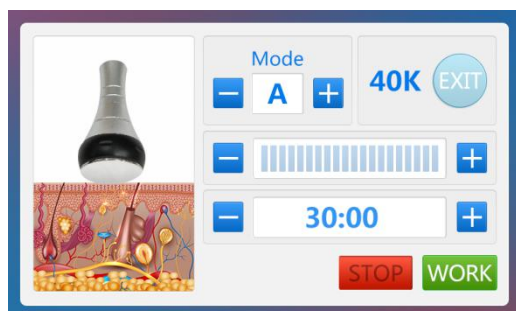
 Exit



Rotating knob for suction setting. To rotate to the left to decrease suction and to the right to increase. It can be adjusted according to individual tolerance. The higher the suction level, the tighter it sucks.

## 1.2 Detailed Operations for 40K

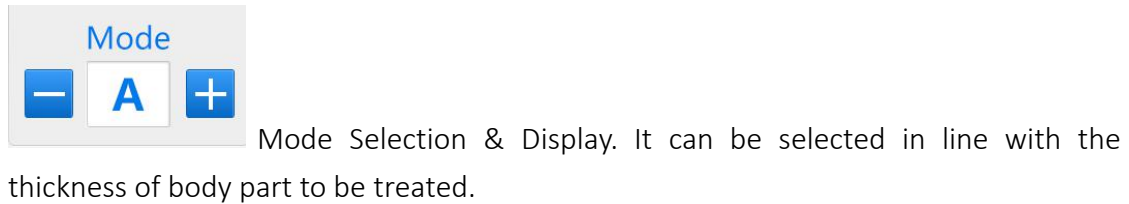
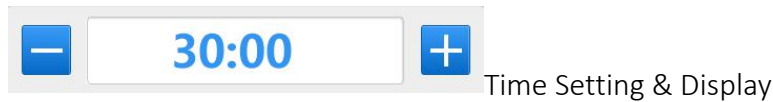
Selection  and enter the following page.



 Energy Setting & Display(advised energy level

is 20% to 80%, which can be adjusted according to individual tolerance. For first time user, it's advised to start from the lowest level and increase it slowly if the client get accustomed to it. The higher the energy level, the more obvious the drumming in the

ears.)



Two Modes Available:

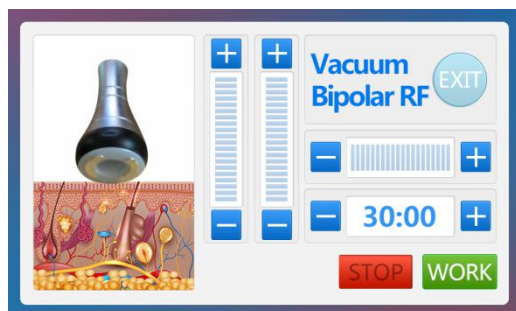
Mode A is continuous working, namely, ultrasound works persistently after having the instrument started, which suits those who want to lose weight because they have thick fat layer.

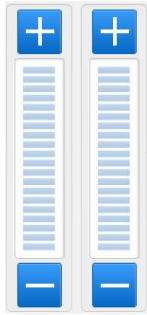
Mode B is discontinuous working, namely, ultrasound works interruptedly after having the instrument started, which suits those who want to reduce weight because they have a moderate thickness of fat layer and whose effect for weight loss stabilizes.

Have the time, energy level and mode set, then click **WORK** to start, and click **STOP** to stop work.

### 1.3 Detailed Operations for Vacuum & Bipolar RF

Selection **Vacuum+Bipolar RF** and enter the following page.





On the left side is the suction time setting and display, namely the suction time for one suction and one release. (Range: 0 to 20. The bigger the value, the longer the time for one suction and one release.)

On the right side is the release time setting and display, namely, the release time for one suction and one release. (Range: 0 to 20. The bigger the value, the longer the time for release. It's direct suction when is set to zero.)

Have the time, energy level and time for suction and release set, then

click **WORK** to start, and click **STOP** to stop work.

## 1.4 Detailed Operations for Tripolar RF

Select **Tripolar RF** and enter the following page.



Energy Level Setting & Display



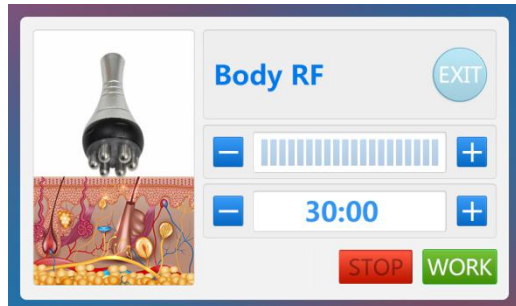
Time Setting & Display

Have the time, energy level and mode set, then click **WORK** to start, and

click **STOP** to stop work.

## 1.5 Detailed Operations for Body RF

Select **Body RF** and enter the following page.



Energy Level Setting & Display

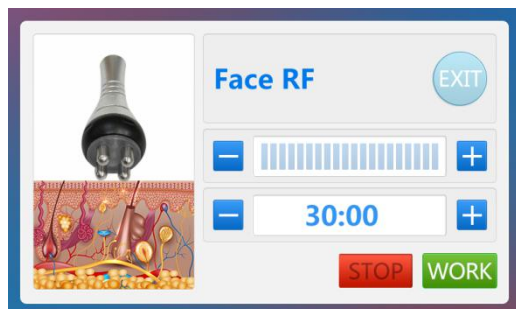


Time Setting & Display

Have the time and energy level set, then click **WORK** to start, and click **STOP** to stop work.

## 1.6 Detailed Operations for Facial RF

Select **Face RF** and enter the following page.



Energy Level Setting & Display



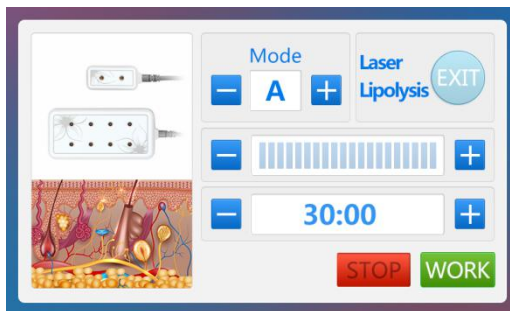
Time Setting & Display

Have the time and energy level set, then click **WORK** to start, and

click **STOP** to stop work.

## 1.7 Detailed Operations for Laser Pad

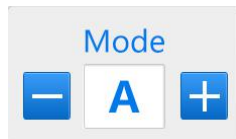
Select **Laser Lipolysis** and enter the following page.



Energy Level Setting & Display



Time Setting & Display



Mode Selection & Display

Three Modes Available:

Mode A is always on, namely, laser pads are on all the time after having the instrument started, which suits those with thick fat or who want to consolidate the treatment for weight loss.

Mode B is slow flashing, namely, laser pads are flashing slowly after having the instrument started, which suits those who want to strengthen weight loss.

Mode C is fast flashing, namely, laser pads are flashing fast after having the instrument started, which suits those with slight obesity, or who want to lose weight.

Have the time, energy level and mode set, then click **WORK** to start, and

click **STOP** to stop work.

## 2. Technical Parameters

Power Supply Input:100V-240V  
Power: <=190W

Uoisetion 40K Cavitation Head:  
Frequency: 40KHz  
Power: 15W

Sextupolar Vacuum 3D Smart RF for Body w/Photon  
Frequeuncy: 1MHz  
Power: 50W  
Vacuum: <-80kPa  
Pressure: >250kPa  
Air Flow: >10L/Minute  
Noise Level: <70dB(30cm away)

Quadrupole 3D Smart RF w/Photon for Face  
Frequeuncy: 1MHz  
Power: 30W

3D Smart Bipolar RF w/Photon for Eyes  
Frequeuncy: 1MHz  
Power: 10W

Laser Pad  
Laser Wavelength: 635nm-650nm  
Power of Each Light: 5mw  
Energy Output: 52 x 5mW =260mw(6 big pads\*8 light/each+2 small pads\*2 light/each)  
Mains Power Output: 100VA

Dimensions: 440 x 280 x 340(mm)  
Net Weight: 4.0kgs  
Gross Weight: 9.75kgs  
Input Power: AC 110V/220V 50/60Hz  
Display: Touch Screen

## 3. Contraindications

Those with the following situations should use the equipment with caution. Please consult a doctor or professional before using it. The details are as follow:

- (1) Women in pregnancy, or lactation.
- (2) Those with heart disease, or heart pacemaker.

- (3) Those with unhealed surgical wound, or in surgical recovery.
- (4) Those with epilepsy, severe diabetes or hyperthyroidism.
- (5) Those with malignant tumors, hemophilia or severe bleeding.
- (6) Those with skin disease or infectious disease.
- (7) Those who are sensitive to electric current should use with caution.
- (8) Those whose chest have prosthesis.
- (9) Those with metal stent(not include contraceptive ring that placed inside women's uterus) inside body are prohibited to use it.
- (10) Those who did cesarean in the past 6 months are not allowed to use it.
- (11) Those who experienced miscarriage in the past 3 months and natural labour in the past 2 months are forbidden to use it.

#### 4. Precautions for Use

- (1) Plug with ground pin must be used, and power socket that already grounded must be ensured before using it.
- (2) To make sure equipment's voltage is adaptive. If the voltage of local power supply is unstable, we suggest users add voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee curative effect and normal service life of the equipment, please uniformly use specified parts provided or suggested by original manufacturer.
- (4) The equipment can't be placed in damp places or near from water, and also can't be exposed to direct sunlight.
- (5) Don't place the equipment near from a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from body before treatment so as to avoid unexpected situations which may affect curative effect.
- (7) Please restrain from using the equipment aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those who are suffering from illness should use with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure main power is off after everything was settled, thus safety of the equipment can be guaranteed.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (11) Don't use the equipment with an empty stomach, and wait for at least 1 hour after a full meal before starting the course for weight reduction.
- (12) The equipment should contact skin fully so as to avoid uneven heating when in use.
- (13) Start with the lowest energy level when just operated, and increase the level gradually after client got used to it.
- (14) When using this equipment, parts to be treated must be kept moist, and dry skin

treatment should be avoided.

- (15) Don't set the suction of vacuum RF too high when treat the face so as to avoid the appearance of redness.
- (16) When using laser pads, its whole surface should contact skin fully and can't only touch a small area.
- (17) The laser pads can be used separately. To fasten them directly onto fat parts needing weight reduction. Set energy parameters before use. Treatment time for single part is about 20 minutes. A better effect can be achieved with the combined use of massage, RF and ultrasound equipment.
- (18) Bear it in mind that 40K can't be used around chest or body parts that have skeletons as head and back.
- (19) To clean the equipment with normal saline after operation so as to ensure its cleanliness and hygiene, as well as extending its service life.
- (20) To use the equipment and train the operators in strictly accordance with the instructions specified in the manual.

## 5. Troubleshooting & Solutions

- (1) The equipment can't be started?
  - A. Make sure the power cord is plugged into a good power socket.
  - B. Check whether the fuse tube in its back is loose or burnt out.
  
- (2) The equipment is without RF output?
  - A. Please check whether the handle and the plug connecting to equipment body are closely connected.
  - B. Please check whether the treated parts have been cleaned. Grease or essential oil products may cause poor contact between the handle and human body resulting in no output.
  
- (3) The RF output is weakened?
  - A. Please check whether the equipment handle and the plug connecting to equipment body are closely connected.
  - B. Please check whether there is non-conductive grease on the handle, which may cause poor contact causing weakened output.
  - C. Please check whether the products used are the adaptive products specified by the equipment.
  
- (4) The equipment can be started, but there is error message on the monitor?
  - A. Take out the plug in its back, and wait for about 1 minute and re-plug it and restart the equipment.
  - B. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.
  
- (5) Vacuum RF doesn't have suction or its suction is weakened?



- A. Check whether the filter is properly installed.
- B. Check whether the connecting wire for handle is properly installed.
- C. Check whether the connecting wire for handle is damaged.
- D. There is foreign matter or oil dirt inside the air inlet of the main machine. Please check and clean it.

## 6. FAQs

(1) Q: How long does it take to see the effect of RF treatment?

A: Usually, the effect can be seen on the same day or within a week. Collagenous tissue will contract under heating, then a sense of tightening can be felt obviously. RF stimulates subcutaneous tissue, and produces collagen continuously, thus the more time you have the treatment, the more obvious the effect is.

(2) Q: Is RF harmful to skin?

A: RF for tightening and anti-wrinkle is a non-surgical program. It stimulates collagen regeneration in underlying skin and accelerates metabolism. Therefore, it causes no harm to skin. Only local redness and heating will occur after treatment, which is a normal phenomenon caused by accelerated blood circulation, and will disappear itself after a moment. Thus, there's no need to worry.

(3) Q: How long does body tightening and shaping treatment take?

A: The time for one treatment is 60 minutes. To have an obvious effect, we will combine the use of professional techniques and instruments.

(4) Q: What functions does this equipment include?

A: It can shape body with fat-dissolving, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. For face, it can sculpt contour, reduce wrinkles, and alleviate loosening and sagging. For body, it can reduce the weight of local part and build S curve, accelerate metabolism and detox of the whole body. Meanwhile, it can also enhance viscera functions and regulate sub-health.

(5) Q: Which one is better in terms of weight reduction, liposuction or this equipment?

A: The principle of liposuction is to suck out excessive fat from a certain body part through vacuum suction, thus achieving rapid local body slimming. It has an instant effect, but requires anesthesia during the process and has convalescence. Since it's an operation, it's risky. However, this equipment is risk-free and has no side effects. It can stimulate collagen regeneration to lift and tighten skin while reducing weight. And it can also build perfect curve by lifting, and enhance feminine charm.

(6) Q: Will I experience rebound after the treatment?

A: For weight loss with 40K fat dissolving, the weight will not rebound easily after

reduction. This method is reducing fat instead of moisture, and it takes a long time for the fat to be accumulated, thus the weight will not get rebound easily.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet to a certain extent because RF and ultrasonic treatment are followed by fat blasting and accelerated metabolism. To avoid eat spicy, grease, fried food so as not to affect metabolism. You can have proper workout for sweating to discharge it successfully from body. In this way the effect for weight loss will be more obvious.

(8) Q: Does it have any side effects?

A: Looks improving and body shaping with RF is a non-invasive treatment and is currently one of the safest and most effective way to remove wrinkles, tighten skin and sculpt body. Generally speaking, there is no side effects. Some people may experience transient redness or swelling that will disappear after a few hours. People with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to RF heat. However, the skin will turn plump at the initial stage of collagen regeneration. Anyway, all these symptoms will vanish after three days. There are no side effects on body.

(9) Q: Can ultrasound be operated all over the body?

A: Ultrasound breaks fat cells, burst cell wall, then fat in the cells flow out and absorbed and metabolized by lymph. Ultrasound has a strong power. The heart is sensitive to sound wave since it's a hollow organ. Back and forth reflex occurs due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on waist, back and chest.)

(10) Q: Does ultrasound have side effects on human body?

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation.

The technique for ultrasound: ultrasound (mechanical sound wave)-blasting fat through cavitation -ultrasound focusing.

Effect: Shattering fat-dissolving fat-tightening skin-sculpting body

It only targets at fat cells of low density while protecting tissue of high density, such as nervus vascularis, therefore it has no side effects on human body. Only slight drumming in the ears may appear during the treatment, which is normal and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because ultrasound has a strong vibration and with a frequency above 20KHZ. It acts on subcutaneous fat layer that is 20mm below through ultrasound

focusing. Ultrasound with concentrated energy effectively causes high speed friction among fat cells, resulting in heating and eventually in breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance, and a white, opaque and non-branched fibrous protein. It can supplement the needed nutrition to skin layers, and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care hair. Collagen is a nutrient that the human body must be supplemented for delaying aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen have drained, and the content of collagen have decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, the content of collagen is less than half of that of the age of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause for the wrinkles on the face of the elderly. It causes the oxidation, atrophy and collapse of skin tissues, which makes the skin dry, wrinkled, slack and inelastic and etc. Therefore, collagen must be supplemented for aging delaying.

(13) Q: Why do I need buttocks maintenance?

A: Because buttocks maintenance can help with body lymphatic detox, improve the gynaecological diseases, and also avoid harms caused by buttocks blockage. Hips impassability will surely bring about gynaecological diseases. There is pelvic cavity and intestinal tract inside the buttocks. It connects to belt vessel, lumbar vertebra and sciatic nerve from above, uterus, ovary, and adnexa in front, anus, vagina, groin, and lymph from below. Under the squeeze of upper-jiao(the parts above diaphragm) and lower-jiao(the parts underneath enterocoelia) channels and collaterals, the hips is most prone to coldness, dampness and blood stasis. When the hips is under coldness, it causes contraction of hips' channels and collaterals, dysmenorrhea, irregular menstruation, dark menstruation blood, blood clot, and obstructed blood flow. It also affects ingravidation.

(14) Q: How does vacuum do detox?

A: Vacuum can congest capillary, stimulate cells to increase vitality. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up waste expelling. Therefore, it can promote qi and blood circulation, dispel coldness and dampness, dredge channels and collaterals, and clear out toxins and heat.





## 7. Packing List





Main Machine x1

Power Cord x1

- 3-polar RF Handle x1
- Facial RF Handle x1
- Body RF Handle x1
- 40K Handle x1
- Large Laser Pad x6
- Small Laser Pad x2
- Parts Rack x1
- Fuse x2
- Filter x1

## 8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
<b>Facial Anti-aging: 70 Minutes/ Once a Week</b>			
<b>Facial RF</b> Advised Time: 15 minutes  Advised Energy Level: 2 to 7	Makeup Remover + Facial Cleanser + Cold & Hot Steam + Massage Cream + Hydromask + Essence + Facial Mask	1. Remove makeup and clean the face, 5 minutes.	Technique 5, 7  
		2. Apply hydromask and use hot steam, and minutes.	Technique 6  
		3. Clean the face, 2 minutes.	Technique 8, 9  
		4. Apply toner, 1 minute.	Technique 10  
		5. Apply massage cream evenly to the face, and caress it for 3 times.	
		6. Press Chengjiang(RN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20), Jingming(BL-1), Cuanzhu(BL-2), Yuyao(EX-HN4), Sizhukong(SJ-23), Temple, Tongziliao(GB-1),	


		<p>Chengqi(ST-1), and Sibai(ST-2). Repeat 3 times.</p> <p>7. Caress the whole face for 3 times.</p> <p>8. Lift in three lines with hands doing it alternately, from chin to earlobe, from the corner of mouth to Ermen(SJ21), from wing of the nose to Temple, from lower eyelid to Temple, and lift the corner of eyes. Repeat 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift forehead towards hairline. Repeat 3 times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip forehead towards hairline with one hand. Repeat 3 to 5 times.</p> <p>13. One side, flip and lift the face with hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring finger of two hands, then slide to the front of ear and lift to and fro for 3 times, and slide out from the back of ear.</p> <p>16. Treatment done.</p> <p>17. Facial RF</p>	 <hr/> <p>Technique 15</p>  <hr/> <p>Technique 18, 19, 20</p>  <hr/> <p>Technique 20</p> 
--	--	--	--






		<p>18. Lift one line after another and circlewise from chin to the part below ear, from the corner of mouth to ear center, and from wing of the nose to Temple. Repeat 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift circlewise from forehead towards hairline. Repeat 3 times.</p> <p>21. Clean the face, 2 minutes.</p> <p>22. Apply facial mask, and wait for 15 minutes.</p> <p>23. Clean the face, 2 minutes.</p> <p>24. Apply toner, essence, facial cream and sunscreen.</p> <p>25. Treatment done.</p>	
--	--	---	--



**Course of Treatment Recommended:**

A course consists of ten treatments. After one treatment, skin becomes tightened and rejuvenated, and is supplemented with the needed nutrition. After a course, skin improves and turns shiny. After two courses, skin gets smooth and plump, and its outline gets clearer gradually. After three courses, skin's metabolism and detox enhance. And it helps to fade pigment and dark skin, prevents and delays skin aging, loosening and sagging, and stimulates collagen hyperplasia in underlying skin, which makes skin tender, smooth, firm and shiny.

**Eye Anti-aging: 45 Minutes/ Once a Week**

<p><b>3-Polar RF</b> Advised Time: 10 minutes</p> <p>Advised Energy Level: 2 to 7</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Apply essence(eye cream) evenly to the eyes with hands moving in circles.</p>	<p>Technique 3, 5</p> 
---	---	---	---



	<p>Repeat 3 times.</p> <p>4. Press Jingming(BL-1), Chengqi(ST-1), Sibai(ST-2), Tongziliao(GB-1), Sizhukong(SJ-23), Yuyao(EX-HN4) and Cuanzhu(BL-2).</p> <p>5. Caress eyes with hands moving in outward Arabic numeral 8-shaped motion. Repeat 3 times.</p> <p>6. Caress eyes with hands in scissor gesture. Repeat 3 times.</p> <p>7. With one hand in scissor gesture, and the other hand moving circewise from the inner corner of eye to outer corner of eye till the back of ear, and slide out from there. Repeat 3 times.</p> <p><b>8. Eye RF</b></p> <p>9. Lift the device from lower eyelid to the corner of eye. Repeat 3 to 6 times.</p> <p>10. Lift the device from lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>11. Lift the device from lower eyelid moving in small circles to Temple. Repeat 3 to 6 times.</p> <p>12. Lift the device from lower eyelid to</p>	<p>Technique 4</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 11</p>
--	--	--

		<p>Temple. Repeat 3 to 6 times.</p> <p>13. Lift the device from brow ridge to hairline. Repeat 3 to 6 times.</p> <p>14. Do the same on the other side</p> <p>15. Clean the eyes, 1 minutes.</p> <p>16. Apply eye mask, and wait for 15 minutes.</p> <p>17. Remove the mask and clean the eyes, 2 minutes.</p> <p>18. Apply eye essence.</p> <p>19. Treatment done.</p>	 <p>Technique 12, 13</p> 
--	--	--	---

**Course of Treatment Recommended:**

A course consists of ten treatments. After one treatment, skin becomes rejuvenated and delicate. After a course, neck skin turns smooth, and circulation of neck lymph accelerates. After two courses, skin becomes tightened, cervical stripe fade, and double chin improves. After three courses, skin turns delicate, shiny, firmed and plump, and lymphatic detox speeds up, dark face and acnes improves. It also delays skin aging and rejuvenate it.

**Neck Maintenance: 60 Minutes/ Once a Week**

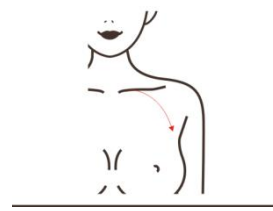
<p><b>Facial RF</b> Advised Time: 10 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p><b>Laser Pad</b> Advised Time: 15 minutes</p> <p>Advised</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<p>(1) Remove makeup and clean the face, 5 minutes.</p> <p>(2) Apply toner, 1 minute.</p> <p>(3) Massage neck, and lift in the front of chest and apply oil to it with hands, then move to the back of neck, and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</p> <p>(4) Lift lower jaw and double chin with</p>	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 8</p>
--	---	---	--



Energy Level:  
2 to 7

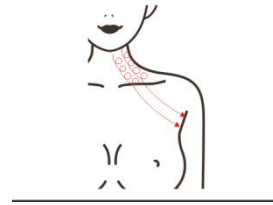
Mode:  
A.(default)

hands doing it alternately, and lift to armpit via the back of ear, and pass under armpit. Repeat 3 times.



(5) Stroke the three channels and collaterals of the side of neck with the V-shaped webbed area between thumb and index finger doing it circlewise, and till armpit and pass under there. Repeat 3 times.

Technique 5, 11, 12, 13



(6) Stroke the three channels and collaterals of the side of neck with four fingers, and till armpit and pass under there. Repeat 3 times.

(7) Rub the side of neck with kneeling fingers till it turns hot, and till armpit and pass under there. Repeat 3 times.

(8) Stroke external collarbone with the V-shaped webbed area between thumb and index finger, and till armpit. Repeat 3 to 5 times.

(9) Do the same on the other side.

(10) Treatment done.

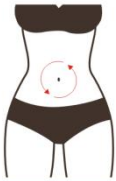

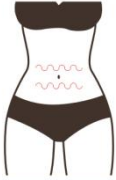


(11) Facial RF: Lift circlewise from double chin to


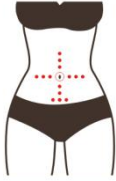

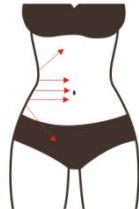


		<p>armpit via the back of ear. Repeat 3 times.</p> <p>(12) Move the equipment circlewise on the side of neck till armpit in three lines respectively, and pass under there. Repeat 3 times.</p> <p>(13) Move the equipment circlewise around the neck till armpit and pass under there. Repeat 3 times.</p> <p>(14) Laser Pad: Fasten band onto head, insert laser pads into a band and contact them onto chin and tighten it. Set the energy parameters and wait for 15 minutes.</p> <p>(15) Remove laser pads, and untie the band.</p> <p>(16) Clean the neck with hot towel, 2 minutes.</p> <p>(17) Apply neck mask, and wait for 15 minutes.</p> <p>(18) Clean the neck with hot towel, and use hot compress for 1 minutes.</p> <p>(19) Apply toner, neck essence, neck cream and sunscreen.</p> <p>(20) Treatment done.</p>	
--	--	--	--


**Course of Treatment Recommended:**

A course consists of ten treatments. After one treatment, skin becomes rejuvenated and delicate. After a course, neck skin turns smooth, and circulation of neck lymph accelerates. After two courses, skin becomes tightened, cervical stripe fade, and double chin improves. After three courses, skin turns delicate, shiny, firmed and plump, and lymphatic detox speeds up, dark face and acnes improves. It also delays skin aging and rejuvenate it.

**Waist & Abdomen Sculpting: 60 Minutes/ Once a Week**

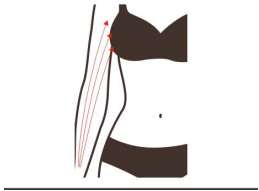
<p><b>40K</b> Advised Time: 15 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p>Mode: A(default)</p> <p><b>Vacuum RF</b> Advised Time: 15 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p>Mode for Suction &amp; Release: Suction Time: 5 to 15</p> <p>Release Time: 2 to 8</p> <p>Direct Suction Mode: Suction Time: 5 to 15</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique</li> <li>2. Apply oil to hands, and move circlewise on abdomen with them. Repeat 3 times.</li> <li>3. Rub belly back and forth with two hands. Repeat 3 to 5 times.</li> <li>4. Rub abdominal fat as the way of rubbing spine with hands doing it alternately. Repeat 3 times.</li> <li>5. Lift belt vessels of the two sides of waist with hands doing it alternately. Repeat 16 times.</li> <li>6. Move in Arabic numeral 8-shaped motion to the part below waist and then lift upwards from the side of waist. Repeat 3 times.</li> <li>7. Rub intestinal tract with hands overlapped moving in small circles and clockwise. Repeat 3 times.</li> <li>8. Caress the treated parts with hands moving circlewise. Repeat 3 times.</li> <li>9. Press Shangwan(RN13),</li> </ol>	<p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/>
--	--	---	--



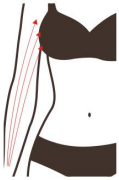



<p>Release Time: 0</p> <p><b>Laser Pad</b> Advised Time: 15 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p>Mode: A(default)</p>		<p>Zhongwan(RN12), Xiawan(RN10), Shenque(RN8), Qihai(RN6), Guanyuan(RN4), Zhongji(RN3), Tianshu(ST25), Daheng(SP15), Qugu(RN2). Repeat 2 times.</p> <p>10. Slide to the parts below waist along the two sides, then lift upwards to groin. Repeat 3 times.</p> <p>11. Caress the treated part till groin with hands. 12. Treatment done. 13. <b>40K</b>: One Side, lift from the side of waist to belly, and lift one line after another to groin. Repeat 3 times. 14. Lift the other side. Repeat 3 times. 15. Move in small circles on abdomen. Repeat 3 times. 16. Move in big circles on abdomen. Repeat 3 times. 17. Vacuum RF: Set it to suction &amp; release mode. Slide from the left side to the other side of waist along the top of belly button, then slide from the bottom of belly button to the left side. Repeat 3 times. 18. Set it to direct suction mode. One Side, lift one line after another from the side of waist to</p>	<p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 14, 18, 23</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16, 22</p> 
---	--	---	--

		<p>abdomen. Repeat 3 times.</p> <p>19. Lift the other side.</p> <p>20. Lift belt vessel back and forth and transversely. Repeat 3 times.</p> <p>21. Sculpt up and down on waist. Repeat 3 times.</p> <p>22. Move in big circles on abdomen. Repeat 3 times.</p> <p>23. One Side, lift one line after another from the side of waist to belly. Repeat 3 times.</p> <p>24. Wipe put essential oil with dry towel.</p> <p>25. <b>Laser Pad:</b> Fasten band onto waist, insert laser pads into the band and tighten it. Set the energy parameters and wait for 15 minutes.</p> <p>26. Remove laser pads, and untie the band.</p> <p>27. Treatment done.</p>	<p>Technique 20</p> 
--	--	--	---

**Course of Treatment Recommended:**  
 A course consists of ten treatments. After one treatment, abdomen is heated which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile problems, such as constipation, improve. After two courses, the effects become more and more obvious. Skin turns tightened and lifted, collagen in underlying skin increases, and stretch marks and slack skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of waist and abdomen shapes, and a slim waist builds.

### Arm Sculpting: 70 Minutes/ Once a Week

<p><b>40K</b>          Advised          Time: 10          minutes for          each side            Advised</p>	<p>Massage Cream          (Essential Oil) +          Gel +          Instrument</p>	<p>1. Technique.          2. Do it in a left-right order. Lay the arm flatwise, and apply oil from the lower arm to the entire arm with hands till the hands slide</p>	<p>Technique 2, 3, 4, 5, 6, 7</p> 
---	--	--	---

<p>Energy Level: 2 to 7</p> <p>Mode: A(default)</p> <p><b>Body RF</b> Advised Time: 10 minutes for each side</p> <p>Advised Energy Level: 2 to 7</p> <p><b>Laser Pad</b> Advised Time: 15 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p>Mode: A(default)</p>		<p>out, and repeat it for 3 times.</p> <p>3. Push the entire arm with two palms doing it alternately. Repeat 3 times.</p> <p>4. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[SI] of outer arm respectively till armpit with the V-shaped webbed area between thumb and index finger of two hands. Repeat 3 times.</p> <p>5. Caress the treated part. Repeat 3 times.</p> <p>6. Rub the three channels and collaterals of upper arm respectively with kneeling fingers till it turns hot, and do it back and forth. Repeat 3 times.</p> <p>7. Caress the treated part. Repeat 3 times.</p> <p>8. Lay the arm upwards, and push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT] of inner arm till armpit with the V-shaped webbed area between thumb and index finger. Repeat 3 times respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3</p>	<p>Technique 8, 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 16</p>  <hr/> <p>Technique 14, 15, 21, 22</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 19</p> 
---	--	---	--

		<p>times.</p> <p>10. Caress the treated part till the hands slide out. Repeat 3 times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment done.</p> <p>13. <b>4OK:</b> Lay the arms flatwise and start with the fat part of lower arm, pushing to armpit along the three channels and collaterals. Repeat 3 times.</p> <p>14. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>15. Flabby arms can be treated more. Repeat 3 times.</p> <p>16. Push till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of arms to armpit. Repeat 3 times.</p> <p>18. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times.</p> <p>19. Push from upper arm to armpit along the three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. <b>Body RF:</b> Lay the arms flatwise and start with the fat part of lower</p>	
--	--	---	--



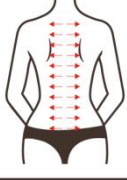
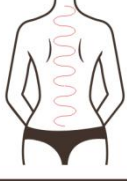
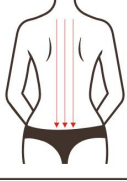
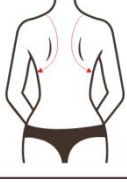
		<p>arm, moving circlewise to armpit along the three channels and collaterals. Repeat 3 times.</p> <p>22. Flabby arms can be treated more. Repeat 3 times.</p> <p>23. Lay the arms upwards, and move circlewise from the three channels and collaterals of arms to armpit. Repeat 3 times.</p> <p>24. Move circlewise from upper arm to armpit along the three channels and collaterals.</p> <p>25. Do the same on the other side.</p> <p>26. Laser Pad: Fasten band onto arms' fat parts, insert laser pads into the band and tighten it. Set the energy parameters and wait for 15 minutes.</p> <p>27. Remove laser pads, and untie the band.</p> <p>28. Treatment done.</p>	
--	--	---	--



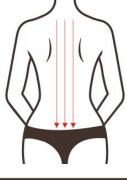
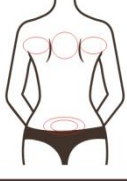


**Course of Treatment Recommended:**  
A course consists of ten treatments. After one treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, extra fat on the arms starts to decrease, and skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidate and stabilize, and rebound can be prevented.

**Back Sculpting: 45 Minutes/ Once a Week**

<b>Vacuum RF</b> Advised Time: 30 minutes Advised	Massage Cream(Essential Oil) + Instrument	1. Technique. 2. Apply oil to the back, and press Fengchi(GB20) and Fengfu(DU16). 3. Stroke area connecting neck and	Technique 2, 11
---	--	--	-----------------



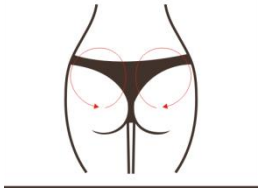
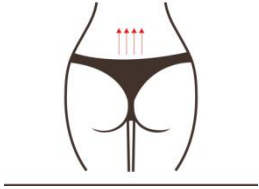


<p>Energy Level: 2 to 7</p> <p>Suction Time: as long as it's not zero minute.</p> <p>Release Time: 0</p>		<p>shoulder(start with hairline) with thumb. Repeat 3 to 5 times.</p> <p>4. Stroke Bladder Meridian (BL) outward to sacral region(BL31-BL34) with thumb finger and caress till Fengchi (GB20) and Fengfu (DU16). Repeat 3 times.</p> <p>5. Move circlewise and in S-shaped motion from neck to caudal vertebra with hands. Repeat 3 times.</p> <p>6. Push Bladder Meridian (BL) in a left-right order with two thumbs doing it alternately. Repeat 3 times.</p> <p>7. Push Bladder Meridian (BL) to sacral region(BL31-BL34) with two hands doing it simultaneously. Repeat 3 times.</p> <p>8. Push Bladder Meridian (BL) with kneeling fingers of both hands in three lines respectively. Repeat 3 times.</p> <p>9. Push medial border of scapula in a left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10.Stroke transversely medial border of scapula with hands. Repeat 3 to 6 times.</p> <p>11.Caress the whole back with hands and press</p>	 <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19</p>  <p>Technique 10</p>
--	--	---	--




		<p>Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</p> <p>12.Press Tianzong(SI11) with thumbs overlapped, then slide to arm and slide out from there. Repeat 3 times.</p> <p>13.Treat the other side, and press Tianzong(SI11) till arm and slide out from there. Repeat 3 times.</p> <p>14.Rub Du Meridian(DU) and Bladder Meridian(BL) with both hands till it turns hot.</p> <p>15.Treatment done.</p> <p>16.<b>Vacuum RF:</b> Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with the neck, sliding to sacral region(BL31-BL34). Repeat 3-5 times.</p> <p>17.Move circlewise on Dazhui(Du-14) and sacral region(BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18.Start with neck, moving to and fro area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19.Lift to and fro medial border of scapula in a left-right order. Repeat 3 to 5 times.</p> <p>20.Lift upwards from the side of waist to armpit. Repeat 3 to 5 times.</p> <p>21.Clean it with dry towel.</p>	 <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>  <hr/>
--	--	--	---

**Course of Treatment Recommended:**

A course consists of ten treatments. After one treatment, back gets relaxed obviously, stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder becomes relaxed, back fat lessens, Dowager's Hump alleviates, and the outlines of back becomes good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, sub-health conditions and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, and digestion and detox and metabolism boost. (one course with size reduced, two courses with effect consolidated, and three courses with effect strengthened and without rebound.)

**Buttocks Sculpting: 45 Minutes/ Once a Week**

<p><b>Vacuum RF</b> Advised Time: 30 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p>Suction Time: as long as it's not zero minute.</p> <p>Release Time: 0</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> <li>Technique</li> <li>Stand sideways and with hands applying oil, then slide from sacral region(BL31-BL34) to waist, and from where lift upwards along buttocks. Repeat 3 times.</li> <li>Push sacral region(BL31-BL34) with thumbs. Repeat 3 times.</li> <li>Caress the treated part for 3 times, then press Shenshu(BL23), sacral region(BL31-BL34), Changqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat 3 times.</li> <li>Caress the treated part for 3 times.</li> <li>With the left first and the right after. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times</li> </ol>	<p>Technique 2, 5, 11</p>  <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 6, 14, 17</p>  <p>Technique 7, 10</p>
---	--	--	---




	<p>respectively.</p> <p>7. Push from thigh root to belt vessel with hands doing it separately along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>8. Lift from thigh root to belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push directly (for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and forth. Repeat 3 times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p> <p>12.Do the same on the other side.</p> <p>13.Treatment done.</p> <p>14.<b>Vacuum RF:</b> Lift one line after another from thigh root to belt vessel. Repeat 3 times.</p> <p>15.Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>16.Move in small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from thigh root to belt vessel. Repeat 3</p>	 <p>Technique 9, 15, 18</p>  <p>Technique 16</p> 
--	---	--

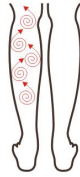
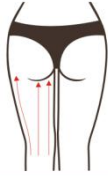


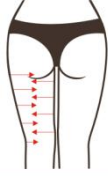

		<p>times.</p> <p>18. Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Clean the breast with hot towel, 2 minutes.</p> <p>21. Treatment done.</p>	
--	--	---	--

**Course of Treatment Recommended:**

A course consists of ten treatments. After one treatment, buttocks lifts and becomes hot. After a course, buttocks outlines start to show itself, and excessive fat disappears slowly, and skin turns tightened. After three courses, gynecological diseases improves, such as cold body and cold uterus, menstruation returns to normal, and the effect consolidate, which boosts feminine charm.

**Leg Sculpting: 60 Minutes/ Once a Week**

<p><b>40K</b></p> <p>Advised Time: 5 minutes for each side</p> <p>Advised Energy Level: 2 to 7</p> <p>Mode: A(default)</p> <p><b>Vacuum RF</b></p> <p>Advised Time: 5 minutes for each side</p> <p>Advised Energy Level: 2 to 7</p> <p>Suction Time: as long as it's</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>Technique</li> <li>Treat the left leg first and the right after. Massage from the lower leg to the thigh with two hands applying oil, then back to the heel. Repeat 3 times.</li> <li>Push entire leg from the bottom up with the base of palms doing it by turns, then back to heel till the palms slide out. Repeat 3 times.</li> <li>Push the four channels and collaterals(Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB]) from the bottom up with the V-shaped webbed area between thumb and index finger of both</li> </ol>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 12, 20</p>  <hr/> <p>Technique 13, 16, 21</p>
--	--	--	---

<p>not zero minute.</p> <p>Release Time: 0</p> <p><b>Laser Pad</b></p> <p>Advised Time: 15 minutes</p> <p>Advised Energy Level: 2 to 7</p> <p>Mode: A(default)</p>		<p>hands doing it alternately. Repeat 3 times.</p> <p>5. Push popliteal fossa with hands doing it alternately. Repeat 3 times.</p> <p>6. Twist leg from the bottom up and back and forth with hands doing it alternately. Repeat 3 times.</p> <p>7. Caress the treated part. Repeat 3 times.</p> <p>8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat 3 times.</p> <p>9. Caress the treated part. Repeat 3 times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment done.</p> <p>12. <b>4OK:</b> From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times.</p> <p>13. Move in small circles on the lower leg to dissolve fat. Repeat 3 times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and meanwhile caress it with hands.</p> <p>15. Start with popliteal fossa, pushing the four</p>	 <p>Technique 15, 17, 23</p>  <p>Technique 16, 18, 24</p>  <p>Technique 13, 21</p>  <p>Technique 25</p>  <p>Technique 26</p>  <p>Technique 29, 30, 35, 38, 40</p>
--	--	---	---

channels and collaterals till thigh root. Repeat 3 times.

16. Start with popliteal fossa, moving in small circles till thigh root to dissolve fat. Repeat 3 times.

17. Start with popliteal fossa, pushing the four channels and collaterals successively till thigh root. Repeat 3 times.

18. Moving in small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.

19. Do the same on the other side.

20. Vacuum RF: Coupled with hands, lifting one line after another from heel to popliteal fossa. Repeat 3 times.

21. Move in small circles on the lower leg. Repeat 3 times.

22. Move up and down on the lower leg. Repeat 3 to 5 times.

23. Lift one line after another from popliteal fossa to thigh root. Repeat 3 times.

24. Move in small circles on the thigh. Repeat 3 times.

25. Lift to the middle from the two sides of thigh and lift one line after another. Repeat 3 to 5 times.

26. Lift upwards on the two sides of thigh and lift



Technique 34, 37, 43



Technique 36, 41



Technique 42



		<p>circlewise. Repeat 3 times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg Massage: Apply essential oil from the lower leg to the thigh with two hands. Repeat 3 times.</p> <p>29. Push Spleen Meridian (SP)-Stomach Meridian (ST)-Liver Meridian(LV)-Gallbladder Meridian(GB) of the leg with the V-shaped webbed area between thumb and index finger of both hands doing it alternately, and till thigh root. Repeat 3 times.</p> <p>30. Push the four channels and collaterals with kneeling fingers of two hands. Repeat 3 times.</p> <p>31. Treatment done.</p> <p>32. Do the same on the other side.</p> <p>33. <b>40K:</b> Lift from the lower leg towards the knee along the four channels and collaterals. Repeat 3 times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>34. Move circlewise from the two sides of lower leg to the knee. Repeat 3 times. (The thigh can be treated directly if the lower leg doesn't have excessive</p>	
--	--	---	--



		<p>fat.)</p> <p>35. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>36. Move in small circles on the whole thigh. Repeat 3 times</p> <p>37. Lift circlewise from knee to thigh root. Repeat 3 times.</p> <p>38. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>39. <b>Vacuum RF:</b> Treat the lower legs with techniques mentioned above. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>40. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>41. Move in small circles on the thigh. Repeat 3 times.</p> <p>42. Lift to the middle from the two sides of thigh and lift one line after another. Repeat 3 to 5 times.</p> <p>43. Lift upwards on the two sides of thigh and lift circlewise. Repeat 3 times.</p> <p>44. Do the same on the other side.</p> <p>45. <b>Laser Pad:</b> Fasten band onto leg' fat parts, insert laser pads into the band and tighten it. Set</p>	
--	--	--	--

		the energy parameters and wait for 15 minutes. 46. Remove laser pads, and untie the band. 47. Treatment done.	
--	--	---	--

**Course of Treatment Recommended:**

A course consists of ten treatments. After one treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. Super RF and super ultrasound stimulate skin dermis and regenerate collagen continuously, thus the curative effect becomes more and more clear.