

User Manual

WL-7681



Preface

Dear Users,

We're pleased to present to you our beauty machine featured with weight loss, figure slimming, skin lifting, anti-aging and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of facial and eye skin, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic cavitation machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

RF and ultrasonic cavitation machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

Advantages

1. 7-in-1 beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and radio frequency solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. It is suitable for all kinds of skin.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleed, swelling and stasis will not appear after treatment.
11. Ultrasound, vacuum and radio frequency all have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

Facial Tightening and Repairing

Principles

Face RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of 4-polar radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

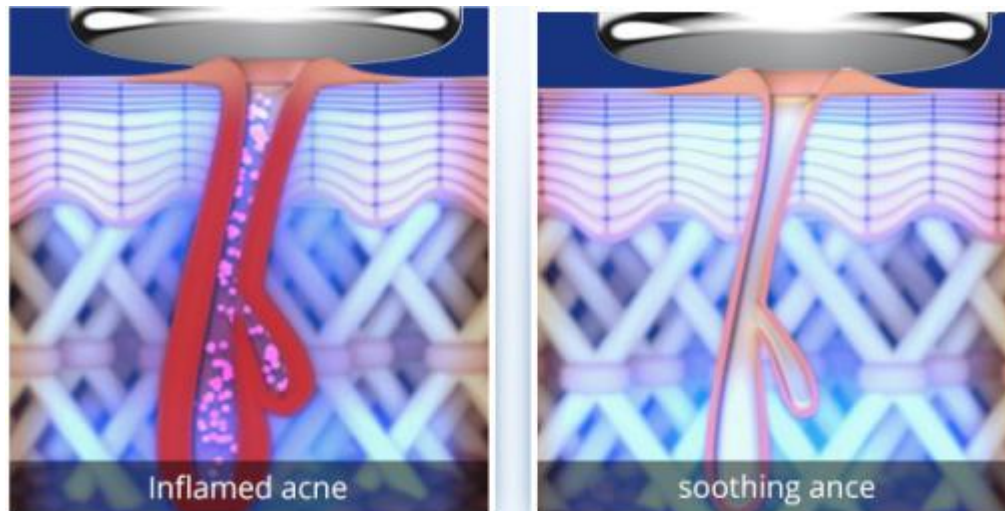
Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Cold Hammer

Cold hammer uses the principle of air conditioning. Special wafer ceramics are used to absorb energy and refrigerate at -5°C in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological effects: It uses cooling and heating principles to have corresponding effects to skin. During the cooling process, tissue temperature cools down, blood vessels and

veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on. During the heating process, it heats the tissues and increases the temperature, adjusts the blood circulation and accelerate metabolism and improve the absorption.



BIO & Photon Treatment

LED photon therapy uses the principle of photodynamics to activate deep cells and boosts skin metabolism. After light is absorbed by the skin, the light energy is transformed into intracellular energy, which expands and strengthens microvessels and produces photochemical reaction-enzymatic reaction with the skin, increasing the activity of Catalase and superoxide dismutase (SOD), which serve as the "guard" and "cleaning worker" of cells. The breakdown of adenosine triphosphate (ATP), a source of cellular energy, increases. Increase glycogen and protein content, thereby promoting cell metabolism and synthesis. To stimulate the body alkaline synthetic fiber growth factor (BFGF) the secretion of epidermal growth factor (EGF), making collagen fibers and increase elasticity, rearranging fibers, blocking and eliminating the formation of melanin, accelerating cell growth and blood circulation, stimulating fiber cells to produce collagen, increasing skin elasticity, repairing the aging skin, acne skin, fade spots, firm and alleviate the sun burns. It plays an important role in skin care such as killing bacteria to provide a suitable environment for new cells.

Biological Effect: using photodynamic principle, it activates deep cells and boosts skin metabolism. After the light is absorbed by the skin, the light energy is converted into cellular energy, which can relax and strengthen the micro vessels and produce photochemical reactions with the skin -- enzymatic reactions, increasing the content of glycogen and protein, thus promoting the metabolism and synthesis of cells.

Red Light: The red light with the wavelength of 650nm features in high purity, strong

light source and even energy density, and has significant effects in skin care and health care treatment, so it is called bioactive light. Red light can increase the activity of cells, promote the metabolism of cells, and make the skin secrete collagen and fibrous tissue to fill itself. It can accelerate blood circulation, improve skin elasticity, improve sallow and dull skin condition, so as to achieve anti-aging, anti-oxidation and repair effect, which can not be achieved by traditional skin care, which is in particular suitable for sub-health group, dry skin and allergic skin. The nursing process is simple, convenient, comfortable, mild and effective. It can whiten spots, tender skin, remove wrinkles, repair damaged skin, smooth fine wrinkles, narrow pores, proliferate collagen, and increase skin elasticity and luster.

Applicable Skin Type: Those with dark spots, wrinkles, flabby, uneven skin tone, rough and dry skin.

Blue Light: Blue light with the wavelength of 462nm, has the rapid inhibitant effect of inflammation. In the process of acne formation, propionic acid bacillus is mostly to blame and the blue light can, under the condition of no damage to skin tissue, effectively destroy the bacteria and minimize acne, inflammation and significantly reduce or even heal acne in a short span of time period. Light blue is a calm color, also seen as a cool color, can inhibit oil secretion, anti-inflammatory sterilization, eliminate acne bacillus, and is suitable for acne, acne antibacterial, prevent blackheads.

Applicable Skin Type: Those with sensitive, allergic, red, exuberant oil secretion, acne skin, large pore, imbalance skin.

Green Light: Green light with the wavelength of 527nm is used for neutralization, balance and comfort, relaxation of mental tension, and effective drainage of lymphatic and edema. Green light is the most common color in nature and is considered neutral. It can improve skin roughness, wrinkles, blackheads, acne and acne caused by fatigue and mental stress.

Applicable Skin Type: Those with sensitive, rough, wrinkle, unstable mood, and poor sleep quality.

Purple Light: Purple light with a wavelength of 600nm, is a dual frequency of red and blue light, which combines the efficacy of two kinds of phototherapy. It has a particularly good and repair effect especially for the treatment of acne and acne marks.

Applicable Skin Type: Those with dark spots, rough, acne-prone skin, sensitive skin, excessive oil secretion, uneven skin tone, wrinkles, and dry skin.

Orange Light: Orange light with wavelength of 610nm can gradually enhance cell energy and have a good effect on metabolism.

Applicable Skin Type: Those with dry skin, hyperpigmentation, fine lines and rough skin.

Laser Light (white light): The laser light with the wavelength of 470nm penetrates

deep into the skin, accelerates the metabolism of active tissues, decompresses stains, improves fine lines and loose skin, relaxes the skin, balances secretion and controls oil.

Applicable Skin Type: Those with sensitive skin, excessive oil secretion, dark spots, fine lines, and rough skin.

Yellow Light: Yellow light, with the wavelength of 590nm, can add energy to skin cells, promote the role of glands, assist digestion, treat skin diseases, enhance immune function, accelerate blood circulation, effectively repair red marks, red spots, relieve swelling, pigmented spots, and is suitable for removing spots and brightening.

Applicable Skin Type: Those with redness, swelling, dark spots, rough skin, hyperpigmentation, uneven complexion, fine lines, and fragile skin.

Skin Facial Lifting

Microcurrent & LED light therapy -acne treatment & skin firming

Microcurrent-safe and painless facial helps erase fine lines and wrinkles, while firming your skin and defining your features. It improves muscle tone, reduces puffiness, increases cellular activity, and tightens pores. That is why the result will be double after LED light therapy for acne, wrinkle, the overall result is a healthier and younger looking skin, no matter your age.



The diagram illustrates the penetration of LED photons and microcurrent into the skin layers. The layers shown are the Epidermis, Dermis, and Muscle. The LED photon is shown as a red dot with a dashed line indicating its path through the skin layers. The microcurrent is shown as a wavy line passing through the skin layers.

Effects

1. Improve facial redness and swelling, acne and allergy.
2. Calm and sooth skin, care skin.
3. Shrink pores, improve redness and large pores.
4. Tighten skin and increase skin elasticity.
5. Improve soft, sagging, wrinkled skin.
6. Help skin deeply absorb nutrition and maintain nutrition, soften skin.
7. Increase the resistance of skin, repair fragile skin.
8. Accelerate the circulation and metabolism in the bottom of the skin and make it healthy.

Applicable Range

1. Those with dull and sallow skin tone.

2. Those with skin relaxation and sagging.
3. Those with dark circles, eye bags, fine lines, nasolabial folds or eye grains.
5. Those with vague facial contour.
6. Those with rough skin, large pores and excessive sebum secretion.
7. Those who are under long-term exposure of UV radiation at workplace.
8. Those with skin relaxation, sagging and swelling after child delivery.
9. Those with sensitive skin, acne and skin that often gets redness and swelling.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are over aging.
7. Those in menstruation, pregnancy, lactation and surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc., within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 High'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eye Anti-aging

Principles

Eye RF

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

Notes after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-aging

Principles

Face RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.
5. Accelerate the lymphatic detox to improve the facial skin
6. Prevent cervical and lymphatic diseases.

Applicable Range

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dark and sallow skin.
4. Those who often bow their heads.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

Body Shaping

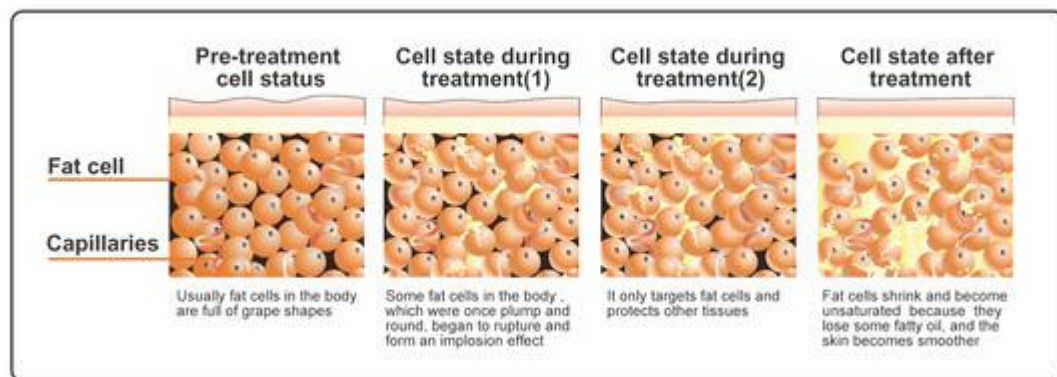
40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely

cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



Vacuum & RF

RF releases energy, through the skin epidermis directly on the dermis, it gives out heat from inside of body, makes thermal energy reach 40°C-60°C. The biological thermal effect enhances the blood circulation and lymph circulation of the uterine part, breaks down the rapid metabolism of adipose tissue, thus can achieve the conditioning of the uterus, increase the discharge of menstruation, which is good for cold womb.

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

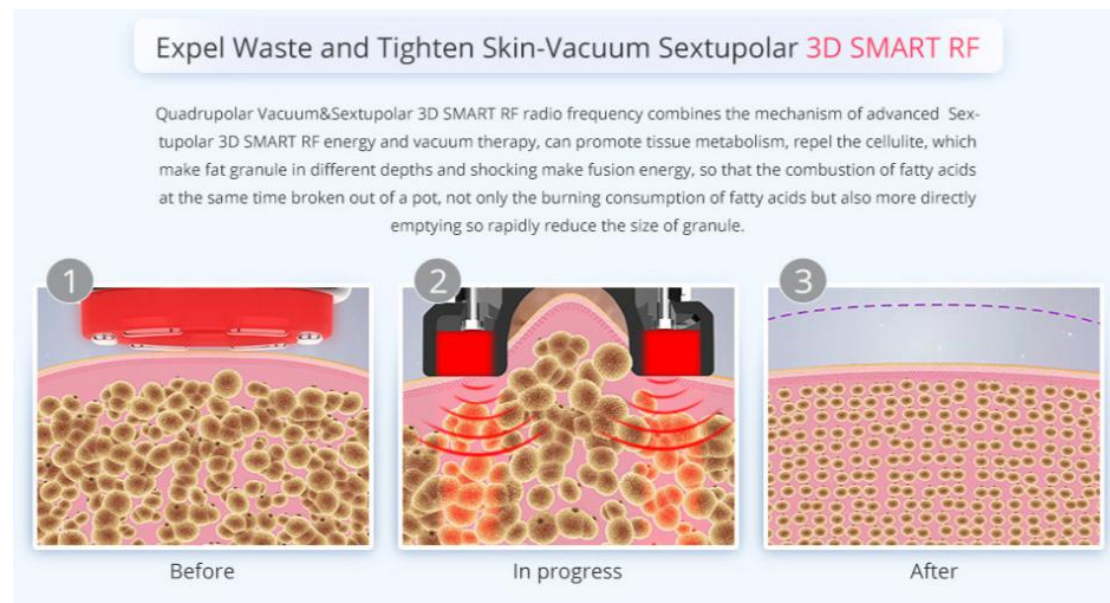
Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity. Lift and revive skin elasticity.
- (2) Stimulate the production of bone collagen and improve skin plumpness.
- (3) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.



Body RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

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Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means

that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Body sculpture & cellulite treatment

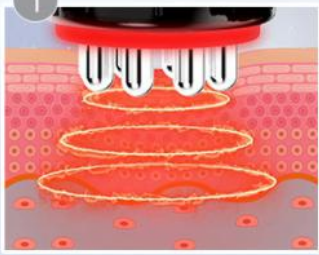
Body 8-Polar **3D SMART RF**&Unoisetion cavitation 2.0 &Vacuum
Sextupolar **3D SMART RF**+ Laser Photon

01

Soften Fat Cells-Body 8-Polar **3D SMART RF**

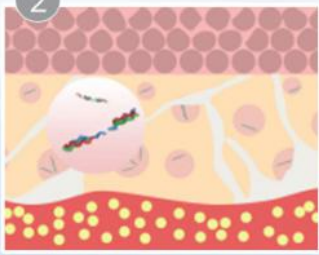
Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.

1



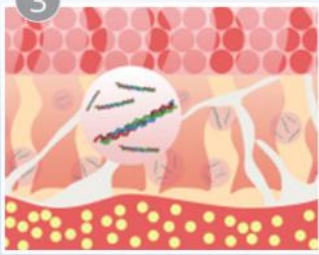
Before

2



In progress

3



After

1. Waist&Abdomen Shaping

Effects

1. Tighten the skin on the waist and abdomen.
2. Reduce lumbar and abdominal fat.
3. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
4. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

Applicable Range

1. Those with cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.

5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

2. Breasts Shaping

Principles

Body RF

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

Effects

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

Applicable Range

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improperly developed mammary glands, postpartum breast atrophy, breast relaxation, breast duct blockage.

Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

Notes after Operation

1. Keep warm and drink more lukewarm water.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

3. Arms Shaping

Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm loose skin.

5. Tighten skin.
6. Accelerate blood circulation and dredge channels and collaterals.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

4. Back Shaping

Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Reduce excess fat on the back and shape the back.

Applicable Range

1. Those with sore shoulders and backs and stiff necks.

2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on the back of the neck.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

5. Buttocks Shaping

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and

increase elasticity.

Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly aging.

Notes after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take Shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

6. Legs Shaping

Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of thick thighs.

Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly aging.
9. Those who are pregnant or recovering from surgery.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

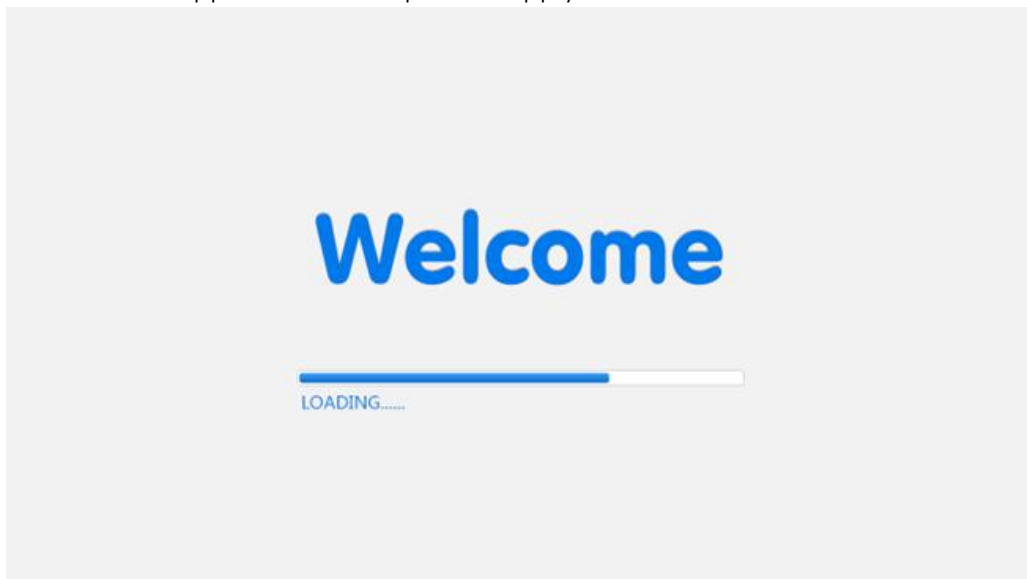
Part II

1. Detailed Operation

The installation is as follows:



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Then the interface below will show up.

K10 Slimming System



40K

Vacuum+Bipolar RF

Tripolar RF

Body RF

Face RF

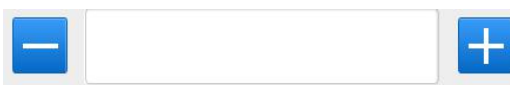
BIO

Hot&Cold Handle

1.1 Function Selection



Energy Adjustment



Working Time Adjustment



Stop



Work



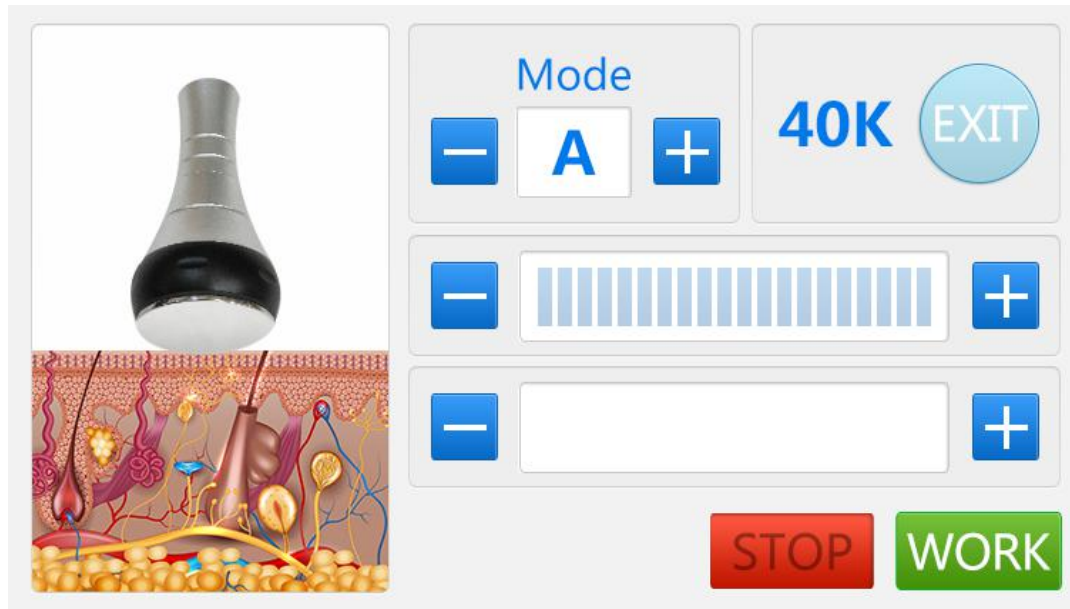
Exit



The knob is to adjust the suction Level. Rotate it to the right to increase the suction level and rotate it to the left to decrease the suction level. Adjust the suction level according to one's feeling. The higher the suction level is, the tighter the feeling is.

1.2 Detailed Operation: 40K

Select  to go to the interface below.



40K Cavitation Energy (It is advised to be 20%~80%, according to one's adaptive capacity. The beginner is advised to start from the minimum energy, and increase the energy slowly after adaption. The higher the energy level is, the clearer the tinnitus is.)



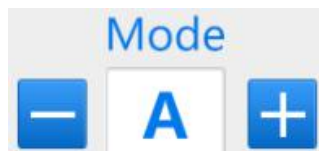
40K Energy Display



40K Working Time (one area is advised to be operated for 10-20 min at a time)



Energy +/-, Time +/-



40K Mode, select proper mode according to the thickness of fat at the operating area.



Modes Switch



Modes display. A Mode is Consecutive Mode, when it starts, the ultrasonic works in a consecutive way, which is suitable for those who have thick level of fat and want to lose weight. B Mode is Intermittent Mode, when it starts, the ultrasonic works in an intermittent way, which is suitable for those who wish to consolidate the effect or those whose fat layer is not thick.



Stop



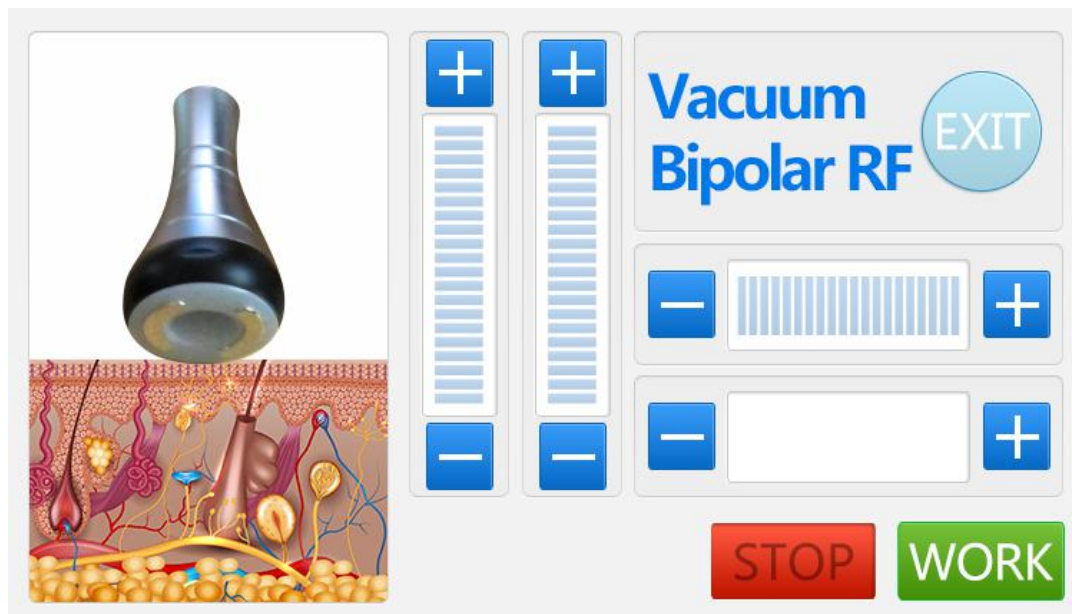
Work



Exit

1.3 Detailed Operation: Vacuum&RF

Select **Vacuum+Bipolar RF** to go to the interface below.





RF Energy, Scope: 0%~100% (It is advised to be 20%~80%, according to one's adaptive capacity. The beginner is advised to start from the minimum energy, and increase the energy slowly after adaption. The higher the energy level is, the higher the RF temperature is.)



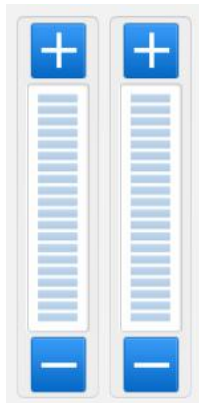
RF Energy Display



Energy +/-, Time +/-



Vacuum RF Working Time, Scope: 0~60 min (one area is advised to be operated for 10-20 min at a time)



Adjustment of the suction time and the release time. Note: The left is to adjust the suction time and the right is to adjust the release time. The suction time should be longer than the release time.



Adjustment of the suction time, it is the suction time during the suction&release process (it is advised to be 30%-80%, the bigger the number is, the longer the time will be).



Adjustment of the release time, it is the release time during the suction&release process (it is advised to be 0-30%, the bigger the number is, the longer the time will be. When it is 0, it is the constant suction mode. The suction time should be longer than the release time).



Suction Time/Release Time +/-

Note: when the release time is 0, it is the constant suction mode, which is suitable for deep detox, scraping and dredging the channels and collaterals.



The knob is to adjust the suction Level. Rotate it to the right to increase the suction level and rotate it to the left to decrease the suction level. Adjust the suction level according to one's feeling. The higher the suction level is, the tighter the feeling is.



Stop



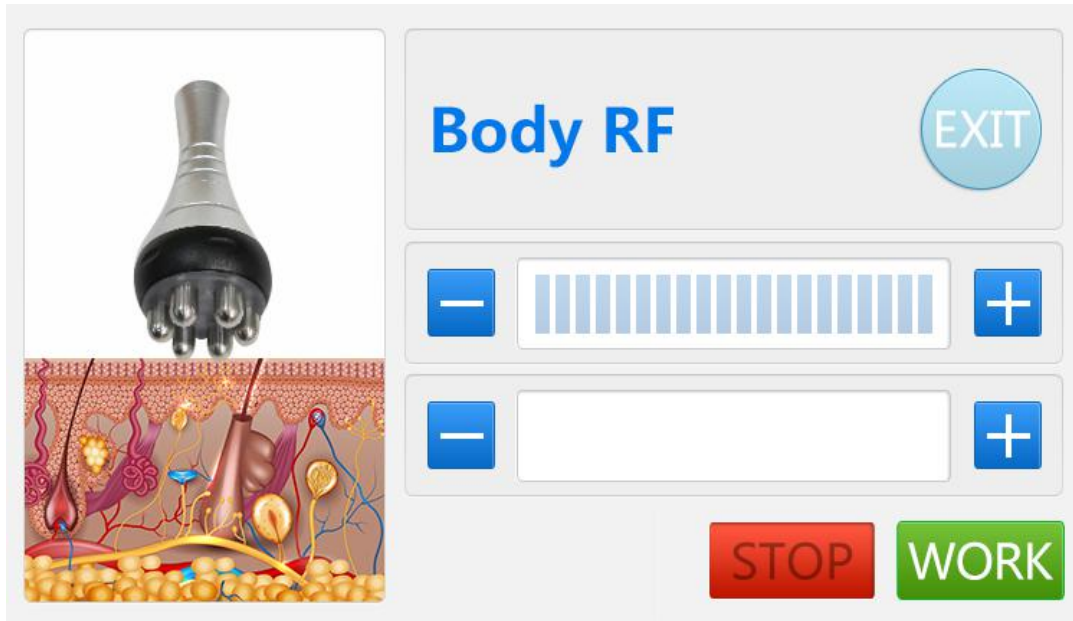
Work



Exit

1.4 Detailed Operation: Body RF

Select  to go to the interface below.



RF Energy, Scope: 0%~100% (It is advised to be 20%~80%, according to one's adaptive capacity. The beginner is advised to start from the minimum energy, and increase the energy slowly after adaption. The higher the energy level is, the higher the RF temperature is.)



RF Energy Display



RF Working Time, Scope: 0~60 min (one area is advised to be operated for 10-20 min at a time)



Energy +/-, Time +/-



Stop



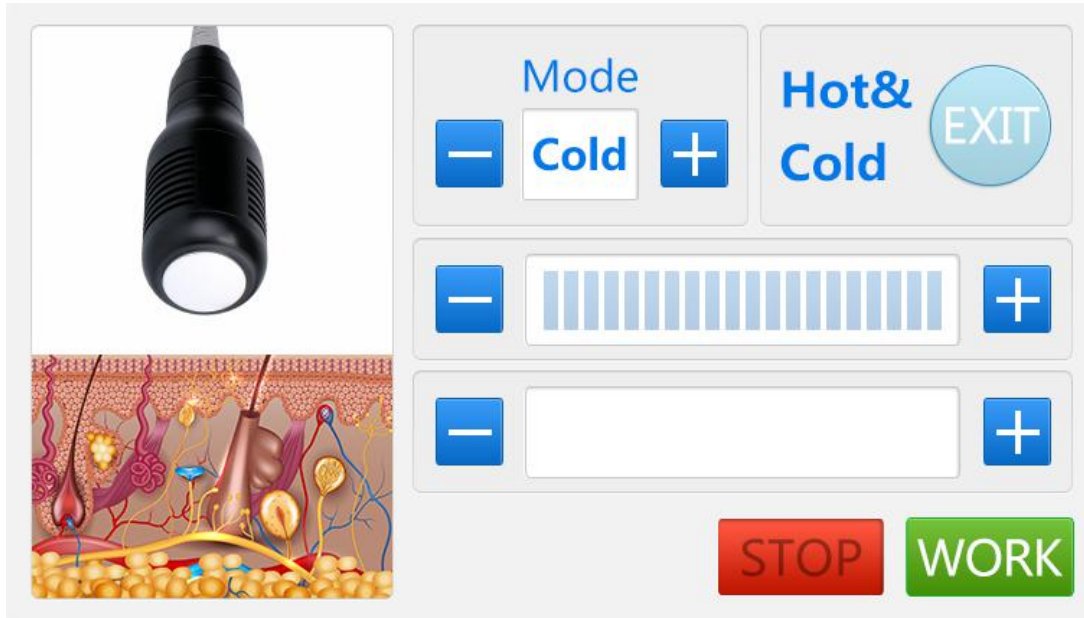
Work



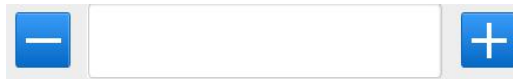
Exit

1.5 Detailed Operation: Cold&Hot Hammer

Select  to go to the interface below.



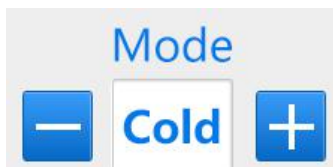
Energy Adjustment: when selecting HOT, the higher the energy level is, the higher the temperature is; when selecting COLD, the higher the energy level is, the lower the temperature is.



Working Time, Scope: 0~60 min (one area is advised to be operated for 5~15 min at a time)



Energy +/-, Time +/-



Modes: there are 2 modes, "COLD" and "HOT". HOT mode is suitable for opening pores, infusing nutrients and accelerating circulation, it is for normal skin. COLD mode is suitable for shrinking pores, calming skin, locking moisture and nutrients, repairing redness and weakness, it is for sensitive skin.



Stop

WORK

Work

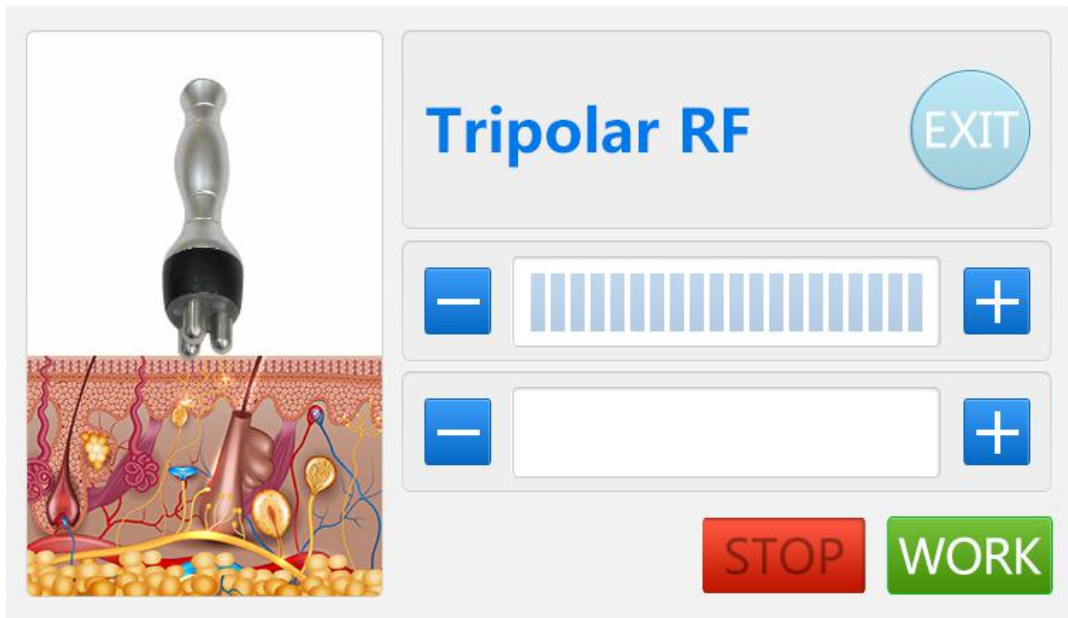
EXIT

Exit

1.6 Detailed Operation: Eye RF

Tripolar RF

Select to go to the interface below.



RF Energy, Scope: 0%~100% (It is advised to

be 20%~80%, according to one's adaptive capacity. The beginner is advised to start from the minimum energy, and increase the energy slowly after adaption. The higher the energy level is, the higher the RF temperature is.)

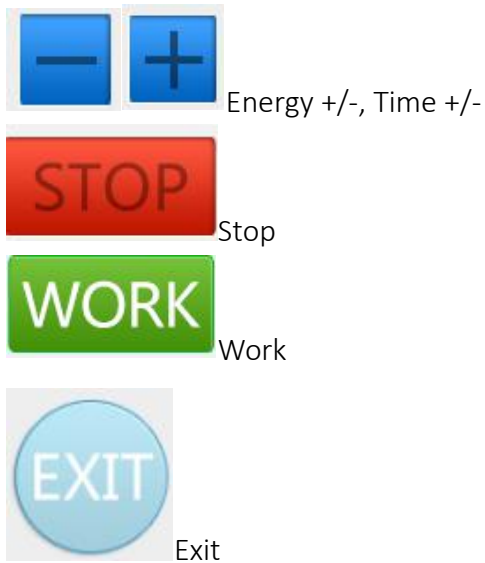


RF Energy Display



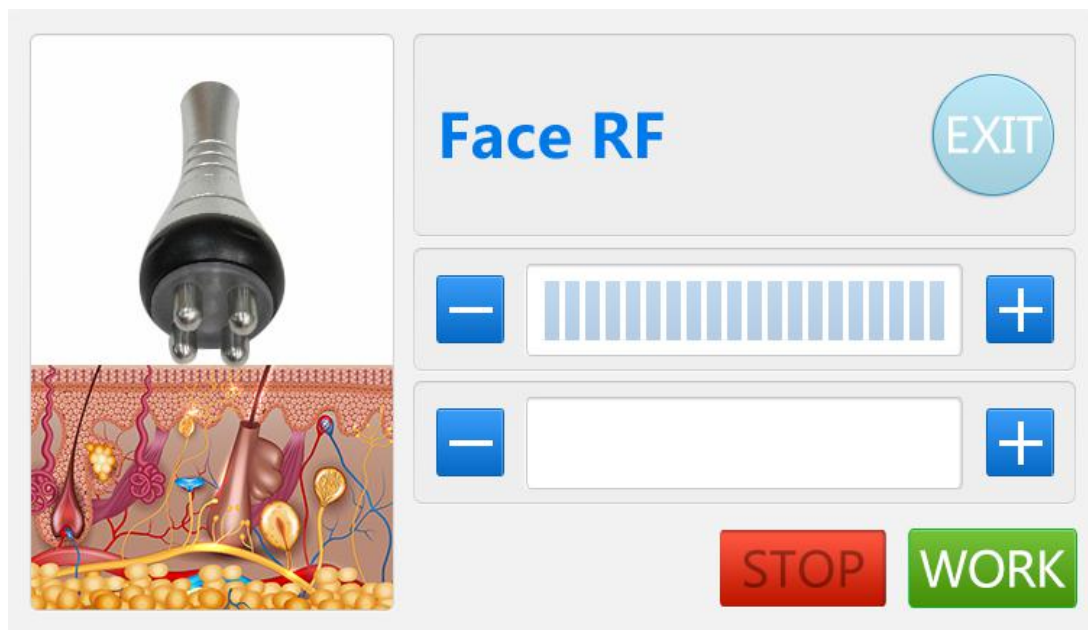
RF Working Time, Scope: 0~60 min (one area


is advised to be operated for 10-20 min at a time)



1.7 Detailed Operation: Face RF

Select  to go to the interface below.



 RF Energy, Scope: 0%~100% (It is advised to be 20%~80%, according to one's adaptive capacity. The beginner is advised to start from the minimum energy, and increase the energy slowly after adaption. The higher the energy level is, the higher the RF temperature is.)

 RF Energy Display

  RF Working Time, Scope: 0~60 min (one area

is advised to be operated for 10-20 min at a time)

  Energy +/-, Time +/-

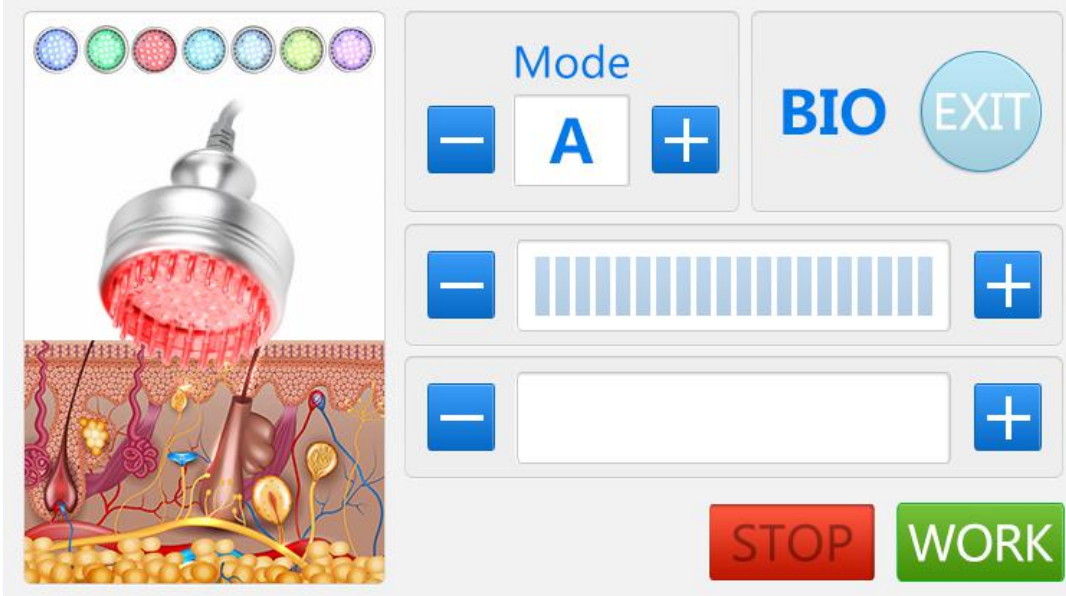
 Stop

 Work

 Exit

1.8 Detailed Operation: BIO & LED Photon

Select  to go to the interface below.



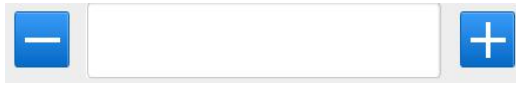
The interface includes a row of seven colored circular icons at the top left. The Mode panel has a minus button, a box containing 'A', and a plus button. The energy bar graph has a minus button on the left and a plus button on the right. The time input field has a minus button on the left and a plus button on the right. The 'STOP' button is red and the 'WORK' button is green.

   BIO Energy, Scope: 0%~100% (It is advised to

be 20%~80%, according to one's adaptive capacity. The beginner is advised to start from the minimum energy, and increase the energy slowly after adaption. The higher the energy level is, the stronger the current is.)



Energy Display

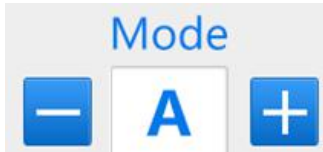


BIO Working Time, Scope: 0~60 min (one area

is advised to be operated for 10-15 min at a time)



Energy +/-, Time +/-



BIO Mode



Stop



Work



Exit



Operation Head



On/Off



Auto (multiple colors flash in circulation)



Mode/On (select different colors)



Wave (choose single color to flash, press Mode to switch colors)

2. Technical Parameters

40K Unoisetion Cavitation 1.0 Handpiece

Cavitation Version: Cavitation 1.0

Treatment Area: Body

Measure of Treatment Area: 37cm²

Frequency: 40KHz

Max. Output Power: 20W

Vacuum & Bipolar RF Handle with Photon

Treatment Area: Body

Measure of Treatment Area: 28cm²

Max. Output Power: 50W

Depth: 12.5mm

Depth of Pressure: 25mm

Frequency: 1MHz

Max. Output of Pressure: 80KPa

Sextupolar RF Handle with Photon

Treatment Area: Body

Measure of Treatment Area: 17cm²

Max. Output Power: 40W

Frequency: 1MHz

Depth of RF: 6mm

Wavelength of Red Photon: 650nm Red Light

Quadrupole RF Handle with Photon

Treatment Area: Face

Measure of Treatment Area: 12.5cm²

Max. Output Power: 20W

Frequency: 1MHz

Depth of RF: 5mm
Wavelength of Red Photon: 650nm Red Light

3-Polar RF Handle with Photon
Treatment Area: Face/eyes Around
Measure of Treatment Area: 6cm²
Max. Output Power: 8W
Frequency: 1MHz
Depth of RF: 3mm
Wavelength of Red Photon: 650nm Red Light

Photon & Microcurrent Handpiece
Treatment Area: Unlimited
Measure of Treatment Area: 27cm²
Frequency of Microcurrent: 62.5KHz
Output Power: 15W

Hot Cold hammer
Treatment Area: Unlimited
Measure of Treatment Area: 6cm²
Output Power: Air Cooled
Maximum Temp: 43°C
Lowest Temp: -5°C

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Avoid wearing metal jewelries during the treatment.
8. Avoid using around metal, plastic or silicon infills.

4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.

2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Start from the lowest energy level and slowly add up.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
17. Do not operate 40K at heart, cavity and bones.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Weakened RF output?

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

4. No suction or very little suction?

A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

5. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6.Q: Will I experience rebound after operation?

A: Ultrasonic works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8.Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9.Q: Can RF instrument be used for chest shaping?

A: As the growth of age and female physiology period, sub-health state, gravity,

stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

11.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

12.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

13.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20 , women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40 , the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and

collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

14. Q: Why do I need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily , and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!
The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15.Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.
If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

16.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.





7. Packing List

- 1 x Multipolar RF Head for Body
- 1 x 40KHz Unoisetion Cavitation Head
- 1 x Vacuum Biploar RF Head
- 1 x Three Pole RF Head for Faceand Eyes' Around
- Quadrupole RF Head for Face and Body
- 1 x Photon&Micro Current probe

1 x Cold probe

1 x Power cord

8. Operational Diagrams





Parameter Adjustment	Product	Techniques	Diagrams
Facial Tightening and Repairing: 60 min, once/week			
<p>RF Energy: 30%-80%</p> <p>Cold Hammer: Mode: COLD</p> <p>LED Photon: Mode: Multiple Colors Switching in Circulation</p> <p>Color: Select according to the skin condition</p>	<p>Makeup remover+ Face wash+ Base mask+ Essence+ Facial mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 2 min. 3. Apply clean base mask, 10 min. 4. Clean the face, 2 min. 5. Apply essence to the whole face evenly (repairing, anti-wrinkle, moisturizing), 1 min. 6. RF Operation From chin to forehead, move upwards in circles in parallel lines, 3 times. 7. Coupled with hands, lift upwards from chin to earlobe, mouth corner to the temple, lower eyelid to the temple and lift eye corners, 3 times. 8. Lift from forehead to hairline, 3 times. 9. Do the same on the other side of the face. 10. Operate the LED Photon Head at face in circular motion, 3 times. 11. Apply moisturizing mask, 15 min. 12. Clean the face, 2 min. 13. Apply essence and 	<p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 10</p> 





		operate cold hammer, the technique is as same as the RF. 14. Apply toner, essence, cream, sunscreen.	
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Suggested Treatment:

10 treatments account for one full course. After one time, the skin will be tightened. After a course of treatment, the skin will be brightened, fine and smooth, the skin is repaired. 2 courses help increase skin elasticity, accelerate metabolism and detox, and lighten dark spots, brighten skin. It can improve immunity of the sensitive skin, reduce the rate of being allergic. 3 courses help stabilize skin state, prevent skin aging and laxity, and help define facial outlines.

Eyes Anti-aging: 45 min, once/week

RF Energy: 30%-80%	Makeup remover+ Face wash+ Toner+ Eye Essence+ Eye mask	<ol style="list-style-type: none"> 1. Remove the makeup and clean, 5 min. 2. Apply toner, 1 min. 3. Apply essence evenly around eyes and gently massage to rub it in, 1 min. 4. Push the following acupoints: Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EM3), Sizhukong (TE-23), the Temple, Tongziliao (Gb-1), Chengqi (St-1) using middle and ring fingers, 3 times. 5. Move hands in circular motion around eyes and push temples, 3 times. 6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times. 7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times. 8. Lift eye corners with "scissor" hand gesture, 3-5 times. 	<p>Technique 3, 5, 10</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>
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		<p>9. Repeat the previous operation on the other side, 3 times.</p> <p>10. Move hands in circular motion around eyes and push temples, 3-5 times.</p> <p>11. RF Operation Move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p> <p>12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Apply eye mask, 15 min.</p> <p>16. Wash eyes and face clean, 2 min.</p> <p>17. Apply toner, facial essence, eye essence, cream and sunscreen.</p>	 <hr/> <p>Technique 11</p>  <hr/> <p>Technique 12, 14</p>  <hr/> <p>Technique 13</p>  <hr/>
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Suggested Treatment:

10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Neck Anti-aging: 45 min, once/week

RF Energy:
30%-80%

Makeup remover+
Face wash+
Massage cream+
Essence+
Neck mask

1. Remove makeup and clean, 5 min.
2. Apply toner, 1 min.
3. **Neck Massage**
Apply and rub oil on the chest with both hands to the back of the neck and press Fengchi (Gb-20) and Fengfu (Du-16) acupoint, 3 times.
4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.
5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.
6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.
7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.
8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.
9. Do the same on the

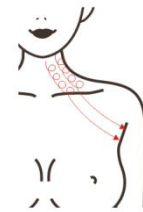
Technique 3



Technique 4, 5, 6, 7, 8, 12




Technique 13



Technique 15



Technique 16

	<p>other side.</p> <p>10. Clean the neck, 2 min.</p> <p>11. Apply essence evenly, 1 min.</p> <p>12. RF Operation</p> <p>Coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the neck, 2 min.</p> <p>19. Apply neck mask, 15 min.</p> <p>20. Clean the neck, 2 min.</p> <p>21. Apply toner and neck cream.</p>	
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Suggested Treatments:

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Waist&Abdomen Shaping: 45 min, once/week

Vacuum&RF Energy:
30%-80%

Suction Time:
30%-80%

Release Time:
0-50%

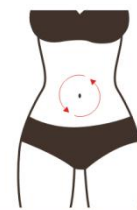
40K Energy:
30%-80%

Mode: A

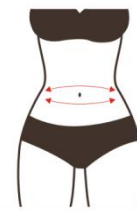
Essential
Oil+
Gel

1. Apply and rub oil on abdomen with hands, 3 times.
2. Rub stomach back and forth with both hands, 3-5 times.
3. Knead abdomen with both hands using chiropractic techniques, 3 times.
4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.
5. Move hands as if writing an "8" number on waist, 3 times.
6. Overlap hands and message the intestinal canal clockwise, 3 times.
7. Move hands in circular motion and caress the treatment area, 3 times.
8. Push on the following acupoints: Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times.
9. Starting from Ren-3

Technique 1



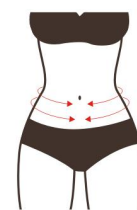
Technique 2








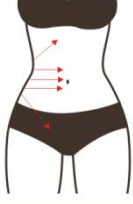
Technique 3



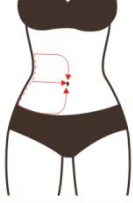
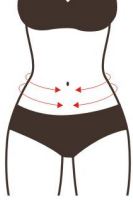


Technique 4



Technique 5

		<p>point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Apply gel on the abdomen evenly, 1 min.</p> <p>12. 40K Operation Starting from one side of the waist, lift the device to abdomen and groin, one line next to another, 3 times.</p> <p>13. Repeat the previous operation on the other side, 3 times.</p> <p>14. Move the device on abdomen in small circular motions, 3 times.</p> <p>15. Move the device on abdomen in big circular motions, 3 times.</p> <p>16. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>17. Move the probe up and down to shape the waist, 3-5 times.</p> <p>18. Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>19. Clean the abdomen with hot towel, 2 min.</p> <p>20. Apply gel on the abdomen evenly, 1 min.</p> <p>21. Vacuum RF Operation Starting from one side of the waist, lift the device to abdomen and groin, one line next to another, 3 times.</p>	 <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 10</p>  <p>Technique 11</p>  <p>Technique 14</p>  <p>Technique 16</p>
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		<p>22. Move the device on abdomen in small circular motions, 3-5 times.</p> <p>23. Move the device on abdomen in big circular motions, 3-5 times.</p> <p>24. Move the probe up and down to shape the waist, 3-5 times.</p> <p>25. Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>27. Clean the abdomen with dry towel.</p>	 <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/>
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Suggested Treatment:

10 treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

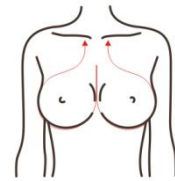
Breasts Shaping: 45 min, once/week

RF Energy:
30%-80%

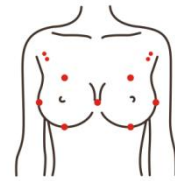
Massage
Cream
(essential
oil)

1. Stand at the head of the bed, both hands from Ren-17, zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.
2. Both hands thumb point: shanzhong (Ren-17), rugen (St-18), dabao (SP-21), yingchuang (St-16), zhongfu (LU-1), yunmen (LU-2), 3 times.
3. Caress the treatment area, 3 times.
4. Overlap both palms from Ren-17 point to chest both sides back and forth as if writing an "8" number, 3 times.
5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.
6. Caress the treatment area, 3 times.
7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest,

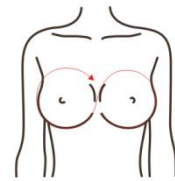
Technique 1, 3, 6, 10



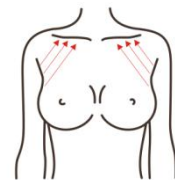
Technique 2



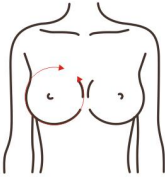
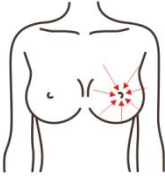
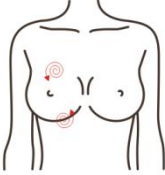
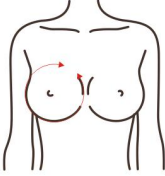


Technique 4



Technique 5



Technique 7

		<p>3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF operation First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times.</p> <p>17. The technique on the other side is the same as</p>	 <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>  <hr/> <p>Technique 13</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>  <hr/>
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Suggested Treatment:

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment, the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

Arms Shaping: 60 min, once/week

RF Energy:
30%-80%

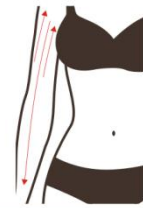
40K Energy:
30%-80%

Mode: B

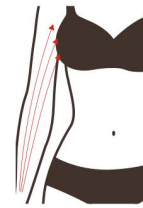
Essential oil
+
Gel

1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.
2. Push the entire arm with both palms, 3 times.
3. Push hands upwards tracing three main collateral channels:
Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.
4. Caress the treatment area, 3 times.
5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.
6. Caress the treatment area, 3 times.
7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm:
Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to

Technique 1



Technique 2, 3, 4, 5, 6




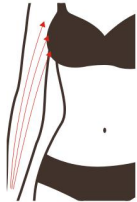
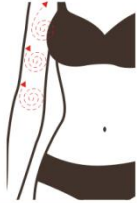
Technique 7



Technique 8, 17, 19



Technique 9


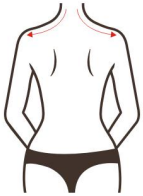
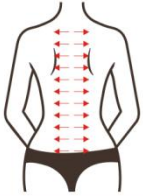
		<p>armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Repeat the previous operation on another side.</p> <p>11. The end of massage technique.</p> <p>12. Apply gel on the arm evenly.</p> <p>13. 40k Operation Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>14. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>15. You may double the operation on flabby arms, 3 times.</p> <p>16. Trace three channels to armpit, 3 times.</p> <p>17. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>18. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>19. Trace three channels from upper arm to armpit.</p> <p>20. RF Operation Trace three channels to armpit, 3 times.</p> <p>21. Move the device in annular motion, tracing three channels to armpit,</p>	 <hr/> <p>Technique 13, 16</p>  <hr/> <p>Technique 14, 15</p>  <hr/>
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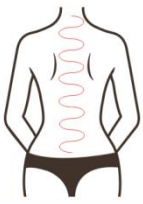
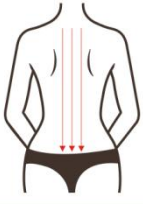
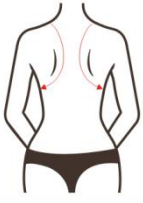

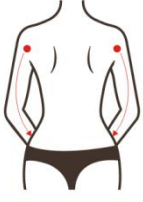
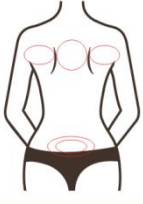
		<p>3 times.</p> <p>22. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>23. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>24. Do the same on the other side.</p> <p>25. Clean the arms with hot towel.</p>	
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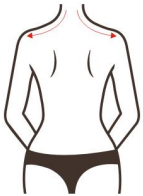

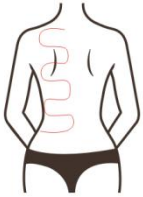

Suggested Treatment:

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Back Shaping: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>Vacuum&RF Energy: 30%-80%</p> <p>Suction: 30%-80%</p> <p>Release: 0-50%</p>	<p>Essential oil</p>	<ol style="list-style-type: none"> 1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points. 2. (Starting from hairline) Stroke Da Ban Jin with thumb, 3-5 times. 3. Move thumb outwards from Du Channel (GV)to the 8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point, 3 times. 4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 5. Push Bladder Channel(BL) with thumb in left-right order, 3 times. 6. Push Bladder Channel(BL) to baliiao area with both thumbs, at the 	<p>Technique 1, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p> 
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	<p>same time, 3 times.</p> <p>7. Push Bladder Channel(BL) in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.</p> <p>11. Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub on Du Channel (GV) and Bladder Channel(BL) until they turn hot.</p> <p>14. Device Operation Starting from Meridian GV to Bladder Meridian(BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>15. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>16. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>17. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>18. Move the device</p>	<p>Technique 4</p>  <hr/> <p>Technique 5, 6, 7, 13, 14,</p>  <hr/> <p>Technique 8, 17</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>
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	<p>horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>19. Move in annular motions from two sides till the underarm, 3 times.</p> <p>20. Lift upwards from sides of the waist to the underarm, 3-5 times.</p> <p>21. Vacuum RF Operation Starting from Du channel to Bladder channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>22. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>23. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>24. Move the device horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>25. Lift from sides of waist upwards to armpit in annular motions, 3-5 times.</p> <p>26. Clean your back with towel.</p>	 <hr/> <p>Technique 18</p>  <hr/> <p>Technique 19</p>  <hr/> <p>Technique 20</p>  <hr/>
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Suggested Treatment:

10 times account for a full course. Once done, back feels significantly relaxed, neck stiffness alleviated, and skin feels lifted. After a full course, shoulder feels relaxed, back fat lessens, the lump on the nape of the neck improves, and the back line starts to show. 2 courses help dredge meridians, regulate sub-health, and improve sleep. 3 courses help achieve thin back, curvy back line, better viscera function and digestion, detoxification and metabolism. (one course helps reduce size, two courses help strengthen the effects, three courses help with consolidation and avoid rebound.)

Buttocks Shaping: 60 min, once/week

RF Energy:
30%-80%

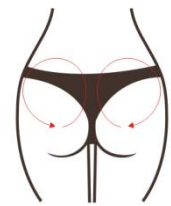
40K Energy:
30%-80%

Mode: A

Essential oil

1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)
2. Repeatedly push the 8 Crevice area with two thumbs, 3 times.
3. Caress the treatment area for 3 times and then point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times.
4. Caress the treatment area, 3 times.
5. First left, then right, with both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.
6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney

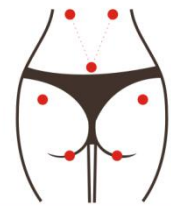
Technique 1, 4, 10



Technique 2



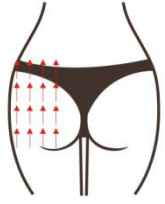


Technique 3



Technique 5, 12, 15



Technique 6

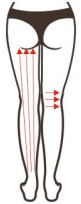

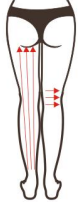


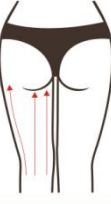
	<p>Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the operation 7.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF Operation Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5 times.</p> <p>15. Lift 3 times from thigh root to Dai Channel (BV).</p> <p>16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>17. The technique on the other side is the same as above.</p> <p>18. 40K Operation</p>	 <hr/> <p>Technique 8, 13, 16</p>  <hr/> <p>Technique 14</p>  <hr/>
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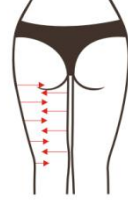
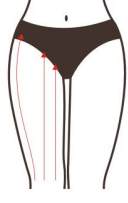

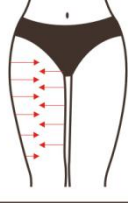
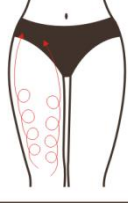
		The technique is as same as above.	
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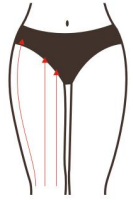
Suggested Treatment:

10 times account for a full course. After one treatment, buttocks feel lifted and heated. After a course, hip curve starts to show, excess fat slowly disappears, skin becomes tight. 3 courses help improve gynecological problems like cold body and cold uterus. Menstruation returns to normal. It helps consolidate the effect and increase the female sexual appeal.

Legs Shaping: 70 min, once/week

<p>Vacuum&RF Energy: 30%-80%</p> <p>Suction: 30%-80%</p> <p>Release: 0-50%</p> <p>40K Energy: 30%-80%</p> <p>Mode: A</p>	<p>Essential oil (Massage Cream)+ Ultrasonic Gel</p>	<p>1. Prone Position - Rear Leg In left-right order, apply and rub oil in from calf to thigh to heel, 3 times. 2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times. 3. Move hands upwards to four main collateral channels:Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards. 4. Push hands alternately to popliteal fossa, 3 times. 5. Twist both hands upwards alternately as if twisting a fired dough, 3 times. 6. Caress the treatment area, 3 times. 7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times. 8. Caress the treatment area, 3 times. 9. Do the same on the other side. 10. Clean with hot towel, 2 min. 11. Apply gel evenly, 2min. 12. 40K Operation Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder</p>	<p>Technique 1, 2, 3, 4, 7</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 13</p>  <hr/> <p>Technique 14, 18</p>  <hr/> <p>Technique 15, 17, 19</p>  <hr/> <p>Technique 16, 20</p>
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		<p>Channel (GB) , 3 times.</p> <p>13. Move the probe in small circular motion on the leg, 3 times.</p> <p>14. Push upwards to popliteal fossa while massage with the free hand, 3 times.</p> <p>15. Push from popliteal fossa, tracing four channels to the end of thigh, 3 times.</p> <p>16. Move the probe from popliteal fossa in small circular motions to the end of thigh, 3 times.</p> <p>17. Push from popliteal fossa, tracing channels to the end of thigh, 3 times.</p> <p>18. Vacuum RF Operation Move the probe from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>20. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>21. Coupled with hand, lift from two sides of thighs to the middle, 3-5 times.</p> <p>22. Supine Position - Foreleg Treatment Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p>	 <hr/> <p>Technique 21</p>  <hr/> <p>Technique 22, 23, 24, 25</p>  <hr/> <p>Technique 29</p>  <hr/> <p>Technique 30</p>  <hr/> <p>Technique 31</p>  <hr/> <p>Technique 32</p>
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	<p>23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>24. Move hands upwards to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times.</p> <p>25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>26. 40K Operation Lift the device towards knee while tracing 4 channels, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>27. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>28. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>29. Move the probe in small circular motions on the entire thigh, 3 times.</p> <p>30. Coupled with hand, lift the device from knee to thigh root in lines, 3 times.</p> <p>31. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>32. Lift from knee</p>	 <hr data-bbox="1098 427 1390 432"/>
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		<p>towards the end of thigh in parallel lines, 3 times.</p> <p>33. Vacuum RF Operation Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>34. Move the probe in small circular motions on the entire thigh, 3 times.</p> <p>35. Coupled with hand, lift the device from knee to thigh root in lines, 3 times.</p> <p>36. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>37. Do the same on the other side.</p> <p>38. Clean the treated area with hot towel, 2 min.</p>	
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Suggested Treatment:

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. RF + ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.