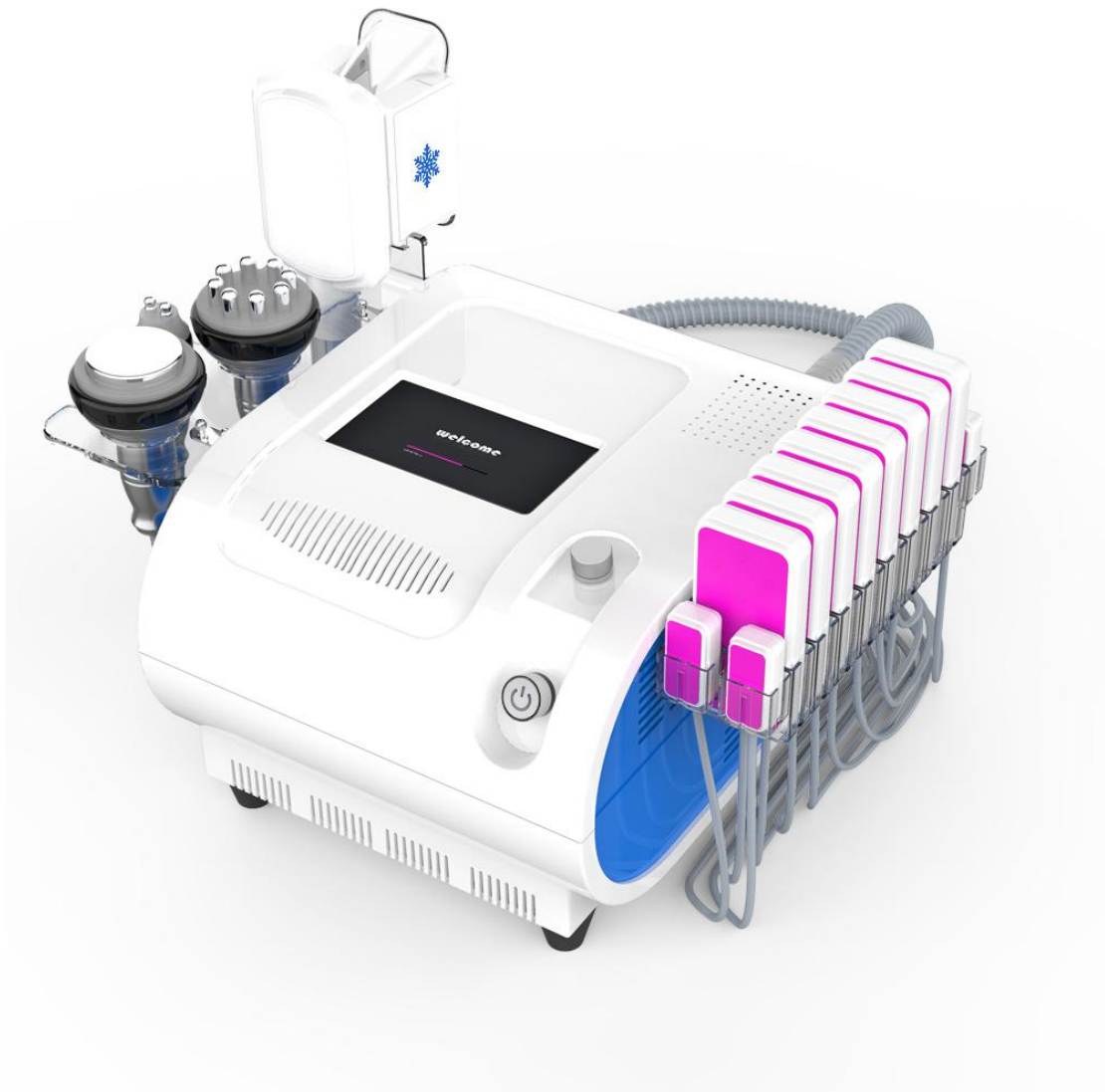


# User Manual

WL-7006C



## Preface

Dear Users,

We're pleased to present to you our latest beauty machine, which adopts vacuum&cooling, multi-polar RF, 160mw laser fat-dissolving and 40K technologies for reducing fat and shaping body. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

Vacuum&cooling handle, multi-polar RF handle, 160mw laser fat-dissolving handle and 40K handle are among the most popular tools for firming skin, reducing fat, shaping body and anti-ageing. So, this machine can replace all fat-reducing and body-shaping programs in beauty salons. Moreover, it is convenient and easy to operate. It solves both skin and body management problems for beauty-seekers. This equipment requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation at skin bottom, which can achieve the results of skin firming and anti-aging. Ultrasonic waves with specific frequencies target those parts in which there are stubborn fat to bring customers amazing results. Vacuum&cooling treatment is non-invasive fat-reducing approach, targeting the adipose cells on specific areas of body to reduce fat thickness for a noticeable figure curve. 160mw laser has strong penetrating ability, which can reach the bottom of fat layer and then heat and dissolve fat. It is safe and painless without side effects.

## Advantages

1. 5-in-1 beauty machine for facial and body care.
2. The ultrasonic wave can powerfully burn and remove fat, which surpasses liposuction to solve the problems for obese people.
3. The perfect combination of ultrasound and radio frequency solves major problems in losing weight. It helps with weight loss and meanwhile firms skin, increases skin elasticity, promotes metabolism, and ultimately strengthen people's constitutions.
4. It adopts the advanced technology of ultrasonic wave fat-burning.
5. It adopts advanced and reliable technology of vacuum&cooling to make fat congeal.
6. The temperature of the vacuum&cooling handle ranges from -5°C to 5°C. And there is up to 5Kpa vacuum, which can stably exist for up to 60 min.
7. More advanced. No side effects. Better effects. No incisions and no reappearance of previous conditions
8. Wider treatment range for body and face.
9. It can reduce stubborn cellulite to build ideal body curve.
10. Various handles have the energy release of red LED light, which can dissolve fat and massage body, and accelerate metabolism and sterilize skin at the same time. It gives users remarkable effects and higher level of comfort.
11. The 160mw laser used here can penetrate through fat layer to heat and dissolve fat, which can be then used or removed through metabolism.
12. It is suitable for saggy skin and all types of skin texture.
13. The cooling energy only targets the fat layer, causing no damages to viscera, nerves, blood vessels and skin.
14. It is easy to learn how to operate this machine. There is no need for preparation and recovery period. It is safe and can be widely used.

## Face, Eye and Neck Area Management

### Working Principles

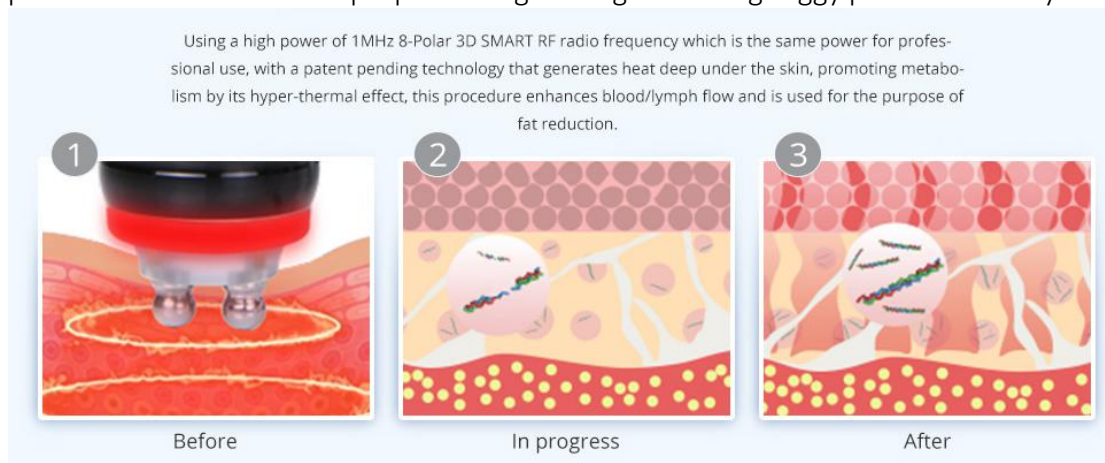
## RF

RF wave can directly penetrate the skin and use the resistance formed by the skin to produce heat, which can raise the temperature of skin bottom. In this way, it has two therapeutic effects, which are to make collagen regenerate and firm&lift skin.

After treatment, there will be an obvious sensation of being tightened immediately at the treatment area, the effect of skin firming and lifting can be seen about a month later, and the effect will become more and more obvious. The effect of RF treatment can last for about 18 months to 3 years, depending on the treatment areas and individual maintenance ways. The latest research shows that better results can be achieved if more treatments are taken.

### Biological Effects

The waves vibrating millions of times per second can penetrate the epidermis and then directly act on the dermis to heat up collagen cells in a deep layer, and stimulate the growth of collagen fibers. In this way, it can make the skin firmer and more elastic. In the process of treatment, the RF waves can pass through the epidermis and act on the deep dermis to produce heat energy rapidly. When collagen tissue is heated to 45 °C ~ 60 °C, it will contract immediately and then the collagen will be stimulated to regenerate. At the same time, biological heat can effectively accelerate the blood flow and make free fatty acid (ffa) released to promote the dissolution of superficial fat to achieve the purpose of tightening and lifting saggy part of the body.



## Face Firming and Anti-wrinkle

### Effects

1. Firm face and enable the deep introduction of nutrients.
2. Increase skin elasticity and smoothness.
3. Moisturize the skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve the symptoms of double chin and tighten skin.
6. Stimulate collagen proliferation and slow down ageing.

### Applicable Range

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds, wrinkles at eye corners.
4. Those whose face contours are not clear.
5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery with prostheses and metal materials implanted at the operation area.
2. Those who have used injections recently, such as hyaluronic acid, skin booster or wrinkle removal product.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the effect.

## **Do's and Don'ts after operation**

1. Wash face with hot water within 3 days
2. Keep hydrated and prevent skin damages caused by sun ray
3. Do not use irritating products within one week such as AHA, scrubbing and exfoliating products
4. Do not stay up late, smoke cigarettes and drink alcohol. Eat more fruits, vegetables and light foods.
5. Apply face mask at least 3 times in the following week.

## **Eye Anti-wrinkle**

### **Effects**

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supplement eyes with nutrition and moisturize skin.
6. Firm and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

### **Applicable Range**

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those who frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

### **Inapplicable Range**

1. Those who had just undergone plastic surgery.
2. Those who have hypertension, heart diseases, diabetes, severe thyroid diseases and malignant tumors.
3. Those who are having an allergic reaction and have severely sensitive skin or are allergic to metals.
4. Those who have skin traumas or wounds.

5. Those who are of advanced years.
6. Those who are pregnant or who are on the road to recovery from operations.
7. Those who have skin diseases and contagious diseases.

## **Do's and Don't s after Operation**

1. Use suncream and do not expose yourself to strong sunlight.
2. Do not use the products containing alcohol and AHA or scrubbing cream in 1-3 days.
3. Do not wash face with too hot water or go for sauna, hot spring and violent exercise.
4. Keep hydrated and apply eye mask at least 3 times a week, for the treated area is relatively dry.

## **Neck Care**

### **Effects**

1. Relieve flabbiness, roughness and dullness of the neck skin.
2. Firm skin and increase skin elasticity.
3. Relieve the condition of double chin.
4. Accelerate lymphatic detoxification and improve facial texture.
5. Prevent neck and lymph diseases.

### **Applicable Range**

1. Those with rough and dull skin on the neck.
2. Those with lymphatic blocking
3. Those with sagging and inelastic neck skin.
4. Those who often bow their heads
5. Those who are not satisfied with their skin colour.

### **Inapplicable Range**

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are of advanced years.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

## **Do's and Don'ts after Operation**

1. Keep neck warm and do not expose yourself to strong sunlight
2. Do not use the products containing alcohol and AHA or scrubbing cream within 1-3 days.
3. Do not wash face with too hot water or go for sauna, hot spring and violent exercise within 7 days.
4. Keep hydrated and apply neck mask at least 3 times a week, for the treated area is relatively dry. Apply essence or neck cream.
5. Do not bow your head for a long time.

## **Firming for V-shaped Face**

## Working Principles

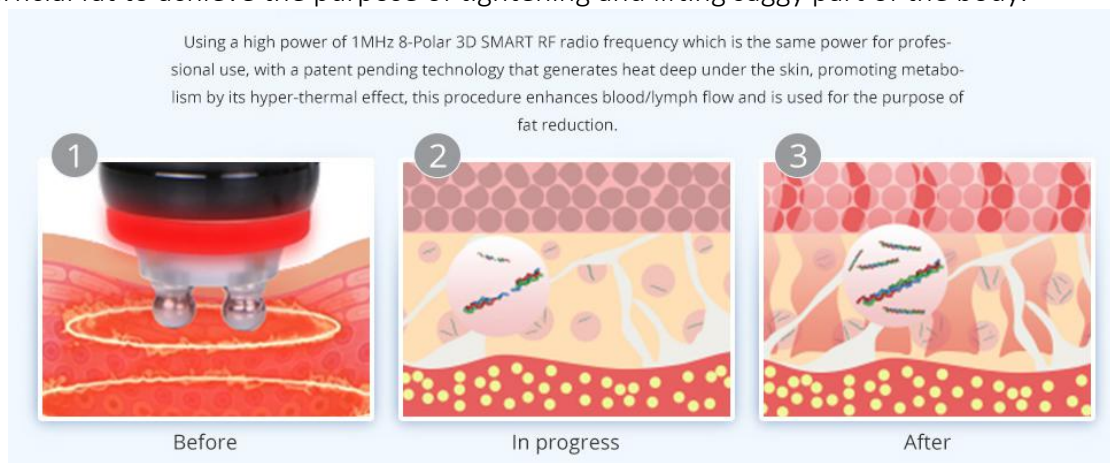
### Eye RF

RF wave can directly penetrate the skin and use the resistance formed by the skin to produce heat, which can raise the temperature of skin bottom. In this way, it has two therapeutic effects, which are to make collagen regenerate and firm&lift skin.

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### Biological Effects

The waves vibrating millions of times per second can penetrate the epidermis and then directly act on the dermis to heat up collagen cells in a deep layer, and stimulate the growth of collagen fibers. In this way, it can make the skin firmer and more elastic. In the process of treatment, the RF waves can pass through the epidermis and act on the deep dermis to produce heat energy rapidly. When collagen tissue is heated to  $45^{\circ}\text{C} \sim 60^{\circ}\text{C}$ , it will contract immediately and then the collagen will be stimulated to regenerate. At the same time, biological heat can effectively accelerate the blood flow and make free fatty acid (ffa) released to promote the dissolution of superficial fat to achieve the purpose of tightening and lifting saggy part of the body.



### Laser Pad

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which has a visible spectrum. The laser with such wavelength has strong penetration, which can penetrate through fat layer and dissolve subcutaneous fat by heat. It is safe without side effects or pain.

Low-level laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it can be seen that the free fatty acids of the body are eliminated through complete metabolism.

### Biological Effect

It uses 635nm - 650nm LED laser to heat fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed and excreted by our body's natural metabolic process. In the process of operation, the laser can introduce heat into the treatment area to stimulate the production of collagen, thus delivering the effects of smoothing & tightening skin and shaping body.

Low-energy laser(biological stimulation) is used here to work on deep fat. It stimulates biological



cells and induces or strengthens a series of physiological reactions by releasing energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can tighten skin, reduce wrinkles, remove fat, and shape body concurrently. 160mw laser has so strong penetrating ability that it can penetrate through fat layer to heat up and dissolve subcutaneous fat. The treatment is safe and painless without side effects.

Using the latest non-operative and non-invasive laser fat decomposition technique, it can release low-level laser energy. It produces a kind of chemical signals in the fat cells, which will dissolve the triglycerides stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when human body needs to use the energy reserves. The free fatty acids are transported into the whole body through the lymphatic system to provide energy, just like body will react when there is a lack of energy.

## Effects

2. Firm face and enable the deep introduction of nutrients.
2. Increase skin elasticity and smoothness.
3. Moisturize the skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve the condition of double chin and help build V-shaped face.
6. Stimulate collagen proliferation and slow down ageing.

## Applicable Range

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds , wrinkles at eye corners.
4. Those whose face contours are not clear.
5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth.
8. Those who have double chin and have unwanted fat on neck.

## Inapplicable Range

1. Those who have just undergone plastic surgery with prostheses and metal materials implanted at the operation area.
2. Those who have used injections recently, such as hyaluronic acid, skin booster or wrinkle removal product.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the effect.

## Do's and Don'ts after operation

1. Wash face with hot water within 3 days.
2. Keep hydrated and prevent skin damages caused by sun ray.
3. Do not use irritating products within one week such as AHA, scrubbing and exfoliating

products.

4. Do not stay up late, smoke cigarettes and drink alcohol. Eat more fruits, vegetables and light foods.

5. Apply face mask at least 3 times in the following week.

## Body Management

### Fat Reducing and Body Shaping

#### (1). Working Principles

##### 1. Body RF

Based on the RF thermal effect, a specific radio frequency wave is produced at a specific depth of the skin, which acts directly on the dermis. In this way, it heats the tissue to promote the catabolism of subcutaneous fat, and stimulate the regeneration and reorganization of collagen and elastic fibers at the same time. With the continuous regeneration and reorganization of collagen in the dermis, the saggy skin will be lifted and firmed after several courses of treatment are taken.

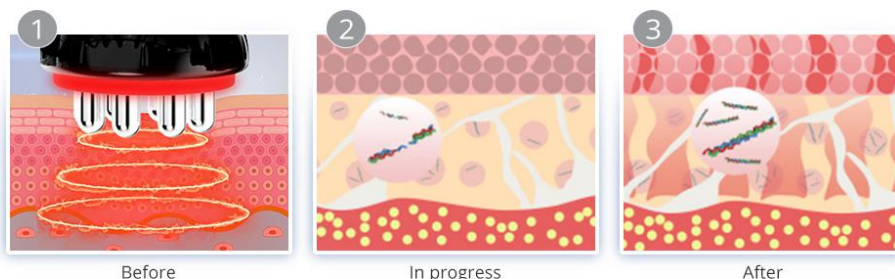
##### Biological Effects

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## 02

### 3D RF radio Frequency

Using a high power of 3mhz 3D Smart RF radio frequency which is the same power for professional use, with a patent pending technology that generates heats deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is use for the purpose of fat reduction.



##### 2. 40K

The principle of ultrasonic wave is used to make human adipose cells take a strong impact and produce friction movement among them after strong sound waves enter into the human body, which can effectively consume heat and water of cells and shrink adipose cells. In addition, when the sound wave vibrates, it can produce a strong impact on cells. And then the adipose cells will burst instantly, and they will be reduced so as to achieve the effect of fat removal.

**Ultrasonic Cavitation:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal transmission of ultrasound, which will close rapidly in the positive pressure

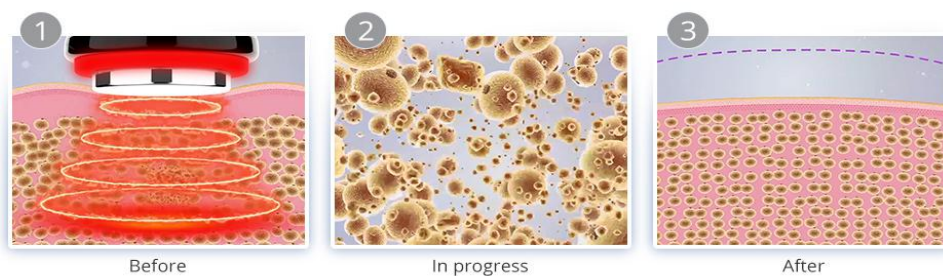
region to be compressed and stretched under alternating positive and negative pressures. When the bubbles burst, there will be huge instantaneous pressure of up to tens of MPa to hundreds of MPa, and strong vibration and noise will be produced.

**Advantages:** It only aims for low-density adipose tissue for its specific frequency, and protects high-density tissue such as vascular and nerve tissue.

## 01

### Ultrasonic cavitation 2.0

Ultrasound waves penetrate into the fat layer of the body to produce cavitation effect, effectively making fat cells burst and emulsify into glyceride.



### 3. Laser Pad

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Low-level laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it can be seen that the free fatty acids of the body are eliminated through complete metabolism.

#### Biological Effect

It uses 635nm - 650nm LED laser to heat fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed and excreted by our body's natural metabolic process. In the process of operation, the laser can introduce heat into the treatment area to stimulate the production of collagen, thus delivering the effects of smoothing & tightening skin and shaping body.

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Easy to operate, operations are passive and require only the correct positioning of operation pads



laser energy irradiates fat cells after penetrating skin



laser energy irradiates adipocytes



pores have formed on the adipoc allowing water, glycerol and free fatty acids move out into interstitial space to spill out



more water, glycerol and free fatty acids spill out



adipocytes significantly reduced in size while blood vessel unaffected

## (2). Waist&Abdomen Shaping

### Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

### Applicable Range

1. Those with cold feet, cold hands, cold womb and cold body.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those who often sit for a long time, or have unsatisfactory waistlines.
4. Those with stretch marks.
5. Those with constipation or obstruction of abdominal meridians.

### Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those whose incisions are healing or who are on the road to recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

### Do's and don'ts after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.

3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to help with metabolism and weight loss.

### **(3). Arm Shaping**

#### **Effects**

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

#### **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children

#### **Inapplicable Range**

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are of advanced years.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

#### **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

### **(4). Back Shaping**

#### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent skin from sagging.
7. Reduce excess fat on the back and shape back.

#### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those who suffer from insomnia, dream a lot or have a worse memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.
6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

### **Do's and Don'ts after Operation**

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothes

## **(5). Hip Shaping**

### **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Maintain the normal function of ovary, stimulate the secretion of glands, and make couple's relationship closer.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

### **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.

6. Those who have just had liposuction.
7. Those who are of advanced years.

### **Do's and Don'ts after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take a shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid getting a cold.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

### **(6). Leg Shaping**

#### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

#### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

#### **Inapplicable Range**

1. Those who are in menstruation, pregnancy or lactation.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases or infectious diseases.
4. Those who have incisions on their bodies.
5. Patients with severe varicose veins and tumors.
6. Those who are having allergic reactions or who have severely sensitive skin.
7. People who have just had liposuction.
8. Those who are of advanced years.
9. Pregnant women or who are on the road to recovery.

### **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants after operation. Avoid wearing miniskirts and shorts.

## **(7). Breast Shaping**

### **Effects**

1. Correct breast shape and relieve accessory breasts
2. Relieve nodules on breasts, slight hyperplasia and distending pain in breast
3. Relieve outward expansion of breasts
4. Relieve irregular menstruation, speckles on the face and the lack of elasticity of breasts.
5. Relive breast atrophy, breast sagging and obstruction of lactiferous ducts.

### **Applicable Range**

1. Those who have accessory breast and unsatisfactory breast shape
2. Those who have nodules on breasts, slight hyperplasia and distending pain in breast during the menstruation
3. Those who have free fat, saggy breast and outward expansion of breasts
4. Those who have low immunity
5. Those who have irregular menstruation, speckles on the face and breast inelasticity
6. Those who think that their breasts are underdeveloped, or who have postpartum breast atrophy, breast relaxation, blockage of lactiferous ducts and so on.

### **Inapplicable Range**

1. Patients with cardiovascular and cerebrovascular diseases, diabetes, abnormal blood coagulation and impaired function of important organs.
2. Those who are taking anticoagulants, vasodilators, corticosteroids and other drugs or who have been taking them for a long time.
3. Those with a focus of infection on the skin of the chest.
4. Patients with severe hyperplasia, fibroma and cyst of the chest
5. Those who are in pregnancy and lactation

### **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear shaping and comfortable bra and don't squeeze your chest.

## **2. Vacuum&Cooling Treatment**

### **(1). Working principle**

#### **Vacuum&Cooling**

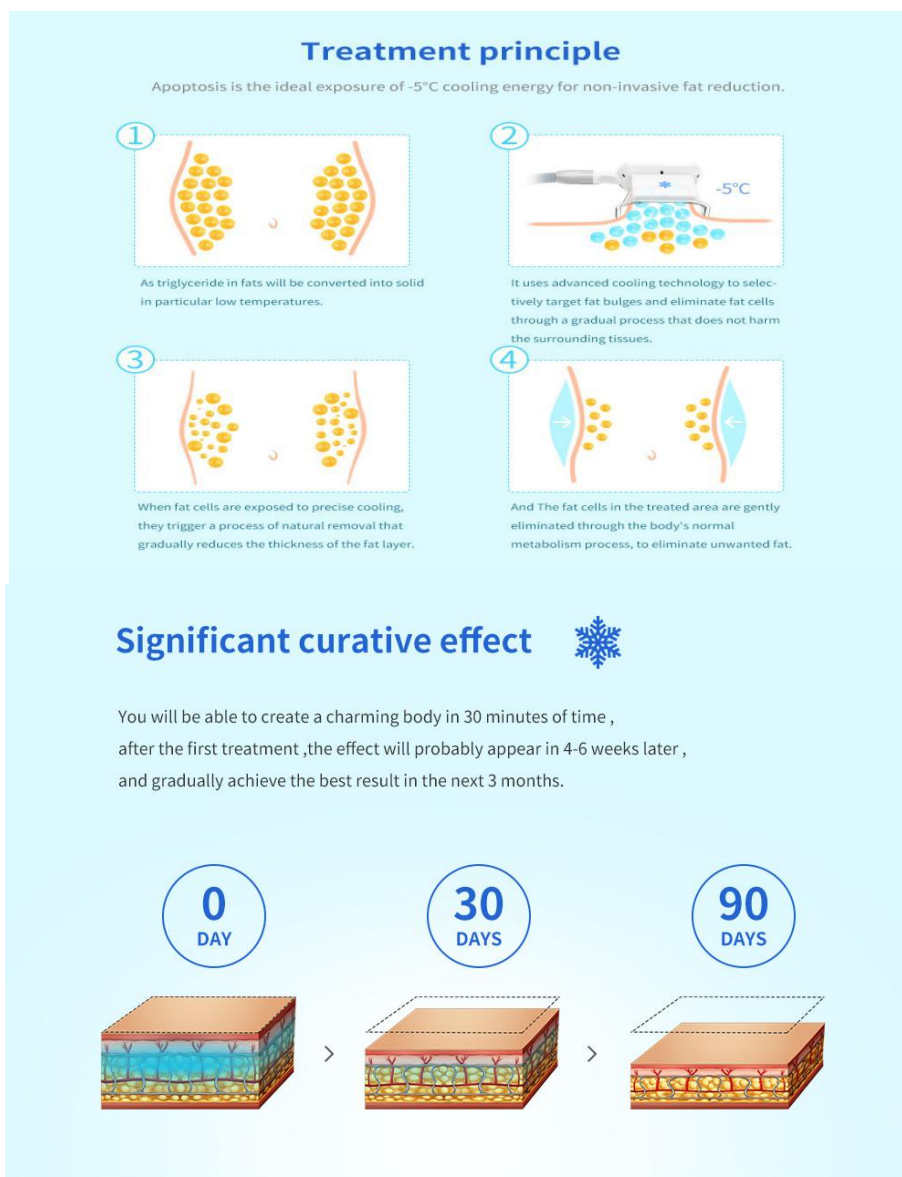
The vacuum&cooling handle uses vacuum to treat the fat area, which is a gradual process to target and remove fat. This treatment is non-invasive. Specifically speaking, it transmits cooling energy to fat area and after the adipose cells are cooled down to a certain temperature, triglyceride will become solid from liquid form and then the adipose cells will gradually die. They will be eventually excreted from body through metabolism. In this way, it can achieve the goal of reducing fat and shaping body.

#### **Biological Effects**

The adipose cells are extremely sensitive to low temperature while surrounding cells such as blood vessel cells, peripheral nerve cells, melanocytes, and fiber cells are much less sensitive to



that, for which the adipose cells will go into inactivation under specific temperature range(0--10°)but the surrounding cells won't. During the treatment, the corresponding handle will be put on fat area, and the fat will quickly congeal into jelly-like substances. And then the phagocytosis(phagocytes engulf and digest microorganisms and cellular debris) will happen. The dead cells will be treated as waste by the body and will be excreted in 2-4 months. So, this treatment can not make you see immediate effects but you can feel the fat is gradually removed in two weeks to a month.It can help reduce fat and promote blood circulation and lymphatic circulation to remove waste in the body.Additionally, the dead adipose cell are also removed from the body and so it can effectively prevent the reappearance of fat accumulation.



## (2). Effects

1. Dissolve fat to destroy thick fat accumulation and cellulite.
2. Help reduce fat on specific areas.
3. Relieve the condition of saggy and ageing skin, make skin become firm and have elasticity.
4. Dissolve fat to build slender waist, slim legs and plumped and firmed hips to make you have ideal figure curve.

## (3). Applicable Range

1. Those who have a sedentary lifestyle and have unwanted fat on arm, leg, waist and abdomen.
2. Those whose most of fat accumulation exists at lower part of body.
3. Those who are overweight and don't look good when in clothes.
4. Those who ill-proportioned figure.
5. Those who have flabby abdomen and stretch marks.

#### **(4). Inapplicable Range**

1. Those who have just undergone plastic surgery with prostheses and metal materials implanted at the operation area.
2. Those who have used injections recently, such as hyaluronic acid, skin booster or wrinkle removal product.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the effect.
10. Those who are taking anticoagulants, vasodilators, corticosteroids and other drugs or who have been taking them for a long time. Those who have liver diseases.

#### **(5). Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food and get a cold.
2. Take shower in 4-6 hours
3. Drink more hot water to keep hydrated and speed up metabolism.
4. Do not overeat or stay up late.
5. Do not eat raw, cold and spicy foods. Have enough sleep.
6. Do not wear crop top, backless clothes, miniskirt, hot pants and so on.
7. Do not scratch the treated areas. Do not press or knead the treated areas.

## Part II

### 1. Detailed Operation

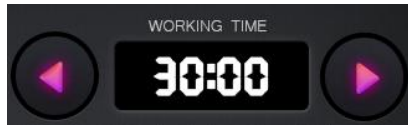
1. Install all fittings on the machine, put handles into the corresponding holders.
2. Connect the funnel to the drainage hole and open the lid of the overflow hole before pouring distilled water or pure water.
3. Pour water into the funnel until water comes out from the hole. And then remove the funnel, put the lid on the overflow hole.



After checking all handles are connected properly, the starting interface will appear when the machine is plugged and started.



## 1. Function Selection



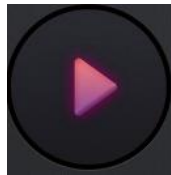
time display and adjustment



home button

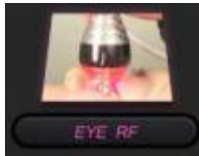


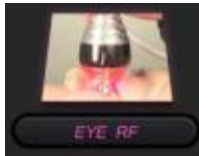
reset button



stop/stop button

## 2. Detailed Operation of Eye RF



choose  to enter the following interface



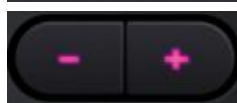
time display and adjustment



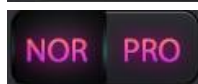
preset energy level



dynamic energy level of the handle



buttons for adjusting energy level



mode selection



Fixed mode, the red light is on and the energy of the handle directly reaches preset level after the start button is pressed



Smart mode, the energy of the handle slowly reaches preset level after the start button is pressed and the red light is on after the handle touches skin.

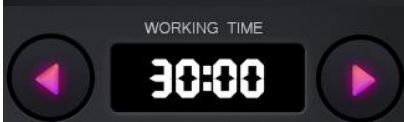


button for turning on or off the red light on the handle

### 3. Detailed Operation of Body RF



choose **BODY RF** to enter the following interface



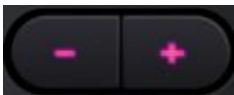
time display and adjustment



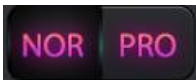
preset energy level



dynamic energy level of the handle



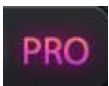
buttons for adjusting energy level



mode selection



Fixed mode, the red light is on and the energy of the handle directly reaches preset level after the start button is pressed



Smart mode, the energy of the handle slowly reaches preset level after the start button is pressed and the red light is on after the handle touches skin.

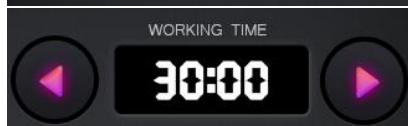


button for turn on or off the red light on the handle

## 4. Detailed Operation of 40K



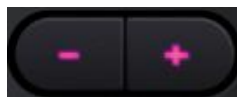
choose **40K UNOISETION** too enter the following interface



time display and adjustment



energy level display



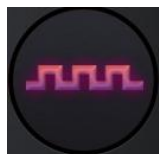
buttons for adjusting energy level



mode selection



Constant working mode, suitable for those who have thick fat accumulation

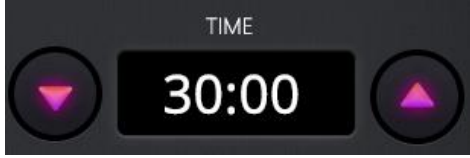


Discontinuous working mode, suitable for those who want to reduce fat on specific areas to shape body.

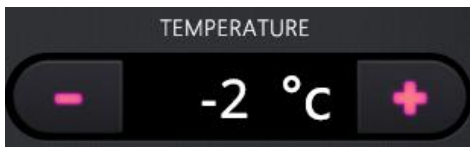
## 5. Detailed Operation of Vacuum&Cooling



choose **COOLING HEAD** to enter the following the interface.



time display and adjustment

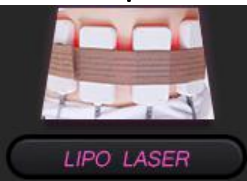


temperature display and adjustment(recommended temperature: -5°C to 3°C. 5°C is recommended for the first-time users. After they adapt to it, the temperature can be lowered slowly.



Knob for adjusting suction of the vacuum&cooling handle. Adjust it based on the users' endurance. Set the suction at the lowest level at the beginning and raise it slowly after they adapt to it.

### 6. Detailed Operation of Laser Pad



choose LIPO LASER to enter the following interface





energy-displaying bar for large laser pad

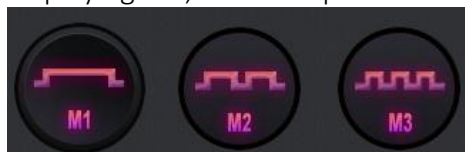


energy-displaying bar for small laser pad



buttons for adjusting energy level

When the leftmost bar is enabled, the energy of all laser pads are adjusted simultaneously. If you need to adjust the energy level of a certain laser pad, choose corresponding energy-displaying bar, and then press the buttons for adjusting energy level.



mode selection



constant working mode(the laser pads work constantly, suitable for those who have severe fat accumulation and want efficient fat-reducing effect)



discontinuous working mode(low frequency of laser flash, suitable for those who want to consolidate treatment effects)



discontinuous mode with high frequency of laser flash(laser flashes quickly, suitable for first-time users)



## 2. Technical Parameters

Rated input voltage: AC220V-240V 50HZ/AC110V-120V 60Hz

Rated input power: 350VA

Cool cold slimming Vacuum

Power: Up to 200W

Cooling device output temperature: 5~ -5°C

Cooling device output: 0-5Kpa

Cooling liquid: pure water

Cavitation frequency: 40KHz

Cavitation Power: up to 60W

Cavitation tip: 60mm diameter

RF for body

RF frequency: 3MHz

RF power: up to 30W

RF type: six polar with 100mw LED

RF tip: 65mm diameter

Led Laser : 635nm

Led Laser power/Each diode:160mw

led Pads: 12 with 8 Large(8 Diode/Pad)+4 Small(2 Diode/Pad)

## 3. User Contraindications

Some groups of people should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Women in pregnancy or lactation
2. Those with heart diseases and pacemakers
3. Those with unhealed incisions or who are on the road to recovery.
4. Those with epilepsy, sever diabetes and hyperthyroidism
5. Those with malignant tumors, haemophilia and severe bleeding
6. Those with skin diseases and infectious diseases
7. Those who wear metal jewellery
8. Those with metal, plastic and silicone implants
9. Those who are taking or have long been taking anticoagulants, vasodilators, corticosteroids and other drugs

## 4. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.

4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
11. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before taking this treatment.
12. Make sure the handle is in full contact with skin during operation in case skin is heated unevenly.
13. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.
14. The corresponding frostbite-proof membrane must be applied during the treatment. Do not perform the treatment on dry skin or let the handle directly touch skin.
15. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.
16. 40K handle should not be used on head, chest, breast, heart and back.
17. Use this machine or train the operators in strict accordance with instructions in the user manual.

## 5. Troubleshooting & Solutions

### 1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

### 2. No RF output from the instrument?

- A. Please check whether the cord connects the handle to the machine properly
- B. Please check whether the treatment area has been cleaned. Grease or essential oil products may cause poor contact between the handle and human body to cause this problem.

### 3. Weakened RF output?

- A. Please check whether the cord connects the handle to the machine properly
- B. Please check whether non-conductive grease and other substances are on the treatment handle, which can cause poor contact between the handle and skin to weaken the output.
- C. Please check whether the handle used is the one specified by the instrument.

### 3. The machine works for a while but then stops?

- A. It may be because there is no strong water flow or the machine doesn't sense the presence of water flow.

B. Check whether there is enough water in the water container.

**4. There is a red alert on the top right corner of the machine?**

A. Please check whether the water level in the water container is low

B. Please check whether there is something wrong with the water container.

**6. I can start the instrument, but the screen shows erroneous message?**

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

## 6. FAQs

**1. Does the vacuum&cooling handle have side effects in reducing fat?**

A: It is a totally non-invasive and painless. Based on the fact that adipose cells are more vulnerable to coldness than other cells, it can cool down adipose cells and remove them. What's more, it only targets adipose cells instead of other tissue, and so it will not cause damages to skin or muscles. The dead cells will be excreted from body through metabolism, so it has no side effects.

**2. Is the vacuum&cooling treatment effective for reducing fat?**

A: The triglyceride contained in fat can change its form into solid under the low temperature of 5°C. If the handle is put on the fat area, fat will quickly congeal into jelly-like substances. And then the phagocytosis(phagocytes engulf and digest microorganisms and cellular debris) will happen. The dead cells will be treated as waste by the body and will be excreted through metabolism. In this way, it can help reduce fat on specific areas to shape body. So, it is effective in reducing fat.

**3. Do we need to control our diet and take exercise after taking this treatment?**

A: Yes, we should regularly take exercise and control our diet. Because this treatment only reduces fat in our body, but it can not promote our basal metabolic rate fundamentally. So, if we don't do so, we will regain fat.

**4. How long can we see the effects after the treatment?**

A: It depends on individual constitution and metabolism. Normally, you will see the effects in 4-6 weeks. And it takes about 3 month for you to see the most satisfactory effects. Based on the fact that adipose cells are vulnerable to coldness, this treatment can cool down and destroy adipose cells under the low temperature of 5°C, which can be excreted from body through metabolism. So, you should wait for some time to see the effects.

**5. Why do we need to use special frostbite-proof membrane during the treatment?**

A: The main constituent in this kind of membrane is organic molecules, which are concocted based on the characteristics of human skin. Clinical trials have shown that the use of the membrane in this treatment can effectively protect skin from frostbite.

**6. Q: How long can I start seeing results of RF treatment?**

A: Normally, you can see the treatment results that day when you take the operation or within one week. Skin collagen tissue is heated and then contracts, and you can obviously feel the sensation of skin being tightened. Because RF works to stimulate subcutaneous tissue to promote collagen regeneration, so the more you take the treatment, the more noticeable the effects will be.

**7. Q: Is RF harmful to skin?**

A: RF treatment is non-surgical operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, and therefore has no damage to the skin. Local redness and hotness are the normal conditions of accelerated blood circulation, which will be relieved after a moment. So there's no need to worry about that.

**8. Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through negative pressure suction so as to achieve the purpose of rapid weight loss. It's a surgical treatment requiring anesthesia and so there is recovery period, which has risks despite its immediate results. However, our instrument is risk-free without side effects. It can not only help you reduce fat but also stimulate collagen regeneration to lift and tighten skin. It can also build perfect curves by lifting skin, and accentuate women's sexual charm.

**9. Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It penetrates into 20mm-deep skin fat layers through ultrasound focusing. Highly intensified ultrasound can cause high-speed friction among fat cells, which can heat and dissolve them. And during the process, sound may be produced so that customer will have the sensation of tinnitus.

**10. Q: What is collagen?**

A: Collagen is a kind of biological macro molecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrients needed by all layers of the skin, enhance the collagen activity in the skin, retain moisture, nourish skin, slow down ageing, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay ageing. With the growth of age, collagen will gradually be lost. For women, collagen will begin to decrease since the age of 20. At the age of 25, collagen loss will reach its peak. At the age of 40, the collagen content is less than half of that one has at age of 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic fibers will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic. Therefore, in order to delay ageing, there must be plenty of collagen.






## 7. Packing List

- 1 x Machine Body
- 1 x Vacuum&Cooling Handpiece
- 1 x 40KHz Cavitation Handpiece
- 1 x Sixpolar RF Handpiece for Body
- 8 x Big 650NM Led Laser Pad(each with 10 led lights) 160MW
- 4 x Small 650NM Led Laser Pad (each with 2 led lights) 160MW
- 3 x Holders for All parts

## 8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams

## Face Firming&Anti-wrinkle: 60 min once a week




<p><b>Face RF</b>          Energy: 30-70%          Time: 10-15 minutes          Mode:NOR/P          RO</p>	<p>Makeup Remover+ Face Cleanser+ Cold&amp;Hot Steam+Massage Cream+ Base Mask+Essence+Facial Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply base mask and use hot steam, 10 min.</li> <li>3. Clean face, 2 min.</li> <li>4. Apply toner, 1 minute</li> <li>5. Apply massage cream evenly on face and soothe face, 3 times.</li> <li>6. Press the following acupoints (RN-24, DU-26, ST-4, ST-6, LI-20, BL-1, BL-2, EM3, TE-23, GB-1, the Temple, ST-1, ST-2), 3 times.</li> <li>7. Soothe the whole face, 3 times.</li> <li>8. Alternate both hands to lift in 3 lines from chin to ear lobe, mouth corner to ear gate, and nose wing to temple. Lift eye corner from lower eyelid to temple, 3 times.</li> <li>9. Do the same to the other side.</li> <li>10. Lift towards hairlines on forehead, 3 times.</li> <li>11. Alternate hands to lift and pluck face , 3-5 times.</li> <li>12. Alternate fingers to pluck forehead towards hairline with one hand, 3-5 times</li> <li>13. One side, pluck and lift face alternately with both hands, 2-3 minutes</li> <li>14. Do the same to the other side.</li> <li>15. Move in a zigzag shape on forehead with middle and ring fingers, slide to the front side of ears and lift back and forth for 3 times and slide to the back of ear.</li> <li>16. Wash face clean, 2 minutes</li> <li>17. Apply essence evenly to face, 1 minute.</li> </ol>	<p>Technique5, 7</p> 
			<p>Technique6</p> 
			<p>Technique8, 18</p> 
			<p>Technique10, 12, 20</p> 
			<p>Technique15</p> 



		<p>18. <b>Face RF</b> operation, lift upwards from jaw to earlobe, mouth corner to ear center, nose wing to temple, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift towards hairlines on forehead, 3 times.</p> <p>21. Wash face clean, 2 minutes.</p> <p>22. Apply mask, 15 minutes.</p> <p>23. Wash face clean, 2 minutes.</p> <p>24. Apply toner, essence, face cream and suncream.</p> <p>25. The end.</p>	
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**Treatment suggestions**

A course of treatment consists of ten treatment sessions. After one session, skin will be firmed and hydrated with necessary nutrients absorbed. After a full course, skin will be lifted with glow. Two courses help increase skin smoothness and plumpness and make face contour clearer. Three courses help promote skin metabolism and detoxification, fade pigmented spots and brighten dull skin, prevent skin from sagging and ageing and make the collagen at the bottom layer of skin regenerate to leave skin rejuvenated, smoothed and firmed.

**Eye Anti-wrinkle: 30 min 2-3 times a week**



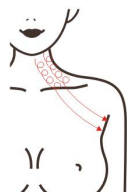

<p><b>Eye RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR/P RO</p>	<p>Makeup Remover+Face Cleanser+Essence /Eye Cream+WL-7006C+Eye Mask</p>	<p>1. Remove makeup and clean face, 5 minutes 2. Apply toner, 1 minute 3. Apply essence(eye cream) evenly to eye area in circular motion, 3 times. 4. <b>Face RF</b> operation: adjust energy level, mode and time: 10 minutes. 5. Move the instrument to lift skin from lower eyelid to eye corner, 3-6 times. 6. Move the instrument to lift skin from lower eyelid to temple, 3-6 times. 7. Move the instrument to lift skin from lower eyelid to temple in small circles, 3-6 times. 8. Move the instrument to lift skin from lower eyelid to temple, 3-6 times.</p>	<p>Technique3</p> 
			<p>Technique5</p> 
			<p>Technique6、 8</p> 
			<p>Technique7</p>

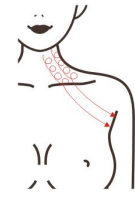

		<p>9. Lift from brow bone to hairline.  10. Repeat the operation on the other side.  11. Wash eye area clean, 1 minute  12. Apply eye mask, 15 minutes  13. Remove mask and wash the area clean, 2 minutes  14. Apply eye essence and cream.  15. The end</p>	 <p>Technique9</p> 
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**Treatment Suggestions**

It is recommended to take this treatment 2-3 times per week. After one treatment, eye area is lifted and firmed and blood circulation is accelerated. After one month, fine wrinkles and black circles are reduced and skin colour is brightened. After three months, skin in eye area is totally firmed and rejuvenated with glossiness. If the customers keep using this instrument, eye aging can be relieved and prevented.

**Neck Care: 60 min once a week**

<p><b>Face RF</b>  Energy: 30-70%  Time: 15-20 minutes  Mode:NOR/P RO</p>	<p>Makeup Remover+ Face Cleanser+Massage Cream+Essence+ Neck Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean neck, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Neck massage, rub oil into chest with both hands towards the back of the neck and press GB-20 and DU-16 acupoint, 3 times.</li> <li>4. Alternately lift the lower jaw and double chin area to pass the back of ear to the armpit, 3 times.</li> <li>5. Push downwards with thumb and index finger splaying along 3 meridians from the neck side to the armpit, 3 times.</li> <li>6. Push downwards with 4 fingers along 3 meridians from neck side to the armpit, 3 times.</li> <li>7. Push downwards with bending fingers till the neck turns hot and slide to the armpit, 3 times.</li> <li>8. Push downwards with thumb and index finger</li> </ol>	<p>Technique3</p>  <p>Technique4</p>  <p>Technique5.6.7</p>  <p>Technique11</p>  <p>Technique12</p>
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		<p>splaying from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. The end</p> <p>11. <b>Eye RF</b> operation, use one hand and the handle to lift double chin area and then pass the back of ear to armpit, 3 times.</p> <p>12. Move the handle in circles along three lines on one side of neck to armpit, 3 times.</p> <p>13. Slide the handle from inner and outer sides of clavicle to the armpit, 3-5 times.</p> <p>14. Move the handle in circles on the whole neck area, 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Wash neck clean, 1 minute.</p> <p>17. Apply neck mask, 15 minutes</p> <p>18. Wash neck clean, 1 minute</p> <p>19. Apply toner, neck essence, neck cream and suncream</p> <p>20. The end.</p>	 <p>Technique14</p> 
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**Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one treatment, skin becomes rejuvenated and smooth. After a full course, neck skin becomes smooth, and the neck lymphatic circulation is accelerated. After 2 courses of treatment, skin will be tightened, neck lines will be reduced, and the the condition of double chin will be relieved. After 3 courses of treatment, skin will be firmed with glow, lymphatic detox will be accelerated and some problems will be resolved such as acne and skin dullness. Moreover, skin aging will be prevented and skin will remain in a young state.

**Firming for V-shaped Face: 90 min once a week**

<p><b>Eye RF</b> Energy: 30-70% Time: 10-15 minutes</p>	<p>Makeup Remover+Face Cleanser+Hot&amp;Cold Steam+Massage</p>	<p>3. Remove makeup and clean face, 5 min. 4. Apply base mask and use hot steam, 10 min. 3. Clean face, 2 min.</p>	<p>Technique5, 7</p>
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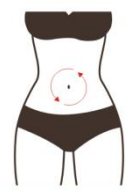
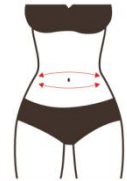
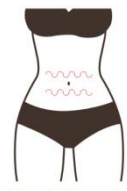
<p>Mode:NOR/P RO</p> <p><b>Laser Pad</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>	<p>Cream+Base Mask+Essence+Face Mask</p>	<p>4. Apply toner, 1 minute 5. Apply massage cream evenly on face and soothe face, 3 times. 6. Press the following acupoints (RN-24, DU-26, ST-4, ST-6, LI-20, BL-1, BL-2, EM3, TE-23, GB-1, the Temple, ST-1, ST-2), 3 times. 7. Soothe the whole face, 3 times. 8. Alternate both hands to lift in 3 lines from chin to ear lobe, mouth corner to ear gate, and nose wing to temple. Lift eye corner from lower eyelid to temple, 3 times. 9. Do the same to the other side. 10. Lift towards hairlines on forehead, 3 times. 11. Alternate hands to lift and pluck face, 3-5 times. 12. Alternate fingers to pluck forehead towards hairline with one hand, 3-5 times 13. One side, pluck and lift face alternately with both hands, 2-3 minutes 14. Do the same to the other side. 15. Move in a zigzag shape on forehead with middle and ring fingers, slide to the front side of ears and lift back and forth for 3 times and slide to the back of ear. 16. Wash face clean, 2 minutes 17. Apply essence evenly to face, 1 minute. 18. <b>Face RF</b> operation, lift upwards from jaw to earlobe, mouth corner to ear center, nose wing to temple, 3 times. 19. Do the same on the other side. 20. Lift towards hairlines on forehead, 3 times.</p>	<div data-bbox="1161 203 1283 398" data-label="Image"> </div> <p>Technique6</p> <div data-bbox="1161 465 1283 660" data-label="Image"> </div> <p>Technique8, 18</p> <div data-bbox="1161 728 1283 922" data-label="Image"> </div> <p>Technique10, 12, 20</p> <div data-bbox="1161 990 1283 1184" data-label="Image"> </div> <p>Technique15</p> <div data-bbox="1161 1252 1283 1447" data-label="Image"> </div>
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		<p>21. Wash face clean, 2 minutes.</p> <p>22. Apply toner, 1 minute.</p> <p><b>23. Laser pad</b> operation, fix small laser pads on the fat area of jaw, 20 minutes</p> <p>24. Remove the pads</p> <p>25. Wash face clean, 2 minutes</p> <p>26. Apply face mask, 15 minutes</p> <p>27. Wash face clean, 2 minutes</p> <p>28. Apply toner, essence, face cream and suncream</p> <p>29. The end</p>	
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**Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one session, skin will be firmed and hydrated with necessary nutrients absorbed. After a full course, skin will be lifted with glow. The condition of double chin will be relieved. Two courses help increase skin smoothness and plumpness and make face contour clearer. Three courses help promote skin metabolism and detoxification, fade pigmented spots and brighten dull skin, prevent skin from sagging and ageing and make the collagen at skin bottom regenerate to leave skin rejuvenated, smoothed and firmed. In this way, you will have attractive V-shaped face.

**Waist&Abdomen Shaping: 90 min once a week**

<p><b>40K</b> Energy: 30-70% Time: 10-15 min Mode: M1/M2</p> <p><b>Body RF</b> Energy: 30-70% Time: 15-20 minutes Mode: NOR/P RO</p> <p><b>Laser Pad</b> Energy: 30-70% Time: 20 min Mode: M1/M2/M3</p>	<p>Massage Cream(Essential Oil)+Gel+RF Cream+WL-7006C</p>	<ol style="list-style-type: none"> <li>1. Massage technique</li> <li>2. Rub oil into abdomen with hands moving in circular motion, 3 times.</li> <li>3. Rub abdomen back and forth with both hands, 3-5 times.</li> <li>4. Knead abdomen with both hands using chiropractic technique, 3 times.</li> <li>5. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</li> <li>6. Move hands in 8-shaped motion with right hand and left hand moving clockwise and anti-clockwise respectively on waist, 3 times.</li> <li>7. Overlap hands and massage the intestinal canal</li> </ol>	<p>Technique2, 8, 11</p>  <hr/> <p>Technique3, 19</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>
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clockwise, 3 times.

8. Move hands in circular motion to soothe the treatment area, 3 times.

9. Apply digital pressing technique on the following acupoints: RN13, RN12, RN10, RN8, RN6, RN4, RN3, ST25, SP15, 2 times.

10. Starting from RN3 point, push to belly navel, slide to waist and then lift upwards to groin with both thumbs, 3 times.

11. Soothe the treatment area with hands and then slide to groin.

12. Wipe the area clean with towel and then apply gel evenly

13. **4OK** operation: one side, lift from waist side to abdomen and to groin line by line, 3-5 times.

14. Repeat the technique on the other side.

15. Move the handle on abdomen in a small spiral curve, 3 times.

16. Move the handle on abdomen in a big spiral curve, 3 times.

17. Apply RF cream evenly.

18. **Body RF** handle operation, one side, lift from waist side to abdomen line by line, 3 times

19. Do the same on the other side

20. Lift Meridian BV(Belt Vessel) horizontally back and forth, 3 times

21. Move the handle up and down to shape waist, 3 times

22. Move the handle on abdomen in a big spiral curve, 3 times.

23. One side, lift from waist side to abdomen line by line, 3 times

24. Repeat the technique on



Technique6



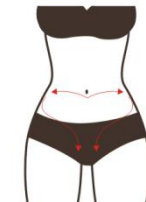
Technique7



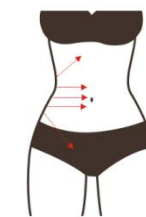
Technique9



Technique10



Technique13, 18, 24

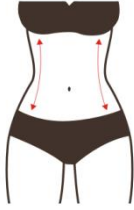


Technique15, 22



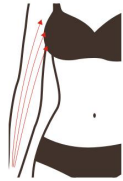


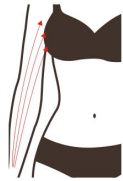
Technique16, 23



		<p>the other side.  25. Wipe the are clean with towel.  26. <b>Laser pad</b> operation: fix the pad on abdomen and waist for about 20 min.  27. Remove the pads  28. The end.</p>	<p>Technique21</p> 
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**Treatment Suggestions**  
A course of treatment consists of ten treatment sessions. After one treatment session, metabolism will be accelerated. After one course, fat will be slowly metabolized, body will start to slim down. Constipation and other issues will be relieved at the same time. After two courses, the effects will gradually become obvious, skin will be tightened and lifted, and skin collagen will be increased. Stretch marks and flabby skin are also alleviated. Three courses will help consolidate the effects. Unwanted fat will gradually disappear, and waist and abdomen curves will start to take shape.

**Arm Shaping: 90 min once a week**

<p><b>40K</b>  Energy: 30-70%  Time: 10-15 min  Mode: M1/M2</p> <p><b>Body RF</b>  Energy: 30-70%  Time: 10-15 minutes  Mode:NOR/P RO</p> <p><b>Laser Pad</b>  Energy: 30-70%  Time: 15-20 min  Mode: M1/M2/M3</p>	<p>Massage  Cream(Essential Oil)+Gel+RF  Cream+WL-7006C</p>	<ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times.</li> <li>3. Push the entire arm with both palms, 3 times.</li> <li>4. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with thumbs and index fingers splaying, 3 times.</li> <li>5. Soothe the area, 3 times</li> <li>6. Rub three main collateral channels on arms with kneeling finger back and forth till they turn hot, 3 times.</li> <li>7. Soothe the area, 3 times</li> <li>8. Lay inner arm upwards, and push hands tracing three yin meridians on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to</li> </ol>	<p>Technique2, 3, 4, 5, 6, 7</p>  <p>Technique8, 9</p>  <p>Technique10</p>  <p>Technique13, 16, 21, 24</p>  <p>Technique14, 15, 22, 23</p>
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armpit with thumbs and index fingers splaying, 3 times respectively.

9. Rub three meridians back and forth with bending fingers to warm them up, 3 times.

10. Soothe the area and slide to fingers

11. Repeat above techniques on the other side.

12. Wipe the area clean with towel, and apply gel evenly to arm.

13. **40K** operation: lay customer's arm flat, push three meridians from fat part of lower arm to armpit, 3 times.

14. Move the handle in a spiral curve along three meridians to armpit, 3 times.

15. Redouble the operation on flabby arms, 3 times.

16. Move the handle along three meridians to armpit, 3 times.

17. Lay inner arm upwards and push three meridians on upper arm to armpit, 3 times.

18. Move the handle in a small spiral curve along three meridians on upper arm to armpit, 3 times.

19. Move the handle along three meridians from upper arm to armpit.

20. Repeat the operation on the other side.

21. **Body RF** operation: lay customer's arm flat, push three meridians from fat part of lower arm to armpit, 3 times.

22. Move the handle in annular motion along three meridians to armpit, 3 times.

23. Redouble the operation on flabby arms, 3 times.

24. Move the handle along



Technique17, 25



Technique19, 27






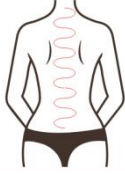
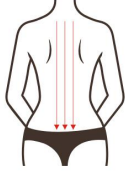
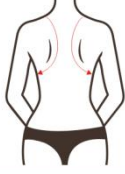


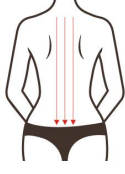

		<p>three meridians to armpit, 3 times.</p> <p>25. Lay inner arm upwards and push three meridians on upper arm to armpit, 3 times.</p> <p>26. Move the handle in circles along three meridians on upper arm to armpit, 3 times.</p> <p>27. Move the handle along three meridians from upper arm to armpit.</p> <p>28. Repeat those techniques on the other arm.</p> <p>29. Wipe arms clean with towel.</p> <p>30. <b>Laser pad</b> operation: fix the pads on fat area, about 15 minutes</p> <p>31. Remove the pads</p> <p>32. The end.</p>	
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. And obvious results will be seen in about 2 months. After one course of treatment, arms will become obviously thin. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Back Shaping: 60 min once a week**

<p><b>Body RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR/PRO</p> <p><b>Laser Pad</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>	<p>Massage Cream(Essential Oil)+WL-7006C</p>	<ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Apply oil to back and press GB-20 and DU-16 acupoints.</li> <li>3. Pluck Dabanjing(the area connecting neck and shoulder) (from hairline), 3-5 times</li> <li>4. Move thumb outwards from Bladder Meridian(BL) to the Baliao area and then to GB-20 and DU-16 points.</li> <li>5. Starting from neck to caudal vertebra, move hands in an undulating line, 3 times.</li> <li>6. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.</li> </ol>	<p>Technique2, 11</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>
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		<p>7. Push Bladder Meridian(BL) to the Baliao Area with both thumbs, at the same time, 3 times.</p> <p>8. Push Bladder Meridian(BL) in three lines with bending fingers, 3 times.</p> <p>9. Push along medial border of scapula with both hands alternately in left-right order, 3-6 times.</p> <p>10. Push along medial border of scapula with both hands horizontally, 3-6 times.</p> <p>11. Soothe the back with both hands and push GB-20 and DU-16 points, 3 times.</p> <p>12. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times.</p> <p>13. Do the same on the other side,3 times</p> <p>14. Rub Meridian GV and Bladder Meridian(BL) with hands to warm them up.</p> <p>15. The end</p> <p>16. <b>Body RF</b> operation: move handle along Meridian GV and Bladder Meridian(BL) respectively from neck to the Baliao area, 3-5 times.</p> <p>17. Move handle in circles on DU-14 point and on the Baliao area, 3-5 times respectively.</p> <p>18. Move handle back and forth on Dabanjing(the area connecting neck and shoulder)from neck, 3-5 times.</p> <p>19. Lift the handle along the medial border of scapula back and forth in left-right order, 3-5 times.</p> <p>20. Move the handle in an 8-shaped motion downwards to Baliao area, 3 times.</p> <p>21. Move the handle in an undulating line upwards from left side of waist first</p>	 <hr/> <p>Technique5</p>  <hr/> <p>Technique6, 7, 8, 14</p>  <hr/> <p>Technique9, 19</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique12, 13</p>  <hr/> <p>Technique16</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p>
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		<p>and then the right side to armpit, 3 times.</p> <p>22. Move the cup upwards from waist side to armpit, 3-5 times</p> <p>23. Wipe back clean with towel.</p> <p>24. <b>Laser pad</b> operation:fix the pads on fat area, about 15 minutes</p> <p>25. Remove the pads</p> <p>26. The end.</p>	 <p>Technique20</p>  <p>Technique21</p>  <p>Technique22</p> 
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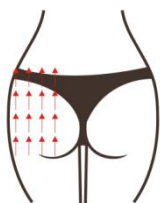

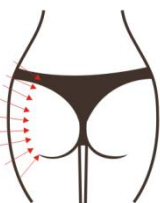

**Treatment Suggestions**

A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, neck stiffness will also be alleviated, and skin will be lifted. A course will help relax shoulder, reduce back fat, relieve the lump on the nape of the back, and shape back line. After two courses, the lump will appear to be smaller, meridians will be dredged, sub-health problems will be relieved and sleep quality will be improved. 3 courses will help with back thinning, back line refinement, strengthening visceral function, improving digestion, detoxification and metabolism(one course of treatment is to reduce fat, two courses are to strengthen effects, and three courses help consolidate effects and prevent reappearance of above conditions).

### Hip Shaping: 60 min once a week

<p><b>Body RF</b> Energy: 30-70% Time: 15-20 minutes Mode: NOR/PRO</p> <p><b>Laser Pad</b> Energy: 30-70% Time: 20 min</p>	<p>Massage Cream(Essential Oil)+WL-7006C</p>	<ol style="list-style-type: none"> <li>1. Massage technique</li> <li>2. Standing on the side, rub oil into skin by sliding to the waist from the Baliao area and then lift up along the hips from the waist, 3 times (this is soothing technique.)</li> <li>3. Push the Baliao area with two thumbs, 3 times.</li> <li>4. Soothe the treatment area for 3 times and then press point: Bl-23, Baliao area, DU-</li> </ol>	<p>Technique1, 4</p>  <p>Technique2</p>
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<p>Mode: M1/M2/M3</p>		<p>1, GB-30, BL-36, 3 times. 5. Soothe the treatment area, 3 times. 6. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times each. 7. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB)from thigh root to Meridian upwards, 3 times each. 8. Overlap both palms and push up together from thigh root to pulse (lifting), 3 to 5 times. 9. Push your hands upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times. 10. Repeat step 6 11. Soothe the treatment area. 12. The techniques on the other side is the same as above. 13. The end. 14. <b>Body RF</b> operation: lift from the top of thigh to Meridian BV line by line, 3 times. 15. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times. 16. Move the handle in small spiral curve on hip, 3-5 times 17. Lift from the top of thigh to Meridian BV line by line, 3 times. 18. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times. 19. Do the same on the</p>	 <p>Technique3</p>  <p>Technique6, 12, 15</p>  <p>Technique7</p>  <p>Technique8, 13, 16</p>  <p>Technique14</p> 
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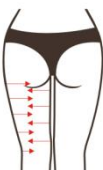
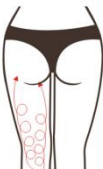



		<p>other side.</p> <p>20. <b>Laser pad</b> operation:fix the pads on fat area, about 20 minutes</p> <p>21. Remove the pads</p> <p>22. The end.</p>	
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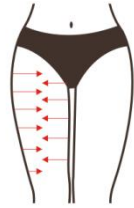
**Treatment Suggestions**

One course of treatment consists of 10 treatment sessions. After one treatment, buttocks will experience the sensations of being heated and lifted. After one course of treatment, buttocks start to show obvious curve lines, excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are relieved, which can help consolidate the effect to mare females more attractive.

**Leg Shaping: 60 min once a week**

<p><b>40K</b> Energy: 30-70% Time: 10-15 min Mode: M1/M2</p> <p><b>Body RF</b> Energy: 30-70% Time: 15-20 min Mode: NOR/PRO</p> <p><b>Laser Pad</b> Energy: 30-70% Time: 20 min Mode: M1/M2/M3</p>	<p>Massage Cream(Essential Oil)+Gel+RF Cream+WL-7006C</p>	<ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Customer lies on his front, back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times</li> <li>3. Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times</li> <li>4. Move hands upwards to push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with thumb and index finger splaying.</li> <li>5. Push popliteal fossa with both hands alternately, 3 times.</li> <li>6. Move both hands upwards alternately in undulating motion, 3 times.</li> <li>7. Soothe the area, 3 times</li> <li>8. Push four meridians upwards with bending fingers of both hands, 3 times.</li> <li>9. Soothe the area, 3 times</li> <li>10. Repeat the operation on</li> </ol>	<p>Technique2, 3, 4, 5, 7, 8, 9</p>  <p>Technique6</p>  <p>Technique12, 14, 21</p>  <p>Technique13, 22, 23</p>  <p>Technique15, 17, 24</p>
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		<p>the other side.</p> <p>11. Wipe leg clean with towel, and then apply gel evenly to the treatment area.</p> <p>12. <b>40K</b> operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>13. Move in small spiral curve on calf to dissolve fat, 3 times</p> <p>14. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times.</p> <p>15. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>16. Move the handle in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>17. Push meridians from popliteal fossa to the top of thigh, 3 times</p> <p>18. Move the handle in small spiral curve on thigh to dissolve fat, 3-5 times.</p> <p>19. Repeat the techniques on the other leg.</p> <p>20. Wipe legs clean with towel and apply RF cream evenly.</p> <p>21. <b>Body RF</b> operation: lift from heel to popliteal fossa line by line with one hand and the handle, 3 times</p> <p>22. Move the handle in small circles on calf, 3 times</p> <p>23. Move the handle on calf from top to bottom back and forth,3-5 times.</p> <p>24. Lift from popliteal fossa to the top of thigh, 3 times.</p> <p>25. Move the handle in small circles on thigh, 3 times.</p> <p>26. Lift from two sides of leg</p>	 <p>Technique16, 18, 25</p>  <p>Technique26</p>  <p>Technique27</p>  <p>Technique29, 30, 31, 37, 40, 43</p>  <p>Technique39, 46</p>  <p>Technique38, 44</p>  <p>Technique45</p>
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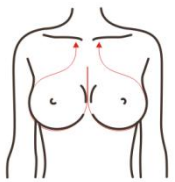
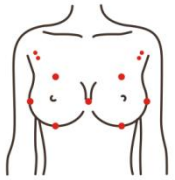
	<p>to the middle, 3 times.</p> <p>27. Lift upwards from two sides of thigh in annular motion</p> <p>28. Do the same on the other side.</p> <p>29. Massage the front side of legs: rub oil into skin from feet to thigh root(soothe the treatment area), 3 times</p> <p>30. Push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to the top of thigh with thumb and index finger splaying.</p> <p>31. Push four meridians with bending fingers of both hands,3 times</p> <p>32. The end</p> <p>33. Do the same on the other side.</p> <p>34. Wipe legs clean with towel and apply gel evenly</p> <p>35. <b>40K</b> handle operation: lift the handle towards knee from calf while tracing 4 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>36. Move the handle on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>37. Lift the handle from knee to the top of thigh line by line, 3 times.</p> <p>38. Move the handle in small circles on thigh, 3 times.</p> <p>39. Lift the handle from knee to the top of thigh in annular motion, 3 times.</p> <p>40. Lift the handle from knee to the top of thigh line by line, 3 times.</p> <p>41. Wipe leg clean with towel and apply RF cream evenly.</p> <p>42. <b>Body RF</b> operation: lift</p>	
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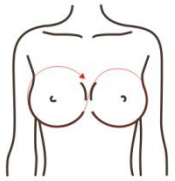
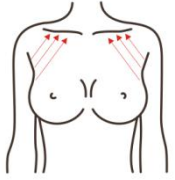
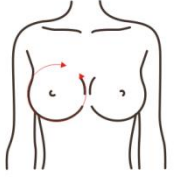
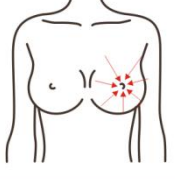
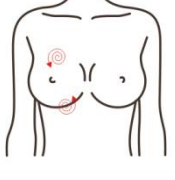

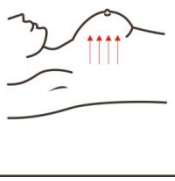
		<p>the cup towards knee from calf while tracing 4 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>43. Lift from knee to the top of thigh,3 times</p> <p>44. Move in small circles on thigh, 3 times.</p> <p>45. Lift from two sides of thighs to the middle, 3-5 times.</p> <p>46. Lift upwards on two sides of thigh in annular motion.</p> <p>47. Do the same on the other thigh.</p> <p>48. Wipe legs clean with towel.</p> <p>49. <b>Laser pad</b> operation: fix the pads on fat area of hips, about 20 minutes</p> <p>50. Remove the pads</p> <p>51. The end.</p>	
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**Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one treatment, leg will be relaxed, and circulation will be accelerated. After one course of treatment, leg will become thin, there will be contraction of skin collagen due to heat effect, and tightening effect can be obviously felt on the skin. After 2 courses of treatment, there will be obvious results with the slimness and firmness of legs promoted. 3 courses will help consolidate the effects. This treatment can stimulate dermis to promote constant collagen regeneration. So the treatment results will be more obvious.

**Breast Shaping: 60 min once a week**

<p><b>Body RF</b> Energy: 30-70% Time: 15-20 minutes Mode: NOR/PRO</p>	<p>Massage Cream(Essential Oil)+WL-7006C</p>	<p>1. Standing at the bedside, use both hands to rub oil into skin from Shanzhong(RN17) to armpit and then lift the suspensory ligament (massage) for 3 times.</p> <p>2. Use both thumbs to press acupoints: Shanzhong(RN17), Rugen(ST18), Dabao(SP21), Yingchuang(ST16), Zhongfu(LU1), Yunmen(LU2) 3 times</p>	<p>Technique1</p> 
			<p>Technique2</p> 
			<p>Technique4</p>

		<p>3. Massage the area, 3 times</p> <p>4. Overlap two palms and move from Shanzhong(RN17) in a 8-shaped motion back and forth, 3 times</p> <p>5. Alternate hands to push from accessory breast towards suspensory ligament, in left-right order</p> <p>6. Massage the area, 3 times</p> <p>7. Sit beside the customer, use both palms to massage and lift breasts in a left-right order, 3-5 times</p> <p>8. Alternately push the lactiferous ducts (around the breast) with thumbs and index fingers splaying 3-5 times</p> <p>9. Alternately move in circles with two thumbs to dredge nodules on the chest, 3 times</p> <p>10. Massage and lift breast with both hands</p> <p>11. Repeat the techniques on the other breast.</p> <p>12. <b>Body RF</b> handle operation: left-right order, lift towards nipple around breast in conjunction with soothing technique of the other hand, 5-8 times</p> <p>13. Lift in circles on the breast towards collarbone in conjunction with soothing technique of the other hand, 5-8 times</p> <p>14. Move in small circles to dredge the area where nodules exist, 3-5 times</p> <p>15. Treatment receiver lies on her side and lift up her arm, move the handle in circular motion on accessory breast to burn fat, 5-8 times.</p> <p>16. Push the handle from the accessory breast in the armpit to breast(shaping and narrowing the accessory</p>	 <p>Technique5</p>  <p>Technique7, 13</p>  <p>Technique8, 12</p>  <p>Technique9, 14</p>  <p>Technique15</p>  <p>Technique16</p> 
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		breast) 5-8 times 17. Repeat the techniques on the other side. 18. Wipe breasts clean with towel, the end.	
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**Treatment Suggestions**

One course of treatment consists of ten treatment sessions. After one treatment, there will be sensation of heat on the breast, blood circulation will be promoted and there will be some degree of lifting effect. After one course, the effect will be more obvious and the nodules will be relieved. After three courses, the skin will be firmed and the breast will be well shaped with increased elasticity. The functions of endocrine system will be improved to make females more attractive.

**Arm Vacuum&Cooling Treatment: 60 min once a month**

<b>Vacuum&amp;Cooling</b> Temperature : -5°C to 3°C Time: 10-30 min  Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.	Towel+Frostbite-proof Membrane+Vacuum&Cooling Handle	1. Wipe arms clean with towel. 2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area. 3. Wrap the strap around the fat area. 4. Set the temperature and working time of the handle. 5. Fix the handle on the membrane. 6. Start the treatment, wait for about 10-30 minutes. 7. Remove the handle and the membrane, and wipe the area clean. 8. The end.	Please note: you will have the obvious sensation of arm's being tightened.  Arms may experience slight swelling, redness and other mild skin reactions after treatment, which is normal. You don't need to worry about that.
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. And obvious results will be seen in about 2 months. After one course of treatment, arms will become obviously thin. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Waist&Abdomen Vacuum&Cooling Treatment: 30 min once a month**

<b>Vacuum&amp;Cooling</b> Temperature : -5°C to 3°C Time: 10-30	Towel+Frostbite-proof Membrane+Vacuum&Cooling Handle	1. Wipe waist and abdomen clean with towel. 2. Choose proper frostbite-proof membrane and apply it to the treatment area	Please note: the vacuum cup will gradually draw the fat area tight. The higher the suction
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<p>min</p> <p>Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p>		<p>according to the size of fat area.</p> <p>3. Set the temperature and time of the handle.</p> <p>4. Fix the handle on the membrane. Start the treatment, adjust the suction level based on individual endurance, wait for about 10-30 minutes.</p> <p>5. Remove the handle and the membrane, and wipe the area clean.</p> <p>6. Repeat the operation on the other side.</p> <p>7. The end.</p>	<p>level is, the tighter the cup draw the fat area.</p> <p>Because there is air in the membrane between the handle and skin, bubbles will form on the membrane.</p> <p>The vacuum and cooling functions can work at the same time.</p> <p>Waist and abdomen may experience slight swelling, redness and other mild skin reactions after treatment, which is normal. You don't need to worry about that.</p>
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. And obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. After one course of treatment, fat on waist and abdomen will be greatly reduced. And skin will be tightened and waist curves will be noticeable. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Back Vacuum&Cooling Treatment: 30 min once a month**

<p><b>Vacuum&amp;Cooling</b></p> <p>Temperature : -5°C to 3°C</p> <p>Time: 10-30 min</p> <p>Suction: adjust it based on individual endurance. Setting it at</p>	<p>Towel+Frostbite-proof Membrane+Vacuum&amp;Cooling Handle</p>	<p>1. Wipe back area clean with towel.</p> <p>2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</p> <p>3. Set the temperature and time of the handle.</p> <p>4. Fix the handle on the membrane. Start the treatment, adjust the suction level based on individual</p>	<p>Please note: you will have the obvious sensation of back's being tightened. And the vacuum cup will gradually draw the fat area tight.</p> <p>Back may experience slight swelling, redness and other mild skin reaction after</p>
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lowest level at the beginning is recommended to avoid discomfort.		endurance, wait for about 10-30 minutes. 5. Remove the handle and the membrane, and wipe the area clean. 6. Repeat the operation on the other side. 7. The end.	treatment, which is normal. You don't need to worry about that.
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**Treatment Suggestions**  
 One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, back will become thinner and unwanted fat will begin to disappear. And obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

## Hip Vacuum&Cooling Treatment: 30 min once a month

<b>Vacuum&amp;Cooling</b> Temperature : -5°C to 3°C Time: 10-30 min.  Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.	Towel+Frostbite-proof Membrane+Vacuum&Cooling Handle	1. Wipe hip clean with towel. 2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area. 3. Set the temperature and time of the handle. 4. Fix the handle on the membrane. Start the treatment, adjust the suction level based on individual endurance, wait for about 10-30 minutes. 5. Remove the handle and the membrane, and wipe the area clean. 6. Repeat the operation on the other side. 7. The end.	Please note: you will have the obvious sensation of being tightened on hips  Hips may experience slight swelling, redness and other mild skin reaction after treatment, which is normal. You don't need to worry about that.
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**Treatment Suggestions**  
 One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, unwanted fat on hips will begin to disappear and skin will be tightened. Obvious results will be seen in about 2 months. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

## Leg Vacuum&Cooling Treatment: 30 min once a month

<p><b>Vacuum&amp;Cooling</b>          Temperature : -5°C to 3°C          Time: 10-30 min</p> <p>Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p>	<p>Towel+Frostbite-proof Membrane+Vacuum&amp;Cooling Handle</p>	<ol style="list-style-type: none"> <li>1. Wipe leg clean with towel.</li> <li>2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</li> <li>3. Set the temperature and time of the handle.</li> <li>4. Fix the handle on the membrane. Start the treatment, adjust the suction level based on individual endurance, wait for about 10-30 minutes.</li> <li>5. Remove the handle and the membrane, and wipe the area clean.</li> <li>6. Repeat the operation on the other leg.</li> <li>7. The end.</li> </ol>	<p>Please note: you will have the obvious sensation of leg's being tightened</p> <p>Legs may experience slight swelling, redness and other mild skin reaction after treatment, which is normal. You don't need to worry about that.</p>
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### **Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, unwanted fat on legs will begin to disappear, skin will be tightened and legs will begin to become slender. Obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.