

# User Manual

WL-515S



## Preface

To our valued users,

Thanks for choosing our latest 3-in-1 integrated beauty equipment. This newest body slimming and skin tightening instrument combines Face RF, Body RF, and 40K. WL-515S is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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# Part I

## 1. Introduction

40K and RF machines are currently the most popular detox, tightening, and shaping instruments. It can effectively replace all the body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It has no side effects, but it has an immediate impact. And it's operated externally throughout. Radiofrequency heats deep skin, stimulates collagen hyperplasia and recombination of the dermis, and accelerates blood circulation of the underlying skin. Thus, skin tightening and plumpness, anti-aging, and senility prevention can be achieved. Ultrasonic waves of a particular frequency aim at body parts having difficulty reducing fat, bringing fantastic effects.

## 2. Advantages

- (1) 3-in-1 multifunctional beauty equipment fixes facial and body care problems.
- (2) It has multiple handpieces, which can be changed per the body parts to be treated and different requirements.
- (3) It adopts the most advanced ultrasonic cavitation technique in the world.
- (4) The perfect match of ultrasonic wave and RF will address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
- (5) It's comfortable, painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
- (6) It has zero consumption and is low-cost, but it gives a quick return.
- (7) It has a broader treatment range and an evident effect.
- (8) Unevenness, bleeding, and swelling will not occur.
- (9) All the handpieces emit intense pulsed light of red, accelerate metabolism, reduce inflammation in and disinfect the skin while massaging and dissolving fat, presenting an evident effect and better comfort level.

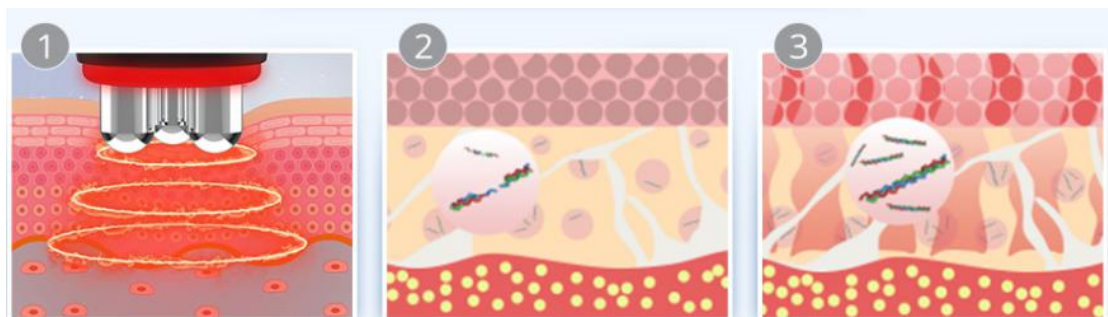
## 3. Principle

### (1) Face RF

Radiofrequency waves directly penetrate the skin and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

The treated parts can experience an apparent shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become more evident. Depending on body parts to be treated and ways of maintenance, the effect of RF can be maintained about 18 months to 3 years, or varies, or extends even longer in line with methods of care. According to the latest research, a better effect can be achieved after multiple times of treatments.

**Biological Effect:** Radiofrequency can vibrate high-frequency radio waves one million times per second, penetrating the epidermis, acting directly on the dermis, intensely heating collagen cells, and stimulating collagenous fiber growth. Thus, it's supported by a great deal of new collagen, making the skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of the fat on the surface layer. Thus, slack and saggy facial parts can be tightened and lifted.

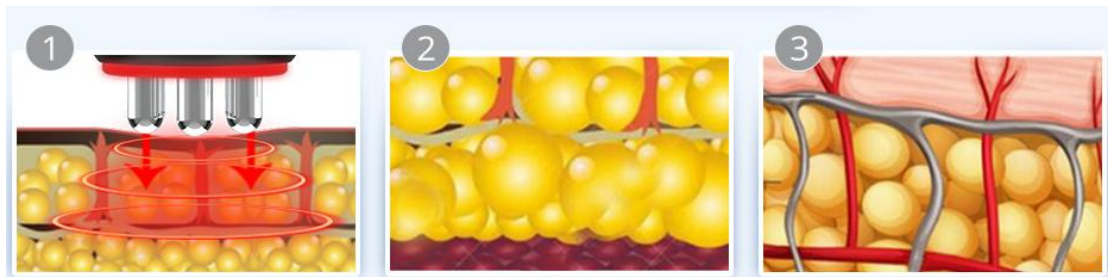


## (2)Body RF

Particular radiofrequency waves, produced by RF thermal effect in certain depth under the skin, penetrate the epidermis directly acting its impact on the dermis to heat tissue, accelerate metabolism and decomposition of subcutaneous fat, and stimulate hyperplasia and restructuring of collagen and elastic fibers. With the continuous neogenesis and realignment of collagen in the dermis. The effect of lifting and tightening can be felt instantly after having the slack skin treated.

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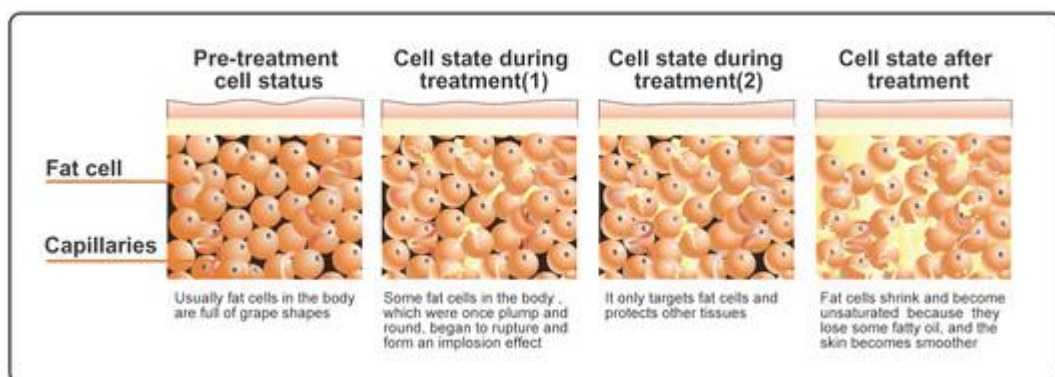


### (3)40K

It utilizes the handpiece that has gathered strong sound waves to emit sound waves with a frequency of 40,000 Hz. It can effectively consume heat and cellular moisture and shrink fat cells by the collected intense sound waves entering the body that causes fat cells to produce violent strikes and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

**The cavitation principle of ultrasonic wave:** When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasonic waves and close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

**Advantages:** It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like blood vessels and nerves.



## 4. Anti-aging Facial & Skin Tightening

### (1) Handpiece

Face RF

### (2) Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance skin absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.

### (3) Indications

- 1) Those with a dark or lustreless face.
- 2) Those with flabby or saggy skin.
- 3) Those with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) Those with vague facial contour.
- 5) Those with coarse skin or large pores.
- 6) Those who are under long-term exposure to UV radiation in the workplace.
- 7) Those with flabby skin, edema, or puffiness after child delivery.

### (4) Contraindications

- 1) Those who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) Those who recently injected hyaluronic acid, did skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) Those in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) Those with skin trauma or wounds.
- 6) Those who are overage.
- 7) Those in menstruation, pregnancy, lactation, or surgical recovery.
- 8) Those with skin disease or infectious disease.
- 9) Those who have an unrealistic illusion about the effect.

### (5) Matters Needing Attention After Treatment

- 1) Do not wash your face with overheated water within three days (can wash it with

warm or cold water).

- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs or saunas or do strenuous exercise, etc., within three days.
- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.

## 5. Eye Wrinkle Removal

### (1) Handpiece

Face RF

### (2) Efficacy

- 1) Relieve eye fatigue, black eyes, eye bags, and edema.
- 2) Relieve periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

### (3) Indications

- 1) Those with wrinkles, fine lines, eye bags, or black eyes.
- 2) Those with dry skin, dry lines, or dynamic wrinkles.
- 3) Those whose eyes are prone to fatigue or dryness.
- 4) Those who always face computer or cellphone.
- 5) Those with black eyes due to staying up late.

### (4) Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) Those with skin trauma or wounds.
- 5) Those who are overage.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.



## (5) Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water and apply an eye mask at least three times a week since the treated parts are dry.

## 6. Neck Maintenance

### (1) Handpiece

Face RF

### (2) Efficacy

- 1) Reduce neck's fine lines and wrinkles.
- 2) Relieve neck with slack, coarse, or lusterless skin.
- 3) Tighten skin and increase skin elasticity.
- 4) Relieve double chin.

### (3) Indications

- 1) Those whose neck has fine lines or wrinkles.
- 2) Those whose neck has slack or inelastic skin.
- 3) Those with dark or lusterless skin.
- 4) Those who always lower their heads.

### (4) Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period or with severely sensitive skin.
- 4) Those with skin trauma or wounds.
- 5) Those who are overage.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

## (5)Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply a neck mask which should do at least three times a week.

## 7. Body Management

### (1)Waist & Abdomen Sculpting

#### 1) Handpiece

40K + BODY RF

#### 2) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Powerfully dissolve fat and eliminate big tummy.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten skin and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.
- Remove edema and hold the belly in after child delivery.

#### 3) Indications

- Those with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Those with fat waist and abdomen, fat accumulation, or flab.
- Those with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- Those with unsightly waistlines due to sitting too long.
- Those with striae distensae or stretch marks.
- Those with constipation or whose abdomens have obstructed channels and collaterals.
- Those whose abdomen has edema after child delivery.

## 4) Contraindications

- Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those with severe gynecological diseases.
- Those whose gynecological diseases are in treatment.

## 5) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

## (2) Arm Sculpting

### 1) Handpiece

40K + BODY RF

### 2) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Alleviate arms' soreness and swelling.
- Accelerate blood circulation and dredge channels and collaterals.

### 3) Indications

- Those with thick arms or who look unsightly in clothes.
- Those with bat wings or flabby arms.
- Those whose arms have flabby skin.
- Those whose arms are prone to soreness and numbness.
- Those who always carry a baby.

- Those whose arms have edema.

#### 4) Contraindications

- Those who just had plastic surgery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those in the allergic period or with severely sensitive skin.
- Those with skin trauma or wounds.
- Those who are overage.
- Those in pregnancy or surgical recovery.
- Those with skin disease or infectious disease.

#### 5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

### (3) Back Sculpting

#### 1) Handpiece

Body RF

#### 2) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.
- Boost immunity.

#### 3) Indications

- Those with shoulder or back soreness or stiff neck.
- Those with insomnia, dreaminess, or a fading memory.

- Those prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- Those with thick backs or who look unsightly in clothes.
- Those with Dowager's Hump.

#### 4) Contraindications

- Those with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those who have a weak body.
- Those who are drunk, thirsty, overworked, or with a full or empty stomach.

#### 5) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

#### (4) Buttock Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner qi-blood and lower burner qi-blood. It plays a vital role in managing body S-curve and enhancing feminine charm.

##### 1) Handpiece

Body RF

##### 2) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function and tighten the vagina.
- Activate ovary function, stimulate glandular secretion, and increase intimacy

between couples.

- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

### 3) Indications

- Those whose hips are slack, saggy, or have accumulated fat.
- Those with striae distensae or stretch marks.
- Those whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- Those with cold hips or low hip temperature.
- Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- Those with decreased estrogen levels or disharmonious sexual life.

### 4) Contraindications

- Those in menstruation, pregnancy, lactation, or surgical recovery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overage.

### 5) Matters Needing Attention After Treatment

- Keep the buttocks warm and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

## (5) Leg Sculpting

### 1) Handpiece

40K + BODY RF

## 2) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production, and flatten striae distensae.
- Enhance the circulation of the legs and eliminate edema.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

## 3) Indications

- Those with the obstructed blood circulation of the lower limbs, edema, or obesity.
- Those with hyp immunity, who feel uncomfortable and pain all over the body, or who are prone to catch colds.
- Those with constipation or with coarse or slack skin.
- Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

## 4) Contraindications

- Women in menstruation, pregnancy, or lactation.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery.
- Those with severe varicosity or tumors.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overage.
- Those in pregnancy or surgical recovery.

## 5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as far as possible after treatment and avoid wearing miniskirts and mini-shorts.

## (6) Breast Sculpting

### 1) Handpiece

Body RF

### 2) Efficacy

- Adjust breast shape and improve accessory breast.
- Relieve breast nodules, slight hyperplasia, and distending pain in the breast during menstruation.
- Reduce the appearance of the outward expansion of the breast.
- Improve irregular menstruation, spots on the face, and inelastic skin.
- Relieve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

### 3) Indications

- Those whose breast shape is not good-looking or who has accessory breast.
- Those with breast nodules, slight hyperplasia, or who have distending pain in the breast during menstruation.
- Those whose breast has free fat or outward expansion or is saggy.
- Those with hypoimmunity.
- Those with irregular menstruation, spots on the face, or inelastic skin.
- Those who think she has a less developed mammary gland, mastatophy, loose breast, or blocked lactiferous ducts after giving birth.

### 4) Contraindications

- Those with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or impaired major organ functions.
- Those who have been taking anticoagulants, vascular dilations, or corticosteroids for a long time or are taking them now.
- Those with infected skin on the breast.
- Those with severe breast hyperplasia, fibroma, or cyst.
- Women in pregnancy or lactation.

### 5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.



- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.

# Part II

## 1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial interface appears when pressing the power switch.



### (1)Function Selection



Time Setting (the left one is for decreasing time and the right increasing)



Energy Level Setting (the left one is for lowering energy level and the right increasing)



Start/ Pause




RF



40K

## (2)Detailed Operations for FACE & RF



Click" RF", select , and enter the following page.



Time Display

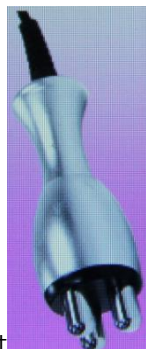


Energy Level Display

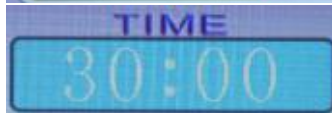


Start/ Pause

## (3)Detailed Operations for BODY & RF



Click" RF", select , and enter the following page.



Time Display




Energy Level Display

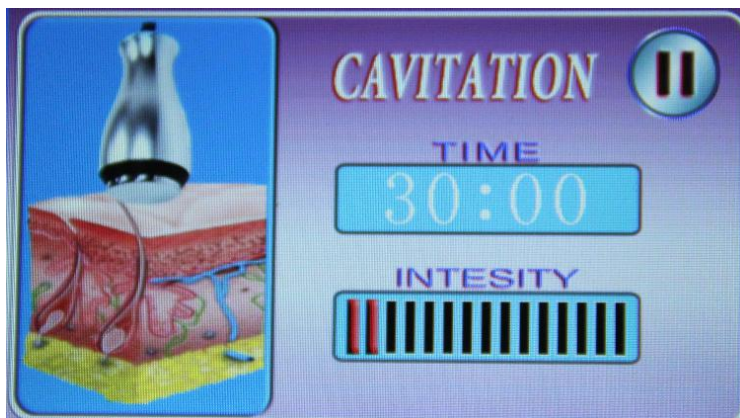


Start/ Pause

#### (4)Detailed Operations for 40K



Click "40K", Select , and enter the following page.



Time Display



Energy Level Display



Start/ Pause

## 2. Technical Parameters

Both 110v and 220v voltage (frequency: 50/60Hz) version are available.

Power: 110W

40K cavitation head:

Power Supply Input: 150V

Intensity: 0-50w/cm<sup>2</sup>

Frequency: 40KHz

Power: 25W

Big Three Pole RF head for body :

Power Supply Input: 66V

Intensity: 0-25w/ cm<sup>2</sup>

Frequency: 1MHz

Power: 35W

Small Three Pole RF head for face

Power Supply Input: 35V

Intensity: 0-15w/cm<sup>2</sup>

Frequency: 1MHz

Power: 15W

Photon

Wavelength: Red Light (650 - 730 nm)

Stimulate the production of collagen. Collagen is the essential protein used to repair damaged tissue and to replace old tissue. Best for fine lines, reduce pore size, swollen after surgery.

## 3. Precautions on Use

- (1) A plug with a ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and normal service life.
- (4) Do not put the equipment in a damp place, near a water source, or sites that expose it to direct sunlight.

- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, a pregnant woman's abdomen, pacemaker, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off after everything is settled. Thus, the safety of the equipment can be kept.
- (10) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.
- (11) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to take it immediately.
- (12) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a weight reduction treatment.
- (13) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (14) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it. Otherwise, it may cause discomfort.
- (15) When operating the instrument, you must keep the parts to be treated moist and avoid operation in dry skin conditions.
- (16) When operating the equipment, do not leave it in the same place over five seconds to avoid uneven energy distribution or scalding.
- (17) You can not use 40K on the head, chest, breast, skeleton, heart, and back.
- (18) It's not advised to use the machine for over two hours. When it reaches two hours, you need to turn off the machine, leave it there for 10 to 30 minutes, and restart it.
- (19) After turning on the machine, you need to touch the skin to operate it and not let it run with doing nothing.
- (20) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life (do not use alcohol to clean it).

## 4. Common Problems & Solutions

- (1) Does the equipment can't be started, and the button lamp on it can't light up?
  - A. Make sure the power cord is plugged into a good power socket.
  - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) Does the equipment don't have radiofrequency output?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.

B. Please check whether the treated parts are cleaned. Grease, oily, or essential oil products may cause poor contact between the handpiece and the body, resulting in no output.

(3) Does the radiofrequency output become weak?

A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.

B. Please check whether there is non-conductive grease on the handpiece, which may cause bad contact, resulting in a weakened output.

C. Please check whether the products used are the adaptive ones specified by the equipment.

(4) Is there an error message on the monitor after the equipment is on?

A. Take out the plug from the back, wait about one minute, reinsert the plug, and restart the equipment.

B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

## 5. FAQs

(1) Q: How long does it take to see the effect of an RF treatment?

A: Usually, the effect can be seen on the same day or within a week. Skin's collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. Radiofrequency regenerates collagen continuously since it stimulates subcutaneous tissue. Therefore, the more times you take the treatment, the more noticeable the effect.

(2) Q: Does radiofrequency harm the skin?

A: Skin tightening and anti-wrinkle with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it causes no harm to the skin. Only local redness and burning will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation, and it will disappear after a moment. Thus, you don't have to worry.

(3) Q: How long does a body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine professional massage techniques and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat-dissolving, rejuvenate skin and make it smooth, do tightening and lifting, reduce the weight of local body parts, build an S curve, and accelerate the whole body's metabolism and detox. Besides, it can also enhance viscera functions and relieve the body's sub-health condition.

(5) Q: Which one is better in terms of weight reduction, liposuction, or this equipment?

A: Liposuction rapidly slims a local body part by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during the operation and has convalescence. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, boosting feminine charm.

(6) Q: Will I experience a rebound after treatment?

A: For weight loss with ultrasonic waves, it's hard for the weight to rebound after reduction. Ultrasonic lipolysis removes fat instead of moisture, and it takes a long time for the fat to be accumulated. Thus, it will not rebound easily.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet to some extent since the metabolism accelerates after a radiofrequency treatment. Therefore, avoid eating spicy, oily, or fried food so as not to affect metabolism. And have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect.

(8) Q: Does it have any side effects on the body?

A: Improving the appearance and shaping the body with radiofrequency is a non-invasive treatment and currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient skin redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin loses moisture due to heat energy produced by radiofrequency. However, the skin turns plump at the initial stage of collagen regeneration, and all those symptoms will vanish after three days. Thus, it has no side effects on the body.

(9) Q: Can ultrasonic waves be used all over the body?

A: Ultrasonic waves break fat cells and burst the cell wall, causing fat in the cells to flow out, which is absorbed and metabolized by lymph. The ultrasonic wave has strong power. The heart is sensitive to sound waves since it's a hollow organ. When the sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasonic waves. (Don't use it on the waist, back, and breast.)

(10) Q: Does ultrasonic wave have side effects on the body?

A: Ultrasonic wave is a non-surgical and non-invasive treatment and requires no anesthetic and surgery. When the collected intense sound waves enter the body, it



causes a violent impact upon the fat cells, blasting them.

It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Only light drumming in the ears may appear during the treatment. It's normal, and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. The ultrasonic focusing effect acts on the adipose layer that is 20mm below the skin. Ultrasonic waves with concentrated energy effectively cause fat cells of the Jiao zone to produce high-speed friction, resulting in heating, breaking, and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(12) Q: Why do I need buttock maintenance?

A: Hip maintenance can help with lymphatic detox, relieve gynecological diseases, and avoid harm caused by buttock blockage. When the buttocks are clogged, gynecological diseases arise for sure. The pelvic cavity and intestinal tract are inside the buttocks. It connects to Daimai (GB26), lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in the front, and anus, vagina, groin, and lymph from below. Under the squeeze of Upper Jiao (upper burner) and Lower Jiao (lower burner) meridian, the hips are most prone to cold, dampness, and blood stasis. When the hips are under cold, it contracts the channels and collaterals of the hips, causing dysmenorrhea, irregular menstruation, dark period blood, blood clot, and obstructed blood flow. It also affects impregnation.

## 6. Packing List

1 x Host

1 x 40KHz cavitation head

1 x Small Three Pole RF head for face

1 x Big Three Pole RF head for body

1 x Holder for probes

1 x Key

1 x Power supply plug ( we stock the USA, UK, AU, EU plug to suit for the country all over the world)

Note: USER MANUAL IS NOT PACKAGED WITH THE MACHINE IN ORDER TO MAKE CLEARANCE EASILY, PLEASE CONTACT US FOR THE USER MANUAL ONCE YOU RECEIVED THE DEVICE, WE WILL SEND THE USER MANUAL TO YOUR MAIL . Thanks.

## 7. Operating Steps

### (1)Anti-aging Facial & Skin Tightening/ Eye Wrinkle Removal/

#### Neck Maintenance

Remove makeup, clean the face, apply toner, massage, use Face RF, apply a facial mask, apply water, face essence, eye/ neck essence, facial/ eye/ neck cream, and sunblock.

Matched Product: RF cream/ massage cream



### (2)Waist & Abdomen/ Arm/ Leg Sculpting




Massage, use BODY RF, 40K, BODY RF, and clean the treated part.

### (3)Back/ Buttock/ Breast Sculpting

Massage, use BODY RF, and clean the treated part.

## 8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
<b>Anti-aging Facial &amp; Skin Tightening: 60 Minutes/ Once a Week</b>			
<b>Face RF</b> Advised Time: 10 to 15 minutes  Advised Energy Level: 3 to 7	Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Cream Mask + Essence + Sheet Mask	1. Remove makeup and clean the face, 5 minutes. 2. Apply the hydrating cream mask to the face and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23),	Technique 5, 7  
			Technique 6  



	<p>Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times.</p> <p>7. Caress the whole face three times.</p> <p>8. Lift from the chin to the earlobe, from the corner of the mouth to Ermen (SJ21), from the wing of the nose to Taiyang (EX-HN5), and from the lower eyelid to Taiyang (EX-HN5), and lift the corner of the eyes. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, then slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Clean the face, 2 minutes.</p> <p>17. Apply essence evenly to the whole face, 1 minute.</p> <p>18. FACE RF: Lift one line after another from the chin to the part below the ear, from the corner of the mouth to</p>	<p>Technique 8, 18</p>  <hr/> <p>Technique 10, 12</p>  <hr/> <p>Technique 15</p>  <hr/>
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	<p>the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>21. Clean the face, 2 minutes.</p> <p>22. Apply a sheet mask and wait 15 minutes.</p> <p>23. Clean the face, 2 minutes.</p> <p>24. Apply toner, essence, facial cream, and sunscreen.</p> <p>25. Treatment ends.</p>	
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**The Recommended Course of Treatment:**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox enhance. And it fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.

**Eye Wrinkle Removal: 25 Minutes/ 2 to 3 Times a Week**



<p><b>Face RF</b> Advised Time: 10 to 15 minutes  Advised Energy Level: 3 to 7</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, 5 minutes.</li> <li>2. Apply toner, 1 minute.</li> <li>3. Apply essence (eye cream) evenly to the eyes with hands moving circlewise, 3 minutes.</li> <li>4. FACE RF: Set the energy level, mode, and operating time (about 10 minutes).</li> <li>5. Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times.</li> <li>6. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</li> <li>7. Draw small circles on the lower eyelid with the device</li> </ol>	<p>Technique 3, 12</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 8</p>
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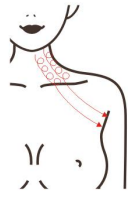



		<p>and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>8. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>9. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>10. Do the same on the other side.</p> <p>11. Clean the eyes, 1 minute.</p> <p>12. Apply an eye mask and wait 15 minutes.</p> <p>13. Remove the mask and clean the eyes, 2 minutes.</p> <p>14. Apply eye essence and eye cream.</p> <p>15. Treatment ends.</p>	 <p>Technique 7</p>  <p>Technique 9 Technique 9</p> 
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**The Recommended Course of Treatment:**

It's advised to take 2 to 3 treatment cycles a week. When you accomplish a treatment cycle, the eye lifts and firms to some extent, and its blood circulation accelerates. After a month, the fine lines and dark circles fade, and the skin color lightens. And the eye skin turns tightened, rejuvenated, and shiny three months later. If you carry it through, it can relieve and prevent eye aging.

**Neck Maintenance: 60 Minutes/ Once a Week**

<p><b>Face RF</b></p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Massage the neck, apply essential oil to the chest with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there.</p>	<p>Technique 3</p>  <p>Technique 4</p> 
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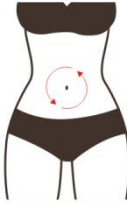
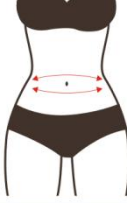
		<p>Repeat three times.</p> <p>5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit, and slide out from there. Repeat three times.</p> <p>6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times.</p> <p>7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment ends.</p> <p>11. Face RF: Lift from double chin to armpit via the back of the ear with the instrument and a hand, and slide out from there. Repeat three times.</p> <p>12. Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13. Slide the equipment from internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise on the neck. Repeat three times.</p>	<p>Technique 5, 6, 7</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 14</p>  <hr/>
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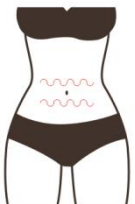
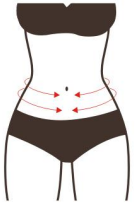


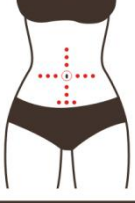
		<p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait 15 minutes.</p> <p>18. Clean the neck with a hot towel and use a hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>20. Treatment ends.</p>	
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**The Recommended Course of Treatment:**


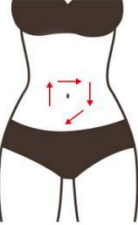
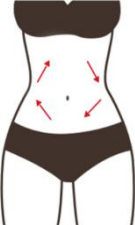

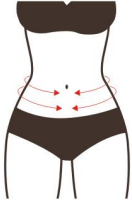
A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymphatic detox speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.

**Waist & Abdomen Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b> Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p><b>40K</b> Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p><b>Body RF</b> Advised Time: 10 to 15 minutes</p>	<p>Essential Oil (Massage Cream) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times.</li> <li>2. Rub the belly back and forth with hands. Repeat 3 to 5 times.</li> <li>3. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</li> <li>4. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times.</li> <li>5. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times.</li> <li>6. Rub intestinal tract with overlapped hands drawing</li> </ol>	<p>Technique 1, 7, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>
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<p>Advised Energy Level: 3 to 7</p>	<p>small circles clockwise. Repeat three times.</p> <p>7. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>8. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), and Daheng (SP15). Repeat two times.</p> <p>9. Push from Zhongji (RN3) to the belly button with the thumbs, slide to the parts below the waist along the two sides, and lift upwards to the groin. Repeat three times.</p> <p>10. Caress the treated parts till groin with hands.</p> <p>11. Body RF: Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>12. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.</p> <p>13. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>14. Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>15. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>16. 40K: Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>17. Shape the waist with hands moving rhombus-shaped motion.</p>	 <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 9</p>
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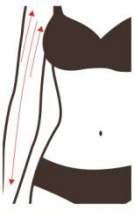
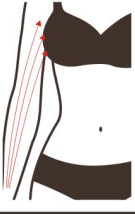





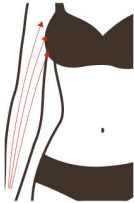
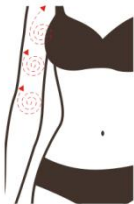
		<p>Repeat 3 to 5 times.</p> <p>18. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>19. Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>20. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>21. Body RF: One Side-Lift from the side of the waist to the belly and one line after another to the groin. Repeat three times.</p> <p>22. Lift the other side. Repeat three times.</p> <p>23. Set the vacuum to interval mode and move it slowly on the abdomen. Repeat three times.</p> <p>24. Set the vacuum to direct suction and sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>25. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>26. Clean the treated parts with a towel. Treatment ends.</p>	 <hr/> <p>Technique 11, 16</p>  <p>Technique 12, 17</p>  <p>Technique 13, 18, 24</p>  <hr/> <p>Technique 14, 15, 19, 20, 25</p>  <hr/>
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**The Recommended Course of Treatment:**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, and the belly holds in. Meanwhile, problems like constipation relieve. When you complete two courses, the effect becomes more apparent, and the skin turns tightened and is lifted. If you finish three courses, the effect consolidates, excess fat disappears gradually, the waist and abdomen's curves sculpt, and a slim waist forms.

**Arm Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b>          Advised Time:          10 to 15          minutes           Advised          Energy Level:          3 to 7</p>	<p>Essential Oil          (Massage          Cream) +          Gel +          Instrument</p>	<p>1. Do it in left-right order.          Lay the arm flatwise, apply          essential oil from the lower          arm to the upper arm with          hands until the hands slide          out. Repeat three times.           2. Push the entire arm with          palms doing it alternately.          Repeat three times.</p>	<p>Technique 1              Technique 2, 3, 4, 5, 6</p>
<p><b>40K</b>          Advised Time:          10 to 15          minutes           Advised          Energy Level:          3 to 7</p>		<p>3. Push Large Intestine          Channel-Triple Energizer          Channel-Small Intestine          Channel of the outer arm          successively till armpit with          hands' purlicue. Repeat three          times.           4. Caress the treated part.          Repeat three times.</p>	<p>           Technique 7</p>
<p><b>Body RF</b>          Advised Time:          10 to 15          minutes           Advised          Energy Level:          3 to 7</p>		<p>5. Rub the three channels          and collaterals of the upper          arm separately and back and          forth with kneeling fingers          until they turn hot. Repeat          three times.           6. Caress the treated part.          Repeat three times.           7. Lay the arm upwards, and          push Lung          Channel-Pericardium          Channel-Heart Channel of the          inner arm till armpit with          purlicue. Repeat three times,          respectively.</p>	<p>           Technique 8, 16, 18,          24, 26</p>
		<p>8. Rub the three channels</p>	<p>           Technique 9</p>




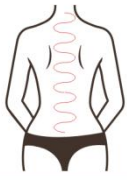
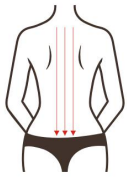
	<p>and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>9. Caress the treated parts till the hands slide out. Repeat three times.</p> <p>10. Treatment ends.</p> <p>11. Do the same on the other side.</p> <p>12. BODY RF: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>13. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>14. You can treat flabby arms more. Repeat three times.</p> <p>15. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>17. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. 40K: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three</p>	 <hr/> <p>Technique 12, 15, 20, 23</p>  <hr/> <p>Technique 13, 14, 21, 22, 32</p>  <hr/>
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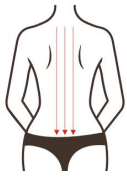


		<p>channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>25. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. Body RF:</p> <p>29. Lay the arms flatwise, and move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>30. Move circlewise on the upper arm. Repeat 5 to 8 times.</p> <p>31. Lay the arms upwards, and sculpt up and down on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>32. Draw small circles on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>33. Clean the treated parts with a towel. Treatment ends.</p>	
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**The Recommended Course of Treatment:**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the arms feel hot and tightened and get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. When you complete two courses, body shaping starts, the effect strengthens, channels and collaterals dredges, and the physique enhances. If you finish three courses, the effect consolidates and stabilizes. Thus, the rebound can be prevented.

**Back Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b>          Advised Time:          15 to 20          minutes</p> <p>Advised          Energy Level:          3 to 7</p>	<p>Essential Oil          (Massage          Cream) +          Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16).</li> <li>3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times.</li> <li>4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times.</li> <li>5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times.</li> <li>6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times.</li> <li>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</li> <li>8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times.</li> <li>9. Push the medial border of the scapula in left-right order with hands doing it</li> </ol>	<p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14</p> 
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	<p>alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Operate the other side. Press Tianzong (SI11) till the arm slide out. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15. Treatment ends.</p> <p>16. BODY RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. For the whole back, draw Arabic numeral eight transversely and from top to down to the sacral region</p>	<p>Technique 9, 19</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>
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		<p>(BL31-BL34). Repeat three times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>Clean the treated parts with a towel. Treatment ends.</p>	 <p>Technique 21</p>  <p>Technique 22</p> 
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**The Recommended Course of Treatment:**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the back gets relaxed, relieving stiff shoulder and neck, and the skin lifts. After a course, the back and shoulder become eased, back fat lessens, Dowager's Hump relieves, and the back outlines turn nice-looking. When you complete two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. If you finish three courses, your back gets thinner, outlines get nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

**Buttock Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b> Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</li> <li>3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times.</li> <li>4. Caress the treated part three times, and then press Shenshu (BL23), sacral region</li> </ol>	<p>Technique 2, 5, 11</p>  <p>Technique 3</p> 
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	<p>(BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Do it in left-right order. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Push from the thigh root to Daimai (GB26) with the palms overlapped (for lifting). Repeat 3 to 5 times.</p> <p>9. Push one line after another and back and forth from the two sides of the buttocks to the highest point on them with hands (for shaping). Repeat three times.</p> <p>10. Repeat technique No.7.</p> <p>11. Caress the treated part.</p> <p>12. Do the same on the other side.</p> <p>13. Treatment ends.</p> <p>14. BODY RF: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15. Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat</p>	<p>Technique 4</p>  <hr/> <p>Technique 6, 14, 17</p>  <hr/> <p>Technique 7, 10</p>  <hr/> <p>Technique 9, 15, 18</p>  <hr/> <p>Technique 16</p>  <hr/>
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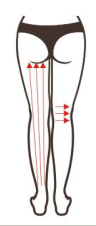



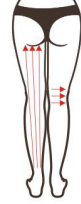




		<p>three times.</p> <p>16. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18. Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Clean the treated parts with a towel. Treatment ends.</p>	
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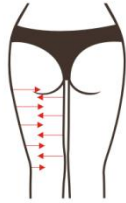
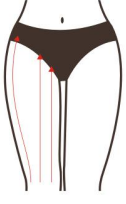

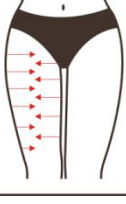
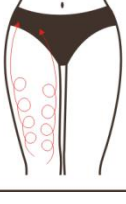
**The Recommended Course of Treatment:**

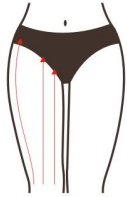
A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift and become hot. After a course, buttock outlines start to get clear, excess fat decreases slowly, and the skin turns tightened. If you finish three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

**Leg Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b> Advised Time: 10 to 15 minutes</p>	<p>Essential Oil (Massage Cream) + Gel + Instrument</p>	<p>1. Rear-leg: Do it in left-right order; let the client lie on his front, apply essential oil from the lower leg to the thigh, back to the heel, and repeat it three times.</p>	<p>Technique 1, 2, 3, 4, 7</p> 
<p>Advised Energy Level: 3 to 7</p>		<p>2. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times.</p>	<p>Technique 5</p> 
<p><b>40K</b> Advised Time: 10 to 15 minutes</p>		<p>3. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times.</p>	<p>Technique 12, 18</p>
<p><b>Body RF</b> Advised Time:</p>		<p>4. Push popliteal fossa with hands doing it alternately.</p>	

<p>10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Repeat three times.</p> <p>5. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Push the four channels and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.</p> <p>8. Caress the treated part. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean the treated part with a hot towel, 2 minutes.</p> <p>11. Apply gel evenly to the treated part, 2 minutes.</p> <p>12. BODY RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p>	 <hr/> <p>Technique 13, 19</p>  <hr/> <p>Technique 14, 18, 24</p>  <hr/> <p>Technique 15, 17, 21, 23, 25</p>  <hr/> <p>Technique 16, 22, 26</p>  <hr/> <p>Technique 27</p>
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	<p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. 40K: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>19. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>20. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>21. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>22. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>23. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>24. BODY RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>25. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>26. Draw small circles from</p>	 <hr/> <p>Technique 28, 29, 30, 31, 32</p>  <hr/> <p>Technique 33, 35, 40, 42, 47</p>  <hr/> <p>Technique 36, 43, 48</p>  <hr/> <p>Technique 37, 44, 49</p>  <hr/> <p>Technique 38, 45, 50</p>
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	<p>the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>27. Lift one line after another from the two sides of the thigh to the middle with the instrument and hands. Repeat 3 to 5 times.</p> <p>28. Fore-leg: Let the client lie flat, and apply essential oil from the lower leg to the thigh root with hands (caressing). Repeat three times.</p> <p>29. Push from the lower leg to thigh root with the base of the palms doing it by turns. Repeat three times.</p> <p>30. Push                      Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>31. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>32. BODY RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>33. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>34. Lift one line after</p>	 <p>A diagram of a female torso from the waist down, showing the meridian lines on the legs and abdomen. The lines are color-coded: red for the Spleen Meridian, black for the Stomach Meridian, blue for the Liver Meridian, and green for the Gallbladder Meridian. The diagram is positioned in the top right corner of the table, above a horizontal line.</p>
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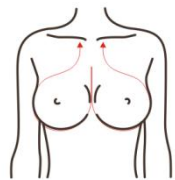
		<p>another from the knee to the thigh root. Repeat three times.</p> <p>35. Draw small circles on the whole thigh. Repeat three times.</p> <p>36. Lift from the two sides of the thigh to the middle with the instrument and hands. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. 40K: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>40. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>41. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>42. Draw small circles on the whole thigh. Repeat three times.</p> <p>43. Lift from the two sides of the thigh to the middle with the instrument and hands. Repeat three times.</p> <p>44. Lift circlewise from the knee to the thigh root. Repeat three times.</p>	
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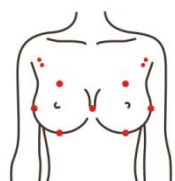
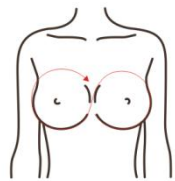
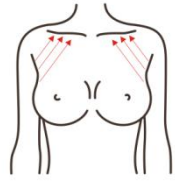
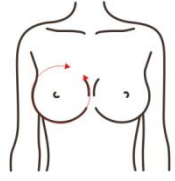
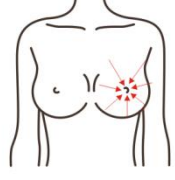
		<p>45. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>46. Body RF: Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>47. Draw small circles on the whole thigh. Repeat three times.</p> <p>48. Lift from the two sides of the thigh to the middle with the instrument and hands. Repeat three times.</p> <p>49. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>50. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>51. Do the same on the other side.</p> <p>52. Clean the treated parts with a towel. Treatment ends.</p>	
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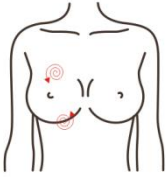


**The Recommended Course of Treatment:**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and you can feel an evident sense of tightening due to the contraction effect generated by collagen tissue. When you complete two courses, your legs turn slim and firm, which presents a noticeable effect. If you finish three courses, the result reinforces. Radiofrequency and ultrasonic waves can stimulate until the dermis and regenerate collagen continuously. Therefore, the curative effect gets more and more evident.

**Breast Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b></p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level:</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<p>1. Stand next to the head of a bed, apply essential oil from Danzhong (RN17) to the armpit with hands, move upwards, and lift Cooper's ligaments simultaneously. Repeat three times.</p>	<p>Technique 1</p> 
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<p>3 to 7</p>	<p>2. Press Danzhong (RN17), Ruzhong (ST17), Dabao (SP21), Yinchuang (ST16), Zhongfu (LU1), and Yunmen (LU2) with thumbs. Repeat three times.</p> <p>3. Caress the treated part. Repeat three times.</p> <p>4. Draw Arabic numeral eight between Danzhong (RN17) and the breasts with palms overlapped. Repeat three times.</p> <p>5. Lift from the accessory breast to Cooper's ligaments with hands, and do it in left-right order. Repeat ten times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Sit next to the client. Do it in left-right order; caress and lift the breast with hands. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breasts with hands' pulicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule part of the breasts with the thumbs moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. BODY RF: Do it in left-right order; lift towards the nipple from the bottom up with the instrument circling the breast, and caress it with your hand. Repeat 5 to</p>	<p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>
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		<p>8 times.</p> <p>13. Lift to the collarbone along breast drawing semi-circle, and caress it with hands. Repeat 5 to 8 times.</p> <p>14. Draw small circles to dredge the parts with nodules. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lifted. Move the equipment circlewise on the accessory breast to burn fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast to the breast with the equipment (remove accessory breast and shape). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treated parts with a towel. Treatment ends.</p>	 <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>  <hr/>
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**The Recommended Course of Treatment:**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the breast is heated, accelerating blood circulation, and you can see the lifting effect. After a course, the effect becomes more evident, and the nodules relieve. If you finish three courses, the skin turns tightened, the shaping reinforces, the breast elasticity boosts, and the internal secretion regulates, making women more charming.