

User Manual

YH-6551



Preface

To our valued users,

Thanks for choosing our latest integrated beauty equipment. This newest body slimming and skin tightening instrument combines micro-current, multipolar RF, vacuum RF, and ultrasonic cavitation. YH-6551 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

Micro-current, radiofrequency, vacuum, and ultrasonic cavitation are currently the most popular instruments for improving looks, tightening skin, shaping the body, and fighting against aging. It can effectively replace most facial and body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It has no side effects, but it has an immediate impact. And it's operated externally throughout.

2. Advantages

- (1) Multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasonic waves powerfully blast and remove fat, have replaced and surpassed liposuction, and will address people's concerns for weight reduction, bringing good news to obese people.
- (3) Radiofrequency facilitates skin metabolism and collagen regeneration, removes wrinkles, resists aging, reduces fat, and rejuvenates the skin.
- (4) It has multiple handpieces, which can be changed per the body parts and different requirements.
- (5) Vacuum dredges channels and collaterals, promotes metabolism, and deeply removes cold and dampness.
- (6) One machine has multiple functions, and it's easy and convenient to use, addressing troubles for function selection.
- (7) It adopts the most advanced ultrasonic cavitation and vacuum technology in the world.
- (8) It's painless and non-invasive during treatment; it requires no convalescence or stay and will not affect regular work and life after treatment.
- (9) It has zero consumption and is low-cost, but it gives a quick return.
- (10) Unevenness, bleeding, and swelling will not occur.

3. Working Principle

(1) BIO

It outputs bioelectric currents that simulate the body, which enters muscle cells after penetrated the skin. The currents stimulate adenosine triphosphate (ATP) inside the cells, restore the cells' regular operation and functions, and supply energy to the muscle and body. Increasing the cell's permeability, 30% to 40% higher than usual, helps the body better absorb nutrition, moisture, and blood oxygen content. Meanwhile, it expels wastes, toxins, and stranded liquids as soon as possible.

Stimulating muscle fiber synthesis, 68% higher than usual, keeps the skin moisturized, soft, firm, and shiny. Raising the synthesis level of collagen, which amounts to 73%, can lessen wrinkles and make skin softer, elastic, and glossy.

(2) Radiofrequency

For monopolar, bipolar, and multipolar radiofrequency, it generates the radiofrequency effect through every two electrodes forming a loop. Monopolar and bipolar radiofrequency can produce one loop; tripolar radiofrequency forms three loops; quadrupole radiofrequency generates four loops. Since the body is not a flat surface, it causes discrepancy more or less when electrodes contact the body. But the contact surface of multipolar radiofrequency has the advantage of making radiofrequency output consistent. In this way, we can avoid the sense of irritation to the maximum.

Radiofrequency waves directly penetrate the skin and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

(3) 40K

It utilizes the principle of ultrasonic waves. It can effectively consume heat and cellular moisture and shrink fat cells by the gathered intense sound waves entering the body that causes fat cells to produce a violent strike and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The cavitation principle of ultrasonic wave: When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasonic waves and close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

Advantages: It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like blood vessels and nerves.

(4) Vacuum RF

Massaging skin and muscle with a particular vacuum sucker can effectively enhance the mobility of cells' body fluid and boost cells' movement so that cells can be

activated and skin elasticity can be increased. Meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxins through the regular circulation of the lymphatic system, and lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum sucking fat out can increase the activity of skin tissue and muscles so that scleroid cellular tissue can be decreased and skin tissue's elasticity can be enhanced, completing body slimming and shaping simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system of the superficial and deep layer of the skin and lowers skin sensitivity. Air pressure suction and release can improve the blood capillary system, promote flow between deeper veins and the lymph gland networks, strengthen blood vessels, and relieve varicosity.

Advantages: It breaks through the previous vacuum working mode featured by singleness and simpleness. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently and cause no harm to the body. Compared with the ordinary monopole RF, this equipment, with its unique RF handpiece and RF and vacuum relatively independent but complementary as a whole metabolic system, can perfectly reshape the body in a more effective, rapid, and even way.

The Physical Effect of the Vacuum

Layers of Skin

The suction and release of air pressure:

It improves mobility among cells to increase cell movement and cure diseases related to blood stasis and stagnation.

Remove moisture from the lymph gland and veins.

Effect: Discharge excess moisture from fibrous tissue.

Vascular Layer

The suction and release of air pressure:

Boost blood circulation of the micro-vessels, improve the blood capillary system, and promote flow between deeper veins and the lymph gland networks.

Remove extra toxins from the body.

Effect: Strengthen blood vessels and relieve varicosity.

Fibrous Layer

The suction and release of air pressure:

Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).

Repair cell tissue and enhance activity among cells.

Boost and repair skin elasticity and resist skin stretch.

The production of ossein helps to renew skin and restore elasticity.

Enhance oxygen delivery capacity for the skin and increase the consumption of carbon dioxide.

Effect: Break the hard fiber of cellulite and make it more elastic to achieve body shaping.

Nervous Layer

The suction and release of air pressure:

Stimulate the surface and deep layer of the sympathetic nervous system.

Lower skin sensitivity.

Repair skin elasticity and resist the fibrosis of tissue.

Effect: Repair and reduce skin sensitivity.

4. Anti-aging Facial

(1) Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance absorptivity of the skin.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.

(2) Indications

- 1) People with dark or lustreless faces.
- 2) People with flabby or saggy skin.
- 3) People with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) People with vague facial contour.
- 5) People with coarse skin or large pores.
- 6) People who are under long-term exposure to ultraviolet radiation in the workplace.
- 7) People with flabby skin, edema, or puffiness after child delivery.

(3) Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid, skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 4) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) Overage people.
- 6) People in menstruation, pregnancy, lactation, or surgical recovery.
- 7) People with skin disease or infectious disease.

- 8) People who have an unrealistic illusion about the effect.

(4) Matters Needing Attention After Treatment

- 1) Do not wash your face with overheated water within three days (can wash it with warm or cold water).
- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs or saunas or do strenuous exercise, etc., within three days.
- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.

5. Eye Anti-aging

(1) Efficacy

- 1) Relieve eye fatigue, dark circles, bags under eyes, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

(2) Indications

- 1) People with wrinkles, fine lines, dark circles, or bags under eyes.
- 2) People with dry skin, dry lines, or dynamic wrinkles.
- 3) People whose eyes are prone to fatigue or dryness.
- 4) People who always face computer or cellphone.
- 5) People with dark circles due to staying up late.
- 6) People who always expose to a dry or high-temperature environment.

(3) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 3) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) People with skin trauma or wounds.
- 5) Overage people.

- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(4)Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply an eye mask which should do at least three times a week.

6. Neck Maintenance

(1)Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

(2)Indications

- 1) People whose necks have coarse skin or dark skin color.
- 2) People whose necks have clogged lymph.
- 3) People whose necks have slack or inelastic skin.
- 4) People who always lower their heads.
- 5) People who are not satisfied with their necks' skin color.

(3)Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 3) People in the allergic period or with severely sensitive skin.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(4)Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water, apply neck masks at least three times a week, and apply essence or neck cream.
- 6) Avoid lowering your head for a long time.

7. Body Management

(1)Waist & Abdomen Sculpting

1) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.

2) Indications

- People with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- People with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- People with unsightly waistlines due to sitting too long.
- People with striae distensae or stretch marks.
- People with constipation or whose abdomens have obstructed channels and collaterals.

3) Contraindications

- People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- People whose surgical wounds are healing or in surgical recovery. Those
- People with epilepsy, severe diabetes, or hyperthyroidism.

- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People with severe gynecological diseases.
- People whose gynecological diseases are in treatment.

4) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

(2) Arm Sculpting

1) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

2) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- People in the allergic period or with severely sensitive skin.
- People with skin trauma or wounds.
- Overage people.
- People in pregnancy or surgical recovery.
- People with skin disease or infectious disease.

3) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.

- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

4) Indications

People with thick arms or who look unsightly in clothes.

People with bat wings or flabby arms.

People whose arms have flabby skin.

People whose arms are prone to soreness and numbness.

People who always carry a baby.

(3) Back Sculpting

1) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.

2) Indications

- People with shoulder or back soreness or stiff neck.
- People with insomnia, dreaminess, or a fading memory.
- People prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- People with thick backs or who look unsightly in clothes.
- People with Dowager's Hump.

3) Contraindications

- People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- People whose surgical wounds are healing or in surgical recovery.
- People with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People who have a weak body.

- People who are drunk, thirsty, overworked, or with a full or empty stomach.

4) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4)Buttock Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and Qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner Qi-blood and lower burner Qi-blood. It plays a vital role in body S-curve management and feminine charm increasing.

1) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

2) Indications

- People whose hips are slack, saggy, or have accumulated fat.
- People with striae distensae or stretch marks.
- People whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- People with cold hips or low hip temperature.
- People with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- People with decreased estrogen levels or disharmonious sexual life.

3) Contraindications

- People in menstruation, pregnancy, lactation, or surgical recovery.

- People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery,
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.

4) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(5) Leg Sculpting

1) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

2) Indications

- People with obstructed blood circulation of the lower limbs, edema, or obesity,
- People who feel uncomfortable and pain all over the body or are prone to catch colds or with hypoimmunity.
- People with constipation or with coarse or slack skin.
- People whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

3) Contraindications

- Women in menstruation, pregnancy, or lactation.
- People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.

- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery,
- People with severe varicosity or tumors.
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.
- People in pregnancy or surgical recovery.

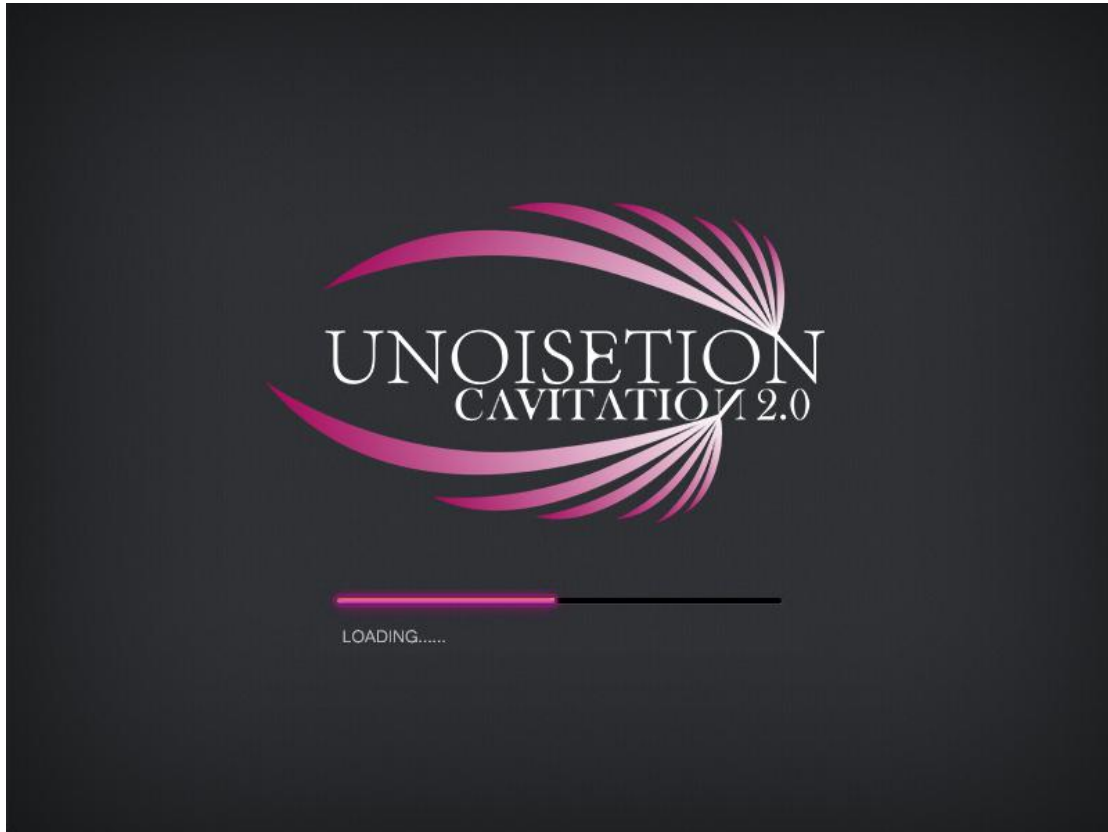
4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing miniskirts and mini-shorts.

Part II

1. Detailed Operations

Check the equipment and make sure it's properly connected. The following interface appears when pressing the power switch.



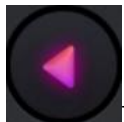
Then the following handpiece selection page appears.



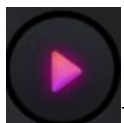
(1) Introduction of the Main Functions



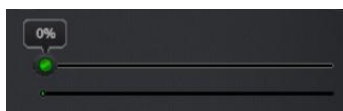
Time Display (Time Range: 00:00 to 60:00)



Time Setting (decrease)



Time Setting (increase)



Energy Level Display Bar (Energy Level Range: 0% to 100%)



Time Setting (decrease)



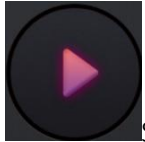
Time Setting (increase)



Lighting Mode



Homepage. Press this button and enter handpiece selection page



Start/ Pause

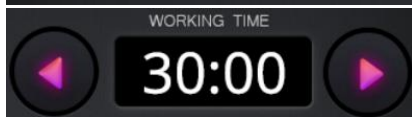


Reset. Press this button and parameters on the page back to initial setting.

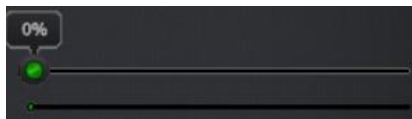
(2)Detailed Operations for EYE RF



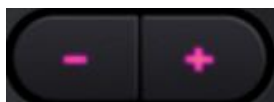
Press the handpiece icon within the red frame and enter the following page.



Time Setting (advised time: 10 minutes)



Energy Level Display Bar (advised energy level: 30% to 70%)



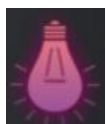
Energy Level Setting (increase & decrease)



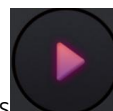
Two Working Modes for RF

NOR: After clicking Start, RF energy reaches the setting value directly.



PRO: RF energy reaches the setting value slowly after touching the skin.



Light Bulb Icon. Press it, and RF will light up, which reduces skin inflammation, disinfects the skin, and promote skin absorption and metabolism.



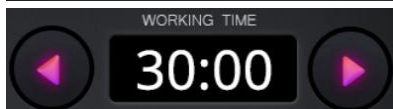
Set the time, energy level, and mode, and then press  to start.

Click , go back to the handpiece selection page, click , and enter the page of FACE RF.

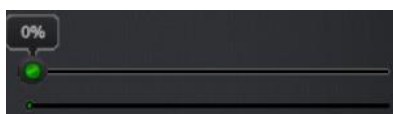
(3)Detailed Operations for FACE RF



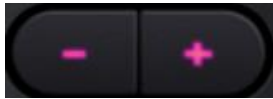
Press the handpiece icon within the red frame and enter the following page.



Time Setting (advised time: 15 minutes)



Energy Level Display Bar (advised energy level: 30% to 70%)



Energy Level Setting (increase & decrease)



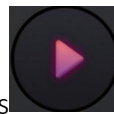
Two Working Modes for RF

NOR: After clicking Start, RF energy reaches the setting value directly.

PRO: RF energy reaches the setting value slowly after touching the skin.



Light Bulb Icon. Press it, and RF will light up, which reduces skin inflammation, disinfects the skin, and promote skin absorption and metabolism.



Set the time, energy level, and mode, and then press to start.



Click , go back to the handpiece selection page, click , and enter the page of BODY VACUUM RF.



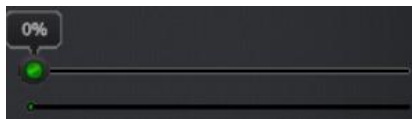
(4)Detailed Operations for BODY VACUUM RF



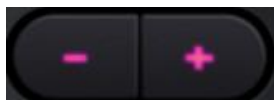
Press the handpiece icon within the red frame and enter the following page.



Time Setting (advised time: 15 minutes)



Energy Level Display Bar



Energy Level Setting (increase & decrease)



Two Working Modes for RF

NOR: After clicking Start, RF energy reaches the setting value directly.

PRO: RF energy reaches the setting value slowly after touching the skin.

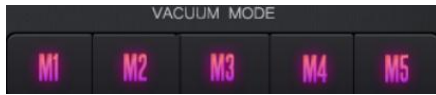


Suction Time Setting (Range: 0.0 to 2.0)



Release Time Setting (Range: 0.0 to 2.0)

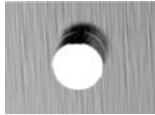
It's the suction and release mode if suction time is longer than release time, which suits first-time users and those who feel no suction. It's direct suction when you set the suction time to any values and the release time to zero, which suits those who want to do cupping and have transient petechiae.



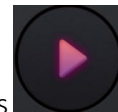
The five suction and release modes

M1: the direct suction mode, which suits those who want to do fixed cupping and have transient petechiae.

M2-M5: Suction-Release mode. M2 has the shortest suction-release time, while M5 has the longest suction-release time. It suits those who use it for the first time, feel no suction, or want to alleviate soreness.



Rotating knob for suction. To rotate to the left to decrease suction and to the right to increase. You can set it freely per your tolerance.



Set the operating time, energy level, mode, and suction time, and press to start.



Click , go back to the handpiece selection page, click , and enter the page of 40K Cavitation.



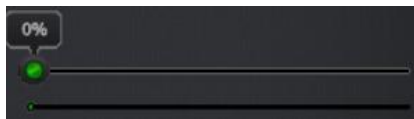
(5) Detailed Operations for 40K Cavitation



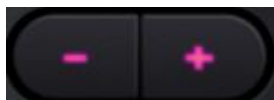
Press the handpiece icon within the red frame and enter the following page.



Time Setting (advised time: 15 minutes)



Energy Level Display Bar



Energy Level Setting (increase & decrease)



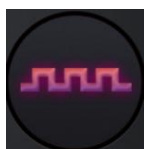
The Two Lighting Modes:

M1: the lighting mode. The handpiece shines red light if you press it.

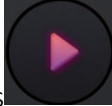
M2: no light mode. The handpiece shines no light if you press it.





Continuous Working Mode

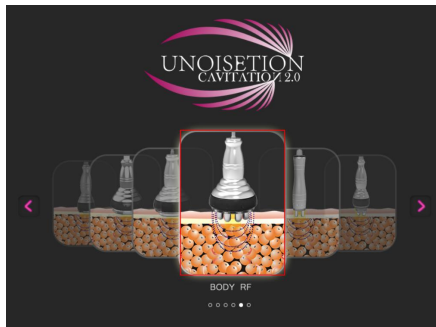


Discontinuous Working Mode

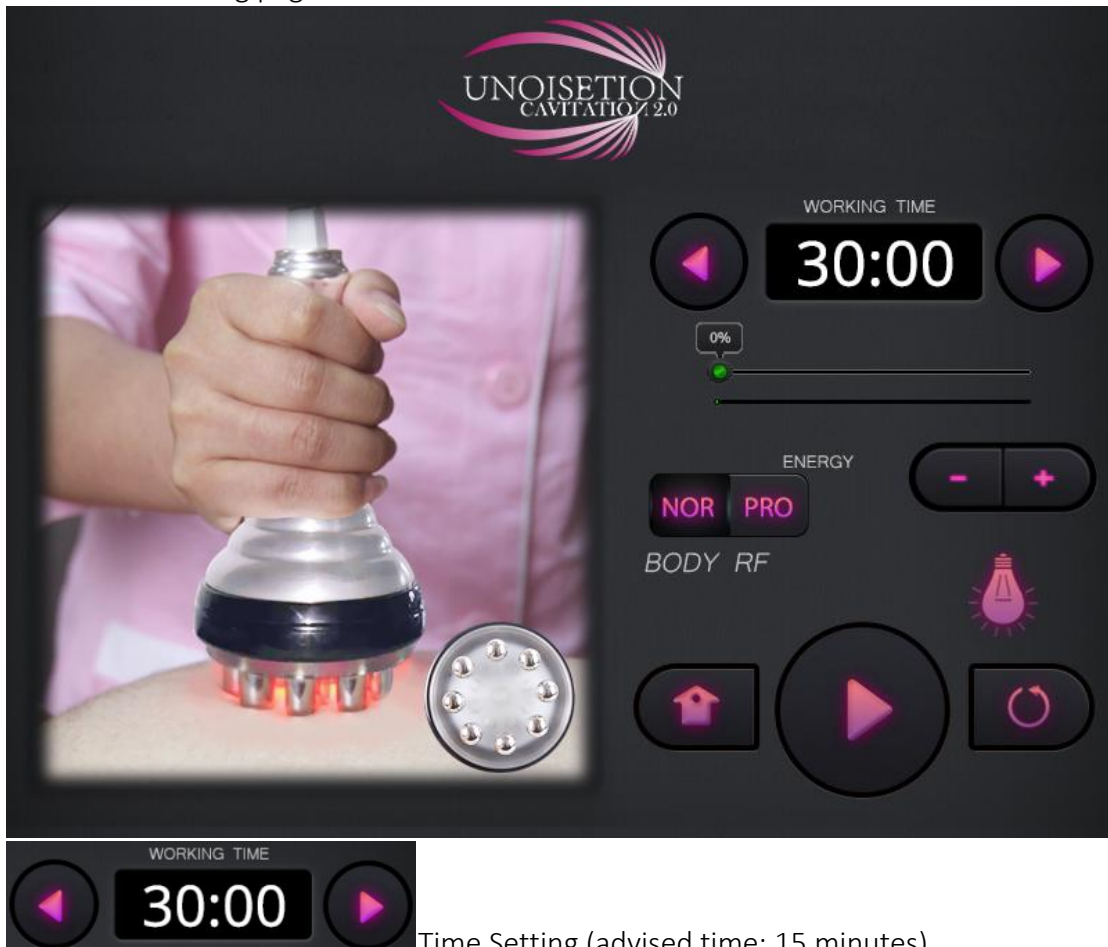
Set the time, energy level, and mode, and then press  to start.

Click , go back to the handpiece selection page, click , and enter the page of BODY RF.

(6)Detailed Operations for BODY RF



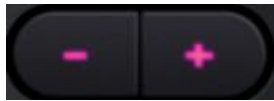
Press the handpiece icon within the red frame and enter the following page.



Time Setting (advised time: 15 minutes)



Energy Level Display Bar



Energy Level Setting (increase & decrease)



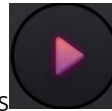
Two Working Modes for RF

NOR: After clicking Start, RF energy reaches the setting value directly.

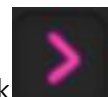
PRO: RF energy reaches the setting value slowly after touching the skin.



Light Bulb Icon. Press it, and RF will light up, which reduces skin inflammation, disinfects the skin, and promote skin absorption and metabolism.



Set the time, energy level, and mode, and then press to start.

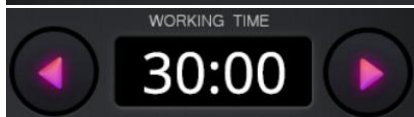


Click , go back to the handpiece selection page, click , and enter the page of BIO.

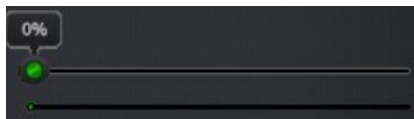
(7)Detailed Operations for BIO



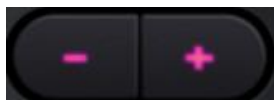
Press the handpiece icon within the red frame and enter the following page.



Time Setting (advised time: 15 minutes)



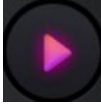
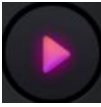
Energy Level Display Bar

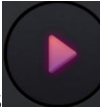


Energy Level Setting (increase & decrease)



Working Mode

The default mode is continuous output mode. Press  to switch to the discontinuous output mode. Each press of  will make the output frequency slow.

Set the time, energy level, and mode, and then press  to start.

2. Technical Parameters

Power supply Input:100V-240V
Power :<=190W

Uoisetion 40K cavitation Head:
Frequency:40KHz
Power:15W

Sextupolar Vacuum 3D SMART RF for body
Power supply output:66V
Frequeuncy:3MHz
Power:30W

8 Pole 3D Smart RF w/Photon for body
Frequeuncy:1MHz
Power:30W

Quadrupole 3D Smart RF w/Photon for face
Frequeuncy:1MHz
Power:30W

3D Smart Bipolar RF w/Photon for eye area
Frequeuncy:1MHz
Power:10W

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment in a damp place, near a water source, or sites that expose it to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations that may affect the curative effect.
- (7) Please refrain from using the equipment aiming at the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.

- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to take it immediately.
- (11) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a treatment.
- (12) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating or energy.
- (13) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (14) You must keep the treated parts moist and avoid operation in dry skin conditions when operating the instrument.
- (15) Do not set the suction of Vacuum RF too high. Otherwise, the skin may feel pain due to drag force.
- (16) Remember that you can not use 40K around the chest or parts with many skeletons, such as head, back, and breast.
- (17) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene so that its service life can be extended.
- (18) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.

4. Common Problems & Solutions

- (1) Can't you start the equipment?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) Doesn't the equipment have radiofrequency output, or is it weakened after the equipment is on?
 - A. Please check whether the handpiece and the equipment body are closely linked.
 - B. The wire inside the handpiece is loose or burnt out. If it happens, we have to test all the handpieces and check whether the handpiece is damaged. If so, we have to replace it.
 - C. The metal electrical sheet inside the handpiece or machine body wears out, resulting in noninductivity.
- (3) Is there an error message on the monitor after the equipment is on?
 - A. Take out the plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
 - B. If the solutions mentioned above are not working, please contact the equipment

dealer for assistance.

(4) Doesn't the vacuum RF have suction, or is it weakened?

- A. Check whether the filter is installed correctly.
- B. Check whether the connecting wire of the handpiece is installed correctly and tightly.
- C. Check whether the connecting wire of the handpiece is damaged.
- D. There is foreign matter or oil dirt inside the suction hole of the main machine. Please check and clean it.

5. FAQs

(1) Q: How long does it take to see the effect of a radiofrequency treatment?

A: Usually, the effect can be seen on the same day or within a week. Skin's collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. Radiofrequency regenerates collagen continuously since it stimulates subcutaneous tissue. Therefore, the more times you take the treatment, the more noticeable the effect.

(2) Q: Does radiofrequency harm the skin?

A: Skin tightening and anti-wrinkle with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it causes no harm to the skin. Only local redness and burning will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation, and it will disappear after a moment. Thus, you don't have to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine professional massage and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment include?

A: It can shape the body with lipolysis, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and fight against aging. For the face, it can sculpt contour, reduce wrinkles, and relieve loosening and sagging. For the body, it can reduce the weight of local body parts, sculpt an S curve, and accelerate body metabolism and detox. Meanwhile, it can also enhance viscera functions and relieve the body's sub-health condition.

(5) Q: Which one is better in terms of weight reduction, liposuction, or this equipment?

A: Liposuction rapidly slims a local body part by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during the operation and has convalescence. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and

tighten skin while reducing weight. It can also sculpt perfect curves by lifting, boosting feminine charm.

(6) Q: Will I experience rebound after treatment?

A: For weight loss with 40K lipolysis, it's hard for the weight to rebound after reduction. 40K lipolysis removes fat instead of moisture, and it takes a long time for the fat to be accumulated. Thus, it's difficult to rebound.

(7) Q: Do I need to be on a diet?

A: To some extent, you need to keep on a diet since radiofrequency and ultrasonic wave treatments are followed by fat-blasting and accelerated metabolism. Therefore, avoid eating spicy, oily, or fried food so as not to affect metabolism. And have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect.

(8) Q: Does the treatment have any side effects on the body?

A: Improving the appearance and shaping the body with radiofrequency is a non-invasive treatment and currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient skin redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin loses moisture due to heat energy produced by radiofrequency. However, the skin turns plump at the initial stage of collagen regeneration, and all People symptoms will vanish after three days. Thus, it has no side effects on the body.

(9) Q: Can ultrasonic waves be used all over the body?

A: Ultrasonic waves break fat cells and burst the cell wall, causing fat in the cells to flow out, which is absorbed and metabolized by lymph. The ultrasonic wave has strong power. The heart is sensitive to sound waves since it's a hollow organ. When the sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasonic waves. (Don't use it on the head, waist, back, and breast.)

(10) Q: Do ultrasonic waves have side effects on the body?

A: Ultrasonic wave is a non-surgical and non-invasive treatment and requires no anesthetic and surgery. When the collected intense sound waves enter the body, it causes a violent impact upon the fat cells, blasting them. It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Only light drumming in the ears may appear during the treatment. It's normal, and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. The ultrasonic focusing effect acts on the adipose layer that is 20mm below the skin. Ultrasonic waves with concentrated energy effectively cause fat cells of the Jiao zone to produce high-speed friction, resulting in heating, breaking, and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care for hair. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are in their 40, the collagen content is less than half of that of 18 years old. The loss of collagen and water breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the elderly's faces. It causes the oxidation, atrophy, and collapse of skin tissue, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

(13) Q: Why do I need buttock maintenance?

A: Hip maintenance can help with lymphatic detox, relieve gynecological diseases, and avoid harm caused by buttock blockage. When the buttocks are clogged, gynecological diseases arise for sure. The pelvic cavity and intestinal tract are inside the buttocks. It connects to Daimai (GB26), lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in the front, and anus, vagina, groin, and lymph from below. Under the squeeze of Upper Jiao (upper burner) and Lower Jiao (lower burner) meridian, the hips are most prone to cold, dampness, and blood stasis. When the hips are under cold, it contracts the channels and collaterals of the hips, causing dysmenorrhea, irregular menstruation, dark period blood, blood clot, and obstructed blood flow. It also affects impregnation.

(14) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the air suction and release and the alternate increase and decrease of the vacuum make local pores open and close continually, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can invigorate Qi, activate blood circulation, remove cold and dampness, dredge channels and collaterals, and expel toxins and heat.

6. Packing List

Main Machine x1
EYE RF x1
FACE RF Handpiece x1
BODY RF Handpiece x1
Body Vacuum RF Handpiece x1
40K Cavitation Handpiece x1
BIO Handpiece x1
Power Cord x1
Filter x1
Parts Rack x1
Fuse x2

7. Operating Steps

(1)Face

Remove makeup, clean the face, use hydrotherapy and hot steam, massage, use FACE RF, clean, use BIO, clean, apply toner, apply a facial mask, clean, apply toner, lotion, and facial cream.

Matched Product: makeup remover, facial cleanser, hydro mask, massage cream, gel, facial mask, toner, lotion essence, facial cream

(2)Eye

Remove makeup, clean the eyes, apply toner, massage, use EYE RF, clean, apply toner, apply an eye mask, clean, apply toner, eye essence, and eye cream.

Matched Product: makeup remover, facial cleanser, massage cream, eye mask, toner, eye essence, eye cream

(3)Neck

Remove makeup, clean the neck, apply toner, massage, use FACE RF, clean, apply toner, apply a neck mask, clean, apply toner, lotion, and facial cream.

Matched Product: makeup remover, facial cleanser, massage cream, neck mask, toner, neck essence, neck cream

(4)Waist & Abdomen/ Arm/ Buttock/ Leg

Massage, use Body RF, 40K Cavitation, and Body Vacuum RF, and clean the treated parts after treatment.





Matched Product: essential oil, massage cream/ radiofrequency cream, gel

(5)Back

Massage, use Body RF and Body Vacuum RF, and clean the treated parts after treatment.

Matched Product: essential oil, massage cream/ radiofrequency cream

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging Facial: 90 Minutes/ Once a Week			
Face RF Advised Time: 15 minutes Advised Energy Level: 30% to 70% Advised Mode: NOR Click the light bulb icon. BIO Advised Time: 15 minutes Advised Energy Level: 30% to 70% Advised Mode: Continuous Working	Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Hydro Mask + Essence + Facial Mask	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply a hydro mask and use hot steam, and wait 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 7. Caress the whole face three times. 8. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and lower eyelid to Taiyang (EX-HN5); lift the corner of the eyes; do them 	Technique 5, 7 
			Technique 6 
			Technique 8, 9 
			Technique 10 



		<p>alternately with hands. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Treatment ends.</p> <p>17. Face RF:</p> <p>18. Lift one line after another from the chin to the part below the ear, from the corner of the mouth to the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards the hairline direction with the device moving circlewise. Repeat three times.</p>	<div data-bbox="1177 219 1299 412" data-label="Image"> </div> <p data-bbox="1098 488 1270 521">Technique 15</p> <div data-bbox="1177 555 1299 748" data-label="Image"> </div> <p data-bbox="1098 824 1362 891">Technique 18, 19, 20</p> <div data-bbox="1177 913 1299 1106" data-label="Image"> </div> <p data-bbox="1098 1151 1270 1184">Technique 20</p> <div data-bbox="1177 1218 1299 1411" data-label="Image"> </div>
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		<p>21. Clean the face.</p> <p>22. Apply gel to the whole face.</p> <p>23. BIO: Techniques for BIO are the same as Face RF.</p> <p>24. Clean the face, 2 minutes.</p> <p>25. Apply a sheet mask and wait 15 minutes.</p> <p>26. Clean the face, 2 minutes.</p> <p>27. Apply toner, essence, facial cream, and sunscreen.</p> <p>28. Treatment ends.</p>	
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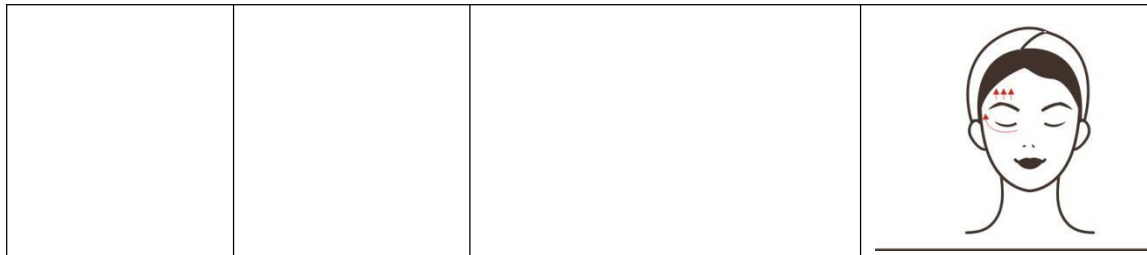
The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox enhance. And it fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.

Anti-aging Eye Treatment: 50 Minutes/ Once a Week

<p>Eye RF</p> <p>Advised Time: 10 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: NOR</p> <p>Click the light bulb icon.</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Apply essence (eye cream) evenly to the eyes with hands moving circlewise. Repeat three times.</p>	<p>Technique 3, 5</p> 
		<p>4. Press Jingming (BL-1), Chengqi (ST-1), Sibai (ST-2), Tongziliao (GB-1), Sizhukong (SJ-23), Yuyao (EX-HN4), and Cuanzhu (BL-2). Repeat three times.</p>	<p>Technique 4</p> 
		<p>5. Caress eyes with hands drawing outward Arabic numeral eight. Repeat three times.</p>	<p>Technique 6</p>





		<p>6. Caress eyes with hands in a scissor gesture. Repeat three times.</p> <p>7. With one hand in a scissor gesture and the other moving circlewise from the inner corner of the eye to the outer corner, move till the back of the ear, and slide out from there. Repeat three times.</p> <p>8. Eye RF</p> <p>9. Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times.</p> <p>10. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>11. Draw small circles on the lower eyelid with the device, and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>12. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>13. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>14. Do the same on the other side.</p> <p>15. Clean the eyes, 3 minute.</p> <p>16. Apply an eye mask and wait 15 minutes.</p> <p>17. Remove the mask and clean the eyes, 2 minutes.</p> <p>18. Apply eye essence.</p> <p>19. Treatment ends.</p>	 <p>Technique 7</p>  <p>Technique 9</p>  <p>Technique 10</p>  <p>Technique 11</p>  <p>Technique 12, 13</p>
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, metabolism accelerates, the eyes firm, and fine lines fade. After a course, the fine lines disappear clearly, and the trend continues. When you complete two courses, the effect becomes evident, the skin tightens and lifts, collagen of the underlying skin increases, the outer corner of the eyes lifts evidently, and the eyes turn more confident and fiery. If you finish three courses, the effect consolidates, the fine lines vanish, and wrinkles will not rebound as long as the daily maintenance is in place.

Neck Maintenance: 60 Minutes/ Once a Week


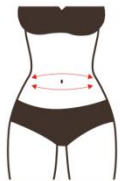



<p>Face RF</p> <p>Advised Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: NOR</p> <p>Click the light bulb icon.</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, apply essential oil to the chest with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times. 4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there. Repeat three times. 5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit, and slide out from there. Repeat three times. 6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times. 	<p>Technique 3</p>  <hr/> <p>Technique 4, 6, 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 5, 11, 12, 13</p> 
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		<p>7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10.Treatment ends.</p> <p>11.Face RF: Lift from the double chin to the armpit via the back of the ear and slide out from there. Repeat three times.</p> <p>12.Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13.Move the equipment circlewise on the neck, and slide out from there. Repeat three times.</p> <p>14.Clean the neck with warm water, 2 minutes.</p> <p>15.Apply a neck mask and wait 15 minutes.</p> <p>16.Clean the neck with warm water and use a hot compress for 1 minute.</p> <p>17.Apply toner, neck essence, neck cream, and sunscreen.</p> <p>18.Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymphatic detox speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.

Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

<p>Body RF Advised Time: 15 minutes Advised Energy Level: 30% to 70% Advised Mode: NOR Click the light bulb icon.</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<p>1. Massage. 2. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 3. Rub the belly back and forth with hands. Repeat 3 to 5 times. 4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</p>	<p>Technique 2, 8</p> 
<p>40K Advised Time: 15 minutes Advised Energy Level: 30% to 70%</p>		<p>5. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times. 6. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times.</p>	<p>Technique 3, 22</p> 
<p>Advised Mode: Continuous Working (M1 is always on)</p>		<p>7. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times.</p>	<p>Technique 4</p> 
<p>Vacuum RF Advised Time: 15 minutes Advised Energy Level: 30% to 70%</p>		<p>8. Caress the treated parts with hands moving circlewise. Repeat three times. 9. Press Shangwan</p>	<p>Technique 5</p> 
			<p>Technique 6</p> 

Mode for RF: NOR

Advised Mode for Suction and Release: Direct Suction

You can freely adjust suction per individual tolerance.

(RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat two times.

10. Slide to the parts below the waist along the two sides with thumbs, and lift upwards to the groin. Repeat three times.

11. Caress the treated parts till groin with hands.

12. Treatment ends.

13. Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.

14. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.

15. Sculpt up and down on the waist. Repeat 3 to 5 times.

16. Lift Daimai (GB26) of the two sides. Repeat 16 times.

17. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.

18. 40K: One Side-Lift from the side of the waist to the belly and one line after another to the groin. Repeat three times.

19. Lift the other side. Repeat three times.

20. Draw small circles on the abdomen. Repeat three

Technique 7



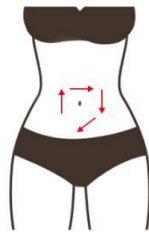
Technique 9



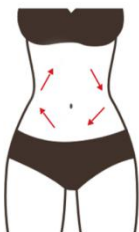
Technique 10



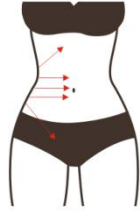


Technique 13



Technique 14



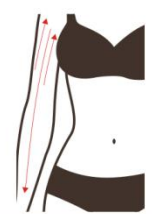
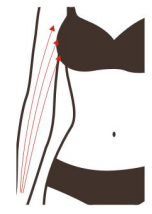


Technique 16, 17, 18, 23, 25, 28


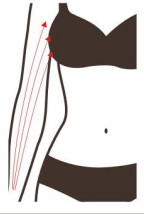
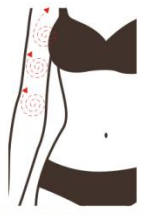
		<p>times.</p> <p>21. Draw big circles on the abdomen. Repeat three times.</p> <p>22. Vacuum RF: Set it to suction & release mode. Slide from the left side to the other side of the waist along the top of the belly button, then slide from the bottom of the belly button to the left side. Repeat three times.</p> <p>23. Set it to direct suction. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>24. Lift the other side.</p> <p>25. Lift Daimai (GB26) back and forth and transversely. Repeat three times.</p> <p>26. Sculpt up and down on the waist. Repeat three times.</p> <p>27. Draw big circles on the abdomen. Repeat three times.</p> <p>28. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>29. Clean the treated parts with a hot towel.</p> <p>30. Treatment ends.</p>	 <p>Technique 20</p>  <p>Technique 21, 27</p>  <p>Technique 15, 26</p>
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, and slimming starts. Meanwhile, problems like constipation relieve. When you complete two courses, the effect becomes more apparent, the skin turns tightened and is lifted, the underlying skin's collagen increases, and stretch marks and flabby skin take a turn for the better. If you finish three courses, the effect consolidates, excess fat disappears gradually, the waist and abdomen's curves sculpt, and a slim waist forms.

Arm Sculpting: 60 Minutes/ Once a Week

<p>Body RF Advised Time: 15 minutes Advised Energy Level: 30% to 70% Advised Mode: NOR Click the light bulb icon.</p> <p>40K Advised Time: 15 minutes Advised Energy Level: 30% to 70% Advised Mode: Continuous Working (M1 is always on)</p> <p>Vacuum RF Advised Time: 15 minutes Advised Energy Level: 30% to 70%</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> Do it in left-right order. Lay the arm flatwise, apply essential oil from the lower arm to the upper arm with hands until the hands slide out. Repeat three times. Push the entire arm with palms doing it alternately. Repeat three times. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times. Caress the treated part. Repeat three times. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until they turn hot. Repeat three times. Caress the treated part. Repeat three times. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively. 	<p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4, 5, 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8, 16, 18, 24, 26, 29</p> 
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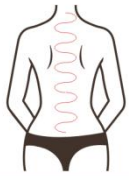
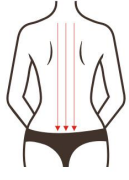
<p>Mode for RF: NOR</p> <p>Advised Mode for Suction and Release: Direct Suction</p> <p>You can freely adjust suction per individual tolerance.</p>		<p>8. Rub the three channels and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>9. Caress the treated parts till the hands slide out. Repeat three times.</p> <p>10. Treatment ends.</p> <p>11. Do the same on the other side.</p> <p>12. BODY RF: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>13. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>14. You can treat flabby arms more. Repeat three times.</p> <p>15. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>17. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. 40K: Lay the arms</p>	<p>Technique 9</p>  <hr/> <p>Technique 12, 15, 20, 23</p>  <hr/> <p>Technique 13, 14, 21, 22</p> 
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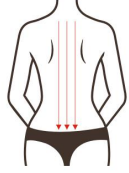


		<p>flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>25. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. Vacuum RF: Lay the arms flatwise, and move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>29. Lay the arms upwards, and sculpt up and down on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>30. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the arms get hot, tightened, and relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. When you complete two courses, body shaping starts, the effect strengthens, channels and collaterals dredges, and the physique enhances. If you finish three courses, the effect consolidates and stabilizes. Thus, the rebound can be prevented.

Back Sculpting: 45 Minutes/ Once a Week

<p>Body RF Advised Time: 15 minutes Advised Energy Level: 30% to 70% Advised Mode: NOR Click the light bulb icon.</p> <p>Vacuum RF Advised Time: 15 minutes Advised Energy Level: 30% to 70% Mode for RF: NOR Advised Mode for Suction and Release: Direct Suction You can freely adjust suction per individual tolerance.</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Technique. 2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times. 4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times. 5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times. 6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times. 7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times. 8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times. 9. Push the medial border of the scapula in left-right 	<p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14</p> 
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		<p>order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Treat the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15. Treatment ends.</p> <p>16. BODY RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p>	<p>Technique 9, 19</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>
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		<p>20.Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>21.Vacuum RF: Techniques for Vacuum RF are the same as Octupole RF.</p> <p>22.Clean the treated parts with a dry towel.</p> <p>23.Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the back gets relaxed, relieving stiff shoulder and neck, and the skin lifts. After a course, the back and shoulder become eased, back fat lessens, Dowager's Hump relieves, and the back outlines turn nice-looking. When you complete two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. If you finish three courses, your back gets thinner, outlines get nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

Buttock Sculpting: 60 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: NOR Click the light bulb icon.</p> <p>40K</p> <p>Advised Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: Continuous</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Massage. 2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times. 3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times. 4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times. 5. Caress the treated part. Repeat three times. 6. Do it in left-right order. Push upwards from the 	<p>Technique 2, 5, 11</p>  <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 6, 8, 14</p>
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<p>Working (M1 is always on)</p> <p>Vacuum RF Advised Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode for RF: NOR</p> <p>Advised Mode for Suction and Release: Direct Suction</p> <p>You can freely adjust suction per individual tolerance.</p>		<p>thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Push from the thigh root to Daimai (GB26) with the palms overlapped (for lifting). Repeat 3 to 5 times.</p> <p>9. Move one line after another from the two sides of the buttocks to the highest point of it with hands. Repeat three times.</p> <p>10. Repeat technique No.7.</p> <p>11. Caress the treated part.</p> <p>12. Do the same on the other side.</p> <p>13. Treatment ends.</p> <p>14. BODY RF: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15. Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>16. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to Daimai (GB26). Repeat</p>	 <p>Technique 7, 10, 17</p>  <p>Technique 9, 15, 18</p>  <p>Technique 16</p> 
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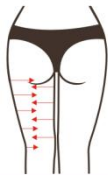

		<p>three times.</p> <p>18.Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>19.Do the same on the other side.</p> <p>20.40K: Techniques for 40K are the same as Octupole RF.</p> <p>21.Vacuum RF: Techniques for Vacuum RF are the same as Octupole RF.</p> <p>22.Clean the treated parts with a hot towel. 2 minutes</p> <p>23.Treatment ends.</p>	
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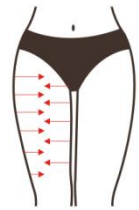
The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift and become hot. After a course, buttock outlines start to get clear, excess fat decreases slowly, and the skin turns tightened. If you finish three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

Leg Sculpting: 80 Minutes/ Once a Week

<p>Body RF Advised Time: 20 minutes Advised Energy Level: 30% to 70% Advised Mode: NOR Click the light bulb icon.</p> <p>40K Advised Time: 20 minutes Advised Energy Level: 30% to</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<p>1. Massage.</p> <p>2. Do it in left-right order; apply essential oil from the lower leg to the thigh, back to the heel, and repeat it three times.</p> <p>3. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times.</p> <p>4. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat</p>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <p>Technique 6</p>  <p>Technique 12, 14, 20, 22</p>
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<p>70%</p> <p>Advised Mode: Continuous Working (M1 is always on)</p> <p>Vacuum RF Advised Time: 20 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode for RF: NOR</p> <p>Advised Mode for Suction and Release: Direct Suction</p> <p>You can freely adjust suction per individual tolerance.</p>		<p>three times.</p> <p>5. Push popliteal fossa with hands doing it alternately. Repeat three times.</p> <p>6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Push the four channels and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.</p> <p>9. Caress the treated part. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment ends.</p> <p>12. BODY RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat.</p>	 <p>Technique 13, 21</p>  <p>Technique 15, 17, 23, 28</p>  <p>Technique 16, 18, 24</p>  <p>Technique 25, 29</p>  <p>Technique 26</p>  <p>Technique 30, 31,</p>
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		<p>Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. Draw small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. 40K: Lift one line after another from the heel to the popliteal fossa with the instrument and a hand. Repeat three times.</p> <p>21. Draw small circles on the lower leg. Repeat three times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the popliteal fossa to the thigh root. Repeat three times.</p> <p>24. Draw small circles on the thigh. Repeat three times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Vacuum RF: Lift from the lower leg to the thigh along the three channels and collaterals with the instrument and a hand.</p> <p>29. Lift from the two sides</p>	<p>32, 35, 37, 40, 41, 42, 47</p>  <hr/> <p>Technique 36, 39, 45</p>  <hr/> <p>Technique 38, 43</p>  <hr/> <p>Technique 44, 48</p> 
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		<p>of the leg to the middle of the thigh.</p> <p>30. Fore-leg: Apply essential oil from the lower leg to the thigh root with hands (caressing). Repeat three times.</p> <p>31. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>32. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>33. Treatment ends.</p> <p>34. Do the same on the other side.</p> <p>35. BODY RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>36. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>37. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>38. Draw small circles on the whole thigh. Repeat three times.</p> <p>39. Lift circlewise from the</p>	
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		<p>knee to the thigh root. Repeat three times.</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>41. 40K: Treat the lower legs with the techniques mentioned above. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>42. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>43. Draw small circles on the thigh. Repeat three times.</p> <p>44. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>45. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>46. Do the same on the other side.</p> <p>47. Vacuum RF: Lift from the lower leg to the thigh along the three channels and collaterals with the instrument and a hand.</p> <p>48. Lift from the two sides of the leg to the middle of the thigh.</p> <p>49. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and you can feel an evident sense of tightening due to the contraction effect generated by collagen tissue. When you complete two courses, your legs turn slim and firm, which presents a noticeable effect. If you finish three courses, the result reinforces.