

User Manual

SR-NF904



Preface

Dear users:

We're pleased to present to you our 5-in-1 beauty machine that mainly works on hydrating, nutrients absorption, skin brightening and so on. It is a multifunctional beauty machine, targeted at overall facial skin care issues such as dry skin, clogged pores, inelastic skin and uneven skin tone. We aim at a safe and, at the same time, effective beauty results by using high-end technologies. Microdermabrasion and ultrasonic facial skin care management machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Ultrasonic and skin scrubber beauty machines are currently the most popular beauty machines that work on deep cleaning. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves various skin issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Microdermabrasion adopts vacuum negative pressure suction technology to reduce internal air pressure, thus effectively removing wasted cuticle layer, sucking out blackheads and excess oil and other pore garbage, in a way achieving free-breathing circulation of skin, which can dredge pores, improve pores and brighten skin tone. At the same time, the combination of cold hammer treatment can also soothe skin, shrink pores, making the skin look youthful.

Advantages

1. 5-in-1 beauty machine that works on your overall facial care.
2. Multiple working probes can be replaced in different parts according to different requirements.
3. Painless, non-invasive during the process, and skip any recovery periods.
4. Wider treatment area and faster and more visible results.
5. Unevenness, bleed, swelling and stasis will not appear after treatment.
6. Special probes of microdermabrasion can improve various skin problems and revive a clean face.
7. The 3MHZ high-frequency ultrasonic wave of cleaning scrubber can effectively enhance the absorption of the skin, help the nutrition penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration refines the nutrients into small molecular particles and enhances the absorption.
8. Ultrasonic can effectively infuse nutrients into the skin, allowing the skin to better absorb the nutrients.

Deep Cleansing

Principles

Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

Physical Effects

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

Glass Tube

It utilizes vacuum negative pressure to directly work on skin surface and achieve deep cleaning, achieving deep removal of various impurities like blackheads and whiteheads.

Hot Hammer

Special wafer ceramics are used to absorb energy. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The heat energy helps import nutrients into the skin for better absorption. It also boosts blood circulation and skin metabolism.

Biological Effects

Hot hammer heating can make you feel warm, comfortable, relax muscles, balance the autonomic nerve, make pore spread on the skin, blood vessels, nutrient is absorbed quickly. It is the most gentle and comfortable import method. Alternating use of beauty has the effect of addition and multiplication, which can naturally thoroughly activate cells, improve skin quality, stimulate blood circulation acceleration, and increase the skin's metabolism.

Effects

1. Deeply clean and dredge pores.
2. Remove excess cuticle, balance oil secretion.
3. Remove blackheads, acne, and fade fine lines.
4. Promote skin absorption, boost metabolism.
5. Activate skin cells, improve skin quality.
6. Make skin delicate, improve coarse skin and enlarged pores.

Applicable Range

1. Those with dry skin and lack of water and nutrients in the skin base.
2. Those with excessive oil secretion and large pores.
3. Those with clogged pores and excess cuticle.
4. Those with coarse skin, blackheads, acne, pimples, etc.
5. Those with saggy skin and lack of elasticity.
6. Those with poor skin absorption, metabolism and dull skin.

Inapplicable Range

1. Those in menstruation, pregnancy, or with severe diseases.
2. Those with severe heart disease or with a pacemaker implanted.
3. Those with skin diseases or infectious diseases.
4. Those who have just done micro-needling, intradermal injection, and under repair after plastic surgery.
5. Those with severely sensitive skin or those in allergic phase.

Notes after Operation

1. Improve skin hydration and use more sun protection.
2. Do not use stimulating skin care products including scrub, alcohol, exfoliating and AHAs within one week after operation.
3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
4. Apply a hydrating mask once a day for three days.
5. Avoid spicy, greasy food.

Facial Care

Principles

Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

Physical Effects

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

Skin Scrubber

Facial cleaning scrubber is equipped with the unique technology of transforming. 2.8MHz mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, a strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receives a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove excess thick cutin, purify pores, decompose oil, leaving them unobstructed and tighten pores, clear and smooth skin.

Physical Effects

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration. On the back of the instrument high-frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.

Facial Ultrasonic

Ultrasonic facial beauty instrument is based on the theory of high-frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layer of your skin, exporting oil and dirt from pores. Also, it changes cell volumes so as to improve blood circulation and stimulates proliferation of cells, making it lustrous and elastic. Moreover, thanks to its high-frequency vibration induced warm effect, which helps better absorption of nutrients into the skin at a higher speed.

Effects

1. Deep infusion, fast nutrients infusion.
2. Deep cleansing, improve skin absorption.
3. Remove blackheads, acne, and dirt on nose area.
4. Remove excess cuticle, balance oil secretion.
5. Improve skin quality, increase skin immunity.
6. Improve the skin tone, smooth the skin.

7. Improve large pores and coarse skin.
8. Dredge the pores and improve clogged pores.
9. Boost cell regeneration, increase skin elasticity.

Applicable Range

1. Those with dry skin, lack of moisture and nutrients.
2. Those with coarse skin and enlarged pores.
3. Those with excessive oil secretion and clogged pores.
4. Those with uneven, dull skin.
5. Those with excess cuticle, blackheads, acne, etc.
6. Those with poor absorption and skin base lacking moisture.

Inapplicable Range

1. Those in menstruation, pregnancy, or lactation.
2. Those with heart disease, thyroid, malignant tumors, or severe diseases.
3. Those who have just done micro-needling, intradermal injection, and under repair after plastic surgery.
4. Those with skin diseases and infectious diseases.
5. Those who have done plastic surgery with prostheses implanted on nose area or have wounds on face.
6. Those who are during severely allergic period (with erythema).

Notes after Operation

1. Improve skin hydration and use more sun protection.
2. Apply a hydrating mask once a day for three days.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.

Soothing

Principle

Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant

temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological Effects

Cold and hot hammer has respectively cooling and heating effects on skin. During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.

Effects

1. Calm the skin fast, moisture the skin.
2. Shrink pores, fade pigmentation, improve skin tone.
3. Improve redness, swelling, reduce pain.
4. Improve dullness and lack of luster.
5. Increase elasticity, repair fragile skin.

Applicable Range

1. Those with sensitive skin, and redness and swelling.
2. Those with thin skin, fragile skin, and poor resistance.
3. Those who get sensitive or allergic when changing season or a city.
4. Those with extremely dry skin, dry and sensitive, redness skin.
5. Those with excessive oil secretion and enlarged pores.
6. Those who have just received treatments related to light or current.

Inapplicable Range

1. Those in menstruation, pregnancy.
2. Those with severe three H's (hypertension, hyperlipidemia, hyperglycemia), thyroid, a malignant tumor, serious diseases, etc.
3. Those who have just done micro-needling, intradermal injection, and under repair after plastic surgery.
4. Those with skin diseases or infectious diseases.
5. Those who are in severe allergy period.

Notes after Operation

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Apply repair mask at least 3 times a week after treatment.

4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
6. Ask for advice about skin care products.

Eye Care

Principles

Eye Ultrasonic

Eye ultrasonic warms up and penetrates into the subcutaneous tissue with a high-frequency vibration wave of 20,000 HZ/sec. Ultrasonic has high frequency, short wavelength and strong penetration. It can travel in a straight line like light, and can emit ultrasonic waves in a determined direction. Ultrasonic is a longitudinal wave and can spread smoothly in human tissues. Ultrasonic acting on human tissues can produce fine vibration and friction on tissue cells, cause cytoplasmic activity and movement, improve cell enzyme activity, promote blood circulation and metabolism, and make skin shiny and elastic, thereby removing dark circles and eye bags, etc.

Effects

1. Fade pigmentation, dark circles.
2. Improve eye bags and swelling.
3. Boost blood circulation around eyes, improve dry eyes.
4. Boost metabolism, prevent pigmentation.
5. Provide nutrients for eyes, moisture the skin.
6. Improve wrinkles, fine lines around eyes.

Applicable Range

1. Those who with dry skin and lack of nutrients around eyes.
2. Those who staying up late very often and with dark circles.
3. Those with dry skin and causing fine lines.
4. Those with eye bags and swelling.
5. Those with poor absorption around eyes and with poor metabolism.

Inapplicable Range

1. Those in menstruation, pregnancy, or lactation.
2. Those with severe three H's (hypertension, hyperlipidemia, hyperglycemia), thyroid, a malignant tumor, serious diseases, etc.

3. Those who have just done micro-needling, intradermal injection, and under repair after plastic surgery.
4. Those with skin diseases and infectious diseases.
5. Those who are during severely allergic period (with erythema).

Notes after Operation

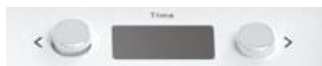
1. Strengthen hydration and pay attention to sun protection.
2. Apply eye mask at least 3 times a week after operation.
3. Massage eyes for 2-3 min before bed every day.
4. Avoid staying up late, smoking and drinking, and ensure good sleep.
5. Eat more fruits and vegetables and less greasy food.

Part II

1. Detailed Operation

1.1 Detailed Operation of Microdermabrasion:

Turn the device on:



Work Time +/- . Time range: 0~60 min. It is suggested to

apply on the whole face for 5~15 min.



Work Time +/-



Suction Adjustment. Rotate anticlockwise to decrease the suction, and rotate clockwise to increase it. It is suggested to adjust the suction at 20%~80%.

Adjust subjecting to your comfort level. Do not use too much suction, you may get petechiae.



Vacuum Suction Display



Black rubber hose (Make sure to install rubber hose before operation to ensure suction, or there would be no suction or decreased suction.)



Cotton Pad (Make sure to install cotton pad before operation to avoid the dirt getting into the device and cause damage, and you can also see the cleaning effect on the cotton pad)



Inlet Hole. Insert one side of the rubber hose into inlet hole, and the other side to handle.



Uninstall the handle cover and insert the white rubber hose, and then insert the handle into the white rubber hose, twist the cover.



Select the diamond tips subjecting to the treatment areas.



The big diamond tips are suitable for large treatment areas such as eye area, nose wings, cheeks, facial and body wrinkles removal.



The round diamond tips are suitable for the cleansing and wrinkles removal on forehead, chin, nose wings, and cheeks.



The sharp diamond tips are suitable for nose wings, blackheads, mites, clogged pores, and wrinkles removal.

1.2 Detailed Operation of Glass Tube



Insert the bent glass tube into the white rubber hose.



Cover the small hole on the glass tube for proper function. It ensures the suction, and it stops functioning after removing your fingers.



Glass Tubes



Bent Probes. Suitable for removing blackheads in small treatment areas.



Straight Probes. Suitable for clogged pores in small treatment areas.



.Oblate Probes. Suitable for massage in small treatment areas.



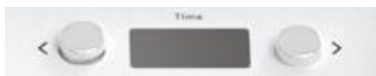
Suction Adjustment (20%~80% is suggested, adjust subjecting to your comfort level. Do not use too much suction, you may get petechiae. Rotate clockwise to the end to adjust the suction to the maximum, rotate anticlockwise to the end to adjust it to the minimum.)



Inlet Hole. Insert one end of the white rubber hose into inlet hole, and the other end to the handle.

1.3 Detailed Operation of Skin Scrubber

Turn the device on



Work Time +/- . Time range: 0~60 min. It is suggested to operate the whole face for 5~10 min.



Work Time +/-



Skin Scrubber Front View



Start/Mode Selection. Click one time to start skin scrubber function, click 4 times to stop.

Three Modes:

Mode 1: Click one time for constant vibration, suitable for those with enlarged, clogged pores, and coarse skin.

Mode 2: Click 2 times for intermittent vibration, suitable for those with clogged pores and excessive oil secretion.

Mode 3: Click 3 times for fast intermittent vibration, suitable for those with coarse skin and need to remove cuticle.

1.4 Detailed Operation of Facial Ultrasonic

Turn the device on



Mode Selection



Mode Adjustment Button. Click to change modes.



Facial Ultrasonic Probe. Select ultrasonic modes.



Work Time +/- . Time range: 0~60 min. 10~15 min is suggested.



Time +/-



Energy +/- . Energy range: 0~10. 3~8 is suggested. Operate with lower energy for first use, adjust after adaption. The bigger the energy, the obvious the heat and the effect.



Energy +/-



Start/Pause

1.5 Detailed Operation of Eye Ultrasonic

Turn the device on



Mode Selection



Mode Adjustment Button. Select ultrasonic modes.



Eye Ultrasonic Probe. Select ultrasonic modes.



Work Time +/- . Time range: 0~60 min. 5~10 min is

suggested.



Time +/-



Energy +/- . Energy range: 0~10. 3~8 is suggested. Operate with lower energy for first use, adjust after adaption. The bigger the energy, the obvious the heat and the effect.



Energy +/-



Start/Pause

1.6 Detailed Operation of Cold Hammer

Turn the device on



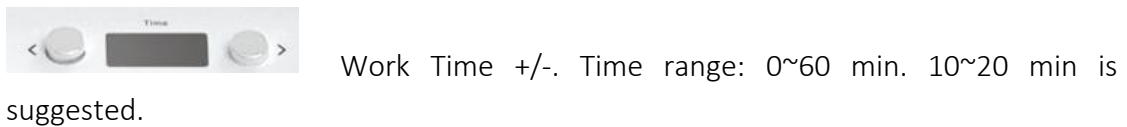
Mode Selection



Mode Adjustment Button. Select ultrasonic modes.



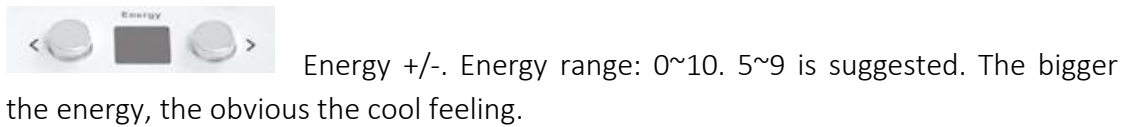
Cold Hammer Probe. Select cold hammer modes.



Work Time +/- . Time range: 0~60 min. 10~20 min is suggested.



Work Time +/-



Energy +/- . Energy range: 0~10. 5~9 is suggested. The bigger the energy, the obvious the cool feeling.



Energy +/-



Start/Pause

1.7 Detailed Operation of Hot Hammer

Turn the device on



Mode Selection.



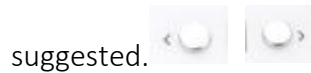
Mode Adjustment Button. Select ultrasonic modes.



Cold/Hot Hammer Probe. Select cold/hot hammer modes.



Work Time +/- . Time range: 0~60 min. 10~20 min is



suggested. Work Time +/-



Energy +/- . Energy range: 0~10. 5~9 is suggested. The bigger the energy, the obvious the heat.



Energy +/-



Start/Pause

2. Technical Parameters

Power: 80W

Frequency: 50/60MHz

Voltage: 110V/220V

Package Size: 39cm(L)*36CM(W)*30cm(H)

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those in menstruation, pregnancy, or lactation.
2. Those with severe three H's (hypertension, hyperlipidemia, hyperglycemia), thyroid, a malignant tumor, serious diseases, etc.
3. Those with heart diseases or with a pacemaker implanted.
4. Those who have just done micro-needling, intradermal injection, and under repair after plastic surgery.
5. Those with skin diseases and infectious diseases.
6. Those who have done plastic surgery which has implanted prostheses on nose area or have wounds on face.
7. Those who are during severely allergic period (with erythema).

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.

2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When operating, the instrument should fully touch the skin to avoid uneven heat.
12. Do not keep the device on for more than 2 hours. If it was on for 2 hours, turn it off and wait for 10-30 min before restarting it.
13. Turn the device off after treatment to avoid damaging the device.
14. Start from the lowest energy level and slowly add up.
15. Avoid contact with the air outlet when operating cold and hot hammer, which may cause vent problems and damage the device.
16. When using this device, the operating parts must be kept moist and dry skin should be avoided.
17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
18. Adjust the suction subjecting to the customer's comfort level when operating microdermabrasion.
19. Make sure to install rubber ring when operating microdermabrasion setting to avoid no suction or weak suction.
20. Make sure to install filter cotton when operating microdermabrasion settings to cover the dirt from the skin.
21. Take good care of the glass tubes after use to avoid breakage.
22. Do not stay in the same area for more than 5 seconds to avoid skin burn or freeze when using the RF operating head.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Skin scrubber button doesn't work?

- A. Turn the device off and restart.
- B. Unplug the probe and then plug it in again.

4. Microdermabrasion has no suction?

- A. Please check if the rubber ring on the probe is too tight and caused air leakage.
- B. Please check if there is a rubber ring on the probe.
- C. Please check if the rubber ring is connected to the device properly, or if there's any breakage.

6. FAQs

1. Q: Q: Will the skin become thinner and more sensitive after microdermabrasion treatment?

A: No. During the process, microdermabrasion operation is just to remove the skin aging cuticle. Our skin regenerates every 28 days, so it will only make the skin become more smooth, fine and glowing. Sensitive symptoms will not appear.

2. Q: Why exfoliate?

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

3. Will ultrasonic infusion fades acne marks?

A: Ultrasonic introduction is to infuse skin brightening nutrients into the skin through ultrasonic high-frequency vibration, accelerate absorption, strengthen inhibition of

melanin production and fade dark spots, effectively improve dull skin, regain moisture, and have an obvious effect on pigmentation caused by acne with no side effects. It is safe, reliable and easy to use, and general outdoor activities are okay after treatment.

4. Q: Is it dependent?

A: No, this is for skin problems to improve and deeply clean the skin, which belongs to the maintenance and improving skin of malnutrition caused by other factors. It's used to help skin absorb nutrition products, solve other issues such as dark, yellowish skin, water shortage, rough skin, wrinkled skin. Without the treatment you skin will only go back to secretion of its own and aging, therefore not dependence factor is involved.

5. Q: Can I wear makeup after using this instrument?

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars

7. Packing List

- 9 x diamond tips
- 2 x wands
- 1 x small bag filter
- 2 x ultrasonic probes
- 1 x scrubber
- 1 x cold/hot hammer

8. Operational Diagrams

Parameter	Product	Techniques	Diagrams
Adjustment			
Deep Cleansing: 50 min, once/week			
Microdermabrasion: Time: 10 min Suction:	Makeup remover+ Cleanser+ Blackhead	1. Remove makeup, 5 min. 2. Apply toner, 1min. 3. Apply blackhead export liquid+hot steam on T-zone	Technique 12


<p>20~80% (Adjust subjecting to one's comfort level)</p> <p>Glass tube: Time: 5 min Suction Energy: 20%-80%, adjust subjecting to one's comfort level</p> <p>Hot Hammer: Time: 5~10 min</p> <p>Energy: 3~8</p> <p>Mode B</p>	<p>export liquid+ Cold/hot hammer+ Hydrating essence+ Mask</p>	<p>(nose, forehead, chin) or clogged area, 5 min.</p> <p>4. Remove cotton pad.</p> <p>5. Microdermabrasion: Adjust parameters and start operation.</p> <p>6. Operation: Move the probe from the nose. Twist it on nose area to suck out the blackheads and mites, 2-3 times.</p> <p>7. Move downwards from the nose to remove excessive cuticles, 2-3 times.</p> <p>8. Move slowly on the chin, 2-3 times.</p> <p>9. Strengthen the cleaning under the lips, 1-2 times.</p> <p>10. Twist on the forehead, 2-3 times.</p> <p>11. Strengthen the cleaning at the beginning of the eyebrows, 1-2 times.</p> <p>12. Operate on face. Lift to the earlobe along the jawline, lift mouth to ear gate, nasolabial folds to submalar triangle, lift eye corner, 1 time.</p> <p>13. Do the same on the other side.</p> <p>14. Clean at T zone (forehead-nose-chin), strengthen the cleaning at nose area, 3 min.</p> <p>15. Move the glass tube on forehead towards hairlines, 2-3 times.</p> <p>16. Double the treatment at nose area, move downwards on nose and nose wings, 2-3 times.</p> <p>17. Double the treatment on the chin, move in lines from</p>	<div data-bbox="1161 219 1284 414" data-label="Image"> </div> <p data-bbox="1082 448 1260 481">Technique 21</p> <div data-bbox="1161 510 1284 705" data-label="Image"> </div> <p data-bbox="1082 739 1260 772">Technique 22</p> <div data-bbox="1161 801 1284 996" data-label="Image"> </div>
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		<p>one side of mouth corner to the other side, 2-3 times.</p> <p>18. Wash face.</p> <p>19. Apply hydrating essence, 1 min.</p> <p>20. Hot hammer to help skin absorption. Adjust parameters and start operation.</p> <p>21. Move in circular motions from chin to earlobe, mouth corner to ear gate, nose wings to the temple, 3 times.</p> <p>22. Move in circular motions towards hairlines on forehead, 3 times.</p> <p>22. Do the same on the other side.</p> <p>23. Apply mask, 15 min.</p> <p>24. Remove mask and wash face.</p> <p>25. Apply toner, essence, cream, and sunscreen.</p>	
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Recommended Treatment:

10 treatments account for one full course. After one treatment, skin feels clean by 60%. One course helps reduce oil secretion, clogged pores. Two courses help brighten and moisturize the skin, shrink pores, reduce acne. Three courses help reduce blackheads, remove acne. Long-term care strengthens the effect, prevents clogged pores, and avoids blackheads.

Facial Care: 60 min, once/week

<p>Microdermabrasion: Time: 10 min</p> <p>Suction: 20%~80%</p> <p>Adjust subjecting to one's comfort level</p>	<p>Makeup remover+ Cleanser+ Blackhead export liquid+ Cold/hot hammer+ Essence+ Mask</p>	<p>1. Remove makeup and wash face, 5 min.</p> <p>2. Apply toner, 1 min.</p> <p>3. Apply blackhead export liquid + hot steam on T zone, 5 min.</p> <p>4. Remove cotton pads.</p> <p>5. Microdermabrasion cleanses the pores: Adjust the parameters and start operation.</p>	<p>Technique 12</p>  <p>Technique 17</p>
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Skin Scrubber energy:
Mode: 1
(Click one time on the probe for mode 1, 2 times for mode 2, 3 times for mode 3.)

Facial ultrasonic:
Time: 10 min

Energy:
30%~80%

6. Operation: Twist on forehead, 1-2 times.
7. Move slowly from the beginning of the eyebrows to the end, 1-2 times. (You may double the operation at the beginning of eyebrows, 1-2 times.)
8. Twist on the whole nose and then move slowly after the twist, 2-3 times.
9. Twist on the chin, 1-2 times.
10. Move slowly from chin to the sides, 1-2 times.
11. Twist on cheeks, 1-2 times.
12. Lift in lines from chin to earlobe, mouth corner to ear gate, nose wings to the temple, 1-2 times.
13. Do the same on the other side.
14. Wash face.
15. Strengthen the cleaning and remove cuticles: adjust parameters and start operation.
16. Operation: wet the cotton pad, tilt the scrubber at a 45° angle and slowly move around the face. Double the operation around nose, 3-6 times.
17. Lift in lines from chin, 3-6 times.
18. Do the same on the other side.
19. Move slowly towards hairlines on forehead, 3-6 times.
20. Wash face.
21. Apply skin brightening essence.



Technique 19



Technique 23



Technique 24



Technique 26






		<p>22. Ultrasonic infusion: adjust parameters and start operation.</p> <p>23. Move in circular motions from chin to earlobe, mouth corner to ear gate, nose wings to temple, 3 times.</p> <p>24. Move slowly from chin to earlobe, mouth corner to ear gate, nose wings to temple, 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. Move in circular motions on forehead, 3 times.</p> <p>27. Apply mask, 15 min.</p> <p>28. Remove mask and wash face.</p> <p>29. Apply toner, essence, emulsion, cream, and sunscreen.</p>	
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Suggested Treatment:

10 treatments account for one full course. One treatment cleanses the skin, dredges the pores. One course helps shrink the pores, reduce coarse skin. Two courses help smooth and brighten the skin. Three courses help improve skin quality, boost skin absorption and metabolism, prevent clogged skin and balance the oil.

Soothing: 35 min, 2-3 times/week



<p>Cold Hammer: Time: 15 min</p> <p>Energy: 5~9</p>	<p>Makeup remover+ Cleanser+ Toner+ Cold/hot hammer+ Repair base mask+ Repair essence+ Repair mask</p>	<ol style="list-style-type: none"> 1. Remove makeup with cotton pad, 2 min. 2. Wash face with cleanser, 2 min. 3. Apply toner + cold steam, 5 min. 4. Apply repair base mask + hot steam, 5~8 min. 5. Remove mask, wash face. 6. Apply repair essence evenly. 7. Cold hammer repair skin: adjust parameters and start operation. 	<p>Technique 8</p>  <hr/> <p>Technique 9</p> 
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		<p>8. Operation: Move in circular motions from chin to earlobe, mouth corner to ear gate, nose wings to temple, 3 times.</p> <p>9. Move in lines from chin to earlobe, mouth corner to ear gate, nose wings to temple, 3 times.</p> <p>10. Do the same on the other side.</p> <p>11. Move in circular motions on forehead, 3 times.</p> <p>12. Move slowly from left to right on forehead, 3 times.</p> <p>13. Apply repair mask, 15 min.</p> <p>14. Apply toner, repair essence.</p>	<p>Technique 11</p> 
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Suggested Treatment:

10 treatments account for one full course. One treatment brightens and smooths the skin. After one course, the skin will be less prone to allergy due to dehydration, cosmetics or change of season. After 2 courses, the skin is delicate, elastic, and bright with good blood circulation. 3 courses help strengthen the effect and prevent allergy.

Eye Care: 40 min, once/week

<p>Eye ultrasonic: Time: 10 min</p> <p>Energy: 30%~80%</p>	<p>Makeup remover+ Cleanser+ Toner+ Eye massage cream+ Eye essence+ Eye mask</p>	<ol style="list-style-type: none"> 1. Remove makeup, wash face, 5 min. 2. Apply toner. 3. Eye massage: apply eye massage cream around the eyes. 4. Caress with the middle and ring fingers, 3 times. 5. Lift from canthus to temple with middle and ring fingers, 3~5 times. 6. Lift from brow ridge to temple with middle and ring fingers, 3~5 times. 7. Push the following acupoints: Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EM3), 	<p>Technique 4, 8</p>  <p>Technique 5</p>  <p>Technique 6</p>
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		<p>Sizhukong (TE-23), the Temple, Tongziliao (Gb-1), Chengqi (St-1), Sibai (St-2), Jingming (BL-1).</p> <p>8. Caress eye area with both hands, 3 times.</p> <p>9. Move hands as if writing an “8” number on eye area, 3~5 times.</p> <p>10. Move in circular motions from beginning of the eyebrows around the eyes with middle and ring fingers, 3 times. Push jingming (BL-1).</p> <p>11. Alternately lift canthus to hairlines with middle and ring fingers on one side, 3~5 times.</p> <p>12. Do the same on the other side.</p> <p>13. Apply essence on eyes area.</p> <p>14. Eye ultrasonic: move in small circular motions from canthus to temple, 3 times.</p> <p>15. Lift from canthus to lower eyelids to temple, 3 times.</p> <p>16. Lift from canthus to end of eyebrows along upper eyelid, 3 times.</p> <p>17. Lift from canthus to hairlines along the lower eyelid, 3 times.</p> <p>18. Do the same on the other side.</p> <p>19. Apply mask, 15 min.</p> <p>20. Remove mask, wash face.</p> <p>21. Apply toner, eye cream, facial cream, and sunscreen.</p>	 <hr/> <p>Technique 7</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 15, 17</p>  <hr/> <p>Technique 16</p> 
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Suggested Treatment:

Ten treatments account for one full course of treatment. One treatment relieves fine lines, hydrates the eye area. One course helps improve swelling, relieves dark circles

and uncomfortable feelings. Two courses help reduce fine lines, fade pigmentation, and improve dark circles. Three courses help provide nutrients around eye area, make the skin delicate, bright, and elastic.