



**2 In 1**

**(Private Care + Detector)**

Read this guide thoroughly and follow the instructions strictly before operation.

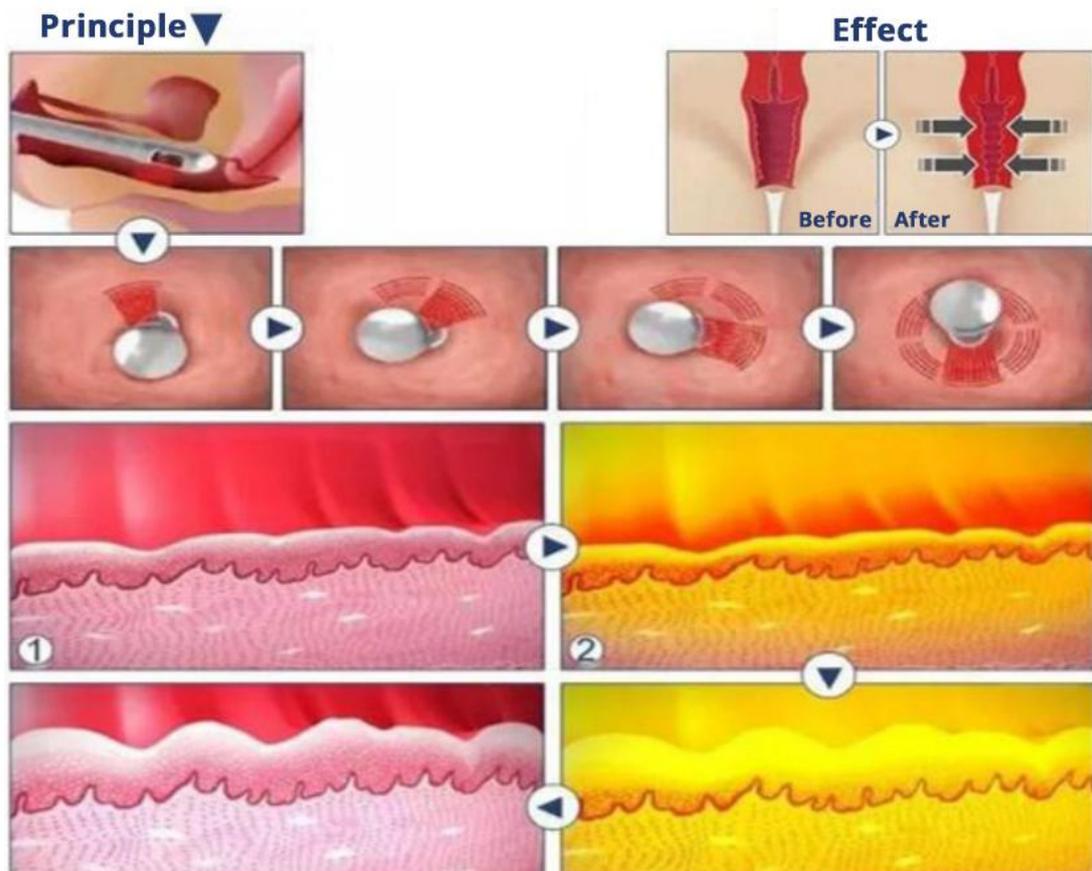
## **1. Brief Introduction**

This private care device is the most advanced RF private instrument in the United States. It has a patented intelligent temperature control system. Set the target temperature before treatment and it stays at the set temperature constantly, which can effectively avoid tissue damage. Real-time temperature detection system displays

the skin temperature during treatment, which brings better experience. It passed FDA and CE. The core of its application is the intelligent temperature control RF transmission technology, which is applied to the beautification of the labia and the vagina preliminary tightening. It provides women with a safe and effective non-surgical, no anesthesia, no recovery period, no pain, no scars, and a very comfortable private anti-aging treatment.

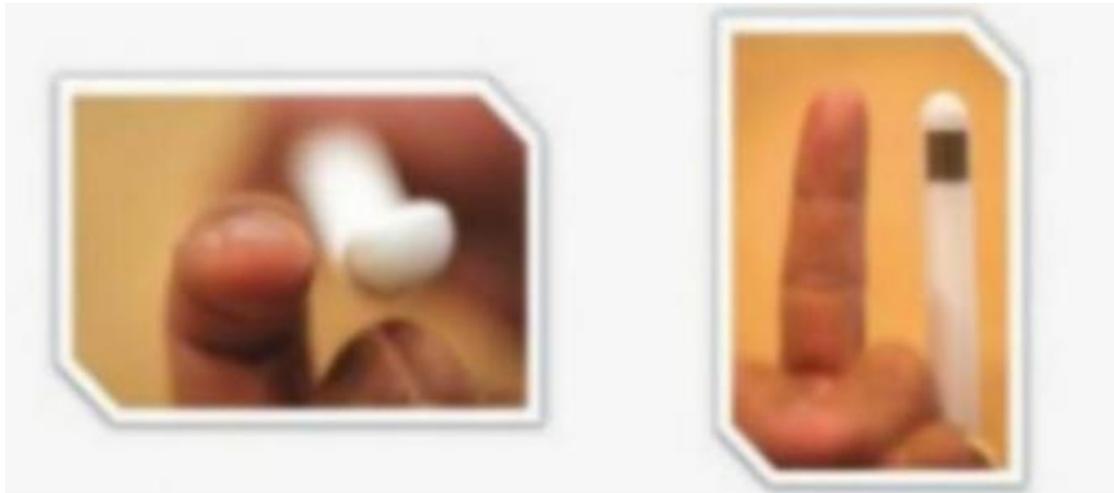
## 2. Principle

Private care device is an instrument with intelligent temperature control function that can operate simultaneously the inside of the vagina and the vulva and labia through RF conduction. "Inner" treatment is to activate collagen recombination through the warming effect to achieve 360° tightening of the vagina, increase vaginal humidity, and treat urine problems. "Outside" treatment also uses RF technology to speed up partial blood circulation while reorganizing damaged neurons so that the loose labia can converge in place, increase sensitivity and skin softness, and reduce folds, and the vulva will be moisturized, tightened, and rejuvenated.



### 3. Technology: Disposable Probe

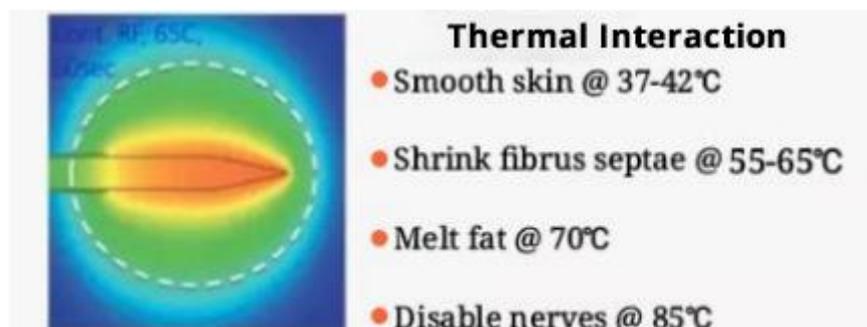
The core technology of the private care device lies in its disposable treatment probe, which is very small, user-friendly, and comfort during treatment. It manages 360° full treatment even in internal vagina, including the upper, middle, and lower vaginas.



- The disposable probe is only the size of an index finger, so there is no feeling of discomfort when inserting for treatment.
- The disposable probe is valid for 30 minutes. After the probe is activated, the valid time is 30 minutes, which avoids the risk of secondary use.
- The probe only has a hot electrode on the tip side. Except for the hot electrode part that is in contact with the skin, the rest is made of plastic and will not cause damage to other parts.

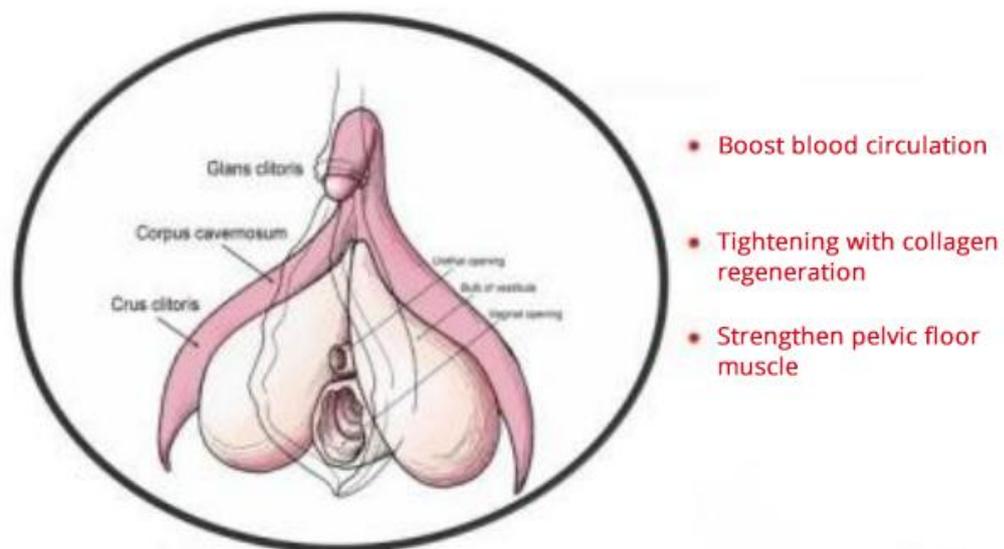
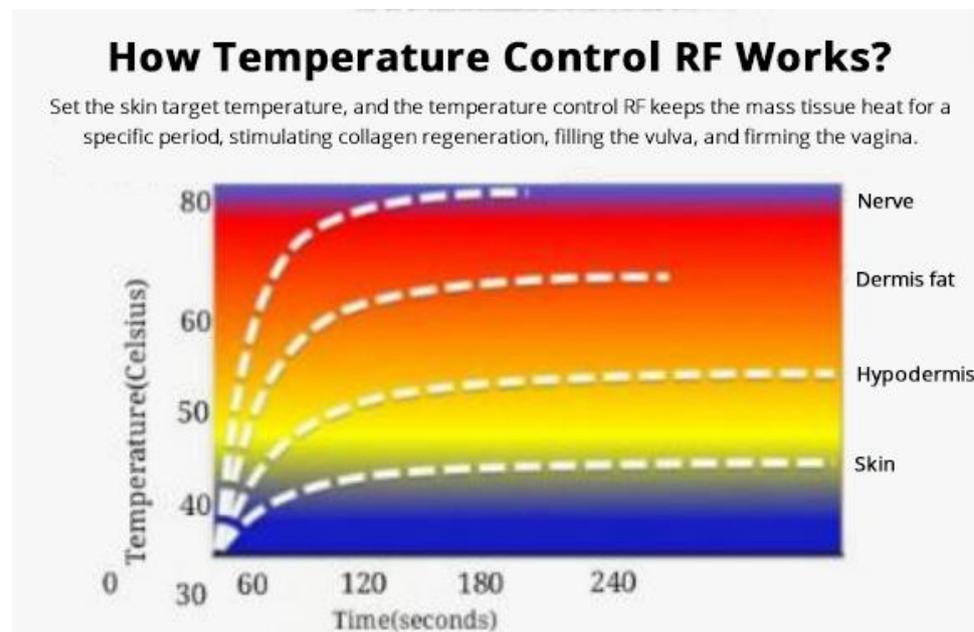
### 4. Technology: Temperature Control RF

All processes that promote the regeneration of human collagen are through heating. The vulva is very delicate, and the labia tissue is between the skin tissue and the mucous membrane tissue, so it has a higher temperature requirement. The special smooth skin temperature setting of private care device keeps the temperature adjustable at 37-42°C.



Before treatment, set the skin target temperature, and the temperature control RF

keeps the mass tissue heat for a specific period of time, effectively stimulating collagen regeneration, filling the vulva, and improving vaginal relaxation. Through temperature control RF technology, it can effectively promote the blood circulation of the vulva, promote collagen tightening, strengthen the stretch function of the lifter and sphincter, and even increase the sensitivity of the female vulva.



## 5. Principle

The aging of the face or other parts are related to the loss of collagen. There are many types of collagen. Type I is distributed in the dermis, tendons, bones, and dentin. It accounts for 90% of the total collagen in human body. Its amount and loss rate determine the fullness and flexibility of the tissue and skin.



5. Suitable for people above 18 with sexual history.
6. Adjust the pH value of the genitals system. Treat both internal and external vulva together.
7. Increase moisture, softness, and firmness, and it provides ovaries care.
8. Simultaneous treatment of internal and external vulva, increase satisfaction and improve self-confidence.

## 7. Comparison: Laser - High Power Focused

### Ultrasound - RF

Technology	Laser	High Power Focused Ultrasound	RF
Type	Burning treatment	Non-burning treatment	Non-burning treatment
Probe	Non-disposable	Non-disposable	Disposable
Risk	High	High	Low
Effect	Medium	Low	High
Improvement Area	Vulva+ Vagina	Vagina	Vulva+ Vagina
Experience	Swollen, uncomfortable	Sore, uncomfortable	Painless, comfortable

## 8. Applicable Range

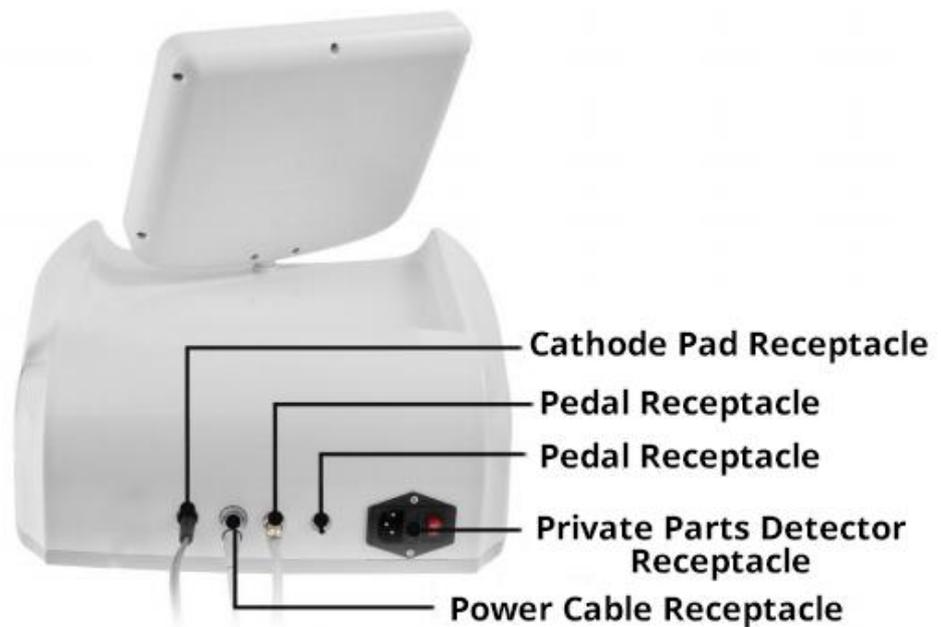
1. Vaginal relaxation after childbirth or menopause.
2. The labia of the vulva area is loose, and vaginal exhaust sounds during sexual behavior.
3. Atrophic vaginitis/vaginal dryness during intercourse.
4. Mild to moderate pelvic prolapse: pelvic cavity Internal organs (such as bladder, rectum) decline.
5. Sexual dysfunction and orgasm problems.
6. Urinary incontinence with pressure, or urine leakage at coughing/sneezing/exercise

## 9. Instruction

1. Accessories introduction:

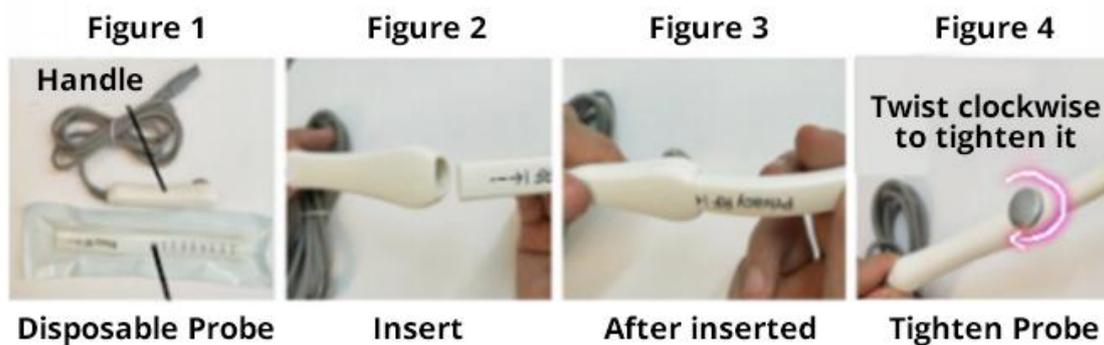


## Front View



## Rear View

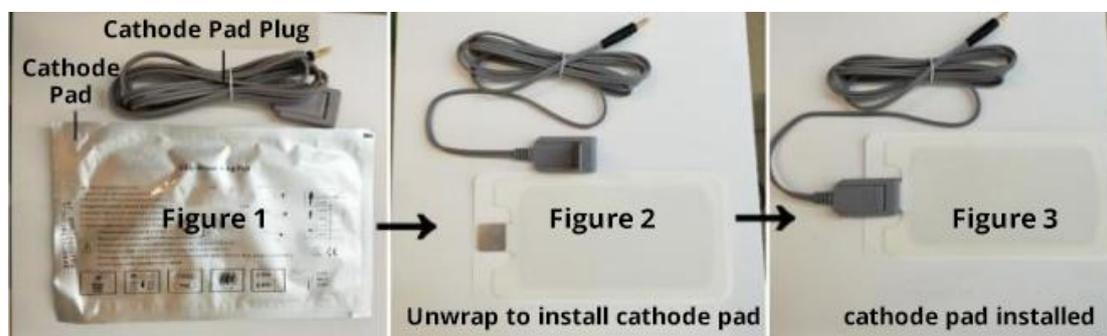
2. Private Part Disposable Probe Installation:



Note: Clean the probe with normal saline before using.



### 3. Cathode Pad Accessory Installation:

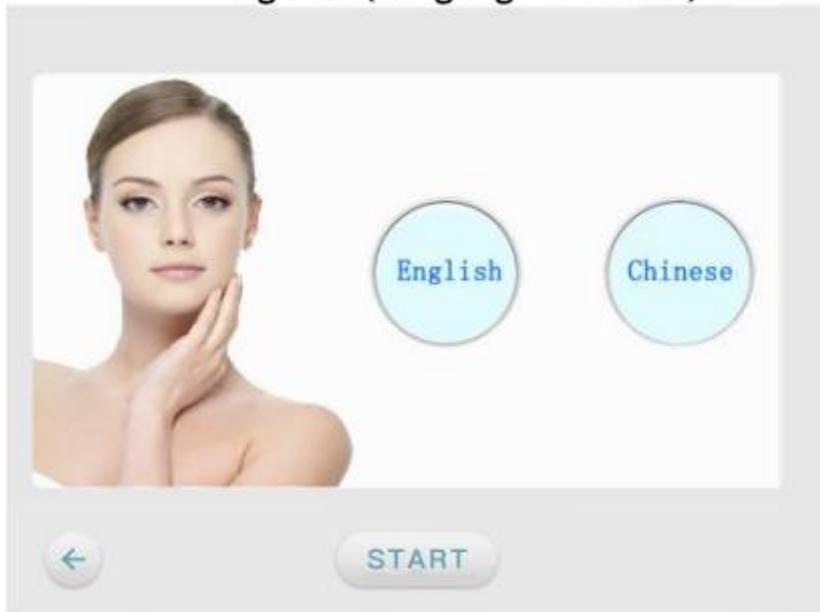


## 10. Work Interface

## 1. Start:

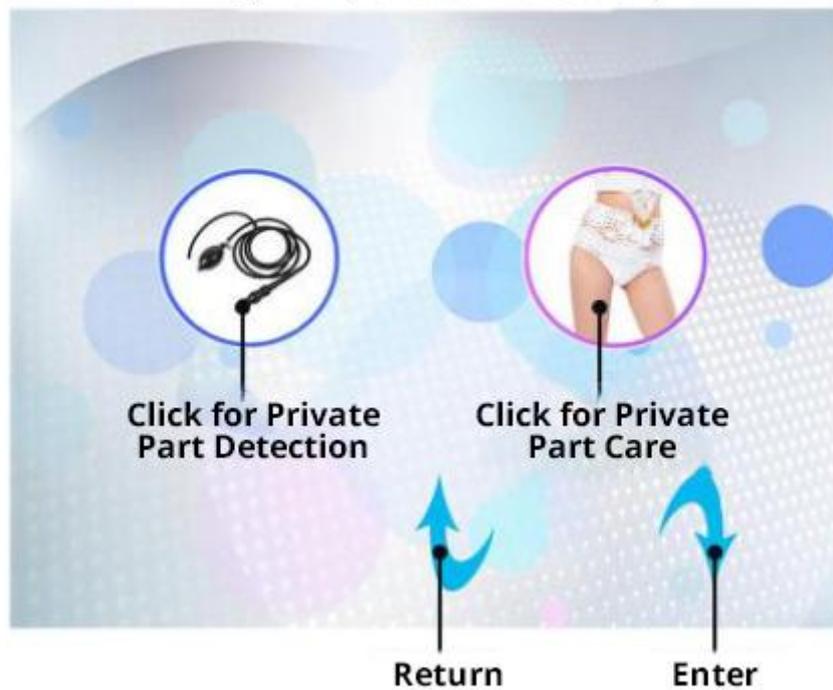
After installing and connecting the handle, pedal, and cathode pad, turn on the device, and press power button, and the language selection interface will appear (see Figure 1 below).

**Figure 1 (Language Selection)**



## 2. Function Selection:

**Figure 2 (Function Selection)**



3. Private Part Work Interface (as figure 3 below):



Reminder: If the load displays 00, it means there is no power. There is energy output only when the load displays numbers. If the handle is touching the skin, and the load shows 00 with no energy output, please check whether the cathode pad is installed and connected or whether the cathode pad is touching the customer's back.

4. Private Part Detection (as figure 4 below)



How to use private part detection tube:

- ① Sterilize detection tube airbag, and put a condom on the airbag.

- ② Please put the airbag into the vagina (If it is difficult to get it in, add lubricant).
- ③ Before detection, please lie your upper body down and stand with your feet shoulder-width apart. When detecting, contract the vaginal circular muscles and pelvic floor muscles to check the values on the screen, and record the highest value of the detection. During the detection, clamp the vagina like holding in urine. (Do not contract the hips and thigh muscles, so as not to affect the accuracy of the detected values).
- ④ Wait for 6 seconds, breathe naturally and start the first detection, and prepare 2 condoms for a total of 2 detections.  
(The first detection is the private part relaxation value **before treatment**.)  
(The second detection is the private part tightening value **after treatment**.)
- ⑤ After the detection, take out the airbag and clean it with a soft cloth, put it in the box for next use.
- ⑥ Refer to the vagina elasticity value table below for different exercises.

Value	Tightening	Sensitivity	Exercise Recommended
<60n	Very poor	None	Must enhance exercise
60~80n	Poor	Low	Persistent exercise needed
80~120n	Normal	Normal	Moderate exercise needed
120~160n	Good	Good	Consolidation advised
>160n	Excellent	Excellent	Care advised

## 11. Notes before Treatment

1. If you have a pregnancy plan, you must have a pregnancy examination first.
2. Before the treatment, a private part examination must be conducted to ensure that it is not a period of inflammation.
3. ★Preoperative preparations: Private part gel, iodophor disinfectant, normal saline, 75% disinfectant alcohol, medical cotton swabs and gauze, disposable gloves and masks, 2-3 condoms.

## 12. How to Use

1. Before treatment, please remove all metal objects from the body first; and stick the pads on the customer's leg. (Touch the skin with the pad, if not, the negative pad will be heating)
2. Please shave pubic hair before treatment to avoid discomfort during the operation.
3. Before treatment, the vagina (vulva, labia, vaginal opening) needs to be thoroughly disinfected, and the disinfectant should be wiped clean.
4. Before the operation, detect the relaxation of the vagina.
5. Wipe clean the probe with alcohol or saline before use.
6. Put the probe into the vagina to start treatment, and then put it into the vulva for treatment.

7. Operation reference value: Energy 30-50, set temperature 39°C-40°C.
8. Steps for vagina operation: 20 min is recommended.
  - When operating vagina, first inject special gel into vagina.
  - When operating, first put the probe into the vagina and touch to the skin, then press the start button and step on the pedal.  
(Remember: During operation, put the probe into the vagina and touch to the skin before stepping on the pedal)
  - Operation: slide back and forth, and rotate.
  - The temperature should be at about 39°C for about 20 minutes.
  - The temperature is gradually increased during the operation, and it doesn't reach the set temperature immediately.
  - Double the operation at G spot to increase sensitivity.
9. Steps for the vulva: 10 min is recommended.
  - When operating the vulva, first apply the special gel to the vulva area.
  - When operating, first touch the skin with the probe. Press the start button and step on the foot pedal.  
(Remember: During operation, ensure the probe is touching the skin before stepping on the foot pedal)
  - Operation: Slide up and down and operate in circular motions according to skin texture of the vulva.
  - Keep the labia flat with cotton swab to help operation.
  - Flatten the labia with a cotton swab and operate along to the texture.
  - Double the operation at the clitoris to increase sensitivity.
  - The temperature should be at about 39°C for about 10 minutes.
  - The temperature is gradually increased during the operation, and it doesn't reach the set temperature immediately.
10. Detect the firmness of the vagina after treatment.
11. After the treatment, disinfect the private part with iodophor, and then clean and wipe with normal saline.

## 13. Notes after Treatment

1. Wash underwear separately. Do not share basin, towel, or water.
2. Do not go swimming, sauna, or other public places to avoid infection.

## 14. Dos and Dont's

1. Rest after the operation, avoid exercise within 3 days, so as not to affect the effect.
2. No cold, spicy, and hot food; do not take anticoagulant medicines like aspirin; no smoking, eat more fruits and vegetables to prevent constipation after treatment.
3. Pay attention to vulvar hygiene after treatment but don't over-clean. Follow the doctor's instructions for care, and seek medical advice in time if anything.

## 15. Inapplicable Range

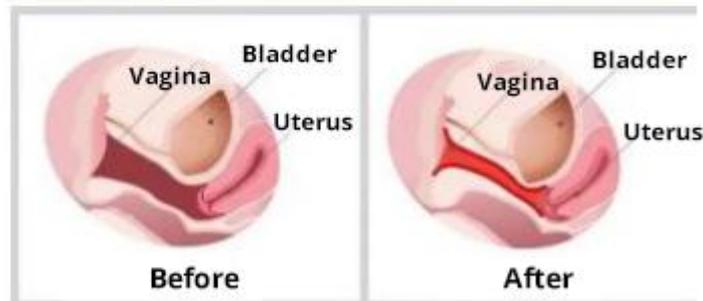
1. Those in menstruation, pregnancy, and those with no sexual history.
2. There are metal implanted at the treatment area (like IUD).
3. Those who use anticoagulant medicines, high-dose hormones and other drugs.
4. Those who have acute vaginitis or cervicitis, cervical cancer, and severe cervical erosion.
5. Those who have severe hypertension, diabetes, malignant tumors, cardiovascular, cerebrovascular, and liver or kidney diseases.
6. Those who are undergoing chemotherapy, radiation therapy, pelvic floor physiotherapy or treatment for other diseases.
7. Those with chronic vulvar pain, vulvar dysplasia, and pelvic organ prolapse outside the hymen.
8. Those with infectious diseases (such as AIDS, papillary disease, gonorrhea, herpes, etc.).
9. Under normal circumstances, after vaginal delivery, private part treatment can be done after six weeks.

## 16. Clinical Case

It is found that this private part device can help restore elasticity, moisturization, and fullness in the private area. It is healthy and protective because after treatment, the labia majora can wrap the labia minora to protect the vaginal opening and prevent foreign objects and bacteria from entering, which is just like the peach we see in the picture below.



**Clinical Case**



## 17. Benefits

- Improve the vaginal firmness: The private part device tightens the entire vulva area from the outer labia to the entire inside of the vagina. Both the ones received treatment and their partner can notice a significant improvement in firmness.
- Improve the appearance of the labia: Make the skin of the external genital area taut and smooth.
- Increase vaginal secretions: The private part device increases blood circulation through zero hormone therapy to eliminate dryness, restore nerve signal conduction, and improve lubricity.
- Improve sexual function: The private part device improves the sexual satisfaction of women and their partners by increasing orgasm sensitivity and strengthening muscle contraction.
- Reduce urinary incontinence from stress: By strengthening the pelvic musculature, the private part device can reduce accidents of urine leakage and help treat mild or moderate stress urinary incontinence.

## 18. FAQs

### 1. Q: How much?

A: The suggested price for a single treatment is USD 2957.

### 2. Q: Will it be pain while operation?

A: You would only feel comfortable and warm during the process, no pain after treatment either.

### 3. Q: Is it safe to use this private part device?

A: A disposable probe is used for each treatment to ensure that there is no risk of infection. The private part device is very safe and has no adverse reaction records.

### 4. Q: Does this private part device need a course of treatment?

A: It brings the best effect if treat according to the course of treatment. The effect will also be different according to the degree of aging. We will offer a personalized treatment plan with professional detection. We will also plan everything according to the customer's needs and what effect the customer wants to achieve.

### 5. Q: How many times of treatment needed? How long after I could do it again?

A: 4 treatments account for a course normally. 6 treatments as a course is also okay if needed. Treat 2-4 times a week. In general, the customer would feel obvious change and improvements after one treatment.

**6. Q: How long does it take for each treatment? How long will I recover?**

A: It takes 30 min for the treatment. Skipping any recovery periods without affecting any work and life plans even sexual behavior. **Note: Sexual behavior is suggested after 3 days for the effect.**

**7. Q: How long does the effect last? Do I need any more treatment?**

A: It lasts 9-12 months if 4 treatments a week normally. You can treat 1-2 times a year after that to consolidate the best effect, safe and effective.

**8. Q: Who needs private part device treatment?**

A: Those with vulvar atrophy, pigmentation, sagging and dryness, and pain. The sooner these problems are treated, the sooner they recover, and the sooner you can enjoy a healthy and happy life.

## 19. Technical Parameters

Product name: 2 In 1 (Private Part Device + Detection)

Input voltage: AC110V-240V

Output voltage: 30-200VA

Fuse: 5A

Flight case size: 48×60×25cm

Weight: ±8kg