User Manual SR-AF1319



Preface

Dear users:

We're pleased to present to you the 5 in1 Hydro Dermabrasion Scrubber Oxygen Spray Facial Device that's featuring in deep cleaning, hydration, skin rejuvenation and anti-aging. It is a multifunctional beauty machine, targeted at various skin problems such as dehydrated skin, sagging and loose skin, clogged pores and so on. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. The 5 in1 Hydro Dermabrasion Scrubber Oxygen Spray Facial Device is a specialized skin care machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Cleaning skin scrubber, hydra dermabrasion and RF beauty machines are currently the most popular beauty machines that work on deep cleaning, hydrating and anti-aging. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, it's convenient and easy to operate. It solves various skin issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF treatment can make the skin deeply heated, stimulate the collagen hyperplasia and reorganization of the skin dermis, accelerate the blood circulation at the skin bottom, and achieve the effects of skin firmness, fullness, anti-aging and prevention of aging. At the same time, the hydro spray jet injects nutrient solution and oxygen into the skin layer of the human body through extreme pressure to achieve the functions of whitening, hydrating and repairing.

Advantages

- 1. 5-in-1 beauty machine that works on your overall facial care.
- 2. Multiple working probes can be replaced in different parts according to different requirements.
- 3. Suit all skin type and help improve skin quality and smooth fine lines.
- 4. The high frequency waves of radio frequency make the dermis get hot and warm, promote the metabolism of skin and the regeneration of collagen, thus lift the skin, dispel wrinkles, combat micro-aging, and make the skin firm and delicate.
- 5. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
- 6. No consumption, low cost and quick returns.
- 7. Wider range of treatment and rapid and significant effect.
- 8. It will not cause any lumpiness, bleeding and swelling and stasis.
- 9. The 3MHZ high-frequency ultrasonic of the cleaning scrubber can effectively enhance the absorption of the skin, help nutrients penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration can refine the nutrients into small molecular particles to enhance the absorption.
- 10. BIO micro current can increase cell function, cell vitality and skin rejuvenation.

Deep Cleaning

Principles

Hydra Dermabrasion

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydro facial cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

Physical Effects

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

Iontophoresis

It uses the interaction between positive and negative ions to produce mutual attraction and mutual repulsion, achieving the purpose through the equivalent exchange of ions (positive for positive, negative for negative).

The positive and negative ion cosmetology instrument adopts the principle of iontophoresis. When the essential oil/cream/skin care ointment that contains active ionic ingredients meets with the electrode of the same polarity, it will accelerate and strengthen, penetrate into the skin through the pores, sweat glands, intercellular space, thus doubling the permeability of skin care products. At the same time, dust, garbage and excess cutin will be separated from the skin, therefore a deep cleaning of the skin is achieved as well.

Positively charged chamber (anode): The principle of opposites attract each other help clear out the blackheads, acne, grease and other dirt in the pores.

Negatively charged chamber (cathode): The principle of mutual repulsion help channel nutrients and essence into dermis and subcutaneous tissues.

Effects

- 1. Deeply clean and shrink pores.
- 2. Remove waste cutin and increase permeability.
- 3. Deeply introduce nutrition and moisturize the skin.

- 4. Improve coarse skin and smooth skin.
- 5. Dredge pores and boost absorption.

Applicable Range

- 1. Those with coarse skin, thick and clogged pores.
- 2. Those with excessive oil secretion and thick cutin.
- 3. Those who do not pay attention to cleaning and maintenance.
- 4. Those with skin that's dry and lack of nutrition despite of frequent hydration and diligent skin care.

Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 4. Those with skin diseases and infectious diseases.
- 5. Those who have just received injection, such as intradermal injection, micro-needling, or those with skin cuts.

Notes after Operation

- 1. Strengthen hydration and always use sun protection.
- 2. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 4. Apply a hydrating mask once a day for three days.
- 5. Wash your face with warm water within 3 days after operation.

Cleaning & Hydrating

Principles

Micro Current

It helps stimulate the muscle through micro electric current so that the muscle restore elasticity and a clearer facial line, thus achieving the lifting effect of facial skin.

Polymer Atomizing Pen

Using high pressure oxygen and water, it sprays water flow on the skin with molecular

particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

Physical Effects

The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Effects

- 1. Deeply clean skin and shrink pores.
- 2. Adjust skin tone to make it look more translucent.
- 3. Deeply moisturize, tender and brighten the skin.
- 4. Dredge pores and boost absorption.
- 5. Deep introduction of nutrients and accelerate absorption.
- 6. Balance oil secretion and improve skin quality.

Applicable Range

- 1. Those with dehydrated and malnourished skin.
- 2. Those with large pores and rough skin.
- 3. Those with poor skin absorption and lack of water in the skin base.
- 4. Those with dark and uneven skin tone.
- 5. Those with excessive oil secretion, oily skin.
- 6. Those with sallow skin that lack in glowing.
- 7. Those who are unsatisfied with their skin tone.

Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 4. Those with skin diseases and infectious diseases.
- 5. Those who have just received injection, such as intradermal injection,

micro-needling, or with skin cuts.

Notes after Operation

- 1. Strengthen hydration and pay attention to sun protection.
- 2. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 4. Apply a hydrating mask once a day for three days.
- 5. Wash your face with warm water within 3 days after operation.

Soothing&Repairing

Principles

RF&Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological effects

During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.

Polymer Atomizing Pen

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

Physical Effects

The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Effects

- 1. Fast calming, strong moisturizing.
- 2. Improve dull and sallow skin.
- 3. Improve and repair sensitive skin.
- 4. Improve large oil fields and shrink pores.
- 5. Soothe and repair skin after photoelectricity operation.
- 6. Relieve and repair slightly sensitive skin.

Applicable Range

- 1. Those with dry skin and lack of moisture.
- 2. Those with uneven, dull complexion.
- 3. Those with sensitive skin, acne-prone skin, and easily inflamed, or allergic skin.
- 4. Those with large, coarse pores, and vigorous oil secretion.
- 5. Those who have just received the photoelectric treatment.
- 6. Those with skin peeling and dandruff.

Inapplicable Range

- 1. Those who have just undergone invasive plastic surgery with unhealed wounds.
- 2. Those with skin diseases and infectious diseases.
- 3. Those who are unrealistic about the results.
- 4. Those who have just received injection products, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
- 5. Those who are having a severe allergy (red rash).
- 6. Use with caution for those who are allergic to lights.

Notes after Operation

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 4. Apply a hydrating mask once a day for three days.

Anti-aging & Tightening

Principles

RF&Cold Hammer

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effects

RF current is converted into heat by resistance. Human body is a conductor with a certain amount of resistance. When RF current applied to the body, the body will become part of the circuit. With the combined force of high frequency current, neutral electrode, and special treatment probe, electromagnetic field of deep equilibrium is formed under skin dermis, and when it applies to the water molecules inside the collagen, it causes the vibration and rotation of bipolar water molecules at millions of times a second to generate heat, and selectively applies to deep dermis and deep fibrous layer, stimulate immediate contraction of collagen fiber. The heat thereby bring about a serious of physical effects, such as boosting metabolism, generating new collagen fibers, restoring skin elasticity to become full and plump. Long-term application of RF beauty device can promote the skin blood circulation, increase oxygen, promote collagen fiber reconstruction and renewal so as to smooth wrinkles, leaving the skin smooth and elastic.

BIO

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced

current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally . It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

Effects

- 1. Improve facial relaxation and sagging.
- 2. Tighten skin and shape clear facial contour.
- 3. Improve facial dry lines, fine lines, and dynamic wrinkles, etc.
- 4. Stimulate subcutaneous collagen regeneration and activate cells.
- 5. Resist the growth of wrinkles and prevent skin aging.
- 6. Accelerate absorption and boost metabolism.

Applicable Range

- 1. Those with dry skin, fine lines and wrinkles.
- 2. Those with dull and lusterless skin.
- 3. Those with dehydrated and malnourished skin.
- 4. Those with poor skin absorption and metabolism.
- 5. Those with loose, sagging and inelastic skin.
- 6. Those with soft skin and unclear skin contour.
- 7. Those with collagen loss.

Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to electric current.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, wrinkle removal, or plastic surgery.

Notes after Operation

- 1. Do not wash your face with hot water within 3 days after operation. (use warm water instead)
- 2. Strengthen hydration and use sun protection.
- 3. Avoid hot spring, sauna or other strenuous exercise.
- 4. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 5. Apply a hydrating mask once a day for three days.
- 6. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 7. Avoid '3H' food (cause hypertension, hyperlipidemia, hyperglycemia) and eat less greasy food.

Cell Regeneration

Principles

Hydra Dermabrasion

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydro facial cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

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RF&Cold Hammer

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electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effects

RF current is converted into heat by resistance. Human body is a conductor with a certain amount of resistance. When RF current applied to the body, the body will become part of the circuit. With the combined force of high frequency current, neutral electrode, and special treatment probe, electromagnetic field of deep equilibrium is formed under skin dermis, and when it applies to the water molecules inside the collagen, it causes the vibration and rotation of bipolar water molecules at millions of times a second to generate heat, and selectively applies to deep dermis and deep fibrous layer, stimulate immediate contraction of collagen fiber. The heat thereby bring about a serious of physical effects, such as boosting metabolism, generating new collagen fibers, restoring skin elasticity to become full and plump. Long-term application of RF beauty device can promote the skin blood circulation, increase oxygen, promote collagen fiber reconstruction and renewal so as to smooth wrinkles, leaving the skin smooth and elastic.

Polymer Atomizing Pen

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

Physical Effects

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BIO

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triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally . It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

Effects

- 1. Deeply clean pores and shrink pores.
- 2. Introduce nutrients deeply and accelerate absorption.
- 3. Shape clear facial contour.
- 4. Improve loose, sagging and inelastic skin.
- 5. Improve facial fine lines, dry lines, dynamic wrinkles.
- 6. Stimulate collagen regeneration under the skin.
- 7. Deeply replenish moisture and accelerate metabolism.
- 8. Tighten the skin, lift canthus and cheeks.

Applicable Range

- 1. Those with dry skin that is lack of water and nutrition.
- 2. Those with loose, sagging and inelastic skin.
- 3. Those with dull, uneven and lusterless skin tone.
- 4. Those with excessive oil secretion and clogged pores.
- 5. Those with large pores and coarse skin.
- 6. Those with dry lines, fine lines, and dynamic wrinkles.
- 7. Those with slight aging skin.
- 8. Those with unclear facial contour.

Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to electric current.

- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, micro-needling, or with skin cuts.

Notes after Operation

- 1. Do not wash your face with hot water within 3 days after operation. (use warm water instead)
- 2. Strengthen hydration and use sun protection.
- 3. Avoid hot spring, sauna or other strenuous exercise.
- 4. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 5. Apply a hydrating mask once a day for three days.
- 6. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 7. Avoid '3H' food (cause hypertension, hyperlipidemia, hyperglycemia) and eat less greasy food.

Overall Facial Care

Effects

- 1. Deeply clean and shrink pores.
- 2. Adjust the water and oil balance of the skin.
- 3. Remove excess cutin.
- 4. Deep introduction of nutrients and accelerate absorption.
- 5. Shape clear facial contour.
- 6. Stimulate subcutaneous collagen regeneration.
- 7. Improve facial relaxation and sagging.
- 8. Tighten skin; lift cheeks and canthus.
- 9. Fade facial fine lines, dry lines and dynamic wrinkles.
- 10. Improve even, dull and lusterless skin.
- 11. Prevent skin laxity, sagging and aging.

Applicable Range

- 1. Those with dehydrated and malnourished skin.
- 2. Those with coarse skin.
- 3. Those with clogged pores and thick cutin.

- 4. Those with strong oil secretion and unbalanced skin water and oil.
- 5. Those with inelastic skin and unclear facial outline.
- 6. Those with dry lines, fine lines and dynamic wrinkles.
- 7. Those with facial skin laxity, sagging and inelasticity.
- 8. Those with dull, uneven and lusterless skin.
- 9. Those with slight aging.
- 10. Those who work in office for long hours, facing UV light.
- 11. Those who are unsatisfied with their skin tone.

Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to lights.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, wrinkle removal, or plastic surgery.

Notes after Operation

- 1. Do not wash your face with hot water within 3 days after operation. (use warm water instead)
- 2. Strengthen hydration and use sun protection.
- 3. Avoid hot spring, sauna or other strenuous exercise.
- 4. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 5. Apply a hydrating mask once a day for three days.
- 6. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 7. Avoid '3H' food (cause hypertension, hyperlipidemia, hyperglycemia) and eat less greasy food.

Part II

1. Detailed Operation

The detailed installment is as follows:



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Select language and enter the interface below:



1.1 Function Selection



1.2 Detailed Operation: BIO







BIO Working Time Display



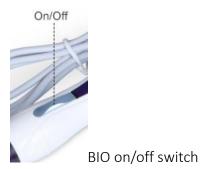
BIO On/Off



BIO Energy +/-



to start



1.3 Detailed Operation: RF



to go to the interface below





RF Working Time Display



RF On/Off



RF Energy +/-



to start

1.4 Detailed Operation: Cold Hammer



Click

to go to the interface below



09:49

Cold Hammer Working Time Display



Cold Hammer On/Off



Cold Hammer Energy +/-



to start

1.5 Detailed Operation: Hydra Dermabrasion



Click

to go to the interface below



09:49

Hydra Dermbarasion Working Time Display



Hydra Dermbarasion Cleansing Function Display



Nutrient Solution Selection (select solution according to your

own skin needs)



Hydra Dermbarasion Water Volume Adjustment



Hydra Dermbarasion Suction Intensity Adjustment

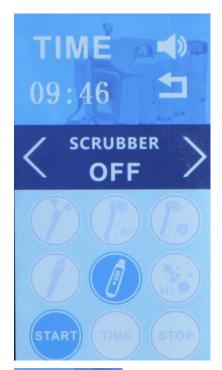


Hydra Dermbarasion on/off switch

1.6 Detailed Operation: Skin Scrubber



Click to go to the interface below



09:49

Skin Scrubber Working Time Display



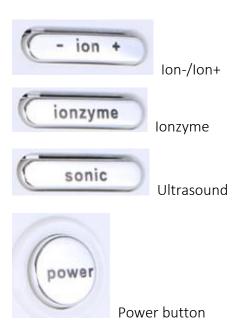
Skin Scrubber On/Off



Skin scrubber function buttons



Energy low/high



1.7 Detailed Operation: H₂O₂



to go to the interface below





Hydra Dermbarasion Working Time Display



Hydra Dermbarasion on/off



Nutrient Solution Selection (select solution according to your

own skin needs)



Hydra Dermbarasion Water Volume Adjustment



Hydra Dermbarasion Suction Intensity Adjustment



Hydra Dermbarasion on/off switch

1.8 Detailed Operation: Polymer Atomizing Pen



Fill in the spray bottle with nutrient solution and press the button to start

2. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or pacemaker equipped.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Use with caution for those with skin diseases and infectious diseases.
- 7. Those with metal implants such as stent, pacemaker or those who are allergic to metals
- 8. Use with caution for those who are allergic to electric current.

3. Dos and Dont's

- 1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
- 2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
- 3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
- 4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
- 5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
- 6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
- 8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

- 9. Use device or train device operators in strict accordance with instructions in the user manual.
- 10. Start from the lowest energy level and slowly add up.
- 11. When using this device, the operating parts must be kept moist and dry skin should be avoided.
- 12. Please refrain from operating around eyes, ears, skin lesion or parts that had undergone plastic surgery.
- 13. Adjust suction subjecting to the customer's comfort level when using hydra dermabrasion handle.
- 14. Do not stay at one place for over 5 seconds to avoid scald or frostbite.
- 15. Remind customer to adjust breathing when operating on philtrum with polymer atomizing pen.
- 16. All vacuum tips of hydra dermabrasion can be cleaned with water and soaked in 75% alcohol.
- 17. Please clean the waste bottle immediately after the hydra dermabrasion treatment.
- 18. Hydra dermabrasion and RF handles can be used alone or combined together for better beauty results.
- 19. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.
- 20. The front side of the skin scrubber is for deep cleaning and the back side is for lifting and nutrients introduction.
- 21. Screw head cleaning: basic cleaning must be done to maintain the prevention of infection. After using the screw head, disposable toothbrush can be used to brush out the dirty stuff in the groove of the screw head, rinse tit off with clean water, then soak with alcohol for 3 minutes, and finally rinse the alcohol ingredients.
- 22. Internal cleaning (after each bottle of solution is used):
- Replace the probe with a cleaning head, fill the solution bottle with half a bottle of purified water, turn on the device, plug the probe by hand, adjust the water flow to the maximum, and let the water flow back to clean the residual solution in the pipe. Around a minute.
- 23. All parts of the instrument must be tightened, otherwise internal leakage will reduce air pressure, resulting in no suction or too little water flow.

4. Troubleshooting & Solutions

- 1. The instrument can't start and the key lamp on the back of the instrument doesn't work?
- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. No RF output of the instrument?

A. Please check whether the plug connecting the instrument handle and the body is

tightly connected.

B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. No suction coming from the hydra dermabrasion and there's no nutrients outflow?

- A. Please check whether the waste water recovery bottle cap is tight or not, and whether the nutrient solution bottle is tight or not.
- B. Please check whether the button for adjusting suction and nutrient solution stays on 0
- C. Please check whether the output of nutrient solution is excessive.

4. No spray coming from the polymer atomizing pen?

- A. Please check whether the nozzle is blocked.
- B. Please check whether the regulating part of the nozzle tail is tightened.

5. The instrument can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the instrument and wait about 1 minute before restarting the instrument.
- B. If the above method did not work, please contact the instrument distributor for assistance.

5.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: Why exfoliate?

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about

thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

4. Q: Will hydra dermabrasion treatment enlarge pores?

A: No. Hydro facial deep cleansing treatment follows the sequence of three steps. The first step is to use the export liquid to soften skin cutin layer; the second step is coupled with different solutions (AS1 AHA, AS2 BHA, AS3 nutrient solution; choose different solution according to different type of skin); the third step is to hydrate the skin. Hydra facial is suitable for all skin types and will not enlarge pores but rather refine skin.

5.Q: Can I wear makeup after using this instrument?

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

6.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

7. Q: Can I use the skin scrubber every day?

A: In theory, it can be used every day, but it can be used differently for different skin conditions. Acne skin or those with excessive oil secretion needs to clean everyday to avoid clogging pore. For normal skin or oily skin, you can do it 1-2 treatments per week. Serum can be applied with the back side of the scrubber every day, and it is recommended to do it every night, but the serum chosen must have simple ingredients for moisturizing and hydrating. Some functional products may not be fullt absorbed and the result in excessive nutrition, therefore it is recommended to do it 2-3 times a week.

8. Q: Will my skin turn red after blackhead treatment,?

A: Because it may take some effort to clean blackheads, so the nose may be a little red after cleaning, but it is a normal phenomenon. After applying hydrating sheet mask, it will recover soon.

9. Q: Can people of sensitive skin use skin scrubber?

A: Yes, the machine itself will not cause any damage to the skin, otherwise it cannot be used to channel essence into skin, but the key lies in the user's application of force. For sensitive skin, you should be more gentle while using.

6. Packing List

- 1 x Main Machine
- 1 x RF & Cold hammer Handle
- 1 x BIO Handle
- 1 x Ground Bar
- 1 x Hydra Dermabrasion Pen
- 1 x Polymer Atomizing Pen
- 1 x Skin Scrubber
- 3 x Solution Bottle
- 1 x Waste Bottle
- 2 x Rubber Ring
- 6 x Hydra Dermabrasion Tips
- 1 x Power Cord

7.Operational Diagram

Parameter Adjustment	Product	Technique	Diagram	
Deep Cleaning: 60 min, once/week				
Hydra dermabrasion energy level: 20%-80% Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.) Skin scrubber mode: lon+ lon-	Makeup remover+ Face wash+ Blackhead export liquid+ Base mask+ Cold and hot steam+ Serum+ Sheet mask+ SR-AF1319	1. Remove makeup and clean face, 5min. 2. Apply toner, 1 min. 3. Apply blackhead export liquid+hot steam(on large pores or severely clogged area; apply toner on cheeks; it is recommended to apply toner+cold steam for sensitive skin rather than export liquid+hot steam), 5-8 min. 4. Hydra dermabrasion operation: Press gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another(forehead → nose → chin → cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min. 5. Facial cleaning scrubber	Technique6 Technique8 Technique13 Technique15	
		operation: Have the customer hold the ground	·	

bar (select ion+mode), drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.

- 6. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.
- 7. Do the same on the other side.
- 8. Brace the skin vertically towards hairline on forehead, 3-6 times.
- 9. Wash face clean, 2 min.
- 10. Apply hydrating sheet mask+hot steam, 10 min.
- 11. Wash face clean, 2 min.
- 12. Apply (hydrating) serum evenly on face, 1 min.
- 13. Use the back side of the scrubber to lead in nutrition (select ionmode); Lift from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3-5 times.
- 14. Do the same on the other side.
- 15. Brace the skin vertically towards hairline on forehead, 3-6 times.
- 16. Apply facial mask, 15 min.
- 17. Wash face clean, 2 min.
- 18. Apply toner, essence, cream, and sunscreen.



Recommended treatment:

10 treatments account for one full course. After one treatment, skin is thoroughly cleaned and fully hydrated. After one full course of treatment, skin has less oil secretion, less clogged pores and minimized pores. After three courses, skin appears to be translucent and has better absorption and faster metabolic rate.

Cleaning&Hydrating: 60 min, once/week

Skin scrubber Makeup 1. Remove makeup and Technique5 mode: remover+ clean face, 5min. Sonic Face wash+ 2. Apply toner, 1 min. Blackhead ionzyme 3. Apply blackhead export export liquid+hot steam (on large liquid+ pores or clogged area, and toner on cheeks; for sensitive Polymer Base mask+ atomizing Cold and skin it is not recommended Technique7 to do so but apply pen energy hot steam+ Serum+ toner+cold steam) 5-8 min. level: Liquid export Sheet 4. Facial cleaning scrubber volume is mask+ operation: (Select Sonic recommende SR-AF1319 mode), drench cotton pad in d to set as water and pat on face, then small tilt the scrubber at a Technique12 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose. 3-6 times. 5. Start from chin, brace the skin in lines to keep the Technique14 treatment surface tight, 3-6 6. Do the same on the other side. 7. Brace the skin vertically towards hairline on forehead, 3-6 times. Technique16 8. Wash face clean, 2 min. 9. Apply hydrating sheet mask+hot steam, 10 min. 10. Wash face clean, 2 min.

11. Pour

(whitening/hydrating/soothi

ng/anti-aging) into the polymer atomizing bottle (with the proportion of essence:distilled water being 2:1), 2 min.

- 12. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 13. Do the same on the other side.
- 14. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 15. Apply (hydrating/whitening/anti-ag ing) serum evenly on face, 1 min.
- 16. Use the back side of the scrubber to lead in nutrition (select ionzyme mode); Lift from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3-5 times.
- 17. Do the same on the other side.
- 18. Brace the skin vertically towards hairline on forehead, 3-5 times.
- 19. Apply facial mask, 15 min.
- 20. Wash face clean, 2 min.
- 21. Apply toner, serum, cream, and sunscreen.

Technique18



Recommended treatment:

10 treatments account for one full course. After one treatment, skin is thoroughly cleaned and fully hydrated. After one full course of treatment, skin will become evenly

brightened with minimized pores. After three courses, skin appears to be plump, rosy, elastic, bright and can lock in moisture for 24 hours.

Soothing&Repairing: 60 min, once/week

Polymer atomizing pen energy level: Liquid export volume is recommended to set as small

RF&Cold Hammer

Mode: COOL

Makeup remover+ Face wash+ Hydrating base mask+ Cold and hot steam+ Serum+ Repairing sheet mask+ SR-AF1319

- 1. Remove makeup and clean face, 5min.
- 2. Apply toner, 1 min.
- 3. Apply hydrating base mask+cold steam, 15 min.
- 4. Wash face clean, 2 min.
- 5. Pour (hydrating)essence into the polymer atomizing bottle(with the proportion of serum:distilled water being 2:1), 2 min.
- 6. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 7. Do the same on the other side.
- 8. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times
- 9. Apply (soothing&repairing) serum on face evenly, 1 min. 10. Cold hammer operation: (Select RF&Cold Hammer) Move the probe upwards in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 11. Lift upwards from chin to earlobe, mouth corner to ear

Technique6



Technique8



Technique10



Technique11



Technique13



gate, nose wing to temple, 3-5
times.
12. Do the same on the other
side.
13. Lift towards hairline on
forehead, 3-5 times.
14. Apply repairing sheet
mask, 15 min.
15. Remove the mask and
clean, 2 min.
16. Apply toner, serum,
cream, and sunscreen.

Recommended treatment:

10 treatments account for one full course. After one treatment skin is hydrated and smooth. After a full course, skin regains its balance and will be less prone to allergy caused by change of seasons, contact with cosmetics or skin dehydration. After two courses, skin is smooth, glossy with a well functioning blood circulation and of velvety touch. Three courses help enhance the effect and prevent skin allergy.

Skin Anti-aging: 60 min, once/week

	1		
RF&Cold	Makeup	1. Remove makeup and	Technique6
Hammer	remover+	clean face, 5 min.	
Energy Level:	Face wash+	2. Apply toner, 1 min.	
3-5	Blackhead	3. Apply cleaning base	
	export	mask+hot steam, 10 min.	
Mode:	liquid+	4. Clean the treatment area,	
RF	Base mask+	2 min.	
	Cold and	5. Massage face and apply	Technique12
BIO Energy	hot steam+	massage cream on face	
Level:	Massage	evenly and caress the	
3-5	cream+	treatment area, 3 times.	(C C)
	Serum+	6. Press on the following	
	Sheet mask+	acupoints: <i>Saliva</i>	\mathcal{M}
	SR-AF1319	Container(Ren-24), Earth	
		Granary(ST-4), Great	Technique14
		Welcome(ST-5), Jaw	
		Bone(ST-6), Below the	
		Joint(ST-7), Welcome	
		Fragrance(LI-20), Cheek Bone	(<u>-</u>)
		Crevice(SI-18), Temples(EM5),	\mathcal{M}
		Bright Eyes(BI-1), Gathered	
		Bamboo(BI-2), Yuyao(EM3),	Technique15,16

Silken Bamboo Hollow(TE-23), Pupil Crevice(GB-1), Container of Tears(ST-1), Four Whites(ST-2), 3 times.

- 7. Caress the whole face, 3 times.
- 8. Lift the treatment area with both hands as if plucking the string, 2 min.
- 9. Alternate hands in lifting the treatment area on one side as if plucking the string, 1 min.
- 10. Do the same on the other side.
- 11. Caress the whole face, 3 times.
- 12. Alternate hands in lifting in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.
- 13. Do the same on the other side.
- 14. Brace skin with middle and ring fingers on forehead as if writing 'Z', slide to the ear back and force and finish behind ear, 3 times.
- 15. RF operation: (Select RF&Cold Hammer probe)
 Start from chin, move the probe in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 16. Repeat the last technique, combing with hand.
- 17. Do the same on another side.
- 18. Lift towards hairline on



Technique15,16



Technique18,19



Technique23,24



Technique26



Technique27



forehead,	3	times
Torchicau,	J	unics.

- 19. Repeat the last technique, combing with hand.
- 20. Wash face clean, 2 min.
- 21. Apply (anti-aging) serum evenly all over the face, 1 min.
- 22. The end of massage technique.
- 23. BIO operation: Move the probe upwards from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 24. Repeat the last technique, combing with hand.
- 25. Do the same on the other side.
- 26. Move the probe horizontally in circles on forehead, 3-5 times.
- 27. Apply sheet mask+cold hammer (select RF&cold hammer probe); Move the probe in circles, covering the entire treatment area, 15 min.
- 28. Wash face clean, 2 min.
- 29. Apply toner, serum, cream and sunscreen.

Recommended Treatment:

10 treatments account for one full course. Once done, skin feels tightened. After a full course, skin is plump and rosy. Two courses help increase skin elasticity, boost skin metabolism, fade pigmented spots, brighten dull skin, and lower the chance of skin sensitivity. Three courses help stabilize skin condition, prevent skin sagging, aging and toning facial outline.

Cell Regeneration: 60 min, once/week

Hydra dermabrasion energy level: 20%-80%

Operate
according to
different skin
types of
customers
(try the set
energy on
lower arm
first then on
face,
meanwhile
check with
customers
constantly.)

RF&Cold Hammer Energy: 3-5

Mode: RF

Polymer atomizing pen energy level: Liquid export volume is recommende d to set as small

BIO Energy Level: Makeup
remover+
Face wash+
Blackhead
export
liquid+
Cold and
hot steam+
Massage
cream+
Serum+
Sheet

mask+

SR-AF1319

- 1. Remove makeup and clean face, 5min.
- 2. Apply toner, 1 min.
- 3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.
- 4. Hydra dermabrasion operation: Press gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another(forehead→nose→chin→cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.
- 5. Clean the treatment area, 2 min.
- 6. Massage face and apply massage cream on face evenly and caress the treatment area, 3 times.
- 7. Press on the following acupoints: Saliva
 Container(Ren-24), Earth
 Granary(ST-4), Great
 Welcome(ST-5), Jaw
 Bone(ST-6), Below the
 Joint(ST-7), Welcome
 Fragrance(LI-20), Cheek Bone
 Crevice(SI-18), Temples(EM5),
 Bright Eyes(BI-1), Gathered

Technique4



Technique7



Technique13



Technique15



Technique16,17



Technique19,20

Bamboo(BI-2), Yuyao(EM3), Silken Bamboo Hollow(TE-23), Pupil Crevice(GB-1), Container of Tears(ST-1), Four Whites(ST-2), 3 times.

- 8. Caress the whole face, 3 times.
- 9. Lift the treatment area with both hands as if plucking the string, 2 min.
- 10. Alternate hands in lifting the treatment area on one side as if plucking the string, 1 min
- 11. Do the same on the other side.
- 12. Caress the whole face, 3 times.
- 13. Alternate hands in lifting in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.
- 14. Do the same on the other side.
- 15. Brace skin with middle and ring fingers on forehead as if writing 'Z', slide to the ear back and force and finish behind ear, 3 times.
- 16. RF operation: (Select RF&Cold Hammer probe) Start from chin, move the probe in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 17. Repeat the last technique, combing with hand.
- 18. Do the same on another side.
- 19. Lift towards hairline on



Technique23



Technique25



Technique28,29



Technique31



Technique33



forehead, 3 times.

- 20. Repeat the last technique, combing with hand.
- 21. Wash face clean, 2 min.
- 22. Pour (hydrating) essence into the polymer atomizing bottle (with the proportion of essence:distilled water being 2:1), 2 min.
- 23. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 24. Do the same on the other side.
- 25. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 26. Apply (anti-aging) serum evenly on face, 1 min.
- 27. The end of massage technique.
- 28. BIO operation: Move the probe upwards from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 29. Repeat the last technique, combing with hand.
- 30. Do the same on the other side.
- 31. Move the probe horizontally in circles on forehead, 3-5 times.
- 32. Apply a layer of

(hydrating) serum evenly all over the face, 1 min. 33. Apply sheet mask+cold hammer (select RF&cold hammer probe); Move the probe in circles, covering the entire treatment area, 10-15 min.

34. Wash face clean, 2 min. 35. Apply toner, serum, cream and sunscreen.

Recommended Treatment:

10 treatments account for one full course. After one treatment, fine line is faded. After a full course, fine line is reduced and wrinkles are faded and oil secretion is balanced. After two courses, skin starts to be fine, firm, glossy, hydrated and elastic. Three courses help maintain that gloss. RF+BIO can stimulate collagen regeneration and cell regeneration so that skin is always full of collagen and elasticity.

Overall Facial Care: 90 min, once/week

Hydra dermabrasion energy level: 2-8 Operate according to different skin types of customers (try the set energy on lower arm SR-AF1319 first then on face, meanwhile

Skin scrubber mode: Sonic

check with

customers

constantly.)

Makeup remover+ Face wash+ Blackhead export liquid+ Cold and hot steam+ Massage cream+ Serum+ Sheet mask+

- 1. Remove makeup and clean face, 5min.
- 2. Apply toner, 1 min.
- 3. Apply blackhead export liquid+hot steam(on large pores or severely clogged area; apply toner on cheeks; it is recommended to apply toner+cold steam for sensitive skin rather than export liquid+hot steam), 5-8
- 4. Hydra dermabrasion operation: Press gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another(forehead → nose → ch

Technique4



Technique6



Technique8



Technique11

ionzyme

Polymer atomizing pen:
Liquid export volume is recommende d to set as small

RF&cold hammer energy level: 3-5

Mode:

Anti-aging: RF Calming: COOL

BIO Energy Level: 3-5

- in→cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.
- 5. Facial cleaning scrubber operation: Have the customer hold the ground bar (select either ion+ mode or sonic mode; both modes share the same techniques), drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.
- 6. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.
- 7. Do the same on the other side.
- 8. Brace the skin vertically towards hairline on forehead, 3-6 times.
- 9. Remove the ground bar and clean the treatment area, 2 min.
- 10. Massage face and apply massage cream on face evenly and caress the treatment area, 3 times.
- 11. Press on the following acupoints: Saliva Container(Ren-24), Earth Granary(ST-4), Great Welcome(ST-5), Jaw Bone(ST-6), Below the Joint(ST-7), Welcome Fragrance(LI-20), Cheek Bone Crevice(SI-18), Temples(EM5), Bright Eyes(BI-1), Gathered Bamboo(BI-2), Yuyao(EM3),



Technique15



Technique16



Technique17



Technique19



Technique20,21,27,30



Technique23,24,29,32

Silken Bamboo
Hollow(TE-23), Pupil
Crevice(GB-1), Container of
Tears(ST-1), Four
Whites(ST-2), 3 times.

- 12. Caress the whole face, 3 times.
- 13. Lift the treatment area with both hands as if plucking the string, 2 min.
- 14. Alternate hands in lifting the treatment area on one side as if plucking the string, 1 min
- 15. Alternate hands in lifting in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.
- 16. Lift canthus with 'scissor' technique, 3-5 times.
- 17. Lift towards hairline on forehead, 3-5 times.
- 18. Do the same on the other side.
- 19. Brace skin with middle and ring fingers on forehead as if writing 'Z', slide to the ear back and force and finish behind ear, 3 times.
- 20. RF operation: (Select RF&Cold Hammer probe)
 Start from chin, move the probe in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 21. Repeat the last technique, combing with hand.
- 22. Do the same on another side.
- 23. Lift towards hairline on



Technique34,35



Technique37



Technique38



forehead, 3 times.

- 24. Repeat the last technique, combing with hand.
- 25. Wash face clean, 2 min. 26. Pour (hydrating) essence into the polymer atomizing bottle (with the proportion of essence:distilled water being 2:1), 2 min.
- 27. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 28. Do the same on the other side.
- 29. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 30. Use the back side of the scrubber to lead in nutrition (select either ion- mode or ionzyme mode; both modes share the same techniques); Lift from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3-5 times.
- 31. Do the same on the other side.
- 32. Brace the skin vertically towards hairline on forehead, 3-5 times.
- 33. Apply (anti-aging/whitening) serum evenly on face, 1 min.34. BIO operation: Move the

probe upwards from chin to
earlobe, mouth corner to ear
gate, nose wing to temple, 3
times.

- 35. Repeat the last technique, combing with hand.
- 36. Do the same on the other side.
- 37. Move the probe horizontally in circles on forehead, 3-5 times.
- 38. Apply sheet mask+cold hammer (select RF&cold hammer probe); Move the probe in circles, covering the entire treatment area, 10-15 min.
- 39. Remove the mask and clean the treatment area, 2 min.
- 40. Apply toner, serum, cream and sunscreen.

Recommended treatment:

10 treatments account for one full course. After one treatment, skin is clean, hydrated, translucent and canthus is lifted. After a full course, collagen is regenerated, skin is plump and has less fine lines. After two courses, skin becomes translucent and smooth and full of collagen. Three courses help accentuate skin gloss and delay skin aging. RF+BIO helps stimulate collagen regeneration, tighten up skin. Persistent use will take your skin health to another level.