# User Manual SR-AF1318



## **Preface**

#### Dear users:

We're pleased to present to you the *Hydro Dermabrasion Ultrasound Skin Scrubber LED Mask Machine* that's featuring in deep cleaning, hydration, skin rejuvenation and anti-aging. It is a multifunctional beauty machine, targeted at various skin problems such as dehydrated skin, sagging and loose skin, uneven skin tone and so on. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. *Hydro Dermabrasion Ultrasound Skin Scrubber LED Mask Machine* is and specialized skin care machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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### Part I

### **Brief Introduction**

Hydro facial, cleaning skin scrubber and ultrasound beauty machines are currently the most popular beauty machines that work on deep cleaning, hydrating, brightening and skin rejuvenation. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, it's convenient and easy to operate. It solves various skin issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Through the heating effect caused by high-frequency vibration, ultrasound can effectively introduce beauty nutrients into the skin quickly, so that the skin can better absorb the nutrients in the skin care products, so as to remove the dullness of the skin, repair skin, brighten skin and so on. At the same time, the combination of cold hammer can also calm skin, shrink pores, achieving skin care in all aspects.

## **Advantages**

- 1. 7-in-1 beauty machine that works on your overall facial care.
- 2. Multiple working probes can be replaced in different parts according to different requirements.
- 3. Suit all skin type and help improve skin quality and soothes skin.
- 4. The high frequency radio waves of radio frequency make the dermis get hot and warm, promote the metabolism of skin and the regeneration of collagen, thus lift the skin, dispel wrinkles, combat micro-aging, and make the skin firm and delicate.
- 5. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
- 6. No consumption, low cost and quick returns.
- 7. Wider range of treatment and rapid and significant effect.
- 8. It will not cause any lumpiness, bleeding and swelling and stasis.
- 9. LED mask has a variety of light energy and you can choose different colors of light energy according to different skin types.
- 10. The heating effect of ultrasonic wave generated by high-frequency vibration can effectively introduce beauty nutrients into the skin quickly, so that the skin can better absorb the nutrients in skin care products.
- 11. The 3MHZ high-frequency ultrasonic of the cleaning scrubber can effectively enhance the absorption of the skin, help nutrients penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration can refine the nutrients into small molecular particles to enhance the absorption.

## Skin Replenishment

### **Principles**

### **Hydra Dermabrasion**

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydro facial cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

#### **Physical Effects**

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

### Polymer Atomizing Pen

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

#### **Physical Effects**

The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly

produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Through the vacuum tube which is as thin as three hairs, water and oxygen are quickly atomized into molecules and injected into all levels of the skin through the pulse type push, thus supplementing the cell needs of water and oxygen, so as to restore cell activity, achieve plump, moist, and elastic skin.

#### Skin Scrubber

Facial cleaning scrubber is equipped with the unique technology of transforming. 28,000 times/sec mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove excess thick cutin, purify pores, decompose oil, leaving them unobstructed and tighten pores, clear and smooth skin.

#### **Physical Effects**

After the ultrasonic dredge the nutrient transport pipeline between the skin tissues, through the high frequency mechanical wave massage effect and catalytic effect to promote the replenishment and absorption of water, make the skin bright and smooth.

Mechanical vibration not only makes water molecules atomize, into the pores, but also can remove excess thick cutin, purify pores, break down oil and smooth pores, tighten pores, clear and smooth skin.

#### **Effects**

- 1. Deep introduction of nutrients to accelerate absorption.
- 2. Adjust skin tone to make skin more transparent.
- 3. Deeply clean skin and shrink pores.
- 4. Deeply moisturize, tender and brighten the skin.
- 5. Dredge pores and promote absorption.
- 6. Improve oil secretion and skin quality.

### Applicable Range

- 1. Those with dehydrated and malnourished skin.
- 2. Those with large pores and rough skin.
- 3. Those with poor skin absorption and lack of water in the skin base.
- 4. Those with dark and uneven skin tone.
- 5. Those with excessive oil secretion, oily skin.

- 6. Those with sallow skin that lack in glowing.
- 7. Those who are unsatisfied with their skin tone.

### Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 4. Those with skin diseases and infectious diseases.
- 5. Those who have just received injection, such as intradermal injection, micro-needling, or with skin cuts.

### **Notes after Operation**

- 1. Strengthen hydration and pay attention to sun protection.
- 2. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 4. Apply a hydrating mask once a day for three days.
- 5. Wash your face with warm water within 3 days after operation.

## Soothing&Repairing

### **Principles**

#### Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

#### **Biological effects**

During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.

### Polymer Atomizing Pen

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

#### **Physical Effects**

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Through the vacuum tube which is as thin as three hairs, water and oxygen are quickly atomized into molecules and injected into all levels of the skin through the pulse type push, thus supplementing the cell needs of water and oxygen, so as to restore cell activity, achieve plump, moist, and elastic skin.

#### **LED Photon Mask**

**Red LED**: 635NM. Red LED of specific wavelength heats up skin bottom, activates collagen regeneration, accelerates skin's micro circulation, increase skin elasticity, leaving skin rosy, smooth, young and has less wrinkles.

Promote the regeneration of skin cells and activate active ingredients.

**Blue LED**: 462NM. Blue LED of specific wavelength shrinks pores, calm skin, fight acne, balance sebum production, quickly lock in moisture and essence, leaving sin more elastic.

Diminish skin inflammation, fight bacteria, fight acne.

**Green LED**: 527NM. Green LED of specific wavelength helps to calm, repair skin, relieve pain, and promote blood circulation. It is suitable for those with thin corneum, and who are prone to allergy and redness.

**Purple LED**: 600NM, dual frequency of red and blue LED. It combines the efficacy of two kinds of phototherapy and has a particularly good and repair effect especially for

the treatment of acne and acne marks.

**Yellow LED**: 590NM. It can add energy to skin cells, promote the role of glands, assist digestion, treat skin diseases, enhance immune function, accelerate blood circulation, effectively repair red marks, red spots, relieve swelling, pigmented spots, and is suitable for removing spots and brightening.

White LED: 670NM. It reaches deep into skin, accelerated metabolism of active cells, decompose pigments, reduce fine lines, tight skin. It can also relax skin, balance sebum production and control oil secretion.

**Turquoise LED**: 610NM, dual frequency of green and blue LED. It gradually enhance cell energy, and works great on metabolism.

#### **Effects**

- 1. Fast calming, strong moisturizing.
- 2. Improve dull and sallow skin.
- 3. Improve and repair sensitive skin.
- 4. Improve large oil fields and shrink pores.
- 5. Soothe and repair skin after photoelectricity operation.
- 6. Relieve and repair slightly sensitive skin.

### Applicable Range

- 1. Those with dry skin and lack of moisture.
- 2. Those with uneven, dull complexion.
- 3. Those with sensitive skin, acne-prone skin, and easily inflamed, or allergic skin.
- 4. Those with large, coarse pores, and vigorous oil secretion.
- 5. Those who have just received the photoelectric treatment.
- 6. Those with skin peeling and dandruff.

### Inapplicable Range

- 1. Those who have just undergone invasive plastic surgery with unhealed wounds.
- 2. Those with skin diseases and infectious diseases.
- 3. Those who are unrealistic about the results.
- 4. Those who have just received injection products, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
- 5. Those who are having a severe allergy (red rash).
- 6. Use with caution for those who are allergic to lights.

### **Notes after Operation**

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 4. Apply a hydrating mask once a day for three days.
- 5. Avoid eating spicy or greasy food.

## **Cell Activation**

### Principles

#### Skin Scrubber

Facial cleaning scrubber is equipped with the unique technology of transforming. 28,000 times/sec mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove excess thick cutin, purify pores, decompose oil, leaving them unobstructed and tighten pores, clear and smooth skin.

#### **Physical Effects**

After the ultrasonic dredge the nutrient transport pipeline between the skin tissues, through the high frequency mechanical wave massage effect and catalytic effect to promote the replenishment and absorption of water, make the skin bright and smooth.

Mechanical vibration not only makes water molecules atomize, into the pores, but also can remove excess thick cutin, purify pores, break down oil and smooth pores, tighten pores, clear and smooth skin.

#### RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

#### **Biological Effects**

RF current is converted into heat by resistance. Human body is a conductor with a certain amount of resistance. When RF current applied to the body, the body will become part of the circuit. With the combined force of high frequency current, neutral electrode, and special treatment probe, electromagnetic field of deep equilibrium is formed under skin dermis, and when it applies to the water molecules inside the collagen, it causes the vibration and rotation of bipolar water molecules at millions of times a second to generate heat, and selectively applies to deep dermis and deep fibrous layer, stimulate immediate contraction of collagen fiber. The heat thereby bring about a serious of physical effects, such as boosting metabolism, generating new collagen fibers, restoring skin elasticity to become full and plump. Long-term application of RF beauty device can promote the skin blood circulation, increase oxygen, promote collagen fiber reconstruction and renewal so as to smooth wrinkles, leaving the skin smooth and elastic.

#### **Face Ultrasound**

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin. When using ultrasonic beauty instrument for massage, the warmth of ultrasonic wave can penetrate to 6MM under the skin, make the blood and lymph flow smoothly, accelerate the blood circulation of fine cells, start the biological effect of cell tissue, fade all kinds of color spots, whiten the skin and activate and regenerate the cells of deep tissue.

#### **LED Photon Mask**

**Red LED**: 635NM. Red LED of specific wavelength heats up skin bottom, activates collagen regeneration, accelerates skin's micro circulation, increase skin elasticity, leaving skin rosy, smooth, young and has less wrinkles.

Promote the regeneration of skin cells and activate active ingredients.

**Blue LED**: 462NM. Blue LED of specific wavelength shrinks pores, calm skin, fight acne, balance sebum production, quickly lock in moisture and essence, leaving sin more elastic.

Diminish skin inflammation, fight bacteria, fight acne.

**Green LED**: 527NM. Green LED of specific wavelength helps to calm, repair skin, relieve pain, and promote blood circulation. It is suitable for those with thin corneum, and who are prone to allergy and redness.

**Purple LED**: 600NM, dual frequency of red and blue LED. It combines the efficacy of two kinds of phototherapy and has a particularly good and repair effect especially for the treatment of acne and acne marks.

**Yellow LED**: 590NM. It can add energy to skin cells, promote the role of glands, assist digestion, treat skin diseases, enhance immune function, accelerate blood circulation, effectively repair red marks, red spots, relieve swelling, pigmented spots, and is suitable for removing spots and brightening.

White LED: 670NM. It reaches deep into skin, accelerated metabolism of active cells, decompose pigments, reduce fine lines, tight skin. It can also relax skin, balance sebum production and control oil secretion.

**Turquoise LED**: 610NM, dual frequency of green and blue LED. It gradually enhance cell energy, and works great on metabolism.

#### **Effects**

- 1. Deep introduction of nutrients and accelerate absorption.
- 2. Brighten and lift skin.
- 3. Remove dry lines, smooth fine lines and reduce wrinkles.
- 4. Stimulate subcutaneous collagen regeneration and activate cells.
- 5. Resist the growth of wrinkles and prevent skin aging.
- 6. Accelerate absorption and promote metabolism.

### **Applicable Range**

- 1. Those with dry skin, fine lines and wrinkles.
- 2. Those with dark, dull skin.
- 3. Those with rough skin and large pores.
- 4. Those with dehydrated and malnourished skin.
- 5. Those with poor skin absorption and lack of water in the skin base.
- 6. Those with skin aging caused by lack of sun protection.

### Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to lights.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, micro-needling, or with skin cuts.

### **Notes after Operation**

- 1. Wash your face with warm water within three days.
- 2. Strengthen moisturizing and sunscreen.
- 3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 4. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. More vegetables, fruits, and less greasy food.
- 5. Use facial masks at least three times a week.

## Skin Anti-aging

### **Principles**

#### RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

#### **Biological Effects**

RF current is converted into heat by resistance. Human body is a conductor with a certain amount of resistance. When RF current applied to the body, the body will become part of the circuit. With the combined force of high frequency current, neutral electrode, and special treatment probe, electromagnetic field of deep equilibrium is formed under skin dermis, and when it applies to the water molecules inside the collagen, it causes the vibration and rotation of bipolar water molecules at millions of times a second to generate heat, and selectively applies to deep dermis and deep fibrous layer, stimulate immediate contraction of collagen fiber. The heat thereby bring about a serious of physical effects, such as boosting metabolism, generating new collagen fibers, restoring skin elasticity to become full and plump. Long-term application of RF beauty device can promote the skin blood circulation, increase oxygen, promote collagen fiber reconstruction and renewal so as to smooth wrinkles, leaving the skin smooth and elastic.

#### Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy

and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

#### **Biological effects**

During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.

#### **LED Photon Mask**

**Red LED**: 635NM. Red LED of specific wavelength heats up skin bottom, activates collagen regeneration, accelerates skin's micro circulation, increase skin elasticity, leaving skin rosy, smooth, young and has less wrinkles.

Promote the regeneration of skin cells and activate active ingredients.

**Blue LED**: 462NM. Blue LED of specific wavelength shrinks pores, calm skin, fight acne, balance sebum production, quickly lock in moisture and essence, leaving sin more elastic.

Diminish skin inflammation, fight bacteria, fight acne.

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**Purple LED**: 600NM, dual frequency of red and blue LED. It combines the efficacy of two kinds of phototherapy and has a particularly good and repair effect especially for the treatment of acne and acne marks.

**Yellow LED**: 590NM. It can add energy to skin cells, promote the role of glands, assist digestion, treat skin diseases, enhance immune function, accelerate blood circulation, effectively repair red marks, red spots, relieve swelling, pigmented spots, and is suitable for removing spots and brightening.

White LED: 670NM. It reaches deep into skin, accelerated metabolism of active cells, decompose pigments, reduce fine lines, tight skin. It can also relax skin, balance sebum production and control oil secretion.

Turquoise LED: 610NM, dual frequency of green and blue LED. It gradually enhance

cell energy, and works great on metabolism.

#### **Effects**

- 1. Improve facial relaxation and sagging.
- 2. Shape clear facial contour.
- 3. Improve facial dry lines, fine lines, wrinkles, etc.
- 4. Refine pores and minimize enlarged pores.
- 5. Improve uneven, dark and dull skin.
- 6. Strengthen the resistance of skin and repair fragile skin.

### **Applicable Range**

- 1. Those with loose and sagging skin.
- 2. Those with dry skin, fine lines and wrinkles.
- 3. Those with dull, uneven and lusterless skin.
- 4. Those with coarse skin and large pores.
- 5. Those with skin laxity or edema after child delivery.
- 6. Those who work in office for long hours, facing the UV light.

### Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to lights.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, wrinkle removal, or plastic surgery.

### Notes after Operation

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 5. Apply a hydrating mask once a day for three days.

## **Balance Regain**

### Principles

### **Hydra Dermabrasion**

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydro facial cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

#### **Physical Effects**

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

#### Skin Scrubber

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#### **Physical Effects**

After the ultrasonic dredge the nutrient transport pipeline between the skin tissues, through the high frequency mechanical wave massage effect and catalytic effect to promote the replenishment and absorption of water, make the skin bright and

smooth.

Mechanical vibration not only makes water molecules atomize, into the pores, but also can remove excess thick cutin, purify pores, break down oil and smooth pores, tighten pores, clear and smooth skin.

#### RF

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#### **Biological Effects**

RF current is converted into heat by resistance. Human body is a conductor with a certain amount of resistance. When RF current applied to the body, the body will become part of the circuit. With the combined force of high frequency current, neutral electrode, and special treatment probe, electromagnetic field of deep equilibrium is formed under skin dermis, and when it applies to the water molecules inside the collagen, it causes the vibration and rotation of bipolar water molecules at millions of times a second to generate heat, and selectively applies to deep dermis and deep fibrous layer, stimulate immediate contraction of collagen fiber. The heat thereby bring about a serious of physical effects, such as boosting metabolism, generating new collagen fibers, restoring skin elasticity to become full and plump. Long-term application of RF beauty device can promote the skin blood circulation, increase oxygen, promote collagen fiber reconstruction and renewal so as to smooth wrinkles, leaving the skin smooth and elastic.

#### **Face Ultrasound**

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin. When using ultrasonic beauty instrument for massage, the warmth of ultrasonic wave can penetrate to 6MM under the skin, make the blood and lymph flow smoothly, accelerate the blood circulation of fine cells, start the biological effect of cell tissue, fade all kinds of color spots, whiten the skin and activate and regenerate the cells of deep tissue.

#### **LED Photon Mask**

**Red LED**: 635NM. Red LED of specific wavelength heats up skin bottom, activates collagen regeneration, accelerates skin's micro circulation, increase skin elasticity, leaving skin rosy, smooth, young and has less wrinkles.

Promote the regeneration of skin cells and activate active ingredients.

**Blue LED**: 462NM. Blue LED of specific wavelength shrinks pores, calm skin, fight acne, balance sebum production, quickly lock in moisture and essence, leaving sin more elastic.

Diminish skin inflammation, fight bacteria, fight acne.

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White LED: 670NM. It reaches deep into skin, accelerated metabolism of active cells, decompose pigments, reduce fine lines, tight skin. It can also relax skin, balance sebum production and control oil secretion.

**Turquoise LED**: 610NM, dual frequency of green and blue LED. It gradually enhance cell energy, and works great on metabolism.

#### **Effects**

- 1. Deeply clean and shrink pores.
- 2. Remove excess cutin.
- 3. Deep introduction of nutrients and accelerate absorption.
- 4. Brighten and lift skin.
- 5. djust the water and oil balance of the skin.
- 6. Fade facial fine lines and dynamic wrinkles.
- 7. Stimulate subcutaneous collagen regeneration.
- 8. Prevent facial relaxation and sagging.

### **Applicable Range**

1. Those with dry skin and lack of nutrients.

- 2. Those with dull, uneven and lusterless skin.
- 3. Those with clogged pores and thick cuticle.
- 4. Those with strong oil secretion and unbalanced skin water and oil.
- 5. Those with large pores and coarse skin.
- 6. Those with dry lines, fine lines and dynamic wrinkles.
- 7. Those with slight aging of skin.

### Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to lights.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, wrinkle removal, or plastic surgery.

### **Notes after Operation**

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 5. Apply a hydrating mask once a day for three days.

### **Overall Facial Care**

#### **Effects**

- 1. Deeply clean and shrink pores.
- 2. Adjust the water and oil balance of the skin.
- 3. Remove excess cutin.
- 4. Deep introduction of nutrients and accelerate absorption.
- 5. Shape clear facial contour.
- 6. Stimulate subcutaneous collagen regeneration.
- 7. Improve facial relaxation and sagging.
- 8. Tighten, refine and lift skin.
- 9. Fade facial fine lines and dynamic wrinkles.

- 10. Face fine lines around eyes and lift canthus.
- 11. Relieve eye fatigue and replenish eye skin with nutrition.
- 12. Improve even, dull and lusterless skin.
- 13. Relieve dark circles, under eye bags and puffy eyes.
- 14. Strengthen skin resistance and repair fragile skin.
- 15. Prevent skin laxity and sagging.

### Applicable Range

- 1. Those with dehydrated and malnourished skin.
- 2. Those with coarse skin.
- 3. Those with clogged pores and thick cutin.
- 4. Those with strong oil secretion and unbalanced skin water and oil.
- 5. Those with inelastic skin and unclear facial outline.
- 6. Those with poor skin absorption and metabolism.
- 7. Those with dry lines, fine lines and wrinkles.
- 8. Those with eye fatigue, and dry eye.
- 9. Those with facial skin laxity and sagging.
- 10. Those with fine lines, dry lines and dynamic wrinkles around eyes.
- 11. Those with dull, uneven and lusterless skin.
- 12. Those with slight aging.
- 13. Those who work in office for long hours, facing UV light.
- 14. Those who are unsatisfied with their skin tone.

### Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those with extensive facial trauma.
- 3. Use with caution for those who are allergic to lights.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those with metal implants such as stent, pacemaker, or those who are allergic to metals.
- 7. Those who have just received injection, such as intradermal injection, wrinkle removal, or plastic surgery.

### **Notes after Operation**

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and

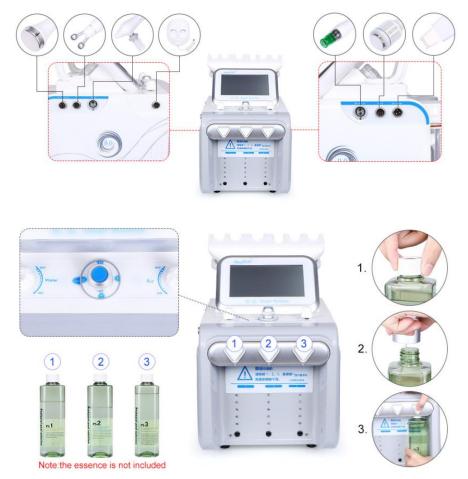
less greasy food.

5. Apply a hydrating mask and eye mask once a day for three days.

## Part II

## 1. Detailed Operation

The detailed installment is as follows:



Detailed hydro facial installment is as follows:



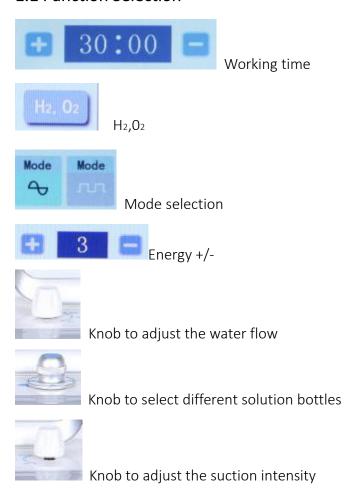
After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Select language and enter the interface below:



#### 1.1 Function Selection



#### 1.2 Detailed Operation: Hydra Dermabrasion



Abrasion to select hydro facial and start



Select different probes according to different sizes of

#### treatment area



Knob to adjust the water flow (Bigger water flow comes with bigger water outflow from the probe)



Knob to select different solution bottles

Bottle 1 is for AHA (suitable for normal skin; used to exfoliate; gentle)

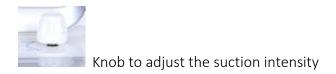
Bottle 2 is for BHA (suitable for oily and acne skin; strong cleanse and exfoliate)

Bottle 3 is for nutrient solution (suitable for dry skin; used to hydrate, replenish nutrition and increase skin's capacity to repair and cell regrow)

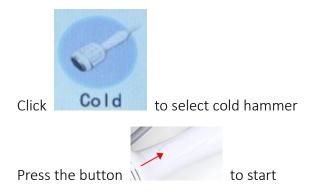
Bottle 4 is for water (The device can purify water and turn it into hydrogen and oxygen ionized water, which will produce H<sub>2</sub> fine molecules on the skin surface, so that the water molecules can quickly penetrate into the skin to achieve the efficacy of skin hydration and brightening.

Efficacy of hydra dermabrasion:

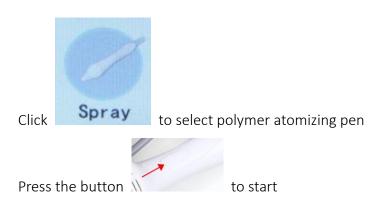
- 1. Clean up the cosmetics residues in the skin, clear the skin allergens, mites.
- 2. Improve folliculitis, dull skin and skin texture.
- 3. Hydrating, nourishing and replenishing the skin with oxygen.
- 4. Remove blackheads, refine pores and increase skin transparency.
- 5. Pre-op protection and post-op care for laser skin surgery.)



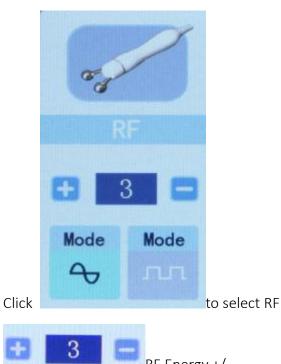
## 1.3 Detailed Operation: Cold Hammer

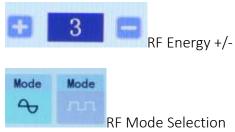


### 1.4 Detailed Operation: Polymer Atomizing Pen



### 1.5 Detailed Operation: RF





Mode

Mode

RF Consecutive Mode (releases energy constantly; suitable for loose skin and those with fine lines)

RF Intermittent Mode (releases energy intermittently; suitable for skin that lacks in elasticity)

Press the button to start

### 1.6 Detailed Operation: Ultrasound

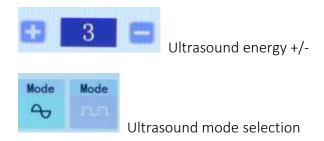


Click

Mode

Mode

to select ultrasound



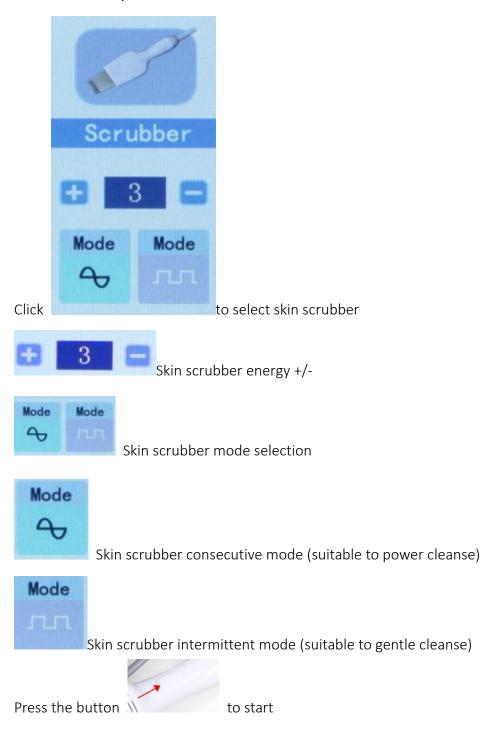
Ultrasound Consecutive Mode (releases energy constantly; suitable to lead in nutrition for all skin types)

Ultrasound Intermittent Mode (releases energy intermittently; suitable to lead in serum for sensitive skin)

Press the button \

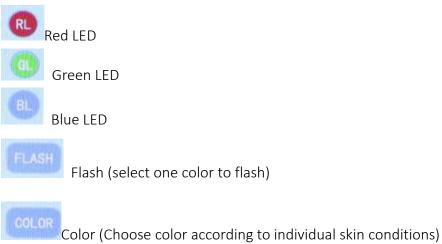
to start

### 1.7 Detailed Operation: Skin Scrubber



#### 1.8 Detailed Operation: LED Photon Mask





### 2. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or pacemaker equipped.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those with metal implants such as stent, pacemaker or those who are allergic to

metals.

- 8. Use with caution for those who are allergic to electric current.
- 9. Use with caution for those who are allergic to light.

#### 3.Dos and Dont's

- 1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
- 2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
- 3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
- 4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
- 5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
- 6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
- 8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
- 9. Use device or train device operators in strict accordance with instructions in the user manual.
- 10. Start from the lowest energy level and slowly add up.
- 11. When using this device, the operating parts must be kept moist and dry skin should be avoided.
- 12. Please refrain from operating around eyes, ears, skin lesion or parts that had undergone plastic surgery.
- 13. Adjust suction subjecting to the customer's comfort level when using hydra dermabrasion handle.
- 14. Do not stay at one place for over 5 seconds to avoid scald or frostbite.
- 15. Do not block the air outlet when using cold hammer.
- 16. Remind customer to adjust breathing when operating on philtrum with polymer atomizing pen.
- 17. All vacuum tips of hydra dermabrasion can be cleaned with water and soaked in 75% alcohol.
- 18. Please clean the waste bottle immediately after the hydra dermabrasion treatment.
- 19. Hydra dermabrasion, ultrasound, and RF handles can be used alone or combined

together for better beauty results.

- 20. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.
- 21. The front side of the skin scrubber is for deep cleaning and the back side is for lifting and nutrients introduction.
- 22. Screw head cleaning: basic cleaning must be done to maintain the prevention of infection. After using the screw head, disposable toothbrush can be used to brush out the dirty stuff in the groove of the screw head, rinse tit off with clean water, then soak with alcohol for 3 minutes, and finally rinse the alcohol ingredients.
- 23. Internal cleaning (after each bottle of solution is used):

Replace the probe with a cleaning head, fill the solution bottle with half a bottle of purified water, turn on the device, plug the probe by hand, adjust the water flow to the maximum, and let the water flow back to clean the residual solution in the pipe. Around a minute.

24. All parts of the instrument must be tightened, otherwise internal leakage will reduce air pressure, resulting in no suction or too little water flow.

### 4. Troubleshooting & Solutions

# 1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

#### 2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

#### 3. No ultrasonic energy output?

- A. Please check whether the connecting wire of the handle is well connected and whether there is any damage.
- B. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

#### 4. No suction coming from the hydra dermabrasion and there's no nutrients outflow?

- A. Please check whether the waste water recovery bottle cap is tight or not, and whether the nutrient solution bottle is tight or not.
- B. Please check whether the button for adjusting suction and nutrient solution stays on 0.
- C. Please check whether the output of nutrient solution is excessive.

#### 5. No spray coming from the polymer atomizing pen?

- A. Please check whether the nozzle is blocked.
- B. Please check whether the regulating part of the nozzle tail is tightened.

#### 6. The instrument can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the instrument and wait about 1 minute before restarting the instrument.
- B. If the above method did not work, please contact the instrument distributor for assistance.

#### 5.FAQs

#### 1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

#### 2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

#### 3.Q: Why exfoliate?

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

#### 4. Q: Will hydra dermabrasion treatment enlarge pores?

A: No. Hydro facial deep cleansing treatment follows the sequence of three steps. The first step is to use the export liquid to soften skin cutin layer; the second step is coupled with different solutions (AS1 AHA, AS2 BHA, AS3 nutrient solution; choose different solution according to different type of skin); the third step is to hydrate the skin. Hydra facial is suitable for all skin types and will not enlarge pores but rather refine skin.

#### 5. Q: Can ultrasonic import help remove acne marks?

A: Ultrasonic import channels whitening nutrients to the skin by ultrasonic high frequency vibration, accelerate the absorption, inhibit melanin formation and fade spots, effectively brighten dull skin, and works wonder especially on dark spots caused by acne. It is green, ecological, simple, safe, reliable and has no side effect. General outdoor activities can be conducted after treatment.

#### 6.Q:Is there any side effects to use ultrasonic beauty machine?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. Ultrasound itself has a certain amount of radiation but these radiation is miniscule, harmless, and has a certain cumulative effect.

#### 7.Q: Can I wear makeup after using this instrument?

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

#### 8.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

### 6. Packing List

- 1 x Main Machine
- 1 x Power Cord
- 1 x RF Lifting Head
- 1 x Cold Hammer Handle
- 1 x Skin Scrubber Handle

- 1 x Hydra Dermabrasion Pen
- 1 x Polymer Atomizing Pen
- 1 x Ultrasonic Handle
- 1x Led phton mask 7 colors
- 1 x User Manual

## 7. Operational Diagram

Parameter Adjustment	Product	Technique	Diagram				
Skin Replenishment: 60 min, once/week							
Hydra dermabrasion energy level: 20%-80%  Operate according to different skin types of customers (try the set energy on lower arm first then	Makeup remover+ Face wash+ Blackhead export liquid+ Base mask+ Cold and hot steam+ Serum+ Facial mask+ SR-AF1318	1. Remove makeup and clean face, 5min. 2. Apply toner, 1 min. 3. Apply blackhead export liquid+hot steam(on large pores or severely clogged area; apply toner or AS3 solution on cheeks; it is recommended to apply toner+cold steam for sensitive skin rather than export liquid+hot steam), 5-8 min.	Technique9				
on face, meanwhile check with customers constantly.)  Polymer atomizing pen energy level:		4. Hydra dermabrasion operation: Press gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area	Technique10  Technique12				

Liquid export volume is recommended to set as small

Skin scrubber: 2-8

Mode: Consecutive should be right next to another(forehead→nose→ chin→cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.

- 5. Clean the treatment area, 2 min.
- 6. Apply hydrating base mask+hot steam, 10 min.
- 7. Clean the treatment area, 2 min.
- 8. Pour (whitening/hydrating/soot hing/anti-aging)essence into the polymer atomizing bottle(with the proportion of serum:distilled water being 2:1), 2 min.
- 9. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 10. Brace the skin vertically towards hairline on forehead to keep the treatment surface tight, 2 times.
- 11. Apply (hydrating/whitening/antiaging) serum evenly on the face, 1 min.
- 12. Use the back side of the skin scrubber to lead in nutrition, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple to lift the treatment



Technique14



	area, 3-5 times.	
	13. Do the same on the	
	other side.	
	14. Lift towards hairline on	
	forehead, 3-5 times.	
	15. Apply facial mask, 15	
	min.	
	16. Wash face clean, 2	
	min.	
	17. Apply toner, essence,	
	cream, and sunscreen.	

#### Recommended treatment:

10 treatments account for one full course. After one treatment, skin is thoroughly cleaned and fully hydrated. After one full course of treatment, skin will become evenly

brightened with minimized pores. After three courses, skin appears to be plump, rosy, elastic, bright and can lock in moisture for 24 hours.						
Soothing&Repairing: 60 min, once/week						
Polymer	Makeup	1. Remove makeup and clean	Technique6			
atomizing pen	remover+	face, 5min.				
energy level:	Face wash+	2. Apply toner, 1 min.				
Liquid export	Hydrating	3. Apply hydrating base	10 0 0 X			
volume is	base mask+	mask+cold steam, 15 min.				
recommended	Cold and	4. Wash face clean, 2 min.	$\mathcal{M}$			
to set as small	hot steam+	5. Pour (hydrating)essence				
	Serum+	into the polymer atomizing	Technique7			
LED photon	Repairing	bottle(with the proportion of				
mask energy:	facial mask+	serum:distilled water being				
6-10	SR-AF1318	2:1), 2 min.	(C C)			
		6. Polymer atomizing pen	-			
Mode: Green		operation: Start from chin to				
LED		earlobe, then from mouth				
		corner to ear gate. Move in	Technique9			
		parallel lines, meanwhile				
		brace the skin with the free				
		hand to keep the treatment	(C)			
		surface tight, 2 times.				

7. Move vertically towards

with the free hand to keep the treatment surface tight, 2

hairline on forehead, meanwhile brace the skin



Technique10

#### times.

- 8. Apply (soothing&repairing) serum on face evenly, 1 min.
- 9. Cold hammer operation: Move the probe upwards in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 10. Lift upwards from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3-5 times.
- 11. Do the same on the other side.
- 12. Lift towards hairline on forehead, 3-5 times.
- 13. Apply repairing facial mask+LED photon mask, 15 min.
- 14. Remove the mask and clean, 2 min.
- 15. Apply toner, serum, cream, and sunscreen.



Technique12



#### **Recommended Treatment:**

10 treatments account for one full course. After one treatment, skin feels hydrated, smooth and tender. After one full course, skin regains its balance and can stay hydrated for as long as 24 hours. Two courses help increase the oxygen content of the skin, increase the cell activity, improve the dull condition of the skin, making the skin ruddy and translucent, and delay the aging of the skin.

## Deep Cleansing: 60 min, once/week

Microdermab	Makeup	1. Remove makeup clean	Technique 4
rasion energy	remover+	face, 5 min.	
level:	Face wash+	2. Apply toner, 1 min.	
20%-80%	Blackhead	3. Apply blackhead export	
	Export	liquid+hot steam(on large	
Operate	Liquid+	pores or severely clogged	
according to	Hydrating	area; apply toner or AS3	
different skin	Mask+	solution on cheeks; it is	Technique 5
types of	Cold and	recommended to apply	
customers	hot steam+	toner+cold steam for sensitive	
		1	

(try the set
energy on
lower arm
first then on
face,
meanwhile
check with
customers
constantly.)

Polymer atomizing pen energy level: Liquid export volume is recommende d to set as small

### Essence+ Facial mask+ SR-AF1318

skin rather than export liquid+hot steam), 5-8 min.

- 4. Microdermabrasion operation: stay on forehead for one sec, then gently twist and leave it up in the air(forehead→nose→chin)
  5min, (it can also be done with vacuum hose.)
- 5. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.
- 6. Do the same on another side, 3 min.
- 7. Wash face clean, 2 min.
- 8. Apply toner, 1 min.
- 9. Pour (hydrating)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.
- 10. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 11. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 12. Apply facial mask, 15 min.
- 13. Wash face clean, 2 min.
- 14. Apply toner, essence, cream and sunscreen.



Technique 10



Technique 11



### Recommended treatment:

10 treatments account for one full course. After one treatment skin is hydrated and smooth. After a full course, skin regains its balance and will be less prone to allergy caused by change of seasons, contact with cosmetics or skin dehydration. After two

courses, skin is smooth, glossy with a well functioning blood circulation and of velvety touch. Three courses help enhance the effect and prevent skin allergy.

## Cells Activation: 60 min, once/week

Skin Makeup 1. Remove makeup and clean Technique5 scrubber: remover+ face, 5min. 2-8 Face wash+ 2. Apply toner, 1 min. Blackhead 3. Apply blackhead export Mode: export liquid+hot steam (on large Consecutive liquid+ pores or clogged area, and toner on cheeks; for sensitive Base mask+ skin it is not recommended to Technique7 RF Energy: Serum+ 2-8 Facial mask+ do so but apply toner+cold SR-AF1318 steam) 5-8 min. Mode: 4. Facial cleaning scrubber Consecutive operation: drench cotton pad in water and pat on face, then Face tilt the scrubber at a 45° angle ultrasound: and slowly move around the Technique12,13 2-8 face; start with nose and double the treatment if Mode: needed on nose, 3-6 times. Consecutive 5. Start from chin, brace the skin in lines to keep the LED photon treatment surface tight, 3-6 mask: Technique15,16 times. 6-10 6. Do the same on the other side. Mode: 7. Brace the skin vertically Red/turquois/ towards hairline on forehead, white LED 3-6 times. 8. Wash face clean, 2 min. Technique18 9. Apply cleaning facial mask+hot steam, 10 min. 10. Wash face clean, 2 min. 11. Apply (whitening/anti-aging) serum evenly on face, 1 min. 12. RF operation: Start from chin to earlobe, then from Technique20 mouth corner to ear gate,

nose wing to temple. Move in

parallel lines, meanwhile
brace the skin with the free
hand to keep the treatment
surface tight, 3 times.

- 13. Repeat the last technique, combining with hand, 3 times.
- 14. Do the same on the other side.
- 15. Lift towards hairline on forehead, 3 times.
- 16. Repeat the last technique, combining with hand, 3 times.
- 17. Apply (hydrating) serum evenly all over the treatment area, 1 min.
- 18. Ultrasonic operation: Move the probe horizontally in circles from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 19. Do the same on the other side.
- 20. Move the probe horizontally in circles on forehead, 3-5 times.
- 21. Apply facial mask+LED photon mask, 15 min.
- 22. Wash face clean, 2 min.
- 23. Apply toner, essence, cream and sunscreen.



#### **Recommended Treatment:**

10 treatments account for one full course. After one treatment, fine line is faded. After a full course, skin appears to have less fine line and faded wrinkles. After two courses, skin starts to be glossy, hydrated and elastic. Three courses help maintain that gloss. RF+Ultrasound+LED Photon Mask can stimulate collagen regeneration and cell activation so that skin is always full of collagen and elasticity.

## Skin Anti-aging: 60 min, once/week

RF Energy: Makeup 2-8 remover+ Base mask+ Mode: Cold and Consecutive hot steam+ Massage LED photon cream+ mask: Serum+ 6-10 Facial mask+ SR-AF1318 Mode:

Red/turquois

LED

- 1. Remove makeup and clean face, 5 min.
- 2. Apply toner, 1 min.
- 3. Apply cleaning base mask+hot steam, 10 min.
- 4. Clean the treatment area, 2 min.
- 5. Massage face and apply massage cream on face evenly and caress the treatment area, 3 times.
- 6. Press on the following acupoints: Saliva Container(Ren-24), Earth Granary(ST-4), Great Welcome(ST-5), Jaw Bone(ST-6), Below the Joint(ST-7), Welcome Fragrance(LI-20), Cheek Bone Crevice(SI-18), Temples(EM5), Bright Eyes(BI-1), Gathered Bamboo(BI-2), Yuyao(EM3), Silken Bamboo Hollow(TE-23), *Pupil Crevice(GB-1), Container* of Tears(ST-1), Four Whites(ST-2), 3 times. 7. Caress the whole face, 3
- 7. Caress the whole face, 3 times.
- 8. Lift the treatment area with both hands as if plucking the string, 2 min.
- 9. Alternate hands in lifting the treatment area on one side as if plucking the string, 1 min.
- 10. Do the same on the other side.
- 11. Caress the whole face, 3 times.
- 12. Alternate hands in lifting

Technique5,7,11



Technique6



Technique12



Technique14



Technique15,16



Technique18,19

in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.

- 13. Do the same on the other side.
- 14. Brace skin with middle and ring fingers on forehead as if writing 'Z', slide to the ear back and force and finish behind ear, 3 times.
- 15. RF operation: Start from chin, move the probe in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 16. Repeat the last technique, combing with hand.
- 17. Do the same on another side.
- 18. Lift towards hairline on forehead, 3 times.
- 19. Repeat the last technique, combing with hand.
- 20. Wash face clean, 2 min.
- 21. Apply (anti-aging) serum evenly all over the face, 2 min.
- 22. Cold hammer operation: Move the probe horizontally in circles from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 23. Do the same on the other side.
- 24. Move the probe horizontally in circles on forehead, 3-5 times.
- 25. Apply a layer of (hydrating) serum evenly on the treatment area, 1 min.



Technique22



Technique24



26. Apply facial mask+LED	
photon mask, 15 min.	
24. Wash face clean, 2 min.	
25. Apply toner, essence,	
cream and sunscreen.	

### **Recommended Treatment:**

10 treatments account for one full course. Once done, skin feels tightened. After a full course, skin is plump and rosy. Two courses help increase skin elasticity, boost skin metabolism, fade pigmented spots, brighten dull skin, and lower the chance of skin sensitivity. Three courses help stabilize skin condition, prevent skin sagging, aging and toning facial outline.

## Balance Regain: 60 min, once/week

balance Regain. 00 min, once, week			
Microdermab rasion energy level: 20%-80%	Makeup remover+ Face wash+ Blackhead	<ol> <li>Remove makeup and clean face, 5min.</li> <li>Apply toner, 1 min.</li> <li>Apply blackhead export</li> </ol>	Technique4
Operate according to	export liquid+ Massage	liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive	
different skin types of customers (try the set energy on lower arm first then on	cream+ Base mask+ Serum+ Facial mask+ SR-AF1318	skin it is not recommended to do so but apply toner+cold steam) 5-8 min.  4. Hydra dermabrasion operation: Press gently on forehead with the crystal tip for 3-5 times, then brace the	Technique6
face, meanwhile check with customers constantly.)		forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to	Technique8
Skin scrubber: 2-8 Mode:		another(forehead → nose → ch in → cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.	Technique12,13

Consecutive

RF Energy:

2-8

Mode:

Consecutive

Face

ultrasound:

2-8

Mode:

Consecutive

LED photon

mask:

6-10

Mode:

Blue/purple

LED

- 5. Skin scrubber operation: Drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.
- 6. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.
- 7. Do the same on the other side.
- 8. Brace the skin vertically towards hairline on forehead, 3-6 times.
- 9. Apply hydrating base mask+hot steam, 10 min.
- 10. Clean face, 2 min.
- 11. Apply

(whitening/anti-aging) serum evenly on face, 1 min.

- 12. RF operation: Start from chin to earlobe, then from mouth corner to ear gate, nose wing to temple. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 3 times.
- 13. Repeat the last technique, combining with hand, 3 times.
- 14. Do the same on the other side.
- 15. Lift towards hairline on forehead, 3 times.
- 16. Repeat the last technique, combining with hand, 3 times.
- 17. Apply (hydrating) serum evenly all over the treatment area, 1 min.



Technique15,16



Technique18



Technique20



18. Ultrasonic operation:			
Move the probe horizontally			
in circles from chin to			
earlobe, mouth corner to ear			
gate, nose wing to temple, 3			
times.			
19. Do the same on the			
other side.			
20. Move the probe			
horizontally in circles on			
forehead, 3-5 times.			
21. Apply facial mask+LED			
photon mask, 15 min.			
22. Wash face clean, 2 min.			
23. Apply toner, essence,			

### Recommended Treatment:

10 treatments account for one full course. After one treatment, skin is clean and translucent. After a full course, skin is hydrated with less oil secretion and a balanced oil and water distribution. After two courses, skin is fine, glossy, hydrated and elastic. Three courses help maintain the current healthy state and prevent skin aging.

cream and sunscreen.

# Overall Facial Care: 90 min, once/week

Hydra N			
,	Makeup	1. Remove makeup and	Technique4
dermabrasion re	remover+	clean face, 5min.	
energy level: F	ace wash+	2. Apply toner, 1 min.	
2-8 B	Blackhead	3. Apply blackhead export	
e	export	liquid+hot steam (on large	
Operate li	iquid+	pores or clogged area, and	
according to B	Base mask+	toner on cheeks; for sensitive	
different skin N	Massage	skin it is not recommended	Technique6
types of c	cream+	to do so but apply toner+cold	
customers S	Serum+	steam) 5-8 min.	
(try the set F	acial mask+	4. Apply blackhead export	Ke ex
energy on C	Cold and hot	liquid+hot steam (on large	
lower arm st	steam+	pores or clogged area, and	
first then on S	SR-AF1318	toner on cheeks; for sensitive	
face,		skin it is not recommended	Technique8
meanwhile		to do so but apply toner+cold	
check with		steam) 5-8 min.	
customers		5. Facial cleaning scrubber	
constantly.)		operation: drench cotton pad	

Skin scrubber energy level: 2-8

Mode:

Consecutive

Polymer atomizing pen:
Liquid export volume is recommende d to set as small

RF energy level: 2-8

Mode: Face:

Consecutive

Eye:

Intermittent

Face ultrasound energy level: 2-8

Mode:

Consecutive

LED photon mask energy

level: 6-10

Mode: Red/ yellow/white LED in water and pat on face, then tilt the scrubber at a 45°angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.

- 6. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.
- 7. Do the same on the other side.
- 8. Brace the skin vertically towards hairline on forehead, 3-6 times.
- 9. Apply hydrating facial mask+hot steam, 10 min.
- 10. Wash face clean, 2 min.
- 11. Massage face and apply massage cream on face evenly and caress the treatment area, 3 times.
- 12. Press on the following acupoints: *Saliva*Container(Ren-24), Earth
  Granary(ST-4), Great
  Welcome(ST-5), Jaw

Bone(ST-6), Below the Joint(ST-7), Welcome Fragrance(LI-20), Cheek Bone

Crevice(SI-18), Temples(EM5), Bright Eyes(BI-1), Gathered Bamboo(BI-2), Yuyao(EM3),

Silken Bamboo

Hollow(TE-23), Pupil

Crevice(GB-1), Container of

Tears(ST-1), Four Whites(ST-2), 3 times.

- 13. Caress the whole face, 3
- times.
- 14. Lift the treatment area with both hands as if plucking the string, 2 min.



Technique11,13



Technique12



Technique16



Technique17



Technique18



Technique20

- 15. Alternate hands in lifting the treatment area on one side as if plucking the string, 1 min.
- 16. Alternate hands in lifting in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.
- 17. Lift canthus with 'scissor' technique, 3-5 times.
- 18. Lift towards hairline on forehead, 3-5 times.
- 19. Do the same on the other side.
- 20. Brace skin with middle and ring fingers on forehead as if writing 'Z', slide to the ear back and force and finish behind ear, 3 times.
- 21. RF operation: Start from chin, move the probe in circles, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.
- 22. Repeat the last technique, combing with hand.
- 23. Eye RF operation: Combined with hand, lifting from lower eyelid to temple to lift the treatment area, 3-5 times.
- 24. Lift from the beginning of the eyebrow till the end of the eyebrow, 3-5 times.
- 25. Combined with hand, lifting from canthus till hairline, 3-5 times.
- 26. Do the same on the other side.
- 27. Lift towards hairline on



Technique21,22,31,33



Technique23,25



Technique24



Technique27,28,32,35



Technique37



Technique39

forehead, 3 times.

- 28. Repeat the last technique, combing with hand, 3 times.
- 29. Wash face clean, 2 min. 30. Pour (hydrating)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.
- 31. Polymer atomizing pen operation: Start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 32. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.
- 33. Use the back side of the scrubber to lead in nutrition, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple to lift the treatment area, 3 times.

  34. Do the same on the other side.
- 35. Lift towards hairline on forehead, 3-5 times.
- 36. Apply (hydrating/whitening) serum evenly all over the treatment area, 1 min.
- 37. Ultrasonic operation: Move the probe horizontally in circles from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.



Technique41



38. Do the same on the	
other side.	
39. Move the probe	
horizontally in circles on	
forehead, 3 times.	
40. Apply facial mask+LED	
photon mask, 15 min.	
41. Remove the mask and	
move the cold hammer	
probe in circles. Start from	
chin, covering the whole	
face, 5-8 min.	
42. Wash face clean, 2 min.	
43. Apply toner, essence,	
cream and sunscreen.	

### Recommended treatment:

10 treatments account for one full course. After one treatment, skin is hydrated, brightened and a lifted canthus. After a full course, skin is plump, moisturized and even-toned. After two courses, skin becomes translucent and smooth. Three courses help accentuate skin gloss. RF stimulates collagen regeneration, delay aging and restore skin to its youthful state.