

# User Manual

MS-V8008



# Preface

Dear Users,

We're pleased to present to you our latest 9-in-1 comprehensive beauty machine, which uses ultrasound, vacuum, multi-polar RF and laser technologies for skin firming and body slimming. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

# Table of Contents

Preface	
Part I	
Introduction	
1. Advantages	
2. Working Principles	
3. Face Anti-ageing	
4. Eye Anti-ageing	
5. Neck Anti-ageing	
6. Body Management	
(1). Waist&Abdomen Shaping	
(2). Arm Shaping	
(3). Back Shaping	
(4). Hip Shaping	
(5). Leg Shaping	
Part II	
1. Detailed Operations	
2. Technical Parameters	
3. User Contraindications	
4. Dos and Don'ts	
5. Troubleshooting & Solutions	
6. FAQs	
7. Packing List	
8. Operational Diagrams	

# Part I

## Brief Introduction

Multi-polar RF, vacuum, ultrasound and laser are currently most popular beauty approaches to firming skin, reducing wrinkles, shaping body, and anti-ageing. So, this machine is an effective replacement of all facial and body care treatments in beauty salons. Moreover, it is convenient and easy to operate. It solves both skin and body management problems for beauty-seekers. This equipment requires no injection, no medication, and no surgeries, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation in skin bottom, which can achieve the results of skin firming and anti-aging. Ultrasounds with specific frequencies target those parts with stubborn fat to bring customers amazing results.

## Advantages

1. 9-in-1 beauty machine that works on facial and body care.
2. The ultrasonic wave can powerfully burn and remove fat, which surpasses liposuction to solve the problems for obese people.
3. RF can help increase collagen for skin to slow down skin ageing and restore its youthfulness.
4. Various working heads can be chosen to be used in different parts according to different needs.
5. The perfect combination of ultrasound and radio frequency solves major problems in losing weight. It helps with weight loss and meanwhile firms skin, increases skin elasticity, promotes metabolism, and ultimately strengthen people's constitutions.
6. It adopts the advanced technologies of RF and ultrasonic wave fat-burning.
7. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no recovery period, which will not affect customer's life and work.
8. No consumption, low cost and quick returns.
9. Wider treatment range for body and face.
10. Unevenness, bleeding, and swelling will not appear after treatment.

## 2. Working Principles

### 40K

#### Ultrasound fat-reducing

The principle of ultrasonic wave is used to make human adipose cells take a strong impact and produce friction movement after strong sound waves enter into the human body, which can effectively consume heat and water of cells and shrink adipose cells. In addition, when the sound wave vibrates, it can produce a strong impact on cells. And then the adipose cells will burst instantly, and they will be reduced so as to achieve the effect of fat removal.

**Ultrasound Cavitation:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal transmission of ultrasound, which will close rapidly in the positive pressure region to be compressed and stretched under alternating positive and negative pressures. When the bubbles burst, there will be huge instantaneous pressure of up to tens of MPa to hundreds of MPa, and strong vibration and noise will be produced.

**Advantages:** It only aims for low-density adipose tissue for its specific frequency, and protects high-density tissue such as vascular and nerve tissue.

## Face/Eye/Body Ultrasound

### Acoustic streaming of ultrasound

The fluid vortex existing stably in macro and micro ultrasonic fields is called acoustic streaming, which the ultrasonic waves can use to promote substance transfer, such as promoting the reversible osmosis and substance transfer of cell membrane to help with cell growth and substrate conversion and promoting nutrient introduction. The ultrasound with proper intensity can leave skin refreshed, bring treatment receivers amazing results. If the intensity is too high, there will be some damages to biologic tissue.

## 3-polar/5-polar/7-polar RF

### RF

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin.

### The advantages of multi-polar RF

It has high levels of safety and comfort. For those handles, no matter it is one-polar, 2-polar or multi-polar handle, there will be RF effect after an electrical circuit is formed between two electrodes. For the one-polar and 2-polar handle, only one electric circuit forms, but there are three and four electric circuits respectively for the 3-polar and 4-polar handles. When the electrodes on the handle touch human body's skin, the RF outputs from multi-polar handle will tend to become the same despite the fact that the skin is not absolutely even and there are resultant contact differences, which will prevent the occurrence of irritating sensation as possible as it can.

## Vacuum&RF

Massaging skin and muscles with a special vacuum suction handle can effectively improve the humoral fluidity of human cells, and increase the movement of cells to improve skin elasticity. Meanwhile, it can accelerate the blood circulation of microvessels, expel toxins from the body through the normal circulation of the lymphatic system, and reduce the probability of occurrence of adverse conditions such as spots, pigmentation and congestion in various parts of the body. The kneading sensation generated by vacuum suction can increase the tissue activity of skin and muscle, and therefore help to reduce tough tissue and increase the elasticity of skin tissue, so that both body slimming and shaping can be realized at the same time. In addition, the movement of vacuum cup can also stimulate sympathetic nervous system to lower skin sensitivity. The suction and release process of air pressure can not only improve capillary system but also promote the flow between deeper veins and lymphoid gland network to strengthen blood vessels and alleviate the condition of varicose veins.

**Advantages:** it is superior to the previous vacuum working mode which is single and simple. Using different modes for different parts can be more efficient and more effective for slimming and shaping body, and it will never harm human body. Uniquely designed RF tips integrate RF and vacuum as a whole, in which RF and vacuum can exist independently and also are complementary to each other. Compared to the ordinary one-polar RF, it can ideally shape body in a more effective, faster and even way.

## **Vacuum Physical Effects**

### **1. Skin layer**

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) It can drain excess water of lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### **2. Vascular layer**

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels for the capillary system, and also promote the flow between the deeper veins and lymphatic networks.

(2) Remove harmful substance in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve the condition of varicose veins.

### **3. Fibrous layer**

The suction and release of air pressure:

It can deliver two kinds of effects in different tissues (including skin, muscle and so on).

(1) Repair cells and increase their activity.

(2) Restore and improve skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen absorption of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, and make it more elastic so as to achieve the effect of body-shaping.

### **4. Nerve layer**

The suction and release of air pressure:

It stimulates the surface and deep layer of sympathetic nervous system.

(1) Lower the sensitivity of skin.

(2) Restore skin elasticity and help resist tissue fibrosis.

Effects: Repair cells and lower skin sensitivity.

## **Laser pad**

The red laser, a visible spectrum, is used here with a wavelength of 635nm-650nm. The laser with such wavelength has strong penetration, which can penetrate through fat layer and dissolve subcutaneous fat by heat. It is safe and painless without side effects.

Low-level laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it can be seen that the free fatty acids of the body are eliminated through complete metabolism.

### **Biological Effect**

It uses 635nm - 650nm LED laser to heat fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed and excreted by our body's natural metabolic process. In the process of operation, the laser can introduce heat into the treatment area to stimulate the production of collagen, thus delivering the effects of smoothing & tightening skin and shaping body.

Low-energy laser(biological stimulation) is used here to act on deep fat. It stimulates biological

cells and induces or strengthens a series of physiological reactions by releasing energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can tighten skin, reduce wrinkles, remove fat, and shape body concurrently. Laser has so strong penetration that it can penetrate through fat layer to heat up and dissolve subcutaneous fat. The treatment is safe and painless without side effects.

### **3. Face Anti-ageing**

#### **1. Effects**

1. Lead nutrients into deep skin and promote absorption.
2. Increase skin elasticity and smoothness, and tighten skin.
3. Moisturize skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve the condition of double chin and tighten skin.
6. Stimulate collagen regeneration and slow down aging.

#### **2. Applicable Range**

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds, wrinkles at eye corners.
4. Those whose face contours are not clear.
5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth

#### **3. Inapplicable Range**

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.
2. Those who have used injection products recently, such as hyaluronic acid, skin booster or wrinkle remover.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are having allergic reactions, who have severely sensitive skin or metal allergies.
5. Those who have traumas or wounds on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, lactation, or operation recovery period.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the effects.

#### **4. Do's and Don'ts after Operation**

1. Do not wash your face with overheated water for three days (you can wash your face with warm or cold water).
2. Strengthen hydration, moisturizing and avoid sunburn.
3. Do not go for hot springs, saunas, violent exercise, etc., for three days.
4. It is recommended to apply the mask at least three times a week.
5. Avoid eating spicy and greasy food, avoid staying up late, smoking and drinking, and eat more fruits and vegetables and food with less grease.
6. Avoid those food which leads to hypertension, hyperglycemia, and hyperlipemia).

## 4. Eye Anti-ageing

### 1. Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supplement eyes with nutrition and moisturize skin.
6. Firm and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

### 1. Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those who frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

### 3. Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those who have hypertension, heart diseases, diabetes, severe thyroid diseases and malignant tumors.
3. Those who are having an allergic reaction and have severely sensitive skin or are allergic to metals.
4. Those who have skin traumas or wounds.
5. Those who are of advanced years.
6. Those who are pregnant or who are on the road to recovery from operations.
7. Those who have skin diseases and contagious diseases.

### 4. Do's and Don'ts after Operation

1. Avoid excessive exposure to the sun. Suncream is encouraged to use.
2. After operation, the treated area is relatively dry and so being hydrated and protection against sunburn are encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, going for hot springs or other violent exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use. It will be preferable to use eye masks 3 times or more a week.

## 5. Neck Anti-ageing

### 1. Effects

1. Reduce the flabbiness, roughness and dullness of the neck skin.
2. Firm skin and increase skin elasticity.
3. Remove double chin.
4. Accelerate lymph detox and improve facial skin.



5. Prevent neck and lymph diseases.

## 2. Applicable Range

1. Those with rough and dull skin on the neck.
2. Those with lymphatic blocking
3. Those with sagging and inelastic neck skin.
4. Those who often bow their heads
5. Those who are not satisfied with their skin colour.

## 3. Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are of advanced years.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

## 4. Do's and Don'ts after Operation

1. Avoid sunburn. Keep the neck warm.
2. Keep hydrated&moisturized and prevent skin damages caused by sun rays, for the treatment area is relatively dry.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, go for hot springs or violent exercise within 7 days after operation.
5. Keep moisturized and apply neck mask. Apply neck mask at least three time a week. Do apply essence or neck cream.
6. Avoid bowing head for a long time.

# Body Management

## (1) Waist&Abdomen Shaping

### Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

### Applicable Range

1. Those with cold feet, cold hands, cold womb and cold body.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those who often sit for a long time, or have unsatisfactory waistlines.
4. Those with stretch marks.
5. Those with constipation or obstruction of abdominal meridians.

## **Inapplicable Range**

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those whose incisions are healing or who are on the road to recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

## **Do’s and don’ts after Operation**

1. Avoid wearing crop tops and getting a cold.
2. Avoid eating and drinking too much. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to help with metabolism for weight loss.

## **(2) Arm Shaping**

### **Effects**

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

## **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children

## **Inapplicable Range**

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are of advanced years.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## **Do’s and Don’ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.

3. Drink plenty of warm water to stay hydrated.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

### **(3) Back Shaping**

#### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent skin from sagging.
7. Reduce excess fat on the back and shape back.

#### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those who suffer from insomnia, dream a lot or have a worse memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

#### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has "three Hs" , heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.
6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

#### **Do's and Don'ts after Operation**

1. Keep warm, avoid getting a cold and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothes

### **(4) Hip Shaping**

Hip is located in the middle of human body, and are the key hub of qi and blood circulation of meridians. It is the main switch of six meridians and also the bridge connecting the qi and blood circulation of upper and lower parts of human body, which plays an important role in building S-shaped curve and promote female attractiveness.

#### **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.

3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

### **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are of advanced years.

### **Do's and Don'ts after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take a shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid getting a cold.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

## **(5) Leg Shaping**

### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

## Inapplicable Range

1. Those who are in menstruation, pregnancy or lactation.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases or infectious diseases.
4. Those who have incisions on their bodies.
5. Patients with severe varicose veins and tumors.
6. Those who are having allergic reactions or who have severely sensitive skin.
7. People who have just had liposuction.
8. Those who are of advanced years.
9. Pregnant women or who are on the road to recovery.

## Do's and Don'ts after Operation

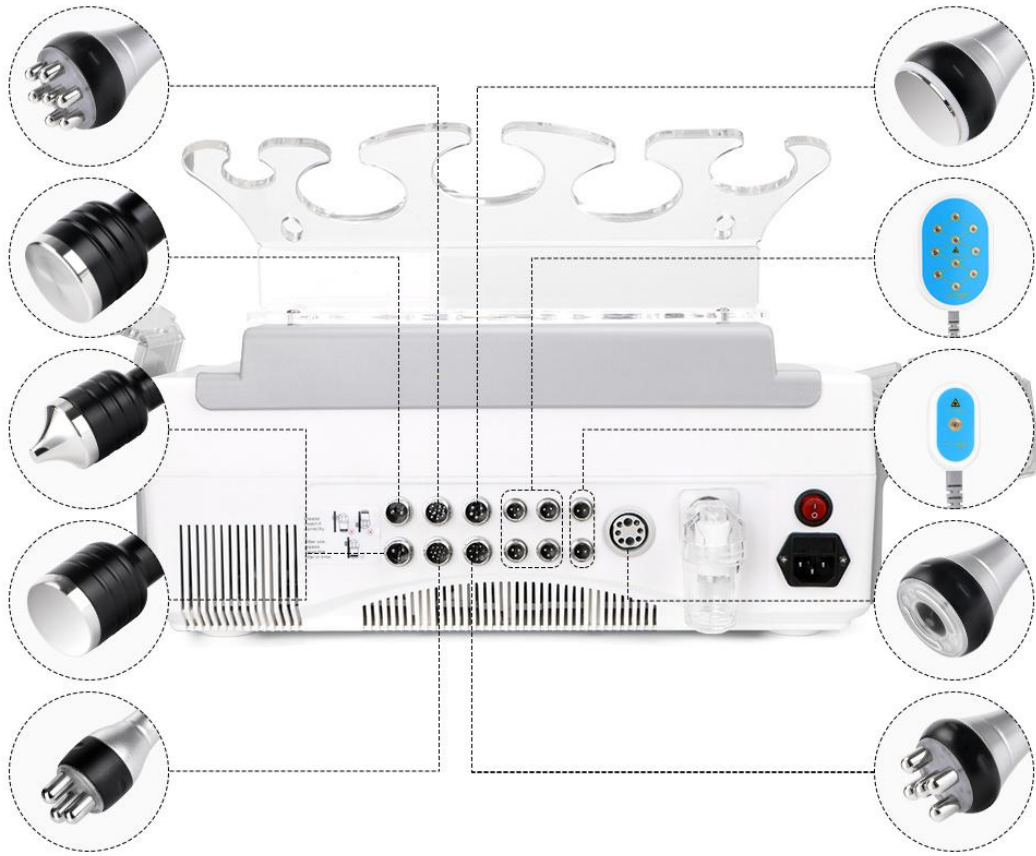
1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants after operation. Avoid wearing miniskirts and shorts.

## Part II

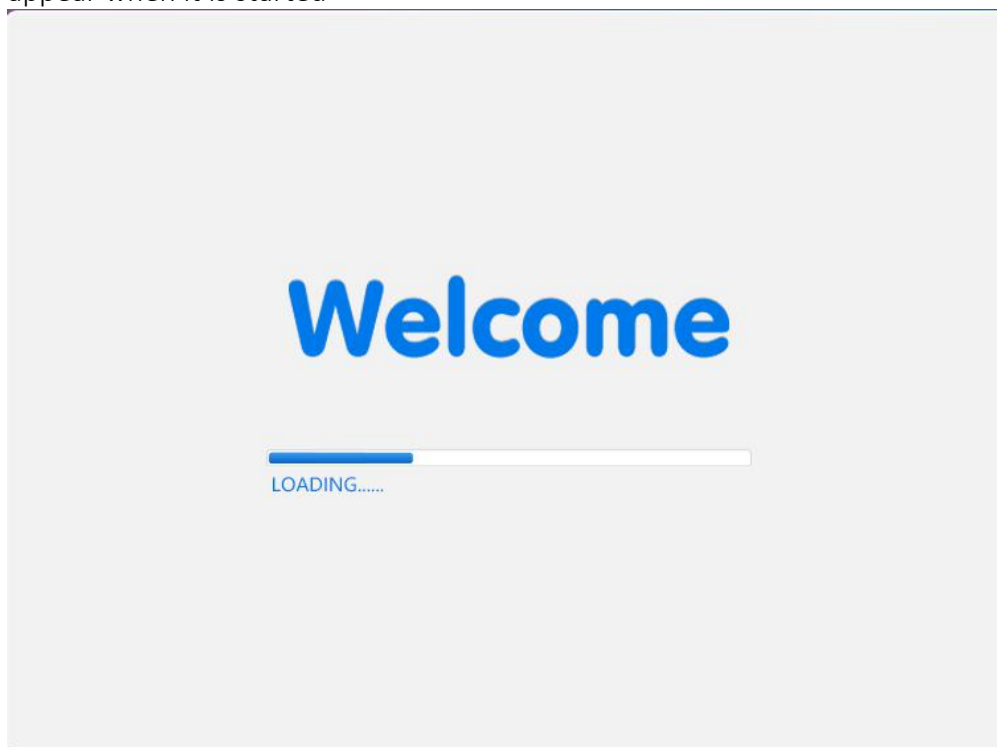
### 1. Detailed Operation



object names as the figure above shows



Install corresponding handles according to the figure above  
After checking that the machine is connected properly, the following starting interface will appear when it is started



and then the following interface will appear.

# 9 In 1 Slimming Machine



## 1. Function Selection



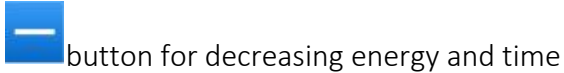
energy adjustment



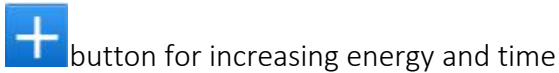
energy level display



working time adjustment(range:0-60)



button for decreasing energy and time



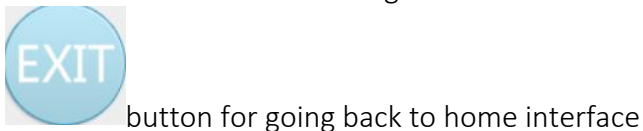
button for increasing energy and time



stop button



button for starting the treatment



button for going back to home interface

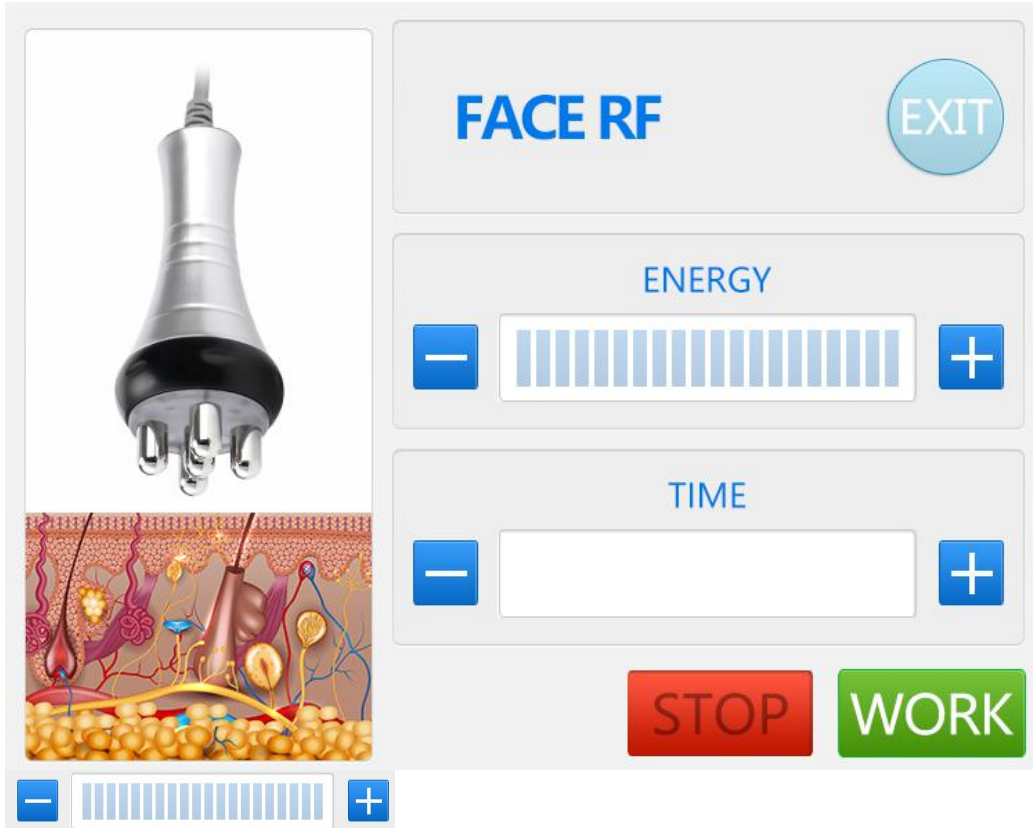


Knob for adjusting vacuum suction. Turning clockwise is to increase suction and turning anticlockwise is to decrease suction. Adjust it based on individual endurance. The greater the suction is, the tighter the handle touches the skin.

## 2. Detailed Operation of Face RF



choose **FACE RF** to enter the following interface



RF energy adjustment(energy suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly. The higher the energy level is, the higher the temperature of the RF handle is.)



RF working time adjustment(suggestion: 10-20 minutes treatment on the same area each time)



stop button



button for starting the treatment



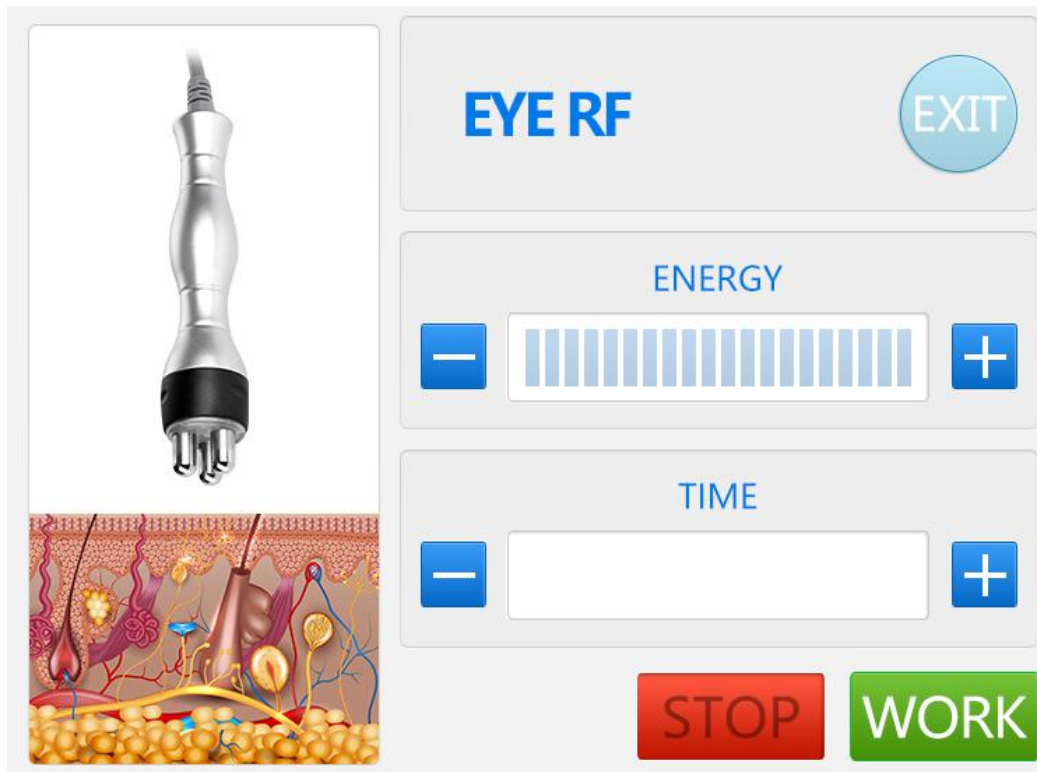
button for going back to home interface

### 3. Detailed Operation of Eye RF



choose **EYE RF** to enter the following interface





RF energy adjustment(energy suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly. The higher the energy level is, the higher the temperature of the RF handle is.)



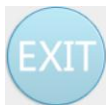
RF working time adjustment(suggestion: 10-20 minutes treatment on the same area each time)



stop button



button for starting the treatment

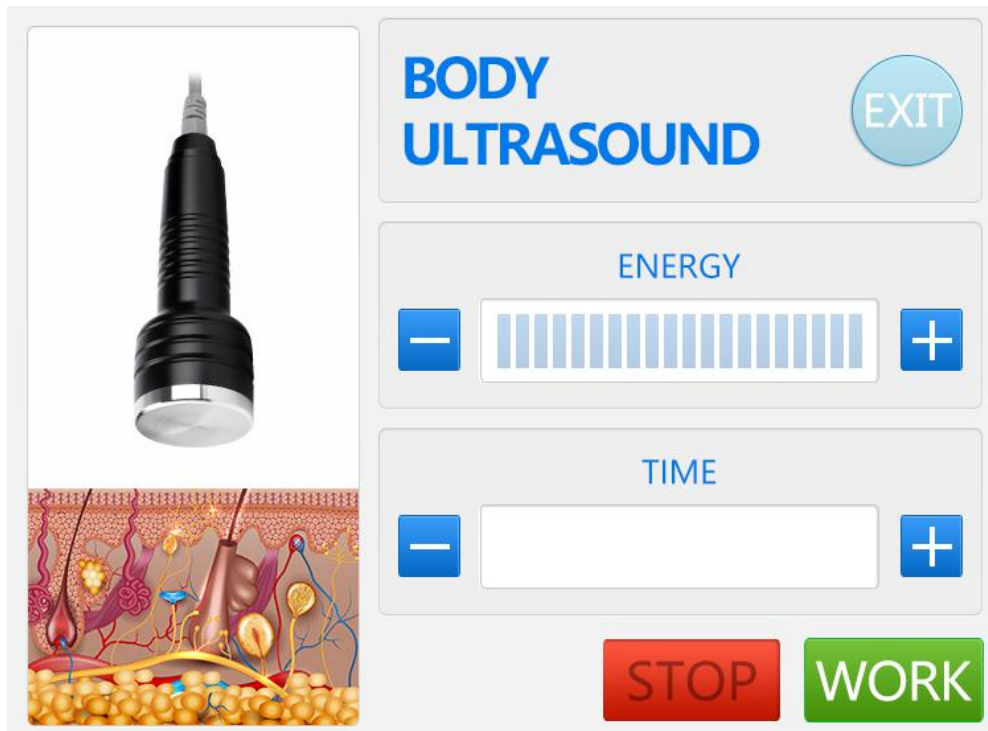


button for going back to home interface

#### 4. Detailed Operation of Body Ultrasound



choose **BODY ULTRASOUND** to enter the following interface



Ultrasound energy adjustment, suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly.



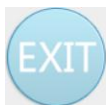
working time adjustment. About 15 minutes treatment on the same area is recommended



stop button



button for starting the treatment

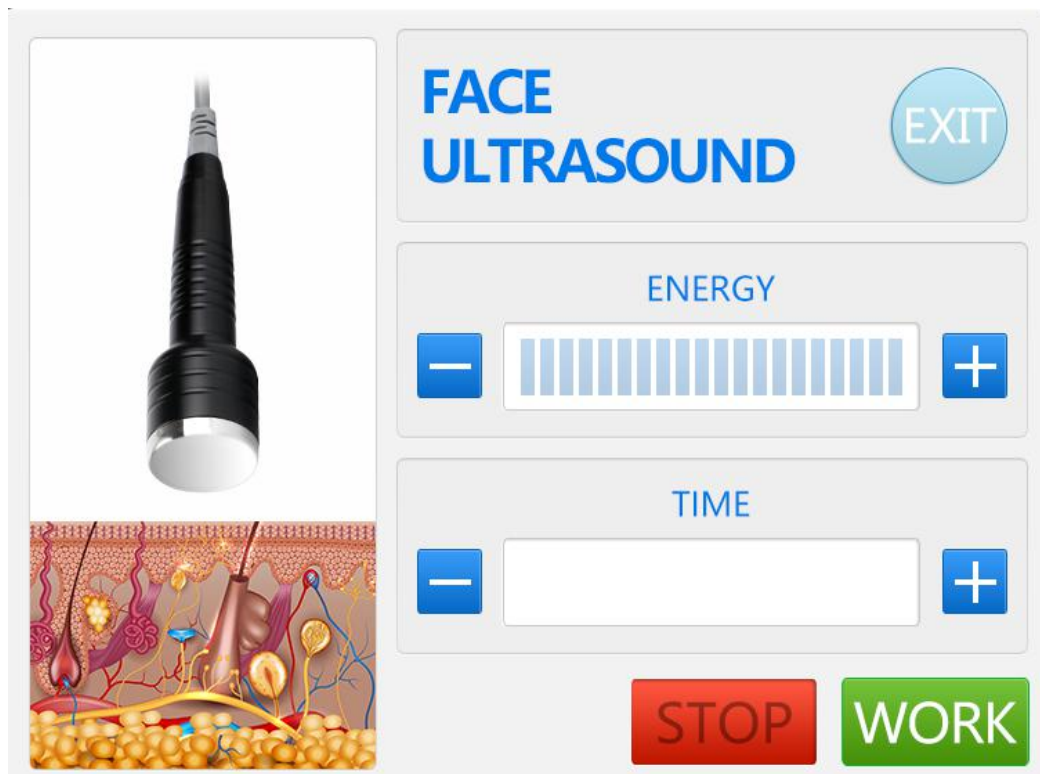


button for going back to home interface

## 5. Detailed Operation of Face Ultrasound



choose **FACE ULTRASOUND** to enter the following interface



Ultrasound energy adjustment, suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly.



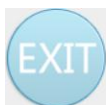
working time adjustment. About 15 minutes treatment on the same area is recommended



stop button



button for starting the treatment

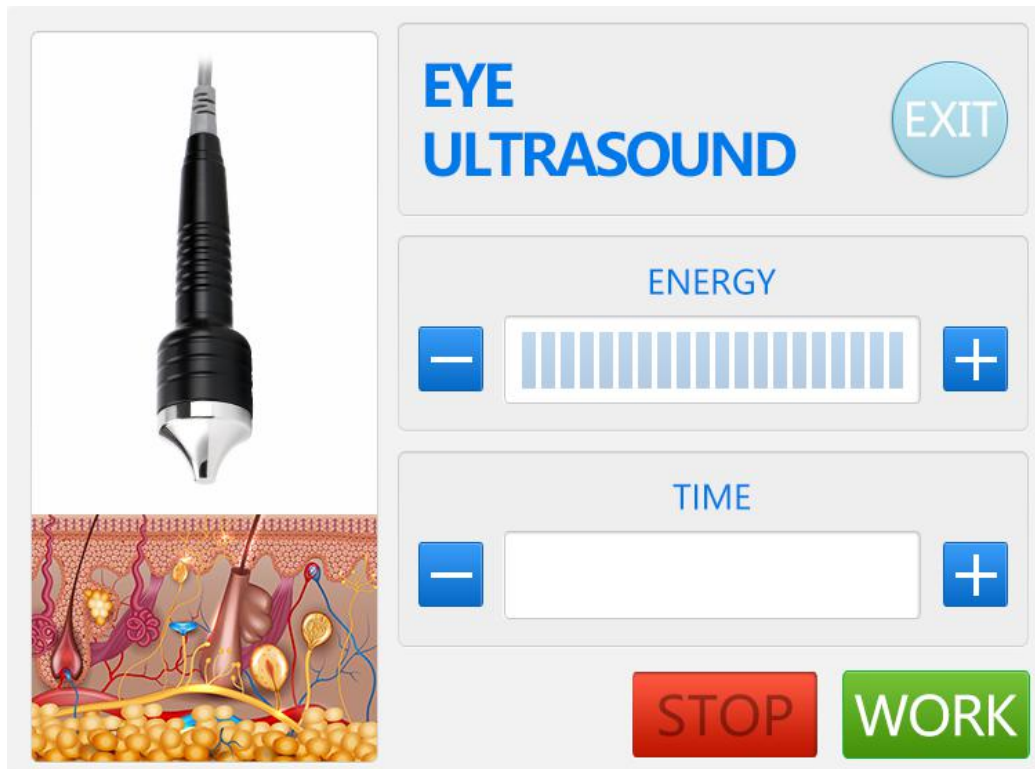


button for going back to home interface

## 6. Detailed Operation of Eye Ultrasound



choose to enter the following interface



Ultrasound energy adjustment, suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly.



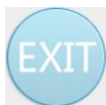
working time adjustment. About 15 minutes treatment on the same area is recommended



stop button




button for starting the treatment

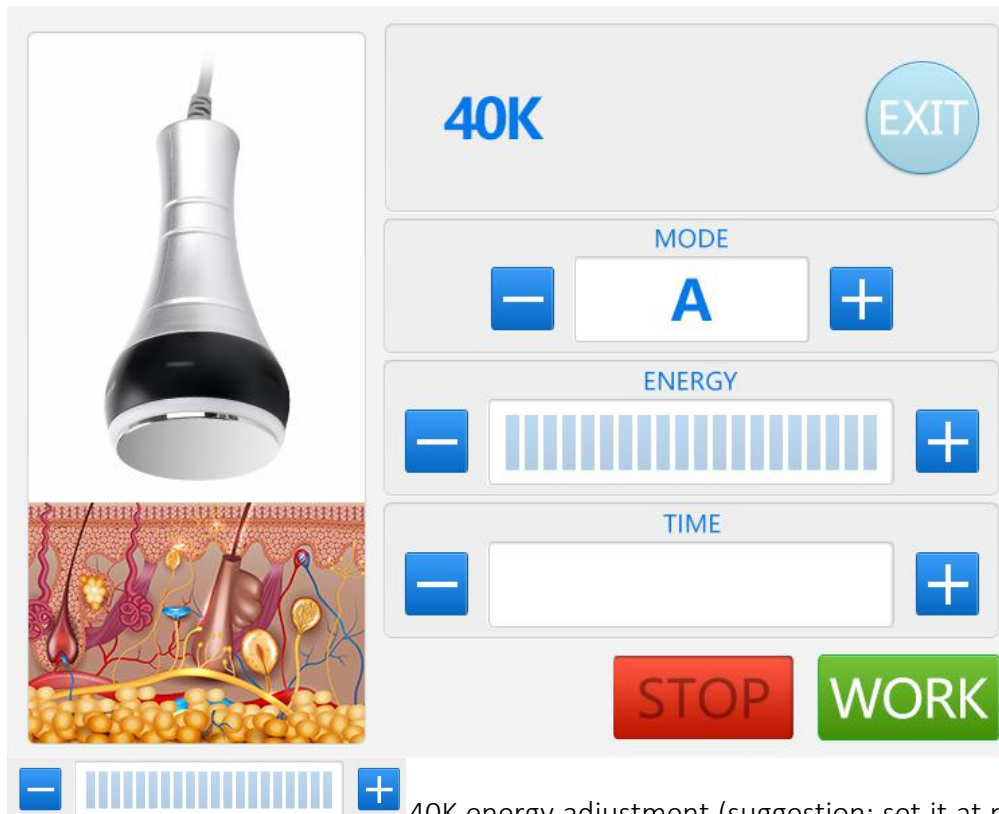


button for going back to home interface

## 7. Detailed Operation of 40K



choose  to enter the following interface



40K energy adjustment (suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly. The higher the energy level is, the more obvious the sensation of tinnitus will be)



40K working time adjustment (suggestion: 10-20 minutes treatment on the same area each time)



40K mode selection, you can choose proper mode based on the fat thickness of treated area.

**A**

there are two modes, A and B

A is constant working mode. After the machine is started, the handle constantly works. It is suitable for those who have thick fat layer.

B is discontinuous working mode. After the machine is started, the handle discontinuously works. It is suitable for those who have less thick fat layer or who have seen stable effect.



stop button

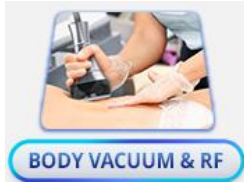


button for starting the treatment



button for going back to home interface

## 8. Detailed Operation of Vacuum&RF



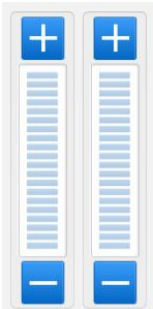
choose **BODY VACUUM & RF** to enter the following interface



RF energy adjustment(energy suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly. The higher the energy level is, the higher the temperature of the RF handle is.)



RF working time adjustment(suggestion: 10-20 minutes treatment on the same area each time)



Buttons for suction time and release time adjustment. Please note: the left buttons are used to adjust suction time and the right buttons are used to adjust release time. Suction time must be longer than release time.

**Suction time:** the duration of suction state(suggestion: it should be longer than release time. The higher it is, the longer the duration of suction will be)

**Release time:** the duration of release state(suggestion: it should be less than suction time. The higher it is, the longer the duration of release will be)

Please note: when the release time is zero, the handle is in Constant Suction mode, which is

suitable for those who want to detox body, have cupping therapy and unblock meridians and collaterals. The suction time is longer than release time



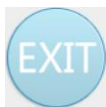
Knob for adjusting vacuum suction. Turning clockwise is to increase suction and turning anticlockwise is to decrease suction. Adjust it based on individual endurance. The greater the suction is, the tighter the handle touches the skin.



stop button



button for starting the treatment



button for going back to home interface

## 9. Detailed Operation of Body RF



choose to enter the following interface



RF energy adjustment(energy suggestion: set it at middle position, you can also adjust it based on individual endurance. Adjusting it from lowest level is recommended for the first-time users. After they adapt to it, the energy can be raised slowly. The higher the energy level is, the higher the temperature of the RF handle is.)



RF working time adjustment(suggestion: 10-20 minutes treatment on the same area each time)

**STOP**

stop button

**WORK**

button for starting the treatment

**EXIT**

button for going back to home interface

## 10. Detailed Operation of Lipo Laser



choose **LIPO LASER** to enter the following interface



laser pad energy adjustment (suggestion: set it at middle position.

There is almost no any physical sensation and the treatment receiver can feel very comfortable)



working time adjustment (20-30 minutes treatment on the same area each time is recommended)



mode selection, there are three modes including A, B and C mode.

A is the mode in which the laser pads are constantly on after the machine is started (suitable for those who have very thick fat layer and want to powerfully reduce fat)

B is the mode in which the laser pads flash with low frequency after the machine is started (suitable for those who have less fat accumulation and want to reduce fat)

C is the mode in which the laser pads flash with high frequency after the machine is started (suitable for those who want to consolidate effects)

**STOP**

stop button



**WORK**

button for starting the treatment



button for going back to home interface

## 2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handle

Frequency:40KHz

Power:20W

7-pole RF Handle

Frequeuncy:1MHz

Power:30W

3-pole RF handle

Frequency: 1MHZ

Power:30W

5- polar 3D RF

Frequency: 3MHZ

Power:50W

Vacuum RF Head

Frequeuncy:3MHz

Power:50W

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level:<70db(30cm away)

Working mode: Ultrasonic high frequency (3MHz) vibration and mild heating

- Output frequency: 7W

- Output voltage: DC 15V

Led laser wavelength: 635nm ~650nm

Power of each light: 5mw

Energy output :44 x 5mW =320mw ( 4 big pads \*10 light/each+2 small pads \* 2 light/each)

Mains power output: 100VA

## 3. User Contraindications

People described as below should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are in pregnancy or lactation.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

## 4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of using the electrical products.
10. When the treatment receiver is taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if the treatment receiver want to use this machine immediately.
11. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
12. During operation, the instrument should be in full contact with the skin to avoid causing damages to skin.
13. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.
14. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.
15. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.
16. Move the handle to perform the treatment. And the handle should not stay on the same area of skin for over 3 seconds.
17. Make sure the handle touches skin after the instrument is turned on to avoid dry heating.
18. When using the laser pads, the whole surface of the laser pads should be in contact with the skin fully.
19. The laser pads can be used separately, fix it on the treatment area, set the energy, each treatment takes 20-30 min. It has a better effect if it works in conjunction with massage, RF and vacuum&RF handles.
20. 40K handle should not be used on head, chest, breast, heart and back.
21. Use machine or train machine operators in strict accordance with instructions in the user manual.

## 5. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

## **2. No RF output from the instrument?**

- A. Please check whether the cord connects the handle to the machine properly
- B. Please check whether the treatment area has been cleaned. Grease or essential oil products may cause poor contact between the handle and human body to cause this problem.

## **3. Weakened RF output?**

- A. Please check whether the cord connects the handle to the machine properly
- B. Please check whether non-conductive grease and other substances are on the treatment handle, which can cause poor contact between the handle and skin to weaken the output.
- C. Please check whether the handle used is the one specified by the instrument.

## **4. No suction or very little suction?**

- A. Please turn off the instrument and check whether the filter used in the instrument should be replaced
- B. Please check the rubber seal in the handle, because the rubber seal may be worn to cause air leakage.
- C. Please check whether the cup containing the filter is screwed tight and whether the rubber seal is worn, for air leakage may lead to poor air pressure.
- D. If the methods above cannot solve this problem, please contact the instrument dealer for assistance.

## **5. I can start the instrument, but the screen shows erroneous message?**

- A. Please unplug the power cord behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

## **6. FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Normally, you can see the treatment results that day when you take the operation or within one week. Skin collagen tissue is heated and then contracts, and you can obviously feel the sensation of skin being tightened. Because RF works to stimulate subcutaneous tissue to promote collagen regeneration, so the more you take the treatment, the more noticeable the effects will be.

### **2. Q: Is RF harmful to skin?**

A: RF treatment is non-surgical operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, and therefore has no damage to the skin. Local redness and hotness are the normal conditions of accelerated blood circulation, which will be relieved after a moment. So there's no need to worry about that.

### **3. Q: How long does the body-firming treatment take?**

A: One treatment session is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

### **4. Q: What functions does this instrument have?**

A: It has the functions of dissolving fat and shaping body, smoothing&rejuvenating skin, firming

&lifting skin and anti-aging. It can be operated on every part of the body. In terms of facial care, it can form face contour, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S-shaped curve, and promote metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and solve sub-health problems.

**5. Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through negative pressure suction so as to achieve the purpose of rapid weight loss. It's a surgical treatment requiring anesthesia and so there is recovery period, which has risks despite its immediate results. However, our instrument is risk-free without side effects. It can not only help you reduce fat but also stimulate collagen regeneration to lift and tighten skin. It can also build perfect curves by lifting skin, and accentuate women's sexual charm.

**6. Q: Will I regain weight after operation?**

A: Ultrasound works to dissolve fat to reduce weight, and users are not prone to regain their weight. Because what's dissolved through ultrasonic treatment is fat, not water. Fat needs a longer period of time to accumulate, so normally people will not regain weight.

**7. Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment work to dissolve fat and accelerate metabolism. It's best to avoid eating spicy, oily, or fried food in case they affect regular metabolism. Proper workout for sweating helps with fat metabolism process. In such way, the results will be more noticeable.

**8. Q: Does it have side effects on the body?**

A: RF beauty treatment is non-invasive and is one of the most effective and the safest approach to remove wrinkles and shape body. Generally speaking, side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after treatment, which will disappear after three days because collagen regeneration will make skin plump up though RF heat can cause moisture loss of skin. Overall, there are no side effects on people's health.

**9. Q: Can ultrasound treatment be performed on every part of the body?**

A: Ultrasound treatment works to rupture fat cells, by which fat is released from cells and then metabolized through lymphatic system. So its power is very high. Heart is sensitive to high frequency sound waves since it is a hollow organ. After being vibrated by sound waves, the heart will reflect the waves due to the different transmission of sound waves by the muscle tissue and the blood in the heart. This force can pull valves away from the heart muscle. If you use the instrument on eyes, it can lead to retinal detachment, so the ultrasound treatment should not be performed on the areas of eyes and heart. (not on the areas of waist, back and chest)

**10. Q: Does ultrasound treatment have side effects on human body?**

A: Ultrasonic beauty treatment is non-surgical and non-invasive program without anaesthesia. It relies on ultrasound (mechanical sound wave) - dissolve fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets low-density fat cells but leaves high-density tissue like blood vessels intact, and therefore has no side effects on human body. Slight tinnitus will probably occur during the treatment, which is within normal range. So there's no need to worry about that.

**11. Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It penetrates into 20mm-deep skin fat layers through ultrasound focusing. Highly intensified ultrasound can cause high-speed friction among fat cells, which can heat and dissolve them. And during the process, sound may be produced so that customer will have the sensation of tinnitus.

**12. Q: What is collagen?**

A: Collagen is a kind of biological macro molecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrients needed by all layers of the skin, enhance the collagen activity in the skin, retain moisture, nourish skin, slow down ageing, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay ageing. With the growth of age, collagen will gradually be lost. For women, collagen will begin to decrease since the age of 20. At the age of 25, collagen loss will reach its peak. At the age of 40, the collagen content is less than half of that one has at age of 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic fibers will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic. Therefore, in order to delay ageing, there must be plenty of collagen.

**13. Q: Why do I need hip treatment?**

A: Because it can help detox body through lymphatic system, relieve gynecological diseases, and protect women from harms brought by buttock blockage. Hip blockage will bring about gynecological conditions for the fact that hips are the areas where many important organs of human body exist. If hips suffer from the squeeze of upper and lower energizer meridians, they will be vulnerable to cold, damp and blood stasis. When hips are affected by cold, hip meridian contraction will occur, and then there will be some symptoms such as dysmenorrhea, irregular menstruation, dark menses, blood clot, blood and meridian blockage. It also affects women's fertilization.






**14. Q: How does vacuum detoxify?**



A: Vacuum can cause capillary congestion, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, which can promote skin breathing, increase the amount of skin oxygen, and speed up waste removal. So it achieves the effects of promoting qi and blood circulation, dispelling cold and damp, dredging meridians and collaterals, clearing toxins, dissipating heat and so on.

**7. Packing List**

- 1x Machine Body
- 1x Face RF Handle
- 1x Eye RF Handle
- 1x Body Ultrasound Handle
- 1x Face Ultrasound Handle
- 1x Eye Ultrasound Handle
- 1x 40K Handle
- 1x Vacuum RF Handle
- 1x Body RF Handle
- 4x Large Laser Pad
- 2x Small Laser Pad
- 5x Strap
- 1x Power Cord
- 2x Fuse

### 8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<b>Face Anti-ageing: 90 minutes once a week</b>			
<p><b>Face RF</b> Energy: 50% Time: 15 min</p> <p><b>Face Ultrasound</b> Energy: 50% Time: 15 min</p>	<p>Makeup Remover+ Face Wash+ Massage Cream+ Hydra Mask+Cold&amp;Hot Steam+Essence +Facial mask+MS-V8008</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner, 1 minutes</li> <li>3. Apply hydra mask and hot steam, 10 minutes</li> <li>4. Remove mask and wash face clean, 3 minutes</li> <li>5. Massage face, apply massage cream evenly to face and soothe face, 3 times.</li> <li>6. Press the following acupoints (RN-24, DU-26, ST-4, ST-6, LI-20, BL-1, BL-2, EM3, TE-23, GB-1, the Temple, ST-1, ST-2), 3 times.</li> <li>7. Soothe face, 3 times</li> <li>8. Pluck face to lift it with both hands, 2 minutes</li> <li>9. One side, pluck and lift face by alternating hands,1 minute</li> <li>10. Do the same on the other side.</li> <li>11. One side, alternate both hands to lift from chin to ear lobe, mouth corner to ear center, and nose wing to temple, 3 times.</li> <li>12. Lift towards hairlines on forehead, 3 times.</li> <li>13. Do the same on the other side.</li> <li>14. <b>Face RF</b> operation, move the handle upwards in circular motion from chin to earlobe, mouth corner to ear</li> </ol>	<p>Technique5, 7</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique11,15</p>  <hr/> <p>Technique12, 16</p>  <hr/> <p>Technique14</p> 

		<p>center, and nose wing to temple, 3 times</p> <p>15. Lift from temple to earlobe, mouth corner to ear center, nose wing to mouth corner with one hand and the handle alternately, 3 times</p> <p>16. Lift from forehead to hairline with one hand and the handle alternately, 3 times</p> <p>17. Repeat the operation on the other side</p> <p>18. Wash face clean, 3 minutes</p> <p>19. Apply essence evenly to face, 1 minute.</p> <p>20. <b>Face Ultrasound</b> operation, move the handle in circular motion from jaw to the back of ear, mouth corner to earlobe, nose wing to ear center, and lower eyelid to temple, 3 times.</p> <p>21. Move the handle in circular motion horizontally, 3 times.</p> <p>22. Do the same on the other side.</p> <p>23. Apply hydra mask, 15 minutes.</p> <p>24. Remove mask, wash face clean, 3 minutes.</p> <p>25. Apply toner, essence, face cream and suncream.</p> <p>26. The end.</p>	<p>Technique20</p>  <p>Technique21</p> 
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**Treatment Suggestions:**


One course of treatment consists of ten treatment sessions. After one treatment session, there will be sensation of heating and skin will be cleaned with clarity. After one course of treatment, skin will be moisturized and smoothed and collagen will be increased. After two courses, skin elasticity will be increased, skin metabolism and detox will be accelerated, and pigmentation and dullness will be relieved. After three courses, effects will be consolidated, and saggy skin will be prevented.

**Eye Anti-ageing: 60 minutes once a week**

<p><b>Eye RF</b> Energy: 50% Time: 10 min</p>	<p>Makeup remover+face cleanser+tone</p>	<p>1. Remove makeup, 5 minutes 2. Apply toner, 1 minute</p>	<p>Technique3, 5, 10</p>
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<p><b>Eye Ultrasound</b> Energy: 50% Time: 10 min</p>	<p>r+eye essence+MS-V8008 +eye mask</p>	<p>3. Rub essence evenly into eye area by moving both hands in circular motion, 1 minute</p> <p>4. Press the following acupoints with middle fingers and ring fingers(BL-1, BL-2, EM3, TE-23, the Temple, Gb-1, St-1,</p> <p>5. Move in circular motion with both hands to soothe eye area and then press temple with finger, 3 times.</p> <p>6. One side, move in small circular motion horizontally from lower eyelid to the back of ear with middle and ring fingers</p> <p>7. One side, lift from inner eye corner along eyebrow to the back of ear, 3 times</p> <p>8. One side, lift eye corner with scissorhand, 3-5 times</p> <p>9. Repeat the techniques on the other side</p> <p>10. Move in circular motion with both hands to soothe eye area and then press temple with finger, 3-5 times.</p> <p>11. <b>Eye RF</b> operation, move the handle in small circles from lower eyelid to temple, 3-5 times</p> <p>12. Alternately lift from lower eyelid to temple with one hand and the handle, 3-5 times</p> <p>13. Lift from inner end of eyebrow to the outer end, 3-5 times</p> <p>14. Alternately lift from inner eye corner to hairline with one hand and the handle</p> <p>15. <b>Eye Ultrasound</b> operation</p> <p>16. Move the handle in small circles from lower eyelid to temple, 3-5 times.</p> <p>17. Alternately lift from lower eyelid to temple with one hand and the handle, 3-5 times.</p> <p>18. Alternately lift from inner</p>	<div data-bbox="1161 203 1289 405" data-label="Image"> </div> <p data-bbox="1075 427 1230 456">Technique4</p> <div data-bbox="1161 477 1289 678" data-label="Image"> </div> <p data-bbox="1075 701 1230 730">Technique6</p> <div data-bbox="1161 750 1289 952" data-label="Image"> </div> <p data-bbox="1075 974 1230 1003">Technique7</p> <div data-bbox="1161 1023 1289 1225" data-label="Image"> </div> <p data-bbox="1075 1247 1230 1276">Technique8</p> <div data-bbox="1161 1296 1289 1498" data-label="Image"> </div> <p data-bbox="1075 1520 1294 1550">Technique11, 16</p> <div data-bbox="1161 1565 1289 1767" data-label="Image"> </div> <p data-bbox="1075 1789 1350 1850">Technique12, 14, 17, 19</p> <div data-bbox="1161 1870 1289 2072" data-label="Image"> </div> <p data-bbox="1075 2094 1246 2123">Technique13</p>
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		<p>eye corner to hairline with one hand and the handle.</p> <p>19. Alternately lift from lower eyelid to temple with one hand and the handle, 3-5 times.</p> <p>20. Do the same on the other side.</p> <p>21. Apply eye mask, 15 minutes.</p> <p>22. Clean eye area and face, 2 minutes.</p> <p>23. Apply toner, face essence, eye essence, face cream and suncream.</p> <p>24. The end.</p>	
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**Treatment Suggestions:**

One course of treatment consists of ten treatment sessions. After one treatment session, there will be some sensations of being lifted and firmed on eye area, and blood circulation will be accelerated. After one course of treatment, fine lines and dark circles will be relieved and skin tone will be brightened. After three courses of treatment, skin will be rejuvenated and hydrated with glow and eye ageing will be prevented.

**Neck Anti-ageing: 60 minutes 2-3 times a week**

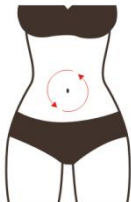
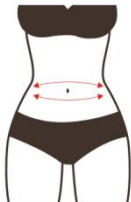
<p><b>Eye RF</b> Energy: 50% Time: 15 min</p> <p><b>Small Laser Pad</b> Mode: A(default mode) Energy: 50% Time: 30 min</p>	<p>Makeup remover+face cleanser+tone r+massage cream+gel+MS-V8008</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean neck, 5 minutes</li> <li>2. Apply massage cream evenly to double-chin area, 1 minute.</li> <li>3. Use four fingers of both hands to lift along jawline to earlobe alternately, 5-8 times.</li> <li>4. Use both hands to lift from masseter towards temple and then slide to lymph node on the neck, 5-8 times.</li> <li>5. Use bending fingers of one hand to move along jawline back and forth, 5-8 times.</li> <li>6. Repeat the treatment on the other side.</li> <li>7. Wash chin area clean , 2 minutes.</li> <li>8. Apply gel evenly to treated area, 1 minute.</li> <li>9. <b>Face RF</b> operation: use one hand and the handle to</li> </ol>	<p>Technique3, 9</p>  <p>Technique4</p>  <p>Technique5, 10</p>  <p>Technique11</p>
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		<p>lift slowly along jawline towards earlobe, 5-8 times.  10. Move the handle along jawline back and forth, 5-8 times.  11. Move the handle in small circles on the fat area of chin, 5-8 times.  12. Repeat the treatment on the other side.  13. Wash the treated area clean, 1 minute.  14. <b>Small laser pad operation:</b> wrap the strap around the chin area, and fix the small laser pads on the fat area, perform the treatment for about 30 minutes.  14. Remove strap and the laser pads.  15. Wipe the treated area clean, and apply toner.  16. The end.</p>	
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**Treatment Suggestions**

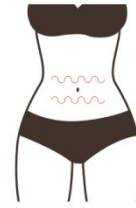
One course of treatment consists of ten treatment sessions. Taking treatment 2-3 times a week is recommended at early stage. After one month, skin will be firmed and lifted. When the effect is satisfactory, you can take the treatment once a week to consolidate the effect.

**Waist&Abdomen Shaping: 60 minutes 1-2 times a week**

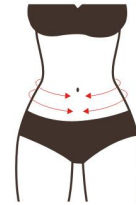
<p><b>40K</b>  Mode: A  (default mode)  Energy: 50%  Time: 15 min</p> <p><b>Vacuum RF</b>  Suction time: 50%  Release time: 0-10  Suction time is longer than release time.  Energy: 50%  Time: 15 minutes</p>	<p>Essential Oil+Gel+MS-V8008+Towel</p>	<ol style="list-style-type: none"> <li>1. Rub oil into abdomen with hands moving in circular motion, 3 times.</li> <li>2. Rub abdomen back and forth with both hands, 3-5 times.</li> <li>3. Knead abdomen with both hands using chiropractic technique, 3 times.</li> <li>4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</li> <li>5. Move hands in 8-shaped motion with right hand and left hand moving clockwise and anti-clockwise respectively on waist, 3</li> </ol>	<p>Technique1, 7, 10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>
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**Large laser pad**  
 Mode: A(default mode)  
 Energy: 50%  
 Time: 20 min

times.  
 6. Overlap hands and massage the intestinal canal clockwise, 3 times.  
 7. Move hands in circular motion to soothe the treatment area, 3 times.  
 8. Apply digital pressing technique on the following acupoints: RN13, RN12, RN10, RN8, RN6, RN4, RN3, ST25, SP15, 2 times.  
 9. Starting from RN3 point, push to belly navel, slide to waist and then lift upwards to groin with both thumbs, 3 times.  
 10. Soothe the treatment area with hands and then slide to groin.  
 11. Apply some gel evenly to abdomen.  
 12. **40K** operation: starting from one side of the waist, lift the handle to abdomen and groin, 3 times.  
 13. Repeat the previous operation on the other side, 3 times.  
 14. Move the handle on abdomen in small circular motion, 3 times.  
 15. Move the handle on abdomen in big circular motion, 3 times.  
 16. Move the handle in "8" shape on waist for shaping, 3-5 times.  
 17. Move the handle up and down to shape waist, 3-5 times.  
 18. Use one hand and the handle to lift Meridian BV(Belt Vessel) on both sides of waist 16 times  
 19. Wipe abdomen clean with hot towel, 2 minutes  
 20. Apply essence evenly to abdomen, 1 minute.  
 21. **Vacuum RF** operation:  
 22. Starting from one side of



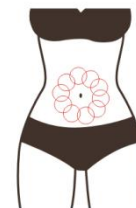
Technique4



Technique5



Technique6



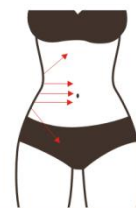
Technique8





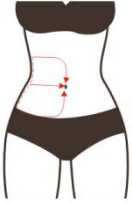

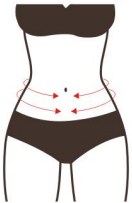
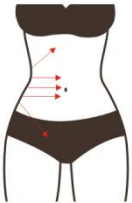
Technique9



Technique12



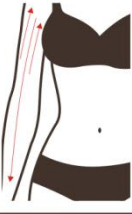
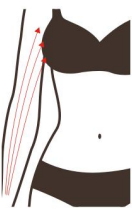



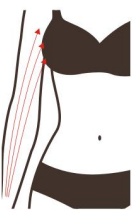
Technique14, 23


		<p>the waist, lift the handle towards abdomen and groin line by line, 3 times</p> <p>23. Move the handle on abdomen in small circular motion, 3-5 times.</p> <p>24. Move the handle on abdomen in big circular motion, 3-5 times.</p> <p>25. Move the handle up and down to shape the waist, 3 times.</p> <p>26. Use one hand and the handle to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>27. Wipe abdomen clean with dry towel.</p> <p>28. <b>Large laser pad</b> operation: wrap the strap around abdomen and then insert the laser pads into it, perform the treatment for 20 minutes.</p> <p>29. Remove the laser pads.</p> <p>30. Wipe the treated area clean.</p> <p>31. The end.</p>	 <p>Technique15, 24</p>  <p>Technique16</p>  <p>Technique17, 25</p>  <p>Technique18, 26</p>  <p>Technique22</p> 
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### Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment session, metabolism will be accelerated. After one course, fat will be slowly metabolized, body will start to slim down. Constipation and other issues will be relieved at the same time. After two courses, the effects will gradually become obvious, skin will be tightened and lifted, and skin collagen will be increased. Stretch marks and flabby skin are also alleviated. Three courses will help consolidate the effects. Unwanted fat will gradually disappear, and waist and abdomen curves will start to take shape.

## Arm Shaping: 70 minutes 1-2 times a week

<p><b>40K</b> Mode: A(default mode) Energy: 50% Time: 20 min(10 min on one arm)</p> <p><b>Body RF</b> Energy: 50% Time: 20 min(10 min on one arm)</p> <p><b>Large laser pad</b> Mode: A(default mode) Energy: 50% Time: 20 min</p>	<p>Essential Oil+Gel+MS-V8008+Towel</p>	<ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with thumbs and index fingers splaying, 3 times.</li> <li>4. Soothe the area, 3 times</li> <li>5. Rub three main collateral channels on arms with kneeling finger back and forth till they turn hot, 3 times.</li> <li>6. Soothe the area, 3 times</li> <li>7. Lay inner arm upwards, and push hands tracing three yin meridians on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit with thumbs and index fingers splaying, 3 times respectively.</li> <li>8. Rub three channels back and forth with kneeling fingers till they turn hot, 3 times.</li> <li>9. Soothe the area and slide to fingers</li> <li>10. Repeat above techniques on the other side.</li> <li>11. The end</li> <li>12. Apply gel evenly to arm.</li> <li>13. <b>40K</b> operation:lay customer's arm flat, push three meridians from fat part of lower arm to armpit,</li> </ol>	<p>Technique1, 4, 6</p>  <hr/> <p>Technique2, 3, 5</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8, 17, 19</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique13, 16, 21, 23, 24</p>  <hr/> <p>Technique14, 15, 22</p>
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		<p>3 times.</p> <p>14. Move the handle in annular motion along three meridians to armpit, 3 times.</p> <p>15. Redouble the operation on flabby arms, 3 times.</p> <p>16. Move the handle along three meridians to armpit, 3 times.</p> <p>17. Lay inner arm upwards and push three meridians on upper arm to armpit, 3 times.</p> <p>18. Move the handle in circles along three meridians on upper arm to armpit, 3 times.</p> <p>19. Move the handle along three meridians from upper arm to armpit.</p> <p><b>Body RF operation techniques</b></p> <p>21. Move the handle along three meridians to armpit, 3 times.</p> <p>22. Move the handle in annular motion along three meridians to armpit, 3 times.</p> <p>23. Lay inner arm upwards and push three meridians on upper arm to armpit, 3 times.</p> <p>24. Move the handle in circles along three meridians on upper arm to armpit, 3 times.</p> <p>25. Do the same on the other side.</p> <p><b>26. Large laser pad:</b> fix the laser pads on the fat area of arm with strap, perform the treatment for 20 minutes.</p> <p>27. Remove the laser pads and wipe the treated area clean.</p> <p>28. The end.</p>	
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**Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. After one course of treatment, excessive fat on arms will be reduced and the skin will appear to be tight and plump. Two

courses of treatment will help shape arms, dredge meridians, and enhance the constitution to strengthen the effects. 3 courses will help consolidate effects and prevent resurgence.

## Back Shaping: 60 minutes once a week

**Body RF**  
Energy: 50%  
Time: 15 min

**Vacuum RF**  
Suction time:  
50%  
Release time: 0-10  
Suction time is longer than release time.  
Energy: 50%  
Time: 15 minutes.

**Large laser pad**  
Mode: A(default mode)  
Energy: 50%  
Time: 20 min

Essential  
Oil+Gel+MS-  
V8008+Towel

1. Apply oil to back and press Gb-20 and Du-16 acupoints.
2. Pluck Dabanjing(the area connecting neck and shoulder) (from hairline), 3-5 times
3. Move thumb outwards from Bladder Meridian(BL) to the 8 Crevice Area and then to Gb-20 and Du-16 points.
4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.
5. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.
6. Push Bladder Meridian(BL) to the 8 Crevice Area with both thumbs, at the same time, 3 times.
7. Push Bladder Meridian(BL) in three kneeling fingers, 3 times.
8. Push scapula slot with both hands alternately in left-right order, 3-6 times.
9. Push scapula slot with both hands horizontally, 3-6 times.
10. Soothe the back with both hands and push Gb-20 and Du-16 points, 3 times.
11. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times.
12. Do the same on the other side, 3 times
13. Rub Meridian GV and Bladder Meridian(BL) with hands until they turn hot.
14. The end
15. Apply gel evenly to back

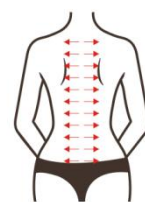
Technique1, 10



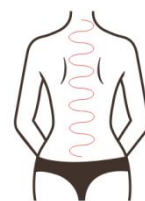
Technique2



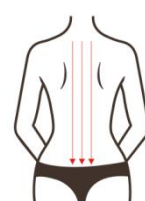
Technique3



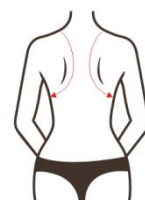
Technique4





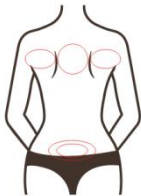

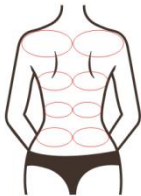


Technique5, 6, 7, 13, 16



Technique8, 19



Technique9

	<p>16. <b>Body RF</b>  Operation:starting from Meridian GV to Bladder Meridian(BL), move the handle from neck to the Baliao area, 3-5 times.</p> <p>17. Move the handle in circles on Du-14 point, and the Baliao area , 3-5 times respectively.</p> <p>18. From Dabanjing(the area connecting neck and shoulder) to neck, move the handle back and forth, 3-5 times.</p> <p>19. Lift the handle on scapula slot back and forth in left-right order, 3-5 times.</p> <p>20. Move the handle horizontally as if writing number “8” to the Baliao area, 3 times.</p> <p>21. Move the handle upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>22. Lift from two sides of the waist upwards to armpit, 3-5 times.</p> <p>23. Wipe back clean with hot towel.</p> <p>24. Apply essential oil to back</p> <p>25. <b>Vacuum RF</b> operation techniques:</p> <p>26. Move the handle from neck to the Baliao area along Meridian GV and Bladder Meridian(BL), 3-5 times.</p> <p>27. From Dabanjing (the area connecting neck and shoulder) to neck, move the handle back and forth, 3-5 times.</p> <p>28. Lift the handle along the medial border of scapula back and forth in left-right order, 3-5 times.</p> <p>29. Move the device horizontally on the back as if writing number“8” to the</p>	 <hr/> <p>Technique11, 12</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p>  <hr/> <p>Technique20</p>  <hr/> <p>Technique21</p>  <hr/> <p>Technique22</p>  <hr/>
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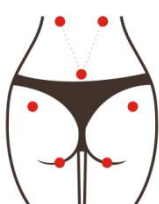



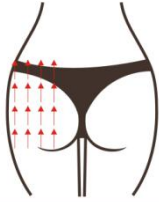


		<p>Baliao area, 3 times.</p> <p>30. Lift from two sides of the waist upwards to armpit, 3-5 times.</p> <p>31. Wipe back clean with towel.</p> <p>32. <b>Large laser pad:</b> fix the laser pads on the fat area of back with strap, perform the treatment for 20 minutes.</p> <p>33. Remove the laser pads and wipe the treated area clean.</p> <p>44. The end.</p>	
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### Treatment Suggestions

A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, neck stiffness will also be alleviated, and skin will be lifted. A course will help relax shoulder, reduce back fat, relieve the lump on the nape of the back, and shape the back line. After two courses, the lump will appear to be smaller, meridians will be dredged, sub-health problems will be solved, and sleep quality will be improved. 3 courses will help with back thinning, back line refinement, strengthening visceral function, improving digestion, detoxification and metabolism (one course of treatment is to reduce fat, two courses are to strengthen effects, and three courses help consolidate effects and prevent reappearance of above conditions.)

## Hip Shaping: 45 minutes 1-2 times a week

<p><b>40K</b> Mode: A(default mode) Energy: 50% Time: 15 minutes</p>	<p>Essential Oil+Gel+MS-V8008+Towel</p>	<ol style="list-style-type: none"> <li>1. Standing on the side, rub oil into skin by sliding to the waist from the Baliao area and then lift up along the hips from the waist, 3 times (this is soothing technique.)</li> <li>2. Push the Baliao area with two thumbs, 3 times.</li> <li>3. Soothe the treatment area for 3 times and then press point: BL-23, Baliao area, DU-1, GB-30, BL-36, 3 times.</li> <li>4. Soothe the treatment area, 3 times.</li> <li>5. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB) to Meridian</li> </ol>	<p>Technique1, 4, 10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5, 7, 13,</p>
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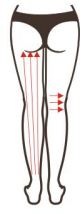

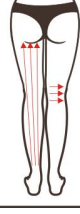


	<p>BV, 3 times each.</p> <p>6. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB)from thigh root to Meridian upwards, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (lifting) ,3 to 5 times.</p> <p>8. Push your hands upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.</p> <p>9. Repeat step 6</p> <p>10. Soothe the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Apply gel evenly to hip.</p> <p>13. <b>40K</b> operation: lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>14. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>15. Move in small circles on hip, 3-5 times</p> <p>16. Lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>17. Lift upwards from both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>18. Do the same on the other side.</p> <p>19. <b>Body RF</b> operation</p> <p>20. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>21. Move in small circles on hip, 5-8 times</p> <p>22. Lift from the top of thigh to Meridian BV line by line, 3 times.</p>	<p>16, 22</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8, 14, 17, 20</p>  <hr/> <p>Technique15, 21</p> 
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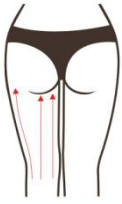

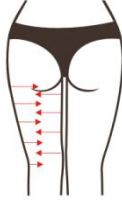
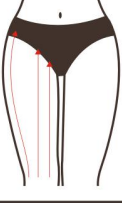

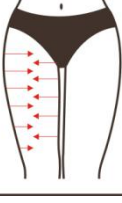
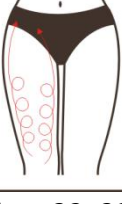
		23. Wipe hips clean with warm towel. 24. The end.	
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**Treatment Suggestions**

One course of treatment consists of 10 treatment sessions. After one treatment, buttocks will experience the sensations of being heated and lifted. After one course of treatment, buttocks start to show obvious curve lines, excessive fat begins to disappear slowly, and skin appears to be tightened. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are relieved, which can help consolidate the effect to make females more attractive.

**Leg Shaping: 70 minutes once a week**

<p><b>40K</b> Mode: A(default mode) Energy: 50% Time: 20 min(10 min on one arm)</p>	<p>Essential Oil(Massage Cream)+Gel+MS-V8008+Towel</p>	<ol style="list-style-type: none"> <li>Customer lies on his front, back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times</li> <li>Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times</li> <li>Move hands upwards to push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with thumb and index finger splaying.</li> <li>Push popliteal fossa with both hands alternately, 3 times.</li> <li>Move both hands upwards alternately in undulating motion, 3 times.</li> <li>Soothe the area, 3 times</li> <li>Push four meridians upwards with bending fingers of both hands, 3 times.</li> <li>Soothe the area, 3 times</li> <li>Repeat the operation on the other side.</li> <li>Wipe the treatment area clean with hot towel, 2 minutes.</li> <li>Apply gel evenly to the treatment area, 2 minutes.</li> </ol>	<p>Technique1, 2, 3, 4, 6, 7</p>
<p><b>Vacuum RF</b> Suction time: 50% of the maximum Release time: 0-10 Suction time is longer than release time. Energy: 50% Time: 20 minutes. (5 minutes on the back or front side of one leg)</p>			
			<p>Technique5</p> 
			<p>Technique12</p> 
			<p>Technique13</p> 
			<p>Technique14, 18</p> 

		<p>12. <b>40K</b> operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>13. Move in small circles on calf to dissolve fat, 3 times</p> <p>14. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times.</p> <p>15. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>16. Move in small circles from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>17. Push meridians from popliteal fossa to the top of thigh, 3 times</p> <p>18. <b>Vacuum RF</b> operation: push Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>19. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>20. Move in small circles from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>21. Use one hand and the handle to lift from the two sides of thigh to the middle line by line, 3-5 times.</p> <p>22. The front of leg, customer lies on her back: rub oil into skin from foot to the top of thigh (soothing technique), 3 times.</p> <p>23. Alternate heels of both palms to push leg towards the top of thigh, 3 times</p> <p>24. Push four meridians: Spleen Meridian (SP) -</p>	<p>Technique15, 17, 19</p>  <hr/> <p>Technique16, 20</p>  <hr/> <p>Technique21</p>  <hr/> <p>Technique22, 23, 24, 25, 26, 28</p>  <hr/> <p>Technique29, 34</p>  <hr/> <p>Technique30, 35</p>  <hr/> <p>Technique27, 31, 36</p>  <hr/> <p>Technique32, 33</p>
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	<p>Stomach Meridian (ST) - Liver Meridian(LV) - Gallbladder Meridian(GB) to the top of thigh with thumb and index finger splaying.</p> <p>25. Push four meridians with bending fingers of both hands, 3 times</p> <p>26. <b>40K</b> operation: lift along the four meridians from calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>27. Move in annular motion from the two sides of calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>28. Lift from knee to the top of thigh line by line, 3 times</p> <p>29. Move in small circles on thigh, 3 times.</p> <p>30. Lift from the two sides of thigh to the middle with one hand and the handle, 3 times</p> <p>31. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>32. Lift from knee to the top of thigh line by line, 3 times.</p> <p>33. Vacuum RF operation techniques: lift from knee to the top of thigh line by line, 3 times</p> <p>34. Move in small circles on thigh, 3 times.</p> <p>35. Lift from the two sides of thigh to the middle with one hand and the handle, 3 times</p> <p>36. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>37. Do the same on the other side.</p> <p>38. Wipe the treated area clean with warm towel, 2 minutes.</p> <p>39. <b>Large laser pad:</b> fix the laser pads on the fat area of</p>	
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		legs with strap, perform the treatment for 20 minutes. 40. Remove the laser pads and wipe the treated area clean. 41. The end.	
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**Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one treatment, leg will be relaxed, and circulation will be accelerated. After one course of treatment, leg will become thin, there will be contraction of skin collagen due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses of treatment, leg will be obviously tightened and slimmed. 3 courses will help consolidate the effects.