

# User Manual

MS-PC422



# Preface

To our valued users,

Thanks for choosing our latest 4-in-1 integrated beauty equipment. This is the latest weight reducing, body slimming and anti-aging instrument that applies freezing technology. MS-PC422 is a professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to human body, thus we advise all the people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return, and our perfect after-sales service will make you worry-free.

Thank you.

# Table of Contents

Preface
Part I
Brief Introduction
Advantages
Principle
Effects
Indications
Contraindications
Matters Needing Attention After Treatment
Part II
Detailed Operations
Technical Parameters
Contraindications
Precautions for Use
Troubleshooting & Solutions
FAQs
Packing List
Operational Diagrams

# Part I

## Brief Introduction

Fat freezing machine is currently the most popular equipment for weight loss and body slimming. It can effectively replace weight reduction programs in beauty salon, and can be operated easily, conveniently and swiftly, and solves skin and body management problems for people pursuing beauty. Moreover, this equipment works safely and effectively, and requires no injection, no medication, no operation, and is without side effects. And it's operated externally throughout, and has an instant effect. Fat freezing is a noninvasive weight reduction method. It targets at and removes fat cells of special body parts, decreases fat thickness, and make body curve clearer.

## Advantages

1. It asks for no operation and anesthesia.
2. Unevenness will not occur.
3. Bleeding and swelling will not take place.
4. It has an evident effect and is not easy to get rebound.
5. It's noninvasive and injury-free, and will not affect people's normal work and life after treatment.
6. It effectively removes cellulite and edema, and dissolve fat.
7. It can transfer fat and strongly tighten skin.
8. It removes obstinate cellular tissue and obesity.
9. It dissolves and removes fat, and sculpt perfect curve.
10. It causes no damages to nerve, blood vessel or skin surface tissue while removing fat.
11. Freezing effect only targets at fat layer, thus it causes no freezing injury to internal organs and will not harm skin.
12. The four handles can work in double harness, which saves both time and effort.

## Principle

### Vacuum Freezing

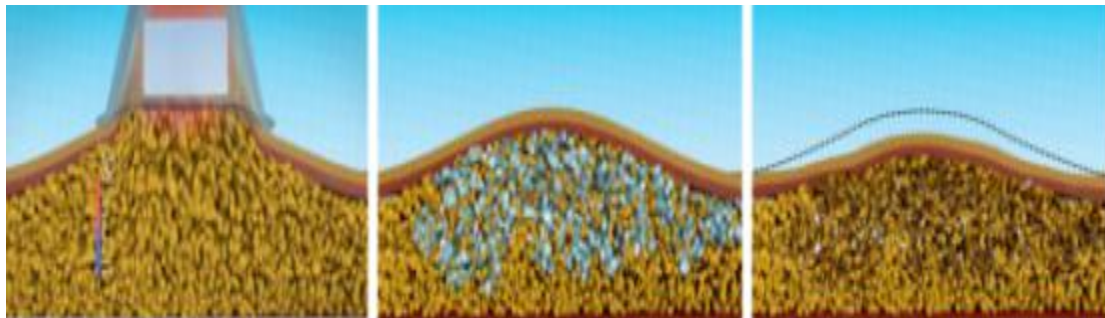
Freezing point for water is 0 degree centigrade while for fat is 4 degree centigrade. It takes advantage of the properties of fat cells to achieve fat reduction.

Vacuum freezing, through negative pressure, sucks fat into vacuum handle. It circularly freezes every piece of fat. Fat freezing will absorb the heat of subcutaneous fat slowly, then the temperature of fat cells is reduced to 0 degree centigrade, namely they are frozen. Low temperature will kill fat cells without affecting skin or muscle. The dead fat cells then are discharged through liver, which requires no internal forces at all. It

can achieve fat freezing in one time.

**Biological Effect:** Water accounts for 60% to 70% of human body. The freezing point for water is 0 degree centigrade, while fat starts to freeze at a temperature of 4 degree centigrade due to its nature. We can say that fat freezing is exactly using this difference between the freezing points to eliminate fat. When in use, place the device on parts needing fat removing, then fat will rapidly solidify into jelly-like solid causing cytophagy(Cells fall off and die off in accordance with growth rhythm.) The dead cells are regarded by the body as wastes and discharged naturally within 2 to 4 months. Therefore, this method has instant effect, and we can feel that the fat is decreasing in two weeks to one month after treatment.

Body slimming with fat freezing can remove fat, and promote blood circulation and lymphatic drainage to discharge wastes inside body. Besides, since the dead fat cells are discharged, the quantity of fat inside body decreases, and it can also prevent rebound.

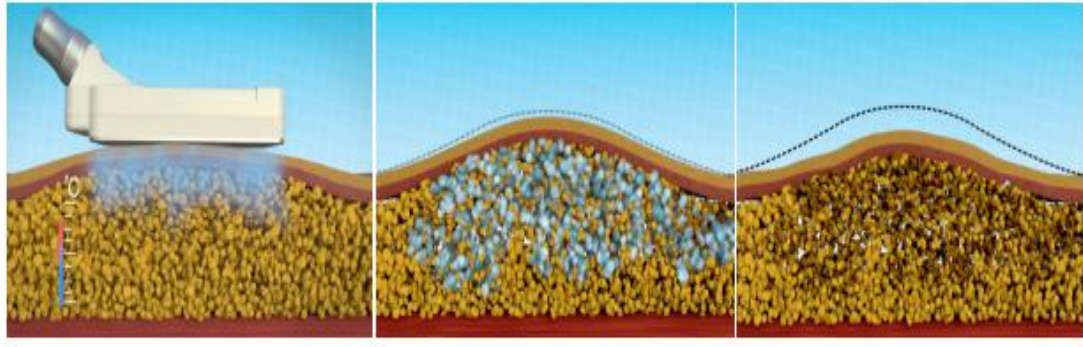


## Freezing Pad

Fat freezing is a procedure that triglyceride from fat, under a low temperature of 5 degree centigrade, changes into solid state, which is transmitted to designated parts needing fat-dissolving by a freezing energy that is accurately controlled by a noninvasive freezing energy extracting device. It pertinently gets rid of fat cells of designated parts. Fat cells of designated parts reach the given low temperature under freezing, and then triglyceride changes from liquid state into solid state. Fat cells die off after got crystallized and aged and discharge through metabolism. This makes body fat become less gradually, thus achieve the effect of body slimming through removing and dissolving fat from local body parts.

**Biological Effect:** It takes advantage of one of the features of fat cells, namely fat cells are sensitive to low temperature while its adjoining histocyte, including vascular cell, nerve cell, melanocyte, fibrocyte and fat cell that lack of fat, are less sensitive to low temperature. The gap determines that fat cells will die off while the other histocyte are under no influence in the context of specific low temperature(-10 to 0 degree centigrade) Therefore, fat cells turn from liquid state into solid state under 4 to 5 degree centigrade. The temperature for handle can be set as lowest as -10 to 0 degree

centigrade, while the temperature that transmitted onto fat is 4 to 5 degree centigrade. Then fat cells will turn into solid state after 45 minutes of freezing. Fat cells can't be stored for too long inside human body after they changed into solid state. This is how we reduce fat and why fat cells turn from liquid state into solid state. The aging fat cells will be discharged through liver and urine during the normal body metabolism.



## Effects

1. Break hard and thick fat and cellular tissue, and dissolve fat cells.
2. Improve local obesity, remove fat and obesity.
3. Improve skin's slackness and aging, firm and sculpt body, tighten skin, and make it elastic.
4. Dissolve fat and build perfect body shape.
5. Build A4 waist, slender legs and sexy booty.

## Indications

1. People who always sit resulting in pear-shaped body shape.
2. People who have jiggly arms.
3. People with extensive fat accumulation between the outer side of buttocks and thigh.
4. People whose skin start to become slack or saggy.
5. People whose obesity are the result of eating and drinking too much.
6. People with slack abdomen, protruding small belly, obese waist or striae atrophicae.
7. People whose waist and abdomen have proud flesh, or with swim ring-like waist.
8. People whose hips have outward expansion, or with excessive fat or proud flesh.

## Contraindications

1. People who just had plastic surgery, liposuction, or had prostheses or metal objects implanted inside the treated parts.
2. People who recently had injections, such as hyaluronic acid, water light, wrinkles removal, or plastic surgery.

3. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. People in allergic period, with severely sensitive skin, or who are allergic to metals.
5. People with skin trauma or wound.
6. People who are overly aging.
7. People in menstruation, pregnancy, lactation or surgical recovery.
8. People with skin diseases or infectious diseases.
9. People who have unrealistic illusion about the effect.
10. People who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or is taking now.
11. People with liver diseases.

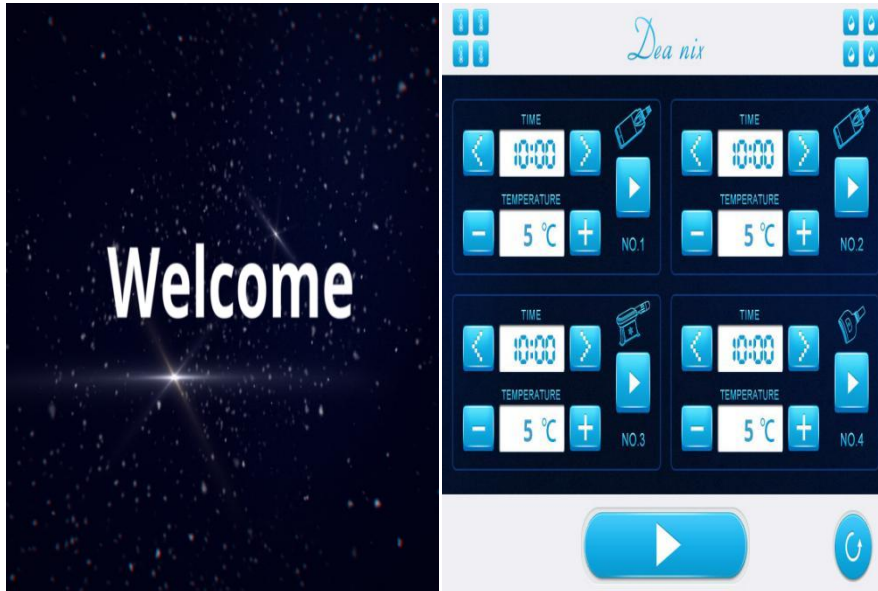
## Matters Needing Attention After Treatment

1. Keep warm, and don't eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid eating raw, cold and spicy foods. But get enough sleep.
6. Avoid wearing crop top, backless clothes, miniskirt and mini-shorts.
7. Avoid scratching the treated parts.
8. Don't rub or press the treated parts.

## Part II

### 1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial page will appear after having the power switch on.



#### Function Selection



Start/ Pause(Main Switch. Press the start button of the corresponding handle, then press this button to work.)



Return



Temperature alert for the corresponding four handles. When the temperature for handle is abnormal, then the corresponding alert will appear.



Warning Sign for Water Tank. When the water tank is lack of water or becomes abnormal, then this sign will come out.





Start/ Pause for No.1 Handle



Start/ Pause for No.2 Handle



Start/ Pause for No.2 Handle



Start/ Pause for No.2 Handle

Remark: Select the corresponding handle, then press start and



press to work. All the four handles can be started and work at the same time.



Time setting for each handle. Advised operating time for single part is 10 to 30 minutes. For first time user, the advised time is 10 minutes, which can be increased after getting used to it.



Temperature setting for each handle. It's suggested to set the temperature between -5 degree centigrade and 3 degree centigrade. For

first time user, the advised temperature is 5 degree centigrade, which can be reduced after getting used to it. To set the temperature gradually, and don't adjust it directly to -10 to -5 degree centigrade.



Time Setting(decrease)



Time Setting(increase)



Temperature Setting(decrease)



Temperature Setting(increase)



There are three revolving knobs. The one in the middle is power switch. The one on the left and on the right are two suction setting buttons for vacuum freezing handle. To revolve it to set the level of suction. For the first-time user, it's advised to set it to low level, and to increase it gradually after it attached to the skin. Do not set it to the highest level directly.

## 2. Technical Parameters

Power Consumption: 350W

Cooling Device Output Temperature: 15~ -10°C

Cooling Liquid: Pure Water

Default Working Time: 0-60min

Fuse Size: F2AL250V

## 3. Contraindications

People with the following situations should use the equipment with caution. Please consult a doctor or professional before using this equipment. The details are as follow:

- (1) Women in pregnancy, or lactation.
- (2) People with heart disease, or heart pacemaker.
- (3) People with unhealed surgical wound, or in surgical recovery.
- (4) People with epilepsy, severe diabetes or hyperthyroidism.
- (5) People with malignant tumors, hemophiliac or severe bleeding.
- (6) People with skin diseases or infectious diseases.
- (7) Avoid wearing metal jewelry during the treatment.
- (8) It's prohibited to use it around body parts with metal, plastic or silicon implant.
- (9) People who have been taking anticoagulant drugs, vascular dilation drugs, or

corticosteroids for a long time, or is taking now.

## 4. Precautions for Use

- (1) Clean the operating head with normal saline after use and keep it properly.
- (2) Plug with ground pin must be used, and power socket that already factually grounded must be ensured before using the equipment.
- (3) To make sure equipment's voltage is adaptive. If voltage of local power supply is unstable, we suggest users add voltage regulator with matching power between the mains supply and the equipment.
- (4) To guarantee curative effect and normal service life of the equipment, please uniformly use specified parts provided or suggested by original manufacturer.
- (5) The equipment can't be placed in damp places or near water, and also can't be exposed to direct sunlight.
- (6) Don't place the equipment near a strong heat source since this may affect its service life and normal use.
- (7) Please remove all the metal objects from body before treatment so as to avoid unexpected situations which may affect curative effect.
- (8) Please restrain from using the equipment aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (9) People who are suffering from illness should use with caution unless he gets permission from a doctor.
- (10) Please turn off power switch of the equipment if no one uses it, and ensure main power is off after someone used it and before he left, thus safety of the equipment can be guaranteed.
- (11) Using the equipment and training the operators in strictly accordance with the instructions specified in the manual.
- (12) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (13) Don't use the equipment with an empty stomach, and wait for at least 1 hour after a full meal before starting the course for weight reduction.
- (14) The equipment should contact skin fully so as to avoid uneven heating when in use.
- (15) Start with the lowest energy level when just operated, and increase the level gradually after client got used to it.
- (16) Matched freezing film must be applied to the treated part to avoid dry skin treatment or treating with the device contacting directly.
- (17) Clean the equipment with normal saline after operation so as to ensure its cleanliness and hygiene, as well as extending its service life..

## 5. Troubleshooting & Solutions

- (1) The equipment can't be started, and the lights in its back are not working?

- A. Make sure the power cord is plugged into a good power socket.
  - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) It stops working after clicking start button?
- A. The water flow is not strong enough, which makes it hard to be detected.
  - B. Check whether the water tank is lack of water.
- (3) There is red alert from the water drop icon on the top right corner?
- A. Check whether the water is enough.
  - B. Check whether the water tank gets damaged.
- (4) The equipment can be started, but there is error message on the monitor?
- A. Take out the plug that in the back of the equipment, and wait for about 1 minute and re-plug and restart it.
  - B. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

## 6. FAQs

(1) Q: Does fat freezing have side effects?

A: Fat freezing is a completely non-invasive and painless method for fat reducing. It utilizes the principle that fat cells are not cold-resistant compared with other cells, which makes fat cells die off earlier due to low temperature. The freezing constant low temperature can only acts on fat cells, and exerts no influence on other tissue, and causes no harm to skin or muscle. And the dead fat cells will discharge during body metabolism, thus it has no side effects.

(2) Q: How does fat freezing achieve body slimming?

A: Fat freezing is procedure that the device will placed on skin surface, which makes the temperature for subcutaneous tissue reach 5 degree centigrade resulting in earlier aging and die off of fat cells. And the dead fat cells will discharge during body metabolism, thus achieve the effect of body slimming. It pertinently gets rid of fat cells of designated parts. Fat cells of designated parts reach the given low temperature under freezing, and then triglyceride changes from liquid state into solid state. Fat cells die off after got crystallized and aged and discharge through metabolism. This makes body fat become less gradually, thus achieve the effect of body slimming through removing and dissolving fat from local body parts.

(3) Q: Does fat-dissolving with freezing pad work?

A: Triglyceride from fat, under a low temperature of 5 degree centigrade, changes into solid state. Place the device on parts needing fat-dissolving, then the fat will rapidly solidify into jelly-like solid causing cytophagy(Cells fall off and die off in accordance with growth rhythm.) Dead cells, treated as waste by human body, will be discharged through body metabolism, which makes fat inside body become less, thus

achieve the effect of body slimming by dissolving fat on local body parts. Therefore, fat freezing is effective, and can tangibly decrease fat. It's an effective way for weight reduction.

(4) Q: Do I have to be on a diet and do exercise after the treatment?

A: After the treatment, we still need to do exercise and control the diet. Fat freezing only decreases fat inside body, and it doesn't essentially improve basic metabolism calories. Therefore, it may get rebound if we don't do workout and control what we eat.

(5) Q: How long does it take to see the effect of fat freezing?

A: It takes about 1 to 2 months, and it's related to individual physique and metabolism. Fat freezing utilizes the principle that fat cells are not cold-resistant. It freezes fat cells to death under constant low temperature of 5 degree centigrade, then discharge the dead cells through body metabolism. Therefore, it takes a period of time to see the effect.

(6) Q: Why do we have to use the device with the matched anti-freezing membrane?

A: The main ingredient of anti-freezing membrane is genetic molecules that made based on the principle of expanding with heat and contracting with cold and within the skin's tolerance range. Clinical test shows that it can effectively prevent skin frostbite caused by freezing fat-dissolving equipment, and suits for preventing frostbite that brought by all kids of similar equipment.

## 7. Packing List

Host Machine x1  
 Cool Vacuum Head x1  
 Chin Freezer Handle x1  
 Cool Cryo Pads x2  
 Holders for All Parts x2  
 Funnel x1  
 Plug x1

## 8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
Arm Fat Reducing: 30 Minutes/ Once a Month			
Temperature for Freezing	Towel + Anti-freezing	1. Clean arms with towel.	N/A

<p>Pad: -5 °C</p> <p>Time: 10 to 30 Minutes</p>	<p>Membrane + Freezing Pad</p>	<ol style="list-style-type: none"> <li>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</li> <li>3. Adjust the band to a proper length, and then fasten it onto arms.</li> <li>4. Have the temperature and time set for the corresponding handle.</li> <li>5. Insert the two freezing pads inside the band and tie them up.</li> <li>6. Click Start, and leave it there for about 10 to 30 minutes.</li> <li>7. Remove the device and anti-freezing membrane, and clean the treated part.</li> <li>8. Treatment done.</li> </ol>	<p>Caution:</p> <p>The arms will experience an obvious sense of tightening. The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, swelling, extravasated blood and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. After one course, the size will less clearly, and the arms will turn slender. To have the treatment in every two month in later stage to cement the effect.

**Chin Sculpting: 30 Minutes/ Once a Month**

<p>Temperature for vacuum freezing: -5°C</p> <p>Time: 10 to 30 Minutes</p> <p>Suction: it can be changed according to client's tolerance, and</p>	<p>Towel + Anti-freezing Membrane + Vacuum Freezing</p>	<ol style="list-style-type: none"> <li>1. Clean chin with towel.</li> <li>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</li> <li>3. Have the temperature, time and suction set for the corresponding handle.</li> </ol>	<p>N/A</p> <p>Caution:</p> <p>The chin will experience an obvious sense of tightening. The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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<p>it's advised to start from the lowest level when just operated to avoid discomfort.</p>		<p>4. Attach the handle to the fat part to be treated, and change the suction according to client's tolerance, then leave it there for about 10 to 30 minutes.</p> <p>5. Remove the device and anti-freezing membrane, and clean the treated part.</p> <p>6. Treatment done.</p>	
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, swelling, extravasated blood and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months, but it varies from person to person. After one course, the size decreases clearly, face looks nice, double chin starts to disappear, facial outline turns clear, and skin becomes firm. To have the treatment in every two month in later stage to cement the effect.

**Waist & Abdomen Sculpting: 30 Minutes/ Once a Month**

<p>Temperature for vacuum freezing: -5°C</p> <p>Time: 10 to 30 Minutes</p> <p>Suction: it can be changed according to client's tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.</p>	<p>Towel + Anti-freezing Membrane + Vacuum Freezing</p>	<p>1. Clean waist &amp; abdomen with towel.</p> <p>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>3. Have the temperature, time and suction set for the corresponding handle.</p> <p>4. Attach the handle to fat part of abdomen with anti-freezing membrane covering it, and change the suction according to client's tolerance, then leave it there for about 10 to 30 minutes.</p> <p>5. Remove the device and anti-freezing</p>	<p>N/A</p> <p>Caution: Fat on waist and abdomen will be absorbed slowly. The higher the suction level, the tighter the fat part will feel.</p> <p>The two handles can work in double harness.</p> <p>When attaching the handle to the fat part, there are bubbles come out because there is air inside anti-freezing membrane and the air has suction.</p>
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		membrane, and clean the treated part. 6. Do the same on the other side. 7. Treatment done.	The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.
<b>Course of Treatment Recommended:</b> Four treatments is a course. After one treatment, sling swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce 22%, but it varies from person to person. After one course, the size will less clearly, abdomen and waist will turn slender, pot belly starts to vanish, and skin turns firm. To have the treatment in every two month in later stage to cement the effect.			
<b>Back Sculpting: 30 Minutes/ Once a Month</b>			
Temperature for vacuum freezing: -5°C  Time: 10 to 30 Minutes  Suction: it can be changed according to client's tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.	Towel + Anti-freezing Membrane + Vacuum Freezing	1. Clean back with towel. 2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part. 3. Have the temperature, time and suction set for the corresponding handle. 4. Attach the handle to the fat part to be treated, and change the suction according to client's tolerance, then leave it there for about 10 to 30 minutes. 5. Remove the device and anti-freezing membrane, and clean the treated part. 6. Do the same on the other side. 7. Treatment done.	N/A  Caution: The back will experience an obvious sense of tightening, and fat will be absorbed slowly.  The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.



**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, sling swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce 22%, but it varies from person to person. After one course, the size decreases clearly, the back becomes thin, and excessive fat starts to vanish. To have the treatment in every two month in later stage to cement the effect.

### Buttocks Sculpting: 30 Minutes/ Once a Month

<p>Temperature for vacuum freezing: -5°C</p> <p>Time: 10 to 30 Minutes</p> <p>Suction: it can be changed according to client's tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.</p>	<p>Towel + Anti-freezing Membrane + Vacuum Freezing</p>	<ol style="list-style-type: none"> <li>1. Clean buttocks with towel.</li> <li>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</li> <li>3. Have the temperature, time and suction set for the corresponding handle.</li> <li>4. Attach the handle to the fat part to be treated, and change the suction according to client's tolerance, then leave it there for about 10 to 30 minutes.</li> <li>5. Remove the device and anti-freezing membrane, and clean the treated part.</li> <li>6. Do the same on the other side.</li> <li>7. Treatment done.</li> </ol>	<p>N/A</p> <p>Caution: The fat of buttocks will be contracted evidently.</p> <p>The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, swelling, extravasated blood and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months, but it varies from person to person. After one course, the size will less clearly, the excessive fat and proud flesh of buttocks starts to disappear, and buttocks skin will be tightened. To have the treatment in every two month in later stage to cement the effect.

### Leg Sculpting: 30 Minutes/ Once a Month

<p>Temperature for vacuum freezing: -5°C</p> <p>Time: 10 to 30 Minutes</p> <p>Suction: it can be changed according to client's tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.</p>	<p>Towel + Anti-freezing Membrane + Vacuum Freezing</p>	<ol style="list-style-type: none"> <li>1. Clean legs with towel.</li> <li>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</li> <li>3. Have the temperature, time and suction set for the corresponding handle.</li> <li>4. Attach the handle to fat part of abdomen with anti-freezing membrane covering it, and change the suction according to client's tolerance, then leave it there for about 10 to 30 minutes.</li> <li>5. Remove the device and anti-freezing membrane, and clean the treated part.</li> <li>6. Do the same on the other side.</li> <li>7. Treatment done.</li> </ol>	<p>N/A</p> <p>Caution: The fat of entire leg will be contracted evidently.</p> <p>The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, sling swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce 22%, but it varies from person to person. After one course, the size decreases clearly, legs turn slender, leg shape is already clear, proud flesh of legs starts to vanish, skin becomes firm, and slim legs builds. To have the treatment in every two month in later stage to cement the effect.

**Waist & Abdomen Fat Reducing: 30 Minutes/ Once a Month**

<p>Temperature for Freezing Pad: -5°C</p> <p>Time: 10 to 30 Minutes</p>	<p>Towel + Anti-freezing Membrane + Freezing Pad</p>	<ol style="list-style-type: none"> <li>1. Clean waist &amp; abdomen with towel.</li> <li>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and</li> </ol>	<p>N/A</p> <p>Caution: The fat of waist and abdomen will be contracted evidently.</p>
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		<p>then apply it evenly to the treated part.</p> <p>3. Adjust the band to a proper length, and then fasten it onto waist &amp; abdomen.(Don't make it too tight.)</p> <p>4. Insert the two freezing pads inside the band and tie them up.</p> <p>5. Have the temperature and time set for the corresponding handle.</p> <p>6. Click Start, and leave it there for about 10 to 30 minutes.(Set the temperature at any time as per client's feeling.)</p> <p>7. Remove the device, band and anti-freezing membrane, and clean the treated part.</p> <p>8. Treatment done.</p>	<p>The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, sling swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce 22%, but it varies from person to person. After one course, the size will less clearly, abdomen and waist will turn slender, and pot belly starts to vanish. To have the treatment in every two month in later stage to cement the effect.

**Back Fat Reducing: 30 Minutes/ Once a Month**

<p>Temperature for Freezing Pad: -5°C</p> <p>Time: 10 to 30 Minutes</p>	<p>Towel + Anti-freezing Membrane + Freezing Pad</p>	<p>1. Clean back with towel.</p> <p>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>3. Adjust the band to a proper length, and then fasten it onto back.(Don't</p>	<p>N/A</p> <p>Caution: The fat of back will be contracted evidently.</p> <p>The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry</p>
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		<p>make it too tight)</p> <p>4. Insert the two freezing pads inside the band and tie them up.</p> <p>5. Have the temperature and time set for the corresponding handle.</p> <p>6. Click Start, and leave it there for about 10 to 30 minutes.(Set the temperature at any time as per client's feeling.)</p> <p>7. Remove the device, band and anti-freezing membrane, and clean the treated part.</p> <p>8. Treatment done.</p>	about it.
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, sling swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce 22%, but it varies from person to person. After one course, the size will less clearly, and the excessive fat of back will decrease. To have the treatment in every two month in later stage to cement the effect.

**Leg Fat Reducing: 30 Minutes/ Once a Month**

<p>Temperature for Freezing Pad: -5°C</p> <p>Time: 10 to 30 Minutes</p>	<p>Towel + Anti-freezing Membrane + Freezing Pad</p>	<p>1. Clean legs with towel.</p> <p>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>3. Adjust the band to a proper length, and then fasten it onto legs.(Don't make it too tight.)</p> <p>4. Insert the two freezing pads inside the band and tie them up.</p> <p>5. Have the temperature and time set</p>	<p>N/A</p> <p>Caution: The fat of entire leg will be contracted evidently.</p> <p>The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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		<p>for the corresponding handle.</p> <p>6. Click Start, and leave it there for about 10 to 30 minutes.(Set the temperature at any time as per client's feeling.)</p> <p>7. Remove the device, band and anti-freezing membrane, and clean the treated part.</p> <p>8. Treatment done.</p>	
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**Course of Treatment Recommended:**

Four treatments is a course. After one treatment, sling swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce 22%, but it varies from person to person. After one course, the size will less clearly, legs will turn slender, leg shape is already clear, and the proud flesh of legs starts to vanish. To have the treatment in every two month in later stage to cement the effect.

**Buttocks Fat Reducing: 30 Minutes/ Once a Month**

<p>Temperature for Freezing Pad: -5°C</p> <p>Time: 10 to 30 Minutes</p>	<p>Towel + Anti-freezing Membrane + Freezing Pad</p>	<ol style="list-style-type: none"> <li>1. Clean buttocks with towel.</li> <li>2. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</li> <li>3. Adjust the band to a proper length and then fasten it onto buttocks.(Don't make it too tight.)</li> <li>4. Insert the two freezing pads inside the band and tie them up.</li> <li>5. Have the temperature and time set for the corresponding handle.</li> <li>6. Click Start, and leave it there for about 10 to 30 minutes.(Set the</li> </ol>	<p>N/A</p> <p>Caution: The fat of buttocks will be contracted evidently.</p> <p>The treated parts may have slight swelling and redness, which is a normal phenomenon. Please don't worry about it.</p>
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		<p>temperature at any time as per client's feeling.)</p> <p>7. Remove the device, band and anti-freezing membrane, and clean the treated part.</p> <p>8. Treatment done.</p>	
<p><b>Remark:</b></p> <p>(1) The four handles can work at the same time. Chin, waist and abdomen and legs can be treated simultaneously if client can bear with the intensity.</p> <p>(2) Or we can treat two clients at the same time.</p>			