

User Manual

MS-JS3000B



Preface

Dear Users:

We're pleased to present to you JS3000B. Equipped with multifunctions, it adopts the theory of vacuum therapy and microcurrent technology, mainly targeting at health problems like neck and shoulder strain, sagging breasts, gynecological problems and so on. Various effects are achieved with the help of high-end technology, such as expelling dampness, dispelling coldness, dredging meridians and resolving toxins. JS3000B works on maintaining beauty and wellness of human body and is for professional use only, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this manual thoroughly and apply with the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

EMS and scraping machines are currently the most popular instruments that focus on dredging meridians, expelling dampness, resolving toxins and shaping body. It's an effective replacement for manual scraping, cupping and breast enlargement in beauty parlors. It's easy and convenient to use, and solves a wide range of body-managing issues for beauty-lovers. It requires no injection, no medication, no surgeries, and has no side effects. Moreover, it is used externally and has immediate effects, therefore can be considered as both safe and effective. By utilizing EMS technology, it relaxes muscles, increases blood circulation on treatment area, prevents muscle atrophy, relieves muscle spasm and boosts metabolism. At the same time, other integral parts like vacuum cups and vacuum metal heads can be used for scraping and cupping, thus achieving effects like detoxification, expelling dampness, dispelling coldness, and fatigue relieving.

Advantages

1. Various issues can be addressed, such as fatigue, soreness, swelling, and flat chest, etc.
2. Strong vacuum pump with low noise and various modes; Designed to fit different breast shapes; good quality.
3. Professional vacuum metal heads can remove toxins and moisture from the body by suction in no time.
4. Wide range of treatments with visible effects; no consumption, low costs, and quick returns.
5. Easy, quick and convenient to operate. No surgeries, no anesthesia, no pain and no downtime.
6. Equipped with various vacuum cups for different needs.
7. EMS initiates muscle contraction using electronic impulses for better muscle growth, and relieves skin sagging caused by muscle flaccidity.
8. Vacuum metal heads lymph node detoxification, cupping, breast enlargement and EMS patch are four perfect combination, which come with more rapid and effective detoxification, shaping and building a strong body.

Facial Care

Working Principle

Vacuum Cup: Face

Use vacuum suction head directly on the facial skin to achieve deep cleansing effect. (Vacuum/negative pressure: lower than normal pressure, the use of negative pressure is very common. People often make a part of the space appear negative pressure so we can use the ubiquitous atmospheric pressure. For example, when people breathe, negative pressure occurs when the lungs are in the expansion state, forming a pressure difference between the inside and outside of the lungs. Fresh air is pressed into the lungs.) Negative pressure cleaning is the use of such a principle in the state of no pain, deep cleaning pores of black head, white head, oil and dirt residue.

Vacuum Metal Head

Massage the skin and muscles by special negative air pressure suction, which can effectively improve the fluid flow of cells, increase the movement of cells, activate cells, increase skin elasticity and improve fine lines. Vacuum negative pressure movement can stimulate the surface and deep sympathetic nervous system, improve skin sensitivity and skin immunity.

Effects

1. Unclog pores.
2. Deep clean skin.
3. Shrink large pores.
4. Improve dull skin and fine lines.
5. Improve skin hyperpigmentation.
6. Accelerate removal of dead skin cells.

Applicable Range

1. Those who has excessive secretion of sebum and thick stratum corneum.
2. Those with rough skin and large pores.
3. Those with clogged pores.
4. Those with dull and glowless skin.
5. Those with skin laxity and sagging.

Inapplicable Range

1. Those with severe sensitive skin or is having an allergic reaction.
2. Those with large wounds.
3. Those with skin diseases and other infectious diseases.
4. Those who have just undergone injections, such as hyaluronic acid, intradermal injection, wrinkle removal or other plastic surgeries.

5. Those who are pregnant or has severe heart disease, hyperlipidemia, hypertension, hyperglycemia or other serious diseases.

Cautions after Treatment

1. Avoiding excessive exposure to the sun and keep skin hydrated.
1. Use sun protections and moisturizers.
2. Avoid using facial scrub, exfoliant, AHAs or other irritant skin care products.
3. Avoid smoking, drinking and staying up late; eat more vegetables, fruits and less greasy foods.
4. Apply one facial mask in the first 3 days of treatment.
5. Wash face with lukewarm water in the first 3 days.

Lymphatic Drainage: Back

Working Principle

Vacuum Metal Head

Through special negative pressure suction head on the skin, and muscle massage can effectively improve the cells in the body fluids liquidity, increase cell movement can activate cells to improve the effect of skin elasticity, at the same time, accelerate the blood circulation of imperceptible blood-vessel, excess toxins through the normal cycle of the lymphatic system, and reduce and improve the dark spots and hyperpigmentation of body, as well as stasis. The suction and discharge of air pressure can not only improve the capillary system, but also improve the flow between the deeper veins and the network of lymph glands, strengthen the blood vessels, and improve varicose veins.

Cupping

Scrapping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology. The simple explanation is that the normal muscle after receiving signal sent from the brain start activities actively, while EMS technology through the electric current to stimulate the skin layer and the capillary and nervous inside the epidermal layer cells to produce hydration, fuel the folds of skin oxygen and nutrients, restore elasticity to drooping breasts.

Effects

1. Accelerate lymph flow.
2. Accelerate natural detoxication, and help rid the body of waste through the lymphatic system.
3. Stimulate activity in the lymphatic area.
4. Increase lymphocyte production.
5. Boost your metabolism.
6. Boost your immune system.

Applicable Range

1. Those who experience neck and shoulder strain.
2. Those with symptoms of periarthrititis of shoulders.
3. Those who experience soreness and pain of muscles.
4. Those who experience nervous breakdown, insomnia, and dreamful sleep.
5. Those who drive, sit before computer screen, or just sit for long hours.

Inapplicable Range

1. Those with hypertension, hyperlipidemia, hyperglycemia and heart disease.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those who are in pregnancy, menstruation, and lactation.
4. Those who have skin diseases or other infectious diseases.
5. Those who appear to have lymphoma or cancer.
6. Those who are drunk, overworked, or too thirsty; those with a full or empty stomach.

Cautions after Treatment

1. Avoid taking a shower in 4-6 hours and getting cold (capillary vessels are dilated after treatment).
2. Avoid scratching treatment areas whereon pain, pruritus, formication, or rubella

were felt. The above symptoms are within the normal range.

3. Drink more lukewarm water to help with digestion.

Breasts Enlargement

Working Principle

Vacuum Cup: Breast Enlargement

Use vacuum negative pressure on the human body by special tools in the breast through the instrument internal negative pressure attraction, in the breast produce different rhythm of the negative pressure, make the breast relatively larger, achieve the effect of increasing the breast. The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. It has the effect of warming channels and collaterals, promoting qi and blood circulation, removing blood stasis and swelling, removing poison and exorcising evil. Combined with deep massage, it makes the blood and gas unblocked, unclogs the breast acinus, drives the invisible gas to the tangible blood, transports oxygen and nutrition to the breast, and stimulates the pituitary gland to secrete female hormones, strengthens the breast connective tissue, and stimulates the breast development and growth. Promotes uterine contraction, tightens skin elastic fibers, and prevents loose and scattered skin tissue.

EMS

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Effects

1. Improve breast laxity, sagging and those who have east west breasts.

2. Improve premenstrual breast swelling and soreness.
3. Unclog and straighten breasts.
4. Prevent lactoceles.
5. Prevent breast cancer.
6. Shape up your breasts.

Applicable Range

1. Those with breasts laxity and sagging.
2. Those with asymmetrical, and east west breasts; those with a flat chest.
3. Those who have inverted nipples and look for a change.
4. Those with breast nodule, mammary hyperplasia; those who experience breast pain.
5. Those who feel they have insufficient mammary gland development; those who suffer from postpartum mammary gland atrophy.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those who have hypertension, hyperlipidemia, hyperglycemia and heart disease.
3. Those with serious mammary hyperplasia, fibromatosis and cysts.
4. Those with infectious breast skin.
5. Those have had undergone surgeries on breasts.

Cautions after Treatment

1. Drink more lukewarm water and stay warm.
2. Wear comfortable bra with support; avoid squeezing breasts.
3. Avoid getting cold(it's advised not to go out in windy days.); take showers 4-6 hours after the treatment.

Buttock Augmentation

Working Principle

Vacuum Cup: Breasts

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to

the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. At the same time vacuum cup can help contour buttocks, make excess fat be adsorbed at the due position of buttocks, so that your buttock look full.

EMS

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Effects

1. Relax muscles and increase blood circulation on treatment areas.
2. Prevent muscle atrophy and relieve muscle spasms.
3. Firm the skin and better your body.
4. Improve sagging caused by muscle laxity.
5. Initiate muscle contraction for better muscle growth (e.g. well-shaped buttocks).

Applicable Range

1. Those who have inverted and flat butt.
2. Those with less fat on buttocks.
3. Those who aim for a better figure either professionally or psychologically.
4. Those who are satisfied with the size but not the plumpness of their buttocks.
5. Those who have accumulated waist fat and lead to square (H-shape) butts.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those with heart diseases and hypertension, etc.
4. Those who have skin diseases, and infectious diseases; those who are during sensitive skin period.
5. Those who are in poor health.

Cautions after Treatment

1. Avoid taking showers within 4-6 hours after treatment.
2. It is advised to wear butt lifting underwear to prevent sagging and laxity.
3. It is advised to do some butt lifting exercise after treatment.

Cupping: Abdomen

Working Principle

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss. According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology. The simple explanation is that the normal muscle after receiving signal sent from the brain start activities actively while EMS technology through current stimulation, directly convey signals to the muscles, pushing muscles for passive movement, so as to achieve the effect of fitness.

Effects

1. Stomach meridian drainage and detoxication.
2. Help with cold womb and body.
3. Help with digestion and constipation.
4. Tighten skin and prevent saggy skin on stomach.

Applicable Range

1. Those who are suffering from bad digestion and constipation.
2. Those who experience cold womb and stomach.
3. Those who have stools.

4. Those who wish to lose weight and gain firm muscles.

Inapplicable Range

1. Those are during menstruation, pregnancy and lactation.
2. Those who are still recovering from surgery or whose wounds are yet to be healed.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.
5. Those who has a weak body.
6. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

1. Avoid taking showers within 4-6 hours after treatment.
2. Avoid wearing crop tops or getting a cold.
3. Avoid eating spicy, cold food; drink more warm water.

Lymphatic Drainage

The lymphatic system is a circulatory system, and the immune system is also the body's defense station and garbage collection station to prevent external bacterial infections and recycling of the body's waste and toxins. Lymph is also the largest body detoxification system, equivalent to the human body's scavenger, is the main body organ toxins collection medium. If lymphatic system circulates decelerate, it can bring about toxin to accumulate inside body, the person can get oedema and fat easily. The principle of lymphatic drainage weight reduction is basically through massage that passes to lymphatic gland and stimulation, unblock lymphatic circulatory system, make inside body toxin education outside the body, accelerate adipose combustion, achieve the goal of reducing weight. Another important function of lymphatic drainage is to clean blood vessels. Lymphatic vessel and vein are intercommunicated. When blood capacity is excessive, lymphatic vessel can have shunt fluid, reduce the effect of the burden inside blood vessels.

The lymphatic system of one person grows along with the age. It's circulatory rate may drop, the action of detoxification also can drop as one age. The circulatory speed of lymphatic system can be accelerated effectively through proper massage, passing toxin outside the body as soon as possible.

Working Principle

Vacuum Metal Head

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Effects

1. Speed up the flow of lymph.
2. Speed up the natural detoxification process and help the body remove waste through the lymphatic system.
3. Stimulate the activity of lymphatic domain.
4. Increased lymphocyte productivity.
5. Improve your body's metabolism.
6. Boosts immune system function.

Applicable Range

1. Those whose face lacks luster and whose skin becomes very rough.
2. Those who drink a lot and suffer from insomnia.
3. Those who have excessive fat on waist and abdomen. (Lymphatic detoxification can

rapidly improve edema and consuming fat.)

4. Those with bad breath and frequent constipation.

5. Those with poor mental state, poor resistance to cold and illness.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.

2. Those in pregnancy, menstruation or lactation.

3. Those who have just undergone surgical wounds or convalescents.

4. Those with epilepsy and severe diabetes and hyperthyroidism.

1. Those with malignant tumors, hemophilia or severe bleeding.

2. Those with skin diseases and infectious diseases.

3. Those with severe gynecological diseases.

4. Those whose gynecological diseases are being treated.

5. Those with lymphoma or signs of cancer.

10. Those who has a weak body.

11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

1. Shower 4-6 hours after treatment.

2. Avoid heat and cold.

3. Avoid spicy, greasy foods.

4. Drink plenty of hot water to boost your metabolism.

5. Avoid staying up late and smoking.

6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Body Care: Private Parts

Working Principle

Vacuum Cups: Private Parts

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation: through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation

and exhalation in the operation, the increase and disappearance of negative pressure replace, make the local pores continue to open and close, promote the skin breathing, increase its oxygen intake, accelerate the elimination of waste and promote the contraction of pelvic smooth muscle, increase blood circulation, regulate the endocrine system, increase lutein, force hormone secretion in the body.

Effects

1. Improve vaginal lubrication.
2. Improve vaginal relaxation.
3. Regulate your hormones.
4. Improve the quality and sensitivity of your sex life.
5. Improve the color of the perineum.
6. Discharge vaginal toxins and residual metabolites, restore vaginal cleanliness and balance.

Applicable Range

1. Those who are in pregnancy, birth, abortion, contraception and sexual intercourse.
2. Those with irregular menstruation (dysmenorrhea, less period flow, blood clots).
3. Those with skin spots, acne and dark yellow caused by endocrine imbalance.
4. Those with abnormal leucorrhea and peculiar smell.
5. Those with poor memory and immunity.
6. Those whose sex life isn't compatible.

Inapplicable Range

6. Those in pregnancy, menstruation or lactation.
7. Those who are recovering from surgery or being treated.
8. Those who have heart disease and hypertension, etc.
9. Those who have skin disease, infectious disease or during sensitive skin period.

Cautions after Treatment

1. Shower 4 hours after treatment.
2. Drink plenty of warm water, avoid cold water and eat raw, cold and spicy food.
3. Change and wash underwear daily. The underwear should be made of pure cotton and silk, with less chemical fiber and avoid excessive tight underwear.
4. Towels and underpants should be dried in the sun or boiled with hot water. If dried in a humid environment, it is easy to breed fungus.
5. Don't have sex immediately after you're done.

Full Body Detoxification

Effects

1. Improve thickness and clogging of the back.
2. Improve back pain and shoulder pain.
3. Improve jiggly and flabby arms.
4. Build up the body's physique and resistance.
5. Relieve muscle spasms and prevent muscle diseases.
6. Improve muscle stiffness.
7. Stimulate muscle movement and make skin firm and elastic.
8. Relax muscles, increase local blood circulation and prevent muscle atrophy.
9. Exercise muscles, firm skin and strengthen body.
10. Prevent sagging caused by muscle relaxation.
11. Prevent varicose veins.

Applicable Range

1. Those with hypertrophy of the back, and pseudo-hump.
2. Those with meridian blockage and poor metabolism.
3. Those who bow their heads and stand for a long time.
4. Those with thick and flabby arms.
5. Those with protruding fat on abdomen.
6. Those with thick legs and blocked meridians.
7. Those with heavy moisture, poor mental state, insomnia and dreamful.
8. Those with edema and local stiffness.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.
9. Those with lymphoma or signs of cancer.
10. Those who has a weak body.
11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

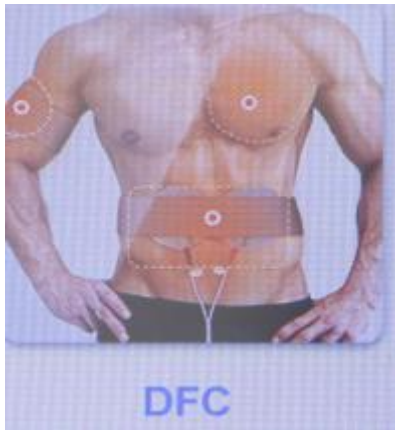
1. Shower 4-6 hours after treatment.
2. Avoid heat and cold.
3. Avoid spicy, greasy foods.
4. Drink plenty of hot water to boost your metabolism.
5. Avoid staying up late and smoking.
6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.

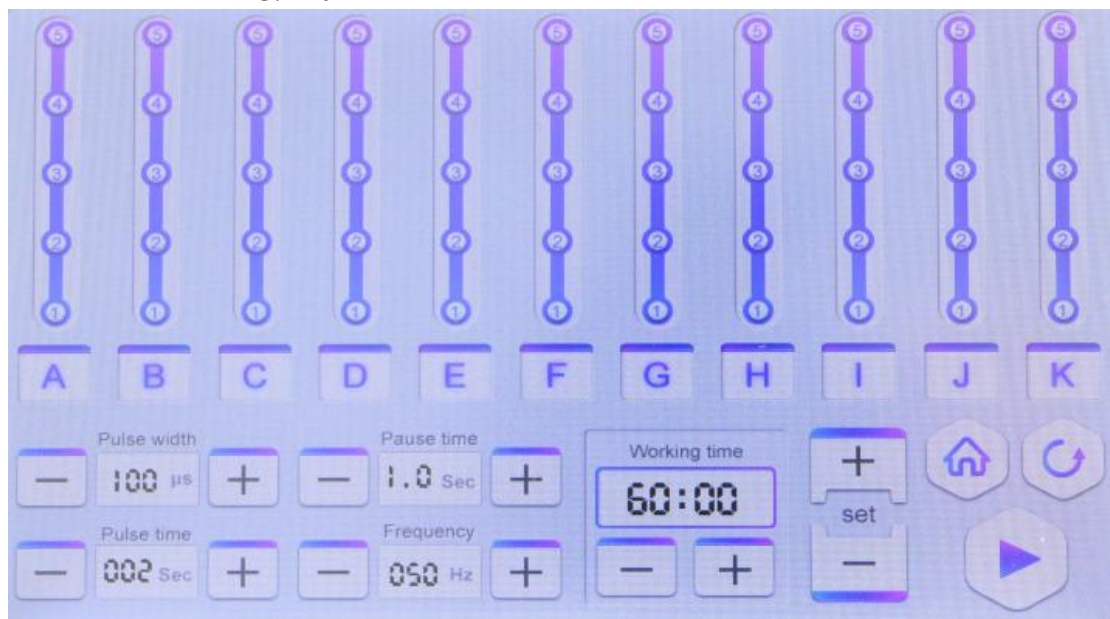




Click to go to interface below (EMS Pads Selection)



Interface after energy adjustment:

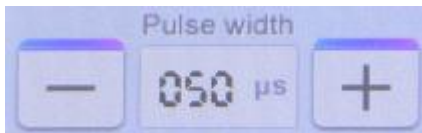




Button to adjust energy level (1-5)



Button to select electrode pads accordingly



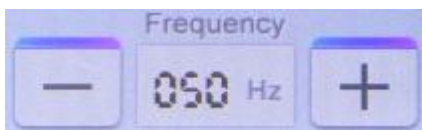
Pulse width adjustment



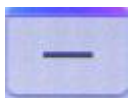
Pulse time adjustment (working duration)



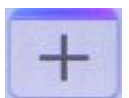
Pulse time adjustment (interval)



Frequency



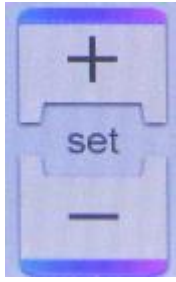
decrease



increase



working time



button to increase/decrease all pads



home button



reverse button



start/pause



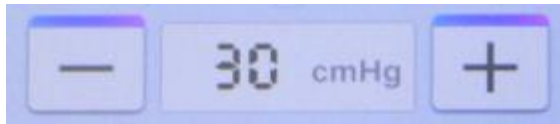
Click [VACUUM CUPPING](#) to go the interface below(vacuum detoxification and vacuum breast enlargement)



Interface after energy adjustment:



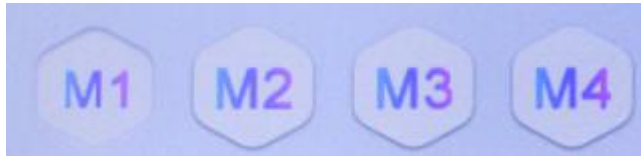
vacuum suction adjustment



button to adjust suction



detailed display of suction



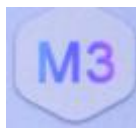
Mode adjustment



M1: direct mode (select M1 when long term cupping is needed or heavy moisture needed to be detoxified.)



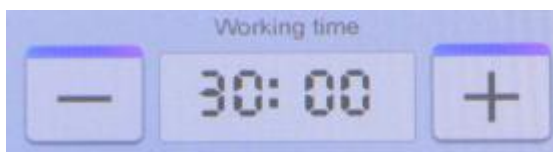
M2: intermittent mode(select M2 when short term cupping and scraping are needed.)



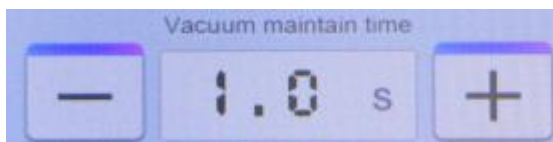
M3: intermittent mode with long intervals (select M3 when massage and slight petechiae are needed.)



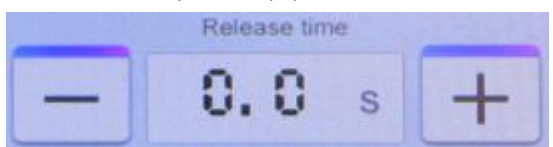
M4: intermittent mode with the longest intervals(select M4 when needs to massage, sooth skin and relieve pain and soreness.)



working time adjustment



vacuum maintain/suction time adjustment (bigger the number is, longer working/suction/maintain time is; start with 0.3 and slowly add up.)



vacuum release time adjustment(smaller

the number is, shorter release time is; 0.0 is direct suction mode; start with 0.5 and slowly add up.)



start/pause



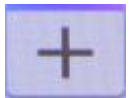
home button



reverse button



Decrease: energy/time



Increase: energy/time

2. Technical Parameters

Muscle Stimulator

Voltage: 240V/50Hz or 220V/50Hz or 120V/60Hz

Rated Power: $\leq 40\text{W}$

Working Current: $\leq 50\text{MA}$

Pulse Output: 10 channels

Maximum Treatment Time: 90 minutes

Pulse Wave forms: 5 modes

Pulse Frequency: 30Hz/s \sim 800Hz/s

Pulse Power: 0 \sim 270 angels adjustable

Pulse Speed: 3 levels adjustable

Shrink Time: 0.1 ~ 5s

Loose Time: 0.1 ~ 5s

Vacuum Therapy Parameters

Power: 60W

Pressure: >250kPa

Air Flow: >10L/minute

Noise Level: <70dB (30cm away)

3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those who are in pregnancy or lactation.
2. Those who have heart disease or have been implanted with a pacemaker.
3. Those whose surgical wound is not healed.
4. Those with epilepsy, and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for current sensitive people.
8. Avoid using for those who are suffering from serious diseases of the stomach, intestine and liver as well as bladder stones and kidney stones.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the

device, please use the specified accessories provided or recommended by the original manufacturer.

4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Do not use it for those have breasts prosthesis.
7. Do not use it for those have metal supports in the body (excluding IUD).
8. It should not be used during pregnancy or breastfeeding
9. Don't use it after drinking
10. Don't use it during heavy periods.
11. Do not use it within 6 months of C-section.
12. Do not use it within 3 months of miscarriage.
13. Do not use it within 2 months of natural labor.
14. In the process of operation, if the suction adjustment of the negative pressure cup is too large, please immediately stop and adjust the suction.
15. Use with caution if sensitive to current.
1. Before treatment, please remove all metal objects from the body first.
17. Remember to add filter cotton before using the vacuum metal head to avoid the essential oil entering and causing the instrument malfunction.
18. EMS: do not operate on the abdomen within 1 hour after meals.
19. Do not place the EMS conductive plate on the injured and inflamed muscles.
20. Do not place the EMS conduction piece on the scar area left by the recent operation (within 10 months).
21. After the operation, scrub the instrument with normal saline to ensure its cleanliness and extend its service life.

5. Troubleshooting & Solutions

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. Vacuum pressure cup/metal head has no suction or less suction?

- A. Check if the transparent long pipe is misconnected or not connected properly.
- B. Please check and clean if there is foreign matter or grease obstruction in the suction hole of main engine.
- C. If the pipe is broken, especially at both ends, it shall be replaced.

3. No electric flow during EMS operation?

- A. Check whether the connection of the wire is loose.

B. Check whether the screen switch is consistent with the conduction patch used.

4.The device can be activated, but the wrong information appears on the screen?

A. Please unplug the power plug behind the device and wait about 1 minute before restarting the device.

B. If the above method did not work, please contact the device distributor for assistance.

6. FAQs

1. Q: Can EMS do weight loss?

A: yes, it can achieve better fitness effect than losing weight.EMS is known as muscle electrical stimulation technology, also known as muscle movement technology, a simple explanation is that under normal circumstances, muscles begin to take active activities after receiving signals from the brain, and EMS technology directly transmits signals to muscles through electrical stimulation, prompting muscles to perform passive movements, so as to achieve fitness effect.

2. Q: Do negative pressure breast enlargement have side effects?

A: no side effects.The principle of negative pressure breast enhancement completely USES pure physical breast enhancement method, massage, negative pressure absorption and put are common principles of health care physical therapy instrument, but it USES high-tech set a variety of principles in one effect more effective, no rebound no side effects of breast enhancement instrument.

3.Q: Does negative pressure cup do facial care how long can you see an effect?

A: under normal circumstance finish that day can feel pore clean, the skin is smooth, under normal circumstance facial care needs to insist to do at least once a week, long this since the effect will be better and better.

4.Q: Will EMS hurt during operation?

A: won't ache, EMS USES the micro electric current stimulation human body cell, achieves the simulation chuang, presses, pushes and so on the folk massage technique, in the operation process is the hemp crisp, very comfortable.

7. Packing List

1. Main machine*1

2. Accessory rack *1
3. EMS pad*10
4. Connection wire *11
5. Breast pad*2
6. Breast enlargement cup size big *2
7. Breast enlargement cup size medium *2
8. Breast enlargement cup size small *2
9. Transparent vacuum cup size big *2
10. Transparent vacuum cup size medium *2
11. Transparent vacuum cup size small *2
12. Transparent vacuum cup for face no. 1 *2
13. Transparent vacuum cup for face no. 2 *2
14. Transparent cup for face no. 3 *2
15. Transparent cup for face no. 4 *2
16. Transparent cup for face no. 5 *2
17. Vacuum cup for private part *2
18. Vacuum head size big*1
19. Vacuum head size big medium*1
20. Vacuum head size small *1
21. Power cord *1
22. Filter cotton *1
23. Transparent rubber hose *2
24. Fuse *2
25. Filter *1

8. Operational Diagrams

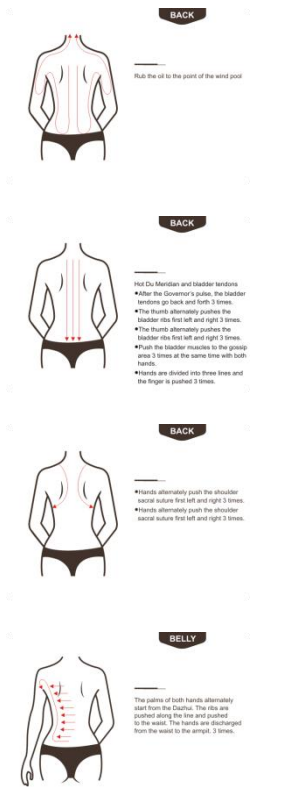
Parameter Adjustment	Product	Technique	Diagram
Facial Care: 45 min, once a week			
Vacuum Cup (on face) Energy Level: 10-50 Suction: 0.3-1.5 Release: 0-1.0 Mode: Consecutive Vacuum Metal Head Energy Level: 10-50 Suction: 0.3-1.5 Release: 0-1.0 Mode: Intermittent	Makeup remover oil+ Cleanser+ Blackhead export liquid+ Cold and hot steam+ Face mask+ device	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply blackhead export liquid+hot steam(on large pores or clogged area; apply toner or AS3 on cheeks; apply toner+cold steam for sensitive skin, export liquid+hot steam is not recommended.) 5-8 min. 4. Vacuum Cup Operation: cling device on forehead for 1 sec and gently move towards hairline; each move should be close to the previous one (forehead-nose-chin-cheek); double the operation on clogged pores if needed, around 10 min. 5. Clean face with purified water, 2 min. 6. Apply toner. 7. Apply essence evenly on face. 8. Vacuum Metal Head Operation: start from chin to forehead, move the device in lines to lift face, 3 times. 9. Start from chin, coupled 	


	<p>with hands to lift the face; move from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple to lift canthus, 3 times.</p> <p>10. Do the same on another side.</p> <p>11. Forehead: move towards hairline to lift face; apply face mask, 15 min.</p> <p>12. Take off the mask and wash face clean, 2 min.</p> <p>13. Apply toner, essence, cream and sunscreen.</p>	
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Suggested Treatment:

10 treatments account for one full course. After one course, face beams with healthy redness, blood circulation is accelerated. Skin starts to export toxins, acne and blackheads are reduced. After 3 courses, skin contour is clearer, resistance is strengthened, and skin presents to be glowing and healthy.

Lymphatic Drainage of Back: 60 min, once a week

<p>EMS Electrode Pad Energy Level: 2-4</p> <p>Intensity: 100-350</p> <p>Duration: 10-80</p> <p>Interval Time: 1.0-5.0</p> <p>Permeability: 20-80</p> <p>Vacuum Head Energy Level: 10-50</p>	<p>Essential oil+ Gel+ Device</p>	<ol style="list-style-type: none"> 1. Massage Operation: apply oil on back till waist and push down on fengchi and fengfu acupoints, 3 times. 2. Push dumai and panguangjing with both hands, 3 times. 3. Push alternately dumai and panguangjing with hands, 3 times. 4. The roots of both palms start from the major vertebra and alternate in pushing dumai and panguangjing; lift from the lumbar side through the armpits in left-right order, 3 times. 5. Push thumbs between shoulder blades to armpits, 3 times ; and then pass through 	 <p>BACK</p> <p>1. Rub the oil to the point of the waist post.</p> <p>BACK</p> <p>Hot Du Meridian and Shoulder tendons</p> <ul style="list-style-type: none"> After the Governor's pulse, the shoulder tendons go back and forth 3 times. The hands alternately push the shoulder ribs first left and right 3 times. The hands alternately push the shoulder ribs first left and right 3 times. Push the shoulder muscles to the grassy area 3 times at the same time with both hands. Hands are divided into three lines and the finger is pushed 3 times. <p>BACK</p> <ul style="list-style-type: none"> Hands alternately push the shoulder sacral suture first left and right 3 times. Hands alternately push the shoulder sacral suture first left and right 3 times. <p>BELLY</p> <p>The joints of both hands alternately start from the Clauhu. The ribs are pushed along the line and pushed to the waist. The hands are discharged from the waist to the armpit. 3 times.</p>
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<p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p> <p>Cupping Energy Level: 10-50</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Consecutive</p>		<p>armpits to fingers.</p> <p>6. Alternate both palms, starting from dazhui acupoint in rib direction towards waist and slide to armpit in lines; make sure a line is next to another, 3 times</p> <p>7. Alternate hukou points, starting from hairline to dabanjing and slide to fingers, 3 times.</p> <p>8. Do the same on another side.</p> <p>9. Device Operation: move the lymphatic detoxification instrument from the big vertebra to the tail vertebra, 3 times.</p> <p>10. Push from pangguangjing to tail vertebra (first left, then right), 3 times</p> <p>11. Push from shoulder blade seam to armpit, 3 times.</p> <p>12. Push to waist following ribs in lines, 3 times.</p> <p>13. Push dabanjing, starting from neck, 3 times.</p> <p>14. Do the same on another side.</p> <p>15. Cupping: if the moisture inside the body is heavy, you can walk the cups; walk through pangguangjing and dumai back and forth for 3 times, walk through the shoulder blade seam back and forth for 3 times, walk through the whole back to the rib direction for 3 times (subjecting to the customer's acceptability).</p> <p>16. Select fit cups and walk them on neck to dabanjing back and forth, 3-5 times.</p>	 <p>ARM The hands of the tiger's mouth alternately from the hairline through the large joint to the finger discharge, 3 times.</p> <p>SHOULDER Thumbs up the big ribs (starting from the hairline) 3 times.</p> <p>BELLY Placed cups: Dazhui, Shoulder well, Tianzong points, Fengzhi points, Dabanjing area, Arms 5-10 minutes.</p>
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		<p>17. Fixate the cups: on dazhui, jianjing point, tianzong point, feiyu point, and baliao area, around 5-10 min (subjecting to the customer's acceptability).</p> <p>18. Take off the cups and wipe clean with towel.</p> <p>19. Apply gel on back or pads.</p> <p>20. Fixate EMS electrode pads on back muscles with straps, 20-30 min.</p> <p>21. Take off straps and pads and wipe treatment area clean.</p>	
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Suggested Treatment:

10 treatments account for one full course. After one treatment, petechiae appear and dampness are removed. After one course, the back becomes relaxed and relieves the sore symptoms of shoulders and neck. After 3 courses, the lump on back of the neck is improved, the qi and blood function is normal, the sleep quality is good, and the physique is enhanced.

Breast Enlargement: 60 min, once a week

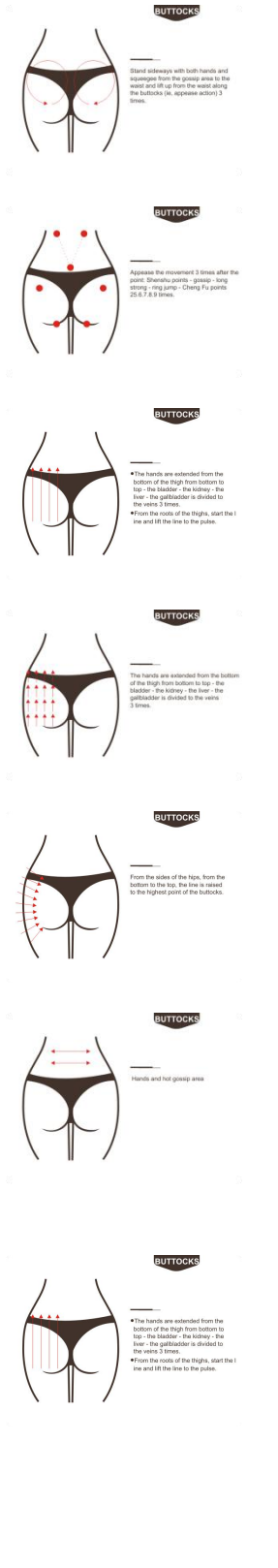
<p>Vacuum Cup(breast) Energy level: 10-50</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p> <p>EMS Electrode Pads(breast) Energy Level:</p>	<p>Essential oil+ Gel+ Device</p>	<ol style="list-style-type: none"> Stand at the head of the bed, both hands from shan zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times. Both hands thumb point: shanzhong, rugen, dabao, yingchuang, zhongfu, yunmen, 3 times. Caress the treatment area, 3 times. Overlap both palms from shan zhong point to chest both sides back and forth as if writing an "8" number, 3 times 	
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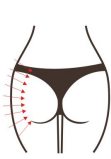
<p>2-4</p> <p>Intensity: 100-350</p> <p>Duration: 10-80</p> <p>Interval Time: 1.0-5.0</p> <p>Permeability: 20-80</p>		<p>5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. EMS Electrode Pads: apply gel on pads, attach pads on breasts, and start operation, 15 min. (start from the lowest energy level and slowly add up.)</p> <p>13. Take off pads and wipe clean treatment area.</p> <p>14. Vacuum Cup Operation: select fit vacuum cups and attach them to breasts, 5-10 min.</p> <p>15. For those who have sunken nipples can select cups for face on nipples and start for 8-10 min.</p> <p>16. Take the cups off.</p>	
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Suggested Treatment:

10 treatments account for one full course. After one treatment, breasts are lifted. After one full course, breasts are tightened and lifted; accessory breast and outspread and drooping breasts will slowly tighten and focus. 3 courses of treatment to make the breast large and straight, adhere to do, the effect will be more obvious.

Buttock Augmentation: 60 min, once a week


<p>Vacuum Cup(breast) Energy level: 10-50</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p> <p>EMS Electrode Pads(breast) Energy Level: 2-4</p> <p>Intensity: 100-350</p> <p>Duration: 10-80</p> <p>Interval Time: 1.0-5.0</p> <p>Permeability: 20-80</p>	<p>Essential oil+ Gel+ Device</p>	<ol style="list-style-type: none"> 1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.) 2. Repeatedly push ba liao zone with two thumbs. 3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang qiang", "huan tiao" and "cheng fu", 3 times. 4. Caress the treatment area, 3 times. 5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each. 6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each. 7. Overlap both palms and push up together from thigh root to pulse (ascension), 3 to 5 times. 8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times. 9. Repeat the previous operation. 10. Caress the treatment area. 11. Do the same on the other 	 <p>BUTTOCKS</p> <p>Stand sideways with both hands and squeeze from the grasp area to the waist and lift up from the waist along the buttocks (ie, appress action) 3 times.</p> <p>BUTTOCKS</p> <p>Appress the movement 3 times after the point. Shenayu points - grasp - long strong - ring jump - Chang Fu points. 25.6. 7. 8. 9 times.</p> <p>BUTTOCKS</p> <p>The hands are extended from the bottom of the thigh from bottom to top - the bladder - the kidney - the liver - the gallbladder is divided to the veins 3 times. From the roots of the thighs, start the line and lift the line to the pubes.</p> <p>BUTTOCKS</p> <p>The hands are extended from the bottom of the thigh from bottom to top - the bladder - the kidney - the liver - the gallbladder is divided to the veins 3 times.</p> <p>BUTTOCKS</p> <p>From the sides of the hips, from the bottom to the top, the line is raised to the highest point of the buttocks.</p> <p>BUTTOCKS</p> <p>Hands and not grasp area</p> <p>BUTTOCKS</p> <p>The hands are extended from the bottom of the thigh from bottom to top - the bladder - the kidney - the liver - the gallbladder is divided to the veins 3 times. From the roots of the thighs, start the line and lift the line to the pubes.</p>
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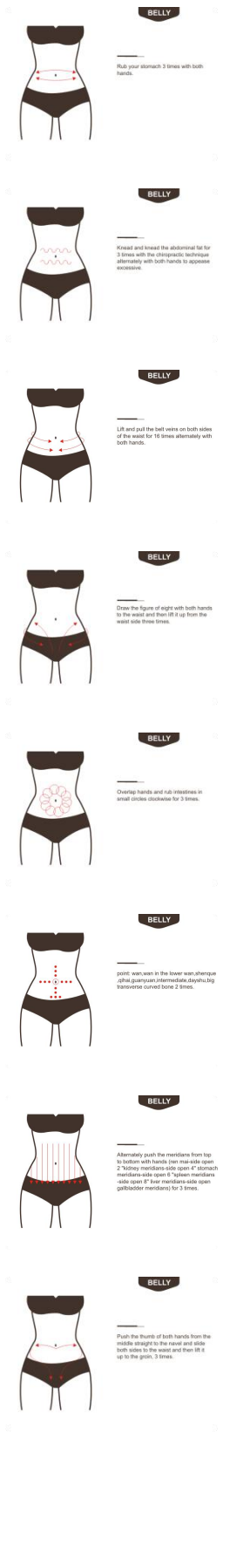
		<p>side: the same technique with 5.6.7.8.9.10</p> <p>12. Rub baliao zrea with hands till it's hot.</p> <p>13. Select fit cups to walk the cups: start from thigh root and move upwards to lift the buttocks, 3-5 times.</p> <p>14. From two sides of hips to center of buttocks to lift them, 3-5 times.</p> <p>15. Fixate Cups: select fit cups, fixate them on buttocks and adjust to proper energy level, 5-10 min.</p> <p>16. Take off the cups.</p> <p>17. EMS Operation: apply gel on pads.</p> <p>18. Fixate EMS pads on two sides of hips with straps, 20-30 min.</p> <p>19.</p> <p>19. Take straps and pads off.</p> <p>20. Close treatment</p>	 <p>From the sides of the hips, from the bottom to the top, the line is raised to the highest point of the buttocks.</p>
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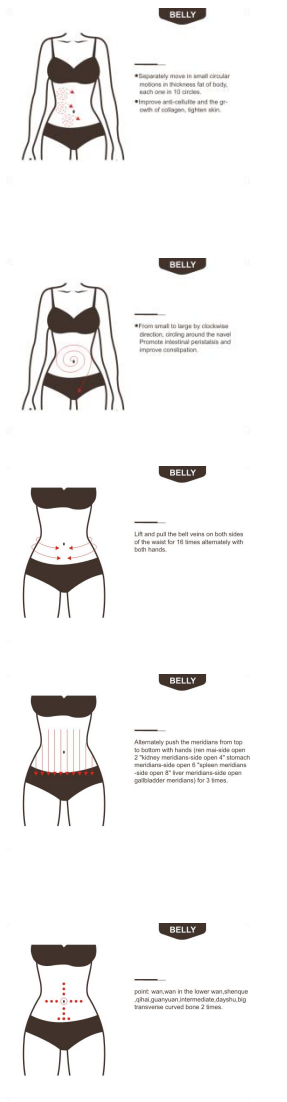
Suggested Treatment:

10 treatments account for one full course. After a treatment, hips achieve the effect of lifting. After a course of treatment, excess fat on hips begin to disappear, the surrounding fat begin to concentrate. After 3 courses of treatment to shape hip curve, increase hip elasticity, improve gynecological cold womb and other problems.

Cupping on Abdomen: 60 min, once every 2 weeks

<p>Cupping Energy Level: 10-50</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p>	<p>Essential oil+ Gel+ Device</p>	<p>1. Circle the abdomen to accumulate oil 3 times Rub your stomach back and forth three times</p> <p>3. Knead abdominal fat 3 times with hands alternately.</p> <p>4. Lift pulse on both sides of waist alternately with both hands for 16 times</p>	 <p>Circle the abdomen to accumulate oil for 3 times.</p>
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<p>Mode: Intermittent</p> <p>EMS Electrode Pads(abdomen) Energy Level: 2-4</p> <p>Intensity: 100-350</p>		<p>5. Row the figure of eight with both hands to the waist and then lift it from the waist side to the navel 3 times</p> <p>6. Overlap hands and rub intestines for 3 times in a small circle</p> <p>7. Make a circular motion to soothe your hands</p> <p>8. Acupoint: in middle and lower wan and wan shen que qi haiguan yuan intermediate tianshu large transverse curvature bone.2 times</p> <p>9. Make circles with both hands to appease 3 times</p> <p>10. Push meridians and collaterals from top to bottom alternately with both hands (ren ma -- open 2 inches of kidney meridians -- open 4 inches of stomach meridians -- open 6 inches of spleen meridians -- open 8 inches of liver meridians -- open gallbladder meridians on both sides) for 3 times</p> <p>11. Push the middle pole of both thumbs straight to the navel, slide both sides to the waist and then raise the row to the groin, 3 times</p> <p>12. Repeat 3 times</p> <p>13. Pacify the groin to the end.</p> <p>17. Choose the appropriate pot to fix the pot on the abdomen, and it will last for about 5-10 minutes for xiawan, tianshu, big horizontal, guan yuan, waist side (according to the customer's situation).</p> <p>18. Cans are taken</p>	 <p>BELLY Rub your stomach 3 times with both hands.</p> <p>BELLY Knead and knead the abdominal fat for 3 times with the circumscribed technique alternately with both hands to appease excessive.</p> <p>BELLY Lift and pull the belt wires on both sides of the waist and then lift it up from the waist side three times.</p> <p>BELLY Draw the figure of eight with both hands to the waist and then lift it up from the waist side three times.</p> <p>BELLY Overlap hands and rub intestines in small circles clockwise for 3 times.</p> <p>BELLY push the middle pole of both thumbs straight to the navel, slide both sides to the waist and then raise the row to the groin, 3 times.</p> <p>BELLY Alternately push the meridians from top to bottom with hands (ren mai-side open 2" spleen meridians-side open 4" stomach meridians-side open 6" spleen meridians-side open 8" liver meridians-side open 10" gallbladder meridians) for 3 times.</p> <p>BELLY Push the thumbs of both hands from the middle straight to the navel and slide both sides to the waist and then lift it up to the groin, 3 times.</p>
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		<p>19. EMS operation: apply the patch with gel</p> <p>20. Apply EMS patch to abdomen with bandage for about 20-30 minutes</p> <p>20. Remove the bandage and patch and wipe the operating part clean</p>	
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Suggested Treatment:

10 times for a course of treatment, one time after finishing the waist abdomen will have a slight measles phenomenon, constipation will be improved, a course of treatment can improve the palace cold, abdominal obesity, improve the digestive system. After two courses of treatment, the effect was strengthened to improve the blockage of abdominal channels and collaterals, damp, constipation, and unplug the intestinal tract. Three courses of treatment consolidated the effect and prevented abdominal and gastrointestinal diseases.

Cupping: it can be done once every two weeks in the early stage, once every 20 days after three times. It can be done once a month after one course of treatment, and once a month and a half after two courses of treatment.

Lymphatic Drainage: 180 min, once a week

<p>Vacuum Head Suction: 0.3-1.5</p>	<p>Essential+ Device</p>	<p>1. Remove makeup and clean the face and neck</p> <p>2. Apply a full face toner</p>	 <p>CHEEK</p> <p>Hands on the whole face acupoints: Chengyang, Chiyang, Chiyang, Chiyang, head hair, Yoganing, cheng-eyang, temple, Ching Ming hole, Cuanzhu, jianyu, Tiansu, Shichang, angle of the eye seam, Chengqi, see pic. 3 times</p>
<p>Vacuum Head Release: 0-1.5</p>		<p>3. Points on the whole face of both hands (cheng ya, di cang, da ying, buccal cart, xiaguan, ying xiang, zygomatic liao, temples, jing jing, zan zhu, yu yao, sizhu kong, tong zi liao, cheng qi, si bai,) for three times</p>	 <p>CHEEK</p> <p>*Hands alternately lift the three lines of the face to the underarm. 3 times. *Select the small head of the instrument on the face from the chin and lift it up one line and lift it through the ear to the armpit. 1-2 times.</p>
<p>Vacuum Cup Suction: 0.3-1.5</p>		<p>4. Lift your face three times to your armpits with your hands.</p>	 <p>CHEST</p> <p>Massage cream with both hands. Start pushing from the chest to the neck and press the wind pool Fengfu (this is a soothing action) 3 times.</p>
<p>Vacuum Cup Release: 0-1.5</p>		<p>5. Operate the other side</p>	 <p>ARMPIT</p> <p>First left and right. Four fingers hold the lower jaw line and pull up; then the rear row is discharged to the armpit. 3 times.</p>
<p></p>		<p>6. Neck: pull and smear the zan oil on the chest with both hands to appease the wind chi feng fu hole at the back of the neck, 3 times</p>	 <p>ARMPIT</p> <p>The size of the tiger's mouth is closed by the neck and the lymph is divided into three lines.</p>
<p></p>		<p>7. First left, then right: go through the back of the ear to the armpit with both hands, 3 times</p>	 <p>CHEEK</p> <p>*Hands alternately lift the three lines of the face to the underarm. 3 times. *Select the small head of the instrument on the face from the chin and lift up one line and lift it through the ear to the armpit. 1-2 times.</p>
<p></p>		<p>8 unilateral tiger circular push neck side three lines to the armpit, 3 times</p>	 <p>FOREHEAD</p> <p>Lifting the hairline and the sides on the forehead. 3 times.</p>
<p></p>		<p>9 unilateral kneel points to rub hot cervical side lymphatic platoon to armpit, 3 times</p>	
<p></p>		<p>10. Comfort both hands to the point of "feng chi feng fu", 3 times</p>	
<p></p>		<p>11. Same as the other side</p> <p>12. Select the small head of the instrument and lift it from the chin to the armpit, 1-2 times (according to the customer).</p> <p>13. Slide the appropriate</p>	

instrument up on the forehead and on both sides, 1-2 times (according to customer)

14. The lymphatic detox instrument starts from the mandibular lymphatic and is alternately lifted by hand through the back of the ear to the armpit for 3 times

15. The instrument is arranged in three circles on the side of the neck to the armpit, 3 times

16. Detoxify the internal clavicle to the armpit, 3-5 times

17. Select the appropriate small head to discharge from behind the ear to the armpit, 2-3 times (according to the customer)

18. Same as above on the other side of instrument operation.

19. underarm technique first left and then right: hands in the underarm accumulation of oil, three times

20. Knead gequan acupoint with one palm root for 3-5 times

21. Alternately push the gallbladder through the armpit to the finger, 3 times

22. Push inner clavicle lymph nodes to fingers alternately with both hands, 3 times

23. Push the arm three meridians (lung via pericardium via heart meridian) for three times

24. Drain the entire arm to the fingers, 3 times



ARMPIT

First left and right. Four fingers hold the lower jaw line and pull up. Then the next row is discharged to the armpit. 3 times.



ARMPIT

The size of the tiger's mouth is closed by the neck and the lymph is divided into three lines.



ARMPIT

One hand slips the inner clavicle to the axillary lymphatic discharge. 3 times.



ARMPIT

In the armpit position. Hands alternately alternate as in the fingers. 3 times.



ARMPIT

One hand palm root presses the pole spring point. 3-5 times.



ARMPIT

Push the chest with both hands and push the chest into the armpit to the finger. 3 times.



ARMPIT

Push the lungs alternately with both hands and push. From the human point through the armpit to the finger discharge. 3 times.



ARMPIT

Put your arms up and put one hand and push your mouth to the inside of the arm. 3 pin (lung - pericardium - heart) to your armpit 3 times.

25. Kneel your fingers and warm your arms

26. Knead the root of palm and press gequan acupoint 3-5 times

27. The whole body is pacified until the fingers are discharged, 1 time

28. Instrument operation, first left, then right

29. Push the gallbladder from the chest side to the armpit and soothe it with hands for 3 times

30. Push three meridians from elbow to armpit three times

31. Operate the other side, ibid

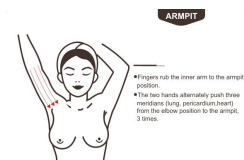
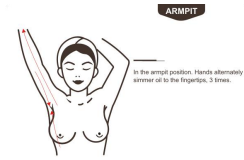
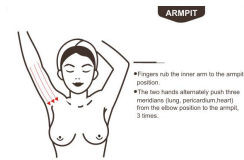
32. Slide the canisters through the liver and gallbladder to the armpits with transparent tubes for 3 times

33. Select the appropriate instrument to walk the cans in the arm position, one to two times (according to the customer's situation).

34. Select the appropriate cupping head in and out of the arm, liver and gallbladder menstruation, fix the cupping for about 5-10 minutes (according to the customer's situation)


35. Inguinal lymphatic drainage technique: first left, then right: both hands in the leg to save oil 3-5 times
Press chong men hole 3-5 times at 36

37. Push four channels and collaterals of legs (spleen, stomach, liver, gallbladder) three times



38. Overall comfort 3 times
 39. Place the groin with both hands 3-5 times
 40. Thumb your groin alternately 3 to 5 times
 41. Twist twist 3 times
 Kneel with your fingers and rub them around the base of your thighs
 43. The instrument pushes four channels and collaterals to the groin to discharge, three times
 44. Circle back and forth in groin position, 3 times
 45. Push groin alternately with hand, 3 times
 46. Push from the middle of thigh to groin, comforting with hand, 3 times
 47. Operate the other side (ibid.)
 48. Walk the tank (line to line) 1-2 times in the thigh position (according to the customer's stress)
 49. Fix pot on legs, thigh, zusanli and sanyin for about 10 minutes
 50. Remove the jar and finish.
 51. The customer lies on his stomach with his left leg: his hands move from the calf to the thigh and back to the heel three times
 52. Push leg bag back to heel 3 times alternately from bottom to top with palms
 53. Alternately push bladder tendon, kidney tendon, liver tendon and gallbladder tendon from bottom to top for 3 times
 54. Push popliteal fossa 3



	<p>times alternately</p> <p>55. Go back and forth 3 times from bottom to top, hand in turn</p> <p>56. Soothe three times</p> <p>57. Kneel with both hands to push bladder tendon, kidney tendon, liver tendon and gallbladder tendon from bottom to top for 3 times</p> <p>58. End of reassurance</p> <p>59. Instrument: the detoxifying instrument shall firstly push the bladder, kidney, liver and gallbladder from the bottom to the popliteal fossa for 2-3 times</p> <p>60. Push four meridians through the popliteal fossa to the thigh root 2-3 times</p> <p>61. The instrument pushes four channels and collaterals from the lower leg to the root of the thigh for three times</p> <p>62. Choose the appropriate cupping head and walk the cupping through four channels and channels on the legs for 1-2 times (according to the customer's situation)</p> <p>63. Fix pot in leg, weizhong point (popliteal socket), big leg point, chengfu point (middle of thigh root), chengshan point (middle of calf), yongquan point (foot center) for about 10 minutes (according to customer's situation)</p>	 <p>LEGS</p> <p>Set the cups in the legs, the center of the cubital artery, the thigh, the Chengfu (middle of the thigh), the Chengshan (middle calf), the Yongquan (foot) for about 10 minutes (according to the customer's situation).</p>
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Suggested Treatment:

Ten times for a period of treatment, once finished after the body relax, blood circulation, accelerate the body after a period of treatment the blood circulation and lymphatic drainage, improve the body in the wall and blain blain, axillary on wall to improve after the two course and lymphatic parts of the nodule to evacuate slowly, the

body's immunity enhancement, strengthen three treatment effect, the whole body lymphatic system is accelerated circularly, enhance physical fitness, prevention of disease.

Body Care on Private Parts: 60 min, once a week








<p>Vacuum Cup Energy Level: 10-50</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Consecutive</p>	<p>Oil for Private Parts+ Device</p>	<ol style="list-style-type: none"> 1. Private parts massage, put the private oil in the palm rub heat, hands tiger mouth alternately push groin first left and then right, 3-5 times 2. Alternate groin strokes from bottom to top, left to right, 3-5 times 3. Rub the acupoints around the labia with both hands for 3 times 4. Transfer your hands from the groin position to the labia, line by line, 3-5 times 5. Alternate groin strokes from bottom to top, 3 to 5 times 6. Transfer your hands from the groin position to the labia, line to line, 3-5 times 7. Instrument operation and selection. In groin fix canister, divide 3 spot fix canister, each can fix 3 minutes 8. Select private instrument, from bottom to top groin first left and then right 3-5 times 9. Draw labia from bottom to top, 3 to 5 times 10. The stimulation will be performed at the perineal point for 3-5 times (3 seconds) 	
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Suggested Treatment:

10 times for a course of treatment, after a course of treatment can feel some compact, after a course of treatment groin and labia part color began to fade, slowly began to compact, three courses of treatment down the private parts began to rosy compact, menstruation began to return

to normal, dysmenorrhea symptoms improve, restore a happy life.

Full Body Detoxification: 180 min, once every 2 weeks

<p>Vacuum Cup Energy Level: 10-50</p> <p>Vacuum Cup Suction: 0.3-1.5</p> <p>Vacuum Cup Release: 0-0.6</p> <p>Vacuum Head Suction: 0.3-1.5</p> <p>Vacuum Head Release: 0-1.5</p> <p>EMS Electrode Pads(abdomen) Energy Level: 2-4</p> <p>Intensity: 100-350</p>	<p>Essential Oil+ Gel+ Device+ EMS Electrode Pads</p>	<ol style="list-style-type: none"> 1. Manipulation: hold the waist of oil bag with both hands to the point of "wind chi wind house" for 3 times 2. Push the vessel and bladder meridian with both hands, 3 times 3. Alternate the tuk vein and bladder meridian with both hands, 3 times 4. The roots of both palms start from the major vertebra and pass through the armpit alternately with the tubal vein and bladder meridian, and pass through the armpit and discharge from the waist side, first left, then right, 3 times 5. Push shoulder blades to armpits with both thumbs, and pass through armpits to fingers after 3 times. 6. Start from da vertebra point alternately and push from the ribs to the waist, and discharge from the waist to the armpits.3 times 7. Alternate hands from hairline through plate to fingers, 3 times 8. Operate the other side. 9. Operation of the instrument: the lymphatic drainage instrument was pushed from the major vertebra to the tail vertebra for 3 times. 10. Push bladder meridian to tail vertebra (first left, then 	 <p>BACK</p>  <p>BACK</p>  <p>BACK</p>  <p>BELLY</p>  <p>BELLY</p>  <p>BACK</p>  <p>BELLY</p>
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right) for 3 times

11. Push shoulder blade to armpit for 3 times

12. Push the instrument to the waist, side by side, 3 times in the direction of the ribs

13. Push the board from the neck, 3 times

14. On the other side of instrument operation,

15. Canister walking: if the moisture in the body is heavy, can walk the canister, the bladder meridian and the vessel back and forth 3 times, the shoulder blade seam back and forth 3 times, the whole back to the ribs 3 times (depending on the customer's stress)

16. Select the appropriate cupping head and move the cupping back and forth between the neck and the plate, 3-5 times

17. Fixing pot: about 5-10 minutes on "ba liao zone" of feiyu acupoints, tianzong acupoint, dazhui jianjing acupoint (according to the customer's stress condition)

18. Take the can and wipe it off with a towel

19. Apply gel or gel over the patch


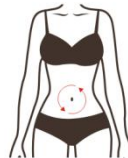
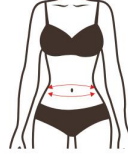
20. Place the MES patch on the back muscles with a bandage for 20-30 minutes


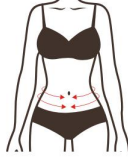


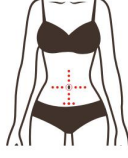


21. Remove the bandage and patch and wipe the operating site clean

End of the 22.

23. Legs: first left, then right: hands from the calf to the



	<p>thigh bag back to heel 3 times</p> <p>24. Push four meridians (bladder tendon, kidney channel, liver channel and gallbladder channel) from bottom to top alternately for 3 times</p> <p>25. Push popliteal fossa alternately with hands, 3 times</p> <p>26. Twist twist from bottom to top, 3 times</p> <p>27. Pacify, 3 times</p> <p>28. Push four channels and collaterals from bottom to top with hands on knees, 3 times</p> <p>29. Pacify, 3 times</p> <p>30. Operation on the other side is the same as above</p> <p>31. Operation of grease head instrument: from the bottom to the popliteal fossa, push bladder, kidney, liver and gallbladder three times successively</p> <p>32. Push four meridians from the popliteal fossa to the thigh root three times</p> <p>33. Cup cupping technique is the same as above</p> <p>34. Operation on the other side is the same as above</p> <p>35. Choose the appropriate cup selection: popliteal socket, big leg and chengshan point (middle of calf) for about 10 minutes</p> <p>36. End of tank collection</p> <p>37. EMS patch operation: apply the gel to the patch and fix the patch on the leg with the bandage for 20-30 minutes</p> <p>38. Remove the tape and</p>	<div data-bbox="1069 212 1348 392">  <p>CHEST</p> <p>推手臂内侧3条经络 (膀胱-心包经-心经) 至腋下</p> </div> <div data-bbox="1069 1366 1300 1556">  <p>BELLY</p> <p>腹部打圈精油</p> </div> <div data-bbox="1069 1624 1300 1814">  <p>BELLY</p> <p>双手来回揉肚子</p> </div>
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	<p>bandage and clean the operating area</p> <p>End of 39.</p> <p>40. Arm: place the arm flat, apply the essential oil on the arm evenly until the fingers are expelled, 3 times</p> <p>41. Push the three meridians on the outside of the arm (sanjiao meridians - large intestine meridians - small intestine meridians) for three times</p> <p>42. Kneel with your fingers and warm your big arms</p> <p>43. Place your arms on your back and apply essential oil to your fingers, 3 times</p> <p>44. Alternately push three internal meridians of arms to armpits (heart meridians - pericardium meridians - lung meridians) with two hands, three times</p> <p>45. Kneel and heat your big arms with your fingers, 3 times</p> <p>46. Select the appropriate grease head operation, adjust the energy, put the arm flat, and push the three channels and collaterals outside the arm successively, 3 times</p> <p>47. Put your arm on your back and push the three internal meridians of your arm to your armpit in turn, 3 times</p> <p>48. Select the appropriate transparent tank operation, adjust the energy, and push the three meridians outside the arm to the armpit successively, 3 times</p> <p>49. Put your arms on your</p>	<div data-bbox="1072 210 1315 398"> <p>BELLY</p>  <p>双手交替以按摩手法揉按腹部脂肪，实按过度</p> </div> <div data-bbox="1072 461 1315 649"> <p>BELLY</p>  <p>双手交替提拉腰部两侧带脉</p> </div> <div data-bbox="1072 712 1315 900"> <p>BELLY</p>  <p>双手划到八字至膝下再从腰侧提上来</p> </div> <div data-bbox="1072 963 1315 1151"> <p>BELLY</p>  <p>双手重叠顺时针打小圈揉肠道</p> </div> <div data-bbox="1072 1214 1315 1402"> <p>BELLY</p>  <p>点穴： 上脘中脘下脘神阙气海关元中极天枢大横腹背</p> </div> <div data-bbox="1072 1464 1315 1653"> <p>BELLY</p>  <p>双手交替从上至下推经络（任脉-旁开2寸胃经-旁开4寸脾经-旁开6寸肺经-旁开8寸肝经-两侧是胆经）</p> </div> <div data-bbox="1072 1715 1315 1904"> <p>BELLY</p>  <p>双手拇指从中间直推至肚脐延两边滑至腋下再提上来推至腋窝</p> </div>
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		<p>back and push the three internal meridians of your arms to your armpits, 3 times</p> <p>50. Place the can on the outside of your arm for 5-10 minutes</p> <p>51. Remove the transparent tank and finish</p> <p>52. Abdomen: make 3 circles of oil with both hands</p> <p>53. Rub your stomach back and forth three times</p> <p>54. Knead abdominal fat three times with alternating hands.</p> <p>55. Alternately lift the veins on both sides of the waist 16 times</p> <p>56. Cross the figure of eight with both hands to the waist and lift it from the waist side to the navel three times</p> <p>57. Overlap hands and rub intestines for 3 times in a small circle</p> <p>58. Make a circular motion with your hands</p> <p>59. Point: in anhui (navel above 6) refers to the position, in anhui (navel 4 above), the anhui (navel 2 above), CV 8 (navel), qi hai (below the belly button 2), guan yuan (below the belly button 3), intermediate (below the navel 4), days pivot (open 2 other navel), large horizontal (open other navel 4), 2 times</p> <p>60. Repeat 3 times with both hands</p> <p>61. Push meridians and collaterals from top to bottom alternately with both hands (ren ma -- open 2 inches of</p>	
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		<p>kidney meridians -- open 4 inches of stomach meridians -- open 6 inches of spleen meridians -- open 8 inches of liver meridians -- open gallbladder meridians on both sides) for 3 times</p> <p>62. Push your thumbs from the center pole to the navel, slide both sides to the waist, and then raise them to the groin, 3 times</p> <p>63. Repeat 3 times with both hands</p> <p>64. Pacify the groin to the end.</p> <p>65. Select the appropriate pot to fix the pot on the abdomen, lower belly (2 finger position on the navel), tianshu (2 finger position on the navel), big horizontal (4 finger position on the navel), guan yuan (4 finger position on the navel), waist side, 5-10 minutes or so (according to the situation of customers)</p> <p>66. Cans are taken.</p> <p>67. EMS operation: apply gel to the patch.</p> <p>68. Apply EMS patch to abdomen with bandage for about 20-30 minutes.</p> <p>69. Remove the bandage and patch and wipe clean the operating area.</p>	
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Suggested Treatment:

6 times for a period of treatment, once finished body relax, there will be a phenomenon of sha, will gradually disappear in about 3 to 5 days, if the sha serious operation once a month, a slight sha can do a 2 weeks, after a period of treatment, the body metabolism, improve constipation, improve the body in the wall, two improved muscle stiffness and soreness after treatment, the body's local blockage and sedimentation will get dredge and metabolism, after three course, good sleep quality, complexion is ruddy, healthy body, the enhanced physique.

