

Concise Therapeutic Guidance Manual

MS-98B1



Preface

Dear Users:

Welcome to use our seven-in-one cosmetic instrument which mainly focuses on slimming, compacting, lifting and anti-aging. It is a multi-functional instrument, having a great effect for facial and eye tightening, wrinkle removing and body shaping. Through using high-tech technology achieving beauty and skin-care effect, safe and effective. RF and Ultrasound Cosmetic Apparatus is a professional anti-aging cosmetic instrument, which requires professional trained operators to operate. If it is not used correctly, it may cause adverse consequences to the human body. Therefore, we hope that before operating this instrument, the operators will first read this manual in detail and strictly comply with it.

We believe that our high quality products will bring you good profits, and our perfect after-sales service will make you worry no more.

Thank you!

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Part 1

Brief introduction

At present, radio frequency and ultrasonic instruments are the most popular apparatus for beauty, compacting, shaping and anti-aging . They can effectively replace all facial and physical care items in salons. It is very simple and convenient to operate. Moreover, it can solve the skin and body management problems of the beauty lovers as soon as possible. This instrument requires no injection, no medication, no operation, thus having no side effects. The whole process is working on the external skin and will have an immediate effect. Radio frequency instrument can heat up deep skin , stimulate collagen proliferation and reorganization in dermis, accelerate blood circulation in the bottom of skin, thus achieves having a full and compact skin while anti-aging and preventing of aging. At the same time, cold hammer can relieve skin, shrink pore, and achieve all-round skin care.

Advantages

1. Seven-in-one multifunctional cosmetology instrument to solve facial and systemic nursing problem
2. Removing fat in Ultrasound explosion rather than surgical liposuction, has brought good news for obese people
3. Various operation heads can be replaced according to different parts and requirements
4. The perfect combination of ultrasound and radio frequency can solve the problem of losing weight, tighten the skin while losing weight, increase the elasticity of the skin, make the body metabolize quickly, and enhance the healthy constitution
5. Use the world's cutting-edge technology of high-intensity sonic explosion
6. Suitable for all skin, and can improve skin quality and relieve skin
7. In the process of nursing, it is comfortable, painless, and non-invasive. It does not need recovery periods. And it will not affect your normal working and your normal life
8. No consumption, low cost and quick return
9. The treatment range is wider and the effect is rapid and remarkable.
10. It will not cause uneven phenomenon. No bleed and swelling and stasis phenomenon
11. Ultrasound, negative pressure and radio frequency all have the energy release of red light respectively. They can dissolve fat and massage while at the same time accelerating metabolism, and sterilizing skin. The effect is remarkable and is more comfortable.

Working principles and treatment

1. Anti-aging on face

1.1 Principles

Radio frequency

Multipolar circulating radio frequency instrument can change the electric field electrodes of biological tissues in the treated area millions of times in a second. In the rapid change of electrodes, the same frequency is used to change the direction. Dermal tissue naturally resists the radio frequency current and generates heat energy, which stimulates the dermis to secrete more new collagen and fills in the empty space of collagen. Thus again lift the skin bracket and restore skin elasticity.

In the course of multipolar radio frequency therapy, the polarity of the radiation electrodes will change continuously and in series, resulting in more intensive radio frequency energy release, which will increase the temperature of the skin bottom, rapidly and continuously heat the tissue and promote the growth of collagen in the skin, so that the therapeutic effect can be more remarkable in a short time, and the treatment is relatively intense and the broad is wider.

Biological effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, make the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45^{\circ}\text{C}\sim 60^{\circ}\text{C}$, it will shrink immediately and stimulate the collagen to continue. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Bipolar bio

The combination of micro-current and inductive current has a strong cosmetic effect.

The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc. And remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, can reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates energy ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin, fade wrinkles and shrink pores for customers in the shortest time. BIO makes facial muscles tight and delicate, and make complexion ruddy, which is more effective to relax skin, so as to achieve the goal of shaping a beautiful face.

1.2 Effects

1. Compact face, give nutrition to deep skin
2. Weaken pigments, spots and whiten skin
3. Increase skin elasticity and delicate skin
4. Moisturize skin and increase skin absorption rate
5. Accelerate blood circulation and metabolism
6. Alleviate bilateral chin and skin relaxation
7. Stimulate collagen proliferation and delay aging

1.3 Applicable range

1. Those with facial dullness
2. Those with skin relaxation and sagging
3. Those with Nasolabial fold, wrinkles, dark circles, bags, fine lines around the eyes
4. Those with not clear facial contour
5. Those with rough skin, thick pore, and exuberant grease secretion
6. Those for long-term office, facing the ultraviolet
7. Those with lax skin, edema or obesity after birth
8. Those with sensitive skins, acne or skin redness, allergy

1.4 Taboos crowds

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those with recent injection products, such as hyaluronic acid, water, wrinkle

removal, or plastic surgery

3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
4. Those during the allergic period, or people with highly-allergic skin or allergic to metals
5. Those with skin trauma or wound
6. Those who are overaging
7. Those in menstruation, pregnancy, lactation, surgical recovery
8. Those with skin diseases and infectious diseases
9. Those who are unrealistic about the effects

1.5 Cautions after treatment

1. Do not wash your face with overheated water in three days (warm or cold water can be used)
2. Strengthen moisturizing and sunscreen
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. in three days
4. Three times facial masks at least one a week
5. Spicy, greasy food should be avoided, staying up late, smoking and drinking should be avoided, vegetables and fruits, light food are encouraged
6. Avoid food in three high (high blood pressure, high cholesterol and high blood sugar), light food is encouraged

2. Facial compact and lift

2.1 Principles

Radio frequency

Multipolar circulating radio frequency instrument can change the electric field electrodes of biological tissues in the treated area millions of times in a second. In the rapid change of electrodes, the same frequency is used to change the direction. Dermal tissue naturally resists the radio frequency current and generates heat energy, which stimulates the dermis to secrete more new collagen and fills in the empty space of collagen. Thus again lift the skin bracket and restore skin elasticity.

In the course of multipolar radio frequency therapy, the polarity of the radiation electrodes will change continuously and in series, resulting in more intensive radio frequency energy release, which will increase the temperature of the skin bottom, rapidly and continuously heat the tissue and promote the growth of collagen in the skin, so that the therapeutic effect can be more remarkable in a short time, and the treatment is relatively intense and the broad is wider.

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Facial ultrasound

Ultrasound Beauty Apparatus is based on the principle of high-frequency vibration, which includes mechanical, chemical and thermal effects. It penetrates into

subcutaneous tissue 4-6 mm with 28,000 HZ/s high-frequency vibration wave strength. Ultrasound has high energy and permeability, which can drive facial cells to vibrate. It can not only export pore oil, but also change the volume of cells so as to improve blood circulation, stimulate cell regeneration and make skin glossy and elastic. Secondly, it has the function of quickly introducing cosmetic nutrients into the skin, which can make the skin better absorb the nutrients in skin care products.

2.2 Effects

1. Tighten face, brighten the overall skin color
2. Give nutrition to deep skin and moisturize skin
3. Increase skin elasticity and delicate skin
4. Regulate water-oil imbalance and promote nutrients' absorption
5. Accelerate blood circulation and metabolism
6. Reduce bilateral chin and skin relaxation
7. Stimulate collagen proliferation and delay aging

2.3 Applicable range

1. Those with flabby and inelastic skin
2. Those with dry skin, fine lines and dark complexion
3. Those with large, rough pore and exuberant lipid secretion
4. Those with poor absorption and metabolism
5. Those with a fat face

2.4 Taboos crowds

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those with recent injection products, such as hyaluronic acid, water, wrinkle removal, or plastic surgery
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
4. Those during the allergic period, or people with highly-allergic skin or allergic to metals
5. Those with skin trauma or wound
6. Those who are overaging
7. Those in menstruation, pregnancy, lactation, surgical recovery
8. Those with skin diseases and infectious diseases
9. Those who are unrealistic about the effects

2.5 Cautions after treatment

1. Do not wash your face with overheated water in three days (warm or cold water can be used)
2. Strengthen moisturizing and sunscreen
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. in three days
4. Three times facial masks at least one a week
5. Spicy, greasy food should be avoided, staying up late, smoking and drinking should be avoided, vegetables and fruits, light food are encouraged
6. Avoid food in three high (high blood pressure, high cholesterol and high blood sugar), light food is encouraged.

3. Facial anti-allergy and repair

3.1 Principles

Cold hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological effects: The use of refrigeration and heating on the skin for the corresponding efficacy. While in the refrigeration, tissue temperature cools, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic skin, such as redness, swelling, pain. Therefore calm the skin, reduce redness and swelling, shrink pores and have other effects. While in the heating, it can heat tissue, temperature raises, blood circulation adjusts, metabolism accelerates and product absorption becomes quicker.

3.2 Effects

1. Improve symptoms such as facial redness, acne, allergy
2. Calm and soothe the skin, reduce skin problems
3. Fine pores, improve bloodshot capillary
4. Tighten and enhance skin elasticity
5. Solve the problem such as skin sagging and wrinkle
6. Help deep skin absorb nutrients, while lock them and delicate skin
7. Strengthen skin resistance and repair fragile muscle

3.3 Applicable range

1. Those with sensitive muscles, acne muscles, skin redness and allergy
2. Those with flabby and inelastic skin
3. Those with dry skin, fine lines, dark complexion
4. A person with large, rough pores and strong lipid secretion.

3.4 Taboos crowds

1. Those who are suffering from severe allergy (already suffering from red rash) or metal allergy
2. Those who has just been done invasive plastic surgery , and the wound has not healed.
3. Those with dermatosis and infectious diseases
4. Those who are unrealistic illusionists about the effects

3.5 Cautions after treatment

1. Do not wash your face with overheated water in three days (warm or cold water can be used)
2. Strengthen moisturizing and sunscreen
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. in three days
4. Three times facial masks at least one a week
5. Spicy, greasy food should be avoided, staying up late, smoking and drinking should be avoided, vegetables and fruits, light food are encouraged
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4. Anti-aging around eyes

4.1 Principles

Radio frequency

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Biological effect

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ruddy, which is more effective to relax skin, so as to achieve the goal of shaping a beautiful face.

4.2 Effects

1. Relieve eye fatigue, dark circles, bags and edema
2. Reduce lines around eyes or crow's feet
3. Lighten coloring pigments and accelerate blood circulation
4. Accelerate metabolism and prevent pigmentation
5. Supplement nutrition to the eyes and moisturize skin
6. Tighten and delicate skin, lift the corners of the eyes
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently

4.3 Applicable range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes
2. Those with dry skin, dry lines and false wrinkles
3. Those with eyes easy to fatigue or dry
4. Those frequently face computer screens and mobile phones
5. Those who often stay up late and have dark circles
6. Those often in a dry or hot environment.

4.4 Taboos crowds

1. Those who have just undergone plastic surgery
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those in allergic period, with severely sensitive skin or who are metal allergists
4. Those with skin trauma or wound
5. Those who are overaging
6. Those who are pregnant or convalescents
7. Those with dermatosis and infectious diseases

4.5 Cautions after treatment

1. Sun exposure is avoided, sun protection is encouraged
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged
3. Within 1-3 days after operation, it is better not to use alcohol, fruit acid and grinding paste
4. Avoid facial washing with overheated water, sauna steaming, hot springs or

strenuous exercise within 7 days after operation

5. Moisturizing and eye mask are encouraged, at least 3 times eye masks a week

5. Anti-aging on neck

5.1 Principles

Radio frequency instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF radio frequency wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. after 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin elevate and tighten.

Biological effect

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5.2 Effects

1. Reduce fine lines and wrinkles on the neck
2. Improve the flabbiness, roughness and dullness of the neck skin
3. Tighten skin and increase skin elasticity
4. Remove double chin
5. Accelerate lymphatic detoxification and improve facial skin
6. Prevent cervical and lymphatic diseases

5.3 Applicable range

1. Those with fine lines and wrinkles on the neck
2. Those with neck skin is flabby and inelastic
3. Those with dark skin
4. Those who often bow one's head

5.4 Taboos crowds

1. Those who have just undergone plastic surgery
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those in allergic period or with severely sensitive skin
4. Those with skin trauma or wound
5. Those who are overaging
6. Those who are pregnant or convalescents
7. Those with dermatosis and infectious diseases

5.5 Cautions after treatment

1. Sunscreen and keep the neck warm is encouraged
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged
3. Within 1-3 days after operation, it is better not to use alcohol, fruit acid and grinding paste
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week, essence or neck cream is encouraged
6. Long time head down is avoided

6. Shaping on waist and abdomen

6.1 Principles

Ultrasonic wave

Using the sound wave with a frequency of 40 000 HZ emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of megapascals to hundreds of megapascals, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue .

Radio frequency negative pressure

Radio frequency releases energy, acting directly on the dermis through the skin epidermis, heating directly from the inside of the human body. The heat energy reaches 40-60 degrees. Through the biothermal effect, the blood circulation and lymphatic circulation in the uterus are enhanced, and metabolism of adipose tissue is fast. Thus, the uterus can be regulated, the discharge of menstruation is increased, and will do something good for the cold comb.

Skin layer

The absorption and discharge of air pressure

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) draining lymph glands and veins

Effects: redundant water is discharged from tissue fibers.

Vascular layer

The absorption and discharge of air pressure

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins

Fibrous layer

The absorption and discharge of air pressure

(1) Repair cell tissue, increase its activity and elasticity

(2) Stimulate the production of bone collagen and improve skin plumpness

(3) Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of shaping

6.2 Effects

1. Relieve women's cold hands and cold feet, cold womb or cold body
2. Tighten the skin on the waist and abdomen
3. Reduce lumbar and abdominal fat
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis

6.3 Applicable range

1. Those with cold hands and cold feet and cold womb
2. Those with lumbar and abdominal fat or who have sagging skin after being burn
3. Those sitting for a long time, or with bad waist lines
4. Those with obesity striae and gestational striae
5. Those with constipation or obstruction of abdominal meridians

6.4 Taboos crowds

1. Those with Three Highs or who have heart disease
2. Those in pregnancy, menstruation or lactation
3. Those who have just undergone surgical wounds
4. Those with epilepsy and severe diabetes and hyperthyroidism
5. Those with malignant tumors, hemophilia or severe bleeding
6. Those with skin diseases and infectious diseases
7. Those with severe gynecological diseases
8. Those whose gynecological diseases are being treated

6.5 Cautions after treatment

1. Keep warm
2. Eat normal, no spicy and greasy food, no alcohol, staying up late should be avoided.
Drink warm water
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism

7. Shaping on breasts

7.1 Principle

Radio frequency

Radio frequency heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breast, which not only prevents lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

7.2 Effects

1. Adjust chest type and reduce accessory breast
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain
3. Reduce chest expansion
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage

7.3 Applicable range

1. Those with bad breast shape and accessory breasts
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation
3. Those with extended chest fat extended
4. Those with low immunity
5. Those with irregular menstruation and facial spots or whose skin is inelastic
6. Those with improperly developed mammary glands

7.4 Taboos crowds

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs
3. Those with infectious lesions on the chest skin
4. Patients with severe thoracic proliferative or fibroma or cyst
5. Those in pregnancy and lactation

7.5 Cautions after treatment

1. Keep warm
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours

8. Shaping on the body

8.1 Principles

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Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue .

Negative pressure filament

Massage of skin and muscle by special negative pressure suction head can effectively improve the body fluid fluidity of human cells, increase the movement of cells to achieve the effect of activating cells to improve skin elasticity, accelerate the blood circulation of micro-vessels, and expel excess toxins from the body through the normal circulation of the lymphatic system. Reduce and improve the body parts of the stains and pigments, congestion and other adverse conditions of the formation of the probability. The kneading effect produced by vacuum liposuction can increase the tissue activity of skin and muscle, thus helping to reduce the stiffness of honeycomb tissue, increase the elasticity of skin tissue, and make the body thin and simultaneously. In addition, vacuum negative pressure movement can also stimulate the sympathetic nervous system on the surface and deep layer, improve skin sensitivity. The process of air pressure absorption can not only improve the capillary system, but also improve the network flow between deep veins and lymph glands, strengthen blood vessels and improve varicosity.

Advantages: Breaking through the simple negative pressure working mode in the past, using different modes for different parts, which can be more efficient and more effective. Slim body and absolutely will not harm the human body. Unique RF functional head design, with relatively independent and complementary metabolic system of RF and negative pressure, which can be more effective, faster and work more well than the ordinary single-stage RF .

Physical effect of negative pressure

Skin layer

The absorption and discharge of air pressure

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) draining lymph glands and veins

Effects: Redundant water is discharged from tissue fibers.

Vascular layer

The absorption and discharge of air pressure

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, relieve varicose veins

Vascular layer

The absorption and discharge of air pressure

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, relieve varicose veins

Nerve layer

The absorption and discharge of air pressure stimulates the surface and deep layers of the sympathetic nervous system.

Improve skin sensitivity.

Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

9. Shaping on the arms

9.1 Effects

1. Stimulate the proliferation of collagen at the bottom of the skin, which comes to the effects of shaping and tightening.
2. Improve flabby skin
3. Reduce thick arms
4. Relieve sag skin
5. Tighten skin
6. Accelerate blood circulation and dredge channels and collaterals

9.2 Applicable range

1. Those with big arms
2. Those with sagging skin on arms
3. Those who are prone to feel pain and numbness in their arms

9.3 Taboos crowds

1. Those who have just undergone plastic surgery

2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those during allergic period or with severely sensitive skin
4. Those with skin trauma or wound
5. Those with Overaging
6. Those in Pregnancy or who are convalescents
7. Those with dermatosis or infectious diseases

9.4 Cautions after treatment

1. Keep warm after operation. Don't eat cold food. Avoid getting cold.
Take a bath after 4-6 hours
3. Drink plenty of warm water
4. Refuse to overeat and stay up late
5. Avoid steam sauna, hot springs or strenuous exercise within one week after operation

10. Shaping on the back

10. 1 Effects

1. Relieve shoulder and back pain and improve rich and luxurious bags
2. Dredge channels and collaterals
3. Accelerate blood circulation and metabolism
4. Improve the function of blood supply to the head and improve sleeping
5. Regulate the function of Viscera and enhancing physical fitness
6. Tighten skin and prevent skin from loosening and softening
7. Improve back redundancy, good for shaping back

10.2 Applicable range

1. Those with pain shoulder and pain back and stiff neck
2. Those with insomnia and memory loss
3. Those who are prone to fatigue, sleepiness and poor circulation of Qi and blood
4. Those with thick back
5. Those with rich and luxurious bags

10.3 Taboos crowds

1. Those with metal implants, such as stents, pacemakers or who are allergic to metal.
2. Those during pregnancy, menstruation and lactation
3. Those with healing surgical wounds or who is in recovery
4. Those with three highs, heart disease, epilepsy and severe diabetes mellitus and hyperthyroidism
5. Those with malignant tumors, hemophilia or severe bleeding
6. Those with skin diseases and infectious diseases
7. Those who are too weak
8. Those who drink alcohol, with a full or empty stomach, or who is thirsty, overwork

10.4 Cautions after treatment

1. Keep warm, and drink more hot water.
2. Take a bath after 4-6 hours after operation
3. Avoid staying up late, drinking, overeating
4. Avoid eating cold and spicy food and keep adequate sleep
5. Avoid wearing open-shouldered and open-backed clothes

11. Shaping on the hip

The buttock is located in the middle of the human body. It is the key hub for the operation of Qi and blood in the meridians. It is the general switch of the six meridians. It is also the bridge connecting the operation of burning gas and blood in the human body and the operation of the lower burning gas and blood in the human body. It is an important factor for the S-curve figure management, which increases women's charm.

11.1 Effects

1. Improve blood circulation and accelerate metabolism
2. Relieve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases
3. Improve sleep quality, improve female sexual function and tighten vagina
4. Warm nest, stimulate gland secretion and increase couple's affection
5. Bring you a ruddy face and help spots fade and bring you a youthful state
6. Help button shape, improve buttock droop and expansion, tighten skin, increase elasticity

11.2 Applicable range

1. Those with a sagging buttock
2. Those with obesity stria and pregnancy stria

3. Those with bad hip shape- flat, soft or outspread
4. Those with cold buttocks, or buttocks in low temperature
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other issues
6. Those with low level estrogen or the sexual life is not satisfactory

11.3 Taboos crowds

1. Those in menstrual period, pregnancy, lactation or during surgical recovery
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those with dermatosis, Infectious Diseases or skin is in sensitivity period
4. Those with wounds or is in recovery period of operation
5. Those during allergic period or with severely sensitive skin
6. Those who have just had liposuction
7. Those who are overaging population

11.4 Cautions after treatment

1. Keep your hips warm and avoid wearing short skirts and shorts.
2. Take a bath 4-6 hours later after operation
3. Drink more hot water and avoid getting cold.
4. Avoid staying up late, drinking alcohol, overeating
5. Avoid eating cold and spicy food and keep adequate sleep
6. Avoid steam sauna, hot spring or strenuous exercise within 7 days after operation

12. Shaping on the legs

12.1 Effects

1. Tighten skin and prevent skin relaxation
2. Stimulate collagen regeneration and smoothing obesity stria
3. Increase leg circulation and detoxification metabolism
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins
5. Reduce redundant meat around the legs and shake off the thighs

12.2 Applicable range

1. Those with poor circulation of lower limbs, edema and obesity
2. Those with low immunity, discomfort and pain along the body and who are prone to get cold
3. Those with rough and flabby skin or with constipation
4. Those with blocked leg meridians or poor leg shape

12.3 Taboos crowds

1. Those in menstrual period or in pregnancy and lactation
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those with dermatosis, infectious diseases or whose skin is in sensitivity period
4. Those with wounds or someone is in the recovery period of operation
5. Those with severe varicose veins and tumors
6. Those who are during allergic period or with severely sensitive skin
7. Those who have just had liposuction
8. Those who are overaging population
9. Those who are pregnant women and convalescents

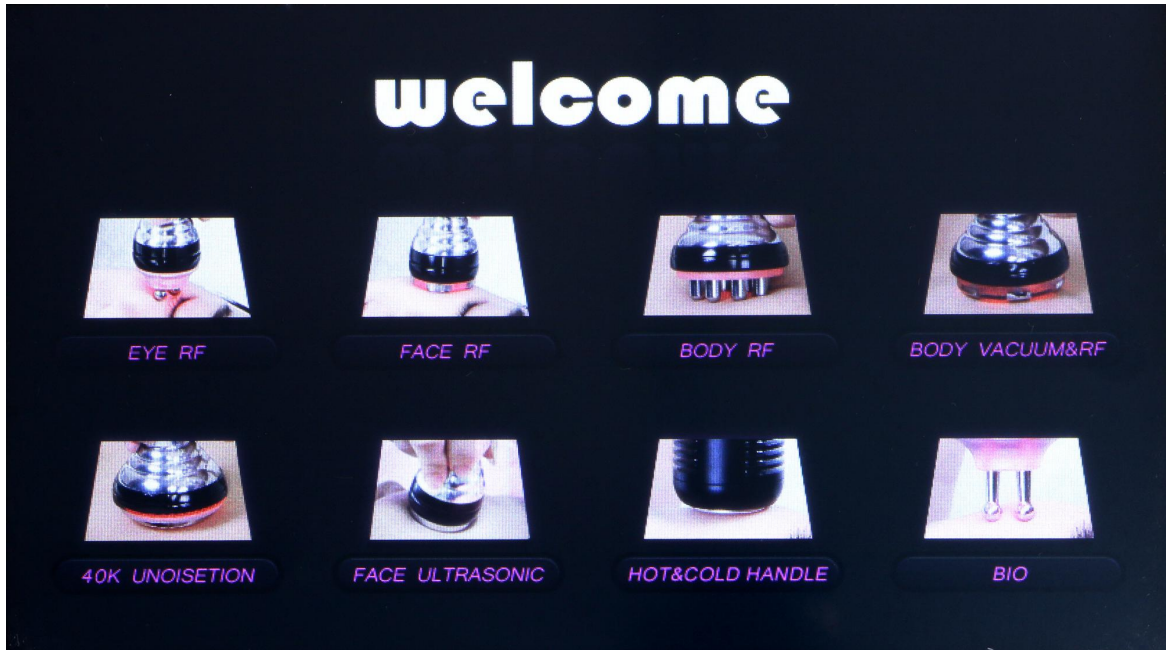
12.4 Cautions after treatment

1. Keep warm after operation. Don't eat cold food. Avoid getting cold.
Take a bath after 4-6 hours
3. Drink warm water and accelerate metabolism
4. Refuse to overeat and stay up late
5. Avoid steam sauna, hot spring or strenuous exercise within 7 days after operation
6. After operation, try to wear pants and avoid wearing miniskirts and mini shorts.

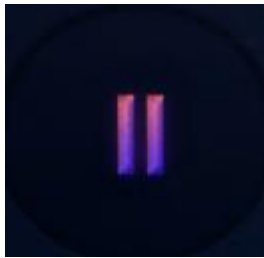
Part 2

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection



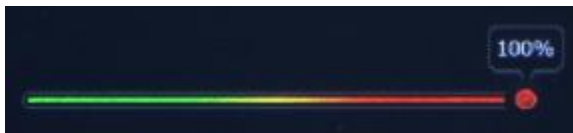
Start/Pause



Home



Restore



Ultrasound

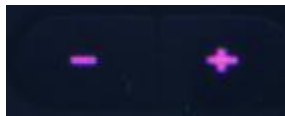
Energy Level: Cold hammer, BIO,



Energy Level: RF



Time Adjustment



Energy Level: decrease & increase



Red LED Display

1.2 Detailed Operation: Body Vacuum&RF



Select to go to the interface below



NOR PRO RF Mode Selection

NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device.

PRO is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin.

VACUUM SUCTION TIME 0.0 Vacuum Suction Time Adjustment: Select suction time subjecting to your comfort level. It is advised to start from the minimal number and add up slowly.

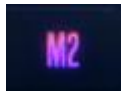
VACUUM RELEASE TIME 0.0 Vacuum Release Time Adjustment: Select release time subjecting to your comfort level. (Release time refers to the interval period between suction and release. 0 means direct suction.)



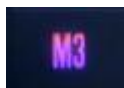
Vacuum Mode



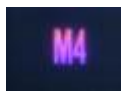
M1: Direct Suction Mode (suction mode is on after turning on the device)



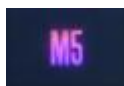
M2: Intermittent mode (with the relatively fast interval rate)



M3: Slow Intermittent Mode (with slow interval rate)



M4: Slower Intermittent Mode (with slower interval rate)



M5: Slowest Intermittent Mode (with the slowest interval rate)

1.3 Detailed Operation: Body RF



Select

to go to the interface below



RF Mode Selection



is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device.

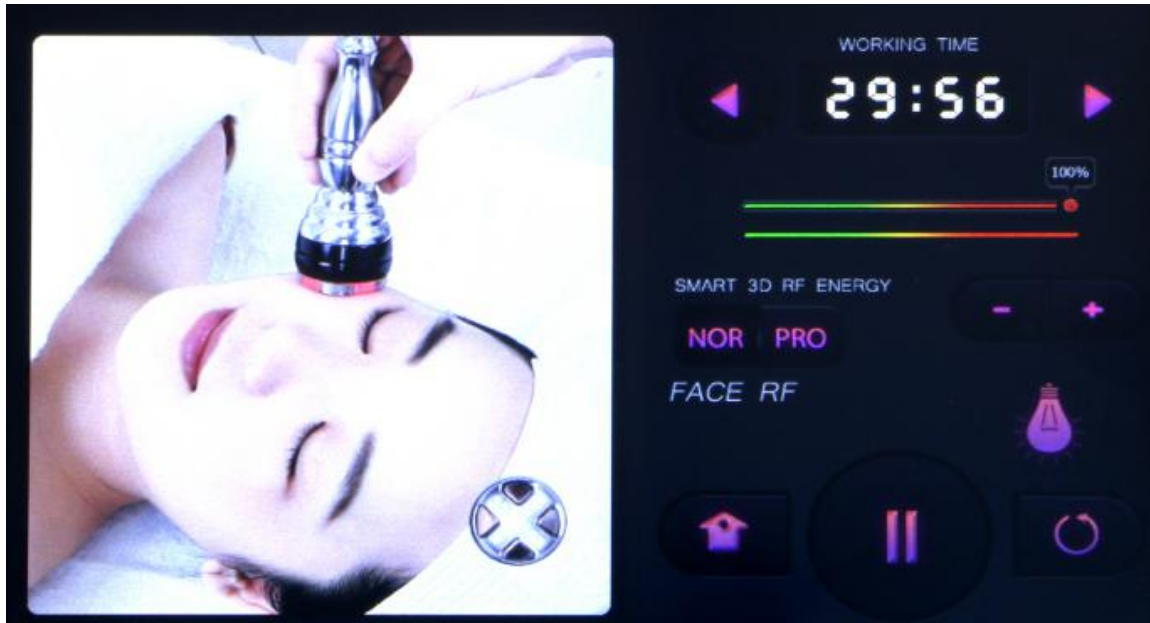


is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin.

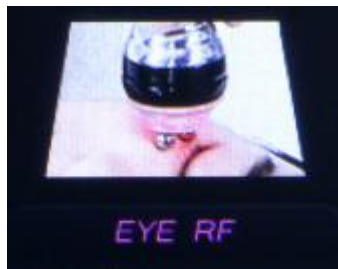
1.4 Detailed Operation: Face RF



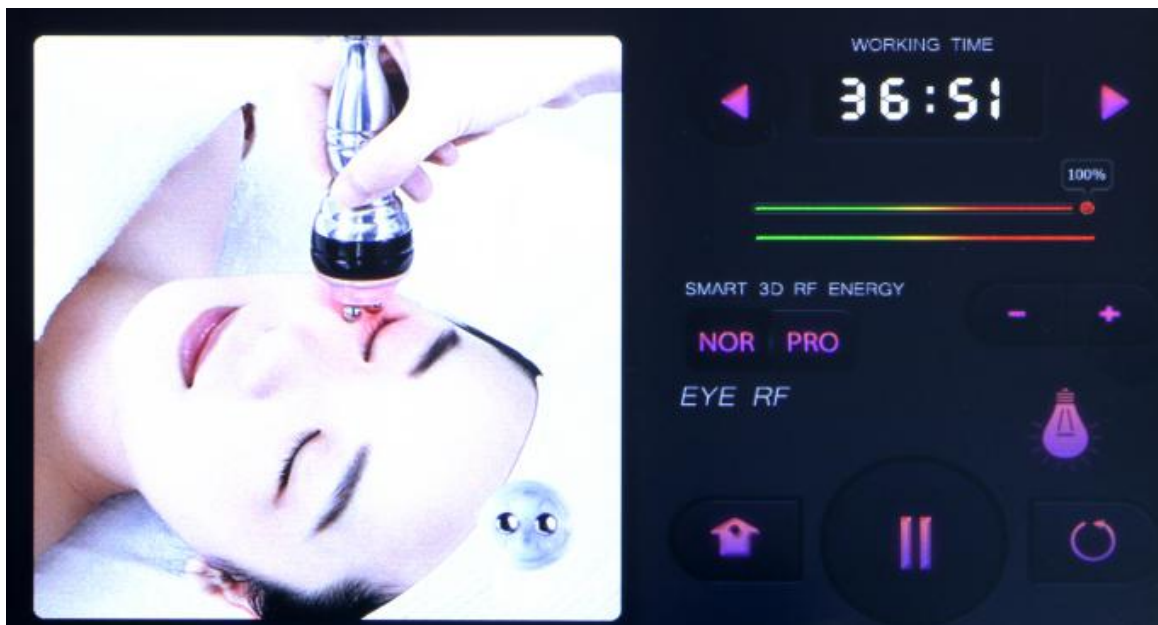
Select to go to the interface below



1.5 Detailed Operation: Eye RF



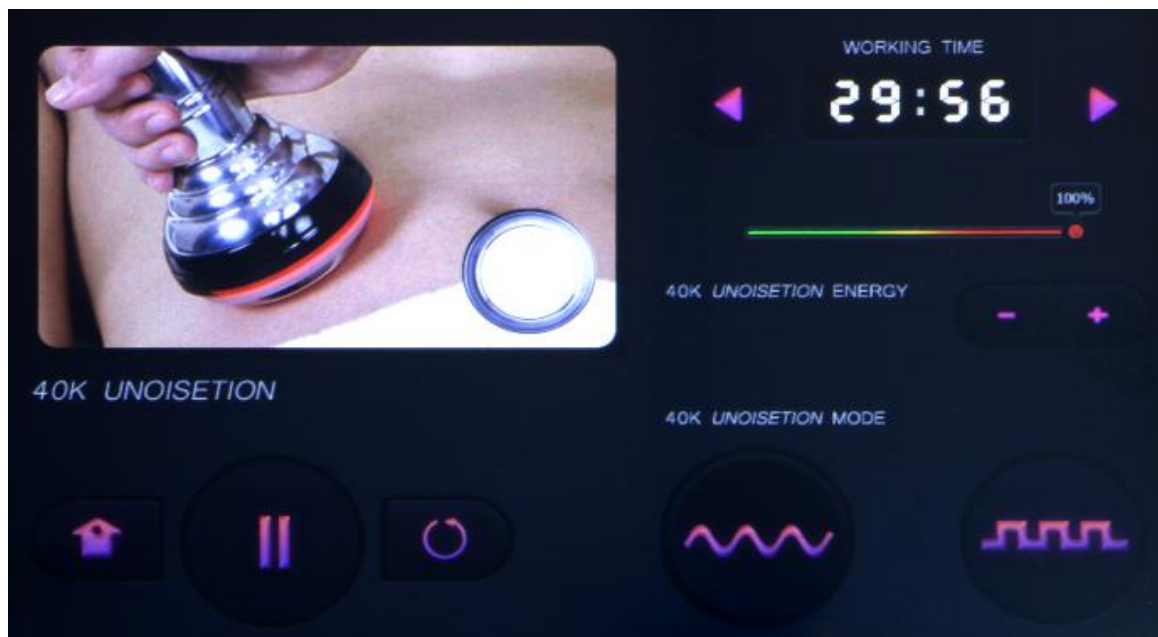
Select  to go to the interface below



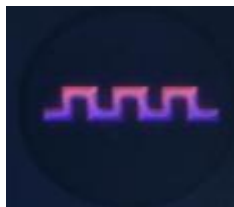
1.6 Detailed Operation: 40K Unoisetion



Select to go to the interface below



40K Consecutive Mode(suitable for those who wish for a powerful result, and those with well-proportioned fat.)

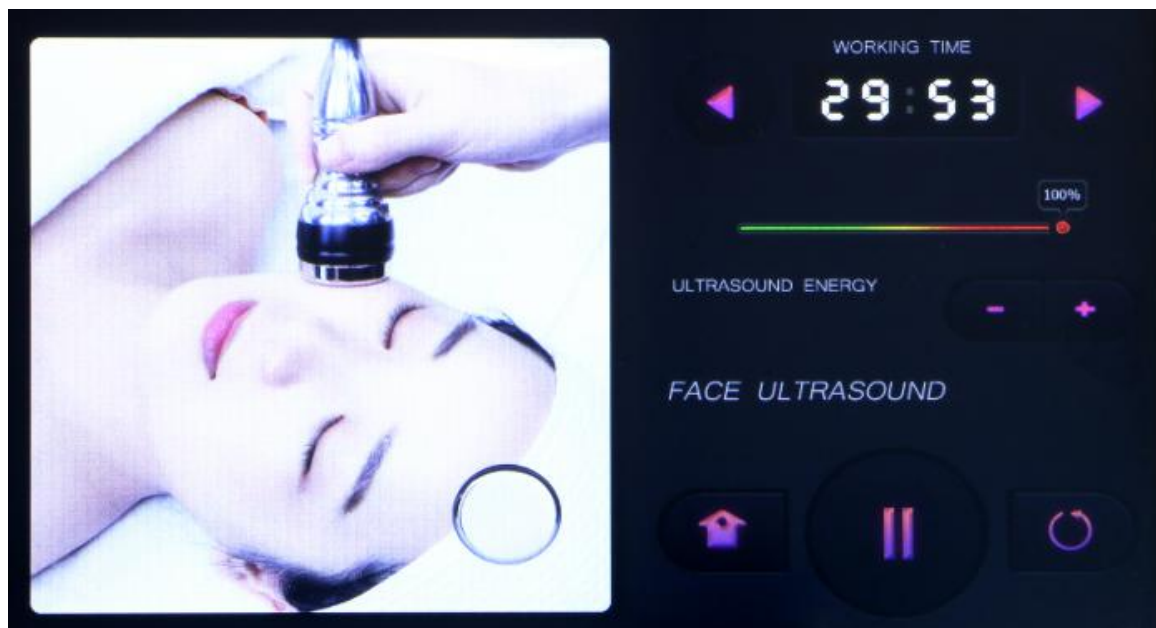


40K Intermittent Mode(suitable for those with thick layers of fat and have the urgency to lose weight.)

1.7 Detailed Operation: Face Ultrasound



Select to go to the interface below



1.8 Detailed Operation: Hot&Cold Hammer



Select to go to the interface below



Modes of Hot & Cold Hammer



Hot Mode(open up pores, heat up skin and lead-in nutrition.)

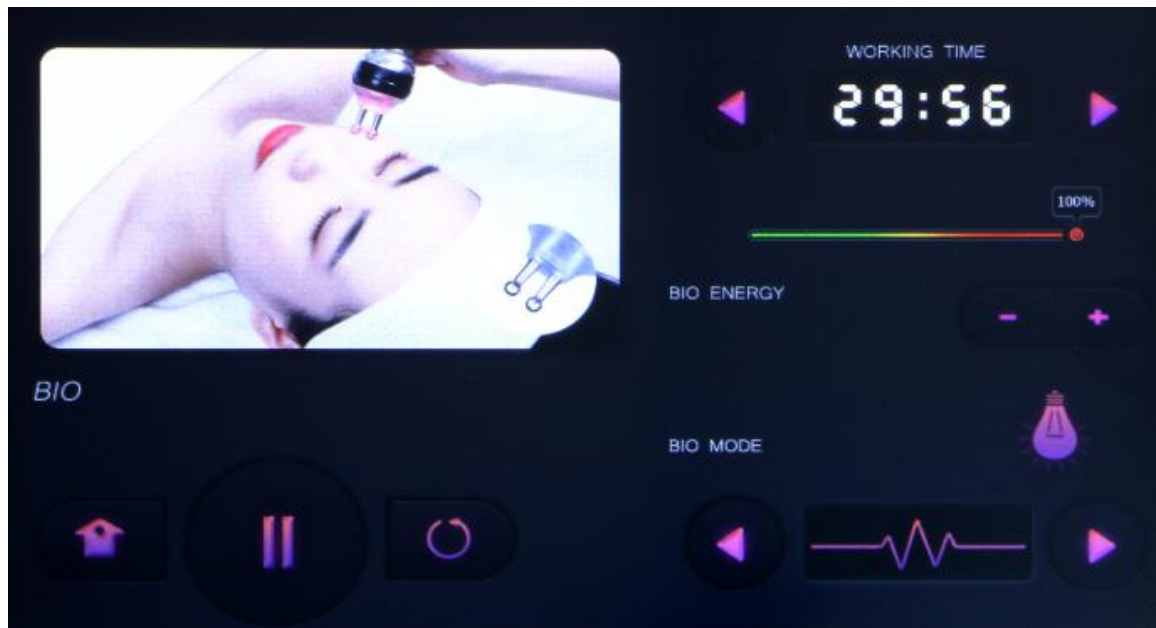


Cold Mode(shrink pores,calm skin and repair sensitive skin)

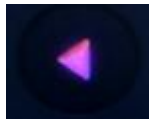
1.9 Detailed Operation: BIO



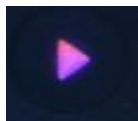
Select to go to the interface below



BIO Modes



Left: BIO Modes Selection



Right: BIO Modes Selection

2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handlepiece

Treatment Area: Body
 Measure of Treatment Area: 38cm²
 Frequency: 40KHz
 Max. Output Power: 25W
 Wavelength of Red Photon
 LED:650nm Red light

Sextupole Vacuum&Smar 3D RF Handlepiece

Treatment Area: Body
 Measure of Treatment Area: 50cm²
 Max. Output Power: 60W
 Frequency: 1MHz

Depth of RF: 9mm
Depth of Pressure: 24.5mm
Max. Output of Pressure: -80KPa
Wavelength of Red Photon
LED:650nm Red light

Sextupole Smart 3D RF Handlepiece

Treatment Area: Body
Measure of Treatment Area: 30cm²
Max. Output Power: 50W
Frequency: 1MHz
Depth of RF: 3.7mm
Wavelength of Red Photon
LED:650nm Red light

Quadrupolar Smart 3D RF Handlepiece

Treatment Area: Facial
Measure of Treatment Area: 9.6cm²
Max. Output Power: 20W
Frequency: 1MHz
Depth of RF: 3.5mm
Wavelength of Red Photon
LED:650nm Red light

Bipolar Smart 3D RF Handlepiece

Treatment Area: Eye
Measure of Treatment Area: 4cm²
Max. Output Power: 10W
Frequency: 1MHz
Depth of RF: 2.2mm
Wavelength of Red Photon
LED:650nm Red light

BIO/micro current Handlepiece

Treatment Area: Face/eye

Effect Y-shaped micro current massage

Microcurrent frequency: 62.5KHz
Max. Output Power: 12W
Wavelength of Red Photon
LED:650nm Red light

Cold&Hot Handle Handlepiece

Treatment Area: Unlimited

Measure of Treatment Area: 6cm²

Output Power: Air cooled

Maximum temperature: 43°C

lowest temperature: -5°C

Ultrasound Handle for Face Handlepiece

Treatment Area: Facial

Measure of Treatment Area: 12.5cm²

Ultrasonic frequency: 1MHz

Max. Output Power: 12W

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.

6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Start from the lowest energy level and slowly add up.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on

the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

4. No suction or very little suction?

A. Please close the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot be handled, please contact the instrument dealer for assistance.

5. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be

operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6.Q: Will I experience rebound after operation?

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8.Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9.Q: Can RF instrument be used for chest shaping?

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

11.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

12.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

13.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

14. Q: Why do you need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily , and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!
The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15.Q: Why do you need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.
If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.


16.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.

7. Packing List

- 1 x Main machine
- 1 x 40K Unoisetion Cavitation 2.0 Handle
- 1 x Sextupolar 3D SMART RF Handle
- 1 x Quadrupole 3D SMART RF Handle
- 1 x Bipolar 3D SMART RF Handle
- 1 x Vacuum and Bipolar RF Handle
- 1 x Bio/ Microcurrent Handle
- 1 x Ultrasound Handle for Face
- 1 x Cold and Hot Handle
- 1 x Holder for handles
- 1 x Power line
- 1 x Vacuum Filter
- 1 x Cotton filter
- 1 x Fuse
- 6 x White Seal Ring
- 2 x Black rubber band

1. Operational Diagrams




Parameter Adjustment	Product	Techniques	Diagrams
Anti-aging: 60 min, once/week			
RF Face Energy: 30%-80% BIO Energy: 30%-80% Mode: Intermittent	Makeup remover oil+ Face wash+ Hydrating facial mask+ Essence+ Device+ Facial mask	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 2 min. 3. Apply hydrating facial mask, 10 min. 4. Wash or wipe face clean, 2 min. 5. Apply (whitening/hydrating/anti-aging) essence evenly on face, 1 min. 6. RF Operation: place the probe on jawline, and brace the skin back and forth (use more strength when moving upwards and move gently downwards), lift in lines with one line next to another, 5 min. 7. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times. 8. Do the same on the other 	

		<p>side, 8 min.</p> <p>9. Forehead operation: move the probe between the eyebrows in 2 circles and lift; make sure one line is next to another until you cover the whole forehead, 5 min.</p> <p>10. Repeat the previous method with the help of massage techniques on forehead again, 2 min.</p> <p>11. Apply facial mask, 15 min.</p> <p>12. Wash face clean, 2 min.</p> <p>13. Apply toner, essence, cream and sunscreen.</p>	
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Suggested Treatment:

10 treatments account for one full course. After one time, the skin will be firm and tender, providing the skin with needed nutrition. After a course of treatment, the skin is lifted and shiny. After 2 courses, the skin is smooth and plump, and the outline gradually becomes clear. After 3 courses, it can achieve effects such as prevent and delay skin aging, improve sagging and loose skin, and increase collagen in the bottom of skin, making skin smooth, firm and glowing.

Facial Tightening and Lifting: 70 min, once/week


<p>RF Energy: 30%-80%</p> <p>BIO Energy: 30%-80%</p> <p>Mode: Intermittent</p> <p>Ultrasonic energy: 30%-80%</p>	<p>Face</p> <p>Makeup remover oil+</p> <p>Face wash+</p> <p>Cleansing facial mask+</p> <p>Essence+</p> <p>Device+</p> <p>Facial mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 2 min. 3. Apply cleansing facial mask, 10 min. 4. Wash face clean, 2 min. 5. Apply (anti-aging) essence evenly on face, 1 min. 6. RF Operation: move the probe from the jaw to forehead in circular motions and lift in lines with one line next to another, 3 times. 7. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner 	 <hr/>  <hr/> 
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		<p>to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p> <p>8. Lift on forehead towards hairline, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Repeat the same technique with BIO operation.</p> <p>11. Apply (hydrating/whitening/repair) essence evenly on the face.</p> <p>12. Repeat the same technique with ultrasonic operation.</p> <p>13. Apply hydrating facial mask, 15 min.</p> <p>14. Wash face clean, 2 min.</p> <p>15. Apply toner, essence, cream and sunscreen.</p>	
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Suggested Treatment:

10 treatments account for one full course. After one time, the skin will be tightened. After a course of treatment, the skin will be plump, firm and ruddy. 2 courses help increase skin elasticity, accelerate metabolism and detoxification, lighten dark spots, brighten skin, and lower the rate of skin sensitivity. 3 courses help stabilize skin state, prevent skin aging and laxity, and help define facial outlines.

Facial Repair for Sensitive Skin: 60 min, once/week



<p>Cold hammer energy: 30%-80%</p> <p>Mode: Cold</p>	<p>Makeup remover oil+</p> <p>Face wash+</p> <p>Hydrating facial mask+</p> <p>Essence+</p> <p>Cold steam+</p> <p>Cold hammer+</p> <p>Device+</p> <p>Photon LED+</p>	<ol style="list-style-type: none"> 1. Remove makeup, 5 min. 2. Apply toner, 2 min. 3. Apply hydrating facial mask+cold steam, 10 min. 4. Wash face clean, 2 min. 5. Apply (soothing) essence evenly on face, 1 min. 6. Cold hammer operation: move the probe in circles, starting from chin to forehead; make sure one circular line is next the other one; do the same on the 	
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	<p>Facial mask (Tip: Try not to use ingredients that contain preservatives and flavors.)</p>	<p>other side, 3 times. 7. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times. 8. Lift on forehead towards hairline, 3 min. 9. Apply soothing mask+red/green LED, 15 min. 10. Wash face clean, 2 min. 11. Apply toner, and soothing essence.</p>	
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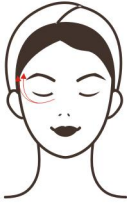
Suggested Treatment:

10 treatments account for one full course. After one time, the skin will be smooth and plump. After a course of treatment, the skin will restore a normal state, and less prone to allergy due to dehydration, cosmetics or change of season. After 2 courses, the skin is smooth and translucent, and the blood circulation will be boosted, leaving the skin of velvety softness.

Anti-aging around Eyes: 60min, once/week

<p>RF Face Energy: 30%-80%</p> <p>BIO Energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>Makeup remover oil+ Face wash+ Toner+ Eye essence+ Device+ Eye mask</p>	<p>1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply essence evenly around eyes and gently massage to rub it in, 1 min. 4. Push the following acupoints(jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point) using middle and ring fingers, 3 times. 5. Move hands in circular</p>	 
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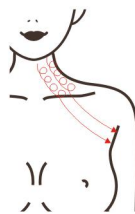
	<p>motion on eyes and push temples, 3 times.</p> <p>6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>8. Lift eye corners with "scissor" hand gesture, 3-5 times.</p> <p>9. Repeat the previous operation on another side, 3 times.</p> <p>10. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>11. RF operation: move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p> <p>12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Repeat the same technique with BIO operation.</p> <p>16. Apply eye mask, 15 min.</p> <p>17. Wash eyes and face clean, 2 min.</p> <p>18. Apply toner, facial essence, eye essence, cream and sunscreen.</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/> 
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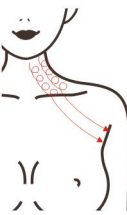


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Suggested Treatment:

Ten sessions for one treatment. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one session, it lightens fine lines, dark circles under the eyes and brightens the skin. After three treatments, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Anti-aging on Neck: 60 min, once/week

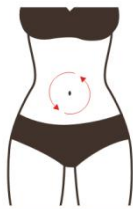
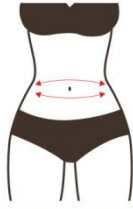
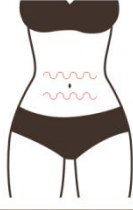


RF	Face	Makeup remover oil+ Face wash+ Massage cream+ Essence+ Device+ Neck mask	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 1 min. 3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times. 4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to 	 <hr/>  <hr/> 
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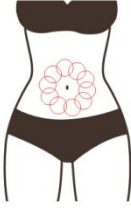
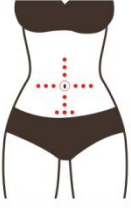

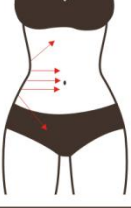

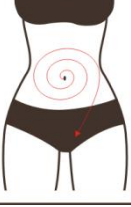
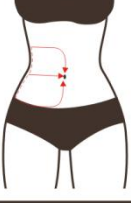
	<p>the armpit, 3 times.</p> <p>7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Wash neck clean. 2 min.</p> <p>11. Apply essence evenly on neck, 1 min.</p> <p>12. RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>17. Do the same on the other side.</p> <p>18. Apply (whitening, hydrating) essence evenly, 1min.</p> <p>19. Repeat the same techniques with ultrasonic operation.</p> <p>20. Apply neck mask, 15 min.</p> <p>21. Wash neck clean, 2 min.</p> <p>22. Apply essence and neck cream.</p>	 <hr/>  <hr/>  <hr/>  <hr/> 
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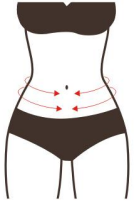
Suggested Treatments:

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Anti-aging on Waist&Abdomen: 60 min, once/week

<p>RF Face Energy: 30%-80%</p> <p>Ultrasonic energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Ultrasonic cream+ Device</p>	<ol style="list-style-type: none"> 1. Apply and rub oil on abdomen with hands, 3 times. 2. Rub stomach back and forth with both hands, 3-5 times. 3. Knead abdomen with both hands using chiropractic techniques, 3 times. 4. Lift daimai on both sides of waist with both hands alternately, 16 times. 5. Move hands as if writing an "8" number on waist, 3 times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the treatment area, 3 times. 8. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times. 9. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times. 10. Caress the treatment area 	 <hr/>  <hr/>  <hr/>  <hr/> 
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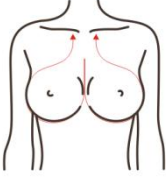
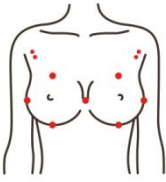
		<p>with hands and slide to groin.</p> <p>11. Vacuum RF operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>12. Repeat the previous operation on another side, 3 times.</p> <p>13. Move the device on abdomen in small circular motions, 3 times.</p> <p>14. Move the device on abdomen in big circular motions, 3 times.</p> <p>15. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>16. Move the probe up and down to shape the waist, 3-5 times.</p> <p>17. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>18. Repeat the same technique with ultrasonic operation.</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/> 
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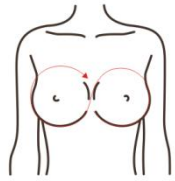
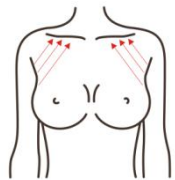
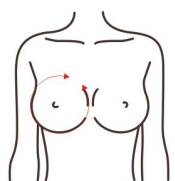
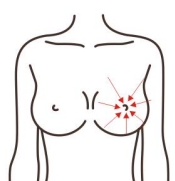
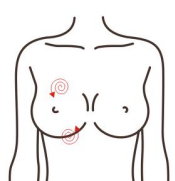
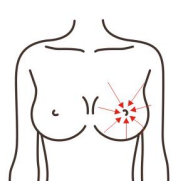
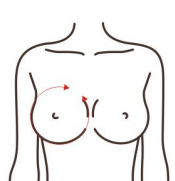
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Suggested Treatment:

Ten times for a period of treatment, once done, abdomen is heating, accelerate metabolism, fat metabolism, slowly after a period of treatment to thin body, improve constipation and other issues at the same time, the effect after the two course gradually obvious, the skin to ascend, the skin collagen increased, improve stretch marks and flabby skin, reinforce effect, after the three course redundant adipose gradually disappear, lumbar abdomen curve shape, build small pretty waist.

Body-shaping on Breasts: 60 min, once/week

<p>RF Energy: 30%-80%</p>	<p>Massage cream(essential oil)+ Device</p>	<ol style="list-style-type: none"> 1. Stand at the head of the bed, both hands from shan zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times. 2. Both hands thumb point: shanzhong, rugen, dabao, yingchuang, zhongfu, yunmen, 3 times. 3. Caress the treatment area, 3 times. 4. Overlap both palms from shan zhong point to chest both sides back and forth as if writing an "8" number, 3 	 <hr/> 
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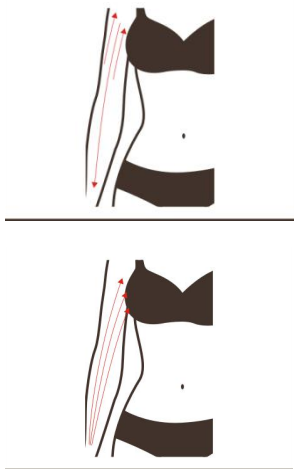
	<p>times</p> <p>5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Radio frequency instrument operation: first left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with his arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>
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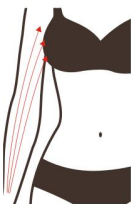

		<p>the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p>	
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Suggested Treatment:

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

Body-Shaping on Arms: 60 min, once/week

<p>RF Face</p> <p>Energy: 30%-80%</p> <p>Ultrasonic energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Ultrasonic gel+ Device</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times. 4. Caress the treatment area, 3 times. 5. Trace and rub three main 	
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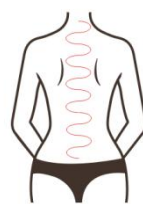
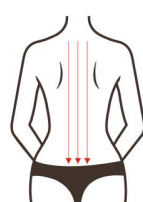
		<p>collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjing) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Repeat the previous operation on another side.</p> <p>11. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>12. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>13. You may double the operation on flabby arms, 3 times.</p> <p>14. Trace three channels to armpit, 3 times.</p> <p>15. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>16. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>17. Trace three channels from upper arm to armpit.</p> <p>18. Repeat the previous operation with ultrasonic</p>	 <hr/>  <hr/>  <hr/>  <hr/> 
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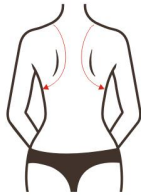


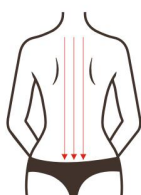
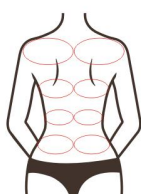

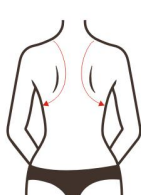
		operation.	
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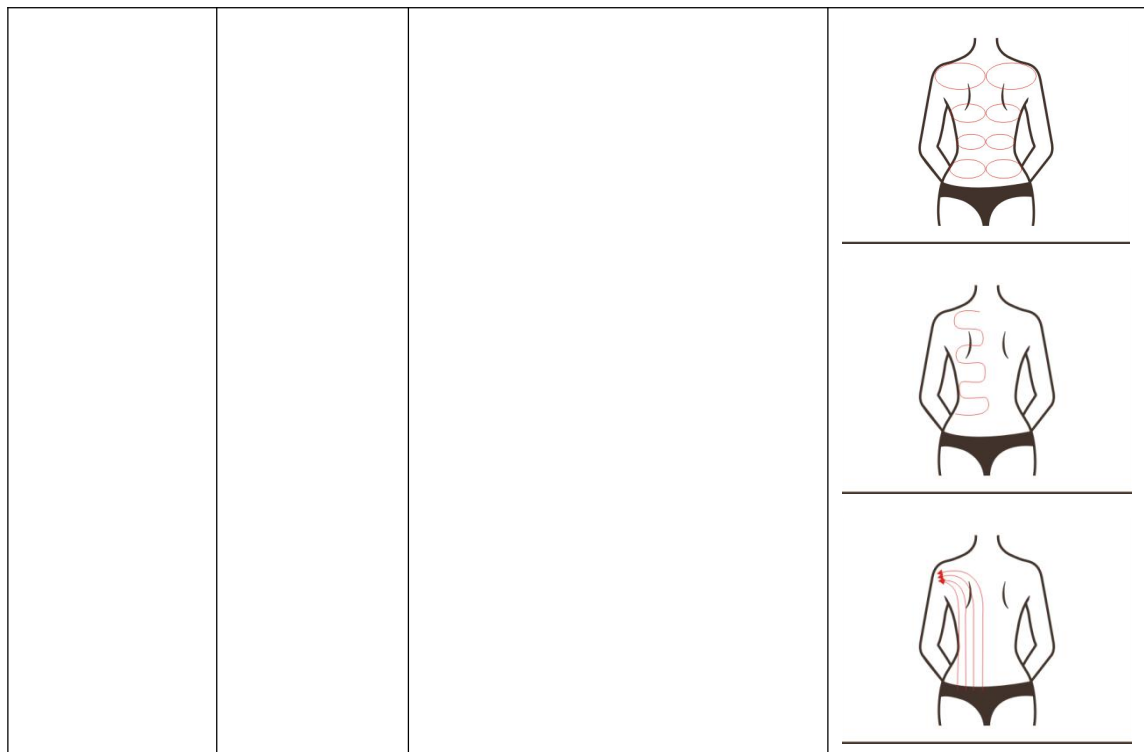
Suggested Treatment:

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Body-Shaping on Back: 60 min, once/week

<p>RF energy: 30%-80%</p> <p>Vacuum energy: 30%-80%</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: M1</p>	<p>Essential oil+ Device</p>	<ol style="list-style-type: none"> 1. Apply oil on back and press Fengchi and fengfu points. 2. (Starting from hairline) stroke badanjin with thumb, 3-5 times. 3. Move thumb outwards from pangguangjin to baliao area and then to fengchi and fengfu point. 4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 5. Push pangguangjin with thumb in left-right order, 3 times. 6. Push pangguangjin to baliao area with both thumbs, at the same time, 3 times. 7. Push pangguangjin in three kneeling fingers, 3 times. 8. Push scapula slot with both hands alternately in left-right order, 3-6 times. 9. Push scapula slot with both hands horizontally, 3-6 times. 10. Caress the back with both hands and push fengchi and fengfu points, 3 times. 11. Overlap both thumbs and push tianzong point and slide 	 <hr/>  <hr/>  <hr/>  <hr/> 
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		<p>to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub dumai and panguangjin with hands until they turned hot.</p> <p>14. RF Operation: Starting from dumai to panguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>15. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>16. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>17. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>18. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> <p>19. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>20. Starting from neck, slide the device from dumai and panguangjin to baliao area, 3-5 times.</p> <p>21. Repeat the same technique with Vacuum&RF Operation.</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/> 
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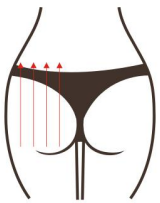
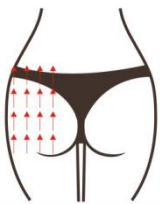
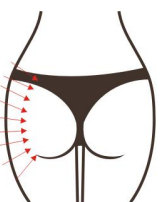
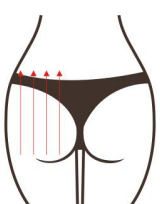
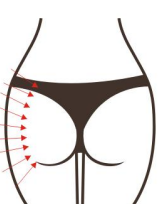



Suggested Treatment:

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

Body-Shaping on Buttocks: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>Ultrasonic energy: 30%-80%</p> <p>Mode: consecutive</p>	<p>Essential oil+ Ultrasonic gel+ Device</p>	<ol style="list-style-type: none"> 1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.) 2. Repeatedly push ba liao zone with two thumbs. 3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang 	
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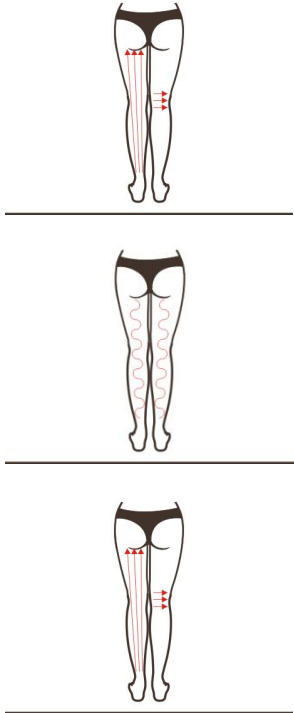
		<p>qiang", "huan tiao" and "cheng fu", 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension), 3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Operation of radio frequency instrument: lift from the thigh root to the vein line by line, 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5 times.</p> <p>15. Lift 3 times from thigh root to vein.</p> <p>16. Lift from bottom to top on</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/> 
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		<p>both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>17. The technique on the other side is the same as above.</p> <p>18. Ultrasonic operation method is the same as above.</p>	
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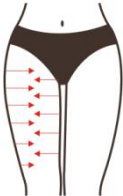


Suggested Treatment:

10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

Body-Shaping on Legs: 70 min, once/week

<p>Vacuum RF Energy: 30%-80%</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: M1</p> <p>Ultrasonic Energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>Essential oil (massage cream)+ Ultrasonic gel+ Device</p>	<ol style="list-style-type: none"> 1. Rear leg, left-right order: apply and rub oil in from calf to thigh to heel, 3 times. 2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times 3. Move hands upwards to four main collateral channels(pangguangjin-shenjin-ganjin-danjin) with fingers spread and hukou pointing upwards. 4. Push hands alternately to popliteal fossa, 3 times. 5. Twist both hands upwards alternately as if twisting a fired dough, 3 times. 6. Caress the treatment area, 3 times. 7. Push four main collateral channels upwards with kneeling fingers of both 	
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		<p>hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Repeat the previous operation on the other side.</p> <p>10. Ultrasonic device operation: move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>11. Move the device in circular motion on calf, 3 times.</p> <p>12. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>13. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>14. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>15. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>16. Do the same on the other side.</p> <p>17. Foreleg: rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>18. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>19. Move hands upwards to four main collateral channels (pijing-weijing-ganjin-g-danjin) with fingers spread</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/> 
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		<p>and hukou pointing upwards, 3 times.</p> <p>20. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>21. Ultrasonic device operation: Lift the device towards knee while tracing 3 collaterals, 3 times (start from thigh if there's not enough unwanted fat on calf.)</p> <p>22. Move the device on two sides of calf in annular motion, 3 times (start from thigh if there's not enough unwanted fat on calf.)</p> <p>23. Lift the device from knee to thigh root in lines, 3 times.</p> <p>24. Move the device in small circles on thigh, 3 times.</p> <p>25. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>26. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>27. Lift the device from knee to thigh root in lines, 3 times.</p> <p>28. Do the same on the other side.</p>	 <hr/>  <hr/>  <hr/>  <hr/>
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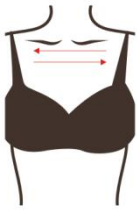

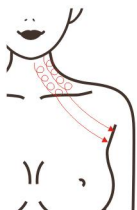
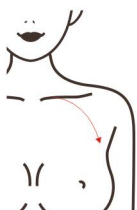



Suggested Treatment:








10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

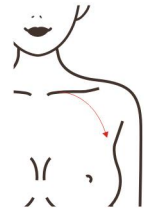



Overall facial Care: 120 minutes, once/week

<p>RF Face Energy: 30%-80%</p>	<p>Makeup remover oil+</p>	<p>1. Remove makeup and clean, 5 min.</p>	
<p>RF Eye Energy: 30%-80%</p>	<p>Cleanser+ Hydrating facial mask+</p>	<p>2. Apply toner, 2 min. 3. Apply hydrating facial mask, 10 min.</p>	
<p>Ultrasonic Energy: 30%-80%</p>	<p>Hydro spray jet+</p>	<p>4. Wash face clean, 2 min. 5. Apply massage cream on 5 spots on face.</p>	
<p>Mode: Intermittent</p>	<p>Massage cream+</p>	<p>6. Apply them evenly from chin to forehead.</p>	
<p>BIO Energy: 30%-80%</p>	<p>Device+ Essence+</p>	<p>7. Alternates hands in lifting the forehead, 3 times.</p>	
<p>Cold hammer energy: 30%-80%</p>	<p>Facial mask</p>	<p>8. Move middle and ring fingers on forehead as if writing 'Z', and push down on temple, 3 times.</p>	
<p>Mode: cold</p>		<p>9. Push the following acupoints (chengjiang point, dicang point, renzhong point, yingxiang point, jiache point, temple) , 3 times.</p>	
		<p>10. Caress the whole face, 2 times.</p>	
		<p>11. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift canthus, 3 times.</p>	
		<p>12. Do the same on the other</p>	

		<p>side, 3 times.</p> <p>13. Caress the whole face, 2 times.</p> <p>14. Push the following acupoints(jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point) using middle and ring fingers, 3 times.</p> <p>15. Move hands in circular motion on eyes and push temples, 3 times.</p> <p>16. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear in small circles, 3 times.</p> <p>17. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>18. Lift eye corners with "scissor" hand gesture, 3-5 times.</p> <p>19. Repeat the previous operation on another side, 3 times.</p> <p>20. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>21. Lift in 3 lines. Start with one side and finish with another, 3 times.</p> <p>22. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times.</p> <p>23. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.</p> <p>24. Push downwards with</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>
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	<p>hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>25. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.</p> <p>26. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>27. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>28. Do the same on the other side.</p> <p>29. Wash face and neck clean, 5 min.</p> <p>30. Hydro Spray Jet(purified water): Move the machine in circles on face and neck, 2-3 times.</p> <p>31. Apply essence evenly on face and eyes, 1 min.</p> <p>32. RF Face device operation: start from chin, lifting the device upwards in small circles to draw lines (make sure one line is close to another), 3 times.</p> <p>33. Coupled with hand, lift (in 3 lines), 3 times.</p> <p>34. Do the same on another side of the face.</p> <p>35. Apply (whitening/hydrating)essence evenly on face, 1 min.</p> <p>36. Ultrasonic operation is the same with RF operation.</p> <p>37. RF Eyes Device operation:</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>
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		<p>move the device in small circles from lower eyelids to temple, 3-5 times.</p> <p>38. Coupled with hand, lift canthus towards hairline, 3-5 times.</p> <p>39. Lift the device from beginning till the end of eyebrow, 3-5 times.</p> <p>40. Coupled with hand, lift canthus towards hairline, 3-5 times.</p> <p>41. Do the same on the other side.</p> <p>42. BIO operation is the same as RF Eyes operation.</p> <p>43. Apply (anti-aging) essence evenly on neck, 1 min.</p> <p>44. Combined with hand, move the device to lift double chin, pass by the back of the ear, then slide to armpit, 3 times.</p> <p>45. Move the probe in 3 circular lines on the side of the neck and slide to armpit, 3 times.</p> <p>46. Slide the probe on inner and outer collarbone, then to armpit, 3-5 times.</p> <p>47. Move the probe on the neck in circular motion, 3 times.</p> <p>48. Combined with hand, move the probe in lines with one line next to another to lift the whole neck, 3-5 times.</p> <p>49. Do the same on the other side.</p> <p>50. Apply (whitening, hydrating) essence on neck evenly, 1 min.</p> <p>51. Apply eye, face, neck masks (at the same time), 15</p>	 <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>  <hr/>
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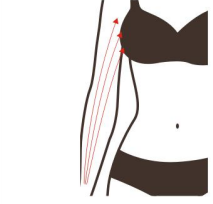
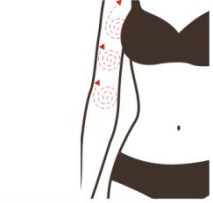
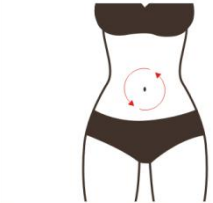
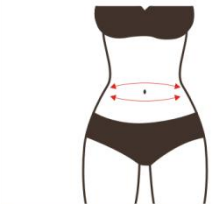
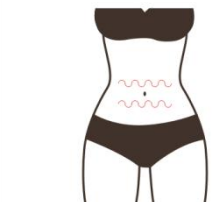
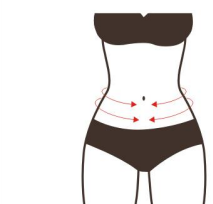

		<p>min.</p> <p>52. Cold hammer operation: start from jaw to forehead, move the probe upwards in circular motion, (with facial mask on) on face, 8 min.</p> <p>53. Wash clean face and neck, 5 min.</p> <p>54. Apply toner, essence, cream, eye cream, neck cream, and sunscreen.</p>	 <hr/>  <hr/>  <hr/> 
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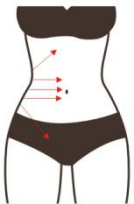


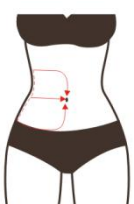
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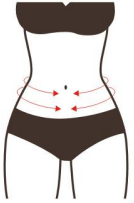

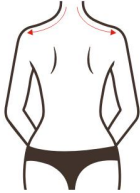

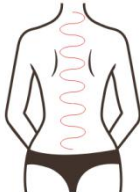
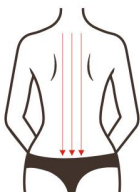
Ten treatments account for one full course. After one treatment, the skin will be firm, tender, delicate and smooth, and the eyes will be elevated to accelerate the blood circulation and lymph circulation of the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After two courses, the overall skin is smooth, firm and elastic, and the double chin is improved. Three courses help prevent and delay skin aging, relaxation and sagging, and restore skin to its youthful state.

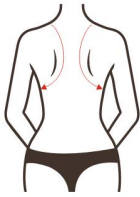

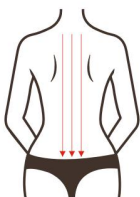

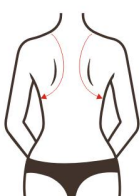
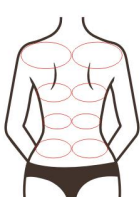
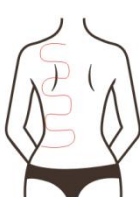
Body-Shaping&Slimming: 180 min, once/week


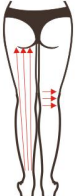



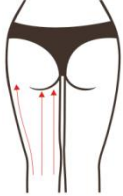

<p>RF Energy: 30%-80%</p> <p>Vacuum Energy: 30%-80%</p> <p>RF Device</p>	<p>Essential oil (massage cream) + Gel + Device</p>	<p>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</p> <p>2. Push the entire arm with both palms alternately, 3</p>	
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<p>Suction time: 0.3-1.5</p> <p>Release time: 0-1.0</p> <p>Mode: M1</p> <p>Ultrasonic Energy: 30%-80%</p> <p>Mode: Intermittent</p>		<p>times.</p> <p>3. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>4. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>5. Caress the treatment area and slide to the fingers, 3 times.</p> <p>6. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>7. Move the device in annular motion, tracing three channels to armpit, 3 times. You may double the operation on flabby arms, 3 times.</p> <p>8. Trace three channels to armpit, 3 times.</p> <p>9. Repeat the same technique with ultrasonic operation.</p> <p>10. Do the same on the other side.</p> <p>11. The end of the arm treatment.</p> <p>12. Apply and rub oil on abdomen with hands, 3 times.</p> <p>13. Rub stomach back and forth with both hands, 3-5 times.</p> <p>14. Knead abdomen with both hands using</p>	      
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		<p>chiropractic techniques, 3 times.</p> <p>15. Lift daimai on both sides of waist with both hands alternately, 16 times.</p> <p>16. Move hands as if writing an “8” number on waist, 3 times.</p> <p>17. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>18. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</p> <p>19. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>20. Vacuum RF operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>21. Repeat the previous operation on another side, 3 times.</p> <p>22. Move the probe in small circles, 3 times.</p> <p>23. Move the probe in big circles, 3 time.</p> <p>24. Move the probe to shape the waist as if writing “8”, 3-5 times.</p> <p>25. Move the probe up and down to shape the waist, 3-5 times.</p> <p>26. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>27. Repeat the same</p>	      
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		<p>technique with ultrasonic operation.</p> <p>28. The end of waist&abdomen operation.</p> <p>29. Apply oil on back and press Fengchi and fengfu points.</p> <p>30. (Starting from hairline) stroke badanjin with thumb, 3-5 times.</p> <p>31. Move thumb outwards from pangguangjin to baliao area and then to fengchi and fengfu point.</p> <p>32. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> <p>33. Push pangguangjin with thumb in left-right order, 3 times.</p> <p>34. Push pangguangjin to baliao area in three kneeling fingers, 3 times.</p> <p>35. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>36. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>37. RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>38. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>39. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>40. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p>	      
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		<p>41. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>42. Lift from sides of the waist in bottom-up order to armpits, 3-5 times.</p> <p>43. Repeat the same technique with Vacuum RF operation.</p> <p>44. The end of back treatment.</p> <p>45. Legs:in left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>46. Move hands upwards to four main collateral channels(panguangjin-shejin-ganjin-danjin) with fingers spread and hukou pointing upwards.</p> <p>47. Push hands alternately to popliteal fossa, 3 times.</p> <p>48. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>49. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>50. Repeat the same operation on the other side.</p> <p>51. Vacuum operation: move the device from popliteal fossa to panguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>52. Move the device in circular motion on calf, 3 times.</p> <p>53. Push from popliteal fossa tracing 4 main collateral channels to the</p>	      
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		<p>end of thigh, 3 times.</p> <p>54. Move the device in small circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>55. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>56. Repeat the same treatment with ultrasonic operation.</p> <p>57. Do the same on the other side.</p> <p>58. The end of leg operation.</p>	      
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Suggested Treatment:

10 times account for a full course of treatment. After one treatment, your body will feel relaxed, blood circulation boosted, and skin tightened. After a course you will see less fat on different parts of the body, collagen regenerated, and firm skin. After 2 courses fat reduces, and curve lines begin to show. 3 courses will help with enhance the effects and shape up, and S curve will appear.