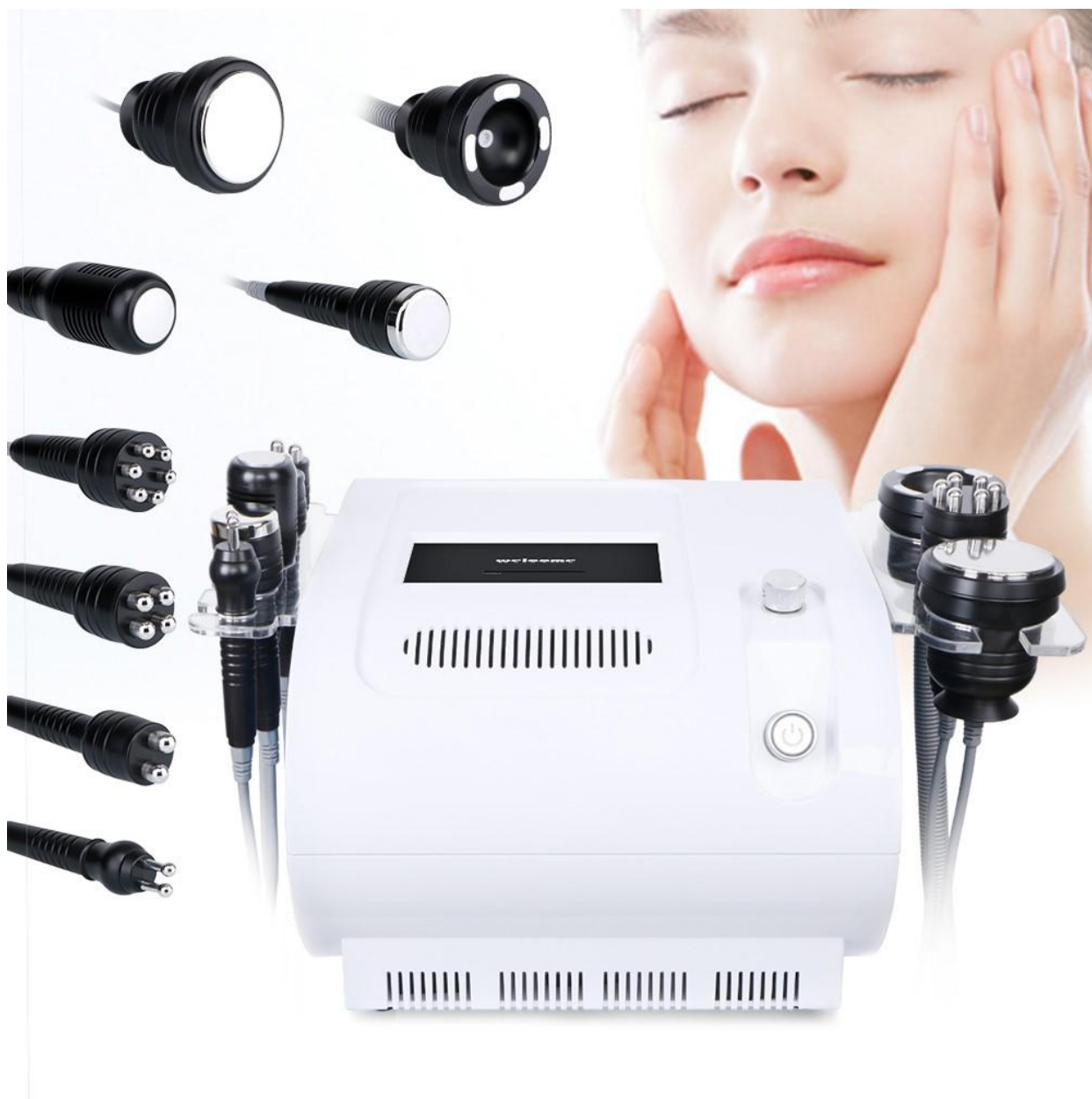


User Manual

MS-97B1



Preface

To our valued users,

Thanks for choosing our latest 8-in-1 integrated beauty instrument. This is the latest body slimming and skin tightening product with integration technology, which combines together Face RF, Eyes RF, Body RF, Vacuum RF, 40K Cavitation, BIO, Cold & Hot Hammer and Ultrasound. MS-97B1 is a professional beauty instrument, which needs to be operated by people with professional training. Any improper use of this instrument may bring adverse consequences to human body. Therefore, we advise all the people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you good return, and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

Brief Introduction

Multipolar RF, Vacuum RF, 40K Ultrasonic Cavitation, Cold & Hot Hammer, BIO and Ultrasound are currently the most popular instruments for beauty, skin tightening, body sculpting and anti-aging. It can effectively replace all the facial and body care programs in beauty salon, and can be operated easily, conveniently and swiftly, and solves skin and body management problems for people pursuing beauty, and works safely and effectively, and requires no skin breaking, no injection, no medication and no operation, and is without side effects, and is operated externally during the whole process, and has an immediate effect. RF heats up deep skin, stimulates collagen hyperplasia and restructuring in skin dermis, and accelerates blood circulation in underlying skin, thus achieving the goal of skin tightening, plumpness, anti-aging, as well as senility preventing. Ultrasound with specific frequency aims at body parts having difficulty in fat reduction in daily life, and will bring amazing effect.

Advantages

1. 8-in-1 multifunctional beauty instrument that fixes facial and whole body care problems.
2. Ultrasonic cavitation removes fat, and replaces and surpasses liposuction, which brings good news to obese people.
3. It has multiple operating heads, which can be changed according to different body parts that be treated and different demands.
4. One operating head is with multiple functions, and with stronger radio frequency, and with a higher and more even energy level.
5. The perfect match of ultrasound and RF are going to address people's concern for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism and strengthen physique while reducing weight.
6. It adopts the most advanced ultrasonic cavitation technology in the world.
7. Painlessness, no invasiveness, no injury, without convalescence, you can leave immediately, and without affecting your normal work and life after treatment.
8. No consumption, low cost, but with quick returns.
9. It has a wider treatment range, including both body and face.
10. Unevenness, bleeding and swelling will not occur.
11. Lots of probes release energy with red light, accelerate metabolism, diminish inflammation and do disinfection for skin while doing massaging and dissolving fat. It has an obvious effect and a better comfort level.

Facial Anti-wrinkles & Tightening

Principle

Face RF

RF radio frequency waves penetrate skin directly, and generate energy by utilizing electrical resistance effect formed by skin, which increases temperature on underlying skin. By using the principle of tightening collagen in dermis and stimulating collagen hyperplasia, it has two curative effects of lifting and tightening skin timely and regenerating lasting collagen.

The treated parts can experience obvious shrinkage instantly after treatment. The effect of tightening and lifting can be seen about one month later and will become more and more obvious. Depending on body parts that be treated and ways of maintenance of each person, the effect of RF can be maintained about 18 months to 3 years, or varies or extends even longer in line with ways of maintenance of each person. According to the latest research, a better effect can be achieved after multiple times of treatment.

Biological Effect

RF can vibrate a million times of high frequency radio wave per second, which can penetrate epidermis, acts directly on dermis, deeply heat up collagen cells, and stimulate the growth of collagenous fiber. The massive growth of collagen can make skin become more tightened and elastic. During operation, RF wave acts on dermis through epidermis, and rapidly heats up water molecule producing biological heat energy. When collagen tissue, under natural frictions, reaches the temperature of 45 to 60 degrees, it shrinks instantly and stimulates continuous hyperplasia of collagen. Meanwhile, biological heat energy can effectively accelerate the flow of fat's intracellular blood and release free fat acid so as to boost the dissolution of superficial fat and achieve the purpose of tightening and lifting body's slack and saggy parts.



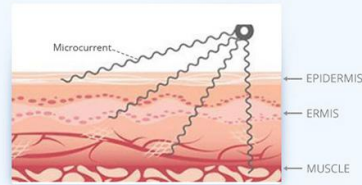
BIO

By outputting simulated human body bioelectric current entering into muscle cells, it stimulates ATP contained in cells, restores cell's normal running and functions and provides muscle and body with energy. By increasing cell's permeability, which is 30% to 40% higher than usual, it helps human body absorb nutrition, moisture and oxygen content in blood better. Meanwhile, it expels wastes, toxin and stranded liquids as soon as possible. By stimulating the synthesis of muscle fiber, which is 68% higher than usual, it keeps the skin moisturized, soft, firmed and glossy. By raising the synthesis level of collagen to 73%, it can lessen wrinkles, and make skin softer, elastic and glossy.

Skin facial lifting

Microcurrent therapy -acne treatment & skin firming

Microcurrent-safe and painless facial helps erase fine lines and wrinkles, while firming your skin and defining your features. It improves muscle tone, reduces puffiness, increases cellular activity, and tightens pores. The overall result is a healthier and younger looking skin, no matter your age.



Ultrasound

By utilizing the principle of high frequency vibration, high frequency vibration wave of 28,000 Hz per second can powerfully reach 4 to 6 millimeter of subcutaneous tissue. Ultrasound is of powerful energy and strong permeability and can cause cells to vibrate with it, which can not only remove grease from pores but also change cell's volume so as to improve blood circulation and achieve the purposes of stimulating cells' regeneration capacity and making skin glossy and elastic. In addition, tepidity effect generated by high frequency vibration also has the function of rapidly importing beauty nutrient solution into skin, which can make skin absorb nutrient content from skin care products better.

Effects

1. Activate cells and increase skin's elasticity.
2. Tighten skin and flatten fine lines.
3. Relieve slack and soft skin.
4. Shape facial contour and make facial third dimension more obvious.
5. Shrink pores and lift apple-like skin.
6. Nourish skin and increase skin's absorptivity.
7. Accelerate blood circulation and metabolism.
8. Stimulate collagen hyperplasia and delay aging.

Indications

1. People with slack or soft skin.
2. People with fine lines, nasolabial folds or false wrinkles.
3. People with vague facial contour or double chin.
4. People with coarse skin and large pores.
5. People with loose skin, or edema after giving birth.
6. People with poor metabolism or absorption.

Contraindications

1. People who just undergone plastic surgery, or had prostheses and metal materials implanted in the treated parts.

2. People who recently had injections, such as hyaluronic acid, mesotherapy, wrinkles removal, or plastic surgery.
3. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. People in allergic period, or have severely sensitive skin, or are allergic to metals.
5. People with skin trauma or wound.
6. People who are overly aging.
7. People in menstruation, pregnancy, lactation or surgical recovery.
8. People with skin diseases or infectious diseases.
9. People who have unrealistic illusion about the effect.
10. People who are sensitive to electric current should use with caution.

Notes (after treatment)

1. Wash the face with warm water within 3 days.
2. Do hydrating to maintain moisture, and protect yourself from the sun.
3. Don't use irritative skin care products containing scrub, exfoliator, or AHA(Alpha Hydroxyl Acid) within a week.
4. Avoid staying up late, smoking, drinking alcohol. Eat more vegetables, fruits and light food.
5. Apply facial mask at least 3 times in a week.

Facial Easing & Repairing

Principle

Ultrasound

By utilizing the principle of high frequency vibration, high frequency vibration wave of 28,000 Hz per second can powerfully reach 4 to 6 millimeter of subcutaneous tissue. Ultrasound is of powerful energy and strong permeability and can cause cells to vibrate with it, which can not only remove grease from pores but also change cell's volume so as to improve blood circulation and achieve the purposes of stimulating cells' regeneration capacity and making skin glossy and elastic. In addition, tepidity effect generated by high frequency vibration also has the function of rapidly importing beauty nutrient solution into skin, which can make skin absorb nutrient content from skin care products better.

Cold & Hot Hammer

It uses the principle of expansion caused by heat and contraction caused by cold. When the temperature of our skin stays at 5 degrees, metabolic rate reduces, cell activity inhibits and slows down, and sensitivity of nerve endings lowers, which plays a role in inhibiting pain, swelling, and ache caused by skin allergy. Due to the same principle, a temperature of 5 degrees contracts blood vessels, and causes pores shrinkage which lessens large pores and firms skin, thus flattening wrinkles and crow's-feet on face.

Physiological functions and effects of cold hammer:

1. It shrinks blood vessels, causes capillary pores contraction, and can tremendously minify large capillary pores.
2. It strengthens collagenous fiber, makes skin tightened and elastic, and flattens wrinkles and crow's-feet.
3. It contracts blood vessels, effectively alleviates varicose veins and spider veins

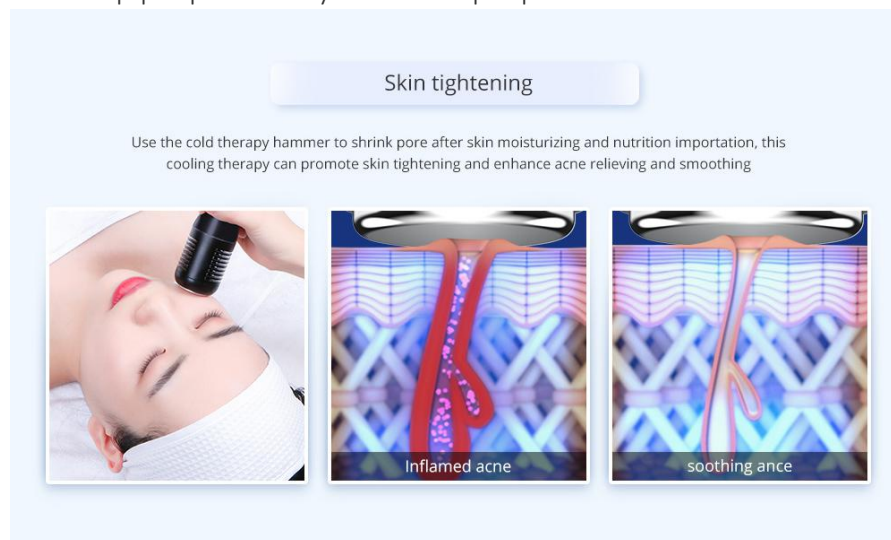
bulging. Moreover, harmful wastes that backflow to veins at any time can be easily purified and detoxed. It also has an obvious effect on spots fading and removing.

4. It reduces metabolic rate, inhibits and slows down cell activity, lowers the sensitivity of nerve endings with a sedative and soothing effect, offsets skin pain, swelling and ache, and it especially has a good curative effect for allergic skin.

Physiological functions and effects of hot hammer:

1. Mild heat makes people feel warm and comfortable, and can surely relax muscles, balances autonomic nerve, and dispel pain and soreness. It accelerates blood circulation, increases oxygen content in blood, opens pores, expands blood vessels, speeds up skin nutrition absorption. It's a moderate, comfortable and effective import method.
2. It boosts skin metabolic rate, increases heat energy in tissue, discharges wastes and toxin naturally, and it has effect on eye bags and black eyes removal.

To use cold and hot functions alternately can yield twice the result with half the effort on beauty, and can naturally activate cells, improve and purify skin. It's a good instrument that keep people healthy and make people beautiful.



Effects

1. Lessen acne, closed comedones, and improve pimples .
2. Diminish inflammation, do sterilization and calm skin.
3. Remove dirt from pores and accelerate skin's absorption.
4. Improve grease secretion, shrink pores and refine skin.
5. Accelerate skin's metabolism.
6. Improve symptoms like swelling, acne and allergy.

Indications

1. People with large pores or coarse skin.
2. People with acne or closed comedones on face.
3. People with poor absorption or metabolism.
4. People with strong grease secretion or oily face.

5. People who are prone to have acne, pimples or closed comedones.
6. People with sensitive or acne skin, or whose skin are susceptible to swelling or allergy.

Contraindications

1. People who just undergone plastic surgery and with unhealed wound.
2. People with skin diseases or infectious diseases.
3. People who recently had injections, such as hyaluronic acid, mesotherapy, wrinkles removal, or plastic surgery.
4. People with sensitive skin or in allergic.
5. People who are sensitive to electric current should use with caution.

Notes (after treatment)

1. Wash the face with warm water within 3 days.
2. Do hydrating to maintain moisture, and protect yourself from the sun.
3. Avoid staying up late, smoking and drinking alcohol. Eat more vegetables, fruits and light food.
4. Apply repairing facial mask at least three times in a week.
5. Avoid eating spicy and greasy food

Facial Tightening & Whitening

Principle

Face RF

RF radio frequency waves penetrate skin directly, and generate energy by utilizing electrical resistance effect formed by skin, which increases temperature on underlying skin. By using the principle of tightening collagen in dermis and stimulating collagen hyperplasia, it has two curative effects of lifting and tightening skin timely and regenerating lasting collagen.

The treated parts can experience obvious shrinkage instantly after treatment. The effect of tightening and lifting can be seen about one month later and will become more and more obvious. Depending on body parts that be treated and ways of maintenance of each person, the effect of RF can be maintained about 18 months to 3 years, or varies or extends even longer in line with ways of maintenance of each person. According to the latest research, a better effect can be achieved after multiple times of treatment.

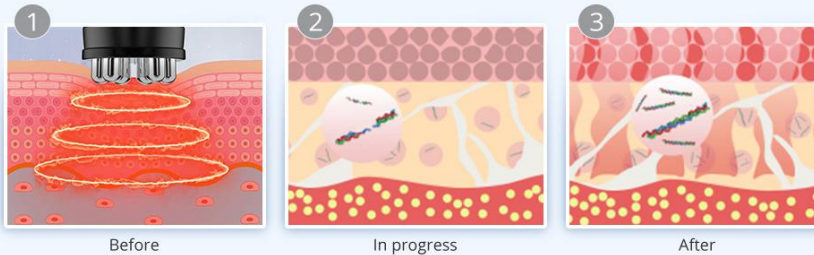
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Skin facial lifting

Quadropole 3D SMART RF/3-Polar 3D SMART RF

RF can vibrate 1 million times high-frequency radio wave per second, penetrate to the epidermis layer, directly to the dermis, deeply heating the collagen cells, then stimulate the growth of collagen fibers, which make a lot of new collagen to support the skin and become more compact and elasticity



Ultrasound

By utilizing the principle of high frequency vibration, high frequency vibration wave of 28,000 Hz per second can powerfully reach 4 to 6 millimeter of subcutaneous tissue. Ultrasound is of powerful energy and strong permeability and can cause cells to vibrate with it, which can not only remove grease from pores but also change cell's volume so as to improve blood circulation and achieve the purposes of stimulating cells' regeneration capacity and making skin glossy and elastic. In addition, tepidity effect generated by high frequency vibration also has the function of rapidly importing beauty nutrient solution into skin, which can make skin absorb nutrient content from skin care products better.

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Physiological functions and effects of cold hammer:

1. It shrinks blood vessels, causes capillary pores contraction, and can tremendously minify large capillary pores.
2. It strengthens collagenous fiber, makes skin tightened and elastic, and flattens wrinkles and crow's-feet.
3. It contracts blood vessels, effectively alleviates varicose veins and spider veins bulging. Moreover, harmful wastes that backflow to veins at any time can be easily purified and detoxed. It also has an obvious effect on spots fading and removing.
4. It reduces metabolic rate, inhibits and slows down cell activity, lowers the sensitivity of nerve endings with a sedative and soothing effect, offsets skin pain, swelling and ache, and it especially has a good curative effect for allergic skin.

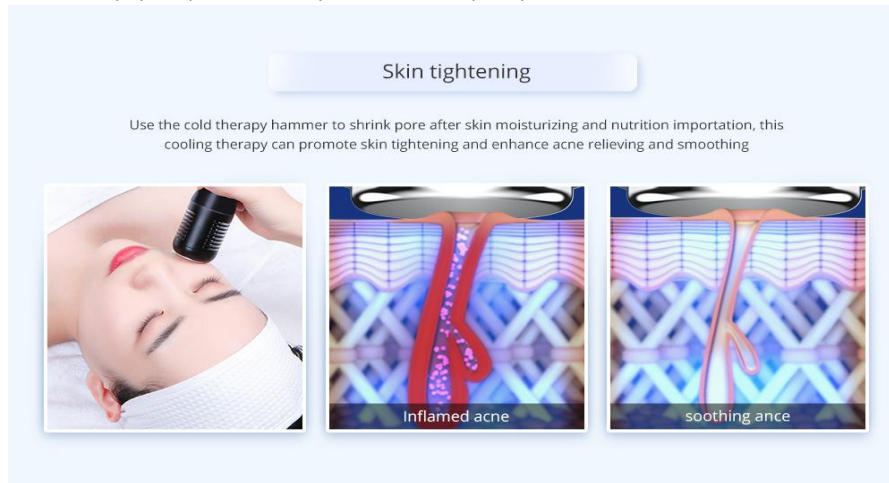
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2. It boosts skin metabolic rate, increases heat energy in tissue, discharges wastes and toxin naturally, and it has effect on eye bags and black eyes removal.

To use cold and hot functions alternately can yield twice the result with half the effort on beauty, and can naturally activate cells, improve and purify skin. It's a good instrument that keep people healthy and make people beautiful.



Effects

1. Tighten skin and flatten fine lines.
2. Relieve slack and soft skin.
3. Shrink pores and lift apple-like skin.
4. Nourish skin and increase skin's absorptivity.
5. Accelerate blood circulation and metabolism.
6. Stimulate collagen regeneration and delay aging.
7. Improve skin color and make skin more clear.

Indications

1. People with slack or soft skin.
2. People with fine lines, nasolabial folds or false wrinkles.
3. People with dim skin or uneven skin color.
4. People with yellowish or lackluster skin.
5. People with coarse skin and large pores.
6. People with loose skin, or edema after giving birth.
7. People with poor metabolism or absorption.

Contraindications

1. People who just undergone plastic surgery, or had prostheses and metal materials implanted in the treated parts.
2. People who recently had injections, such as hyaluronic acid, mesotherapy, wrinkles removal, or plastic surgery.
3. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors,

etc.

4. People in allergic period, or have severely sensitive skin, or are allergic to metals.
5. People with skin trauma or wound.
6. People who are overly aging.
7. People in menstruation, pregnancy, lactation or surgical recovery.
8. People with skin diseases or infectious diseases.
9. People who have unrealistic illusion about the effects.

Notes (after treatment)

1. Wash the face with warm water within 3 days.
2. Do hydrating to maintain moisture, and protect yourself from the sun.
3. Don't use irritative skin care products containing scrub, exfoliator, or AHA(Alpha Hydroxyl Acid) within a week.
4. Avoid staying up late, smoking, drinking alcohol. Eat more vegetables, fruits and light food.
5. Apply facial mask at least 3 times in a week.

Eyes Anti-wrinkles

Principle

Eyes RF

During the treatment of eyes, RF instrument heat the bottom layer of eye skin rapidly through radio frequency wave and stimulate the growth of skin collagen so as to achieve the effects of tightening skin around the eyes, removing eye bags and black eyes, improving red blood streak and fine lines.



BIO

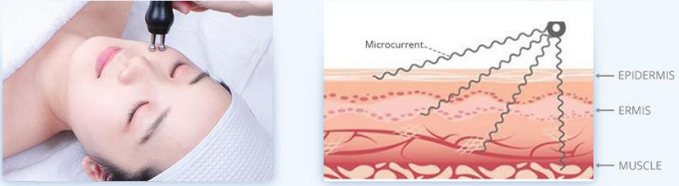
By outputting simulated human body bioelectric current entering into muscle cells, it stimulates ATP contained in cells, restores cell's normal running and functions and provides muscle and body with energy. By increasing cell's permeability, which is 30% to 40% higher than usual, it helps human body absorb nutrition, moisture and oxygen content in blood better. Meanwhile, it expels wastes, toxin and stranded liquids as soon as possible. By stimulating the synthesis of muscle fiber, which is 68% higher than usual, it keeps the skin moisturized, soft, firmed and

glossy. By raising the synthesis level of collagen to 73%, it can lessen wrinkles, and make skin softer, elastic and glossy.

Skin facial lifting

Microcurrent therapy -acne
treatment & skin firming

Microcurrent-safe and painless facial helps erase fine lines and wrinkles, while firming your skin and defining your features. It improves muscle tone, reduces puffiness, increases cellular activity, and tightens pores.the overall result is a healthier and younger looking skin, no matter your age.



Effects

1. Relieve eye fatigue, black eyes, eye bags and edema.
2. Improve periorbital lines and crow's feet.
3. Fade pigment and accelerate blood circulation.
4. Accelerate metabolism and prevent pigment from sediment.
5. Replenish nutrition for eyes and moisten skin.
6. Tighten skin and make it tender, and lift the corner of eyes.
7. Accelerate blood circulation of the eyes, and help with the efficient absorption.

Indications

1. People with wrinkles, fine lines, eye bags and black eyes.
2. People with dry skin, dry lines and false wrinkles.
3. People whose eyes are prone to fatigues and dry.
4. People who always face computer and cellphone.
5. People who always stay up late and with black eyes.
6. People who always exposure to dry or high temperature environment.

Contraindications

1. People who just undergone plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors and etc.
3. People in allergic period, or have severe sensitive skin or are allergic to metals.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy or surgical recovery.
7. People with skin diseases and infectious diseases.
8. People who are sensitive to electric current.

Notes (after treatment)

1. Avoid being under the blazing sun and protect yourself from sunlight.

2. It's better not to use products containing alcohol, AHA(Alpha Hydroxyl Acid) or scrub cream within 1 to 3 days.
3. Avoid washing with overheated water, or enjoying hot springs, saunas or doing strenuous exercise within 7 days.
4. Since the treated parts are relatively dry, please drink more water and apply eye mask which should do at least 3 times within a week, and apply essence or neck cream.

Neck Maintenance

Principle

RF

RF radio frequency waves penetrate skin directly, and generate energy by utilizing electrical resistance effect formed by skin, which increases temperature on underlying skin, heats up tissue rapidly and continuously, and stimulates growth of skin collagen so as to achieve the effect of lifting and tightening skin and making skin delicate.



Ultrasound

By utilizing the principle of high frequency vibration, high frequency vibration wave of 28,000 Hz per second can powerfully reach 4 to 6 millimeter of subcutaneous tissue. Ultrasound is of powerful energy and strong permeability and can cause cells to vibrate with it, which can not only remove grease from pores but also change cell's volume so as to improve blood circulation and achieve the purposes of stimulating cells' regeneration capacity and making skin glossy and elastic. In addition, tepidity effect generated by high frequency vibration also has the function of rapidly importing beauty nutrient solution into skin, which can make skin absorb nutrient content from skin care products better.

Effects

1. Improve neck with slack, coarse and lacklustre skin.
2. Tighten skin and increase skin elasticity.
3. Relieve double chin.
4. Accelerate lymphatic detox and improve facial skin.
5. Prevent neck and lymphatic diseases.

Indications

1. People with coarse neck and dim skin color.
2. People with clogged lymph on neck.
3. People with slack and inelastic skin on neck.
4. People who always lower their heads.
5. People who are not satisfied with their neck skin color.

Contraindications

1. People who just undergone plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. People in allergic period, or have severely sensitive skin.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy or surgical recovery.
7. People with skin diseases or infectious diseases.

Notes (after treatment)

1. Protect yourself from the sun and keep neck warm.
2. It's better not to use products containing alcohol, AHA (Alpha Hydroxyl Acid) or scrub cream within 1 to 3 days.
3. Avoid washing with overheated water, or enjoying hot springs, saunas, or doing strenuous exercise, etc., within 7 days.
4. Since the treated parts are relatively dry, please drink more water and apply neck mask which should do at least 3 times within a week, and apply essence or neck cream.
5. Avoid lowering head for a long time.

Body Management

Principle

Body RF

RF frequency penetrates the skin directly, and produces energy by utilizing electrical resistance effects formed by skin to increase the temperature on the bottom layer of skin, and to heat tissues rapidly and continuously as well as accelerating collagen regeneration so as to achieve the effect of skin lifting and tightening and with a delicate skin. The perfect combination of 40K and RF, and increase skin elasticity and tighten skin while blasting fat.



40K

It uses the principle of ultrasonic wave. It can effectively consume heat and cellular water as well as shrinking fat cells by gathered strong sound waves entering human body causing fat cells producing a strong strike and frictions between fat cells. In addition, when sound waves vibrate, it can produce strong strike among cells which make cells burst instantly and lessen fat cells so as to achieve the effect of fat removal.

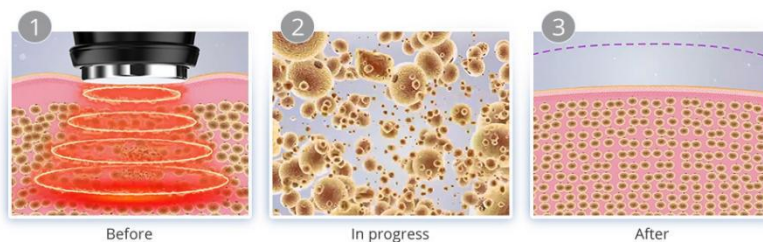
Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in negative pressure zone formed by longitudinal transmission of ultrasound, and they close rapidly in positive pressure zone. Therefore, they are being compressed and stretched under alternative positive and negative pressure. The bubbles will be compressed until they get burst, which will generate huge instantaneous pressure. Generally, the pressure can reach up to from tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It destroys tissue selectively, and only destroys low-density adipose tissue with a specific frequency, and protects high-density tissue, such as nervus vascularis, etc.

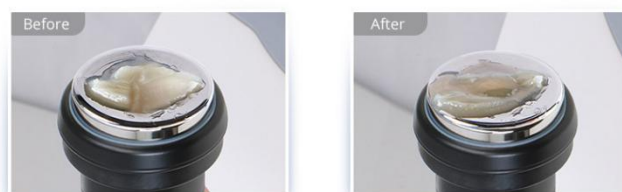
02

Dissolve fat cells- ultrasound unoisetion cavitation 2.0

Unoisetion cavitation 2.0 vibration: Ultrasound waves penetrate into the fat layer of body to produce cavitation effect, effectively making fat cells burst and emulsify into glyceride.



Experiment: Put a piece of pork ointment on the fat of the unoisetion cavitation 2.0 probe, it was dissolved gradually by ultrasonic vibration.



Vacuum RF

Massaging skin and muscle with a special-designed vacuum sucking head, which can effectively improve fluid mobility of human cells, and increase cell activity so as to achieve the effect of activating cells and improving skin elasticity, and meanwhile accelerate blood circulation of micro-vessels, discharge excess toxin through normal circulation of lymphatic system, lessen the probability of the occurrence of adverse situations, such as color spots, pigment and extravasated blood. Kneading effect generated by vacuum fat sucking can increase tissue activity of skin and muscles so as to decrease scleroid cellular tissue and increase elasticity of skin tissue. Therefore, both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate sympathetic nervous system on surface and in deep layer,

and improve skin sensitivity. The suction and release of air pressure can not only improve capillary system but also improve flow between deeper veins and lymph gland network, strengthen blood vessels, and improve varicose veins.

Advantages: It breaks through previous working mode of negative air pressure which is single and simple. Using different modes for different parts can slim and sculpt body in a more effective and efficient way, and it causes no harm to human body. Compared with the ordinary single-polar RF, this instrument, with its unique RF probes and with RF and vacuum relatively independent but also complementary as a whole metabolic system, can perfectly reshape body in a more effective, rapid and even way.

Physical Effects for Vacuum

1. Skin Layer

The suction and release of air pressure:

- (1) It can improve fluidity among cells, thus increasing cells movement and curing diseases related to blood stasis and blood stagnation.
- (2) Drain lymph gland and blood vessel in the veins.

Effect: Excess water can be discharged from tissue fibers.

2. Vascular Layer

The suction and release of air pressure:

- (1) Improve blood circulation of micro-vessels. It not only improves capillary system but also improves flow between deeper veins and lymph gland network.
- (2) Remove excess toxin in body.

Effect: Strengthen blood vessels and relieve varicose veins.

3. Fibrous Layer

The suction and release of air pressure:

It can promote the combination of two effects generating in different tissue (including skin, muscle tissue, etc.).

- (1) Repair cell tissue, and enhance activity among cells.
- (2) Lift and repair skin elasticity, and resist skin stretch.
- (3) The production of ossein helps to refresh skin and recover elasticity.
- (4) Improve oxygen support capacity for skin and increase consumption of carbon dioxide.

Effect: Break cellulite's hard fibers, and make it more elastic so as to achieve the effect of body shaping.

4. Nerve Layer

The suction and release of air pressure:

It stimulates surface and deep layer of sympathetic nervous system.

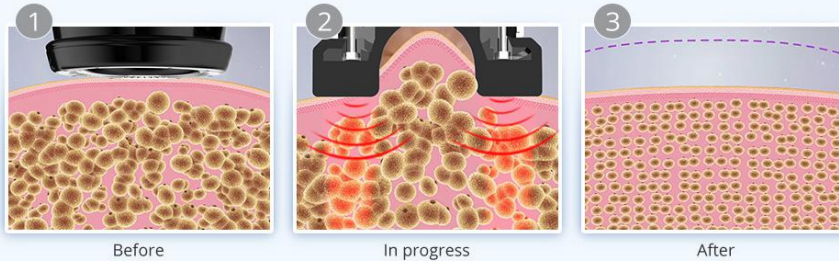
- (1) Improve skin sensitivity.
- (2) Repair skin elasticity and resist tissue fibrosis.

Effect: Repair and improve skin sensitivity.

03

Expel waste and tighten skin- vacuum sextupolar 3D SMART RF

Quadrupolar Vacuum&Sextupolar 3D SMART RF radio frequency combines the mechanism of advanced 3D SMART RF energy and vacuum therapy, can promote tissue metabolism, repel the cellulite, which make fat granule in different depths and shocking make fusion energy, so that the combustion of fatty acids at the same time broken out of a pot, not only the burning consumption of fatty acids but also more directly emptying so rapidly reduce the size of granule



Waist & Abdomen Sculpting

Effects

1. Relieve cold hands and feet, cold womb and cold-natured body for women.
2. Improve slack and soft skin on waist and abdomen.
3. Reduce proud flesh on waist and abdomen, and alleviate swimming ring-like belly and small belly.
4. Tighten skin, reduce stretch marks and lineae albicantens, and increase skin elasticity.
5. Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

Indications

1. People with cold hands and feet, cold womb or cold-natured body.
2. People with proud flesh on waist and abdomen, or protruding small belly, or slack skin after child delivery.
3. People sitting too long, or with ugly waistlines.
4. People with lineae albicantens, or stretch marks.
5. People with constipation, or obstructed channels and collaterals on abdomen.

Contraindications

1. People with Three Highs (hypertension, hyperglycemia, hyperlipidemia), or with heart disease.
2. People in pregnancy, menstruation, or lactation.
3. People whose surgical wounds is healing, or in surgical recovery.
4. People with epilepsy, severe diabetes or hyperthyroidism.
5. People with malignant tumors, hemophilia or severe bleeding.
6. People with skin diseases or infectious diseases.
7. People with severe gynecological diseases.
8. People whose gynecological diseases are being treated.

Notes (after treatment)

1. Avoid wearing crop top and exposing to windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, and eating raw, cold, spicy and greasy food. But drink more hot water.

3. Keep abdomen warm, and take bath after 4 to 6 hours.
4. Avoid enjoying sauna or hot spring, or doing strenuous exercise within 7 days.
5. Rub abdomen with hands doing it clockwise before sleep at night, which achieves a better effect with weight reduction and metabolism.

Arms Sculpting

Effects

1. Stimulate collagen hyperplasia in underlying skin, and sculpt and firm skin.
2. Improve slack skin.
3. Improve jiggly and thick arms.
4. Relieve soft skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge channels and collaterals.

Indications

1. People with thick arms, or who looks ugly in clothes.
2. People with proud flesh on arms, or jiggly arms.
3. People with loose arms skin.
4. People whose arms are prone to pain and numbness.
5. People who always carry baby.

Contraindications

1. People who just had plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumor, etc.
3. People in allergic period, or have severely sensitive skin.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy, or in surgical recovery.
7. People with skin diseases or infectious diseases.

Notes (after treatment)

1. Keep warm, and don't eat cold food, and avoid exposing to windy environment and catching a cold
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna or hot spring, or doing strenuous exercise within a week.

Back Sculpting

Effects

1. Relieve shoulder and back soreness, and improve Dowager's hump.
2. Dredge channels and collaterals, and improve clogged channels and collaterals.
3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen physique.

6. Tighten skin, and prevent slack and soft skin.
7. Reduce excess proud flesh on back, and shape back.

Indications

1. People with shoulder and back soreness, or stiff neck.
2. People with insomnia and dreaminess, or fading memory.
3. People who are prone to fatigue, drowsiness, or with obstructed qi-blood circulation.
4. People with thick back, or who looks ugly in clothes.
5. People with Dowager's hump.

Contraindications

1. People with metal implants in body, such as stent, pacemaker, etc., or are allergic to metal.
2. People in pregnancy, menstruation or lactation.
3. People whose surgical wound is healing, or in surgical recovery.
4. People with Three Highs (hypertension, hyperglycemia, hyperlipidemia), heart disease, epilepsy, severe diabetes or hyperthyroidism.
5. People with malignant tumor, hemophilia or severe bleeding.
6. People with skin diseases or infectious diseases.
7. People with relatively weak body.
8. People who are drunk, thirsty, overworked, or with full and empty stomach.

Notes (after treatment)

1. Keep warm, and avoid exposing to windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol and eating and drinking too much.
4. Avoid eating raw, cold and spicy foods, and get enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

Buttocks Sculpting

Buttocks, which located at the middle of human body, is the key hub for channels and collaterals and qi-blood circulation, and is the main switch of six channels and collaterals as well as the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of human body. It plays an important role in body S-curve management and feminine charm increasing.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other gynecological diseases.
3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy among couples.
5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape hips, improve the sagging and outward expansion of hips, tighten skin, and increase elasticity.

Indications

1. People with slack and saggy hips, or fat accumulation on hips.
2. People with lineae albicantens or stretch marks.
3. People whose hips shape is not good-looking, flat, loose, or with outward expansion.
4. People with cold hips, or with low hips temperature.
5. People with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. People with decreased estrogen levels, or disharmonious sexual life.

Contraindications

1. People in menstruation, pregnancy, lactation or surgical recovery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumor, etc.
3. People with skin diseases, infectious diseases, or in skin sensitive period.
4. People with surgical wounds, or in surgical recovery.
5. People in allergic period, or with severely sensitive skin.
6. People who just had liposuction.
7. People who are overly aging.

Notes (after treatment)

1. Keep buttocks warm, and avoid wearing miniskirts or shorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol and eating and drinking too much.
5. Avoid eating raw, cold and spicy foods, and get enough sleep.
6. Avoid enjoying sauna or hot spring, or doing strenuous exercise within 7 days.

Legs Sculpting

Effects

1. Tighten skin and prevent slack skin;
2. Stimulate collagen regeneration and flatten lineae albicantens;
3. Increase legs blood circulation, detox and metabolism;
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excess proud flesh on legs and get rid of thick thigh.

Indications

1. People with obstructed blood circulation of lower limbs, or with edema and obesity.
2. People with hypo-immunity, or who feel uncomfortable and pain all over the body, or who are prone to catch colds.
3. People with constipation, or with coarse and slack skin.
4. People with clogged channels and collaterals in legs, or with disproportionate and unsightly legs.

Contraindications

1. People in menstruation, pregnancy or lactation.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumor, etc.
3. People with skin diseases, infectious diseases, or in skin sensitive period.
4. People with surgical wounds or in recovery.
5. Patients with severe varicose veins or tumors.
6. People in allergic period, or with severely sensitive skin.
7. People who just had liposuction.
8. People who are overly aging.
9. People in pregnancy, or in surgical recovery.

Notes (after Operation)

1. Keep warm, and do not eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna or hot spring, or doing strenuous exercise within 7 days.
6. Wear long pants as far as possible after treatment, and avoid wearing miniskirts and shorts.

Breast Sculpting

Effects

1. Adjust breast shape and improve accessory breast.
2. Improve breast nodules and slight hyperplasia, and relieve breast distending pain during menstruation.
3. Improve breast outward expansion.
4. Improve irregular menstruation, color spots and inelastic facial skin.
5. Improve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

Indications

1. People with unsightly breast shape, or accessory breast.
2. People with breast nodules, slight hyperplasia, or have breast distending pain during menstruation.
3. People with free fat in the breast, or breast sagging, or outward expansion.
4. People with low immunity.
5. People with irregular menstruation, color spots, or inelastic facial skin.
6. People who think herself has less mammogenesis, or with mastatophy, slack breast, blocked lactiferous ducts after giving birth.

Contraindications

1. People with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function or major organ function impaired.
2. People who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or are taking now.
3. People with infected skin on the breast.
4. People with severe breast hyperplasia, fibroma or cyst.

5. Women in pregnancy or lactation.

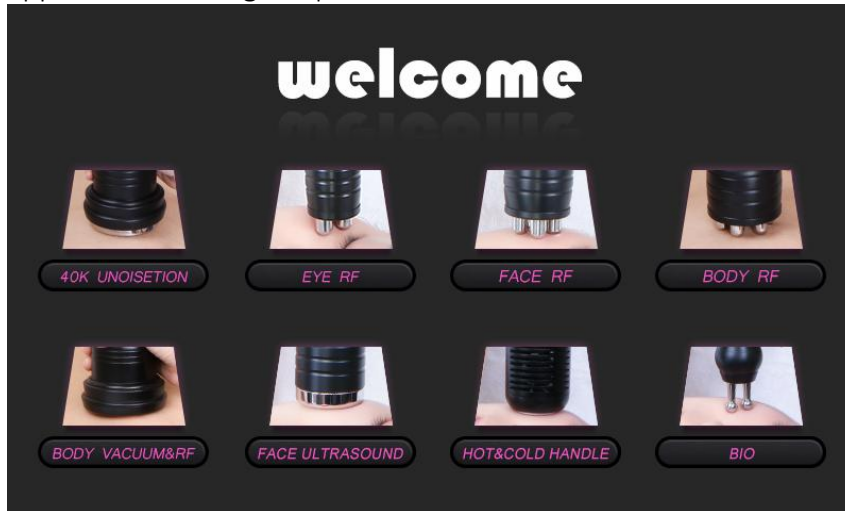
Notes (after Operation)

1. Keep warm, and don't eat cold food, and avoid exposing to windy environment or catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse drinking and eating too much, as well as staying up late.
5. Avoid enjoying sauna, hot spring or doing strenuous exercises within 7 days.
6. Wear case-hardened and comfortable underwear, and don't press the breast hardly.

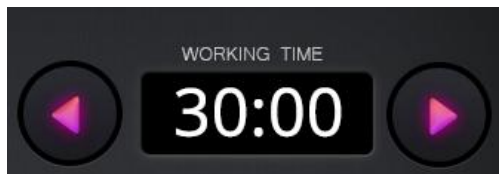
Part II

1. Detailed Operations

Check the instrument and make sure it's properly connected. The following initial page will appear after having the power switch on.



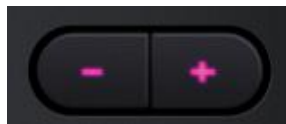
1.1 Functions Selection



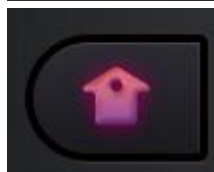
Time Setting & Display



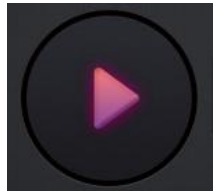
Energy Level Display



Energy Level Setting



Homepage



Start/ Pause



Return

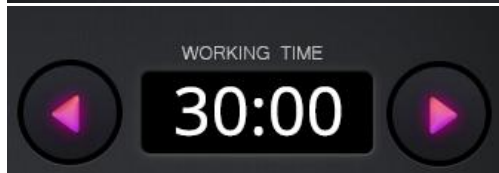
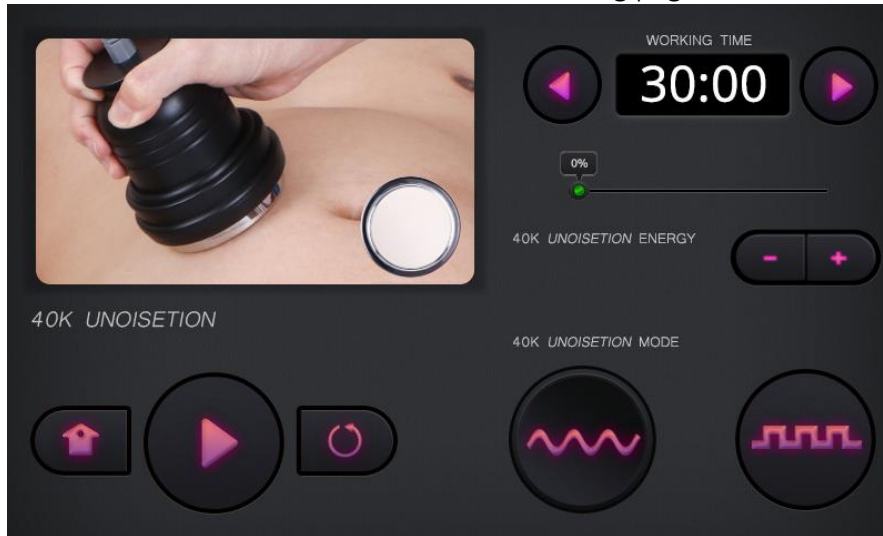


Rotating knob for vacuum RF suction setting (rotate to the right to increase suction and rotate to the left to decrease).

1.2 Detailed Operations for 40K



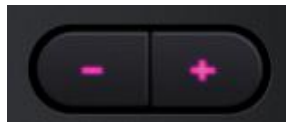
Select **40K UNOISETION** and enter the following page



Time Setting & Display



Energy Level Display



Energy Level Setting



Mode Setting




M1 is continuous energy releasing mode(continuous working)

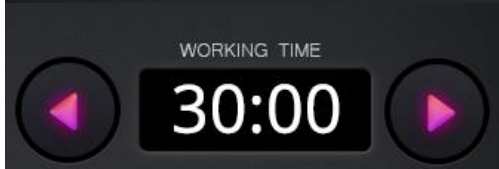
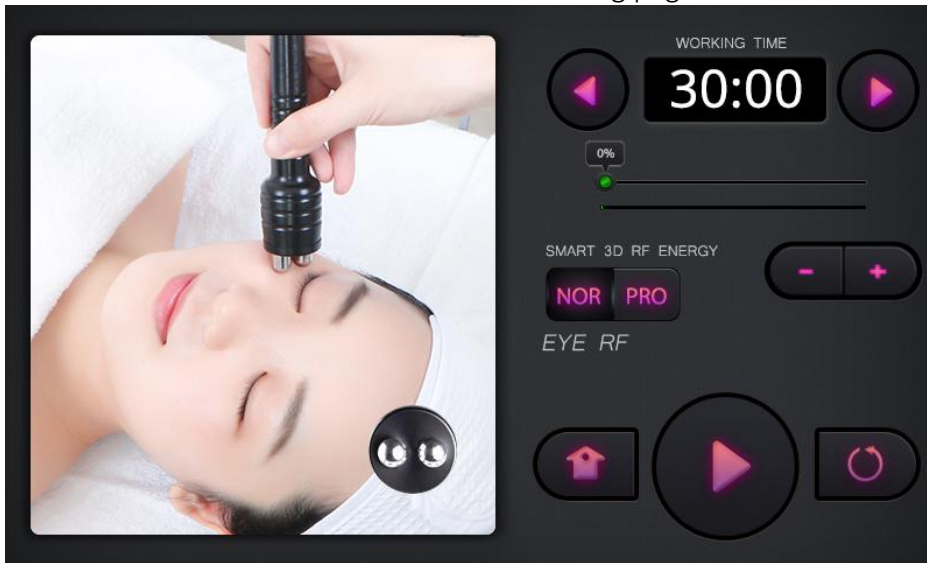


M2 is discontinuous energy releasing mode(discontinuous working)

1.3 Detailed Operations for Eyes RF



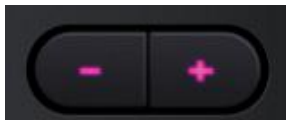
Select  and enter the following page.



Time Setting & Display



Energy Level Display



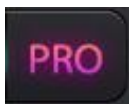
Energy Level Setting



Mode Setting



NOR is default mode. The red light will on all the time. The temperature for RF will reach the setting value directly.

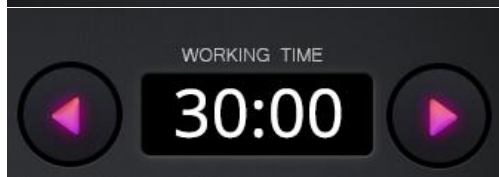
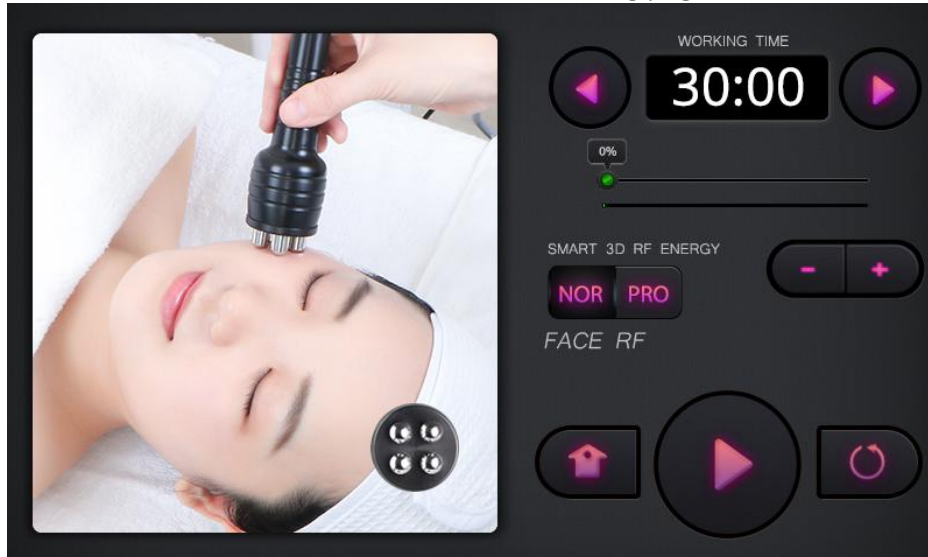


PRO is smart mode. The red light will on after touching the skin. The temperature for RF will reach the setting value slowly.

1.4 Detailed Operations for Face RF



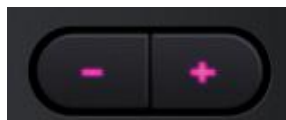
Select  and enter the following page



Time Setting & Display



Energy Level Display



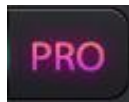
Energy Level Setting



Mode Setting



NOR is default mode. The red light will on all the time. The temperature for RF will reach the setting value directly.

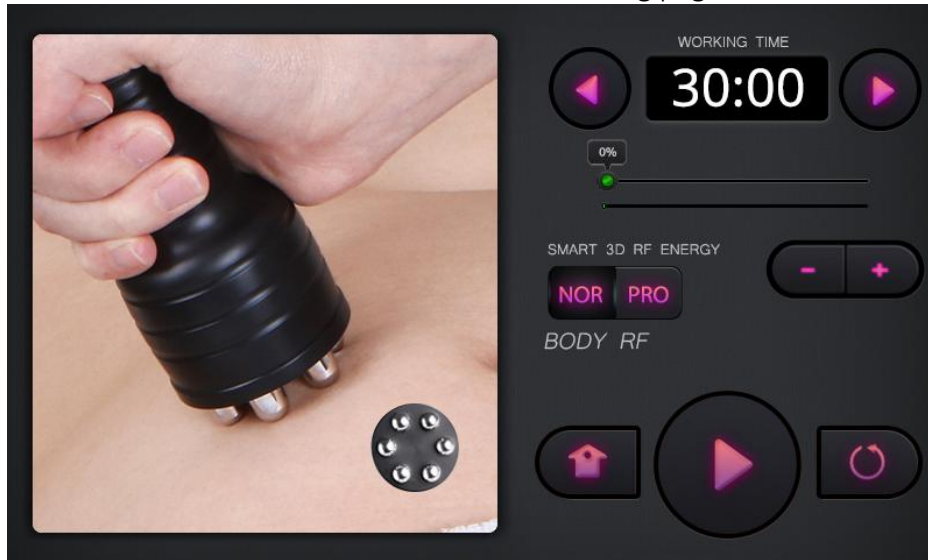


PRO is smart mode. The red light will on after touching the skin. The temperature for RF will reach the setting value slowly.

1.5 Detailed Operations for Body RF



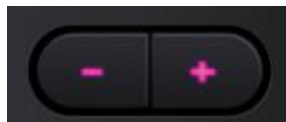
Select **BODY RF** and enter the following page.



Time Setting & Display



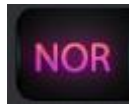
Energy Level Display



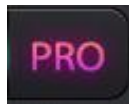
Energy Level Setting



Mode Setting



NOR is default mode. The red light will on all the time. The temperature for RF will reach the setting value directly.

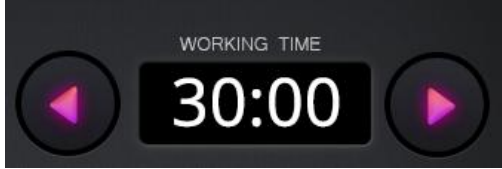


PRO is smart mode. The red light will on after touching the skin. The temperature for RF will reach the setting value slowly.

1.6 Detailed Operations for Vacuum RF



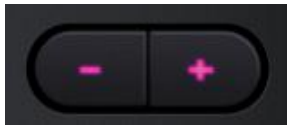
Select **BODY VACUUM&RF** and enter the following page.



Time Setting & Display



Energy Level Display



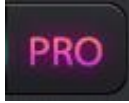
Energy Level Setting



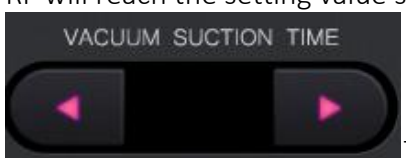
Mode Setting



NOR is default mode. The red light will on all the time. The temperature for RF will reach the setting value directly.



PRO is smart mode. The red light will on after touching the skin. The temperature for RF will reach the setting value slowly.



Time Setting and Display for Vacuum Suction (Time for suction is longer than release.)



Time Setting and Display for Vacuum Release (It's direct suction when the time is set to zero.)



Modes Selection for Vacuum



M1 is direct suction mode, and vacuum RF handle is in direct suction all the time (select M1 if you want to expel toxin and shape body)



M2 is interval mode with rather slow frequency (select M2 if you want to do massage and expel toxin a little bit)



M3 is interval mode with comparably fast frequency (select M3 if you want to expel toxin slightly)



M4 is interval mode with relatively fast frequency (select M4 if you want to do massage and expel toxin and accelerate circulation.)

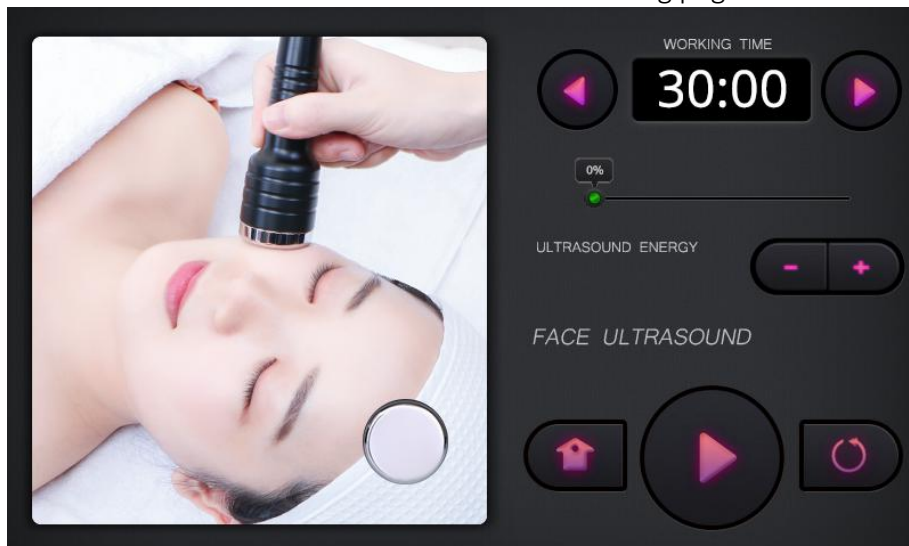


M5 is interval mode with the fastest frequency (select M5 if you want to do massage and relax.)

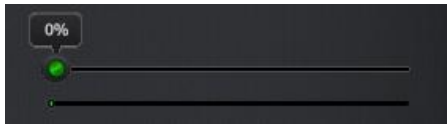
1.7 Detailed Operations for Facial Ultrasound



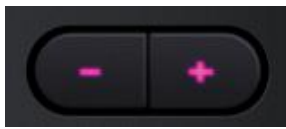
Select **FACE ULTRASOUND** and enter the following page.



Time Setting & Display



Energy Level Display

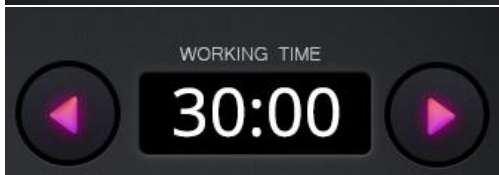
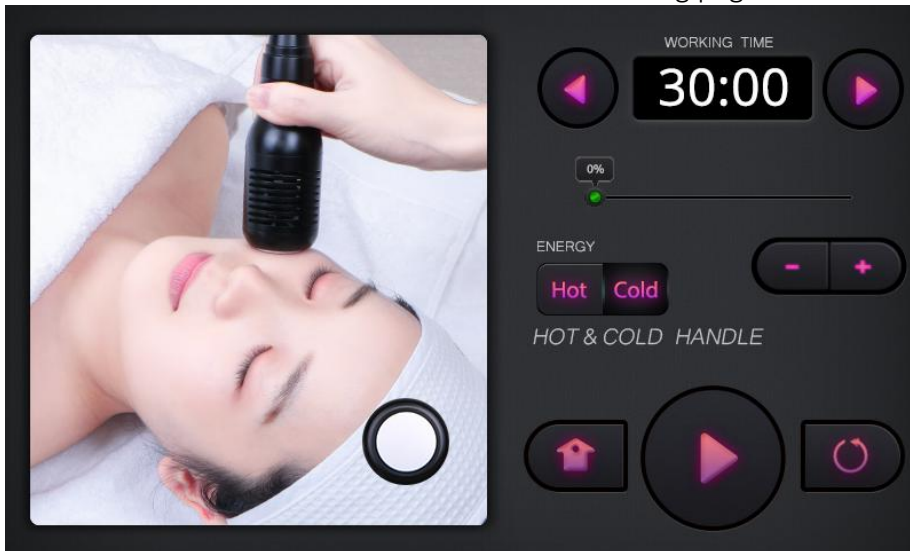


Energy Level Setting

1.8 Detailed Operations for Cold & Hot Hammer



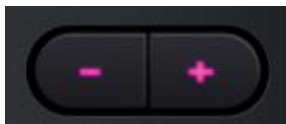
Select **HOT&COLD HANDLE** and enter the following page.



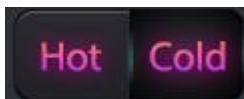
Time Setting & Display



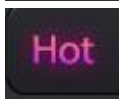
Energy Level Display



Energy Level Setting



Hot & Cold Hammer Selection



Hot Hammer (for importing and pores opening)

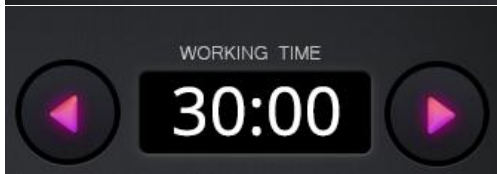
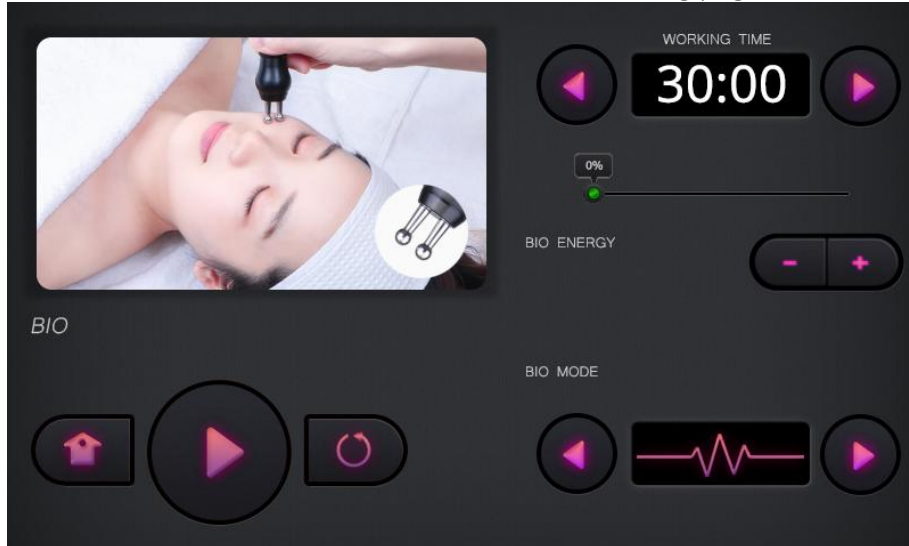


Cold Hammer (for soothing, calming, acne removing, repairing, pores shrinking)

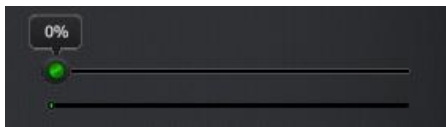
1.9 Detailed Operations for BIO



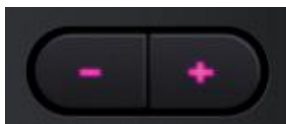
Select **BIO** and enter the following page.



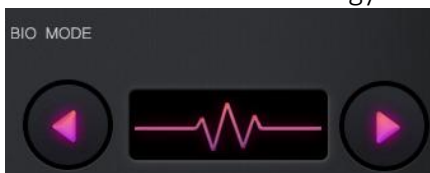
Time Setting & Display



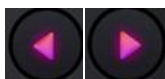
Energy Level Display



Energy Level Setting



Mode Setting & Display



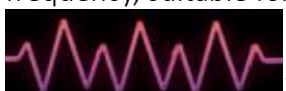
Modes Selection



The detailed display for Mode 1. M1 is interval mode with relatively slow frequency, suitable for first time user.



The detailed display for Mode 2. M2 is interval mode with relatively fast frequency, suitable for people with dim and lackluster skin.



The detailed display for Mode 3. M3 is interval mode with faster frequency,

suitable for people with coarse and nutritional deficiency skin.



The detailed display for Mode 4. M4 is continuous working mode, suitable for people with dry, hypopenic, rough and dim skin.

2. Technical Parameters

3. Contraindications

People with the following situations should use the instrument with caution. Please consult a doctor or professional before using this instrument. The details are as follow:

- (1) Women in pregnancy, or lactation;
- (2) People with heart disease, or with heart pacemaker;
- (3) People with unhealed surgical wound, or in surgical recovery;
- (4) People with epilepsy, severe diabetes or hyperthyroidism;
- (5) People with malignant tumors, hemophiliac or severe bleeding;
- (6) People with skin diseases or infectious diseases should use with caution;
- (7) People with metals inside body, such as stent, pacemaker, or who are sensitive to metals.
- (8) People who are sensitive to electric current should use caution.

4. Precautions for Use

- (1) Plug with ground pin must be used, and power socket that already factually grounded must be ensured before using the instrument.
- (2) To make sure instrument's voltage is adaptive. If voltage of local power supply is unstable, we suggest users add voltage regulator with matching power between the mains supply and the instrument.
- (3) To guarantee curative effect and normal service life of the instrument, please uniformly use specified parts provided or suggested by original manufacturer.
- (4) The instrument can't be placed in damp places or near water, and also can't be exposed to direct sunlight.
- (5) Don't place the instrument near a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from body before treatment so as to avoid unexpected situations which may affect curative effect.
- (7) Please restrain from using the instrument aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) People who are suffering from illness should use with caution unless he gets permission from a doctor.
- (9) Please turn off power switch of the instrument if no one uses it, and ensure main power is off after someone used it and before he left, thus safety of the instrument can be guaranteed.
- (10) Operating with the lowest energy level when just started, and increase the level gradually after client got used to it.
- (11) Clean the instrument with normal saline after operation so as to ensure its cleanliness and hygiene, as well as extending its service life.
- (12) The probes can be used separately, but a better effect can be achieved with the combined use of several probes.

- (13) The instrument should contact skin fully so as to avoid uneven heating when in use.
- (14) When using this instrument, parts that be treated must be kept moist, and dry skin treatment should be avoided.
- (15) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (16) It's prohibited to use 40K on head, chest, heart and back.

5. Troubleshooting & Solutions

- (1) The instrument can't be started, and lights on its back are not working?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse tube on the back of the instrument is loose or burnt out.

- (2) The instrument is without RF output?
 - A. Please check whether the instrument handle and the plug connecting to instrument body are closely connected.
 - B. Please check whether the treated parts have been cleaned. Grease or oily essential products may cause poor contact between the handle and human body, which will result in no RF output.

- (3) The RF output is weakened?
 - A. Please check whether the handle and the plug connecting to instrument body are closely connected.
 - B. Please check whether there is non-conductive grease on the handle, which may cause poor contact and weaken the output.
 - C. Please check whether the product used is the adaptive product specified by the instrument.

- (4) The instrument doesn't have suction or with small suction?
 - A. Please turn off the instrument and check its specified filter which may need to be replaced.
 - B. Please check the rubber ring of the handle plug because a worn rubber ring may cause air leakage.
 - C. Please check whether the oil filter cup outside the filter is tightened, and check whether the rubber ring is worn out. It's possible that air leakage in this place may cause poor air pressure.
 - D. If the above-mentioned solutions are not working, please contact the instrument dealer for assistance.

- (5) The instrument can be started, but there is error message on the monitor?
 - A. Take out the plug in the back of the instrument, and wait for about 1 minute and re-plug and restart it.
 - B. If the above-mentioned solutions are not working, please contact the instrument dealer for assistance.

6. FAQs

- (1) Q: How long does the effect of RF treatment can be seen?
 - A: Normally the effect can be seen on the same day or within a week. The skin collagen

tissue, under heating, produces contraction, which results in an obvious skin tightening. RF can regenerate collagen continuously because it stimulates subcutaneous tissue. Therefore, the more you treat it, the more obvious the effect would be.

(2) Q: Is RF harmful to skin?

A: RF for tightening and anti-wrinkles is a non-surgical program. It stimulates collagen regeneration on underlying skin and accelerates metabolism. Therefore, it causes no harm to skin. Only local redness and heating will occur after treatment, which is a normal phenomenon caused by accelerated blood circulation, and it will disappear itself after a moment. Thus, there's no need to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. To have an obvious effect, we will combine the use of professional techniques and instruments.

(4) Q: What functions does this instrument include?

A: Fat dissolving for body shaping, skin smoothing and rejuvenating, tightening and lifting, youth restoring and anti-aging. It can be operated all over the body. For face, it can sculpt facial contour, alleviate wrinkles and loosening and sagging. For body, it can reduce weight on local part and build S curve, accelerate metabolism and detox of whole body. Meanwhile, it can also enhance viscera functions and regulate sub-health of body.

(5) Q: Which one is better in terms of weight reduction, liposuction or this instrument?

A: The principle of liposuction is sucking out excess fat in a certain body part through vacuum suction so as to achieve the purpose of losing weight quickly on local parts. It has an instant effect, requires anesthesia during the operation, and has recovery period. It's an operation and there is risk. However, this instrument is risk-free and has no side effects. It can stimulate collagen regeneration so as to lift and tighten skin while reducing weight. It can also shape perfect curves by lifting, and boost feminine charm.

(6) Q: Will I experience rebound after the treatment?

A: For weight loss by ultrasonic fat dissolving, the weight will not rebound easily after reduction. Ultrasonic fat dissolving is removing fat instead of water, and it takes a long time for the fat to be accumulated, thus the weight will not get rebound easily.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet a bit because radio frequency and ultrasonic treatment are followed by fat blasting and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. You can have proper workout for sweating, and make it discharge successfully from your body. In this way the effect of weight loss will be more obvious.

(8) Q: Does it have any side effects on body?

A: Improving appearance and shaping body with RF is a non-invasive treatment and is currently one of the safest and most effective way to remove wrinkles, tighten skin and sculpt body. Generally speaking, there is no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. People with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to RF heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will

disappear after three days. There are no side effects on body health.

(9) Q: Can ultrasound be operated all over the body?

A: Ultrasound breaks fat cells, which leads to the burst of cell wall. Then fat in the cells flow out and absorbed and metabolized by lymph. Therefore, it has a strong power. The heart is very sensitive to sound wave since our heart is a hollow organ. Back and forth reflex occurs due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If directed it at eyes, it can cause retinal detachment. Therefore, shun eyes and heart area when using ultrasound. (Don't use it on waist, back and chest.)

(10) Q: Does ultrasound have side effects on human body?

A: Ultrasound is not surgery, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound (mechanical sound wave) -blast fat through cavitation - ultrasound focusing. Effect: fat smashing -fat dissolving -skin firming and body sculpting. It only targets at fat cells of low density while protecting tissue of high density, such as nervus vascularis, therefore it has no side effects on human body. Only slight drumming in the ears may appear during the treatment, which is normal and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because ultrasonic wave has a strong vibration and with a frequency above 20KHZ. It acts on subcutaneous fat layer that is 20mm below through ultrasound focusing. Ultrasonic wave with concentrated energy effectively causes high speed friction among fat cells, resulting in heating and eventually in breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance, and a fibrous protein that is white, opaque and non-branched. It can supplement the nutrition needed by all the skin layers, and enhance collagen activity in the skin, and with the effects of locking moisture, nourishing skin, delaying aging, beautifying looks, relieving facial relaxation, and caring hair. Collagen is a nutrient that the human body must be supplemented for delaying aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen have drained, and the content of collagen have decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, the content of collagen is less than half of that of the age of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause for the wrinkles on the face of the elderly. It causes the oxidation, atrophy and collapse of skin tissues, which makes the skin dry, wrinkled, slack and inelastic and etc. Therefore, collagen must be supplemented for aging delaying.




(13) Q: How does vacuum do detox?

A: Vacuum can congest capillary, stimulate cells to increase vitality. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up waste expelling. Therefore, it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and etc.

7. Packing List

Main Machine x1
 Parts Rack x2
 Fuse x2
 Filter x1
 Power Cord x1
 Bipolar RF Handle x1
 Quadrapolar RF Handle x1
 Sextupole RF Handle x1
 Vacuum RF Handle x1
 BIO Handle x1
 40K Handle x1
 Ultrasound Handle x1
 Cold & Hot Hammer x1

8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
Facial Anti-wrinkles & Tightening: 60 Minutes/ Once a Week			
Face RF: Advised time: 10 to 15 minutes Advised energy level: between 30% and 70% Mode: NOR/PRO BIO: Advised time: 10 to 15 minutes Advised energy level: between 30% and 70%	Makeup Remover + Facial Cleanser + Cold & Hot Steam + Massage Cream + Base Mask + Essence + Facial Mask	<ol style="list-style-type: none"> Remove makeup and clean the face, 5 minutes. Apply hydrating mask and use hot steam, 10 minutes. Clean the face, 2 minutes. Apply toner, 1 minute. Apply massage cream evenly to the face, and caress it for 3 times. Press Chengjiang (REN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BI-1), Cuanzhu (BI-2), Yuyao(EM3), Sizhukong (TE-23), Temple, Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat 3 times. Caress the whole face for 3 times. Lift from chin to earlobe, from the corner of mouth to Ermen 	Technique 5, 7  <hr/> Technique 6  <hr/> Technique 8, 18, 23, 24 

Mode:
M1/M2/M3/M
4

Ultrasound:

Advised time:
10 to 15
minutes

Advised energy
level: between
30% and 70%

(SJ21), from nose wing to Temple, and from lower eyelid to Temple in three lines respectively with two hands doing it alternately, and lift the corner of eye. Repeat 3 times.

9. Repeat the same on the other side.

10. Lift forehead towards hairline direction. Repeat 3 times.

11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.

12. Flip the forehead towards hairline direction with one hand. Repeat 3 to 5 times.

13. One side: Flip and lift the face with two hands doing it alternately. Do it for 2 to 3 minutes.

14. Do the same on the other side.

15. Move zigzag on the whole forehead with middle and ring finger, slide to the front of ear and lift to and fro for 3 times, and pass over the back of ear.

16. Clean the face, 2 minutes.

17. Apply essence evenly to the whole face, 1 minute.

18. **Techniques for Face RF:** Lift one line after another from chin to Ermen (SJ21), from the corner of mouth to Ermen (SJ21), from nose wing to Temple. Repeat 3 times.

19. Do the same on the other side.

20. Lift from forehead towards hairline direction. Repeat 3 times.

21. Clean the face, 2 minutes.

22. Apply essence evenly to the face, 1 minutes.

23. **Techniques for BIO:** Lift one line after another from chin to

Technique 10, 12, 20,
25



Technique 15



Technique 27



Technique 29







		<p>the back of ear, from the corner of mouth to Ermen (SJ21), from nose wing to Temple, and lift upwards. Repeat 3 times.</p> <p>24. Coupled with hands, lift from double chin to the back of ear, from chin to Ermen (SJ21), from the corner of mouth to Temple, from nose wing to Temple, and lift upwards. Repeat 3 times.</p> <p>25. Lift from forehead towards hairline direction. Repeat 3 times.</p> <p>26. Do the same on the other side.</p> <p>27. Techniques for Ultrasound: lift one line after another from chin to the back of ear, from the corner of mouth to Ermen (SJ21), from nose wing to Temple, and lift upwards. Repeat 3 times.</p> <p>28. Do the same on the other side.</p> <p>29. Treat the forehead with instrument moving transversely and circlewise. Repeat 3 times.</p> <p>30. Apply facial mask, and wait for 15 minutes.</p> <p>31. Clean the face, 2 minutes.</p> <p>32. Apply toner, essence and facial cream and sunscreen.</p> <p>33. Treatment done.</p>	
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Course of treatment recommended:

A course consists of ten treatments. After one treatment, skin becomes tightened and rejuvenated, and be supplemented with the needed nutrition. After a course, skin improves and turns glossy. After two courses, skin becomes smooth and plump, and its outline gets clearer gradually. After 3 courses, skin metabolism and detox enhance. And it helps to fade pigment and dim skin, and contributes to prevent and delay skin aging, loosening and sagging, and helps with collagen hyperplasia in underlying skin, which makes skin tender and smooth, firmed and glossy.






Facial Easing & Repairing: 60 Minutes/ Once a Week



<p>Ultrasound: Advised time: 10 to 15</p>	<p>Makeup Remover + Facial</p>	<p>1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minutes.</p>	<p>Technique 6</p>
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<p>minutes</p> <p>Advised energy level: between 30% and 70%</p> <p>Cold Hammer: Advised time: 10 to 15 minutes</p> <p>Advised energy level: between 30% and 70%</p>	<p>Cleanser + Crystal Base Mask + Cold & Hot Steam + Easing & Repairing Serum + Easing & Repairing Facial Mask + Instrument</p>	<ol style="list-style-type: none"> 3. Apply easing and repairing facial mask to the whole face and use cold steam, 5 to 8 minutes. 4. Remove the mask and clean the face, 2 minutes. 5. Apply easing and repairing serum evenly to the whole face, 1 minutes. 6. Techniques for Ultrasound: move circlewise and upwards from chin to the part below the ear, from the corner of mouth to the middle of ear, from nose wing to Temple. Repeat 3 times. 7. Do the same on the other side. 8. Move circlewise and upwards from forehead to hairline direction. Repeat 3 times. 9. Move small circles on nose. Repeat 3 to 5 times. 10. Clean the face, 2 minutes. 11. Apply easing and repairing serum to the whole face, 1 minutes. 12. Techniques for Cold Hammer: move circlewise and upwards from chin to the part below the ear, from the corner of mouth to the middle of ear, from nose wing to Temple. Repeat 3 times. 13. Do the same on the other side. 14. Treat the forehead with instrument moving transversely and circlewise. Repeat 3 times. 15. Apply facial mask, and wait for 15 minutes. 16. Clean the face, 2 minutes. 17. Apply toner, essence, facial cream and sunscreen. 18. Treatment done. 	<div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 8</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 12</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 14</p> <div style="text-align: center;">  </div> <hr/>
<p>Course of treatment recommended:</p>			

A course consists of ten treatments. After one treatment, skin is supplemented with enough water and becomes smooth. After one course, it returns to normal skin little by little. Allergy will not occur due to season changing, cosmetics contacting or hydropenia of skin. After two courses, skin will turn smooth, soft, white touched with red, with good blood circulation, and with velvet-like suppleness. After three courses, the effects reinforced, and sensitive skin can be prevented.

Facial Tightening & Whitening: 60 Minutes/ Once a Week

<p>Face RF:</p> <p>Advised time: 10 to 15 minutes</p> <p>Advised energy level: between 30% and 70%</p> <p>Mode: NOR/PRO</p> <p>Ultrasound:</p> <p>Advised time: 10 to 15 minutes</p> <p>Advised energy level: between 30% and 70%</p> <p>Cold & Hot Hammer:</p> <p>Advised time: 10 to 15 minutes</p> <p>Advised energy level: between 30% and 70%</p>	<p>Makeup Remover + Facial Cleanser + Cold & Hot Steam + Massage Cream + Base Mask + Whitening Serum + Anti-wrinkles Serum + Facial Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply hydrating mask and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it for 3 times. 6. Press Chengjiang (REN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BI-1), Cuanzhu (BI-2), Yuyao(EM3), Sizhukong (TE-23), Temple, Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat 3 times. 7. Caress the whole face for 3 times. 8. Lift from chin to earlobe, from the corner of mouth to Ermen (SJ21), from nose wing to Temple, and from lower eyelid to Temple with two hands doing it alternately, and lift the corner of eye. Repeat 3 times. 9. Repeat the same on the other side. 10. Lift forehead towards hairline direction. Repeat 3 times. 11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times. 	<p>Technique 5, 7</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 8, 18, 19</p>  <hr/> <p>Technique 10, 21</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 24, 29</p>
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	<p>12. Flip the forehead towards hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One side: Flip and lift the face with two hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring finger, slide to the front of ear and lift to and fro for 3 times, and pass over the back of ear.</p> <p>16. Clean the face, 2 minutes.</p> <p>17. Apply anti-wrinkles serum evenly to the whole face, 1 minute.</p> <p>18. Techniques for Face RF: Lift one line after another from chin to the part below ear, from the corner of mouth to the middle of ear, from nose wing to Temple. Repeat 3 times.</p> <p>19. Coupled with hands, lifting from double chin to the back of ear, from chin to Ermen(SJ21), from the corner of mouth to Temple, from nose wing to Temple, and lift upwards. Repeat 3 times.</p> <p>20. Do the same on the other side.</p> <p>21. Lift from forehead towards hairline direction. Repeat 3 times.</p> <p>22. Clean the face, 2 minutes.</p> <p>23. Apply whitening essence evenly to the face, 1 minutes.</p> <p>24. Techniques for Ultrasound: Lift circlewise from chin to the back of ear, from the corner of mouth to Ermen (SJ21), from nose wing to Temple, and lift upwards. Repeat 3 times.</p>	 <hr/> <p>Technique 25, 31</p>  <hr/>
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		<p>25. Move circlewise from forehead to hairline direction. Repeat 3 times.</p> <p>26. Do the same on the other side.</p> <p>27. Clean the face, 2 minutes.</p> <p>28. Apply whitening essence to evenly to the whole face, 1 minutes.</p> <p>29. Techniques for Cold & Hot Hammer: lift circlewise from chin to the back of ear, from the corner of mouth to Ermen (SJ21), from nose wing to Temple, and lift upwards. Repeat 3 times.</p> <p>30. Do the same on the other side.</p> <p>31. Treat the forehead with instrument moving transversely and circlewise. Repeat 3 times.</p> <p>32. Apply facial mask, and wait for 15 minutes.</p> <p>33. Clean the face, 2 minutes.</p> <p>34. Apply toner, essence and facial cream and sunscreen.</p> <p>35. Treatment done.</p>	
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Course of treatment recommended:

A course consists of ten treatments. After one treatment, skin becomes tightened and rejuvenated, and be supplemented with the needed nutrition. After a course, skin improves and turns glossy. After two courses, skin becomes smooth and plump, and its outline gets clearer gradually. After 3 courses, skin metabolism and detox enhance. And it helps to fade pigment and dim skin, and contributes to prevent and delay skin aging, loosening and sagging, and helps with collagen hyperplasia in underlying skin, which makes skin tender and smooth, firmed and glossy.

Eyes Anti-wrinkles: 30 Minutes/ 2 to 3 Times a Week

<p>Eyes RF: Advised energy level: between 30% and 70% Advised time:</p>	<p>Cleansing Oil + Facial Cleanser + Essence/Eye Cream + Instrument + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply essence (eye cream) evenly to the eyes with hands moving circlewise, 3 minutes.</p>	<p>Technique 3, 12</p>
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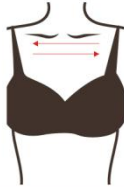

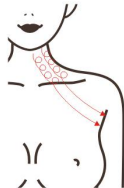


<p>10 to 15 minutes</p> <p>Mode: NOR/PRO</p> <p>BIO: Advised energy level: between 30% and 70%</p> <p>Advised time: 10 to 15 minutes</p> <p>Mode: M1/M2/M3/M4</p>		<p>4. Eyes RF Techniques: Set the energy parameters, mode and time (about 10 minutes).</p> <p>5. Lift the device from lower eyelid to the corner of eye. Repeat 3 to 6 times.</p> <p>6. Lift the device from lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>7. Lift the device from lower eyelid moving circlewise to Temple. Repeat 3 to 6 times.</p> <p>8. Lift the instrument from lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>9. Lift the instrument from brow ridge to hairline. Repeat 3 to 6 times.</p> <p>10. Treat the other side.</p> <p>11. Clean the eyes, 1 minute.</p> <p>12. Apply essence evenly to the eyes with hands moving circlewise, 1 minutes.</p> <p>13. BIO Techniques: Set the energy parameters, mode and time (about 10 minutes).</p> <p>14. Lift the device from lower eyelid to the corner of eye. Repeat 3 to 6 times.</p> <p>15. Lift the device from lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>16. Lift the instrument from brow ridge to hairline. Repeat 3 to 6 times.</p> <p>17. Treat the other side.</p> <p>18. Clean the eyes, 1 minutes.</p> <p>19. Apply eye mask, and wait for 15 minutes.</p> <p>20. Remove the mask and clean the face, 2 minutes.</p> <p>21. Apply eye essence and cream.</p> <p>22. Treatment done.</p>	 <hr/> <p>Technique 5, 14</p>  <hr/> <p>Technique 6, 8, 15</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 9, 16</p> 
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Course of treatment recommended:

It's advised to do it for 2 to 3 times. After one treatment, the eye will be tightened and lifted,

and eye blood circulation will be accelerated. After a month, the fine lines and black eye will be faded, and skin color will be improved. After three months, the eye will be tightened and lifted, and be rejuvenated and with gloss. To stick to it, the eye can be improved and aging can be prevented.

Neck Maintenance: 60 Minutes/ Once a Week

<p>Face RF: Advised energy level: between 30% and 70%</p> <p>Advised time: 10 to 15 minutes</p> <p>Mode: NOR/PRO</p> <p>Ultrasound: Advised energy level: between 30% and 70%</p> <p>Advised time: 10 to 15 minutes</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage neck, and lift in the front of chest and apply oil to it with both hands, then move to the back of neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat 3 times. 4. Lift jaw and double chin with both hands doing it alternately, and lift to armpit via the back of ear, and pass under armpit. Repeat 3 times. 5. Stroke three channels and collaterals on the side of neck with the V-shaped webbed area between thumb and index finger doing it circlewise, and till armpit and pass under there. Repeat 3 times. 6. Stroke three channels and collaterals on the side of neck with four fingers, and till armpit and pass under there. Repeat 3 times. 7. Rub the side of neck with kneeling fingers till it turns hot, and rub till armpit and pass under there. Repeat 3 times. 8. Stroke external collarbone with the V-shaped webbed area between thumb and index finger, and till armpit. Repeat 3 to 5 times. 9. Do the same on the other 	<p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5, 6, 7</p>  <hr/> <p>Technique 11, 18</p>  <hr/> <p>Technique 12, 19</p>  <hr/> <p>Technique 14, 21</p>
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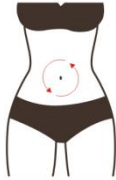
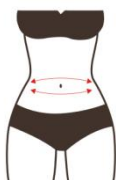


	<p>side.</p> <p>10. Treatment done.</p> <p>11. Face RF Techniques: Coupled with hands, lifting from double chin to armpit via the back of ear, and pass under the armpit. Repeat 3 times.</p> <p>12. Move the instrument circlewise on the side of neck till armpit in three lines respectively, and pass under there. Repeat 3 times.</p> <p>13. Slide the instrument from internal and external collarbones to armpit, and pass under there. Repeat 3 to 5 times.</p> <p>14. Move the instrument circlewise around the neck. Repeat 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck, 1 minutes.</p> <p>17. Apply essence evenly to the neck, 1 minute.</p> <p>18. Ultrasound Techniques: Coupled with hands, lifting from double chin to armpit via the back of ear, and pass under the armpit. Repeat 3 times.</p> <p>19. Move the instrument circlewise on the side of neck till armpit in three lines respectively, and pass under there. Repeat 3 times.</p> <p>20. Slide the instrument from internal and external collarbones to armpit, and pass under there. Repeat 3 to 5 times.</p> <p>21. Move the instrument circlewise around the neck. Repeat 3 to 5 times.</p> <p>22. Do the same on the other</p>	 <hr data-bbox="1066 412 1337 416"/>
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		side. 23. Clean the neck, 1 minute. 24. Apply neck mask, and wait for 15 minutes. 25. Clean the neck, 1 minute. 26. Apply toner, neck essence, neck cream and sunscreen. 27. Treatment done.	
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Course of treatment recommended

A course consists of ten treatments. After one treatment, skin becomes rejuvenated and delicate. After a course, neck skin turns smooth, and circulation of neck lymph accelerates. After two courses, skin becomes tightened, cervical stripe fade, and double chin improves. After 3 courses, skin turns delicate, glossy, firmed and plump, and lymphatic detox speeds up, dim face and acne improves. It also delays skin aging and rejuvenate it.

Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

<p>40K: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: M1: continuous working M2: discontinuous working</p> <p>Vacuum RF: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: NOR/PRO</p> <p>Modes for Suction & Release: M1/ M2/ M3/ M4/ M5</p> <p>Time for suction and release can</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Massage Techniques. 2. Move circlewise on abdomen with two hands, and apply oil on it. Repeat 3 times. 3. Rub belly back and forth with two hands. Repeat 3 to 5 times. 4. Rub the fat on abdomen as the way of rubbing spine with both hands doing it alternately. Repeat 3 times. 5. Lift belt vessels of both sides of the waist with hands doing it alternately. Repeat 16 times. 6. Move in Arabic numeral 8-shape to the part below waist and then lift upwards from the side of waist. Repeat 3 times. 7. Rub intestinal tract with two hands overlapped moving in small circles clockwise. Repeat 3 times. 8. Caress with two hands moving circlewise. Repeat 3 times. 9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan 	<p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3, 19</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>
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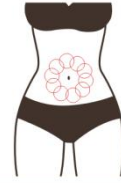
be set freely. It's direct suction mode when the time for release is set to zero.

(RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), Qugu (RN2). Repeat 2 times.

10. Push directly from Zhongji (RN3) to belly button with thumbs of both hands, and slide to the parts below waist along the two sides, and then lift upwards to groin. Repeat 2 times.
11. Caress till groin with both hands.
12. Treatment done.
13. **40K Techniques:** One Side: Lift from the side of waist to belly, and lift one line after another to groin. Repeat 3 times.
14. Lift the other side. Repeat 3 times.
15. Move in small circles on abdomen. Repeat 3 times.
16. Move in big circles on abdomen. Repeat 3 times.
17. **Vacuum RF Techniques:** Direct suction mode. One Side: lift one line after another from the side of waist to belly. Repeat 3 times.
18. Lift the other side.
19. Lift belt vessel back and forth and transversely. Repeat 3 times.
20. Sculpt up and down on waist. Repeat 3 times.
21. Move in big circles on abdomen. Repeat 3 times.
22. One Side: Lift one line after another from the side of waist to belly. Repeat 3 times.
23. Clean it with towel, and treatment done.



Technique 7



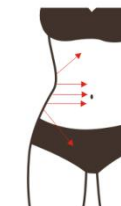
Technique 9



Technique 10




Technique 13, 17, 22



Technique 15

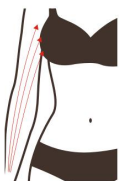
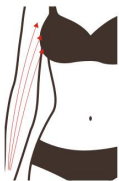




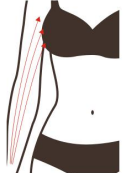
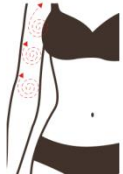


Technique 16, 21

			 <hr/> <p>Technique 20</p> 
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Course of treatment recommended
 A course consists of ten treatments. After one treatment, abdomen is heated which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile problems, such as constipation, improve. After two courses, the effects become more and more obvious. Skin turns tightened and lifted, collagen in underlying skin increases, and stretch marks and slack skin take a turn for the better. After three courses, the effects consolidate, excess fat disappears little by little, curve of waist and abdomen shapes, and a slim waist builds.

Arms Sculpting: 60 Minutes/ Once a Week

<p>40K: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: M1: continuous working M2: discontinuous working</p> <p>Body RF: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: NOR/PRO</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Techniques. 2. Lay the arms flatwise with the left first and the right after, and apply oil to both hands, and rub from the lower arm to the entire arm till palms reach the top end. Repeat 3 times. 3. Push the entire arm with two palms doing it alternately. Repeat 3 times. 4. Push three channels and collaterals (Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[I]) on the outer arms respectively with the V-shaped webbed area between thumb and index finger, and push till armpit. Repeat 3 times. 5. Caress the treatment area. Repeat 3 times. 6. Rub three channels and 	<p>Technique 2, 3, 4, 5, 6, 7</p>  <hr/>  <hr/> <p>Technique 8, 9</p>  <hr/> <p>Technique 10</p>
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		<p>collaterals on the upper arms respectively with kneeling fingers till it turns hot, and rub it back and forth. Repeat 3 times.</p> <ol style="list-style-type: none"> 7. Caress the treatment area. Repeat 3 times. 8. Lay the arms upwards, and push three yin channels (Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT]) on the inner arms with the V-shaped webbed area between thumb and index finger, and push till armpit. Repeat 3 times respectively. 9. Rub three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times. 10. Caress the treatment area till palms reach the end. 11. Repeat the same on the other side. 12. Treatment done. 13. 40K Techniques: Lay the arms flatwise, and start from the fat part of lower arm pushing to armpit along three channels and collaterals. Repeat 3 times. 14. Move annularly tracing three channels and collaterals till armpit. Repeat 3 times. 15. You may exercise more treatment on flabby arms. Repeat 3 times. 16. Push to armpit along three channels and collaterals. Repeat 3 times. 17. Lay the arms upwards, and push three channels and collaterals on the arms to armpit. Repeat 3 times. 	 <hr/> <p>Technique 13, 16, 21, 24</p>  <hr/> <p>Technique 14, 15, 22, 23</p>  <hr/> <p>Technique 17, 25</p>  <hr/> <p>Technique 19, 27</p>  <hr/>
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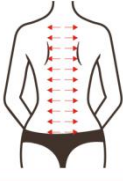
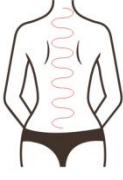
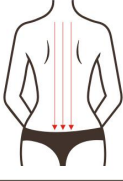
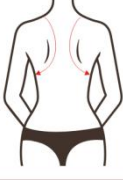
		<ol style="list-style-type: none"> 18. Move in small circles along three channels and collaterals on the upper arms to armpit, 3 times. 19. Start from the upper arm pushing to armpit along three channels and collaterals. 20. Do the same on the other side. 21. Body RF: Lay the arms flatwise. Start from the fat part of lower arm pushing to armpit along three channels and collaterals. Repeat 3 times. 22. Move annularly along three channels and collaterals till armpit. Repeat 3 times. 23. You may exercise more treatment on flabby arms. Repeat 3 times. 24. Push to armpit along three channels and collaterals. Repeat 3 times. 25. Lay the arms upwards, and push three channels and collaterals on the arms to armpit. Repeat 3 times. 26. Move small circles till armpit along three channels and collaterals on the upper arm. Repeat 3 times. 27. Start from the upper arm pushing to armpit along three channels and collaterals. Repeat 3 times. 28. Do the same on the other side 29. Clean it with towel, and treatment done. 	
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Course of treatment recommended

Ten treatments is a course. After one treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, excess fat on the arms starts to decrease, and skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthens, channels and collaterals dredges, and physique enhances. After three courses, the

effects consolidate and stabilize, and rebound can be prevented.

Back Sculpting: 60 Minutes/ Once a Week

<p>Body RF: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: NOR/PRO</p> <p>Vacuum RF: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: NOR/PRO</p> <p>Modes for Suction & Release: M1/ M2/ M3/ M4/ M5</p> <p>Time for suction and release can be set freely. It's direct suction mode when the time for release is set to zero.</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Techniques. 2. Apply oil to the back, and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke Da Ban Jin (anadesma connecting neck and shoulder) (start from hairline) with thumb finger. Repeat 3 to 5 times. 4. Stroke Bladder Meridian (BL) outward to Baliao (eight sacral foramina) with thumb finger and caress till Fengchi (GB20) and Fengfu (DU16). Repeat 3 times. 5. Move circlewise and in S-shape from neck to caudal vertebra with both hands. Repeat 3 times. 6. Push Bladder Meridian (BL) in a left-right order with two thumbs doing it alternately. Repeat 3 times. 7. Push Bladder Meridian (BL) to Baliao(eight sacral foramina) with two hands doing it simultaneously. Repeat 3 times. 8. Push Bladder Meridian (BL) with kneeling fingers of both hands in three lines respectively. Repeat 3 times. 9. Push scapula in a left-right order with both hands doing it alternately. Repeat 3 to 6 times. 10. Stroke transversely scapula with both hands. Repeat 3 to 6 times. 11. Caress the whole back with both hands and press Fengchi (GB20) and Fengfu 	<p>Technique 2, 11</p>  <hr/> <p>Technique 3, 18, 25</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14, 16, 23</p>  <hr/> <p>Technique 9, 19, 26</p> 
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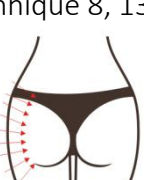
		<p>(DU16). Repeat 3 times.</p> <p>12. Press Tianzong (SI11) with both thumbs overlapped, and slide to arm and pass over there. Repeat 3 times.</p> <p>13. Treat the other side, and press Tianzong (SI11) till arm and pass over there. Repeat 3 times.</p> <p>14. Rub Du Meridian (DU) and Bladder Meridian (BL) till it turns hot with both hands.</p> <p>15. Treatment done.</p> <p>16. Body RF Techniques: Treat Du Meridian (DU) first and Bladder Meridian (BL) after. Starting from the neck, sliding to Baliao (eight sacral foramina). Repeat 3-5 times.</p> <p>17. Move circlewise on Dazhui (Du-14) and Baliao (eight sacral foramina). Repeat 3 to 5 times respectively.</p> <p>18. Starting from the neck, moving to and fro Da Ban Jin (anadesma connecting neck and shoulder). Repeat 3-5 times.</p> <p>19. Lift to and fro scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely to Baliao (eight sacral foramina) in a Arabic numeral 8-shape. Repeat 3 times.</p> <p>21. Move upwards till armpit annularly from the two sides, and do it in a left-right order. Repeat 3 to 5 times.</p> <p>22. Lift upwards from the side of waist to armpit. Repeat 3 to 5 times.</p>	<p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 17, 24</p>  <hr/> <p>Technique 20, 27</p>  <hr/> <p>Technique 21, 28</p>  <hr/> <p>Technique 22, 29</p>  <hr/>
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		<p>23. Vacuum RF Techniques: Treat Du Meridian(DU) first and Bladder Meridian(BL) after. Starting from the neck, sliding to Baliao (eight sacral foramina). Repeat 3-5 times.</p> <p>24. Move in circles on Dazhui (Du-14) and Baliao (eight sacral foramina). Repeat 3 to 5 times respectively.</p> <p>25. Starting from the neck, moving to and fro Da Ban Jin (anadesma connecting neck and shoulder). Repeat 3-5 times.</p> <p>26. Lift to and fro scapula in left-right order. Repeat 3 to 5 times.</p> <p>27. Move transversely to Baliao (eight sacral foramina)area in a Arabic numeral 8-shape. Repeat 3 times.</p> <p>28. Move upwards till armpit annularly from the two sides, and do it in a left-right order. Repeat 3 times.</p> <p>29. Lift upwards from the side of waist to armpit. Repeat 3 to 5 times.</p> <p>30. Clean it with towel and treatment done.</p>	
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Course of treatment recommended

Ten treatments is a course. After one treatment, back gets relaxed obviously, and stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder becomes relaxed, and the fat on the back lessens, and the Dowager's hump of the back alleviates, and the outlines of back becomes nice. After two courses, the Dowager's hump of the back improves, and channels and collaterals dredges, and sub-health conditions and sleep quality take a turn for the better. After three courses, back turns thinner, and outlines become good-looking, and viscera function enhances, and digestion, detox and metabolism improves. (one course with size reduced, two courses with effects consolidated, and three courses with effects strengthened without rebound.)

Buttocks Sculpting: 60 Minutes/ Once a Week

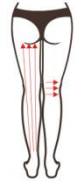





<p>Body RF: Suggested energy level: between 30% and 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Mode: NOR/ PRO</p> <p>Vacuum RF: Suggested energy level: 30% to 70%</p> <p>Suggested time: 15 to 20 minutes</p> <p>Modes: NOR/ PRO</p> <p>Suction & Release Modes: M1/M2/M3/M4/M5</p> <p>The time for suction and release can be set freely. It's direct suction mode when the time for release is set to zero.</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Stand sideways and with both hands applying oil, and slide from Baliao(eight sacral foramina)area to waist and lift upwards from the buttocks. Repeat 3 times. 2. Push Baliao(eight sacral foramina)area with both thumbs. Repeat 3 times. 3. Caress the treatment area for 3 times. Then press Qihaihu(BL23), Baliao(eight sacral foramina), Changgqian(DU1), Huantiao(GB30),and Chengfu(BL36). Repeat 3 times. 4. Caress the treatment area for 3 times. 5. With the left first and the right after. Push upwards from thigh root to belt vessel along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian(LI), and Gallbladder Meridian with both hands. Repeat 3 times respectively. 6. Push upwards from thigh root to belt vessel along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian(LI), and Gallbladder Meridian with two hands doing it respectively. Repeat 3 times. 7. Lift upwards from thigh root to belt vessel with the two palms overlapped. Repeat 3 to 5 times. 	<p>Technique 1, 4</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 6, 12, 15</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8, 13, 16</p>  <hr/> <p>Technique 14</p>
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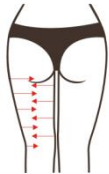
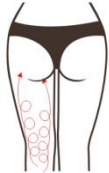



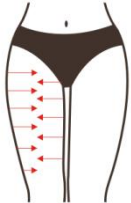
		<ol style="list-style-type: none"> 8. Push directly (for sculpting) from the two sides of buttocks to the highest point on it in line by line manner with two hands, and push back and forth. Repeat 3 times. 9. Repeat technique No.7. 10. Caress the treatment area. 11. Do the same on the other side. 12. Body RF Techniques: Lift one line after another from thigh root to belt vessel. Repeat 3 times. 13. Lift upwards from the two sides of buttocks to the highest point on it in line by line manner. Repeat 3 times. 14. Move in small circles on the whole buttock. Repeat 3 to 5 times. 15. Lift one line after another from thigh root to belt vessel. Repeat 3 times. 16. Lift upwards from the two sides of buttock to the highest point on the it in line by line manner. Repeat 3 times. 17. Do the same on the other side. 18. Vacuum RF techniques are the same as body RF techniques. 19. Clean it with towel and treatment done. 	
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Course of treatment recommended

Ten treatments is a course. After one treatment, buttock lifts and becomes hot. After a course, buttock outlines start to show itself, and excess fat disappears slowly, and skin turns tightened. After three courses, gynecological diseases, such as cold body and cold womb, improves, menstruation returns to normal, and the effects consolidate, which boosts feminine charm.

Legs Sculpting: 60 Minutes/ Once a Week

<p>40K: Suggested time: 15 to 20 minutes</p> <p>Suggested energy level: between 30% and 70%</p> <p>Modes: M1: continuous working M2: discontinuous working</p> <p>Vacuum RF: Suggested time: 15 to 20 minutes</p> <p>Suggested energy level: 30% to 70%</p> <p>Modes: NOR/ PRO</p> <p>Suction & Release Modes: M1/M2/M3/M4/ M5</p> <p>The time for suction and release can be set freely. It's direct suction mode when the time for release is set to zero.</p>	<p>Massage Cream (Essential Oil) + RF Cream + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Massage Techniques. 2. With the left leg first and right after. Apply oil from the lower leg to the thigh, and then back to the heel. Repeat 3 times. 3. Push the entire leg from the bottom up with the root of two palms doing it alternately, and then back to the heel till the palms passes over there. 4. Push the four channels and collaterals(Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB]) from the bottom up with the V-shaped webbed area between thumb and index finger of both hands doing it alternately. Repeat 3 times. 5. Push popliteal fossa with two hand doing it alternately. Repeat 3 times. 6. Move from the bottom up in twist manner with two hand doing it alternately. Repeat 3 times. 7. Caress the treatment area. Repeat 3 times. 8. Push four channels and collaterals with kneeling fingers doing it from the bottom up. Repeat 3 times. 9. Caress the treatment area. Repeat 3 times. 10. Do the same on the other side. 11. Treatment done. 12. 40K Techniques: Push upwards to popliteal fossa, 	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 12, 14, 21</p>  <hr/> <p>Technique 13, 22, 23</p>  <hr/> <p>Technique 15, 17, 24</p>  <hr/> <p>Technique 16, 18,</p>  <hr/> <p>25</p>
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		<p>and push Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times.</p> <p>13. Move in small circles on the lower leg to dissolve fat. Repeat 3 times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and meanwhile caress the area with hands.</p> <p>15. Starting from popliteal fossa, pushing four channels and collaterals till the thigh root. Repeat 3 times.</p> <p>16. Starting from the popliteal fossa, moving in small circles till the thigh root to dissolve fat.</p> <p>17. Starting from popliteal fossa, pushing four channels and collaterals successively till thigh root</p> <p>18. Moving in small circles on the thigh root to dissolve fat.</p> <p>19. Do the same on the other side.</p> <p>20. Clean it with towel and apply RF cream evenly to it.</p> <p>21. Vacuum RF Techniques: Coupled with hands, lifting upwards from heel to popliteal fossa in line by line manner. Repeat 3 times.</p> <p>22. Move in small circles on the lower leg. Repeat 3 times.</p> <p>23. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>24. Lift one line after another from popliteal fossa to the</p>	<p>Technique 26</p>  <hr/> <p>Technique 27</p>  <hr/> <p>Technique 29, 30, 31, 37, 40, 43</p>  <hr/> <p>Technique 39, 46</p>  <hr/> <p>Technique 38, 44</p>  <hr/> <p>Technique 45</p>  <hr/>
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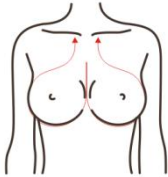
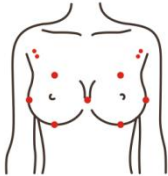
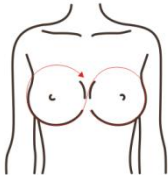
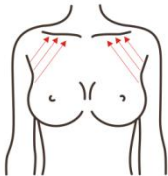
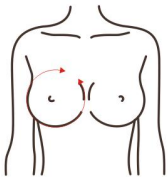
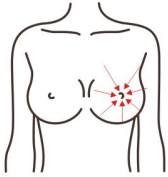
		<p>thigh root. Repeat 3 times.</p> <p>25. Move in small circles on the thigh. Repeat 3 times.</p> <p>26. Lift towards the middle from the two sides of thigh in line by line manner. Repeat 3 to 5 times.</p> <p>27. Lift upwards on the two sides of thigh in annular motion. Repeat 3 times.</p> <p>28. Do the same on the other side.</p> <p>29. Foreleg Massage: Apply oil from the leg to the thigh root. Repeat 3 times.</p> <p>30. Push the four channels and collaterals(Spleen Meridian (SP)- Stomich Meridian (ST)-Liver Meridian(LV)-Gallbladder Meridian(GB)) on the leg with the V-shaped webbed area between thumb and index finger of both hands doing it alternately, and push till thigh root. Repeat 3 times.</p> <p>31. Push four channels and collaterals with kneeling fingers. Repeat 3 times.</p> <p>32. Treatment done.</p> <p>33. Do the same on the other side.</p> <p>34. Clean it with towel and apply gel evenly to it.</p> <p>35. 40K Techniques: Lift from the lower leg towards the knee along four channels and collaterals. Repeat 3 times. (can start with treating the thigh directly if there is no excess fat on the lower leg)</p> <p>36. Move annularly from the two sides of lower leg to the knee. Repeat 3 times. (can start with treating the thigh directly if there is no</p>	
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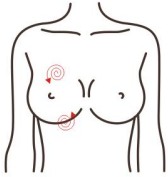


		<p>excess fat on the lower leg)</p> <p>37. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>38. Move in small circles on the whole thigh part. Repeat 3 times</p> <p>39. Lift annularly from knee to thigh root. Repeat 3 times.</p> <p>40. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>41. Clean it with towel and apply RF cream to it.</p> <p>42. Vacuum RF Techniques: Do the same to the lower leg as mentioned above. (can start with treating the thigh directly if there is no excess fat on the lower leg)</p> <p>43. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>44. Move in small circles on the thigh part. Repeat 3 times.</p> <p>45. Lift towards the middle from the two sides of thigh in line by line manner. Repeat 3 to 5 times.</p> <p>46. Lift upwards on the two sides of thigh in annular motion. Repeat 3 times.</p> <p>47. Do the same on the other side</p> <p>48. Clean it with towel, and treatment done.</p>	
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Course of treatment recommended
Ten treatments is a course. After one treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and an obvious sense of tightening can be felt due to contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, which has an obvious effect. After three courses, the effect reinforces. Super RF and super ultrasound stimulate skin dermis and regenerate collagen continuously. Therefore, its curative effect becomes more and more obvious.

Breast Sculpting: 60 Minutes/ Once a Week

Body RF:	Massage	1. Stand in the head of a bed.	Technique 1
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<p>Suggested time: 15 to 20 minutes</p> <p>Suggested energy level: between 30% and 70%</p> <p>Mode: NOR/PRO</p>	<p>Cream (Essential Oil) + Instrument</p>	<p>With hands applying oil moving from Danzhong(RN17) till armpit and meanwhile lift suspensory ligament. Repeat 3 times.</p> <ol style="list-style-type: none"> 2. Press Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchuang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs of both hands. Repeat 3 times. 3. Caress the treatment area. Repeat 3 times. 4. Stroke Arabic numerals 8-shape between Danzhong (RN17) and breast with two palms overlapped. Repeat 3 times. 5. Lift from accessory breast to suspensory ligament with two hands doing it alternately. With the left first and right after. Repeat 10 times. 6. Caress the treatment area. Repeat 3 times. 7. Sit next to the client. With the left first and right after, and caress and lift the breast with both palms. Repeat 3 to 5 times. 8. Push the lactiferous ducts around breast with the V-shaped webbed area between thumb and index finger. Repeat 3 to 5 times. 9. Dredge nodule parts on breast with thumbs moving in circles alternately. Repeat 3 times. 10. Caress the whole breast with two hands. Repeat 3 to 5 times. 11. Do the same on the other side. 12. Body RF: With the left first and right after. Lift upwards to nipple direction along the 	 <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>
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		<p>breast. Repeat 5 to 8 times.</p> <p>13. Lift downwards to collarbone along the breast drawing semi-circle. Caress with hands. Repeat 5 to 8 times.</p> <p>14. Move in small circles dredging nodule parts. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arm lift up. Move the device in circles on accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push the accessory breast under armpit to breast (for sculpting and hold it in). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the breast with hot towel, and treatment done.</p>	 <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>  <hr/>
<p>Course of treatment recommended</p> <p>Ten treatments is a course. After one treatment, the breast is heated which will accelerate blood circulation, and the breast will be lifted in a certain level. After a course, the effects will become more obvious and the nodule will be improved. After three courses, the skin will become tightened, and shaping will be reinforced, and breast elasticity will be boosted, internal secretion will be regulated, and make women more charm.</p>			

