

User Manual

MS-7205FX



Preface

To our valued users,

Thank you for choosing our latest product: 5-in-1 integrated beauty equipment. It's the newest instrument for slimming and tightening skin, and it integrates eye RF, body RF, 40k cavitation, lipolysis with laser pads, and freezing technology.

MS-7205FX is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to your body. Thus we advise all people to read this manual thoroughly before operation and strictly follow instructions specified when in use.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

At present, multipolar RF, 40k ultrasonic cavitation, lipolysis with laser pads, and freezing machine are the most popular equipment for improving looks, tightening, shaping, and fighting against aging. It can effectively replace all facial and body care programs in a beauty salon. It can be operated easily, conveniently, and swiftly and solves skin and body problems for people pursuing beauty. Moreover, it works safely and effectively and requires no skin breaking, injection, medication, or surgery. It's operated externally throughout, and it has an instant result and no side effects. Radiofrequency heats skin's deep layer, stimulates dermis's collagen hyperplasia and recombination, and accelerates blood circulation of the underlying skin. Thus you can own firm and plump skin, fight against aging, and prevent senility. Fat freezing is a noninvasive procedure to reduce fat. It targets and removes fat cells of particular body parts to decrease fat thickness, making your body curve clearer. Ultrasound of a particular frequency and lipolysis with laser pads target body parts having difficulty reducing fat, bringing fantastic effects.

2. Advantages

- (1) The 5-in-1 beauty equipment fixes facial and whole body care problems.
- (2) Ultrasound powerfully blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
- (3) It has various handpieces, which can be changed per different body parts and needs.
- (4) A handpiece has various functions, a stronger radiofrequency, and a higher and more even energy.
- (5) The perfect match of ultrasound and radiofrequency will address people's concerns for weight loss. They tighten skin, increase skin elasticity, accelerate body metabolism, and strengthen constitution while reducing fat.
- (6) The two vacuum cooling heads can work in a double harness, saving time and effort.
- (7) Its freezing effect only targets the fat layer so that it will not cause frostbite to internal organs or harm your skin.
- (8) It adopts the most advanced ultrasonic cavitation technology in the world.
- (9) It's painless and non-invasive during treatment; it has no downtime and will not affect regular work and life after treatment.
- (10) It has zero consumption and is low-cost, but it gives a quick return.
- (11) It has a broader treatment range and can be used all over the body.
- (12) Unevenness, bleeding, and swelling will not occur.
- (13) Its various handpieces emit infrared, which accelerates metabolism, reduces skin inflammation, and disinfects skin while massaging and dissolving fat, presenting

an evident effect and better comfort level.

(14) Laser lipolysis: evenly dissolve fat; make skin smooth and flat, and leave no scars; safe and painless.

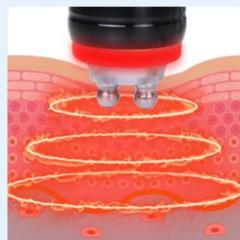
3. Working Principle

(1) Eye RF

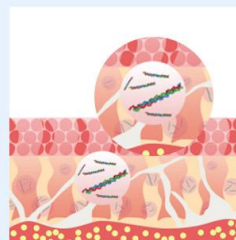
Radiofrequency waves penetrate skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing underlying skin's temperature. Tightening collagen in dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second. The waves penetrate epidermis and act on dermis directly, heating collagen cells deeply and stimulating collagenous fiber growth. Thus lots of collagen is produced, making skin more firm and elastic. During an operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate constant hyperplasia of collagen. During an eye treatment, radiofrequency waves rapidly heat the eyes' underlying skin, raising its temperature. The waves also stimulate skin's collagen production. Thus skin around the eyes can be tightened, bags under eyes and dark circles can be eliminated, and spider veins and fine lines can be relieved.

Bipolar RF Radio



Before



After

Eight-pole RF Radio Frequency Handle Enters Into The Deeper Dermal Layer And Created Hot To Make The Dermal Layer Of Skin To Thicken, Decreasing Wrinkle Depth Reducing The Fat Cells To Let Weight Loss Body Slimming And Skin Tightening.,It use on belly, thigh, back, arm
Operation time:15-30mins

(2) Body RF

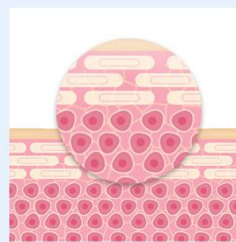
It generates radiofrequency waves in specific depths under the skin through the radiofrequency heat effect. The waves penetrate epidermis and directly act on dermis, heating tissue, promoting subcutaneous fat's catabolism, and stimulating hyperplasia and recombination of collagen and elastic fibers. With the continuous neogenesis and realignment of the dermis's collagen, you can feel your skin is lifted and tightened after treating the flabby skin.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second. The waves penetrate epidermis and act directly on dermis, intensely heating collagen cells and stimulating collagenous fiber growth to support the skin with lots of new collagen. Thus it makes the skin more firm and elastic. Radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release free fatty acid to boost the dissolution of fat on the surface layer. Thus slack and saggy body parts can be tightened and lifted.

Bipolar RF with Photon



Before



After

After contact with the skin, radio wave energy is transmitted to the deep skin. Deep balanced heating promotes the skin and subcutaneous tissue structure of the skin taut, while being heated gradually to stimulate collagen regeneration, restore skin elasticity, to achieve long-term effect of reducing wrinkles.

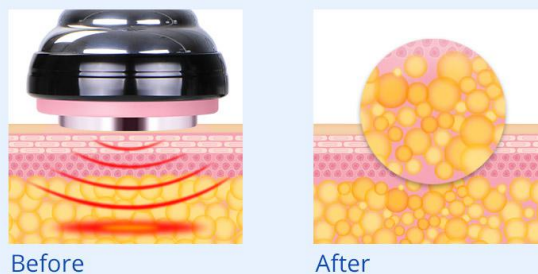
(3) 40k

It utilizes the principle of ultrasound. It can effectively consume heat and cellular moisture and shrink fat cells by intense sound waves entering our bodies that cause fat cells to create violent strikes and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts the cells instantly and decreases the number of fat cells to achieve fat removal.

The cavitation principle of ultrasound: When vibrating liquid, it produces tens of thousands of tiny bubbles, namely, cavitation bubbles. The bubbles grow in a negative pressure zone formed by the ultrasound's longitudinal transmission and close rapidly in a positive pressure zone. Therefore, they are compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate instantaneous and robust pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

Advantages: It destroys tissue selectively. Namely, it only destructs low-density adipose tissue with a specific frequency and protects high-density tissue like blood vessels and nerves.

Cavitation ultrasound probe



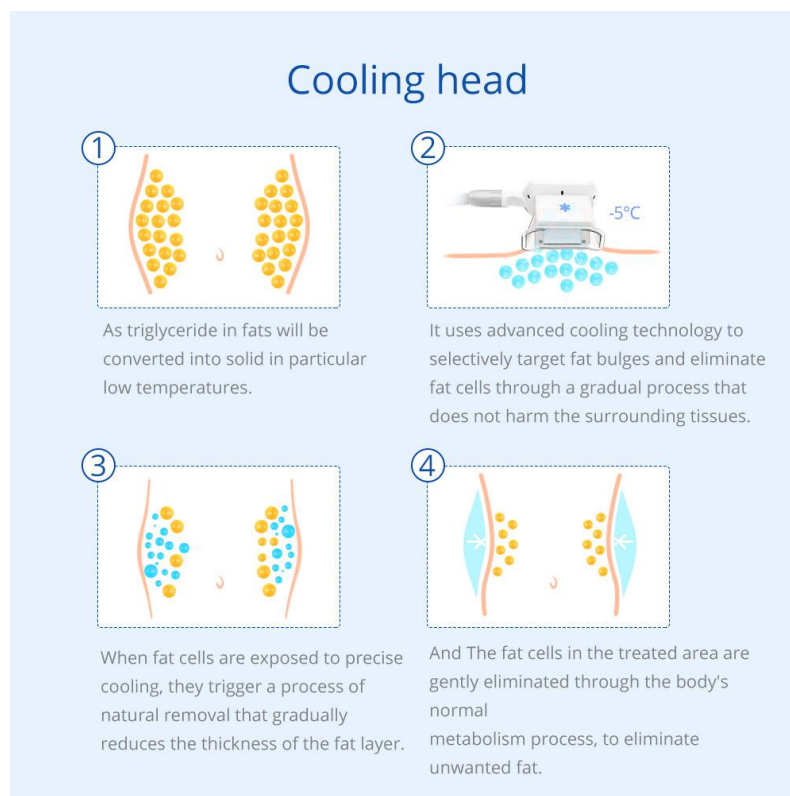
Strong sound wave explosion fat head with collective strong sound wave head, strong sound wave of 40000Hz may be emitted to human body for impacting fat cells fiercely and causing friction motion between fat cells, this may cause effective consumption of calories and moisture in fat cells and reduce the size of fat cells, what's more, sound wave vibration may cause fierce impact of fat cells to make them be exploded instantaneously, reduce the amount of fat cells and thereby achieve the effects of removing fat.

(4) Vacuum Cooling Head

Water's freezing point is 0°C while fat is 4°C . Vacuum freezing uses this feature of a

fat cell to reduce fat. It utilizes a vacuum to draw fat into a vacuum handpiece and circularly freezes every piece of fat. The process will slowly absorb heat from subcutaneous fat, reducing fat cells' temperature to 0°C. Namely, to freeze them. Low temperature kills fat cells without affecting skin or muscles. Then dead fat cells are discharged through a liver without using external force. It can achieve fat freezing at a time.

Biological Effect: Water makes up 60% to 70% of the body. The water's freezing point is 0°C, while fat freezes at a temperature of 4°C due to its nature. Fat freezing uses exactly the gap to eliminate fat. During an operation, place the handpiece on body parts needing fat removal, and fat rapidly solidifies into a jelly-like shape, triggering cytophagy (Cells fall off and die off per growth rhythm.). Our bodies take dead cells as wastes and naturally discharge them in 2 to 4 months. Therefore, this method can't deliver an instant effect. However, you can sense your fats decrease slowly in two weeks to one month after treatment. Fat freezing can remove fat and promote blood circulation and lymphatic drainage to remove wastes from your body. Additionally, fat inside your body will lessen, and weight rebound can be effectively averted when dead fat cells are discharged.



(5) Laser Pad

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The laser has mighty penetrating power, which can effectively activate or repair fat cells, penetrate a fat layer, and dissolve subcutaneous fat by heating. The treatment is safe

and painless and has no side effects.

It sends laser energy's low-level chemical signal to fat cells, decomposing triglycerides deposited in the fat layer into free fatty acids and glycerol, which are released through a cell membrane's passage. Fatty acids and glycerol are transported to tissue in the body that produces metabolic energy. When the body needs to use the stored energy reserves, fatty acids release is a natural response. Therefore, it will not cause the body to produce an unnatural reaction and affect or damage the surrounding structures, such as the skin, blood vessels, and peripheral nerves. After a period of exercise therapy, the free fatty acids inside the body will be removed through intact metabolism.

Biological Effect: It uses a laser with a wavelength of 635nm to 650nm. The laser heats fat cells in the targeted zone to decompose them. In a short time, fat deposition is absorbed and discharged via our body's natural metabolism. During the process, the laser seals tiny blood vessels, reduces bruises, channels heat into the treated area, and stimulates collagen production to make it smooth and firm and achieve body shaping.

The low-energy laser (biostimulation) goes directly to the deep layer of the fat. It utilizes the energy of proper level to stimulate biological cells and induce or strengthen a series of physiological reactions, such as promoting local blood circulation, regulating cell function, enhancing immune function, and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. A laser has mighty penetrating power, which can activate or repair fat cells more effectively, penetrate a fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

It applies the latest non-surgical and non-invasive laser lipolysis technology. The device releases low-level laser energy, which produces a chemical signal among fat cells and dissolves the stored triglycerides into free fatty acids, glycerol, and water molecules. It's a natural response when the body needs to utilize the stored energy reserves. The free fatty acids are transported to the whole body through the lymphatic system to supply energy. It's just like what the body would react when it lacks heat.



Laser photon emits low levels of laser energy, which creates a chemical signal in the fat cells, breaking down the stored triglycerides into free fatty acids, glycerol and water molecules, the same natural response initiated by the body anytime it needs to use its stored energy reserves



Laser energy irradiates fat cells after penetrating skin



Laser energy irradiates adipocytes



Pores have formed on the adipoc allowing water, glycerol and free fatty acids move out into interstitial space to spill out



More water, glycerol and free fatty acids spill out



Adipocytes significantly reduced in size while blood vessel unaffected

4. V-shaped Face Tightening

(1) Handpiece

1) Eye RF + Small Laser Pad

(2) Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance the skin's absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve double chin and sculpt a V-shaped face.
- 6) Stimulate collagen hyperplasia and delay aging.

(3) Indications

- 1) With dull or lustreless faces.
- 2) With flabby or saggy skin.
- 3) With fine lines, nasolabial folds, or periorbital wrinkles.
- 4) With an unapparent facial outline.
- 5) With coarse skin or large pores.
- 6) Who are under long-term exposure to ultraviolet radiation in the workplace.

- 7) With flabby skin, edema, or puffiness after child delivery.
- 8) With double chins or whose necks have flab.

(4) Contraindications

- 1) Who just had plastic surgery or implanted prostheses or metal objects inside treated parts.
- 2) Who just injected hyaluronic acid or skin booster, or had an injection for wrinkle removal, plastic surgery, etc.
- 3) With hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) In an allergic period, with severely sensitive skin, or allergic to metals.
- 5) With skin trauma or wounds.
- 6) Overage people.
- 7) In menstruation, pregnancy, breastfeeding, or surgical recovery.
- 8) With skin disease or infectious disease.
- 9) Who have an unrealistic illusion about the effect.

(5) Matters Needing Attention After Treatment

- 1) Wash your face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

5. Under-Eye Wrinkles Removal

(1) Handpiece

- 1) Eye RF

(2) Efficacy

- 1) Relieve eye fatigue, dark circles, under-eye bags, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

(3) Indications

- 1) Eyes with wrinkles, fine lines, dark circles, or under-eye bags.
- 2) With dry skin, dry lines, or dynamic wrinkles.
- 3) Whose eyes are prone to fatigue or dryness.
- 4) Who always faces a computer or cellphone.
- 5) With dark circles due to staying up late.
- 6) Who always expose to a dry or high-temperature environment.

(4) Contraindications

- 1) Who just had plastic surgery.
- 2) With hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) In an allergic period, with severely sensitive skin, or allergic to metals.
- 4) With skin trauma or wounds.
- 5) Overage people.
- 6) In pregnancy or surgical recovery.
- 7) With skin disease or infectious disease.

(5) Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun, and protect yourself from the sun.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water and apply an eye mask at least three times a week since the treated parts are dry.

6. Body Management

(1) Waist & Abdomen Sculpting

1) Handpiece

- **Body RF + 40K + Vacuum Cooling Head + Laser Pad**

2) Efficacy

- Relieve a woman's cold hands, cold feet, cold uterus, or cold-natured body.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen and relieve swim-ring-like belly and

potbelly.

- Tighten skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance intestinal tracts' movement.

3) Indications

- With cold hands, cold feet, a cold uterus, or a cold-natured body.
- With flab on waist and abdomen, potbelly, or flabby skin after delivery.
- With unsightly waistlines due to sitting too long.
- With striae distensae or stretch marks.
- With constipation or whose abdomens have obstructed channels and collaterals.

4) Contraindications

- With hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or breastfeeding.
- Whose surgical wounds are healing or in surgical recovery.
- With epilepsy, severe diabetes, or hyperthyroidism.
- With malignant tumors, hemophilia, or severe bleeding.
- With skin disease or infectious disease.
- With severe gynecological diseases.
- Whose gynecological diseases are in treatment.

5) Matters Needing Attention After Treatment

- Keep the abdomen warm and avoid exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise your abdomen with your hands before sleep at night, achieving better weight-loss and metabolism effect.

(2) Arm Sculpting

1) Handpiece

- **Body RF + 40K + Vacuum Cooling Head + Laser Pad**

2) Efficacy

- Stimulate underlying skin's collagen hyperplasia, shape body, and firm skin.
- Relieve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

3) Indications

- With thick arms or look unsightly in clothes.
- With bat wings or flabby arms.
- Whose arms have flabby skin.
- Whose arms are prone to soreness and numbness.
- Who always carry a baby.

4) Contraindications

- Who just had plastic surgery.
- With hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- In an allergic period or with severely sensitive skin.
- With skin trauma or wounds.
- Overage people.
- In pregnancy or surgical recovery.
- With skin disease or infectious disease.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(3) Back Sculpting

1) Handpiece

- **Body RF + Vacuum Cooling Head + Laser Pad**

2) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt it.

3) Indications

- With shoulder or back soreness or stiff neck.
- With insomnia, dreaminess, or a fading memory.
- Prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- With a thick back or who look unsightly in clothes.
- With Dowager's Hump.

4) Contraindications

- With metal implants inside body (such as a stent, pacemaker, etc.) or allergic to metals.
- In pregnancy, menstruation, or breastfeeding.
- Whose surgical wounds are healing or in surgical recovery.
- With hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- With malignant tumors, hemophilia, or severe bleeding.
- With skin disease or infectious disease.
- Who have a weak body.
- Who are drunk, thirsty, overworked, or with a full or empty stomach.

5) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol. and eating and drinking too much.
- Avoid eating raw, cold, and spicy food; have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4) Buttocks Sculpting

Buttocks are located in the middle of the human body. It's the key hub for channels

and collaterals and Qi-blood circulation and the main switch of six channels and collaterals. It's also the bridge that connects the movement of upper burner Qi-blood and lower burner Qi-blood. It plays a vital role in managing the S curve and enhancing feminine charm.

1) Handpiece

- **Body RF + Vacuum Cooling Head + Laser Pad**

2) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of buttocks, tighten skin, and increase elasticity.

3) Indications

- Whose hips are slack, saggy, or have accumulated fat.
- With striae distensae or stretch marks.
- Whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- With cold hips or low hip temperature.
- With a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- With decreased estrogen levels or disharmonious sexual life.

4) Contraindications

- In menstruation, pregnancy, breastfeeding, or surgical recovery.
- With hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- With skin disease, infectious disease, or whose skin is in a sensitive period.
- With surgical wounds or in surgical recovery.
- In an allergic period or with severely sensitive skin.
- Who just had liposuction.
- Overage people.

5) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing a mini skirt or mini shorts.

- Take a shower after 4 to 6 hours.
- Drink more warm water, and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food; have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(5) Leg Sculpting

1) Handpiece

- **Body RF + 40K + Vacuum Cooling Head + Laser Pad**

2) Efficacy

- Tighten skin and prevent slack skin.
- Stimulate collagen regeneration and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Firm legs' excess flab and eliminate thick thighs.

3) Indications

- With obstructed blood circulation of lower limbs, edema, or obesity.
- Who feel uncomfortable and pain all over the body or are prone to catch colds or with hyp immunity.
- With coarse or slack skin.
- Whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

4) Contraindications

- Women in menstruation, pregnancy, or breastfeeding.
- With hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- With skin disease, infectious disease, or whose skin is in a sensitive period.
- With surgical wounds or in surgical recovery.
- With severe varicosity or tumors.
- In an allergic period or with severely sensitive skin.
- Who just had liposuction.
- Overage people.
- In pregnancy or surgical recovery.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing a mini skirt or mini shorts.

(6) Breast Sculpting

1) Handpiece

- **Body RF**

2) Efficacy

- Adjust one's breast shape and relieve accessory breasts.
- Relieve breast nodules, slight hyperplasia, and breasts' distending pain during a period.
- Relieve breasts' outward expansion.
- Relieve irregular menstruation, spots on your face, and inelastic skin.
- Relieve mastatrophly, slack breasts, and blocked lactiferous ducts after delivery.

3) Indications

- Whose breast shape is not good-looking or who have accessory breasts.
- With breast nodules, slight hyperplasia, or who experience distending pain in breasts during menstruation.
- Whose breasts have free fat or outward expansion or are saggy.
- With hypoimmunity.
- With irregular menstruation, spots on the face, or inelastic skin.
- Who thinks she has a less developed mammary gland, mastatrophly, loose breast, or blocked lactiferous ducts after childbirth.

4) Contraindications

- With cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or vital organ functions impaired.
- Who have taken anticoagulants, vascular dilations, or corticosteroids for a long

time or are taking them now.

- With infected skin on breasts.
- With severe breast hyperplasia, fibroma, or cyst.
- Women in pregnancy or breastfeeding.

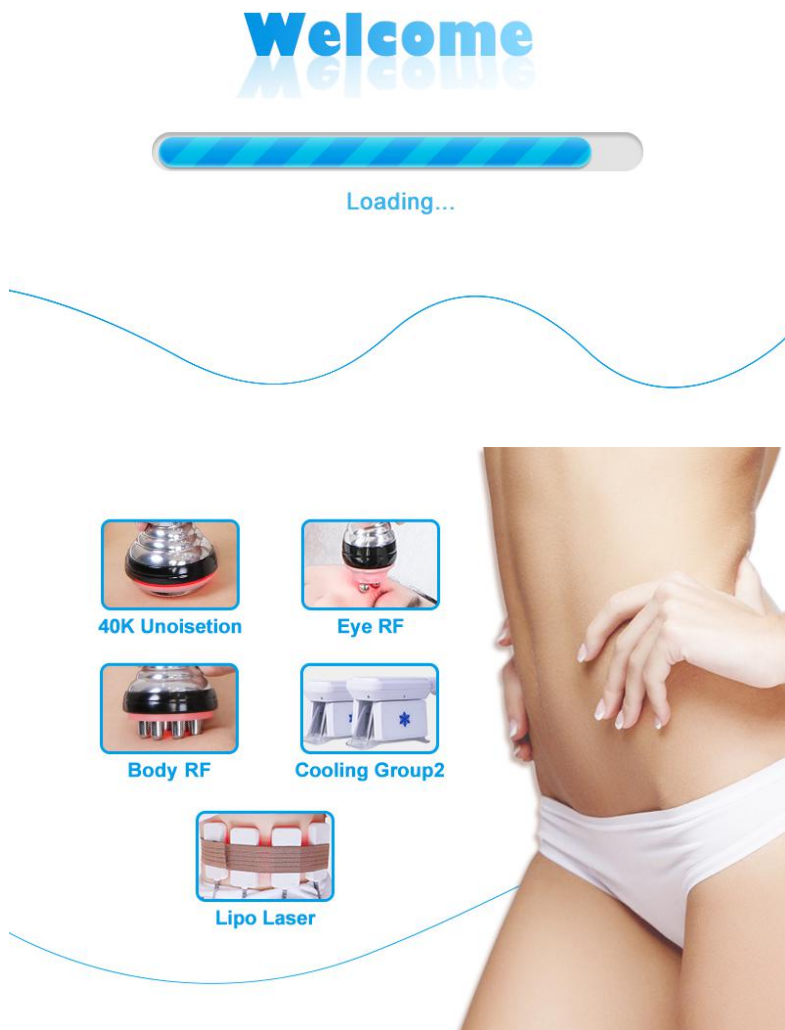
5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear fixed-shape and comfortable underwear, and don't squeeze your breasts too hard.

Part II

1. Detailed Operation

Connect equipment correctly, power on, and the following initial interface will show up.



(1) General Function Introduction





Homepage



Return

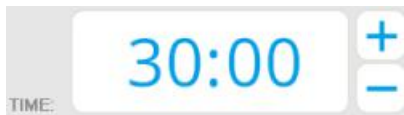


Start/ Pause

(2) Detailed Operation for Eye RF



Select **Eye RF** and enter the following page.



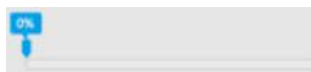
Time Display & Setting



Time Setting (decreases & increase)



Energy Level Display & Setting & Mode Selection



Energy Level Display



Energy Level Setting (increase & decrease)



Mode selection for Eye RF; press it to switch mode.

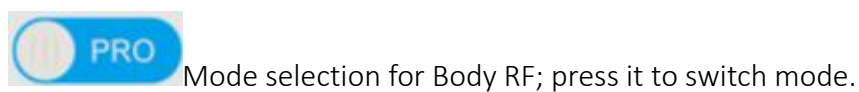
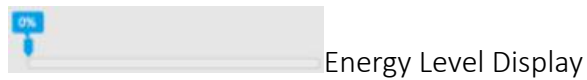
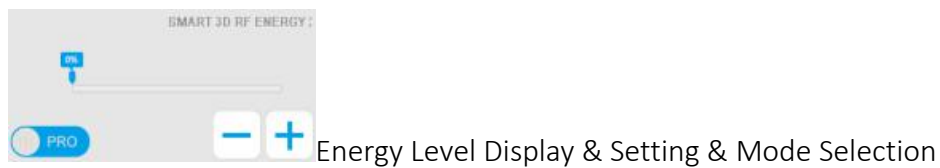
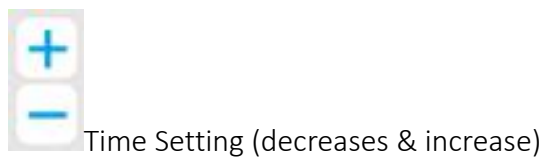
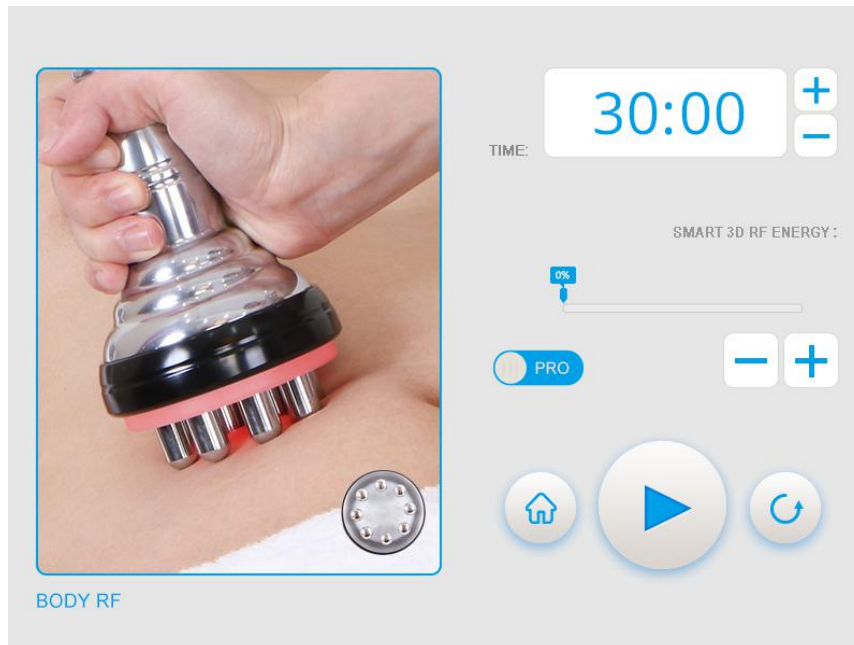
PRO: When clicking Start, the handpiece's energy level will reach the setting value directly, and the red light will be on.

NOR: When clicking Start, the red light will be on, and the handpiece's energy level will reach the setting value slowly after it touches the skin.

(3) Detailed Operation for Body RF



Select **Body RF** and enter the following page.



PRO: When clicking Start, the handpiece's energy level will reach the setting value directly, and the red light will be on.

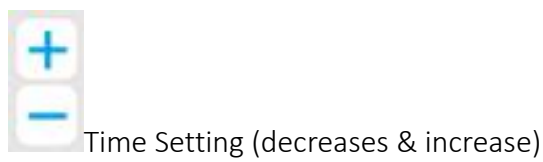
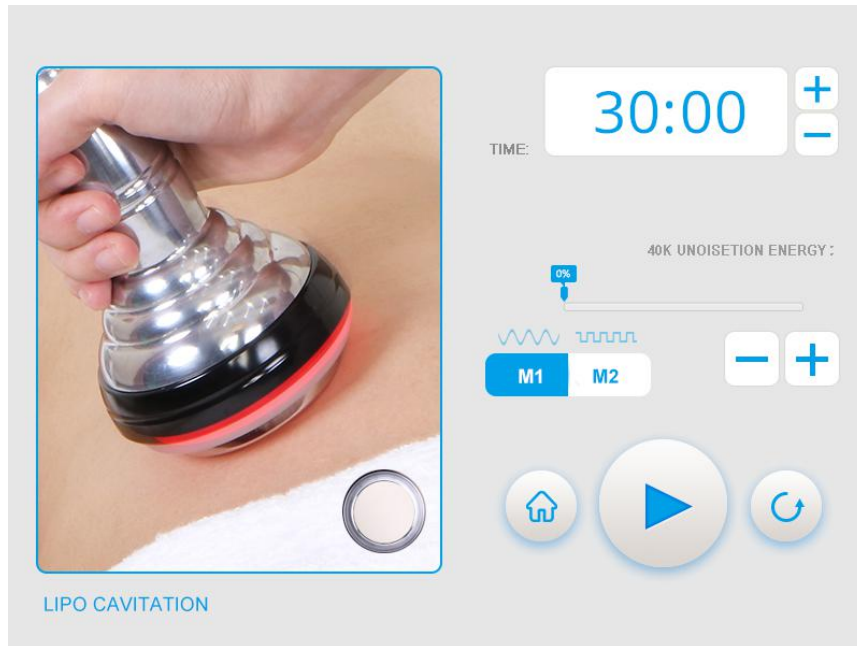
NOR: When clicking Start, the red light will be on, and the handpiece's energy level

will reach the setting value slowly after it touches the skin.

(4) Detailed Operation for 40k



Select **40K Unoisetion** and enter the following page.





Mode Selection

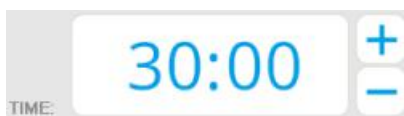
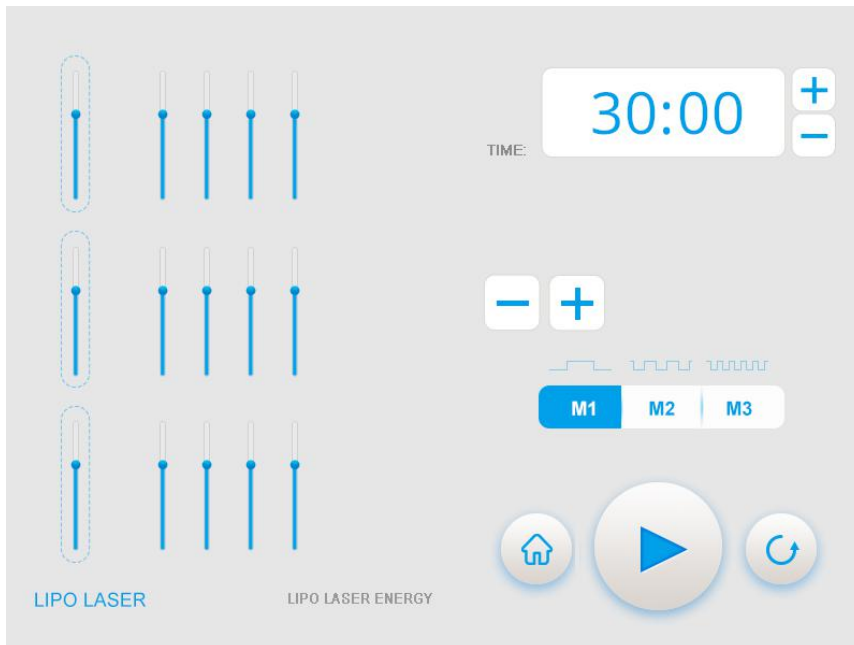
M1: Continuous working, which suits those with excess fat accumulation or firm fat.

M2: Discontinuous working, which fits those who want to reduce fat or with localized fat.

(5) Detailed Operation for Laser Pad



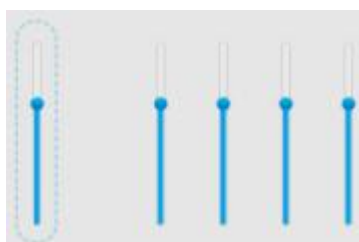
Select **Lipo Laser** and enter the following page.



Time Display & Setting



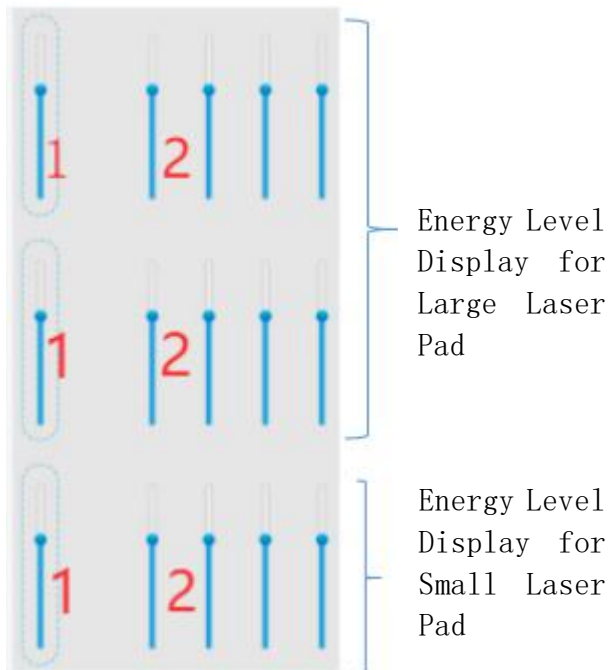
Time Setting (decreases & increase)



Energy Level Display



Energy Level Setting (increase & decrease)



1: When you click it, you can set all laser pads' energy level uniformly.

2: A laser pad's energy level can be adjusted separately. Select the laser pad you want to adjust and press the energy setting button to change its intensity.



Mode Selection

M1: Continuous working mode (The laser pads will be on all the time, which suits those who want to lose weight powerfully.)

M2: Discontinuous working mode (The laser flashes slowly, which suits those who want to maintain and reinforce the effect.)

M3: Shorter interval between lasers flash (The laser flashes quickly, which suits first-time users or those who just started.)

(6) Detailed Operation for Vacuum Cooling Head



Select **Cooling Group2** and enter the following page.



Start/ Pause (This is the main switch. Press a handpiece's switch, and hit this button to operate the handpiece.)



Temperature warning sign. If the handpiece's temperature is abnormal, it will show alert.



Warning sign for the handpiece's water tank. It will show alert when the water tank lacks water or is abnormal.



Time Display & Setting



Time Setting (decrease)



Time Setting (increase)



Temperature display & setting (Advised temperature for the handpiece is between -5 and 5 °C ; suggested temperature for a first-time user is 5 °C, which can be lowered slowly after he adapts himself to it.)



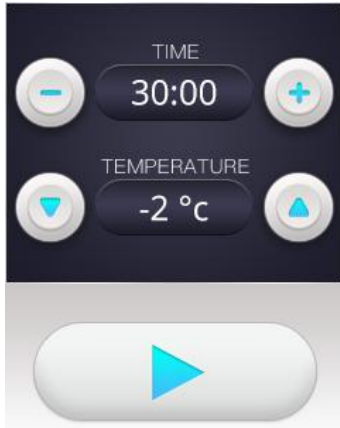
Temperature Setting (decrease)



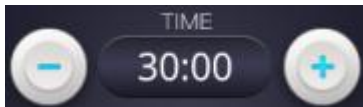
Temperature Setting (increase)



Rotating knob for setting the handpiece's suction. Adjust it per a user's tolerance; start from the lowest suction and gradually increase it after the client adapts himself to it.



Adjustment button for the handpiece



Time Setting & Display



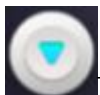
Time Setting (decrease)



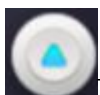
Time Setting (increase)



Temperature Setting and Display



Temperature Setting (decrease)



Temperature Setting (increase)

2. Technical Parameters

Rated input voltage: AC220V-240V 50HZ / AC110V-120V 60Hz

Rated input power: 350VA

Cool cold slimming Vacuum
Power: Up to 200W
Cooling device output temperature: 5~ -10° C
Cooling device output : 0-5Kpa
Cooling liquid: pure water

Cavitation frequency: 40KHz
Cavitation Power: up to 60W
Cavitation tip: 60mm diameter

RF for BODY
RF frequency: 3MHz
RF power: 30W

RF for FACE
RF frequency: 3MHz
RF power: 30W

LED Light
Light energy output: 5mW
Light wavelength: 635-650
Light number: 88 pcs x 5mW

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure a power socket is already grounded before using the equipment.
- (2) Make sure the equipment's voltage is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or indicated by its original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (5) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all metal objects from your body before treatment to shun unexpected situations that may affect its curative effect.
- (7) Please do not use the equipment on eyes, thyroid, parathyroid, testicles, a pregnant woman's abdomen, a body part with a pulse generator, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure its

main power is off before the exit of related personnel to guarantee the equipment's safety.

- (10) Start from the lowest energy level and gradually increase it after getting used to it.
- (11) After an operation, clean the equipment with normal saline to ensure its cleanliness and hygiene to extend its service life.
- (12) You can use the handpieces separately, but you can use them together to achieve a better effect.
- (13) During operation, a handpiece should contact skin thoroughly to avoid uneven sense stress.
- (14) When using the equipment, you must keep treated parts wet and avoid operating it under dry skin conditions.
- (15) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. A course of treatment shall be extended if you want to start it immediately.
- (16) You can not use 40k on a head, chest, breast, heart, and back.
- (17) When using vacuum freezing, you must apply a matched antifreeze membrane to a treated part to avoid operating it in dry skin conditions or directly.
- (18) You must fasten laser pads onto the client first, and then turn on equipment and adjust energy level, which should be set from low to high slowly to make the client feel warm and comfortable.
- (19) When using the laser pads, their whole surface should contact the skin thoroughly; they can not only touch a small area.
- (20) Strictly use the equipment and train operators per instructions specified in the manual.

4. Troubleshooting

- (1) I can't start the equipment, and its indicator lamp in the back doesn't light up.
 - A. Make sure you plug the power cord into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) The equipment doesn't have radiofrequency output.
 - A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
 - B. Please check whether treated parts are cleaned. Grease or essential oil may cause poor contact between the handpiece and the body, resulting in no output.
- (3) The radiofrequency's output becomes weak.
 - A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
 - B. Check whether there is non-conductive grease on the handpiece, which may cause bad contact, resulting in a weakened output.
 - C. Check whether products in use are the adaptive ones specified by the equipment.

- (4) Does the vacuum freezing machine stop working after on?
A. Perhaps its water flow is not strong enough that it can't be detected.
B. Check whether the water tank lacks water.
- (5) The water drop icon on the top right corner shows a red alert.
A. Check whether water is enough.
B. Check whether the water tank has a breakdown.
- (6) I can start the equipment, but an error message shows on the monitor.
A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
B. If the solution mentioned above doesn't work, please contact the distributor for assistance.

5. FAQs

- (1) Q: How long does it take to see the effect of a radiofrequency treatment?
A: Usually, you can see the effect on the same day or within a week. When collagen tissue is heated, it contracts, resulting in an evident skin tightening. Since radiofrequency stimulates subcutaneous tissue, the collagen regenerates continuously. Therefore, the more times you take the treatment, the more noticeable the effect will be.
- (2) Q: Is radiofrequency harmful to the skin?
A: Ultrasound for tightening and anti-wrinkle is a non-surgical program. It stimulates collagen regeneration in the underlying skin and accelerates metabolism. Therefore, it causes no harm to the skin. Only local redness and heating will occur after treatment, an everyday phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus, there's no need to worry.
- (3) Q: How long does a body tightening and shaping treatment take?
A: Operating time for one treatment is 60 minutes. We will combine professional techniques and instruments to deliver a noticeable effect.
- (4) Q: Does fat freezing have side effects?
A: Fat freezing is an entirely noninvasive and painless procedure to reduce fat. It utilizes the principle that fat cells are not cold-resistant compared with other cells, making fat cells die off earlier due to low temperature. A freezing constant low temperature only acts on fat cells and doesn't affect skin or muscles. Then dead fat cells are discharged along with metabolism. Thus it has no side effects.
- (5) Q: How does fat freezing slim my body?
A: Fat freezing is a procedure that a fat-freezing device will be placed on a skin

surface to reduce subcutaneous tissue's temperature to 5 °C , which causes earlier aging and die-off of fat cells. Then dead fat cells are discharged through metabolism to achieve slimming.

(6) Q: How long does it take to see the effect of fat freezing?

A: It takes about 1 to 2 months, and it's related to individual constitution and metabolism. Fat freezing utilizes the principle that fat cells are not cold-resistant. It freezes fat cells to death under a constant low temperature of 5 °C and then discharges dead cells through metabolism. Therefore, it takes a period to see the effect.

(7) Q: Why do we have to use the device with a matched antifreeze membrane?

A: Genetic molecules, the main ingredient of an antifreeze membrane, are blended per the principle of human skin expanding with heat and contracting with cold and within the skin's tolerance range. Clinical tests show that an antifreeze membrane can effectively prevent skin frostbite caused by a fat freezing machine and is suitable for freezing skin, achieving a cold-resistant effect.

(8) Q: What functions does this equipment have?

A: It can dissolve fat, shape body, rejuvenate skin and make it smooth, do easing, repairing, tightening, and lifting, reverse senility, and fight against aging. You can use it all over the body. Further, it can sculpt facial contour, reduce wrinkles, and relieve loosening and sagging. It can reduce local body parts' weight, build an S curve, and accelerate body metabolism and detox. It can also enhance viscera functions and relieve the body's sub-health condition.

(9) Q: Which one is better for weight loss, liposuction, or this equipment?

A: Liposuction slims a local body part rapidly by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during surgery and has downtime. It's risky because it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, making women sexier.

(10) Q: Can I use ultrasound all over the body?

A: Ultrasound breaks fat cells and bursts cell walls, causing fat in the cells to flow out, which then is absorbed and metabolized by lymph. Thus it has strong power. The heart is sensitive to sound waves since it's a hollow organ. When sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on waist, back or breasts.)

(11) Q: Does ultrasound have side effects on our bodies?

A: Ultrasound is a non-surgical and non-invasive procedure and requires no anesthetic. When collected intense sound waves enter the body, it causes a violent impact upon fat cells, blasting them. It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Slight drumming in the ears may appear, which is normal, and you don't have to worry about it.

(12) Q: Why does drumming in the ears occur?

A: Ultrasound has a strong vibration. Sound waves of a frequency above 20kHz act on the fat layer that is 20mm under the skin with the ultrasonic focusing effect. Ultrasound with concentrated energy causes fat cells in the Jiao zone to create high-speed friction among themselves, resulting in heating, breaking, and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(13) Q: Will laser lipolysis rebound?

A: The quantity of fat cells inside the body is fixed, and it increases with age and becomes constant after adulthood. The enlargement in fat cell's size leads to weight gain. Laser lipolysis eliminates localized fats and reduces fat's size. Indeed, the weight barely rebounds after a laser lipolysis treatment, but it doesn't mean it will not take place for sure. Usually, the rebound will not happen as long as you keep a rational dietary structure and don't eat and drink too much daily.

(14) Q: Do laser treatments for weight loss need to keep on a diet and exercise?

A: Losing weight with laser has a noticeable effect, but we can't rely on it alone to achieve the goal. A rebound may occur if we don't control what we eat and instead eat and drink too much in a later stage after reducing our weight to an ideal range. Bear in mind that no such weight loss products can deliver permanent effects. Therefore, weight loss with laser is just a supplement. We still have to be on a diet and exercise appropriately after achieving the target for weight reduction and stopping the treatment.

(15) Q: What is collagen?

A: Collagen is a biological macromolecule substance and a white, opaque, and non-branched fibrous protein. It can supply the needed nutrition to various skin layers and enhance collagen activity. Its function includes locking moisture, nourishing skin and hair, delaying aging, improving looks, and relieving slack face. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are 40, the collagen content is less than half of that of 18. The loss of collagen and moisture breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of folds on the elderly's faces. The loss causes skin tissue to oxidize,

atrophy, and collapse, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

(16) Q: Why do I need buttock maintenance?

A: Hip maintenance can help lymph drainage, relieve gynecological diseases, and shun some harms brought by buttock blockage. When the buttocks are blocked, gynecological diseases arise for sure. Inside the buttocks are the pelvic cavity and intestinal tract. They connect to Daimai (GB26), lumbar vertebra, sciatic nerve from top, uterus, ovary, adnexa in the front, anus, vagina, groin, and lymph from the bottom. Under the squeeze of Upper Jiao (upper burner) and Lower Jiao (lower burner) meridian, the hips are most susceptible to cold, dampness, and blood stasis. When the hips are cold, the channels and collaterals inside shrink, causing dysmenorrhea, irregular menstruation, dark period blood, blood clot, and obstructed blood flow. It also affects impregnation.

6. Packing List

Main machine x 1
Fat freezing vacuum handles x 2
40kHz cavitation head x 1
RF head for body x 1
RF head for face x 1
Cooling membranes x 10
Power supply wire x 1
Large light pads x 8
Small light pads x 4
Holder x 3
Key switch x 1

7. Simplified Operating Steps

(1) Under-Eye Wrinkles Removal

Remove makeup, clean the face, apply toner, massage, use Eye RF, and apply water, eye essence, eye cream, and sunblock.

Matched Product: radiofrequency cream/ massage cream

(2) V-shaped Face Tightening

Remove makeup, clean the face, apply toner, massage, use Eye RF and small laser pads, and apply a facial mask, water, essence, lotion/ facial cream, and sunblock.

Matched Product: radiofrequency cream/ massage cream

Auxiliary tool: strap

(3) Waist & Abdomen/ Arm/ Leg Sculpting

Massage, use Body RF, 40K, and Vacuum Cooling Head, clean treated parts, and use large laser pads.

Matched product: radiofrequency cream/ essential oil + antifreeze membrane

Auxiliary tool: strap

(4) Back/ Buttocks Sculpting

Massage, use bBody RF and Vacuum Cooling Head, clean treated parts, and use large laser pads.

Matched product: radiofrequency cream/ essential oil + antifreeze membrane


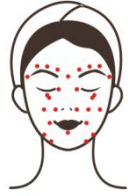
Auxiliary tool: strap

(5) Breast Sculpting

Massage, use Body RF, and clean treated parts.

Matched product: radiofrequency cream/ essential oil

8. Diagrams

| Parameter Setting | Matched Product | Technique | Diagram |
|---|---|--|--|
| V-shaped Face Tightening: 90 Minutes/ Once a Week | | | |
| Eye RF Advised Operating Time: 10 to 15 minutes Advised Energy Level: 30% to 70% Mode Selection: NOR/ PRO Small Laser Pad | Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Cream Mask + Essence + Sheet Mask | <ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply the hydrating cream mask to the face and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao | Technique 5, 7  Technique 6  Technique 8, 18 |

Advised Operating Time: 15 to 20 minutes

Advised Energy Level: 30% to 70%

Mode Selection: M1/ M2/ M3

(GB-1), Chengqi (ST-1), and Sibai(ST-2). Repeat three times.

7. Caress the whole face three times.

8. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and lower eyelid to Taiyang (EX-HN5); lift the corner of the eyes; do them alternately with hands. Repeat three times.

9. Do the same on the other side.

10. Lift forehead towards the hairline direction. Repeat three times.

11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.

12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.

13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.

14. Do the same on the other side.

15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.

16. Clean the face, 2 minutes.

17. Apply essence evenly to the whole face, 1 minute.

18. **Eye RF:** Lift one line after another from the chin to the part below the ear, the



Technique 10, 12, 20



Technique 15








| | | | |
|--|--|---|--|
| | | <p>corner of the mouth to the ear center, and the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>21. Clean the face, 2 minutes.</p> <p>22. Apply toner, 1 minute.</p> <p>23. Small Laser Pad: Fasten laser pads onto the chin's fatty part with a strap for 20 minutes.</p> <p>24. Remove the pads.</p> <p>25. Clean the face, 2 minutes.</p> <p>26. Apply a sheet mask and wait 15 minutes.</p> <p>27. Clean the face, 2 minutes.</p> <p>28. Apply toner, essence, facial cream, and sunscreen.</p> <p>29. Treatment ends.</p> | |
|--|--|---|--|

Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny, and the double chin relieves obviously. When you complete two courses, or 24 treatment, your skin turns smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox are enhanced. It also fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny. Your double chin is relieved clearly, and a v-shaped face forms.

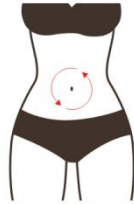
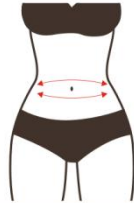
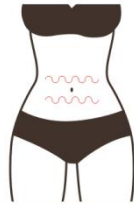
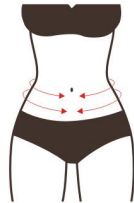

Under-Eye Wrinkles Removal: 35 Minutes/ 2 to 3 Times a Week

| | | | |
|--|--|---|--|
| <p>Eye RF Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: NOR/ PRO</p> | <p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Massage Cream+ Instrument + Eye Mask</p> | <ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply massage cream evenly to eyes, and caress it three times. 4. Press Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 5. Lift back and forth from the inner corner of the eyes to Taiyang (EX-HN5) with the middle finger along the lower eyelid. Repeat three times. 6. Star from the inner corner of the eyes, lifting from the eyebrow to Taiyang (EX-HN5) with the middle and ring fingers. Repeat three times. 7. Clean the eyes, 2 minutes. 8. Apply essence (eye cream) evenly to the eyes with hands moving circlewise. Repeat three times. 9. Eye RF: Set its energy level, mode, and operating time (about 10 minutes). 10. Lift the handpiece from a lower eyelid to the corner of the eye. Repeat 3 to 6 times. 11. Lift the handpiece from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times. | <p>Technique 3, 8</p>  <hr/> <p>Technique 5, 11</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 14</p>  |
|--|--|---|--|

| | | |
|--|--|--|
| | <p>12. Draw small circles on the lower eyelid with the handpiece and lift it to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>13. Lift the handpiece from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>14. Lift the handpiece from a brow ridge to hairline. Repeat 3 to 6 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the eyes, 1 minute.</p> <p>17. Apply an eye mask and wait 15 minutes.</p> <p>18. Remove the mask and clean the eyes, 2 minutes.</p> <p>19. Apply eye essence and eye cream.</p> <p>20. Treatment ends.</p> | |
|--|--|--|

Recommended Course of Treatment

It's advised to use the device 2 to 3 times a week. When you finish a treatment, your eyes will be lifted and firmed to some extent, and eye blood circulation will be accelerated. After a month, fine lines and dark circles fade, and your skin color brightens. Your eye skin turns tightened, rejuvenated, and shiny three months later. If you carry it through, it can relieve and prevent eye aging.

| Waist & Abdomen Sculpting: 90 Minutes/ Once a Week | | | |
|--|---|--|--|
| <p>Body RF Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: NOR/ PRO</p> <p>40k Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: M1/ M2</p> <p>Vacuum Cooling Head Advised Temperature: -3°C to 3°C</p> <p>Advised Operating Time: 10 to 30 minutes</p> | <p>Essential Oil (Massage Cream) + Gel + Instrument</p> | <ol style="list-style-type: none"> 1. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 2. Rub the belly back and forth with hands. Repeat 3 to 5 times. 3. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times. 4. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times. 5. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times. 6. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times. 7. Caress treated parts with hands moving circlewise. Repeat three times. 8. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), and Daheng (SP15). Repeat two times. 9. Push from Zhongji (RN3) to the belly button with the thumbs, slide to the part below the waist along the two sides, and lift upwards to the groin. Repeat three times. 10. Caress the treated parts | <p>Technique 1, 7, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p> |

Suction can be changed per a client's tolerance, and it's advised to start from the lowest level to avoid discomfort.

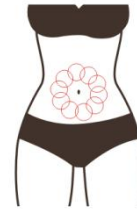
Large Laser Pad

Advised Operating Time: 15 to 20 minutes

Advised Energy Level: 30% to 70%

Mode Selection: M1/ M2/ M3

- till groin with hands.
11. **Body RF:** Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.
 12. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.
 13. Sculpt up and down on the waist. Repeat 3 to 5 times.
 14. Lift Daimai (GB26) of the two sides. Repeat 16 times.
 15. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.
 16. **40k:** Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.
 17. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.
 18. Sculpt up and down on the waist. Repeat 3 to 5 times.
 19. Lift Daimai (GB26) of the two sides. Repeat 16 times.
 20. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.
 21. Clean waist and abdomen with a towel.
 22. Choose a suitable antifreeze membrane per the size of the buttocks' fatty part and apply it evenly to the



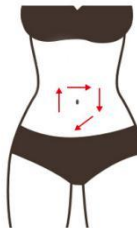
Technique 8



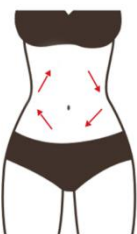
Technique 9




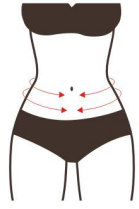
Technique 11, 16



Technique 12, 17



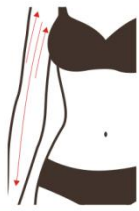
Technique 13, 18

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| | | <p>part.</p> <p>23. Vacuum Cooling Head: Set the handpiece's temperature, time, and suction.</p> <p>24. Attach the handpiece to the abdomen's fatty part with the antifreeze membrane covering it, adjust its suction per the client's tolerance, and leave it there for about 10 to 30 minutes.</p> <p>25. Remove the pads and antifreeze membrane and clean the treated part.</p> <p>26. Big LED Laser: Fasten laser pads onto the fatty part of the waist and abdomen for about 15-20 minutes.</p> <p>27. Remove the pads.</p> <p>28. Treatment ends.</p> |  <hr/> <p>Technique 14, 15, 19, 20</p>  |
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Recommended Course of Treatment

A course of treatment includes four treatment cycles. When you accomplish a treatment cycle, swelling, blood stasis, and numbness will disappear in about 1 to 2 weeks. Fat will decrease gradually in the second week. You can witness an evident effect in about two months. On average, fat thickness reduces by 22%, but it varies from person to person. When you complete one course, the waist and abdomen's size will lessen considerably, they turn slender, and a waist shape gets apparent, pot belly on the abdomen starts to vanish, and their skin becomes firm. You can take the treatment every two months in a later stage to cement the effect.

Arm Sculpting: 70 Minutes/ Once a Week

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| <p>Body RF</p> <p>Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode</p> | <p>Essential Oil (Massage Cream) + Gel + Instrument</p> | <ol style="list-style-type: none"> Do it in left-right order. Lay the arm flatwise, apply essential oil from lower arm to upper arm with hands until the hands slide out. Repeat three times. Push the entire arm with palms doing it alternately. Repeat three times. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine | <p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4, 5, 6</p> |
|---|---|---|---|

Selection:
NOR/ PRO

40k
Advised
Operating
Time:
10 to 15
minutes

Advised
Energy Level:
30% to 70%

Mode
Selection:
M1/ M2

**Large Laser
Pad**
Advised
Operating
Time:
15 to 20
minutes

Advised
Energy Level:
30% to 70%

Mode
Selection:
M1/ M2/ M3

Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times.

4. Caress the treated part. Repeat three times.

5. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until they turn hot. Repeat three times.

6. Caress the treated part. Repeat three times.

7. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively.

8. Rub the three channels and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times.

9. Caress the treated parts till the hands slide out. Repeat three times.

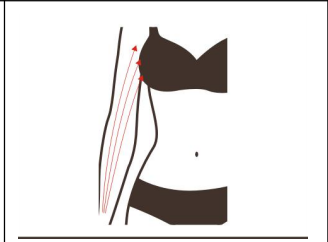
10. Treatment ends.

11. Do the same on the other side.

12. **Body RF:** Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.

13. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.

14. You can treat flabby arms more. Repeat three times.



Technique 7



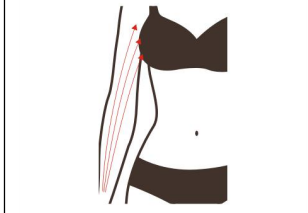
Technique 8, 16, 18, 24, 26




Technique 9



Technique 12, 15, 20, 23



Technique 13, 14, 21, 22



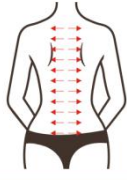
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| | <p>15. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>17. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. 40k: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>25. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three</p> |  <p>The diagram shows a female torso from the chest to the waist. On the right side, the upper arm is highlighted with three vertical channels and three collateral lines, marked with red dots and arrows. The channels are the three main meridians of the upper arm, and the collaterals are the three lines branching off from them. The diagram is positioned above a horizontal line.</p> |
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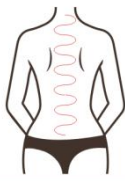
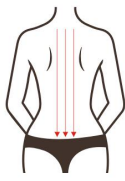



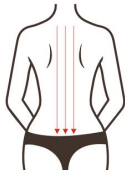
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| | | <p>times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. Large Laser Pad: Fasten laser pads onto the arms' fatty part for about 15 to 20 minutes.</p> <p>29. Remove the pads.</p> <p>30. Treatment ends.</p> | |
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Recommended Course of Treatment

A course of treatment includes ten treatment cycles. Arms get hot, tightened, and relaxed when you accomplish a treatment cycle. After a course, the arms' excess fat begins to decrease, and your skin starts to turn firm and plump. When you complete two courses, body shaping is in place, the effect will be strengthened, channels and collaterals will be dredged, and your physique will be enhanced. If you finish three courses, the result will be cemented and stabilized. Thus rebounds can be prevented. If you finish three courses, the effect consolidates and stabilizes. Thus, the rebound can be prevented.

Back Sculpting: 60 Minutes/ Once a Week

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| <p>Body RF Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: NOR/ PRO</p> <p>Vacuum Cooling Head Advised Temperature: -3°C to 3°C</p> | <p>Essential Oil (Massage Cream) + Gel + Instrument</p> | <ol style="list-style-type: none"> 1. Technique. 2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times. 4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times. 5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times. 6. Push Bladder Meridian in | <p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  |
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| <p>Advised Operating Time: 10 to 30 minutes</p> <p>Suction can be changed per a client's tolerance, and it's advised to start from the lowest level to avoid discomfort.</p> <p>Large Laser Pad</p> <p>Advised Operating Time: 15 to 20 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: M1/ M2/ M3</p> | | <p>left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Treat the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15. Treatment ends.</p> <p>16. Body RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> | <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14</p>  <hr/> <p>Technique 9, 19</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p> |
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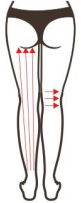

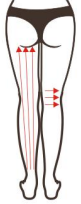
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| | <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. For the whole back, draw Arabic numeral eight transversely and from top to down to the sacral region (BL31-BL34). Repeat three times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23. Clean back with a towel.</p> <p>24. Choose a suitable antifreeze membrane per the size of the fatty part, and apply it evenly to the treated part.</p> <p>25. Vacuum Cooling Head: Set the handpiece's temperature, time, and suction.</p> <p>26. Attach the handpiece to the fatty part with an antifreeze membrane covering it, adjust its suction per the client's tolerance, and leave it there for about 10 to 30 minutes.</p> <p>27. Remove the handpiece</p> |  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>  <hr/> <p>Technique 21</p>  <hr/> <p>Technique 22</p>  <hr/> |
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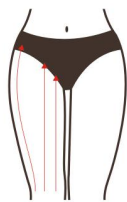
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| | | <p>and antifreeze membrane and clean the handpiece.</p> <p>28. Large Laser Pad: Fasten laser pads onto the back' fatty part for about 15 to 20 minutes.</p> <p>29. Remove the pads.</p> <p>30. Treatment ends.</p> | |
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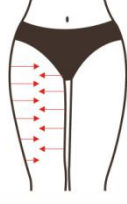
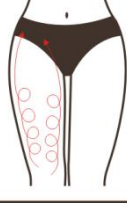
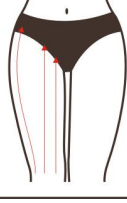
Recommended Course of Treatment

A course of treatment includes four treatment cycles. When you accomplish a treatment cycle, swelling, blood stasis, and numbness will disappear in about 1 to 2 weeks. Fat will decrease gradually in the second week. You can witness an evident effect in about two months. On average, fat thickness reduces by 22%, but it varies from person to person. When you complete one course, the back's size will lessen considerably, it becomes thin, and excess fat on it will vanish. You can take the treatment every two months in a later stage to cement the effect.

Leg Sculpting: 120 Minutes/ Once a Week





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| <p>Body RF Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: NOR/ PRO</p> <p>40k Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> | <p>Essential Oil (Massage Cream) + Gel + Instrument</p> | <ol style="list-style-type: none"> 1. Rear-leg: Do it in left-right order; let the client lie on his front, apply essential oil from a lower leg to thigh, and return to the heel. Repeat three times. 2. Push the entire leg from the bottom up with palms doing it alternately, and back to the heel till palms slide out. Repeat three times. 3. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' pulicue doing it by turns. Repeat three times. 4. Push popliteal fossa with hands doing it alternately. Repeat three times. 5. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times. | <p>Technique 1, 2, 3, 4, 7</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 12, 18</p>  <hr/> <p>Technique 13, 19</p> |
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| <p>Mode Selection: M1/ M2</p> <p>Vacuum Cooling Head Advised Temperature: -3°C to 3°C</p> <p>Advised Operating Time: 10 to 30 minutes</p> <p>Suction can be changed per a client's tolerance, and it's advised to start from the lowest level to avoid discomfort.</p> <p>Large Laser Pad Advised Operating Time: 15 to 20 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: M1/ M2/ M3</p> | | <p>6. Caress the treated part. Repeat three times.</p> <p>7. Push the four channels and collaterals from the bottom up with kneeling fingers. Repeat three times.</p> <p>8. Caress the treated part. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean the treated part with a hot towel, 2 minutes.</p> <p>11. Apply gel evenly to the treated part, 2 minutes.</p> <p>12. Body RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from the popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. 40k: Push Bladder Meridian-Kidney</p> |  <hr/> <p>Technique 14, 18, 24</p>  <hr/> <p>Technique 15, 17, 21, 23,</p>  <hr/> <p>Technique 16, 22</p>  <hr/> <p>Technique 24, 25, 26, 27, 28, 30, 35, 37</p>  <hr/> <p>Technique 29, 31, 36, 38</p> |
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| | <p>Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>19. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>20. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>21. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>22. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>23. Start from the popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>24. Fore-leg: Let the client lie flat and apply essential oil from the lower leg to thigh root with hands (caressing). Repeat three times.</p> <p>25. Push from the lower leg to the thigh root with palms' base doing it by turns. Repeat three times.</p> <p>26. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>27. Push the four channels</p> |  <hr/> <p>Technique 32, 39</p>  <hr/> <p>Technique 33, 40</p>  <hr/> <p>Technique 34, 41</p>  |
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| | <p>and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>28. Body RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>29. Move circlewise from the two sides of the lower leg to the knee. Repeat 3-5 times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>30. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>31. Draw small circles on the whole thigh. Repeat three times.</p> <p>32. Lift from the two sides of the thigh to the middle with the instrument and a hand. Repeat 3-5 times.</p> <p>33. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>34. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>35. 40k: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>36. Move circlewise from the two sides of the lower leg to the knee. Repeat 3-5</p> | |
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| | <p>times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>37. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>38. Draw small circles on the whole thigh. Repeat three times.</p> <p>39. Lift from the two sides of the thigh to the middle with the instrument and a hand. Repeat 3-5 times.</p> <p>40. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>41. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>42. Clean legs with a towel.</p> <p>43. Choose a suitable antifreeze membrane per the size of the fatty part, and apply it evenly to the treated part.</p> <p>44. Vacuum Cooling Head: Set the handpiece's temperature, time, and suction.</p> <p>45. Attach the handpiece to the leg's fatty part with the antifreeze membrane covering it, adjust its suction per the client's tolerance, and leave it there for about 10 to 30 minutes.</p> <p>46. Remove the handpiece and antifreeze membrane and clean the handpiece.</p> <p>47. Large Laser Pad: Fasten laser pads onto the leg' fatty part for about 15 to 20</p> | |
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| | | minutes. 48. Remove the pads. 49. Treatment ends. | |
| <p>Recommended Course of Treatment</p> <p>A course of treatment includes four treatment cycles. When you accomplish a treatment cycle, swelling, blood stasis, and numbness will disappear in about 1 to 2 weeks. Fat will decrease gradually in the second week. You can witness an evident effect in about two months. On average, fat thickness reduces by 22%, but it varies from person to person. When you complete one course, legs' size will lessen considerably, they turn slender, their shapes get apparent, flab on them will vanish, their skin becomes firm, and slender legs form. You can take the treatment every two months in a later stage to cement the effect.</p> | | | |
| <p>Buttocks Sculpting: 70 Minutes/ Once a Week</p> | | | |
| <p>Body RF Advised Operating Time: 10 to 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: NOR/ PRO</p> <p>Vacuum Cooling Head Advised Temperature: -3°C to 3°C</p> <p>Advised Operating Time: 10 to 30 minutes</p> <p>Suction can be changed per a client's</p> | <p>Essential Oil (Massage Cream) + Gel + Instrument</p> | <ol style="list-style-type: none"> 1. Massage. 2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to waist, and lift upwards along buttocks. Repeat three times. 3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times. 4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times. 5. Caress the treated part. Repeat three times. 6. Push from a thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian; do it in left-right order. Repeat three times, respectively. 7. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder | <p>Technique 2, 5, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 6, 14, 17, 20, 23</p>  <hr/> <p>Technique 7, 10</p> |

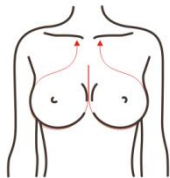
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| <p>tolerance, and it's advised to start from the lowest level to avoid discomfort.</p> <p>Large Laser Pad Advised Operating Time: 15 to 20 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Mode Selection: M1/ M2/ M3</p> | <p>Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Push from the thigh root to Daimai (GB26) with palms overlapped (lifting). Repeat 3 to 5 times.</p> <p>9. Push one line after another and back and forth from buttocks' two sides to the highest point on them with hands (shaping). Repeat three times.</p> <p>10. Repeat technique No.7.</p> <p>11. Caress the treated parts.</p> <p>12. Do the same on the other side.</p> <p>13. Treatment ends.</p> <p>14. Body RF: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15. Lift upwards and one line after another from buttocks' two sides to the highest point on them. Repeat three times.</p> <p>16. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18. Lift upwards and one line after another from buttocks' two sides to the highest point on them. Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Clean buttocks with a towel.</p> <p>21. Choose a suitable antifreeze membrane per the</p> |  <p>Technique 9, 15, 18</p>  <p>Technique 16</p>  |
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| | <p>size of the fatty part, and apply it evenly to the treated part.</p> <p>22. Vacuum Cooling Head: Set the handpiece's temperature, time, and suction.</p> <p>23. Attach the handpiece to the fatty part with an antifreeze membrane covering it, adjust its suction per the client's tolerance, and leave it there for about 10 to 30 minutes.</p> <p>24. Remove the handpiece and antifreeze membrane and clean the handpiece.</p> <p>25. Large Laser Pad: Fasten laser pads onto the buttocks' fatty part for about 20 minutes.</p> <p>26. Remove the pads.</p> <p>27. Treatment ends.</p> | |
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Recommended Course of Treatment

A course of treatment includes four treatment cycles. When you accomplish a treatment cycle, swelling, blood stasis, and numbness will disappear in about 1 to 2 weeks. Fat will decrease gradually in the second week. You can witness a noticeable effect in about two months, but it varies from person to person. When you complete one course, the buttocks' size will lessen considerably, excess fat and flab on them will disappear, and its skin will get tightened. You can take the treatment every two months in a later stage to cement the effect.

Breast Sculpting: 60 Minutes/ Once a Week

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| <p>Body RF Advised Operating Time: 15 to 20 minutes</p> <p>Advised Energy Level: 30% to 70%</p> | <p>Massage Cream (Essential Oil) + Instrument</p> | <p>1. Stand next to the head of a bed, apply essential oil from Danzhong (RN17) to an armpit with hands, and lift Cooper's ligaments while moving the hands upward. Repeat three times.</p> <p>2. Press Danzhong (RN17), Ruzhong (ST17), Dabao (SP21), Yinchuang (ST16), Zhongfu (LU1), and Yunmen</p> | <p>Technique 1</p>  <hr/> <p>Technique 2</p> |
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Mode
Selection:
NOR/ PRO

(LU2) with thumbs. Repeat three times.

3. Caress the treated part. Repeat three times.

4. Draw Arabic numeral eight between Danzhong (RN17) and breasts with palms overlapped. Repeat three times.

5. Lift from accessory breasts to Cooper's ligaments with hands; do it in left-right order. Repeat 10 times.

6. Caress the treated part. Repeat three times.

7. Sit next to the client; caress and lift her breasts with hands; do it in left-right order. Repeat 3 to 5 times.

8. Push lactiferous ducts around the breasts with hands' purlicue. Repeat 3 to 5 times.

9. Dredge the breasts' nodules with thumbs moving circlewise and alternately. Repeat three times.

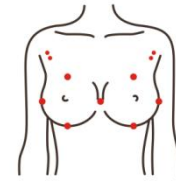
10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.

11. Do the same on the other side.

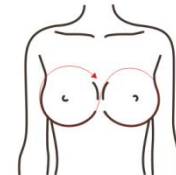
12. **Body RF:** Lift towards nipples from the bottom up with the handpiece circling the breast, and caress it with a hand; do it in left-right order. Repeat 5 to 8 times.

13. Lift the handpiece to collarbones along the breast drawing semi-circle, and caress it with a hand. Repeat 5 to 8 times.

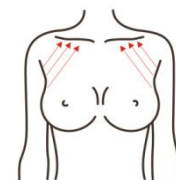
14. Draw small circles to



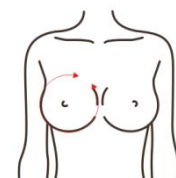
Technique 4



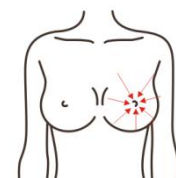
Technique 5



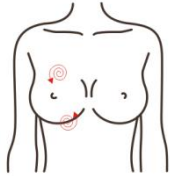


Technique 7, 13



Technique 8, 12



Technique 9, 14

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| | | <p>dredge parts with nodules. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lifted; move the handpiece circlewise on his accessory breast to burn fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast to the breast with the handpiece (remove accessory breasts and shape the breast). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treated parts with a towel. Treatment ends.</p> |  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>  |
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Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your breasts are heated, accelerating blood circulation, and you can see the lifting effect. After a course, the effect becomes more evident, and nodules are relieved. If you finish three courses, your skin turns tightened, shaping is cemented, breasts' elasticity is increased, and internal secretion is regulated, making women more charming.