

# User Manual

MS-7006CX



## Preface

To our valued users,

Thanks for choosing our latest 5-in-1 beauty equipment. This is the latest body slimming and skin tightening instrument that integrates eye RF, body RF, 40K cavitation, fat-dissolving with laser pads, and freezing technique. MS-7006CX is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body, thus we advise all people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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# Part I

## Introduction

Multipolar RF, 40K ultrasonic cavitation, fat-dissolving with laser pads, and freezing machine are currently the most popular instruments for looks improving, tightening, body shaping, and anti-aging. It can effectively replace all the facial and body care programs in a beauty salon, and can be operated easily, conveniently, and swiftly, and solves skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, no injection, no medication, and no surgery. It has no side effects and is operated externally throughout and has an instant effect. RF heats deep skin, stimulates collagen regeneration and restructuring in the dermis, and accelerates blood circulation in the underlying skin, thus achieving skin tightening, plumpness, anti-aging, and senility prevention. Cryolipolysis targets and removes fat cells of special body parts, decreases fat thickness, and makes the body curve clearer. Ultrasound of special frequency aims at body parts having difficulty in fat reduction in daily life, bringing amazing effect.

## Advantages

1. The 5-in-1 multifunctional beauty equipment fixes facial and whole body care problems.
2. Ultrasound strongly blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
3. It has multiple handpieces, which can be changed per the body parts to be treated and different requirements.
4. One handpiece has multiple functions, a stronger radiofrequency, and a higher and more even energy level.
5. The perfect match of ultrasound and RF are going to address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
6. The freezing effect only targets at fat layer, thus it causes no freezing injury to internal organs and will not harm the skin.
7. It adopts the most advanced ultrasonic cavitation technique in the world.
8. It's painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
9. No consumption, low cost, but with a quick return.
10. It has a wider treatment range, including both body and face.
11. Unevenness, bleeding, and swelling will not occur.
12. Its multiple probes emit red light, accelerate metabolism, and reduce inflammation and do disinfection for the skin while doing massage and dissolving fat, which has an evident effect and better comfort level.

13. Laser lipolysis, which is safe and painless, dissolves fat evenly, makes skin smooth and flat, and leaves no marks.

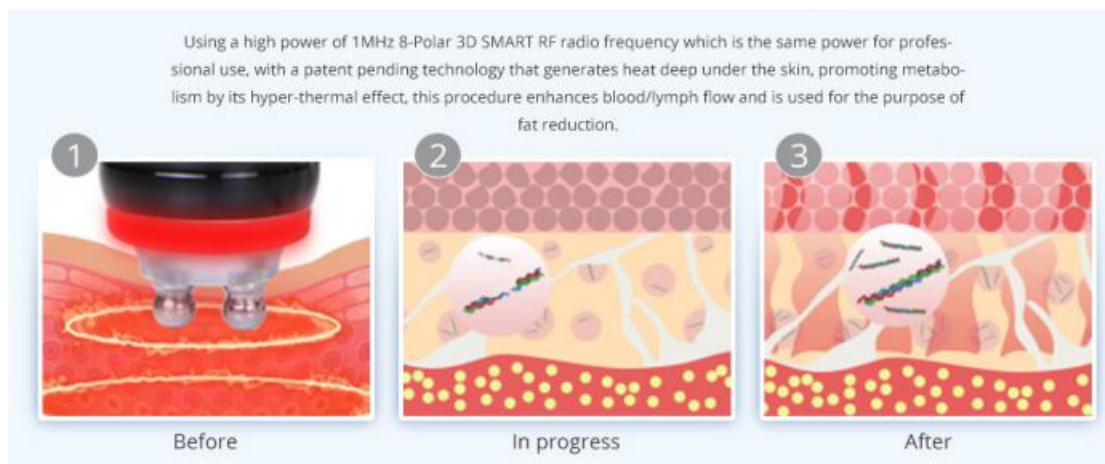
## Eye Wrinkle Removal

### Principle

#### Eye RF

Radiofrequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by the skin, which increases the temperature of the underlying skin. By tightening collagen in the dermis and stimulating collagen hyperplasia, it timely lifts and tightens skin and continuously regenerates collagen.

Biological Effect: Radiofrequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a great amount of collagen, and make the skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. During the treatment of eyes, RF heats the bottom layer of the eye skin rapidly through the radiofrequency waves and stimulates the growth of skin collagen to achieve skin tightening around the eyes, eye bags and black eyes removing, and red blood streak and fine lines relieving.



### Effects

1. Relieve eye fatigue, black eyes, eye bags, and edema.
2. Improve periorbital wrinkles and crow's feet.
3. Fade pigment and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.

5. Supply nutrition to eyes and moisten skin.
6. Tighten and refine skin, and lift the corner of the eyes.
7. Accelerate eyes' blood circulation, and promote efficient absorption.

## Indications

1. Those with wrinkles, fine lines, eye bags, or black eyes.
2. Those with dry skin, dry lines, or dynamic wrinkles.
3. Those whose eyes are prone to fatigue or dryness.
4. Those who always face computer or cellphone.
5. Those who always stay up late or with black eyes.
6. Those who always expose to dry or high-temperature environments.

## Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

## Matters Needing Attention After Treatment

1. Avoid being under the blazing sun and protect yourself from the sun.
2. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
3. Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc. within 7 days.
4. Drink more water and apply eye masks which should do at least 3 times a week.

## Body Management

### Principle

#### Body RF

RF instrument can achieve skin tightening, lifting, and refining, and face sculpting. The best bio-thermal effect frequency for RF is 3MHz. Charged particles, with a variable speed as highest as 8 million times per second, shift directions at the same frequency during the rapid shift of electrodes. Dermis tissue resists radiofrequency current

naturally, which produces thermal energy.

Radiofrequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by the skin, which increases the temperature of the underlying skin. By tightening collagen in the dermis and stimulating collagen hyperplasia, it timely lifts and tightens skin and continuously produces collagen. After 2 to 6 months of treatment, collagen generates hyperplasia and restructuring gradually which lifts and contracts slack or saggy skin.

Biological Effect: Radiofrequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis exerting its effect directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, makes it supported by a great amount of new collagen, and make the skin become firmed and elastic.

A sense of transient heat can be felt each time when the energy is inducted into the skin, which means the collagen is already under stimulation and heating, and the skin then will be firmed. During the operation, radiofrequency waves emitted by the operating head of super frequency electric wave system, under the cold protection of the epidermis, have already penetrated the epidermis exerting its effects on the dermis, and produced safe bio-thermal energy by heating water molecule rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of fat on the surface layer and achieve the tightening and lifting of the slack and saggy body parts.



40K

It uses the principle of ultrasound. It can effectively consume heat and cellular water as well as shrinking fat cells by gathered strong sound waves entering the human body causing fat cells to produce a strong strike and friction. In addition, when sound waves vibrate, it can cause cells to generate a strong impact which bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The Principle of Ultrasonic Cavitation: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound, and they close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate strong instantaneous pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

Advantages: It destroys tissue selectively, and only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue as nervus vascularis.



## Vacuum Freezing

The freezing point for water is  $0^{\circ}\text{C}$  while for fat is  $4^{\circ}\text{C}$ . It takes advantage of the properties of fat cells to achieve fat reduction.

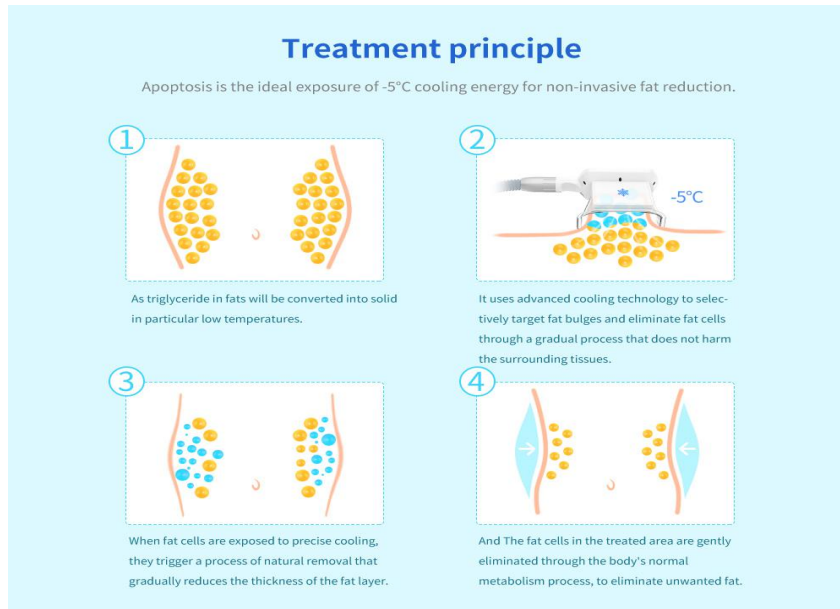
Vacuum freezing, through negative pressure, sucks fat into the vacuum handpiece. It circularly freezes every piece of fat. Fat freezing will absorb the heat of subcutaneous fat slowly, then the temperature of fat cells is reduced to  $0^{\circ}\text{C}$ , namely, they are frozen.

Low temperature will kill fat cells without affecting skin or muscle. The dead fat cells then are discharged through the liver, which requires no internal forces at all. It can achieve fat freezing at one time.

Biological Effect: Water accounts for 60% to 70% of the human body. The freezing point for water is  $0^{\circ}\text{C}$ , while fat starts to freeze at a temperature of  $4^{\circ}\text{C}$  due to its nature. We can say that fat freezing is exactly using this difference between the freezing points to eliminate fat. When in use, place the device on parts needing fat removal, then the fat will rapidly solidify into a jelly-like solid causing cytophagy (Cells fall off and die off per growth rhythm.) The dead cells are regarded by the body as wastes and discharged naturally within 2 to 4 months. Therefore, this method has an instant effect, and we can feel that the fat is decreasing in two weeks to one month after treatment.

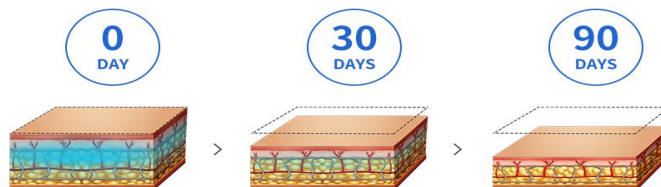


Body slimming with fat freezing can remove fat, and promote blood circulation and lymphatic drainage to discharge wastes inside the body. Besides, since the dead fat cells are discharged, the quantity of fat inside the body decreases, and it can also prevent rebound.



### Significant curative effect ❄️

You will be able to create a charming body in 30 minutes of time , after the first treatment ,the effect will probably appear in 4-6 weeks later , and gradually achieve the best result in the next 3 months.



### Laser Pad

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The wavelength of the laser is of strong penetrating power which effectively activates and repairs fat cells, penetrates the fat layer, and dissolves subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects.

It sends the low-level chemical signals of laser energy to fat cells and decomposes triglycerides stored in the fat layer into free fatty acids and glycerol that are released through the channel of cytomembrane. Fatty acids and glycerol are transported to body tissue that produces metabolic energy. The release of fatty acids is a natural response when the body needs the stored energy reserves, thus no unnatural

reaction will occur inside the body, nor does it affect or damage surrounding structures like skin, blood vessels, and peripheral nerves. After some time of exercise therapy, the free fatty acids inside the body will be eliminated through intact metabolism.

Biological Effect: LED laser uses a laser of a wavelength of 635nm to 650nm which heats fat cells in the targeted zone to decomposes them. And fat deposits are absorbed and discharged via the body's natural metabolism in a short period. During the process, the laser seals small blood vessels, obviously reduces bruises, leads the heat to the treatment area, and stimulates the production of collagen, thus flatness, smoothness, tightening, and body shaping.

The laser mainly acts as a low-energy laser (biological stimulation) and reaches deep fat directly. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function, and promoting cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. Laser is of strong penetrating power which can effectively activate or repair fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects.

By using the latest non-surgical, non-invasive laser fat decomposition technique, it releases laser energy of low level which produces a chemical signal among fat cells that will dissolve the trioxide triene storing in the body into free fatty acid, glycerin, and water molecules. And this is a natural reaction when the body needs reserved energy. Then the free fatty acids are transported into the whole body through the lymphatic system to supply energy to it. It's just like what the body would respond to when it's short of heat.



# Waist & Abdomen Sculpting

## Efficacy

1. Relieve women's cold hands, feet, cold uterus, or cold-natured body.
2. Improve waist and abdomen's slack and soft skin.
3. Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.
4. Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
5. Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

## Indications

1. Those with cold hands, feet, cold uterus, or cold-natured bodies.
2. People with proud flesh on the waist and abdomen, protruding small belly, or slack skin after child delivery.
3. Those sitting too long, or with an ugly waistline.
4. Those with striae distensae or stretch marks.
5. People with constipation, or obstructed channels and collaterals on the abdomen.

## Contraindications

1. Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
2. Women in pregnancy, menstruation, or lactation.
3. People whose surgical wounds are healing, or in surgical recovery.
4. Those with epilepsy, severe diabetes, or hyperthyroidism.
5. People with malignant tumors, hemophilia, or severe bleeding.
6. People with skin disease or infectious disease.
7. People with severe gynecological diseases.
8. People whose gynecological diseases are in treatment.

## Matters Needing Attention After Treatment

1. Keep abdomen warm, and avoid exposing to the windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
3. Take shower after 4 to 6 hours.
4. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.
5. Rub abdomen with hands doing it clockwise before sleep at night, which makes weight loss and metabolism achieve a better effect.

## Arm Sculpting

### Efficacy

1. Stimulate collagen hyperplasia in underlying skin, shape body, and firm skin.
2. Improve slack skin.
3. Reduce the appearance of flabby and thick arms.
4. Tighten skin.
5. Accelerate blood circulation and dredge channels and collaterals.

### Indications

1. Those with thick arms, or who look ugly in clothes.
2. Those with bat wings or flabby arms.
3. Those whose arms have slack skin.
4. Those whose arms are prone to pain and numbness.
5. Those who always carry the baby.

### Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in the allergic period or with severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

### Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to replenish moisture.
4. Refuse to eat and drink too much, as well as staying up late.
5. Avoid enjoying sauna, hot springs, or doing strenuous exercise within a week.

## Back Sculpting

### Efficacy

1. Relieve shoulder and back pain and alleviate Dowager's Hump.
2. Dredge channels and collaterals, and improve clogged channels and collaterals.

3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen the physique.
6. Tighten skin and prevent slack and soft skin.
7. Reduce excessive proud flesh on back, and sculpt back.

## Indications

1. Those with shoulder and back soreness or stiff neck.
2. Those with insomnia, dreaminess, or a fading memory.
3. Those who are prone to fatigue, drowsiness, or obstructed qi- blood circulation.
4. Those with thick backs, or who look ugly in clothes.
5. Those with Dowager's Hump.

## Contraindications

1. Those with metal implants inside the body, such as a stent, pacemaker, etc., or who are allergic to metals.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those who are in relatively fragile health.
8. Those who are drunk, thirsty, overworked, or with a full or empty stomach.

## Matters Needing Attention After Treatment

1. Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol, and eating and drinking too much.
4. Avoid eating raw, cold, and spicy foods. But get enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

## Leg Sculpting

Buttocks, which are located at the middle of the human body, is the key hub for channels and collaterals and qi-blood circulation, and is the main switch of six channels and collaterals as well as the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of the human body, It plays an important role in body S-curve management and feminine charm increasing.

## Efficacy

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea, and other gynecological diseases.
3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape hips, improve the sagging and outward expansion of hips, tighten skin, and increase elasticity.

## Indications

1. Those with slack and saggy hips or fat accumulation on hips.
2. Those with striae distensae or stretch marks.
3. Those whose hips shape is not good-looking, flat, loose, or with outward expansion.
4. Those with cold hips, or with low hips temperature.
5. Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. Those with decreased estrogen levels or disharmonious sexual life.

## Contraindications

1. Those in menstruation, pregnancy, lactation, or surgical recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or whose skin is in a sensitive period.
4. Those with surgical wounds or in surgical recovery.
5. Those in the allergic period or with severely sensitive skin.
6. Those who just had liposuction.
7. Those who are overaging.

## Matters Needing Attention After Treatment

1. Keep buttocks warm and avoid wearing miniskirts or mini-shorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to a windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol, and eating and drinking too much.
5. Avoid eating raw, cold, and spicy foods. But get enough sleep.
6. Avoid enjoying the sauna, hot springs, or doing strenuous exercise within 7 days.

## Leg Sculpting

### Efficacy

1. Tighten skin and prevent slack and soft skin.
2. Stimulate collagen production and flatten striae distensae.
3. Increase legs' blood circulation, detox, and metabolism.
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive proud flesh on legs and get rid of the thick thigh.

### Indications

1. Those with the obstructed blood circulation of lower limbs or with edema and obesity.
2. Those with hyp immunity, or who feel uncomfortable and pain all over the body, or who are prone to catch colds.
3. Those with constipation, or with coarse and slack skin.
4. Those with clogged channels and collaterals in legs, or with disproportionate and unsightly legs.

### Contraindications

1. Those in menstruation, pregnancy, or lactation.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or whose skin is in a sensitive period.
4. Those with surgical wounds or in surgical recovery.
5. Patient with severe varicosity or tumors.
6. Those in the allergic period or with severely sensitive skin.
7. Those who just had liposuction.
8. Those who are overaging.
9. Those in pregnancy or surgical recovery.

### Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse to eat and drink too much, as well as staying up late.
5. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.
6. Wear long pants as much as possible after treatment, and avoid wearing miniskirts and mini-shorts.

## Breast Sculpting

### Efficacy

1. Adjust breast shape and improve accessory breast.
2. Improve breast nodules and slight hyperplasia, and relieve distending pain in the breast during menstruation.
3. Improve the outward expansion of the breast.
4. Improve irregular menstruation, spots on the face, and inelastic skin.
5. Improve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

### Indications

1. Those whose hips shape is not good-looking, flat, loose, or accessory breast.
2. Those with nodules and slight hyperplasia, and distending pain in the breast during menstruation.
3. Those whose breast has free fat, or is saggy, with outward expansion.
4. Those with hypoimmunity.
5. Those with irregular menstruation, spots on the face, and inelastic skin.
6. Those who think her mammary gland is underdeveloped, with mastatophy, slack breast, or blocked lactiferous ducts after child delivery.

### Contraindications

1. Those with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or impaired major organ functions.
2. Those who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or are taking now.
3. Those with infected skin on the breast.
4. Those with severe breast hyperplasia, fibroma, or cyst.
5. Women in pregnancy or lactation.

### Matters Needing Attention After Treatment

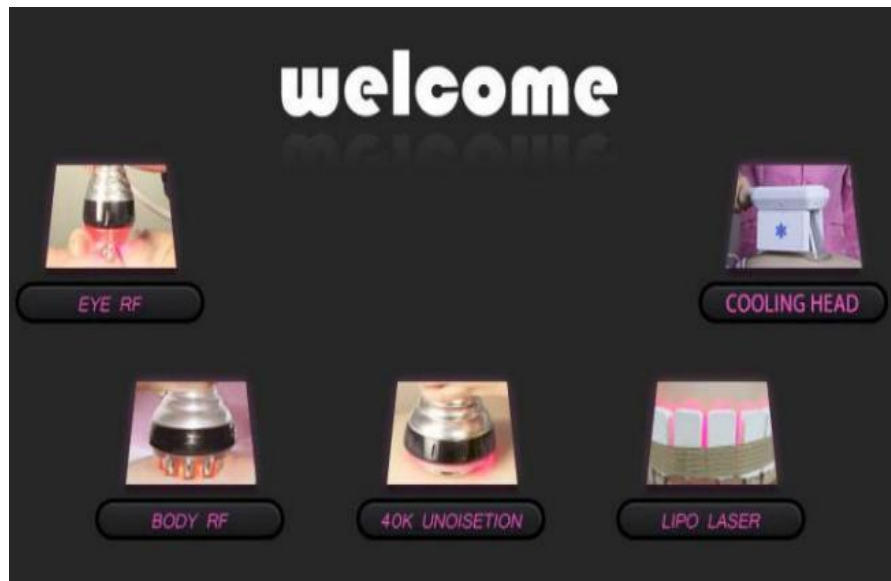
1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.
6. Wear fixed-shape and comfortable underwear and don't squeeze the breast too hard.



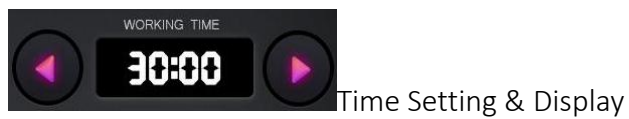
# Part II

## 1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial interface will appear after having the power switch on.



### 1.1 Function Selection





Time Setting(increase)



Energy Level Display



Display for Handle Energy Release



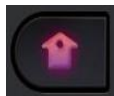
Energy Level Setting



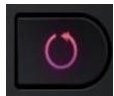
Energy Level Setting(decrease)



Energy Level Setting(increase)



Homepage



Return

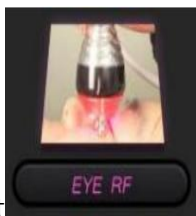


Start/Pause



Switch for the handpiece's red light. It's red light after turning it on.

## 1.2 Detailed Operations for Eye RF



Select **EYE RF** and enter the following page.



Time Setting & Display



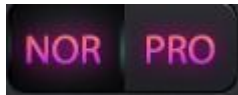
Energy Level Display



Display for Handle Energy Release



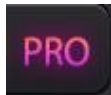
Energy Level Setting



Mode Selection



is the default mode. After clicking the start button, the temperature for RF will reach the setting value directly.

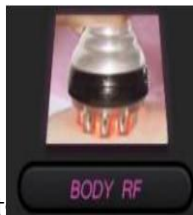


is the smart mode. After touching the skin, the temperature for RF reaches the setting value slowly.



Switch for the handpiece's red light. It's red light after turning it on.

### 1.3 Detailed Operations for Body RF



Select and enter the following page.



Time Setting & Display



Energy Level Display



Display for Handle Energy Release



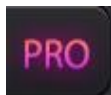
Energy Level Setting



Mode Selection



is the default mode. After clicking the start button, the temperature for RF will reach the setting value directly.

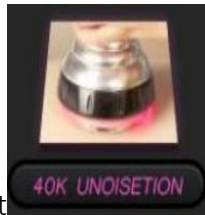


is the smart mode. After touching the skin, the temperature for RF reaches the setting value slowly.

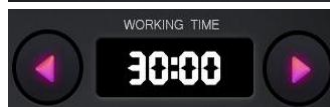


Switch for the handpiece's red light. It's red light after turning it on.

## 1.4 Detailed Operations for 40K



Select **40K UNOISETON** and enter the following page.



Time Setting & Display



Energy Level Display

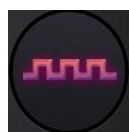
### Energy Level Setting



Mode Selection:

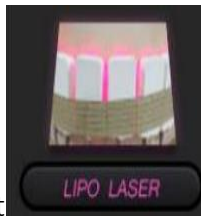


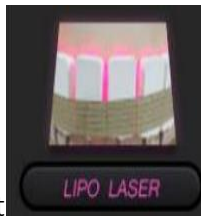
Continuous working mode, which suits those with the fat accumulation of thick fat.



Discontinuous working mode, which suits those with local obesity or who want to reduce weight.

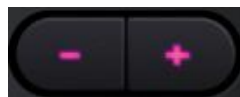
## 1.5 Detailed Operations for Laser Pad



Select  and enter the following page.



Time Setting & Display



Energy Level Setting



Mode Selection:



Continuous working mode(Laser pads will be on all the time. And it suits those who just started to use it or first-time users.)



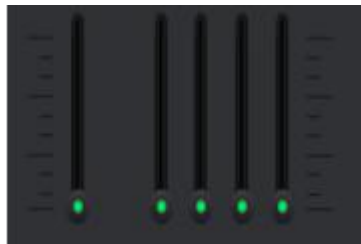
Discontinuous working mode(Laser flashes slowly. And it suits those who want to maintain and reinforce the effect.)



Quick flashing mode(Laser flashes quickly. And it suits those who want to strongly reduce weight.)



Energy Level Display for Large Laser Pad



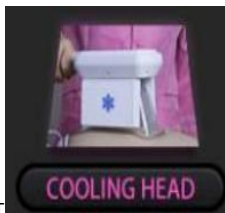
Energy Level Display for the Small Laser Pad



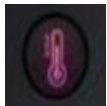
Energy Level Display for All Laser Pads

Energy level display for single laser pad laser. If you want to adjust it, first click the laser pad, then press the energy setting button to change its level.

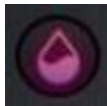
## 1.6 Detailed Operations for Vacuum Freezing



Select **COOLING HEAD** and enter the following page.



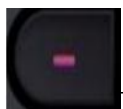
Temperature Alert for the handpiece. When the temperature for the handpiece is abnormal, then the alert will appear.



Warning Sign for Water Tank. When the water tank is lacking water or becomes abnormal, then this sign will come out.



Temperature Setting & Display (It's suggested to set the temperature between  $-5^{\circ}\text{C}$  and  $3^{\circ}\text{C}$ . For the first-time user, the advised temperature is  $5^{\circ}\text{C}$ , which can be lowered after getting used to it.)



Temperature Setting (decrease)



Temperature Setting (increase)



The suction setting for the vacuum freezing handle, which can be adjusted in line with the user's tolerance. Start with the lowest level when started and increase the level gradually after the client got used to it.





Handle Adjustment



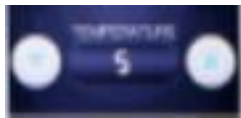
Time Setting & Display



Time Setting(decrease)



Time Setting(increase)



Temperature Setting & Display



Temperature(decrease)



Temperature(increase)

## 2. Technical Parameters

Rated Input Voltage: AC220V-240V 50Hz/ AC110V-120V 60Hz

Rated Input Power: 350VA

Cool cold slimming Vacuum

Power: 200W

Cooling Device Output Temperature: -5 to 5°C

Cooling Device Output: 0 to 5Kpa

Cooling Liquid: Pure Water

Cavitation Frequency: 40kHz

Cavitation Power: 60W

Cavitation Frequency: 60mm diameter

RF for Body  
RF Frequency: 3MHz  
RF Power: 30W  
RF Type: Sextupole with 100mW LED  
RF Tip: 65mm diameter

Led Laser: 635nm  
Led Laser Power/ Each Diode: 160mW  
Led Pads: 12 with 8 Large(8 Diode/Pad) + 4 Small(2 Diode/Pad)

### 3. Contraindications

Those with the following situations should use the equipment with caution. Please consult a doctor or professional before using it. The details are as follow:

- (1) Women in pregnancy or lactation.
- (2) Those with heart disease or heart pacemakers.
- (3) Those with unhealed surgical wounds or in surgical recovery.
- (4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- (5) Those with malignant tumors, hemophiliac, or severe bleeding.
- (6) Those with skin disease or infectious disease should use it with caution.
- (7) Those with metal implants inside the body(such as a stent, pacemaker, etc.), or who are allergic to metals.

### 4. Precautions for Use

- (1) A plug with a ground pin must be used and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the voltage of the local power supply is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the curative effect and normal service life of the equipment, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and it also can not be exposed to direct sunlight.
- (5) Don't place the device near a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please restrain from using the equipment aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those who are suffering from an illness should use it with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure the

main power is off after everything was settled, thus the safety of the equipment can be guaranteed.

- (10) Start from the lowest energy level when just start and increase the level gradually after the client got used to it.
- (11) Clean the equipment with normal saline after an operation to ensure its cleanliness and hygiene and extend its service life.
- (12) The handpieces can be used separately, but a better effect can be achieved with the combined use of them.
- (13) The equipment should contact the skin fully to avoid uneven heating when in use.
- (14) When using this device, parts to be treated must be kept moist, and having treatment in a dry condition should be avoided.
- (15) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (16) It's prohibited to use 40K on the head, chest, breast, heart, and back.
- (17) The matched freezing film must be applied to the treated part to avoid dry skin treatment or treating with the device contacting directly.
- (18) When operating, fasten laser pads onto the client first, then turn the equipment on, and adjust energy level(which should be set from low to high slowly to make the client feel warm and comfortable).
- (19) When using laser pads, its whole surface should contact the skin fully and can't only touch a small area.
- (20) To use the equipment and train the operators in strictly accordance with the instructions specified in the manual.

## 5. Troubleshooting & Solutions

- (1) The equipment can't be started, and the buttons in its back are not lighting up?
  - A. Make sure the power cord is plugged into a good power socket.
  - B. Check whether the fuse tube in its back is loose or burnt out.
  
- (2) The equipment doesn't have RF output?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely connected.
  - B. Please check whether the treated parts have been cleaned. Grease or essential oil products may cause poor contact between the handpiece and the body resulting in no output.
  
- (3) The RF output is weakened?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely connected.
  - B. Please check whether there is non-conductive grease on the handpiece, which may cause poor contact resulting in weakened output.

C. Please check whether the products used are the adaptive products specified by the equipment.

(4) The machine stops working after clicking start?

- A. Perhaps the water flow is not strong enough, which makes it hard to be detected.
- B. Check whether the water tank is lacking water.

(5) There is a red alert from the water drop icon on the top right corner?

- A. Check whether the water is enough.
- B. Check whether the water tank is damaged or not.

(6) The equipment can be started, but there is an error message on the monitor?

- A. Take out the plug in the back of the equipment, and wait for about 1 minute, and re-plug and restart it.
- B. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

## 6. FAQs

(1) Q: How long does it take to see the effect of RF?

A: Normally, the effect can be seen on the same day or within a week after treatment. The collagen tissue of the skin, under heating, produces contraction, which results in an obvious skin tightening. RF can produce collagen continuously because it stimulates subcutaneous tissue. Therefore, the more you use it, the better the effect.

(2) Q: Is RF harmful to the skin?

A: RF for tightening and anti-wrinkle is a non-surgical program. It stimulates collagen regeneration in the underlying skin and accelerates metabolism. Therefore, it causes no harm to the skin. Only local redness and heating will occur after treatment, which is a normal phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus, there's no need to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is about 60 minutes. To have an obvious effect, we will combine the use of professional techniques and instruments.

(4) Q: Does fat freezing have side effects?

A: Fat freezing is a completely non-invasive and painless method for fat reduction. It utilizes the principle that fat cells are not cold-resistant compared with other cells, which makes fat cells die off earlier due to low temperature. The freezing constant low temperature can only act on fat cells, and exerts no influence on other tissue, and causes no harm to skin or muscle. And the dead fat cells will discharge during body metabolism, thus it has no side effects.

(5) Q: How does fat freezing achieve body slimming?

A: Fat freezing is a procedure that the device will place on the skin surface, which makes the temperature for subcutaneous tissue reach 5 °C resulting in earlier aging and die-off of fat cells. And the dead fat cells will discharge during body metabolism, thus achieve the effect of body slimming.

(6) Q: How long does it take to see the effect of fat freezing?

A: It takes about 1 to 2 months, and it's related to individual physique and metabolism. Fat freezing utilizes the principle that fat cells are not cold-resistant. It freezes fat cells to death under the constant low temperature of 5 °C, then discharges the dead cells through body metabolism. Therefore, it takes a period to see the effect.

(7) Q: Why do we have to use the device with the matched anti-freezing membrane?

A: The main ingredient of an anti-freezing membrane is genetic molecules that are made based on the principle of expanding with heat and contracting with cold and within the skin's tolerance range. The clinical test shows that it can effectively prevent skin frostbite caused by freezing fat-dissolving equipment, and suits for preventing frostbite that brought by all kinds of similar equipment.

(8) Q: What functions does this equipment include?

A: It can shape the body with fat- Reducing easing and repairing, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and alleviate loosening and sagging. For the body, it can reduce the weight of local body parts, build an S curve, and accelerate metabolism, and detox of the whole body. Meanwhile, it can also enhance viscera functions and relieve the sub-health condition of the body.

(9) Q: Which one is better in terms of weight reduction, liposuction or this equipment?

A: The principle of liposuction is to suck out excess fat from some body part through vacuum suction, thus achieving rapid local body slimming. It has an instant effect, requires anesthesia during the operation, and has a recovery period. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It can stimulate collagen production to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting and boost feminine charm.

(10) Q: Can ultrasound be operated all over the body?

A: Ultrasound breaks fat cells, bursts the cell wall, then fat in the cells flows out and absorbed and metabolized by lymph. Ultrasound has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal

detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back and chest.)

(11) Q: Does ultrasound have side effects on the body?

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound (mechanical sound wave)-blast fat through cavitation-ultrasound focusing. Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves, therefore, it has no side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal and you don't have to worry about it.

(12) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. It acts on the subcutaneous fat layer that is 20mm below through ultrasound focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually in breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(13) Q: Does laser lipolysis get rebound?

A: The quantity of fat cells is fixed. It increases with age increasing and becomes constant until adulthood. Weight gain is the cause of the size increase of fat cells. Laser lipolysis gets rid of local fat and reduces the size of fat. It's true that seldom does laser lipolysis rebound. But it doesn't mean rebound will not occur for sure. Usually, the rebound will not happen as long as you have a rational dietary structure and don't eat and drink too much every day.

(14) Q: Does weight reduction with laser need to control eating and do exercise?

A: To lose weight with the laser has an obvious effect, but we can't rely on it alone to achieve this. If we don't control what we eat and instead eat and drink too much after we reduced our weight to an ideal range, a rebound may occur. Bear in mind that there are no such weight loss products that can guarantee permanent effect. Therefore, weight loss with the laser is just a supplement. We still have to be on a diet and do the exercise properly after reached the target of weight reduction and stopped weight loss with laser.

(15) Q: What is collagen?

A: Collagen is a biological macromolecule substance, and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers, and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care for hair. Collagen is a nutrient that the body must be supplemented for delaying aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has drained, and the content of collagen has decreased little by little after the age of 20. At the age of

25, collagen loss reaches its peak. At the age of 40, the content of collagen is less than half of that of the age of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, which makes the skin dry, wrinkled, slack and inelastic, etc. Therefore, collagen must be supplemented for aging delaying.

(16) Q: Why do I need breast maintenance?

A: The breast has the most lymph, thus it accumulates toxins easily. Moreover, people nowadays live a fast-paced life and are under huge working pressure, which leads to hyperplasia of varying degrees. It says that the breast is the cradle for children and the garden for women. The breast is the symbol of the female. Breast maintenance can make your body sexier, and make you more attractive. A woman with a sexy shape and an elegant disposition can lead her husband to wherever she goes. The evolution process of breast cancer: residual milk, secreta, toxin--clogged nodule and clot--lobular hyperplasia, ductal hyperplasia, hyperplasia of mammary glands--glandular tube blockage and adhesion--fibroma, galactoma--breast cancer

(17) Q: Does RF can be used for breast tightening and sculpting?

A: Due to the increase of age, the influence of menstrual period, sub-health, and earth gravity, and the outside stimulation during lactation, a great deal of nutriment and collagen loss, the blood flow volume decreases, the elastic fiber get impaired, the ligament gland loose, and the breast droops. Through RF energy conduction, it can cause collagenase to repair the elastic fiber and ligament gland, thus achieving breast lifting and shaping.

(18) Q: Why do I need buttocks maintenance?

A: Because hip maintenance can help with body lymphatic detox, and improve gynecological diseases, and also avoid harms caused by buttocks blockage. Hips' impassability will surely bring about gynecological diseases. There is a pelvic cavity and intestinal tract inside the buttocks. It connects to the belt vessel, lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in front, anus, vagina, groin, and lymph from below. Under the squeeze of upper-jiao(the parts above the diaphragm) and lower-jiao(the parts underneath enterocoelia) channels and collaterals, the hips are most prone to coldness, dampness, and blood stasis. When the hip is under coldness, it causes contraction of the hips' channels and collaterals, dysmenorrhea, irregular menstruation, dark menstruation blood, blood clot, and obstructed blood flow. It also affects ingravitation.

## 7. Packing List





1x Host Machine

1x Cool Vacuum Head


1x 40K Cavitation Head

- 1x Sextupole RF Head for Body
- 8x Big 650nm LED Laser(each with 10 led light) 160mW
- 4x Small 650nm LED Laser(each with 2 led light) 160mW
- 3x Holders for Parts

## 8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
<b>Eye Wrinkle Removal: 25 Minutes/ 2 to 3 Times a Week</b>			
<b>Eye RF</b> Advised Energy Level: 30 to 70%  Advised Time: 10 to 15 minutes  Mode: NOR/ PRO	Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask	<ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, 5 minutes.</li> <li>2. Apply toner, 1 minute.</li> <li>3. Apply essence(eye cream) evenly to the eyes with hands moving circlewise, 1 minute.</li> <li>4. <b>Eye RF:</b> Set energy parameters, mode, and time. About 10 minutes.</li> <li>5. Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times.</li> <li>6. Lift the device from the lower eyelid to Temple. Repeat 3 to 6 times.</li> <li>7. Lift the device from the lower eyelid moving in small circles to Temple. Repeat 3 to 6 times.</li> <li>8. Lift the device from the lower eyelid to Temple. Repeat 3 to 6 times.</li> <li>9. Lift the device from brow ridge to hairline. Repeat 3 to 6 times.</li> <li>10. Do the same on the other side</li> <li>11. Clean the eyes, 1 minute.</li> <li>12. Apply an eye mask and wait for 15 minutes.</li> </ol>	Technique 3 
			Technique 5 
			Technique 6, 8 
			Technique 7 

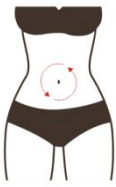











		<p>13. Remove the mask and clean the face, 2 minutes.</p> <p>14. Apply eye essence and eye cream.</p> <p>15. Treatment is done.</p>	<p>Technique 9</p> 
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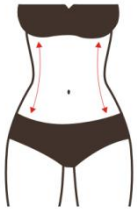
**Course of Treatment Recommended:**

It's advised to do it 2 to 3 times. After one-time treatment, the eye will be tightened and lifted, and eye blood circulation will be accelerated. After a month, the fine lines and black eye will be faded, and skin color will be improved. After three months, the eye will be tightened and lifted, and be rejuvenated and with gloss. To stick to it, the eye can be improved and aging can be prevented.

**Waist & Abdomen Sculpting: 90 Minutes/ Once a Week**

<p><b>40K</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2</p> <p><b>Body RF:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p> <p><b>The temperature of Vacuum</b></p>	<p>Massage Cream(Essential Oil) + Gel + Towel + Anti-freezing Membrane + Instrument</p>	<ol style="list-style-type: none"> <li>Technique.</li> <li>Apply essential oil to the abdomen with hands moving circlewise. Repeat 3 times.</li> <li>Rub belly back and forth with two hands. Repeat 3 to 5 times.</li> <li>Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat 3 times.</li> <li>Lift belt vessels of the two sides of the waist with hands doing it alternately. Repeat 16 times.</li> <li>Move in Arabic numeral 8-shaped motion to the part below the waist and then lift upwards from the side of the waist. Repeat 3 times.</li> <li>Rub intestinal tract with hands overlapped moving in small circles and clockwise. Repeat 3 times.</li> <li>Caress the treated parts with hands moving circlewise. Repeat 3 times.</li> <li>Press Shangwan (RN13),</li> </ol>	<p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3, 19</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p> 
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<p><b>Freezing:</b> -5 °C to 5°C</p> <p>Time: 10 to 30 Minutes</p> <p>Suction: It can be changed according to the client's tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.</p> <p><b>Laser Pad:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: M1: always on M2: slow flashing M3: fast flashing</p>	<p>Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat 2 times.</p> <p>10. Push directly from Zhongji(RN3) to the belly button with the thumbs, and slide to the parts below the waist along the two sides, then lift upwards to the groin. Repeat 3 times.</p> <p>11. Caress the treated part till groin with hands.</p> <p>12. Treatment is done.</p> <p>13. <b>40K:</b> One side, lift from the side of the waist to belly, and lift one line after another to the groin. Repeat 3 times.</p> <p>14. Lift the other side. Repeat 3 times.</p> <p>15. Move in small circles on the abdomen. Repeat 3 times.</p> <p>16. Move in big circles on the abdomen. Repeat 3 times.</p> <p>17. <b>Body RF:</b> Set it to direct suction. One Side: Lift one line after another from the side of the waist to the abdomen. Repeat 3 times.</p> <p>18. Lift the other side.</p> <p>19. Lift the belt vessel back and forth and transversely. Repeat 3 times.</p> <p>20. Sculpt up and down on the waist. Repeat 3 times.</p> <p>21. Move in big circles on the abdomen. Repeat 3 times.</p> <p>22. One Side: Lift one line after another from the side of the waist to the belly. Repeat 3 times.</p>	<p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 17, 22</p>  <hr/> <p>Technique 15</p>  <hr/>
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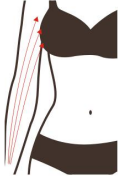

	<p>23. Clean the waist &amp; abdomen with a towel.</p> <p>24. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>25. Vacuum Freezing Machine: Have the temperature, time, and suction set for the corresponding handpiece.</p> <p>26. Attach the handpiece to the fat part of the abdomen with an anti-freezing membrane covering it, and change the suction according to the client's tolerance, then leave it there for about 10 to 30 minutes.</p> <p>27. Remove the device and anti-freezing membrane, and clean the treated part.</p> <p>28. <b>Laser Pad:</b> Fasten laser pads onto the waist and abdomen for about 20 minutes.</p> <p>29. Remove the laser pads.</p> <p>30. Clean it with a towel and treatment is done.</p>	<p>Technique 16, 21</p>  <hr/> <p>Technique 20</p> 
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**Course of Treatment Recommended:**

A course of treatment consists of four times. After one-time treatment, swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce by 22%, but it varies from person to person. After one course, the size will be less clearly, the abdomen and waist will turn slender, the potbelly starts to vanish, and the skin turns firm. To have the treatment every two months in a later stage to cement the effect.

**Arm Sculpting: 60 Minutes/ Once a Week**

<p><b>40K</b> Advised Energy Level: 30 to 70%</p>	<p>Massage Cream (Essential Oil) + Gel +</p>	<p>1. Technique. 2. Do it in left-right order. Lay the arm flatwise, and apply oil from the lower arm to the</p>	<p>Technique 2, 3, 4, 5, 6, 7</p>
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<p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2</p> <p><b>Body RF:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p> <p><b>Laser Pad:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: M1: always on M2: slow flashing M3: fast flashing</p>	<p>Instrument</p>	<p>entire arm with hands till the hands slide out, and repeat it 3 times.</p> <p>3. Push the entire arm with two palms doing it alternately. Repeat 3 times.</p> <p>4. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[IJ] of the outer arm respectively till armpit with hands' pulricue. Repeat 3 times.</p> <p>5. Caress the treated part. Repeat 3 times.</p> <p>6. Rub the three channels and collaterals of the upper arm respectively with kneeling fingers till it turns hot, and do it back and forth. Repeat 3 times.</p> <p>7. Caress the treated part. Repeat 3 times.</p> <p>8. Lay the arm upwards, and push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT]) of the inner arm till armpit with pulricue. Repeat 3 times respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times.</p> <p>10. Caress the treated part till the hands slide out. Repeat 3 times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment is done.</p> <p>13. <b>4OK:</b> Lay the arms flatwise, and push from the fat part of the lower arm to the armpit along the three</p>	 <p>Technique 8, 9</p>  <p>Technique 10</p>  <p>Technique 13, 16, 21, 24</p>  <p>Technique 14, 15, 22, 23</p>  <p>Technique 17, 25</p>
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	<p>channels and collaterals. Repeat 3 times.</p> <p>14. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>15. Flabby arms can be treated more. Repeat 3 times.</p> <p>16. Push till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat 3 times.</p> <p>18. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times.</p> <p>19. Push from the upper arm to the armpit along the three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. <b>Body RF:</b> Lay the arms flatwise, and start with the fat part of the lower arm, pushing to the armpit along three channels and collaterals. Repeat 3 times.</p> <p>22. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>23. Flabby arms can be treated more. Repeat 3 times.</p> <p>24. Push till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>25. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat 3 times.</p>	<p>Technique 19, 27</p>  <hr data-bbox="1070 436 1326 441"/>
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		<p>26. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times.</p> <p>27. Push from the upper arm to the armpit along the three channels and collaterals.</p> <p>28. Do the same on the other side.</p> <p>29. <b>Laser Pad:</b> Fasten laser pads onto arms' fat part for 15 minutes.</p> <p>30. Remove the laser pads.</p> <p>31. Clean it with a towel and treatment is done.</p>	
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**Course of Treatment Recommended:**

A course of treatment includes ten times. After one-time treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, extra fat on the arms starts to decrease, and the skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthen, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidates and stabilize, and rebound can be prevented.

**Back Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p> <p><b>The temperature of Vacuum Freezing:</b> -5°C to 3°C</p> <p>Time: 10 to 30</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Apply oil to the back, and press Fengchi (GB20) and Fengfu (DU16).</li> <li>3. Stroke the area connecting neck and shoulder(start with hairline) with the thumb. Repeat 3 to 5 times.</li> <li>4. Stroke Bladder Meridian (BL) outward to the sacral region(BL31-BL34) with the thumb finger and caress till Fengchi (GB20) and Fengfu (DU16). Repeat 3 times.</li> <li>5. Move circlewise and in S-shaped motion from the neck to the caudal vertebra with hands. Repeat 3 times.</li> <li>6. Push Bladder Meridian</li> </ol>	<p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>
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Minutes

Suction: It can be changed according to the client's tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.

**Laser Pad:**  
 Advised Energy Level:  
 30 to 70%

Advised Time:  
 15 to 20 minutes

Mode:  
 M1: always on  
 M2: slow flashing  
 M3: fast flashing

(BL) in left-right order with thumbs doing it alternately. Repeat 3 times.

7. Push Bladder Meridian (BL) to the sacral region(BL31-BL34) with hands doing it simultaneously. Repeat 3 times.

8. Push Bladder Meridian (BL) with kneeling fingers of hands in three lines respectively. Repeat 3 times.

9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.

10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.

11. Caress the whole back with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.

12. Press Tianzong(SI11) with thumbs overlapped, then slide to the arm and slide out from there. Repeat 3 times.

13. Treat the other side, and press Tianzong(SI11) till the arm and slide out from there. Repeat 3 times.

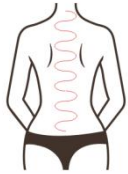
14. Rub Du Meridian(DU) and Bladder Meridian(BL) with hands till it turns hot.

15. Treatment is done.

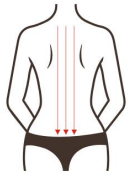
16. Body RF: Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with the neck, sliding to the sacral region(BL31-BL34). Repeat 3-5 times.



Technique 5



Technique 6, 7, 8, 14



Technique 9, 19



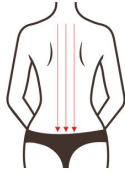





Technique 10



Technique 12, 13



Technique 16

	<p>17. Move circlewise on Dazhui(Du-14) and sacral region(BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to the sacral region(BL31-BL34) in an Arabic numeral 8-shape. Repeat 3 times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat 3 times.</p> <p>22. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23. Clean back with a towel.</p> <p>24. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>25. Vacuum Freezing Machine: Have the temperature, time, and suction set for the corresponding handpiece.</p> <p>26. Attach the handpiece to the fat part to be treated, and change the suction according to the client's tolerance, then leave it there for about 10 to 30 minutes.</p> <p>27. Remove the device and anti-freezing membrane, and</p>	 <p>Technique 17</p>  <p>Technique 18</p>  <p>Technique 20</p>  <p>Technique 21</p>  <p>Technique 22</p> 
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		<p>clean the treated part.</p> <p>28.Laser Pad: Fasten laser pads onto arms' fat part for 15 minutes.</p> <p>29.Remove the laser pads.</p> <p>30.Clean it with a towel and treatment is done.</p>	
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**Course of Treatment Recommended:**

A course of treatment consists of four times. After one-time treatment, swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce by 22%, but it varies from person to person. After one course, the size is less clear, the back becomes thin, and excessive fat starts to vanish. To have the treatment every two months in a later stage to cement the effect.

**Buttocks Sculpting: 60 Minutes/ Once a Week**

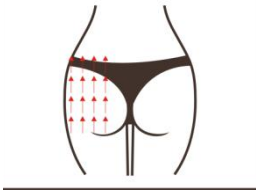
<p><b>Body RF:</b></p> <p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/PRO</p> <p><b>The temperature of Vacuum</b></p> <p><b>Freezing:</b> -5 °C to 5°C</p> <p>Time: 10 to 30 Minutes</p> <p>Suction: It can be changed according to the client's</p>	<p>Massage Cream(Essential Oil) + Gel + Towel + Anti-freezing Membrane + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Stand sideways and with hands applying oil, then slide from the sacral region(BL31-BL34) to the waist, and from where lift upwards along the buttocks. Repeat 3 times.</li> <li>3. Push sacral region(BL31-BL34) with thumbs. Repeat 3 times.</li> <li>4. Caress the treated part 3 times, then press Shenshu(BL23), sacral region(BL31-BL34), Changgqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat 3 times.</li> <li>5. Caress the treated part 3 times.</li> <li>6. With the left first and the right after. Push upwards from the thigh root to belt vessel with hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian(LI), and Gallbladder</li> </ol>	<p>Technique 2, 5, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 6, 14, 17</p> 
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tolerance, and it's advised to start from the lowest level when just operated to avoid discomfort.

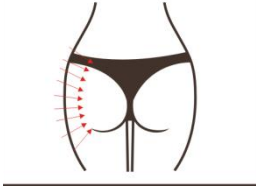
**Laser Pad:**  
 Advised Energy Level:  
 30 to 70%  
 Advised Time:  
 15 to 20 minutes  
 Mode:  
 M1: always on  
 M2: slow flashing  
 M3: fast flashing

Meridian. Repeat 3 times respectively.  
 7. Push from the thigh root to belt vessel with hands doing it separately along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.  
 8. Lift from the thigh root to the belt vessel with the palms overlapped. Repeat 3 to 5 times.  
 9. Push directly (for sculpting) and one line after another from the two sides of the buttocks to the highest point on it with two hands, and push back and forth. Repeat 3 times.  
 10.Repeat technique No.7.  
 11.Caress the treated part.  
 12.Do the same on the other side.  
 13.Treatment is done.  
 14.Body RF Technique: Lift one line after another from thigh root to belt vessel. Repeat 3 times.  
 15.Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.  
 16.Move in small circles on the whole buttocks. Repeat 3 to 5 times.  
 17.Lift one line after another from the thigh root to the belt vessel. Repeat 3 times.  
 18.Lift upwards and one line after another from the two sides of buttocks to the

Technique 7, 10



Technique 9, 15, 18



Technique 16



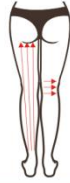





		<p>highest point on it. Repeat 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Clean buttocks with a towel.</p> <p>21. Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>22. Vacuum Freezing Machine: Have the temperature, time, and suction set for the corresponding handpiece.</p> <p>23. Attach the handpiece to the fat part to be treated, and change the suction according to the client's tolerance, then leave it there for about 10 to 30 minutes.</p> <p>24. Remove the device and anti-freezing membrane, and clean the treated part.</p> <p>25. Laser Pad: Fasten laser pads onto arms' fat part for 15 minutes.</p> <p>26. Remove the laser pads.</p> <p>27. Clean it with a towel and treatment is done.</p>	
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**Course of Treatment Recommended:**

A course of treatment consists of four times. After one-time treatment, swelling, extravasated blood, and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months, but it varies from person to person. After one course, the size will be less clearly, the excessive fat and proud flesh of buttocks start to disappear, and buttocks skin will be tightened. To have the treatment in every two month in later stage to cement the effect.

**Leg Sculpting: 60 Minutes/ Once a Week**

<p><b>40K</b> Advised Energy Level:</p>	<p>Massage Cream(Essential Oil) +</p>	<p>1. Technique. 2. Do it in left-right order. Apply oil from the lower leg</p>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>
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<p>30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2</p> <p><b>Body RF:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p> <p><b>The temperature of Vacuum</b></p> <p><b>Freezing: -5 °C to 5°C</b></p> <p>Time: 10 to 30 Minutes</p> <p>Suction: It can be changed according to the client's tolerance, and it's advised to start from the lowest level when just operated to</p>	<p>Gel + Towel + Anti-freezin g Membrane + Instrument</p>	<p>to the thigh, and then back to the heel, and repeat it 3 times.</p> <p>3. Push the entire leg from the bottom up with palms doing it by turns, and then back to the heel till the palms slide out. Repeat 3 times.</p> <p>4. Push Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB] from the bottom up with hands' purlicue doing it by turns. Repeat 3 times.</p> <p>5. Push popliteal fossa with hands doing it alternately. Repeat 3 times.</p> <p>6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat 3 times.</p> <p>7. Caress the treated part. Repeat 3 times.</p> <p>8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat 3 times.</p> <p>9. Caress the treated part. Repeat 3 times.</p> <p>10. Do the same on the other side.</p> <p>11. Clean it with a towel and apply gel evenly to it.</p> <p>12. <b>4OK:</b> From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times.</p> <p>13. Move in small circles on</p>	 <p>Technique 6</p>  <p>Technique 12, 14, 21, 23</p>  <p>Technique 13, 22</p>  <p>Technique 15, 17, 24</p>  <p>Technique 16, 18, 25</p>  <p>Technique 26</p>
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avoid discomfort.

**Laser Pad:**

Advised Energy Level:  
30 to 70%

Advised Time:  
15 to 20 minutes

Mode:

M1: always on

M2: slow flashing

M3: fast flashing

the part with fat of the lower leg to dissolve fat. Repeat 3 times.

14. Push from the bottom up to popliteal fossa successively, and meanwhile, caress it with hands. Repeat 3 times.

15. Start from popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat 3 times.

16. Start with popliteal fossa, moving in small circles till the thigh root to dissolve fat. Repeat 3 times.

17. Start with popliteal fossa, pushing the channels and collaterals successively till the thigh root. Repeat 3 times.

18. Moving in small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.

19. Do the same on the other side.

20. Clean it with towel, and apply gel evenly to it.

21. **Body RF:** Coupled with hands, lifting one line after another from heel to popliteal fossa. Repeat 3 times.

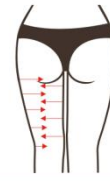
22. Move in small circles on the lower leg. Repeat 3 times.

23. Move up and down on the lower leg. Repeat 3 to 5 times.

24. Lift one line after another from popliteal fossa to the thigh root. Repeat 3 times.

25. Move in small circles on the thigh. Repeat 3 times.

26. Lift one line after another from the two sides of the thigh to the middle. Repeat 3



Technique 27



Technique 29, 30, 31, 37, 40, 43



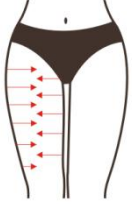
Technique 38, 44



Technique 39, 46



Technique 45

	<p>to 5 times.</p> <p>27. Lift upwards and circlewise on the two sides of the thigh. Repeat 3 times.</p> <p>28. Do the same on the other side.</p> <p>29. Fore-leg: Apply oil from the lower leg to the thigh root with hands (namely caressing). Repeat 3 times.</p> <p>30. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till thigh root with hands' purlicue doing it alternately. Repeat 3 times.</p> <p>31. Push the four channels and collaterals with kneeling fingers of hands. Repeat 3 times.</p> <p>32. Treatment is done.</p> <p>33. Do the same on the other side.</p> <p>34. Clean it with a towel and apply gel evenly to it.</p> <p>35. 40K: Lift from the lower leg towards the knee along the four channels and collaterals. Repeat 3 times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>36. Move circlewise from the two sides of the lower leg to the knee. Repeat 3 times. (To treat thigh directly if the lower leg does not have too much fat.)</p> <p>37. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>38. Move in small circles on</p>	
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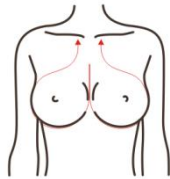
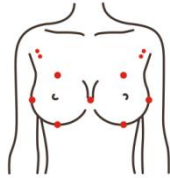
	<p>the whole thigh. Repeat 3 times</p> <p>39. Lift circlewise from the knee to the thigh root. Repeat 3 times.</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>41. Clean it with a towel, and apply gel evenly to it.</p> <p>42. <b>Body RF:</b> Treat the lower legs with the technique mentioned above. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>43. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>44. Move in small circles on the thigh. Repeat 3 times.</p> <p>45. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>46. Lift upwards and circlewise on the two sides of the thigh. Repeat 3 times.</p> <p>47. Do the same on the other side.</p> <p>48. Clean it with a towel.</p> <p>49. Vacuum Freezing: Choose the suitable anti-freezing membrane according to the size of the fat part, and then apply it evenly to the treated part.</p> <p>50. Adjust the band to a proper length, and then fasten it onto the fat part.</p> <p>51. Have the temperature and time set for the corresponding handpiece.</p> <p>52. Insert the handle inside</p>	
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	<p>the band and tie it up with an anti-freezing membrane covering the treated part.</p> <p>53. Press Start and leave it there for about 10 to 30 minutes.</p> <p>54. Remove the device and anti-freezing membrane, and clean the treated part.</p> <p>55. Laser Pad Technique: Fasten laser pads onto the arms' fat part for about 15 minutes.</p> <p>56. Remove the laser pads.</p> <p>57. Clean it with a towel and treatment is done.</p>	
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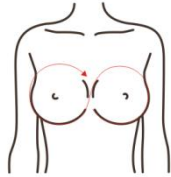
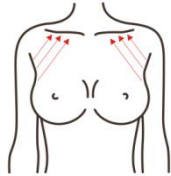
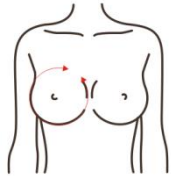
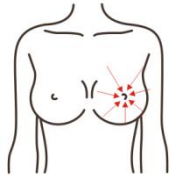
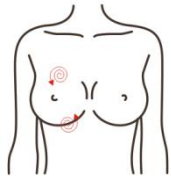
**Course of Treatment Recommended:**



A course of treatment consists of four times. After one-time treatment, swelling and numbness will disappear in about one week, and fat will decrease little by little in the second week, and an evident effect can be seen in about two months. On average, the fat will reduce by 22%, but it varies from person to person. After one course, the size less clearly, legs turn slender, leg shape is already clear, proud flesh of legs starts to vanish, skin becomes firm, and slim legs build. To have the treatment every two months in a later stage to cement the effect.

**Buttocks Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF:</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> <li>Stand close to the head of a bed. With hands applying oil moving from Danzhong(RN17) till armpit and lift the suspensory ligament simultaneously. Repeat 3 times.</li> <li>Press Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchiang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs. Repeat 3 times.</li> <li>Caress the treated part. Repeat 3 times.</li> <li>Stroke an Arabic numerals 8-shape motion</li> </ol>	<p>Technique 1</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>
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	<p>between Danzhong(RN17) and the breast with palms overlapped. Repeat 3 times.</p> <p>5. Lift from the accessory breast to the suspensory ligament with hands doing it alternately. With the left first and the right after. Repeat 10 times.</p> <p>6. Caress the treated part. Repeat 3 times.</p> <p>7. Sit next to the client. With the left first and the right after, and caress and lift the breast with palms. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breast with hands' purlicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule parts of the breast with the thumb moving circlewise and alternately. Repeat 3 times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. <b>Body RF:</b> With equipment the left first and the right after. Coupled with hands, lifting from the bottom up to the nipple along with the breast. Repeat 5 to 8 times.</p> <p>13. Caressing with hands, lifting downwards to the collarbone along breast drawing semi-circle. Repeat 5 to 8 times.</p> <p>14. Move in small circles</p>	 <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>  <hr/> <p>Technique 15</p>
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	<p>dredging the parts with the nodule. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lift. Move the equipment circlewise on the accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast of the armpit to the breast(for sculpting and removing accessory breast). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean it with towel and treatment done.</p>	 <hr/> <p>Technique 16</p>  <hr/>
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**Course of Treatment Recommended:**

A course of treatment consists of ten times. After one-time treatment, the breast is heated which will accelerate blood circulation and will be lifted to a certain level. After a course, the effects will become more obvious and the nodule will be relieved. After three courses, the skin will become tightened, and the shaping will be reinforced, and the elasticity of the breast will be boosted, the internal secretion will be regulated, which makes women more charming.