

# User Manual

MS-7005CX



# Preface

Dear Users,

We're pleased to present to you our latest 5-in-1 beauty machine, which adopts eye RF, body RF, 40K, lipo laser and vacuum&cooling technologies for reducing fat and shaping body. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Introduction

Vacuum&cooling, multi-polar RF, lipo laser and 40K are among the most popular approaches for firming skin, reducing fat, shaping body and anti-ageing. So, this machine can replace all face and body care treatments in beauty salons. Moreover, it is convenient and easy to operate. It solves both skin and body management problems for beauty-seekers. This equipment requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation at skin bottom, which can achieve the results of skin firming and anti-aging. Vacuum&cooling treatment can target the adipose cells on specific areas of body to reduce fat thickness for a noticeable figure curve. Ultrasonic waves with specific frequencies target those parts in which there are stubborn fat to bring customers amazing results.

## Advantages

1. 5-in-1 beauty machine for facial and body care.
2. The ultrasonic wave can powerfully burn and remove fat, which surpasses liposuction to solve the problems for obese people.
3. There are several hand pieces for treatment. You can use corresponding one based on different needs and different treatment areas.
4. Single hand piece has various functions. The RF has more powerful and even energy release.
5. The perfect combination of ultrasound and radio frequency solves major problems in losing weight. It helps with weight loss and meanwhile firms skin, increases skin elasticity, promotes metabolism, and ultimately strengthen people's constitutions.
6. The cooling energy only targets the fat layer, causing no damages to viscera, nerves, blood vessels and skin.
7. It adopts the advanced technology of ultrasonic wave fat-burning.
8. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no downtime, which means it will not affect customer's life and work.
9. No consumption, low cost and quick returns.
10. Wider treatment range for body and face.
11. Unevenness, bleeding, and swelling will not appear after treatment.
12. Various handpieces have the energy release of red LED light, which can dissolve fat and massage body, and accelerate metabolism and sterilize skin at the same time. It gives users remarkable effects and higher level of comfort.
13. It can dissolve fat in a safe and painless way, leaving skin smooth without scars.

## Face Anti-ageing

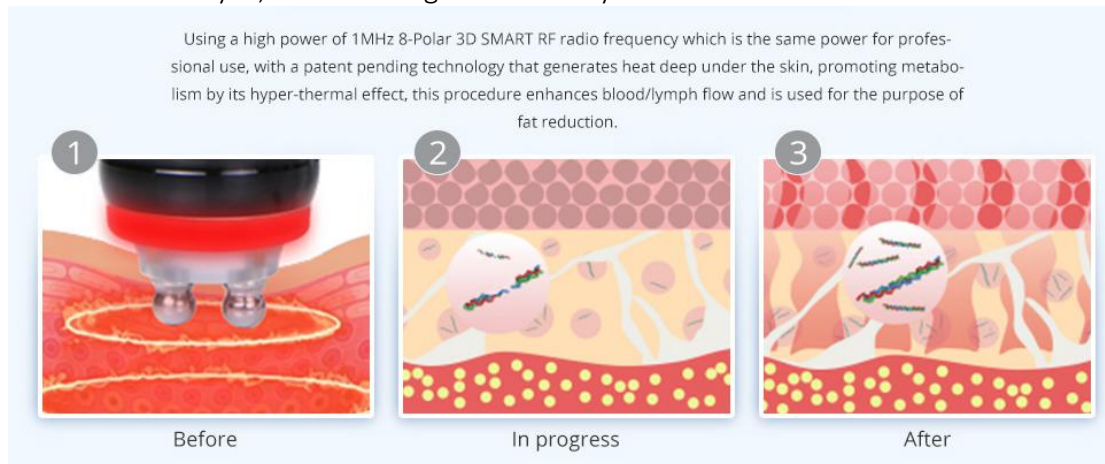
### Working Principles

#### Eye RF

RF wave can directly penetrate the skin and use the resistance formed by the skin to produce heat, which can raise the temperature of skin bottom. In this way, it has two therapeutic effects, which are to make collagen regenerate and firm&lift skin.

## Biological Effects

The waves vibrating millions of times per second can penetrate the epidermis and then directly act on the dermis to heat up collagen cells in a deep layer, and stimulate the growth of collagen fibers. In this way, it can make the skin firmer and more elastic. In the process of treatment, the RF waves can pass through the epidermis and act on the deep dermis to produce safe heat energy rapidly. When collagen tissue is heated to 45 °C ~ 60 °C, it will contract immediately and then the collagen will be stimulated to regenerate. In the treatment of eyes, it works to make the bottom layer of eye skin quickly heat up and promote the growth of collagen, so as to achieve the effect of firming the skin around the eyes, removing bags under the eyes, removing dark circles under the eyes, and relieving bloodshot eyes and fine lines.



## Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supplement eyes with nutrition and moisturize skin.
6. Firm and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

## Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those who frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

## Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those who have hypertension, heart diseases, diabetes, severe thyroid diseases and malignant tumors.
3. Those who are having an allergic reaction and have severely sensitive skin or are allergic to metals.
4. Those who have skin traumas or wounds.
5. Those who are of advanced years.
6. Those who are pregnant or who are on the road to recovery from operations.
7. Those who have skin diseases and contagious diseases.

## Do's and Don't s after Operation

1. Use sunscreen and do not expose yourself to strong sunlight.
2. Do not use the products containing alcohol and AHA or scrubbing cream in 1-3 days.
3. Do not wash face with too hot water or go for sauna, hot spring and violent exercise.
4. Keep hydrated and apply eye mask at least 3 times a week, for the treated area is relatively dry.

## Body Management

### (1). Working Principles

This machine can firm skin, lift skin, smooth skin and sculpt face. The frequency for ideal biological heat effect of four-poled RF is 3MHz. Charged particles with speed of up to 8 million per second in the tissue change their direction at the same frequency in the rapid switch of the electrode, and the dermis naturally resists the radio frequency current to produce heat energy.

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin. Depending on dermis collagen contraction and proliferation, it has two major effects of lifting and firming skin in a timely manner and making collagen regeneration last long. Collagen will gradually proliferate and reorganize in 2-6 months after use, which will lift and tighten saggy skin.

### Biological Effects

The waves vibrating millions of times per second can penetrate the epidermis and then directly act on the dermis to heat up collagen cells in a deep layer, stimulate the growth of collagen fibers, and make them supported by a large amount of new collagen. In this way, it can make the skin firmer and more elastic.

Every time energy is transmitted into the skin, you will feel a brief sensation of heating. This means that collagen has been stimulated and heated, and the skin will be tightened. In the process of sliding the instrument, the RF waves have passed through the epidermis and acted on the deep dermis under the cold protection of the epidermis to heat up water molecules to produce safe biothermal energy rapidly. When collagen tissue is heated to 45 °C ~ 60 °C in the natural friction, it will contract immediately and stimulate the continuous proliferation of collagen. At the same time, biological heat can effectively accelerate the blood flow in adipocytes and made free fatty acid (ffa) released to promote the dissolution of superficial fat to achieve the purpose of tightening and lifting sagging part of the body.

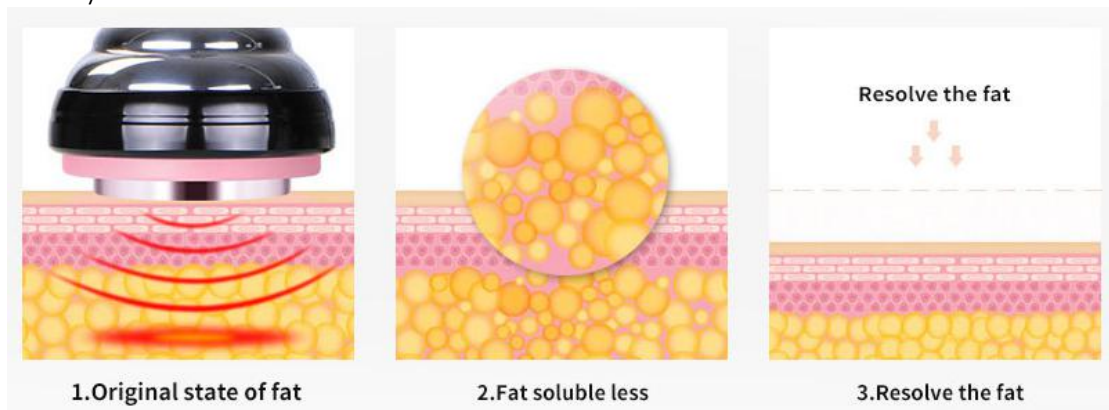


### 2. 40K

The principle of ultrasonic wave is used to make human adipose cells take a strong impact and produce friction movement among them after strong sound waves enter into the human body, which can effectively consume heat and water of cells and shrink adipose cells. In addition, when the sound wave vibrates, it can produce a strong impact on cells. And then the adipose cells will burst instantly, and they will be reduced so as to achieve the effect of fat removal.

**Ultrasonic Cavitation:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal transmission of ultrasound, which will close rapidly in the positive pressure region to be compressed and stretched under alternating positive and negative pressures. When the bubbles burst, there will be huge instantaneous pressure of up to tens of MPa to hundreds of MPa, and strong vibration and noise will be produced.

**Advantages:** It only aims for low-density adipose tissue for its specific frequency, and protects high-density tissue such as vascular and nerve tissue.



### 3. Vacuum&Cooling

The freezing point of water is  $0^{\circ}\text{C}$  while the freezing point of fat is  $4^{\circ}\text{C}$ , which we can make use of to achieve the purpose of reducing fat.

The vacuum&cooling treatment makes use of vacuum to treat fat. Fat will be targeted and cooled down. During the process, heat in the fat layer will gradually disappear. When the adipose cells are cooled down to  $0^{\circ}\text{C}$ , they will die. The low temperature destroys adipose cells, causing no damages to skin or muscles. The dead adipose cells will be excreted from body by liver without external energy.

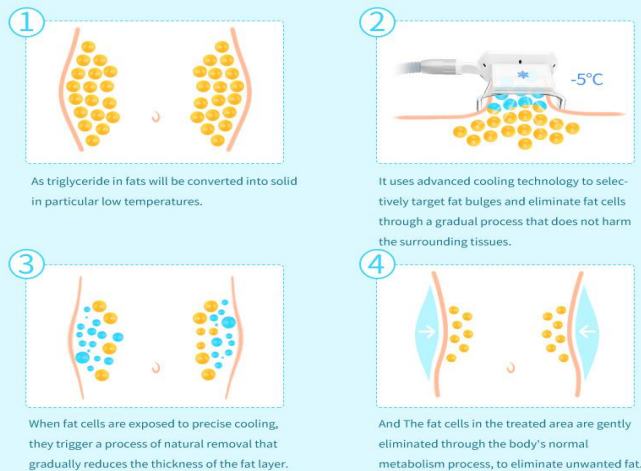
#### Biological Effects

Human body consist of 60%-70% water. The freezing point of water is  $0^{\circ}\text{C}$ . But fat has different property. Fat congeal from the temperature of  $4^{\circ}\text{C}$ . Using such property difference, this machine is able to reduce fat. During the treatment, the corresponding handle will be put on fat area, and the fat will quickly congeal into jelly-like substances. And then the phagocytosis(phagocytes engulf and digest microorganisms and cellular debris) will happen. The dead cells will be treated as waste by the body and will be excreted in 2-4 months. So, this treatment can not make you see immediate effects but you can feel the fat is gradually removed in two weeks to a month.

It can help reduce fat and promote blood circulation and lymphatic circulation to remove waste in the body. Additionally, the dead adipose cell are also removed from the body and so it can effectively prevent the reappearance of fat accumulation.

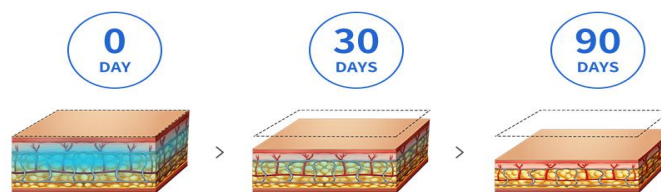
## Treatment principle

Apoptosis is the ideal exposure of  $-5^{\circ}\text{C}$  cooling energy for non-invasive fat reduction.



## Significant curative effect ❄️

You will be able to create a charming body in 30 minutes of time , after the first treatment ,the effect will probably appear in 4-6 weeks later , and gradually achieve the best result in the next 3 months.



## Lipo Laser Pads

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which has a visible spectrum. The laser with such wavelength has strong penetration, which can penetrate through fat layer and dissolve subcutaneous fat by heat. It is safe without side effects or pain.

Low-level laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it can be seen that the free fatty acids of the body are eliminated through complete metabolism.

## Biological Effect

It uses 635nm - 650nm LED laser to heat fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed and excreted by our body's natural metabolic process. In the process of operation, the laser can introduce heat into the treatment area to stimulate the production of collagen, thus delivering the effects of smoothing & tightening skin and shaping body.

Low-energy laser(biological stimulation) is used here to work on deep fat. It stimulates biological cells and induces or strengthens a series of physiological reactions by releasing energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can tighten skin, reduce wrinkles, remove fat, and shape body concurrently. Laser has so strong penetration that it can penetrate through fat layer to heat up and dissolve subcutaneous fat. The treatment is safe and painless without side effects.

Using the latest non-operative and non-invasive laser fat decomposition technique, it can



release low-level laser energy. It produces a kind of chemical signals in the fat cells, which will dissolve the triglycerides stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when human body needs to use the energy reserves. The free fatty acids are transported into the whole body through the lymphatic system to provide energy, just like body will react when there is a lack of energy.

## **(2). Waist&Abdomen Shaping**

### **Effects**

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

### **Applicable Range**

1. Those with cold feet, cold hands, cold womb and cold body.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those who often sit for a long time, or have unsatisfactory waistlines.
4. Those with stretch marks.
5. Those with constipation or obstruction of abdominal meridians.

### **Inapplicable Range**

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those whose incisions are healing or who are on the road to recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

### **Do's and don'ts after Operation**

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to help with metabolism and weight loss.

## **(3). Arm Shaping**

### **Effects**

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

## **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children

## **Inapplicable Range**

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are of advanced years.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## **(4). Back Shaping**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent skin from sagging.
7. Reduce excess fat on the back and shape back.

### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those who suffer from insomnia, dream a lot or have a worse memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has "three Hs" , heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.

6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

### **Do's and Don'ts after Operation**

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothes

### **(5). Hip Shaping**

Hip is located in the middle of human body, and are the key hub of qi and blood circulation of meridians. It is the main switch of six meridians and also the bridge connecting the qi and blood circulation of upper and lower parts of human body, which plays an important role in building S-shaped curve and promote female attractiveness.

#### **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Maintain the normal function of ovary, stimulate the secretion of glands, and make couple's relationship closer.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

#### **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

#### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are of advanced years.

### **Do's and Don'ts after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take a shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid getting a cold.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

## **(6). Leg Shaping**

### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy or lactation.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases or infectious diseases.
4. Those who have incisions on their bodies.
5. Patients with severe varicose veins and tumors.
6. Those who are having allergic reactions or who have severely sensitive skin.
7. People who have just had liposuction.
8. Those who are of advanced years.
9. Pregnant women or who are on the road to recovery.

### **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants after operation. Avoid wearing miniskirts and shorts.

## **(7). Breast Shaping**

### **Effects**

1. Correct breast shape and relieve accessory breasts
2. Relieve nodules on breasts, slight hyperplasia and distending pain in breast
3. Relieve outward expansion of breasts
4. Relieve irregular menstruation, speckles on the face and the lack of elasticity of breasts.
5. Relive breast atrophy, breast sagging and obstruction of lactiferous ducts.

### **Applicable Range**

1. Those who have accessory breast and unsatisfactory breast shape

2. Those who have nodules on breasts, slight hyperplasia and distending pain in breast during the menstruation
3. Those who have free fat, saggy breast and outward expansion of breasts
4. Those who have low immunity
5. Those who have irregular menstruation, speckles on the face and breast inelasticity
6. Those who think that their breasts are underdeveloped, or who have postpartum breast atrophy, breast relaxation, blockage of lactiferous ducts and so on.

### **Inapplicable Range**

1. Patients with cardiovascular and cerebrovascular diseases, diabetes, abnormal blood coagulation and impaired function of important organs.
2. Those who are taking anticoagulants, vasodilators, corticosteroids and other drugs or who have been taking them for a long time.
3. Those with a focus of infection on the skin of the chest.
4. Patients with severe hyperplasia, fibroma and cyst of the chest
5. Those who are in pregnancy and lactation

### **Do's and Don'ts after Operation**

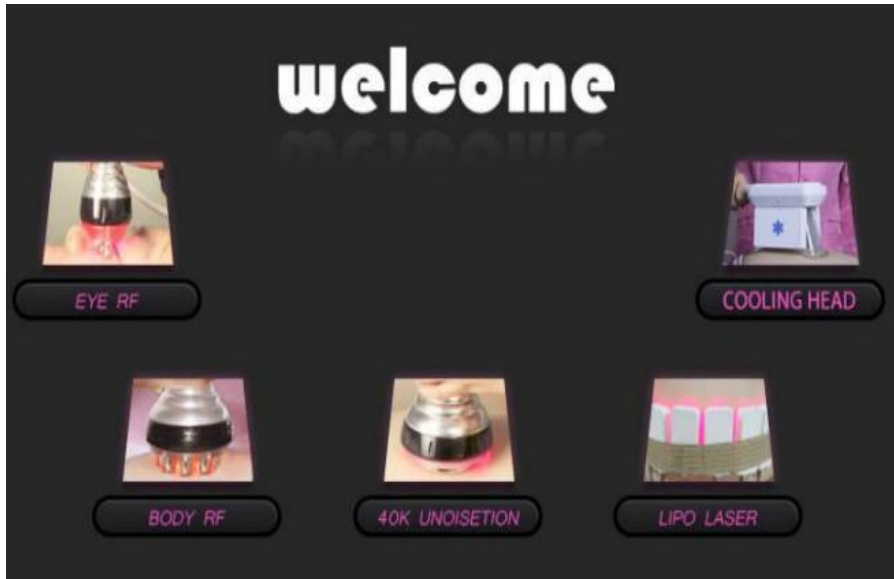
1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear shaping and comfortable bra and don't squeeze your chest.

## **Part II**

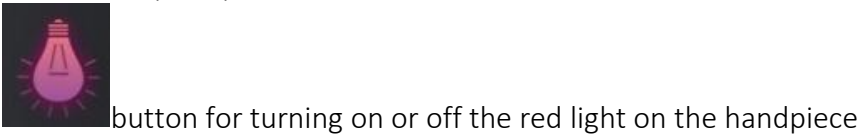
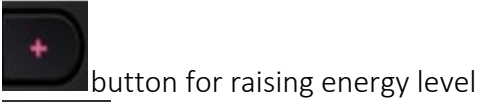
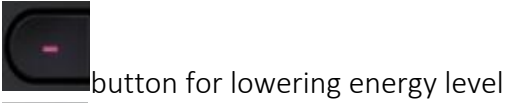
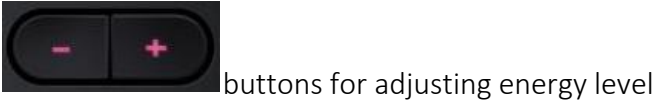
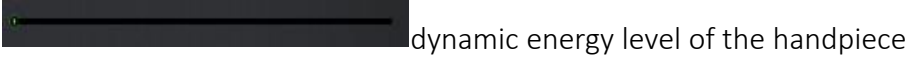
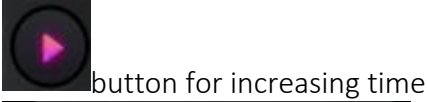
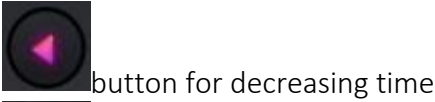
### **1. Detailed Operation**

After checking all are connected properly, the starting interface will appear when the machine is plugged and started.

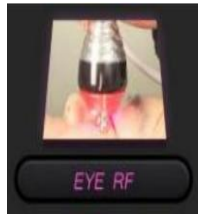




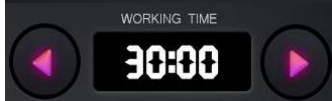
## 1. Function Selection



## 2. Detailed Operation of Eye RF



choose to enter the following interface



time display and adjustment



preset energy level



dynamic energy level of the handle



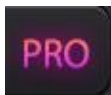
buttons for adjusting energy level



mode selection



Fixed mode, the red light is on and the energy of the handle directly reaches preset level after the start button is pressed

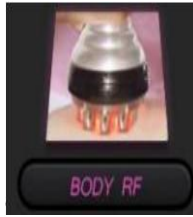


Smart mode, the energy of the handle slowly reaches preset level after the start button is pressed and the red light is on after the handle touches skin.



button for turning on or off the red light on the handpiece

### 3. Detailed Operation of Body RF



choose to enter the following interface



time display and adjustment

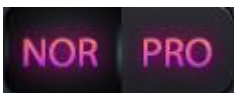


preset energy level

dynamic energy level of the handle



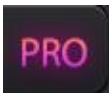
buttons for adjusting energy level



mode selection



Fixed mode, the red light is on and the energy of the handle directly reaches preset level after the start button is pressed



Smart mode, the energy of the handle slowly reaches preset level after the start button is pressed and the red light is on after the handle touches skin.



button for turning on or off the red light on the handpiece

#### 4. Detailed Operation of 40K





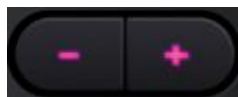
choose **40K UNOISETION** to enter the following interface



time display and adjustment



energy level display



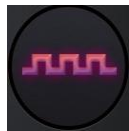
buttons for adjusting energy level



mode selection

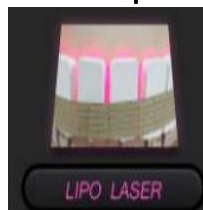


Constant working mode, suitable for those who have thick fat accumulation

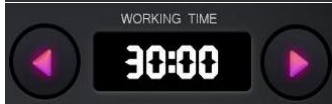
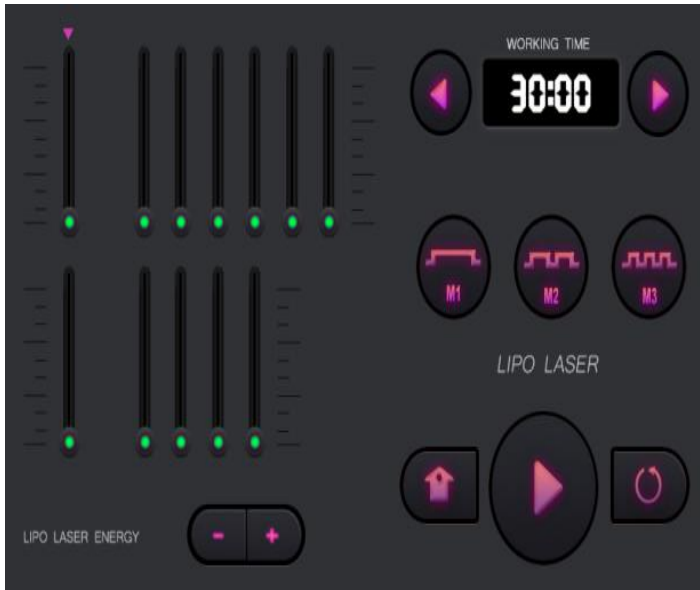


Discontinuous working mode, suitable for those who want to reduce fat on specific areas to shape body.

## 5. Detailed Operation of Lipo Laser Pad



choose **LIPO LASER** to enter the following interface



time display and adjustment



buttons for adjusting energy level



mode selection



constant working mode(the laser pads work constantly, suitable for those who have severe fat accumulation and want efficient fat-reducing effect)



discontinuous working mode(low frequency of laser flash, suitable for those who want to consolidate treatment effects)



discontinuous mode with high frequency of laser flash(laser flashes quickly, suitable for first-time users)



energy-displaying bar for large laser pad



energy-displaying bar for small laser pad

When the leftmost bar is enabled("1" area), the energy of all laser pads are adjusted

simultaneously. If you need to adjust the energy level of a certain laser pad, choose corresponding energy-displaying bar("2" area), and then press the buttons for adjusting energy level.

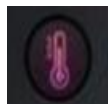
## 6. Detailed Operation of Vacuum&Cooling



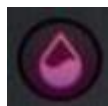
choose **COOLING HEAD** to enter the following the interface.



time display and adjustment



Temperature indicator. When the temperature of the handpiece is abnormal, it will be on to show an alert



Water indicator. When there is a lack of water in the container or something abnormal happens to it, it will be on to show an alert.



temperature display and adjustment(recommended temperature: -5°C to 3°C. 5°C is recommended for the first-time users. After they adapt to it, the temperature can be lowered slowly.



button for decreasing temperature



button for increasing temperature



Knob for adjusting suction. Adjust it based on the users' endurance. Set the suction at

the lowest level at the beginning and raise it slowly after they adapt to it.



adjusting button on the handpiece



time display and adjustment



button for decreasing time



button for increasing time



temperature display and adjustment



button for decreasing temperature



button for increasing temperature

## 2. Technical Parameters

Rated input voltage:AC220V-240V 50HZ /AC110V-120V 60Hz

Rated input power:350VA

Cool cold slimming Vacuum

Power:Up to 200W

Cooling device output temperature:5~ -5°C

Cooling device output :0-5Kpa

Cooling liquid: pure water

Cavitation frequency : 40KHz

Cavitation Power:up to 60W

Cavitation tip:60mm diameter

RF for BODY

RF frequency:3MHz

RF power:up to 30W

RF for FACE  
RF frequency:3MHz  
RF power:up to 30W

Laser wavelength: 635nm ~ 650nm  
Energy output : 128 x 5mw  
Mains power output: 100VA  
Classification :Electrical Class 1, Type B applied part  
Cooling requirements :Air cooled  
Electrical requirements: 100v--240V

### 3. User Contraindications

Some groups of people should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Women in pregnancy or lactation
2. Those with heart diseases and pacemakers
3. Those with unhealed incisions or who are on the road to recovery.
4. Those with epilepsy, sever diabetes and hyperthyroidism
5. Those with malignant tumors, haemophilia and severe bleeding
6. Those with skin diseases and infectious diseases
7. Those who have metal implants in body like stent and pacemaker or who are allergic to metals.

### 4. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use so as to ensure the safety of using the electrical products.
10. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.
11. Clean the instrument with normal saline after operation to ensure its cleanliness to prolong its service life.
12. The handle can be used alone. Better results will be delivered if one handle works in conjunction with other handles.

13. Make sure the handle is in full contact with skin during operation in case skin is heated unevenly.
14. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.
15. When the treatment receiver is taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if the treatment receiver want to use this machine immediately.
16. 40K handle should not be used on head, chest, breast, heart and back.
17. Before operation, fix the laser pad on the customer and then turn on the instrument. Energy should be slowly adjusted from low level to high level to make the customer feel comfortable.
18. The working face of the laser pad must be in full (not partial) contact with skin during the operation
19. The corresponding frostbite-proof membrane must be applied during the treatment. Do not perform the treatment on dry skin or let the handle directly touch skin.
20. Use this machine or train the operators in strict accordance with instructions in the user manual.

## 5. Troubleshooting & Solutions

### 1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

### 2. No RF output from the instrument?

- A. Please check whether the cord connects the handle to the machine properly
- B. Please check whether the treatment area has been cleaned. Grease or essential oil products may cause poor contact between the handle and human body to cause this problem.

### 3. Weakened RF output?

- A. Please check whether the cord connects the handle to the machine properly
- B. Please check whether non-conductive grease and other substances are on the treatment handle, which can cause poor contact between the handle and skin to weaken the output.
- C. Please check whether the handle used is the one specified by the instrument.

### 4. The machine works for a while but then stops?

- A. It may be because there is no strong water flow or the machine doesn't sense the presence of water flow.
- B. Check whether there is enough water in the water container.

### 5. There is a red alert on the top right corner of the machine?

- A. Please check whether the water level in the water container is low
- B. Please check whether there is something wrong with the water container.

### 6. I can start the instrument, but the screen shows erroneous message?

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

## 6. FAQs

**1. Q: How long does it take before I start seeing results of RF treatment?**

A: Normally, you can see the treatment results that day when you take the operation or within one week. Skin collagen tissue is heated and then contracts, and you can obviously feel the sensation of skin being tightened. Because RF works to stimulate subcutaneous tissue to promote collagen regeneration, so the more you take the treatment, the more noticeable the effects will be.

**2. Q: Is RF harmful to skin?**

A: RF treatment is non-surgical operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, and therefore has no damage to the skin. Local redness and hotness are the normal conditions of accelerated blood circulation, which will be relieved after a moment. So there's no need to worry about that.

**3. Q: How long does the body-firming treatment take?**

A: One treatment session is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

**4. Does the vacuum&cooling handle have side effects in reducing fat?**

A: It is a totally non-invasive and painless. Based on the fact that adipose cells are more vulnerable to coldness than other cells, it can cool down adipose cells and remove them. What's more, it only targets adipose cells instead of other tissue, and so it will not cause damages to skin or muscles. The dead cells will be excreted from body through metabolism, so it has no side effects.

**5. How does this treatment help reduce fat?**

A: It can cool down subcutaneous tissue to 5°C. And then adipose cells will gradually die, which will be excreted from body through metabolism. In this way, it can help reduce fat.

**6. How long can we see the effects after the treatment?**

A: Normally, you will see the effects in 1-2 months. It depends on individual constitution and metabolism. Based on the fact that adipose cells are vulnerable to coldness, this treatment can cool down and destroy adipose cells under the low temperature of 5°C, which can be excreted from body through metabolism. So, you should wait for some time to see the effects.

**7. Why do we need to use special frostbite-proof membrane during the treatment?**

A: The main constituent in this kind of membrane is organic molecules, which are concocted based on the characteristics of human skin. Clinical trials have shown that the use of the membrane in this treatment can effectively protect skin from frostbite.

**8. Q: What functions does this instrument have?**

A: It has the functions of dissolving fat and shaping body, firming & lifting skin and anti-aging. It can be operated on every part of the body. In terms of facial care, it can form face contour, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S-shaped curve, and promote metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and solve sub-health problems.

**9. Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through negative pressure suction so as to achieve the purpose of rapid weight loss. It's a surgical treatment requiring anesthesia and so there is recovery period, which has risks despite its immediate results. However, our instrument is risk-free without side effects. It can not only help

you reduce fat but also stimulate collagen regeneration to lift and tighten skin. It can also build perfect curves by lifting skin, and accentuate women's sexual charm.

**10. Q: Can ultrasound treatment be performed on every part of the body?**

A: Ultrasound treatment works to rupture fat cells, by which fat is released from cells and then metabolized through lymphatic system. So its power is very high. Heart is sensitive to high frequency sound waves since it is a hollow organ. After being vibrated by sound waves, the heart will reflect the waves due to the different transmission of sound waves by the muscle tissue and the blood in the heart. This force can pull valves away from the heart muscle. If you use the instrument on eyes, it can lead to retinal detachment, so the ultrasound treatment should not be performed on the areas of eyes and heart. (not on the areas of waist, back and chest)

**11. Q: Does ultrasound treatment have side effects on human body?**

A: Ultrasonic beauty treatment is non-surgical and non-invasive program without anaesthesia. It relies on ultrasound (mechanical sound wave) - dissolve fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets low-density fat cells but leaves high-density tissue like blood vessels intact, and therefore has no side effects on human body. Slight tinnitus will probably occur during the treatment, which is within normal range. So there's no need to worry about that.

**12. Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It penetrates into 20mm-deep skin fat layers through ultrasound focusing. Highly intensified ultrasound can cause high-speed friction among fat cells, which can heat and dissolve them. And during the process, sound may be produced so that customer will have the sensation of tinnitus.

**13. Q: Will I regain fat after lipo laser treatment?**

A: The number of adipose cells in the body is fixed, which will not see change in adulthood. The increase in weight is due to the increase in the volume of adipose cells. Laser fat-dissolving treatment will destroy localized fat structure, and then reduce the volume of fat. Admittedly, rare occurrence of regaining weight does not mean that it will not be seen again. In general, as long as one's diet is reasonable and binge eating is avoided, he will not experience weight gain.

**14. Q: Does people need to control food intake and take exercise when they lose weight by laser treatment?**

A: The efficacy of losing weight by laser is more significant, but we can not blindly rely on it. For example, one's weight will reach the ideal range by using it. But if he does not pay attention to diet control and overeat, then it is likely to lead to weight gain. There is no weight-losing product in the world that absolutely guarantees that it has permanent efficacy. So losing weight by laser is a helping way. When the weight reaches the ideal range, we should also reasonably plan our own diet and take reasonable exercise after stopping using it.

**15. Q: What is collagen?**

A: Collagen is a kind of biological macro molecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrients needed by all layers of the skin, enhance the collagen activity in the skin, retain moisture, nourish skin, slow down ageing, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay ageing. With the growth of age, collagen will gradually be lost. For women, collagen will begin to decrease since the age of 20. At the age of 25, collagen loss will reach its peak. At the age of 40, the collagen content is less than half of that one has at age of 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly.



The breakage of collagen fibers and elastic fibers will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic. Therefore, in order to delay ageing, there must be plenty of collagen.

**16. Q: Why do we need breast preservation?**

A: The lymphoid tissue in breast is more than any other part of the body, so it is easy to have toxin accumulation. The pace of life of urban people is very fast, and they are usually under great work pressure, which will lead to varying degrees of breast hyperplasia. What’s more, breasts are said to be the cradle of children, women's garden and the symbol of our women! Taking care of your breasts will make your figure more beautiful, which, coupled with your overall temperament, will make you become a head-turner.

The evolution of breast cancer: residual breast milk, secretions, toxins--nodular clots--lobular hyperplasia, ductal hyperplasia, breast hyperplasia--duct blockage--fibroma, breast cyst-breast cancer

**17. Q: Can the RF handle be used for breast firming and shaping?**

A: For the factors of age growth, the influence of women's menstruation, sub-health problems as well as gravity and external stimulation during women’s lactation, plenty of nutrients are lost, which results in the loss of collagen, the decrease of blood flow, the damage of elastic tissue and ligament relaxation to cause breast to sag. Through RF energy, collagenase can promote the repair of elastic tissue and ligament so as to achieve the effect of breast lifting and shaping.

**18. Q: Why do I need hip treatment?**

A: Because it can help detox body through lymphatic system, relieve gynecological diseases, and protect women from harms brought by buttock blockage. Hip blockage will bring about gynecological conditions for the fact that hips are the areas where many important organs of human body exist. If hips suffer from the squeeze of upper and lower energizer meridians, they will be vulnerable to cold, damp and blood stasis. When hips are affected by cold, hip meridian contraction will occur, and then there will be some symptoms such as dysmenorrhea, irregular menstruation, dark menses, blood clot, blood and meridian blockage. It also affects women’s fertilization.






**7. Packing List**

- 1x Machine Body
- 1x Cooling Vacuum Head
- 1x 40KHz Cavitation Head
- 1x Sixpolar RF Head for Body
- 8x Big 650NM LED Laser Pad(each with 10 led lights)160MW
- 4x Small 650NW LED Laser Pad(each with 2 led lights)160mw
- 3x Holders for all Parts

**8. Operational Diagrams**

Parameter Adjustment	Product	Techniques	Diagrams
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## Eye Anti-wrinkle: 25 min 2-3 times a week

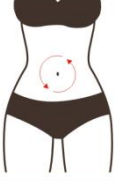







<p><b>Eye RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR /PRO</p>	<p>Makeup Remover+Face Cleanser+Essence/ Eye Cream+MS-7005CX+Eye Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 minutes</li> <li>2. Apply toner, 1 minute</li> <li>3. Apply essence(eye cream) evenly to eye area in circular motion, 3 times.</li> <li>4. <b>Face RF</b> operation: adjust energy level, mode and time: 10 minutes.</li> <li>5. Move the instrument to lift skin from lower eyelid to eye corner, 3-6 times.</li> <li>6. Move the instrument to lift skin from lower eyelid to temple, 3-6 times.</li> <li>7. Move the instrument to lift skin from lower eyelid to temple in small circles, 3-6 times.</li> <li>8. Move the instrument to lift skin from lower eyelid to temple, 3-6 times.</li> <li>9. Lift from brow bone to hairline.</li> <li>10. Repeat the operation on the other side.</li> <li>11. Wash eye area clean, 1 minute</li> <li>12. Apply eye mask, 15 minutes</li> <li>13. Remove mask and wash the area clean, 2 minutes</li> <li>14. Apply eye essence and cream.</li> <li>15. The end</li> </ol>	<p>Technique3</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6、 8</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique9</p> 
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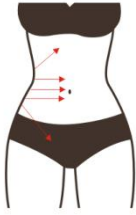



### Treatment Suggestions

It is recommended to take this treatment 2-3 times per week. After one treatment, eye area is lifted and firmed and blood circulation is accelerated. After one month, fine wrinkles and black circles are reduced and skin colour is brightened. After three months, skin in eye area is totally firmed and rejuvenated with glossiness. If the customers keep using this instrument, eye aging can be relieved and prevented.

## Waist&Abdomen Shaping: 90 min once a week

<p><b>40K</b> Energy: 30-</p>	<p>Massage Cream(Essential</p>	<ol style="list-style-type: none"> <li>1. Massage technique</li> <li>2. Rub oil into abdomen with</li> </ol>	<p>Technique2, 8, 11</p>
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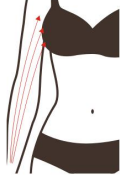


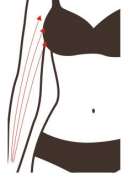



<p>70% Time: 10-15 min Mode: M1/M2</p> <p><b>Body RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR /PRO</p> <p><b>Vacuum&amp;Cooling</b> Temperature: -5°C to 3°C Time: 10-30 min</p> <p>Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p> <p><b>Lipo Laser</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>	<p>Oil)+Gel+RF Cream+MS-7005CX</p>	<p>hands moving in circular motion, 3 times.</p> <p>3. Rub abdomen back and forth with both hands, 3-5 times.</p> <p>4. Knead abdomen with both hands using chiropractic technique, 3 times.</p> <p>5. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</p> <p>6. Move hands in 8-shaped motion with right hand and left hand moving clockwise and anti-clockwise respectively on waist, 3 times.</p> <p>7. Overlap hands and massage the intestinal canal clockwise, 3 times.</p> <p>8. Move hands in circular motion to soothe the treatment area, 3 times.</p> <p>9. Apply digital pressing technique on the following acupoints: RN13, RN12, RN10, RN8, RN6, RN4, RN3, ST25, SP15, 2 times.</p> <p>10. Starting from RN3 point, push to belly navel, slide to waist and then lift upwards to groin with both thumbs, 3 times.</p> <p>11. Soothe the treatment area with hands and then slide to groin.</p> <p>12. The end.</p> <p>13. <b>40K</b> operation: one side, lift from waist side to abdomen and to groin line by line, 3-5 times.</p> <p>14. Repeat the technique on the other side.</p> <p>15. Move the handpiece on abdomen in a small spiral curve, 3 times.</p> <p>16. Move the handpiece on abdomen in a big spiral curve, 3 times.</p> <p>17. <b>Body RF</b> handpiece operation, one side, lift from waist side to abdomen line by line, 3 times</p> <p>18. Do the same on the other</p>	 <p>Technique3, 19</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique7</p>  <p>Technique9</p>  <p>Technique10</p>  <p>Technique13, 17, 22</p>
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		<p>side</p> <p>19. Lift Meridian BV(Belt Vessel) horizontally back and forth, 3 times</p> <p>20. Move the handpiece up and down to shape waist, 3 times</p> <p>21. Move the handpiece on abdomen in a big spiral curve, 3 times.</p> <p>22. One side, lift from waist side to abdomen line by line, 3 times</p> <p>23. Wipe the are clean with towel.</p> <p>24. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</p> <p>25. <b>Vacuum&amp;Cooling</b> operation, set the temperature, time and suction of the handpiece.</p> <p>26. Fix the handpiece on the membrane. Start the treatment, adjust the suction level based on individual endurance, wait for about 10-30 minutes.</p> <p>27. Remove the handpiece and the membrane, and wipe the area clean.</p> <p>28. <b>Lipo Laser</b> operation: fix the pad on abdomen and waist for about 20 min.</p> <p>29. Remove the pads</p> <p>30. Wipe the area clean with towel, the end.</p>	 <p>Technique15</p>  <p>Technique16, 21</p>  <p>Technique20</p> 
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. And obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. After one course of treatment, fat on waist and abdomen will be greatly reduced. And skin will be tightened and waist curves will be noticeable. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Arm Shaping: 60 min once a week**

<p><b>40K</b> Energy: 30-70% Time: 10-15 min Mode: M1/M2</p> <p><b>Body RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR /PRO</p> <p><b>Lipo Laser</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>	<p>Massage Cream(Essential Oil)+Gel+RF Cream+MS-7005CX</p>	<ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times.</li> <li>3. Push the entire arm with both palms, 3 times.</li> <li>4. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with thumbs and index fingers splaying, 3 times.</li> <li>5. Soothe the area, 3 times</li> <li>6. Rub three main collateral channels on arms with kneeling finger back and forth till they turn hot, 3 times.</li> <li>7. Soothe the area, 3 times</li> <li>8. Lay inner arm upwards, and push hands tracing three yin meridians on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit with thumbs and index fingers splaying, 3 times respectively.</li> <li>9. Rub three meridians back and forth with bending fingers to warm them up, 3 times.</li> <li>10. Soothe the area and slide to fingers</li> <li>11. Repeat above techniques on the other side.</li> <li>12. The end.</li> <li>13. <b>40K</b> operation: lay customer's arm flat, push three meridians from fat part of lower arm to armpit, 3 times.</li> <li>14. Move the handpiece in a spiral curve along three meridians to armpit, 3 times.</li> <li>15. Redouble the operation on flabby arms, 3 times.</li> <li>16. Move the handpiece along three meridians to armpit, 3 times.</li> <li>17. Lay inner arm upwards and push three meridians on upper</li> </ol>	<p>Technique 2, 3, 4, 5, 6, 7</p>  <hr/> <p>Technique 8, 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 16, 21, 24</p>  <hr/> <p>Technique 14, 15, 22, 23</p>  <hr/> <p>Technique 17, 25</p>  <hr/> <p>Technique 19, 27</p> 
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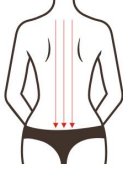
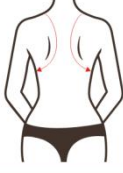


		<p>arm to armpit, 3 times.</p> <p>18. Move the handpiece in a small spiral curve along three meridians on upper arm to armpit, 3 times.</p> <p>19. Move the handpiece along three meridians from upper arm to armpit.</p> <p>20. Repeat the operation on the other side.</p> <p>21. <b>Body RF</b> operation: lay customer's arm flat, push three meridians from fat part of lower arm to armpit, 3 times.</p> <p>22. Move the handpiece in annular motion along three meridians to armpit, 3 times.</p> <p>23. Redouble the operation on flabby arms, 3 times.</p> <p>24. Move the handpiece along three meridians to armpit, 3 times.</p> <p>25. Lay inner arm upwards and push three meridians on upper arm to armpit, 3 times.</p> <p>26. Move the handpiece in circles along three meridians on upper arm to armpit, 3 times.</p> <p>27. Move the handpiece along three meridians from upper arm to armpit.</p> <p>28. Repeat those techniques on the other arm.</p> <p>29. <b>Lipo Laser</b> operation: fix the pads on fat area, about 15 minutes</p> <p>30. Remove the pads</p> <p>31. The end.</p>	
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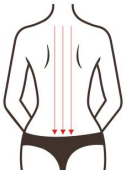



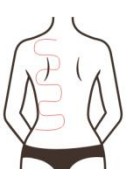
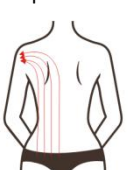
**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. And obvious results will be seen in about 2 months. After one course of treatment, arms will become obviously thin. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Back Shaping: 60 min once a week**

<b>Body RF</b> Energy: 30-70%	Massage Cream(Essential Oil)+MS-7005CX	1. Massage techniques 2. Apply oil to back and press GB-20 and DU-16 acupoints.	Technique2, 11
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<p>Time: 10-15 minutes Mode: NOR/PRO</p> <p><b>Vacuum&amp;Cooling</b> Temperature: -5°C to 3°C Time: 10-30 min</p> <p>Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p> <p><b>Lipo Laser</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>		<ol style="list-style-type: none"> <li>3. Pluck Dabanjing(the area connecting neck and shoulder) (from hairline), 3-5 times</li> <li>4. Move thumb outwards from Bladder Meridian(BL) to the Baliao area and then to GB-20 and DU-16 points.</li> <li>5. Starting from neck to caudal vertebra, move hands in an undulating line, 3 times.</li> <li>6. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.</li> <li>7. Push Bladder Meridian(BL) to the Baliao Area with both thumbs, at the same time, 3 times.</li> <li>8. Push Bladder Meridian(BL) in three lines with bending fingers, 3 times.</li> <li>9. Push along medial border of scapula with both hands alternately in left-right order, 3-6 times.</li> <li>10. Push along medial border of scapula with both hands horizontally, 3-6 times.</li> <li>11. Soothe the back with both hands and push GB-20 and DU-16 points, 3 times.</li> <li>12. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times.</li> <li>13. Do the same on the other side, 3 times</li> <li>14. Rub Meridian GV and Bladder Meridian(BL) with hands to warm them up.</li> <li>15. The end</li> <li>16. <b>Body RF</b> operation: move handpiece along Meridian GV and Bladder Meridian(BL) respectively from neck to the Baliao area, 3-5 times.</li> <li>17. Move handpiece in circles on DU-14 point and on the Baliao area, 3-5 times respectively.</li> <li>18. Move handpiece back and forth on Dabanjing(the area connecting neck and</li> </ol>	 <p>Technique3</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6, 7, 8, 14</p>  <p>Technique9, 19</p>  <p>Technique10</p>  <p>Technique12, 13</p>  <p>Technique16</p>
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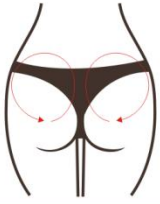


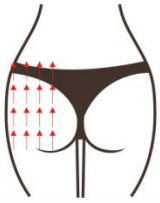

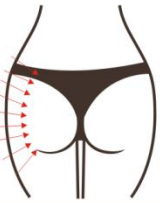

		<p>shoulder)from neck, 3-5 times.</p> <p>19. Lift the handpiece along the medial border of scapula back and forth in left-right order, 3-5 times.</p> <p>20. Move the handpiece in an 8-shaped motion downwards to Baliao area, 3 times.</p> <p>21. Move the handpiece in an undulating line upwards from left side of waist first and then the right side to armpit, 3 times.</p> <p>22. Move the cup upwards from waist side to armpit, 3-5 times</p> <p>23. Wipe back clean with towel.</p> <p>24. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</p> <p>25. <b>Vacuum&amp;Cooling</b> operation, set the temperature, time and suction of the handpiece.</p> <p>26. Fix the handpiece on the membrane. Start the treatment, adjust the suction level based on individual endurance, wait for about 10-30 minutes.</p> <p>27. Remove the handpiece and the membrane, and wipe the area clean.</p> <p>28. <b>Lipo Laser</b> operation: fix the pads on fat area, about 15 minutes</p> <p>29. Remove the pads</p> <p>30. The end.</p>	 <p>Technique17</p>  <p>Technique18</p>  <p>Technique20</p>  <p>Technique21</p>  <p>Technique22</p> 
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, back will become thinner and unwanted fat will begin to disappear. And obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Hip Shaping: 60 min once a week**



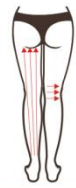
<p><b>Body RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR/PRO</p> <p><b>Vacuum&amp;Cooling</b> Temperature: -5°C to 3°C Time: 10-30 min</p> <p>Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p> <p><b>Lipo Laser</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>	<p>Massage Cream(Essential Oil)+towel+Frostbite-proof Membrane+MS-7005CX</p>	<ol style="list-style-type: none"> <li>1. Massage technique</li> <li>2. Standing on the side, rub oil into skin by sliding to the waist from the Baliao area and then lift up along the hips from the waist, 3 times (this is soothing technique.)</li> <li>3. Push the Baliao area with two thumbs, 3 times.</li> <li>4. Soothe the treatment area for 3 times and then press point: BL-23, Baliao area, DU-1, GB-30, BL-36, 3 times.</li> <li>5. Soothe the treatment area, 3 times.</li> <li>6. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times each.</li> <li>7. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB)from thigh root to Meridian upwards, 3 times each.</li> <li>8. Overlap both palms and push up together from thigh root to pulse (lifting), 3 to 5 times.</li> <li>9. Push your hands upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.</li> <li>10. Repeat step 6</li> <li>11. Soothe the treatment area.</li> <li>12. The techniques on the other side is the same as above.</li> <li>13. The end.</li> <li>14. <b>Body RF</b> operation: lift from the top of thigh to Meridian BV line by line, 3 times.</li> <li>15. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</li> <li>16. Move the handpiece in small spiral curve on hip, 3-5 times</li> <li>17. Lift from the top of thigh to Meridian BV line by line, 3</li> </ol>	<p>Technique1, 4</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique6, 12, 15</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8, 13, 16</p>  <hr/> <p>Technique14</p> 
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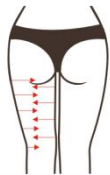
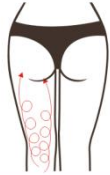
		<p>times.</p> <p>18. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Wipe hips clean with towel.</p> <p>21. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</p> <p>22. <b>Vacuum&amp;Cooling</b> operation, set the temperature, time and suction of the handpiece.</p> <p>23. Fix the handpiece on the membrane. Start the treatment, adjust the suction level based on individual endurance, wait for about 10-30 minutes.</p> <p>24. Remove the handpiece and the membrane, and wipe the area clean.</p> <p>25. <b>Lipo Laser</b> operation:fix the pads on fat area, about 20 minutes</p> <p>26. Remove the pads</p> <p>27. Wipe the area clean with towel, the end.</p>	
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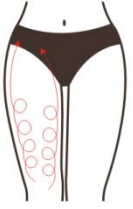

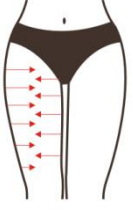
**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, unwanted fat on hips will begin to disappear and skin will be tightened. Obvious results will be seen in about 2 months. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Leg Shaping: 90 min once a week**

<p><b>40K</b> Energy: 30-70% Time: 10-15 min Mode: M1/M2</p> <p><b>Body RF</b> Energy: 30-70% Time: 10-</p>	<p>Massage Cream(Essential Oil)+gel+towel+Frostbite-proof Membrane+MS-7005CX</p>	<ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Customer lies on his front, back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times</li> <li>3. Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times</li> <li>4. Move hands upwards to push four meridians: Bladder</li> </ol>	<p>Technique2, 3, 4, 5, 7, 8, 9</p>  <p>Technique6</p>
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<p>15 min Mode: NOR/PRO</p> <p><b>Vacuum&amp;Cooling</b> Temperature: -5°C to 3°C Time: 10-30 min</p> <p>Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p> <p><b>Lipo Laser</b> Energy: 30-70% Time: 15-20 min Mode: M1/M2/M3</p>		<p>Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with thumb and index finger splaying.</p> <p>5. Push popliteal fossa with both hands alternately, 3 times. 6. Move both hands upwards alternately in undulating motion, 3 times. 7. Soothe the area, 3 times 8. Push four meridians upwards with bending fingers of both hands, 3 times. 9. Soothe the area, 3 times 10. Repeat the operation on the other side. 11. Wipe leg clean with towel, and then apply gel evenly to the treatment area. 12. <b>4OK</b> operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times. 13. Move in small spiral curve on calf to dissolve fat, 3 times 14. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times. 15. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times. 16. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times. 17. Push meridians from popliteal fossa to the top of thigh, 3 times 18. Move the handpiece in small spiral curve on thigh to dissolve fat, 3-5 times. 19. Repeat the techniques on the other leg. 20. Wipe legs clean with towel and apply RF cream evenly. 21. <b>Body RF</b> operation:</p>	 <p>Technique12, 14, 21</p>  <p>Technique13, 22, 23</p>  <p>Technique15, 17, 24</p>  <p>Technique16, 18, 25</p>  <p>Technique26</p>  <p>Technique27</p>  <p>Technique29, 30, 31, 37, 40, 43</p>
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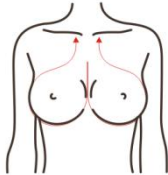
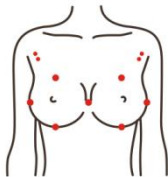
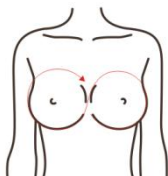
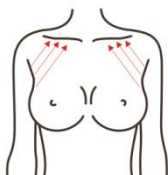
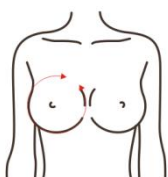
	<p>lift from heel to popliteal fossa line by line with one hand and the handpiece, 3 times</p> <p>22. Move the handpiece in small circles on calf, 3 times</p> <p>23. Move the handpiece on calf from top to bottom back and forth, 3-5 times.</p> <p>24. Lift from popliteal fossa to the top of thigh, 3 times.</p> <p>25. Move the handpiece in small circles on thigh, 3 times.</p> <p>26. Lift from two sides of leg to the middle, 3 times.</p> <p>27. Lift upwards from two sides of thigh in annular motion</p> <p>28. Do the same on the other side.</p> <p>29. Massage the front side of legs: rub oil into skin from feet to thigh root(soothe the treatment area), 3 times</p> <p>30. Push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to the top of thigh with thumb and index finger splaying.</p> <p>31. Push four meridians with bending fingers of both hands, 3 times</p> <p>32. The end</p> <p>33. Do the same on the other side.</p> <p>34. Wipe legs clean with towel and apply gel evenly</p> <p>35. <b>4OK</b> handpiece operation: lift the handpiece towards knee from calf while tracing 4 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>36. Move the handpiece on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>37. Lift the handpiece from knee to the top of thigh line by line, 3 times.</p>	 <p>Technique39, 46</p>  <p>Technique38, 44</p>  <p>Technique45</p> 
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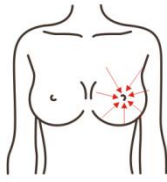
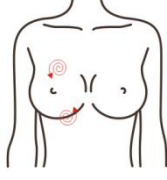


		<p>38. Move the handpiece in small circles on thigh, 3 times.</p> <p>39. Lift the handpiece from knee to the top of thigh in annular motion, 3 times.</p> <p>40. Lift the handpiece from knee to the top of thigh line by line, 3 times.</p> <p>41. Wipe leg clean with towel and apply RF cream evenly.</p> <p>42. <b>Body RF</b> operation: lift the cup towards knee from calf while tracing 4 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>43. Lift from knee to the top of thigh,3 times</p> <p>44. Move in small circles on thigh, 3 times.</p> <p>45. Lift from two sides of thighs to the middle, 3-5 times.</p> <p>46. Lift upwards on two sides of thigh in annular motion.</p> <p>47. Do the same on the other thigh.</p> <p>48. Wipe legs clean with towel.</p> <p>49. <b>Vacuum&amp;Cooling</b> operation, Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</p> <p>50. Wrap the strap around the fat area.</p> <p>51. Set the temperature and working time of the handpiece.</p> <p>52. Fix the handpiece on the membrane.</p> <p>53. Start the treatment, wait for about 10-30 minutes.</p> <p>54. Remove the handpiece and the membrane, and wipe the area clean.</p> <p>55. <b>Lipo Laser</b> operation: fix the pads on fat area of hips, about 15 minutes</p> <p>56. Remove the pads</p> <p>57. The end.</p>	
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### Treatment Suggestions

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, unwanted fat on legs will begin to disappear, skin will be tightened and legs will begin to become slender. Obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

## Breast Shaping: 60 min once a week

<p><b>Body RF</b> Energy: 30-70% Time: 10-15 minutes Mode: NOR/PRO</p>	<p>Massage Cream(Essential Oil)+MS-7005CX</p>	<ol style="list-style-type: none"> <li>1. Standing at the bedside, use both hands to rub oil into skin from Shanzhong(RN17) to armpit and then lift the suspensory ligament (massage) for 3 times.</li> <li>2. Use both thumbs to press acupoints: Shanzhong(RN17), Rugen(ST18), Dabao(SP21), Yingchuang(ST16), Zhongfu(LU1), Yunmen(LU2) 3 times</li> <li>3. Massage the area, 3 times</li> <li>4. Overlap two palms and move from Shanzhong(RN17) in a 8-shaped motion back and forth, 3 times</li> <li>5. Alternate hands to push from accessory breast towards suspensory ligament, in left-right order</li> <li>6. Massage the area, 3 times</li> <li>7. Sit beside the customer, use both palms to massage and lift breasts in a left-right order, 3-5 times</li> <li>8. Alternately push the lactiferous ducts (around the breast) with thumbs and index fingers splaying 3-5 times</li> <li>9. Alternately move in circles with two thumbs to dredge nodules on the chest, 3 times</li> <li>10. Massage and lift breast with both hands</li> <li>11. Repeat the techniques on the other breast.</li> <li>12. <b>Body RF</b> handpiece</li> </ol>	<p>Technique1</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7, 13</p>  <hr/> <p>Technique8, 12</p>
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		<p>operation: left-right order, lift towards nipple around breast in conjunction with soothing technique of the other hand, 5-8 times</p> <p>13. Lift in circles on the breast towards collarbone in conjunction with soothing technique of the other hand, 5-8 times</p> <p>14. Move in small circles to dredge the area where nodules exist, 3-5 times</p> <p>15. Treatment receiver lies on her side and lift up her arm, move the handpiece in circular motion on accessory breast to burn fat, 5-8 times.</p> <p>16. Push the handpiece from the accessory breast in the armpit to breast(shaping and narrowing the accessory breast) 5-8 times</p> <p>17. Repeat the techniques on the other side.</p> <p>18. Wipe breasts clean with towel, the end.</p>	 <hr/> <p>Technique9, 14</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>  <hr/>
<p><b>Treatment Suggestions</b></p> <p>One course of treatment consists of ten treatment sessions. After one treatment, there will be sensation of heat on the breast, blood circulation will be promoted and there will be some degree of lifting effect. After one course, the effect will be more obvious and the nodules will be relieved. After three courses, the skin will be firmed and the breast will be well shaped with increased elasticity. The functions of endocrine system will be improved to make females more attractive.</p>			