

# User Manual

MS-7001CX



Preface

Dear Users,

We're pleased to present to you our latest beauty machine MS-7001CX, which adopts vacuum&cooling technology for reducing fat and slimming body. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation. We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

Vacuum&cooling is one of the most popular ways to reduce fat and slim body. So, this machine can replace all fat-reducing treatments in beauty salons. Moreover, it is convenient and easy to operate. It can solve both skin and body management problems for beauty-seekers. Used externally during the whole process, this equipment requires no injection, no medication, and no operation, for which it has no side effects. Vacuum&cooling treatment is non-invasive fat-reducing approach, targeting the adipose cells on specific areas of body to reduce fat thickness for a noticeable figure curve.

## Advantages

1. The whole process is performed without incision and anaesthetic.
2. It will not cause skin unevenness.
3. It will not cause bleeding or swelling.
4. It can bring you remarkable effects and prevent the reappearance of unwanted fat.
5. It will not cause any damage to skin and bring no inconvenience to your life and work.
6. It can effectively relieve edema and reduce cellulite.
7. It can effectively tighten skin.
8. It can reduce stubborn fat
9. It can build ideal body curve.
10. It causes no damages to nerves, blood vessels and skin.
11. It adopts advanced and reliable technology of vacuum&cooling to make fat congeal.
12. The cooling energy only targets the fat layer, causing no damages to viscera.

## Working Principles

### Vacuum&Cooling

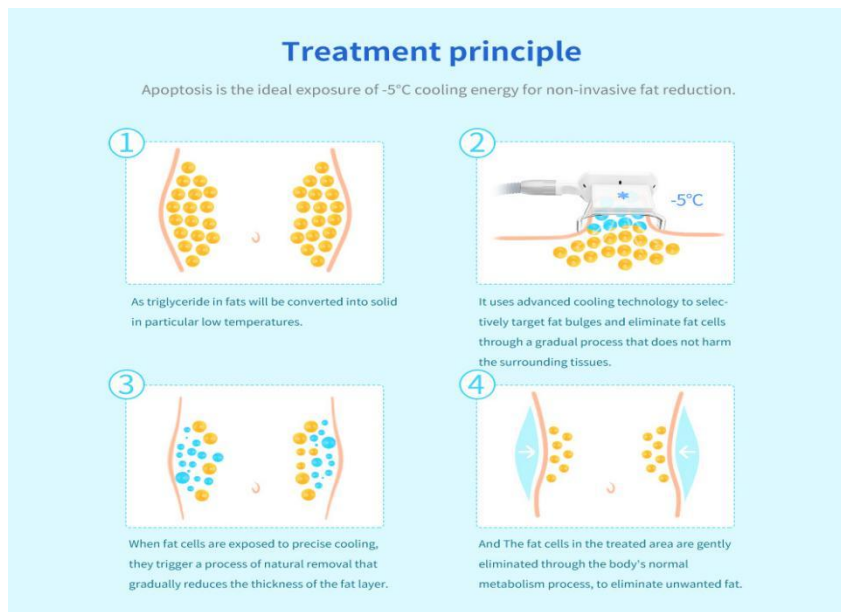
The freezing point of water is  $0^{\circ}\text{C}$  while the freezing point of fat is  $4^{\circ}\text{C}$ , which we can make use of to achieve the purpose of reducing fat.

The vacuum&cooling treatment makes use of vacuum to treat fat. Fat will be targeted and cooled down. During the process, heat in the fat layer will gradually disappear. When the adipose cells are cooled down to  $0^{\circ}\text{C}$ , they will die. The low temperature destroys adipose cells, causing no damages to skin or muscles. The dead adipose cells will be excreted from body by liver without external energy.

### Biological Effects

Human body consist of 60%-70% water. The freezing point of water is  $0^{\circ}\text{C}$ . But fat has different property. Fat congeal from the temperature of  $4^{\circ}\text{C}$ . Using such property difference, this machine is able to reduce fat. During the treatment, the corresponding handle will be put on fat area, and the fat will quickly congeal into jelly-like substances. And then the phagocytosis(phagocytes engulf and digest microorganisms and cellular debris) will happen. The dead cells will be treated as waste by the body and will be excreted in 2-4 months. So, this treatment can not make you see immediate effects but you can feel the fat is gradually removed in two weeks to a month.It can help reduce fat and promote blood circulation and lymphatic circulation to remove waste in the body.Additionally, the dead adipose cell are also removed

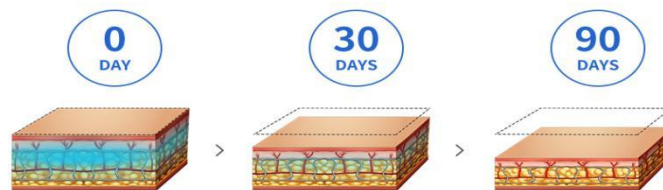
from the body and so it can effectively prevent the reappearance of fat accumulation.



### Significant curative effect



You will be able to create a charming body in 30 minutes of time ,  
after the first treatment ,the effect will probably appear in 4-6 weeks later ,  
and gradually achieve the best result in the next 3 months.



## Effects

1. Dissolve fat to destroy thick fat accumulation and cellulite
2. Help reduce fat on specific areas
3. Relieve the condition of saggy and ageing skin, make skin become firm and have elasticity.
4. Dissolve fat to build ideal figure curve.
5. Build slender waist, slim legs and plump and firm hips

## Applicable Range

1. Those who have pear-shaped figure due to sedentary lifestyle.
2. Those who have flabby arms
3. Those who have much unwanted fat on thighs.
4. Those have saggy skin
5. Those who are obese due to binge eating and drinking.
6. Those who have saggy and fat abdomen and stretch marks after giving birth.
7. Those who have fat on waist and abdomen.
8. Those who experience outward expansion of hips and have unwanted fat on hips.

## Inapplicable Range

1. Those who have just undergone plastic surgery with prostheses and metal materials

implanted at the operation area.

2. Those who have used injections recently, such as hyaluronic acid, skin booster or wrinkle removal product.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the effect.
10. Those who are taking anticoagulants, vasodilators, corticosteroids and other drugs or who have been taking them for a long time. Those who have liver diseases.

## Do's and Don'ts after Operation

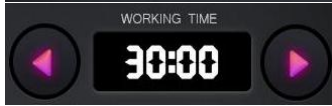
1. Keep warm after operation. Do not eat cold food and get a cold.
2. Take shower in 4-6 hours
3. Drink more hot water to keep hydrated and speed up metabolism.
4. Do not overeat or stay up late.
5. Do not eat raw, cold and spicy foods. Have enough sleep.
6. Do not wear crop top, backless clothes, miniskirt, hot pants and so on.
7. Do not scratch the treated areas.
8. Do not press or knead the treated areas.

## Part II

### 1. Detailed Operation

After checking all are connected properly, the starting interface will appear when the machine is plugged and started.





time display and adjustment



button for decreasing time



button for increasing time



home button



reset button



start&stop button



Temperature sign. When the temperature of the handle is abnormal, it will be lit to show an alert



Water container sign. When there is a lack of water in the container or something abnormal happens to it, it will be lit to show an alert.



temperature display and adjustment(recommended temperature: -5 °C to 3 °C. 5 °C is recommended for the first-time users. After they adapt to it, the temperature can be lowered slowly.



button for decreasing time



button for increasing time



knob for adjusting suction of the vacuum&cooling handle. Adjust it based on the users' endurance. Set the suction at the lowest level at the beginning and raise it slowly after they adapt to it.



adjustment on the handle



time display and adjustment



button for decreasing time



button for increasing time



temperature display and adjustment



button for lowering temperature



button for raising temperature

## 2. Technical Parameters

Voltage 220V/50Hz for European Countries,Australia,UK

110V/50Hz Voltage for USA,Canada,Japan etc.

Power consumption: 500W

Cooling device output temperature:5~ -5°C

Cooling device output :0-5Kpa

Cooling liquid: pure water

Default working time:0-60min

Fuse size:F2AL250V

## 3. User Contraindications

Some groups of people should be cautious about using this instrument. Please consult a doctor



or a professional before using the instrument. The details are as follows:

1. Women in pregnancy or lactation
2. Those with heart diseases and pacemakers
3. Those with unhealed incisions or who are on the road to recovery.
4. Those with epilepsy, sever diabetes and hyperthyroidism
5. Those with malignant tumors, haemophilia and severe bleeding
6. Those with skin diseases and infectious diseases
7. Those who wear metal jewellery
8. Those with metal, plastic and silicone implants
9. Those who are taking or have long been taking anticoagulants, vasodilators, corticosteroids and other drugs

## 4. Dos and Don'ts

1. Use normal saline to wipe the handle clean and put it away properly after use.
2. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
3. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
4. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
5. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
6. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
8. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
9. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before use.
10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
11. Use this machine or train the operators in strict accordance with instructions in the user manual.
12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you want to take this treatment immediately.
13. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before taking this treatment.
14. The corresponding frostbite-proof membrane must be applied during the treatment. Do not perform the treatment on dry skin or let the handle directly touch skin.
15. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.

## 5. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

## **2. The machine works for a while but then stops?**

- A. It may be because there is no strong water flow or the machine doesn't sense the presence of water flow.
- B. Check whether there is enough water in the water container.

## **3. There is a red alert on the top right corner of the machine?**

- A. Please check whether the water level in the water container is low
- B. Please check whether there is something wrong with the water container.

## **4. I can start the instrument, but the screen shows erroneous message?**

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

## **6. FAQs**

### **1. Does the vacuum&cooling handle have side effects in reducing fat?**

A: It is a totally non-invasive and painless. Based on the fact that adipose cells are more vulnerable to coldness than other cells, it can cool down adipose cells and remove them. What's more, it only targets adipose cells instead of other tissue, and so it will not cause damages to skin or muscles. The dead cells will be excreted from body through metabolism, so it has no side effects.

### **2. How does this treatment help reduce fat?**

A: It can cool down subcutaneous tissue to 5°C. And then adipose cells will gradually die, which will be excreted from body through metabolism. In this way, it can help reduce fat. Specifically speaking, it can target the fat on specific areas. After adipose cells are cooled down to a certain temperature, triglyceride will change its form to solid and then these cell will gradually die.

### **3. Do we need to control our diet and take exercise after taking this treatment?**

A: Yes, we should regularly take exercise and control our diet. Because this treatment only reduces fat in our body, but it can not promote our basal metabolic rate fundamentally. So, if we don't do so, we will regain fat.

### **4. How long can we see the effects after the treatment?**

A: Normally, you will see the effects in 1-2 months. It depends on individual constitution and metabolism. Based on the fact that adipose cells are vulnerable to coldness, this treatment can cool down and destroy adipose cells under the low temperature of 5°C, which can be excreted from body through metabolism. So, you should wait for some time to see the effects.

### **5. Why do we need to use special frostbite-proof membrane during the treatment?**

A: The main constituent in this kind of membrane is organic molecules, which are concocted based on the characteristics of human skin. Clinical trials have shown that the use of the membrane in this treatment can effectively protect skin from frostbite.

## **7. Packing List**

Machine Bodyx1  
 Vacuum&Cooling Handlex1  
 Frostbite-proof Membranex1  
 Rackx1  
 Power Cordx1  
 Filterx1  
 Fusex2  
 Funnelx1

## 8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<b>Waist&amp;Abdomen Shaping: 30 minutes once a month</b>			
Vacuum&Cooling Temperature: -5°C to 3°C Time: 10-30 min Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.	Towel+Frostbite-proof Membrane+This machine	<ol style="list-style-type: none"> <li>1. Clean waist and abdomen with towel</li> <li>2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</li> <li>3. Set the temperature, time and suction of the handle.</li> <li>4. Fix the handle on the fat area of abdomen. Adjust the suction level based on customer's endurance. Wait for 10-30 minutes.</li> <li>5. Remove the handle and membrane. Wash the treated area clean.</li> <li>6. The end.</li> </ol>	<p>Please note: the vacuum cup will gradually draw the fat area tight. The higher the suction level is, the tighter the cup draw the fat area.</p> <p>Because there is air in the membrane between the handle and skin, bubbles will form on the membrane.</p> <p>Waist and abdomen may experience slight swelling, redness and other mild skin reaction after treatment, which is normal. You don't need to worry about that.</p>

### Treatment Suggestions

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. And obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. After one course of treatment, fat on

waist and abdomen will be greatly reduced. And skin will be tightened and waist curves will be noticeable. In the later stage, you can take the treatment once per two months to consolidate the effect.

## Back Shaping: 30 minutes once a month

<p>Vacuum&amp;Cooling Temperature: -5°C to 3°C Time: 10-30 min Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p>	<p>Towel+Frostbite-proof Membrane+This machine</p>	<ol style="list-style-type: none"> <li>1. Clean back with towel</li> <li>2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</li> <li>3. Set the temperature, time and suction of the handle.</li> <li>4. Fix the handle on the fat area of back. Adjust the suction level based on customer's endurance. Wait for 10-30 minutes.</li> <li>5. Remove the handle and membrane. Wash the treated area clean.</li> <li>6. The end.</li> </ol>	<p>Please note: you will have the obvious sensation of being tightened on back. And the vacuum cup will gradually draw the fat area tight.</p> <p>Back may experience slight swelling, redness and other mild skin reaction after treatment, which is normal. You don't need to worry about that.</p>
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### Treatment Suggestions

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, back will become thinner and unwanted fat will begin to disappear. And obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

## Hip Shaping: 30 minutes once a month

<p>Vacuum&amp;Cooling Temperature: -5°C to 3°C Time: 10-30 min Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.</p>	<p>Towel+Frostbite-proof Membrane+this machine</p>	<ol style="list-style-type: none"> <li>1. Clean hip with towel</li> <li>2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area.</li> <li>3. Set the temperature, time and suction of the handle.</li> <li>4. Fix the handle on the fat area of hip. Adjust the suction level based on customer's endurance. Wait for 10-30 minutes.</li> <li>5. Remove the handle and membrane. Wash the</li> </ol>	<p>Please note: you will have the obvious sensation of being tightened on hips</p> <p>Hips may experience slight swelling, redness and other mild skin reaction after treatment, which is normal. You don't need to worry about that.</p>
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		treated area clean. 6. Repeat the techniques on the other side. 7. The end.	
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, unwanted fat on hips will begin to disappear and skin will be tightened. Obvious results will be seen in about 2 months. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.

**Leg Shaping: 30 minutes once a month**

Vacuum&Cooling Temperature: -5°C to 3°C Time: 10-30 min Suction: adjust it based on individual endurance. Setting it at lowest level at the beginning is recommended to avoid discomfort.	Towel+Frostbite-proof Membrane+this machine	1. Clean leg with towel 2. Choose proper frostbite-proof membrane and apply it to the treatment area according to the size of fat area. 3. Set the temperature, time and suction of the handle. 4. Fix the handle on the fat area of leg. Adjust the suction level based on customer's endurance. Wait for 10-30 minutes. 5. Remove the handle and membrane. Wash the treated area clean. 6. Repeat the techniques on the other leg. 7. The end.	Please note: you will have the obvious sensation of being tightened on legs  Legs may experience slight swelling, redness and other mild skin reaction after treatment, which is normal. You don't need to worry about that.
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**Treatment Suggestions**

One course of treatment consists of 4 treatment sessions. After one treatment, the conditions of redness, swelling, blood stasis, and numbness will disappear in 1-2 weeks. And in the second week, you will feel fat is reduced slowly. After one course of treatment, unwanted fat on legs will begin to disappear, skin will be tightened and legs will begin to become slender. Obvious results will be seen in about 2 months. The fat will be averagely reduced by 22% in thickness. Of course, the effect varies for personal situation. In the later stage, you can take the treatment once per two months to consolidate the effect.