User Manual MS-65D4



Preface

Dear users:

We're pleased to present to you our 6-in-1 beauty machine featured with weight loss, figure slimming, anti-aging, skin lifting and tightening, etc. It is a multifunctional beauty machine, targeted at both eye, face and body, mainly focusing on lifting and tightening of skin and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic cavitation machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface
Part I
Introduction
Advantages
Working Principles & Treatments
Facial Tightening & Repairing
Eye Anti-aging
Neck Anti-aging
Shaping Waist & Abdomen
Uterus Detoxification
Shaping Breasts
Body Shaping
Arms
Back
Buttocks
Legs
Part II
1. Detailed Operations
2. Technical Parameters
3. Safety Precautions
4. Dos and Don'ts
5. Troubleshooting
6. FAQs
7. Packing List
8. Operational Diagrams

Part I

Brief Introduction

RF and ultrasonic cavitation machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging. It is coupled with cold hammer, which helps to soothe skin, shrink pores and care for skin in all ways.

Advantages

- 1. 6-in-1 multifunctional beauty machine that works on both of your facial and body care.
- 2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
- 3. Various work heads can be replaced in different parts according to different requirements.
- 4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
- 5. Adopting the cutting-edge technology of ultrasonic fat burning.
- 6. Suitable for all skin types. It also improves and soothes skin.
- 7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
- 8. No consumption, low cost and quick returns.
- 9. Wider treatment range and faster and more visible effects.
- 10. Unevenness, bleed, swelling and stasis will not appear after treatment.
- 11. Ultrasound, vacuum and RF all have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

Facial Tightening & Repairing

Working Principles

Face RF

Radio frequency works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

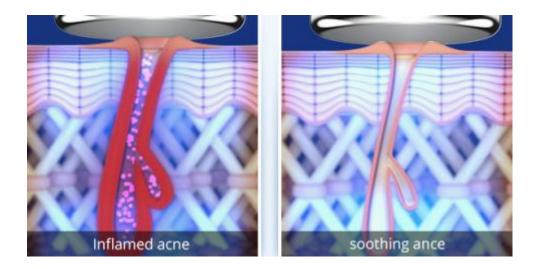
Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45\,^{\circ}\text{C}^{\sim}60\,^{\circ}\text{C}$, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Cold Hammer

Cold hammer uses the principle of air conditioning. Special wafer ceramics are used to absorb energy and refrigerate at -5°C in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological Effects

During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.



Effects

- 1. Improve redness, swelling, acne and allergy and so on.
- 2. Calm and sooth skin.
- 3. Shrink pores, improve couperose skin.
- 4. Tighten and lift skin and increase skin elasticity.
- 5. Improve sagging, loose skin and wrinkles.
- 6. Help lead in nutrition to the bottom of skin and lock in nutrition and refine skin.
- 7. Enhance skin resistance and repair fragile skin.
- 8. Accelerate bottom skin circulation and metabolism and build healthy skin.

Applicable Range

- 1. Those with facial dullness.
- 2. Those with skin relaxation and sagging.
- 3. Those with dark circles, under eye bags, fine lines, nasolabial folds and crow's feet.
- 4. Those with indistinct facial contour.
- 5. Those with coarse skin, large pores and excessive oil secretion.
- 6. Those who are under long-term exposure of UV radiation at workplace.
- 7. Those with lax skin, edema or obesity after birth.
- 8. Those with sensitive skin, acne prone skin, and skin that is prone to redness, swelling and allergies.

- 1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
- 2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, plastic surgery or during surgery recovery.
- 3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumor.

- 4. Those with severe sensitive skin and who are allergic to metals or are having an allergic reaction.
- 5. Those with skin trauma or wound.
- 6. Those who are over aging.
- 7. Those in menstruation, pregnancy, lactation, surgical recovery.
- 8. Those with skin diseases and infectious diseases.
- 9. Those who are unrealistic about the results.

- 1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
- 2. Enhance moisturizing and sunscreen.
- 3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
- 4. Use facial masks at least three times a week.
- 5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
- 6. Avoid food that will cause '3 Hs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eye Anti-aging

Working Principle

Eye RF

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

Effects

- 1. Relieve eye fatigue, dark circles, under eye bags and edema.
- 2. Reduce lines around eyes and crow's feet.
- 3. Reduce dark spots and accelerate blood circulation.
- 4. Accelerate metabolism and prevent hyperpigmentation.
- 5. Supplement nutrition to the eyes and moisturize skin.
- 6. Tighten and soften skin, lift the corners of the eyes.
- 7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

- 1. Those with wrinkles, fine lines, under eye bags and dark circles.
- 2. Those with dry skin, dry lines and dynamic wrinkles.
- 3. Those whose eyes are prone to fatigue and dryness.
- 4. Those who frequently face computer screens and mobile phones.
- 5. Those who often stay up late and have dark circles.
- 6. Those who often stay in a dry or hot environment.

Inapplicable Range

- 1. Those who had just undergone plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
- 3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
- 4. Those with skin trauma or wound.
- 5. Those who are over aging.
- 6. Those who are pregnant or convalescents.
- 7. Those with skin disease and contagious diseases.

Notices after Operation

- 1. Avoid excessive exposure to the sun. Sun protection is encouraged.
- 2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
- 3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
- 4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
- 5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-aging

Principle Principle

RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio

frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45\,^{\circ}\text{C}^{\sim}60\,^{\circ}\text{C}$, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

- 1. Reduce fine lines and wrinkles on the neck.
- 2. Improve the flabbiness, roughness and dullness of the neck skin.
- 3. Tighten skin and increase skin elasticity.
- 4. Remove double chin.
- 5. Accelerate lymphatic detoxification and improve facial skin.
- 6. Prevent cervical and lymphatic diseases.

Applicable Range

- 1. Those with fine lines and wrinkles on the neck.
- 2. Those with loose and inelastic neck skin.
- 3. Those with dull skin.
- 4. Those who often bow their heads.

- 1. Those who have just undergone plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
- 3. Those who are having an allergic reaction, or people with severe sensitive skin.
- 4. Those with skin trauma or wound.
- 5. Those who are over aging.
- 6. Those who are pregnant or convalescents.
- 7. Those with skin disease and other contagious diseases.

- 1. Sunscreen is encouraged. Keep the neck warm.
- 2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
- 3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
- 4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
- 5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
- 6. Avoid bowing head for a long time.

Shaping Waist&Abdomen

Principle Principles

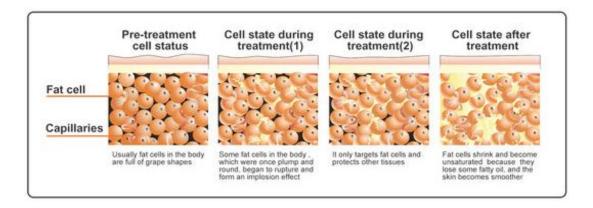
40K Ultrasonic Cavitation

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound

Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: Breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and

can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: Redundant fluid is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.
 - (2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity. Lift and revive skin elasticity.
- (2) Stimulate the production of bone collagen and improve skin plumpness.
- (3) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.



Effects

- 1. Relieve women's cold hands and cold feet, cold uterus and cold body.
- 2. Tighten the skin on the waist and abdomen.
- 3. Reduce lumbar and abdominal fat.
- 4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
- 5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

Applicable Range

- 1. Those with cold hands and cold feet and cold womb.
- 2. Those with lumbar and abdominal fat or who have sagging skin after birth.
- 3. Those sitting for a long time, or with unideal waistlines.
- 4. Those with striae due to obesity and pregnancy.
- 5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

- 1. Those with "3 Hs" (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
- 2. Those in pregnancy, menstruation or lactation.
- 3. Those who have just undergone surgical wounds or convalescents.
- 4. Those with epilepsy and severe diabetes and hyperthyroidism.
- 5. Those with malignant tumors, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those with severe gynecological diseases.
- 8. Those whose gynecological diseases are being treated.

Notes after Operation

- 1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
- 2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
- 3. Keep abdomen warm. Take a bath after 4-6 hours.
- 4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
- 5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Uterus Detoxification

Ovary is an important organ of women, and can stimulate the hormone secretion of women again, increase the level of hormones in the body, also known as the source of life of women. Good ovarian maintenance can make facial skin fine, smooth and fresh, always maintain toughness and elasticity. It can also promote reproduction and body health, regulate and secrete female hormones, and improve the quality of life of both sexes. Ovarian health can make a woman's bosom plump, compact, and mellow. Bad ovarian function will affect estrogen secretion, sexual function, quality and color of skin, and women BWH(bust,waist,hip) measurements, which results in yellowish face, bloated body, vaginal dryness, and advance entering to anile condition. So ovarian maintenance is very important for women. Women now have a lot of bad habits, such as dressing for grace and does not care about temperature, in addition to that they

often eat some cold food. If continuous for a long time they are prone to have cold womb, which can cause symptoms such as dysmenorrhea, menstrual edema and even amenorrhoea. In a word cold womb does great harm to the health of women, so be sure to take means to warm the womb, which can also achieve the effect of body-shaping.

Working Principles

Body RF

RF energy works directly on the dermis through the skin epidermis and heats up the body, with its temperature reaching 40 $^{\circ}$ C-60 $^{\circ}$ C. Through biothermal effect it enhances the blood circulation and lymph circulation of the cervical region, fast decompose adipose tissue metabolism, thereby to regulate the uterus, increase the period flow, which is good for inhibiting cold womb.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45\,^{\circ}\text{C}^{\sim}60\,^{\circ}\text{C}$, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic

nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: Breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

Effects

- 1. Improve women's gynecological problems.
- 2. Improve women's cold hands and feet, cold womb and body.
- 3. Regulate the function of female reproductive system and enhance the ovarian function.
- 4. Promote follicular development and regulate the secretion of sex hormones (estrogen, progesterone, androgen).
- 5. Adjust female reproductive system problems (dysmenorrhea, irregular menstruation, relieving premenstrual syndrome, reducing leucorrhea, increasing vaginal secretion).
- 6. Maintain youthful appearance, delay the arrival of menopause and delay aging.
- 7. Reduce excessive belly fat, e.g. love handles, muffin tops.
- 8. Tighten skin, improve stretch marks and increase skin elasticity.

Applicable Range

- 1. Those with cold hands and feet, cold womb and body.
- 2. Those with gynecological inflammatory menstruation and dysmenorrhea.
- 3. Those whose faces begin to sag.
- 4. Those who are prone to sore and soft waist.
- 5. Those with excessive belly fat, muffin top and sagging skin after child delivery.
- 6. Those who sit for long hours and has unideal waist lines.
- 7. Those with stretch marks from obesity and child delivery.

- 1. Those with 'three Hs' (hypertension, hyperlipidemia, hyperglycemia) and heart disease.
- 2. Those who are during pregnancy, menstruation and lactation.
- 3. Those whose surgical wound is healing or convalescence.

- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor and hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those with severe gynecological diseases.
- 8. Those who have gynecological disease and are being treated.

- 1. Avoid wearing crop tops, and exposure to wind and cold.
- 2. Avoid overeating, staying up late, drinking, eating raw, cold, spicy and greasy food, and drinking more hot water.
- 3. Keep your abdomen warm and bathe 4-6 hours after the treatment.
- 4. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
- 5. Rub abdomen clockwise before to double the weight loss effect.

Shaping Breasts

Working Principle

Body RF

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

Effects

- 1. Adjust chest type and reduce accessory breast.
- 2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
- 3. Reduce chest expansion.
- 4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
- 5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

Applicable Range

- 1. Those with bad breast shape and accessory breasts.
- 2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
- 3. Those with extended chest fat extended.
- 4. Those with low immunity.
- 5. Those with irregular menstruation and facial spots or whose skin is inelastic.
- 6. Those with improper developed mammary glands, postpartum breast atrophy, breast relaxation, breast duct blockage.

Inapplicable Range

- 1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
- 2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
- 3. Those with infectious lesions on the chest skin.
- 4. Patients with severe thoracic proliferative or fibroma or cyst.
- 5. Those in pregnancy and lactation.

Notes after Operation

- 1. Keep warm.
- 2. Wear styled and comfortable underwear. Don't press your chest hard.
- 3. Avoid getting cold. Take a bath after 4-6 hours.

Body Shaping

Working Principles

Body RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed

skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic. RV waves travel through epidermis and directly work on dermis in depth, and quickly heat up water molecules and generate safe thermal energy. When the natural friction of collagen tissue is heated up to $45\,^\circ\text{C}^{-}60\,^\circ\text{C}$, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.



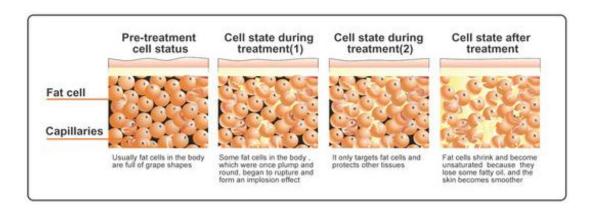
40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely

cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



Vacuum Slimming

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: Breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
 - (2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.
 - (2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity.
- (2) Lift and revive skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.
- (4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

4. Nerve layer

The suction and release of air pressure:

- (1) Stimulates the surface and deep sympathetic nervous system.
- (2) Improves skin sensitivity.
- (3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.



Shaping Arms

Effects

- 1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
- 2. Improve loose skin.
- 3. Improve flabby arms and thick arms.
- 4. Soothe loose skin.
- 5. Tighten skin.
- 6. Accelerate blood circulation and metabolism.

Applicable Range

- 1. Those with thick arms and want to look better in clothes.
- 2. Those with jiggly and flabby arms.
- 3. Those with loose arm skin.
- 4. Those whose arms are prone to pain and numbness.

- 1. Those who have just had plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
- 3. Those who are during allergic period and has severely sensitive skin.
- 4. Those with skin trauma or cut.
- 5. Those who are overly old.
- 6. Those who are pregnant and who are recovering from surgery.

7. Those with skin diseases and infectious diseases.

Notes after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. 4-6 hours later in the shower.
- 3. Drink plenty of warm water to stay hydrated.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

Shaping Back

Effects

- 1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
- 2. Dredge channels and collaterals, and improve channels and collaterals blocking.
- 3. Increase blood circulation and metabolism.
- 4. Improve blood supply to the head and sleep.
- 5. Regulate the functions of viscera and strengthen the body.
- 6. Firm skin and prevent sagging.
- 7. Improve excess fat on the back and shape the back.

Applicable Range

- 1. Those with sore shoulders and backs and stiff necks.
- 2. Those with insomnia, dreaminess and fading memory.
- 3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
- 4. Those with thick back and want to look better in clothes.
- 5. Those who has a lump on the back of the neck.

- 1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
- 2. Those are during pregnancy, menstruation and lactation.
- 3. Those whose surgical wound is healing or convalescence
- 4. Those who has "three Hs", heart disease, epilepsy and severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor and hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those who are too weak.
- 8. Those who are drunk, full, empty, thirsty and overworked.

- 1. Keep warm, avoid cold air and drink plenty of hot water.
- 2. Shower 4-6 hours after operation.
- 3. Avoid staying up late, drinking and overeating.
- 4. Avoid raw, cold and spicy foods and get enough sleep.
- 5. Avoid shoulder-baring and backless clothing.

Shaping Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

- 1. Improve blood circulation and speed up metabolism.
- 2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
- 3. Improve sleep quality, improve female sexual function and tighten the vagina.
- 4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
- 5. Make complexion ruddy, fade color spots and return to young state.
- 6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

- 1. Those with saggy hips and fat accumulation.
- 2. Those with striae induced by obesity and pregnancy,
- 3. Those whose butt shape is not good-looking, flat and soft outward expansion.
- 4. Those with cold and cool hips with low hip temperature.
- 5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
- 6. Those with decreased estrogen levels and poor sex lives.

- 1. Those who are in menstruation, pregnancy, lactation and operation recovery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc

- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Those with allergic and severely sensitive skin.
- 6. Those who have just had liposuction.
- 7. Those who are over-aging.

- 1. Keep hips warm and avoid wearing miniskirts and shorts.
- 2. Shower 4-6 hours after operation.
- 3. Drink plenty of hot water to avoid cold air.
- 4. Avoid staying up late, drinking and overeating.
- 5. Avoid eating raw, cold and spicy foods and get enough sleep.
- 6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

Shaping Legs

Effects

- 1. Tighten skin and prevent sagging.
- 2. Stimulate collagen regeneration and improve fat lines.
- 3. Increase leg circulation and detoxification, metabolism.
- 4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
- 5. Tighten excessive protruding fat on legs and rid thick thighs.

Applicable Range

- 1. Those with poor circulation of lower limbs, edema and obese people.
- 2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
- 3. Those with constipation and has coarse, flabby skin.
- 4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

- 1. Those who are in menstruation, pregnancy, lactation and operation recovery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Patients with severe varicose veins and tumors.

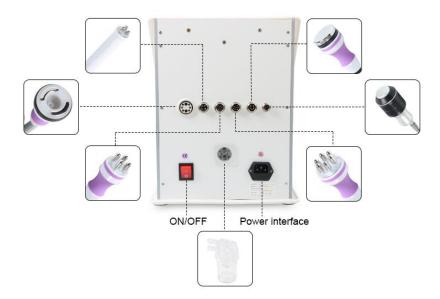
- 6. Those with allergic and severely sensitive skin.
- 7. People who have just had liposuction.
- 8. Those who are overly old.
- 9. Those who are pregnant or recovering from surgery.

- 1. Keep warm after operation. Do not eat cold food.
- 2. 4-6 hours later in the shower.
- 3. Drink more warm water to replenish water and speed up metabolism.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
- 6. Wear pants when you're done. Avoid miniskirts and shorts.

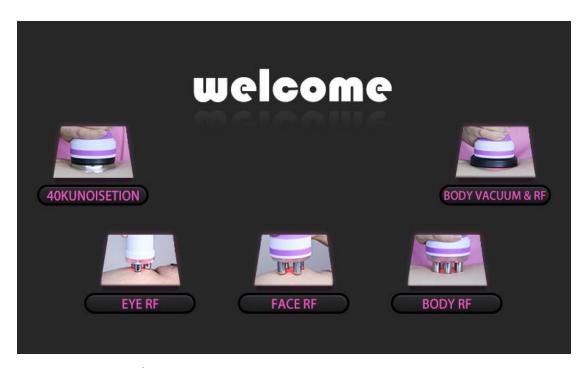
Part II

1. Detailed Operation

Detailed installation is as follows:



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection



Start/Pause



Home



Restore



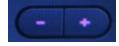
Working Time Adjustment



Time -



Time +



Energy +/-



RF Mode

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start.

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin.



LED Light

1.2 Detailed Operation: 40K Unoisetion



Select

to go to the interface below





Working Time

Each site is advised to treat for 10-20 min



Time -





40K Uniosetion Energy



40K Energy +/-

It is advised to adjust between 10%-80%



40K Consecutive Mode (Suitable for those with thick layers of fat and

fat accumulation)



40K Intermittent Mode (suitable for first-time users and those who

adapt slow)



Start/Pause

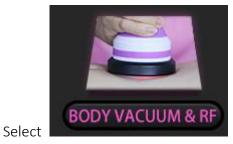


Home



Restore

1.3 Detailed Operation: Body Vacuum & RF



to go to the interface below





Working Time

Each site is advised to treat for 10-20 min



Time -



Time +



RF Energy

It is advised to adjust between 20%-80%. Adjust the energy level subjecting to one's own comfort level. Start from 10% for first-time users and add up slowly afterwards.



Energy +/-



RF Energy Mode

NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device.

PRO is the smart mode. It slowly releases energy till the set level and red LED is on after the probe comes in full contact with the skin.



Vacuum Suction Time

Adjust subjecting to one's own comfort level. It is advised to set at the minimum time and increase slowly afterwards. Reference value is 0.3-1.0. Higher number means longer suction time.



Vacuum Release Time

Vacuum release time refers to the interval between suction and release. 0 is direct suction. Higher number means longer release time. Reference value is 0.1-0.8



vacuum Mode

M1 is direct suction mode, suitable for those who opt for detoxification, scraping and body shaping.

M2 is intermittent mode with a relatively small interval rate, suitable for those who opt for slight red or purple marks and detoxification through massage and body management

M3 is intermittent mode with a big interval rate, suitable for those who opt for slight red or purple marks and detoxification through massage

M4 is intermittent mode with relatively bigger interval rate, suitable for those who opt for accelerated circulation and detoxification through massage

M5 is intermittent mode with the biggest interval rate, suitable for those who opt for relaxation through massage to relieve body fatigue

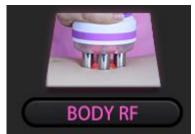
Vacuum suction tuning (counterclockwise to decrease suction and clockwise to increase suction)



Start/Pause



1.4 Detailed Operation: Body RF



Select

to go to the interface below





RF Working Time

Each site is advised to treat for 10-20 min



Time -

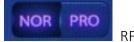


Time +



RF Energy Level





RF Mode

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start.

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin.



LED Light



Start/Pause



Home



Restore

1.5 Detailed Operation: Eye RF



Select

to go to the interface below





RF Working Time

Each site is advised to treat for 10-20 min



Time -



Time +



RF Energy Level



Energy +/-



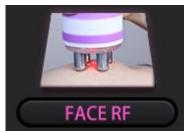
RF Mode

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start.

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin.



1.6 Detailed Operation: Face RF



Select

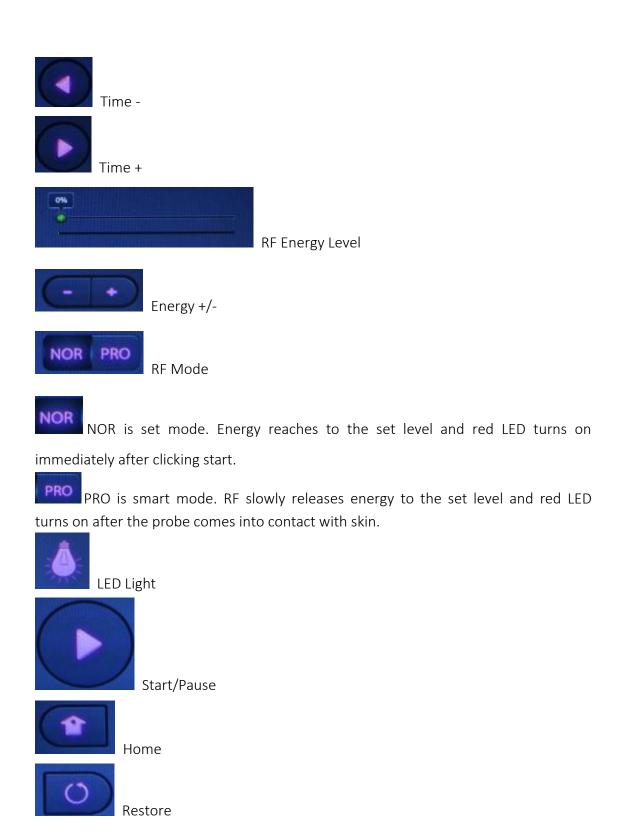
to go to the interface below





RF Working Time

Each site is advised to treat for 10-20 min



1.7 Detailed Operation: Cold Hammer



_ Click the red button to turn on cold hammer handle

and click again to turn it off

2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handle with Photon

Treatment Area: body

Measure of Treatment Area: 30cm²

Ultrasonic frequency: 40KHz

Max. Output Power: 20W

Level 2 negative voltage RF Handlepiece

Treatment Area: body

Measure of Treatment Area: 28mm²

Max. Output Power: 60W

Frequency: 1MHz

Depth of RF: 12.5mm

Depth of Pressure: 25.5mm

Max. Output of Pressure: -80KPa

Wavelength of Red PhotonLED:650nm Red light

Sextupolar RF w/ Photon Handlepiece

Treatment Area: body

Measure of Treatment Area: 17cm²

Max. Output Power: 40W

Frequency: 1MHz

Depth of RF: 6mm

Wavelength of Red PhotonLED: 650nm red light

Quadrupole RF w/ Photon Handlepiece

Treatment Area: Facial

Measure of Treatment Area: 12.5cm²

Max. Output Power: 20W

Frequency: 1MHz

Depth of RF: 5mm

Wavelength of Red PhotonLED: 650nm red light

Level 3 RF w/ Photon Handlepiece

Treatment Area: Eye/face

Measure of Treatment Area: 6cm²

Max. Output Power: 8W

Frequency: 1MHz

Depth of RF: 3mm

Wavelength of Red PhotonLED: 650nm red light

Air cooled hammer S-J1-17 Handlepiece

Treatment Area: Unlimited

Measure of Treatment Area: 6cm²

Heat dissipation method: Air cooled

Maximum temperature: 43℃

lowest temperature: -5°C

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or who are equipped with pacemaker.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.

- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.

4.Dos and Dont's

- 1. Detach and clean the head of the handles with clean water and store in place each time after treatment.
- 2. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
- 3. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
- 4. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
- 5. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
- 6. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
- 7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
- 8. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 9. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
- 10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
- 11. Use device or train device operators in strict accordance with instructions in the user manual.
- 12. When taking other weight-loss drugs, it is recommended to stop taking them for
- 1-2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
- 13. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
- 14. When operating, the instrument should fully touch the skin to avoid uneven heat.
- 15. Start from the lowest energy level and slowly add up.
- 16. When using this device, the operating parts must be kept moist and dry skin should be avoided.
- 17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

5. Troubleshooting

1. The instrument cannot be started, and the key light on the back of the instrument does not work.

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

4. No suction or very little suction?

- A. Please close the instrument and check the filter element specially used for the instrument, which may need to be replaced.
- B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.
- D. If the above methods cannot be handled, please contact the instrument dealer for assistance.

5. I can start the instrument, but the screen show's error message?

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is

heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Q:Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6.Q: Will I experience rebound after operation?

A: Ultrasound works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic cavitation treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8.Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9.Q: Can RF instrument be used for chest shaping?

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

11.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

12.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

13.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

14. Q: Why do you need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily , and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty! The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15.Q: Why do you need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below. If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.

16.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals,

clearing toxins, heat and so on.

17.Q: What does it feel like during vacuum treatment?

A: Vacuum suction will suck your skin and fat tightly before release. Higher suction level comes with stronger suction feeling. Adjust the suction intensity based on one's own comfort level.

18. Q: Why does red or purple marks appear after vacuum treatment?

A: Marks on the skin surface often appears to be dark red or blackish purple among other different colors. Some comes in patches, others come in dot shape of different shades. It mainly because of the vacuum suction effect, so that the subcutaneous capillary rupture, and red blood cells exude accumulation in the subcutaneous layer. Normally, healthy people will have a light red marks, which will recede after 3-6 hours. For those with heavy coldness and humidity in the body, the colors of the patches or dots tend to be darker, such as blackish purple, which will about a week to fade.

19. Q: What is the effect of scrapping/gua sha after vacuum treatment?

A: Scrapping can help remove the moisture in the body. It has obvious effects such as activating blood and removing blood stasis. It can effectively promote the discharge of toxins in the body. Light color and scattered dots suggest less serious disease. Dark color and more concentrated dots or patches require more treatment sessions.

20. Q: Does sha (red/purple marks) happen to everyone after vacuum treatment? A: No.

A. For people with insufficient qi and blood, they have a weak constitution and slow blood flow in the body. Even if a certain part of the body has stasis, it is often not easy to surface on the skin. At this time, we should not force it. Stick to the normal level of suction. As long as pores are open and localized part start to heat up.

B. It is not easy for those who take too much medicine, which is toxic. Long-term medication will cause immune system disorder. Long treatment time and strong suction intensity do not translate to red or purple marks.

C. It is not easy for a person who has no sub-health state and is healthy all over the body.

7. Packing List

- 1 x Main Mahchine
- 1 x 40KHz Unoisetion Cavitation Handle
- 1 x Multipolar RF Handle for Body
- 1 x Quadrupole RF Handle for Face and Body
- 1 x Three Pole RF Handle for Faceand Eyes\' Around

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Facial	Tightening	g & Repairing: 45 min	, once/week
RF Energy: 30%-80% Cold Hammer Mode: COLD Energy Level: 30%-80%	Makeup removing oil+ Cleanser+ Cleaning mask+ Essence+ Cold Hammer+ Sheet mask	1. Remove makeups and cleanse face, around eyes and neck, 5 min. 2. Apply toner, 2 min. 3. Apply cleaning mask, 10 min. 4. Clean face, 2 min. 5. Apply (repairing, anti-wrinkle, hydrating, etc) essence evenly all over the face, 1 min. 6. RF Treatment Stroke upwards in small circular motions. Move in parallel lines from the chin to the forehead, 3 times. 7. Coupled with hand, lift upwards from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple and lift the canthus, 3 times. 8. Lift towards hairline on forehead, 3 times. 9. Do the same on the other side. 10. Apply hydrating mask,	Technique7 Technique8 Technique8 Technique12

15 min.	
11. Remove the mask and	
wash face clean, 2 min.	
12. Apply toner and	
essence. Move around the	
entire face with Cold	
Hammer handle to repair	
skin and lock in moisture.	
13. Apply toner, essence,	
cream and sunscreen.	

Suggested Treatment:

10 treatments account for a full course. Once done, skin feels tightened. After one course, skin is brightened, and skin is refined. 2 courses help increase elasticity, boost skin

	3 courses help ma	and, brighten dull skin and intain skin condition, prevent s	skin sagging and aging, and
	Eye Anti-	aging: 40min, once/	week
RF Energy: 30%-80%	Makeup removing oil+ Cleanser+ Toner+ Eye essence+ Eye mask	1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply essence evenly around eyes and gently massage to rub it in, 1 min. 4. Push the following acupoints: Jingming (BI-1), Cuanzhu (BI-2), Yuyao (EM3), Sizhukong (TE-23), the Temple, Tongziliao (Gb-1), Chengqi (St-1) using middle and ring fingers, 3 times. 5. Move hands in circular motion on eyes and push temples, 3 times. 6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times. 7. Lift middle and ring fingers from inner eye corner to upper eyelids and	Technique4 Technique4 Technique6 Technique7

- slide to back of the ear, 3 times.
- 8. Lift eye corners with "scissor" hand gesture, 3-5 times.
- 9. Repeat the previous operation on the other side,3 times.
- 10. Move hands in circular motion on eyes and push temples, 3-5 times.

11. RF Treatment

Move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.

- 12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.
- 13. Lift from the beginning of the eyebrows to the end, 3-5 times.
- 14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.
- 15. Apply eye masks, 15 min.
- 16. Clean face and eye area,2 min.
- 17. Apply toner, face essence, eye essence, cream and sunscreen.



Technique8



Technique11



Technique12,14



Technique13



Suggested Treatment:

10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Neck Anti-aging: 45 min, once/week

RF Energy:	Makeup	1. Remove makeup and	Technique3
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30%-80%

removing oil+ Cleanser+ Massage cream+ Essence+ Neck mask

cleanse face, 5 min.

- 2. Apply toner, 1 min.
- 3. Neck Massage

Apply and rub oil on the chest with both hands to the back of the neck and point to Fengchi (Gb-20) and Fengfu (Du-16), 3 times.

- 4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.
- 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.
- 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.
- 7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.
- 8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.
- 9. Do the same on the other side.
- 10. Wash neck clean, 2 min.
- 11. Apply essence evenly, 1 min.

12. RF Treatment

Coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.

13. Move the device in circles on one side of neck to pass under armpit, 3



Technique4,5,6,7,8,12



Technique13,



Technique15



Technique16



	times.	
	14. Slide the device from	
	external clavicle to the	
	armpit, 3-5 times.	
	15. Move the device in	
	circles on the whole neck	
	area, 3 times.	
	16. Coupled with hand, lift	
	neck in lines, 3-5 times.	
	17. Do the same on the	
	other side.	
	18. Clean neck, 2 min.	
	19. Apply neck mask, 15	
	min.	
	20. Wash neck clean, 2 min.	
	21. Apply toner, essence	
	and neck cream.	
	•	

Suggested Treatment:

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Shaping Waist&Abdomen: 45 min, once/week

Body	Essential oil+	1. Apply and rub oil on	Technique1,7,10
Vacuum&RF	Ultra gel+	abdomen with hands, 3	
Energy:	Dry towel	times.	
30%-80%		2. Rub stomach back and	(.)
		forth with both hands, 3-5	
Suction Time:		times.	
0.3-1.0		3. Knead abdomen with	
		both hands using	Technique2
Release Time:		chiropractic techniques, 3	
0-0.5		times.	
		4. Lift Dai Channel (BV) on	
40K Uniosetion		both sides of waist with	
Energy:		both hands alternately, 16	
30%-80%		times.	
		5. Move hands as if writing	Technique3
Mode:		an "8" number on waist, 3	
		5. Move hands as if writing	Technique3

Consecutive times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the treatment area, 3 times. Technique4 8. Push on the following acupoints Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan Technique5 (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), Qugu (Ren-2), 2 times. 9. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide them to waist and the lift Technique6 upwards to groin, 3 times. 10. Caress the treatment area with hands and slide to groin. 11. Apply gel evenly all over the abdomen, 1 min. 12. 40 K Unoisetion Technique8 Treatment Starting from one side of the waist, lift the device to abdomen and groin, 3 times. 13. Lift the other side with the same technique, 3 times. Technique9 14. Move the device on abdomen in small circular motions, 3 times.

15. Move the device on abdomen in big circular

16. Move the probe in

figure 8 on waists, 3-5 times. 17. Move the device on Technique12

motions, 3 times.

waist and abdomen vertically back and forth, 3-5 times.

18. Coupled with hand to lift Dai channel (BV) on sides of the waits, 16 min.
19. Clean waist and abdomen with hot towel and apply gel evenly, 2 min.
20. Apply essential oil evenly all over the

21. Body Vacuum &RF Treatment

abdomen, 1 min.

Starting from one side of the waist, lift the device to abdomen and groin, 3 times.

22. Lift the other side with the same technique, 3 times.

- 23. Move the device on abdomen in small circular motions, 3 times.
- 24. Move the device on abdomen in big circular motions, 3 times.
- 25. Trace main channelsdown to the groin, 3 times.26. Coupled with hand tolift Dai channel (BV) on sidesof the waits, 16 min.27. Clean waist and
- abdomen with dry towel, 2 min.



Technique14.23



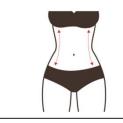
Technique15.24



Technique16



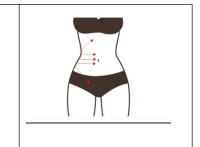
Technique17.25



Technique18.26



Technique22



Suggested Treatment:

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Uterus Detoxification: 45 min, once/week			
RF Energy:	Essential	1. Apply and rub oil on	Technique1,6
30%-80%	oil+	treatment area with hands, 3	
	Hot towel	times.	
Vacuum&RF		2. Rub stomach back and	(.)
Energy:		forth with both hands, 3-5	
30%-80%		times.	
		3. Lift Dai Channel(BV) on	
Suction Time:		both sides of waist with both	Technique2
0.3-1.0		hands alternately, 16 times.	
		4. Move hands as if writing	
Release Time:		an "8" number on waist, 3	
0-0.5		times.	
		5. Push channels and	
		collaterals from top to	1 11 1
		bottom with hands	Technique3
		alternately:	
		Ren Channel (CV) 2 cun	
		away of, Kidney Channel	
		(KD) 4 cun away, Stomach	
		Channel(ST) 6 cun away,	
		Spleen Channel (SP) 8 cun	
		away, Liver Channel (LI)	Technique4
		two sides, Gallbladder	
		Channel(GB), 3 times.	
		6. Move hands in circular	

motion and caress the treatment area, 3 times.

- 7. Rub hands together until they're warm and put them on lower abdomen.
- 8. Clean abdomen with hot towel, 2 min.
- 9. Apply gel evenly on the treatment area, 2 min.

10. RF Treatment

Starting from one side of the waist, lift the device to abdomen and groin, 3 times.

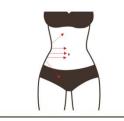
- 11. Move the device on abdomen in small circular motions, 3 times.
- 12. Move the device on abdomen in big circular motions, 3 times.
- 13. Push the probe on abdomen through channels in bottom-up order to groin, 3 times.
- 14. Combined with hands: lift Dai Channel (BV) on two sides of the waist, 16 times.
- 15. Vacuum&RF Treatment Lift from one side of the waist to abdomen and lift in parallel lines till the groin, 3 times.
- 16. Push the probe on abdomen through channels in bottom-up order to groin, 3 times.
- 17. Select M3 mode and slowly move around the belly naval, 3 times.
- 18. Coupled with hand, lift from two sides of the waist to groin, 3-5 times.
- 19. Clean the treated area with hot towel, 2 min.



Technique5,13



Technique10



Technique11



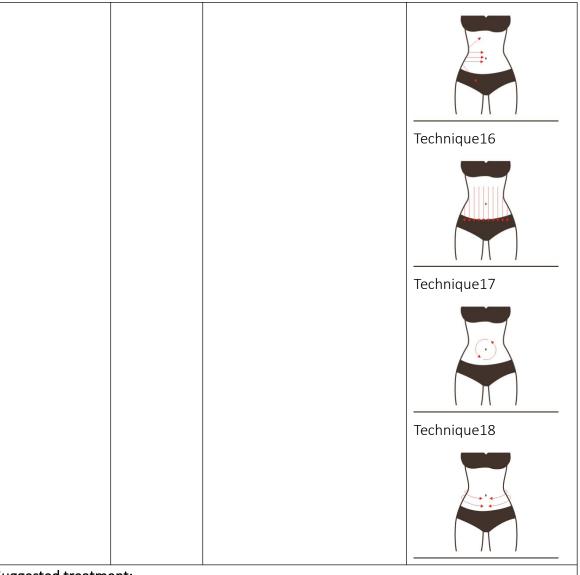
Technique12



Technique14



Technique15



Suggested treatment:

10 treatments account for a full course. Once done, abdominal temperature increases, meridian dredges. After a course, metabolism speeds up, constipation and dysmenorrhea improves. After 2 courses, menstrual flow returns to normal, cold feet improves. 3 courses help strengthens the function of warm womb, regulate the female reproductive system problems, reduce leucorrhea, increase vaginal secretion, delay menopause, delay aging, and skin giving out a healthy complexion.

Shaping Breasts: 45 min, once/week

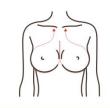
Body RF	Massage	1. Stand at the head of the	Technique1,3,6,10
Energy:	cream	bed, both hands from	
30%-80%	(Essential	Shanzhong (Ren-17) point	
	oil)+	began to rub oil to armpit up	
	Towel	at the same time lift the	
		suspension ligament (this is	

to caress treatment area) 3 times.

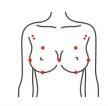
- 2. Both hands thumb point: Shanzhong (Ren-17), Rugen (St-18), Dabao (SP-21), Yingchuang (St-16), Zhongfu (LU-1), Yunmen (LU-2), 3 times.
- 3. Caress the treatment area, 3 times.
- 4. Overlap both palms from Shanzhong (Ren-17) point to chest both sides back and forth as if writing an "8" number, 3 times.
- 5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.
- 6. Caress the treatment area, 3 times.
- 7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.
- 8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.
- 9. Use the thumb to dredge the nodules in the chest, 3 times.
- 10. Lift the whole chest with hands, 3-5 times.
- 11. The technique on the other side is the same as above.

12. RF Treatment

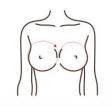
First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.



Technique2



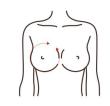
Technique4



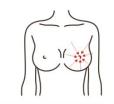
Technique5



Technique7



Technique8,12



Technique9,14

13. Draw half a circle along
the chest to lift and pull
from the bottom to the
collarbone, combining with
hand comfort, 5-8 times.
14. Make small circles to
clear the nodule site for 3-5
times.

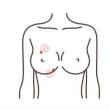
15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.

16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times

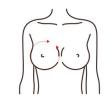
17. The technique on the

other side is the same as above.

18. Clean breasts with hot towel, 2 min.



Technique13



Technique15



Technique16



Suggested Treatment:

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

Shaping Arms: 60 min, once/week

RF Energy:	Essential oil+	1. Left-right order: lay the	Technique1
30%-80%	Ultra gel+	arm flatwise, apply and rub	1.
	Towel	oil in from lower arm to the	
40K Unoisetion		entire arm and slide to the	
Energy:		fingers, 3 times.	()) .
30%-80%		2. Push the entire arm with	
		both palms, 3 times.	

Mode: Intermittent

3. Push hands upwards tracing three main collateral channels:

Large Intestine Meridian(LI) - Triple Energizer
Meridian(TE) - Small
Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.

- 4. Caress the treatment area, 3 times.
- 5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.
- 6. Caress the treatment area, 3 times.
- 7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm:

Lung Meridian(LU) Pericardium Meridian(PC) Heart Meridian(HT) to
armpit, with hukou pointing
upwards, 3 times
respectively.

- 8. Rub three channels back and forth with kneeling fingers, 3 times.
- 9. Caress the treatment area and slide to fingers.10. Do the same on the other side.
- 11. The end of massage techniques.
- 12. Apply gel evenly on the arms.

13. 40K Unoisetion Treatment

Lay arms flatwise and start from fat part of lower arm,

Technique2,3,4,5,6



Technique7



Technique8,16,18



Technique9



Technique12,15



Technique13,14



tracing three channels to armpit, 3 times.

- 14. Move the device in annular motion, tracing three channels to armpit, 3 times.
- 15. You may double the operation on flabby arms, 3 times.
- 16. Trace three channels to armpit, 3 times.
- 17. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.
- 18. Trace three channels on upper arm and move the device in circles to armpit, 3 times.
- 19. Trace three channels from upper arm to armpit.

20. RF Treatment

- 21. Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.
- 22. Move the device in annular motion, tracing three channels to armpit, 3 times.
- 23. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.
- 24. Trace three channels on upper arm and move the device in circles to armpit, 3 times.
- 25. Do the same on the other arm.
- 26. Clean arms with towel.

Suggested Treatment:

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin

appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Shaping Back: 60 min, once/week

RF Energy:	Essential oil+	1. Apply oil on back and	Technique1,10
30%-80%	Towel	press Fengchi (Gb-20), and	J++1
		Fengfu (Du-16) points.	
/acuum & RF		2. (Starting from hairline)	
nergy:		stroke Da Ban Jin with	
30%-80%		thumb, 3-5 times.	YUUY
		3. Move thumb outwards	
Suction Time:		from Du Channel (GV)to the	Technique2
0.3-1.0		8 Crevice area and then to	1.1
		Fengchi (Gb-20), and Fengfu	
Release Time:		(Du-16) point.	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
0-0.5		4. Starting from neck to	$(\langle \rangle \ (\rangle)$
		caudal vertebra, move	
Mode: M1		hands in S-shape, 3 times.	
		5. Push Bladder Channel(BL)	Technique3
		with thumb in left-right	1.5
		order, 3 times.	
		6. Push Bladder Channel(BL)	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
		to baliao area with both	$(\langle \rangle \equiv \langle \rangle)$
		thumbs, at the same time, 3	
		times.	
		7. Push Bladder Channel(BL)	Technique4
		in three kneeling fingers, 3	1.5
		times.	(3)
		8. Push scapula slot with	/ N > (N)
		both hands alternately in	$(\langle \rangle \leq \langle \rangle)$
		left-right order, 3-6 times.	
		9. Push scapula slot with	1 1
		both hands horizontally, 3-6	Technique5,6,7,13,14,
		times.	1.5
		10. Caress the back with	
		both hands and push	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
		Fengchi (Gb-20), and Fengfu	$(\langle \rangle \langle \rangle)$
		(Du-16) points, 3 times.	
		11. Overlap both thumbs	l ▼ 1

and push Tianzong (SI-11) point and slide to the arm, 3

Technique8,17

times.

- 12. Repeat the previous action on another arm, 3 times.
- 13. Rub on Du Channel (GV) and Bladder Channel (BL) until they turn hot.

14. RF Treatment

Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.

- 15. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.
 16. From Da Ban Jin to neck, move the device back and forth, 3-5 times.
- 17. Lift the device on scapula slot in left-right order, 3-5 times.
- 18. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.
- 19. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.
 20. Lift from sides of waist upwards to armpit, 3-5 times.

21. Vacuum &RF treatment:

22. Starting from Du
Channel (GV) to Bladder
Channel (BL), move the
device from neck to the 8
Crevice area, 3-5 times.
23. From Da Ban Jin to
neck, move the device back
and forth, 3-5 times.
24. Lift the device on



Technique9



Technique11



Technique15



Technique16



Technique18



Technique19

scapula slot in left-right order, 3-5 times.

25. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.

26. Lift from sides of waist upwards to armpit, 3-5 times.

27. Clean back with hot towel.



Technique20



Suggested Treatment:

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

Shaping Buttocks: 60 min, once/week

RF Energy:	Essential oil+	1. Standing on the side,	Technique1,4,10
30%-80%	Ultra gel+	accumulate oil on hands and	/ \
	Towel	then slide to the waist and	
40K Unoisetion		then lift up along the hips	
Energy:		from the waist, 3 times (this	
30%-80%		is to caress the treatment	
		area.)	
Mode:		2. Repeatedly push the 8	Technique2
Consecutive		Crevice area with two	/ \
		thumbs.	Z IIII \
		3. Caress the treatment	
		area for 3 times and then	
		point: Shenyu (Bl-23), 8	
		Crevice area, Changqiang	
		(Du-1), Huantiao (Gb-30),	Technique3
		Chengfu (Bl-36), 3 times.	
		4. Caress the treatment	

area, 3 times.

- 5. First left, then right, with both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) Kidney Channel (KI) Liver Channel (LV) Gallbladder Channel (GB) Dai Channel (BV) , 3 times each.
- 6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.
- 7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.
- 8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.
- 9. Repeat the previous operation.
- 10. Caress the treatment area.
- 11. The technique on the other side is the same as above.

12. RF Treatment:

Lift from the thigh root to the vein line by line, 3 times. 13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.

- 14. Circle your hips, 3 to 5 times.
- 15. Lift 3 times from thigh



Technique5,12,15



Technique6



Technique8,13,16



Technique14



root to vein. 16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times. 17. The technique on the other side is the same as above. 18. 40K Uniosetion Treatment: Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks. 19. Move in small circular motions around the buttocks, 5-8 times. 20. Lift from the end of thigh to Dai channel in

Suggested Treatment:

10 times account for a full course. After one treatment, buttocks feel lifted and heated. After a course, hip curve starts to show, excess fat slowly disappears, skin becomes tight. 3 courses help improve gynecological problems like cold body and cold uterus. Menstruation returns to normal. It helps consolidate the effect and increase the female sex appeal.

parallel lines, 3 times.

towel.

21. Clean buttocks with hot

Shaping Legs: 70 min, once/week

Vacuum&RF	Essential oil	1. Prone Position - Rear Leg	Technique1. 2. 3. 4. 7
Energy: 30%-80%	(massage cream)+ Ultra gel+	Treatment In left-right order, apply and rub oil in from calf to thigh	
Suction Time: 0.3-1.0	Towel	to heel, 3 times. 2. Alternately push the entire leg from bottom to	
Release Time:		top and wrap back into the	Technique5
0-0.5		heel, 3 times 3. Move hands upwards to	
Mode: M1		four main collateral channels:Bladder Channel	

40K Energy: 30%-80%

Mode: Consecutive

- (BL) Kidney Channel (KI) -Liver Channel (LV) -Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.
- 4. Push hands alternately to popliteal fossa, 3 times.
- 5. Twist both hands upwards alternately as if twisting a fired dough, 3 times.
- 6. Caress the treatment area, 3 times.
- 7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.
- 8. Caress the treatment area, 3 times.
- 9. Do the same on the other side.
- 10. Clean with hot towel, 2 min.
- 11. Apply gel evenly on treatment area, 2 min.

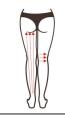
12. 40K Ultrasonic Cavitation Treatment

Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB), 3 times.

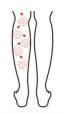
- 13. Move the device in circular motion on calf, 3 times.
- 14. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.15. Push from popliteal
- 15. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.



Technique12



Technique13



Technique14. 18



Technique15. 17. 19



Technique16. 20



Technique21

- 16. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.
- 17. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.
- **18. Vacuum&RF Treatment:** Move the device from popliteal fossa to Bladder Channel (BL) Kidney Channel (KI) Liver Channel (LV) Gallbladder Channel
- 19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.

(GB), 3 times.

- 20. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.
- 21. Coupled with hand, liuft from sides of the leg to the middle, 3-5 times.
- 22. Supine Position Foreleg Treatment

Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.

- 23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times
- 24. Move hands upwards to four main collateral channels: Spleen Channel (SP) Stomach Channel (ST) Liver Channel (LV) -
- Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3



Technique 22. 23. 24.25



Technique29



Technique30



Technique31



Technique32



times.

25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.

26. 40K Unoisetion

Treatment:

Lift the device towards knee while tracing 3 collaterals, 3 times(start from thigh if there's not enough unwanted fat on calf.)

- 27. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)
- 28. Lift the device from knee to thigh root in lines, 3 times.
- 29. Move the device in small circles on thigh, 3 times.
- 30. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.
- 31. Lift the device from knee to thigh root in annular motion, 3 times.
- 32. Lift the device from knee to thigh root in lines, 3 times.

33. Vacuum&RF Treatment:

Lift the device from knee to thigh root in lines, 3 times.

- 34. Move the device in small circles on thigh, 3 times.
- 35. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.
- 36. Lift the device from knee to thigh root in annular motion, 3 times.

37. Do the same on the	
other side.	
38. Clean the treated area	
with hot towel, 2 min.	

Suggested Treatment:

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.