

User Manual

MS-56F1



Preface

Dear users:

We're pleased to present to you our 5-in-1 beauty machine featured with weight loss, figure slimming, anti-aging and so on. It is a multifunctional beauty machine, targeted body, mainly focusing on lifting and tightening of body skin, fat dissolving and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF, ultrasound and fat-freezing machines are for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

RF, ultrasonic, and fat-freezing beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging. Combined with 40K and fat-freezing technology, it doubles the results of body management.

Advantages

1. 5-in-1 multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
7. Vacuum fat-freezing technology help speed up the results.
8. RF and 40K unioisetion heads both have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.
9. The effect of freezing is only for the fat layer, so it will not freeze the viscera or the skin.
10. Lipo laser fat dissolving: Even fat dissolving; leave no scars; Safe and painless.

Shaping Waist&Abdomen

Working Principles

40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.

RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has

acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Laser Fat Removal

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

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LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

Effects

1. Improve soft and sagging skin of waist and abdomen.
2. Improve excessive fat of waist and abdomen, beer belly and love handles.
3. Tighten skin and increase skin elasticity.
4. Relieve stretch marks, obesity lines
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.
6. Dissolve fat while at the same time tighten skin.

Applicable Range

1. Those with lumbar and abdominal fat or beer belly.
2. Those who have sagging or soft skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.
5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Shaping Breasts

Working Principle

RF

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

Effects

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

Applicable Range

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improper developed mammary glands, postpartum mammary gland atrophy, sagging breast, blocked breast duct and other conditions.

Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.

3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

Notes after Operation

1. Keep warm.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

Shaping Arms

Working Principles

40K

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continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

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Laser Fat Removal

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Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

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and also achieve the effect of body-sculpting.

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Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe loose skin.
5. Tighten skin.
6. Accelerate blood circulation and metabolism.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

Shaping Back

Working Principles

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Effects

1. Relieve shoulder and back soreness.
2. Increase blood circulation and metabolism.
3. Improve blood supply to the head and sleep.
4. Firm skin and prevent sagging.

5. Improve excess fat on the back and shape the back.

Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who work facing computer screen for long hours and experiencing neck discomfort.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

Shaping Buttocks

Working Principles

40K

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instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

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Laser Fat Removal

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Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with striae induced by obesity and pregnancy,
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

Notes after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

Shaping Legs

Working Principles

40K

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Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Laser Fat Removal

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

Biological Effect

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells

that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Tighten excessive protruding fat on legs and rid thick thighs.
4. Improve soft and loose skin.
5. relieve leg soreness and pain.
6. Improve leg stretch marks induced by obesity.

Applicable Range

1. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
2. Those with course skin.
3. Those with loose skin.
4. Those with poor proportion of legs and desire to change that.
5. Those who walk long miles and experience soreness of legs.
6. Those with excessive fat accumulation of legs.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant or recovering from surgery.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

6. Wear pants when you're done. Avoid miniskirts and shorts.

Body Sculpting & Slimming

Effects

1. Relieve shoulder and back soreness, and accelerate metabolism.
2. Stimulate collagen regeneration, firming and shaping.
3. Improve loose and soft waist and abdomen skin.
4. Improve the jiggly and thick arm.
5. Relieve soreness and no strength of limbs.
6. Improve unwanted fat on the back, waist and abdomen.
7. Tighten skin and prevent sagging.
8. Dissolve excessive body fat and accelerate metabolism.
9. Improve stretch marks, fat marks, and increase skin elasticity.
10. Improve constipation and intestinal peristalsis.

Applicable Range

1. Those who sit for long hours and don't look good at the waist.
2. Those with unwanted fat on waist and abdomen, prominent beer belly.
3. Those who has loose skin after delivery.
4. Those with striae induced by obesity and pregnancy.
5. Those with big arms, thick back, poor leg shape ratio and want to look better in clothes.
6. Those with jiggly and flabby arms.
7. Those with loose skin on arms and legs.
8. Those whose hands and legs are easily sore and numb.
9. Those with sore shoulders and backs and stiff necks.
10. Those with insomnia and dream, memory decline of the population.
11. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
12. Those who have low immunity and feel discomfort and pain all over the body are susceptible to colds.

Inapplicable Range

1. Those who are during pregnancy, menstruation and lactation.
2. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those who have just had liposuction.
5. Those with severe varicose veins and tumors.
6. Those whose surgical wound is healing or recovering.

7. Those with skin diseases and infectious diseases.
8. Those with severe gynecological diseases.
9. Those with gynecological diseases being treated.
10. Those with allergic and severely sensitive skin.
11. Those with skin trauma or cut.
12. Those who are overly old.
13. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
14. Those who are too weak.
15. Those who over-drink, full, empty, thirsty and overworked.

Notes after Operation

1. Avoid wearing clothes that show navel, shoulder or back, miniskirts or shorts, and avoid getting cold from the wind.
2. Avoid overeating, staying up late, drinking and eating raw, cold, spicy and greasy food.
3. Keep warm after operation, and do not bathe until 4-6 hours apart.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.
6. Drink plenty of hot water to hydrate and speed up metabolism.

Fat Freezing Slimming

Working Principle

Fat freezing utilizes triglycerides in human fat to transform into solid state at low temperature of 5 degrees Celsius. The frozen energy is precisely controlled by a non-invasive freezing energy extraction device and transferred to the designated fat-soluble sites. The designated fat cells are targeted to eliminate and the designated fat cells reach a specific level when they are cooled. After low temperature, triglyceride transforms from liquid to solid, and dies one after another after crystallization and aging. Through metabolism, the body fat gradually decreases, thus achieving the effect of local fat-free and fat-soluble shaping.

Biological Effects

It utilizes on one characteristic of the fat cells, and that is it's particularly sensitive to low temperature, while adjacent tissue cells, blood cells and peripheral nerve cell, melanocyte, fiber cells or less fat fat cells have low sensitivity to coldness. This difference determines on specific low temperature (0-10°C), fat cells will be inactivated while other tissue cells will stay intact. The fat cells then go from normal liquid to solid at 4-5°C. The temperature of the handle can be as low as 0-10°C, and

the temperature transferred to the fat is about -4 to 5°C. After about 45 minutes of freezing, the fat cells become solid, and when they do become solid, they don't stay in the body for very long. From liquid to solid, fat are reduced. Aging fat cells are expelled from the body by the liver and urine as the body's normal metabolism.

Effects

1. Disperse hard and thick fat and cellular tissue and dissolve adipocytes.
2. Reduce fat and eliminate obesity.
3. Relieve skin aging, tighten and shape, make skin firm and elastic.
4. Dissolve fat to build a perfect curved body.
5. Shape A4 waist, slender legs and small buttocks.

Applicable Range

1. Those with pear shape body induced by long hour sitting.
2. Those with flabby arms.
3. Those with unproportioned legs (thick thigh and thin calf).
4. Those with sagging skin.
5. Those with obesity induced by binge eating and drinking.
6. Those with postpartum abdomen skin laxity, protruding belly, redundant waist fat, and stretch marks.
7. Those who can not rid redundant fat on certain body parts despite of healthy diet and regular exercise.
8. Those with redundant fat on waist and abdomen, such as love handles.
9. Those with expanding hips, excessive and redundant fat.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
1. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
2. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
3. Those with skin trauma or wound.
4. Those who are overaging.
5. Those in menstruation, pregnancy, lactation, surgical recovery.
6. Those with skin diseases and infectious diseases.
7. Those who are unrealistic about the effects.
10. Those with long-term or ongoing use of anticoagulants, vasodilators, corticosteroids and other drugs.

11. Those with liver diseases.

Notes after Operation

1. Stay warm after treatment. Don't eat cold food. Avoid getting cold.
2. Take a bath after 4-6 hours.
3. Drink more warm water, supplement water and strengthen metabolism.
4. Avoid binge eating, drinking or staying up late.
5. Avoid eating cold or spicy food and allocate adequate sleep hours.
6. Avoid wearing crop top, backless clothes, miniskirts, shorts, etc.
7. Avoid scratching the treated area.
8. Avoid pushing or kneading the treated area.

Part II

1. Detailed Operation

Detailed installation is as follows

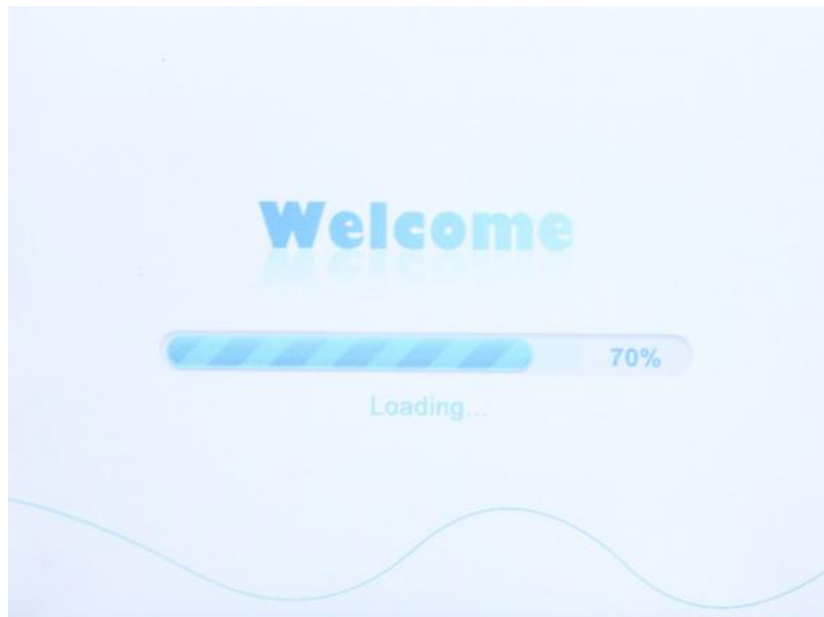




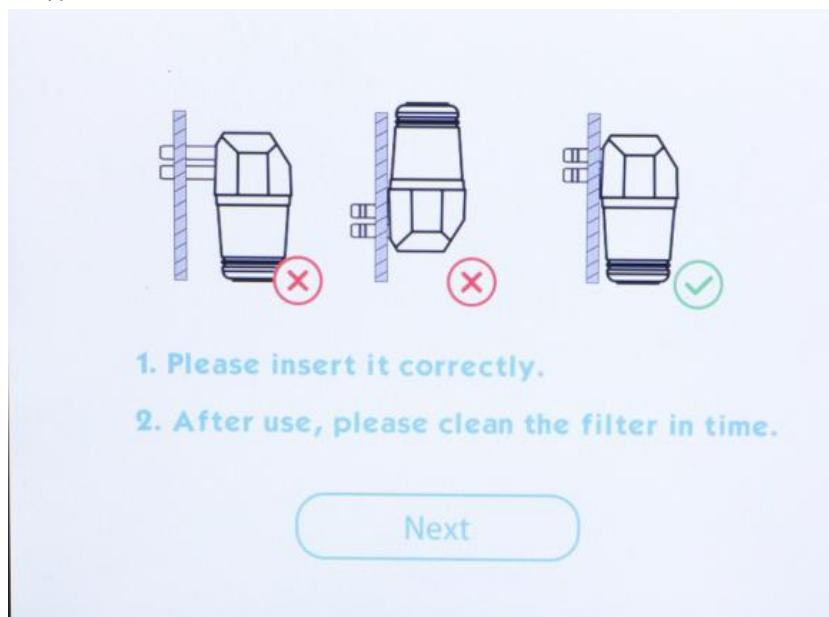
1. 40K cavitation handle jack
2. Body RF handle jack
3. 12 lipo laser pads jacks
4. Body fat freezing vacuum handle jack
5. Body fat freezing vacuum handle jack
6. Chin fat freezing vacuum handle jack
7. 3 filters
8. Inlet (infuse water into the INLET through funnel)
9. Overflow (water tank is full when water oozes out of OVERFLOW)
10. Outlet (Empty water tank every 2 months to ensure hygiene)
11. Power switch
12. Power cord jack
13. 3 suction tuning buttons (turn counterclockwise to decrease suction level and clockwise to increase suction level)

Note: Make sure the water tank is filled with water before turning it on to avoid possible damage.

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Then it goes to the interface below (Note: make sure the filter is inserted the right way)



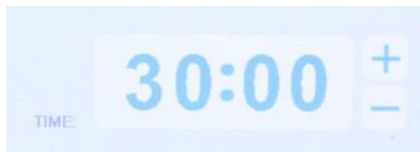
Then it goes to the interface below



1.1 Function Selection



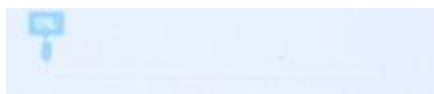
Working Time



Working Time Display



Time +/-



Energy Level Display



Energy +/-



Start/Pause



Home

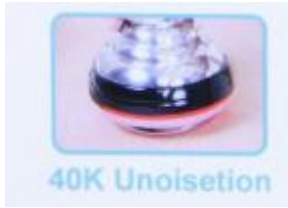


Restore

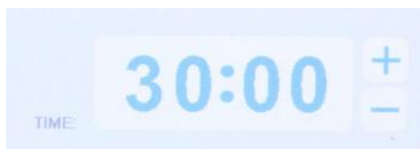
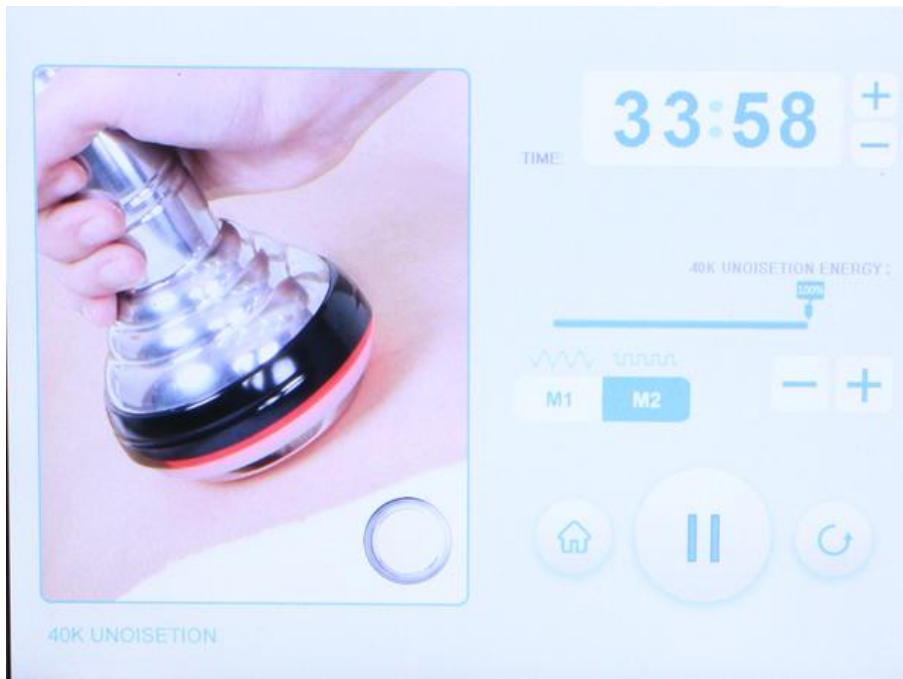


Red LED

1.2 Detailed Operation: 40K Unoisetion



Select to go to the interface below



Working Time

It is advised to treat 15 min each time on each spot.



Working Time Display



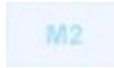
Time +/-



40K Modes



M1 is consecutive mode, suitable for those thick layers of fat and weight reduction.



M2 is intermittent mode, suitable for those who want to enhance the effect and opt for figure slimming.



40K Energy Display

It is advised to start with 10% and add up slowly after adaptation



Energy +/-

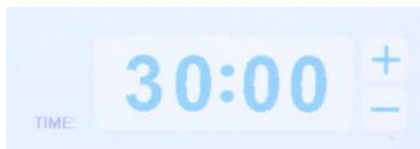


Click to start

1.3 Detailed Operation: Body RF



Select to go to the interface below



Working Time

It is advised to treat 15 min each time on each spot.



Working Time Display



Time +/-



Body RF Energy Display



RF Mode Selection

NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device. It is suitable for those who need to tight skin and remove wrinkles.

PRO is the smart mode. It slowly releases energy till the set level and red LED is on after the probe comes in full contact with the skin. It is suitable for first-time users and those who need to fade fine lines.



Energy +/-



Click to start

1.4 Detailed Operation: Lipo Laser



Select to go to the interface below



Working Time

It is advised to treat 20 min or so on each site.



Energy Level

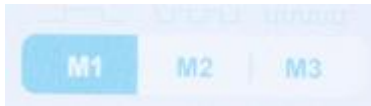
It is advised to adjust the energy level between 80%-100%. You'll experience nothing but comfort during the process.



Energy Adjustment of All Laser Paddles



Energy +/-



Mode Selection



M1 is consecutive mode: Paddles lights stay on after turning on the machine (Suitable for those with thick layers of fat and feel the need to lose weight)



M2 is intermittent mode with relatively slow rate of flashing: Paddles lights flash slowly after turning on the machine (Suitable for those who want to consolidate the effects of weight loss)



M3 is intermittent mode with relatively fast rate of flashing: Paddles lights flash quickly after turning on the machine (Suitable for those with thick layers of fat and want to enhance the effect of weight loss)



Click to start

1.5 Detailed Operation: Cooling Group3



Select to go to the interface below

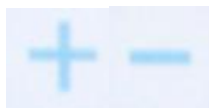


Chin Cooling Parameters



Working Time

It is advised to treat around 20 min on each site. Start with 10 min for first-time users and increase slowly after adaptation.



Time+/-



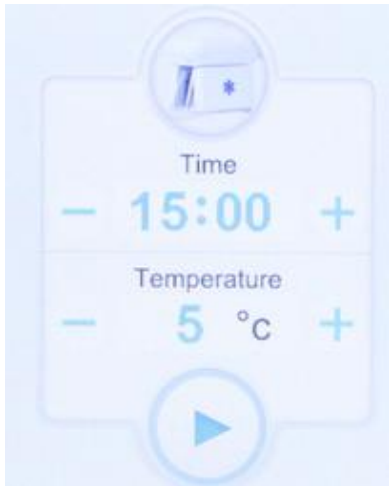
Temperature (It is advised to treat between -5°C to 5°C. For first-time users, start with 5°C.)



Temperature +/-



Click to start



Vacuum Cooling Parameters (Chin cooling and vacuum cooling share the same parameters)



Working Time

It is advised to treat around 20 min on each site. Start with 10 min for first-time users and increase slowly after adaptation.

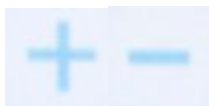


Time +/-



Temperature (It is advised to treat between -5°C to

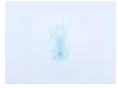
5°C. Fir first-time users, start with 5°C.)



Temperature +/-



Click to start



Temperature (The indicator turns red when abnormal temperature occurs)



Water Tank (The indicator turns red when there's not enough water volume or blocked water circulation)



Home



Restore



Vacuum Suction Tuning

Twist counterclockwise to decrease suction level, and clockwise to increase suction level

2. Technical Parameters

Cooling Handles

Small cooling handle: used for chin area

Big cooling handle: used for body area

Voltage AC110V/220V 50-60Hz

Vacuum 650mmHg

Pump flow rate 60L/min

Vacuum pressure 0-100Kpa

Freezing temperature: 0°C, -5°C,

Cooling device output :0-5Kpa

Cooling liquid pure water

Default working time:0-60min

Fuse size: F2AL250V

Cavitation frequency: 40KHz

Cavitation Power: up to 60W

Cavitation tip: 60mm diameter

RF for BODY

RF frequency: 3MHz

RF power: 30W

LED Light

Light energy output: 5mW

Light wavelength: 635-650nm

3. Dos and Dont's

1. Clean the probes with normal saline after operation and keep it properly stored after each operation.
2. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
3. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
4. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
5. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
6. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
8. Do not use on eyes, thyroid gland, parathyroid gland, testis, abdomen of pregnant women and atrial pulse generator.
9. Patients who are suffering from illness should be consult with a doctor and gain permission from the doctor before using.
10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
11. Use device or train device operators in strict accordance with instructions in the user manual.
12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before using this instrument. If you lose weight immediately, you should extend the course of treatment.
13. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
14. When operating, the instrument should fully touch the skin to avoid uneven heat.
15. Start at the lowest level of energy at the beginning of the operation, then slowly add up.
16. When receiving fat-freezing treatment, it is required to apply 2 fat-freezing

membrane on the treated area and dry skin should be avoided.

17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

18. The twisting knob is for controlling vacuum suction levels. By twisting, it adjusts suction level of (vacuum cooling applicator).

19. Fixate the laser pads on the customer first, then turn on the machine and adjust energy level; It is advised to turn the energy level from low to high slowly subjecting to the customer's comfort level.

20. Make sure the whole surface of the laser pad come in full contact with the skin, not just a small patch of skin.

21. Lipo laser paddles can be used at separate occasions; Fixate it directly on fat part and adjust energy; Each session should last around 20 minutes or so. Combine massage, RF and 40K with laser pads for a better beauty result.

22. It is advised not to use vacuum fat-freezing and 40K, RF at the same time. When conducting 40K and RF treatment, you need to wait for 2 weeks or so to conduct vacuum fat-freezing treatment, or when conducting vacuum fat-freezing treatment, you need to wait for around 28 days before you can conduct 40K and RF treatment.

4. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

A. Make sure the power cord is connected to a valid power socket.

B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. The instrument stopped working after clicking on start button?

A. It may be that the water flow of the instrument is insufficient for it to detect the flow.

B. Check whether the water tank is short on water.

3. No suction when clicking on the start button?

A. Press the start button first, then press the start button of a single handle.

B. Check whether the twisting knob is at the the minimum suction level, which can be adjusted.

C. Check whether the time has been set to zero, and adjust the time if it is set to zero.

4. No RF output?

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

5. I can start the instrument, but the screen show's error message?

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

5. FAQs

1. Q: Are there any side effects of fat freezing method?

A: Freezing weight loss is a completely non-traumatic and painless way to reduce fat. By using the principle that adipocytes are not cold-tolerant compared with other cells, adipocytes die early because of low temperature. Professional frozen constant temperature can maintain only on adipocytes, but not on other tissues of the body, without affecting skin or muscle. Fat cells after death are excreted from the body by metabolism, so there are no side effects on the body.

2.Q: How to lose weight by freezing fat?

A: Cryolipolysis fat-freezing plates are placed on the surface of human skin, cool subcutaneous tissue to 5°C, aging adipocytes ahead of time, and dying one after another, excreting in vitro through metabolism to achieve the effect of slimming. The designated part of the adipocytes in cold temperature transforms from liquid to solid, crystallize and age and discharged in vitro through metabolism, and body fat gradually reduced, so as to achieve the effect of local fat-soluble shaping.

3. Q: Is it effective to dissolve fat with cryolipolysis fat-freezing?

A: The triglyceride contained in human fat will be transformed into solid at 5°C. The cryolipolysis handle will be placed where the fat will be removed. The fat will quickly coagulate into frozen shape and the cells will be depleted (the cells will fall off and die according to the growth law). Dead cells are treated as garbage in the body, which is excreted through metabolism, and the body fat decreases, thus achieving the effect of local fat-soluble shaping. Therefore, frozen fat-soluble is an effective way to lose weight.

4. Q: Why is anti-freezing membrane required for the operation?

A: According to the principle of heat and cold in human skin, gene molecules are mixed in the anti-freezing membrane. After clinical testing, the anti-freezing membrane has proven to effectively prevent frostbite of the skin and is suitable for all skin.

5.Q: Do I need to control diet and exercise after treatment?

A: After cryolipolysis fat-freezing treatment, you should exercise regularly and pay attention to diet, because it only reduces body fat, and does not fundamentally improve the basic metabolism, so if you do not control diet and strengthen exercise,

there will be a weight rebound.

6. Q: How long can I start seeing results of cryolipolysis fat-freezing treatment ?

A: It takes about 1 to 2 months, which is related to individual constitution and metabolism. The treatment is based on the principle that adipocytes are not cold-resistant. It takes a period of time to see that adipocytes are frozen to death and wither at about 5°C and then discharged through body metabolism.

7. Q: Does it hurt during the process?

A: Because of the effect of vacuum in fat-freezing treatment, you can feel at most a slight pull feeling and local intense coldness on treated area. This kind of feeling is more apparent at the beginning. Generally single treatment time is 45 minutes or so. After the treatment, you may experience a little swelling numbness on treated area. But it doesn't get in the way of daily activities.

8. Q: Why can't I massage the treated area after operation?

A: After fat-freezing treatment, the treated area will appear temporary redness, congestion and numbness and will disappear naturally in 1-2 weeks. If you rub it by hand at this time, it will aggravate skin damage and congestion due to the decreased elasticity of the frozen skin.

9. Q: Which one is better when it comes to losing weight, liposuction or this machine?

A: Liposuction utilizes the theory of vacuum suction by sucking redundant adipose out, in order to achieve local and rapid weight loss. It's quick, but the process needs anaesthesia, which belongs to surgical operation, and requires recovery period, and has risks. While MS-7006F is risk-free and has no side effects. While losing weight, it can also stimulate collagen regeneration to tighten and improve skin, shape perfect curves through lifting and pulling, and increase the sexual appeal of women.

10. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

11. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

12. Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and

instruments to achieve remarkable results.

13. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

14.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

15.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

6. Packing List

1 x Host machine

2 x Body fat freezing vacuum handles

1 x Chin handle fat freezing vacuum handle

1 x 40Khz cavitation head

1 x 8 polar RF head for body

1 x Power supply wire

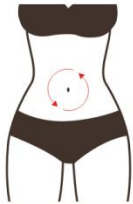
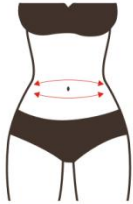
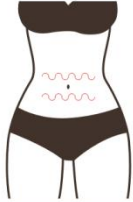
8 x Large light pads




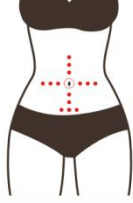

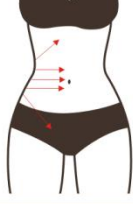
4 x Small light pads



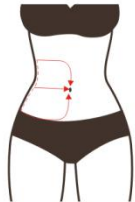

3 x Holder

1 x Key switch

7. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Shaping Waist&Abdomen: 60 min, once/week			
<p>RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>40K Energy: 30%-80%</p> <p>Mode: M1</p> <p>Lipo Laser Energy: 30%-80%</p> <p>Mode: M1</p>	<p>Essential oil+ Gel+ Towel</p>	<ol style="list-style-type: none"> 1. Apply and rub oil on abdomen with hands, 3 times. 2. Rub stomach back and forth with both hands, 3-5 times. 3. Knead abdomen with both hands using chiropractic techniques, 3 times. 4. Lift Dai Channel (BV) on both sides of waist with both hands alternately, 16 times. 5. Move hands as if writing an "8" number on waist, 3 times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the treatment area, 3 times. 8. Push on the following acupoints Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), 	<p>Technique 1, 7, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>

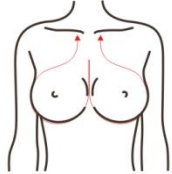
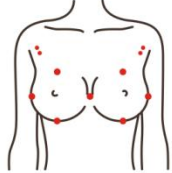
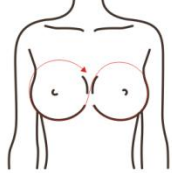
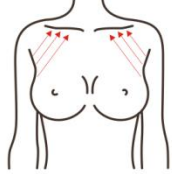
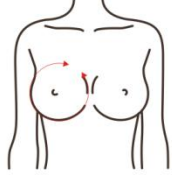
	<p>Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times.</p> <p>9. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Clean the treated area with hot towel and apply evenly.</p> <p>12. RF Move from sides of the waist to the abdomen. Move in parallel lines to lift the treatment area till groin, 3 times.</p> <p>13. Do the same on the other side, 3 times.</p> <p>14. Move the device on abdomen in small circular motions, 3 times.</p> <p>15. Move the device on abdomen in big circular motions, 3 times.</p> <p>16. Move the probe in figure 8 on waists, 3-5 times.</p> <p>17. Move the device on waist and abdomen vertically back and forth, 3-5 times.</p> <p>18. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 min.</p> <p>19. Repeat the same technique with 40K operation.</p> <p>20. Lipo Laser Strap lipo laser paddles down on fat part of the waist and abdomen; wait for around 20 min.</p>	 <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 9</p>  <p>Technique 12</p>  <p>Technique 14</p>
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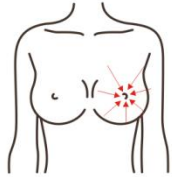
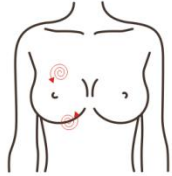


		<p>21 Take off the paddles and wipe the treatment area clean.</p>	 <p>Technique 15</p>  <p>Technique 16</p>  <p>Technique 17</p>  <p>Technique 18</p>
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Suggested Treatment:

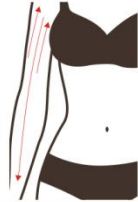
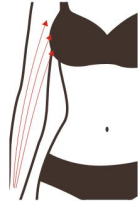



Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

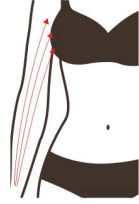


Shaping Breasts: 60 min, once/week

<p>Body RF Energy: 30%-80%</p> <p>Mode: PRO</p>	<p>Massage cream (essential oil)+ Towel</p>	<ol style="list-style-type: none"> 1. Stand at the head of the bed, both hands from Shanzhong (Ren-17) point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times. 2. Both hands thumb point: Shanzhong (Ren-17), Rugen (St-18), Dabao (SP-21), Yingchuang (St-16), Zhongfu (LU-1), Yunmen (LU-2), 3 times. 3. Caress the treatment area, 3 times. 4. Overlap both palms from Shanzhong (Ren-17) point to chest both sides back and forth as if writing an "8" number, 3 times. 5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times. 6. Caress the treatment area, 3 times. 7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times. 8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times. 9. Use the thumb to dredge the nodules in the chest, 3 times. 10. Lift the whole chest with hands, 3-5 times. 11. The technique on the 	<p>Technique 1, 3, 6, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>
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		<p>other side is the same as above.</p> <p>12. RF First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p> <p>18. Clean breasts with hot towel, 2 min.</p>	 <hr/> <p>Technique 9, 14</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>  <hr/>
<p>Suggested Treatment: 10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.</p>			

Shaping Arms: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>40K Energy: 30%-80%</p> <p>Mode: M2</p> <p>Lipo Laser Energy: 30%-80%</p> <p>Mode: M1</p>	<p>Essential oil+</p> <p>Gel+</p> <p>Device+</p> <p>Towel</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times. 4. Caress the treatment area, 3 times. 5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times. 6. Caress the treatment area, 3 times. 7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively. 8. Rub three channels back and forth with kneeling fingers, 3 times. 9. Caress the treatment area and slide to fingers. 10. Do the same on the other side. 	<p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4, 5, 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 12, 15</p>
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	<p>11. Clean the treated area with hot towel and apply gel evenly.</p> <p>12. RF Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>13. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>14. Double the treatment on flabby arms if needed, 3 times.</p> <p>15. Trace three channels to the underarm, 3 times.</p> <p>16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>17. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>18. Trace three channels from upper arm to armpit.</p> <p>19. Repeat the previous operation with 40K operation.</p> <p>20. Do the same on the other side.</p> <p>21. Lipo Laser Strap lipo laser paddles down on fat part of the arms; wait for around 20 min.</p> <p>22. Take off the paddles and wipe the treatment area clean.</p>	 <hr/> <p>Technique 13, 14</p>  <hr/> <p>Technique 16, 18</p>  <hr/>
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Suggested Treatment:

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Shaping Back: 60 min, once/week

RF Energy:
30%-80%

Mode: PRO

Lipo Laser
Energy:
30%-80%

Mode: M2

Essential oil+
Gel+
Towel

1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points.
2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.
3. Move thumb outwards from Du Channel (GV) to the 8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point.
4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.
5. Push Bladder Channel(BL) with thumb in left-right order, 3 times.
6. Push Bladder Channel(BL) to baliao area with both thumbs, at the same time, 3 times.
7. Push Bladder Channel(BL) in three kneeling fingers, 3 times.
8. Push scapula slot with both hands alternately in left-right order, 3-6 times.
9. Push scapula slot with both hands horizontally, 3-6 times.
10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.

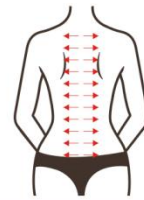
Technique 1, 10



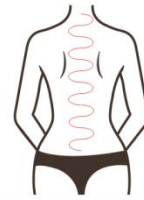
Technique 2



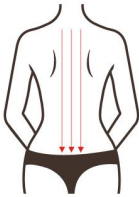
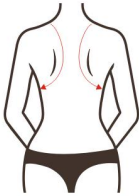


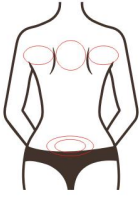
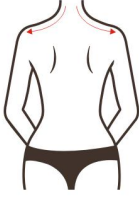
Technique 3



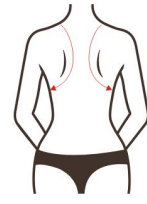
Technique 4



Technique 5, 6, 7, 13,
15

	<p>11. Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub on Du Channel (GV) and Bladder Channel (BL) until they turn hot.</p> <p>14. Clean back with towel and apply gel evenly.</p> <p>15. RF Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>16. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>17. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>18. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>19. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>20. Move in annular motions from two sides till the underarm, 3 times.</p> <p>21. Lift upwards from sides of the waist to the underarm, 3-5 times.</p> <p>22. Lipo Laser Strap lipo laser paddles down on fat part of the back; wait for around 20 min.</p> <p>23. Take off the paddles and wipe the treatment area</p>	 <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 11, 12</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>
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clean.



Technique 19



Technique 20







Technique 21

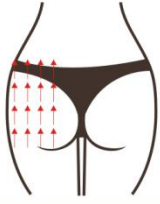
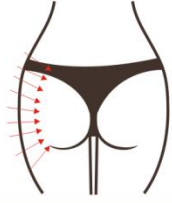



Suggested Treatment:

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, shape the back line, and improve sleep. 3 courses help with back thinning, enhance the effects and prevent rebound. (One full course helps to reduce size, two courses help to strengthen effect, three courses help with consolidation and avoid rebound.)

Shaping Buttocks: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>40K Energy: 30%-80%</p> <p>Mode: M1</p> <p>Lipo Laser Energy: 30%-80%</p> <p>Mode: M2</p>	<p>Essential oil+ Gel+ Towel</p>	<ol style="list-style-type: none">1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)2. Repeatedly push the 8 Crevice area with two thumbs.3. Caress the treatment area for 3 times and then point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times.4. Caress the treatment area, 3 times.5. First left, then right, with both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel	<p>Technique 1, 4, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 5, 13, 16</p>  <hr/> <p>Technique 6</p>
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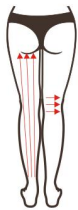


	<p>(GB) - Dai Channel (BV) , 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Clean the buttocks with towel and apply gel evenly.</p> <p>13. RF</p> <p>Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.</p> <p>14. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>15. Circle your hips, 3 to 5 times.</p> <p>16. Lift 3 times from thigh root to Dai Channel (BV).</p> <p>17. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>18. The technique on the other side is the same as above.</p> <p>19. Do the same with 40K treatment.</p> <p>20. Lipo Laser</p> <p>Strap lipo laser paddles down on fat part of the buttocks; wait for around 20 min.</p>	 <hr/> <p>Technique 8, 14, 17</p>  <hr/> <p>Technique 15</p>  <hr/>
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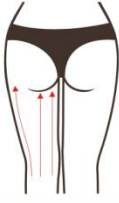



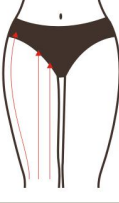
		21. Take off the paddles and wipe the treatment area clean.	
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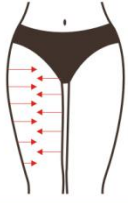
Suggested Treatment:

10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

Shaping Legs: 70 min, once/week

<p>RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>40K Energy: 30%-80%</p> <p>Mode: M1</p> <p>Lipo Laser Energy: 30%-80%</p> <p>Mode: M1</p>	<p>Essential oil (massage cream)+ Gel+ Towel</p>	<p>1. Prone Position - Rear Leg Treatment In left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>3. Move hands upwards to four main collateral channels:Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>6. Caress the treatment</p>	<p>Technique 1, 2, 3, 4, 6, 7, 8</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 11, 13</p>  <hr/> <p>Technique 12</p>
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	<p>area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean with hot towel and apply gel evenly.</p> <p>11. RF</p> <p>Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>12. Move the probe in small circular motion on the leg, 3 times.</p> <p>13. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>14. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>15. Move the device in small circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>16. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>17. Do the same with 40K treatment.</p> <p>18. Do the same on the other side.</p> <p>19. Lipo Laser</p> <p>Strap lipo laser paddles down on fat part of the rear legs;</p>	 <hr/> <p>Technique 14, 16</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 20, 21, 22, 23, 25</p>  <hr/> <p>Technique 26, 30</p>  <hr/> <p>Technique 27, 31</p>  <hr/> <p>Technique 28</p>
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	<p>wait for around 20 min.</p> <p>20. Take off the paddles and wipe the treatment area clean with hot towel.</p> <p>21. The end of rear leg treatment.</p> <p>22. Supine Position - Foreleg Treatment</p> <p>Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>24. Move hands upwards to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times.</p> <p>25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>26. Clean with towel and apply gel evenly.</p> <p>27. RF</p> <p>Lift the device towards knee while tracing 4 channels, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>28. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>29. Lift from knee to the end of thigh in parallel lines, 3</p>	 <hr/> <p>Technique 29</p> 
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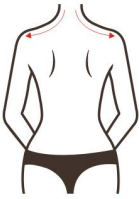
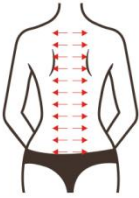
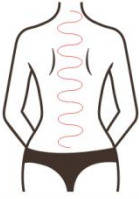
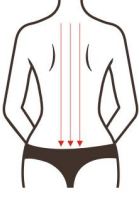
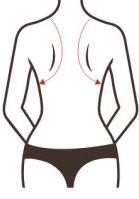
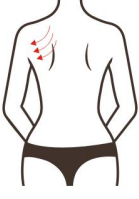
		<p>times.</p> <p>30. Move in small circular motions on entire upper leg, 3 times.</p> <p>31. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>32. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>33. Lift from knee to thigh root in parallel lines, 3 times.</p> <p>34. Do the same with 40K operation.</p> <p>35. Do the same on the other side.</p> <p>36. Lipo Laser Strap lipo laser paddles down on fat part of the legs; wait for around 20 min.</p> <p>37. Take off the paddles and wipe the treatment area clean.</p>	
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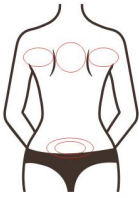
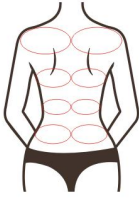


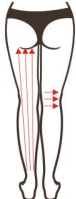
Suggested Treatment:






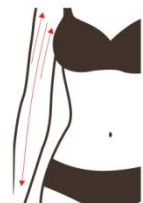
10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

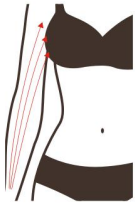



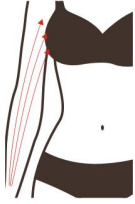

Body-Shaping&Slimming: 150 min, once/week

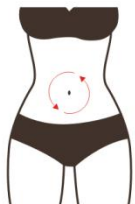
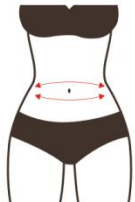
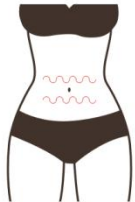
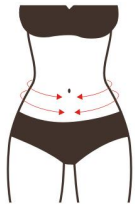


<p>Body RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>40K Energy: 30%-80%</p>	<p>Essential oil+ Gel+ Towel</p>	<p>Back</p> <p>1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points.</p> <p>2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.</p> <p>3. Move thumb outwards from Du Channel (GV) to the</p>	<p>Technique 1, 10</p>  <p>Technique 2, 17</p>
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<p>Mode: M1</p> <p>Lipo Laser Energy: 30%-80%</p> <p>Mode: M1</p>		<p>8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point.</p> <p>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> <p>5. Push Bladder Channel(BL) with thumb in left-right order, 3 times.</p> <p>6. Push Bladder Channel(BL) to baliao area with both thumbs, at the same time, 3 times.</p> <p>7. Push Bladder Channel(BL) in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.</p> <p>11. Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub on Du Channel (GV) and Bladder Channel(BL) until they turn hot.</p> <p>14. Clean back with towel and apply gel evenly.</p> <p>15. RF Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p>	 <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5, 6, 7, 13, 15</p>  <hr/> <p>Technique 8, 18</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 11, 12</p>
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	<p>16. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>17. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>18. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>19. Move the device horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>20. Move in annular motions from two sides till the underarm, 3 times.</p> <p>21. Lift upwards from sides of the waist to the underarm, 3-5 times.</p> <p>22. Lipo Laser Strap lipo laser paddles down on fat part of the back; wait for around 20 min.</p> <p>23. Take off the paddles and wipe the treatment area clean.</p> <p>24. The end of back treatment.</p> <p>Legs</p> <p>25. Legs In left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>26. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>27. Move hands upwards to four main collateral channels: Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) -</p>	 <hr/> <p>Technique 16</p>  <hr/> <p>Technique 19</p>  <hr/> <p>Technique 20</p>  <hr/> <p>Technique 21</p>  <hr/> <p>Technique 25, 26, 27, 28, 30, 31, 32</p>  <hr/> <p>Technique 29</p>
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	<p>Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.</p> <p>28. Push hands alternately to popliteal fossa, 3 times.</p> <p>29. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>30. Caress the treatment area, 3 times.</p> <p>31. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>32. Caress the treatment area, 3 times.</p> <p>33. Do the same on the other side.</p> <p>34. Clean with hot towel and apply gel evenly.</p> <p>35. RF</p> <p>Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>36. Move the probe in small circular motion on the leg, 3 times.</p> <p>37. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>38. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>39. Move the device in small circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>40. Push from popliteal fossa</p>	 <hr/> <p>Technique 35, 37</p>  <hr/> <p>Technique 36</p>  <hr/> <p>Technique 38, 40</p>  <hr/> <p>Technique 39</p>  <hr/> <p>Technique 45</p>  <hr/> <p>Technique 46, 47, 48,</p>
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	<p>tracing main collateral channels to the end of thigh, 3 times.</p> <p>41. Do the same with 40K treatment.</p> <p>42. Lipo Laser Strap lipo laser paddles down on fat part of the rear legs; wait for around 20 min.</p> <p>43. Take off the paddles and wipe the treatment area clean with hot towel.</p> <p>44. The end of leg treatment.</p> <p>Arms</p> <p>45. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</p> <p>46. Push the entire arm with both palms, 3 times.</p> <p>47. Push hands upwards tracing three main collateral channels:</p> <p>Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>48. Caress the treatment area, 3 times.</p> <p>49. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>50. Caress the treatment area, 3 times.</p> <p>51. Lay inner arm upwards, and push hands tracing three yin channel on inner arm:</p>	<p>49, 50</p>  <hr/> <p>Technique 51</p>  <hr/> <p>Technique 52, 60, 62</p>  <hr/> <p>Technique 53</p>  <hr/> <p>Technique 56, 59</p>  <hr/> <p>Technique 57, 58</p>  <hr/> <p>Technique 67, 73, 76</p>
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	<p>Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>52. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>53. Caress the treatment area and slide to fingers.</p> <p>54. Do the same on the other side.</p> <p>55. Clean the treated area with hot towel and apply gel evenly.</p> <p>56. RF</p> <p>Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>57. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>58. Double the treatment on flabby arms if needed, 3 times.</p> <p>59. Trace three channels to the underarm, 3 times.</p> <p>60. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>61. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>62. Trace three channels from upper arm to armpit.</p> <p>63. Repeat the previous operation with 40K operation.</p> <p>64. Lipo Laser</p> <p>Strap lipo laser paddles down on fat part of the arms; wait</p>	 <hr/> <p>Technique 68</p>  <hr/> <p>Technique 69</p>  <hr/> <p>Technique 70</p>  <hr/> <p>Technique 71</p>  <hr/> <p>Technique 72</p>  <hr/> <p>Technique 74</p>
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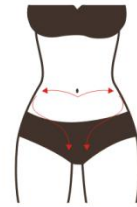
for around 20 min.
 65. Take off the paddles and wipe the treatment area clean.
 66. The end of arm treatment.

Abdomen

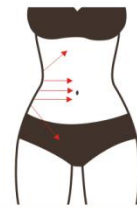
67. Apply and rub oil on abdomen with hands, 3 times.
 68. Rub stomach back and forth with both hands, 3-5 times.
 69. Knead abdomen with both hands using chiropractic techniques, 3 times.
 70. Lift Dai Channel (BV) on both sides of waist with both hands alternately, 16 times.
 71. Move hands as if writing an "8" number on waist, 3 times.
 72. Overlap hands and message the intestinal canal clockwise, 3 times.
 73. Move hands in circular motion and caress the treatment area, 3 times.
 74. Push on the following acupoints
 Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times.
 75. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.
 76. Caress the treatment



Technique 75



Technique 78



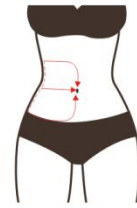
Technique 80



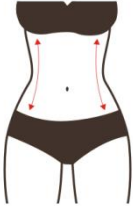
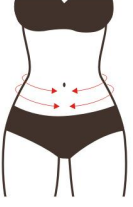
Technique 81



Technique 82



Technique 83

	<p>area with hands and slide to groin.</p> <p>77. Clean the treated area with hot towel and apply evenly.</p> <p>78. RF Move from sides of the waist to the abdomen. Move in parallel lines to lift the treatment area till groin, 3 times.</p> <p>79. Do the same on the other side, 3 times.</p> <p>80. Move the device on abdomen in small circular motions, 3 times.</p> <p>81. Move the device on abdomen in big circular motions, 3 times.</p> <p>82. Move the probe in figure 8 on waists, 3-5 times.</p> <p>83. Move the device on waist and abdomen vertically back and forth, 3-5 times.</p> <p>84. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 min.</p> <p>85. Repeat the same technique with 40K operation.</p> <p>86. Lipo Laser Strap lipo laser paddles down on fat part of the waist and abdomen; wait for around 20 min.</p> <p>87. Take off the paddles and wipe the treatment area clean.</p> <p>88. The end of abdomen treatment.</p>	 <hr/> <p>Technique 84</p> 
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Suggested Treatment:

10 times account for a full course of treatment. After one treatment, your body will feel relaxed, blood circulation boosted, and skin tightened. After a course you will see less fat on different parts of the body, collagen regenerated, and firm skin. After 2 courses

fat reduces, collagen regenerates. Loose skin and stretch marks are also improved. 3 courses will help with enhance the effects and shape up, and S curve will appear. (One course helps to reduce size, two courses help enhance the effect, three courses help prevent rebound.)

Chin Fat Reduction: 30 min, once/month

Temperature: -5°C	Towel+ Anti-freezing Membrane	<ol style="list-style-type: none"> 1. Wipe clean your chin. Place the adhesive strap under the chin. 2. Select anti-freezing membrane according to the size of the fat part of your chin and apply it evenly. 3. Set time and temperature and suction level. 4. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30 minutes. 5. Turn off the machine; take membrane and applicator off. Wipe clean treated area. 	No Diagram
Time: 10-30 min			
Suction Level: Adjust subjecting the customer's comfort level			

Suggested treatment:

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear in 1-2 weeks. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. After a full course, you will see visible results like reduced size, slimmer face and tightened skin. At later stages it can be done every 3 month for consolidating and strengthening effect.

Arm Fat Reduction: 30 min, once/month

Temperature: -5°C	Towel+ Anti-freezing Membrane	<ol style="list-style-type: none"> 1. Wipe clean your arm. Place the adhesive strap under the arm. 2. Select anti-freezing membrane according to the size of the fat part of your arm and apply it evenly. 3. Set time, temperature and suction level. 4. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30minutes. 5. Do the same on the other 	No Diagram
Time: 10-30 min			Note: Switch to chin cooling applicator if body vacuum cooling applicator is too big for arm treatment
Suction Level: Adjust subjecting the customer's comfort level			

		side. 6. Turn off the machine and take membrane and applicator off. Wipe clean treated area.	
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Suggested treatment:

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. After a full course, you will see visible results like reduced size, slender arms and tight skin. At later stages it can be done every 3 month for consolidating and strengthening effect.

Waist & Abdomen Fat Reduction: 30 minutes, once/month

Temperature: -5°C	Towel + Anti-freezing Membrane	1. Wipe clean waist and abdomen. Place the adhesive strap under the waist and abdomen. 2. Select anti-freezing membrane according to the size of the fat part of your waist and abdomen and apply it evenly. 3. Set time, temperature and suction level. 4. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30 minutes. 5. Turn off the machine and take membrane and applicator off. Wipe clean treated area.	No Diagram
Time: 10-30 min			
Suction Level: Adjust subjecting the customer's comfort level			

Suggested treatment:

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear in 1-2 weeks. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. Fat thickness reduce by 22% in average but the result varies on an individual basis. You will reduce excess fat and achieve the effect of weight loss after a course of treatment. After a full course, you will see visible results like slender waist, tight skin and reduced beer belly. At later stages it can be done every 3 month for consolidating and strengthening effect.

Back Fat Reduction: 30 minutes, once/month

<p>Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p>	<p>Towel + Anti-freezing Membrane</p>	<ol style="list-style-type: none"> 1. Wipe clean your back. Place the adhesive strap under the back. 2. Select anti-freezing membrane according to the size of the fat part of your back and apply it evenly. 3. Set time temperature and suction level. 4. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30 minutes. 5. Turn off the machine and take membrane and applicator off. Wipe clean treated area. 	<p>No Diagram</p>
<p>Suggested treatment:</p> <p>Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear in 1-2 weeks. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. Fat thickness reduce by 22% in average but the result varies on an individual basis. You will reduce excess fat and achieve the effect of weight loss after a course of treatment. At later stages it can be done every 3 month for consolidating and strengthening effect.</p>			
<p>Leg Fat Reduction: 30 minutes, once/month</p>			
<p>Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p>	<p>Towel + Anti-freezing Membrane</p>	<ol style="list-style-type: none"> 1. Wipe clean your leg. Place the adhesive strap under the leg. 2. Select anti-freezing membrane according to the size of the fat part of your leg and apply it evenly. 3. Set time, temperature and suction level. 4. Fixate the anti-freezing plate between the strap and the membrane. Wait for 10-30 minutes. 5. Do the same on the other side. 6. Turn off the machine and take membrane and applicator off. Wipe clean 	<p>No Diagram</p>

		treated area.	
<p>Suggested treatment:</p> <p>Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear in 1-2 weeks. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. Fat thickness reduce by 22% in average but the result varies on an individual basis. You will reduce excess fat and achieve the effect of weight loss after a course of treatment. After a full course, you will see visible results like reduced size, slender legs, tight skin and reduced adipose on legs. At later stages it can be done every 3 month for consolidating and strengthening effect.</p>			
<p>Whole Body Fat Reduction: 90 minutes, once/month</p>			
<p>Temperature: -5°C</p> <p>Time: 10-30 min</p> <p>Suction Level: Adjust subjecting the customer's comfort level</p>	<p>Towel + Anti-freezing Membrane</p>	<p>Chin</p> <ol style="list-style-type: none"> 1. Wipe clean your chin. Place the adhesive strap under the chin. 2. Select anti-freezing membrane according to the size of the fat part of your chin and apply it evenly. 3. Set time and temperature and suction level. 4. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30 minutes. 5. Turn off the machine; take membrane and applicator off. Wipe clean treated area. <p>Arms</p> <ol style="list-style-type: none"> 6. Wipe clean your arm. Place the adhesive strap under the arm. 7. Select anti-freezing membrane according to the size of the fat part of your arm and apply it evenly. 8. Set time, temperature and suction level. 9. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30minutes. 	<p>No Diagram</p> <p>Notice: Your chin may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p> <p>Notice: Your arms may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p> <p>Notice: Your waist and abdomen may experience an obvious tight feeling. Stronger</p>

		<p>10. Turn off the machine and take membrane and applicator off. Wipe clean treated area.</p> <p>Waist & Abdomen</p> <p>11. Wipe clean waist and abdomen. Place the adhesive strap under the waist and abdomen.</p> <p>12. Select anti-freezing membrane according to the size of the fat part of your waist and abdomen and apply it evenly.</p> <p>13. Set time, temperature and suction level.</p> <p>14. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30 minutes.</p> <p>15. Turn off the machine and take membrane and applicator off. Wipe clean treated area.</p> <p>Back</p> <p>16. Wipe clean your back. Place the adhesive strap under the back.</p> <p>17. Select anti-freezing membrane according to the size of the fat part of your back and apply it evenly.</p> <p>18. Set time temperature and suction level.</p> <p>19. Fixate the cooling applicator between the strap and the membrane. Wait for 10-30 minutes.</p> <p>20. Turn off the machine and take membrane and applicator off. Wipe clean</p>	<p>the suction level is, tighter feeling you may feel.</p> <p>Two plates can be used at the same time. Bubble may appear during the process due to constant suction and there's air between anti-freezing membrane and the plates!</p> <p>Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p> <p>Notice: Your back may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p> <p>Notice: Your legs may experience an obvious tight feeling. Slight redness, swelling, and petechiae may appear after treatment, which is normal so there's no need to worry!</p>
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	<p>treated area.</p> <p>Legs</p> <p>21. Wipe clean your leg. Place the adhesive strap under the leg.</p> <p>22. Select anti-freezing membrane according to the size of the fat part of your leg and apply it evenly.</p> <p>23. Set time, temperature and suction level.</p> <p>24. Fixate the anti-freezing plate between the strap and the membrane. Wait for 10-30 minutes.</p> <p>25. Turn off the machine and take membrane and applicator off. Wipe clean treated area.</p>	
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Suggested treatment:

Four treatments account for one full course. After one treatment, redness, swelling, congestion and numbness will gradually disappear within a week. In 2 weeks you will gradually feel that fat is decreasing, and in 2 months fat thickness reduce visibly. After a full course, you will see visible results like reduced size, slender body, firm skin. At later stages it can be done every 3 month for consolidating and strengthening effect.

Suggested Treatment of vacuum cooling and 40K, RF:

Option One: For those with thick fat layers conduct 40K and RF treatment for 15 min respectively and wait for two week to conduct vacuum cooling treatment for 25-30 min or so. After that wait for a month before 40K and RF treatment.

Option Two: Conduct 40K and RF treatment 1-2 times per week. At earlier stages conduct 40K and RF treatment only for a month, and vacuum cooling treatment per month after one month apart.