

# User Manual

## MS-54D4



# Preface

Dear users:

We're pleased to present to you our 5-in-1 beauty machine featured with weight loss, figure slimming, skin lifting, anti-aging, breast shaping and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of facial skin, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic cavitation machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

RF and ultrasonic cavitation machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

## Advantages

1. 5-in-1 beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and radio frequency solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Suitable for all skin types.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleed, swelling and stasis will not appear after treatment.

## Facial Anti-aging

### Working Principle

#### RF

Radio frequency can alternates electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the

radio frequency current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### **Effects**

1. Tighten skin and channel nutrients deep into skin layers.
2. Brighten skin and reduce pigmentation and dark spots.
3. Increase skin elasticity.
4. Nourish skin and improve skin absorption.
5. Accelerate blood circulation and metabolism.
6. Help relieve double chin and sagging skin.
7. Delay aging and stimulate collagen cells.

### **Applicable Range**

1. Those with facial dullness.
2. Those with skin relaxation and sagging.
3. Those with dark circles and under eye bags.
4. Those with fine lines, nasolabial folds, and crow's feet.
5. Those with indistinct facial contour.
6. Those who have coarse skin and enlarged pores.

7. Those who are under long-term exposure of UV radiation at workplace.
8. Those with lax skin, edema or obesity after birth.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are over aging.
7. Those in menstruation, pregnancy, lactation, and surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

## **Notes after Operation**

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc., within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Hs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

## **Neck Anti-aging**

### **Working Principle**

#### **RF**

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6

months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### **Effects**

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.

### **Applicable Range**

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dull skin.
4. Those who often bow their heads.

### **Inapplicable Range**

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

## Notes after Operation

1. Always use sunscreen. Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

## Shaping Waist & Abdomen

Ovary is an important organ of women, and can stimulate the hormone secretion of women again, increase the level of hormones in the body, also known as the source of life of women. Good ovarian maintenance can make facial skin fine, smooth and fresh, always maintain toughness and elasticity. It can also promote reproduction and body health, regulate and secrete female hormones, and improve the quality of life of both sexes. Ovarian health can make a woman's bosom plump, compact, and mellow. Bad ovarian function will affect estrogen secretion, sexual function, quality and color of skin, and women BWH(bust,waist,hip) measurements, which results in yellowish face, bloated body, vaginal dryness, and advance entering to anile condition. So ovarian maintenance is very important for women. Women now have a lot of bad habits, such as dressing for grace and does not care about temperature, in addition to that they often eat some cold food. If continuous for a long time they are prone to have cold womb, which can cause symptoms such as dysmenorrhea, menstrual edema and even amenorrhoea. In a word cold womb does great harm to the health of women, so be sure to take means to warm the womb,which can also achieve the effect of body-shaping.

## Working Principles

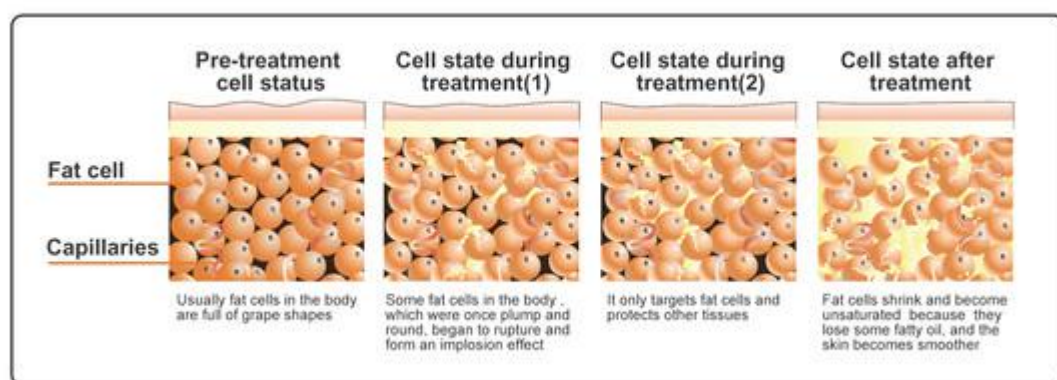
### Ultrasonic Cavitation

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.



**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## RF

RF releases energy that directly works on dermis layer and heats up from body within, reaching temperature of 40°C-60°C. Thermal heat effect boost uterus blood circulation and lymphatic circulation, metabolizing fat tissues so as to reach the effect of regulating uterus, increasing period flow, and prohibiting cold uterus.

## Effects

1. Improve women's gynecological problems.
2. Improve women's cold hands and feet, cold womb and body.
3. Regulate the function of female reproductive system and enhance the ovarian function.
4. Promote follicular development and regulate the secretion of sex hormones (estrogen, progesterone, androgen).
5. Adjust female reproductive system problems (dysmenorrhea, irregular menstruation, relieving premenstrual syndrome, reducing leucorrhea, increasing vaginal secretion).
6. Maintain youthful appearance, delay the arrival of menopause and delay aging.
7. Reduce excessive belly fat, e.g. love handles, muffin tops.

8. Tighten skin, improve stretch marks and increase skin elasticity.

## Applicable Range

1. Those with cold hands and feet, cold womb and body.
2. Those with gynecological inflammatory menstruation and dysmenorrhea.
3. Those whose faces begin to sag.
4. Those who are prone to sore and soft waist.
5. Those with excessive belly fat, muffin top and sagging skin after child delivery.
6. Those who sit for long hours and has unideal waist lines.

## Inapplicable Range

1. Those with 'three Hs' (hypertension, hyperlipidemia, hyperglycemia) and heart disease.
2. Those who are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those who have gynecological disease and are being treated.

## Notes after Operation

1. Avoid wearing crop tops, and exposure to wind and cold.
2. Avoid overeating, staying up late, drinking, eating raw, cold, spicy and greasy food, and drinking more hot water.
3. Keep your abdomen warm and bathe 4-6 hours after the treatment.
4. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
5. Rub abdomen clockwise before to double the weight loss effect.

# Shaping Breasts

## Working Principle

### RF

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the

flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

## Effects

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

## Applicable Range

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improperly developed mammary glands, postpartum breast atrophy, breast relaxation, breast duct blockage.

## Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

## Notes after Operation

1. Keep warm.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

# Body Shaping

## Working Principles

### RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

### Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic. RV waves travel through epidermis and directly work on dermis in depth, and quickly heat up water molecules and generate safe thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

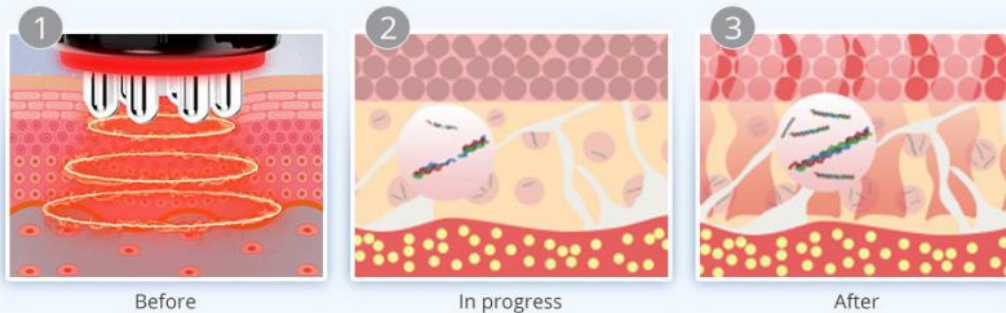
## Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Ultrasound cavitation 2.0 & Vacuum  
Sextupolar 3D SMART RF + Laser Photon

# 01

### Soften Fat Cells-Body 8-Polar 3D SMART RF

Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.

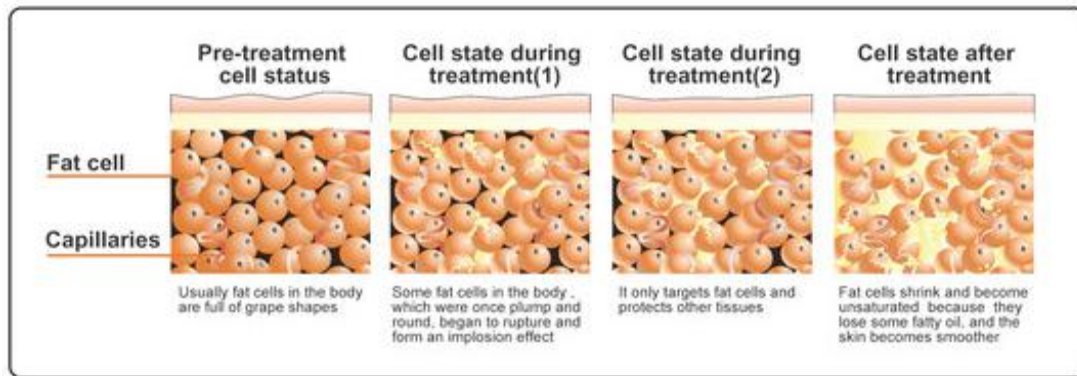


## Ultrasonic Cavitation

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## Vacuum Slimming

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** Breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## Vacuum Physical Effects

### 1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### 2. Vascular layer

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.
- (2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### 3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity.
- (2) Lift and revive skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.
- (4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

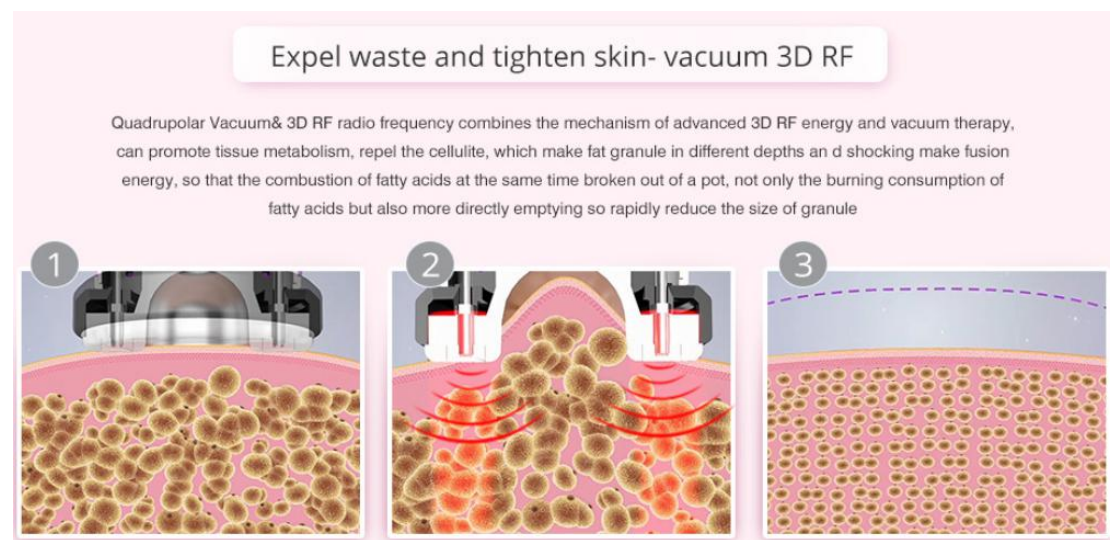
Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

### 4. Nerve layer

The suction and release of air pressure:

- (1) Stimulates the surface and deep sympathetic nervous system.
- (2) Improves skin sensitivity.
- (3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.



## Shaping Arms

### Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.

2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm loose skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge channels and collaterals.

## **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

## **Inapplicable Range**

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## **Shaping Back**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.



## Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on the back of the neck.

## Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

## Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

## Shaping Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

## Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.

3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

## **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with striae induced by obesity and pregnancy,
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are over-aging.

## **Notes after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.

## **Shaping Legs**

### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.

4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and rid thick thighs.

### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant or recovering from surgery.

### **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

# Part II

## 1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



### 1.1 Function Selection



Start/Pause



Home



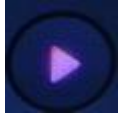
Restore



Working Time



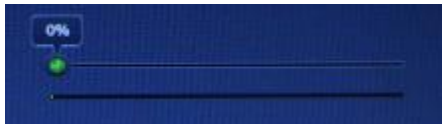
Time -



Time +



Current 40K Energy Level



Current RF Energy Level



Energy +/-



RF Mode



NOR mode is set mode (pre-set energy level)



PRO mode is smart mode (probe releases energy after it comes into contact with skin)



Red LED Light

## 1.2 Detailed Operation: 40K Unoisetion



Select

to go to the interface below

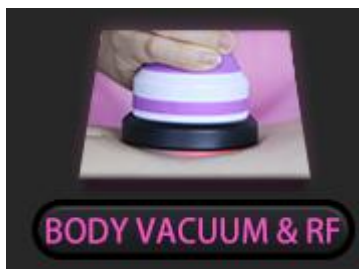


Consecutive Mode



Intermittent Mode

### 1.3 Detailed Operation: Body Vacuum&RF



Select

to go to the interface below



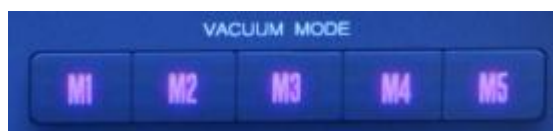
Vacuum Suction Time

Adjust based on one's own comfort level. Start from low suction time and increase slowly after adaptation.



Vacuum Release Time

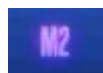
Release time refers to the interval period between suction and release. Adjust based on one's own comfort level. If the release time is at 0, the probe works under direct suction mode.



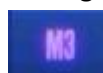
Vacuum Mode



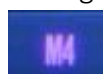
M1: Direct Suction Mode (Suitable for those who opt for detoxification and scraping)



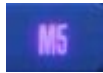
M2: Slow Intermittent mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M3: Fast Intermittent Mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M4: Faster Intermittent Mode (Suitable for those who opt for detoxification through massage and accelerate the circulation)



M5: Fastest Intermittent Mode (Suitable for those who opt for relaxation through massage)

### 1.4 Detailed Operation: Body RF



Select to go to the interface below

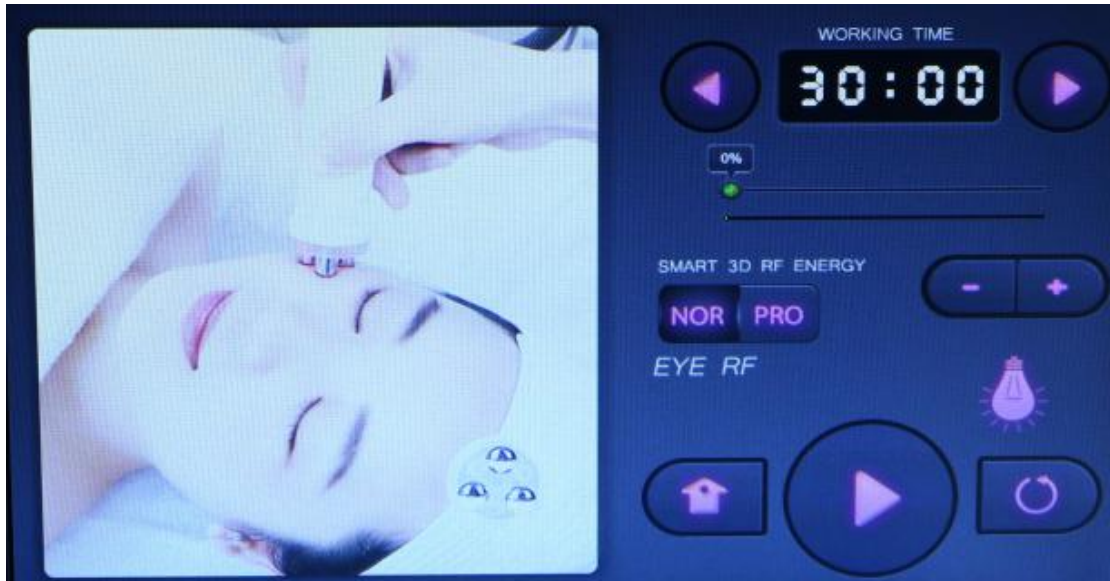


### 1.5 Detailed Operation: Eye RF

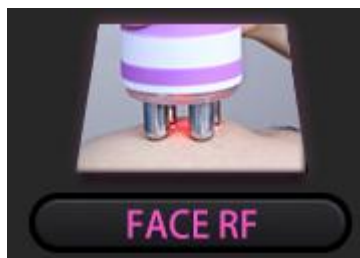


Select to go to the interface below





## 1.6 Detailed Operation: Face RF



Select [FACE RF](#) to go to the interface below



## 2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handlepiece

Treatment Area: Body

Measure of Treatment Area: 30cm<sup>2</sup>

Frequency: 40KHz

Max. Output Power: 20W

Vacuum&Bipolar RF Handle with Photon Handlepiece

Treatment Area: Body

Measure of Treatment Area: 28mm<sup>2</sup>

Max. Output Power: 60W

Frequency: 1MHz

Depth of RF: 12.5mm

Depth of Pressure: 25.5mm

Max. Output of Pressure: -80KPa

Wavelength of Red Photon: 650nm

Sextupolar RF Handle with Photon Handlepiece

Treatment Area: Body

Measure of Treatment Area: 17cm<sup>2</sup>

Max. Output Power: 40W

Frequency: 1MHz

Depth of RF: 6mm

Wavelength of Red Photon: 650nm

Quadrupole RF Handle with Photon Handlepiece

Treatment Area: Face

Measure of Treatment Area: 12.5cm<sup>2</sup>

Max. Output Power: 20W

Frequency: 1MHz

Depth of RF: 5mm

Wavelength of Red Photon: 650nm

3-Polar RF Handle with Photon Handlepiece

Treatment Area: Face/eye

Measure of Treatment Area: 6cm<sup>2</sup>

Max. Output Power: 8W

Frequency: 1MHz

Depth of RF: 3mm

Wavelength of Red Photon: 650nm

### **3. Safety Precautions**

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

### **4. Dos and Dont's**

1. After each use of the instrument, please clean the treatment head with water and store it properly.
2. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
3. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
4. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
5. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
6. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
7. Please remove all metal objects from your body before treatment, so as not to affect the curative effect due to unexpected conditions.
8. Do not use in the eyes, thyroid gland, parathyroid gland, testicles, pregnant woman's abdomen and atrial pulse generator.

9. Patients who are currently ill should also use this instrument with caution unless approved by a physician.
10. Please turn off the power switch of the instrument when no guest is using it, and make sure to turn off the main power of the instrument before leaving after daily use to ensure the safety of electrical products.
11. Use the instrument or train the operator strictly according to the instruction of the manual.
12. If you are taking other weight-loss drugs, it is recommended to stop taking the drugs for 1 to 2 months before you lose weight. If you want to lose weight immediately, you should extend the course of treatment
13. Do not use the instrument on an empty stomach. Only after at least 1 hour after a full meal can you carry out the weight-loss treatment.
14. During operation, the instrument should be in full contact with the skin to avoid uneven heating.
15. Start with the lowest energy at the beginning of operation, and gradually add energy after adaptation.
16. When using this instrument, the operating area must be kept moist and avoid dry skin operation.
17. After the operation, scrub the instrument with normal saline to ensure its cleanliness and extend its service life.

## 5. Troubleshooting & Solutions

### **1. The instrument cannot be started, and the key light on the back of the instrument does not work.**

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### **2. No RF output of the instrument?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

### **3. Weakened RF output?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

#### **4. No suction or very little suction?**

- A. Please close the instrument and check the filter element specially used for the instrument, which may need to be replaced.
- B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.
- D. If the above methods cannot be handled, please contact the instrument dealer for assistance.

#### **5. I can start the instrument, but the screen show's error message?**

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

## **6.FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

### **2. Q: Is RF harmful to skin?**

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

### **3.Q: How long does the body firming treatment take?**

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

### **4.Q: What are all the functions of this instrument?**

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

**5.Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

**6.Q: Will I experience rebound after operation?**

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

**7.Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

**8.Q: Does it have any side effects on the body?**

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

**9.Q: Can RF instrument be used for chest shaping?**

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

**10. Q: Can ultrasound be operated all over the body?**

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac

muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

**11.Q: Does ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

**12.Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

**13.Q: What is collagen?**

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

**14. Q: Why do you need breast maintenance?**

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily, and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

**15.Q: Why do you need hip maintenance?**

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

**16.Q: How does negative pressure detoxify?**




A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.

## **7. Packing List**

- 1 x Main Machine
- 1 x 40KHz Unoisetion Cavitation Handle
- 1 x Vacuum Biploar RF Handle
- 1 x Three Polar RF Handle for Face and Eyes\\\' Around
- 1 x Quadrupole RF Handle for Face and Body
- 1 x Multipolar RF Handle for Body
- 1 x Power Supply Cord

## **8.Operational Diagrams**





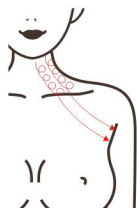
Parameter Adjustment	Product	Techniques	Diagrams
<b>Facial Anti-aging: 60 min, once/week</b>			
RF Energy: 30%-80%	Makeup remover oil+ Cleanser+ Toner+ Massage cream+ Essence+ Sheet mask	<ol style="list-style-type: none"> <li>1. Remove makeups and cleanse face, 5 min.</li> <li>2. Apply toner, 2 min.</li> <li><b>3. Face Massage</b> Alternate palms in lift facial skin from chin to forehead, 3 times.</li> <li>4. Alternate palms in lifting the other side, 3 times.</li> <li>5. Wash face clean, 2 min.</li> <li>6. Apply gel or essence evenly all over the face, 1 min.</li> <li><b>7. Face RF</b> Select face probe. Coupled with hand, move the probe in circular motions from double chin to the back of the ear, 3 times.</li> <li>8. Move in circular motions from chin to ear gate, 3 times.</li> <li>9. Move in circular motions from mouth corner to the temple, 3 times.</li> <li>10. Move in circular motions from nose wing to the temple, 3 times.</li> <li>11. Move in circular motions from lower eyelid to the temple, 3 times.</li> <li>12. Move in circular motions on forehead towards hairline, 3 times.</li> <li>13. Lift in parallel lines on</li> </ol>	<p>Technique3</p>  <hr/> <p>Technique7-12</p>  <hr/> <p>Technique13</p> 






		<p>one side of the face, 3-5 times.</p> <p>14. Repeat the last technique on the other side. Double or triple the movement on fine lines or saggy skin.</p> <p>15. Wash face clean, 2 min.</p> <p>16. Apply sheet mask. Wait for 15 min.</p> <p>17. Take off the mask and wash face clean, 2 min.</p> <p>18. Apply toner, essence, cream and sunscreen.</p>	
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**Suggested Treatment:**

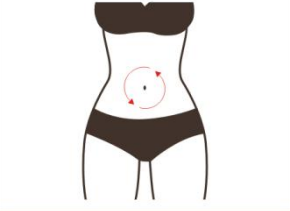
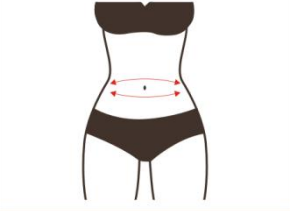



10 treatments account for a full course. After one session, skin is hydrated and tightened and replenished with nutrition. After a full course, skin is lifted and glossy. After two courses, skin appears to be smooth, plump with a rather defined jawline. Three courses help prevent and delay skin aging. The treatment boosts collagen regeneration so that skin looks to be smooth, tightened and glossy.


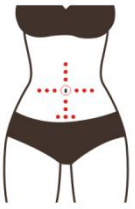

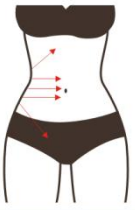


**Neck Anti-aging: 45 min, once/week**



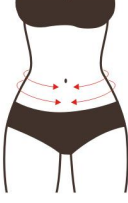
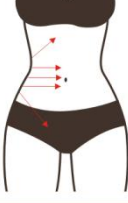
<p>RF Energy: 30%-80%</p>	<p>Makeup remover oil+ Cleanser+ Massage cream+ Essence+ Neck mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and cleanse face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li><b>3. Neck Massage</b> Apply and rub oil on the chest with both hands to the back of the neck and press Fengchi (Gb-20) and Fengfu (Du-16) acupoint, 3 times.</li> <li>4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.</li> <li>5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</li> <li>6. Push downwards with 4 fingers, tracing 3 meridian</li> </ol>	<p>Technique3</p>  <hr/> <p>Technique4.</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique8</p>
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	<p>channels from neck side to the armpit, 3 times.</p> <p>7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. <b>Neck RF</b> Select RF probe for neck. Adjust mode and coupled with hand to lift the treatment area.</p> <p>11. Coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>12. Move in small circular motions along 3 channels on side of the neck and slide to the underarm, 3 times.</p> <p>13. Move the device in circles on the whole neck area, 3 times.</p> <p>14. Coupled with hand, lift the entire neck in parallel lines, 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the treated area, 2 min.</p> <p>17. Apply neck mask, 15 min.</p> <p>18. Apply essence.</p>	 <p>Technique11</p>  <p>Technique12</p>  <p>Technique13</p>  <p>Technique14</p> 
<p><b>Suggested Treatment:</b> 10 treatments account for one full course. After one session, neck skin is lifted and tightened. A full course helps hydrate skin and fade fine lines. After three courses, skin tightened, smooth and refined.</p>		

## Shaping Waist&Abdomen: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>Ultrasonic Energy: 20%-80%</p> <p>Mode: Intermittent</p>	<p>Massage Cream+ Ultrasonic gel+ Towel</p>	<ol style="list-style-type: none"> <li>1. Apply and rub oil on abdomen with hands, 3 times.</li> <li>2. Rub stomach back and forth with both hands, 3-5 times.</li> <li>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</li> <li>4. Lift Dai Channel (BV) on both sides of waist with both hands alternately, 16 times.</li> <li>5. Move hands as if writing an "8" number on waist, 3 times.</li> <li>6. Overlap hands and message the intestinal canal clockwise, 3 times.</li> <li>7. Move hands in circular motion and caress the treatment area, 3 times.</li> <li>8. Push on the following acupoints Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times.</li> <li>9. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</li> <li>10. Caress the treatment area with hands and slide to groin.</li> </ol>	<p>Technique1,7,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>
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		<p>11. Clean the treated area with hot towel and apply evenly.</p> <p>12. <b>RF</b> Move from sides of the waist to the abdomen. Move in parallel lines to lift the treatment area till groin, 3 times.</p> <p>13. Do the same on the other side, 3 times.</p> <p>14. Move the device on abdomen in small circular motions, 3 times.</p> <p>15. Move the device on abdomen in big circular motions, 3 times.</p> <p>16. Move the probe in figure 8 on waists, 3-5 times.</p> <p>17. Move the device on waist and abdomen vertically back and forth, 3-5 times.</p> <p>18. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 min.</p> <p>19. Clean the abdomen with hot towel, 2min.</p> <p>20. Apply essential oil evenly on the abdomen, 1 min.</p> <p>21. <b>40K</b> Move from sides of the waist to the abdomen. Move in parallel lines to lift the treatment area till groin, 3 times.</p> <p>22. Do the same on the other side, 3 times.</p> <p>23. Move the device on abdomen in small circular motions, 3 times.</p> <p>24. Move the device on</p>	 <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique14.23</p>  <hr/> <p>Technique15.24</p>  <hr/> <p>Technique16</p>
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		<p>abdomen in big circular motions, 3 times.</p> <p>25. Push the channels downwards till groin, 3 times.</p> <p>26. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 min.</p> <p>27. Clean the treated area with dry towel, 2 min.</p>	 <hr/> <p>Technique17.25</p>  <hr/> <p>Technique18.26</p>  <hr/> <p>Technique22</p> 
<p><b>Suggested Treatment:</b></p> <p>Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.</p>			

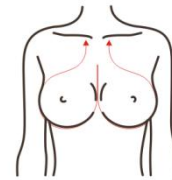
## Shaping Breasts: 45 min, once/week

RF Energy:  
30%-80%

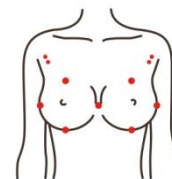
Massage  
cream  
(essential  
oil)+  
Towel

1. Stand at the head of the bed, both hands from Shanzhong (Ren-17) point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.
2. Both hands thumb point: Shanzhong (Ren-17), Rugen (St-18), Dabao (SP-21), Yingchuang (St-16), Zhongfu (LU-1), Yunmen (LU-2), 3 times.
3. Caress the treatment area, 3 times.
4. Overlap both palms from Shanzhong (Ren-17) point to chest both sides back and forth as if writing an "8" number, 3 times.
5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.
6. Caress the treatment area, 3 times.
7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.
8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.
9. Use the thumb to dredge the nodules in the chest, 3 times.
10. Lift the whole chest

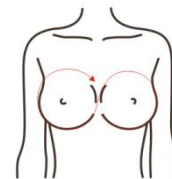
Technique1,3,6,10



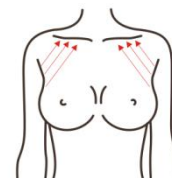
Technique2



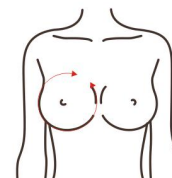
Technique4



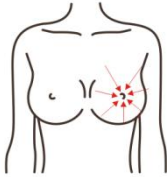
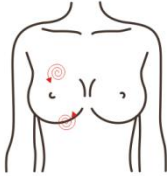
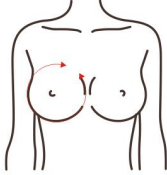


Technique5



Technique7



Technique8,12

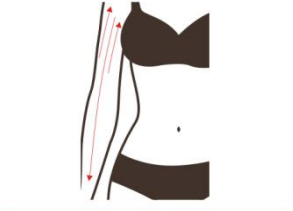
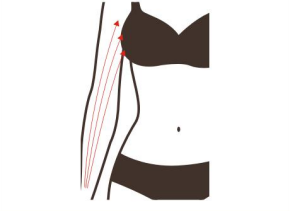


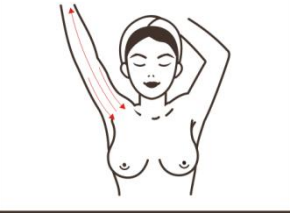
		<p>with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. <b>RF</b> First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p> <p>18. Clean breasts with hot towel.</p>	 <hr/> <p>Technique9,14</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>  <hr/>
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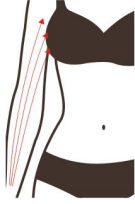

**Suggested Treatment:**


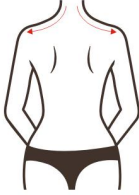
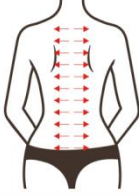
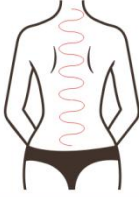
10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

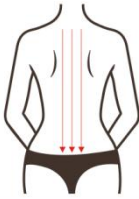
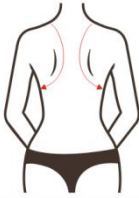

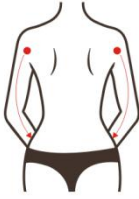
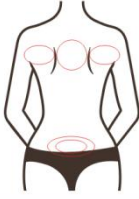
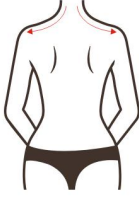





## Shaping Arms: 60 min, once/week

<p>RF Energy: 30%-80%</p> <p>40K Energy: 20%-80%</p> <p>Mode: Intermittent</p>	<p>Essential oil (massage cream)+ Ultrasonic gel+ Towel</p>	<ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> <li>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</li> <li>6. Caress the treatment area, 3 times.</li> <li>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</li> <li>8. Rub three channels back and forth with kneeling fingers, 3 times.</li> <li>9. Caress the treatment</li> </ol>	<p>Technique1</p>  <hr/> <p>Technique2,3,4,5,6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8,17,19</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique13,16</p>
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		<p>area and slide to fingers.</p> <p>10. Do the same on the other side.</p> <p>11. The end of arm massage.</p> <p>12. Clean the treated area with hot towel and apply gel evenly.</p> <p><b>13. 40K</b></p> <p>Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>14. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>15. You may double the operation on flabby arms, 3 times.</p> <p>16. Trace three channels to armpit, 3 times.</p> <p>17. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>18. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>19. Trace three channels from upper arm to armpit.</p> <p><b>20. RF</b></p> <p>21. Trace 3 channels to the underarm,3 times.</p> <p>22. Trace 3 channels to the underarm in annular motions,3 times.</p> <p>23. Lay arms flatwise and start upper arm, tracing three channels to armpit, 3 times.</p> <p>24. Push three channels on upper arm to armpit in</p>	 <hr/> <p>Technique14,15</p> 
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		<p>circular motions, 3 times.</p> <p>25. Do the same on the other arm.</p> <p>26. Clean the treated area with hot towel, 2 min.</p>	
<p><b>Suggested Treatment:</b></p> <p>10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.</p>			
<p><b>Shaping Back: 60 min, once/week</b></p>			
<p>RF Energy: 30%-80%</p> <p>Vacuum Energy: 30%-80%</p> <p>Suction Time: 0.3-1.5</p> <p>Release Time: 0-1.0</p> <p>Mode: M1</p>	<p>Essential oil Towel</p>	<ol style="list-style-type: none"> <li>1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points.</li> <li>2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.</li> <li>3. Move thumb outwards from Du Channel (GV) to the 8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point.</li> <li>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</li> <li>5. Push Bladder Channel(BL) with thumb in left-right order, 3 times.</li> <li>6. Push Bladder Channel(BL) to baliao area with both thumbs, at the same time, 3 times.</li> <li>7. Push Bladder Channel(BL) in three kneeling fingers, 3 times.</li> <li>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</li> <li>9. Push scapula slot with</li> </ol>	<p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5,6,7,13,16</p>

		<p>both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.</p> <p>11. Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub on Du Channel (GV) and Bladder Channel (BL) until they turn hot.</p> <p>14. The end of back massage.</p> <p>15. Clean back with towel and apply gel evenly.</p> <p><b>16. RF</b> Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>17. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>18. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>19. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>20. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>21. Move in annular motions from two sides till</p>	 <hr/> <p>Technique8,19</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique11,12</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p>  <hr/> <p>Technique20</p>
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		<p>the underarm, 3 times.</p> <p>22. Lift upwards from sides of the waist to the underarm, 3-5 times.</p> <p>23. Clean the treated area with hot towel.</p> <p>24. Apply essential oil on the back.</p> <p><b>25. Vacuum &amp; RF</b></p> <p>26. Starting from Du channel to Bladder channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>27. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>28. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>29. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>30. Lift from sides of waist upwards to armpit in annular motions, 3-5 times.</p> <p>31. Clean treated area with hot towel.</p>	 <hr/> <p>Technique21</p>  <hr/> <p>Technique22</p>  <hr/>
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**Suggested Treatment:**

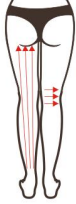

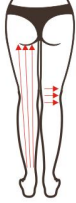



10 times account for a full course. Once done, back feels significantly relaxed, neck stiffness alleviated, and skin feels lifted. After a full course, shoulder feels relaxed, back fat lessens, the lump on the nape of the neck improves, and the back line starts to show. 2 courses help dredge meridians, regulate sub-health, and improve sleep. 3 courses help achieve thin back, curvy back line, better viscera function and digestion, detoxification and metabolism. (one course helps reduce size, two courses help strengthen the effects, three courses help with consolidation and avoid rebound.)

**Shaping Buttocks: 60 min, once/week**


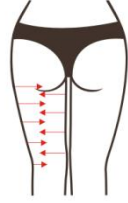


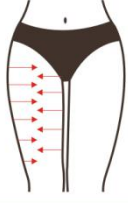

RF Energy: 30%-80%	Essential oil+ Ultrasonic gel+	1. Standing on the side, accumulate oil on hands and then slide to the waist	Technique1,4,10
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<p>Vacuum&amp;RF Energy: 30%-80%</p> <p>Suction Time: 0.3-1.5</p> <p>Release Time: 0-1.0</p> <p>Mode: M1</p>	<p>Towel</p>	<p>and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</p> <p>2. Repeatedly push the 8 Crevice area with two thumbs.</p> <p>3. Caress the treatment area for 3 times and then point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension),3-5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p>	 <p>Technique2</p>  <p>Technique3</p>  <p>Technique5,12,15</p>  <p>Technique6</p>  <p>Technique8,13,16</p>  <p>Technique14</p>
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		<p>11. The technique on the other side is the same as above.</p> <p><b>12. RF</b> Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5 times.</p> <p>15. Lift 3 times from thigh root to Dai Channel (BV).</p> <p>16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>17. The technique on the other side is the same as above.</p> <p><b>18. Vacuum&amp;RF</b></p> <p>19. Move the probe in small circular motions around buttocks, 5 times.</p> <p>20. Lift from the end of thigh towards buttocks, 5 times.</p> <p>21. Clean the treated area with hot towel.</p>	
<p><b>Suggested Treatment:</b> 10 times account for a full course. After one treatment, buttocks feel lifted and heated. After a course, hip curve starts to show, excess fat slowly disappears, skin becomes tight. 3 courses help improve gynecological problems like cold body and cold uterus. Menstruation returns to normal. It helps consolidate the effect and increase the female sex appeal.</p>			
<p><b>Shaping Legs: 70 min, once/week</b></p>			
Vacuum&RF	Essential oil	<b>1. Prone Position - Rear</b>	Technique1. 2. 3. 4. 7

<p>Energy: 30%-80%</p> <p>Suction Time: 0.3-1.5</p> <p>Release Time: 0-1.0</p> <p>Mode: M1</p> <p>40K Energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>(massage cream) + Ultrasonic gel+ Towel</p>	<p><b>Leg Treatment</b></p> <p>In left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>3. Move hands upwards to four main collateral channels:Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean with hot towel, 2 min.</p> <p>11. Apply gel evenly, 2min.</p> <p><b>12. 40K</b></p> <p>Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>13. Move the probe in small circular motion on</p>	 <p>Technique5</p>  <p>Technique12</p>  <p>Technique13</p>  <p>Technique14. 18</p>  <p>Technique15. 17. 19</p>  <p>Technique16. 20</p>
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	<p>the leg, 3 times.</p> <p>14. Push upwards to popliteal fossa while massage with the free hand, 3 times.</p> <p>15. Push from popliteal fossa, tracing four channels to the end of thigh, 3 times.</p> <p>16. Move the probe from popliteal fossa in small circular motions to the end of thigh, 3 times.</p> <p>17. Push from popliteal fossa, tracing channels to the end of thigh, 3 times.</p> <p><b>18. Vacuum&amp;RF</b> Move the probe from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>20. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>21. Coupled with hand, lift from two sides of thighs to the middle, 3-5 times.</p> <p><b>22. Supine Position - Foreleg Treatment</b> Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>24. Move hands upwards</p>	 <hr/> <p>Technique21</p>  <hr/> <p>Technique22.23. 24 .25</p>  <hr/> <p>Technique29</p>  <hr/> <p>Technique30</p>  <hr/> <p>Technique31</p>  <hr/> <p>Technique32</p>
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	<p>to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times.</p> <p>25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p><b>26. 40K</b> Lift the device towards knee while tracing 4 channels, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>27. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>28. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>29. Move the probe in small circular motions on the entire thigh, 3 times.</p> <p>30. Coupled with hand, lift the device from knee to thigh root in lines, 3 times.</p> <p>31. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>32. Lift from knee towards the end of thigh in parallel lines, 3 times.</p> <p><b>33. Vacuum&amp;RF</b> Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>34. Move the probe in</p>	
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		<p>small circular motions on the entire thigh, 3 times.</p> <p>35. Coupled with hand, lift the device from knee to thigh root in lines, 3 times.</p> <p>36. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>37. Do the same on the other side.</p> <p>38. Clean the treated area with hot towel, 2 min.</p>	
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**Suggested Treatment:**

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.