

User Manual

MS-5406



Preface

To our valued users,

Thanks for choosing our latest 5-in-1 integrated beauty equipment. This newest body slimming and skin tightening instrument combines multipolar RF, vacuum RF, and ultrasonic cavitation. MS-5406 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

At present, multipolar RF, vacuum RF, and ultrasonic cavitation are the most popular equipment for improving looks, tightening, shaping the body, and anti-aging. It can effectively replace all the facial and body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Besides, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It has no side effects, is operated externally throughout, and has an immediate effect. Radiofrequency heats deep skin, stimulates collagen hyperplasia and recombination in the dermis, and accelerates blood circulation of the underlying skin, achieving skin tightening and plumpness, anti-aging, and senility prevention. Ultrasonic waves of a particular frequency aim at body parts having difficulty reducing fat, bringing fantastic effects.

2. Advantages

- (1) The 5-in-1 multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasonic waves powerfully blast and remove fat and have replaced and surpassed liposuction, bringing good news to obese people.
- (3) It has multiple handpieces, which can be changed per the body parts to be treated and different requirements.
- (4) One handpiece has various functions and a stronger radiofrequency and a higher and more well-distributed energy.
- (5) The perfect match of ultrasonic wave and RF will address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
- (6) It adopts the most advanced ultrasonic cavitation technique in the world.
- (7) It's painless, non-invasive, and injury-free, and it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
- (8) It has zero consumption and is low-cost. But it gives a quick return.
- (9) It has a broader treatment range and can be used all over the body.
- (10) Unevenness, bleeding, and swelling will not occur.

3. Working Principle

(1)RF

It generates a radiofrequency effect through every two electrodes forming a loop. The best bio-thermal effect frequency for RF is 3MHz. Charged particles, with a variable speed as highest as 800 million times per second, shift directions at the same

frequency during the rapid shift of electrodes. Dermis tissue resists radiofrequency current naturally, which produces thermal energy.

- **Quadrupole RF:** During the face treatment, it heats the facial dermis and stimulates skin metabolism and collagen regeneration through the high-frequency electric waves to lift skin, remove wrinkles, fight against micro-aging, and tighten and rejuvenate skin.

- **Three-polar RF:** Three-polar RF: During the treatment of eyes, it heats the bottom layer of the eye skin rapidly and stimulates skin collagen growth through the radiofrequency waves. Thus, it firms the skin around the eyes, removes eye bags and black eyes, and relieves red blood streak and fine lines.

- **Sextupole RF:** During the body treatment, radiofrequency waves directly penetrate the skin and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen. After 2 to 6 months of treatment, collagen hyperplasia and recombination occur gradually, lifting and contracting flabby or saggy skin.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second, penetrating the epidermis, acting directly on the dermis, intensely heating collagen cells, and stimulating collagenous fiber growth. Thus, it's supported by a great deal of new collagen, making the skin more firm and elastic. When the energy is inducted into the skin, you can feel a transient sense of heat. It means the collagen is being stimulated and is heating, making the skin tightened. During the operation, radiofrequency waves emitted by the operating head of the super frequency electric wave system, under the cold protection of the epidermis, have already penetrated the epidermis exerting its effects on the dermis and produced safe bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of the fat on the surface layer. Thus, slack and saggy body parts can be tightened and lifted.

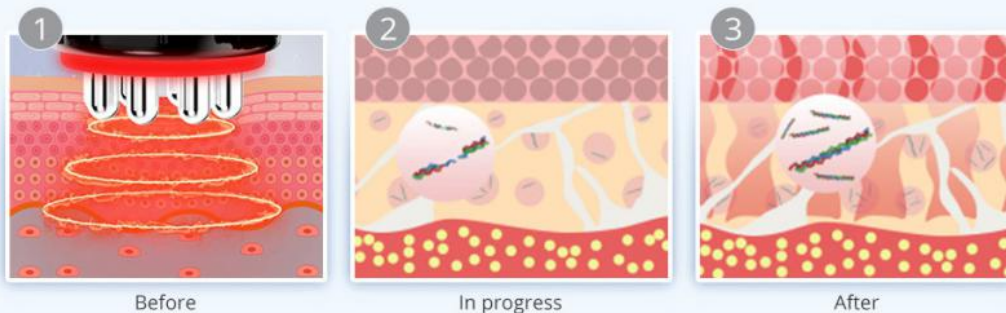
Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Ultrasound cavitation 2.0 & Vacuum
Sextupolar 3D SMART RF + Laser Photon

01

Soften Fat Cells-Body 8-Polar 3D SMART RF

Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.

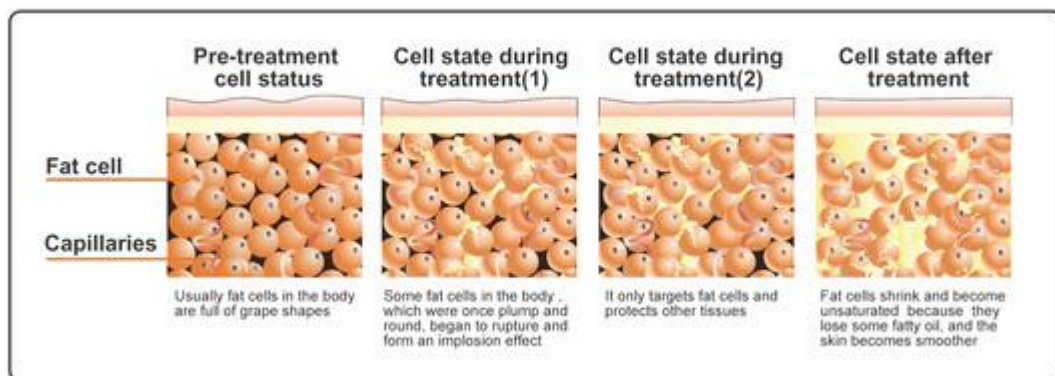


(2)40K

It utilizes ultrasound. 40K can effectively consume heat and cellular water and shrink fat cells by gathered strong sound waves entering the human body, causing fat cells to produce a strong strike and frictions between fat cells. In addition, when sound waves vibrate, it can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The principle of ultrasonic cavitation: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasonic waves, and they close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate strong instantaneous pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

Advantages: It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like nervus vascularis.



(3) Vacuum RF

Massaging skin and muscle with a special vacuum sucker can effectively enhance the mobility of the body fluids and boost cells' movement. Thus, it activates cells and increases skin elasticity. And meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxin through the normal circulation of the lymphatic system, lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum fat-sucking can increase the tissue activity of the skin and muscles. Thus, decreasing scleroid cellular tissue and increasing the elasticity of skin tissue. Therefore, both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system on the superficial and deep layer of the skin and lowers skin sensitivity. The suction and release of air pressure can improve the capillary system, promote flow between deeper veins and lymph gland networks, strengthen blood vessels, and relieve varicosity.

Advantages: It breaks through the previous working mode of vacuum that is single and simple. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently, and it causes no harm to the human body. Compared with the ordinary monopole RF handpiece, this equipment, with its unique RF and vacuum handpiece relatively independent but complementary as a whole metabolic system, can perfectly reshape the body in a more effective, rapid, and even way.

The Physical Effect of the Vacuum

Skin Layer

The suction and release of air pressure:

- Improve mobility among cells, thus increasing the movement of cells and curing diseases related to blood stasis and stagnation.
- Remove excess moisture from the lymph gland and veins.
- Effect: Water can be discharged from fibrous tissues.

Vascular Layer

The suction and release of air pressure:

- Boost blood circulation of the micro-vessels. It improves the capillary system and enhances flow between deeper veins and the lymph gland network.
- The extra toxins can be removed from the body.
- Effect: Strengthen blood vessels and relieve varicosity.

Fibrous Layer

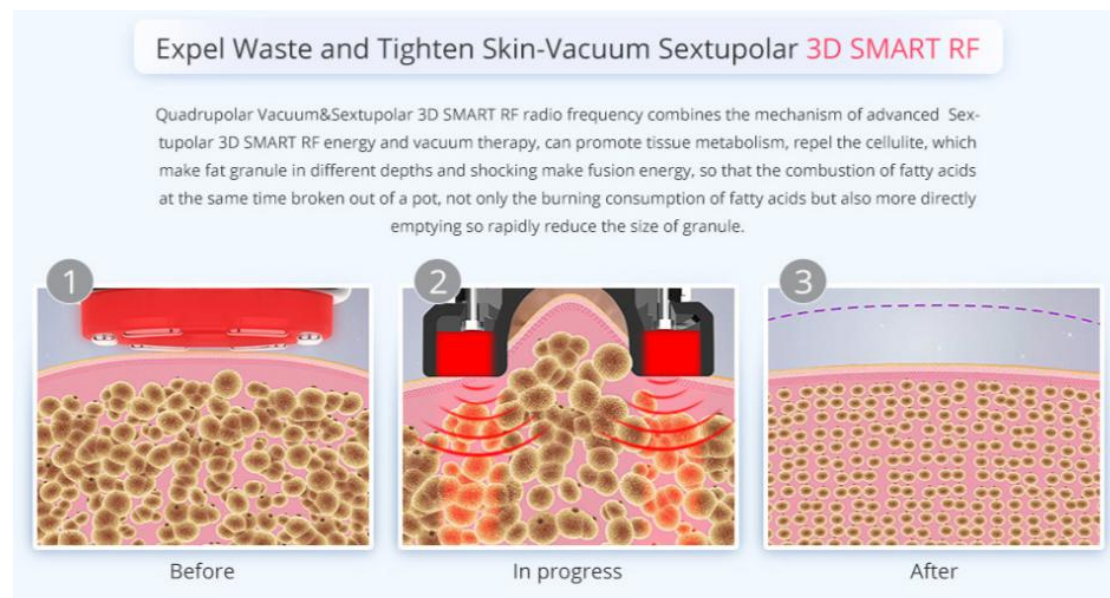
The suction and release of air pressure:

- Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).
- Repair cell tissue and enhance activity among cells.
- Boost and repair skin elasticity, and resist skin stretch.
- The production of ossein helps to renew skin and recover elasticity.
- Enhance oxygen support capacity for the skin and increase the consumption of carbon dioxide.
- Effect: Break the stiff fiber of cellulite and make it more elastic. Thus, shaping the body.

Nervous Layer

The suction and release of air pressure:

- Stimulate the surface and deep layer of the sympathetic nervous system.
- Lower skin sensitivity.
- Repair skin elasticity and resist the fibrosis of tissue.
- Effect: Repair and reduce skin sensitivity.



4. Facial Anti-aging

(1) Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance skin absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve the double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.

(2) Indications

- 1) Those with dark or lustreless faces.
- 2) Those with flabby or saggy skin.
- 3) Those with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) Those with vague facial contour.
- 5) Those with coarse skin or large pores.
- 6) Those who are under long-term exposure to UV radiation in the workplace.
- 7) Those with flabby skin, edema, or puffiness after child delivery.

(3) Contraindications

- 1) Those who just had plastic surgery or had prostheses or metal objects implanted inside the treated parts.
- 2) Those who injected hyaluronic acid or water light or had an injection for wrinkle removal or plastic surgery recently.
- 3) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) Those with skin trauma or wound.
- 6) Those who are overaging.
- 7) Those in menstruation, pregnancy, lactation, or surgical recovery.
- 8) Those with skin disease or infectious disease.
- 9) Those who have an unrealistic illusion about the effect.

(4) Matters Needing Attention After Treatment

- 1) Do not wash the face with overheated water within three days (but wash with warm and cold water).
- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs, saunas, or do strenuous exercise, etc., within three

days.

- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and light food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.

5. Eye Wrinkle Removal

(1) Efficacy

- 1) Relieve eye fatigue, black eyes, eye bags, and edema.
- 2) Improve periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

(2) Indications

- 1) Those with wrinkles, fine lines, eye bags, or black eyes.
- 2) Those with dry skin, dry lines, or dynamic wrinkles.
- 3) Those whose eyes are prone to fatigue or dryness.
- 4) Those who always face computer or cellphone.
- 5) Those who always stay up late or with black eyes.
- 6) Those who always expose to a dry or high-temperature environment.

(3) Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 4) Those with skin trauma or wound.
- 5) Those who are overaging.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

(4) Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing, and protect yourself from the sun since the

treated parts are relatively dry.

- 3) It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply an eye mask which should do at least three times a week.

6. Neck Maintenance

(1)Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

(2)Indications

- 1) Those whose necks have coarse skin or dark skin color.
- 2) Those whose necks have clogged lymph.
- 3) Those whose necks have slack or inelastic skin.
- 4) Those who always lower their heads.
- 5) Those who are not satisfied with their necks' skin color.

(3)Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period or with severely sensitive skin.
- 4) Those with skin trauma or wound.
- 5) Those who are overaging.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

(4)Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) Keep hydrating and moisturizing, and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.

- 4) Avoid washing the face with overheated water, enjoying hot springs, saunas, doing strenuous exercise within seven days.
- 5) Drink more water, apply neck masks at least three times a week, and apply essence or neck cream.
- 6) Avoid lowering your head for a long time.

7. Body Management

(1)Waist & Abdomen Sculpting

1) Efficacy

- Relieve women's cold hands, feet, cold uterus, or cold-natured body.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

2) Indications

- Those with cold hands, feet, cold uterus, or cold-natured bodies.
- Those whose waist and abdomen have flab, protruding small belly, or flabby skin after child delivery.
- Those who sit too long or with unsightly waistlines.
- Those with striae distensae or stretch marks.
- Those with constipation or whose abdomens have obstructed channels and collaterals.

3) Contraindications

- Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those with severe gynecological diseases.
- Those whose gynecological diseases are in treatment.

4) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.
- Rub the abdomen with your hands doing it clockwise before sleep at night, making weight loss and metabolism achieve a better effect.

(2) Arm Sculpting

1) Efficacy

- Stimulate collagen hyperplasia in the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

2) Indications

- Those with thick arms or who look unsightly in clothes.
- Those with bat wings or flabby arms.
- Those whose arms have flabby skin.
- Those whose arms are prone to soreness and numbness.
- Those who always carry the baby.

3) Contraindications

- Those who just had plastic surgery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those in the allergic period or with severely sensitive skin.
- Those with skin trauma or wound.
- Those who are overaging.
- Those in pregnancy or surgical recovery.
- Those with skin disease or infectious disease.

4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.

- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.

(3) Back Sculpting

1) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excessive flab from the back and sculpt the back.

2) Indications

- Those with shoulder and back soreness or stiff neck.
- Those with insomnia, dreaminess, or a fading memory.
- Those prone to fatigue, drowsiness, or with the obstructed circulation of vital energy and blood.
- Those with thick backs or who look unsightly in clothes.
- Those with Dowager's Hump.

3) Contraindications

- Those with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those who have a weak body.
- Those who are drunk, thirsty, overworked, or with a full or empty stomach.

4) Matters Needing Attention After Treatment

- Keep warm, avoid exposure to a windy environment, catch a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.

- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4) Buttock Sculpting

Buttocks, located at the middle of the human body, are the key hub for channels and collaterals and qi-blood circulation and are the main switch of six channels and collaterals and the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of the human body. It plays a vital role in body S-curve management and feminine charm increasing.

1) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve gynecological diseases, such as menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape hips, relieve the sagging and outward expansion of the hips, tighten skin, and increase elasticity.

2) Indications

- Those whose hips are slack, saggy, or have accumulated fat.
- Those with striae distensae or stretch marks.
- Those whose buttock shape is not good-looking flat, loose, or with outward expansion.
- Those with cold hips or with low hip temperature.
- Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- Those with decreased estrogen levels or disharmonious sexual life.

3) Contraindications

- Those in menstruation, pregnancy, lactation, or surgical recovery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery,
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.

- Those who are overaging.

4) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.

(5) Leg Sculpting

1) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production, and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood and remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

2) Indications

- Those with the obstructed blood circulation of the lower limbs, edema, or obesity,
- Those with hypoimmunity, feel uncomfortable and pain all over the body, or are prone to catch colds.
- Those with constipation or with coarse and slack skin.
- Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

3) Contraindications

- Women in menstruation, pregnancy, or lactation.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery,
- Those with severe varicosity or tumors.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overaging.
- Those in pregnancy or surgical recovery.

4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.
- Wear long pants as far as possible after treatment and avoid wearing miniskirts and mini-shorts.

Part II

1. Detailed Operations

The detailed installations are as follow:



Install the handpieces to their corresponding places per the above diagram. Check the equipment and make sure it's properly connected. The following initial interface will appear after pressing the power switch.



(1)Function Selection



Time Setting & Display (Time Range: 00: 00 to 60: 60)



Time Setting (decrease)



Time Setting (increase)



Energy Intensity Display & Setting (Energy Intensity Range: 1 to 9)



Energy Level Setting (decrease)



Energy Level Setting (increase)



Mode Switching



Start/ Pause

(2)Detailed Operations for 40K



Click and enter the following page.



Time Setting



Energy Intensity Setting. (When operating, you may experience drumming in the ears. The higher the energy intensity, the more obvious the drumming in the ears. The energy intensity should be set between 0 and 7. Please adjust it per individual tolerance.)



Mode Switching

Mode A: continuous output (suit those who want to reduce weight in the early stage)

Mode B: discontinuous output (suits those who want to reinforce the effect in the later stage)

When operating 40K, the body parts to be treated should be evenly applied to the gel. Set the time and energy intensity, select the default mode (Mode A), and

press  to start.

(3)Detailed Operations for Vacuum RF



Click and enter the following page.



Time Setting



Suction Time Setting (the left is for time decreasing and the right is for time increasing)



Release Time Setting (the left is for time decreasing and the right is for time increasing)



Energy Intensity Setting (the advised energy intensity: between 1 and 7)



Mode Switching

Mode A: After clicking the start button, the red light will be on, and the handpiece reaches the setting value directly.


Mode B: After clicking the start button, the handpiece reaches the setting value slowly, and the red light will be on when touching the skin.



Rotating knob for suction setting. To rotate to the left to decrease suction and to the right to increase.


The time for suction should be longer than that of release. It's the suction-release mode when the time for suction and release is not zero. It's the direct suction mode when the suction time is set to any values between the range.

When operating vacuum RF, the body parts to be treated should be evenly applied to essential oil. Set the time, energy intensity, and suction and release, select the default

mode (Mode A), and press  to start.

(4)Detailed Operations for Sextupole RF



Click  and enter the following page.



Time Setting



Energy Intensity Setting(the advised energy intensity: between 1 and 7)



Mode Switching

Mode A: After clicking the start button, the red light will be on, and the handpiece reaches the setting value directly.


Mode B: After clicking the start button, the handpiece reaches the setting value slowly, and the red light will be on when touching the skin.

When operating Sextupole RF, the body parts to be treated should be evenly applied to RF cream. Set the time and energy intensity, select the default mode(Mode A), and

press  to start.

(5)Detailed Operations for Quadrupole RF



Click  and enter the following page.



Time Setting



Energy Intensity Setting(the advised energy intensity: between 1 and 7)



Mode Switching

Mode A: After clicking the start button, the red light will be on, and the handpiece reaches the setting value directly.


Mode B: After clicking the start button, the handpiece reaches the setting value slowly, and the red light will be on when touching the skin.

When operating Quadrupole RF, the body parts to be treated should be evenly applied to massage cream. Set the time and energy intensity, select the default mode (Mode

A), and press  to start.

(6)Detailed Operations for Tripolar RF



Click  and enter the following page.



Time Setting



Energy Intensity Setting(the advised energy intensity: between 1 and 7)



Mode Switching

Mode A: After clicking the start button, the red light will be on, and the handpiece reaches the setting value directly.

Mode B: After clicking the start button, the handpiece reaches the setting value slowly, and the red light will be on when touching the skin.

When operating tripolar RF, the body parts to be treated should be evenly applied to massage cream. Set the time and energy intensity, select the default mode (Mode A),

and press  to start.

2. Technical Parameters

Power Supply Input: 100V-240V

Power: 190W

40K Unoisetion Cavitation 2.0 Handle

Frequency: 40KHz

Power: 20W

Sextupole RF Handle with Photon

Frequency: 3MHz

Power: 50W

Vacuum & Bipolar RF Handle with Photon

Frequency: 3MHz

Power: 50W
Vacuum: <-80kPa
Pressure: >250kPa
Air Flow: >10L/minute
Noise Level: <70dB (30cm away)
Quadrupole RF Handle with Photon
Frequency: 3MHz
Power: 30W
3- Pole RF Handle with Photon
Frequency: 1MHz
Power: 10W
Dimensions: 31 x37x19cm
Net Weight: 6KG
Gross Weight: 7.1 KG
Input Power: 100V-240V
Power Consumption: Max 190W

3. Contraindications

Those with the following situations should use the equipment with caution. Please consult a doctor or professional before using it. The details are as follow:

- (1) Women in menstruation, pregnancy, or lactation.
- (2) Those with hypertension, hyperglycemia, hyperlipidemia, diabetes, heart disease, or heart pacemakers.
- (3) Those with unhealed surgical wounds or in surgical recovery.
- (4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- (5) Those with malignant tumors, hemophilia, or severe bleeding.
- (6) Those with skin disease or infectious disease should use it with caution.
- (7) Those who had plastic surgery or cosmetic injection in the past three months.

4. Precautions on Use

- (1) A plug with a ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the equipment's curative effect and normal service life, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and it also can not be exposed to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before use to avoid

unexpected situations which may affect the curative effect.

- (7) Please refrain from using the equipment aiming at the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those suffering from an illness should use it with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure the main power is off after everything is settled. Thus the safety of the equipment can be guaranteed.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (11) Don't use the equipment with an empty stomach, and wait for at least one hour after a full meal before starting the course for weight reduction.
- (12) The equipment should contact the skin thoroughly to avoid uneven energy that triggers discomfort when in use.
- (13) Start from the lowest energy level and increase the level gradually after the client gets used to it.
- (14) When operating 40K, do not use it on the head and heart (chest and back).
- (15) The device should contact the skin fully when in use. Otherwise, it may not be attached to the skin.
- (16) Don't set the suction of vacuum RF too high when treating the face to avoid the appearance of redness.
- (17) Product with high oil content must be applied, and the treated parts must be kept moist.
- (18) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life.
- (19) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.

5. Common Malfunction & Troubleshooting Solutions

- (1) The equipment can't be started, and the buttons in its back are not lighting up?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse in its back is loose or burnt out.
- (2) The equipment output is weakened or doesn't have RF output?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. Please check whether the handpiece uses the adaptive products for the treated parts.
 - C. If the handpiece gets damaged, you can contact after-sales service.
- (3) The equipment doesn't have suction, or the suction is weak?
 - A. Check whether the filter is inserted tightly. If not, it may cause no suction or slight

suction.

- B. Check whether the jack of the vacuum hose on the two sides of the equipment is closely connected to the machine body or vacuum RF.
- C. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

(4) The equipment can be started, but there is an error message on the monitor?

- A. Take out the plug in the back, wait for about one minute, re-plug it, and restart the equipment.
- B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

6. FAQs

(1) Q: How long does it take to see the effect of RF treatment?

A: Usually, the effect can be seen on the same day or within a week. Skin's collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. RF regenerates collagen continuously because it stimulates subcutaneous tissue. Therefore, the more you use it, the better the effect.

(2) Q: Is RF harmful to the skin?

A: Skin tightening and anti-wrinkle with RF is a non-surgical program. It stimulates collagen regeneration and metabolism in the underlying skin. Therefore, it causes no harm to the skin. Only local redness and heating will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus, there's no need to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine the use of professional massage techniques and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat-dissolving, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and relieve loosening and sagging. For the body, it can reduce the weight of local body parts, build an S curve, and the whole body's accelerate metabolism and detox. Meanwhile, it can also enhance viscera functions and relieve the sub-health condition of the body.

(5) Q: In terms of weight reduction, which one is better, liposuction or this equipment?

A: The principle of liposuction is to suck out excess fat from a specific body part through vacuum suction, achieving rapid local body slimming. It has an instant effect, requires anesthesia during the operation, and has a recovery period. There is a risk

since it's an operation. However, this equipment is risk-free and has no side effects. It can stimulate collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting and boost feminine charm.

(6) Q: Will I experience a rebound after the treatment?

A: For weight loss with ultrasonic lipolysis, it's hard for the weight to rebound after reduction. Ultrasonic lipolysis removes fat rather than moisture, and it takes a long time for the fat to be accumulated. Thus, the weight will not get rebound easily.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet to some extent because vacuum, radiofrequency and ultrasonic treatment is followed by fat-blasting and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. Have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect.

(8) Q: Does RF have any side effects on the body?

A: Improving the appearance and shaping the body with RF is a non-invasive treatment and is currently the safest and most effective way to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to radiofrequency heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will disappear after three days. Thus, there are no side effects on the body.

(9) Q: Can 40K be used all over the body?

A: 40K adopts the principle of ultrasonic waves. Ultrasonic waves break fat cells, bursts the cell wall, then fat in the cells flows out and is absorbed and metabolized by lymph. Ultrasound has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the sound wave vibrates the heart. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back, and breast.)

(10) Q: Do ultrasonic waves have side effects on the body?

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound (mechanical sound wave)-blast fat through cavitation-ultrasound focusing. Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it has no side effects on the body. Only slight drumming in the ears may appear during the treatment, which is normal; you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. It acts on the subcutaneous fat layer that is 20mm below through ultrasonic focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, relieve slack face, and care hair. Collagen is a nutrient that the body must be supplemented with to delay aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has depleted, and the content of collagen has decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, collagen content is less than half of that of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, making the skin dry, wrinkled, slack, and inelastic. Therefore, collagen must be supplemented to delay aging.

(13) Q: Why do I need buttocks maintenance?

A: Hip maintenance can help with lymphatic detox, improve gynecological diseases, and avoid harm caused by buttocks blockage. Hips' impassability will surely bring about gynecological diseases. There is a pelvic cavity and intestinal tract inside the buttocks. It connects to the belt vessel, lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in front, anus, vagina, groin, and lymph from below. Under the squeeze of upper-jiao(the parts above the diaphragm) and lower-jiao(the parts underneath enterocoelia) channels and collaterals, the hips are most prone to coldness, dampness, and blood stasis. When the hip is cold, it causes contraction of the hips' channels and collaterals, dysmenorrhea, irregular menstruation, dark menstrual blood, blood clot, and obstructed blood flow. It also affects ingravitation.




(14) Q: How to detox with the vacuum?



A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the suction and release of air pressure and the increase and decrease of vacuum can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can promote qi and blood circulation, dispel coldness and dampness, dredge channels and collaterals, and expel toxins and heat.

7. Packing List

Main Machine x1
 Three-polar RF Handpiece x1
 Quadropole RF Handpiece x1
 Sextupole RF Handpiece x1
 Vacuum RF Handpiece x1
 40K Handlepiece x1
 Power Cord x1
 Filter x1
 Fuse x2

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging & Skin Tightening: 70 Minutes/ Once a Week			
Quadropole RF Advised Time: 15 minutes Advise Energy Intensity: between 1 and 7 Mode Selection: Mode A (default)	Makeup Remover + Facial Cleanser + Cold & Hot Steam + Massage Cream + Hydro Mask + Essence + Facial Mask	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply the hydro mask and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai(ST-2). Repeat three times. 7. Caress the whole face three times. 8. Lift from the chin to the earlobe, from the corner of the mouth to Ermen (SJ21), from the wing of the nose to Taiyang 	Technique 5, 7 
			Technique 6 
			Technique 8, 17 





	<p>(EX-HN5), and from the lower eyelid to Taiyang (EX-HN5) with hands doing it alternately, and lift the corner of the eyes. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Treatment ends.</p> <p>17. Quadrupole RF: Lift one line after another from the chin to the part below the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat three times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>20. Clean the face, 2 minutes.</p> <p>21. Apply a facial mask and wait for 15 minutes.</p> <p>22. Clean the face, 2 minutes.</p>	<p>Technique 10, 12, 19</p>  <hr/> <p>Technique 15</p> 
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		23. Apply toner, essence, facial cream, and sunscreen. 24. Treatment ends.	
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The Recommended Course of Treatment:

A course of treatment includes ten times treatment. After one treatment, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. After two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. After three courses, the skin's metabolism and detox enhance. And it helps to fade the pigment, lightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia in the underlying skin, making the skin tender, smooth, firm, and shiny.

Eye Wrinkle Removal: 45 Minutes/ 2 to 3 Times a Week





<p>Three-Polar RF Advised Time: 15 minutes Advise Energy Intensity: between 1 and 7 Mode Selection: Mode A (default)</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<ol style="list-style-type: none"> Remove makeup and clean the face, 5 minutes. Apply toner, 1 minute. Apply essence (Eye Cream) evenly to the eyes with hands moving circlewise. Repeat three times. Three-polar RF: About 15 minutes. Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times. Lift the device from the lower eyelid moving in small circles to Taiyang (EX-HN5). Repeat 3 to 6 times. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times. Do the same on the other side. Clean the eyes, 1 minute. Apply an eye mask and wait for 15 minutes. Remove the mask and 	<p>Technique 3</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p> 
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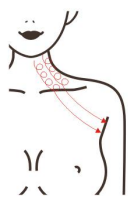

		clean the eyes, 2 minutes. 14. Apply eye essence.	Technique 8, 9 
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The Recommended Course of Treatment:

A course of treatment consists of ten times. After one-time treatment, the eye will be tightened and lifted, and the eye blood circulation will be accelerated. After a course, the fine lines and black eyes will be faded, and the skin color will be improved. After three courses, the eye skin will be tightened and be rejuvenated, and turn shiny. If you stick to it, the eye can be improved, and aging can be prevented.

Neck Maintenance: 60 Minutes/ Once a Week

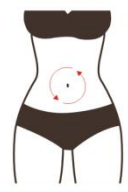
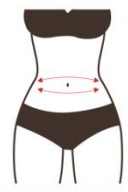



Quadrupole RF Advised Time: 15 minutes Advise Energy Intensity: between 1 and 7 Mode Selection: Mode A (default)	Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask	1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, lift on the chest with hands applying oil, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.	Technique 3 
		4. Lift the lower jaw and double chin with hands doing it alternately, lift to the armpit via the back of the ear, and slide out from there. Repeat three times.	Technique 4 
		5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit and slide out from there. Repeat three times.	Technique 5 
		6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit and slide out from there. Repeat three times. 7. Rub the side of the neck with kneeling fingers until it	Technique 6, 7, 11 




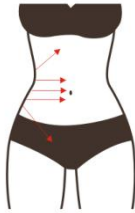


	<p>turns hot and till the armpit and slide out from there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment ends.</p> <p>11. Quadrupole RF: Coupled with hands, lifting from the double chin to armpit via the back of the ear. Repeat three times.</p> <p>12. Move the equipment circlewise on the side of the neck till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13. Slide the equipment from the internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise around the neck. Repeat three times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait for 15 minutes.</p> <p>18. Clean the neck with a hot towel and use a hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>20. Treatment ends.</p>	<p>Technique 12</p>  <hr/> <p>Technique 14</p> 
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The Recommended Course of Treatment:

A course of treatment includes ten times. After one-time treatment, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the circulation of neck lymph accelerates. After two courses, the skin becomes tightened, the cervical stripe fade, and the double chin improves. After three courses, the skin turns delicate, shiny, firm, plump, and lymphatic detox speeds up, dark face and acne improve. It also delays skin aging and rejuvenates the skin.

Waist & Abdomen Sculpting: 45 Minutes/ Once a Week

<p>40K Advised Time: 15 minutes Advise Energy Intensity: between 1 and 7 Mode Selection: Mode A (default)</p> <p>Vacuum RF Advised Time: 15 minutes Suction Time: as long as it's not zero Release Time: set it to zero Advise Energy Intensity: between 1 and 7 Mode Selection: Mode A (default)</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Massage. 2. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 3. Rub the belly back and forth with hands. Repeat 3 to 5 times. 4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times. 5. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times. 6. Draw Arabic numeral 8-shaped motions to the part below the waist, and then lift upwards from the side of the waist. Repeat three times. 7. Rub intestinal tract with hands overlapped, moving in small circles and clockwise. Repeat three times. 8. Caress the treated parts with hands moving circlewise. Repeat three times. 9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat two times. 10. Push from Zhongji (RN3) to 	<p>Technique 2, 8</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p> 
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		<p>the belly button with the thumbs, slide to the parts below the waist along the two sides, and lift upwards to the groin. Repeat three times.</p> <p>11. Caress the treated part till groin with hands.</p> <p>12. Treatment ends.</p> <p>13. 40K: One side, lift from the side of the waist to belly, and lift one line after another to the groin. Repeat three times.</p> <p>14. Lift the other side. Repeat three times.</p> <p>15. Draw small circles on the abdomen. Repeat three times.</p> <p>16. Draw big circles on the abdomen. Repeat three times.</p> <p>17. Vacuum RF: Set it to direct suction. One side, lift one line after another from the side of the waist to the abdomen. Repeat three times.</p> <p>18. Lift the other side.</p> <p>19. Lift Daimai (GB26) back and forth and transversely. Repeat three times.</p> <p>20. Sculpt up and down on the waist. Repeat three times.</p> <p>21. Draw big circles on the abdomen. Repeat three times.</p> <p>22. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>23. Treatment ends.</p>	<p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 17, 22</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16, 21</p> 
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			<p>Technique 20</p> 
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The Recommended Course of Treatment:

A course of treatment includes ten times. After one-time treatment, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile, problems like constipation improve. After two courses, the effects become more and more apparent. The skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and flabby skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.

Arm Sculpting: 60 Minutes/ Once a Week

<p>40K Advised Time: 20 minutes (10 minutes for each side) Advise Energy Intensity: between 1 and 7 Mode Selection: Mode A (default) Sextupole RF Advised Time: 20 minutes (10 minutes for each side) Advise Energy Intensity: between 1 and 7</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> Technique. Do it in left-right order. Lay the arm flatwise, apply oil from the lower arm to the entire arm with hands until the hands slide out, and repeat it three times. Push the entire arm with palms doing it alternately. Repeat three times. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm separately till armpit with hands' purlicue. Repeat three times. Caress the treated part. Repeat three times. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until it turns hot. Repeat three times. Caress the treated part. Repeat three times. Lay the arm upwards, and 	<p>Technique 2, 3, 4, 5, 6, 7</p>  <hr/> <p>Technique 8, 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 16, 21, 24</p>
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<p>Mode Selection: Mode A (default)</p>		<p>push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT]) of the inner arm till armpit with purlicue. Repeat three times, respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers and till it becomes hot. Repeat three times.</p> <p>10. Caress the treated part till the hands slide out. Repeat three times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment ends.</p> <p>13. 40K: Lay the arms flatwise, and push from the fat part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>14. Move circlewise till armpit along the three channels and collaterals. Repeat three times.</p> <p>15. Flabby arms can be treated more. Repeat three times.</p> <p>16. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>18. Draw small circles till armpit along the three channels and collaterals of the upper arms. Repeat three times.</p> <p>19. Push from the upper arm to the armpit along the three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. Sextupole RF: Lay the arms</p>	<div data-bbox="1193 208 1315 387"> </div> <p data-bbox="1126 450 1377 521">Technique 14, 15, 22, 23</p> <div data-bbox="1193 539 1315 719"> </div> <p data-bbox="1126 781 1347 813">Technique 17, 25</p> <div data-bbox="1187 837 1369 1039"> </div> <p data-bbox="1126 1113 1347 1144">Technique 19, 27</p> <div data-bbox="1177 1167 1331 1335"> </div>
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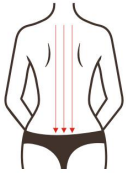
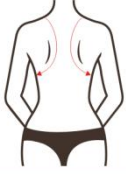

		<p>flatwise, and push from the fat part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>22. Move circlewise till armpit along the three channels and collaterals. Repeat three times.</p> <p>23. Flabby arms can be treated more. Repeat three times.</p> <p>24. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>25. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>26. Draw small circles till armpit along the three channels and collaterals of the upper arms. Repeat three times.</p> <p>27. Push from the upper arm to the armpit along the three channels and collaterals.</p> <p>28. Do the same on the other side.</p> <p>29. Treatment ends.</p>	
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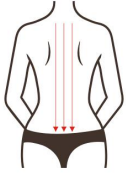




The Recommended Course of Treatment:


A course of treatment includes ten times treatment. After one treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. After two courses, body shaping starts, and the effect strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidates and stabilizes, and rebounds get prevented.

Back Sculpting: 45 Minutes/ Once a Week

<p>Sextupole RF</p> <p>Advised Time: 15 minutes</p> <p>Advise Energy Intensity: between 1 and 7</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<p>1. Technique.</p> <p>2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16).</p> <p>3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times.</p>	<p>Technique 2, 11</p>  <p>Technique 3</p>
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<p>Mode Selection: Mode A (default)</p> <p>Vacuum RF Advised Time: 15 minutes</p> <p>Suction Time: as long as it's not zero</p> <p>Release Time: set it to zero</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p>		<p>4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>5. Move circlewise and S-shaped motions from the neck to the caudal vertebra with hands. Repeat three times.</p> <p>6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with kneeling fingers of the hands in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Operate the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and</p>	 <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19, 26</p>  <p>Technique 10</p>  <p>Technique 12, 13</p>
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		<p>Bladder Meridian with hands till it turns hot.</p> <p>15. Treatment ends.</p> <p>16. Sextupole RF: Treat Du Meridian first and Bladder Meridian after. Start with the neck, sliding to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to the sacral region (BL31-BL34) in an Arabic numeral 8-shaped motions. Repeat three times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23. Vacuum RF: Treat Du Meridian (DU) first and Bladder Meridian (BL) after. Start with the neck, sliding to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>24. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times for each.</p>	 <p>Technique 16, 23</p>  <p>Technique 17, 24</p>  <p>Technique 18, 25</p>  <p>Technique 20, 27</p>  <p>Technique 21, 28</p>  <p>Technique 22, 29</p>
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		<p>25. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>26. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>27. Move transversely and from top to down to the sacral region (BL31-BL34) in an Arabic numeral 8-shaped motions. Repeat three times.</p> <p>28. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>29. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>30. Treatment is done.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten times. After one-time treatment, the back gets relaxed obviously, stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder become relaxed, back fat lessens, Dowager's Hump alleviates, and the back outlines become good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, sub-health conditions, and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, digestion and detox and metabolism boost. (one course with size reduced, two with effect consolidated, and three with effect strengthened and without a rebound.)

Buttocks Sculpting: 45 Minutes/ Once a Week

<p>Vacuum RF Advised Time: 30 minutes Suction Time: as long as it's not zero Release Time: set it to zero</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<p>1. Massage. 2. Stand sideways with hands applying oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times. 3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times.</p>	<p>Technique 2, 5, 11</p>  <p>Technique 3</p>
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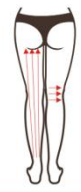

<p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p>		<p>4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changgqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Do it in left-right order. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian(LI), and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from the thigh root to Daimai (GB26) with hands doing it severally along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Lift from the thigh root to the belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push directly(for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and, 3 Repeat three times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p> <p>12.Do the same on the other side.</p> <p>13.Treatment ends.</p> <p>14.Vacuum RF: Lift one line after another from the thigh root to the belt vessel. Repeat three times.</p> <p>15.Lift upwards and one line</p>	 <p>Technique 4</p>  <p>Technique 6, 14, 17</p>  <p>Technique 7, 10</p>  <p>Technique 9, 15, 18</p>  <p>Technique 16</p> 
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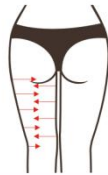
		<p>after another from the two sides of the buttocks to the highest point of it. Repeat three times.</p> <p>16. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18. Lift upwards and one line after another from the two sides of the buttocks to the highest point of it. Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Treatment is done.</p>	
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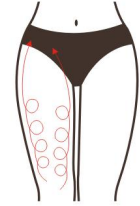

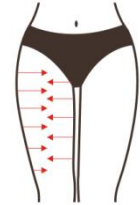
The Recommended Course of Treatment:

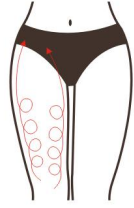
A course of treatment includes ten times. After one-time treatment, the buttocks lift and become hot. After a course, buttocks outlines start to show themselves, excess fat decreases slowly, and the skin turns tightened. After three courses, gynecological diseases like cold-natured body and cold uterus relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

Leg Sculpting: 100 Minutes/ Once a Week

<p>40K</p> <p>Advised Time: 40 minutes (10 minutes for each side)</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p> <p>Vacuum RF</p> <p>Advised Time: 40 minutes (10</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Massage. 2. Do it in left-right order. Apply essential oil from the lower leg to the thigh and back to the heel. Repeat three times. 3. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times. 4. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' pulicue doing it by turns. Repeat three times. 5. Push popliteal fossa with hands doing it alternately. 	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 12, 14, 20, 22</p>
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<p>minutes for each side)</p> <p>Suction Time: as long as it's not zero</p> <p>Release Time: set it to zero</p> <p>Advise Energy Intensity: between 1 and 7</p> <p>Mode Selection: Mode A (default)</p>		<p>Repeat three times.</p> <p>6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat three times.</p> <p>9. Caress the treated part. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment ends.</p> <p>12. 40K: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Start from popliteal fossa, drawing small circles till the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. Draw small circles on the whole thigh to dissolve fat.</p>	 <p>Technique 13, 21</p>  <p>Technique 15, 17, 23</p>  <p>Technique 16, 18, 24</p>  <p>Technique 13, 21</p>  <p>Technique 25</p>  <p>Technique 26</p>
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		<p>Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum RF: Coupled with hands, lifting one line after another from the heel to the popliteal fossa. Repeat three times.</p> <p>21. Draw small circles on the lower leg. Repeat three times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the popliteal fossa to the thigh root. Repeat three times.</p> <p>24. Draw small circles on the thigh. Repeat three times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply oil from the lower leg to the thigh root with hands (namely caressing). Repeat three times.</p> <p>29. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>30. Push the four channels and collaterals with kneeling fingers of the hands. Repeat three times.</p> <p>31. Treatment ends.</p> <p>32. Do the same on the other side.</p>	 <p>Technique 28, 29, 30, 33, 35, 38, 39, 40</p>  <p>Technique 34, 37</p>  <p>Technique 36, 41</p>  <p>Technique 42</p>  <p>Technique 43</p>
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	<p>33. 40K: Lift from the lower leg towards the knee along the four channels and collaterals. Repeat three times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have too much fat, we can treat the thigh directly.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>36. Draw small circles on the whole thigh. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. Vacuum RF: Treat the lower legs with the technique mentioned above. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>41. Draw small circles on the thigh. Repeat three times.</p> <p>42. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>44. Do the same on the other</p>	 <p>The diagram shows a front view of a female lower body wearing black underwear. On the right thigh, there is a vertical line of seven small red circles. On the left thigh, there is a vertical line of seven small red circles. A red dot is located on the lower leg, near the ankle. A horizontal line is drawn across the waist area.</p>
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		side. 45. Treatment ends.	
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The Recommended Course of Treatment:
A course of treatment includes ten times. After one-time treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces.