

User Manual

MS-4481



Preface

To our valued users,

Thanks for choosing our latest product: 4-in-1 integrated beauty equipment. This newest body slimming and skin tightening instrument integrates Tripolar RF, Body RF, Vacuum Bipolar RF, and 40K. MS-4481 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

At present, Tripolar RF, Body RF, Vacuum Bipolar RF, and 40K are the most popular equipment for improving looks, tightening, shaping, and fighting against aging. It can effectively replace all the facial and body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It has no side effects, but it has an immediate impact. And it's operated externally throughout. Radiofrequency heats deep skin, stimulates collagen hyperplasia and recombination of the dermis, and accelerates blood circulation of the underlying skin. Thus, you can own firm and plump skin, win the fight against aging, and prevent senility. Ultrasonic waves of a particular frequency aim at body parts having difficulty reducing fat, bringing fantastic effects.

2. Advantages

- (1) The 4-in-1 multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasonic waves powerfully blast and remove fat and have replaced and surpassed liposuction, bringing good news to obese people.
- (3) It has multiple handpieces, which can be changed per the body parts and different requirements.
- (4) One handpiece has various functions and a stronger radiofrequency and a higher and more well-distributed energy.
- (5) The perfect match of ultrasonic waves and radiofrequency will address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
- (6) It adopts the most advanced ultrasonic cavitation technique in the world.
- (7) It's painless and non-invasive during treatment; it requires no convalescence or stay and will not affect regular work and life after treatment.
- (8) It has zero consumption and is low-cost, but it gives a quick return.
- (9) It has a broader treatment range and can be used all over the body.
- (10) Unevenness, bleeding, and swelling will not occur.
- (11) Its various handpieces emit infrared, accelerate metabolism, reduce skin inflammation, and disinfect the skin while massaging and dissolving fat, presenting an evident effect and better comfort level.

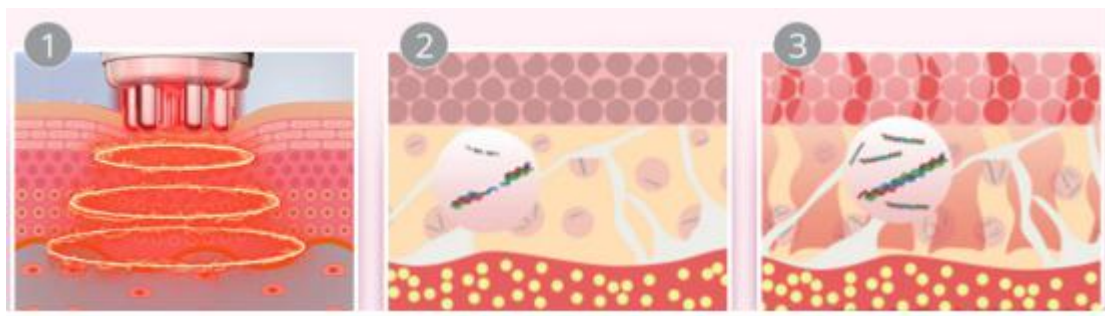
3. Principle

(1) Tripolar RF

Radiofrequency waves directly penetrate the skin and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

The treated parts can experience an apparent shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become more evident. Depending on body parts and ways of maintenance, the effect of radiofrequency can be preserved about 18 months to 3 years, or varies, or extends even longer per ways of care. According to the latest research, you can attain a better effect after multiple times of treatments.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second. The waves penetrate the epidermis and act directly on the dermis, intensely heating collagen cells and stimulating collagenous fiber growth. Thus, the skin is supported by lots of new collagen, making it more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of the fat on the surface layer. Thus, slack and saggy body parts can be tightened and lifted.

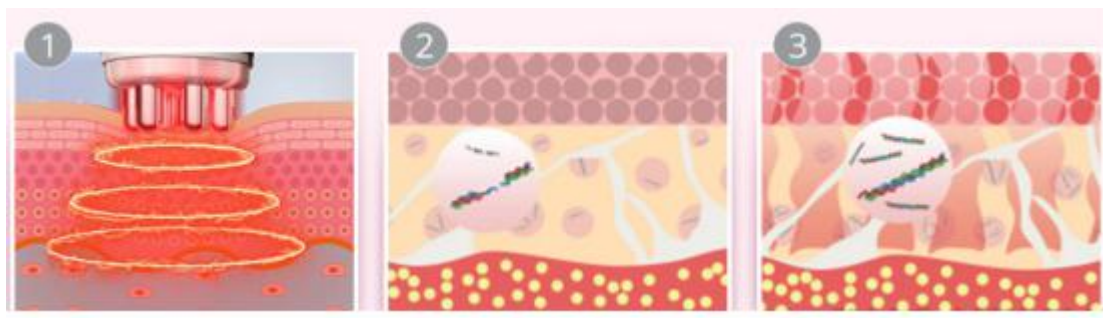


(2) Body RF

Particular radiofrequency waves, produced by radiofrequency heat effect in specific depths under the skin, penetrate the epidermis and directly act on the dermis, heating tissue, promoting subcutaneous fat's the catabolism, and stimulating hyperplasia and restructuring of collagen and elastic fibers. With the continuous neogenesis and realignment of the dermis's collagen, you can feel the skin is lifted and

tightened after having the slack skin treated.

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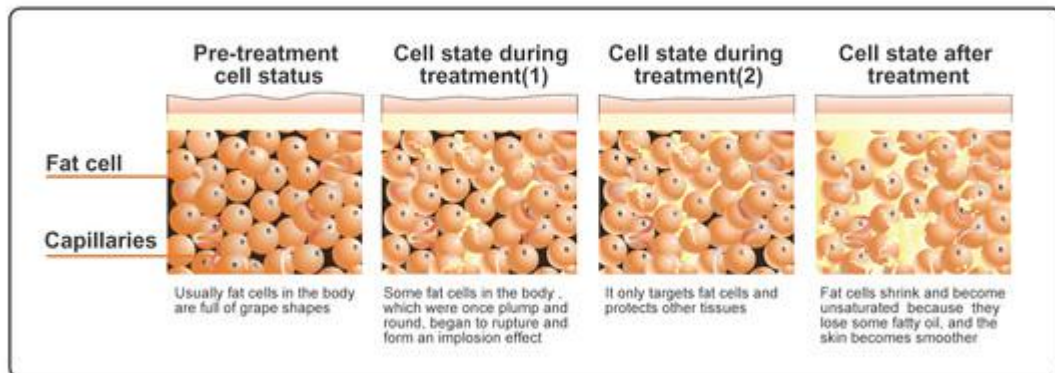


(3) 40K

It utilizes the principle of ultrasonic waves. It can effectively consume heat and cellular moisture and shrink fat cells by the gathered intense sound waves entering the body that causes fat cells to produce a violent strike and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The cavitation principle of ultrasonic wave: When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasonic waves and close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

Advantages: It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like blood vessels and nerves.



(4) Vacuum Bipolar RF

Massaging skin and muscle with a particular vacuum sucker can effectively enhance the mobility of cells' body fluid and boost cells' movement so that cells can be activated and skin elasticity can be increased. Meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxins through the regular circulation of the lymphatic system, and lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum sucking fat out can increase the activity of skin tissue and muscles so that scleroid cellular tissue can be decreased and skin tissue's elasticity can be enhanced, completing body slimming and shaping simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system of the superficial and deep layer of the skin and lowers skin sensitivity. Air pressure suction and release can improve the blood capillary system, promote flow between deeper veins and the lymph gland networks, strengthen blood vessels, and relieve varicosity.

Advantages: It breaks through the previous vacuum working mode featured by singleness and simpleness. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently and cause no harm to the body. Compared with the ordinary monopole RF, this equipment, with its unique RF handpiece and RF and vacuum relatively independent but complementary as a whole metabolic system, can perfectly reshape the body in a more effective, rapid, and even way.

The Physical Effect of the Vacuum

Layers of the Skin

The suction and release of air pressure:

- It improves mobility among cells to increase cell movement and cure diseases related to blood stasis and stagnation.
- Remove moisture from the lymph gland and veins.
- Effect: Discharge excess moisture from fibrous tissue.

Vascular Layer

The suction and release of air pressure:

- Boost blood circulation of the micro-vessels, improve the blood capillary system, and promote flow between deeper veins and the lymph gland networks.
- Remove extra toxins from the body.
- Effect: Strengthen blood vessels and relieve varicosity.

Fibrous Layer

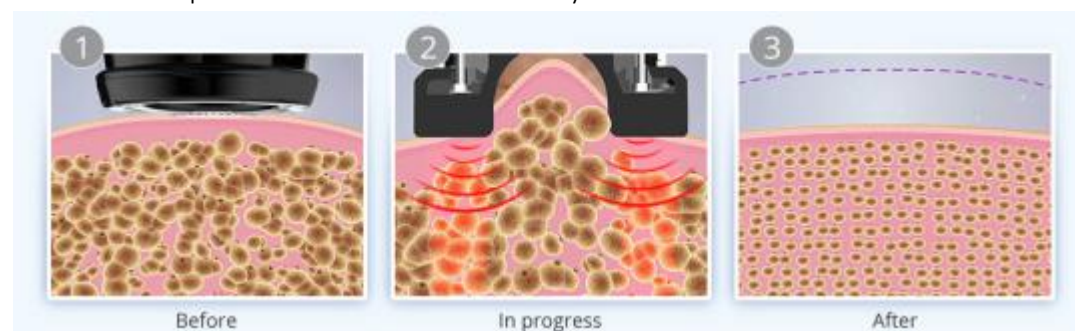
The suction and release of air pressure:

- Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).
- Repair cell tissue and enhance activity among cells.
- Boost and repair skin elasticity and resist skin stretch.
- The production of ossein helps to renew skin and restore elasticity.
- Enhance oxygen delivery capacity for the skin and increase the consumption of carbon dioxide.
- Effect: Break the hard fiber of cellulite and make it more elastic to achieve body shaping.

Nervous Layer

The suction and release of air pressure:

- Stimulate the surface and deep layer of the sympathetic nervous system.
- Lower skin sensitivity.
- Repair skin elasticity and resist the fibrosis of tissue.
- Effect: Repair and reduce skin sensitivity.



4. Anti-aging Facial & Skin Tightening

(1) Handpiece

Tripolar RF

(2) Efficacy

- 1) Tighten skin and flatten fine lines.

- 2) Relieve flabby and soft skin.
- 3) Sculpt facial contour and make the third dimension of the face more noticeable.
- 4) Moisten skin and enhance absorptivity of the skin.
- 5) Accelerate blood circulation and metabolism.
- 6) Stimulate collagen hyperplasia and delay aging.

(3) Indications

- 1) People with dark or lustreless faces.
- 2) People with flabby or saggy skin.
- 3) People with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) People with vague facial contour.
- 5) People with coarse skin or large pores.
- 6) People who are under long-term exposure to UV radiation in the workplace.
- 7) People with flabby skin, edema, or puffiness after child delivery.

(4) Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid, skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) People with skin trauma or wounds.
- 6) Overage people.
- 7) People in menstruation, pregnancy, lactation, or surgical recovery.
- 8) People with skin disease or infectious disease.
- 9) People who have an unrealistic illusion about the effect.

(5) Matters Needing Attention After Treatment

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use irritant skincare products that contain scrub, exfoliant, AHA(Alpha Hydroxyl Acid), etc.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

5. Under-Eye Wrinkles Removal

(1) Handpiece

Tripolar RF

(2) Efficacy

- 1) Relieve eye fatigue, dark circles, bags under eyes, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

(3) Indications

- 1) People with wrinkles, fine lines, dark circles, or bags under their eyes.
- 2) People with dry skin, dry lines, or dynamic wrinkles.
- 3) People whose eyes are prone to fatigue or dryness.
- 4) People who always face computer or cellphone.
- 5) People with dark circles due to staying up late.
- 6) People who always expose to a dry or high-temperature environment.

(4) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(5) Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water and apply an eye mask at least three times a week since the

treated parts are dry.

6. Neck Maintenance

(1) Handpiece

Tripolar RF

(2) Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

(3) Indications

- 1) People whose necks have coarse skin or dark skin color.
- 2) People whose necks have clogged lymph.
- 3) People whose necks have slack or inelastic skin.
- 4) People who always lower their heads.
- 5) People who are not satisfied with their necks' skin color.

(4) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) People in the allergic period or with severely sensitive skin.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(5) Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water, apply a neck mask at least three times a week, and apply essence or neck cream.

5) Avoid lowering your head for a long time.

7. Body Management

(1) Waist & Abdomen Fat-dissolving & Sculpting

1) Handpiece

Body RF + 40K + Vacuum Bipolar RF

2) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.

3) Indications

- People with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- People with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- People with unsightly waistlines due to sitting too long.
- People with striae distensae or stretch marks.
- People with constipation or whose abdomens have obstructed channels and collaterals.

4) Contraindications

- People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- People whose surgical wounds are healing or in surgical recovery.
- People with epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People with severe gynecological diseases.
- People whose gynecological diseases are in treatment.

5) Matters Needing Attention After Treatment

- Keep the abdomen warm and avoid exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

(2) Arm Fat-dissolving & Sculpting

1) Handpiece

Body RF + 40K + Vacuum Bipolar RF

2) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Relieve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

3) Indications

- People with thick arms or who look unsightly in clothes.
- People with bat wings or flabby arms.
- People whose arms have flabby skin.
- People whose arms are prone to soreness and numbness.
- People who always carry a baby.

4) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People in the allergic period or with severely sensitive skin.
- People with skin trauma or wounds.
- Overage people.
- People in pregnancy or surgical recovery.
- People with skin disease or infectious disease.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(3) Back Sculpting

1) Handpiece

Body RF + Vacuum Bipolar RF

2) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.

3) Indications

- People with shoulder or back soreness or stiff neck.
- People with insomnia, dreaminess, or a fading memory.
- People prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- People with thick backs or who look unsightly in clothes.
- People with Dowager's Hump.

4) Contraindications

- People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- People whose surgical wounds are healing or in surgical recovery.
- People with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.

- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People who have a weak body.
- People who are drunk, thirsty, overworked, or with a full or empty stomach.

5) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4) Buttock Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner qi-blood and lower burner qi-blood. It plays a vital role in managing body S-curve and enhancing feminine charm.

1) Handpiece

Body RF + Vacuum Bipolar RF

2) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

3) Indications

- People whose hips are slack, saggy, or have accumulated fat.
- People with striae distensae or stretch marks.
- People whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- People with cold hips or low hip temperature.

- People with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- People with decreased estrogen levels or disharmonious sexual life.

4) Contraindications

- People in menstruation, pregnancy, lactation, or surgical recovery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery.
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.

5) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(5) Leg Fat-dissolving & Sculpting

1) Handpiece

Body RF + 40K + Vacuum Bipolar RF

2) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen regeneration and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

3) Indications

- People with obstructed blood circulation of the lower limbs, edema, or obesity.

- People with hyp immunity, who feel uncomfortable and pain all over the body, or who are prone to catch colds.
- People with coarse or slack skin.
- People whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

4) Contraindications

- Women in menstruation, pregnancy, or lactation.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery.
- People with severe varicosity or tumors.
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.
- People in pregnancy or surgical recovery.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing miniskirts and mini-shorts.

(6) Breast Sculpting

1) Handpiece

Body RF

2) Efficacy

- Adjust breast shape and improve accessory breast.
- Relieve breast nodules, slight hyperplasia, and distending pain in the breast during menstruation.
- Reduce the appearance of the outward expansion of the breast.
- Improve irregular menstruation, spots on the face, and inelastic skin.

- Relieve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

3) Indications

- People whose breast shape is not good-looking or who have accessory breasts.
- People with breast nodules, slight hyperplasia, or who have distending pain in the breast during menstruation.
- People whose breast has free fat or outward expansion or is saggy.
- People with hypoimmunity.
- People with irregular menstruation, spots on the face, or inelastic skin.
- People who think she has a less developed mammary gland, mastatophy, loose breast, or blocked lactiferous ducts after giving birth.

4) Contraindications

- People with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or impaired major organ functions.
- People who have been taking anticoagulants, vascular dilations, or corticosteroids for a long time or are taking them now.
- People with infected skin on the breast.
- People with severe breast hyperplasia, fibroma, or cyst.
- Women in pregnancy or lactation.

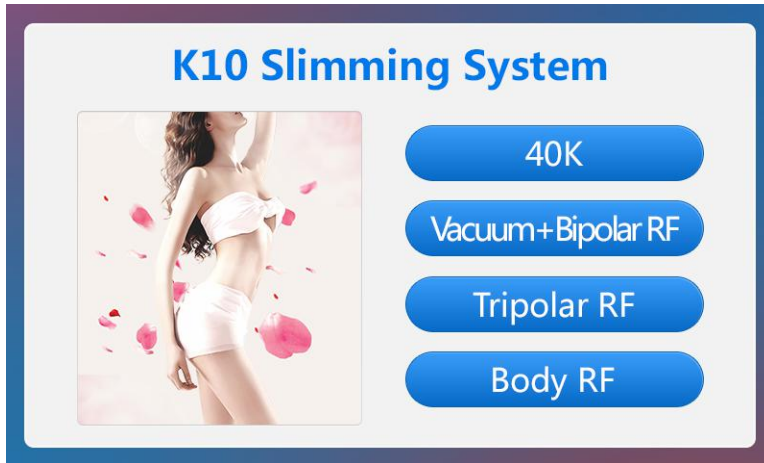
5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.

Part II

1. Detailed Operations

Check the equipment and make sure it's properly connected. The following interface appears when pressing the power switch.

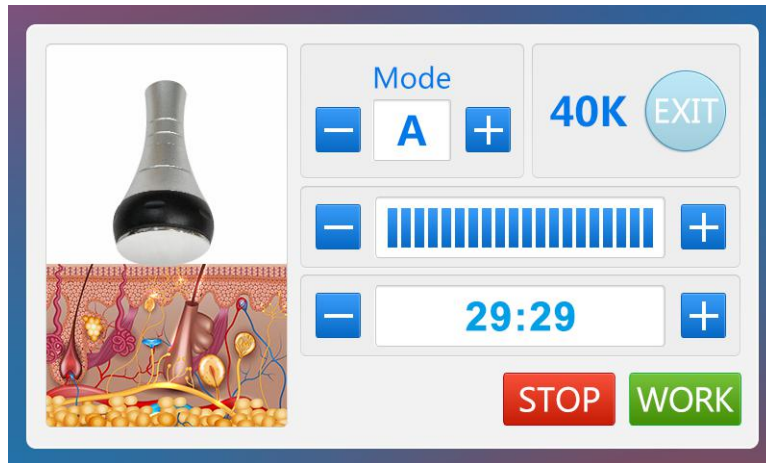


(1) Function Selection



(2) Detailed Operations for 40K

Select  and enter the following page.



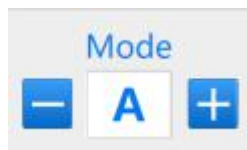
Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



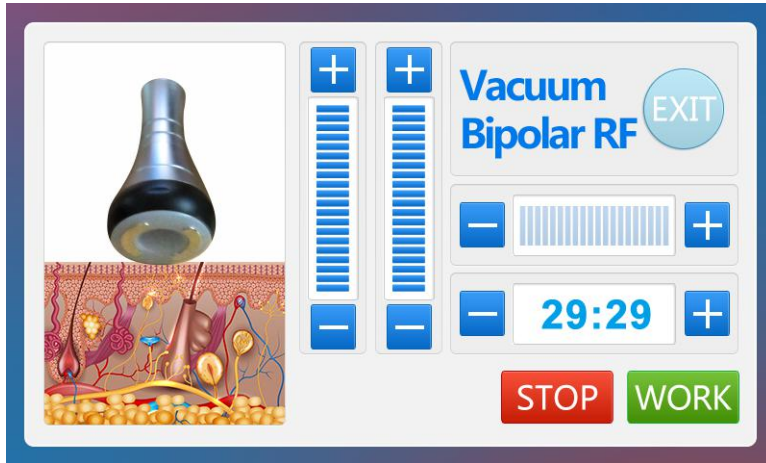
Mode Selection

A: Continuous Working Mode. Namely, when clicking the Start, the handpiece releases energy all the time. It suits those with fat accumulation or thick fat.

B: Discontinuous Working Mode. Namely, when clicking the Start, the handpiece releases energy on and off. It suits those with local obesity or who want to reduce weight.

(3) Detailed Operation for Vacuum Bipolar RF

Select **Vacuum+Bipolar RF** and enter the following page.



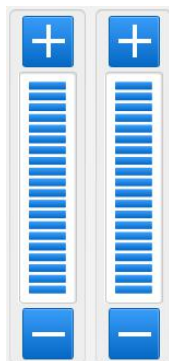
Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Suction & Release Time Setting & Display



Suction & Release Time Setting (increase)



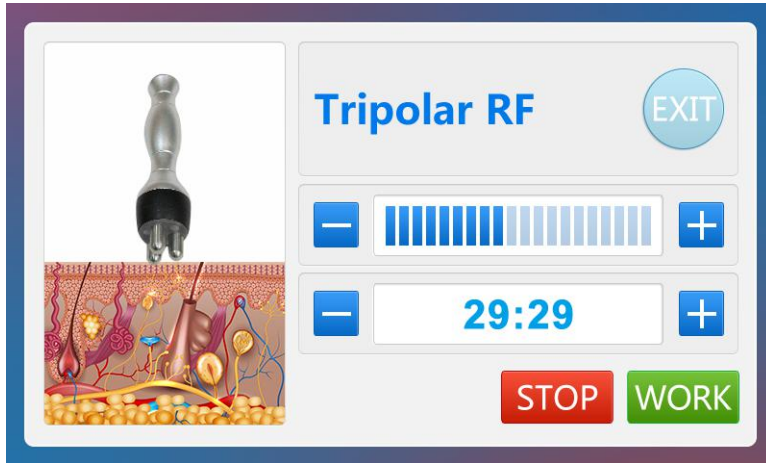
Suction & Release Time Setting (decrease)



Rotating knob for setting the suction of Vacuum Bipolar RF. Rotate to the left to decrease suction and to the right to increase. Please adjust it per individual tolerance. It's advised not to set the suction too high when just start to avoid discomfort.

(4) Detailed Operations for Tripolar RF

Select  and enter the following page.



Energy Level Setting & Display



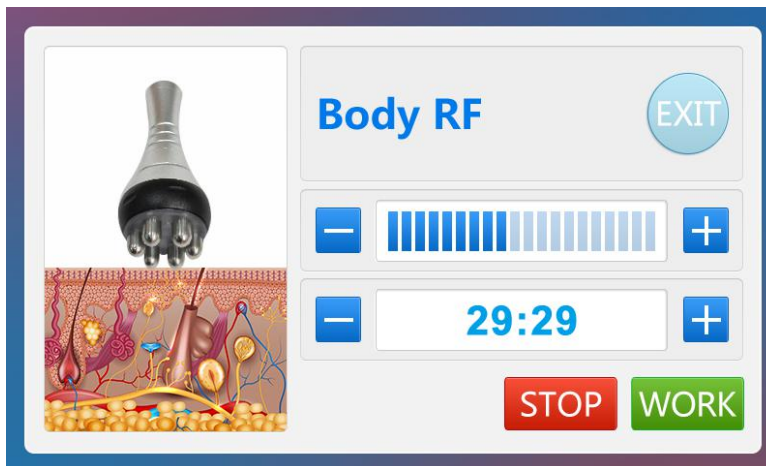
Energy Level Setting (decrease)



Energy Level Setting (increase)

(5) Detailed Operations for Body RF

Select  and enter the following page.



Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)

2. Technical Parameters

Unoisetion 40K Cavitation Probe

Frequency:40KHz

Power: 15W

Sextupolar 3D RF for Body

Frequency:1MHz

Power: 50W

Vacuum Bipolar 3D RF Handle

Frequency: 1MHz

Power: 10W

Vacuum: <-80kPa

Pressure: >250kPa

Air Flow: >10L/minute

Noise Level: <70dB (30cm away)

Three pole 3D RF Handle for face

Frequency:1MHz

Power: 30W

Dimensions: 400*350*260mm

Net Weight: 5.15 kg

Gross Weight: 5.85 kg

Input Power: AC110V/220V 50/60Hz

Display: Touch Screen

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and normal service life.
- (4) Please do not put the equipment in a damp place, near a water source, or sites that expose it to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to avoid

unexpected situations that may affect the curative effect.

- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, a pregnant woman's abdomen, pacemaker, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (10) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (11) You can use the handpieces separately, but you can use them together to achieve a better effect.
- (12) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (13) You must keep the treated parts moist and avoid operation in dry skin conditions when operating the instrument.
- (14) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to take it immediately.
- (15) Using 40K on the head, chest, breast, heart, and back is prohibited.
- (16) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life.

4. Common Problems & Solutions

- (1) Does the equipment can't be started, and the button lamp on it can't light up?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.

- (2) Does the RF doesn't have output, or is it weakened after the equipment is on?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. The wire inside the handpiece is loose or burnt out.

- (3) The equipment doesn't have suction, or the suction is weak?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. Please check whether the oil filter outside is tightened and whether the rubber ring is worn out. Air leakage in this place may cause insufficient air pressure.
 - C. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

- (4) Is there an error message on the monitor after the equipment is on?
 - A. Take out the plug from the back, wait about one minute, reinsert the plug, and

restart the equipment.

- B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

5. FAQs

(1) Q: How long does it take to see the effect of an radiofrequency treatment?

A: Usually, the effect can be seen on the same day or within a week. Skin's collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. Radiofrequency regenerates collagen continuously since it stimulates subcutaneous tissue. Therefore, the more times you take the treatment, the more noticeable the effect.

(2) Q: Does radiofrequency harm the skin?

A: Skin tightening and anti-wrinkle with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it causes no harm to the skin. Only local redness and burning will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation, and it will disappear after a moment. Thus, you don't have to worry.

(3) Q: How long does a body firming and shaping treatment take?

A: The time for one treatment is about 60 minutes. We will combine professional massage and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat-dissolving, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and alleviate loosening and sagging. For the body, it can reduce the weight of local body parts, build an S curve, and accelerate metabolism and detox of the whole body. Meanwhile, it can also enhance viscera functions and relieve the sub-health condition of the body.

(5) Q: Which one is better in terms of weight reduction, liposuction, or this equipment?

A: Liposuction rapidly slims a local body part by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during the operation and has convalescence. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, boosting feminine charm.

(6) Q: Will I experience a rebound after treatment?

A: For weight loss with radiofrequency lipolysis, it's hard for the weight to rebound after reduction. Radiofrequency lipolysis removes fat instead of moisture, and it takes

a long time for the fat to be accumulated. Thus, it will not rebound easily.

(7) Q: Do I need to be on a diet?

A: To some extent, you need to keep on a diet since radiofrequency and ultrasonic wave treatments are followed by fat-blasting and accelerated metabolism. Therefore, avoid eating spicy, oily, or fried food so as not to affect metabolism. And have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect.

(8) Q: Does the treatment have any side effects on the body?

A: Improving the appearance and shaping the body with radiofrequency is a non-invasive treatment and currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient skin redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin loses moisture due to heat energy produced by radiofrequency. However, the skin turns plump at the initial stage of collagen regeneration, and all those symptoms will vanish after three days. Thus, it has no side effects on the body.

(9) Q: Can ultrasonic wave be used all over the body?

A: Ultrasonic waves break fat cells and burst the cell wall, causing fat in the cells to flow out, which is absorbed and metabolized by lymph. The ultrasonic wave has strong power. The heart is sensitive to sound waves since it's a hollow organ. When the sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasonic waves. (Don't use it on the waist, back, and breast.)

(10) Q: Does ultrasonic wave have side effects on the body?

A: Ultrasonic wave is a non-surgical and non-invasive treatment and requires no anesthetic and surgery. When the collected intense sound waves enter the body, it causes a violent impact upon the fat cells, blasting them. It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal, and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. The ultrasonic focusing effect acts on the adipose layer that is 20mm below the skin. Ultrasonic waves with concentrated energy effectively cause fat cells of the Jiao zone to produce high-speed friction, resulting in heating, breaking, and

emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, relieve slack face, and care hair. Collagen is a nutrient that the body must be supplemented with to delay aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has depleted, and the content of collagen has decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, collagen content is less than half of that of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, making the skin dry, wrinkled, slack, and inelastic. Therefore, collagen must be supplemented to delay aging.

(13) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the air suction and release and the alternate increase and decrease of the vacuum make local pores open and close continually, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can invigorate Qi, activate blood circulation, remove cold and dampness, dredge channels and collaterals, and expel toxins and heat.

6. Packing List

1x 40kHz Cavitation Head
1x Multipolar RF Handle for Body
1x Vacuum Bipolar RF Head
1x Three Pole RF Head for Face and eyes' around
1x Power Cord

7. Operating Steps

(1) Anti-aging Facial & Skin Tightening/ Under-Eye Wrinkles

Removal/ Neck Maintenance

Remove makeup, clean the face, apply toner, massage, use Face RF/ Tripolar RF, apply an eye mask/ neck mask, apply water, essence, facial/ eye/ neck cream, and sunblock.
Matched Product: radiofrequency cream/ massage cream

(2) Waist & Abdomen/ Arm/ Leg Fat-dissolving & Sculpting

Massage, use Body RF, 40K, and Vacuum Bipolar RF, and clean the treated parts.
Matched Product: gel, radiofrequency cream/ essential oil



(3) Back/ Buttock Sculpting




Massage, use Body RF and Vacuum Bipolar RF, and clean the treated parts.
Matched Product: radiofrequency cream/ essential oil

(4) Breast Sculpting

Massage, use Body RF, and clean the treated parts.
Matched Product: radiofrequency cream/ essential oil

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging Facial & Skin Tightening: 60 Minutes/ Once a Week			
Tripolar RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7	Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Cream Mask + Essence + Sheet Mask	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply the hydrating cream mask to the face and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 	Technique 5, 7 
			Technique 6 
			Technique 8, 18


	<p>7. Caress the whole face three times.</p> <p>8. Lift from the chin to the earlobe, from the corner of the mouth to Ermen (SJ21), from the wing of the nose to Taiyang (EX-HN5), and from the lower eyelid to Taiyang (EX-HN5), and lift the corner of the eyes. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, then slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Clean the face, 2 minutes.</p> <p>17. Apply essence evenly to the whole face, 1 minute.</p> <p>18. Tripolar RF: Lift one line after another from the chin to the part below the ear, from the corner of the</p>	 <hr/> <p>Technique 10, 12, 20</p>  <hr/> <p>Technique 15</p>  <hr/>
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		<p>mouth to the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>21. Clean the face, 2 minutes.</p> <p>22. Apply a sheet mask and wait 15 minutes.</p> <p>23. Clean the face, 2 minutes.</p> <p>24. Apply toner, essence, facial cream, and sunscreen.</p> <p>25. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox enhance. And it fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.

Under-Eye Wrinkles Removal: 25 Minutes/ 2 to 3 Times a Week


<p>Tripolar RF Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply essence (eye cream) evenly to the eyes with hands moving circlewise, 3 minute. 4. Tripolar RF: Set the energy level, mode, and operating time (about 10 minutes). 5. Lift the handpiece from the lower eyelid to the 	<p>Technique 3</p>  <p>Technique 5</p>
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		<p>corner of the eye. Repeat 3 to 6 times.</p> <p>6. Lift the handpiece from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>7. Draw small circles on the lower eyelid with the handpiece and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>8. Lift the handpiece from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>9. Lift the handpiece from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>10. Do the same on the other side.</p> <p>11. Clean the eyes, 1 minute.</p> <p>12. Apply an eye mask and wait 15 minutes.</p> <p>13. Remove the mask and clean the eyes, 2 minutes.</p> <p>14. Apply eye essence and eye cream.</p> <p>15. Treatment ends.</p>	 <p>Technique 6, 8</p>  <p>Technique 7</p>  <p>Technique 9</p> 
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The Recommended Course of Treatment:

It's advised to take 2 to 3 treatment cycles a week. When you accomplish a treatment cycle, the eye lifts and firms to some extent, and its blood circulation accelerates. After a month, the fine lines and dark circles fade, and the skin color lightens. And the eye skin turns tightened, rejuvenated, and shiny three months later. If you carry it through, it can relieve and prevent eye aging.

Neck Maintenance: 60 Minutes/ Once a Week

<p>Tripolar RF Advised Time: 10 to 15 minutes Advised Energy</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream +</p>	<p>1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, apply essential oil to the chest with hands, move to the</p>	<p>Technique 3</p> 
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Level:
3 to 7

Essence +
Neck Mask

back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.

4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there. Repeat three times.

5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit, and slide out from there. Repeat three times.

6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times.

7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times.

8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.

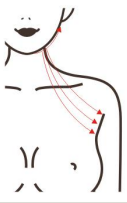
9. Do the same on the other side.

10. Treatment ends.

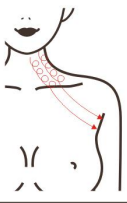
11. Tripolar RF: Lift from double chin to armpit via the back of the ear with the instrument and a hand, and slide out from there. Repeat three times.

12. Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there.

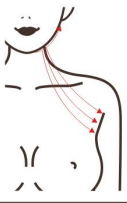
Technique 4



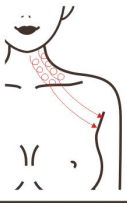
Technique 5, 6, 7



Technique 11



Technique 12



Technique 14

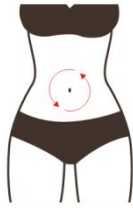


		<p>Repeat three times.</p> <p>13. Slide the equipment from internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise on the neck. Repeat three times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait 15 minutes.</p> <p>18. Clean the neck with a hot towel and use a hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>20. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymphatic detox speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.

Waist & Abdomen Fat-dissolving & Sculpting: 60 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>40K</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 2. Rub the belly back and forth with hands. Repeat 3 to 5 times. 3. Rub abdominal fat as the way of rubbing the spine with hands doing it 	<p>Technique 1, 7, 10</p>  <p>Technique 2</p>
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Advised Time:
15 to 20
minutes

Advised Energy
Level:
3 to 7

Mode Selection:
A/ B

**Vacuum Bipolar
RF**

Advised Time:
10 to 15
minutes

Advised Energy
Level:
3 to 7

The time for
suction and
release can be
set freely. It's
direct suction
when the
release time is
set to zero.

alternately. Repeat three
times.

4. Lift Daimai (GB26) of the
two sides of the waist with
hands doing it alternately.
Repeat 16 times.

5. Draw Arabic numeral
eight till the part below the
waist with hands, and then
lift upwards from the side
of the waist. Repeat three
times.

6. Rub intestinal tract with
overlapped hands drawing
small circles clockwise.
Repeat three times.

7. Caress the treated parts
with hands moving
circlewise. Repeat three
times.

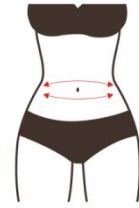
8. Press Shangwan (RN13),
Zhongwan (RN12), Xiawan
(RN10), Shenque (RN8),
Qihai (RN6), Guanyuan
(RN4), Zhongji (RN3),
Tianshu (ST25), and Daheng
(SP15). Repeat two times.

9. Push from Zhongji (RN3)
to the belly button with the
thumbs, slide to the parts
below the waist along the
two sides, and lift upwards
to the groin. Repeat three
times.

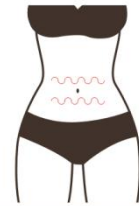
10. Caress the treated
parts till groin with hands.

11. Body RF: Along
ascending colon, transverse
colon, and descending
colon, moving from the
abdomen to rectum slowly.
Repeat 3 to 5 times.

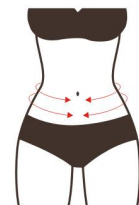
12. Shape the waist with
hands moving



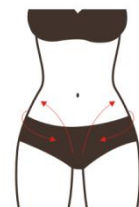
Technique 3



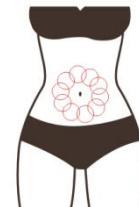
Technique 4



Technique 5




Technique 6



Technique 8

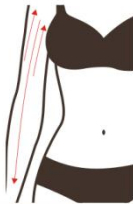
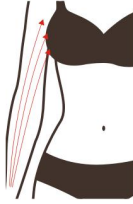
		<p>rhombus-shaped motion. Repeat 3 to 5 times.</p> <p>13. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>14. Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>15. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>16. 40K: Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>17. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.</p> <p>18. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>19. Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>20. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>21. Vacuum Bipolar RF: One Side-Lift from the side of the waist to the belly and one line after another to the groin. Repeat three times.</p> <p>22. Lift the other side. Repeat three times.</p> <p>23. Set the vacuum to interval mode and move it slowly on the abdomen. Repeat three times.</p>	<div data-bbox="1161 219 1294 421" data-label="Image"> </div> <hr/> <p data-bbox="1082 495 1241 524">Technique 9</p> <div data-bbox="1161 551 1294 752" data-label="Image"> </div> <hr/> <p data-bbox="1082 824 1305 853">Technique 11, 16</p> <div data-bbox="1161 880 1294 1081" data-label="Image"> </div> <hr/> <p data-bbox="1082 1153 1305 1182">Technique 12, 17</p> <div data-bbox="1161 1209 1294 1411" data-label="Image"> </div> <hr/> <p data-bbox="1082 1529 1353 1559">Technique 13, 18, 24</p> <div data-bbox="1161 1585 1294 1787" data-label="Image"> </div> <hr/> <p data-bbox="1082 1859 1369 1933">Technique 14, 15, 19, 20, 25</p>
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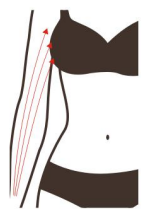
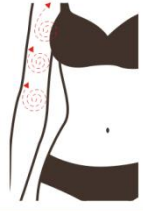
	<p>24. Set the vacuum to direct suction and sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>25. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>26. Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, and slimming starts. Meanwhile, problems like constipation relieve. When you complete two courses, the effect becomes more apparent, the skin turns tightened and is lifted, the underlying skin's collagen increases, and stretch marks and flabby skin take a turn for the better. If you finish three courses, the effect consolidates, excess fat disappears gradually, the waist and abdomen's curves sculpt, and a slim waist forms.

Arm Fat-dissolving & Sculpting: 70 Minutes/ Once a Week

<p>Body RF Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>40K Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Mode Selection: A/ B</p> <p>Vacuum Bipolar</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> Do it in left-right order. Lay the arm flatwise, apply essential oil from the lower arm to the upper arm with hands until the hands slide out. Repeat three times. Push the entire arm with palms doing it alternately. Repeat three times. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times. Caress the treated part. Repeat three times. Rub the three channels and collaterals of the upper arm separately and back 	<p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4, 5, 6</p>  <hr/> <p>Technique 7</p>
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<p>RF</p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>The time for suction and release can be set freely. It's direct suction when the release time is set to zero.</p>		<p>and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively.</p> <p>8. Rub the three channels and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>9. Caress the treated parts till the hands slide out. Repeat three times.</p> <p>10. Treatment ends.</p> <p>11. Do the same on the other side.</p> <p>12. Body RF: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>13. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>14. You can treat flabby arms more. Repeat three times.</p> <p>15. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the</p>	 <p>Technique 8, 16, 18, 24, 26</p>  <p>Technique 9</p>  <p>Technique 12, 15, 20, 23</p>  <p>Technique 13, 14, 21, 22, 32</p> 
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		<p>armpit. Repeat three times.</p> <p>17. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. 40K: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>25. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. Vacuum Bipolar RF:</p>	
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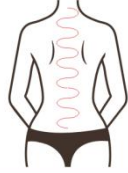
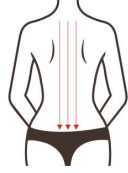
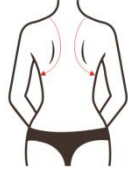


		<p>29. Lay the arms flatwise, and move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>30. Move circlewise on the upper arm. Repeat 5 to 8 times.</p> <p>31. Lay the arms upwards, and sculpt up and down on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>32. Draw small circles on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>Clean the treated parts with a towel. Treatment ends.</p>	
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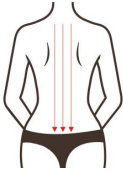





The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the arms feel hot and tightened and get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. When you complete two courses, body shaping starts, the effect strengthens, channels and collaterals dredges, and the physique enhances. If you finish three courses, the effect consolidates and stabilizes. Thus, the rebound can be prevented.

Back Sculpting: 60 Minutes/ Once a Week

<p>Body RF Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Vacuum Bipolar RF Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Technique. 2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times. 4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times. 5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three 	<p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>
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<p>The time for suction and release can be set freely. It's direct suction when the release time is set to zero.</p>		<p>times.</p> <p>6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Operate the other side. Press Tianzong (SI11) till the arm slide out. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15. Treatment ends.</p> <p>16. Body RF: Treat Du Meridian first and Bladder Meridian after. Slide from</p>	 <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14</p>  <hr/> <p>Technique 9, 19, 26</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16, 23</p>
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		<p>the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. For the whole back, draw Arabic numeral eight transversely and from top to down to the sacral region (BL31-BL34). Repeat three times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23. Vacuum Bipolar RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>24. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>25. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5</p>	 <hr/> <p>Technique 17, 24</p>  <hr/> <p>Technique 18, 25</p>  <hr/> <p>Technique 20, 27</p>  <hr/> <p>Technique 21, 28</p>  <hr/> <p>Technique 22, 29</p>  <hr/>
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		<p>times.</p> <p>26. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>27. For the whole back, draw Arabic numeral eight transversely and from top to down to the sacral region (BL31-BL34). Repeat three times.</p> <p>28. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>29. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>30. Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the back gets relaxed, relieving stiff shoulder and neck, and the skin lifts. After a course, the back and shoulder become eased, back fat lessens, Dowager's Hump relieves, and the back outlines turn nice-looking. When you complete two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. If you finish three courses, your back gets thinner, outlines get nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

Buttock Sculpting: 60 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<p>1. Massage.</p> <p>2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</p> <p>3. Push the sacral region</p>	<p>Technique 2, 5, 11</p>  <p>Technique 3</p>
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Vacuum Bipolar RF

Advised Time:
15 to 20
minutes

Advised Energy
Level:
3 to 7

The time for
suction and
release can be
set freely. It's
direct suction
when the
release time is
set to zero.

(BL31-BL34) with thumbs.
Repeat three times.

4. Caress the treated part
three times, and then press
Shenshu (BL23), sacral
region (BL31-BL34),
Changqiang (DU1),
Huantiao (GB30), and
Chengfu (BL36). Repeat
three times.

5. Caress the treated part.
Repeat three times.

6. Do it in left-right order.
Push upwards from the
thigh root to Daimai (GB26)
with hands along Bladder
Meridian, Kidney Meridian,
Liver Meridian, and
Gallbladder Meridian.
Repeat three times,
respectively.

7. Push upwards from the
thigh root to Daimai (GB26)
with hands along Bladder
Meridian, Kidney Meridian,
Liver Meridian, and
Gallbladder Meridian.
Repeat three times,
respectively.

8. Push from the thigh root
to Daimai (GB26) with the
palms overlapped (for
lifting). Repeat 3 to 5 times.

9. Push one line after
another and back and forth
from the two sides of the
buttocks to the highest
point on them with hands
(for shaping). Repeat three
times.

10. Repeat technique No.7.
11. Caress the treated part.
12. Do the same on the
other side.



Technique 4



Technique 6, 14, 17



Technique 7, 10



Technique 9, 15, 18



Technique 16



		<p>13.Treatment ends.</p> <p>14.Body RF: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15.Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>16.Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18.Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>19.Do the same on the other side.</p> <p>20.The operating techniques of Vacuum Bipolar RF are the same as Body RF.</p> <p>21.Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift and become hot. After a course, buttock outlines start to get clear, excess fat decreases slowly, and the skin turns tightened. If you finish three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

Leg Fat-dissolving & Sculpting: 100 Minutes/ Once a Week

<p>Body RF Advised Time: 10 to 15 minutes</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<p>1. Rear-leg: Do it in left-right order; let the client lie on his front, apply essential oil from the lower leg to the thigh, back to the</p>	<p>Technique 1, 2, 3, 4, 7</p>
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Advised Energy Level:
3 to 7

40K

Advised Time:
15 to 20 minutes

Advised Energy Level:
3 to 7

Mode Selection:
A/ B

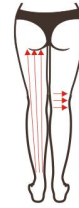
Vacuum Bipolar RF

Advised Time:
10 to 15 minutes

Advised Energy Level:
3 to 7

The time for suction and release can be set freely. It's direct suction when the release time is set to zero.

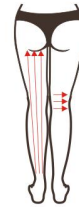
- heel, and repeat it three times.
2. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times.
 3. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times.
 4. Push popliteal fossa with hands doing it alternately. Repeat three times.
 5. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.
 6. Caress the treated part. Repeat three times.
 7. Push the four channels and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.
 8. Caress the treated part. Repeat three times.
 9. Do the same on the other side.
 10. Clean the treated part with a hot towel, 2 minutes.
 11. Apply gel evenly to the treated part, 2 minutes.
 12. Body RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder



Technique 5



Technique 12, 18





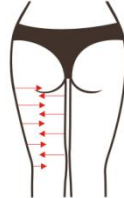


Technique 13, 19

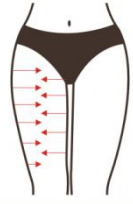

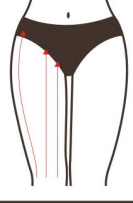


Technique 14, 18, 24



Technique 15, 17, 21, 23, 25

	<p>Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. 40K: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>19. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>20. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>21. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p>	 <hr/> <p>Technique 16, 22, 26</p>  <hr/> <p>Technique 27</p>  <hr/> <p>Technique 28, 29, 30, 31, 32</p>  <hr/> <p>Technique 33, 35, 40, 42, 47</p>  <hr/> <p>Technique 36, 43, 48</p>
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	<p>22. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>23. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>24. Vacuum Bipolar RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>25. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>26. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>27. Lift one line after another from the two sides of the thigh to the middle with the instrument and hands. Repeat 3 to 5 times.</p> <p>28. Fore-leg: Let the client lie flat, and apply essential oil from the lower leg to the thigh root with hands (caressing). Repeat three times.</p> <p>29. Push from the lower leg to thigh root with the base of the palms doing it by turns. Repeat three times.</p> <p>30. Push Spleen Meridian-Stomach Meridian-Liver</p>	 <hr/> <p>Technique 37, 44, 49</p>  <hr/> <p>Technique 38, 45, 50</p> 
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		<p>Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>31. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>32. Body RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>33. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>34. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>35. Draw small circles on the whole thigh. Repeat three times.</p> <p>36. Lift from the two sides of the thigh to the middle with the instrument and hands. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. 40K: Lift from the lower leg to the knee along the four channels and</p>	
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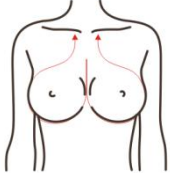
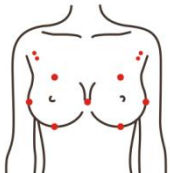
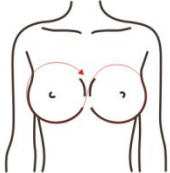
		<p>collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>40. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>41. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>42. Draw small circles on the whole thigh. Repeat three times.</p> <p>43. Lift from the two sides of the thigh to the middle with the instrument and hands. Repeat three times.</p> <p>44. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>45. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>46. Vacuum Bipolar RF: Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>47. Draw small circles on the whole thigh. Repeat three times.</p> <p>48. Lift from the two sides of the thigh to the middle with the instrument and hands. Repeat three times.</p> <p>49. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>50. Lift one line after</p>	
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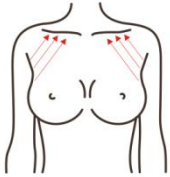
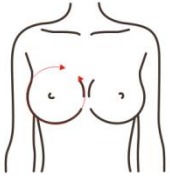
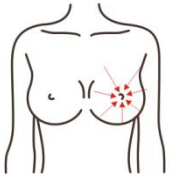
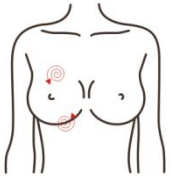

		<p>another from the knee to the thigh root. Repeat three times.</p> <p>51. Do the same on the other side.</p> <p>Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and you can feel an evident sense of tightening due to the contraction effect generated by collagen tissue. When you complete two courses, your legs turn slim and firm, which presents a noticeable effect. If you finish three courses, the result reinforces. Super radiofrequency and ultrasonic waves can stimulate until the dermis and regenerate collagen continuously. Therefore, the curative effect gets more and more evident.

Breast Sculpting: 60 Minutes/ Once a Week

<p>Body RF Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> Stand next to the head of a bed, apply essential oil from Danzhong (RN17) to the armpit with hands, move upwards, and lift Cooper's ligaments simultaneously. Repeat three times. Press Danzhong (RN17), Ruzhong (ST17), Dabao (SP21), Yinchuang (ST16), Zhongfu (LU1), and Yunmen (LU2) with thumbs. Repeat three times. Caress the treated part. Repeat three times. Draw Arabic numeral eight between Danzhong (RN17) and the breasts with palms overlapped. Repeat three times. Lift from the accessory breast to Cooper's ligaments with hands, and do it in left-right order. Repeat ten times. 	<p>Technique 1</p> 
			<p>Technique 2</p> 
			<p>Technique 4</p> 
			<p>Technique 5</p>

	<p>6. Caress the treated part. Repeat three times.</p> <p>7. Sit next to the client. Do it in left-right order; caress and lift the breast with hands. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breasts with hands' pulricue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule part of the breasts with the thumbs moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. Body RF: Do it in left-right order; lift towards the nipple from the bottom up with the instrument circling the breast, and caress it with your hand. Repeat 5 to 8 times.</p> <p>13. Lift to the collarbone along breast drawing semi-circle, and caress it with hands. Repeat 5 to 8 times.</p> <p>14. Draw small circles to dredge the parts with nodules. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lifted. Move the equipment circlewise on the accessory breast to burn fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast to the</p>	 <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>
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		<p>breast with the equipment (remove accessory breast and shape). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the breast is heated, accelerating blood circulation, and you can see the lifting effect. After a course, the effect becomes more evident, and the nodules relieve. If you finish three courses, the skin turns tightened, the shaping reinforces, the breast elasticity boosts, and the internal secretion regulates, making women more charming.