User Manual MS-35T1



Preface

Dear users:

We're pleased to present to you our 3-in-1 beauty machine that's featuring in deep cleaning, hydration, skin repair and so on. It is a multifunctional beauty machine, targeting at various skin problems such as clogged and large pores, dark skin, dehydration, compromised skin barrier and so on. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. Hydra peel, cold&hot hammer, and machines microcurrent beauty are specialized cleaning importing and skin repair machines for professional use, which need to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface					
Part I					
Brief Introduction					
Advantages					
Working Principles & Treatments Deep Cleaning					
Soothing&Repairing					
Skin Tightening					
Overall Facial Care					
Part II					
1. Detailed Operations					
2. Safety Precautions					
3. Dos and Don'ts 4. Troubleshooting & Solutions					
4. Troubleshooting & Solutions 5.FAQs					
6.Packing List					
7.Operational Diagrams					

Part I

Brief Introduction

Hydra-peel, microcurrent, and hot&cold hammer beauty machines are currently the most popular beauty machines that work on deep cleaning, hydrating, tightening and skin repairing. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves various skin issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Hydra peel cleaning can remove all kinds of impurities in hair follicles, dust mites and grease residues in depth without pain. At the same time, cold and hot hammer can relieve the skin, shrink the pores, and bring nutrition to the skin, so as to care the skin in all aspects.

Advantages

- 1. 3-in-1 beauty machine that works on your overall facial care.
- 2. Multiple working probes can be replaced in different parts according to different requirements.
- 3. Suit all skin type and help improve skin quality and soothes skin.
- 4. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
- 5. No consumption, low cost and quick returns.
- 6. Wider treatment area and faster and more visible results.
- 7. Hydra peel act directly on the skin through the specially designed spiral suction head, which can keep the ultra-small bubbles in contact with the skin for a long time and promote the peeling effect.
- 8. Micro-current can promote the synthesis of muscle fibers, leaving the skin moist, soft, firm and shiny.

Deep Cleaning

Principles

Hydra Peel

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some

space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydra peel cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

Physical Effects

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

Hot Hammer

Special wafer ceramics are used to absorb energy. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The heat energy help imports nutrients into the skin for better absorption. It also boosts blood circulation and skin metabolism.

Biological Effects

Hot hammer heating can make you feel warm, comfortable, relax muscles, balance the autonomic nerve, make pore spread on the skin, blood vessels, nutrient is absorbed quickly. It is the most gentle and comfortable import method. Alternating use of beauty has the effect of addition and multiplication, which can naturally thoroughly activate cells, improve skin quality, stimulate blood circulation acceleration, and increase the skin's metabolism.

Effects

- 1. Remove black and white heads.
- 2. Remove sebum and dead skin cells in pores.
- 3. Remove cysticercosis from pores.
- 4. Improve acne.
- 5. Replenish water and nutrients.
- 6. Improve skin quality and increase skin elasticity.

Applicable Range

- 1. Those with rough skin and large pores.
- 2. Those with excessive oil secretion and acne skin.
- 3. Those with dead skin cells and thick cuticle layers.
- 4. Those with clogged pores due to improper cleaning.

- 5. Those with dull and dark skin or whose skin are lack in nutrition.
- 6. Those who work in front of the computer screen for long hours.

Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those whose nose has prosthesis.
- 3. Those with extensive facial trauma.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.

Notes after Operation

- 1. Strengthen hydration and pay attention to sun protection.
- 2. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 4. Apply a hydrating mask once a day for three days.
- 5. Wash your face with warm water within 3 days after operation.

Soothing & Repairing

Principles

Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

Biological Effects: During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.

Hydra Peel

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydra peel cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

Physical Effects

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

Effects

- 1. Improve redness, swelling, acne and allergies, etc.
- 2. Calm and sooth skin, and help prevent breakout.
- 3. Refine pores, and shrink enlarged pores.
- 4. Increase skin elasticity.
- 5. Increase skin resistance, and repair fragile skin.

Applicable Range

- 1. Those with sensitive skin, acne-prone skin, and easily inflamed, or allergic skin.
- 2. Those whose skin is flabby, saggy and inelastic.
- 3. Those with dry skin with fine lines, lack of moisture and uneven, dull complexion.
- 4. Those with large, coarse pores, and vigorous oil secretion.
- 5. Those who have just undergone photon treatment.

Inapplicable Range

- 1. Those who are having a severe allergy (red rash).
- 2. Those who have just undergone invasive plastic surgery with unhealed wounds.
- 3. Those with skin diseases and infectious diseases.

4. Those who are unrealistic about the results.

Notes after Operation

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Avoid sauna, hot spring or strenuous exercises, etc in three days.
- 4. Apply a hydrating mask once a day for three days.
- 5. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 6. Avoid 3 "H" (hypertension, hyperlipidemia,hyperglycemia) food and consume less greasy food.

Skin Tightening

Principles

BIO/Micro-current

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally . It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

Hot Hammer

Special wafer ceramics are used to absorb energy. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up

to 40 degrees. The heat energy help imports nutrients into the skin for better absorption. It also boosts blood circulation and skin metabolism.

Biological Effects

Hot hammer heating can make you feel warm, comfortable, relax muscles, balance the autonomic nerve, make pore spread on the skin, blood vessels, nutrient is absorbed quickly. It is the most gentle and comfortable import method. Alternating use of beauty has the effect of addition and multiplication, which can naturally thoroughly activate cells, improve skin quality, stimulate blood circulation acceleration, and increase the skin's metabolism.

Effects

- 1. Promote muscle fiber synthesis and firm skin.
- 2. Activate cells and improve skin quality.
- 3. Promote nutrient absorption and moisturize skin.
- 4. Shape your face and shrink your pores.
- 5. Lighten skin tone and increase skin elasticity.
- 6. Accelerate blood circulation and increase skin metabolism.

Applicable Range

- 1. Those with flabby and soft facial skin.
- 2. Those with dry skin, lack of water and nutrition.
- 3. Those with unclear facial outline.
- 4. Those with poor skin absorption and poor metabolism.
- 5. Those with sallow skin with no luster.
- 6. Those with large pores and inelastic skin.

Inapplicable Range

- 1. Those who have just undergone plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumor, etc
- 3. Those who are suffering from allergy, severe sensitive skin.
- 4. Those with skin trauma or wound.
- 5. Those who are sensitive to electric currents.
- 6. Those who are during menstruation, pregnancy, lactation, and surgical recovery.
- 7. Those with skin diseases and infectious diseases.

Notes after Operation

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Avoid sauna, hot spring or strenuous exercises, etc in three days.

- 4. Apply a hydrating mask once a day for three days.
- 5. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 6. Avoid 3 "H" (hypertension, hyperlipidemia, hyperglycemia) food and consume less greasy food.

Overall Skin Care

Effects

- 1. Remove blackheads, whiteheads and cysticercosis from pores.
- 2. Remove sebum and dead skin cells in pores.
- 3. Improve acne of all sorts.
- 4. Replenish water and nutrients, and whiten skin.
- 5. Promote muscle fiber synthesis and firm skin.
- 6. Activate cells and improve skin quality.
- 7. Promote nutrient absorption and moisturize skin.
- 8. Shape your face and shrink your pores.
- 9. Lighten skin tone and increase skin elasticity.
- 10. Accelerate blood circulation and increase skin metabolism.
- 11. Improve redness, swelling, acne and allergies, etc.

Applicable Range

- 1. Those with dead skin cells and thick cuticle layers.
- 2. Those with clogged pores due to improper cleaning.
- 3. Those with sensitive skin, acne-prone skin, and easily inflamed, or allergic skin.
- 4. Those with coarse skin, and vigorous oil secretion.
- 5. Those who have just undergone photon treatment.
- 6. Those whose skin is flabby, and saggy.
- 7. Those with dry skin, lack of water and nutrition.
- 8. Those with unclear facial outline.
- 9. Those with poor skin absorption and poor metabolism.
- 10. Those with sallow skin with no luster.
- 11. Those with large pores and inelastic skin.

Inapplicable Range

- 1. Those who have just undergone plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumor, etc.
- 3. hose who are suffering from allergy, severe sensitive skin.
- 4. Those with skin trauma or wound.

- 5. Those who are sensitive to electric currents.
- 6. Those who are during menstruation, pregnancy, lactation, and surgical recovery.
- 7. Those with skin diseases and infectious diseases.

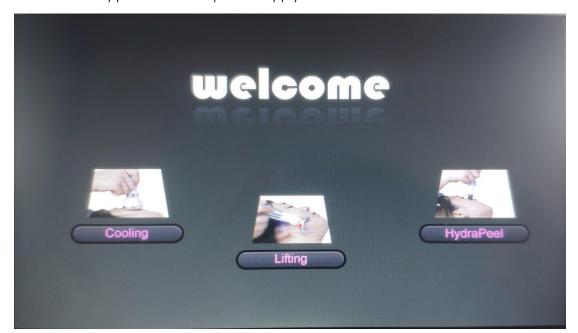
Notes after Operation

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Avoid sauna, hot spring or strenuous exercises, etc in three days.
- 4. Apply a hydrating mask once a day for three days.
- 5. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 6. Avoid 3 "H" (hypertension, hyperlipidemia,hyperglycemia) food and consume less greasy food.

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection



Working Time



Home



Start/Pause



Select

Restore

1.2 Detailed Operation: Cold Hammer



to go to the interface below





Low Intensity Alarm

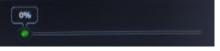
1.3 Detailed Operation: Microcurrent



Select

to go to the interface below



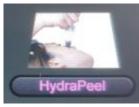


Energy Display



Energy +/-

1.4 Detailed Operation: HydraPeel



Select

to go to the interface below





Suction Tuning

2. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or pacemaker equipped.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. use with caution for those who are sensitive to electric currents.

3.Dos and Dont's

- 1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
- 2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
- 3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.

- 4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
- 5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
- 6. Please remove all metal objects on your body to avoid affecting the efficacy of the treatment.
- 7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
- 9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
- 10. Use device or train device operators in strict accordance with instructions in the user manual.
- 11. Various types of hydra peel filters can be cleaned with water, the soaked in 75% alcohol.
- 12. Clean the waste bottle immediately after hydra peel treatment.
- 13. Avoid using on skin lesion.
- 14. Start from the lowest energy level and slowly add up.
- 15. Use with caution for those who are sensitive to electric current.
- 16. Do not set the hot hammer energy too high to avoid scald.
- 17. Adjust the details and time based on individual customer's skin type.
- 18. Avoid using on eyes and ear, around skin lesion or areas that went through plastic surgery.
- 19. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.
- 20. Use together with essence; once a small bottle.

4. Troubleshooting & Solutions

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. No suction coming from the hydra facial and there's no nutrients outflow?

- A. Please check whether the waste water recovery bottle cap is tight or not, and whether the nutrient solution bottle is tight or not.
- B. Please check whether the button for adjusting suction and nutrient solution stays on 0.
- C. Please check whether the output of nutrient solution is excessive.
- 3. I didn't fee anything when operating microcurrent?

- A. Please check whether the cable is connected to the host.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

4. The instrument can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the instrument and wait about 1 minute before restarting the instrument.
- B. If the above method did not work, please contact the instrument distributor for assistance.

5. FAQs

1.Q: Will hydra peel treatment enlarge pores?

A: No. Hydra peel deep cleansing treatment follows the sequence of three steps. The first step is to use the export liquid to soften skin cutin layer; the second step is coupled with different solutions (AS1 AHA, AS2 BHA, AS3 nutrient solution; choose different solution according to different type of skin); the third step is to hydrate the skin. Hydra facial is suitable for all skin types and will not enlarge pores but rather refine skin.

2. Q: Can microcurrent help with anti-aging?

A: No, microcurrent can promote the synthesis of muscle fiber, which is 68% higher than usual, thus keeping the skin keep moist, soft, firm and full of luster; It also increases collagen synthesis levels up to 73 percent, thus reducing wrinkles and making skin softer, more elastic and shiny. The effect of induction current is: balance the cell potential; Increase cellular ATP; Increase blood circulation; Improve collagen synthesis, increase skin elasticity.

3. Q: How often can I have one hydra peel treatment?

A: For normal skin, once a week. For those with clogged pores on T zone, or U zone sensitive skin, once a week at early stages and once every 10 days at touch-up periods. For those with clear pores, once every 10-15 days.

4. Q: Can I use hot hammer on sensitive skin?

A: It is advised not to because sensitive skin is prone to flushing in slightly higher temperature. In this case, the use of heat hammer will only increase the sensitivity. It is best to use cold hammer to do sedative repair, such as skin sensitivity to restore to a stable period then you can turn to hot hammer.

6. Packing List

1 x Host

1 x Hydro microdermabrasion head

- 10 x bottle for hydro microdermabrasion
- 10x hydro microdermabrasion vacuum tips
- 1 x micro current head
- 1 x hot/cold head
- 1 x Holder for probes
- 1 x power supply cord
- 1 x hose to put in/ out water

7. Operational Diagram

Parameter adjustment	Product	Technique	Diagram		
	Deep Cleaning: 60 min, once/week				
Hydra Peel Energy: 20%-80% Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)	Makeup remover+ Face wash+ Blackhead export liquid+ Essence+ Facial mask Cold and hot steam+ Device+ Facial mask	1. Remove makeup and clean face, 5min. 2. Apply blackhead export liquid+hot steam(on large pores or severely clogged area; apply toner or AS3 solution on cheeks; it is recommended to apply toner+cold steam for sensitive skin rather than export liquid+hot steam), 5-8 min. 3. Hydra peel operation: pressure gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger	Technique8 Technique8 Technique10		

Hot Hammer	area should be right next to	
Energy:	another(forehead → nose → chi	000000
30%-80%	n→cheeks) you can double	0000
	the operation on T zone	(<u>~</u>)
	where pores are severely	\mathcal{M}
	clogged, 10-15 min.	
	4. Clean face, 2 min.	
	5. Apply hydrating base	
	mask+hot steam, 10 min.	
	6. Remove the mask and	
	clean, 3 min.	
	7. Apply essence evenly on	
	face, 1 min.	
	8. Hot hammer operation:	
	move the probe from chin to	
	earlobe, from mouth corner	
	to ear gate, from nose wing to	
	temple in circular lines to lift	
	the treatment area; Make	
	sure one line is next to	
	another, 3-5 times.	
	9. Do the same on the other	
	side.	
	10. Move horizontally in	
	circles on forehead, 3-5 times.	
	11. Apply facial mask, 15 min.	
	12. Remove the mask and	
	clean, 2 min.	
	13. Apply toner, essence,	
	_	

Recommended Treatment:

10 treatments account for one full course. After one treatment, skin hydrated and full replenished with nutrition. After a full course, skin appears to be lifted and glossy. After two courses skin is smooth, plump and facial outline appears to be ever clearer. Three courses help prevent and delay skin aging, sagging and laxity.

cream and sunscreen.

Soothing&Repairing: 60 min, once/week

Hydra Peel	Makeup	1. Remove makeup and clean	Technique3
Energy:	remover+	face, 5 min.	
20%-80%	Face	2. Apply toner+cold steam, 8	
	wash+	min.	
Operate	Hot&cold	3. Hydra dermabrasion	

according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)

Cold Hammer Energy: 30%-80% steam+
Base
mask+
Essence+
Facial
mask+
Device

operation: pressure gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another(forehead \rightarrow nose \rightarrow chi n \rightarrow cheeks) 5-8 min.

- 4. Clean face, 2 min.
- 5. Apply hydrating base mask+cold steam, 10 min.
- 6. Remove the mask and clean face, 3 min.
- 7. Apply (soothing) essence on face, 1 min.
- 8. Cold hammer operation: move the probe from chin to earlobe, from mouth corner to ear gate, from nose wing to temple in circular lines to lift the treatment area; Make sure one line is next to another, 3-5 times.
- 9. Do the same on the other side.
- 10. Move horizontally in circles on forehead, 3-5 times.
- 11. Apply facial mask, 15 min.
- 12. Remove the mask and clean, 2 min.
- 13. Apply toner, essence, cream and sunscreen.



Technique8



Technique10



Suggested Treatment:

10 treatments account for one full course. After one course, the skin will restore a normal state, and less prone to allergy due to dehydration, cosmetics or change of season. After 2 courses, the allergic rate of is lowered and resistance of skin is built. After 3 courses, the skin is smooth and translucent, and the blood circulation will be boosted, leaving the skin of velvety softness.

Skin Tightening: 60 min, once/week

Microcurrent/ BIO Energy: 30%-80%

Hot Hammer Energy: 30%-80% Makeup remover+ Face wash+ Massage cream+ Base mask+ Cold&hot steam+ Essence+ Facial mask+ Device

- 1. Remove makeup and clean face, 5min.
- 2. Apply blackhead export liquid+hot steam(on large pores or severely clogged area; apply toner or AS3 solution on cheeks; it is recommended to apply toner+cold steam for sensitive skin rather than export liquid+hot steam), 5-8 min.
- 3. Remove the mask and clean, 3 min.
- 4. Apply massage cream on face evenly and massage, 3 min.
- 5. Press on the following acupoints (chengjiang, renzhong, dicang, jiache, yingxiang, jingming, cuanzhu, yuyao, sizhukong, temple, chengji, sibai) 3 times.
- 6. Caress the whole face, 3 times.
- 7. Alternate hands in lifting face in 3 lines and travel through 6 points (from chengjiang to yifeng behind the ear, from yingxiang to tinggong at the ear gate, from bitong to temple) 3 times.
- 8. Do the same on the other side.
- 9. Lift upward towards the hairline on forehead, 3 times. 10. Alternate hands in lifting the face as if playing musical instrument, 2-3 min.
- 11. Do the same on the other side.

Technique4、6



Technique5



Technique7、13



Technique9、15

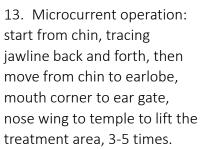


Technique12



Technique18

12. Move ring and middle fingers on forehead in figure Z, then slide to the front of the ear back and forth to lift the treatment area, and slide to the back of the ear, 3 times.



- 14. Do the same on the other side.
- 15. Lift upward towards the hairline on forehead, 3-5 times.
- 16. Clean face, 2 min.
- 17. Apply (anti-aging/hydrating/whiteni ng) essence evenly on face, 1 min.
- 18. Hot hammer operation: move the probe from chin to earlobe, from mouth corner to ear gate, from nose wing to temple in circular lines to lift the treatment area; Make sure one line is next to another, 3-5 times.
- 19. Do the same on the other side.
- 20. Move horizontally in circles on forehead, 3-5 times.
- 21. Apply facial mask, 15 min.
- 22. Remove the mask and clean, 2 min.
- 23. Apply toner, essence, cream and sunscreen.



Technique20



Suggested Treatment:

10 treatments account for one full course. After one treatment, skin is full hydrated and jawline is clear. After a full course, skin appears to be clearer, skin is hydrated and

smooth. After two courses skin is tight, plump, elastic with a clear outline. Three courses help consolidate the effect and delay aging.

Overall Skin Care: 60 min, once/week

Hydra Peel Energy: 20%-80%

Operate
according to
different skin
types of
customers
(try the set
energy on
lower arm first
then on face,
meanwhile
check with
customers
constantly.)

Microcurrent/ BIO Energy: 30%-80%

Hot Hammer Energy: 30%-80%

Cold Hammer Energy: 30%-80% Makeup remover+ Face wash+ Blackhead export liquid+ Cold&hot steam+ Base

mask+

Massage

Essence+

cream+

Facial

mask+

Device

- 1. Remove makeup and clean face, 5min.
- 2. Apply blackhead export liquid+hot steam(on large pores or severely clogged area; apply toner or AS3 solution on cheeks; it is recommended to apply toner+cold steam for sensitive skin rather than export liquid+hot steam), 5-8 min.
- 3. Hydra peel operation: pressure gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another(forehead→nose→chi n→cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.
- 4. Clean face, 2 min.
- 5. Apply hydrating base mask+hot steam, 10 min.
- 6. Remove the mask and clean, 3 min.
- 7. Apply massage cream on face evenly and massage, 3 min.
- 8. Press on the following acupoints (chengjiang, renzhong, dicang, jiache, yingxiang, jingming, cuanzhu, yuyao, sizhukong, temple,

Technique3



Technique7、9



Technique8



Technique 10, 16



Technique12、18



Technique15

chengji, sibai) 3 times.

- 9. Caress the whole face, 3 times.
- 10. Alternate hands in lifting face in 3 lines and travel through 6 points (from chengjiang to yifeng behind the ear, from yingxiang to tinggong at the ear gate, from bitong to temple) 3 times.
- 11. Do the same on the other side.
- 12. Lift upward towards the hairline on forehead, 3 times.
- 13. Alternate hands in lifting the face as if playing musical instrument, 2-3 min.
- 14. Do the same on the other side.
- 15. Move ring and middle fingers on forehead in figure Z, then slide to the front of the ear back and forth to lift the treatment area, and slide to the back of the ear, 3 times.
- 16. Microcurrent operation: start from chin, tracing jawline back and forth, then move from chin to earlobe, mouth corner to ear gate, nose wing to temple to lift the treatment area, 3-5 times.
- 17. Do the same on the other side.
- 18. Lift upward towards the hairline on forehead, 3-5 times.
- 19. Clean face, 2 min.
- 20. Apply (anti-aging/hydrating/whiteni ng) essence evenly on face, 1 min.
- 21. Hot hammer operation:



Technique21



Technique23



Technique24



move the probe from chin to earlobe, from mouth corner to ear gate, from nose wing to temple in circular lines to lift the treatment area; Make sure one line is next to another, 3-5 times. 22. Do the same on the other side. 23. Move horizontally in circles on forehead, 3-5 times. 24. Apply hydrating mask and use cold hammer probe move around the face, 10 min. 25. Keep the mask on for another 5 min.

Suggested Treatment:

10 treatments account for one full course. After one treatment, skin is clean and hydrated. After a full course, skin is smooth, bright, hydrated. After two courses, skin appears to be plump with a defined outline. Three courses help enhance the effects, leaving skin translucent, firm, plump and radiant.

26. Remove the mask and

27. Apply toner, essence, cream and sunscreen.

clean, 2 min.