

# User Manual

## MS-34J1



# Preface

Dear users:

We're pleased to present to you our *Cavitation Vacuum Weight Loss Radio Frequency Slim Machine* featured with weight loss, figure slimming, skin lifting, anti-aging and so on. It is a multifunctional beauty machine, targeted at both face, eye and body, mainly focusing on lifting and tightening of face, removing wrinkles, tightening skin around eyes and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic beauty machines are beauty and anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

## Advantages

1. Multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. Adopting the cutting-edge technology of ultrasonic fat burning.
5. Suitable for all skin types. It also improves and soothes skin.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Unevenness, bleed, swelling and stasis will not appear after treatment.
10. Vacuum treatment and red LED energy serve to detoxify, massage, accelerate metabolism, reduce inflammation and kill bacteria so as to bring much more effective results and higher comfort level.

## Facial Tightening

### Working Principle

#### RF

Radio frequency can alternates electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy, which stimulates the dermis to

produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### **Effects**

1. Tighten and lift skin and increase skin elasticity.
2. Improve skin sagging, laxity and lessen wrinkles.
3. Help skin absorb and lock in nutrients and refine skin.
4. Accelerate the circulation and metabolism at the bottom of the skin.

### **Applicable Range**

1. Those with facial dullness.
2. Those with skin relaxation and sagging.
3. Those with fine lines, nasolabial folds and crow's feet.
4. Those with indistinct facial contour.
5. Those with lax skin, edema or obesity after birth.

### **Inapplicable Range**

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.

2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid disease, malignant tumor and so on.
4. Those who have sensitive skin, or who are allergic to metals or having an allergic reaction.
5. Those with skin trauma or wound.
6. Those who are over aging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the results.

## Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Highs'(high blood pressure, high cholesterol and high blood sugar). eat less greasy food.

## Neck Anti-aging

### Working Principle

#### RF

Radio frequency can alternate electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

## **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to  $45^{\circ}\text{C}\sim 60^{\circ}\text{C}$ , it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## **Effects**

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabby and lax neck skin.
3. Tighten skin and increase skin elasticity.
4. Deep replenish skin with nutrition and refine skin.

## **Applicable Range**

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with coarse and dull neck skin.
4. Those with loose and soft neck skin.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.
8. Those who have severe acne prone skin and sensitive skin.
9. Those who are susceptible to fatigue, heat and injury.

## Notes after Operation

1. Always use sun protection. Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid washing face with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Keep the neck skin hydrated and apply neck mask at least 3 times a week. Use essence or neck cream.
6. Avoid bowing head for a long time.

## Face & Neck Lymphatic Drainage

### Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

### Effects

1. Improve facial hyperpigmentation and dull skin.

2. Improve loose, coarse and dull neck skin.
3. Reduce double chin.
4. Accelerate lymphatic drainage and improve facial skin quality.
5. Prevent neck and lymphatic diseases.
6. Facial detoxification and improve acne prone skin.

## **Applicable Range**

1. Those with neck fine lines and wrinkles.
2. Those whose skin is flabby, saggy and inelastic.
3. Those with dull and sallow skin.
4. Those who often bow their heads.
5. Those who often have breakouts.
6. Those who have dull, coarse skin and enlarged pores.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy, surgical recovery.
7. Those with skin diseases and infectious diseases.

## **Notes after Operation**

1. Always use sun protection and keep neck warm.
2. Keep skin hydrated and use sunscreen.
3. Within 1-3 days after operation, it is best not to use products such as alcohol, AHAs or exfoliating scrub and so on.
4. Do not wash your face and neck with overheated water (with either warm or cold) within 7 days.
5. It is recommended to apply facial mask and neck mask at least 3 times a week. Apply neck serum or cream. Avoid head-bowing for long hours.
6. Red or purple marks may appear after vacuum treatment, which will disappear on their own so there's no need to apply any additional skin care products for that.

# **Body Shaping**

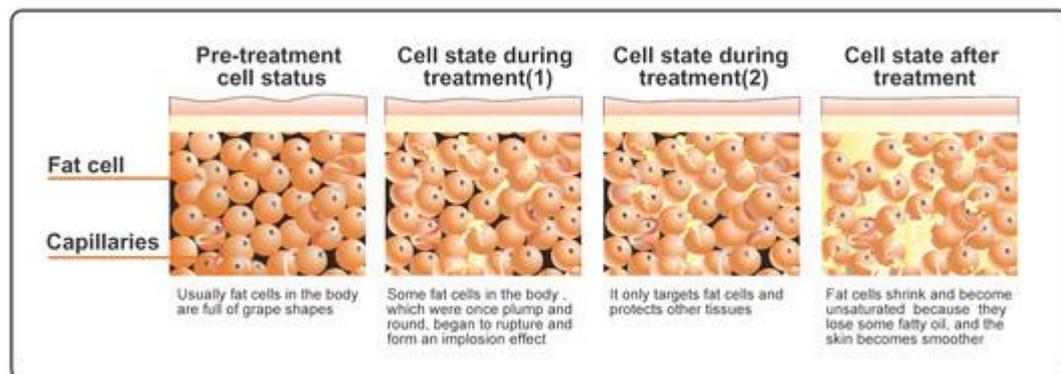
## **Working Principles**

## 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## Vacuum & RF

RF releases energy that directly works on dermis layer and heats up from body within, reaching temperature of 40°C-60°C. Thermal heat effect boost uterus blood circulation and lymphatic circulation, metabolizing fat tissues so as to reach the effect of regulating uterus, increasing period flow, and prohibiting cold uterus.

### Vacuum Physical Effects

#### 1. Skin layer

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
- (2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

## 2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

## 3. Fibrous layer

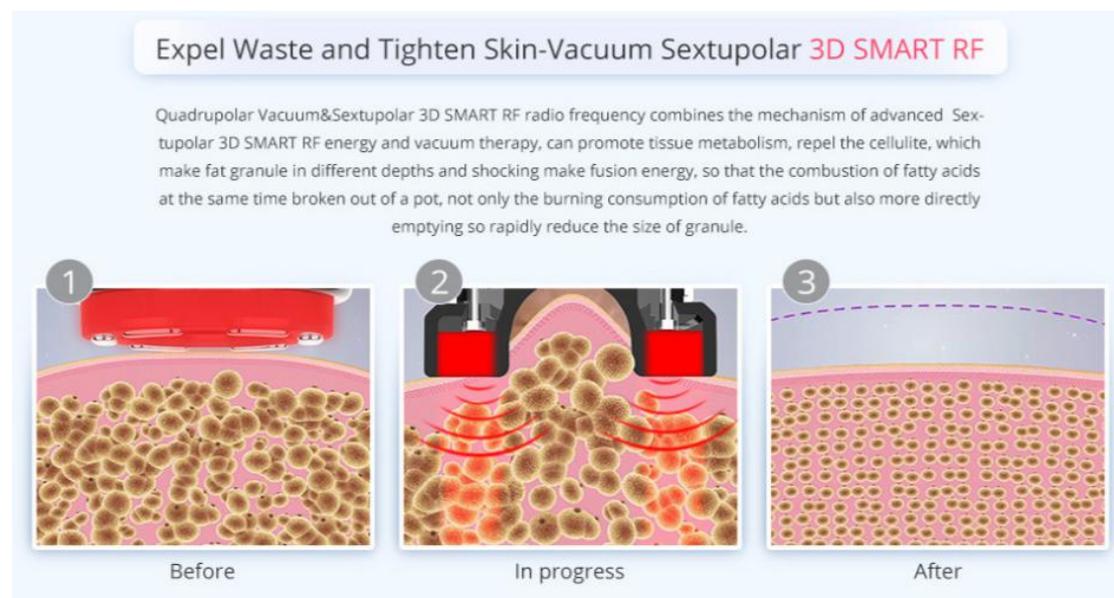
The suction and release of air pressure:

(1) Repair cell tissue, increase its activity. Lift and revive skin elasticity.

(2) Stimulate the production of bone collagen and improve skin plumpness.

(3) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.



# Shaping Waist & Abdomen

## Effects

1. Relieve female cold hands and cold feet, cold womb or cold body.
2. Improve lax and loose abdominal skin and increase skin elasticity.
3. Reduce lumbar and abdominal fat such as love handles and muffin tops.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.
6. Burn fat and lose weight.

## Applicable Range

1. Those with cold hands and cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.
5. Those with constipation or obstruction of abdominal meridians.

## Inapplicable Range

1. Those with "3 Highs"(high blood pressure, high cholesterol, high blood sugar) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

## Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

## Shaping Arms

### Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe soft skin.
5. Firm loose skin.
6. Accelerate blood circulation and dredge channels and collaterals.

## Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

## Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are over aging.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## Shaping Back

### Effects

1. Relieve shoulder and back soreness, and reduce the lump at the nape of the neck caused by improper posture.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.

### Applicable Range

1. Those with sore shoulders and backs and stiff necks.

2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those with slump at the nape of the neck due to improper posture.

## **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Highs”(high blood pressure, high cholesterol, high blood sugar) , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are in sub-health condition.
7. Those who are too drunk, full, empty, thirsty and overworked.

## **Notes after Operation**

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

## **Shaping Buttocks**

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

## **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Warm up uterus, stimulate the gland secretion, better sex life.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and

increase elasticity.

## Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity or pregnancy.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.

## Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

## Notes after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

## Shaping Legs

### Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten legs more than proud flesh and lose thick thighs.

## **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are over aging.
9. Those who are pregnant and those who are still recovering from surgeries.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

# **Part II**

## **1. Detailed Operation**

Detailed installation is as follows:



Vacuum&RF L,M,S Handles

Vacuum&RF S handle can be applied on small treatment areas, e.g. facial lymphatic drainage, orbital massage, forehead skin tightening, jawline defining, facial massage.

Vacuum&RF M handle can be applied on face or body, e.g. shaping arms, underarm lymphatic drainage, neck skin lifting, facial massage.

Vacuum&RF L handle can be applied on large body treatment areas, e.g. shaping arms, ab tightening, shaping buttocks, dredging leg channels and collaterals, back massage and accelerate blood circulation.



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.

# Welcome



Loading...

Then it goes to the interface below



40K Unoisetion



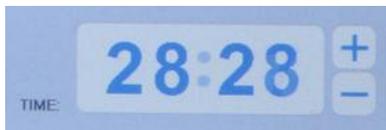
Face RF



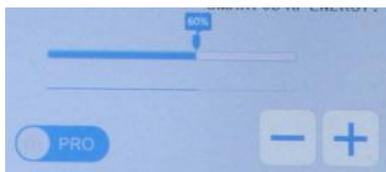
Vacuum&RF



## 1.1 Function Selection



Working Time



Energy



Start/Pause



Restore

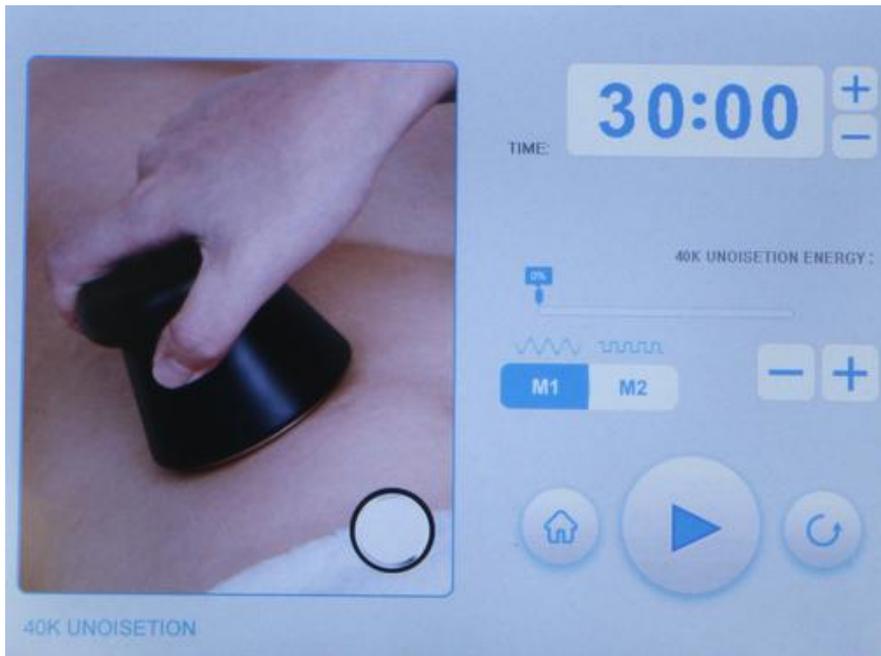


Home

## 1.2 Detailed Operation: 40K Unoisetion



Click **40K Unoisetion** to go to the interface below



Working Time

It is advised to treat for 15-20 min on each treatment area.



Current Working Time



Time +/-



40K Energy

Reference Energy Level: 10%-80%.

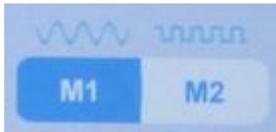
It is advised to start from 10% and slowly increase after adaptation.



Current Energy Level



Energy +/-



40K Working Mode (Choose based on your own needs)



M1 is consecutive mode. The probe starts to emit energy constantly after turning on the device. It is suitable for those who have fat accumulation and thick layers of fat.



M2 is intermittent mode. The probe emits energy intermittently after turning on the device. It is suitable for first-time users and those who need some time to adapt.



Start/Pause



Restore



Home

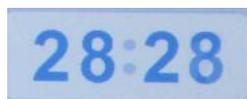
### 1.3 Detailed Operation: Vacuum&RF S



Click **Vacuum&RF** to go to the interface below



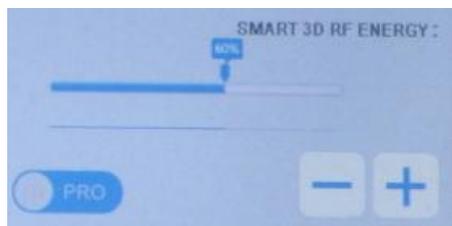
Working Time



Current Working Time



Time +/-



RF Energy

Adjust the energy level based on your own comfort level.

Reference Energy Level: 20%-80%

It is advised to start from 10% and slowly increase after adaptation.



Current RF Energy Level

Under NOR mode, the energy line stays the same.

Under PRO mode, the second line will fluctuate as the probe comes into contact with the skin.



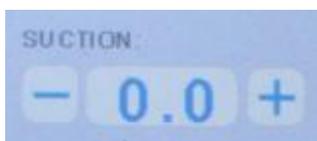
Energy +/-



RF Working Mode

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who need to tighten saggy skin and fade fine lines.

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start. It is suitable for those who adapt fast and who are in need of skin tightening, lifting and anti-aging.



Suction Time +/-

Reference Suction Time: 0.3-1.0

Higher number means longer suction time



Release Time +/-

Reference Release Time: 0.1-0.8

Higher number means longer release time.

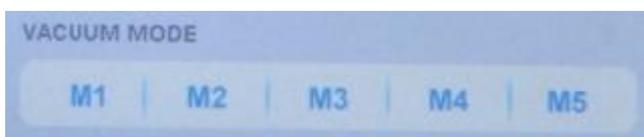
When the release time is 0, the device is working under direct suction mode.



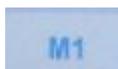
Current Suction/Release Time



Suction/Release Time +/-



Vacuum Mode



M1: Direct Suction Mode (Suitable for those who have heavy dampness and opt for strong detoxification and scraping)



M2: Fast Intermittent mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M3: Slow Intermittent Mode (Suitable for those who opt for detoxification)

through massage and slight petechiae)

**M4** M4: Slower Intermittent Mode (Suitable for those who opt for detoxification through massage and accelerate the circulation)

**M5** M5: Slowest Intermittent Mode (Suitable for those who opt for relaxation through massage)

 Start/Pause

 Restore

 Home

### 1.4 Detailed Operation: Vacuum&RF M



Click **Vacuum&RF** to go to the interface below





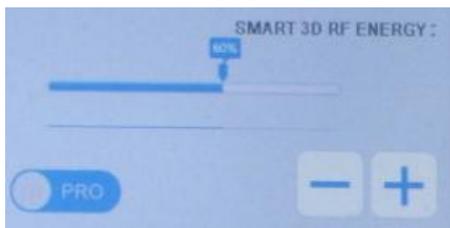
Working Time



Current Working Time



Time +/-

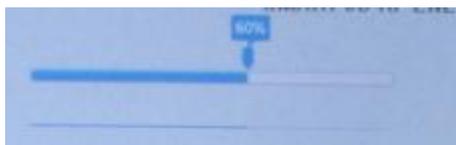


RF Energy

Adjust the energy level based on your own comfort level.

Reference Energy Level: 20%-80%

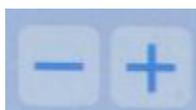
It is advised to start from 10% and slowly increase after adaptation.



Current RF Energy Level

Under NOR mode, the energy line stays the same.

Under PRO mode, the second line will fluctuate as the probe comes into contact with the skin.



Energy +/-



RF Working Mode

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who need to tighten saggy skin and fade fine lines.

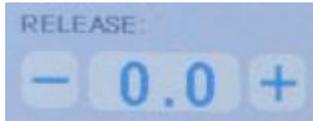
NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start. It is suitable for those who adapt fast and who are in need of skin tightening, lifting and anti-aging.



Suction Time +/-

Reference Suction Time: 0.3-1.0

Higher number means longer suction time



Release Time +/-

Reference Release Time: 0.1-0.8

Higher number means longer release time.

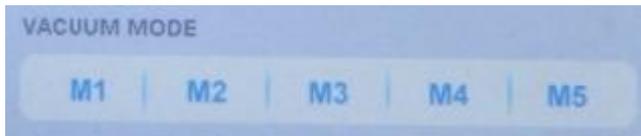
When the release time is 0, the device is working under direct suction mode.



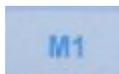
Current Suction/Release Time



Suction/Release Time +/-



Vacuum Mode



M1: Direct Suction Mode (Suitable for those who those who have heavy dampness and opt for strong detoxification and scraping)



M2: Fast Intermittent mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M3: Slow Intermittent Mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M4: Slower Intermittent Mode (Suitable for those who opt for detoxification through massage and accelerate the circulation)



M5: Slowest Intermittent Mode (Suitable for those who opt for relaxation through massage)



Start/Pause



Restore



Home

## 1.5 Detailed Operation: Vacuum&RF L



**Vacuum&RF**

Click **Vacuum&RF** to go to the interface below



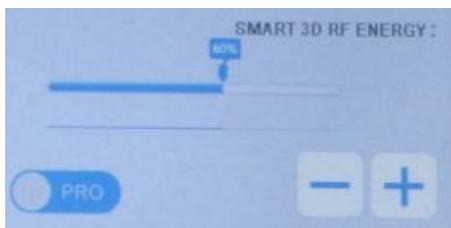
Working Time



Current Working Time



Time +/-

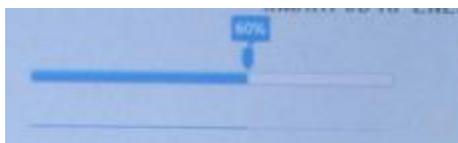


RF Energy

Adjust the energy level based on your own comfort level.

Reference Energy Level: 20%-80%

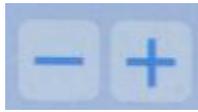
It is advised to start from 10% and slowly increase after adaptation.



Current RF Energy Level

Under NOR mode, the energy line stays the same.

Under PRO mode, the second line will fluctuate as the probe comes into contact with the skin.



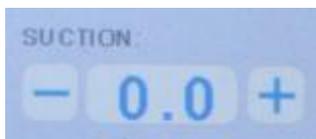
Energy +/-



RF Working Mode

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who need to tighten saggy skin and fade fine lines.

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start. It is suitable for those who adapt fast and who are in need of skin tightening, lifting and anti-aging.



Suction Time +/-

Reference Suction Time: 0.3-1.0

Higher number means longer suction time



Release Time +/-

Reference Release Time: 0.1-0.8

Higher number means longer release time.

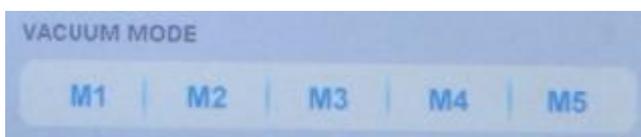
When the release time is 0, the device is working under direct suction mode.



Current Suction/Release Time



Suction/Release Time +/-



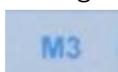
Vacuum Mode



M1: Direct Suction Mode (Suitable for those who have heavy dampness and opt for strong detoxification and scraping)



M2: Fast Intermittent mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M3: Slow Intermittent Mode (Suitable for those who opt for detoxification)

through massage and slight petechiae)

**M4** M4: Slower Intermittent Mode (Suitable for those who opt for detoxification through massage and accelerate the circulation)

**M5** M5: Slowest Intermittent Mode (Suitable for those who opt for relaxation through massage)



Start/Pause



Restore



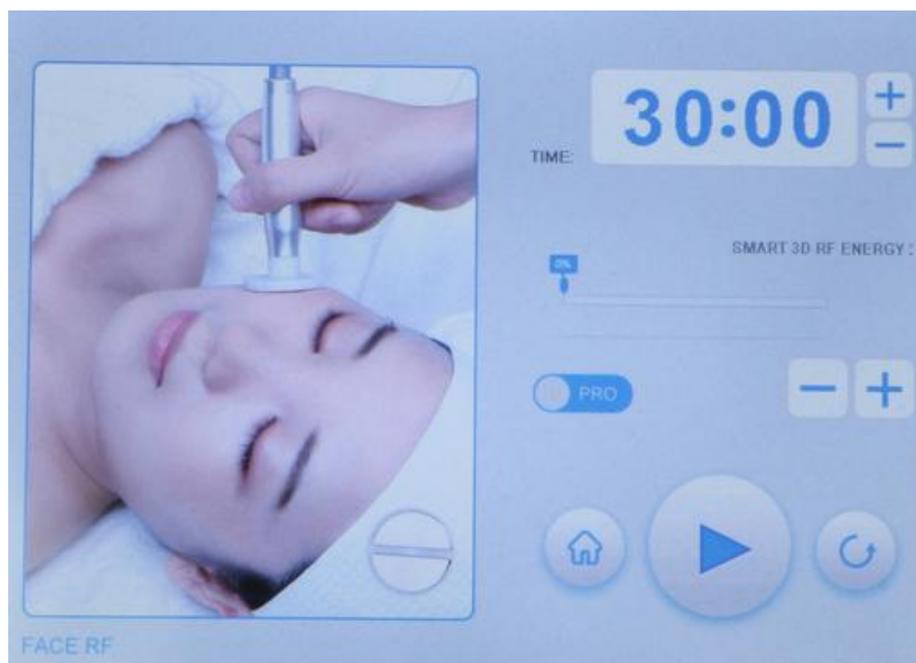
Home

## 1.6 Detailed Operation: Face RF



**Face RF**

Click **Face RF** to go to the interface below





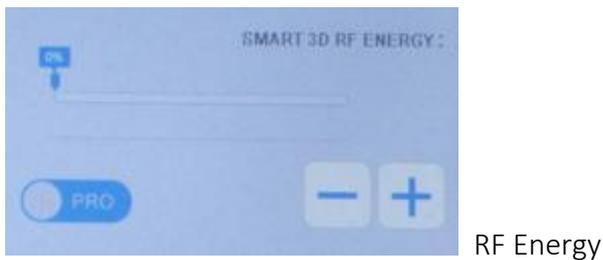
RF Working Time



Current Working Time



Time +/-



RF Energy

Adjust the energy level based on your own comfort level.

Reference Energy Level: 20%-80%

It is advised to start from 10% and slowly increase after adaptation.



Current RF Energy Level

Under NOR mode, the energy line stays the same.

Under PRO mode, the second line will fluctuate as the probe comes into contact with the skin.



Energy +/-



RF Working Mode

PRO is smart mode. RF slowly releases energy to the set level and red LED turns on after the probe comes into contact with skin. It is suitable for first-time users and those who need to tighten saggy skin and fade fine lines.

NOR is set mode. Energy reaches to the set level and red LED turns on immediately after clicking start. It is suitable for those who adapt fast and who are in need of skin tightening, lifting and anti-aging.



Start/Pause



Restore



Home

## 2. Technical Parameters

Unioisetion Cavitation 2.0 Handle

Treatment Area: Body

Measure of Treatment Area: 37cm<sup>2</sup>

Ultrasonic frequency: 40KHz

Max. Output Power: 25W

Vacuum and Sextupolar RF L Handle with Photon

Treatment Area: Body

Measure of Treatment Area: 30cm<sup>2</sup>

Max. Output Power: 60W

Depth:4.5mm

Depth of Pressure: 23mm

Frequency: 1MHz

Max. Output of Pressure: -80KPa

Vacuum and Sextupolar RF M Handle with Photon

Treatment Area: Body

Measure of Treatment Area: 30cm<sup>2</sup>

Max. Output Power: 60W

Depth: 4.5mm

Depth of Pressure: 23mm

Frequency: 1MHz

Max. Output of Pressure: -80KPa

Vacuum & Quadrupole RF S Head With Photon

Treatment Area: Face

Measure of Treatment Area: 7cm<sup>2</sup>

Max. Output Power:20W

Depth:3mm

Frequency Depth of Pressure: 16mm

Frequency: 1MHz

Max. Output of Pressure: -80KPa

Bipolar Facial RF Handle

Treatment Area: Face

Measure of Treatment Area: 10cm<sup>2</sup>

Max. Output Power: 10W

Depth: 1.8mm

Frequency: 1MHz

### 3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Do not wear metal jewelries during the process.
7. Use with caution for those who are allergic to electric currents.
8. Do not use around implants of metal, plastic or silicon material.

### 4. Dos and Dont's

1. Detach the working heads or probes, clean with water and store properly in place after each session.
2. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
3. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
4. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
5. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
6. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
8. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
9. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

11. Use device or train device operators in strict accordance with instructions in the user manual.
12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
13. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
14. When operating, the instrument should fully touch the skin to avoid uneven heat.
15. Start from the lowest energy level and slowly add up.
16. When using this device, the operating parts must be kept moist and dry skin should be avoided.
17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
18. Apply gel before for RF treatment and always keep it moist during the process.
19. Adjust suction level to whatever you're most comfortable with during vacuum&RF treatment to avoid discomfort.
20. Slight red or purple marks may appear after vacuum&RF treatment, which is normal so there's need to worry.

## 5. Troubleshooting & Solutions

### 1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### 2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

### 3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

### 4. No suction or very little suction?

- A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.
- B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.
- D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

#### **5. I can start the instrument, but the screen show's error message?**

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

## **6.FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

### **2. Q: Is RF harmful to skin?**

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

### **3.Q: How long does the body firming treatment take?**

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

### **4.Q: What are all the functions of this instrument?**

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

**5.Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

**6.Q: Will I experience rebound after operation?**

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

**7.Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

**8.Q: Does it have any side effects on the body?**

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

**9. Q: Can ultrasound be operated all over the body?**

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

**10.Q: Does ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density

fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

**11.Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

**12.Q: What is collagen?**

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

**13.Q: Why do you need hip maintenance?**

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.

**14.Q: How does vacuum or negative pressure detoxify?**

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and

blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

## 7. Packing List

- 1 x Main Machine
- 1 x Unoisetion Cavitation 2.0 Handle
- 1 x Vacuum&Sextupolar RF L Handle
- 1 x Vacuum&Sextupolar RF M Handle
- 1 x Vacuum&Quadrupole RF S Handle
- 1 x Bipolar RF Handle
- 1 x Holder
- 1 x Power Cord

## 8.Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<b>Facial Tightening: 45 min, 1-2 times/week</b>			
RF Energy: 30%-80%  Mode: PRO	Makeup remover+ Cleanser+ Cleaning base mask+ Massage cream+ Essence+ Sheet mask	<ol style="list-style-type: none"> <li>1. Remove makeup and cleanse face, 5 min.</li> <li>2. Apply toner, 2 min.</li> <li>3. Apply cleaning base mask, 10 min.</li> <li>4. Remove the mask and wash face clean, 2 min.</li> <li>5. Apply massage cream evenly on face and massage face, 3 times.</li> <li>6. Press on the following acupoints: Chengjiang (Ren-24),</li> </ol>	<p>Technique5</p>  <p>Technique6</p>

	<p>Renzhong (Du-26), Dicang (St-4), Jiache (St-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EM3), Sizhukong (TE-23), Tongziliao (Gb-1), the Temple, Chengqi (St-1), Sibai (St-2), 3 times.</p> <p>7. Use both hands to lift face as if plucking the string, 2 min.</p> <p>8. Alternate hands in lifting the face as if plucking the string on one side, 1 min.</p> <p>9. Do the same on the other side.</p> <p>10. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift canthus, 3 times.</p> <p>11. Lift towards hairlines on forehead, 3 times.</p> <p>12. Do the same on the other side.</p> <p>13. Move in Z-shape on forehead and slide to the front of the ear back and forth for 3 times, then slide to the back of the ear.</p> <p>14. Clean face, 2 min.</p> <p>15. Apply (restorative/anti-wrinkle/hydrating) essence evenly all over the face, 1 min.</p> <p>16. <b>RF</b> Move in circular motions from chin to forehead in parallel lines to lift, 3 times.</p> <p>17. Coupled with hand, move the probe from jaw to earlobe, mouth corner to ear gate, nose wing to</p>	<div data-bbox="1161 210 1305 427" data-label="Image"> </div> <p data-bbox="1075 450 1286 483">Technique10,17</p> <div data-bbox="1161 510 1305 728" data-label="Image"> </div> <p data-bbox="1075 741 1286 775">Technique11,18</p> <div data-bbox="1161 801 1305 1019" data-label="Image"> </div> <p data-bbox="1075 1032 1246 1066">Technique13</p> <div data-bbox="1161 1093 1305 1310" data-label="Image"> </div> <p data-bbox="1075 1323 1246 1357">Technique16</p> <div data-bbox="1161 1384 1305 1601" data-label="Image"> </div> <p data-bbox="1075 1615 1246 1648">Technique17</p> <div data-bbox="1161 1675 1305 1892" data-label="Image"> </div> <p data-bbox="1075 1906 1246 1939">Technique18</p>
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	<p>temple, lower eyelid to temple, lift corners of the eyes, 3 times.</p> <p>18. Lift towards hairline on forehead, 3 times.</p> <p>19. Move upwards from jawline to cheek and temple, 3-5 times.</p> <p>20. Do the same on the other side.</p> <p>21. Wash face clean.</p> <p>22. Apply toner evenly all over the face.</p> <p>23. Apply sheet mask, 15 min.</p> <p>24. Remove the mask and wash face clean, 2 min.</p> <p>25. Apply toner, essence, lotion, cream and sunscreen.</p>	
<p><b>Suggested Treatment:</b></p> <p>10 treatments account for a full course. Once done, skin feels tightened. After one course, skin is brightened, and skin is refined. 2 courses help increase elasticity, boost skin metabolism, fade dark circles, brighten dull skin. 3 courses help maintain skin condition, prevent skin sagging and aging, and define skin outline.</p>		

## Neck Anti-aging : 45 min, 1-2 times/week

RF Energy:  
30%-80%

Makeup remover+  
Cleanser+  
Toner+  
Massage cream+  
Essence+  
Neck mask

1. Remove makeup and cleanse face, 5 min.
2. Apply toner, 1 min.
3. Neck massage: Apply and rub oil on the chest with both hands to the back of the neck and press Fengchi (Gb-20) and Fengfu (Du-16) acupoint, 3 times.
4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.
5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.
6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.
7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.
8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.
9. Do the same on the other side.
10. Wash neck clean. 2 min.
11. Apply essence evenly on neck, 1 min.
12. **RF**  
Coupled with hand massage, lift double chin to pass

Technique3



Technique4,12



Technique5,6,7,13



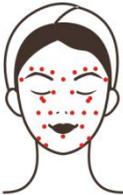
Technique15

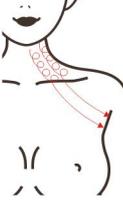
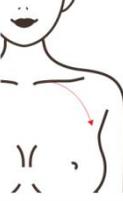


Technique16

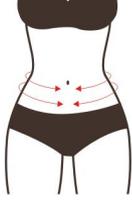


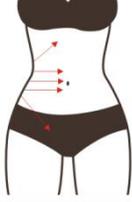
		<p>behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift the entire neck in parallel lines, 3-5 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treated area, 2 min.</p> <p>19. Apply neck mask, 15 min.</p> <p>20. Wash neck clean, 2 min.</p> <p>21. Apply toner, essence and neck cream.</p>	
<p><b>Suggested Treatment:</b></p> <p>10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.</p>			
<p><b>Face&amp;Neck Lymphatic Drainage: 45 min, once/week</b></p>			
<p>Vacuum&amp;RF Energy:</p> <p>Face: 10%-30%</p>	<p>Makeup remover+ Cleanser+ Massage cream+</p>	<p>1. Remove makeup and cleanse face and neck, 5 min.</p> <p>2. Apply toner, 1 min.</p> <p><b>3. Face Detoxification</b></p>	<p>Technique4</p>

<p>Neck: 20%-80%</p> <p>Mode: PRO</p> <p>Suction Time: 0.3-1.0</p> <p>Release Time: 0-0.5</p>	<p>Sheet mask</p>	<p>Apply massage cream evenly on face and massage face, 3 times.</p> <p>4. Press on the following acupoints: Chengjiang (Ren-24), Renzhong (Du-26), Dicang (St-4), Jiache (St-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EM3), Sizhukong (TE-23), Tongziliao (Gb-1), the Temple, Chengqi (St-1), Sibai (St-2), 3 times.</p> <p>5. Massage and stroke upwards in 8 parallel lines, tracing from chin to beneath the ears, mouth corner to earlobe, nose wing to ear gate, cheek to hairline, lower eyelid to hairline, crow's feet to hairline, beginning of the eyebrow to hairline, forehead to hairline, 3 times.</p> <p>6. Stroke upwards in 3 parallel lines then slide to the underarm, tracing from chin to beneath the ear, mouth corner to ear gate, nose wing to ear gate, 3 times.</p> <p>7. Do the same on the other side.</p> <p>8. Lift towards hairline then slide to the back of the ears, 3 times.</p> <p><b>9. Neck Detoxification</b> Apply and rub oil on the chest with both hands to the back of the neck and press Fengchi (Gb-20) and Fengfu (Du-16) acupoint, 3 times.</p> <p>10. Slide both thumbs along</p>	 <p>Technique6</p>  <p>Technique8</p>  <p>Technique9</p>  <p>Technique11</p>  <p>Technique12,13,14</p>  <p>Technique17</p>
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		<p>lymph glands at the back of the ear, then slide to Da Ban Jin (the area that connects neck and shoulders), 3 times.</p> <p>11. From left to right, slide hands alternately from lower jaw lymph glands to the back of the ear then to the underarm, 3 times.</p> <p>12. Stroke lower jaw lymph glands with kneeling fingers and slide to the back of the ear, then to the underarm, 3 times.</p> <p>13. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>14. Stroke downwards on lymph glands of the side neck with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>15. Massage and press Fengchi (Gb-20) and Fengfu (Du-16) acupoint, 3 times.</p> <p>16. Do the same on the other side.</p> <p>17. <b>Face Vacuum&amp;RF</b> Brace the skin with the probe; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple in parallel lines to lift the treatment area, 3 times.</p> <p>18. Coupled with hand, move from jaw to earlobe, mouth corner to ear gate, nose wing to temple to lift the treatment ares, then slide to the back of the ear</p>	 <hr/> <p>Technique18</p>  <hr/> <p>Technique20</p>  <hr/> <p>Technique21</p>  <hr/> <p>Technique22</p>  <hr/>
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		<p>and to the underarm, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. <b>Neck Vacuum&amp;RF</b> Coupled with the free hand, stroke lower jaw lymph glands upwards to the back of the ear and then slide to the underarm, 3 times.</p> <p>21. Move the probe in circular motions, tracing three parallel lines on one side of neck and then slide to the underarm, 3 times.</p> <p>22. Slide the probe from internal and external clavicle to the armpit, 3-5 times.</p> <p>23. Do the same on the other side.</p> <p>24. Wipe face and neck clean with hot towel, 3 min.</p> <p>25. Apply hydrating face mask+neck mask (at the same time), 15 min.</p> <p>26. Remove the masks and wash face and neck clean, 2 min.</p> <p>27. Apply toner, essence, face cream, neck cream and sunscreen.</p>	
<p><b>Suggested Treatment:</b> Ten treatments account for one full course. One session helps lift facial skin, relax shoulders and neck, and reduce internal dampness. A full course helps boost skin metabolism, face and neck lymphatic drainage, improve dull skin and acne prone skin, etc. After two courses, skin appears to be smooth, hydrated with less pigmented spots. Three courses help enhance the effect, better immunity and improve sub-health state.</p>			
<p><b>Shaping Waist&amp;Abdomen: 60 min, once/week</b></p>			
<p>40K Energy: 20%-80%</p>	<p>Essential oil (massage cream)+</p>	<p>1. Apply and rub oil on abdomen with hands, 3 times.</p>	<p>Technique1,7,10</p>

<p>Mode: Consecutive</p> <p>Vacuum&amp;RF Energy: 20%-80%</p> <p>Mode: PRO</p> <p>Suction Time: 0.3-1.0</p> <p>Release Time: 0-0.5</p>	<p>Gel+ Hot towel</p>	<p>2. Rub stomach back and forth with both hands, 3-5 times.</p> <p>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>4. Lift Dai Channel (BV) on both sides of waist with both hands alternately, 16 times.</p> <p>5. Move hands as if writing an "8" number on waist, 3 times.</p> <p>6. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>7. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>8. Push on the following acupoints Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), 2 times.</p> <p>9. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. <b>Vacuum&amp;RF</b> Move from sides of the waist to the abdomen. Move in parallel lines to lift the treatment area till groin, 3 times.</p> <p>12. Do the same on the</p>	 <p>Technique2</p>  <p>Technique3</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p>
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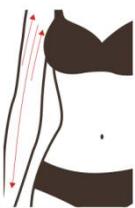
		<p>other side, 3 times.</p> <p>13. Move the device on abdomen in small circular motions, 3 times.</p> <p>14. Move the device on abdomen in big circular motions, 3 times.</p> <p>15. Move the probe in figure 8 on waists, 3-5 times.</p> <p>16. Move the device on waist and abdomen vertically back and forth, 3-5 times.</p> <p>17. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 times.</p> <p>18. Clean treated area with towel and apply gel evenly.</p> <p><b>19. 40K</b></p> <p>Move from sides of the waist to the abdomen. Move in parallel lines to lift the treatment area till groin, 3 times.</p> <p>20. Do the same on the other side, 3 times.</p> <p>21. Move the device on abdomen in big circular motions, 3 times.</p> <p>22. Move the probe in figure 8 on waists, 3-5 times.</p> <p>23. Move the device on waist and abdomen vertically back and forth, 3-5 times.</p> <p>24. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 times.</p> <p>25. Clean the treated area with hot towel, 2 min.</p>	 <hr/> <p>Technique9</p>  <hr/> <p>Technique11,12,19,20</p>  <hr/> <p>Technique13,21</p>  <hr/> <p>Technique14,22</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>
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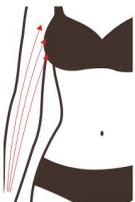
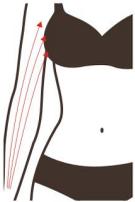
			
			Technique17,24
			
			Technique23
			

**Suggested Treatment:**

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

**Shaping Arms: 45 min, once/week**

<p>40K Energy: 20%-80%</p> <p>Mode: Intermittent</p> <p>Vacuum&amp;RF: 20%-80%</p> <p>Mode: PRO</p> <p>Suction Time:</p>	<p>Essential oil (massage cream)+ Gel+ Hot towel</p>	<ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer</li> </ol>	<p>Technique1</p>  <p>Technique2,3,4,5,6</p>
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<p>0.3-1.0</p> <p>Release Time: 0-0.5</p>	<p>Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm:</p> <p>Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Do the same on the other side.</p> <p>11. Clean the treated area with hot towel and apply gel evenly.</p> <p><b>12. 40K</b></p> <p>Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>13. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>14. Double the treatment</p>	 <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique12,15</p>  <hr/> <p>Technique13,14</p>  <hr/> <p>Technique16,18</p>
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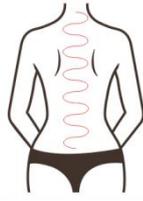
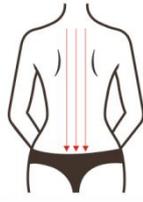
	<p>on flabby arms if needed, 3 times.</p> <p>15. Trace three channels back and forth and then to the underarm, 3 times.</p> <p>16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>17. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>18. Trace three channels from upper arm to armpit.</p> <p><b>19. (M) Vacuum&amp;RF</b> Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times. (Start from upper arm if there's not enough unwanted fat on lower arm.)</p> <p>20. Trace 3 channels from the upper arm to the underarm,3 times.</p> <p>21. Lay inner arm flatwise and push three channels on upper arm to armpit in circular motions, 3 times.</p> <p>22. Move the probe in circulation motions on the lower arm, then slide to the underarm, 3 times.</p> <p>23. Trace 3 channels from the upper arm to the underarm,3 times.</p> <p>24. Clean arms with hot towel.</p> <p>25. Do the same on the other arm.</p>	 <hr/> <p>Technique19,20</p> 
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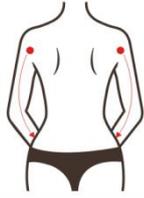
**Suggested Treatment:**

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin

appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

## Shaping Back: 45 min, once/week

<p>Vacuum&amp;RF Energy: 20%-80%</p> <p>Mode: PRO</p> <p>Suction: 0.3-1.0</p> <p>Release: 0-0.5</p>	<p>Essential oil (massage cream)+ Gel+ Towel</p>	<ol style="list-style-type: none"> <li>1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points.</li> <li>2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.</li> <li>3. Move thumb outwards from Du Channel (GV) to the 8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point.</li> <li>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</li> <li>5. Push Bladder Channel(BL) with thumb in left-right order, 3 times.</li> <li>6. Push Bladder Channel(BL) to baliao area with both thumbs, at the same time, 3 times.</li> <li>7. Push Bladder Channel(BL) in three kneeling fingers, 3 times.</li> <li>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</li> <li>9. Push scapula slot with both hands horizontally, 3-6 times.</li> <li>10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.</li> <li>11. Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3</li> </ol>	<p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5,6,7,13,15</p>  <hr/> <p>Technique8</p>
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		<p>times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub on Du Channel (GV) and Bladder Channel(BL) until they turn hot.</p> <p>14. Clean back with towel and apply gel evenly.</p> <p><b>15. Vacuum&amp;RF</b> Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>16. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>17. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>18. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>19. Move the device horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>20. Move in annular motions from two sides till the underarm, 3 times.</p> <p>21. Lift upwards from sides of the waist to the underarm, 3-5 times.</p> <p>22. Clean treated area with hot towel.</p>	 <hr/> <p>Technique9</p>  <hr/> <p>Technique11,12</p>  <hr/> <p>Technique16</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique19</p>  <hr/> <p>Technique20</p>
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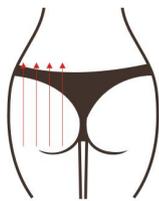
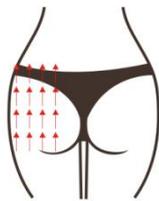
			 <hr/> <p>Technique21</p>  <hr/>
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**Suggested Treatment:**

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

**Shaping Buttocks: 60 min, once/week**

<p>40K Energy: 20%-80%</p> <p>Mode: Consecutive</p> <p>Vacuum&amp;RF Energy: 20%-80%</p> <p>Mode: PRO</p> <p>Suction Time: 0.3-1.0</p> <p>Release Time: 0-0.5</p>	<p>Essential oil (massage cream)+ Gel+ Towel</p>	<ol style="list-style-type: none"> <li>1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</li> <li>2. Repeatedly push the 8 Crevice area with two thumbs.</li> <li>3. Caress the treatment area for 3 times and then point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> </ol>	<p>Technique1,4,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>
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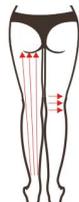
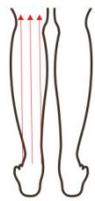
	<p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p><b>12. Vacuum&amp;RF</b> Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5 times.</p> <p>15. Lift 3 times from thigh</p>	 <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique12,15</p>  <hr/> <p>Technique13,16</p>  <hr/> <p>Technique14,21</p>
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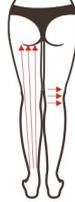
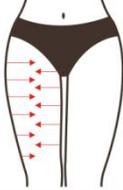
		<p>root to Dai Channel (BV).  16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.  17. The technique on the other side is the same as above.  18. Clean the treated area with towel and apply gel evenly.  <b>19. 40K</b>  Lift from the thigh root to the Dai Channel (BV) line by line, 3 times.  20. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.  21. Move in small circular motions around the buttocks, 3-5 times.  22. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.  23. Do the same on the other side.  24. Clean treated area with hot towel, 2 min.</p>	 <hr/> Technique19  <hr/> Technique20,22 
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**Suggested Treatment:**  
10 times account for a full course. After one treatment, buttocks feel lifted and heated. After a course, hip curve starts to show, excess fat slowly disappears, skin becomes tight. 3 courses help improve gynecological problems like cold body and cold uterus. Menstruation returns to normal. It helps consolidate the effect and increase the female sex appeal.

### Shaping Legs: 60 min, once/week

40K Energy: 20%-80%	Essential oil (Massage	<b>1. Prone Position - Rear Leg Treatment</b>	Technique1,2,3,4,6,7, 8
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<p>Mode: Consecutive</p> <p>Vacuum&amp;RF Energy: 20%-80%</p> <p>Mode: PRO</p> <p>Suction Time: 0.3-1.0</p> <p>Release Time: 0-0.5</p>	<p>cream)+ Gel+ Towel</p>	<p>In left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>3. Move hands upwards to four main collateral channels:Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Do the same on the other side.</p> <p><b>10. Vacuum&amp;RF</b> Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>11. Move the probe in small circular motion on calf, 3 times.</p> <p>12. Move the device upwards to popliteal fossa and caress the treatment</p>	 <p>Technique5</p>  <p>Technique10,12</p>  <p>Technique11</p>  <p>Technique13,15</p>  <p>Technique14</p>  <p>Technique17,20</p>
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	<p>area with hands, 3 times.</p> <p>13. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>14. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>15. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>16. Clean with towel and apply gel evenly on the treatment area.</p> <p><b>17. 40K</b></p> <p>Move the probe from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>18. Move the probe in small circular motions on calf, 3 times.</p> <p>19. Double the treatment on inner thigh, 3 times.</p> <p>20. Move the probe upwards from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>21. Clean treated area with hot towel.</p> <p>22. Do the same on the other side.</p> <p><b>23. Supine Position - Foreleg Treatment</b></p> <p>Rub oil with both hands from heel to the thigh root (namely to caress the</p>	 <hr/> <p>Technique23,24,25,26,27</p>  <hr/> <p>Technique28,32,36</p>  <hr/> <p>Technique29,33,35</p>  <hr/> <p>Technique30</p>  <hr/> <p>Technique31,37</p>  <hr/> <p>Technique38</p>
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	<p>treatment area), 3 times.</p> <p>24. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>25. Move hands upwards to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times.</p> <p>26. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p><b>27. Vacuum&amp;RF</b> Lift the device towards knee while tracing 4 channels, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>28. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>29. Stroke upwards from knee to the end of thigh in parallel line, 3 times.</p> <p>30. Move in small circular motions on the entire thigh area, 3 times.</p> <p>31. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>32. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>33. Lift the probe from knee to thigh root in parallel lines, 3 times.</p>	 <hr/> <p>Technique39</p> 
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		<p>34. Clean the treated area with towel and apply gel evenly.</p> <p><b>35. 40K</b> Lift the device towards knee while tracing 4 channels, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>36. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>37. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>38. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>39. Lift from knee to the end of thigh in parallel lines, 3 times.</p> <p>40. Clean with hot towel, 2 min.</p> <p>41. Do the same on the other side.</p>	
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**Suggested Treatment:**

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.