**User Manual** 

# MS-34D1



# Preface

Dear users:

We're pleased to present to you our 5 In 1 40K Unoisetion Cavitation Radio Frequency RF Face Vacuum Slimming Machine that works on shoulder and neck strain, back strain, and body fat accumulation and so on. It aims to achieve beauty results such as, weight loss, figure slimming, draining internal dampness, detoxification, dredging meridians and collaterals through high-tech means. 5 In 1 40K Unoisetion Cavitation Radio Frequency RF Face Vacuum Slimming Machine is a specialized device for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

# **Brief Introduction**

40K, RF and vacuum beauty machines are currently the most popular beauty machines that work on meridian dredging, body-shaping and skin tightening. It's an effective replacement of all the manual scraping, cupping and slimming programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Vacuum&RF probes help massage skin and muscle through the specially designed vacuum suction working head that can effectively boost tissue fluidity, increase tissue activity so as to increase skin elasticity. Combined with 40K fat dissolving, it achieves a superb body shaping effect.

# Advantages

1. Multifunctional beauty machine that effectively address localized fat pockets, sub-health and so on.

2. Features with strong vacuum pump, low noise, multiple modes, good quality and high comfort level.

3. Professional vacuum&RF working heads apply to scraping, cupping, etc., and help pass out toxins and dampness.

4. Wider treatment range and faster and more visible effects.

5. Easy and convenient; painless, non-invasive during the process; skipping any recovery periods without affecting any work and life plans.

6. Various work heads can be replaced in different parts according to different requirements.

7. Unevenness, bleed, swelling and stasis will not appear after treatment.

8. All handles can be used alone or together for better effects.

9. 40K fat blasting function can help dissolve fat fast and thereby reach the goal of fat reduction and body management.

# Facial Detoxification & Skin Tightening

### Working Principle

### Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body.Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole.Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

#### Vacuum Physical Effects

#### 1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

#### 2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

#### 3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity.
- (2) Lift and revive skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

#### 4. Nerve layer

The suction and release of air pressure:

- (1) Stimulates the surface and deep sympathetic nervous system.
- (2) Improves skin sensitivity.
- (3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

## RF

Radio frequency can alternates electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

#### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to  $45^{\circ}C^{\sim}60^{\circ}C$ , it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### Effects

- 1. Tighten skin and deeply channel nutrients into skin.
- 2. Increase skin elasticity and refine skin.
- 3. Moisturize skin and boost skin absorption rate.

- 4. Improve blood circulation and help metabolism.
- 5. Reduce double chin and tighten skin.
- 6. Stimulate collagen regeneration and delay aging.

### Applicable Range

- 1. Those with facial dullness.
- 2. Those with skin relaxation and sagging.
- 3. Those with fine lines, nasolabial folds and crow's feet.
- 4. Those with indistinct facial outline.
- 5. Those with coarse skin and large pores.
- 6. Those who are under long-term exposure of UV radiation at workplace.
- 7. Those with skin relaxation and sagging after child delivery.

## Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.

2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal injection or plastic surgery.

3. Those who have hypertension, heart disease, diabetes, severe thyroid disease and malignant tumors, etc.

4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.

- 5. Those with skin trauma or wound.
- 6. Those who are over aging.
- 7. Those who are in their menstruation, pregnancy, lactation, surgical recovery.
- 8. Those who have skin diseases and infectious diseases.
- 9. Those who are unrealistic about the results.

## Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).

2. Enhance moisturizing and sunscreen.

- 3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within 3 days.
- 4. Use facial masks at least 3 times a week.

5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.

6. Avoid food that will cause '3 Hs' (high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

# Neck Lymphatic Drainage

# Working Principle

## Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## Effects

- 1. Improve the flabbiness, roughness and dullness of the neck skin.
- 2. Tighten skin and increase skin elasticity.
- 3. Remove double chin.
- 4. Accelerate lymphatic detoxification and improve facial skin.
- 5. Prevent cervical and lymphatic diseases.

## Applicable Range

- 1. Those who have dull and coarse neck skin.
- 2. Those with blocked neck lymph nodes.
- 3. Those with loose and inelastic neck skin.
- 4. Those who often bow their heads.
- 5. Those who often grow acne on cheeks.

## Inapplicable Range

1. Those who have just undergone plastic surgery.

2. Those who have hypertension, heart disease, diabetes, severe thyroid and malignant tumors.

- 3. Those who are having an allergic reaction, or people with severe sensitive skin.
- 4. Those with skin trauma or wound.
- 5. Those who are over aging.
- 6. Those who are pregnant or convalescents.
- 7. Those with skin disease and other contagious diseases.

#### Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.

2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.

3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.

4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.

5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.

6. Avoid bowing head for a long time.

# Shaping Arms

#### Working Principle

### Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins. Unique RF function head design, RF and negative pressure are relatively

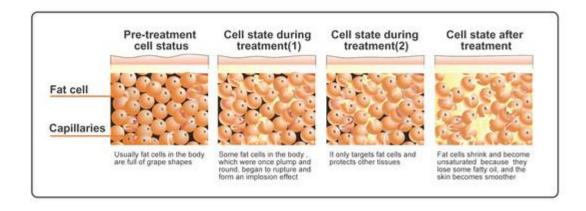
independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole.Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

### 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound**: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue.



## Effects

- 1. Stimulate collagen hyperplasia at the bottom of the skin to shape and firm it.
- 2. Improve loose skin.
- 3. Improve flabby arms and thick arms.
- 4. Soothe and firm loose skin.
- 5. Tighten skin.
- 6. Accelerate blood circulation and increase skin elasticity.

7. Reduce upper arm fat accumulation.

## Applicable Range

- 1. Those who have thick arms and want to look better in clothes.
- 2. Those who have jiggly and flabby arms.
- 3. Those who have loose arm skin.
- 4. Those whose arms are prone to pain and numbness.

### Inapplicable Range

- 1. Those who have just had plastic surgery.
- 2. Those who have hypertension, heart disease, diabetes, severe thyroid disease, malignant tumor, etc.
- 3. Those who are during allergic period and has severely sensitive skin.
- 4. Those with skin trauma or cut.
- 5. Those who are over aging.
- 6. Those who are pregnant and who are recovering from surgery.
- 7. Those with skin diseases and infectious diseases.

## Notes after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. 4-6 hours later in the shower.
- 3. Drink plenty of warm water to stay hydrated.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

# **Shaping Waist**

## Working Principle

#### Vacuum & RF

The principle of vacuum negative pressure is used to lift skin, coupled with RF to achieve the slimming effects. Vacuum negative pressure can take a variety of skin tissue layers to multipolar RF so that RF energy can be transmitted more effectively to subcutaneous fat (fat layer). Suction and release of vacuum function at the same time, helps to promote blood circulation, improve the local tissue metabolism, and fully relax the skin and muscle tissues, relieve skin and muscle fatigue. Combined with RF and IR energy to multiply comfort level.

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound**: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue.

#### Effects

- 1. Improve flabby and lax skin on waist and abdomen.
- 2. Reduce lumbar and abdominal fat, such as beer belly and love handles.
- 3. Tighten skin; reduce stretch marks induced by pregnancy and obesity; increase skin elasticity.
- 4. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

### Applicable Range

- 1. Those with lumbar and abdominal fat or who have sagging skin after birth.
- 2. Those sitting for a long time, or with unideal waistlines.
- 3. Those with striae due to obesity and pregnancy.
- 4. Those with constipation or obstruction of abdominal meridians.

#### Inapplicable Range

1. Those with "3 High" (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.

- 2. Those who are in their pregnancy, menstruation or lactation.
- 3. Those who have just undergone surgical wounds or convalescents.
- 4. Those who have epilepsy and severe diabetes and hyperthyroidism.
- 5. Those who have malignant tumors, hemophilia or severe bleeding.
- 6. Those who have skin diseases and infectious diseases.
- 7. Those who have severe gynecological diseases.
- 8. Those whose gynecological diseases are being treated.

## Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.

2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.

3. Keep abdomen warm. Take a bath after 4-6 hours.

4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

# Shaping Breasts

## Principle

### RF

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

## Effects

- 1. Adjust chest type and reduce accessory breast.
- 2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
- 3. Reduce chest expansion.
- 4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
- 5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

## Applicable Range

1. Those with bad breast shape and accessory breasts.

2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.

- 3. Those with extended chest fat extended.
- 4. Those with low immunity.
- 5. Those with irregular menstruation and facial spots or whose skin is inelastic.
- 6. Those with improper developed mammary glands.

### Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.

2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.

- 3. Those with infectious lesions on the chest skin.
- 4. Patients with severe thoracic proliferative or fibroma or cyst.
- 5. Those in pregnancy and lactation.

### Notes after Operation

- 1. Keep warm.
- 2. Wear styled and comfortable underwear. Don't press your chest hard.
- 3. Avoid getting cold. Take a bath after 4-6 hours.

# Back Lymphatic Drainage

### Working Principle

#### Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, improve varicose veins, as well as preventing blocked circulation of blood vessels, collaterals and meridians.

### Effects

- 1. Accelerate lymph flow.
- 2. Accelerate the natural detoxification process to help the body pass out waste

through the lymphatic system.

- 3. Stimulate lymphatic activity.
- 4. Increase lymphocyte productivity.
- 5. Improve your body's metabolism and immune system.
- 6. Reduce shoulder and back pain.

### Applicable Range

- 1. Those with shoulder and neck strain.
- 2. Those with mild shoulder periarthritis.
- 3. Those with aching muscles all over.

4. Those who are moody, short-tempered and often experience insomnia and dreaminess.

5. Those who drive for long hours, work in front of computers and sit for long periods of time.

6. Those with blocked channels and collaterals, poor circulatory metabolism and have acne prone skin.

## Inapplicable Range

1. Those who has "three Hs" , heart disease, epilepsy and severe diabetes and hyperthyroidism.

- 2. Those whose surgical wound is healing or convalescence.
- 3. Those who are in their pregnancy, menstruation and lactation
- 4. Those with skin diseases and infectious diseases.
- 5. Those with with lymphoma or signs of cancer.
- 6. Those who are too drunk, too full, too hungry, too thirsty and overworked.

### Notes after Operation

1. Shower after 4-6 hours to avoid catching cold.

2. It is normal to have slight pain, itching, scrapping or rubella changes on the skin surface. Do not scratch.

3. Drink lots of warm water to help boost metabolism.

# Shaping Buttocks

## Working Principle

### Vacuum & RF

The negative pressure of the handle can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's

resistance; Mechanical stimulation of negative pressure transmits to the central nervous system through the reflex pathway, which can regulate nerve activity so as to reach a balance. During operation, the suction and release and increase and decrease of vacuum suction level can help keep local pores open and close continuously, promote skin respiration, increase oxygen uptake and accelerate waste discharge.

### Effects

- 1. Relax muscles and increase local blood circulation.
- 2. Prevent muscle atrophy and relieve muscle spasm.
- 3. Tighten skin and strengthen body.
- 4. Relieve sagging caused by muscle relaxation.
- 5. Stimulate muscle contractions to plump up muscles and enhance hips.
- 6. Help the buttocks expel toxins and improve gynecological problems.

## Applicable Range

- 1. Those with sunken and flat hips.
- 2. Those who have flat, shapeless and low fat buttocks.
- 3. Those with hip fat accumulation in the waist and hip forming "H-shaped hip".
- 4. Those with cold hips and heavy body dampness.

## Inapplicable Range

- 1. Those who are in menstruation, pregnancy, lactation
- 2. Those with wounds during recovery from surgery.
- 3. Those with hypertension, heart disease, etc.

4. Those with skin diseases, patients with infectious diseases and skin sensitive period.

5. Those who are in poor health.

### Notes after Operation

- 1. Shower 4-6 hours after operation.
- 2. It is recommended to wear underwear that lifts the buttocks to prevent sagging
- 3. After the operation, do a simple exercise that helps to lift the buttocks properly.

# Shaping Legs

## **Working Principles**

Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, improve varicose veins, as well as preventing blocked circulation of blood vessels, collaterals and meridians.

### 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

### Effects

- 1. Tighten skin and prevent sagging.
- 2. Increase leg circulation and detoxification, metabolism.
- 3. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
- 4. Tighten excessive protruding fat on legs and rid thick thighs.
- 5. Burn fat and expel toxins.

## Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.

2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.

3. Those with constipation and has coarse, flabby skin.

4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

5. Those who have thick thighs.

## Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.

2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc

3. Those with skin diseases, patients with infectious diseases and skin sensitive period.

- 4. Those with wounds during recovery from surgery.
- 5. Patients with severe varicose veins and tumors.
- 6. Those with allergic and severely sensitive skin.
- 7. People who have just had liposuction.
- 8. Those who are overly old.
- 9. Those who are pregnant or recovering from surgery.

### Notes after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. 4-6 hours later in the shower.
- 3. Drink more warm water to replenish water and speed up metabolism.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
- 6. Wear pants when you're done. Avoid miniskirts and shorts.

# Part II

### 1. Detailed Operation

Detailed installation is as follows:



Note: Insert the filter the right way and make sure to push it all the way in.



Correct Insertion

Three handles share the same power cord. Select the handle based on your own needs.



- Vacum& Sextupolar RF L Handle
- L Handle Installation

 ${\bf M}$  Handle Installation





After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Then it goes to the interface below



## **1.1 Function Selection**





Twist counterclockwise to decrease suction level and clockwise to increase suction level. Adjust based on one's own comfort level.

## 1.2 Detailed Operation: VACUUM&RF S/M/L



Note:

1. Three probes share the same cable. Connect the cable with the intended treatment probe.

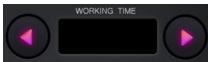
2. The interface will recognize the probe and switch to the Vacuum  $\rm RF~S/M/L$  interface automatically.

#### 3. Three probes share the same interface.



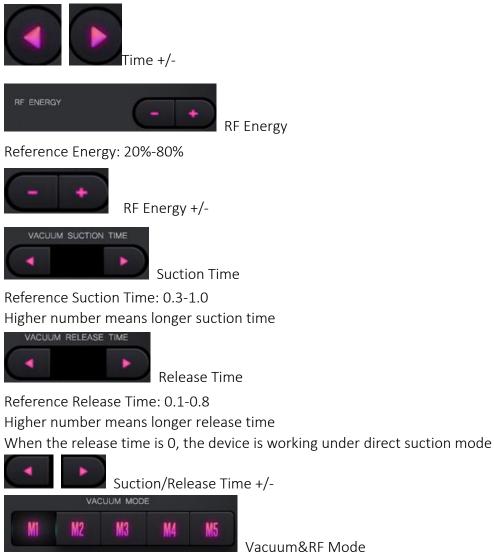
VACUUM&RF S Handle

It will show as VACUUM & RF M or VACUUM & RF L when you connect to the probe of M or L



Vacuum&RF Working Time

Reference Time: 10-20 min each time at each treatment site



5 modes in total. Choose based on your own body shaping needs.



M1: Direct Suction Mode (Suitable for those who opt for detoxification and

scraping)

M2: Slow Intermittent mode (Suitable for those who opt for detoxification through massage and slight petechiae)

M3

M3: Fast Intermittent Mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M4: Faster Intermittent Mode (Suitable for those who opt for detoxification through massage and accelerate the circulation)

M5

M5: Fastest Intermittent Mode (Suitable for those who opt for relaxation through massage)

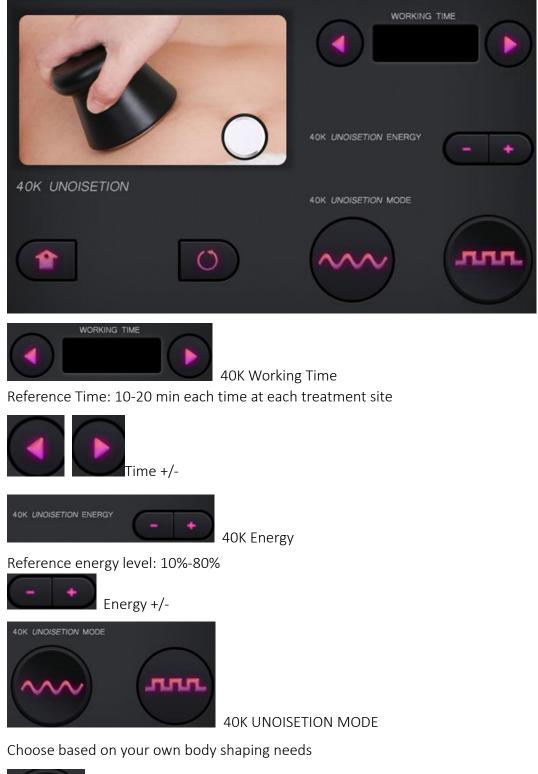


Twist counterclockwise to decrease suction level and clockwise to increase suction level. Adjust based on one's own comfort level.

## 1.3 Detailed Operation: 40K UNOISETION



to go to the interface below





40K Consecutive Mode (Constant working mode is suitable for those with thick layers of fat and want to lose weight.)



40K Intermittent Mode (Suitable for first-time users and those who take

time to adapt)



Start/Pause

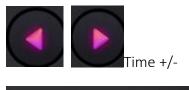
## 1.4 Detailed Operation: Face RF

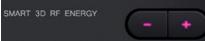


to go to the interface below



Reference Time: 20 min each time at each treatment site





**RF Energy** 

Reference energy level: 20%-80%

Adjust based on one's own comfort level. Start from the lowest energy level and increase slowly after adaptation. High energy level comes with higher RF probe temperature.



Energy +/-

**RF** Mode Selection

**NOR** is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device. It is suitable for those who need to tighten skin and remove wrinkles.

**PRO** is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin. It is suitable for first-time user and those who need to fade fine lines and firm up saggy skin.



Home



#### 2. Technical Parameters

Unoisetion Cavitation 2.0 Handle Treatment Area: Body Measure of Treatment Area: 37cm<sup>2</sup> Ultrasonic frequency: 40KHz Max. Output Power: 25W

Vacuum and Sextupolar RF L Handle with Photon Treatment Area: Body Measure of Treatment Area: 30cm<sup>2</sup> Max. Output Power: 60W RF Working Depth: 4.5mm Depth of Pressure: 23mm RF Frequency: 1MHz Max. Output of Pressure: -80KPa

Vacuum and Sextupolar RF M Handle with Photon Treatment Area: Body Measure of Treatment Area: 22cm<sup>2</sup> Max. Output Power: 40W RF Working Depth: 4.5mm Depth of Pressure: 20mm RF Frequency: 1MHz Max. Output of Pressure: -80KPa

Vacuum & Quadrupole RF S Head With Photon Treatment Area: Face Measure of Treatment Area: 7cm<sup>2</sup> Max. Output Power: 20W RF Working Depth: 3mm Frequency Depth of Pressure: 16mm RF Frequency: 1MHz Max. Output of Pressure: -80KPa

Bipolar Facial RF Handle Treatment Area: Face Measure of Treatment Area: 10cm<sup>2</sup> Max. Output Power: 10W RF Working Depth: 1.8mm RF Frequency: 1MHz

## 3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or who are equipped with pacemaker.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.

### 4.Dos and Dont's

1. Detach the probe after each session to clean and store in place.

2. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.

3. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.

4. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.

5. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.

6. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.

7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.

8. Please refrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.

9. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.

10. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

11. Use device or train device operators in strict accordance with instructions in the user manual.

12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.

13. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.

14. When operating, the instrument should fully touch the skin to avoid uneven heat.

15. Start from the lowest energy level and slowly increase.

16. When using this device, the operating parts must be kept moist and dry skin should be avoided.

17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

18. Always make sure you place the cotton filter before vacuum&RF treatment to avoid possible damage caused by dirt, massage cream or oil.

### 5. Troubleshooting & Solutions

# 1. The instrument cannot be started, but the key light on the back of the instrument does not work?

A. Make sure the power cord is connected to a valid power socket.

B. Whether the fuse tube on the back of the instrument is loose or burnt out.

#### 2. No RF output of the instrument?

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

#### 3. Weakened RF output?

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

#### 4. No suction or very little suction?

A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

#### 5. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

### 6.FAQs

#### 1. Q:Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate female natural charm.

#### 2.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

#### 3. Q: What will I experience during vacuum treatment?

A: Vacuum treatment comes with suction. Your skin and fat will feel like they're being grabbed on tight, then being released. Higher suction level means more tighter feeling. So adjust the suction level to whatever you're most comfortable with.

#### 4. Why did red or purple marks appear after vacuum treatment?

A: Petechiae are different colored marks, varying from deep red to blackish purple. Some are flaky, and some are dot of different shades. They are mainly caused by the negative pressure suction effect, so that the subcutaneous capillary rupture, red blood cells ooze and accumulate in the subcutaneous layer. Generally healthy people will have a slight petechiar, whose color is light red, and will gradually recede within 3-6 hours. For those whose bodies are too damp and cold, the color will appear to be darker, such as blackish purple, which will gradually fade in about a week.

#### 5. What is the effect of scrapping or gua sha when it comes to vacuum treatment?

A: Scrapping can help remove the dampness in the body. It has obvious effects such as activating blood and removing blood stasis. It can effectively promote the discharge of toxins in the body. If the sha image is light, the sha point is scattered and the color is light, it suggests you are in a relatively healthy condition. If sha is more accumulated

and form up in purple to black large pieces, etc., it indicates that you need multiple treatments.

# 6. Does petechiae or red to purple marks always appear after each vacuum treatment?

A: Not always. For people with insufficient qi and blood due to a weak constitution, they have slow blood flow in the body, so even if there is stasis in a certain part of the body, it is often not likely to see red or purple marks. At this time, we should not force it. As long as local treatment sites heat up and pores open up, we shall continue with the suction level you're most comfortable with.

Petechiae is also not easy to come by for those who take too much medicine, because it is toxic. Long-term medication will cause disorder of the body's immune system. No red or purple marks will appear despite of long treatment hours or high suction level. For those who are in no sub-health state and is overall healthy, petechiae will not appear as well.

#### 7. Q: Will I experience rebound after operation?

A: Ultrasound works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

#### 8. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

#### 9. Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

#### 10. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells,

resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

# 7. Packing List

- 1 x Main Machine
- 3 x Vacuum& RF L, M, S Handles
- 1 x 40K Unoisetion Cavatation 2.0 Handle
- 1 x Bipolar Face RF Handle
- 1 x Power Cable
- 2 x Fuse
- 1 x Handle Holder

## 8. Operational Diagrams

Parameter Adjustmen	Product t	Techniques	Diagrams	
Facial Detoxification&Skin Tightening: 45 min, once/week				
Vacuum&RF Energy Level:	Makeup remover oil+	<ol> <li>Remove makeup off face and neck, 2 min.</li> <li>Exfoliate face and neck</li> </ol>	Technique9	
Suction Time: 0.3-1.0 Release Time:	Cleanser+ Exfoliator+ Toner+ Hydro	<ul> <li>area, 2 min.</li> <li>3. Wash face clean with cleanser, 2 min.</li> <li>4. Apply toner, 1 min.</li> </ul>		

0-0.3	mask+	5. Evenly spread hydro mask	Technique10
	Essence+	on the face. Wait for 8-10	
Suction Level:	Cleanser	min.	
Twist the	cream+	6. Wash face clean, 2 min.	
suction	Sheet mask	7. Apply toner, 1 min.	÷
tuning knob		8. Evenly spread cleanser	M
to adjust		cream all over the face and	
suction level		massage for 10 min or so.	
to whatever		9. Circle around the eye for 3	Technique15
you're most		times, then trace from	
comfortable		forehead to canthus - nose	
with		wing - mouth corner to the	
		chin, then lift back up along	
RF Energy		the jawline, and press Yifeng	
Level:		(TE-17) behind the ear and	
20-80%		lastly slide to the side of the	Technique16
Bipolar RF		neck, 1 time. 10. Curl up both hands and	
energy level:		place them beneath the	
20-80%		jawline and the thumbs	
20 00/0		beneath lower lip. Pull	
		upwards, tracing the jawline	
		from the chin towards the	Technique17
		back of the ears, 3 times.	<u> </u>
		11. Clamp the jaw with	
		middle and ring fingers and	
		pull towards the earlobes	(÷)
		alternatively, 5-8 times.	M
		12. Lift nasolabial folds near	
		mouth corners using	Technique18
		tapotement technique, 3-5	
		times.	
		13. Slowly massage face	
		using tapotement technique,	
		3-5 times.	
		14. Cross hands to slowly lift	Taskain, 20
		from chin to temples, 3-5	Technique20
		times.	
		15. Circle around eyes with both hands, 3 times.	
		16. Trace around eyes using	X>
		scissor hand gestures till the	
		temples, 3-5 times.	
		17. Circle around in shape	Technique27. 28. 32

"8" and press the temples,	
3-5 times.	
18. Push the following	$\sim$
acupoints:	
Jingming (BI-1), Cuanzhu	$\sim$
(BI-2), Yuyao (EM3),	
Sizhukong (TE-23), the	M
Temple, Tongziliao (Gb-1)	
using middle and ring fingers,	T   · 20
3 times.	Technique30
19. Move hands in circular	
motion around eyes, 3 times.	
20. Lift towards hairline on	$\mathcal{X} \subset \mathcal{Z} \mathcal{X}$
forehead using both palms, 3	\ ÷ ∕
times.	$\mathcal{M}$
21. Cross hands to lift from	
chin to the back of the ear,	
and from chin to the temples,	
3 times.	
22. Move from earlobes in	
upwards circular motions to	
massage ears, 2-3 times.	
23. Cover ears with both	
hands for 1-2 seconds then	
remove hands. Repeat for 3	
times.	
24. The end of the massage	
session.	
25. Wash face clean.	
26. Spread massage cream	
evenly all over the face.	
27. <b>RF</b>	
Stroke slowly upwards from	
chin in parallel lines, 3 times.	
28. Lift along the jawline	
towards the cheek to lift the	
treatment area, 3 times.	
29. Do the same on other	
cheek.	
30. Lift towards hairline on	
forehead, 3 times.	
31. (S) Vacuum&RF	
Set the mode to intermittent	
suction and release mode (for	

massage and relaxation).	
32. Lift in parallel lines from	
chin to forehead to lift the	
treatment area, covering the	
entire face, 3 times.	
33. Set it at direct suction	
mode. Coupled with hand,	
start from chin to lift	
upwards, tracing from chin to	
earlobe, mouth corner to ear	
gate, nose wing to temple,	
lower eyelid to temple and lift	
the corners of the eyes, 3	
times.	
34. Do the same on the other	
side.	
35. Lift towards hairline on	
forehead.	
36. Wash face clean, 2 min.	
37. Apply sheet mask + (blue	
LED) photon mask, 15 min.	
38. Remove the masks and	
wash face clean, 2 min.	
39. Apply toner, essence,	
cream and sunscreen.	
1	

#### Suggested Treatment:

10 treatments account for a full course. One session helps speed up blood circulation and face appears supple and healthy afterwards. One full course helps metabolize toxin and improve acne prone skin and reduce blackheads. Three courses help define jawline, strengthen skin resistance so that it looks healthy and glowing.

# Neck Lymphatic Drainage: 45 min, once/week

	-		
Vacuum&RF	Makeup	1. Remove makeup and	Technique3
Energy Level:	remover+	clean, 5 min.	$\sim$
	Cleanser+	2. Apply massage cream	
Suction Time:	Massage	evenly all over the neck area,	
0.3-1.0	cream+	2 min.	
	Essence+	3. Apply and rub oil on the	
Release Time:	Neck mask	chest with both hands to the	Technique5
0-0.3		back of the neck and press	
		Fengchi (Gb-20) and Fengfu	
Suction Level:		(Du-16), 3 times.	

Twist the		4. Place one hand above	÷,
suction tuning		nairline on the side of the	
knob to adjust		neck, push along the	
suction level to	C	opposite direction on the	<u>کر</u> کر
whatever you're	r	neck till Da Ban Jin, then	八 1
most	r	make a U-turn on the	Technique5,6,7
comfortable	S	shoulder, 3-5 times.	÷ /
with	5	5. Alternately lift the lower	M
	j	aw and double chin to pass	
RF Energy Level:	k	pehind the ear and under the	V (
20-80%		armpit, 3 times.	<u> </u>
	6	5. Push downwards with	Technique9
Mode:		nand spread and hukou	in P
NOR		pointing down, tracing 3	$\varkappa$
		meridian channels from the	
		neck side to the armpit, 3	
		times.	
		7. Push downwards with 4	
		ingers, tracing 3 meridian	Technique11. 12
		channels from neck side to	
		he armpit, 3 times.	
		3. Push downwards with	- 4
		kneeling fingers till the neck	۱۲ , )
		urns hot and slide to the	
		armpit, 3 times.	T   ' 40
		9. Push downwards with	Technique13
		hand spread and hukou	÷
		pointing down from external	
		collarbone to armpit, 3-5	
		imes.	۱ <i>۲</i> , (
		10. Do the same on the	/
		other side.	Technique14
		11. (M) Vacuum&RF	ц <del>щ</del> У
		Set it at intermittent mode.	M
	1	Nove the probe from chin to	)
	e	earlobe, then to the	
	ι	underarm for massage and	二 二 二 二 二 二 二 二 二 二 二 二 二 二 二 二 二 二 二
	r	elaxation, 3 times.	Technique15
	1	12. Set it at direct suction	
	r	mode. Coupled with hand	
	r r	massage, lift double chin to	A= =R
		bass behind the ear and	
		under the armpit, 3 times.	
		13. Move the probe in 3	
L		1	

	parallel circular motions on			
	side of the neck, then slide to			
	the underarm, 3 times.			
	14. Slide the device from			
	internal and external clavicle			
	to the armpit, 3-5 times.			
	15. Move the device in			
	circles on the whole neck			
	area, 3 times.			
	16. Do the same on the			
	other side.			
	17. Clean the treated area			
	with hot towel and hot steam			
	for 5 min.			
	18. Apply neck mask, 15 min.			
	19. Wash neck clean, 2 min.			
	20. Apply toner, neck			
	essence, neck cream and			
	sunscreen.			
Suggested Treatments:				
10 treatments account for one full course. After one treatment, skin becomes tender,				
smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic				

smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 courses, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

## Shaping Arms: 60 min, once/week

Vacuum&RF	Essential	1. Left-right order: lay the	Technique1
Energy:	oil+	arm flatwise, apply and rub	
	Ultrasonic	oil in from lower arm to the	
Suction Time:	gel+	entire arm and slide to the	
0.3-1.0	Towel	fingers, 3 times.	()) .
		2. Push the entire arm with	
Release Time:		both palms, 3 times.	
0-0.3		3. Push hands upwards	Technique2,3,4,5,6
		tracing three main collateral	
Suction Level:		channels:	
Twist the		Large Intestine Meridian(LI)	
suction tuning		- Triple Energizer	()) .
knob to adjust		Meridian(TE) - Small	
suction level to		Intestine Meridian(SI) to	

	1 1 C 1	<b>T</b> 1 · <b>T</b>
whatever you're	armpits with fingers spread	Technique7
most	and hukou pointing	II AL
comfortable	upwards, 3 times.	
with	4. Caress the treatment	
	area, 3 times.	
RF Energy Level:	5. Trace and rub three main	$( \cdot )$
20-80%	collateral channels on arms	
	with kneeling finger back	Technique8
Mode:	and forth till them turn hot,	
NOR	3 times.	
	6. Caress the treatment	
40K Eportu	area, 3 times.	A LEY
40K Energy	,	) (
Level:	7. Lay inner arm upwards,	
20-80%	and push hands tracing	
	three yin channel on inner	Technique13
Mode: M1	arm:	
	Lung Meridian(LU) -	
	Pericardium Meridian(PC) -	
	Heart Meridian(HT) to	()) .
	armpit, with hukou pointing	
	upwards, 3 times	
	respectively.	Technique14,17
	8. Rub three channels back	
	and forth with kneeling	
	fingers, 3 times.	
	9. Caress the treatment	
	area and slide to fingers.	
	10. Do the same on the	
	other side.	
	11. Clean the arms with hot	
	towel.	Technique20
	12. Apply gel evenly on the	
	treatment area.	
	13. 40K	
	Lay the arm flatwise. Move	for in the
	, in small circular motions on	(.,)
	the upper arm, 3 times.	P 7
	14. Move back and forth	
	along the upper arm to lift	
	the treatment area, 3 times.	
	15. Lay the arm flatwise.	
	Move in small circular	
	motions on the inner side of	
	the upper arm, 3 times.	

ГI		
	16. Slide up and down the	
	inner side of the upper arm,	
	3 times.	
	17. Vacuum & RF	
	Set it at intermittent mode.	
	Lay arms flatwise and slide	
	back and forth on the upper	
	arm, 3 times.	
	18. Set it at direct suction	
	mode. Trace three channels	
	to armpit, 3 times.	
	19. Move the device in	
	annular motion, tracing	
	three channels to armpit, 3	
	times.	
	20. Lay inner arm flatwise	
	and push three channels on	
	upper arm to armpit, 3	
	times.	
	21. Trace three channels on	
	upper arm and move the	
	device in circles to armpit, 3	
	times.	
	22. Do the same on the	
	other arm.	
	23. Clean the treated area	
	with hot towel, 2 min.	
Currents d Treatment		

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

## Shaping Waist: 45 min, once/week

Vacuum&RF	Essential oil	1. Apply and rub oil on	Technique1
Energy:	+	abdomen with hands, 3	
	Ultrasonic	times.	
Suction Time:	gel+	2. Rub stomach back and	$\left( \cdot \right) \left( \cdot \right) \left( \cdot \right)$
0.3-1.0	Towel	forth with both hands, 3-5	
		times.	
Release Time:		3. Lift two sides of waist	

0-0.3with both hands alternately, 16 times.Technique2Suction Level:4. Have the customer lay on his or her sides.Technique2Twist the suction tuning knob to adjust suction level toAlternate palms in pushing towards the abdomen from side of the waist, 3-5 times.Technique2	
Suction Level: Twist the suction tuning knob to adjust4. Have the customer lay on his or her sides. Alternate palms in pushing towards the abdomen from	
Twist the suction tuning knob to adjuston his or her sides. Alternate palms in pushing towards the abdomen from	
suction tuning knob to adjustAlternate palms in pushing towards the abdomen from	
knob to adjust towards the abdomen from	
whatever you're 5. Place two palms next to Technique3	
most each other and slide down	
comfortable from side of the waist, 3-5	
with times.	
6. Move hands in circular	
RF Energy Level: motions on the side of the	
20-80% waist, 3-5 times.	
7. Alternate palms in Technique9. 16	
Mode: pushing from side of the	
NOR waist towards groin and	
belly navel, 3-5 times.	
40K Energy 8. Do the same on the	
Level: other side.	
20-80% 9. 40K	
Move the probe from one Technique11. 14	
side of the waist towards	
the abdomen in parallel	
lines till the groin, 3 times.	
10. Do the same on the	
other side.	
11. Move the probe on	
abdomen, first in small	
circular motions, then in big	
circular motions, 3-5 times. Technique15	
12. Move the probe in	
figure 8 on the waist to	
shape the treatment area,	
3-5 times.	
13. Combined with hand,	
stroke upwards along Dai	
Channel (BV), 16 times.	
14. (L) Vacuum&RF Technique12	
Set it at intermittent mode.	
Have the customer lay on	
his or her back. Move in big	
circular motions on the	
waist to massage, 3 times.	

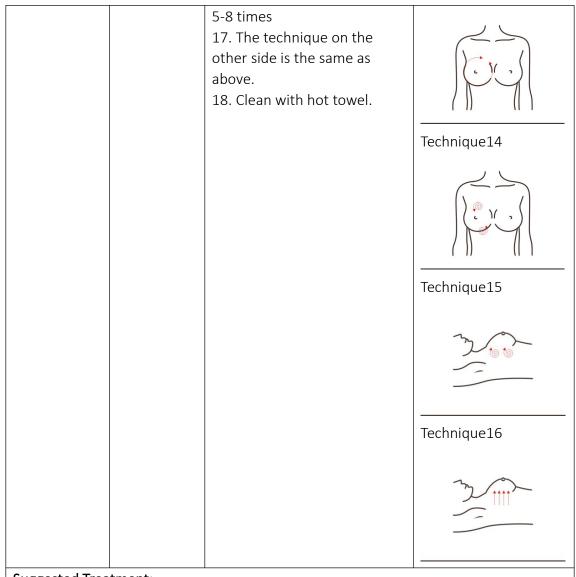
15. Slowly move from left	
side of the waist to the right	
side of the waist. Move back	
and forth for 3 times.	
16. Have the customer lay	
on his or her side. Set it at	
direct suction mode.	Technique13
Coupled with hand, move	
the probe in parallel lines	
from side of the waist to	1.
groin, 8-10 times.	
17. Do the same on the	
other side.	
18. Clean the treated area	
with hot towel, 2 min.	

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

## Shaping Breasts: 45 min, once/week

Vacuum&RF	Massage	1. Stand at the head of the	Technique1
Energy:	cream(esse	bed, both hands from Ren-17,	
	ntial oil)+	zhong point began to rub oil	
Suction Time:	Device	to armpit up at the same time	$) \rightarrow ()$
0.3-1.0		lift the suspension ligament	
		(this is to caress treatment	() $()$
Release Time:		area) 3 times.	
0-0.3		2. Both hands thumb point:	Technique2
		Ren-17, St-18, SP-21, St-16,	
Suction Level:		LU-1, LU-2, 3 times.	
Twist the		3. Caress the treatment area,	) • , • ()
suction		3 times.	
tuning knob		4. Overlap both palms from	()) $()$
to adjust		Ren-17 point to chest both	
suction level		sides back and forth as if	Technique4
to whatever		writing an "8" number, 3	
you're most		times.	

comfortable	5. Lift the accessory breast to	
with	the suspensory ligament	$\leq$
	alternately with both hands,	()
RF Energy	first left, then right, 10 times.	
Level:	6. Caress the treatment area,	
20-80%	3 times.	
	7. Sit beside the customer,	Technique5
Mode:	first left, then right, with both	
PRO	hands to soothe and lift the	
	chest, 3-5 times.	
	8. Alternately push the breast	
	duct around the chest (one	
	circle of the chest), 3-5 times.	
	9. Use the thumb to dredge	Technique7
	the nodules in the chest, 3	
	times.	$\sim$
	10. Lift the whole chest with	$\left(\right)$
	hands, 3-5 times.	
	11. The technique on the	()) (()
	other side is the same as	
	above.	Technique8
	12. Vacuum & RF	
	first left, then right, from the	
	bottom to the top along the	
	direction of the chest to the	
	nipple, combined with hand	()) ( )
	pacification, 5-8 times.	
	13. Draw half a circle along	Technique9
	the chest to lift and pull from	
	the bottom to the collarbone,	
	combining with hand comfort, 5-8 times.	) (° Y , )
	14. Make small circles to clear	
	the nodule site for 3-5 times.	
	15. The customer lies on his	Technique12
	side and stands up with her	100111144012
	arms. The device burns fat in	$\leq$
	circles at the position of	$\left( \right) $
	auxiliary breast, 5-8 times.	
	16. The instrument is pushed	
	from the position of	1 <i>II</i> 11 1
	underarm auxiliary breast to	Technique13
	the chest (shaping and	-
	receiving auxiliary breast),	
	underarm auxiliary breast to the chest (shaping and	Technique13



10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

# Back Lymphatic Drainage: 45 min, once/week

Vacuum&RF	Essential oil	1. Apply oil on back and	Technique1
Energy:	+	press Fengchi (Gb-20), and	J**\
	Towel	Fengfu (Du-16) points.	
Suction Time:		2. Push Du Channel (GV)	$\langle \Lambda \rangle   \langle \Lambda \rangle$
0.3-1.0		and Bladder Channel (BL)	
		with both hands, 3 times.	
Release Time:		3. Alternate hands in	
0-0.3		pushing Du Channel (GV)	Technique2. 3
		and Bladder Channel (BL), 3	
Suction Level:		times.	
Twist the		4. Starting from Dazhui	/ \/ ` \ \
suction tuning		(Du-14), use palm roots to	
knob to adjust		push Du channel (GV) and	
suction level to		Bladder Channel (BL) and	
whatever you're		lift from sides of the waist,	Technique5. 7
most		then slide to the underarm.	
comfortable		Do it in left-right order, 3	
with		times.	$  \rangle \rangle \langle \Lambda \rangle$
		5. Curl up hands and push	
RF Energy Level:		Da Ban Jin from the nape of	
20-80%		the neck, 5-8 times.	
		6. Curl up hands and push	Technique6
Mode:		towards the waist from the	
PRO		nape of the neck, 5-8 times.	
		7. Use Hu Kou (the area	$\left( \right) \left( \right)$
		where the thumb meets the	$  / \Lambda' \land \Lambda \rangle$
		index finger) to push Da Ban	
		Jin and massage with the	
		other free hand, 5-8 times.	
		8. Do the same on Da Ban	Technique12. 13
		Jin of the other side.	
		9. Spread out fingers of	$\left( \right) \left( \right)$
		both hands. Use thumb to	
		push shoulder blade seams	
		until the shoulder, 5-8	
		times.	Tachniqua 17
		10. Alternate Hu Kou (the	Technique17
		area where the thumb	
		meets the index finger) in	
		pushing the shoulder blade	

	sames from the shoulder for 3-5 times, then push towards sides of the waist with both hands, and lift towards the underarms and slide to the upper arms. 11. Do the same on the other side. <b>12. (L) Vacuum &amp; RF</b> Set it at intermittent mode. Push the probe from Da Zhui (Du-14) till the caudal vertebra, 3 times. 13. From left to right, push the probe from Bladder Channel (BL) till caudal vertebra, 3 times. 14. Place the probe at Tianzong (SI-11) acupoint, which situates at the middle point of shoulder blades. Increase the suction level slightly. Stay for 3 seconds, then lift it back up. Repeat for 3 times. 15. Place the probe at Jianjing (Gb-21), which situates at the middle of Da Ban Jin (the area that connects head and shoulders). Increase the suction level slightly. Stay for 3 seconds, then lift it back up. Repeat for 3 times. 16. Repeat the same techniques on Tianzong (SI-11) and Jianjing (Gb-21) acupoints on the other side. 17. Set it at direct suction mode. Push the probe from shoulder blade seams till the underarms, 3 times. 18. Push the probe from the neck to Da Ban Jin (the	Technique 18 Technique 19. 20
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	area that connects head and shoulders), 3 times. 19. Push from Dazhui (Du-14) to the 8 Crevice Area, 3 times. 20. From left to right, push from the shoulder to Bladder Channel (BL) to the 8 Crevice area, 3 times. 21. Clean the treated area with hot towel.	
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10 treatments account for a full course. After one session, visible red or purple marks will appear from vacuum scraping so as to detoxify and reduce internal dampness. After a full course, back is fully relaxed and shoulder and neck strain is relieved as well. Three courses help reduce the lump on the nape of your neck (from improper posture) and regulate qi and blood, as well as better sleep and stronger physique.

# Shaping Buttocks: 60 min, 1-2 times/week

Vacuum&RF	Essential	1. Standing on the side,	Technique1
Energy:	oil+	accumulate oil on hands	
	Towel	and then slide to the waist	
Suction:		and then lift up along the	
0.3-1.0		hips from the waist, 3 times	
		(this is to caress the	
Release:		treatment area.)	
0-0.3		2. Repeatedly push the 8	Technique2
		Crevice area with two	
Suction Level:		thumbs.	
Twist the		3. Caress the treatment	
suction tuning		area for 3 times and then	
knob to adjust		point: Shenyu (Bl-23), 8	
suction level to		Crevice area, Changqiang	
whatever you're		(Du-1), Huantiao (Gb-30),	Technique3
most		Chengfu (Bl-36), 3 times.	/••\
comfortable		4. Caress the treatment	
with		area, 3 times.	
		5. First left, then right, with	
RF Energy Level:		both hands extending from	
20-80%		the root of the thigh from	
		bottom to topBladder	Technique5
Mode:		Channel (BL) - Kidney	
PRO		Channel (KI) - Liver Channel	
		(LV) - Gallbladder Channel	
40K Energy		(GB) - Dai Channel (BV) , 3	
Level:		times each.	
20-80%		6. Both hands follow from	
		the root of thigh from	Technique6
		bottom to top Bladder	
		Channel (BL) - Kidney	
		Channel (KI) - Liver Channel	
		(LV) - Gallbladder Channel	
		(GB) - Dai Channel (BV) , 3	

times each. 7.  Overlap both palms	$\angle$
and push up together from thigh root to pulse	
(ascension),3-5 times.	
8. Push your hands from bottom to top from both	Technique8
sides of your hips to the top	
of your hips, 3 times.	
9. Repeat the previous operation.	
10. Caress the treatment	
area. 11. The technique on the	Technique13
other side is the same as	
above. 12. Rub the 8 Crevice Area	
with both hands until it	
turns hot. 13. 40K	
Move the probe in small	Technique15. 18
circular motions on buttock fat, 3 times.	/ \
14. Stroke upwards from	
the end of thigh to the	
buttocks, 3 times. 15. (L) Vacuum&RF	
Set it at intermittent mode.	Technique16. 17
Lift in parallel lines towards the highest point of the	/ \
buttock, 3-5 times.	
16. Lift from the end of thigh in parallel lines	
towards the 8 Crevice Area,	
3-5 times. 17. Set it at direct suction	
mode. Lift from the eng of	
thigh in parallel lines	
towards the highest point of the buttock, 3 times.	
18. Lift from sides of the	
buttocks towards the highest point, 3 times.	
19. Clean the treated area	

	with hot towel.	

10 treatments account for a full course. After one session, you will see visible results. After a full course, excessive fat will disappear and surrounding fat will start to be drawn to the middle. Three courses help shape butt, increase butt elasticity and address a variety of gynecological problems.

## Shaping Legs: 70 min, once/week

Vacuum&RF	Essential oil	1. Prone Position - Rear Leg	Technique1. 2. 3. 4. 7
Energy:	(Massage	Treatment	
	cream)+	In left-right order, apply and	
Suction:	Ultrasonic	rub oil in from calf to thigh	
0.3-1.0	gel+	to heel, 3 times.	
	Towel	2. Alternately push the	V07
Release:		entire leg from bottom to	00
0-0.3		top and wrap back into the	Technique5
		heel, 3 times	
Suction Level:		3. Move hands upwards to	
Twist the		four main collateral	53
suction tuning		channels:Bladder Channel	SIS
knob to adjust		(BL) - Kidney Channel (KI) -	YIY
suction level to		Liver Channel (LV) -	00
whatever you're		Gallbladder Channel (GB)	
most		with fingers spread and	Technique10. 12
comfortable		hukou pointing upwards.	) }
with		4. Push hands alternately	
		to popliteal fossa, 3 times.	
RF Energy Level:		5. Twist both hands	$\langle \langle \rangle \rangle$
20-80%		upwards alternately as if	$\zeta$ )( $\zeta$
		twisting a fired dough, 3	
Mode:		times.	Technique11
PRO		6. Caress the treatment	) () ()
		area, 3 times.	
40K Energy		7. Push four main collateral	E I
Level:		channels upwards with	
20-80%		kneeling fingers of both	$\langle \rangle \langle \rangle$
		hands, 3 times.	
		8. Caress the treatment	Technique 13. 15
		area, 3 times.	
		9. Do the same on the	
		other side.	
		10. 40K	
		Stroke downwards from	
		popliteal fossa to der	
		Channel (BL) - Kidney	Technique14
		Channel (KI) - Liver Channel	
		(LV) - Gallbladder Channel	
		(GB), 3 times.	
		11. Move the probe in	
		small circular motions on	
		calves to help dissolve fat, 3	
		times.	Technique16. 18

12. Combined with hand,	
stroking upwards in lines	
towards popliteal fossa, 3 times.	
13. Push the four channels	
from popliteal fossa till the end of thigh, 3 times.	Technique19
14. Move the probe in	/ )
small circular motions from popliteal fossa to the end of	
thigh, 3 times.	
15. Push the channels in	
lines from popliteal fossa to the end of thigh, 3 times.	Technique20
16. Vacuum & RF	$\langle \rangle$
Set it at intermittent mode. Increase the suction level	
slightly. Move slowly from	
calf to popliteal fossa, 3 times.	
17. Slowly move in parallel	Technique21
lines form popliteal fossa	
towards the end of thigh, 3 times.	
18. Se it at direct suction	
mode. Lift slowly upwards from popliteal fossa in	<b> </b> *    (
parallel lines, 3 times.	
19. Slowly move in parallel lines form popliteal fossa	Technique24. 25. 26
towards the end of thigh, 3	/ \
times.	
20. Move from popliteal fossa in small circular	
motions to the end of thigh,	
3 times. 21. Coupled with hand, lift	Technique30
from sides of the legs	. \
towards the middle, 3-5 times.	
22. Do the same on the	
other side.	
23. Supine Position - Foreleg Treatment	Technique31

Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times. 24. Alternate pal roots in pushing legs till the end of thigh, 3 times. 25. Move hands upwards to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times. (Slight curl up legs when operating around inner thigh) 26. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times. 27. Alternate hands in	Technique32 Technique33. 38 Technique33. 38 Technique34. 35
massaging the thigh as if twisting a fried dough, 3 times. <b>28. 40K</b>	
Start from calf, tracing 4 channels to the knee, 3 times. (Start from thigh if there's not enough fat on calves.) 29. Move the probe from two sides of the calves to the knees in annular motions, 3 times. (Start from thigh if there's not enough fat on calves.) 30. Lift from knee to the end of thigh in parallel lines	Technique36 Technique37
to lift the treatment area, 3 times. 31. Move the probe in small circular motions on	<u> </u>

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super vacuum&RF is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.