

# User Manual

## MS-33P1



## Preface

Dear users:

We're pleased to present to you our 3-in-1 *Professional Skin Scrubber Facial Peeling Diamond Microdermabrasion Machine* that mainly work on deep cleansing. Vacuum negative pressure + ultrasonic technology can effectively remove dead skin cells, extract blackheads, excess oil and other pore garbage, therefore achieving the function of cleaning and dredging pores. It is a multifunctional beauty machine that targets at clogged pores, thick stratum corneum layer and inelastic skin. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. *Professional Skin Scrubber Facial Peeling Diamond Microdermabrasion Machine* is facial skin care machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

Microdermabrasion and facial skin scrubber beauty machines are currently the most popular beauty machines that work on deep cleaning. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves various skin issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Diamond dermabrasion adopts vacuum negative pressure suction technology to reduce internal air pressure, thus effectively removing wasted cuticle layer, sucking out blackheads and excess oil and other pore garbage, in a way achieving free breathing circulation of skin, which can dredge pores, improve pores and brighten skin tone.

## Advantages

1. Multiple working probes can be replaced in different parts according to different requirements.
2. Special probes of microdermabrasion can improve various skin problems and revive a clean face.
3. Suit all skin type; help improve skin quality and fine lines.
4. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
5. No consumption, low cost and quick returns.
6. Wider treatment area and faster and more visible results.
7. Unevenness, bleed, swelling and stasis will not appear after treatment.
8. The 3MHZ high-frequency ultrasonic wave of cleaning scrubber can effectively enhance the absorption of the skin, help the nutrition penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration refines the nutrients into small molecular particles and enhances the absorption.

## Skin Rejuvenation

### Principles

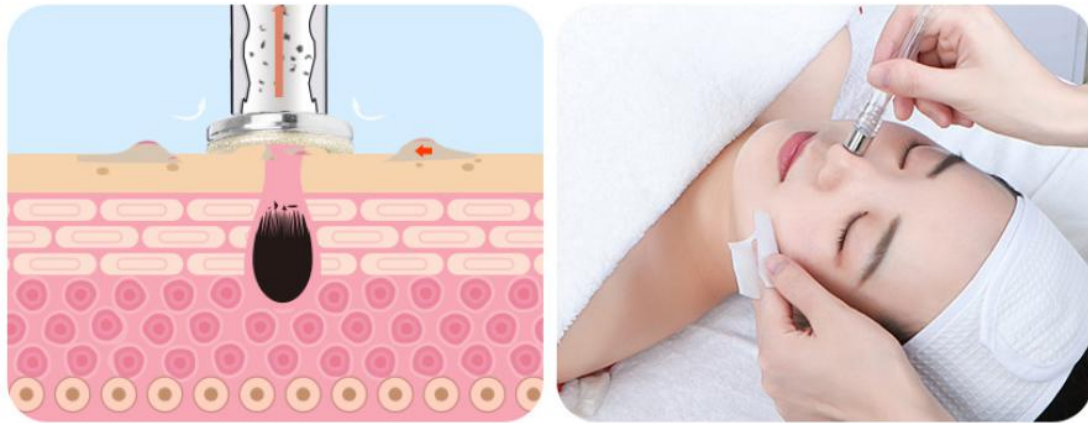
### Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will shed a shallow layer of dead skin cells. It is

non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly red, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

### Physical Effects

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.



### Effects

1. Remove waste cuticle.
2. Deeply clean skin.
3. Unclog pores.
4. Brighten skin tones and help lift skin.
5. Improve large pores and fade fine lines.
6. Effectively remove strawberry nose, acne and blackheads.

### Applicable Range

1. Those with loose and inelastic facial skin.
2. Those with clogged pores and thick cuticle layers.
3. Those with dull skin.
4. Those with coarse skin and enlarged pores.
5. Those with high turnover of oil secretion.

### Inapplicable Range

1. Those with severely sensitive skin or those in allergic phase.
2. Those whose nose has prosthesis.

3. Those with extensive facial trauma.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's (hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.

## Notes after Operation

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliator and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask once a day for three days.

## Skin Cleanse

### Principles

#### Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

#### Physical Effects

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

#### Skin Scrubber

Facial cleaning scrubber is equipped with the unique technology of transforming. 28,000 times/sec mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a

thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove excess thick cutin, purify pores, decompose oil, leaving them unobstructed and tighten pores, clear and smooth skin.

### Physical Effects

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration.

On the back of the instrument high frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.



Utilize 3MHz high frequency ultrasound wave with exfoliating product such as AHA or exfoliating cream to soften the damaged rough epidermal stratum corneum , then open the pores, make the waste out of the pores by high frequency vibration caused by ultrasound.

### Effects

1. Reduce large oil field and shrink pores.
2. Remove waste cuticle.
3. Lift skin and increase skin elasticity.
4. Effectively remove strawberry nose, acne and blackheads.
5. Deep cleanse and shrink pores.
6. Improve uneven skin.
7. Improve skin texture and balance skin tone.

### Applicable Range

1. Those with clogged pores and thick stratum corneum layer.
2. Those with uneven skin tone and dull skin.
3. Those with coarse skin and enlarged pores.

4. Those with blackheads, whiteheads and acne.
5. Those with dehydrated and malnourished skin.
6. Those with coarse skin due to improper cleaning.
7. Those with poor skin absorption and high turnover of oil secretion.

## **Inapplicable Range**

1. Those with severely sensitive skin or those in allergic phase.
2. Those whose nose has prosthesis.
3. Those with extensive facial trauma.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's (hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
7. Those with metal implants such as stent, pacemaker or those who are allergic to metals.

## **Notes after Operation**

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliator and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask once a day for three days.

# **Deep Cleaning**

## **Principles**

### **Microdermabrasion**

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

### **Physical Effects**



Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

## **Glass Tube**

Vacuum negative pressure suction technology is adopted to suctioning gunks clogged in pores and deep cleansing dirt inside pores. It also targets at blackheads and whiteheads.

## **Skin Scrubber**

Facial cleaning scrubber is equipped with the unique technology of transforming. 2.8MHz mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove excess thick cutin, purify pores, decompose oil, leaving them unobstructed and tighten pores, clear and smooth skin.

### **Physical Effects**

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration.

On the back of the instrument high frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.

## **Effects**

1. Remove waste cuticle.
2. Deeply cleanse skin and improve coarse skin.
3. Unclog pores.
4. Shrink enlarged pores.
5. Lead in nutrition to deep layers of skin and boost absorption.
6. Effectively remove strawberry nose, acne and blackheads.
7. Deep cleanse pore gunks.

## **Applicable Range**

1. Those with loose skin.

2. Those with clogged pores and thick stratum corneum layer.
3. Those with dull and lusterless skin.
4. Those with coarse skin and enlarged pores.
5. Those with high turnover of oil secretion and poor absorption.

## **Inapplicable Range**

1. Those with severely sensitive skin or those in allergic phase.
2. Those with extensive facial trauma.
3. Those who are pregnant and those suffering from serious heart disease, severe three H's (hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
4. Those with skin diseases and infectious diseases.
5. Those who have just received injection, such as intradermal injection, micro-needling, plastic surgery and are still healing.

## **Notes after Operation**

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliator and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask once a day for three days.

# **Part II**

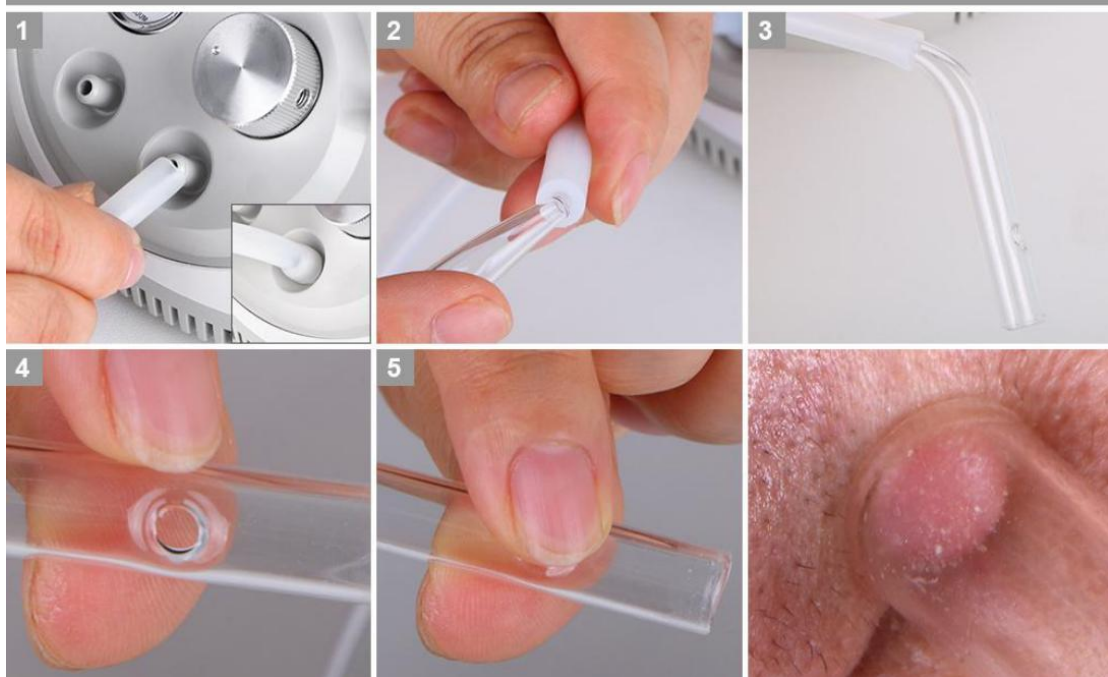
## **1. Detailed Operation**

### **1.1 Detailed installation:**

## Diamond dermabrasion connection



## Blackhead vacuum removal connection



## 1.2 Detailed Operation: Microdermabrasion



Cotton filter (Must be installed to filter dirt from entering the device and cause damage; Cleaning result can be seen on cotton filter)



On/off



Vacuum gauge



Vacuum suction (Adjust the suction level subjecting to your own comfort level; Strong suction may result in petechiae)



Inhale hole (next to exhale); Connect one end of the hose with the inhale hole and another end the probe



Exhale hole



Select the tip of your choice from 9 diamond tips according to your own skin needs

### 1.3 Detailed Operation: Skin Scrubber





Click the round button in the middle to turn on the device.

Click once: continuous vibration (for those with large, clogged pores and rough skin)

Click twice: accelerated intermittent vibration (for those with clogged pores and excessive oil secretion)

Click thrice: intermittent vibration (for those with rough skin and need exfoliation)

## 2. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with metal implants in the body, such as stents and pacemakers, or who are allergic to metal.

## 3. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to

ensure the safety of the electrical products.

9. Use device or train device operators in strict accordance with instructions in the user manual.

10. Start from the lowest energy level and slowly add up.

11. When using this device, the operating parts must be kept moist and dry skin should be avoided.

12. Avoid using on eyes and ear, around skin lesion or areas that went through plastic surgery.

13. Adjust the vacuum suction pressure subjecting to the customers' comfort level accordingly when operating hydro facial.

14. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.

15. Make sure to distinguish inhale hole from exhale hole. DO NOT insert the hydro spray jet into the inhale hole to avoid any possible damage to the machine.

16. Make sure to install rubber ring when operating microdermabrasion setting to avoid no suction or weak suction.

17. Make sure to install filter cotton when operating microdermabrasion setting to avoid filth being inhaled to the tube and damage the machine.

18. Please keep skin moist during microdermabrasion treatment for higher comfort level.

19. When operating the facial cleaning scrubber, the groove is outwards and the water droplets will be seen splashing around in the form of water mist. Hold the cleaning scrubber upside down and apply the flat surface to the skin for nutrients absorption and skin lifting.

20. Cover the tiny hole on the glass tube to start and remove the index finger to finish the treatment.

## **4. Troubleshooting & Solutions**

### **1. The instrument can't start and the key lamp on the back of the instrument doesn't work?**

A. Ensure that the power cord is connected to a working power outlet.

B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

### **2. The microdermabrasion has no suction?**

A. Please check whether the rubber ring of the operating head is screwed too tight, resulting in air leakage.

B. Please check whether the pvc hose connected with the probe.

C. Please check whether the suction gauge is at 0.

### **3. No response to the button of cleaning Scrubber?**

A. Turn off the instrument and restart it.

B. Remove the plug of the probe and install it again.

## 5. FAQs

**1.Q: Will the skin become thinner and more sensitive after microdermabrasion treatment?**

A: No. During the process, microdermabrasion operation is just to remove the skin aging cuticle. Our skin regenerates every 28 days, so it will only make the skin become more smooth, fine and glowing. Sensitive symptoms will not appear.

**2.Q: Why exfoliate?**

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

**3.Q: Can I wear makeup after using this instrument?**

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

**4.Q: How long will it take to see results?**

A: After one treatment obvious results are shown, such as clean and translucent skin. It works even better on a continuous basis, improving skin problems such as dehydrating, darkening, fine lines and aging process in the deeper layers of your skin.

**5.Q: Is it dependent?**

A: No, this is for skin problems to improve and deeply clean the skin, which belongs to the maintenance and improving skin of malnutrition caused by other factors. It's used to help skin absorb nutrition products, solve other issues such as dark, yellowish skin, water shortage, rough skin, wrinkled skin. Without the treatment you skin will only go back to secretion of its own and aging, therefore not dependence factor is involved.

## 6. Packing List

1 x Dermabrasion main machine



1 x PVC vacuum hose

3 x Diamond wand



- 9 x Diamond tip
- 1 x Cotton filter (pack)
- 3 x Glass tube
- 1 x Skin scrubber
- 1 x Power adapter

## 7.Operational Diagram




Parameter Adjustment	Product	Technique	Diagram
<b>Skin Rejuvenation: 60 min, once/week</b>			
<p>Microdermabrasion energy level: 20%-80%</p> <p>Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)</p>	<p>Makeup remover+ Face wash+ Blackhead Export Liquid+ Base Mask+ Cold and hot steam+ Essence+ Sheet mask+ MS-33P1</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> <li>3. Microdermabrasion operation: stay on forehead for one sec, then gently twist and leave it up in the air (forehead→nose→chin); double the operation on clogged nose area, 10-15 min.</li> <li>4. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.</li> <li>5. Do the same on the other</li> </ol>	<p>Technique3</p>  <hr/> <p>Technique4</p> 



		side, 3 min. 6. Wash face clean, 2 min. 7. Apply hydrating base mask + cold steam, 10 min. 8. Wash face clean, 2 min. 9. Apply a layer of (whitening/anti-aging/hydrating) essence evenly on the face, 1 min. 10. Apply sheet mask, 15 min. 11. Wash face clean, 2 min. 12. Apply toner, serum, cream, and sunscreen.	
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**Recommended treatment:**

10 treatments account for one full course. After one treatment you will feel a clean, smooth and less coarse skin. After one full course you will see your skin is smooth, fine and glossy. After two courses your skin will be tight, glossy, and full of elasticity. Three courses help your skin remain elastic, glossy and exuberant.






### Skin Cleanse: 60 min, once/week

Microdermabrasion energy level: 20%-80%  Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)  Skin	Makeup remover+ Face wash+ Blackhead Export Liquid+ Base Mask+ Cold and hot steam+ Essence+ Sheet mask+ MS-33P1	1. Remove makeup and clean face, 5 min. 2. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min. 3. Microdermabrasion operation: stay on forehead for one sec, then gently twist and leave it up in the air (forehead→nose→chin); double the operation on clogged nose area, 10-15 min. 4. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.	Technique3 
		4. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.	Technique4 
		4. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.	Technique10 

<p>scrubber energy: Mode: 2 (Press once for mode 1; press twice for mode 2; press three times for mode 3)</p> <p>Mode: 1 (nutrition lead in with the back side of the scrubber)</p>		<p>5. Do the same on the other side, 3 min.</p> <p>6. Wash face clean, 2 min.</p> <p>7. Apply hydrating(whitening) base mask + hot steam, 10 min.</p> <p>8. Wash face clean, 2 min.</p> <p>9. Skin scrubber operation: drench cotton pad in water and pat on face, then tilt the scrubber at a 45°angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.</p> <p>10. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.</p> <p>11. Do the same on the other side.</p> <p>12. Brace the skin vertically towards hairline on forehead, 3-6 times.</p> <p>13. Apply (whitening/anti-aging/hydrating) essence evenly on the face, 1 min.</p> <p>14. Use the back side of the scrubber to lead in nutrition; lift from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 min.</p> <p>15. Do the same on the other side.</p> <p>16. Lift towards hairline to lead in nutrition, 2 min.</p> <p>17. Apply sheet mask, 15 min.</p> <p>18. Wash face clean, 2 min.</p> <p>19. Apply toner, serum, cream, and sunscreen.</p>	<p>Technique12,16</p>  <hr/> <p>Technique14</p> 
<p><b>Recommended Treatment:</b> 10 treatments account for one full course. After one treatment, skin is clean and</p>			

translucent. After a full course, skin is hydrated with less oil secretion and a balanced oil and water distribution. After two courses, skin is fine, glossy, hydrated and elastic. Three courses help maintain the current healthy state and prevent skin aging.

## Deep Cleaning: 60 min, once/week

<p>Microdermabrasion energy level: 20%-80%</p> <p>Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)</p> <p>Suction of Glass tube: 20%-80%, adjust subjecting to one's comfort level (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)</p> <p>Skin scrubber energy:</p>	<p>Makeup remover+ Face wash+ Blackhead Export Liquid+ Base Mask+ Cold and hot steam+ Essence+ Sheet mask+ MS-33P1</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> <li>4. Microdermabrasion operation on T zone: Stay on forehead for one sec, then gently twist and leave it up in the air (forehead→nose→chin) 5min.</li> <li>5. Microdermabrasion operation around nasolabial folds: Slide back and forth on the treatment area, 1 min.</li> <li>6. Microdermabrasion operation on cheeks: Move from chin to earlobe, mouth corner to ear gate, nose wing to temple to lift the treatment area. Move in parallel lines with one line next to another, 1-2 min.</li> <li>7. Do the same on the other side.</li> <li>8. Glass tube double cleansing.</li> <li>9. Forehead operation: (Select the flat tube) Start from eyebrow and slowly move towards hairline, covering the entire forehead,</li> </ol>	<p>Technique4</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique19</p>
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Mode: 2  
(Press once for mode 1; press twice for mode 2; press three times for mode 3)

Mode: 1  
(nutrition lead in with the back side of the scrubber)

- 1 min.
- 10. Nose operation: (Select the long tube) Move slowly around nasolabial folds, 1-2 min.
- 11. Chin and cheeks operation: (Select the curve tube) Move slowly from chin to earlobe, month corner to ear gate, nose wing to temple to lift the treatment area. Move in parallel lines with one line next to another, 1-2 min.
- 12. Do the same on the other side.
- 13. Clean the treatment area, 1 min.
- 14. Apply hydrating base mask, 10 min.
- 15. Clean the treatment area, 2 min.
- 16. Skin scrubber operation: drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.
- 17. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.
- 18. Do the same on the other side.
- 19. Brace the skin vertically towards hairline on forehead, 3-6 times.
- 20. Apply (whitening/anti-aging/hydrating) essence evenly on the face, 1 min.
- 21. Use the back side of the



Technique21



Technique23



		<p>scrubber to lead in nutrition;  lift from chin to earlobe,  mouth corner to ear gate,  nose wing to temple, 3 min.</p> <p>22. Do the same on the other side.</p> <p>23. Lift towards hairline to lead in nutrition, 2 min.</p> <p>24. Apply sheet mask, 15 min.</p> <p>25. Wash face clean, 2 min.</p> <p>26. Apply toner, serum, cream, and sunscreen.</p>	
<p><b>Recommended treatment:</b>  10 treatments account for one full course. After one treatment you will feel a clean, smooth and less course skin. After one full course you will see your skin is smooth, fine and glossy. After two courses your skin will be tight, glossy, and full of elasticity. Three courses help your skin remain elastic, glossy and exuberant.</p>			