

User Manual

MS-32J4



Preface

Dear Users,

We're pleased to present to you our 3-in-1 ultrasound beauty machine featured with weight loss, figure slimming, nutrients infusion, brightening, rejuvenation and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on nutrients infusion of facial and eye skin, fat loss and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. Ultrasonic cavitation machines are weight loss beauty machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Ultrasonic cavitation machines are currently the most popular beauty machines that work on beauty care, body-shaping and skin care. It's an effective replacement of all the facial, eyes and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. The ultrasonic with special frequency has strong effect on fat loss and targets at the parts which are hard for fat-removing. It creates amazing effects.

Advantages

1. 3-in-1 beauty machine that works on your facial, eyes care and body shaping.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. Adopting the cutting-edge technology of ultrasonic fat burning.
5. It is suitable for all kinds of skin.
6. Wider treatment range and faster and more visible effects.
7. Unevenness, bleed, swelling and stasis will not appear after treatment.

Facial Care

Principles

Facial Ultrasound

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin, exporting oil and dirt from pores. Also, it changes cells volumes so as to improve blood circulation and stimulates proliferation of cells, making it lustrous and elastic. Moreover, thanks to its high frequency vibration induced warm effect, it helps better absorption of nutrients into the skin at a higher speed.

Effects

1. It provides deep infusion and fast nutrients supplement.
2. Brighten skin and improve dull skin tone.
3. Stimulate cell's regeneration and increase the elasticity of the skin.
4. Improve skin's quality and immunity.
5. Smooth skin, improve coarse skin and large pores.

Applicable Range

1. Those with dry skin and skin lacking of nutrients.
2. Those with coarse skin and large pores.
3. Those with uneven skin tone or dull, sallow skin.
4. Those whose skin has bad absorption or the bottom layer of skin lacks of water.
5. Those whose skin has bad moisture locking ability.

Inapplicable Range

1. Those in menstruation, pregnancy, lactation.
2. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia), hyperthyroidism, malignant tumor and severe diseases.
3. Those who just finished micro-needle, mesotherapy and other invasive plastic surgery, the wound did not heal.
4. Those with skin diseases or infectious diseases.
5. Those who are in severe allergy period (with erythema).

Notes after Operation

1. Enhance moisturizing and sunscreen.
2. Use facial masks at least three times a week.
3. Spicy, greasy food should be avoided. Eat more vegetables, fruits, and less greasy food.
4. Staying up late, smoking and drinking are prohibited.
5. Avoid food that will cause '3 High'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eyes Care

Principles

Eye Ultrasound

Eye ultrasound is based on the principle of high-frequency vibration that initiates a warm effect. It enters deep into the subcutaneous tissue with 20,000 HZ/ sec strong high-frequency vibration wave. Ultrasound, with its high frequency, short wavelength,

and strong penetration, it can transmit like light as a straight line to the determined direction. Ultrasonic wave is a longitudinal wave that can spread smoothly in the human tissue. The ultrasonic wave that acts on human body, can produce fine frictional action on histocytes, bringing out cytoplasm activities, improving cell enzymatic activity, promoting blood circulation and metabolism, thus leaving the skin full of plumpness and elasticity and removing dark circles and bags under the eyes.

Effects

1. Fade dark spots and relieve dark circles.
2. Improve eye bags and edema.
3. Accelerate blood circulation of eyes, improve dry eyes, eye strain.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Replenish nutrition for eyes and moisturize skin.
6. Improve dry lines and fine lines around the eyes.

Applicable Range

1. Those with dry eye skin and eye skin lacking of nutrients.
2. Those who often stay up late and have dark circles.
3. Those with dry skin, dry lines and fine lines around eyes.
4. Those with eye bags or eye edema.
5. Those whose eye skin has bad absorption and slow metabolism.

Inapplicable Range

1. Those in menstruation, pregnancy, lactation.
2. Those with "3 Hs" (hypertension, hyperglycemia, hyperlipidemia), hyperthyroidism, malignant tumor and severe diseases.
3. Those who just finished micro-needle, mesotherapy and other invasive plastic surgery, the wound did not heal.
4. Those with skin diseases or infectious diseases.
5. Those who are in severe allergy period (with erythema).

Notes after Operation

1. Enhance moisturizing and sunscreen.
2. Use eye masks at least three times a week.
3. Massage the eyes for 2-3 min every night before sleep.
4. Staying up late, smoking and drinking are prohibited, have a good sleep.
5. Eat more vegetables, fruits, and less greasy food.

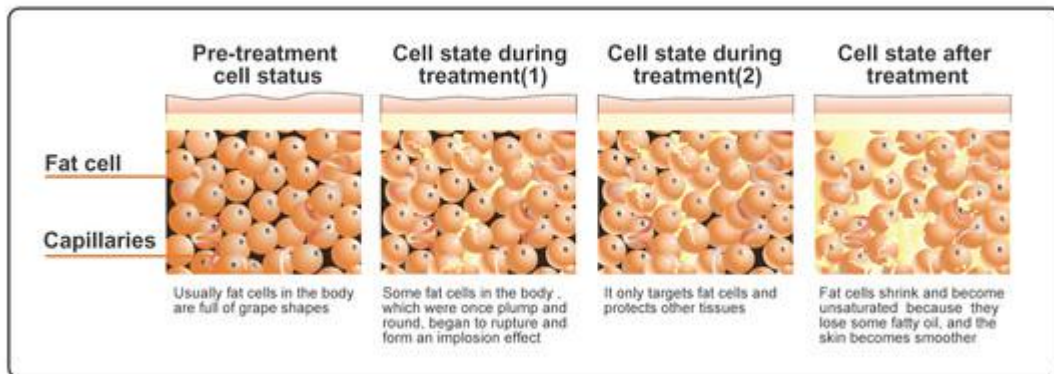
Body Shaping

40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, it produces a lot of vacuum gas and blood in cells, strong impact on fat cells, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, triglycerides are decomposed into glycerol and free fatty acids, which are excreted through human metabolism and lymph drainage, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



1. Waist&Abdomen Shaping

Effects

1. Dissolve excessive fat of abdomen.
2. Improve flabby abdomen.
3. Blast cellulite, improve metabolism.
4. Improve fat belly.

Applicable Range

1. Those with flabby abdomen after delivery.
2. Those with bad waist lines due to long time sitting.
3. Those are obesity due to overeating.
4. Those who are fat above the waist.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
4. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

2. Arms Shaping

Effects

1. Dissolve excessive fat on arms and improve metabolism.
2. Improve the flabby fat on the inner side of arms.
3. Improve flabby upper arms.
4. Improve accumulated fat on arms.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those who are hard to lose fat on arms.
4. Those with accumulated fat on arms.

5. Those with big and rough arms due to lack of exercise.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
2. Those who are during allergic period and has severely sensitive skin.
3. Those with skin trauma or cut.
4. Those who are overly old.
5. Those who are pregnant and who are recovering from surgery.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Drink plenty of warm water to stay hydrated.
3. Refuse to overeat or stay up late.
4. Avoid sauna, hot spring or strenuous exercise within one week after operation.

3. Legs Shaping

Effects

1. Dissolve excessive fat on legs and get rid of thick thighs.
2. Improve pear-shaped body.
3. Build slimming legs.
4. Improve obesity due to overeating.
5. Improve accumulated fat on sides of thighs.

Applicable Range

1. Those who don't want to exercise and don't want to be fat.
2. Those with bad legs shape.
3. Those with accumulated fat on legs.
4. Those with big, bulky thighs.
5. Those who don't want to exercise but want slim legs.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.

4. Those with allergic and severely sensitive skin.
5. People who have just had liposuction.
6. Those who are overly aging.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Drink more warm water to replenish water and speed up metabolism.
3. Refuse to overeat or stay up late.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Wear pants when you're done. Avoid miniskirts and shorts.

Part II

1. Detailed Operation

The installment is as below:



The operation interface is as below:

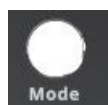


1.1 Detailed Operation: 40K

Press the power button to start.



Function modes, select proper function mode.



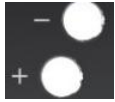
Switch modes, tap to switch.



40K handle, select 40K mode.



Working time, scope: 0~60 min, it is advised to operate at each area for 15-20 min.



Time +/-



Energy adjustment, energy scope: 0~10, it is advised to be 3~8. It is advised to start from 2 for the first time of use, increase the energy to 4~8 slowly after adaption.



Energy +/-



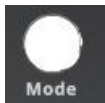
Start/Stop

1.2 Detailed Operation: Face Ultrasound

Press the power button to start.



Function modes, select proper function mode.



Switch modes, tap to switch.



Face Ultrasound handle, select Face Ultrasound mode.



Working time, scope: 0~60 min, it is advised to operate for 10~15 min.



Time +/-



Energy adjustment, energy scope: 0~10, it is advised to be 3~8. It is advised to start from the minimum energy for the first time of use, increase the energy slowly after adaption. The bigger the energy parameter is, the warmer the feeling is, the better the effect is.



Energy +/-



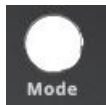
Start/Stop

1.3 Detailed Operation: Eye Ultrasound

Press the power button to start.



Function modes, select proper function mode.



Switch modes, tap to switch.



Eye Ultrasound handle, select Eye Ultrasound mode.



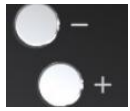
Working time, scope: 0~60 min, it is advised to operate for 5~10 min.



Time +/-



Energy adjustment, energy scope: 0~10, it is advised to be 3~8. It is advised to start from the minimum energy for the first time of use, increase the energy slowly after adaption. The bigger the energy parameter is, the warmer the feeling is, the better the effect is.



Energy +/-



Start/Stop

2. Technical Parameters

- Technology: Cavitation 2.0 unoisetion
- Cavitation frequency:40KHz
- Power:120W
- Flat head ultrasonic handle
- Cavitation frequency:1M Hz
- Pointed ultrasonic handle
- Cavitation frequency:1M Hz

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who have just had liposuction.

4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.

5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Do not use in the eyes, thyroid gland, parathyroid gland, testicles, pregnant woman's abdomen and atrial pulse generator.
7. Patients who are currently ill should also use this instrument with caution unless approved by a physician.
8. Please turn off the power switch of the instrument when no guest is using it, and make sure to turn off the main power of the instrument before leaving after daily use to ensure the safety of electrical products.
9. Use the instrument or train the operator strictly according to the instruction of the manual.
10. If you are taking other weight-loss drugs, it is recommended to stop taking the drugs for 1 to 2 months before you lose weight. If you want to lose weight immediately, you should extend the course of treatment.
11. Do not use the instrument on an empty stomach. Only after at least 1 hour after a full meal can you carry out the weight-loss treatment.
12. The machine is not advised to be used for more than 1 hour, if it needs to operate at many areas, during the process, power off for 10-20 min and restart it.
13. Be sure to turn it down in time after each operation, do not work without contacting with skin.
14. Start with the lowest energy at the beginning of operation, and gradually add energy after adaptation.
15. When using this instrument, the operating area must be kept moist and avoid dry skin operation.
16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
17. Be sure to turn off the power after use, and then pull out the power plug.
18. The operating area should be applied with gel evenly when operating at body.
19. When operating 40K, there will be tinnitus, don't worry, it is normal phenomenon.
20. During 40K, Face Ultrasound operation, the instrument should contact the skin fully, not only one point, to avoid burns and uneven heat.
21. 40K probe cannot be used at head, chest, breasts, bones, heart and back.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. There is no energy output after starting the handle?

- A. Please check whether the plug connecting the instrument handle and the body is

tightly connected.

B. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

6. FAQs

1.Q: How long does the body slimming treatment take?

A: One operation time is 30 minutes. We will combine professional techniques and instruments to achieve remarkable results.

2. Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects.

3. Q: Will I experience rebound after operation?

A: Ultrasonic works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

4. Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

5. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

6. Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density

fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

7. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

8. Q: Can ultrasonic lead-in help remove acne pits?

A: Ultrasonic lead-in works by importing skin whitening nutrients into the skin through ultrasonic high frequency vibration. It accelerates the absorption, inhibit melanin formation and fade dark spots, therefore effectively improving dull skin, reviving skin to be moist and bright. The effect is particularly significant when facing hyperpigmentation left by acne. The It is green, ecological, simple, safe, reliable and has no side effect. After treatment, general outdoor activities can be conducted.

7.Packing List

- 1 x Main Machine
- 1 x Cavitation 40k Cellilute Slimming
- 1 x Flat head ultrasonic handle for face
- 1 x Pointed ultrasonic handle for eyes
- 1 x Power cord

8. Operational Diagrams






Parameter Adjustment	Product	Techniques	Diagrams
Facial Care: 25 min, 2-3 times/week			
Facial Ultrasound: Time: 10~15 min	Makeup Remover+ Face Wash+	1. Dip the cotton pad with makeup remover, and remove the	Technique 7

<p>Energy: 3~8</p>	<p>Essence+ Facial Mask</p>	<p>makeup, 2 min. 2. Clean the face with face wash, 2 min. 3. Apply toner on the face evenly. 4. Apply essence to the whole face evenly. 5. Facial Ultrasound Infusion 6. Turn on the device, adjust the energy parameter, start. 7. Operation Technique Move the probe upwards in circular motion from chin to the Temple, 3 times. 8. Lift from the chin, one line next to another, 3 times. 9. Do the same to the other side. 10. Move in circles from forehead to hairline, 3 times. 11. Lift the probe to hairline, 3 times. 12. Turn off the device. 13. Apply facial mask, 15 min. 14. Remove the facial mask and clean the face. 15. Apply toner, essence, cream, sunscreen.</p>	<div data-bbox="1189 208 1326 427"></div> <p>Technique 8</p> <div data-bbox="1189 499 1326 719"></div> <p>Technique 10</p> <div data-bbox="1189 790 1326 1010"></div> <p>Technique 11</p> <div data-bbox="1189 1081 1326 1301"></div>
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Suggested Treatment:

This treatment takes 25 min, 2-3 times a week, keep doing it for 1 month is a full course. After one treatment, the visible effect is not obvious, but do it for a course, the skin is moisturized, the uneven skin tone is improved. Keep doing it for 2 courses, the skin becomes fine and smooth, nourished and bright, glossy. Keep doing it for 3 courses, to consolidate the effect, improve skin quality and increase the immunity of skin.

Eyes Care: 25 min, 2-3 times/week

<p>Eye Ultrasound: Time: 5~10 min</p> <p>Energy: 3~8</p>	<p>Makeup Remover+ Face Wash+ Eye Essence+ Eye Mask</p>	<ol style="list-style-type: none"> 1. Dip the cotton pad with makeup remover, and remove the makeup, 2 min. 2. Clean the face with face wash, 2 min. 3. Apply toner, 1 min. 4. Apply eye essence around eyes in circular motion, 3 times. 5. Eye Ultrasound Infusion 6. Turn on the device, adjust the energy parameter, start. 7. Operation Technique Lift the probe from below the eyelid to the corner of eye, 3-6 times. 8. Lift the probe from below the eyelid to the Temple, 3-6 times. 9. Lift in small circles from below the eyelid to the Temple, 3-6 times. 10. Lift from below the eyelid to the Temple, 3-6 times. 11. Do the same to the other side. 12. Apply the eye mask, 15 min. 13. Remove eye mask and clean, 2 min. 14. Apply eye essence. 	<p>Technique 4</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p> 
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Suggested Treatment:
This treatment takes 25 min, 2-3 times a week, keep doing it for 1 month is a full course.

After one treatment, the dry lines around eyes are relieved, eye skin is moisturized. After 1 course, the eye edema, dark circles and tired eyes are improved. Keep doing it for 2 courses, fine lines are reduced, spots are faded and dark circles are improved. Keep doing it for 3 courses, the skin is nourished, moisturized, glossy and elastic.

Waist&Abdomen Shaping: 15 min, 2-3 times/week

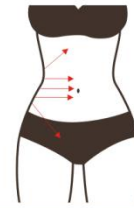
40K:
Time:
15 min

Energy: 3-8

Gel

1. Clean the abdomen with hot towel, 2 min.
2. Operate 40K for waist&abdomen shaping.
3. Apply gel on the abdomen, 1 min.
4. Turn on the device, adjust the energy parameter, start.
5. **Operation Technique**
Starting from one side of the waist, lift the device to abdomen and groin, one line next to another, 3 times.
6. Repeat the previous operation on the other side, 3 times.
7. Move the device on abdomen in small circular motions, 3 times.
8. Move the device on abdomen in big circular motions, 3 times.
9. Move the probe to shape the waist as if writing "8", 3-5 times.
10. Move the probe up and down to shape the waist, 3-5 times.
11. Clean the abdomen.

Technique 5



Technique 7



Technique 8



Technique 9



Technique 10



Suggested Treatment:

It is advised to do this treatment for 2-3 times a week, keep doing it for 2 month, you can take this treatment for 1-2 times a week. After one month of treatments, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 months, the effect gradually becomes obvious, the fat on abdomen becomes less and less. After 3 months, the effect is reinforced. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Arms Shaping: 20 min, 2-3 times/week

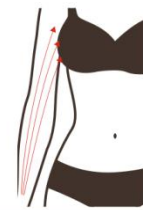
40K:
Time:
15 min

Energy: 3-8

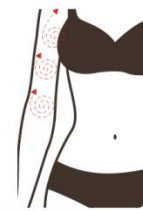
Gel

1. Clean arms with hot towel.
2. Operate 40K for arms shaping.
3. Apply gel on the arm.
4. Turn on the device, adjust the energy parameter, start.
5. **Operation Technique**
Move the probe from the fat on arm to the armpit, one line next to another, 5 times.
6. Move in annular circles at the inner side of upper arm, 5 times.
7. Double operate at the flabby arm, 3 times.
8. Move up and down at the inner side of the upper arm, 5 times.
9. Do the same to the other arm.
10. Clean the arms.

Technique 5



Technique 6



Technique 8



Suggested Treatment:

It is advised to do this treatment for 2-3 times a week, keep doing it for 2 month, you can take this treatment for 1-2 times a week. 2 months of treatments help reduce excessive arm fat. After 3 months of treatments, excessive arm fat begins to disappear, arms become slim. Keep using it, there will be consolidation and stable effect to prevent rebound.

Legs Shaping: 20 min, 2-3 times/week

40K:
Time:
15 min

Energy: 3-8

Gel

1. Clean the legs with hot towel, 2 min.
2. Operate 40K for legs shaping.
3. Apply gel on fat of leg evenly, 2 min.
4. Turn on the device, adjust the energy parameter, start.
- 5. Operation Technique**
Move the probe at the thigh up and down, one line next to another, 5 times.
6. Move the probe at the accumulated fat on the calf up and down, 5 times. If calf is not necessary, you can operate at the thigh directly.
7. Move in annular circles at the inner side of the thigh, 5 times.
8. Move in small circles at the inner side of the thigh to dissolve the fat, 5 times.
9. Do the same to the other thigh.
10. Clean the legs.

Technique 5



Technique 6



Technique 7



Technique 8



Suggested Treatment:

It is advised to do this treatment for 2-3 times a week, keep doing it for 2 month, you can take this treatment for 1-2 times a week. After 2 months of treatments, legs become slim and the fat on legs is reduced obviously. After 3 months of treatments, effect of slim legs is obvious. Keep doing it, it can double the effect and shape the legs.