

User Manual

MS-32J3



Preface

Dear users:

We're pleased to present to you the *3 In 1 Ultrasonic 40K Cavitation Radio Frequency RF Body Shaping Slimming Machine* featured with fat-blasting, skin lifting, anti-aging and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of face, removing wrinkles and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic beauty machines are anti-aging, fat-dissolving machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface
Part I
Brief Introduction
Advantages
Principles & Treatments
Face Anti-aging
Eye Anti-aging
Neck Anti-aging
Body Shaping: Shaping Waist & Abdomen Shaping Arms Shaping Legs
Part II
1. Detailed Operations
2. Technical Parameters
3. Safety Precautions
4. Dos and Don'ts
5. Troubleshooting & Solutions
6. FAQs
7. Packing List
8. Operational Diagrams

Part I

Brief Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on skin tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

Advantages

1. 3-in-1 multifunctional beauty machine that works on both of face, eye anti-aging and body shaping.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. 3 handles can be selected for different body part based on different needs.
4. Adopting the cutting-edge technology of ultrasonic fat burning.
5. Suit all skin types.
6. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
7. No consumption, low cost and quick returns.
8. Wider treatment range and faster and more visible effects.
9. Unevenness, bleed, swelling and stasis will not appear after treatment.
10. Super comfortable. Thermal effect, generated by RF wrinkle removal technology, produces heat within tissues. RF transmitter itself does not heat up and there's no electric pulses going through the human body so you'll find low temperature but strong thermal effect, thereby reducing any thermal damage to the surrounding tissues.

Face Anti-Aging

Working Principle

Face RF

Radio frequency can alternates electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency

concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagens, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats up the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intensifies treatment scope.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Firmer skin. Channel nutrients deep into skin layers.
2. Whiter skin. Reduce pigmentation and dark spots.
3. Smoother skin. Improve skin elasticity.
4. Nourish skin. Improve skin absorption.
5. Accelerate blood circulation and metabolism.
6. Help with double chin and sagging skin.
7. Anti-aging. Stimulate collagen cells.

Applicable Range

1. Those with facial dullness.
2. Those with skin relaxation and sagging.
3. Those with fine lines, nasolabial folds, wrinkles around the eyes.
4. Those with indistinct facial contour.
5. Those with rough skin and large pores.

6. Those who are under long-term exposure of UV radiation at workplace.
7. Those with lax skin, edema or obesity after birth.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those with skin diseases and infectious diseases.
8. Those who are unrealistic about the effects.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water can be used).
2. Keep skin hydrated and always use sun protection.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 highs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eye Anti-Aging

Working Principles

Eye RF

Radio frequency works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

Effects

1. Relieve eye fatigue, dark circles, bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

Notes after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-Aging

Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.

Applicable Range

1. Those with fine lines and wrinkles on the neck.
2. Those whose neck skin is loose and inelastic.
3. Those with dull and lusterless skin.
4. Those who often bow their heads.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Keep skin hydrated. Always use sun protection. Keep the neck warm.
2. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
3. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
4. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
5. Avoid bowing head for a long time.

Body Shaping

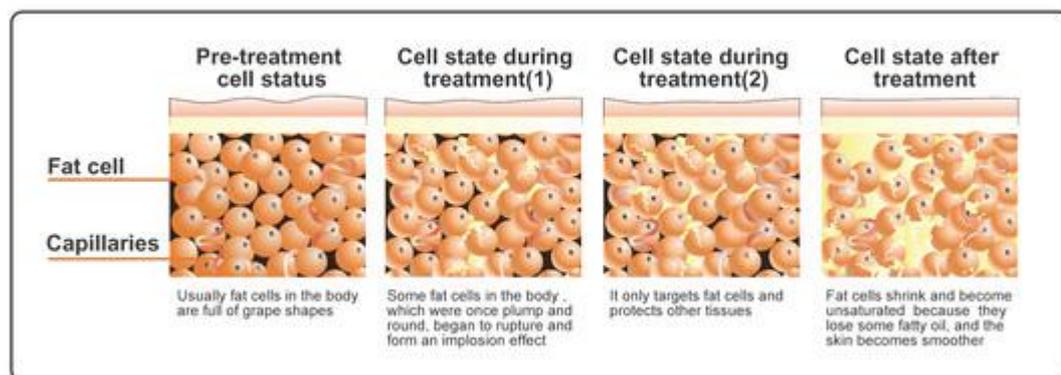
40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave

head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue.



Shaping Waist & Abdomen

Effects

1. Dissolve excessive fat on waist and abdomen.
2. Reduce protruding fat on waist and abdomen such as love handles.
3. Blast fat cells and help boost metabolism.
4. Reduce lumbar and abdominal fat caused by sitting.

Applicable Range

1. Those with lumbar and abdominal fat after pregnancy.
2. Those sitting for a long time, or with unideal waistlines.
3. Those with excessive waist fat due to binge eat and drinking.

4. Those with thin lower body but fat upper body.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy or greasy food. Staying up late should be avoided. Drink warm water.
3. Avoid sauna steaming, hot springs or strenuous exercise within 7 days after operation.
4. Rub abdomen clockwise with hands before bed to help boost metabolism.

Shaping Arms

Effects

1. Dissolve excessive arm fat and help boost metabolism.
2. Improve jiggly and flabby arms.
3. Improve thick arms.
4. Blast adipose on arms.

Applicable Range

1. Those with big arms and desire to look better in clothes.
2. Those who have jiggly and flabby arms.
3. Those with slim body but flabby arms.
4. Those with excessive arm fat.
5. Those who flabby arms owing to lack of arm exercise.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.

2. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
3. Those with skin trauma or wound.
4. Those who are over aging.
5. Those who are in pregnancy, surgical recovery.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Avoid wearing crop top; avoid exposure to wind and cold.
2. Drink plenty of warm water to stay hydrated.
3. Refuse to overeat or stay up late.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

Shaping Legs

Effects

1. Dissolve excessive fat on legs.
2. Tone pear shaped body.
3. Help get slender legs.
4. Reduce fat accumulation after binge eating.
5. Reduce protruding leg fat and help get rid of thick thigh.

Applicable Range

1. Those who hate exercise but want to stay slim.
2. Those whose proportion of the legs is unbalanced.
3. Those with leg fat accumulation.
4. Those with thick thighs.
5. Those who hate exercise but wish for slim legs.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with allergic and severely sensitive skin.
5. Those who have just had liposuction.
6. Those who are overly old.

Notes after Operation

1. Avoid wearing crop top; avoid exposure to wind and cold.
2. Drink plenty of warm water to stay hydrated and speed up metabolism.
3. Refuse to binge eating and drinking or stay up late
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Wear pants when you're done. Avoid miniskirts and shorts.

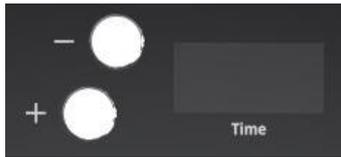
Part II

1. Detailed Operation

Detailed interface is as follows:



1.1 Function Selection



Working Time

Time Range: 0-60



Energy Level

Energy Level Range: 0-10



Start/Stop



Probes



Click  to switch among 40K, Face RF and Eye RF.

Select the probe based on your own needs.

1.2 Detailed Operation: 40K

1. Click  to go to 

2. The click  to set working time (around 15 min or so)

3. Click  to set energy level. It's advised to start from 2 and increase to 4-8 after adaptation

4. Click  to start the treatment

5. Click  to stop the treatment

1.3 Detailed Operation: Face RF

1. Click  to go to 

2. The click  to set working time (around 15 min or so)

3. Click  to set energy level. It's advised to start from 2 and increase to 5-10 after adaptation. High energy level comes with higher RF thermal effect and better results

4. Click  to start the treatment and red LED turns on

5. Click  to stop the treatment

1.4 Detailed Operation: Eye RF

1. Click  to go to 

2. The click  to set working time (around 15 min or so)

3. Click  to set energy level. It's advised to start from 2 and increase to 5-10 after adaptation. High energy level comes with higher RF thermal effect and better results

4. Click  to start the treatment and red LED turns on

5. Click  to stop the treatment

2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handpiece

Treatment Area: Body

Measure of Treatment Area: 30cm²

Frequency of Ultrasound: 40KHz

Max. Output Power: 30W

3-Polar RF Handle with Photon Handlepiece

Treatment Area: Eyes Around / Face

Measure of Treatment Area: 6cm²

Max. Output Power: 8W

Frequency of Radio Frequency: 1MHz

Depth of RF: 3mm

Wavelength of Red Photon: 650nm Red Light

Quadrupole RF Handle with Photon Handlepiece

Treatment Area: Face

Measure of Treatment Area: 12.5cm²

Max. Output Power: 20W

Frequency of Radio Frequency: 1MHz

Depth of RF: 5mm

Wavelength of Red Photon: 650nm Red Light

3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who have just undergone liposuction.
8. Those who are over aging.
9. Do not wear metal jewelries during the process.
10. Do not operate around metal, plastic or silicon implants.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the

device, please use the specified accessories provided or recommended by the original manufacturer.

4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
9. Use device or train device operators in strict accordance with instructions in the user manual.
10. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
11. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
12. Start from the lowest energy level and slowly add up.
13. When using this device, the operating parts must be kept moist and dry skin should be avoided.
14. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
15. When operating, the RF probe should fully touch the skin to avoid uneven heat.
16. Turn off the device before unplugging.
17. Apply gel evenly on the treatment area when operating on the body.
18. Wait for 3 months after any plastic surgeries or 1 month before any plastic surgeries.
19. Make sure the entire surface of the probe is in full contact with the skin during 40K, face RF and eye RF treatment.

5. Troubleshooting & Solutions

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. No energy output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. If the above method did not work, please contact the device distributor for assistance.

3. The probe is super hot ?

- A. Check if you've applied gel, essence or cream.
- B. Check if you're not using the probe on skin in a while.
- C. Check if the working time is too long.

6. FAQs

1. Q: How long does the body firming treatment take?

A: One operation time is 30 minutes. We will combine professional techniques and instruments to achieve remarkable results.

2. Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects.

3. Q: Will I experience rebound after operation?

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

4. Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

5. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

6. Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

7. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

8. Q: Is RF harmful to the skin?

A: RF tightening and anti-wrinkle fall into the non-surgery category. It is the collagen regeneration that stimulates skin bottom and metabolism, thus has no harm to the skin. Partial redness and fever after operation is normal, which is the regular acceleration of blood circulation. It should go away after a while so there's no need to worry.

9. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

7. Packing List

1 x 40KHz Unoisetion Cavitation Handle

1 x Three pole RF Handle for Face and Eyes' Around

1 x Quadrupole RF Handle for Face and Body

1 x Power cord Power Supply Cord(Both 110v and 220v voltage (frequency: 50/60Hz) version are available. Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<p>Face Anti-aging: 25 min, 2-3 times/week</p>			
<p>Face RF Energy: 3-8</p>	<p>Makeup remover oil+ Cleanser+ Toner+ Sheet mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 2 min. 3. Apply anti-wrinkle essence evenly all over the face, 1 min. 4. Face RF Move the probe in circular motions from double chin to the back of the ear, 3 times. 5. Move in circular motions from chin to ear gate, 3 times. 6. Move in circular motions from mouth corner to the temple, 3 times. 7. Move in circular motions form nose wing to the temple, 3 times. 8. Move in circular motions from lower eyelid to the temple, 3 times. 9. Move in circular motions horizontally on the entire forehead, 3 times. 10. Stroke upwards in parallel lines on one side of the face to lift the treatment area, 3-5 times. 11. Do the same on the other side. Double the treatment on fine lines or saggy skin. 12. Wash face clean, 2 min. 	<p>Technique4-9</p>  <hr/> <p>Technique10</p> 

		<p>13. Apply sheet mask, 15 min.</p> <p>14. Remove the mask and wash face clean, 2 min.</p> <p>15. Apply toner, essence, cream and sunscreen.</p>	
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Suggested Treatment:

2-3 sessions per week. After one session, skin appears to be visibly tightened. After a month of treatment, skin appears to be plump with minimized pores. After 3 months, skin is more elastic. Persistent use will smooth out fine lines and delay skin aging.

Eye Anti-aging: 25 min, 2-3 times/week

<p>Eye RF Energy: 3-8</p>	<p>Makeup remover oil+ Cleanser+ Toner+ Essence/ Eye cream+ Eye masks</p>	<p>1. Remove makeup and clean face, 5 min.</p> <p>2. Apply toner, 1 min.</p> <p>3. Apply essence evenly around eyes and gently massage to rub it in, 3 times.</p> <p>4. Eye RF</p> <p>Set working time (around 10 min) and RF mode.</p>	<p>Technique3</p> 
		<p>5. Stroke upwards to lift the corner of the eye, 3-6 times.</p> <p>6. Lift from lower eyelids toward temples, 3-6 times.</p>	<p>Technique5</p> 
		<p>7. Move the probe from lower eyelid in small circles toward the temple, 3-6 times.</p> <p>8. Lift from lower eyelid towards temple, 3-6 times.</p> <p>9. Lift from eyebrow towards the hairline, 3-6 times.</p> <p>10. Do the same on the other side.</p>	<p>Technique6</p> 
		<p>11. Clean the treated area, 1 min.</p> <p>12. Apply eye masks, 15 min.</p> <p>13. Remove the masks and clean, 2 min.</p>	<p>Technique7</p>

		14. Apply eye essence	 <p>Technique8,9</p> 
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Suggested Treatment:

2-3 sessions per week. After one treatment, the eyes are lifted and tightened, increasing blood circulation of the eyes. After one course, it lightens fine lines, dark circles and brightens skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Neck Anti-aging: 25 min, 2-3 times/week

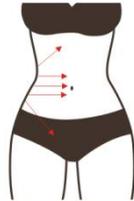
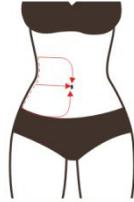
Face RF Energy: 3-8	Makeup remover oil+ Cleanser+ Toner+ Essence+ Neck mask	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 min. 2. Apply toner, 1 min. 3. Apply gel or essence evenly all over the neck, 1 min 4. Neck RF Set energy level, mode and time (around 10 min or so). 5. Move in circular motions on entire neck (avoid throat), 3 times. 6. Stroke upwards in parallel lines to lift the entire neck area (avoid throat), 3 times. 7. Stroke along the jawline to the back of the ear, 3-5 times. 8. Do the same on the other side. 9. Wash neck clean, 2 min. 10. Apply neck mask, 15 min. 11. Remove the mask and 	<p>Technique5</p>  <p>Technique6</p>  <p>Technique7</p> 
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		clean the treated area, 2 min. 12. Apply essence.	
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Suggested Treatments:

2-3 sessions per week. After one session, neck skin is lifted and tightened. After an entire month, skin appears to be hydrated with faded fine lines. After three months, skin is smooth and fine. Persistent use helps prevent wrinkles and saggy neck skin.

Shaping Waist&Abdomen: 15 min, 2-3 times/week

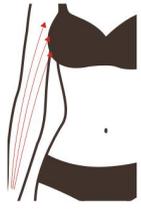
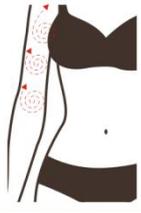
<p>40K Energy: 2-8</p>	<p>Gel+ Hot towel</p>	<ol style="list-style-type: none"> 1. Clean waist and abdomen with hot towel, 2 min. 2. Apply gel evenly all over the treatment area, 1 min. 3. 40K Slide from one side of the waist towards abdomen in parallel lines to groin, 3 times. 4. Do the same on the other side, 3 times. 5. Move in small circular motions on the abdomen, 3 times. 6. Move in big circular motions on the abdomen, 3 times. 7. Move in figure 8 to shape to shape the waist, 3-5 times. 8. Slide up and down the waist, 3-5 times. 9. Wipe off the remaining gel. 	<p>Technique3</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>
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Suggested Treatment:

2-3 sessions per week. Switch to 1-2 sessions per week after 2 months of persistent use. One month of treatment helps to tone the waist and abdomen and also helps with constipation. 2 months of treatment comes with evident results with less fat. Three months help to enhance the effect and help you shape slim waist.

Shaping Arms: 20 min, 2-3 times/week

<p>40K Energy: 2-8</p>	<p>Gel+ Hot towel</p>	<ol style="list-style-type: none"> 1. Clean arms with hot towel. 2. 40K Stroke upwards from lower arm fat to armpit in parallel lines, 5 times. 3. Move the probe in annular motions along the inner upper arm, 5 times. 4. Double the treatment on flabby arms, 3 times. 5. Slide up and down the inner arm, 5 times. 6. Do the same on the other side. 7. Wipe off the remaining gel. 	<p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5</p> 
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Suggested Treatment:

2-3 sessions per week. Switch to 1-2 sessions per week after 2 months of persistent use. 2 months of treatment comes with evident results with less fat. Three months help to enhance the effect and prevent rebound.

Shaping Legs: 20 min, 2-3 times/week

40K Energy:
2-8

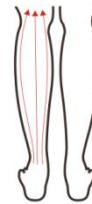
Gel+
Hot towel

1. Clean legs with hot towel, 2 min.
2. Apply gel evenly all over the treatment area, 2 min.
3. **40K**
Slide up and down the thigh in parallel lines, 5 times.
4. Slide up and down the calf if there's enough fat accumulation there, 5 times.
5. Move the probe in annular motions along inner thigh, 5 times.
6. Move the probe in small circular motions along inner thigh to dissolve fat, 5 times.
7. Do the same on the other side, 5 times.
8. Wipe off the remaining gel.

Technique3



Technique4



Technique5



Technique6



Suggested Treatment:

2-3 sessions per week. Switch to 1-2 sessions per week after 2 months of persistent use. 2 months of treatment comes with evident results with less fat. Three months help to enhance the effect and prevent rebound.