USER MANUAL MS-22Y7K



Preface

Dear user:

Welcome to use our latest product MS-2175, which replaces all the items in the traditional beauty salon and can be done from head to toe. It not only replaces manual services, but it also has magical effects. MS-2175 is a professional beauty equipment that requires professional who is trained to operate. If the instrument is used incorrectly, it may cause adverse consequences to the human body. Therefore, we hope that before operating the MS-2175, please read this manual in detail and follow the instructions in the manual to operate the instrument.

We believe that our quality products will bring you good income, and our perfect after-sales service will make you worry-free.

Thank you!

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Part I

I. Background

Health equipment replaces all the items in traditional beauty salons, from head to toe, facial lift, eye bags, dark circles, shoulder and neck imperfections, breasts, small enlargement, 3 to 5 cm fibroids, lobular hyperplasia, sagging, etc., weight loss, hips, treatment of constipation, stomach cold, palace cold, private, slimming, and also magical effect, it replaces the artificial service, it is made by traditional scraping, pressing, cupping, Massage, walking acupuncture points, through the meridian to the instrument, safe, effective, simple and convenient, no injection, no medicine, no surgery, no side effects, full-time external use and immediate results. The negative pressure health instrument can actively perform dynamic vacuum suction and release on the breast, and effectively deepen the breast to press the muscle movement, deep dredge, and improve the obstruction phenomenon.

II. Treatments

I. Facial Care

II. Main functions

- 1. Improve wrinkles and fine lines.
- 2. Tighten facial skin tissue.
- 3. Improve allergic skin immunity.
- 4. Improve pigmentation of skin.
- 5. Accelerate the discharge of aged products.
- 6. Cervical lymphatic drainage

II. Application

- 1. The face lacks luster, the skin is very rough and has blackheads.
- 2. People who drink frequently and often suffer from insomnia.
- 3. The face is prone to long-spotted acne.
- 4. The facial contour is not clear, the meridians are blocked.

III. Taboo crowds

- 1. The face is allergic or has a wound,
- 2. Severely sensitive muscles,
- 3. Pregnancy, recovery period of surgery,

4. Pap on the face.

5. Just do a complete surgery.

IV. Note

It is forbidden to expose to the sun, to hydrate more, to keep the skin moist and refreshed, and to maintain the skin regularly. It can be combined with professional skin cleansing and hydrating programs to promote more effective absorption of nutrients.

III. Back Lymphatic Detoxification

I. Main function

1. The use of negative pressure to cause it to smother the skin to cause congestion, this treatment can be cold and damp, dredge meridians, remove stasis, qi and blood circulation, reduce swelling and pain, detoxification and diarrhea have to adjust the balance of human yin and yang, lift Fatigue, enhance physical function and thus achieve the purpose of correcting the evil and curing the disease. Therefore, many diseases can be treated with cupping therapy.

2. It can also promote blood circulation in the body, eliminate toxins from the body, relieve fatigue, effectively improve dizziness, fatigue, help regulate physical and mental fatigue, accelerate metabolism and waste excretion, and reduce toxicity to skin and internal organs.

II. Application

- 1. People who are nervous, anxious and prone to temper.
- 2. People who have back pain, muscle aches, insomnia, etc.
- 3 People, especially office staff who are long time to sit, prone to insomnia and dreams.

III. Taboo crowds

- 1. Three high population and heart disease patients.
- 2. Pregnancy period, lactation period.
- 3. The surgical wound is in the healing or recovery period.
- 4. Patients with epilepsy and severe diabetes and hyperthyroidism.
- 5. Patients with malignant tumors and patients with hemophilia or severe bleeding.
- 6. Patients with skin diseases and infectious diseases.
- 7. Patients with severe gynecological diseases.
- 8. The population during the treatment of gynecological diseases.
- 9. Have lymphatic cancer patients or signs of cancer.
- 10. People who are too weak.
- 11. People who are drunk, full, fasting, thirst, overworked.

IV. Note

- 1. After six hours in the bath (or not wash the same day)
- 2. Avoid blowing cold.
- 3. Drink more hot water, help detoxification metabolism.
- 4. Cupping is not the longer the better, according to the actual situation set

III. Systemic Lymphatic Drainage

I. Working principles

The lymphatic system is a circulatory system, and the immune system. It is also the body's defense station and recycling garbage station. It prevents external bacterial infection and recovers garbage and toxins from the body. Lymph is also the body's largest detoxification system.

Corresponding to the scavenger in the human body, it is the main medium for collecting toxins from various organs of the human body. If the lymphatic system slows down, it will cause toxins to accumulate in the body, and people will easily become edema and gain weight. The principle of weight loss of lymphatic drainage massage is mainly through the massage and stimulation of lymph glands, dredging the lymphatic circulation system, promoting the excretion of toxins in the body, accelerating fat burning, and achieving the purpose of losing weight. Lymphatic detoxification also has a very important role in allowing our blood vessels to be well cleaned, lymphatic drainage, lymphatic vessels and veins. When the blood volume is too much, the lymphatic vessels can act as a fluid to reduce the burden on the blood vessels. effect.

As the age of the human lymphatic system increases, the speed of circulation may decrease, and the effect of detoxification will also decrease. The appropriate massage can effectively accelerate the circulation rate of the lymphatic system, so that the toxin can be excreted as soon as possible.

II. Main functions

1. Accelerate lymphatic flow.

2. Accelerate the process of natural detoxification, help the body to remove waste through the lymphatic system.

- 3. Stimulate lymphoid activity.
- 4. Increase lymphocyte productivity.
- 5. Improve body metabolism.
- 6. Promote The function of the immune system.

III. Application

- 1. People with lack of luster on the face, skin becomes very rough.
- 2. People who drink often and often suffer from insomnia.

3. People with waist and abdomen obesity can quickly improve edema and consume fat through lymphatic detoxification.

4. people who have bad breath and are often constipated.

5. Poor mental state, poor resistance, easy to catch cold and sick people.

IV. Taboo crowds

- 1. Three high population and heart disease patients.
- 2. Pregnancy period, lactation period.
- 3. The surgical wound is healing or recovery period.
- 4. Patients with epilepsy and severe diabetes and hyperthyroidism.
- 5. Patients with malignant tumors and patients with hemophilia or severe bleeding.
- 6. Patients with skin diseases and infectious diseases.
- 7. Patients with severe gynecological diseases.
- 8. The population during the treatment of gynecological diseases.
- 9. Have lymphatic cancer patients or signs of cancer.
- 10. People who are too weak.
- 11. People who are drunk, full, fasting, thirsty, overworked.

V. Note

- 1. After bathing 4-6 hours after the completion.
- 2. Avoid blowing cold.
- 3. Avoid eating spicy and greasy things.
- 4. Drink more hot water to help metabolism.
- 5. Avoid staying up late, smoking.
- 6. Cupping is not the longer the better, depending on the actual situation.

IV. Breast Therapy

I. Main function

1. The equipment adopts the effect of vacuum negative pressure on the human body. It is attracted by the special tool in the breast through the negative pressure inside the instrument, and the negative pressure of different rhythm is generated in the breast, so that the breast body is relatively lifted, and the effect of increasing the breast is achieved.

2. The negative pressure inside the cup can make the local capillaries congestion, stimulate the organs, enhance the cell vitality, promote the functional activities, and improve the body's resistance;

3. The mechanical stimulation of negative pressure, transmitted to the central nervous system through the reflex pathway, can regulate the nerve activity tends to balance.

4. During the operation, the inspiratory deflation, the increase of negative pressure and the disappearance of the negative pressure make the local pores continue to open and close, promote skin respiration, increase the oxygen absorption, and speed up the waste elimination.

It has the functions of warming meridians and collaterals, promoting qi and activating blood circulation, opening and relieving phlegm, dispersing phlegm and swelling, eliminating poison and exorcism.

5. Combined with deep massage to smooth blood, clear breast acinus, invisible gas to drive tangible blood, oxygen and nutrients to the breast, and stimulate the pituitary gland to secrete female hormones, strengthen breast connective tissue, stimulate breast growth.

6. Promote uterine contraction, tighten skin elastic fibers, prevent skin tissue from loosening and dispersing.

VI. Application

1. People whose chest is small, sagging, external expansion, asymmetry, flat.

2. People who has breast hyperplasia, nipple retraction and who want a better and healthier breast shape.

3. People who are unwilling to do breast augmentation surgery or repeated breast failure.

VII. Taboo crowds

- 1. Menstrual period, pregnancy, lactation.
- 2. Patients with diseases.
- 3. Those who have surgery on the chest.
- 4. Those with skin problems or allergies in the chest.
- 5. Severe hyperplasia, patients with tumors and chest diseases.
- 6. Heart disease, high blood pressure patients.
- 7. People who are too weak.

VIII. Note

- 1. Drink warm water, keep warm.
- 2. Wear stereotypes Comfortable underwear, do not press hard on the chest.
- 3. Take a bath after 3.4-6 hours.
- 4. Avoid blowing and getting cold.

5. When you first use 1-3 times, the intensity is not too large, so as to avoid local congestion.

6. If the breast is asymmetrical, you should first make the small side first and then carry it on both sides at the same time.

7. The chest stiffness after breast augmentation surgery, Unsuitable intensity is too large.

8. Selecting the peak of hormone secretion (the fourth day after menstrual period) is better for breast treatment.

V. Buttocks Therapy

I. Main function

1. Negative pressure inside the cup can make local capillary congestion, stimulate organs, enhance cell vitality, promote functional activities, improve the body's resistance.

2. Mechanical stimulation of negative pressure, transmit to the central nervous system through reflex pathway, regulate nerve Activities tend to be balanced.

3. During the operation, the inspiratory deflation, the increase of negative pressure and the disappearance of the negative pressure make the local pores continue to open and close, promote skin respiration, increase the oxygen absorption, and speed up the waste elimination.

4. Shape the buttocks and lift the surrounding fat

II. Application

- 1. The hips are sunken, flat, not sexy enough;
- 2. The hips are less fat, flat and no type;
- 3. The hip depression affects the appearance of the person;
- 4. Psychological or professional needs to be more perfect.

5. The size of the entire hip is acceptable, but the fullness is not enough; or lack of hip peak.

- 6. The hip fat accumulated in the waist and hips to form a "square hip" patient
- 7. The hips do not sag, affecting the appearance
- 8. Sedentary, lumbar pain
- 9. Low hip temperature, gynecological inflammation, palace cold

III. Taboo crowds

- 1. Menstrual period, pregnancy period, lactation period.
- 2. People who have heart disease, high blood pressure and other diseases.

3. People who have serious illnesses, such as: acute infectious diseases, skin diseases, etc.

- 4. Old and frail over-aging population.
- 5. People who have had surgery, or are recovering from surgery.
- 6. People who are too weak.

IV. Note

1. After 4-6 hours in the bath.

2. The initial strength of 1-3 times is not too large, so as not to adapt to or cause local congestion.

- 3. You can wear hips to prevent looseness or Drooping.
- 4. Avoid wearing miniskirts and shorts

VI. Abdominal Cupping Treatment

I. Main function

1. Abdominal cupping is the use of external force to open the pores so that the waste in the body can be excreted through the pores, and also has a certain renewal effect on some aging cells. By local conditioning, local blood and body circulation can be accelerated to accelerate metabolism and achieve weight loss.

2. Through these principles, cupping the stomach can reduce the fat on the stomach. Tummy cupping can also have a good therapeutic effect on colds such as colds or palace colds. It can regulate the internal organs, balance yin and yang, and improve autoimmune function.

II. Application

- 1. People who want to lose weight and firm muscles.
- 2. People who has Constipation or indigestion,
- 3. People whose abdomen is cold and who have Palace cold.

III. Taboo crowds

- 1. Menstrual period, pregnancy period, lactation period.
- 2. People who have heart disease, high blood pressure and other diseases.
- 3. People who have serious illnesses, such as: acute infectious diseases, skin diseases, etc..
- 4. Old and frail over-aging population .
- 5. People who have had surgery, or are recovering from surgery,
- 6. People who are too weak.
- 7. People who are drunk, full stomach, fasting, thirst, overworked.

IV. Note

1. After 4-6 hours in the bath.

2. The initial strength of 1-3 times is not too large, so as not to adapt to or cause local congestion.

- 3. Keep warm in the abdomen, avoid blowing and cold.
- 4. Avoid wearing the navel.
- 5. It is not easy to operate if you are hungry. It is operated half an hour after a meal.
- 6. Avoid eating cold and spicy objects and drink warm water.

7. Cupping is not as long as possible, depending on the situation.

VII. Private Treatment

I. Main functions

1. Tighten the vagina.

2. Discharge the vagina into the poison, and residual metabolites, restore the vaginal clean, regulate the balance.

- 3. Increase the fullness and elasticity of the vaginal wall.
- 4. Maintain warm nest balance estrogen and progesterone Normal secretion.
- 5. Improve the color of the perineum.
- 6. Tighten the vagina.

II. Application

1. People who have irregular menstruation (dysmenorrhea, small amount, blood clots).

2. People who have pregnancy, production, abortion, contraception, sexual intercourse, etc.

- 3. Abnormal vaginal discharge, odor.
- 4. People who have skin spots, acne, dark yellow, Relaxation, wrinkles, etc.
- 5. Memory loss, immune decline.

III. Taboo crowds

- 1. Menstrual period, pregnancy period, lactation period.
- 2. Recovery period or treatment period.

IV. Note

1. After 4 hours of bathing.

2. Drink warm water, avoid drinking cold water and eat cold and spicy things.

3. Change underwear every day, underwear should choose pure cotton, silk soft material, less Use chemical fiber to avoid wearing tight-fitting underwear.

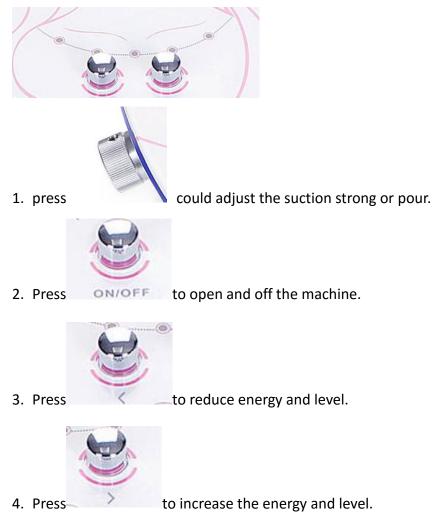
4. Towels and underwear should be dried in the sun, or boiled in water. It is easy to breed fungi in a damp environment.

5. Do not engage in sexual intercourse immediately after you finish.

Part II

II. Detailed Operation

Check that the instrument is connected correctly. The initial interface will appear after the power is turned on:



The indicator light shows the intensity and the corresponding energy.

III. Technical Parameters

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Voltage: 110V-240V
Power: 22W
Packing Size: 39x32x21
W: 5.24kg
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IV. Taboo Crowds

Patients with the following symptoms should be cautious when using the device.

Please consult the doctor or professional for details in the following situations:

1. A pregnant or breastfeeding woman.

2. Heart disease or pacemaker.

3. Patients whose surgical wounds have not healed.

4. Patients with epilepsy, severe diabetes, and hyperthyroidism.

5. Patients with malignant tumors, patients with hemophilia or patients with major bleeding.

6. Patients with skin diseases and infectious diseases should be used with caution.

V. Precautions

1. Keep the machine level and avoid vibration and collision.

2. When washing the machine, turn off the power and unplug it.

3. People with severe heart disease, diabetes and hepatitis should not be treated with this machine.

4. Women during menstruation and pregnancy should not be treated.

5. The operating time should be controlled within 30 minutes and make the customer feel comfortable.

6. Do not use this machine before or after half an hour after meals, fasting, fatigue, fatigue, lack of sleep and physical weakness are not suitable for treatment.

7. Patients with hematological and spontaneous bleeding such as hemophilia, purpura, and leukemia should not be treated.

8. People with severe skin allergies or rickets should not be treated.

9. Malignant skin tumors or partial skin ulcers, fractures, varicose veins, and partial skin loss are not suitable for treatment.

10. Special attention should be paid to drunkenness, thirst or hunger.

11. Clean the instrument head regularly to ensure the machine's effectiveness and service life.

12. When using with essential oils, do not use too much essential oil or cosmetics to avoid damaging the machine.

13. After using the unit, adjust the air pressure to the lowest level.

14. Do not use lymphatic drainage therapy when you are suffering from lymphangitis.

15. Patients with myocardial infarction, phlebitis, and venous tumors should not be treated.

16. Hyperthyroidism, pregnant women should not use this product within three weeks after surgery.

17. Patients with severe heart disease, diabetes, and hepatitis should not be scrubbed.

18. Women are not suitable for treatment during menstruation. Pregnant women can use light scrubs to promote blood circulation.

19. The operating time should not be too long, about half an hour, and the strength is moderate, so that customers feel comfortable.

21. One or two days after the operation, you will feel a little pain. This is normal and will disappear automatically afterwards.

22. Remember that the liposuction head and the soft hose must be inserted into the corresponding suction holes.

23. In order to use the instrument better, be sure to install the filter before use.

24. To extend the life of your instrument, please ensure that it is kept within 30 minutes of each use.

VI. Trouble Shooting

1. The instrument cannot be started, and the button light on the back of the instrument does not light.

A. Make sure the power cord is connected to a valid power outlet.

B. Is the fuse tube on the back of the instrument loose or burnt?

2. The instrument has no suction or suction.

A. Please turn off the instrument and check the filter element for the instrument. It may be that the filter element needs to be replaced.

B. Please check the rubber ring of the handle plug, which may be caused by wear of the rubber ring.

C. Please check if the oil filter cup outside the filter has been tightened and check if the rubber ring is worn. It is possible that the air leak at this position will result in poor air pressure.

D. If the above method cannot be processed, please contact the dealer of the instrument for assistance.

3. The instrument can start, but the screen has the wrong information.

A. Unplug the power plug from the back of the instrument and wait for about 1 minute before plugging in and restarting the instrument.

B. If the above method cannot be handled, please contact the instrument dealer for assistance.

VII. Packing List

- 1. Host *1
- 2. Chest cup large *2
- 3. Chest cup medium *2
- 4. Chest cup small *2
- 5. Large transparent can *2
- 6. Medium transparent can *2
- 7. Small transparent can *2
- 8. Facial large can *2
- 9. Facial medium tank *2
- 10. Facial small can *2
- 11. Facial Cup*2
- 12. Eye Cup*2
- 13. Private Cup*2
- 14. Long connecting pipe *3
- 15. Sucking detox operation head large *1
- 16. Sucking detox operation head medium *1
- 17. Sucking detox operation head trumpet *1
- 18. Sucking detoxification operation head and face *1

VIII. Operation Diagram

Step	Parameter Adjustment	Technique	Diagram
	Face (Op	erating time is 45 minutes); onc	e a week
Facial Care	cleansing oil+facial cleanser +massagecream+ instrument	 Facial makeup removal, cleaning 5 minutes Full-face clean-up of skin water Hands on the whole face acupoints, Chengjiang, Dicang, Daying, chiach'e, hsia kuan, Yingxiang, cheek crevice, temple, Ching Ming hole, Cuanzhu points, Yuyao, Sizhukong, apple of the eye seam, Chengqi, ssu pai,) 3 times Hands alternately lift the three lines of the face to the underarms, 3 times, Operate the other side. Instrument operation: in the jaw line combined with the hand pull to the armpit discharge, 3 times Lifting the line up on the face, 3 times Lifting the hairline and the sides on the forehead, 3 times Take a massage at the forehead, 3 times Operate the other side Choose a suitable transparent can in the nose to absorb and put a massage, you can suck blackheads, 3-5 times Wash your face, End 	

Back(Operating time is 60 minutes); once a week

Back	manipulation +	1.Manipulation:hands licking the oil to the	J + + 1
lymphatic	essential oil +	waist to point to the wind and wind, 3 times	
detoxificati	instrument	2.Push the Du Meridian and the bladder	$\langle n \rangle \langle n \rangle$
on		through both hands, 3 times	$(\zeta) (\zeta)$
		3.Hands alternately push the Du Meridian	YUUY
		and Bladder, 3 times	
		4.The palms of both hands are alternately	1.1
		pushed from the Dazhui to push the Du	
		Meridian and the Bladder Meridian and pull	$\left(\lambda \right) \left(\left(\Lambda \right) \right)$
		it from the waist side to discharge through	$(\langle \rangle \langle \rangle \rangle$
		the armpits, first left and then right, 3 times.	
		5.Push your shoulders with your thumb	
		and sew your shoulders to your	
		underarms. After 3 passes, drain from your	$\langle \rangle$
		armpits to your fingers.	
		6.The palms of both hands alternately start	$(\langle \rangle (\rangle)$
		from the Dazhui. The ribs are pushed	
		along the line and pushed to the waist. The	
		hands are discharged from the waist to the	
		armpit. 3 times	
		7.The hands of the tiger's mouth	
		alternately from the hairline through the	
		large plate to the finger discharge, 3 times	
		8.Operate the other side,	() ()
		9.Instrument operation: lymphatic	
		detoxification instrument is pushed from	
		the vertebra to the caudal vertebra, 3	$\lambda \lambda \lambda$
		times,	
		10.The instrument pushes the bladder to	
		the caudal vertebra (first left and right) 3	
		times	
		11.The instrument pushes the shoulder to	
		squat to the armpit, 3 times	$\langle \lambda \rangle$ $\langle \Lambda \rangle$
		12.The instrument pushes the line to the	$(\langle \rangle \rangle)$
		waist in the direction of the ribs, 3 times.	
		13.The instrument starts to push the large	
		plate through the neck, 3 times	1.
		14.On the other side of the instrument	
		operation,	/ // `//
		15.Going the tank: If the body is heavy, you	
		can go to the tank, the bladder and the	
		governor go back and forth 3 times, the	() () () () () () () () () ()

shoulder blade is back and forth 3 times,	
and the whole back goes 3 times in the	
direction of the rib (depending on the	
customer's stress)	
16.Choose the right cupping head and go	
back and forth in the neck and slab	
position, 3-5 times	
17.Fixed cans: Dazhui Shoulder wells	
Tianzong points Feishu points Bagua area	
Arms 5-10 minutes (according to	
customer's stress)	
18.Take the can and wipe it with a towel.	
19. End.	
	and the whole back goes 3 times in the direction of the rib (depending on the customer's stress) 16.Choose the right cupping head and go back and forth in the neck and slab position, 3-5 times 17.Fixed cans: Dazhui Shoulder wells Tianzong points Feishu points Bagua area Arms 5-10 minutes (according to customer's stress) 18.Take the can and wipe it with a towel.

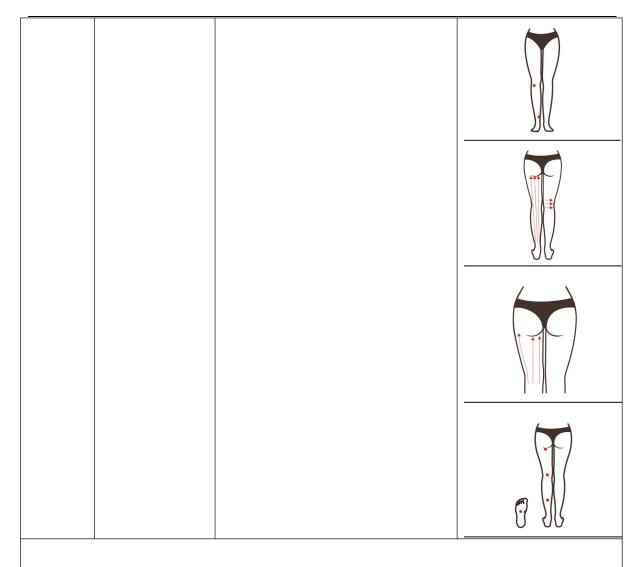
Body(Operating time is 120 minutes); once a week

	1		
systemicly	technique +	1. face + neck remover, clean	
mphatic	instrument	2. Full face rubbing lotion	
drainage		3.Hands on the whole face acupoints	
		Chengjiang, Dicang, Daying, chiach'e, hsia	
		kuan, Yingxiang, cheek crevice, temple,	
		Ching Ming hole, Cuanzhu points, Yuyao,	
		Sizhukong, apple of the eye seam,	
		Chengqi, ssu pai,) 3 times	
		4.Hands alternately lift the three lines of	
		the face to the underarms, 3 times,	
		5.Operate the other side.	g
		6.Neck: Put your hands on the chest and	
		rub the oil to the back of the neck and wind	
		up the wind, 3 times.	- +
		7.First left and right: hands alternately from	
		the lower jaw lymph through the back of	T==T
		the ear to the armpit, 3 times	
		8.Unilateral tiger mouth ringing push the	
		neck side three lines to the armpit, 3 times	
		9.One-sided finger kneeling hot the neck	<u> </u>
		side and push the lymph of the neck to the	- K
		underarm, 3 times.	\sim
		10. Comfort your hands to the point of	
		Feng Chi Feng Fu, 3 times	
		11.The other side is the same as above.	۱ <i>۲</i> ,)
		12.Select the small head of the instrument	<u> </u>
		on the face from the chin and lift it up one	
		line and lift it through the ear to the armpit,	
		1-2 times (according to the customer's	

	condition)	$\div \mathcal{V}$
	13.Select the appropriate instrument to	X
	slide up and on both sides of the forehead,	
	1-2 times (according to customer's	7
	situation)	١٢,)
	14.Lymphatic detoxification instrument	/ I
	unilaterally pulls from the mandibular	
	lymph with the hand alternately through the	
	back of the ear to the armpit, 3 times	
	15.The instrument is arranged in a circle	
	on the neck side and circled to the armpit,	M
	3 times.	
	16.Sliding the inner clavicle to detox, 3-5	\frown
	times	
	17.Select the appropriate small head to	
	start from the ear to the underarm, 2-3	
	times (according to customer situation)	
	18. The instrument operates on the other	
	side as above.	
	19.Underarm manipulation, first left and	
	then right:Use both hands to save oil under	
	the armpit, 3 times	
	20.One hand palm root knead the pole	<u> パ</u> ・)
	spring point, 3-5 times	
	21.The hands of the tiger's mouth	
	alternately push the gallbladder through	
	the armpit to the finger discharge, 3 times	
	22.Both hands alternately push the inner	
	clavicle lymph to the finger discharge, 3	二、 ノ
	times	··· V
	23.The hands of the tiger's mouth	$\mathbf{\tilde{\mathbf{x}}}$
	alternately push the arm three meridians	
	(pulmonary pericardium through the heart)	
	3 times	۱۲ , (
	24.Comfort the entire arm to the finger	
	discharge, 3 times	
	25.Kneeling finger rubbing arm	
	26. Palm roots press the pole springs, 3-5	
	times	y v
	27. Overall comfort to finger discharge, 1	$\langle \cdot \rangle \rightarrow$
	time	
	28. Instrument operation, first left and then	
	right	$\langle \langle \langle c \rangle \rangle \rangle$
	29. Push the gallbladder from the chest to	
	the armpit and appease 3 times by hand.	¥ V
	30. Push three meridians from the elbow to	e e
L		

the armpit 3 times	
31. Operate the other side, ibid.	
32. From the liver and gallbladder to the	
armpit, 3 times	1 the
33. Select the appropriate instrument to	K Y
walk the cans in the arm position, 1-2 times	
(according to customer situation)	· · ·
34. Choose the right cupping head inside	
and outside the arm, liver and gallbladder,	
set the can, 5-10 minutes (according to	1 1
customer situation)	(.,)
35. Inguinal lymphatic drainage method:	P -1
first left and right: hands 3-5 times in the	
whole leg	
36 points, press the door, 3-5 times	19-2/
37. Hands and three mouths alternately	h h h
	Y Y
push the four meridians (spleen and	p y
stomach through the liver and gallbladder)	
3 times	
38. The whole appeasement 3 times	\ {e_=} >)
39. Both hands are transferred to the groin	and I for
3-5 times) (
40. The thumb of both hands alternately	y y
dials the groin 3-5 times	
41. Two-handed twist twists and turns 3	
times	
42. Hands rubbing the hot thigh roots	
43. The instrument pushes four meridians	
to the groin, 3 times	/
44. Circle back and forth in the groin	
position, 3 times	
45.The instrument and the hand alternately	
push the groin, 3 times	
46. Push the line from the middle of the	(
thigh to the groin while appeasing,3 times	
47. Operate the other side (ditto.)	
48. Walk the cans at the thigh position (one	
line next to the line) 1-2 times (according to	
customer's stress)	
	(.,)
49. Set the cans in the legs, thighs,	$P \neg$
Zusanli, Sanyinjiao, about 10 minutes	1 • \
50. Remove the can and end.	
51.The customer is kneeling, left leg:	
hands from the calf oil to the thigh bag	
back to the heel 3 times	
52.The palms of both hands alternately	

push the leg pack from bottom to top and return to the heel for 3 times. 53. The hands of the tiger mouth alternately push the bladder tendon from the bottom to the top - kidney tendons - liver tendons - gallstones each 3 times 54. Push the axillary part 3 times with both hands 55. Hands alternately twisted and twisted 3 times from bottom to top 56. Appease 3 times 57. Pushing the bladder ribs from the bottom to the top with both hands - kidney ribs - liver ribs - ribs 3 times each 58. End of appeasement 59. Instruments: first calf, thigh, detoxification instrument from the bottom to the armpit, push the bladder through the kidney - kidney - liver - gallbladder 2-3 times 60. The instrument pushes four meridians from the armpit to the root of the thigh, 2-3 times 61. The instrument extends four meridians from the calf and pushes the detox to the root of the thigh, 3 times. 62. Choose the right cupping head and extend the four meridians in the leg for 1-2 times (according to the customer's condition) 63. Set the cans in the legs, the center of the vulture (armpit), the thigh, the Chengfu (middle calf), the Yongquan (foot) for about 10 minutes (according to the customer) Happening) 64. End of cans	
10 minutes (according to the customer) Happening)	



Breast(Operating time is 60 minutes); once a week

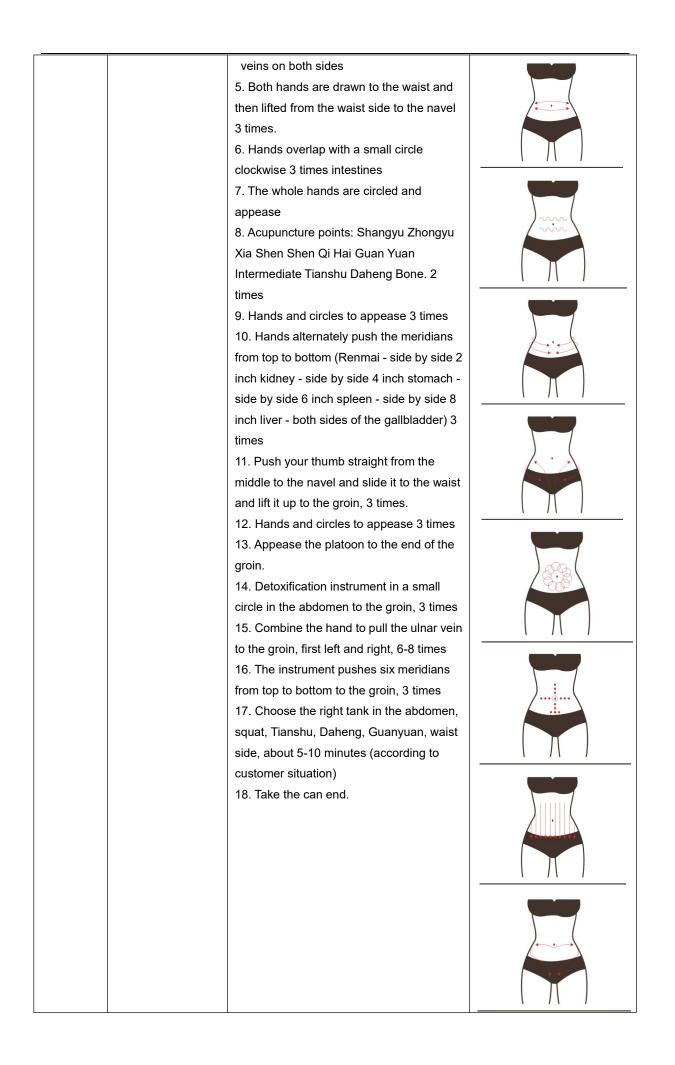
Breast	technique +	1.Standing on the head of the bed, start	
therapy	instrument	with the hands of the sputum in the middle	
		of the sputum to the underarm bag and lift	
		the suspensory ligament 3 times.	
		2.Acupuncture points with both hands:	()) $()$
		Shanzhong, Rugen, Dabao, Yingchuang,	
		Zhongfu, Yunmen, 3 times	\sim
		3. Appease action: start half a circle from	()*• 、• ()
		the squat to the squat to the lifting ligament	
		3 times	
		4. The palms of both hands overlap.	
		Starting from the middle of the hole, you	
		can draw 8 words on both sides of the	
		chest. 3 times.	
		5. The palms of both hands are pulled from	
		the position of the secondary milk to the	$\langle \rangle \rangle \qquad (\rangle$
		suspensory ligament. First left and right 10	

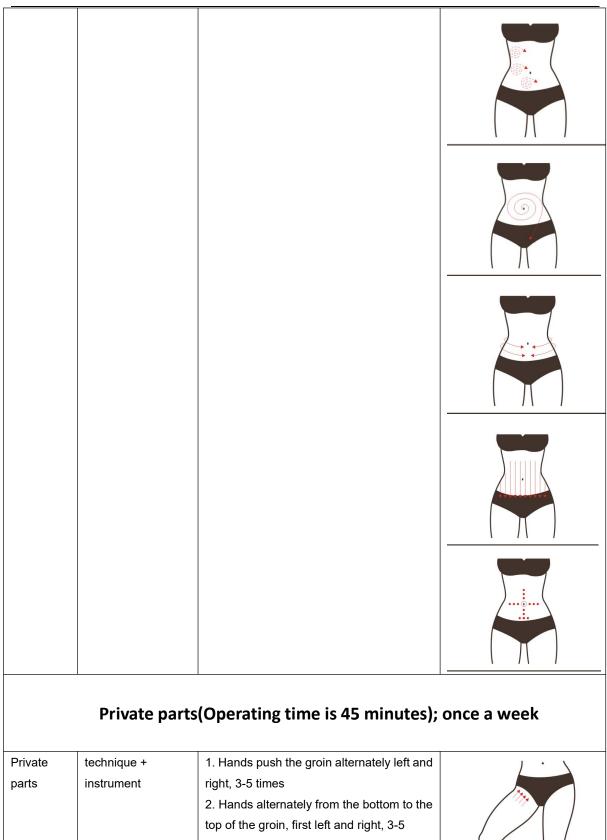
		times. 6. Appease action 3 times 7. Standing on the side of the customer, first left and right: both hands palms to raise the chest 3 times 8. Two-handed tiger mouth pushes the breast duct around the chest: (one round of the chest) 3 times 9. Thumbs up to clear the chest nodules (first alternately in the circle) 3 times 10. Both hands palms appease the entire chest 11. Operate the other side (same as 6.7.8.9.) 12. Choose the right cupping head and gently lift the can on the chest, 1-2 times. 13. Set the cans in the chest, the warehouse corner (below the collarbone), the Zhongfu point (near the armpit position) for about 5-10 minutes (according to the customer's condition) 14. The nipple retracted can be selected in the appropriate position of the nipple, about 3-8 minutes (according to customer situation) 15. Instrument operation: Select the cup suitable for the customer, fix the chest, and adjust the appropriate suction. 5-10 minutes or so 16. Remove the instrument cup 17. End	
	Buttocks	s(Operating time is 60 minutes); or	nce a week
Buttocks therapy	technique + instrument	 Technique: Stand sideways with both hands and squeegee from the gossip area to the waist and lift it up from the waist along the buttocks (ie, appease action) 3 times Push the gossip area with both hands 	

 and thumb 3 times 3. Appease the movement 3 times after the point: Shenshu point - Baliao- Changqiang - Huanitao - Chang Fu point 3 times 4. Appease action 3 times 5. First left and right, hands extending from bottom to top of thighs-bladder tendon-kidney meridian-liver meridian-bile channel pushed straight to the veins 3 times each 6. The hands are extended from the bottom of the high from bottom to top the liver - the gallbladder is divided to the veins 3 times 7. The palms of both hands overlap and push up from the toots of the thighs to the veins (ifft) 3 times. 8. Hands from the bottom of the buttocks (plastic) back and forth 3 times 9. Repeat action 7 10. Appease action 7 10. Appease action 11. Operation on the other side: Same as 56. 7. 8. 9 10. 12. Hands and hot gossip area 13. Choose the right cupping device to carry the can: pull up from the root of the thigh, 3-5 times 14. Lifting 3-5 times from the hips to the hips 15. Fixed cans: Select a suitable cup, fix the buttocks, adjust the appropriate energy, about 5-10 minutes 16. Take off the cup 17. End 		
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Abdomen(Operating time is 60 minutes); once a week

Abdominal	Technique	1. Abdominal ringing oyster sauce 3 times	
cupping	+ instrument	2. Hands back and forth 3 times	
project		3. Hands alternately knead belly fat by	$\langle \cdot \rangle$
		chiropractic for 3 times, soothing excessive	
		4. Hands alternately pull the waist with 16	





Private	technique +	1. Hands push the groin alternately left and	
parts	instrument	right, 3-5 times	
		2. Hands alternately from the bottom to the	
		top of the groin, first left and right, 3-5	
		times	
		3. Both hands point to the points around	
		the labia 3 times	
		4. Both hands are drawn from the groin	
		position to the labia position along the line,	
		3-5 times	

5. Hands again alternately from the bottom	J • X
to the top of the groin first left and right, 3-5	
times	
6. Both hands are drawn from the groin	
position to the labia position along the line,	
3-5 times	
7. Select the private instrument, draw the	
groin from bottom to top, first left and right	
3-5 times	
8. Draw big and small labia from bottom to	
top, first left and then right, 3 to 5 times	
9. Stimulating the perineal point (3	
seconds in the perineal point) 3-5 times	
10. End	