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# USER MANUAL

## MS-22Y7J



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## Preface

Dear user:

Welcome to use our MS-22Y7J , which replaces the detox program of traditional beauty salons and can be done from head to toe. It not only replaces the manual service, but also has a magical effect. MS-22Y7J is a professional beauty detoxification device that requires professionally trained professionals to operate. If used improperly, it may cause adverse consequences to the human body. Therefore, we hope that before operating the MS-22Y7J, please read this manual carefully and follow the instructions in the manual to operate the instrument.

We believe that our quality products will bring you good returns, and our perfect after-sales service will make you worry-free.

Thank you!

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# Part I

## I. Introduction

It replaces the lymphatic detoxification program of traditional beauty salons. It can be done from head to toe, facial lift, eye bags, dark circles, lymphatic drainage of the neck, neck and shoulders, breasts, breasts, slimming, hips, abdomen Shaping, stomach cold, slimming and so on. And there is also a magical effect, which replaces the traditional artificial service, which is made up of traditional scraping, massage, cupping, massage, walking, etc., to the present instrument. Safe, effective, simple, convenient, no injection, no medication, no surgery, no side effects, full-time external use and immediate results. The negative pressure health instrument can actively exert dynamic negative pressure on the body to give the body effective deep stretching, massage movement, deep dredge, improve the obstruction phenomenon and improve the sub-health state of the body.

## II. Function

### I. Facial care

#### I. Main function of facial care

1. Improve wrinkles and fine lines.
2. Tighten facial skin tissue.
3. Improve allergic skin immunity.
4. Improve skin pigmentation.
5. Accelerate the discharge of aging materials.
6. Cervical lymphatic drainage.

#### II. Application

1. People with a lack of luster on their face, rough skin and loose skin.
2. People who drink regularly and often suffer from insomnia.
3. The face is prone to long spots and long acne.
4. The contour of the face is not clear, and the meridians are blocked.
5. Double chin, sagging skin.

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### III. Taboo crowd

1. Face allergies or wound.
2. Severe sensitive muscles.
3. Pregnancy, recovery period.
4. There are pustules on the face.
5. Just doing a complete surgery.

### IV. Warning

It is forbidden to expose to the sun, to hydrate more, to keep the skin moist and refreshed, and to maintain the skin regularly. It can be combined with professional skin cleansing and hydrating programs to promote more effective absorption of nutrients.

## II.Back Lymphatic Drainage

### I. Main function of back lymphatic drainage

1. Use negative pressure to smother it on the skin to cause congestion. This treatment method can remove cold and dampness, dredge meridians, eliminate stasis, qi and blood circulation, reduce swelling and pain, remove toxic and diarrhea, adjust human body yin and yang balance, relieve fatigue Enhance physical function and thus achieve the purpose of strengthening the body and eliminating evil and curing the disease. Therefore, many diseases can be treated with cupping therapy.
2. It can also promote blood circulation in the body, eliminate toxins from the body, relieve fatigue, effectively improve dizziness, fatigue, help regulate physical and mental fatigue, accelerate metabolism and waste excretion, and reduce toxicity to skin and internal organs.

### II. Application

1. Stress, anxiety, easy temper of the people.
2. People with back pain, muscle aches, insomnia, etc.
3. Working in the office, sedentary, easy to sleep and dreamers.

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### III. Taboo crowd

1. Three high populations and heart patients
2. Pregnancy period, lactation period
3. The surgical wound is healing or recovering from surgery
4. Patients with epilepsy and severe diabetes and hyperthyroidism
5. Patients with malignant tumors and patients with hemophilia or severe bleeding
6. Patients with skin diseases and infectious diseases
7. Patients with severe gynecological diseases
8. The population during the treatment of gynecological diseases
9. Patients with lymphoma or signs of cancer
10. People who are too weak
11. Drunk, full, fasting, thirst, overworked

### IV. Warning

1. Bathe after 4-6 hours (or not take a bath the same day)
2. Avoid blowing and getting cold
3. Drink more hot water to help detox metabolism
4. Cupping time is not as long as possible, according to the actual situation

## III. Body Lymphatic Drainage

### I. Working theory of body lymphatic drainage

The lymphatic system is a circulatory system, and the immune system is also the body's defense station and recycling garbage station to prevent bacterial infection and recovery of garbage and toxins in the body. Lymph is also the body's largest detoxification system, equivalent to the scavenger in the human body, is the main medium for collecting toxins from various organs of the human body. If the lymphatic system slows down, it will cause toxins to accumulate in the body, and people will easily become edema and gain weight. The principle of weight loss of lymphatic drainage massage is mainly through the massage and stimulation of lymph glands, dredging the lymphatic circulation system, promoting the excretion of toxins in the body, accelerating fat burning, and achieving the purpose of losing weight. Lymphatic detoxification also has a very important role in allowing our blood vessels to be well cleaned, lymphatic drainage, lymphatic vessels and veins. When the blood volume is too much, the lymphatic vessels can act as a fluid to reduce the burden on the blood vessels. effect.

As the age of the human lymphatic system increases, the speed of circulation may

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decrease, and the effect of detoxification will also decrease. The appropriate massage can effectively accelerate the circulation rate of the lymphatic system, so that the toxin can be excreted as soon as possible.

## II. Main function

1. Accelerate lymphatic flow.
2. Accelerate the natural detoxification process to help the body detoxify waste through the lymphatic system.
3. Stimulate lymphatic activity.
4. Improve lymphocyte productivity.
5. Improve your body's metabolism.
6. Promote the function of the immune system.
7. Scraping, sucking, draining moisture and toxins.
8. Dredge meridians, health detoxification, and enhance the body's resistance.

## III. Application

1. A person whose face is not shiny and whose skin becomes very rough
2. People who drink regularly and often suffer from insomnia
3. People with waist and abdomen obesity can quickly improve edema and consume fat through lymphatic drainage.
4. People with bad breath and frequent constipation
5. Poor mental state, poor resistance, easy to catch cold and sick people

## IV. Taboo crowd

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## V. Warning

1. Bathe after 4-6 hours after completion
2. Avoid blowing and getting cold
3. Avoid eating spicy and greasy food
4. Drinking hot water helps metabolism
5. Avoid staying up late, smoking
6. The time for cupping is not as long as possible, depending on the actual situation.

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## IV. Chest Therapy

### I. Main function of chest therapy

1. The effect of negative pressure on the human body is attracted by the special tool in the breast through the negative pressure inside the instrument, which produces different negative pressure and suction in the breast, so that the breast is relatively lifted, so that the local capillaries shrink and congest, stimulate the organs, and enhance Cell viability, promote blood circulation and improve body resistance.
2. During the operation, the negative growth pressure and the disappearance of negative pressure cause the local pores to continuously open and close, promote skin respiration, increase oxygen absorption, and accelerate waste removal.
3. It has the functions of Warning meridians, replenishing qi and activating blood circulation, promoting blood circulation and removing blood stasis, dissolving phlegm and dispelling phlegm
4. Evacuate the nodules, relieve breast hyperplasia, and prevent breast disease.

### II. Application

1. The chest has nodules, chest pain.
2. Breast size is asymmetrical.
3. There is chest hyperplasia, temper.
4. The chest is meridian, the areola is dark.
5. The axillary lymph is blocked, there is a side milk.
6. The chest is not full, losing flexibility.

### III. Taboo crowd

1. Menstrual period, pregnancy, lactation.
2. Patients with diseases.
3. People who have had chest surgery.
4. People with skin problems or chest allergies.
5. Severe hyperplasia, patients with tumors and chest diseases.
6. Heart disease, high blood pressure patients.
7. People who are too weak.

### IV. Warning

1. Drink warm water and keep warm
2. Wear stereotypes and comfortable underwear, do not press hard on the chest  
Bathing after 3.4-6 hours

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4. Avoid blowing and getting cold
  5. The initial use of 1-3 times is not too strong, so as not to cause local congestion.
  6. If the breast is asymmetrical, it is advisable to operate the small side first on both sides.
  7. Chest stiffness after breast augmentation surgery, unsuitable for too much intensity. Manipulation and strength are based on comfort, not easy to oversize

## **V. Butt Therapy**

### **I. Main function of butt therapy**

1. The effect of negative pressure on the human body is attracted by the special tool on the buttocks through the negative pressure inside the instrument, which produces different negative pressure and suction on the buttocks, so that the buttocks are relatively lifted, so that the local capillaries shrink and congest, stimulate the organs, and enhance Cell viability, promote blood circulation and improve body resistance.
2. Mechanical negative pressure stimulation, the origin of the central nervous system through the reflex pathway, regulating the nerve activity tends to balance.
3. During the operation, the inspiratory contraction, the negative growth pressure and the disappearance of the negative pressure make the local pores continue to open and close, promote skin respiration, increase the absorption of oxygen, and accelerate the removal of waste.
4. Increase the elasticity of the buttocks and dredge the meridians

### **II. Application**

1. The hips are slack, flat, and the hips are not good.
2. The hip depression affects the beauty
3. Need more perfect and healthy hips and body
4. Fat accumulation in the buttocks, loose
5. People who are often sedentary and have low hips
6. Dysmenorrhea, people with inflammation

### **III. Taboo crowd**

1. Menstrual period, pregnancy, lactation
2. People with diseases such as heart disease and high blood pressure
3. People with serious diseases, such as acute infectious diseases, skin diseases, etc.
4. Frail elderly, over-aged people
5. Have had surgery, or are recovering from surgery
6. People who are too weak

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7. People whose hips are too old

#### IV. Warning

1. Bathing after 4-6 hours
2. When you start using 1-3 times, the strength is not too large, so as to avoid local congestion.
3. You can wear hips and underwear to prevent slack or sagging
4. Avoid wearing shorts and miniskirts

### VI. Belly therapy

#### I. Main function of belly therapy

1. Abdominal scraping and cupping is the use of external force to open the pores so that the waste in the body can be excreted through the pores, and also has a certain renewal effect on some aging cells. By local conditioning, local blood and body circulation can be accelerated to accelerate metabolism and achieve weight loss.
2. Through these principles, sucking and cupping can reduce the fatty stomach of the stomach. It can also have a good therapeutic effect on colds. It can regulate internal organs, balance yin and yang, and improve autoimmune function.

#### II. Application

1. People who want to lose weight and build strong muscles
2. Constipation or indigestion
3. Abdominal cold, palace cold
4. Sedentary, with fat, fat accumulation

#### III. Taboo crowd

1. Menstrual period, pregnancy, lactation
2. People with heart disease, high blood pressure and other diseases
3. People with serious diseases such as acute infectious diseases, skin diseases, etc.
4. Frail elderly, over-aged people
5. People who have undergone surgery or are recovering
6. People who are too weak
7. People who are drunk, full, fasting, thirsty, overworked

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## IV. Warning

1. After 4-6 hours in the shower
2. The initial strength of 1-3 times is not too large, so as not to adapt or cause local congestion.
3. Keep your abdomen warm and avoid blowing cold
4. Avoid wearing the navel
5. It is not easy to operate after hunger and fullness, and it is operated after half an hour after a meal.
6. Avoid eating cold and spicy objects, drink warm water
7. Cupping is not as long as possible, depending on the situation.

## Part II

### I. Detailed Operation

1. Check that the instrument is connected correctly. The initial interface will appear after the power is turned on:



1. press  could adjust the suction strong or pour.



2. Press  to open and off the machine.



3. Press  to reduce energy and level.



4. Press  to increase the energy and level.

The indicator light shows the intensity and the corresponding energy.

## II. Technical Parameters

Voltage: 110V-240V

Power: 22W

Packing Size: 30x26x24

GW: 2.2kg

## III. Taboo Crowds

Patients with the following symptoms should be cautious when using the device.

Please consult the doctor or professional for details in the following situations:

1. A pregnant or breastfeeding woman.
2. Heart disease or pacemaker.
3. Patients whose surgical wounds have not healed.
4. Patients with epilepsy, severe diabetes, and hyperthyroidism.
5. Patients with malignant tumors, patients with hemophilia or patients with major bleeding.
6. Patients with skin diseases and infectious diseases should be used with caution.

## IV. Precautions

1. Keep the machine level and avoid vibration and collision.
2. When washing the machine, turn off the power and unplug it.
3. People with severe heart disease, diabetes and hepatitis should not be treated with this machine.
4. Women during menstruation and pregnancy should not be treated.
5. The operating time should be controlled within 30 minutes and make the customer feel comfortable.
6. Do not use this machine before or after half an hour after meals, fasting, fatigue, fatigue, lack of sleep and physical weakness are not suitable for treatment.
7. Patients with hematological and spontaneous bleeding such as hemophilia, purpura, and leukemia should not be treated.
8. People with severe skin allergies or rickets should not be treated.
9. Malignant skin tumors or partial skin ulcers, fractures, varicose veins, and partial

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skin loss are not suitable for treatment.

10. Special attention should be paid to drunkenness, thirst or hunger.

11. Clean the instrument head regularly to ensure the machine's effectiveness and service life.

12. When using with essential oils, do not use too much essential oil or cosmetics to avoid damaging the machine.

13. After using the unit, adjust the air pressure to the lowest level.

14. Do not use lymphatic drainage therapy when you are suffering from lymphangitis.

15. Patients with myocardial infarction, phlebitis, and venous tumors should not be treated.

16. Hyperthyroidism, pregnant women should not use this product within three weeks after surgery.

17. Patients with severe heart disease, diabetes, and hepatitis should not be scrubbed.

18. Women are not suitable for treatment during menstruation. Pregnant women can use light scrubs to promote blood circulation.

19. The operating time should not be too long, about half an hour, and the strength is moderate, so that customers feel comfortable.

21. One or two days after the operation, you will feel a little pain. This is normal and will disappear automatically afterwards.

22. Remember that the liposuction head and the soft hose must be inserted into the corresponding suction holes.

23. In order to use the instrument better, be sure to install the filter before use.

24. To extend the life of your instrument, please ensure that it is kept within 30 minutes of each use.

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## Trouble Shooting

1. The instrument cannot be started, and the button light on the back of the instrument does not light.
  - A. Make sure the power cord is connected to an active power outlet.
  - B. The fuse tube on the back of the instrument is loose or burnt.
  
2. The instrument has no suction or suction is too small.
  - A. Please turn off the instrument and check the filter element of the instrument. It may be necessary to replace the filter.
  - B. Please check the rubber ring of the handle plug, which may be caused by the rubber ring wear.
  - C. Please check if the oil filter cup outside the filter is tight and the rubber ring is worn. Air leaks at this location may cause a difference in air pressure.
  - D. If the above method cannot be processed, please contact the instrument dealer for assistance.
  
3. The instrument can be started, but the information displayed is wrong.
  - A. Unplug the power cord from the back of the instrument and wait for about 1 minute before inserting and restarting the instrument.
  - B. If the above method cannot be processed, please contact the instrument dealer for assistance.

## VI. Packing List

1. Host \*1
2. Long transparent tube \*1
3. Lymphatic detoxification operation head large \*1
4. Lymphatic detoxification operation head medium \*1
5. Lymphatic detoxification operation head small \*1
6. Lymphatic detoxification operation head and face \*1
7. Lymphatic detoxification operation head eye \*1
8. Power cord\*1

## VII. Operation Diagram

Parameter adjustment	Product	Operation method	Graphic
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## Facial treatment: 45 minutes once a week

<p>Suction is slowly adjusted from weak to strong Energy: 1-5</p>	<p>Cleansing Oil + Cleanser + Massage Cream + Instrument</p>	<ol style="list-style-type: none"> <li>1. Facial cleansing cleansing, 5 minutes</li> <li>2. Full face rubbing lotion, 2 minutes</li> <li>3. Both hands acupuncture points, (bearing pulp, floor warehouse, big welcoming, cheekcar, Shimonoseki, Yingxiang, temple, bamboo, fish waist, silk bamboo, savvy, weeping, four white,) 3 times</li> <li>4. Hands alternately lift the face three lines to the underarms, 3 times</li> <li>5. Operate the other side</li> <li>6. Instrument operation: select the appropriate operating head in the jaw line combined with the hand pull to the armpit, 3 times</li> <li>7. Lifting the line up on the face, 3 times</li> <li>8. On the forehead, I want to send hairline and pull on both sides, 3 times.</li> <li>9. Operate the other side</li> <li>10. Clean the face</li> <li>11. Wipe toner, essence, cream</li> <li>12. End</li> </ol>	<div style="text-align: right; font-size: small; margin-bottom: 10px;">EYES AROUND</div>  <p style="font-size: x-small; margin-top: 5px;">全脸点穴 (承浆、地仓、大迎、颊车、下关、迎香、颧髻、太阳穴、睛明、攒竹、鱼腰、丝竹空、瞳子髁、承泣、睛白。)</p> <div style="text-align: right; font-size: small; margin-bottom: 10px;">EYES AROUND</div>  <p style="font-size: x-small; margin-top: 5px;">从下巴至太阳穴从鼻翼至太阳穴从太阳穴至太阳穴从鼻翼至太阳穴 *双手同时做三次至皮下抽出 *一指提唇一指往上提并经过耳前至腋下抽出</p> <div style="text-align: right; font-size: small; margin-bottom: 10px;">EYES AROUND</div>  <p style="font-size: x-small; margin-top: 5px;">从下巴-耳后-鬓角-额角-鼻翼-太阳穴 *双手同时做三次至皮下抽出 *一指提唇一指往上提并经过耳前至腋下抽出</p> <div style="text-align: right; font-size: small; margin-bottom: 10px;">EYES AROUND</div>  <p style="font-size: x-small; margin-top: 5px;">额头部位的发际线和两边提拉</p> <div style="text-align: right; font-size: small; margin-bottom: 10px;">EYES AROUND</div>  <p style="font-size: x-small; margin-top: 5px;">额头部位的发际线和两边提拉</p>
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**Treatment advice**

10 times for a course of treatment, once finished rosy in the back, blood circulation is accelerated, after a course of treatment, the skin begins to metabolize toxins, the acne muscles are improved, the blackheads are slowly reduced, and the contours of the skin are enhanced under three courses of treatment, and the resistance is enhanced. The skin is healthy and shiny.

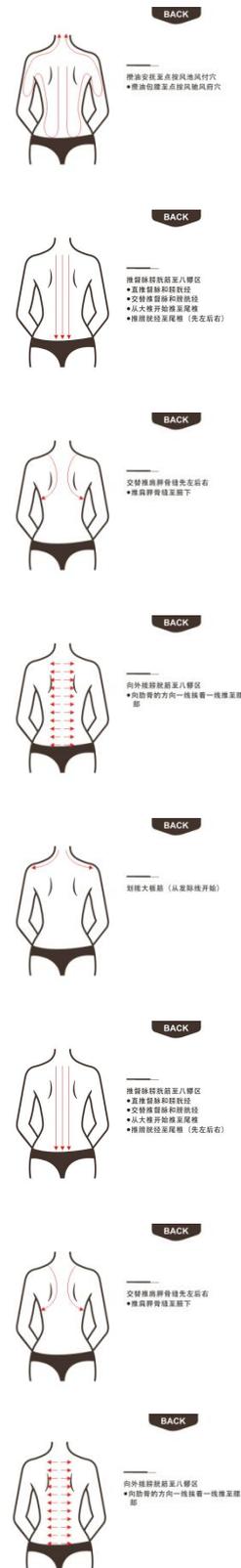
Suggested price: 698/time 4980/ten times

## Back lymphatic detoxification: 45 minutes once a week

Suction is slowly adjusted from weak to strong  
Energy: 1-5

Essential oil + instrument

1. Manipulation: hands licking the oil to the waist to point to the wind and wind, 3 times
2. Push the Du Meridian and the bladder through both hands, 3 times
3. Hands alternately push the Du Meridian and Bladder, 3 times
4. The palms of both hands are alternately pushed from the Dazhui to push the Du Meridian and the Bladder Meridian and pull it from the waist side to discharge through the armpits, first left and then right, 3 times.
5. Push your shoulders with your thumb and sew it to your armpit. After 3 passes, remove from your armpit to your fingers.
6. The palms of both hands alternately start from the Dazhui. The ribs are pushed along the line and pushed to the waist. The hands are discharged from the waist to the armpit. 3 times
7. The hands and the tiger's mouth alternately from the hairline through the large plate to the finger discharge, 3 times
8. Operate the other side
9. Instrument operation: Select the appropriate operating head to push from the vertebra to the caudal vertebra, 3 times
10. The instrument pushes the bladder to the caudal vertebra (first left and right) 3 times
11. The instrument pushes the shoulder blade to the armpit, 3 times
12. The instrument pushes the line in the direction of the ribs to the waist, 3



	<p>times.</p> <p>13. The instrument pushes the plate from the neck, 3 times</p> <p>14. The other side of the instrument operation</p> <p>15. Wipe clean your back</p> <p>16. End</p>	
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Treatment advice

10 times for a course of treatment, once finished, the body out of the body, expelling body moisture and wind evil, a treatment to the back becomes easy, relieve the symptoms of shoulder and neck pain, after three courses of wealth disappeared, blood circulation is normal, sleep quality Good, physical enhancement.

Suggested price: 698/time 4980/ten times

### Systemic lymphatic drainage: 120 minutes once a week

<p>Suction is slowly adjusted from weak to strong</p> <p>Energy: 1-5</p>	<p>Essential oil + instrument</p>	<ol style="list-style-type: none"> <li>1. face + neck remover, clean</li> <li>2. Full face rubbing lotion</li> <li>3. Hands on the whole face acupoints (bearing, floor warehouse, big welcoming, cheek car, Shimonoseki, Yingxiang, temple, savvy, bamboo, fish waist, silk bamboo empty, Cheng weeping, four white, ) 3 times</li> <li>4. Hands alternately lift the three lines of the face to the underarms, 3 times,</li> <li>5. Operate the other side.</li> <li>6. Neck: Put your hands on the chest and rub the oil to the back of the neck and wind up the wind, 3 times.</li> <li>7. First left and right: hands alternately from the lower jaw lymph through the back of the ear to the armpit, 3 times</li> <li>8. Unilateral tiger mouth ringing push the neck side three lines to the armpit, 3 times</li> <li>9. Unilateral sputum refers to the hot cervical side lymphatic drainage to the armpit, 3 times</li> <li>10. Comfort your hands to the point of</li> </ol>	
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Feng Chi Feng Fu, 3 times

11. The other side is the same as above.

12. Select the appropriate instrument operation head to lift from the chin on the face from the chin and lift it up through the ear to the armpit, 1-2 times (according to customer situation)

13. Select the appropriate instrument to slide up and on both sides of the forehead, 1-2 times (according to customer's situation)

14. The instrument is unilaterally pulled from the mandibular lymph with the hand and pulled through the back of the ear to the armpit, 3 times.

15. The instrument is arranged in a circle on the neck side and circled to the armpit, 3 times.

16. The instrument slides inside the clavicle to detoxify to the armpit, 3-5 times

17. Select the appropriate operating head from the back of the ear to the underarm discharge, 2-3 times (according to customer situation)

18. The instrument operates on the other side as above.

19. Knock down the technique first left and right: hands simmering oil under the arm, 3 times

20. One hand palm root 揉 press the pole spring point, 3-5 times

21. The hands of the tiger's mouth alternately push the gallbladder through the armpit to the finger discharge, 3 times

22. Both hands alternately push the inner clavicle lymph to the finger discharge, 3 times

23. The hands of the tiger's mouth alternately push the arm three meridians (pulmonary pericardium



	<p>through the heart) 3 times</p> <p>24. Comfort the entire arm to the finger discharge, 3 times</p> <p>25. Let the arm hot</p> <p>26. Palm roots press the pole springs, 3-5 times</p> <p>27. Overall comfort to finger discharge, 1 time</p> <p>28. Instrument operation, first left and then right</p> <p>29. Push the gallbladder from the chest to the armpit and appease 3 times by hand.</p> <p>30. Push three meridians from the elbow to the armpit 3 times</p> <p>31. Operate the other side, ibid.</p> <p>32. Inguinal lymphatic drainage method: first left and right: hands 3-5 times in the whole leg</p> <p>33. Tap the rushing door 3-5 times</p> <p>34. Hands and tigers alternately push the four meridians (spleen and stomach through the liver and gallbladder) 3 times</p> <p>35. The whole appeasement 3 times</p> <p>36. Both hands are transferred to the groin 3-5 times</p> <p>37. The thumb of both hands alternately dials the groin 3-5 times</p> <p>38. Two-handed twist twists and turns 3 times</p> <p>39. Hands rubbing the fingers of the hot thigh roots</p> <p>40. Select the appropriate instrument operation head, push four meridians to the groin, 3 times</p> <p>41. Loop back and forth in the groin position, 3 times</p> <p>42. The instrument alternates with the hand to push the groin alternately, 3 times</p> <p>43. Push the line from the middle of the thigh to the groin while appeasing, 3 times</p>	<div style="text-align: right; margin-bottom: 10px;"><b>CHEST</b></div>  <p>推腋部。从云门穴开始经腋下至手保得止</p> <div style="text-align: right; margin-bottom: 10px;"><b>CHEST</b></div>  <p>推手肘内侧腋窝处（腋经-心包经-心经）至腋下</p> <div style="text-align: right; margin-bottom: 10px;"><b>FORELEG</b></div>  <p>涌穴：冲门穴</p> <div style="text-align: right; margin-bottom: 10px;"><b>FORELEG</b></div>  <p>推腋部内侧三经脉（脾经、肝经、肾经）      *腋窝推三经脉（脾经、肝经、肾经）      *一按腋窝一按推至腋窝沟</p> <div style="text-align: right; margin-bottom: 10px;"><b>FORELEG</b></div>  <p>交臂贴腋窝沟</p> <div style="text-align: right; margin-bottom: 10px;"><b>FORELEG</b></div>  <p>交臂推腋窝沟      *腋窝揉热大腿根部</p> <div style="text-align: right; margin-bottom: 10px;"><b>FORELEG</b></div>  <p>竹筒花式揉脚</p> <div style="text-align: right; margin-bottom: 10px;"><b>FORELEG</b></div>  <p>推腋部内侧三经脉（脾经、肝经、肾经）      *腋窝推三经脉（脾经、肝经、肾经）      *一按腋窝一按推至腋窝沟</p>
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	<p>44. Operate the other side (ibid.)</p> <p>45. The customer squats, left leg: hands from the calf oil to the thigh bag back to the heel 3 times</p> <p>46. The palms of both hands alternately push the leg pack from bottom to top and return to the heel for 3 times.</p> <p>47. The hands of the tiger mouth alternately push the bladder tendons from the bottom to the top - kidney tendons - liver tendons - gallstones each 3 times</p> <p>48. Push the axillary part 3 times with both hands</p> <p>49. Hands alternately twisted and twisted 3 times from bottom to top</p> <p>50. Appease 3 times</p> <p>51. Pushing the bladder ribs from the bottom to the top with both hands - kidney ribs - liver ribs - ribs 3 times each</p> <p>52. End of appeasement</p> <p>53. Instruments: first calf, thigh, detoxification instrument from the bottom to the armpit, push the bladder through the kidney - kidney - liver - gallbladder 2-3 times</p> <p>54. The instrument pushes four meridians from the armpit to the root of the thigh, 2-3 times</p> <p>55. The instrument extends four meridians from the calf and pushes the detox to the root of the thigh, 3 times.</p> <p>56. Wipe the towel clean</p> <p>57. End of</p>	 <p>FORELEG 腹股沟位置来回打圈</p>  <p>FORELEG 交替推腿起沿 • 膀胱提热大腿根筋</p>  <p>BELLY 足三里、三阴交</p>  <p>BACK-LEG 双手从小腿推至大腿包腿推至脚部 • 从下至上推膀胱部-臀部-膝盖-脚部 • 交替推腿窝部位</p>  <p>BACK-LEG 交替竹扁叉式从下至上推腿</p>  <p>BACK-LEG A Push to the bottom of buttocks from up of popliteal fossa slowly line by line, repeat twice times.</p>  <p>BELLY 委中穴、承扶穴、承山穴</p>
<p>Treatment advice</p> <p>10 times for a course of treatment, once finished, the whole body is smooth, the lymph of the whole body begins to circulate, the metabolism of the body is accelerated after a course of treatment, the nodules of the lymphatic block begin to disappear slowly, the quality of sleep and gynecological problems are improved after three courses of treatment, and the menstruation is normal. The size of the arm thighs becomes smaller. The axillary lymph node bulge basically disappeared.</p> <p>Suggested price: 980/time 6980/ten times</p>		

## Chest therapy: 60 minutes once a week

<p>Suction is slowly adjusted from weak to strong Energy: 1-5</p>	<p>Essential oil + instrument</p>	<ol style="list-style-type: none"> <li>1. Standing on the head of the bed, start with the hands of the sputum in the middle of the sputum to the underarm bag and lift the suspensory ligament 3 times.</li> <li>2. Acupuncture points with both hands: 膻中 乳根 大包 Eagle window Zhongfu Yunmen 3 times</li> <li>3. Appease action: start half a circle from the squat to the squat to the lifting ligament 3 times</li> <li>4. The palms of both hands overlap. Starting from the middle of the hole, you can draw 8 words on both sides of the chest. 3 times.</li> <li>5. The palms of both hands are pulled from the position of the secondary milk to the suspensory ligament. First left and right 10 times.</li> <li>6. Appease action 3 times</li> <li>7. Standing on the side of the customer, first left and right: both hands palms to raise the chest 3 times</li> <li>8. Two-handed tiger mouth pushes the breast duct around the chest: (one round of the chest) 3 times</li> <li>9. Thumbs up to clear the chest nodules (first alternately in the circle) 3 times</li> <li>10. Both hands palms appease the entire chest</li> <li>11. Operate the other side (same as 6.7.8.9.)</li> <li>12. Select the appropriate operating head to gently lift up on both sides of the chest, 1-2 times</li> <li>13. The instrument is lifted up and down in the chest, 1-2 times.</li> <li>14. The instrument is lifted and</li> </ol>	<div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST 从膻中穴开始围绕乳根至腋下包上 来同时提拉悬韧带 •从膻中穴开始打半圈至腋下系提拉悬 韧带</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST 点穴：膻中乳根大包鹰窗中府云门</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST 从膻中穴开始围绕乳根至腋下包上 来同时提拉悬韧带 •从膻中穴开始打半圈至腋下系提拉悬 韧带</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST 从膻中穴开始及胸部两边划半</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST 交替从乳头的位置提拉至悬韧带 先左后右</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST 安抚提升胸部</p> </div> <div style="text-align: center; margin-bottom: 10px;">  <p style="font-size: small; margin: 0;">CHEST A. Make the nipple as the center of the circle, starting from the areola, move to the nipple by clockwise direction and back to underarm. the other side is same operation.</p> </div> <div style="text-align: center;">  <p style="font-size: small; margin: 0;">CHEST 打通疏通胸部结节</p> </div>
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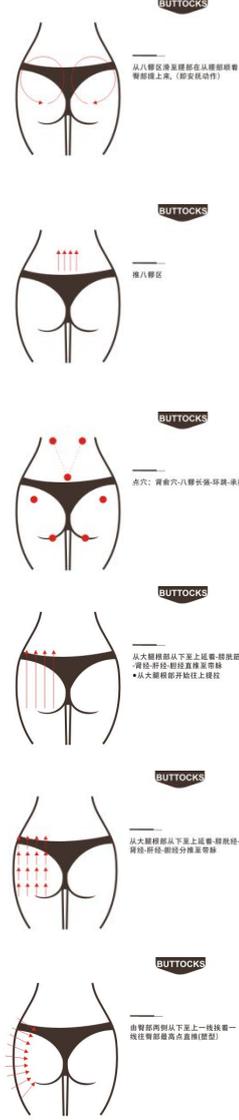
		<p>lowered to the underarms in the thoracic hepatobiliary area, 1-2 times.</p> <p>15. Operate the other side</p> <p>16. End</p>	
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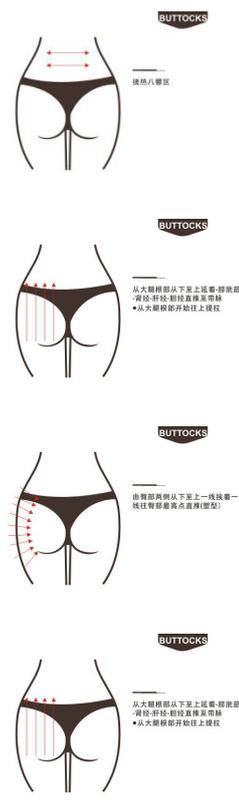
**Treatment advice**

10 times for a course of treatment, once the chest is finished, the chest has a firming effect and the effect is increased. The breast and the expansion and sagging are slowly tightened and concentrated. The three treatments make the breasts large. Straight up, stick to it, the effect will be more obvious.

Suggested price: 698/time 4980/ten times

**Butt therapy: 60 minutes once a week**

<p>Suction is slowly adjusted from weak to strong</p> <p>Energy: 1-5</p>	<p>Essential oil + instrument</p>	<ol style="list-style-type: none"> <li>1. Technique: Stand sideways with both hands and squeegee from the gossip area to the waist and lift it up from the waist along the buttocks (ie, appease action) 3 times</li> <li>2. Push the gossip area with both hands and thumb 3 times</li> <li>3. Appease the movement 3 times after the point: Shenshu point - gossip - long strong - ring jump - Cheng Fu point 3 times</li> <li>4. Appease action 3 times</li> <li>5. Left and then right, hands from the bottom of the thigh from bottom to top - bladder tendons - kidney - liver - gallbladder straight push to the veins 3 times</li> <li>6. The hands are extended from the bottom of the thigh from bottom to top - the bladder - the kidney - the liver - the gallbladder is divided to the veins 3 times</li> <li>7. The palms of both hands overlap and push up from the roots of the thighs to the veins (lift) 3 times.</li> <li>8. Hands from the bottom of the buttocks from bottom to top, a line of straight to the highest point of the</li> </ol>	
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		<p>buttocks (plastic) back and forth 3 times</p> <p>9. Repeat action 7</p> <p>10. Appease action</p> <p>11. Operation on the other side: Same as 5.6.7.8.9.10.</p> <p>12. Hands and hot gossip area</p> <p>13. Select the appropriate instrument operating head, pull up from the root of the thigh, 3-5 times</p> <p>14. Pulling 3-5 times from the hips to the hips</p> <p>15. Lift up from the roots of the thighs, 3-5 times</p> <p>16. End</p>	 <p><b>BUTTOCKS</b> 提拉臀管区</p> <p><b>BUTTOCKS</b> 从大腿根部从下至上推拿-提拉感 -消除-肿胀-脂肪及弹皮带脉 *从大腿根部开始往上提拉</p> <p><b>BUTTOCKS</b> 由臀部两侧从下至上逐一提拉每一根往臀部最高点直推(提拉)</p> <p><b>BUTTOCKS</b> 从大腿根部从下至上推拿-提拉感 -消除-肿胀-脂肪及弹皮带脉 *从大腿根部开始往上提拉</p>
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**Treatment advice**

10 times for a course of treatment, the hips have an effect after lifting. After a course of treatment, the excess fat in the buttocks begins to disappear, the surrounding fat begins to concentrate, and the hip curve is formed after three courses of treatment, which increases the elasticity of the buttocks and improves the gynecological palace cold. .

Suggested price: 698/time 4980/ten times

**Belly therapy: 60 minutes once a week**

<p>Suction is slowly adjusted from weak to strong</p> <p>Energy: 1-5</p>	<p>Essential oil + instrument</p>	<ol style="list-style-type: none"> <li>1. Abdominal ringing oyster sauce 3 times</li> <li>2. Hands back and forth 3 times</li> <li>3. Hands alternately knead belly fat by chiropractic for 3 times, soothing excessive</li> <li>4. Hands alternately pull the waist with 16 veins on both sides</li> <li>5. Both hands are drawn to the waist and then lifted from the waist side to the navel 3 times.</li> </ol>	 <p><b>BELLY</b> 腹部打圈推拿</p> <p><b>BELLY</b> 双手交替揉肚子</p> <p><b>BELLY</b> 双手交替以拇指半掌揉腹面部-提拉过度</p>
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6. Hands overlap with a small circle clockwise 3 times intestines
7. The whole hands are circled and appease
8. Acupuncture points: Shangyu Zhongyu Xia Shen Shen Qi Hai Guan Yuan Intermediate Tianshu Daheng Bone. 2 times
9. Hands and circles to appease 3 times
10. Push your meridians alternately from top to bottom (Renmai - side by side 2 inch kidney - side by side 4 inch stomach - side by side 6 inch spleen - side by side 8 inch liver - both sides of the gallbladder) 3 times
11. Push your thumb straight from the middle to the navel and slide it to the waist and lift it up to the groin, 3 times.
12. Hands and circles to appease 3 times
13. The detoxification instrument is placed in the abdomen to a large circle to the groin, 3 times.
14. Combine the hand to pull the ulnar vein to the groin, first left and right, 6-8 times
15. The instrument pushes six meridians from top to bottom to the groin, 3 times
16. The instrument is small in the abdomen to the large lap to the groin, 3 times
17. End.



			 <p data-bbox="1236 264 1342 302">From small to large by clockwise direction, circling around the navel Promote intestinal peristalsis and improve constipation.</p>
<p data-bbox="236 398 427 427"><b>Treatment advice</b></p> <p data-bbox="236 481 1353 636">10 times for a course of treatment, after a single operation, the abdomen is detoxified. After a course of treatment, the excess fat in the abdomen is slowly reduced, and the digestion and absorption capacity is improved. The three courses of treatment improve the abdominal coldness, improve immunity and strengthen the body.</p> <p data-bbox="236 689 687 719">Suggested price: 698/time 4980/ten times</p>			