

User Manual

MS-22S5



Preface

Dear Users,

We're pleased to present to you our 5-in-1 beauty machine featured with facial RF, eye RF, body RF, vacuum RF and 40K fat-burning. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Multipolar RF, vacuum RF, 40K ultrasonic fat-burning machines are currently the most popular beauty machines that work on skin-firming, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin firming and anti-aging. Ultrasounds with specific frequencies target those parts in which fat is difficult to be reduced, bringing customers amazing result.

Advantages

1. 5-in-1 beauty machine that works on both of your facial and body care.
2. Ultrasonic fat-burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various working heads can be replaced in different parts according to different requirements.
4. One working head has multiple functions with RF having higher frequency and more energy to emit more evenly
5. The perfect combination of ultrasound, radio frequency solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firming skin, increases skin elasticity, metabolism, and ultimately keeps better health.
6. Adopting the cutting-edge technology of ultrasonic fat-burning.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleeding, and swelling will not appear after treatment.
11. Ultrasound, vacuum and radio frequency all have the energy release of red LED light respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

Facial Firming and Anti-aging

Working Principles

Face RF

RF wave can directly penetrates the skin and uses the resistance formed by the skin to produce energy, which increases the temperature of the bottom layer of the skin. Using the principle of dermis collagen protein tightening and stimulating collagen protein regeneration, it has two therapeutic effects: timely skin firming and lasting collagen protein regeneration.

After treatment, an obvious sense of contraction can be felt immediately at the treatment area, and the effect of skin firming and lifting can be seen about a month later, and the effect will become more and more obvious. The effect of RF treatment can last for about 18 months to 3 years depending on the area of treatment and individual maintenance methods, which, however, may be longer depending on individual maintenance methods. New research points out that better results can be achieved after repeated treatment.

Effects

1. Firm face, absorb nutrition at deep skin layer.
2. Increase skin elasticity and exquisiteness.
3. Moisturize the skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve the double chin and tighten the skin.
6. Stimulate collagen proliferation and delay aging

Applicable Range.

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds , wrinkles at eye corners.
4. Those whose face contours are not clear.
5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth

Inapplicable Range:

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.
2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, wrinkle removal, or plastic surgery.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Over-aging population.
7. Those who are in menstruation, pregnancy, lactation, surgical recovery.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic illusions about the effect.

Do's and Don'ts after operation

1. Do not wash your face with overheated water for three days (you can wash your face with warm or cold water).
2. Strengthen hydration, moisturizing and avoid sunburn.
3. Do not go for hot springs, saunas, violent exercise, etc., for three days.
4. It is recommended to apply the mask at least three times a week.
5. Avoid eating spicy and greasy food, avoid staying up late, smoking and drinking, and eat more fruits and vegetables and food with less grease.
6. Avoid those food which leads to high blood pressure, high cholesterol and high blood sugar).

Eyes Anti-aging

Working Principles

Eye RF

RF treatment for eyes: In the treatment of eyes, RF apparatus use radio frequency waves to make the bottom layer of eye skin quickly heat up and promote the growth of collagen, so as to achieve the effect of firming the skin around the eyes, removing bags under the eyes, removing dark circles under the eyes, and improving bloodshot eyes and fine lines.

Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supplement eyes with nutrition and moisturize skin.
6. Firm and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those who frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction and have severe sensitive skin or are allergic to metals.
4. Those who have skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those who have skin diseases and contagious diseases.

Do's and Don'ts after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, going for hot springs or other violent exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use. It will be preferable to use eye masks 3 times or more a week.

Neck Anti-aging

Working Principles

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin.

Effects

1. Reduce the flabbiness, roughness and dullness of the neck skin.
2. Firm skin and increase skin elasticity.
3. Remove double chin.
4. Accelerate lymph detox and improve facial skin.
5. Prevent neck and lymph diseases.

Applicable Range

1. Those with rough and dull skin on the neck.
2. Those with lymphatic blocking
3. Those with sagging and inelastic neck skin.
4. Those who often bow their heads
5. Those who are not satisfied with their skin colour.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Do's and Don'ts after Operation

1. Avoid sunburn. Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, go for hot springs or violent exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, Use masks at least 3 times a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

Body Management

1.40K

The principle of ultrasonic wave is used to make human adipose cell produce a strong impact and friction movement among adipose cells after gathering strong sound waves into the human body, which can effectively consume heat and water of cells and shrink adipose cells. In addition, when the sound wave vibrates, it can produce a strong impact of pressure among cells, the cells burst instantly, and the adipose cells are reduced, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.

2. Body RF

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin. The perfect combination of 40K and RF can not only help people lose weight, but also increase skin elasticity and firm skin.

3. Vacuum RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Advantages: breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective for slimming and shaping, and it will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

3. Fibrous layer

The suction and release of air pressure:

It can promote the combination of two effects in different tissues (including skin, muscle and so on).

(1) Repair cell tissue, increase its activity.

(2) Lift and revive skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

(5) Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

1. Nerve layer

The suction and release of air pressure:

It stimulates the surface and deep sympathetic nervous system.

(1) Improve the sensitivity of skin.

(2) Repair skin elasticity and resist tissue fibrosis. Effects: Repair and improve skin sensitivity.

1. Waist&Abdomen Shaping

Effects

Relieve cold hands and cold feet, cold womb or cold body of women.

1. Tighten the skin on the waist and abdomen.

2. Reduce lumbar and abdominal fat.

3. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.

4. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

Applicable Range

1. Those with cold feet and cold womb.

2. Those with lumbar and abdominal fat or who have sagging skin after birth.

3. Those sitting for a long time, or with bad waistlines.

4. Those with striae due to obesity and pregnancy.

5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

Do’s and don’ts after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

2. Arms Shaping

Effects

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children

Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.

7. Those with skin diseases and infectious diseases.

Do's and don'ts after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

3. Back Shaping Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Reduce excess fat on the back and shape the back.

Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has "three Hs", heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.
6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

Do's and don'ts after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing

3. Buttocks Shaping

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly aging.

Do's and Don'ts after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take Shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

6. Legs Shaping

Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly aging.
9. Those who are pregnant or recovering from surgery.

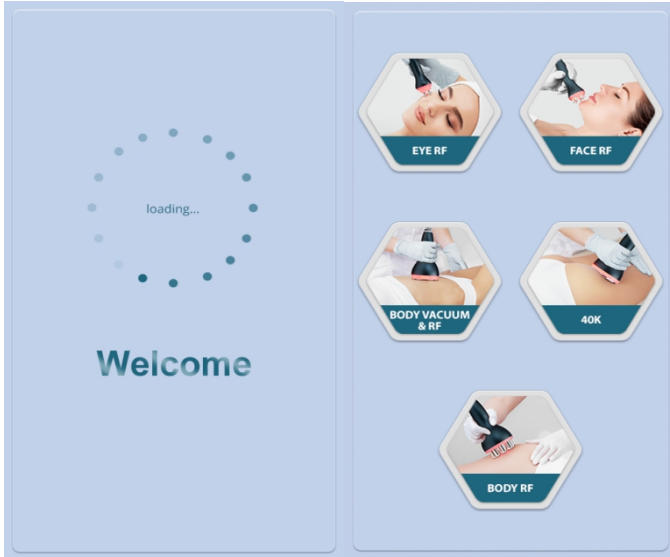
Do's and Don'ts after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid wearing miniskirts and shorts.

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



① Function Selection



Home Button



Start/Pause Button



Return



Mode Switch




Time display and adjust

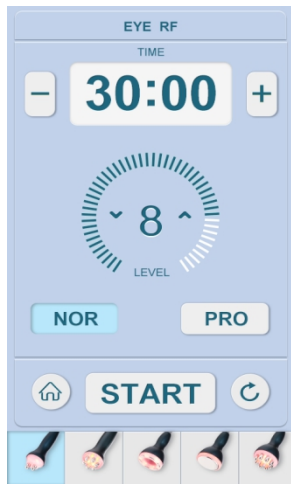


The knob is used for adjusting the suction level of the RF Vacuum. (Twist to the left to decrease the suction level and twist to the right to increase the suction level.)

② Detailed Operation: Eye RF



Tap  to go to the interface below.



Time adjustment button

Button for adjustment and display of energy level

Button for adjusting energy level of Eye RF Treatment

NOR PRO

The working mode of eye RF Treatment (NOR is smart mode, LED begins to turn red after touching the skin, and the heat of RF is released slowly to reach the energy setting. PRO is the fixed mode. After pressing the start button, the red LED is always on, and the RF temperature is directly set to the pre-set level.)

The interface of facial RF and body RF is the same as that of eye RF, and the specific time, energy level and mode are adjusted according to individual endurance and personal needs.

③ Detailed Operation: Vacuum RF



Tap to go to the interface below.





Time adjustment button



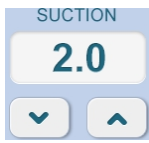
Button for adjustment and display of energy level



Button for adjusting energy level of Vacuum RF Treatment



The working mode of Vacuum RF Treatment (NOR is smart mode, LED begins to turn red after touching the skin, and the heat of RF is released slowly to reach the energy setting. PRO is the fixed mode. After pressing the start button, the red LED is always on, and the RF temperature is directly set to the pre-set level.)



Adjustment for Vacuum Suction Time(suction time is longer than the release time)

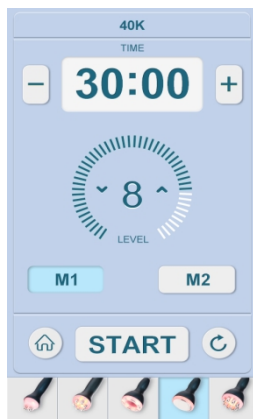


Adjustment for Vacuum Release Time(If it is "0", it is the constant suction mode)

④ Detailed Operation: 40K



Tap to go to the interface below.



Time adjustment button



Button for adjustment and display of energy level



Button for adjusting energy level of 40K Treatment

M1**M2**

40K Treatment mode (M1 is the mode of continuous energy release, that is, the handle has been releasing energy after pressing start button, which is suitable for people with thick and accumulated fat; M2 mode is non-continuous mode and suitable for people who are locally obese and want to improve body shape.)

2. Technical Parameters

Power supply Input:100V-240V
Power :190W

40K Unoisetion Cavitation 2.0 Handle
Frequency:40KHz
Power:20W

Sextupole RF Handle
Frequeuncy:1MHz
Power:30W

Vacuum RF Head
Frequeuncy:3MHz
Power:50W
Vacuum: <-80kPa
Pressure: >250kPa
Air flow: >10L/minute
Noise level:<70db(30cm away)

Bipole RF handle
Frequency: 1MHZ
Power:30W

8 Pole RF handle
Frequency: 3MHZ
Power:50W

3. User Contraindications

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are in pregnancy or lactation.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are sensitive to current.

4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.

3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. During operation, the instrument should be in full contact with the skin to avoid uneven heating or getting scalded.
14. Start from the lowest energy level and slowly add up.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.
17. When vacuum RF is used in eye area, the suction should not be overly high to avoid bad effect.
18. Products with high oil must be applied to keep skin moisturized.

5. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

4. No suction or very little suction?

A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

5. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6. FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3. Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4. Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5. Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6. Q: Will I experience rebound after operation?

A: Ultrasonic works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7. Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8. Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

10. Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

11. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

12. Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that

human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20 , women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40 , the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

13. Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What’s inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

14. Q: How does negative pressure detoxify?






A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.

7. Packing List

- 1 x main machine
- 1 x 40K RF Handle
- 1 x Vacuum RF Handle
- 1 x Facial RF Handle
- 1 x Eye RF Handle
- 1 x Body RF Handle
- 1 x Fittings Stand
- 1 x Filter
- 2 x Fuse
- 1 x Power Line

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Skin Anti-aging and Firming: 60 minutes, once a week			
Face RF	Makeup Remover+	1. Remove makeup and clean face, 5 min.	Technique 5、 7





<p>Energy level:3-7 Operation time:15-20 minutes Mode: NOR: fixed mode PRO:smart mode</p>	<p>Face Wash+Hot &Cold Steam+ Massage Cream+ Base face Essence+ Facial mask</p>	<ol style="list-style-type: none"> 2. Apply base mask and use hot steam, 10 min. 3. Clean the face, 2 min. 4. Apply toner,1 minute 5. Apply massage cream evenly on face and caress face, 3 times. 6. Push the following acupoints (Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2), 3 times. 7. Caress the whole face, 3 times. 8. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift canthus, 3 times. 9. Do the same to the other side. 10. Lift towards hairlines on forehead, 3 times. 11. Alternate hands in lifting the face as if plucking the string, 3-5 times. 12. Alternate fingers in plucking forehead towards hairline with one hand, 3-5 times 13. One side,pluck and lift face by alternating hands,2-3 minutes 14. Do the same to the other side. 15. Move in a zigzag shape on forehead with middle and ring fingers,slide to the front side of ears and lift back and forth for 3 times and pass behind ears. 16. the end 17. Face RF Operation,lift upwards from jaw to earlobe, mouth corner to ear gate, nose wing to temple, 3 times 18. Do the same on the other side. 19. Lift towards hairlines on forehead, 3 times. 20. Wash face clean,2 minutes 21.Apply face mask, 14 minutes 	<div style="text-align: center;">  <p>Technique 6</p>  <p>Technique 8、17</p>  <p>Technique 10、12、19</p>  <p>Technique 15</p>  </div>
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		22. Wash face clean, 2 minutes. 23. Apply toner, essence, face cream and sunscreen. 24. The end	
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Treatment suggestions







A course of treatment consists of ten treatment sessions. After one session, skin will be firmed and hydrated with necessary nutrients absorbed. After a full course, skin will be lifted and glossy. Two courses help increase skin smoothness and plumpness and make face contour clearer. Three courses help increase skin metabolism and detoxification, fade pigmented spots and brighten dull skin, prevent skin sagging and aging and make the collagen at the bottom layer of skin regenerate to realize skin rejuvenation, smoothness, firming and glossiness.

Eye Wrinkle Reduction: 25 minutes, 2-3 times a week

<p>Eye RF Energy level: 3-7 Operation time: 10-15 minutes Mode: NOR: fixed mode PRO: smart mode</p>	<p>Makeup remover+ Face wash+ Essence/Eye Cream+ Eye masks+ MS-22S5SB</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply essence (Eye cream) evenly around eyes, 3 times. 4. Eye RF Operation, set the energy level, mode and time: about 10 minutes 5. Lift from lower eyelid to eye corner, 3-6 times 6. Lift from lower eyelid to temple, 3-6 times 7. Move the probe beneath lower eyelid in small circles and move all the way to the temple, 3-6 times. 8. Lift from beneath lower eyelid towards temple, 3-6 times 9. Lift from eye bone to hairline, 3-6 times 10. Do the same on the other side. 11. Wash eye area clean, 1 minute 12. Apply eye mask, 15 minutes 13. Remove eye mask and wash eye area clean, 2 minutes. 14. Apply eye essence 	<p>Technique 3</p>  <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 8、9</p>
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Neck Treatment: 60 minutes, once a week

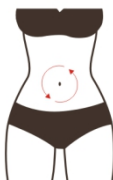
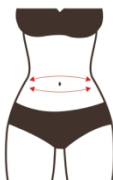
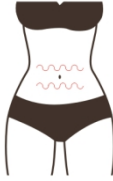
<p>Neck RF Energy level: 3-7 Operation time: 10-15 minutes Mode: NOR: fixed mode PRO: smart mode</p>	<p>Makeup Remover+ Face Wash+ Massage Cream+ Essence+ Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and cleanse neck, 5 min. 2. Apply toner, 1 min. 3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and press Gb-20 and Du-16 acupoint, 3 times. 4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times. 7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times. 8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times. 9. Do the same on the other side. 10. The end 11. Neck RF Operation, 12. coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times. 12. Move the device in circles on one side of neck to pass under armpit, 3 times. 13. Slide the device from 	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5, 6, 7</p>  <p>Technique 11</p>  <p>Technique 12</p>  <p>Technique 14</p> 
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		<p>internal and external clavicle to the armpit, 3-5 times.</p> <p>14. Move the device in circles on the whole neck area, 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean neck with hot towel, 2 minutes.</p> <p>17. Apply neck mask, 15 minutes.</p> <p>18. Clean neck with hot towel, apply hot compresses for 15 minutes</p> <p>19. Apply toner, eye essence, neck essence, neck cream and sunscreen.</p> <p>20. the end</p>	
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Treatment Suggestions

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Shaping Waist&Abdomen: 60 min, once a week

<p>40K RF Energy level:3-7 Operation time:10-15 minutes Mode selection: M1:constant mode M2:non-constant mode</p> <p>Vacuum RF Energy level:3-7 Operation time:10-15 minutes Mode: NOR: fixed mode PRO: smart mode SUCTION: suction time RELEASE: release time Suction&release time</p>	<p>Massage Cream(essence)+Gel+MS-22S5SB</p>	<ol style="list-style-type: none"> 1. Massage by hands 2. Apply and rub oil on abdomen with hands, 3 times. 3. Rub stomach back and forth with both hands, 3-5 times. 4. Knead abdomen with both hands using chiropractic techniques, 3 times. 5. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times. 6. Move hands as if writing an "8" number on waist, 3 times. 7. Overlap hands and message the intestinal canal clockwise, 3 times. 8. Move hands in circular motion and caress the treatment area, 3 times. 9. Push on the following 	<p>Technique 2、8、11</p> 
			<p>Technique 3、19</p> 
			<p>Technique 4</p> 

can be freely adjusted. When release time is 0, it is on the constant suction mode.

acupoints: Ren-13, Ren-12, Ren-10, Ren-8, Ren-6, Ren-4, Ren-3, St-25, SP-15, Ren-2, RN-2 2 times.

10. Starting from Ren-3 point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.

11. Caress the treatment area with hands and slide to groin.

12. the end

13. **4OK** operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.

14. Repeat the previous operation on the other side, 3 times.

15. Move the device on abdomen in small circular motions, 3 times.

16. Move the device on abdomen in big circular motions, 3 times.

17. **Vacuum RF**

Operation: constant suction mode, Starting from one side of the waist, lift the probe to abdomen, 3 times

18. Lift on the other side

19. Lift Meridian BV (Belt Vessel) laterally in a back-and-forth way, 3 times

20. Move the probe up and down to shape the waist, 3 times.

21. Move the device on abdomen in big circular motions, 3 times.

22. Starting from one side of the waist, lift the probe to abdomen, 3 times

23. The end.

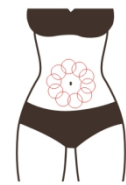
Technique 5



Technique 6



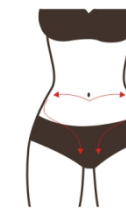
Technique 7



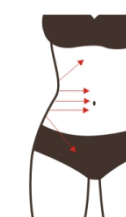
Technique 9



Technique 10




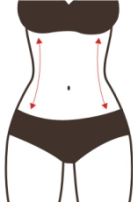
Technique 13、17、22



Technique 15



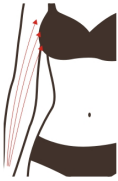


Technique 16、21





			
			<p>Technique 20</p> 

Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment session, abdomen is heating up, metabolism is accelerated. After one course, fat is slowly reduced through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant fat gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Arm Shaping:60 minutes, once a week

<p>40K RF Operation time:10-15 minutes Energy level:3-7 Mode selection: M1:constant M1:non-constant</p>	<p>Essential oil+ Gel+ Towel+ MS-22S5SB</p>	<ol style="list-style-type: none"> Techniques Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. Push the entire arm with both palms, 3 times. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times. Caress the treatment area, 3 times. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times. Caress the treatment area, 3 times. Lay inner arm upwards, and 	<p>Technique 2、3、4、5、6、7</p> 
<p>Body RF Energy level:3-7 Operation:20-30 minutes Mode: NOR: fixed mode PRO: smart mode</p>			<p>Technique 8、9</p> 
			<p>Technique 10</p>  <p>Technique 13、16、21、24</p>



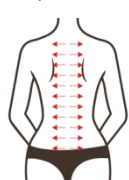

	<p>push hands tracing three yin channel on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>9. Rub three channels back and forth with kneeling fingers till they turn hot, 3 times.</p> <p>10. Caress the treatment area and slide to fingers.</p> <p>11. Repeat the previous operation on another side.</p> <p>12. The end of massage technique.</p> <p>13. 4OK device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>14. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>15. You may double the operation on flabby arms, 3 times.</p> <p>16. Trace three channels to armpit, 3 times.</p> <p>17. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>18. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>19. Trace three channels from upper arm to armpit.</p> <p>20. Do the same on the other side.</p> <p>21. Body RF operation:Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>22. Trace three channels on upper arm and move the probe in circles to armpit, 3 times.</p> <p>23. You may double the operation on flabby arms, 3 times.</p> <p>24. Trace three channels to armpit, 3 times.</p> <p>25. Lay inner arm flatwise and</p>	  <p>Technique 14、15、 22、 23</p> <p>Technique 17、25</p>  <p>Technique 19、27</p> 
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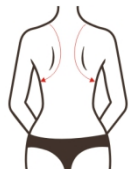

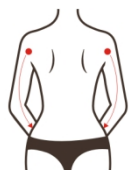
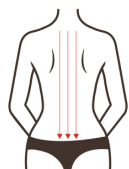
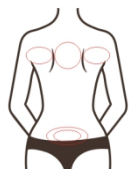

		<p>push three channels on upper arm to armpit, 3 times.</p> <p>26. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>27. Trace three channels from upper arm to armpit.</p> <p>28. Do the same on the other side.</p> <p>29. The end.</p>	
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Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment begins to shape the arms, strengthen the effect, dredge meridians, and enhance the constitution. 3 courses help consolidate effects and prevent rebound.

Back Shaping :60 min, once a week

<p>Body RF Energy level:3-7 Operation time:15-20 minutes Mode: NOR:fixed mode PRO: smart mode</p> <p>Vacuum RF Energy level:3-7 Operation time:15-20 minutes Mode: NOR:fixed mode PRO: smart mode SUCTION: suction time RELEASE: release time Suction&release time can be freely adjusted.When release time is 0, it is on the constant suction mode</p>	<p>Massage cream(essential oil)+MS-22S5SB</p>	<ol style="list-style-type: none"> Techniques Apply oil on back and press Gb-20 and Du-16 points. Apply oil on back and press Gb-20 and Du-16 points. Move thumb outwards from Bladder Meridian(BL) to the 8 Crevice Area and then to Gb-20 and Du-16 points. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. Push Bladder Meridian(BL) with thumb in left-right order, 3 times. Push Bladder Meridian(BL) to the 8 Crevice Area with both thumbs, at the same time, 3 times. Push Bladder Meridian(BL) in three kneeling fingers, 3 times. Push scapula slot with both hands alternately in left-right order, 3-6 times. Push scapula slot with both hands horizontally, 3-6 times. Caress the back with both hands and push Gb-20 and Du-16 points, 3 times. 	<p>Technique 2、11</p> 
			<p>Technique 3</p> 
			<p>Technique 4</p> 
			<p>Technique 5</p> 
			<p>Technique 6、7、8、14</p>


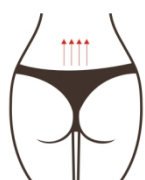
	<p>12. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times.</p> <p>13. Do the same on the other side, 3 times</p> <p>14. Rub Meridian GV and Bladder Meridian(BL) with hands until they turn hot.</p> <p>15.the end</p> <p>16. Body RF Operation:Starting from Meridian GV to Bladder Meridian(BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>17. Move the device in circles on Du-14 point, and the 8 Crevice area , 3-5 times respectively.</p> <p>18. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>19. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>20. Move the device horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>21. Move the probe upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>22. Lift from sides of the waist upwards till armpit, 3-5 times.</p> <p>23. Vacuum RF Operation:Starting from Meridian GV to Bladder Meridian(BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>24. Move the device in circles on Du-14 point, and the 8 Crevice area , 3-5 times respectively.</p> <p>25. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>26. Lift the probe on scapula slot in left-right order, 3-5 times.</p> <p>27. Move the device</p>	 <p>Technique 9、 19、 26</p>  <p>Technique 10、 19、 26</p>  <p>Technique 12、 13</p>  <p>Technique 16、 23</p>  <p>Technique 17、 24</p>  <p>Technique 18、 25</p>  <p>Technique 20、 27</p>
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		<p>horizontally on the back as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>28. Move the probe upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>29. Lift from sides of the waist upwards till armpit, 3-5 times.</p> <p>30. The end</p>	 <p>Technique 21、 28</p>  <p>Technique 22、 29</p> 
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Treatment suggestions

A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, refine back line, strengthen visceral function, improve digestion, detoxification and metabolism, (a course of treatment is to reduce fat, two courses are to strengthen effect, three courses help with consolidation and avoid rebound.)

Buttocks Shaping: 60 min, once a week

<p>Vacuum RF Energy level:3-7 Operation time:20-30 minutes Mode: NOR:fixed mode PRO:SMART mode SUCTION: suction time RELEASE: release time Suction&release time can be freely adjusted.When release time is 0, it is</p>	<p>Massage Cream(essential oil)+MS-22S5SB</p>	<ol style="list-style-type: none"> 1. Massage techniques 2. Standing on the side, accumulate oil on hands and then slide to the waist from the 8 Crevice Area and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.) 3. Push the 8 Crevice area with two thumbs, 3 times. 4. Caress the treatment area for 3 times and then press point: BL-23, 8 Crevice area, Du-1, Gb-30, BL-36, 3 times. 5. Caress the treatment area, 3 times. 	<p>Technique 2、 5、 11</p>  <p>Technique 3</p>  <p>Technique 4</p>
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<p>on the constant suction mode</p>		<p>6. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times each.</p> <p>7. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) from thigh root to Meridian upwards, 3 times each.</p> <p>8. Overlap both palms and push up together from thigh root to pulse (lifting) ,3 to 5 times.</p> <p>9. Push your hands in a bottom-to-top way from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.</p> <p>10. Repeat step 7</p> <p>11. Caress the treatment area.</p> <p>12. The technique on the other side is the same as above.</p> <p>13. The end</p> <p>14. Vacuum RF Operation:lift from the thigh root to Meridian BV in lines, 3 times.</p> <p>15. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>16. Move in small circles on hip, 3-5 times</p> <p>17. Lift from the thigh root to Meridian BV in lines, 3 times.</p> <p>18. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. The end</p>	 <p>Technique 6、 14、 17</p>  <p>Technique 7、 10</p>  <p>Technique 9、 15、 18</p>  <p>Technique 16</p> 
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Treatment Suggestions

A course of treatment. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are

improved. It also help consolidate the effect, and increase the female charm.

Leg Shaping: 60 minutes, once a week

40K RF

Energy level:3-7
Operation time:10-15 minutes
Mode selection:
M1:constant mode
M2: non-constant mode

Vacuum RF

Energy level:3-7
Operation time:10-15 minutes
Mode:
NOR: fixed mode
PRO: smart mode
SUCTION: suction time
RELEASE: release time
Suction&release time can be freely adjusted.When release time is 0, it is on the constant suction mode

Massage
Cream(essential oil)+gel+MS-22S5SB

1. Massage techniques
2. Left-right order: apply and rub oil in from calf to thigh to heel, 3 times.
3. Alternately push the entire leg from bottom to top with heels of palms and then push back to the heel, 3 times.
4. Move hands upwards to push four main collateral channels: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with fingers spread and hukou pointing upwards.
5. Push popliteal fossa with both hands alternately, 3 times.
6. Twist both hands upwards alternately as if twisting a fried dough, 3 times.
7. Caress the treatment area, 3 times.
8. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.
9. Caress the treatment area, 3 times.
10. Do the same on the other side.
11. The end
12. **40K** operation: Move the probe from foot to popliteal fossa to push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB), 3 times.
13. Move the probe in small circular motion on calf, 3 times.
14. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.
15. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.

Technique 2、3、4、5、7、8、9



Technique 6



Technique 12、15、17、20、23



Technique 13、16、21、24




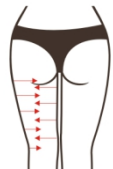
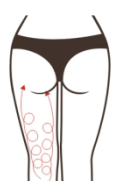



Technique 15、17、23

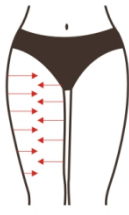
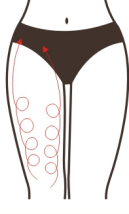


Technique 16、18、21、24



Technique 13、21

	<p>16. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>17. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>18. Move in small circles on thigh to dissolve fat, 3-5 times</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum RF Operation: lift from heel to popliteal fossa with hands, 3 times</p> <p>21. Move in small circles on calf, 3 times</p> <p>22. Move on calf from top to bottom back and forth, 3-5 times.</p> <p>23. Lift from popliteal fossa to thigh root, 3 times.</p> <p>24. Move the probe in small circles on thigh, 3 times.</p> <p>25. Lift from two sides of leg to the middle, 3 times.</p> <p>26. Lift upwards from two sides of thigh in annular motion</p> <p>27. Do the same on the other side.</p> <p>28. Massage the front side of legs: rub oil into skin from feet to thigh root (caress the treatment area), 3 times</p> <p>29. Push four main collateral channels: Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB) to thigh root with fingers spread and hukou pointing upwards.</p> <p>30. Push four collateral channels with kneeling fingers of both hands, 3 times</p> <p>31. The end</p> <p>32. Do the same on the other side.</p> <p>33. 40K Operation: Lift the probe towards knee from calf while tracing 3 meridians, 3 times (start from thigh if there's not enough unwanted fat on calf.)</p>	 <p>Technique 25</p>  <p>Technique 26</p>  <p>Technique 29、 30、 33、 35、 38、 40、 42</p>  <p>Technique 34、 37</p>  <p>Technique 36、 41</p>  <p>Technique 42</p>
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	<p>34. Move the probe on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>35. Lift the probe from knee to thigh root in lines, 3 times.</p> <p>36. Move the probe in small circles on thigh, 3 times.</p> <p>37. Lift the probe from knee to thigh root in annular motion, 3 times.</p> <p>38. Lift the device from knee to thigh root in parallel lines, 3 times.</p> <p>39. Vacuum RF Operation:Lift the probe towards knee from calf while tracing 3 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>40. Lift from knee to thigh root,3 times</p> <p>41. Move in small circles on thigh,3 times.</p> <p>42. Lift from two sides of thighs to the middle,3-5 times.</p> <p>43. Lift upwards on two sides of thigh in annular motion.</p> <p>44. Do the same on the other thigh.</p> <p>45. The end.</p>	 <p>Technique 43</p> 
<p>Treatment Suggestions</p> <p>A course of treatment consists of ten treatment sessions. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.</p>		