

User Manual

MS-21S7



Preface

Dear Users,

We're pleased to present to you our latest beauty machine featured with facial ion rejuvenation stick, BIO micro-current, face RF, face ultrasound and cold&hot hammer. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Ion rejuvenation stick, BIO micro-current, face RF, face ultrasound and cold&hot hammer machines are currently the most popular beauty machines that work on skin-firming, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to regenerate in dermis, and increases blood circulation in hypodermis, which can achieve skin firming and anti-aging. Ultrasounds with specific frequencies promote skin absorption, which brings customers amazing effect.

Advantages

1. 5-in-1 multifunctional beauty machine that solves the problems in face care.
2. Face ultrasound improves skin penetration and absorption to lift and firm skin.
3. Various working heads can be replaced in different parts according to different requirements.
4. One working head has multiple functions with RF having higher frequency and more energy to release in a more even way.
5. The perfect combination of face ultrasound and face RF can solve the problem of slow skin absorption, promote skin absorption and at the same time tighten skin and increase skin elasticity, making face metabolize quickly and enhancing skin immunity.
6. Adopting the cutting-edge technology of ultrasonic radio frequency.
7. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no recovery period, which will not affect customer's life and work.
8. No consumption, low cost and quick returns.
9. Wider treatment range in both face and body.
10. Unevenness, bleeding, and swelling will not appear after treatment.
11. Multiple heads have the energy release of red LED light. They can dissolve fat and massage and accelerate metabolism and sterilize skin at the same time. The effect is remarkable with a higher comfort level.

Facial Firming and Anti-Aging

Working Principles

BIO: BIO uses high-tech micro-current principle to activate deep cells and make skin metabolize better. Micro-current stimulates intracellular energy to promote cell metabolism and synthesis, rearranges collagenous fiber and elastic fibers, blocks and eliminates melanin formation, accelerates cell growth and blood circulation, and stimulate fibrous cell tissue to produce collagen to increase skin elasticity. It plays an important role in repairing aging skin and acne skin, reducing spots, lifting and firming skin and relieving sunburn and so on.

Biological effect: based on micro-current principle, it can activate deep cells so that the skin has better metabolism. Micro-current can stimulate intracellular energy and increase glycogen and protein content, so as to promote cell metabolism and synthesis.

Ion Rejuvenation Stick

Through 1mA micro-current, the principle of homopolar repulsion and heteropolar attraction is used to promote the blood circulation of the skin, activate the underlying cells of the skin, make the active substances permeate into the skin, help the skin better absorb, and increase skin elasticity and tighten the skin, so as to achieve the effect of anti-aging.

Face RF

RF wave can directly penetrates the skin and uses the resistance formed by the skin to produce energy, which increases the temperature of the bottom layer of the skin. Using the principle of dermis collagen protein tightening and stimulating collagen protein regeneration, it has two therapeutic effects: timely skin firming and lasting collagen protein regeneration.

After treatment, an obvious sense of contraction can be felt immediately at the treatment area, and the effect of skin firming and lifting can be seen about a month later, and the effect will become more and more obvious. The effect of RF treatment can last for about 18 months to 3 years depending on the area of treatment and individual maintenance methods, which, however, may be longer depending on individual maintenance methods. The latest research points out that better results can be achieved after repeated treatment.

Face Ultrasound

The facial ultrasonic beauty instrument uses the principle of high-frequency vibration to make high-frequency vibration wave of 28000 HZ/ second penetrate into the subcutaneous tissue at a depth of 4~6mm. Ultrasound has high energy and strong permeability, which can drive facial cells to vibrate accordingly. It can not only drive pore grease out, but also change the volume of cells to improve blood circulation, which can stimulate cell regeneration and make the skin shiny and elastic. Secondly, because of the heat effect caused by its high-frequency vibration, it also has the function of quickly introducing nutrition into the skin, which can make the skin better absorb the nutrients of the skin care products.

Cold&Hot Hammer:

The heat hammer uses special ceramic to absorb energy. The heat produced by the ceramic absorbing energy produces heat effect of up to 40 degrees on one side through the method of physical heat accumulation. This heat effect can not only quickly channel beauty nutrients into the skin so that the skin can better absorb nutrients of skin care products, but also stimulate skin blood circulation and increase the metabolic rate of the skin. The cold hammer uses the principle of air-conditioner. The use of special ceramic to absorb energy, which can achieve the effect of-5 degrees cooling in an instant. The heat produced by the ceramic absorbing energy produces heat effect of up to 40 degrees on one side through the method of physical heat accumulation and the fan discharges the excess heat energy, which achieves the effect of alternating constant temperature and freezing. It can promote metabolism, relieve allergic reactions, shrink pores, calm skin, and whiten and rejuvenate skin.

Biological effect: when hot hammer is working, it makes people feel warm and comfortable, which can relax muscles, keep the balance of vegetative nervous system, open pores and extend blood vessels to make skin absorb nutrients quickly. It is a milder and more comfortable absorbing way. When cold hammer is working, it cools down tissues, constricts blood vessels and veins, reduces the metabolic rate, inhibits and slows down the cell activity, reduces the sensitivity of the peripheral nerve to play a calming and soothing effect, and relieves skin swelling and pain, especially for allergic skin. Therefore, it can achieve the effect of calming skin, relieve skin redness and swelling and constricting pores and so on. The alternating use of cold

and heat hammer has multiplying effect on skincare, and can activate cells, improve skin texture, and promote blood circulation and skin metabolism.

Effects

1. Firm face, absorb nutrition at deep skin layer.
2. Increase skin elasticity and exquisiteness.
3. Moisturize the skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve double chin and tighten the skin.
6. Stimulate collagen proliferation and delay aging.

Applicable Range:

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds , wrinkles at eye corners.
4. Those whose face contours are not clear.
5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth

Inapplicable Range:

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.
2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, wrinkle removal, or plastic surgery.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Over-aging population.
7. Those who are in menstruation, pregnancy, lactation, surgical recovery.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic illusions about the effect.

Do's and Don'ts after operation

1. Do not wash your face with overheated water for three days (you can wash your face with warm or cold water).
2. Strengthen hydration, moisturizing and avoid sunburn.
3. Do not go for hot springs, saunas, violent exercise, etc., for three days.
4. It is recommended to apply the mask at least three times a week.
5. Avoid eating spicy and greasy food, avoid staying up late, smoking and drinking, and eat more fruits and vegetables and food with less grease.
6. Avoid those food which leads to high blood pressure, high cholesterol and high blood sugar.

In the process of treating the eye, the RF instrument uses the radio frequency wave to make the bottom layer of the eye skin quickly heat up and promote the collagen growth of the skin, so as to achieve the effect of firming the skin around the eye, removing the bags under the eyes, removing dark circles, and relieving bloodshot eyes lines and reducing fine lines.

Eye Anti-aging

1. Principles

In the process of treating the eye, the RF instrument uses the radio frequency wave to make the bottom layer of the eye skin quickly heat up and promote the collagen growth of the skin, so as to achieve the effect of firming the skin around the eye, removing the bags under the eyes, removing dark circles, and relieving bloodshot eyes lines and reducing fine lines.

Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supplement eyes with nutrition and moisturize skin.
6. Firm and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those who frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction and have severe sensitive skin or are allergic to metals.
4. Those who have skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those who have skin diseases and contagious diseases.

Do's and Don'ts after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, going for hot springs or other violent exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use. It will be preferable to use eye masks 3 times or more a week.

Neck Anti-aging

Face RF: RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin.

Effects

1. Reduce the flabbiness, roughness and dullness of the neck skin.
2. Firm skin and increase skin elasticity.
3. Remove double chin.
4. Accelerate lymph detox and improve facial skin.
5. Prevent neck and lymph diseases.

Applicable Range

1. Those with rough and dull skin on the neck.
2. Those with lymphatic blocking
3. Those with sagging and inelastic neck skin.
4. Those who often bow their heads
5. Those who are not satisfied with their skin colour.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

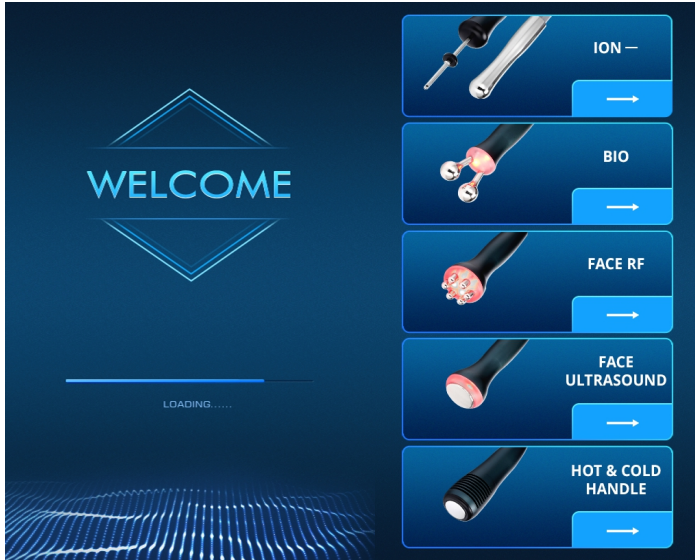
Do's and Don'ts after Operation

1. Avoid sunburn. Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, go for hot springs or violent exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, Use masks at least 3 times a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



① Function Selection



Home Button



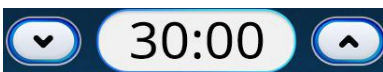
Start/Pause Button



Return



Mode Switch

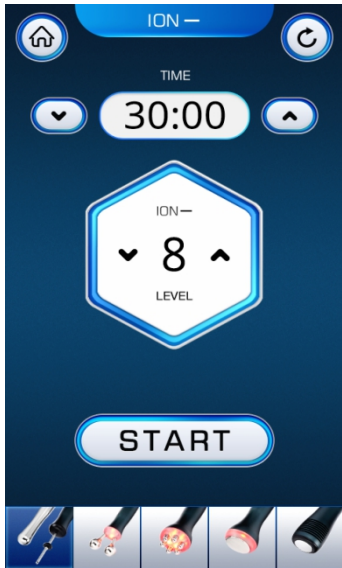


Time display and adjustment

② Detailed Operation: Ion Rejuvenation Stick



Tap  to go to the interface below.



Time adjustment button



Button for adjustment and display of energy level



Button for adjusting energy level of Ion rejuvenation stick



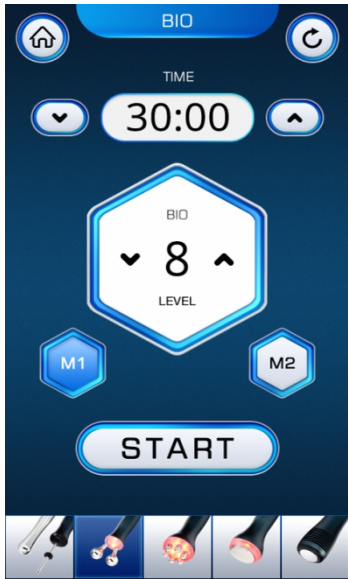
Ion clip is negative electrode(before treatment, do fix wet cotton pad on the clip. It can not touch skin directly)

Ion stick is positive electrode(it can be held by customers only when the stick is wrapped by wet cotton pad)

③ Detailed Operation: BIO



Tap  to go to the interface below.



Time adjustment button



Button for adjustment and display of energy level



Button for adjusting energy level of BIO

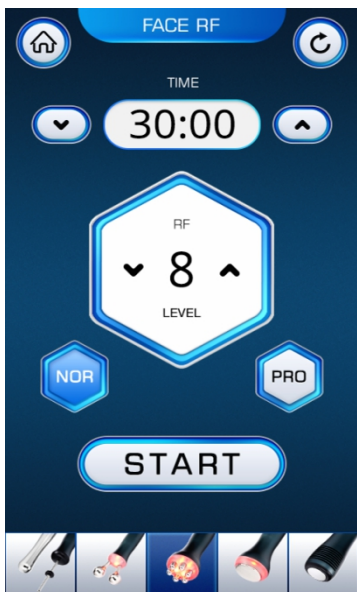


Working mode selection for BIO(M1 is constant mode,M2 is non-constant mode)

④ Detailed Operation: Face RF



Tap to go to the interface below.





Time adjustment button



Button for adjustment and display of energy level



Button for adjusting energy level of face RF

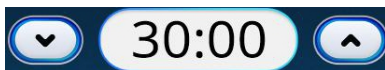
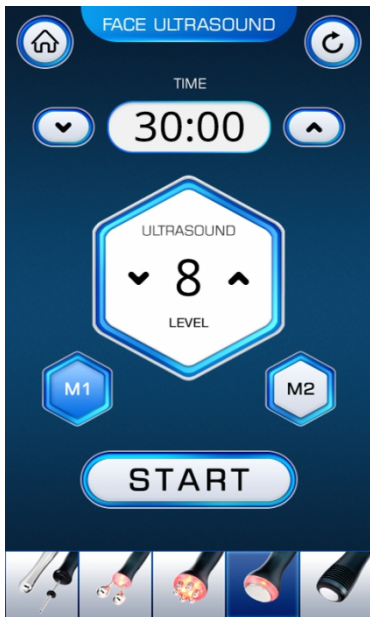


Working mode selection for face RF(NOR is fixed mode: after pressing start button, the red light is on and the temperature of RF is directly set at fixed value. PRO is smart mode: after the handle touches skin, the red light is turned on and temperature of RF begins to slowly increase to fixed value.)

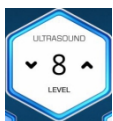
⑤ Detailed Operation of Face Ultrasound



Tap to go to the interface below.



Time adjust button



Button for adjustment and display of energy level



Button for adjusting energy level of face ultrasound

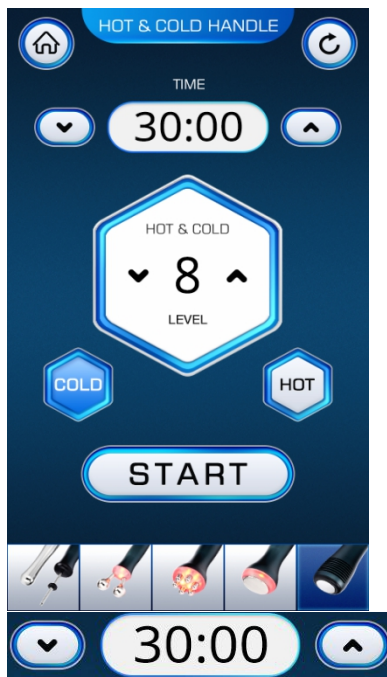


Working mode selection for face ultrasound(M1 is constant mode, M2 is non-constant mode)

⑥ Detailed Operation of Cold&Hot Hammer



Tap to go to the interface below.



Time adjustment button



Button for adjustment and display of energy level



Button for adjusting energy level of cold&hot hammer



Button for cold and hot modes selection

2. Technical Parameters

Power supply Input:100V-240V
Power :190W

BIO microcurrent Probe:
Power supply output:24V
Frequency:1.5K
Power:1W

Sextupole RF Handle
Frequency: 1MHz
Power: 30W

Working mode: Ultrasonic high frequency (1MHz)
Output frequency: 7W
Output voltage: DC 15V

Cold Hot Hammer
Cold: 0-5 degree
Hot: 45 degree

Ion- Probe:
Power: 5W

3. User Contraindications

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are in pregnancy or lactation.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are sensitive to current.

4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please do not use the device on eyes, thyroid, parathyroid and so on.
8. Patients who are suffering from illness should consult a doctor and get permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. During operation, the instrument should be in full contact with the skin to avoid uneven heating.
12. Start from the lowest energy level and slowly add up.

13. When using this device, the treated parts must be kept moist and dry skin should be avoided.
14. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

5. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

4. I can start the instrument, but the screen show's error message?

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

6. FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry about that.

3. Q: What are all the functions of this instrument?

A: It can smooth and rejuvenate skin, and lift and firm skin for anti-aging. It can also shape face contour, reduce wrinkles and restrain skin sagging and promote skin immunity.

4. Does this treatment have side effects on face?

RF anti-aging treatment is a non-invasive treatment, which is currently one of the safest and most effective methods to reduce wrinkles and lift and firm skin. Generally speaking, there will be no side effects. A few people may have temporary skin redness or swelling, which will disappear after a few hours. And some dry skin will dry and atrophy after the first treatment because RF heat can cause the skin to lose moisture. However, collagen will become full at the beginning of its regeneration, and these symptoms will disappear after three days. There are no side effects on the face.

5. Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20 , women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40 , the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

7. Packing List

- 1 x Main Machine
- 1 x Ion Clip Handle
- 1 x Negative Electrode Handle
- 1 x BIO Handle
- 1 x Face RF Handle
- 1 x Face Ultrasound Handle
- 1 x Cold&Hot Hammer Handle
- 2 x Fittings Stand
- 2 x Fuse
- 1 x Power Line

8. Operational Diagrams

Parameter	Product	Techniques	Diagrams
Adjustment			

Skin Anti-aging and Firming: 60 minutes, once a week

Face Ultrasound
 Energy level:3-7
 Operation time:5-10 minutes
 Mode:
 M1: constant mode
 M2: non-constant mode

Face RF
 Energy level:3-7
 Operation time:5-10 minutes
 Mode:
 NOR: fixed mode
 PRO: smart mode

Cold&Hot Hammer:
 Energy level:3-7
 Operation time:5-10 minutes
 Mode:
 COLD: cold mode
 HOT: hot mode

Makeup Remover+ Face Wash+Hot &Cold Steam+ Massage Cream+ Base face Essence+ Facial mask

1. Remove makeup and clean face, 5 min.
2. Apply base mask and use hot steam, 10 min.
3. Clean the face, 2 min.
4. Apply toner,1 minute
5. Apply massage cream evenly on face and caress face, 3 times.
6. Push the following acupoints (Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2), 3 times.
7. Caress the whole face, 3 times.
8. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift corners of eyes, 3 times.
9. Do the same to the other side.
10. Lift towards hairlines on forehead, 3 times.
11. Alternate hands in lifting the face as if plucking the string, 3-5 times.
12. Alternate fingers in plucking forehead towards hairline with one hand, 3-5 times
13. One side,pluck and lift face by alternating hands,2-3 minutes
14. Do the same to the other side.
15. Move in a zigzag shape on forehead with middle and ring fingers,slide to the front side of ears and lift back and forth for 3 times and pass behind ears.
16. The end
17. **Face Ultrasound** Operation: lift line by line from jaw to

Technique 5、 7



Technique 6



Technique 8、 17、 20、 23



Technique 10、 12、 19、 22、 25




Technique 15



		<p>earlobe, corner of mouth to ear center, and nose wing to temple, 3 times.</p> <p>18. Do the same on the other side</p> <p>19. Lift from forehead to hairline, 3 times.</p> <p>20. Face RF Operation, lift upwards from jaw to earlobe, mouth corner to ear center, nose wing to temple, 3 times</p> <p>21. Do the same on the other side.</p> <p>22. Lift towards hairlines on forehead, 3 times.</p> <p>23. Cold&Hot Hammer Operation: lift upwards from jaw to earlobe, mouth corner to ear center, nose wing to temple, 3 times</p> <p>24. Do the same on the other side.</p> <p>25. Lift towards hairlines on forehead, 3 times.</p> <p>26. Wash face clean, 2 minutes</p> <p>27. Apply face mask, 15 minutes</p> <p>28. Wash face clean, 2 minutes.</p> <p>29. Apply toner, essence, face cream and sunscreen</p> <p>30. The end</p>	
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Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one session, skin will be firmed and hydrated with necessary nutrients absorbed. After a full course, skin will be lifted and glossy. Two courses help increase skin smoothness and plumpness and make face contour clearer. Three courses help increase skin metabolism and detoxification, fade pigmented spots and brighten dull skin, prevent skin sagging and aging and make the collagen at the bottom layer of skin regenerate to realize skin rejuvenation, smoothness, firming and glossiness.

<p>BIO Energy level:3-7 Operation time:5-10 minutes Mode: M1: constant mode M2: non-constant mode</p> <p>Cold&Hot</p>	<p>Makeup Remover+ Face Wash+Hot &Cold Steam+ Massage Cream+ Base face Essence+</p>	<p>1. Remove makeup and clean face, 5 min.</p> <p>2. Apply base mask and use hot steam, 10 min.</p> <p>3. Clean the face, 2 min.</p> <p>4. Apply toner, 1 minute</p> <p>5. Apply massage cream evenly on face and caress face, 3 times.</p> <p>6. Push the following</p>	<p>Technique 5、 7</p>  <p>Technique 6</p>
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<p>Hammer: Energy level:3-7 Operation time: 5-10 minutes Mode: COLD: cold mode HOT: hot mode</p>	<p>Facial mask</p>	<p>acupoints (Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2), 3 times.</p> <p>7. Caress the whole face, 3 times.</p> <p>8. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift corners of eyes, 3 times.</p> <p>9. Do the same to the other side.</p> <p>10. Lift towards hairlines on forehead, 3 times.</p> <p>11. Alternate hands in lifting the face as if plucking the string, 3-5 times.</p> <p>12. Alternate fingers in plucking forehead towards hairline with one hand, 3-5 times</p> <p>13. One side,pluck and lift face by alternating hands,2-3 minutes</p> <p>14. Do the same to the other side.</p> <p>15. Move in a zigzag shape on forehead with middle and ring fingers,slide to the front side of ears and lift back and forth for 3 times and pass behind ears.</p> <p>16. the end</p> <p>17. BIO Operation: lift line by line from jaw to earlobe, corner of mouth to ear center, and nose wing to temple, 3 times.</p> <p>18. Do the same on the other side</p> <p>19. Lift from forehead to hairline, 3 times.</p> <p>20. Cold&Hot Hammer Operation: lift upwards from jaw to earlobe, mouth corner to ear center, nose wing to temple, 3 times</p> <p>21. Do the same on the other side.</p> <p>22. Lift towards hairlines on</p>	<div data-bbox="1173 203 1295 398" data-label="Image"> </div> <hr/> <p data-bbox="1091 416 1334 488">Technique 8、 17、 20</p> <div data-bbox="1173 506 1295 701" data-label="Image"> </div> <hr/> <p data-bbox="1091 719 1283 790">Technique 10、 12、 19、 22</p> <div data-bbox="1173 808 1295 1003" data-label="Image"> </div> <hr/> <p data-bbox="1091 1021 1270 1048">Technique 15</p> <div data-bbox="1173 1066 1295 1261" data-label="Image"> </div>
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		forehead, 3 times. 23. Wash face clean, 2 minutes 24. Apply face mask, 15 minutes 25. Wash face clean, 2 minutes. 26. Apply toner, face cream and sunscreen 27. The end	
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Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one session, skin will be firmed and hydrated with necessary nutrients absorbed. After a full course, skin will be lifted and glossy. Two courses help increase skin smoothness and plumpness and make face contour clearer. Three courses help increase skin metabolism and detoxification, fade pigmented spots and brighten dull skin, prevent skin sagging and aging and make the collagen at the bottom layer of skin regenerate to realize skin rejuvenation, smoothness, firming and glossiness.

Skin Anti-aging and Firming: 60 minutes, once a week

<p>Ion Rejuvenation Stick Energy level: 3-7 Operation time: 5-10 minutes Ion clip is negative electrode (before treatment, do fix wet cotton pad on the clip. It can not touch skin directly) Ion stick is positive electrode (it can be held by customers only when the stick is wrapped by wet cotton pad)</p> <p>Cold&Hot Hammer: Energy level: 3-7 Operation time: 5-10 minutes Mode: COLD: cold mode HOT: hot mode</p>	<p>Makeup Remover+ Face Wash+Hot & Cold Steam+ Massage Cream+ Base face Essence+ Facial mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply base mask and use hot steam, 10 min. 3. Clean the face, 2 min. 4. Apply toner, 1 minute 5. Apply massage cream evenly on face and caress face, 3 times. 6. Push the following acupoints (Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2), 3 times. 7. Caress the whole face, 3 times. 8. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift corners of eyes, 3 times. 9. Do the same to the other side. 10. Lift towards hairlines on forehead, 3 times. 11. Alternate hands in lifting the face as if plucking the 	<p>Technique 5、7</p>  <p>Technique 6</p>  <p>Technique 8、17、20</p>  <p>Technique 10、12、19、22</p>
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	<p>string, 3-5 times.</p> <p>12. Alternate fingers in plucking forehead towards hairline with one hand, 3-5 times</p> <p>13. One side, pluck and lift face by alternating hands, 2-3 minutes</p> <p>14. Do the same to the other side.</p> <p>15. Move in a zigzag shape on forehead with middle and ring fingers, slide to the front side of ears and lift back and forth for 3 times and pass behind ears.</p> <p>16. the end</p> <p>17. Ion Rejuvenation Stick Operation: lift line by line from jaw to earlobe, corner of mouth to ear center, and nose wing to temple, 3 times.</p> <p>20. Do the same on the other side</p> <p>21. Lift from forehead to hairline, 3 times.</p> <p>20. Cold&Hot Hammer Operation: lift upwards from jaw to earlobe, mouth corner to ear center, nose wing to temple, 3 times</p> <p>21. Do the same on the other side.</p> <p>22. Lift towards hairlines on forehead, 3 times.</p> <p>23. Wash face clean, 2 minutes</p> <p>24. Apply face mask, 15 minutes</p> <p>25. Wash face clean, 2 minutes.</p> <p>26. Apply toner, essence, face cream and sunscreen</p> <p>27. The end</p>	 <hr/> <p>Technique 15</p> 
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Treatment Suggestions

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Eye Anti-Wrinkles: 25 minutes, 2-3 times per week

Face RF

Energy level:3-7
 Operation time:5-10 minutes
 Mode:
 NOR: fixed mode
 PRO: smart mode

Makeup Remover+ Face Wash+ Essence/Eye Cream+ MS-21S7+Eye mask

1. Remove makeup and clean face, 5 minutes
2. Apply toner, 1 minute
3. Apply essence(eye cream) evenly to eye area in circular motion, 3 times.
4. Face RF Operation:adjust energy level, mode and time: 10 minutes.
5. Move the instrument to lift skin from lower eyelid to eye corner, 3-6 times.
6. Move the instrument to lift skin from lower eyelid to temple, 3-6 times.
7. Move the instrument to lift skin from lower eyelid to temple in small circles, 3-6 times.
8. Move the instrument to lift skin from lower eyelid to temple, 3-6 times.
9. Lift from brow bone to hairline.
10. Repeat the operation on the other side.
11. Wash eye area clean, 1 minute
12. Apply eye mask, 15 minutes
13. Remove mask and wash eye area clean, 2 minutes
14. Apply eye essence.

Technique 3



Technique 5



Technique 6



Technique 7









Technique 8, 9



Treatment Suggestions

It is recommended to take this treatment 2-3 times per week. After one treatment, eye area is lifted and firmed and blood circulation is accelerated. After one month, fine wrinkles and black circles are reduced and skin colour is brightened. After three months, skin in eye area is totally firmed and rejuvenated with glossiness. If the customers keep using this instrument, eye aging can be restrained and prevented.

Neck Treatment:60 minutes, once a week

<p>Face RF Energy level:3-7 Operation time: 10-15 minutes Mode: NOR:fixed mode PRO:smart mode</p>	<p>Makeup Remover + Face Wash+ Massage Cream+ Essence + Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and cleanse neck, 5 min. 2. Apply toner, 1 min. 3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and press Gb-20 and Du-16 acupoint, 3 times. 4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times. 7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times. 8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times. 9. Do the same on the other side. 10. The end 11. Face RF Operation,12. coupled with hand massage,lift double chin to pass behind the ear and under the armpit, 3 times. 12. Move the device in circles on one side of neck to pass under armpit, 3 times. 13. Slide the device from internal and external clavicle to the armpit, 3-5 times. 14. Move the device in circles on the whole neck area, 3 times. 15. Do the same on the other side. 16. Clean neck with hot towel, 2 minutes. 	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5、6、7</p>  <p>Technique 11</p>  <p>Technique 12</p>  <p>Technique 14</p> 
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		<p>17. Apply neck mask, 15 minutes.</p> <p>18. Clean neck with hot towel, apply hot compresses for 15 minutes</p> <p>19. Apply toner, eye essence, neck essence, neck cream and sunscreen.</p> <p>20. The end</p>	
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Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.