

# User Manual

MS-2184



# Preface

Dear Users,

We're pleased to present to you our latest product MS-2184. It can be used from head to toe, replacing traditional manual treatments in beauty salons to achieve magic results. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Introduction

It can be used from head to toe, replacing traditional manual treatments in beauty salons like skin-scraping therapy, cup-fixing therapy, tuina and massage. It can lift face, reduce eye bags, reduce fat, lift hips, relieve shoulder&neck strain, improve breasts and prevent them from sagging, relieve constipation, cold stomach and cold womb and so on. The whole process is performed externally and the effects are immediate. This vacuum health-improving machine can produce regular vacuum suction to act on breasts, effectively relaxing and massaging them to relieve blockage.

## Advantages

1. This beauty machine can provide various functions for individual needs.
2. The treatment is painless and non-invasive, giving treatment receivers high level of comfort. After treatment, it won't bring any inconvenience to life and work.
3. Multifunctional massaging instrument can effectively solve the problems such as fatigue, soreness&swelling and flat chest.
4. Powerful vacuum air pump produces little noise with several modes for choice. The cups are designed based on human's breast types, which have high quality and great comfort.
5. Professional grease cup has skin-scraping(guasha) skin-suction(xisha), fat-reducing and other functions, which can clear toxin and damp in the body
6. It has wide range of treatment and remarkable effects with no consumption, low cost and quick return.
7. It can be operated in a convenient and easy way without surgery and anaesthesia.
8. Various kinds of vacuum cups, which can be used based on different needs.

## Facial Cleaning Treatment

### 1. Working Principles

#### Face Cup

The vacuum cup is directly applied to the facial skin to achieve the effect of deep cleansing. (Vacuum: lower than normal pressure. The use of vacuum is very common. People often make a certain part of the space in a state of negative pressure, and then they can use the ubiquitous atmospheric pressure to work for us. For example, when people breathe, negative pressure occurs when their lungs are contracted, during which it forms a pressure difference inside and outside and fresh air is pressed into lungs.) Vacuum cleaning is the application of this principle, which cause no pains to people. It can remove blackheads, whiteheads, grease and dirt and other residues at deep level in the pores.

03

6 Pairs gas cup  
for scrub



Spine cupping



Private care



Neck/Face



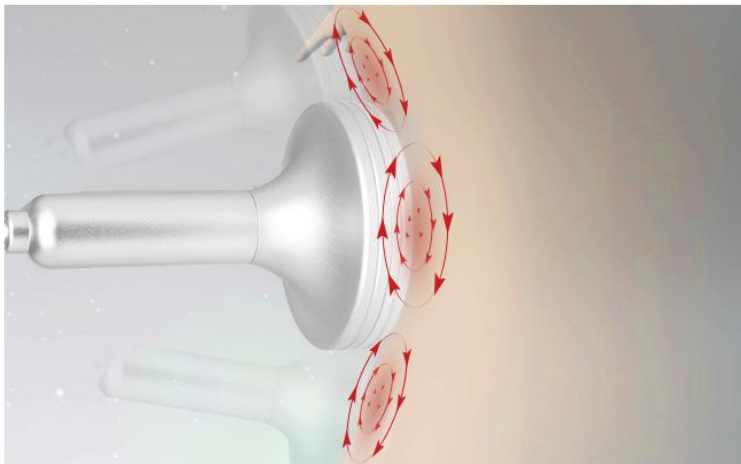
Forehead



The cupping form a negative pressure the skin through the vacuum inside the cup to stimulate the points on face surface and then transmit to the whole body to relaxation, lymph detox, blood circulation  
Treatment area: face

## Grease Cup

Massaging skin and muscle with a special vacuum cup can effectively improve the humoral fluidity of the cells, increase the movement of the cells and activate the cells to increase the elasticity of the skin and reduce fine lines. Vacuum movement can stimulate the surface and deep level of sympathetic nervous system to lower skin sensitivity and promote skin immunity.



B

## Rhythm Massage Treatment (Fingertip Moving)

Fingertip comes with ball and negative suction to suck the body as well as massage the points of body, result in helping body curver and lymphatic detoxification  
Treatment area: body & face

## 2. Effects

1. Unblock pores and minimize pore size
2. Clean deep skin layer
3. Lift skin and contour face
4. Accelerate blood circulation and metabolism
5. Relieve unevenness of skin tone, fade pigmentation and smooth out fine lines.

## 3. Applicable Range

1. Those who have much grease secretions and thick stratum corneum.
2. Those who have rough skin and large pores.
3. Those who have pore blockage.
4. Those whose skin is dark and dull.
5. Those who have flabby and saggy skin.

## 4. Inapplicable Range

1. Those who have just undergone plastic surgery with prostheses and metal materials implanted at the operation area.
2. Those who have used injections recently, such as hyaluronic acid, skin booster or wrinkle removal product.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations.
7. Those who have skin diseases and infectious diseases.
8. Those who have unrealistic expectations about the effect.

## 5. Do's and Don'ts after operation

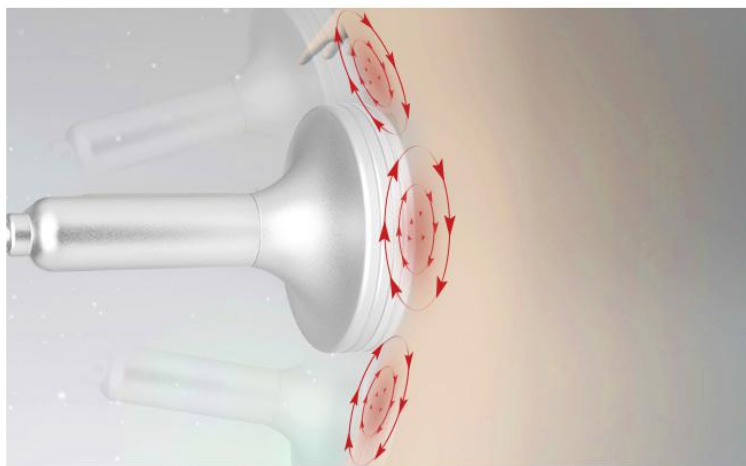
1. Wash face with hot water within 3 days
2. Keep hydrated and prevent skin damages caused by sun ray
3. Do not use irritating products within one week such as AHA, scrubbing and exfoliating products
4. Do not stay up late, smoke cigarettes and drink alcohol. Eat more fruits, vegetables and light foods.
5. Apply face mask at least 3 times in the following week.

# Lymphatic Detox

## 1. Working Principles

### Grease Cup

Massaging skin and muscles with a special vacuum suction handle can effectively improve the humoral fluidity of human cells, and increase the movement of cells to improve skin elasticity. Meanwhile, it can accelerate the blood circulation of microvessels, expel toxins from the body through the normal circulation of the lymphatic system, and reduce the probability of occurrence of adverse conditions such as spots, pigmentation and congestion in various parts of the body. The kneading sensation generated by vacuum suction can increase the tissue activity of skin and muscle, and therefore help to reduce tough tissue and increase the elasticity of skin tissue, so that both body slimming and shaping can be realized at the same time. In addition, the movement of vacuum cup can also stimulate sympathetic nervous system to lower skin sensitivity. The suction and release process of air pressure can not only improve capillary system but also promote the flow between deeper veins and lymphoid gland network to strengthen blood vessels and alleviate the condition of varicose veins.

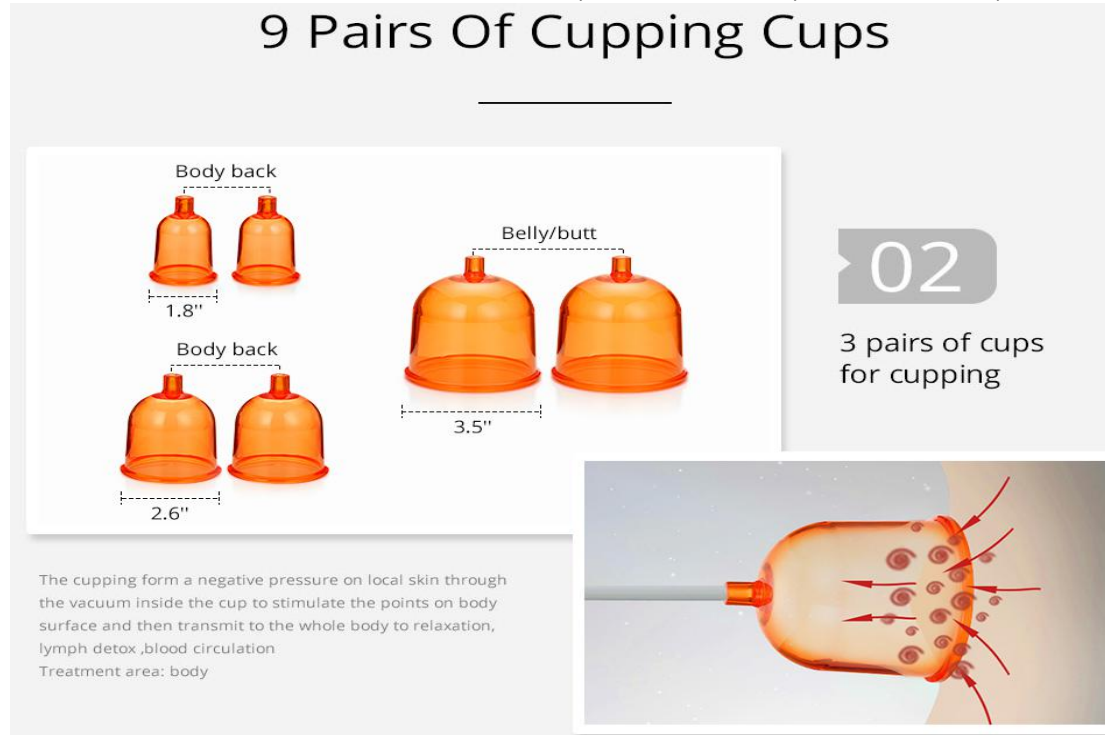


### Rhythm Massage Treatment (Fingertip Moving)

Fingertip comes with ball and negative suction to suck the body as well as massage the points of body, result in helping body curver and lymphatic detoxification  
Treatment area: body & face

## Vacuum Cup

Vacuum cup uses drawing force to open pores so that the waste in the body can be excreted out of the body, and it also has a certain renewal effect on some aging cells. Through local treatment, it can promote blood and lymphatic circulation to accelerate metabolism so as to achieve the effect of detoxification. Naturally, one's immunity can also be improved in the end.



## 2. Effect

1. Stimulate the activity of lymph area
2. Accelerate lymph flow
3. Accelerate natural detoxification and help body remove waste through lymphatic system
4. Increase the productivity of lymphatic cells
5. Improve bodily metabolism
6. Promote the function of immune system

## 3. Applicable Range

1. Those who have dull and rough face skin
2. Those who often drink alcohol and suffer from insomnia
3. Those who have much fat on waist and abdomen. Through lymphatic detox, edema and fat can be reduced
4. Those who have halitosis and often suffer from constipation
5. Those who have poor mental state and poor resistance and are easy to catch cold and get sick

## 4. Inapplicable Range

1. Those who have high blood pressure, high cholesterol and high blood sugar and who have heart diseases.
2. Those who are in pregnancy and lactation and who have periods.
3. Those whose operation wounds are healing and who is being in recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those whose gynecological diseases are being treated.

8. those who have lymphatic cancer or show the signs of cancer.
9. Those who is too weak.
10. Those who is drunk, too thirsty, on a full/empty stomach or overworked.

## 5. Do's and Don'ts after Operation

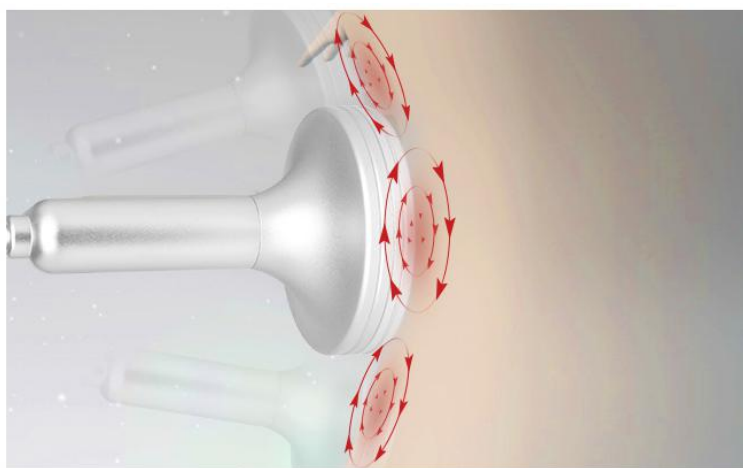
1. Take a shower in 4-6 hours after treatment
2. Avoid getting a cold
3. Avoid eating spicy and greasy foods
4. Drink more hot water to help with metabolism
5. Avoid staying up late, smoking cigarettes and drinking alcohol.
6. It is not the case that taking cupping treatment longer will be better, which should be performed based on actual situation.

# Body Detox

## 1. Working Principles

### Grease Cup

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B

### Rhythm Massage Treatment (Fingertip Moving)

Fingertip comes with ball and negative suction to suck the body as well as massage the points of body, result in helping body curver and lymphatic detoxification  
Treatment area: body & face

### Vacuum Cup

Vacuum cup uses drawing force to open pores so that the waste in the body can be excreted out of the body, and it also has a certain renewal effect on some aging cells. Through local treatment, it can promote blood and lymphatic circulation to accelerate metabolism so as to achieve the effect of detoxification. Naturally, one's immunity can also be improved in the end.



## 9 Pairs Of Cupping Cups



### 2. Effects

1. Help reduce lumbar and abdominal fat.
2. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.
3. Relieve the condition of flabby and thick arms.
4. Relieve shoulder and back soreness, and relieve the lump on back of the neck.
5. Dredge meridians and collaterals to relieve blockage.
6. Promote blood circulation and metabolism.
7. Improve sleep quality and blood supply to the head.
8. Circulate blood and relieve stasis, prevent the condition of varicose veins.

### 3. Applicable Range

1. Those who suffer from back&shoulder soreness, neck stiffness and lump on the back of neck.
2. Those who suffer from insomnia, have lots of dream in sleep or have worsening memory.
3. Those who are prone to fatigue&drowsiness or have poor circulation of blood and qi.
4. Those who have unwanted fat on abdomen and waist or have saggy skin after giving birth.
5. Those who suffer from constipation and blocked meridians on abdomen.
6. Those whose arms are prone to soreness and numbness.
7. Those who are suffer from poor circulation of lower limbs, edema or obesity.
8. Those who have poor immunity, feel discomfort &pain on their body or are vulnerable to a cold
9. Those who have unwanted fat on some areas of their body.

### 4. Inapplicable Range

1. Those who have high blood pressure, high cholesterol and high blood sugar and who have heart diseases.
2. Those who are in pregnancy lactation or menstruation.
3. Those whose operation incisions are healing and who is being in recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

7. Those whose gynecological diseases are being treated.
8. Those who have lymphatic cancer or show the signs of cancer.
9. Those who is too weak.
10. Those who is drunk, too thirsty, on a full/empty stomach or overworked.

## 5. Do's and Don'ts after Operation

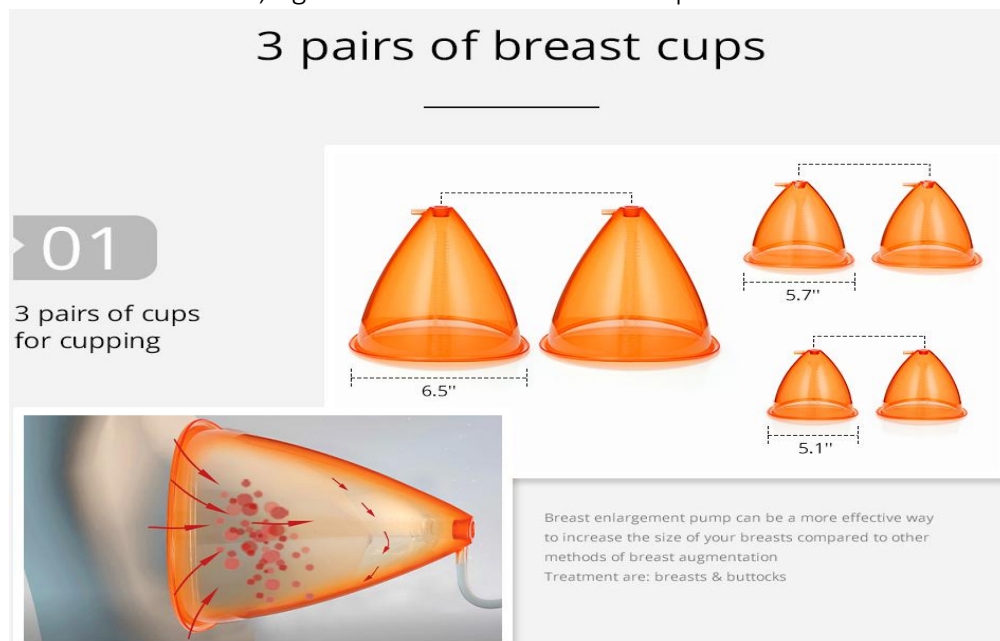
1. Take a shower in 4-6 hours after treatment
2. Avoid getting a cold
3. Avoid eating spicy and greasy foods
4. Drink more hot water to help with metabolism
5. Avoid staying up late, smoking cigarettes and drinking alcohol.
6. It is not the case that longer cupping treatment can ensure better effects , which should be performed based on actual situation.

## Breast-augmentation Treatment

### 1. Working principles

#### Breast-augmentation Cup

Using vacuum to act on human body, the special tool attracts breasts so that they are relatively lifted to achieve the effect of augmenting breasts. The vacuum in the cup can lead to the congestion of local capillaries, stimulate organs, enhance cell vitality, promote the functional activity, and improve the resistance of the body. The mechanical stimulation of vacuum can be transmitted to the central nervous system through the reflex pathway, which can adjust the neural activity to keep its balance. During the operation, the presence and absence of vacuum can make local pores open and close continuously, promote skin respiration, increase the amount of oxygen absorbed, and speed up the removal of waste. It has the effect of warming meridians and dredging collaterals, circulating qi and blood, opening orifices and relaxing tendons, dispelling blood stasis and reduce swelling, detoxifying body and clearing pathogenic factors. Combined with deep massage, it can smooth blood and qi, dredge breast blockage, help transport oxygen and nutrients to the breast, stimulate the pituitary gland to secrete female hormones, strengthen breast connective tissue, and stimulate breast growth. It can also promote uterine contraction, tighten skin's elastic fibers and prevent skin tissue from sagging.



## 2. Effect

1. Relieve breast sagging and outward expansion
2. Relive premenstrual breast pain.
3. Dredge and correct the breasts.
4. Prevent breast cyst.
5. Prevent breast cancer.
6. Shape breasts

## 3. Applicable Range

1. Those who have saggy chest.
2. Those who have dilated chest, flat chest, asymmetric chest, etc.
3. Those whose nipples are sunken and who pursue perfect and healthier breasts.
4. Those who have chest nodules, slight hyperplasia and breast pain during menstruation.
5. Those who feel that their own breast is underdeveloped and who have postpartum breast atrophy and so on.

## 4. Inapplicable Range

1. Those who are in pregnancy, menstruation or lactation.
2. Those who have high blood pressure, high cholesterol and high blood sugar and who have heart diseases.
3. Those who have severe breast hyperplasia, fibroma or cyst.
4. Those who have infection in the chest skin.
5. Those who have surgery on the chest.

## 5. Do's and Don'ts after Operation

1. Take a shower in 4-6 hours.
2. Avoid getting a cold
3. Do not eat spicy and greasy foods
4. Drink more hot water to accelerate metabolism
5. Do not stay up late, smoking cigarettes and drink alcohol.
6. Wear bras that are comfortable and conducive to fix breasts. Do not squeeze breasts too hard.

## Hip-augmentation Treatment

### 1. Working Principle

#### Breast-augmentation Cup

Using vacuum to act on human body, the special tool attracts hips so that they are relatively lifted to achieve the effect of augmenting hips. The vacuum in the cup can lead to the congestion of local capillaries, stimulate organs, enhance cell vitality, promote the functional activity, and improve the resistance of the body. The mechanical stimulation of vacuum can be transmitted to the central nervous system through the reflex pathway, which can adjust the neural activity to keep its balance. During the operation, the presence and absence of vacuum can make local pores open and close continuously, promote skin respiration, increase the amount of oxygen absorbed, and speed up the removal of waste. It has the effect of warming meridians and dredging collaterals, circulating qi and blood, opening orifices and relaxing tendons, dispelling blood stasis and reduce swelling, detoxifying body and clearing pathogenic factors. Combined with deep massage, it can smooth blood and qi, dredge blockage of acupuncture points on hips, tighten skin's elastic fibers and prevent skin tissue from sagging.

## 2. Effect

1. Relax muscles and improve local blood circulation.
2. Prevent muscle atrophy and relieve muscle spasm.
3. Tighten the skin and strengthen the body.
4. Relieve prolapse caused by muscle relaxation.
5. Stimulate muscle contraction, make muscle stronger, and make buttocks voluptuous.

## 3. Applicable Range

1. Those whose buttocks are sunken, flat, and not sexy enough.
2. Those whose buttocks are flat and not well-shaped with insufficient fat.
3. Those who need to have a more perfect figure psychologically or professionally.
4. Those who have satisfactory size of buttocks, but without enough plumpness, or who have no noticeable contour of buttocks.
5. Those who have fat accumulating in the waist and buttocks to form "square buttocks".

## 4. Inapplicable Range

1. Those who are in pregnancy and lactation and who have periods.
2. Those whose operation wounds are healing and who is being in recovery.
3. Patients who have heart diseases, hypertension and so on.
4. Those who have skin diseases, infectious diseases or sensitive skin.
5. Those who are too weak.

## 5. Do's and Don'ts after Operation

1. Take a shower in 4-6 hours.
2. Avoid getting a cold
3. Do not eat spicy and greasy foods
4. Drink more hot water to accelerate metabolism
5. Do not stay up late, smoking cigarettes and drink alcohol.
6. Wear knickers that can help lift hips.
7. Take some exercise to lift hips after treatment.

## Treatment for Private Parts

### 1. Working Principles

#### Cupping for Private parts

The negative pressure in the cup can make the local capillaries congested, stimulate the organs, enhance cell vitality, promote the functional activity, and improve the resistance of the body. The mechanical stimulation of negative pressure can be transmitted to the central nervous system through the reflex pathway, which can adjust the neural activity to keep its balance. During the operation, the suction and release, and the increase and disappearance of negative pressure make local pores open and close continuously, promote skin respiration and increase the amount of oxygen absorbed, which can speed up the removal of waste, promote the contraction of pelvic smooth muscles, promote blood circulation, balance the endocrine system, increase progesterone, and force the secretion of hormones in the body.

### 2. Effect

1. Improve vaginal lubrication.
2. Improve vaginal tightness.
3. Balance endocrine system.
4. Improve the quality of sex life and sexual sensitivity.
5. Lighten the color of perineum.
6. Discharge vaginal toxin and residual metabolites, restore vaginal cleanliness and balance.

### **3. Applicable Range**

1. Those who have experience in pregnancy, childbirth, abortion, contraception, sex, etc.
2. Those who have irregular menstruation (dysmenorrhea, small amount of menses, blood clots).
3. Those who have skin problems caused by endocrine disorders such as spot, acne, dark and sallow skin and so on .
4. Those whose leucorrhea is abnormal with an awful smell.
5. Those who have decreased memory and immunity.
6. Those who have disharmonious sex life.

### **4. Inapplicable Range**

1. Those who are in pregnancy and lactation and who have periods
2. Those who are taking operation treatment or recovering from operation
3. Patients who have heart diseases, hypertension and so on
4. Those who have skin diseases, infectious diseases or sensitive skin.

### **5. Do's and Don'ts after Operation**

1. Take a shower in four hours after treatment.
2. Drink plenty of warm water, avoid drinking cold water and eating raw, cold and spicy food.
3. Change underwear on a daily basis. Underwear should be made of soft material such as pure cotton and silk. The underwear made of chemical fiber should be less used as possible as one can. Avoid wearing overly tight underwear.
4. Towels and underwear should be dried in the sun or sterilized in boiling water. Drying them in a humid environment can cause fungal growth.
5. Do not have sex life immediately after taking the treatment.

## **Part II**

### **1. Detailed Operation**



install filter cotton



Open the lid and put the filter cotton inside and screw the lid tight

Please note:

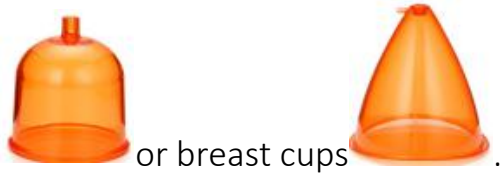
1. Make sure there is filter cotton in the suction hole to avoid essential oil coming in and damaging the machine.
2. Replace the filter cotton after every treatment to keep the machine in good condition.

Connect one end of the Y-shaped hose to the suction hole



of the

machine body, and the other two ends of the Y-shaped hose to two vacuum cups



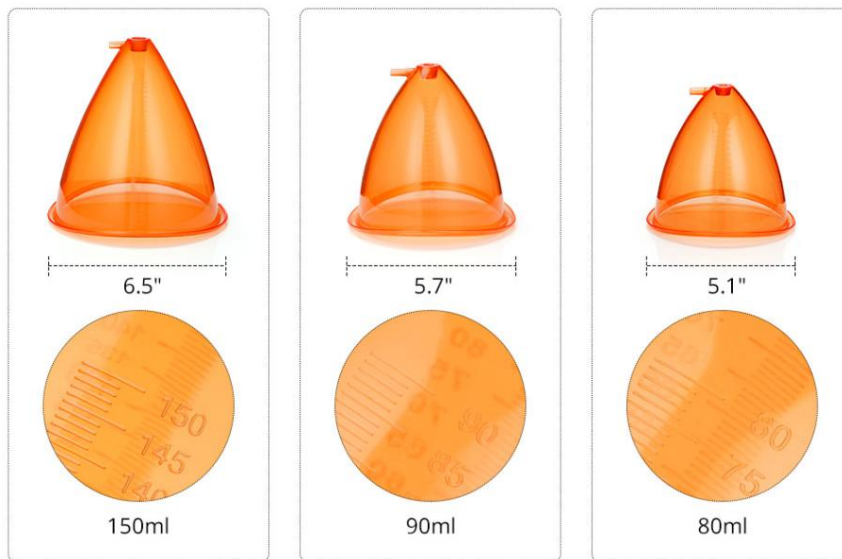
or breast cups

**Please note:**

1. After starting the machine, the two vacuum cups work with suction at the same time only when they touch skin simultaneously. If only one cup touches skin, there will be no suction.
2. When only one cup is needed (cup moving), you can tie a knot at one end of the



hose . When two are needed, untie the hose.



Large

Middle

Small

3 pairs of breast cup



9 pairs of vacuum cup



- ① is suitable for those who have big-size breasts and need to shape and lift them.
- ② is suitable for those who have medium-size breasts and need to lift and augment breasts
- ③ is suitable for those who have small-size breasts and need to be massaged and relaxed



④ is suitable for cup-fixing and cup-moving therapies (big areas, such as thigh, hip and abdomen)

⑤ is suitable for cup-fixing and cup-moving therapies (leg and back)

⑥ is suitable for cup-fixing and cup-moving therapies (small area, such as arm and calf)

⑦ is suitable for cup-moving therapy (neck and arm)

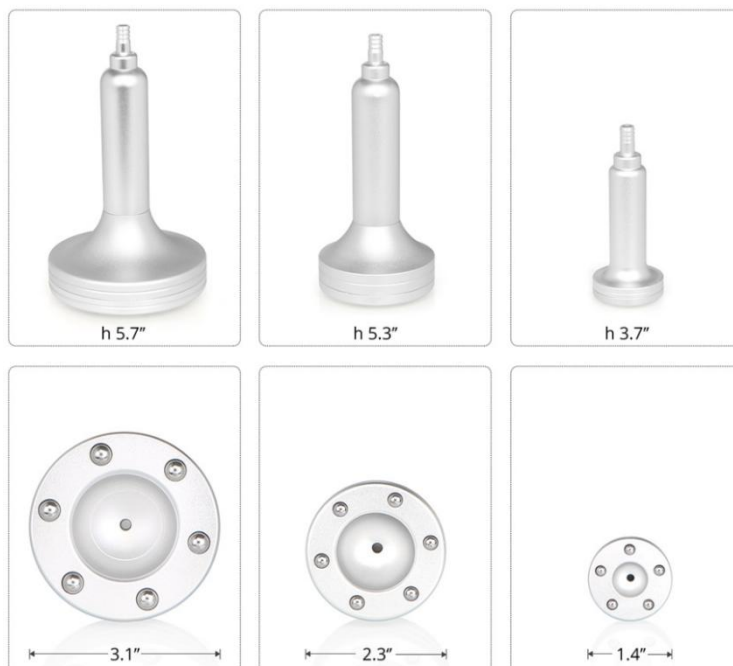
⑧ is suitable for cup-moving therapy and massage (face and neck)

⑨ is suitable for cup-moving therapy and cleaning (face)

⑩ is suitable for private parts

⑪ is suitable for face cleaning

⑫ is suitable for cup-moving treatment and cleaning purpose.



a total of 3 grease cups, choose the proper one according to the size of treatment area.



The large one is suitable for big area in the body such as arms, abdomen, waist buttocks, legs and back.



The medium-size is suitable for face or some parts in the body, such as arms, neck, face and calf.



The small-size is suitable for face, such as cheeks, eye, forehead, jaw and neck.

The control panel is this.



The left switch on the top of the machine is suction switch, and the right one is release switch. When the right switch is at "off" position and the left switch is at "on" position, the machine is in the state of constant suction.



suction display. The higher the suction level is, the stronger the drawing force is.



Knob for adjusting suction level. Turning it clockwise is to increase suction and turning it anticlockwise is to decrease suction . Set it at the lowest level at the beginning and then raise it slowly after treatment receiver adapts.



mode selection



button for switching mode

FACE RHYTHM 1: it is for massage and relaxing.


FACE RHYTHM 2: it is for lifting and tightening skin.


BODY RHYTHM 1: it is for detoxifying body.

BODY RHYTHM 2: it is for unblocking meridians and collaterals.

BREASTLIFTING: it is for tightening and shaping breasts.

TREATMENT: it is for body relaxing and first-time users.

Constant suction: make sure left switch  is at "on" position, and then adjust suction level

Six suction&release mode: make sure both switches  are at "on" position, choose a proper mode and then adjust suction level.

### 3. User Contraindications

Some groups of people should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Women in pregnancy or lactation
2. Those with heart diseases and pacemakers
3. Those with unhealed incisions or who are on the road to recovery.
4. Those with epilepsy, sever diabetes and hyperthyroidism
5. Those with malignant tumors, haemophilia and severe bleeding
6. Those with skin diseases and infectious diseases
7. Those who have metal implants in their bodies such as stent and pacemaker or who are allergic to metals.

## 2. Technical Parameters

Model: MS-2184

Voltage: 220V/110V

Input Power: Power: 12W

Vacuum Suction: <-80kPa

Material: ABS

Package size: 40\*35\*28cm(15.7\*13.8\*11 inch)

G. W.: 5.4KG

## 4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please do not use this machine on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
9. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.
10. Do not use this instrument if there is a prosthesis in your chest. It cannot be used if there is metal stent in the body (excluding female's IUD).
11. Women in pregnancy, lactation or menstruation can not use this machine.
12. People who are drunk can not use this machine.
13. Those who have cesarean section within half a year or those who have abortion within 3 months or natural delivery within 2 months can not use this machine.
14. If the suction is set at too high level accidentally during the treatment, you should stop the

treatment immediately and reset the energy level.

15. Please use filter cotton before using grease cup in case essential oil causes damages to the machine.

## 5. Troubleshooting & Solutions

### 1. The instrument cannot be started?

A. Make sure the power cord is connected to the socket with normal power supply.

B. Please check whether the fuse on the back of the instrument is loose or blown.

B. If the above methods cannot solve the problem, please contact the instrument dealer for assistance.

### 2. There is weak or no drawing force when you use the vacuum cup or grease cup?

A. Please turn off the machine and check whether the dedicated filter should be replaced.

B. Please check the hose connecting cup to machine body, which may be broken.

C. Please check whether the container of the filter is screwed tight and rubber rings are worn down. The case can occur if the area is not airtight.

D. If methods above can not solve such problem, please contact machine distributor for help.

### 3. I can start the instrument, but the screen shows erroneous message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

## 6. FAQs

### 1. Q: Does vacuum breast augmentation treatment have side effects?

A: There will be no side effects. The vacuum breast augmentation completely adopts the pure physical breast enhancement method. Massage and vacuum suction and release are all common principles that health care physiotherapy instruments use. However, this instrument uses high technologies to integrate a variety of principles to achieve better effect with no rebound and no side effects.

### 2. Q: How long can I see the effect after using this machine for facial care?

A: Under normal circumstances, you can feel that the pores are cleansed and skin is smooth on the same day. In general, facial care should be done at least once a week, and the effect will become better and better if you take more treatments.

### 3. Q: How does vacuum detoxify?

A: Vacuum can cause capillary congestion, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, which can promote skin breathing, increase the amount of skin oxygen, and speed up waste removal. So it achieves the effects of promoting qi and blood circulation, dispelling cold and damp, dredging meridians and collaterals, clearing toxins, dissipating heat and so on.





## 7. Packing List


Main Machine x 1

3 Pairs of Cups for Breast and Butt

- 3 Pairs of Cups for Cupping
- 6 Pairs Vacuum Cup for Scrub
- Metal Grease Cups for Rhythm Massage x 3
- Short Connecting Hose x 2
- Long Connecting Hose x 1
- Power Line x 1

## 8. Operational Diagrams



Parameter Adjustment	Product	Techniques	Diagrams
<b>Facial Cleaning Treatment: 45 min once a week</b>			
<p><b>Face Vacuum Cup</b> Suction: adjust it by turning the knob Mode: Constant Suction mode</p> <p><b>Grease Cup</b> Mode: face rhythm 1/2</p> <p>Suction: adjust it by turning the knob (it is recommended that you should set the suction at relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)</p>	<p>Makeup Remover+ Face Wash+Blackhead removing liquid+Essence +Hot&amp;Cold Steam+ Facial mask+MS-2184</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 minutes.</li> <li>2. Apply toner, 1 minute</li> <li>3. Apply blackhead removing liquid and hot stream (to the area where there are large pores and severe pore blockage. Toner or AS3 liquid nutrient can be applied to cheeks. Toner and cold stream can be applied to sensitive skin of face instead of blackhead removing liquid and hot stream) 5-8 minutes.</li> <li>4. <b>Vacuum cup operation:</b> put the cup on the forehead tightly for one second and then move gently towards hairline line by line. The operation in the area with severe pore blockage in T area (forehead-nose-chin-cheek) can be strengthened, about 10 minutes.</li> <li>5. Wipe face clean with cotton pads and pure water for 2 minutes.</li> <li>6. Apply toner.</li> <li>7. Apply essence evenly to</li> </ol>	<p>Technique4</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique8, 11</p>  <hr/> <p>Technique9</p>

		<p>face.</p> <p>8. <b>Grease cup</b> operation: lift from jaw to forehead line by line, 3 times.</p> <p>9. Starting from the chin, lift from chin to the earlobe, mouth corner to Ermen(SJ-21), nose wing to the temple, and lower eyelid to the temple, lift the corner of the eye.</p> <p>10. Repeat the operation on the other side.</p> <p>11. Lift from forehead to hairline, about 10 minutes</p> <p>12. Apply face mask, 15 minutes.</p> <p>13. Remove mask and wash face clean, 2 minutes.</p> <p>14. Apply toner, essence, cream and sunscreen.</p> <p>15. The end.</p>	
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**Treatment Suggestions**

A course of treatment consists of 10 treatment sessions. After one treatment, the face is ruddy and the blood circulation is accelerated. After one course of treatment, the skin begins to metabolize harmful substances, the acne on the skin is relieved, and the blackheads are slowly reduced. After three courses of treatment, the skin contour is accentuated, one's resistance is enhanced and the skin is healthily alabaster.

## Lymphatic Detox: 120 min once a week

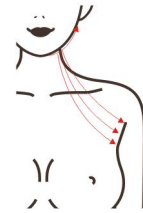
<p><b>Vacuum Cup</b> Suction: adjust it by turning the knob Mode: Body rhythm 1/2</p> <p><b>Grease Cup</b> Mode: Body rhythm 1/2 Suction: adjust it by turning the knob (it is recommended that you should set the suction at</p>	<p>Makeup remover+face cleanser+essential oil+MS-2184</p>	<ol style="list-style-type: none"> <li>1. Face and neck Lymphatic detox</li> <li>2. Remove makeup and clean face and neck.</li> <li>3. Apply toner to face</li> <li>4. Press acupuncture points: Chengjiang(RN24), Dicang(ST4), Daying(ST5), Jiache(ST6), Xiaguan(ST7), Yingxiang(LI20), Quanliao(SI18), temple(EX-HN5), Jingming(BL1), Cuanzhu(BL2), Yuyao(EX-HN4), Sizhukong(SJ23),</li> </ol>	<p>Technique3</p>  <p>Technique4</p>  <p>Technique6</p>
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relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)

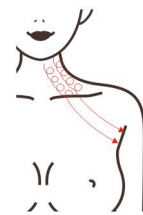
Tongziliao(GB1), Chengqi(ST1), Sibai(ST2), 3 times.  
 5. Alternate hands to lift face in 3 lines and slide to the armpit.  
 6. Repeat the operation on the other side.  
 7. Neck: rub oil into the chest with both hands and massage Fengchi (GB20) and Fengfu (DU16), 3 times  
 8. Left-to-right order: alternate hands to pass the back of ear from lymphatic area of jaw to armpit, 3 times  
 9. One side, push downwards with thumb and index finger splaying, tracing 3 meridians from the neck to the armpit, 3 times.  
 10. One side, push downwards with bending fingers till the lymphatic area of neck turns hot and slide to the armpit, 3 times.  
 11. Massage the area and press Fengchi (Gb-20) and Fengfu (Du-16)  
 12. Repeat the operation on the other side.  
 13. Use cup to lift upwards on face line by line from jaw and then pass the back of ear to armpit, 1-2 times (based on customer's situation)  
 14. Use proper cup to slide on the forehead upwards or laterally 1-2 times (based on customer's situation)  
 15. One side, use cup and the other hand to alternately lift from lymphatic area of jaw and then pass the back of ear



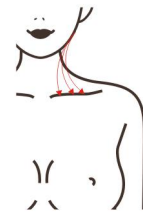
Technique7



Technique8



Technique9



Technique12



Technique13



Technique13



Technique14



to armpit.

16. Use the cup to move in circles downwards along the 3 meridians of neck respectively to the armpit, 3 times.

17. Slide the cup from inner clavicle to armpit for detox.

Use proper small cup to slide from the back of ear to armpit(based on customer's situation)

18. Repeat the operation on the other side

19. Detox for the lymphatic area of armpit: left side first and then the right side, rub oil into the armpit, 3 times

20. Use heel of one palm to knead Jiquan(HT-1), 3-5 times.

21. Alternately push Gallbladder Meridian (GB) and pass armpit to finger with thumb and index finger splaying, 3 times.

22. Alternately push the lymphatic area of inner clavicle and slide to finger with both hands, 3 times.

23. Alternately push the three meridians on arms (Lung Meridian, Pericardium Meridian, Heart Meridian) with thumb and index finger splaying, 3 times.

24. Massage the whole arm and slide to finger, 3 times.

25. Rub arms with bending fingers till they turn hot

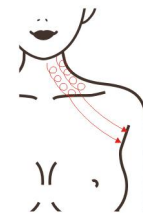
26. Use heels of palms to knead Jiquan(HT-1), 3-5 times

27. Generally massage arm and slide to finger, 1 time.

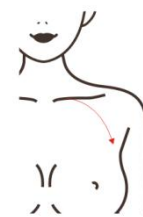
28. Operate cup in a left-



Technique15



Technique16



Technique17



Technique20, 26



Technique21, 29, 32



Technique22



Technique23, 30, 33

to-right order.  
 29. Push Gallbladder Meridian (GB) on the chest towards armpit, massage the area, 3 times.  
 30. Push the three meridians from elbow towards armpit, 3 times  
 31. Repeat the operation on the other side  
 32. Perform the cup-moving treatment from Liver Meridian (LV) and Gallbladder Meridian (GB) towards armpit with transparent tube, 3 times.  
 33. Choose proper cup to perform the cup-moving treatment on arms, 1-2 times (based on customer's situation)  
 34. Choose proper cups to fix them on the two sides of arm, Liver Meridian (LV) and Gallbladder Meridian (GB), 5-10 minutes (based on customer's situation)  
 35. Lymphatic detox of groin: left-to-right order, rub oil into the whole leg with both hands 3-5 times  
 36. Press Chongmen (SP-12), 3-5 times  
 37. Move hands upwards, tracing four meridians: Spleen Meridian (SP) - Stomach Meridian (ST) - Liver Meridian (LV) - Gallbladder Meridian (GB) with thumb and index finger splaying, 3 times.  
 38. Generally massage the area.  
 39. Stroke groin with thumb and index finger splaying, 3-5 times  
 40. Stroke groin by alternating thumbs of both hands 3-5 times  
 41. Move both hands back



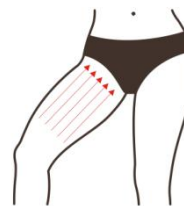
Technique 24, 27



Technique 36



Technique 37, 43, 46, 48



Technique 39, 40, 45




Technique 41




Technique 44



Technique 49

		<p>and forth in undulating motion, 3 times.</p> <p>42. Rub the top of thigh till it turns hot with bending fingers of both hands</p> <p>43. Use the cup to push the four meridians towards groin, 3 times</p> <p>44. Move in circles on groin back and forth, 3 times</p> <p>45. Alternately push groin with the cup and hands, 3 times</p> <p>46. Push from the middle of thigh towards groin line by line and massage the area simultaneously, 3 times</p> <p>47. Repeat the operation on the other side</p> <p>48. Perform the cup-moving treatment on thigh(line by line)1-2 times (based on customer's situation)</p> <p>49. Fix cups on leg, thigh, Zusanli(ST36), Sanyinjiao(SP6), about 10 minutes</p> <p>50. Remove cups and wipe the treatment area clean, the end.</p>	
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**Body Detox: 160 min once a week**

<p><b>Vacuum Cup</b> Suction: adjust it by turning the knob Mode: Body rhythm 1/2</p> <p><b>Grease Cup</b> Mode: Body rhythm 1/2 Suction: adjust it by turning the knob</p>	<p>Essential oil+MS-2184</p>	<ol style="list-style-type: none"> <li>1. Technique: rub oil into the skin and press Fengchi (Gb-20) and Fengfu (Du-16), 3 times</li> <li>2. Push Meridian GV and Bladder Meridian (BL) with both hands, 3 times.</li> <li>3. Push Meridian GV and Bladder Meridian (BL) with both hands alternately, 3 times.</li> <li>4. Alternately push from Dazhui (Du-14) to the</li> </ol>	<p>Technique 1</p>  <p>Technique 2, 3, 9, 10</p>
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(it is recommended that you should set the suction at relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)

Meridian GV and Bladder Meridian (BL) with heels of palms and lift from sides of the waist to the armpit, in left-right order, 3 times.

5. Use thumbs of both hands to push the medial border of scapula towards armpit, 3 times. And then slide from armpit to finger.

6. Use two palms to alternately push from Dazhui (Du-14) in the direction parallel to ribs towards waist line by line and then slide from waist to armpit

7. Alternately push from hairline with thumb and index finger splaying and pass Dabanjing( the area connecting neck and shoulder) to finger, 3 times

8. Repeat the operation on the other side

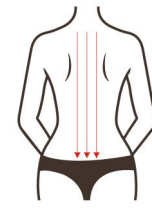
9. Instrument operation: push the instrument for lymphatic detox from Dazhui (Du-14) to coccygeal vertebra, 3 times

10. Use instrument to push Bladder Meridian (BL) towards coccygeal vertebra (left-to-right order) 3 times

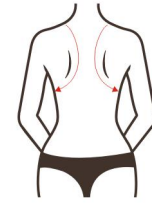
11. Use instrument to push the medial border of scapula towards armpit, 3 times

12. Use instrument to push in the direction parallel to rib in a line-by-line way to waist, 3 times

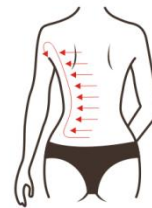
13. Use instrument to push Dabanjing( the area connecting neck and shoulder) from neck



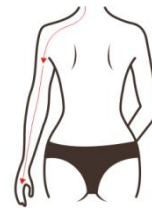
Technique 5, 11



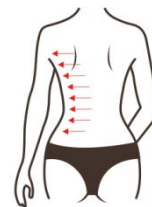
Technique 6



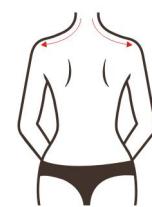
Technique 7



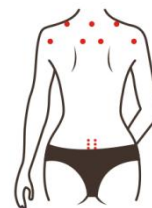
Technique 12



Technique 13, 16



Technique 17



Technique 20, 21, 22, 25, 28

14. Repeat the operation on the other side.

15. Cup-moving treatment: if there is heavy damp in the body, cup-moving treatment can be performed from Bladder Meridian (BL) to DU meridians 3 times, along the medial border of scapula back and forth 3 times, and on the whole back in the direction parallel to rib 3 times( based on customer's situation)

16. Use proper cups to perform cup-moving treatment from neck to Dabanjing( the area connecting neck and shoulder) back and forth, 3-5 times

17. Fix cups: on Dazhui (Du-14), Jianjing (Gb-21), Tianzong (SI-11), Feiyu(BL-13), Baliao area, 5-10 minutes ( based on customer's situation)

18. Remove cups and wipe the area clean with towel

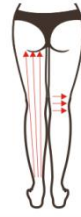
19. The end.

20. Leg detox: left-right order: rub oil into skin from calf to thigh and then to heel, 3 times.

21. Move hands upwards to four main collateral channels: Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB) with thumb and index finger splaying.

22. Alternate hands to push popliteal fossa, 3 times

23. Move both hands upwards alternately as if



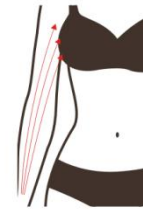
Technique 23



Technique 32



Technique 36, 41, 43



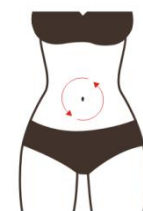
Technique 38



Technique 39, 42, 44

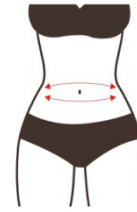


Technique 47

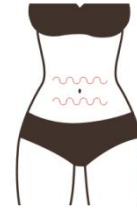


Technique 48

twisting cords, 3 times.  
 24. Massage the treatment area, 3 times.  
 25. Push four main collateral channels upwards with bending fingers of both hands, 3 times.  
 26. Massage the treatment area, 3 times.  
 27. Do the same on the other side.  
 28. Grease head operation: Move the head from below to popliteal fossa to push Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB), 3 times.  
 29. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.  
 30. Repeat the above operation when the cupping treatment is performed  
 31. Do the same on the other side  
 32. Choose proper cups to fix them: on popliteal fossa, thigh, Chengshan(BL57), the middle of calf), 10 minutes  
 33. Remove cups, wipe the treatment area clean, 2 minutes  
 34. The end  
 35. Arm: lay the arm flat, apply essential oil evenly to arms with both hands and slide to fingers, 3 times  
 36. Push hands upwards tracing three outer collateral channels: Triple Energizer Meridian (TE) - Large Intestine Meridian



Technique 49



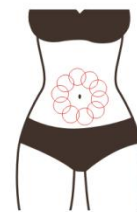
Technique 50



Technique 51



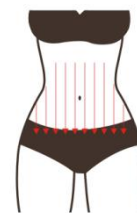
Technique 52



Technique 54



Technique 56



Technique 57

(LI) - Small Intestine Meridian (SI) to armpits with thumb and index finger splaying, 3 times.

37. Rub the upper arm with bending fingers of both hands until it turns hot.

38. Make inner arm face upwards, apply oil evenly to arm with both hands and slide to fingers, 3 times

39. Push hands upwards tracing three inner collateral channels: Large Intestine Meridian (LI) - Triple Energizer Meridian (TE) - Small Intestine Meridian (SI) to armpits with thumb and index finger splaying, 3 times.

40. Rub the upper arm with bending fingers of both hands until it turns hot, 3 times

41. Choose proper grease head, adjust energy level, lay arm flat, push the three meridians on outer arm respectively, 3 times.

42. Make inner arm face upwards, push the three meridians on inner arm respectively towards armpit, 3 times.

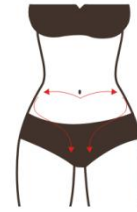
43. Choose proper cup, adjust energy level, push the three meridians on outer arm towards armpit respectively, 3 times.

44. Make inner arm face upwards, push the three meridians on inner arm respectively towards armpit, 3 times.

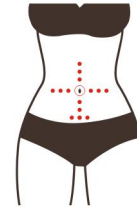
45. Choose proper cups to fix them on outer arm, 5-10 minutes

46. Remove cups, the end

47. Abdomen: rub oil into



Technique 60



		<p>skin in circular motion with both hands 3 times</p> <p>48. Rub abdomen with both hands back and forth 3 times</p> <p>49. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>50. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</p> <p>51. Move right hand and left hand clockwise and anticlockwise respectively to waist and then lift from waist to belly button, 3 times.</p> <p>52. Overlap hands and massage the intestinal canal clockwise in small circles, 3 times.</p> <p>53. Move hands in circular motion and massage the treatment area.</p> <p>54. Press on the following acupoints: RN-13, RN-12, RN-10, RN-8, RN-6, RN-4, RN-3, ST-25, SP-15, 2 times</p> <p>55. Move hands in circular motion to massage the treatment area 3 times.</p> <p>56. Alternate hands to push meridians from top to bottom (Ren Meridian-Kidney Meridian-stomach Meridian- spleen Meridian-liver Meridian-gallbladder Meridian on both sides) 3 times</p> <p>57.Starting from Ren-3 point, push both thumbs to belly navel, slide them to waist and then lift upwards to groin, 3 times.</p> <p>58. Massage the area in circular motion with both hands 3 times</p> <p>59. and then slide to</p>	
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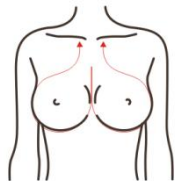
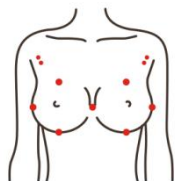
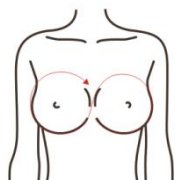


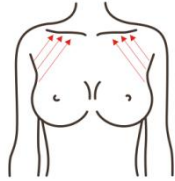
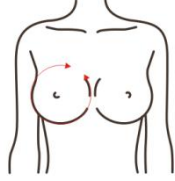
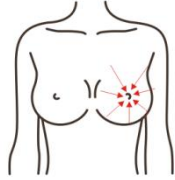
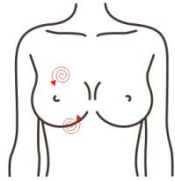
		groin, the end 60. Choose proper cups to fix them on the abdomen: RN-13, ST-25, SP-15, RN-4 and waist, 5-10 minutes(based on customer's situation) 61. Remove cups, wipe skin clean, 2 minutes 62. The end	
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**Treatment Suggestions**

One course of treatment consists of 6 treatment sessions. After one treatment session, the body will be relaxed, and red marks caused by cupping will gradually disappear in about 3-5 days. If red marks are severe, this treatment should be performed once a month, and if there is slight red marks, it can be performed every two weeks. After one course of treatment, the metabolism of the body is accelerated, the blockage and constipation of the body are relieved. After two courses of treatment, the muscle stiffness and soreness are relieved, and the local blockage of the body will be dredged and metabolized. After three courses of treatment, you will have good sleep quality, ruddy complexion, and healthy body and stronger constitution.

**Breast-augmentation Treatment: 60 min 1-2 times a week**

<p><b>Breast Cup</b>          Mode: Breast-lifting          Suction: adjust it by turning the knob          (It is recommended that you should set the suction at relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)</p>	<p>Essence+MS-2184</p>	<ol style="list-style-type: none"> <li>1. Standing at the bedside, use both hands to rub oil into skin from Shanzhong(RN17) to armpit and then lift the suspensory ligament (massage) for 3 times.</li> <li>2. Use both thumbs to press acupoints: Shanzhong(RN17), Rugen(ST18), Dabao(SP21), Yingchuang(ST16), Zhongfu(LU1), Yunmen(LU2) 3 times</li> <li>3. Massage the area, 3 times</li> <li>4. Overlap two palms and move from Shanzhong(RN17) in a 8-shaped motion back and forth, 3 times.</li> <li>5. Alternate hands to push from accessory breasts towards suspensory ligament, in left-right</li> </ol>	<p>Technique1</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>
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		<p>order.</p> <p>6. Massage the area, 3 times.</p> <p>7. Sit beside the customer, use both palms to massage and lift breasts in a left-right order, 3-5 times.</p> <p>8. Alternately push the lactiferous ducts (around the breast) with thumbs and index fingers splaying 3-5 times.</p> <p>9. Alternately move in circles with two thumbs to dredge nodules on the chest, 3 times</p> <p>10. Massage and lift breast with both hands.</p> <p>11. Repeat the techniques on the other breast.</p> <p>12. Wipe breasts clean with hot towel, 2 minutes.</p> <p>13. <b>Breast cup</b> operation: choose proper cups and fix them on customer's breasts, about 20 minutes.</p> <p>14. For the people who have sunken nipples, face cup can also be used on the nipple area, about 5-10 minutes.</p> <p>15. Remove cups.</p> <p>16. The end.</p>	 <p>Technique7, 10</p>  <p>Technique8</p>  <p>Technique9</p> 
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**Treatment Suggestion**

One course of treatment consists of ten treatment sessions. After one treatment, breasts will be lifted to some degree. After one course of treatment, breasts will be firmed and augmented to some degree. Conditions of accessory breasts, breast outward expansion and saggy breasts will be relieved. Three courses of treatments will help make breasts plump and firm. The more treatments you take, the more noticeable the effect will be.

## Hip-augmentation Treatment: 60 min 1-2 times a week

<p><b>Breast Cup</b> Mode: Breast-lifting (It is recommended)</p>	<p>Essential oil+MS-2184</p>	<p>1. Technique: standing on the side, rub oil into skin by sliding to the waist from the Baliao area and then lift up along the hips</p>	<p>Technique1</p>
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that you should set the suction at relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)

from the waist, 3 times (this is soothing technique.)  
 2. Push the Baliao area with two thumbs, 3 times.  
 3. Soothe the treatment area for 3 times and then press point: BL-23, Baliao area, DU-1, GB-30, BL-36, 3 times.  
 4. Soothe the treatment area, 3 times.  
 5. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times each.  
 6. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) from thigh root to Meridian upwards, 3 times each.  
 7. Overlap both palms and push up together from thigh root to pulse (lifting), 3 to 5 times.  
 8. Push your hands upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.  
 9. Repeat step 7  
 10. Soothe the treatment area.  
 11. The techniques on the other side is the same as above.  
 12. Use both hands to warm the Baliao area up.  
 13. Choose proper cups to perform cup-moving treatment: lift by moving cup from the top of thigh to the top of hip, 3-5 times.



Technique2



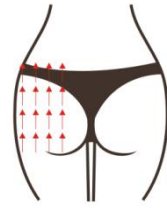
Technique3



Technique5



Technique6



Technique8



		<p>14. Lift from two sides of hip to the middle, 3-5 times.</p> <p>15. Cup-fixing treatment: choose proper cups and fix them on hips, set suction at proper level, about 5-15 minutes.</p> <p>16. Remove cups and wipe hips clean, 2 minutes.</p> <p>17. The end.</p>	
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**Treatment Suggestions**

One course of treatment consists of ten treatment sessions. After one treatment, hips will be lifted to some degree. After one course of treatment, unwanted fat on hips will gradually disappear and hips will be firmed. Three courses will help build attractive hip curve and increase hips' elasticity. Gynecological conditions like cold womb will be relieved.

**Treatment for Private Parts: 60 min once a week**

<p><b>Cups for private parts</b>  Mode: Body rhythm 1/2  Suction: adjust it by turning the knob  (It is recommended that you should set the suction at relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)</p>	<p>Oil for private parts+MS-2184</p>	<ol style="list-style-type: none"> <li>1. Massage private parts: pour some oil on palms and rub hands to warm them up. Push groin alternately by both hands with thumb and index finger splaying, 3-5 times. Perform the technique from left side first and then right side.</li> <li>2. Push groin upwards alternately with both hands, 3-5 times. Perform the technique from left side first and then right side.</li> <li>3. Apply digital pressing technique on the acupuncture points around labia, 3 times</li> <li>4. Push from groin towards labia line by line with both hands, 3-5 times.</li> <li>5. Push groin upwards alternately with both hands, 3-5 times. Perform the technique from left side first and then right side.</li> </ol>	
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		<p>6. Push from groin towards labia line by line with both hands, 3-5 times.</p> <p>7. Cup operation, choose proper cups and fix them on three areas of groin, 3 minutes on each area.</p> <p>8. Use cup to push groin upwards, 3-5 times. Perform the technique from left side first and then right side.</p> <p>9. Use cup to move upwards on the lesser and greater lips of pudendum, 3-5 times. Perform the technique from left side first and then right side.</p> <p>10. Stimulate Huiyin(RN1)(stay on the area for 3 seconds), 3-5 times</p> <p>11. The end.</p>	
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**Treatment Suggestions**

One course of treatment consists of ten treatment sessions. After one treatment, private parts will be tightened to some degree. After one course of treatment, groin and labia will become less dark. Three courses will help tighten private parts dramatically and make the area take on reddish colour. Abnormal menstruation and menstrual pain will be relieved. So, you can live a happier life.