

User Manual

MS-13Y1

360° Revolve RF



Preface

To our valued users,

Thanks for choosing our beauty equipment that owns a unique 360° revolving operating head. It applies 360° revolving technology, and can effectively fix various skin problems, and has a good effect on face tightening, lifting, and wrinkle removal, as well as body firming and shaping. MS-13Y1 is a professional anti-aging beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to human body, thus we advise all the people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return, and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

Brief Introduction

This RF beauty equipment, based on its original RF principle, adds a 360° revolving operating head. Its design conforms to ergonomics. When in use, it's easier to handle, more effort saving and has a more evident effect. RF is currently the most popular equipment for beauty, tightening, and anti-aging. It can effectively replace all the facial and body care programs in beauty salon, and can be operated easily, conveniently and swiftly, and solves skin and body management problems for people pursuing beauty. Moreover, this equipment works safely and effectively, and requires no injection, no medication and no surgery. It has no side effects, and is operated externally throughout, and has an instant effect. RF heats up deep skin, stimulates collagen hyperplasia and restructuring in skin dermis, and accelerates blood circulation in underlying skin, thus achieving the goal of skin tightening, plumpness, anti-aging, as well as senility preventing.

Advantages

1. RF beauty equipment can replace facelift. It's a noninvasive cosmetology, and is safe, has no side effects, and requires no work stopping.
2. RF heats up dermis through high frequency electric wave and stimulates metabolism and collagen regeneration of the skin so as to lift skin, remove wrinkles, fight against micro-aging and tighten and rejuvenate skin.
3. It's safe, noninvasive, nonsurgical, and painless, and it protects epidermis, requires no anesthetic and is without skin convalescence.
4. There is no limits to the use of operating head, and can lower treatment cost.
5. With infrared ray control design, it can speed up skin's metabolism and blood circulation, inhabits bacteria and its multiply, and expand blood capillary.
6. It boosts the regeneration capacity of skin tissue and enhances skin's immunocompetence, so as to achieve wrinkle removal and skin whitening.
7. 360° revolving RF and far infrared reach directly to deep dermis to heat up collagen cells. RF penetrates the shield of melanophore of epidermis foundation, deeply and evenly heats up dermis collagenous fiber until it reaches the temperature of over 45 degree, contracts and tightens slack wrinkles and skin, thus remove the wrinkles timely. The temperature will not scald skin.
8. It promotes the micro-circulation of tissue, and regenerates and restructures collagen, so as to improve skin texture and firm skin timely.

Quadrupole 360° Revolving RF

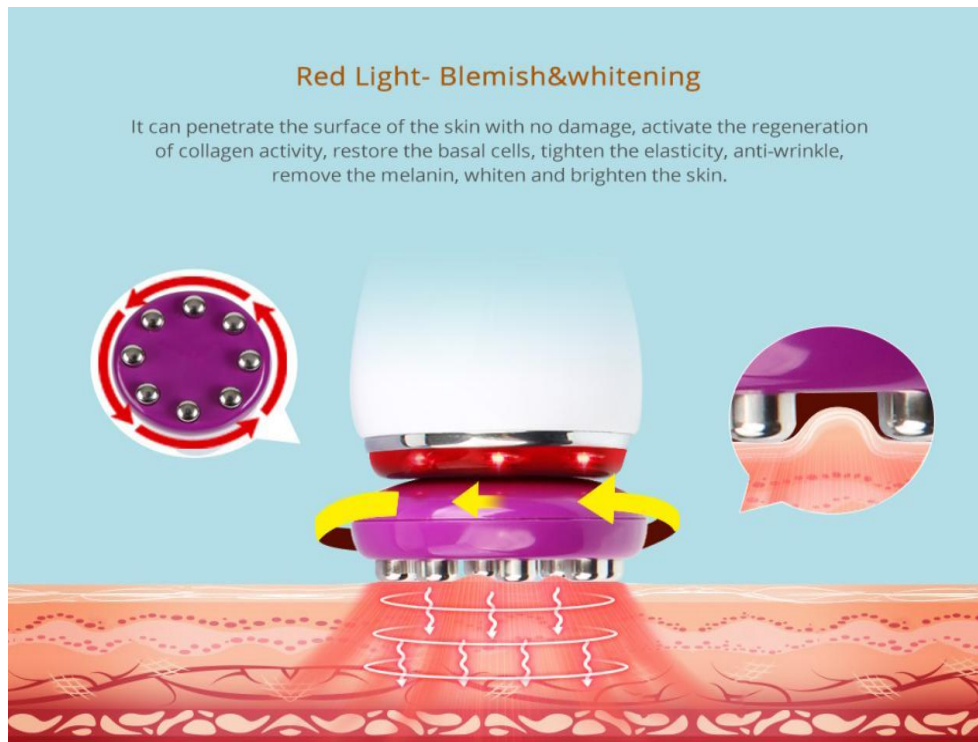
Principle

RF instrument can achieve skin tightening and lifting, skin refining and face sculpting. The best bio-thermal effect frequency for RF is 3MHz. Charge particles, with a variable speed as highest as 8 million times per second, shift directions at the same frequency during the rapid shift of electrodes. Dermis tissue resists radio frequency current naturally, which produces thermal energy.

Radio frequency waves penetrate skin directly, and generate energy by utilizing electrical resistance effect formed by skin, which increases the temperature of underlying skin, and rapidly heats up tissue and stimulates the growth of skin's collagen. By using the principle of tightening collagen in dermis and stimulating collagen hyperplasia, it has two curative effects of lifting and tightening skin timely and regenerating lasting collagen. After using the treatment for 2 to 6 months, collagen will generate hyperplasia and restructure in a gradual manner which lifts and contracts the slack and saggy skin.

Biological Effect: Radio frequency can vibrate 1 million times of high frequency radio wave, which penetrates epidermis exerting its effect directly on dermis, deeply heats up collagen cells, stimulates the growth of collagenous fiber, makes it supported by a great amount of new collagen, and make the skin become firmed and elastic.

A sense of transient heat can be felt each time when the energy is inducted into skin, which means the collagen is already under stimulation and heating, and the skin then will be firmed. During the operation, radio frequency waves emitted by the operating head of super frequency electric wave system, under the cold protection of epidermis, have already penetrated epidermis exerting its effects on dermis, and produced safe bio-thermal energy by heating up water molecule rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile the bio-thermal energy can effectively accelerate intracellular blood flow, and release free fatty acid so as to boost the dissolve of fat on surface layer and achieve the aim of tightening and lifting body and saggy body parts.



Facial Anti-aging

Effects

1. Tighten face and infuse nutrition into deep skin.
2. Increase skin's elasticity and make skin delicate.
3. Moisten skin and increase skin's absorptivity.
4. Accelerate blood circulation and metabolism.
5. Relieve double chin and firm skin.
6. Stimulate collagen hyperplasia and delay aging.

Indications

1. People with dark or lacklustre face.
2. People with slack or saggy skin.
3. People with fine lines, nasolabial folds or periorbital lines.
4. People with vague facial contour.
5. People with coarse skin or large pores.
6. People who are under long-term exposure of UV radiation in workplace.
7. People with slack skin, edema or puffiness after child delivery.

Contraindications

1. People who just had plastic surgery, or had prostheses or metal objects implanted inside the treated parts.

2. People who recently had injections, such as hyaluronic acid, water light, wrinkles removal, or plastic surgery.
3. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. People in allergic period, with severely sensitive skin, or who are allergic to metals.
5. People with skin trauma or wound.
6. People who are overly aging.
7. People in menstruation, pregnancy, lactation or surgical recovery.
8. People with skin diseases or infectious diseases.
9. People who have unrealistic illusion about the effect.

Matters Needing Attention After Treatment

1. Do not wash your face with overheated water within three days (but can wash with warm and cold water)
2. Keep hydrating, and protect yourself from the sun.
3. Do not enjoy hot springs, saunas, or do strenuous exercise, etc., within three days.
4. It's advised to apply facial mask at least three times in a week.
5. Avoid eating spicy and greasy food, staying up late, smoking and drinking alcohol. Instead, eat more vegetables, fruits and light food.
6. Do not eat food causing Three Highs (hypertension, hyperlipidemia and hyperglycemia), and mostly eat light food.

Eye Anti-aging

Effects

1. Relieve eye fatigue, black eyes, eye bags and edema.
2. Improve periorbital lines and crow's feet.
3. Fade pigment and accelerate blood circulation.
4. Accelerate metabolism and prevent pigment from sediment.
5. Replenish nutrition for eyes and moisten skin.
6. Tighten skin and make it tender, and lift the corner of eyes.
7. Accelerate blood circulation of the eyes, and help with the efficient absorption.

Indications

1. People with wrinkles, fine lines, eye bags or black eyes.
2. People with dry skin, dry lines or false wrinkles.
3. People whose eyes are prone to fatigues or dryness.
4. People who always face computer or cellphone.
5. People who always stay up late or with black eyes.

Contraindications

1. People who just undergone plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. People in allergic period, with severely sensitive skin, or who are allergic to metals.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy or surgical recovery.
7. People with skin disease or infectious disease.

Matters Needing Attention After Treatment

1. Avoid being under the blazing sun and protect yourself from the sun.
2. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid) or scrub cream within 1 to 3 days.
3. Avoid washing with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc. within 7 days.
4. Drink more water and apply eye mask which should do at least 3 times in a week, and apply essence or neck cream.

Neck Anti-aging

Effects

1. Improve neck's fine lines and wrinkles.
2. Improve neck with slack, coarse or lacklustre skin.
3. Tighten skin and increase skin's elasticity.
4. Relieve double chin.

Indications

1. People whose neck has fine lines or wrinkles.
2. People whose neck have slack or inelastic skin.
3. People with dark or lackluster skin.
4. People who always lower their heads.

Contraindications

1. People who just had plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant

tumors, etc.

3. People in allergic period, or who have severely sensitive skin.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy or surgical recovery.
7. People with skin diseases or infectious diseases.

Matters Needing Attention After Treatment

1. Avoid being under the blazing sun and protect yourself from the sun.
2. Keep hydrating and protect yourself from the sun since the treated parts are relatively dry.
3. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid) or scrub cream within 1 to 3 days.
4. Avoid washing with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc. within 7 days.
5. Drink more water and apply neck mask which should do at least 3 times in a week..

Body Management

Sextupole/Octupole 360° Revolving RF

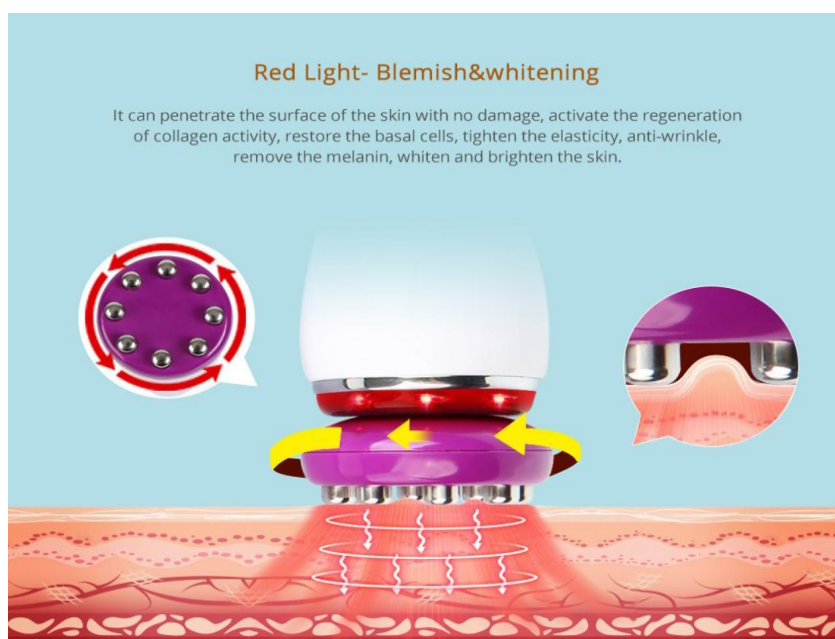
Principle

RF equipment can achieve the effect of skin tightening, lifting and refining, and facial sculpting. The best bio-thermal effect frequency for quadrupole RF is 3MHz. Charge particles, with a variable speed as highest as 8 million times per second, shift directions at the same frequency during the rapid shift of electrodes. Dermis tissue resists radio frequency current naturally, which produces thermal energy.

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Waist & Abdomen Sculpting

Effects

1. Improve women's cold hands, feet, cold womb or cold-natured body.
2. Improve waist and abdomen's slack and soft skin.
3. Reduce waist and abdomen's proud flesh, and alleviate swim ring-like waist and small belly.
4. Tighten skin, reduce stretch marks or striae distensae, and increase skin's elasticity.
5. Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

Indications

1. People with cold hands, feet, cold womb or cold-natured body.
2. People with proud flesh on waist and abdomen, protruding small belly, or slack skin after child delivery.
3. People sitting too long, or with ugly waistline.
4. People with striae distensae, or stretch marks.
5. People with constipation, or obstructed channels and collaterals on abdomen.

Contraindications

1. People with Three Highs(hypertension, hyperglycemia, hyperlipidemia), or heart disease.
2. Women in pregnancy, menstruation, or lactation.
3. People whose surgical wounds is healing, or in surgical recovery.
4. People with epilepsy, severe diabetes or hyperthyroidism.
5. People with malignant tumors, hemophilia or severe bleeding.
6. People with skin disease or infectious disease.
7. People with severe gynecological diseases.
8. People whose gynecological diseases are in treatment.

Matters Needing Attention After Treatment

1. Keep abdomen warm, and avoid exposing to windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, eating raw, cold, spicy or greasy food. Instead, drink more hot water.
3. Take shower after 4 to 6 hours.
4. Avoid enjoying sauna, hot springs, or doing strenuous exercise within 7 days.
5. Rub abdomen with hands doing it clockwise before sleep at night, which makes weight loss and metabolism achieve a better effect.

Arm Sculpting

Effects

1. Stimulate collagen hyperplasia in underlying skin, shape body and firm skin.
2. Improve slack skin.
3. Improve jiggly and thick arms.
4. Tighten skin.
5. Accelerate blood circulation and dredge channels and collaterals.

Indications

1. People with thick arms, or who looks ugly in clothes.
2. People with proud flesh on arms, or jiggly arms.
3. People whose arms have slack skin.
4. People whose arms are prone to pain and numbness.
5. People who always carry baby.

Contraindications

1. People who just had plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. People in allergic period, or who have severely sensitive skin.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy or surgical recovery.
7. People with skin disease or infectious disease.

Matters Needing Attention After Treatment

1. Keep warm, and don't eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to replenish moisture.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna, hot springs, or doing strenuous exercise within a week.

Back Sculpting

Effects

1. Relieve shoulder and back soreness, and improve Dowager's hump.
2. Dredge channels and collaterals, and improve clogged channels and collaterals.
3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen physique.
6. Tighten skin and prevent slack and soft skin.
7. Reduce excessive proud flesh on back, and sculpt back.

Indications

1. People with shoulder and back soreness, or stiff neck.

2. People with insomnia, dreaminess, or fading memory.
3. People who are prone to fatigue, drowsiness, or with obstructed qi- blood circulation.
4. People with thick back, or who looks ugly in clothes.
5. People with Dowager's hump.

Contraindications

1. People with metal implants inside body, such as stent, pacemaker, etc., or who are allergic to metals.
2. Women in pregnancy, menstruation, or lactation.
3. People whose surgical wounds is healing, or in surgical recovery.
4. People with Three Highs, heart disease, epilepsy, severe diabetes or hyperthyroidism.
5. People with malignant tumors, hemophilia or severe bleeding.
6. People with skin disease or infectious disease.
7. People who are in relatively fragile health.
8. People who are drunk, thirsty, overworked, and with full or empty stomach.

Matters Needing Attention After Treatment

1. Keep warm, avoid exposing to windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol, and eating and drinking too much.
4. Avoid eating raw, cold and spicy foods. But get enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

Buttocks Sculpting

Buttocks, which located at the middle of human body, is the key hub for channels and collaterals and qi-blood circulation, and is the main switch of six channels and collaterals as well as the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of human body, It plays an important role in body S-curve management and feminine charm increasing.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other gynecological diseases.
3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.

5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape hips. improve the sagging and outward expansion of hips, tighten skin, and increase elasticity.

Indications

1. People with slack and saggy hips, or fat accumulation on hips.
2. People with striae distensae, or stretch marks.
3. People whose hips shape is not good-looking, flat, loose, or with outward expansion.
4. People with cold hips, or with low hips temperature.
5. People with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. People with decreased estrogen levels. or disharmonious sexual life.

Contraindications

1. People in menstruation, pregnancy, lactation or surgical recovery.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. People with skin disease, infectious disease, or whose skin is in sensitive period.
4. People with surgical wounds, or in surgical recovery.
5. People in allergic period, or who have severely sensitive skin.
6. People who just had liposuction.
7. People who are overly aging.

Matters Needing Attention After Treatment

1. Keep buttocks warm, and avoid wearing miniskirts or mini-shorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol, and eating and drinking too much.
5. Avoid eating raw, cold and spicy foods. But get enough sleep.
6. Avoid enjoying sauna. springs, or doing strenuous exercise within 7 days.

Legs Sculpting

Effects

1. Tighten skin, and prevent slack and soft skin.
2. Stimulate collagen regeneration and flatten lineae albicantens.
3. Increase legs' blood circulation, detox and metabolism;
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent

varicose veins.

5. Tighten excessive proud flesh on legs and get rid of thick thigh.

Indications

1. People with obstructed blood circulation of lower limbs, or with edema and obesity.
2. People with hypo. immunity, or who feel uncomfortable and pain all, over the body, or who are, prone to catch colds.
3. People with constipation, or with coarse and , slack , skin.
4. People with clogged channels and collaterals in legs, or with disproportionate and unsightly legs.

Contraindications

1. People in menstruation, pregnancy or lactation.
2. People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. People with skin disease, infectious disease, or whose skin is in sensitive period.
4. People with surgical wounds, or in surgical recovery.
5. Patient with severe varicosity or tumors.
6. People in allergic period, or who have severely sensitive skin.
7. People who just had liposuction.
8. People who are overly aging.
9. People in pregnancy or surgical recovery.

Matters Needing Attention After Treatment

1. Keep warm, and don't eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna. springs, or doing strenuous exercise within 7 days.
6. Wear long pants as far as possible after treatment, and avoid wearing miniskirts and mini-shorts.

Breast Sculpting

Effects

1. Adjust breast shape and improve accessory breast.
2. Improve breast nodules and slight hyperplasia, and relieve distending pain in breast during menstruation.

3. Improve the outward expansion of breast.
4. Improve irregular menstruation, spots on the face and inelastic skin.
5. Improve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

Indications

1. People whose hips shape is not good-looking, flat, loose, or accessory breast.
2. People with nodules and slight hyperplasia, and distending pain in breast during menstruation. People who are in
3. People whose breast has free fat, or is saggy, with outward expansion.
4. People with hypoimmunity.
5. irregular menstruation, spots on the face and inelastic skin.
6. Improve mastatophy, slack breast, and blocked lactiferous ducts after child delivery. etc. or have

Contraindications

1. People with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function or major organ functions impaired.
2. People who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or is taking now.
3. People with infected skin on the breast.
4. People with severe breast hyperplasia, fibroma or cyst.
5. menstruation, pregnancy or lactation.

Matters Needing Attention After Treatment

1. Keep warm, and don't eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna. springs, or doing strenuous exercise within 7 days.
6. Wear case-hardened and comfortable underwear, and don't press the breast hardly.

Part II

1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial page will appear after having the power switch on.



Function Selection



MODE Button for Revolving and non-revolving



INTENSITY Energy Intensity & Light Setting



Energy Intensity Display



ON/OFF Start/ Pause

Quadrupole/Sextupole/Octupole 360° revolving RF can be used alternately according

to part to be treated. (Caution: Quadrupole is standard configuration, while sextupole and octupole can be ordered if needed.)

2. Technical Parameters

Frequency: 5MHz

Power Output: 15j-35j/cm²

Consumption: 45W

Revolve Frequency: 1080 Rotation / 1 Hour

Dimensions: 260*340*100mm

Net Weight: 1.35kg

Gross Weight: 1.70kg

Input Power: AC110V/ 220V 50/ 60Hz

3. Contraindications

People with the following situations should use the equipment with caution. Please consult a doctor or professional before using this equipment. The details are as follow:

- (1) Women in pregnancy, menstruation, lactation, or surgical recovery.
- (2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- (3) People with skin disease, infectious disease, or whose skin is in sensitive period.
- (4) People with surgical wounds, or in surgical recovery.
- (5) People with epilepsy, severe diabetes or hyperthyroidism.
- (6) People in allergic period, or who have severely sensitive skin.
- (7) People who just had liposuction.
- (8) People who are overly aging.
- (9) Avoid wearing metal jewelry during the treatment.
- (10) It's prohibited to use it around body parts with metal, plastic or silicon implant.

4. Precautions for Use

- (1) To avoid skin discomfort caused by overheating, the skin must be evenly applied to gel when operating.
- (2) Avoid wearing metal object or jewelry during the treatment.
- (3) Protect yourself from the sun, and avoid direct sunlight.
- (4) It's refrained to use it on fragile parts like ear, nose, eyeball or throat.
- (5) People with hypertension, heart disease, or infectious disease, or who are sensitive to electric current are not allowed to use it.
- (6) People who had other plastic surgery or had body parts filled before treatment can't have this treatment until he gets recover, or he has to wait for 3 months. Or to do plastic surgery one month later after the treatment.
- (7) Appress the RF to skin with even strength, otherwise it may cause uneven

heating.

- (8) Set the energy intensity from low to high to avoid discomfort when operating.
- (9) Turn the equipment off after treatment so as not to affect its service life.
- (10) Clean the equipment and its handle with tissue dipping normal saline(don't use alcohol) after operation, so as to extend its service life.
- (11) Place the equipment in a dry and ventilated place, and avoid direct sunlight, high temperature or
- (12) Turn off the power supply of main machine and take out the plug after use.
- (13) Avoid contacting hair and sundries when in use, otherwise it may cause adverse consequence.

5. Troubleshooting & Solutions

- (1) The equipment can't be started, and buttons in its back are not working?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.

- (2) Buttons are not working?
 - A. Turn off the equipment and restart
 - B. Take out the plug of probe and re-plug it.

- (3) The probe feels very hot?
 - A. Check whether it is applied to gel or facial cream when in use.
 - B. Check whether the equipment is running without doing nothing.
 - C. Check whether the equipment is working for too long time.

6. FAQs

- (1) Q: How long does the effect of RF treatment can be seen?

A: Usually, collagenous tissue will contract under heating. And a sense of tightening can be felt on the day of treatment or within a week. RF stimulates subcutaneous tissue, and produces collagen continuously, thus the more time you have the treatment, the more obvious the effect is.

- (2) Q: Does RF cause harm to skin?

A: RF for tightening and anti-wrinkles is a non-surgical program. It stimulates collagen regeneration on underlying skin and accelerates metabolism. Therefore, it causes no harm to skin. Only local redness and heating will occur after treatment, which is a normal phenomenon caused by accelerated blood circulation, and it will disappear itself after a moment. Thus, there's no need to worry.

- (3) Q: Does sensitive skin can use this equipment?

A: Sensitive skin can use it, but people in allergic period is not advised to take the treatment. RF stimulates deep collagen hyperplasia, accelerates blood circulation, and

repair and improve the sensitivity of skin, but it generates heat effect. If skin has swelling, it will speed up skin circulation and make the swelling worse. Therefore, people in allergic period is not advised to do it.

(4) Q: What products can be used together with this equipment?

A: it can be used together with any serum and cream products. A better effect can be achieved. It can help to a better absorption and infiltration of serum, and is ten times useful than that of applying. and it can do tightening, lifting, metabolism and absorption.

(5) Q: Will I experience rebound after the treatment?

A: It will not get rebound easily since RF is stimulating the regeneration of collagen, and is not padding or surgery. It takes time for collagen to grow. Therefore, the more times you take it, the better your skin will become. If you stop the treatment, the skin only back to its metabolic and aging process, which is not a rebound.

(6) Q: Is there any dependency for this treatment?

A: There is no dependency. RF stimulates fat metabolism and collagen regeneration of the underlying skin. You can see the effect after you do it each time. A better effect can be achieved if you follow a course of treatment. It's pure physical therapy, which will not thinner or damage skin, let alone causing dependency. And it will not get rebound after stopping using it. So you can rest assured.

7. Packing List

NeRevi 360 Degree Revolve RF Main Machine x1

Quadruple Revolve RF Handpiece for Face Lifting(Standard) x1






Sextupolar Revolve RF Handpiece for Face & Body Shaping(Optional) x1

Octupolar Revolve RF Handpiece for Body Shaping(Optional) x1

Power Supply Cord x1

8. Operational Diagrams

Parameter	Product	Technique	Diagram
Setting			
Facial Anti-aging: 60 Minutes/ Once a Week			
Quadrupole 360° Revolving RF Mode: revolving/	Cleansing Oil + Facial Cleanser + Massage Cream + Essence +	1. Remove makeup and clean the face, 5 minutes. 2. Apply hydrating mask and use hot	Technique 5, 7

<p>non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Equipment+ Facial Mask</p>	<p>steam, 10 minutes.</p> <ol style="list-style-type: none"> 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it for 3 times. 6. Press Chengjiang(REN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20), Jingming(BI-1), Cuanzhu(BI-2), Yuyao(EM3), Sizhukong(TE-23), Temple, Tongziliao(GB-1), Chengqi(ST-1), and Sibai(ST-2). Repeat 3 times. 7. Caress the whole face for 3 times. 8. Lift in three lines respectively with two hands doing it alternately, from chin to earlobe, from the corner of mouth to Ermen(SJ21), from nose wing to Temple, from lower eyelid to Temple, and lift the corner of eyes. Repeat 3 times. 9. Do the same on the other side. 10. Lift forehead towards hairline direction. Repeat 3 times. 11. Flip and lift the face 	<div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 6</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 8, 18</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 10, 12, 20</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 15</p> <div style="text-align: center;">  </div> <hr/>
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		<p>with Revolving fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One side, flip and lift the face with two hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring finger, slide to the front of ear and lift to and fro for 3 times, and pass over the back of ear.</p> <p>16. Clean the face, 2 minutes.</p> <p>17. Apply essence evenly to the whole face, 1 minute.</p> <p>18. Technique for Quadrupole 360° Revolving RF: Lift one line after another from chin to the part below ear, from the corner of mouth to the middle of ear, from nose wing to Temple. Repeat 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift forehead towards hairline. Repeat 3 times.</p>	
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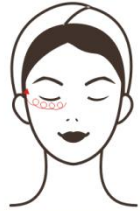

		<p>21. Apply facial mask, and wait for 15 minutes.</p> <p>22. Clean the face, 2 minutes.</p> <p>23. Apply toner, essence, facial cream and sunscreen.</p> <p>24. Treatment done.</p>	
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Course of Treatment Recommended:

Ten treatments is a course. After one treatment, you can feel obvious tightening. After a course, skin turns firm and lifted, face becomes plump, pores contract. After three courses, skin outline gets clear, skin becomes tightened and elastic, wrinkles flatten, double chin disappear, and skin gets rejuvenated, and aging delays.

Eye Anti-aging: 35 Minutes/ 2 to 3 Times a Week


<p>Quadrupole 360° Revolving RF</p> <p>Mode: revolving/ non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p>	<p>Technique 3</p> 
		<p>2. Apply toner, 1 minute.</p>	<p>Technique 5</p> 
		<p>3. Apply essence(eye cream) evenly to the eyes with hands moving in circles. Repeat 3 times.</p>	<p>Technique 6, 8</p> 
		<p>4. Quadrupole 360° Revolving RF Technique: Set energy parameters, mode and time(about 10 minutes).</p>	<p>Technique 7</p> 
		<p>5. Lift the device from lower eyelid to the corner of eye. Repeat 3 to 6 times.</p>	
		<p>6. Lift the device from lower eyelid to Temple. Repeat 3 to 6 times.</p>	
		<p>7. Lift the device from lower eyelid moving in small circles to</p>	


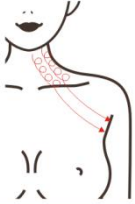


		<p>Temple. Repeat 3 to 6 times.</p> <p>8. Lift the device from lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>9. Lift the device from brow ridge to hairline. Repeat 3 to 6 times.</p> <p>10. Do the same on the other side</p> <p>11. Clean the face, 1 minutes.</p> <p>12. Apply facial mask, and wait for 15 minutes.</p> <p>13. Remove the mask and clean the face, 2 minutes.</p> <p>14. Apply eye essence and eye cream.</p> <p>15. Treatment done.</p>	 <hr/> <p>Technique 9</p> 
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Course of Treatment Recommended:

It's advised to do it for 2 to 3 times. After one treatment, the eye will be tightened and lifted, and eye blood circulation will be accelerated. After a month, the fine lines and black eye will be faded, and skin color will be improved. After three months, the eye will be tightened and lifted, and be rejuvenated and with gloss. To stick to it, the eye can be improved and aging can be prevented.

Neck Anti-aging: 60 Minutes/ Once a Week

<p>Quadrupole 360° Revolving RF</p> <p>Mode: revolving/ non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Cleansing Oil + Facial Cleanser + Massage Cream + Essence + Equipment+ Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage neck, and lift in the front of chest and apply oil to it with both hands, then move to the back of neck, and press Fengchi(GB20) and Fengfu(DU16). 	<p>Technique 3</p>  <hr/> <p>Technique 4</p>
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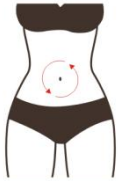





		<p>Repeat 3 times.</p> <p>4. Lift jaw and double chin with both hands doing it alternately, and lift to armpit via the back of ear, and pass under armpit. Repeat 3 times.</p> <p>5. Stroke the three channels and collaterals on the side of neck with the V-shaped webbed area between thumb and index finger doing it circlewise, and till armpit and pass under there. Repeat 3 times.</p> <p>6. Stroke the three channels and collaterals on the side of neck with four fingers, and till armpit and pass under there. Repeat 3 times.</p> <p>7. Rub the side of neck with kneeling fingers till it turns hot, and rub till armpit and pass under there. Repeat 3 times.</p> <p>8. Stroke external collarbone with the V-shaped webbed area between thumb and index finger, and till armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment done.</p> <p>11. Quadrupole 360°</p>	 <hr/> <p>Technique 5, 6, 7, 13</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 14</p> 
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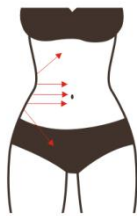

		<p>Revolving RF Technique: Coupled with hands, lifting from double chin to armpit via the back of ear. Repeat to 5 times.</p> <p>12. Move the equipment circlewise on the side of neck till armpit in three lines respectively, and pass under there. Repeat 3 times.</p> <p>13. Slide the equipment from internal and external collarbones to armpit, and pass under there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise around the neck. Repeat 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Apply neck mask, and wait for 15 minutes.</p> <p>17. Clean the neck, 1 minute.</p> <p>18. Apply toner, neck essence, neck cream and sunscreen.</p> <p>19. Treatment done.</p>	
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Course of Treatment Recommended:

A course consists of ten treatments. After one treatment, skin becomes rejuvenated and delicate. After a course, neck skin turns smooth, and circulation of neck lymph accelerates. After two courses, skin becomes tightened, cervical stripe fade, and double chin improves. After 3 courses, skin turns delicate, glossy, firmed and plump, and lymphatic detox speeds up, dark face and acne improves. It also delays skin aging and rejuvenate it.

Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

<p>Octupole 360° Revolving RF Mode: revolving/ non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Techniques 2. Move circlewise on abdomen with two hands applying oil. Repeat 3 times. 3. Rub belly back and forth with two hands. Repeat 3 to 5 times. 4. Rub the fat on abdomen as the way of rubbing spine with both hands doing it alternately. Repeat 3 times. 5. Lift belt vessels of both sides of the waist with hands doing it alternately. Repeat 16 times. 6. Move in Arabic numeral 8-shaped motion to the part below waist and then lift upwards from the side of waist. Repeat 3 times. 7. Rub intestinal tract with two hands overlapped moving in small circles and clockwise. Repeat 3 times. 8. Caress the treated parts with two hands moving circlewise. Repeat 3 times. 9. Press Shangwan(RN13), Zhongwan(RN12), Xiawan(RN10), Shenque(RN8), Qihai(RN6), Guanyuan(RN4), Zhongji(RN3), Tianshu(ST25), Daheng(SP15), Qugu(RN2). Repeat 2 times. 10. Push directly from 	<p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3, 19</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p> 
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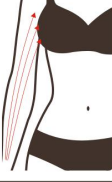



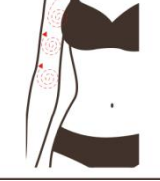

		<p>Zhongji(RN3) to belly button with thumbs of both hands, and slide to the parts below waist along the two sides, then lift upwards to groin. Repeat 3 times.</p> <ol style="list-style-type: none"> 11. Caress the treated part till groin with both hands. 12. Treatment done. 13. Octupole 360° Revolving RF Technique: One Side, lift from the side of waist to belly, and lift one line after another to groin. Repeat 3 times. 14. Lift the other side. Repeat 3 times. 15. Move in small circles on abdomen. Repeat 3 times. 16. Move in big circles on abdomen. Repeat 3 times. 17. Clean it with towel and treatment done. 	<p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 17</p>  <hr/> <p>Technique 15</p> 
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Course of Treatment Recommended:

A course consists of ten treatments. After one treatment, abdomen is heated which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile problems, such as constipation, improve. After two courses, the effects become more and more obvious. Skin turns tightened and lifted, collagen in underlying skin increases, and stretch marks and slack skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of waist and abdomen shapes, and a slim waist builds.

Arm Sculpting: 60 Minutes/ Once a Week

<p>Sextupole 360° Revolving RF Mode: revolving/ non-revolving</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Techniques 2. Do it in a left-right order. Lay the arms flatwise, and apply essential oil from the lower arm to the 	<p>Technique 2, 3, 4, 5, 6, 7</p>
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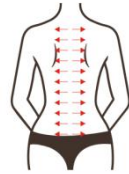
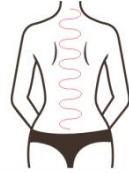
<p>Advised Energy Level: 1 to 5</p>		<p>upper arm with two hands till the hands slide out, and repeat it for 3 times.</p> <ol style="list-style-type: none"> 3. Push the entire arm with two palms doing it alternately. Repeat 3 times. 4. Push Large Intestine Channel[LI]-Sanjiao Channel[SJ]-Small Intestine Channel[SI] of the outer arm respectively till armpit with the V-shaped webbed area between thumb and index finger of two hands. Repeat 3 times. 5. Caress the treated part. Repeat 3 times. 6. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times. 7. Caress the treated part. Repeat 3 times. 8. Lay the arm upwards, and push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT] of the inner arm till armpit with the V-shaped webbed area between thumb and index finger. Repeat 3 times. 9. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times. 10. Caress the treated part 	 <p>Technique 8, 9</p>  <p>Technique 10</p>  <p>Technique 13, 16</p>  <p>Technique 14, 15,</p>  <p>Technique 17</p>  <p>Technique 19</p>
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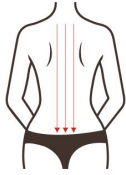



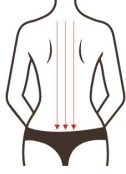

		<p>till the hands slide out. Repeat 3 times.</p> <ol style="list-style-type: none"> 11. Do the same on the other side. 12. Treatment done. 13. Sextupole 360° Revolving RF: Lay the arms flatwise. Start with the fat part of lower arm, pushing to armpit along the three channels and collaterals. Repeat 3 times. 14. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times. 15. Flabby arms can be treated more. Repeat 3 times. 16. Push till armpit along the three channels and collaterals. Repeat 3 times. 17. Lay the arms upwards, and push the three channels and collaterals of arms to armpit. Repeat 3 times. 18. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times. 19. Push from upper arm to armpit along the three channels and collaterals. 20. Do the same on the other side. 21. Clean it with towel and treatment done. 	 <p>The diagram shows a woman's upper body from the chest up. Her arms are raised, and red arrows point to the three channels and collaterals on each arm, starting from the lower arm and moving towards the armpit. A horizontal line is drawn below the diagram.</p>
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Course of Treatment Recommended:

Ten treatments is a course. After one treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, extra fat on the arms starts to decrease, and skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidate and stabilize, and rebound can be prevented.

Back Sculpting: 60 Minutes/ Once a Week

<p>Octupole 360° Revolving RF Mode: revolving/ non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> 1. Techniques 2. Apply oil to the back, and press Fengchi(GB20) and Fengfu(DU16). 3. Stroke area connecting neck and shoulder (start with hairline) with thumb finger. Repeat 3 to 5 times. 4. Stroke Bladder Meridian (BL) outward to sacral region(BL31-BL34) with thumb finger and caress till Fengchi (GB20) and Fengfu (DU16). Repeat 3 times. 5. Move circlewise and in S-shaped motion from neck to caudal vertebra with both hands. Repeat 3 times. 6. Push Bladder Meridian (BL) in a left-right order with two thumbs doing it alternately. Repeat 3 times. 7. Push Bladder Meridian (BL) to sacral region(BL31-BL34) with two hands doing it simultaneously. Repeat 3 times. 8. Push Bladder Meridian (BL) with kneeling fingers of both hands in three 	<p>Technique 2, 11,</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14</p>
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		<p>lines respectively. Repeat 3 times.</p> <p>9. Push medial border of scapula in a left-right order with both hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely medial border of scapula with both hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with both hands and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</p> <p>12. Press Tianzong(SI11) with both thumbs overlapped, then slide to arm and slide out. Repeat 3 times.</p> <p>13. Treat the other side, and press Tianzong(SI11) till arm and slide out. Repeat 3 times.</p> <p>14. Rub Du Meridian(DU) and Bladder Meridian(BL) with both hands till it turns hot.</p> <p>15. Treatment done.</p> <p>16. Octupole 360° Revolving RF Techniques: Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with neck, sliding to sacral region(BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui(Du-14) and sacral region(BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro area connecting neck and shoulder. Repeat 3 to 5 times.</p>	 <hr/> <p>Technique 9, 19,</p>  <hr/> <p>Technique 10, 19,</p>  <hr/> <p>Technique 12, 13,</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>
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		<p>19. Lift to and fro medial border of scapula in a left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to sacral region(BL31-BL34) in a Arabic numeral 8-shape. Repeat 3 times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in a left-right order. Repeat 3 times. of waist to armpit. Repeat 3 to 5 times.</p> <p>22. Clean it with towel and treatment done.</p>	 <hr/> <p>Technique 20</p>  <hr/> <p>Technique 21</p> 
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Course of Treatment Recommended:

Ten treatments is a course. After one treatment, back gets relaxed obviously, and stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder becomes relaxed, and the fat on the back lessens, and the Dowager's hump of the back alleviates, and the outlines of back becomes nice. After two courses, the Dowager's hump of the back improves, and channels and collaterals dredges, and sub-health conditions and sleep quality take a turn for the better. After three courses, back turns thinner, and outlines become good-looking, and viscera function enhances, and digestion, detox and metabolism improves. (one course with size reduced, two courses with effects consolidated, and three courses with effects strengthened without rebound.)

Buttocks Sculpting: 60 Minutes/ Once a Week

<p>Octupole 360° Revolving RF Mode: revolving/ non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> Stand sideways and with both hands applying oil, and slide from sacral region(BL31-BL34) to waist, then lift upwards from waist along buttocks. Repeat 3 times. Push sacral region(BL31-BL34) with both thumbs. Repeat 3 times. Caress the treated part for 	<p>Technique 1, 4,</p>  <hr/> <p>Technique 2</p>
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		<p>3 times, then press Qihaishu(BL23), Baliao(eight sacral foramina), Changgqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat 3 times.</p> <p>4. Caress the treated part for 3 times.</p> <p>5. With the left first and the right after. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>6. Push upwards from thigh root to belt vessel with two hands doing it severally along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>7. lifting from upwards from thigh root to belt vessel with the two palms overlapped. Repeat 3 to 5 times.</p> <p>8. Push directly (for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and forth. Repeat 3 times.</p>	 <p>Technique 3</p>  <p>Technique 5, 7</p>  <p>Technique 6, 12, 15</p>  <p>Technique 8, 13, 16</p>  <p>Technique 14</p> 
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		<p>9. Repeat technique No.7.</p> <p>10. Caress the treated part.</p> <p>11. Do the same on the other side.</p> <p>12. Octupole 360° Revolving RF Technique: Lift one line after another from thigh root to belt vessel. Repeat 3 times.</p> <p>13. Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>14. Move in small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>15. Lift one line after another from thigh root to belt vessel. Repeat 3 times.</p> <p>16. Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. 18. Clean it with towel and treatment done.</p>	
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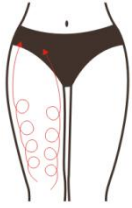
Course of Treatment Recommended:

Ten treatments is a course. After one treatment, buttock lifts and becomes hot. After a course, buttock outlines start to show itself, and excessive fat disappears slowly, and skin turns tightened. After three courses, gynecological diseases improves, such as cold body and cold womb, menstruation returns to normal, and the effect consolidate, which boosts feminine charm.

Legs Sculpting: 60 Minutes/ Once a Week

<p>Sextupole 360° Revolving RF Mode: revolving/ non-revolving</p> <p>Advised Energy</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<p>1. Techniques</p> <p>2. Treat the left leg first and the right after. Massage from the lower leg to the thigh with two hands applying oil, then back to the heel. Repeat 3 times.</p>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p> 
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<p>Level: 1 to 5</p>	<ol style="list-style-type: none"> 3. Push the entire leg from the bottom up with the base of two palms doing it alternately, then back to the heel till the palms slide out. 4. Push the four channels and collaterals(Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB]) from the bottom up with the V-shaped webbed area between thumb and index finger of both hands doing it alternately. Repeat 3 times. 5. Push popliteal fossa with two hand doing it alternately. Repeat 3 times. 6. Twist from the bottom up and back and forth with two hand doing it alternately. Repeat 3 times. 7. Caress the treated part. Repeat 3 times. 8. Push the four channels and collaterals with kneeling fingers doing it from the bottom up. Repeat 3 times. 9. Caress the treated part. Repeat 3 times. 10. Do the same on the other side. 11. Treatment done. 12. Sextupole 360° Revolving RF Technique: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney 	<p>Technique 6</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 13</p>  <hr/> <p>Technique 15, 17,</p>  <hr/> <p>Technique 16, 18,</p>  <hr/> <p>Technique 21, 23, 25, 27, 30</p>
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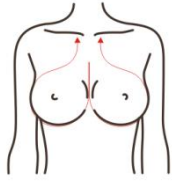
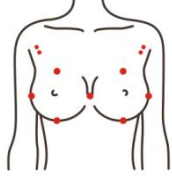
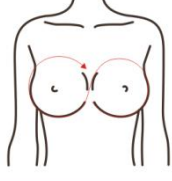
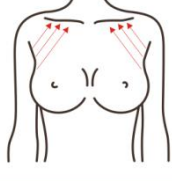
		<p>Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times.</p> <p>13. Move in small circles on the lower leg to dissolve fat. Repeat 3 times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and meanwhile caress it with hands.</p> <p>15. Start with popliteal fossa, pushing the four channels and collaterals till thigh root. Repeat 3 times.</p> <p>16. Start with popliteal fossa, moving in small circles till thigh root to dissolve fat. Repeat 3 times.</p> <p>17. Start with popliteal fossa, pushing the four channels and collaterals successively till thigh root. Repeat 3 times.</p> <p>18. Moving in small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Fore-leg Massage: Apply essential oil from the lower leg to the thigh with two hands. Repeat 3 times.</p> <p>21. Push Spleen Meridian (SP)-Stomach Meridian (ST)-Liver Meridian(LV)-Gallbladder Meridian(GB) of the leg with the V-shaped webbed area between</p>	 <hr/> <p>Technique 26</p> 
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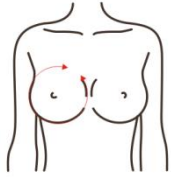
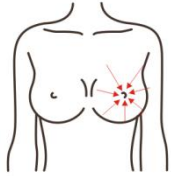
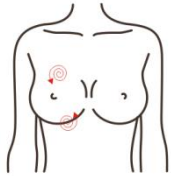


		<p>thumb and index finger of both hands doing it alternately, and till thigh root. Repeat 3 times.</p> <p>22. Push the four channels and collaterals with kneeling fingers. Repeat 3 times.</p> <p>23. Treatment done.</p> <p>24. Do the same on the other side.</p> <p>25. Sextupole 360° Revolving RF Technique: Lift from the lower leg towards the knee along the four channels and collaterals. Repeat 3 times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>26. Move circlewise from the two sides of lower leg to the knee. Repeat 3 times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>27. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>28. Move in small circles on the whole thigh. Repeat 3 times</p> <p>29. Lift circlewise from knee to thigh root. Repeat 3 times.</p> <p>30. Lift one line after another from knee to thigh root. Repeat 3 times.</p> <p>31. Do the same on the other side</p> <p>32. Clean it with towel and treatment done.</p>	
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Course of Treatment Recommended:

Ten treatments is a course. After one treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. Super RF and super ultrasound stimulate skin dermis and regenerate collagen continuously, thus the curative effect becomes more and more clear.

Breast Sculpting: 60 Minutes/ Once a Week

<p>Sextupole 360° Revolving RF Mode: revolving/ non-revolving</p> <p>Advised Energy Level: 1 to 5</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> Stand in the head of a bed. With hands applying oil moving from Danzhong(RN17) till armpit and meanwhile lift suspensory ligament. Repeat 3 times. Press Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchuang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs, of both hands. Repeat, 3 times. Caress the treated part. Repeat 3 times. Stroke Arabic numerals 8-shape between Danzhong(RN17) and breast with two palms overlapped. Repeat 3 times. Lift from accessory breast to suspensory ligament with two hands doing it alternately. With the left first and right after. Repeat 10 times. Caress the treated part. Repeat 3 times. Sit next to the client. With the left first and right after, and caress and lift the breast with both palms. 	<p>Technique 1</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13,</p>
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		<p>Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around breast with the V-shaped webbed area between thumb and index finger. Repeat 3 to 5 times.</p> <p>9. Dredge nodule parts of breast with thumb moving circlewise and alternately. Repeat 3 times.</p> <p>10. Caress and lift the whole breast with two hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. Technique for Sextupole 360° Revolving RF: With the left first and right after. Coupled with hands, lifting from the bottom up to nipple along breast. Repeat 5 to 8 times.</p> <p>13. Lift downwards to collarbone along the breast drawing semi-circle. Caress with hands. Repeat 5 to 8 times.</p> <p>14. Move in small circles dredging parts with nodule. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arm lift up. Move the equipment circlewise on accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push the accessory breast under armpit to breast (for sculpting and removing accessory breast). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p>	 <p>Technique 8, 12,</p>  <p>Technique 9, 14,</p>  <p>Technique 15</p>  <p>Technique 16</p> 
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		18. Clean it with towel and treatment done.	
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Course of Treatment Recommended:

Ten treatments is a course. After one treatment, the breast is heated which will accelerate blood circulation, and the breast will be lifted in a certain level. After a course, the effects will become more obvious and the nodule will be improved. After three courses, the skin will become tightened, and shaping will be reinforced, and breast elasticity will be boosted, internal secretion will be regulated, and make women more charm.