

User Manual

LY-2191



Preface

To our valued users,

Thanks for choosing our latest LY-2191, which has replaced all the programs in the traditional beauty salon. And all the body parts from the head to the feet can use it. It took over the handwork, presenting a fantastic effect. LY-2191 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the human body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

LY-2191 has replaced all the programs in a traditional beauty salon. All the body parts from the head to the feet can use it. For example, face and buttocks lifting, eye bag, cold stomach, and cold uterus relieving, shoulder and neck injury alleviating, breast enhancement, breast sagging prevention, body slimming, weight reduction, constipation curing, vagina caring, etc. It has replaced the manual service and can undertake scrapping therapy, massage, cupping, acupoints pressing, and dredge channels and collaterals. And this equipment works safely and effectively, requires no injection, no medication, and no operation, and can be operated easily and conveniently. It has no side effects and is operated externally throughout, and has an instant effect. This machine can carry out dynamic vacuum suction and release to the breast, deeply relax, massage, dredge the breast, and relieve the obstruction.

2. Advantages

- (1) It's multifunctional beauty equipment, which can be selected according to individual demands.
- (2) It's comfortable, painless, non-invasive, and injury-free during treatment. And it will not affect regular work and life after treatment.
- (3) It can effectively solve problems like body fatigue, soreness, swelling, and flat breast.
- (4) The powerful vacuum air pump has slight noise and various modes for selection. And the vacuum cups conform to the size of the breast, are of high quality, and are very comfortable.
- (5) The metal grease cup can do scrapping therapy, suck toxins from the body, and remove fat, and instantly expel toxins and dampness from the body.
- (6) It has a broader treatment range and an evident effect, and it has no consumption, with low cost, but with a quick return.
- (7) It's easy to operate, requires no surgery or anesthesia(non-invasive and painless), and will not affect regular work and life.
- (8) It has multiple vacuum cups, which can be changed according to different requirements.

3. Facial Skin Cleansing

(1) Principle

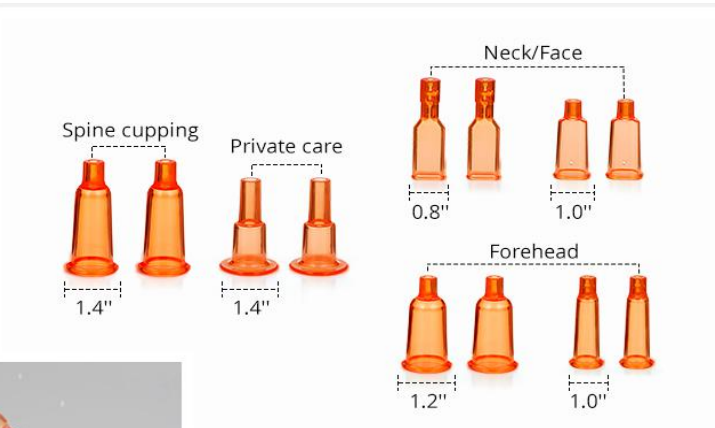
Vacuum Cup for Face

It achieves deep cleansing by using a vacuum sucking head acting on the facial skin

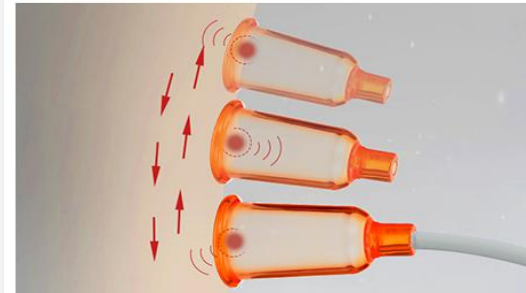
directly. (Vacuum/Negative Pressure: It's lower than normal pressure and is widely used. The widespread barometric pressure can be served in the interest of human beings by rendering some space in a negative pressure state. For example, when the lung expands under breathing, vacuum/negative pressure occurs. Pressure difference formed inside and outside the lung injects fresh air into it.) By employing this principle, vacuum cleansing can deeply remove blackheads, whiteheads, grease, and dirt from the pores without causing pain.

03

6 Pairs gas cup
for scrub

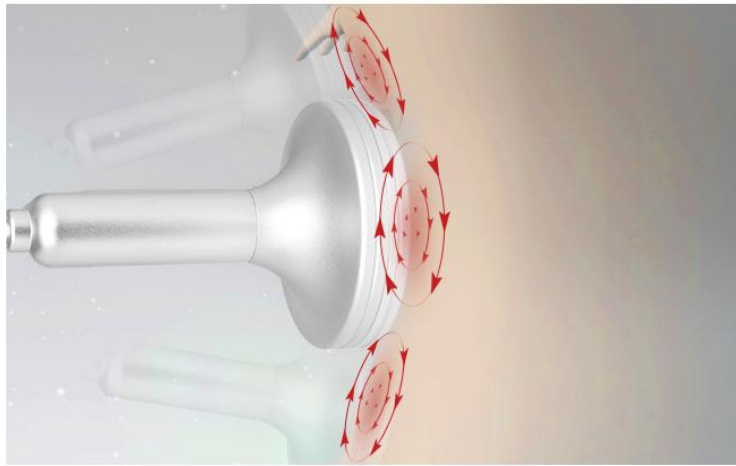


The cupping form a negative pressure the skin through the vacuum inside the cup to stimulate the points on face surface and then transmit to the whole body to relaxation, lymph detox ,blood circulation
Treatment area: face



Metal Grease Cup

To massage skin and muscle with a special vacuum metal grease cup can effectively enhance the mobility of the body fluids, boost the movement of cells, activate cells, increase skin elasticity, and reduce the appearance of fine lines. Vacuum movement can stimulate the sympathetic nervous system on the superficial and deep layer of the skin, lower skin sensitivity, and improve skin immunity.



B

Rhythm Massage Treatment (Fingertip Moving)

Fingertip comes with ball and negative suction to suck the body as well as massage the points of body, result in helping body curver and lymphatic detoxification
Treatment area: body & face

(2) Efficacy

- 1) Dredge pores and shrink large pores.
- 2) Deeply clean skin.
- 3) Lift facial skin and sculpt facial contour.
- 4) Accelerate blood circulation and metabolism.
- 5) Make skin color even, fade the pigment, and flatten fine lines.

(3) Indications

- 1) Those with strong grease secretion or thick stratum corneum.
- 2) Those with coarse skin or large pores.
- 3) Those with clogged pores.
- 4) Those with dark or lusterless skin.
- 5) Those with flabby or saggy skin.

(4) Contraindications

- 1) Those who just had plastic surgery or had prostheses or metal objects implanted inside the treated parts.
- 2) Those who recently injected hyaluronic acid, water-light, or had an injection for wrinkle removal or plastic surgery.
- 3) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) Those with skin trauma or wound.
- 6) Those in menstruation, pregnancy, lactation, or surgical recovery.
- 7) Those with skin disease or infectious disease.
- 8) Those who have an unrealistic illusion about the effect.

(5) Matters Needing Attention After Treatment

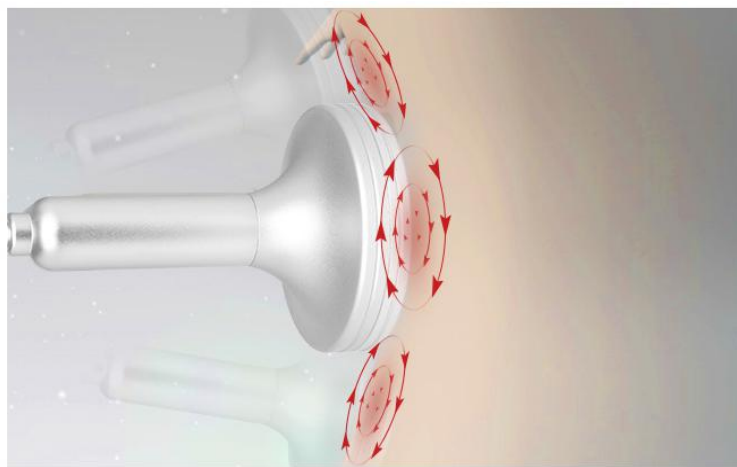
- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use irritant skincare products that contain scrub, exfoliant, AHA(Alpha Hydroxyl Acid), etc.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and light food.
- 5) Apply a facial mask at least three times a week.

4. Lymphatic Detox

(1) Principle

Metal Grease Cup

To massage skin and muscle with a special vacuum metal grease cup can effectively enhance the mobility of the body fluids and boost cells' movement, thus activating cells and increasing skin elasticity. And meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxin through the normal circulation of the lymphatic system, lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. In addition, the suction and release of air pressure can improve the capillary system and promote the flow between the deeper veins and lymph gland network, strengthen blood vessels, and relieve varicosity.



B


Rhythm Massage Treatment (Fingertip Moving)

Fingertip comes with ball and negative suction to suck the body as well as massage the points of body, result in helping body curver and lymphatic detoxification
Treatment area: body & face

Vacuum Cup

A vacuum cup can remove wastes from the body by opening pores with external force and renew some aging cells simultaneously. And by nursing local body parts, it can stimulate local blood and body circulation to speed up metabolism, thus achieving detox, effectively expediting the circulation of the lymphatic system, discharging toxins as soon as possible, and improving autoimmunity.

9 Pairs Of Cupping Cups



02
3 pairs of cups for cupping

The cupping form a negative pressure on local skin through the vacuum inside the cup to stimulate the points on body surface and then transmit to the whole body to relaxation, lymph detox ,blood circulation
Treatment area: body

(2) Efficacy

- 1) Stimulate the movement of lymph.
- 2) Accelerate the circulation of lymph.
- 3) Speed up the natural detox process and help to remove wastes from the body via the lymphatic system.
- 4) Increase the productivity of lymphocytes.
- 5) Boost metabolism.
- 6) Enhance the functions of the immune system.

(3) Indications

- 1) Those with lusterless faces or rough skin.
- 2) Those who always drink alcohol or have insomnia.
- 3) Those with obese waist and abdomen, or whose edema can be relieved or fat be consumed via lymphatic detox.
- 4) Those with bad breath or who always have constipation.

- 5) Those with poor mental state or immunity or who are prone to have a cold or sickness.

(4) Contraindications

- 1) Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- 2) Women in pregnancy, menstruation, or lactation.
- 3) Those whose surgical wounds are healing or in surgical recovery.
- 4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- 5) Those with malignant tumors, hemophilia, or severe bleeding.
- 6) Those with skin disease or infectious disease.
- 7) Those whose gynecological diseases are in treatment.
- 8) Those with lymph cancer or who show the signs of cancer.
- 9) Those who have a weak body.
- 10) Those who are drunk, thirsty, overworked, or with a full or empty stomach.

(5) Matters Needing Attention After Treatment

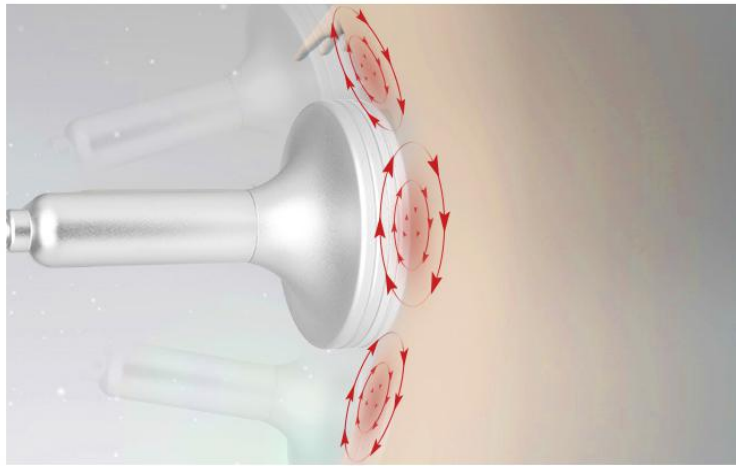
- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking alcohol.
- 6) Time for cupping therapy should be based on specific situations. A misconception about it is that the longer time the therapy, the better the effect.

5. Whole Body Detox

(1) Principle

Metal Grease Cup

To massage skin and muscle with a special vacuum metal grease cup can effectively enhance the mobility of the body fluids and boost cells' movement, thus activating cells and increasing skin elasticity. And meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxin through the normal circulation of the lymphatic system, lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. In addition, the suction and release of air pressure can improve the capillary system and promote the flow between the deeper veins and lymph gland network, strengthen blood vessels, and relieve varicosity.



B

Rhythm Massage Treatment (Fingertip Moving)

Fingertip comes with ball and negative suction to suck the body as well as massage the points of body, result in helping body curver and lymphatic detoxification
Treatment area: body & face

Vacuum Cup

A vacuum cup can remove wastes from the body by opening pores with external force and renew some aging cells simultaneously. And by nursing local body parts, it can stimulate local blood and body circulation to speed up metabolism, thus achieving detox, effectively expediting the circulation of the lymphatic system, discharging toxins as soon as possible, and improving autoimmunity.

9 Pairs Of Cupping Cups



02

3 pairs of cups for cupping

The cupping form a negative pressure on local skin through the vacuum inside the cup to stimulate the points on body surface and then transmit to the whole body to relaxation, lymph detox ,blood circulation
Treatment area: body



(2) Efficacy

- 1) Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.
- 2) Accelerate metabolism, relieve constipation, and enhance the movement of the

intestinal tract.

- 3) Reduce the appearance of flabby and thick arms.
- 4) Alleviate shoulder and back soreness and relieve Dowager's Hump.
- 5) Dredge channels and collaterals and relieve clogged channels and collaterals.
- 6) Accelerate blood circulation and metabolism.
- 7) Improve head blood supply and sleep.
- 8) Activate blood and remove stasis, dredge channels and collaterals, and prevent varicosity.

(3) Indications

- 1) Those with insomnia, dreaminess, or a fading memory.
- 2) Those with insomnia, dreaminess, or a fading memory.
- 3) Those prone to fatigue, drowsiness, or with the obstructed circulation of vital energy and blood.
- 4) Those whose waist and abdomen have flab, protruding small belly, or flabby skin after child delivery.
- 5) Those with constipation or whose abdomens have obstructed channels and collaterals.
- 6) Those whose arms are prone to soreness and numbness.
- 7) Those with the obstructed blood circulation of the lower limbs, edema, or obesity.
- 8) Those with hyp immunity, who feel uncomfortable and pain all over the body, or are prone to catch colds.
- 9) Those with obesity or local obesity.

(4) Contraindications

- 1) Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- 2) Women in pregnancy, menstruation, or lactation.
- 3) Those whose surgical wounds are healing or in surgical recovery.
- 4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- 5) Those with malignant tumors, hemophilia, or severe bleeding.
- 6) Those with skin disease or infectious disease.
- 7) Those whose gynecological diseases are in treatment.
- 8) Those with lymph cancer or who show the signs of cancer.
- 9) Those who have a weak body.
- 10) Those who are drunk, thirsty, overworked, or with a full or empty stomach.

(5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.

- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking alcohol.
- 6) Time for cupping therapy should be based on specific situations. A misconception about it is that the longer time the therapy, the better the effect.

6. Breast Enhancement

(1) Principle

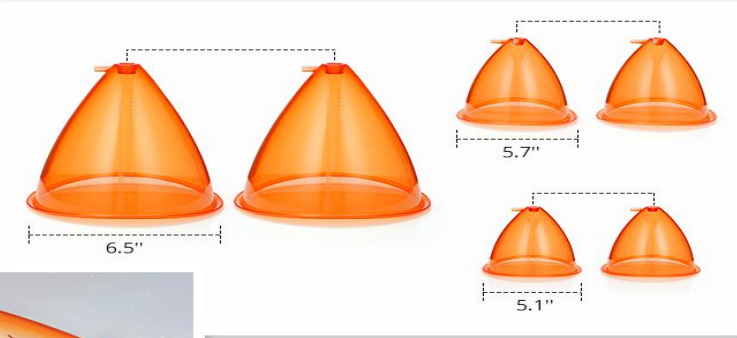
Vacuum Cup for Breast Enhancement

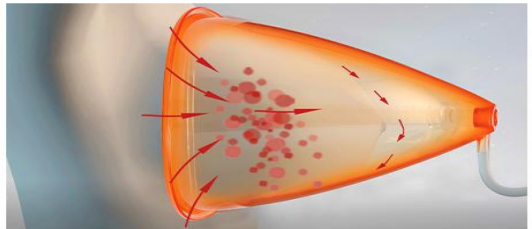
It employs the effect that a vacuum exerts on the human body. Using a particular vacuum device can cause the breast to produce a vacuum of different intensity, which lifts the breast and results in its enlargement. Vacuum inside the cups can congest local capillaries, stimulate organs, enhance cell viability, promote activity, and boost immunity. The mechanical stimulation of vacuum delivered to the nervous centralis via reflect can balance neural activity. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase oxygen uptake, and speed up wastes removal. It has the effect of warming and activating the meridian, promoting vital energy and activating blood, enlightening the mind and relaxing the muscle, eliminating stasis and diminishing swelling, expelling toxins, and driving out evil spirits. Combined with massage, it can make blood and vital energy unblocked, dredge acinus of the breast, cause intangible energy to mobilize blood, transmit oxygen and nutrition to the breast, motivate the pituitary gland to secrete the female hormone, reinforce connective tissue of the breast, and stimulate the development and growth of breast. And it promotes uterine contraction, contracts elastic fibers of the skin, and prevents skin tissue from loosening and scattering.

3 pairs of breast cups

01

3 pairs of cups
for cupping





Breast enlargement pump can be a more effective way to increase the size of your breasts compared to other methods of breast augmentation
Treatment are: breasts & buttocks

(2) Efficacy

- 1) Relieve breast with loosening, sagging, or outward expansion.
- 2) Alleviate breast distending pain before menstruation.
- 3) Dredge and adjust breast.
- 4) Prevent galactocele.
- 5) Prevent breast cancer.
- 6) Breast Sculpting

(3) Indications

- 1) Those with droopy or saggy breasts.
- 2) Those with flat or asymmetrical breasts or whose breasts have outward expansion.
- 3) Those who have nipple retraction and pursue a better and healthier breast.
- 4) Those with breast nodules, slight hyperplasia, or who have distending pain during menstruation.
- 5) Those who think their mammary gland are underdeveloped or with mastatrophly after child delivery.

(4) Contraindications

- 1) Women in pregnancy, menstruation, or lactation.
- 2) Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- 3) Those with severe breast hyperplasia, fibroma, or cyst.
- 4) Those whose breast skin has an infection.
- 5) Those whose breasts had surgery.

(5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking
- 6) Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.

7. Buttock Enhancement

(1) Principle

Vacuum Cup for Breast Enhancement

It employs the effect that a vacuum exerts on the human body. Using a particular vacuum device can cause the buttocks to produce a vacuum of different intensity, which lifts the breast and results in its enlargement. Vacuum inside the cups can congest local capillaries, stimulate organs, enhance cell viability, promote activity, and boost immunity. The mechanical stimulation of vacuum delivered to the nervous centralis via reflect can balance neural activity. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase oxygen uptake, and speed up wastes removal. It has the effect of warming and activating the meridian, promoting vital energy and activating blood, enlightening the mind and relaxing the muscle, eliminating stasis and diminishing swelling, expelling toxins, and driving out evil spirits. Combined with massage, it can make blood and vital energy unblocked, dredge channels and collaterals of the buttocks, cause intangible energy to mobilize blood, contract elastic fibers of the skin, and prevent skin tissue from loosening and scattering.

(2) Efficacy

- 1) Relax muscle and boost local blood circulation.
- 2) Prevent amyotrophy and relieve muscle spasms.
- 3) Firm skin and make the body better.
- 4) Relive sagging that caused by slack muscles.
- 5) Stimulate muscle contraction, make muscles plump and muscular, and builds booty.

(3) Indications

- 1) Those with sunken, flat, and less than sexy hips.
- 2) Those whose hips are flat, shapeless, or with less fat.
- 3) Those who want to have a perfect body shape due to psychological or professional needs.
- 4) Those whose hips are in good size but with inadequate plumpness or lack hip peak.
- 5) Those with square hips that caused by fat accumulation.

(4) Contraindications

- 1) Women in menstruation, pregnancy, or lactation.
- 2) Those with surgical wounds or in surgical recovery.
- 3) Those with heart disease, hypertension, etc.
- 4) Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- 5) Those who have a weak body.

(5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking
- 6) It's advised to wear hip-lifting underwear to prevent loosening and sagging.
- 7) To have a proper amount of hip-lifting exercise.

8. Vagina Care

(1) Principle

Vacuum Cup for Vagina Care

Vacuum inside the cups can congest local capillaries, stimulate organs, enhance cell viability, promote activity, and boost immunity. The mechanical stimulation of vacuum delivered to the nervous centralis via reflect can balance neural activity. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase oxygen uptake, and speed up wastes removal, promote the contraction of the smooth muscle of the pelvic cavity, increase blood circulation, regulate the endocrine system, increase lutein, and cause the secretion of hormones.

(2) Efficacy

- 1) Improve the lubrication of the vagina.
- 2) Improve the looseness of the vagina.
- 3) Regulate internal secretion.
- 4) Boost the quality of sexual life and sensitivity.
- 5) Improve the color of the perineum.
- 6) Remove toxins and remaining metabolin from the vagina, recover its cleanliness, and make it balanced.

(3) Indications

- 1) Those who will get pregnant or give birth or had an abortion or have contraception or sexual life.
- 2) Those with irregular menstruation(dysmenorrhea, less menstrual blood, or blood clots).
- 3) Those whose skin has speckles, acne, or with a dull yellow color due to endocrine dyscrasia.
- 4) Those whose leukorrhea is abnormal or with a foul odor.
- 5) Those with fading memory or declined immunity.
- 6) Those with disharmonious sexual life.

(4) Contraindications

- 1) Women in menstruation, pregnancy, or lactation.
- 2) Those in surgical treatment or recovery.
- 3) Those with heart disease, hypertension, etc.
- 4) Those with skin disease, infectious disease, or whose skin is in a sensitive period.

(5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Drink more warm water, and avoid drinking cold water and eating cold, raw, or spicy food.
- 3) Change the underpants daily, wear underpants made from pure cotton or real silk, wear fewer underpants made from chemical fiber, and avoid wearing close-fitting underpants.
- 4) Dry the towels and underpants under the sun or treat them in hot water. It may breed fungus if they are dried in a humid environment.
- 5) Do not have sex immediately.

Part II

1. Detailed Operations

Detailed installations are as follow:



Switch & Jack of the Power Cord



Air Inlet



Insert one end of the rubber hose into the air inlet of the equipment. And

insert the other two ends to the jack/end of the vacuum cup and breast



enhancement cup , respectively.

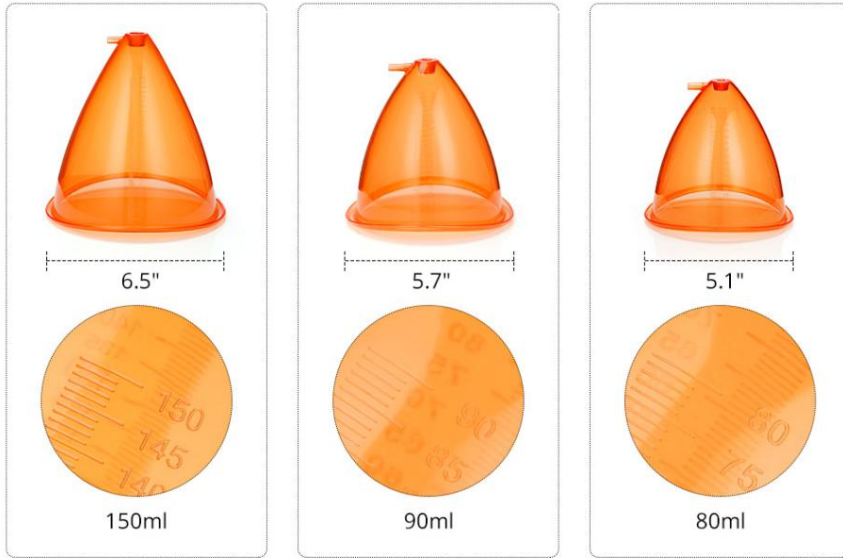


Cautions:

- After turning the instrument on, the two vacuum cups are working together, and they have suction. They have suction only when having they contacting the skin at the same time. If only one cup touches the skin, it can't suck the skin.
- When only one vacuum cup(metal grease cup) needs to be used, the other



rubber hose can be tied up first. Untie the rubber hose when two cups are needed.



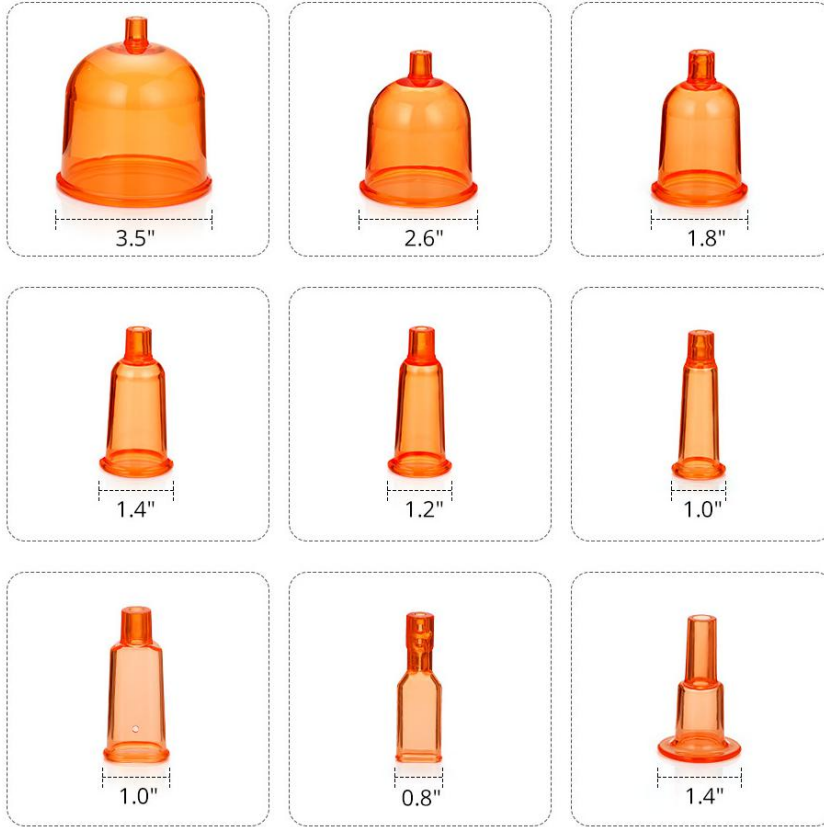
Large

Middle

Small

Three pairs of

breast enhancement cups



Nine pairs of

vacuum cups



No. 1 suits those with big breasts or who want to sculpt and make their breasts upstanding.

No. 2 suits those with medium breasts or who want to make their breasts upstanding and plump.

No. 3 suits those with small breasts or who want to relax with a massage.

No. 4 is suitable for cupping(good for parts with large areas, like thigh, buttocks, or abdomen).

No.5 is suitable for doing cupping(for legs and back).

No.6 is suitable for cupping(for parts with a small area, like arms and lower legs).

No.7 is suitable for doing moving cupping therapy(for neck and arms).

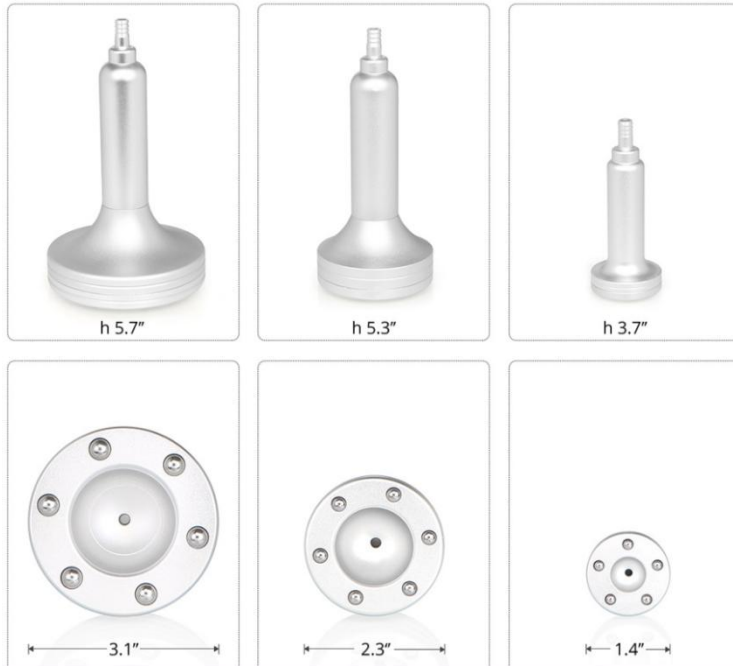
No.8 is suitable for doing moving cupping therapy and massage(for face and neck).

No.9 is suitable for doing moving cupping therapy and cleansing(for face).

No.10 is suitable for the vagina.

No.11 is suitable for facial cleansing.

No.12 is suitable for doing moving cupping therapy and cleansing.



Three Metal Grease

Cups(select it per the size of the body part to be treated)



Large suits body parts with a large area like arms, abdomen, waist, buttocks, legs, or back.



Medium suits face or body parts like arms, neck, face, or lower legs.



Small suits face like cheeks, eyes, forehead, chin, or neck.

Check the equipment and make sure it's properly connected. The following initial interface will appear after having the power switch on.



Time Setting and Display



Mode Selection

Mode:	Mode 1	Mode 2	Mode 3	Mode 4	Mode 5	Mode 6	Mode 7	Mode 8	Mode 9
Suction Time	Direct Suction	0.5s	1.1s	3.5s	6.5s	8s	8.5s	13s	16s
Release Time	/	0.5s	0.8s	1.5s	2s	2.5s	3s	4s	5s



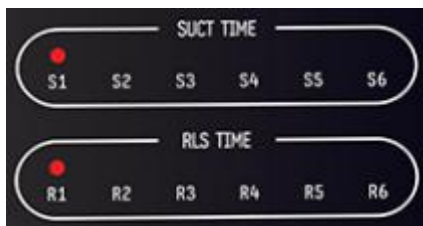
Start/ Pause



Time Setting of Vacuum Suction



Time Setting of Vacuum Release



Time Display

Suction Time	S1	S2	S3	S4	S5	S6
Suction Time Increased	0.2s	0.4s	0.6s	0.8s	0.9s	1s
Release Time	R1	R2	R3	R4	R5	R6
Release Time Increased	0.2s	0.4s	0.6s	0.8s	0.9s	1s



Rotating knob for suction level setting. Rotate to the left to decrease suction and to the right to increase. Please adjust it per the individual tolerance. It's advised not to set the suction too high when just start to avoid discomfort.

2. Technical Parameter

Power: 12W

Vacuum: <-80kPa

3. Precautions on Use

- (1) A plug with a ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the equipment's curative effect and normal service life, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and it also can not be exposed to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before use to avoid unexpected situations which may affect the curative effect.
- (7) Please refrain from using the equipment to aim at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Please turn the equipment's power switch off if no one uses it, and ensure the main power is off after everything was settled. Thus the safety of the equipment can be guaranteed.
- (9) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life.
- (10) Those with metal stents(not including a contraceptive ring placed inside women's uterus) inside the body or prostheses inside the breast are prohibited from using

it.

- (11) Women in menstruation, pregnancy, or lactation are not allowed to use it.
- (12) Those who drink alcohol can not use it.
- (13) Those who did cesarean in the past six months, experienced a miscarriage in the past three months, and had natural labor in the past two months are forbidden to use it.
- (14) If the suction level of the vacuum cup is too high, please stop it immediately and reset the suction.
- (15) Bear in mind that filter cotton must be mounted before using a metal grease cup. Otherwise, the essential oil may enter the equipment, causing malfunction.

4. Troubleshooting & Solutions

- (1) The equipment can't be started, and the buttons in its back are not lighting up?
 - A. Make sure the power cord is plugged into a suitable power socket.
 - B. Check whether the fuse in its back is loose or burnt out.

- (2) Vacuum Cup/Metal Grease Cup doesn't have suction, or its suction is weakened?
 - A. Please turn off the equipment and check its specialized filter, which may need to be replaced.
 - B. Please check the rubber ring of the handpiece plug because a worn rubber ring may cause air leakage.
 - C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn out. Air leakage in this place may cause insufficient air pressure.
 - D. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

- (3) The equipment can be started, but there is an error message on the monitor?
 - A. Take out the plug in its back, wait for about 1 minute, re-plug it, and restart the equipment.
 - B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

5. FAQs

- (1) Q: Does breast enhancement with a vacuum cup have side effects?
 - A: No. It adopts a purely physical method for breast enhancement. Massage and vacuum suction and release are all the commonly used principles of physiotherapeutic instruments. This equipment, however, applies high-tech and unites various principles,

which has an instant effect. It's a breast enhancement device that doesn't have side effects, and its effect will not rebound.

(2) Q: How long does it take to see the effect of facial care with vacuum cups?

A: Normally, you can notice that the pores get clear and smooth on the day after treatment. Usually, facial care should be done at least one time a week. The longer time you use it, the better the effect.

(3) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the suction and release of air pressure and the increase and decrease of vacuum can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can promote qi and blood circulation, dispel coldness and dampness, dredge channels and collaterals, and expel toxins and heat.

6. Packing List

1 x main machine
Three pairs of large cups for breast and butt
Three pairs of cups for cupping
Six pairs of gas cups for scrub
3 x fingertip cups for rhythm massage
2 x shot connecting tubes
1 1 x shot connecting tubes
1 x power line

7. Procedure

(1) Facial Skin Cleansing

remove makeup, clean the face, apply blackheads export liquid, use hot steam, use vacuum cup for face, massage, use metal grease cup, apply a facial mask, apply water, essence, lotion/facial cream, and sunblock

Matched Product: massage cream/ essence

(2) Lymphatic Detox/ Whole Body Detox

remove makeup, clean the face, massage, use metal grease cup, do moving cup with the vacuum cup, do fixed cupping with the vacuum cup, clean the treated part

Matched Product: essential oil/ massage cream




(3) Breast/ Buttock Enhancement

massage, vacuum cup for breast enhancement, clean the treated part
 Matched Product: essential oil/ massage cream

(4) Vagina Care

massage, do fixed cupping with the vacuum cup, do sliding cupping with the vagina cup, clean the treated part
 Matched Product: essential oil/ massage cream

8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
Facial Skin Cleansing: 45 Minutes/ Once a Week			
Vacuum Cup for Face Advised Time: 5 to 10 minutes Advised Mode: Mode 1 Advised Suction Time: Between S2 and S5 Advised Release Time: Between R1 and R3 Suction Rotating Knob (It's advised not to set the suction too	Cleansing Oil + Facial Cleanser + Blackhead Export Liquid + Essence + Cold & Hot Steam + Facial Mask + Equipment	1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply blackhead export liquid and use hot steam (Apply the liquid to parts with large pores or severely clogged pores. Cheek can be applied to toner, and the face with sensitive skin can be applied to toner and used with cold steam. But it's not advised to use hot steam on and apply the export liquid to it.), 5 to 8 minutes.	Technique 4 
		4. Vacuum Cup: Appress the device to the forehead for one second, then move it gently towards the hairline. Follow the part that is treated before closely (forehead-nose-chin-chee	Technique 4 
		Technique 8 	
			Technique 8. 11

high when just start to avoid discomfort. And increase the suction gradually after the client got used to it.)

Metal Grease Cup

Advised Time: 10 to 15 minutes

Advised Mode: Mode 1

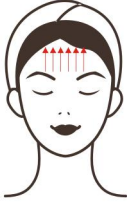
Advised Suction Time: Between S2 and S5

Advised Release Time: Between R1 and R3

Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the





ks). The whole forehead and nose with severely clogged pores can be treated more. About 10 minutes.

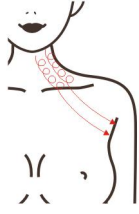
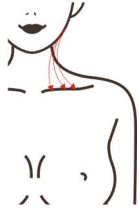



5. Clean the face with a cotton pad dipping pure water, 2 minutes.
6. Apply toner.
7. Apply essence evenly to the face.
8. Metal Grease Cup: Lift one line after another from the chin to the forehead. Repeat three times.
9. Coupled with hands, lifting from the chin to earlobe, from the corner of the mouth to Ermen(SJ21), from the wing of the nose to Temple, from the lower eyelid to Temple, and lift the corner of the eyes. Repeat three times. Repeat three times.
10. Do the same on the other side.
11. Lift the forehead towards the hairline direction, about 10 minutes.
12. Apply a facial mask and wait for 15 minutes.
13. Remove the mask and clean the face, 2 minutes.
14. Apply toner, essence, facial cream, and sunscreen.
15. Treatment is done.


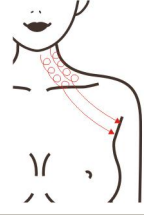
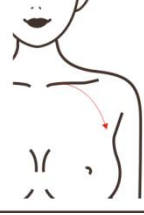
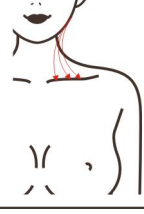





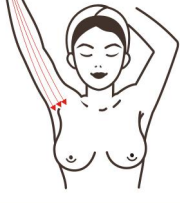


Technique 9

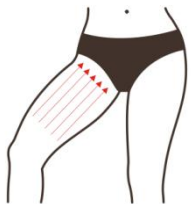
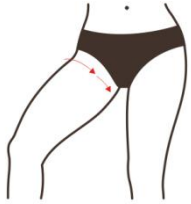
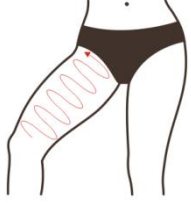




client got used to it.)			
<p>The Recommended Course of Treatment: A course of treatment includes ten times. After one-time treatment, the face gets ruddy, and blood circulation accelerates. After a course, the skin metabolizes toxins, and acne skin turns for the better, and blackheads slowly decrease. After three courses, the outline of the skin boosts, immunity enhances, and the skin gets healthy and shiny.</p>			
<p>Lymphatic Detox: 120 Minutes/ Once a Week</p>			
<p>Vacuum Cup Advised Time: 60 to 70 minutes(operation+fixed cupping) Advised Mode: Mode 1 Advised Suction Time: Between S2 and S5 Advised Release Time: Between R1 and R3 Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the</p>	<p>Cleansing Oil + Facial Cleanser + Essential Oil + Equipment</p>	<ol style="list-style-type: none"> 1. Face + Neck Lymphatic Detox 2. Remove makeup, clean the face, and apply toner to the whole face. 3. Press Chengjiang (RN-24), Dicang (ST-4), Daying (ST5), Jiache (ST-6), Xiaguan (ST7), Yingxiang (LI-20), Quanliao (SI-18), Temple, Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 4. Lift the face in three lines with hands doing it by turns and till armpit, and slide out from there. Repeat three times. 5. Do the same on the other side. 6. Massage the neck, lift it in the front of the chest, apply oil to it with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times. 7. Do it in left-right order. Move from the chin till 	<p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>

<p>client got used to it.)</p> <p>Metal Grease Cup</p> <p>Advised Time: 20 to 30 minutes</p> <p>Advised Mode: Mode 1</p> <p>Suction Time Advised Suction Time: Between S2 and S5</p> <p>Advised Release Time: Between R1 and R3</p> <p>Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the client got used to it.)</p>		<p>armpit via the back of the ear with hands doing it alternately, and slide out from armpit. Repeat three times.</p> <p>8. One Side: Push the three lines of the side of the neck with purlicue moving circlewise and till armpit, and slide out from there. Repeat three times.</p> <p>9. One Side: Rub lymph of the side of the neck with kneeling fingers till it turns hot. Repeat three times.</p> <p>10. Caress the treated part with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat three times.</p> <p>11. Do the same on the other side.</p> <p>12. Select a small size for the face. Lift upwards and one line after another from the chin to armpit via the back of the ear. Repeat 1 to 2 times(based on the client's situation).</p> <p>13. Select a proper device, slide it upwards on the forehead, and slide on the two sides of the forehead. Repeat 1 to 2 times(based on the client's situation).</p> <p>14. One Side: Lift the device from the chin to the armpit via the back of the ear with hands doing it alternately. Repeat three</p>	 <p>Technique 9</p>  <p>Technique 12</p>  <p>Technique 13</p>  <p>Technique 13</p>  <p>Technique 14</p>
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		<p>times.</p> <p>15. Move the equipment circlewise on the side of the neck in three lines respectively and till armpit, and slide out from there. Repeat three times.</p> <p>16. Slide internal collarbone to armpit to expel toxins. Repeat 3 to 5 times.</p> <p>17. Select a small size. Lift from the back of the ear to the armpit. Repeat 2 to 3 times(based on the client's situation).</p> <p>18. Do the same on the other side.</p> <p>19. Underarm Lymphatic Detox: Do it in left-right order. Apply oil to the underarm with hands. Repeat three times.</p> <p>20. Rub Jiquan (HT1) with the base of a palm. Repeat 3 to 5 times.</p> <p>21. Push Gallbladder Meridian with hands' purlicue by turns, then pass under the armpit until the hands slide out. Repeat three times.</p> <p>22. Push lymph of the internal collarbone with hands doing it by turns and until the fingers slide out. Repeat three times.</p> <p>23. Push Lung Channel (LU)-Pericardium Channel (PC)-Heart Channel (HT) with hands purlicue doing it by turns. Repeat three times.</p> <p>24. Caress the whole arm and</p>	 <p>Technique 15</p>  <p>Technique 16</p>  <p>Technique 17</p>  <p>Technique 20. 26</p>  <p>Technique 21. 29. 32</p>
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		<p>till the hands slide out. Repeat three times.</p> <p>25. Rub the arm with kneeling fingers till it turns hot.</p> <p>26. Rub Jiquan(HT1) with the base of a palm. Repeat 3 to 5 times.</p> <p>27. Caress the treated part till the hands slide out. Repeat three times.</p> <p>28. Operate the instrument. Do it in left-right order.</p> <p>29. Push from the Gallbladder Meridian of the side of the chest to the armpit and caress it. Repeat three times.</p> <p>30. Start from the elbow, pushing the three channels and collaterals till the armpit. Repeat three times.</p> <p>31. Do the same on the other side.</p> <p>32. From Gallbladder Meridian to armpit, adopting moving cupping therapy with a transparent tube. Repeat three times.</p> <p>33. Select a suitable device and do moving cupping therapy on the arms in a line-by-line manner. Repeat 1 to 2 times(based on the client's situation).</p> <p>34. Select proper cupping cups, and place them on the internal and external Gallbladder Meridian of the arm, about 5 to 10 minutes(based on the</p>	 <hr/> <p>Technique 22</p>  <hr/> <p>Technique 23. 30. 33</p>  <hr/> <p>Technique 24. 27</p>  <hr/> <p>Technique 36</p>  <hr/> <p>Technique 37. 43. 46. 48</p>
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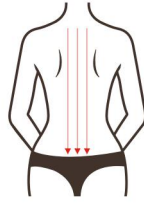
		<p>client's situation).</p> <p>35. Groin Lymphatic Detox: Do it in left-right order. Apply oil to the whole legs with hands. Repeat 3 to 5 times.</p> <p>36. Press Chongmen (SP12). Repeat 3 to 5 times.</p> <p>37. Push Spleen Meridian[SP]-Stomach Meridian[ST]-Liver Meridian[LV]-Gallbladder Meridian[GB] of the leg with hands' purlicue doing it alternately. Repeat three times.</p> <p>38. Caress the treated parts. Repeat three times.</p> <p>39. Stroke the groin with hands' purlicue. Repeat 3 to 5 times.</p> <p>40. Stroke the groin with hands' purlicue doing it by turns. Repeat 3 to 5 times.</p> <p>41. Twist the leg back and forth. Repeat three times.</p> <p>42. Rub the thigh root with kneeling fingers of hands till it turns hot.</p> <p>43. Push the four channels and collaterals till the groin with the device, and slide out. Repeat three times.</p> <p>44. Move circlewise and back and forth on the groin. Repeat three times.</p> <p>45. Push the groin with the instrument and hands doing it by turns. Repeat three times.</p> <p>46. Push one line after another from the middle</p>	 <hr/> <p>Technique 39. 40. 45</p>  <hr/> <p>Technique 41</p>  <hr/> <p>Technique 44</p>  <hr/> <p>Technique 49</p>  <hr/>
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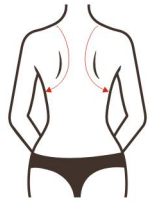
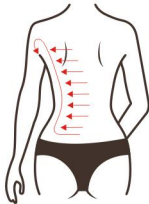
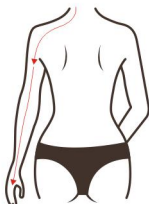
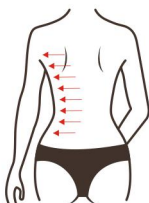
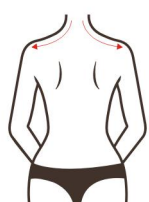
		<p>of the thigh to the groin and caress it with hands simultaneously. Repeat three times.</p> <p>47. Do the same on the other side.</p> <p>48. Do moving cupping therapy on the thigh in a line-by-line manner. Repeat 1 to 2 times(based on the client's situation).</p> <p>49. Place the cups on the thigh, Zusanli (ST36), and Sanyinjiao (SP6). About 10 minutes.</p> <p>50. Remove the cups and clean the treated parts. Treatment is done.</p>	
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The Recommended Course of Treatment:



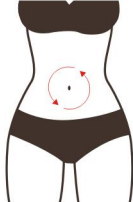
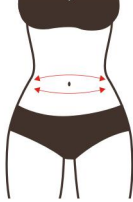
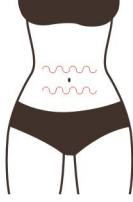
A course of treatment includes ten times. After one-time treatment, the whole body gets relaxed, and blood circulation becomes unobstructed. After a course, blood circulation and lymphatic detox accelerate, and obstruction and acne turn for the better. After two courses, the underarm blockage relieves, nodes of the lymph disperse slowly, and immunity enhances. After three courses, the effect consolidates, the circulation of the lymphatic system speed up, the physique strengthens, and diseases prevent.


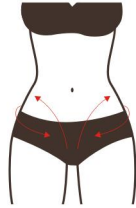
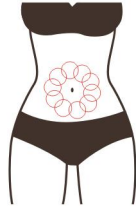


Whole Body Detox: 160 Minutes/ Once a Week



<p>Vacuum Cup Advised Time: 80 to 90 minutes (Operation + fixed cupping)</p> <p>Advised Mode: Mode 1</p> <p>Advised Suction Time: Between S2</p>	<p>Essential Oil + Instrument</p>	<p>1. Back Detox: Apply oil to the whole back with hands and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p>	<p>Technique 1</p> 
		<p>2. Push Du Meridian(DU) and Bladder Meridian(BL) directly with hands. Repeat three times.</p> <p>3. Push Du Meridian(DU) and Bladder Meridian(BL) with hands doing it alternately. Repeat three times.</p>	<p>Technique 2. 3. 9. 10</p> 

<p>and S5</p> <p>Advised Release Time: Between R1 and R3</p> <p>Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the client got used to it.)</p> <p>Metal Grease Cup</p> <p>Advised Time: 30 to 40 minutes</p> <p>Advised Mode: Mode 1</p> <p>Advised Suction Time: Between S2 and S5</p> <p>Advised Release Time: Between R1 and R3</p> <p>Suction</p>		<ol style="list-style-type: none"> 4. Push from Dazhui(DU-14) to Du Meridian(DU) and Bladder Meridian(BL) with the base of palms alternately, and lift from the side of waist till the palms slide out from armpit, and do it in left-right order. Repeat three times. 5. Push the medial border of the scapula till the armpit three times. Then push from armpit till fingers and slide out. 6. Start with Dazhui(Du-14), pushing one line after another from the rib to the waist with the palms doing it alternately. Then push from the waist till armpit and slide out. Repeat three times. 7. Move from the hairline to fingers via the area connecting neck and shoulder with hands' purlicue doing it alternately, and then slide out. Repeat three times. 8. Do the same on the other side. 9. Push the lymphatic detox device from Dazhui(Du-14) to the caudal vertebra. Repeat three times. 10. Push the device from Bladder Meridian(BL) to the caudal vertebra(do it in left-right order). Repeat three times. 11. Push the device from the medial border of the 	<p>Technique 5. 11</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 13. 16</p>  <hr/> <p>Technique 17</p>
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<p>Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the client got used to it.)</p>		<p>scapula to the armpit. Repeat three times.</p> <p>12. Push one line after another from the rib direction to the waist. Repeat three times.</p> <p>13. Start with the neck, pushing the area connecting neck and shoulder. Repeat three times.</p> <p>14. Do the same on the other side.</p> <p>15. Moving Cupping: If your body has heavy dampness, you can do cupping moving. Move between Du Meridian(DU) and Bladder Meridian(BL) 3 times, so it is the same with the medial border of the scapula. And do cupping moving towards the rib direction of the whole back three times(depending on the client's situation).</p> <p>16. Select the proper cups, then move them back and forth on the neck and the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>17. Fixed Cupping: Place the cups on Dazhui(Du-14), Jianjing(GB-21), Tianzong(SI-11), Feishu(BL13), sacral region(BL31-BL34). About 5 to 10 minutes(it depend on the client's situation).</p> <p>18. Remove the cups and clean them with a towel.</p>	<div data-bbox="1129 210 1279 421" data-label="Image"> </div> <hr/> <p data-bbox="1054 488 1359 562">Technique 20. 21. 22. 25. 28</p> <div data-bbox="1161 584 1241 795" data-label="Image"> </div> <hr/> <p data-bbox="1054 862 1230 898">Technique 23</p> <div data-bbox="1161 913 1241 1124" data-label="Image"> </div> <hr/> <p data-bbox="1054 1191 1230 1227">Technique 32</p> <div data-bbox="1145 1249 1257 1460" data-label="Image"> </div> <hr/> <p data-bbox="1054 1527 1326 1563">Technique 36. 41. 43</p> <div data-bbox="1134 1585 1273 1796" data-label="Image"> </div> <hr/> <p data-bbox="1054 1863 1230 1899">Technique 38</p>
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		<p>19. Treatment is done.</p> <p>20. Legs Detox: Do it in left-right order. Apply oil from the lower leg to the thigh, back to the heel, and repeat it three times.</p> <p>21. Push Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB] from the bottom up with hands' pulicue doing it by turns. Repeat three times.</p> <p>22. Push popliteal fossa with hands doing it alternately. Repeat three times.</p> <p>23. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>24. Caress the treated part. Repeat three times.</p> <p>25. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat three times.</p> <p>26. Caress the treated part. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Metal Grease Cup: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat three times.</p> <p>29. Start from popliteal fossa, pushing the four channels</p>	 <hr/> <p>Technique 39. 42. 44</p>  <hr/> <p>Technique 47</p>  <hr/> <p>Technique 48</p>  <hr/> <p>Technique 49</p>  <hr/> <p>Technique 50</p>
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		<p>and collaterals till the thigh root. Repeat three times.</p> <p>30. Cupping techniques are the same as mentioned above.</p> <p>31. Do the same on the other side.</p> <p>32. Select the proper cupping, then place them on popliteal fossa, thigh, Chengshan(BL57). About 10 minutes.</p> <p>33. Remove the cups and clean the treated parts, 2 minutes.</p> <p>34. Treatment is done.</p> <p>35. Arm Detox: Lay the arms flatwise, apply essential oil evenly to the arms with hands till the fingers. Repeat three times.</p> <p>36. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[SI] of the outer arm respectively till armpit with hands' purlicue. Repeat three times.</p> <p>37. Rub the arms with kneeling fingers of hands till it turns hot.</p> <p>38. Lay the arms upwards, apply essential oil evenly to the arms with hands till the fingers. Repeat three times.</p> <p>39. Push Lung Channel (LU)-Pericardium Channel (PC)-Heart Channel (HT) of the inner arm with hands' purlicue doing it</p>	 <hr/> <p>Technique 51</p>  <hr/> <p>Technique 52</p>  <hr/> <p>Technique 54</p>  <hr/> <p>Technique 56</p>  <hr/> <p>Technique 57</p>
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		<p>by turns. Repeat three times.</p> <p>40. Rub the arms with kneeling fingers of hands till it turns hot. Repeat three times.</p> <p>41. Select the proper metal grease cup, set the energy level, lay the arms flatwise, and push the Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[I] of the outer arm, respectively. Repeat three times.</p> <p>42. Lay the arms upwards, and successively push Lung Channel (LU)-Pericardium Channel (PC)-Heart Channel (HT) of the inner arm. Repeat three times.</p> <p>43. Select the proper transparent cups, set the energy level, lay the arms, and push the Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[I] of the outer arm, respectively. Repeat three times.</p> <p>44. Lay the arms upwards, and successively push Lung Channel (LU)-Pericardium Channel (PC)-Heart Channel (HT) of the inner arm. Repeat three times.</p>	 <hr/> <p>Technique 60</p> 
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		<p>45. Select the proper transparent cups and place them on the outer side of the arms, 5 to 10 minutes.</p> <p>46. Remove the transparent cups and clean the skin. Treatment is done.</p> <p>47. Abdomen: Apply oil to it with hands moving circlewise. Repeat three times.</p> <p>48. Rub the belly back and forth with hands. Repeat three times.</p> <p>49. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</p> <p>50. Lift belt vessels of the two sides of the waist with hands doing it alternately. Repeat 16 times.</p> <p>51. Move in Arabic numeral 8-shaped motion to the part below the waist and then lift upwards from the side of the waist till the belly button. Repeat three times.</p> <p>52. Rub intestinal tract with hands overlapped, moving in small circles and clockwise. Repeat three times.</p> <p>53. Caress the treated parts with hands moving circlewise.</p> <p>54. Press Shangwan(RN13), Zhongwan(RN12), Xiawan(RN10), Shenque(RN8),</p>	
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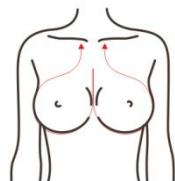
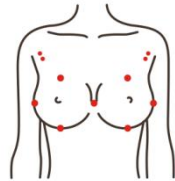
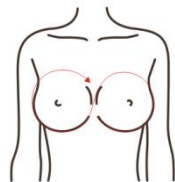
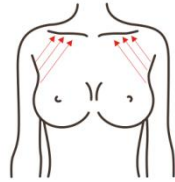
		<p>Qihai(RN6), Guanyuan(RN4), Zhongji(RN3), Tianshu(ST25), and Daheng(SP15). Repeat two times.</p> <p>55. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>56. Push the channels and collaterals from the bottom up with hands doing it alternately(Ren Meridian-Kidney Meridian-Stomach Meridian-Spleen Meridian-Liver Meridian-Gallbladder Meridian). Repeat three times.</p> <p>57. Push directly from Zhongji(RN3) to the belly button with the thumbs, slide to the parts below the waist along the two sides, then lift upwards to the groin. Repeat three times.</p> <p>58. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>59. Caress the treated part till groin with hands.</p> <p>60. Select the proper cups and place them on the abdomen(Xiawan(RN10), Tianshu(ST25), Daheng(SP15), Guanyuan(RN4), the side of the waist). About 5 to 10 minutes(it depends on the client's situation).</p>	
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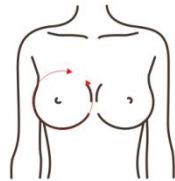
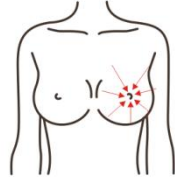
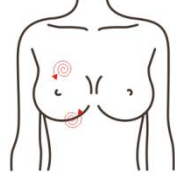
		61. Remove the cups and clean the skin, 2 minutes. 62. Treatment is done.	
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The Recommended Course of Treatment:

A course of treatment includes six times. After one-time treatment, the body gets relaxed, and the redness appears, which will vanish within 3 to 5 days. If the redness is severe, then use the device once a month. For slight redness, you can use it two times a month. After a course of treatment, the body metabolism accelerates, the clog of the body and constipation improves. After two courses, stiff muscle and soreness turn better, and the local clog and obstruction dredge and metabolize. After three courses, the sleep improves, the complexion turns ruddy, and the physique consolidates.

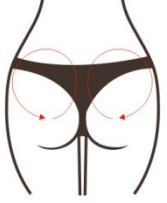

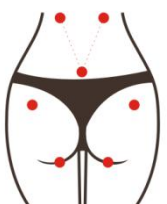
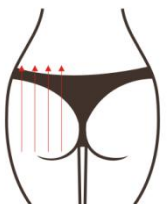
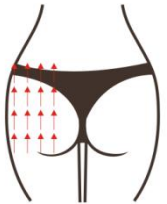
Breast Enhancement: 60 Minutes/ 1 to 2 times a Week

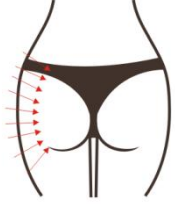
<p>Vacuum Cup for Breast Enhancement Advised Time: 20 to 30 minutes</p> <p>Advised Mode: Mode 7/8/9</p> <p>Advised Suction Time: Between S2 and S5</p> <p>Advised Release Time: Between R1 and R3</p> <p>Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase</p>	<p>Essential Oil + Instrument</p>	<ol style="list-style-type: none"> Stand close to the head of a bed, with hands applying oil moving from Danzhong(RN17) to the armpit and simultaneously lift the suspensory ligament. Repeat three times. Press Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchiang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs. Repeat three times. Caress the treated part. Repeat three times. Stroke an Arabic numeral 8-shape motion between Danzhong(RN17) and the breast with palms overlapped. Repeat three times. Lift from the accessory breast to the suspensory ligament with hands alternating with the left first and the right after. Repeat ten times. Caress the treated part. Repeat three times. Sit next to the client. With the left first and the right after, and caress and lift the 	<p>Technique 1</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p> 
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<p>the suction gradually after the client got used to it.)</p>		<p>breast with palms. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breast with hands' purlicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule parts of the breast with the thumb moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. Clean the breast with a hot towel, 2 minutes.</p> <p>13. Buttock Enhancement Cup: select proper cups for the client, and fasten them onto the breast. About 20 minutes.</p> <p>14. For the retracted nipples, the cups used for the face can also be placed on there. Leave the cups there for 5 to 10 minutes.</p> <p>15. Remove the cups.</p> <p>16. Treatment is done.</p>	<p>Technique 7. 10</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/>
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The Recommended Course of Treatment:

A course of treatment includes ten times. After one-time treatment, the breast lifts. After a course, the breast firms and enlarges. And accessory breast, outward expansion, and sagging start to tighten and concentrate slowly. After three courses, the breast becomes large and upstanding. If you stick to the treatment, the effect will get more noticeable.

Buttock Enhancement: 60 Minutes/ 1 to 2 Times a Week			
<p>Vacuum Cup for Breast Enhancement</p> <p>Advised Time: 30 to 40 minutes(operation+fixed cupping)</p> <p>Advised Mode: Mode 7/8/9</p> <p>Advised Suction Time: Between S2 and S5</p> <p>Advised Release Time: Between R1 and R3</p> <p>Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the client got used to it.)</p>	<p>Essential Oil + Instrument</p>	<ol style="list-style-type: none"> Stand sideways and with hands applying oil, slide from the sacral region(BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times. Push sacral region(BL31-BL34) with thumbs. Repeat three times. Caress the treated part 3 times, then press Shenshu(BL23), sacral region(BL31-BL34), Changgqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat three times. Caress the treated part. Repeat three times. Do it in left-right order. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat three times, respectively. Push upwards from thigh root to belt vessel with two hands doing it severally along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat three times, respectively. Lift from the thigh root to 	<p>Technique 1</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 8</p>

		<p>the belt vessel with the palms overlapped. Repeat to 5 times.</p> <ol style="list-style-type: none"> 8. Push directly(for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and forth. Repeat three times. 9. Repeat technique No.7. 10. Caress the treated part. 11. Do the same on the other side. 12. Rub the sacral region(BL31-BL34) with your hands till it turns hot. 13. Select the suitable cups and do moving cupping therapy. Lift from the thigh root to the highest of the buttocks, and repeat it 3 to 5 times. 14. Lift from the two sides of the buttocks to the buttocks. Repeat 3 to 5 times. 15. Fixed cupping: Select the proper cups, fasten them onto the buttocks, and set the energy level. About 5 to 15 minutes. 16. Remove the cups and clean the treated parts, 2 minutes. 17. Treatment is done. 	
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The Recommended Course of Treatment:

A course of treatment includes ten times. After one-time treatment, the buttocks lift. After a course, the excess flab of the buttocks starts to decrease, and the surrounding fat begins to concentrate. After three courses, the curve of the buttocks builds, its elasticity improves, and gynecological diseases like cold uterus relieve.

Vagina Care: 60 Minutes/ Once a Week

<p>Vacuum Cup for Vagina Care</p> <p>Advised Time: 30 to 40 minutes(operation+fixed cupping)</p> <p>Advised Mode: Mode 1</p> <p>Advised Suction Time: Between S2 and S5</p> <p>Advised Release Time: Between R1 and R3</p> <p>Suction Rotating Knob (It's advised not to set the suction too high when just start to avoid discomfort. And increase the suction gradually after the client got used to it.)</p>	<p>Vaginal Oil + Instrument</p>	<ol style="list-style-type: none"> 1. Massage the vagina, pour the oil onto the hands and rub it hot. Push the groin with the hands' purlicue doing it by turns. Repeat 3 to 5 times. 2. Stroke groin from the bottom up in left-right order with hands doing it alternately. Repeat 3 to 5 times. 3. Rub the surrounding acupoints of the labia with hands. Repeat three times. 4. Stroke one line after another from groin to labia with hands. Repeat 3 to 5 times. 5. Stroke groin from the bottom up in left-right order with hands doing it alternately again. Repeat 3 to 5 times. 6. Stroke one line after another from groin to labia with hands. Repeat 3 to 5 times. 7. Select the instrument. Do cupping on the groin in three points, and with each last for 3 minutes. 8. Select the vagina device. Stroke the groin from the bottom up and do it in left-right order. Repeat 3 to 5 times. 9. Stroke labium majus and labium minus from the bottom up and in left-right order. Repeat 3 to 5 times. 10. Stimulate Huiyin(RN1) (leave it there for 3 seconds). Repeat 3 to 5 times. 11. Treatment is done. 	<p>N/A</p>
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The Recommended Course of Treatment:

A course of treatment includes ten times. After one-time treatment, a sense of tightening can be felt. After a course of treatment, the colors of the groin and labia start to fade, and the labia begins to firm slowly. After three courses, the vagina turns ruddy and tightened, menstruation back to normal, the signs of dysmenorrhea relieve, and harmonious sexual life regains.