

User Manual

LT-OL700



Preface

To our valued users,

Thanks for choosing our LT-OL700 infrared therapy waist belt.

This is an electrothermal waist supporter that can do massage, warm womb, and reduce fat. It can effectively massage waist, relieve waist's soreness and pain, dissolve fat and slim body, which has an obvious effect. It applies high-tech technology of red light thermal therapy, and safely and effectively achieve the effect of womb warming and body slimming. Please read this manual carefully before operation. Any improper use of this instrument may bring adverse consequence to human body. Therefore, we advise all the people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you good return, and our perfect after-sales service will make you worry-free.

Thank you and best regards.

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Part I

Brief Introduction

Infrared therapy waist belt is currently the most popular waist supporter that can effectively relieve strain and pain of lumbar muscles, dissolve fat and slim body. It can be operated easily, conveniently and swiftly, and solves waist pain and body management problems, and works safely and effectively, and is without side effects, and is used externally during the whole process, and is comfortable and effective. Infrared is of strong penetration, which can activate or repair fat cells more effectively, penetrate fat layer, heat up and dissolve subcutaneous fat. The curative method is safe, without side effects and painless.

Advantages

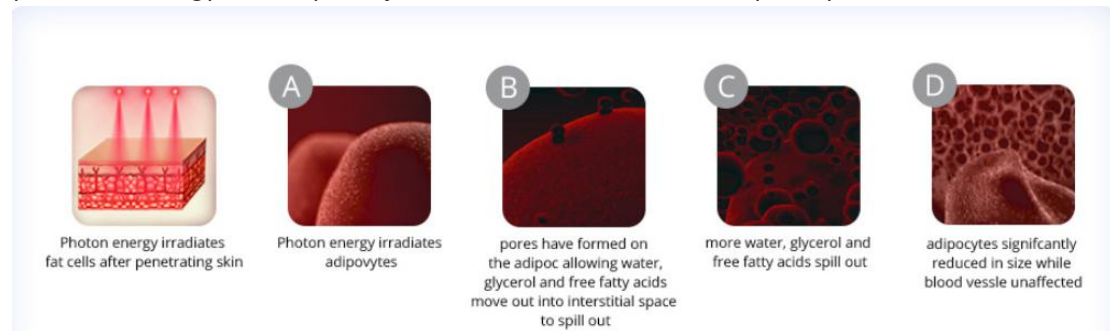
1. Infrared can dissolve fat more effectively and has an obvious effect.
2. It's comfortable, painless, without convalescence, and will not affect your work.
3. No consumption, low cost, but with quick returns.
4. Unevenness, bleeding and swelling will not occur.
5. Dissolving fat with infrared thermal therapy: it can dissolve fat evenly, and make skin smooth, flat and without leaving marks, and it's safe and painless.
6. It has 105 infrared LED of a wave length of 660nm to 850nm, which can penetrate fat layer, heat up and dissolve subcutaneous fat which is absorbed and discharged through our body's natural metabolism.

Working Principles

It uses infrared LED of a wave length of 660nm to 850nm, which is a visible spectrum. This light wave has a very strong penetrating power, and can effectively activate and repair fat cells, penetrate fat layer, and be absorbed by human body instantly. After infrared is absorbed by body tissue, infrared that infiltrated into human body can cause the vibration of atom and molecule which produces a heating power that can calm and do good to human body. This heating power, through resonance absorption, forms thermal reaction which can penetrate into body tissue, heat up and dissolve subcutaneous fat. Intracellular water and fat toxin, through mutual frictions, expel excess water and fat toxin. The curative method is safe, without side effects, and painless. Changes caused by infrared tepidity effect are increased temperature on skin surface, improved subcutaneous blood circulation, alleviated tense muscle, lessened pain and normalized autonomic nerve.

It's a natural reaction when human body launching to use the stored energy reserve.

The free fatty acid, through lymphatic system, transmits to the whole body, and provides energy to body. It's just like the reaction made by body when it lacks of heat.



Main Effects

1. Dissolve fat cells, and accelerate metabolism.
2. Hold belly in and slim body.
3. Improve irregular menstruation.
4. Improve slack and soft skin of waist and abdomen.
5. Improve women's cold womb.
6. Reduce proud flesh of waist and abdomen, swimming ring-like waist, and small belly.

Indications

1. People with slack abdomen, protruding small belly, obese waist or vergeture.
2. People with proud flesh of waist and abdomen, or with swimming ring-like waist.
3. People who always sit, or with unsightly waistline.
4. People with serious cold womb.
5. People with constipation, or clogged channels and collateral on abdomen.
6. People with strain or pain of lumbar muscles.
7. People in menstruation or with menstrual pain.

Contraindications

1. Women in pregnancy, or lactation.
2. People with heart disease or heart pacemaker.
3. People with unhealed surgical wound around waist and abdomen or in surgical recovery.
4. People with epilepsy, severe diabetes or hyperthyroidism.
5. People with malignant tumors, hemophilia or severe bleeding.
6. People with skin diseases or infectious diseases should use with caution
7. People who have unrealistic illusion about the effect.

Notes (after treatment)

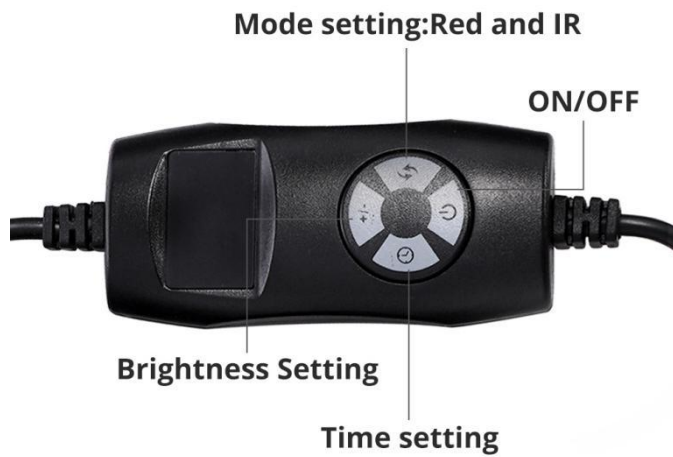
1. Keep warm, and don't eat cold food, and avoid exposing to windy environment and catching a cold
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and replenish moisture to speed up metabolism.
4. Refuse eating and drinking too much, as well as staying up late.
5. Avoid eating raw, cold, spicy food, and get enough sleep.
6. Avoid wearing crop top, backless clothes, miniskirt, minishorts, etc.

Part II

1. Detailed Operations



It's working state when the red light is on.



On/ Off



Red Light/ Infrared Switching



Brightness Setting



Time Setting

Light, brightness and time can be set according to individual demands.

2. Technical Parameters

Size: 121*20cm

Color: Black

Led Number: 105pcs

Wave Length: 660nm/ 850nm

3. Contraindications

People with the following situations should use the instrument with caution. Please consult a doctor or professional before using this instrument. The details are as follow:

- (1) Women in pregnancy, or lactation;
- (2) People with heart disease, or heart pacemaker;
- (3) People with unhealed surgical wound, or in surgical recovery;

- (4) People with epilepsy, severe diabetes or hyperthyroidism;
- (5) People with malignant tumors, hemophiliac or severe bleeding;
- (6) People with skin diseases or infectious diseases should use with caution;

4. Precautions for Use

- (1) Plug with ground pin must be used, and power socket that already factually grounded must be ensured before using the instrument.
- (2) To make sure instrument's voltage is adaptive. If voltage of local power supply is unstable, we suggest users add voltage regulator with matching power between the mains supply and the instrument.
- (3) To guarantee curative effect and normal service life of the instrument, please uniformly use specified parts provided or suggested by original manufacturer.
- (4) The instrument can't be placed in damp places or near water, and also can't be exposed to direct sunlight.
- (5) Don't place the instrument near a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from body before treatment so as to avoid unexpected situations which may affect curative effect.
- (7) Please restrain from using the instrument aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) People who are suffering from illness should use with caution unless he gets permission from a doctor.
- (9) Please turn off power switch of the instrument if no one uses it, and ensure main power is off after someone used it and before he left, thus safety of the instrument can be guaranteed.
- (10) Don't use the instrument with an empty stomach, and wait for at least 1 hour after a full meal before treatment.
- (11) When using this instrument, parts that be treated must be kept moist.
- (12) Fasten strap onto body first, then start the instrument and set energy parameters.
- (13) Using this instrument in accordance with the instructions specified in the manual.

5. Troubleshooting & Solutions

- (1) There is no response from the remote control?
 - A. Check whether the connecting wire for remote control is tightly plugged .
 - B. The remote control is damaged.

- (2) The remote control is working, and the belt's red light is on but it's not heating?
 - A. Check whether the connecting wire for the belt is closely connected.
 - B. Heating piece inside the belt is burned out.

- (3) The belt can heat up but the red light is off?

- A. Check whether the button for red light/infrared is on.
- B. Chip that controls on/off of the red light is burned out.
- C. If the above-mentioned solutions are not working, please contact the instrument dealer for assistance.

6. FAQs

(1) Q: Will infrared fat dissolving get rebound?

A: The quantity of fat cells inside the body is fixed. The quantity increases with the increasing of age and becomes constant after being an adult. The increased weight is the cause of the increased volume of fat cells. Infrared fat dissolving gets rid of local fat structure and lessens the volume of fat. It's true that infrared fat dissolving seldom causes rebound, but it doesn't mean the rebound will not happen for sure. Normally, the rebound will not happen as long as we don't eat and drink too much every day and keep a rational dietary structure.

(2) Q: Do I need to be on diet and do exercise when reducing fat with infrared?

A: Infrared weight reduction has a very obvious effect, but we can't rely on this method alone. If we don't control our dietary and eat and drink too much in later stage after we reached our ideal target for weight reduction, then there is possible that the weight will get rebound. We must keep it in mind that there is no such weight reduction product that can guarantee the effects will last forever. Therefore, infrared weight reduction is just a supplementary. We still have to develop a rational dietary pattern and have a proper amount of exercise after we reached our ideal target for weight reduction and stop using infrared weight reduction.

(3) Q: What does it mean if menstruation comes earlier or delays after using the belt?

A: If menstruation comes earlier, it means you have qi deficiency, and are prone to tiredness. Menstruation will ahead of schedule when using the belt for regulating kidney, and it will back to normal when kidney function is regulated.

If it's postponed, it means you have blood deficiency. The delayed menstruation is caused by using the belt, and it will become normal when there is plentiful qi and blood.

(4) Q: What does it mean if there is increased or decreased menstrual blood volume?

A: For decrease, it means you have deficiency of qi and blood and serious deficiency of the kidney energy. During the process, there is deficiency of yin and yang, qi stagnation and blood stasis, which causes obstructed qi and blood. If you stick to it, your menstruation will become normal.

For increase, it means you have derangement of qi and blood, and have deficiency of kidney and spleen energy. During the process, spleen's ability for governing the blood is not yet back to normal, then menstruation falls. If you stick to it, then spleen's ability for governing the blood will back to normal when kidney's function turns better.

(5) Q: Do people who didn't experience dysmenorrhea before will experience this after

using the belt?

A: If it happens, it means the person has endometritis or intimal hyperplasia;
Or there is blood stasis around womb;
Or it discharges dated feces and toxin from the ovary.

(6) Q: There was no blood clot before when I had menstruation, but it happens now after I used the belt?

A: This suggest that there is blood stasis inside human body, which is a good sign. This belt has the function of activating blood and removing blood stasis. If there is blood clot, it means the blood stasis has expelled.

(7) Q: Will my belly feel pain or I have loose bowels after I used the belt?

A: It's for discharging hardened feces from intestines and accumulated toxin, feces, and concentrated intestinal moisture. People will experience this when decomposing hardened feces.

People who has a poor intestines and stomach function or with chronic enteritis will experience this.

(8) Q: Will my leucorrhea increase and my underbelly feel pain after I used the belt?

A: If there is no smell, then it's normal that there are increased leucorrhea, which means the ovarian function is enhanced than before.

(9) Q: Will I experience waist pain and bulge after I used the belt?

A: Women who once gave birth will experience slight metroptosis, and they will experience this when having their womb lifted;

People with cervical erosion, pelvic inflammation, and endometritis will have this problems.

(10) Q: Does this belt make underbelly smaller and reduce weight?

A: This is a sign for an enhanced ovarian function. The womb feels cold no more, and the excess fat is metabolized.

7. Packing List

Power Cord x1

Control Wire for Remote Control x1

Infrared Therapy Waist Belt x1