

User Manual

DT-GS300



Preface

Dear Users:

We're pleased to present to you DT-GS300 Air Pressure Suit Lymphatic Drainage Weight Loss Machine. This blanket is effective for local fat, body fat, cold body and other problems. It uses high-tech technology to achieve safe and effective weight loss and fat reduction effect. DT-GS300 is a professional beauty device, which requires professional trained operators to use. If the instrument is not used correctly, it may cause adverse consequences to the human body. Therefore, we hope that before operating this instrument, operators will first read this manual in detail and strictly comply with the guidance in the manual.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Air pressure suit weight loss machines are currently the most popular fat reduction machines on the market. It's an effective replacement of body care programs in beauty salons, such as sauna, detoxification and so on. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. Air pressure suit simulates exercise to remove fat. Without exercise, it burns fat and gets rid of it through sweat. It also improves blood circulation, speeds up metabolism and activates cells.

Advantages

1. Adopt the unique design of dc low-voltage heating effect and barometric pressure system to expand the terminal capillaries, enhance blood circulation, promote metabolism and make every cell full of vitality.
2. Whole-body exercises burn 500-700 calories = run 5-6 kilometers to prevent fat from building up again.
3. Nice appearance, personalized design and local operation.
4. Multiple modes are available, and different modes have different comfort feelings.
5. Simple, convenient, time-saving, labor-saving, safe and effective, no medicine, no injection, no diet, no exercise, and no side effects.
6. Expand peripheral blood vessels through the heating effect, relieve muscle soreness, and enhance the flexibility and contraction effect of muscle tissue.
7. Smooth qi and blood throughout the body in winter, warm hands and feet, improve sleep quality, and more effectively help you fall asleep.

Body Fat Reduction

Principles

Adopt the unique design of low voltage heating + air pressure system, making the human body sweat through the heat energy effect. Through three steps of warm-up, air pressure massage and sweat, it exports the body toxins and excess water together with sweat, so as to achieve detoxification, fat reduction effect. Use it all over your

body to burn 500 to 700 calories = run 5 to 6 kilometers, preventing fat from building up again.

The air pressure lymphatic detoxification reduces the fat, and that's why it's called "the scavenger" of the human body, which mainly is regarding to the human body's internal circulation system. Internal circulation includes: blood circulatory system, lymphatic circulatory system and interstitial fluid, etc. This machine works by tightly tied in the customer's abdomen, thigh, leg air bag, to a certain period of cycle air, air release, promote the internal circulation system and human body to accelerate the circulation, to achieve detoxification to reduce fat, regulate endocrine.

Fat Reduction: Arms

Efficacy

1. Relieve sore arm muscles.
2. Improve jiggly and flabby arms.
3. Reduce arm fat.
4. Promote blood circulation and purify blood.
5. Eliminate numbness and soreness in your arms.

Applicable Range

1. Those with excessive arm fat, protruding fat.
2. Those whose arms are prone to ache and numb.
3. Those who often carry children, heavy objects or have sore arms.
4. Those with big arms and desire to look better in clothes.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
2. Those with malignant tumor and hemophilia or severe bleeding.
3. Those whose surgical wound is healing or convalescence.
4. Those with skin diseases and infectious diseases.
5. Those with allergy and severely sensitive skin.
6. Those with skin trauma or cut.

Notes after Operation

1. Keep warm after operation; do not eat cold food; avoid getting cold.
2. Drink plenty of warm water to stay hydrated.
3. Refuse to overeat or stay up late.

Fat Reduction: Waist & Abdomen

Efficacy

1. Improve woman's cold womb and body.
2. Regulate your hormones.
3. Promote metabolism and enhance human immunity.
4. Improve physical fatigue.
5. Reduce protruding fat on waist and abdomen.
6. Activate cells and purify blood.

Applicable Range

1. Those with cold womb and body.
2. Those with endocrine dysregulation.
3. Those with body fatigue, backache.
4. Those with low immunity.
5. Those with protruding fat or beer belly.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
2. Those with malignant tumor and hemophilia or severe bleeding.
3. Those whose surgical wound is healing or convalescence.
4. Those with skin diseases and infectious diseases.
5. Those with allergy and severely sensitive skin.
6. Those with skin trauma or cut.
7. Those who are drunk, full-stomached, empty-stomached, thirsty and overworked.

Notes after Operation

1. Avoid wearing crop top; avoid exposure to wind and cold.
2. Avoid raw, cold, spicy, or greasy food.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.

Fat Reduction: Legs

Efficacy

1. Increase leg circulation and detoxification metabolism.
2. Dredge channels and collaterals to prevent varicose veins.
3. Metabolize excess fat in legs and help lose thick legs.
4. Relieve numbness and swelling in the legs.

Applicable Range

1. Those with poor circulation of lower limbs, edema and obesity.
2. Those with low immunity; those who experience discomfort and pain all over the body.
3. Those whose legs are often numb and sore.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is unbalanced.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
2. Those with malignant tumor and hemophilia or severe bleeding.
3. Those whose surgical wound is healing or convalescence.
4. Those with skin diseases and infectious diseases.
5. Those with allergy and severely sensitive skin.
6. Those with skin trauma or cut.
7. Those who are drunk, full-stomached, empty-stomached, thirsty and overworked.

Notes after Operation

1. Avoid wearing crop top; avoid exposure to wind and cold.
2. Drink plenty of warm water to stay hydrated.

3. Refuse to overeat or stay up late.
4. Wear pants after operation; avoid miniskirts and shorts.

Fat Reduction: The Whole Body

Efficacy

1. Accelerate blood circulation, dredge channels and collaterals, and prevent varicose veins.
2. Increase leg circulation and detoxification through metabolism.
3. Accelerate fat dissolution and passing through metabolism.
4. Relieve numbness and swelling of limbs.
5. Eliminate fatigue and help you sleep.
6. Improve health and alleviate aging.
7. Burn fat and control your weight.
8. Promote circulation and strengthen blood vessels.
9. Regulate your hormones.

Applicable Range

1. Those with excessive and protruding fat in limbs.
2. Those who often carry children, lift heavy objects; those with sore arms.
3. Those with cold womb and body.
4. Those with endocrine dysregulation.
5. Those with fatigue, backache.
6. Those with low immunity.
7. Those with protruding fat or beer belly.
8. Those with poor circulation of lower limbs, edema and obesity.
9. Those with low immunity; those who experience discomfort and pain all over the body.
10. Those whose legs are often numb and sore.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
2. Those with malignant tumor and hemophilia or severe bleeding.
3. Those whose surgical wound is healing or convalescence.

4. Those with skin diseases and infectious diseases.
5. Those with allergy and severely sensitive skin.
6. Those with skin trauma or cut.
7. Those who are drunk, full-stomached, empty-stomached, thirsty and overworked.

Notes after Operation

1. Avoid wearing crop top; avoid exposure to wind and cold.
2. Drink plenty of warm water to stay hydrated.
3. Refuse to overeat or stay up late.
4. Wear pants after operation; avoid miniskirts and shorts.

Part II

1. Detailed Operation

After checking if the instrument is properly connected, the following interface will appear when the power supply is turned on.



Function Selection



Mode A: successive sequence, namely 1-2-3-4-5-6 work separately and end operation altogether. (It's suitable for beginners.)



Mode B: 2 numbers work at the same time, namely 12-23-34-45-56 start successively and end operation altogether. (It's suitable for those with fairly big amount of unwanted fat.)



Mode C: 3 numbers work at the same time, namely 123-234-345-456 start successively and end operation altogether. (It's suitable for those who desire for weight loss and detoxification.)



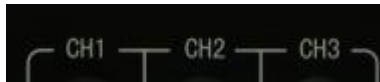
Mode D: 3 numbers work at the same time but end operation after each combination, for example, 123-end operation-234-end operation-345-end operation-456-end operation. (It's suitable for those who desire for relaxation, massage and detoxification.)



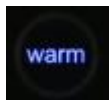
Mode E: 6 numbers work at the same time, namely 123456 and end operation altogether. (It's suitable for those who desire buildup of muscles and overall body strength.)



Mode F: randomized arrangement. (It's suitable for those who desire for relaxation, massage, weight loss and detoxification.)



They're pointing to different treatment areas. CH1 is for hand/arms, CH2 is for waist and abdomen, CH3 is for legs. (They can work both separately and simultaneously.)



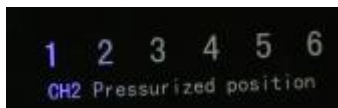
Button for choosing a certain treatment area.



Button for starting the operation on a certain treatment area.



Button for selecting all 3 treatment areas.



Each air bag is numbered from 1-6 in left-right order. (Each balloon has 6 air bags, each number connects and shows each air bag's operating status. For example when number 1 lights up, it shows that air bag number 1 is working, and when number 1 and 2 light up, it shows that air bag 1 and 2 are working. The rest follow the same pattern.)



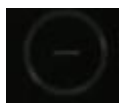
Time adjustment (ideal time is 40 min)



Temperature adjustment (max55°C)



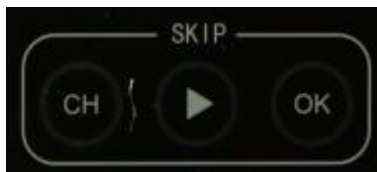
Energy adjustment (max200)



Decrease: time, temperature, energy



Increase: time, temperature, energy



Home button for 3 treatment areas, CH is the selection button

for 3 treatment areas.



CH is the selection button for 3 treatment areas.(Click once is for hand/arms; click twice is for waist and abdomen; click thrice is for legs.)



is to skip the selected number(after clicking



and select a certain number), and

then click



to skip the certain number, eventually press



to affirm the number,

this numbered air bag then won't be working during the process, for instance: click



twice,

6 numbers of waist/abdomen will light up, click



and stop at number 3, and then click



to affirm the selection of number 3, click



to start the operation while number 3

air bag will be skipped during the process.)




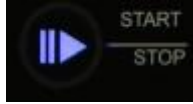
Button to affirm the selection of certain number



Button for reversing orders (e.g. Mode A works in 1-2-3-4-5-6-1-2-3-4-5-6



sequence originally; after clicking , it will be 1-2-3-4-5-6-6-5-4-3-2-1 sequence.)



Home button to start/pause all 3 treatment areas (Light shows the working status; click this button when 3 treatment areas are needed at the same time.)

2. Technical Parameters

Voltage: 110V/120V-220V/240V

Frequency: 50 Hz - 60Hz

Power: less than or same to 500W

Safe voltage output: 36V

Heat output: 0 degree centigrade-80 degree centigrade

Material: ABS

3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
2. Those with malignant tumor and hemophilia or severe bleeding.
3. Those whose surgical wound is healing or convalescence.
4. Those with skin diseases and infectious diseases.
5. Those with allergy and severely sensitive skin.
6. Those with skin trauma or cut.
7. Those who are drunk, full-stomached, empty-stomached, thirsty and overworked.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.

3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
7. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
8. Use device or train device operators in strict accordance with instructions in the user manual.
9. Stop the weight loss medication for 1-2 month before device operation. Extend the course if you wish to loss weight immediately.
10. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
11. Clean the device with saline after operation to ensure its cleanliness and hygiene and prolong its service life.
12. Store the air pressure suit safely after operation to avoid damage.
13. Start from the lowest level of energy at the beginning of the operation, then slowly add up. Avoid any discomfort caused by sudden tuning of energy change.
14. Press the emergency button if any discomfort were felt and start again after remittance.
15. Adjust tightness of the air pressure suit subjecting to the comfort level of the wearer; do not tie it too tight at the beginning of operation to avoid discomfort or lower the energy when it is too tight.
16. There will be a lot of sweat in the process of operating. It is a normal phenomenon and you don't need to worry about it.
17. Before the operation, the wearer should drink plenty of water to avoid discomfort caused by excessive sweating. After the operation, the wearer should also drink plenty of water to replenish the lost water to help waste discharge and accelerate the circulation and metabolism.
18. Do not take a shower immediately after operation; take a shower 4 hours later, and do not take a cold shower to avoid discomfort.

5.Troubleshooting &Solutions

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. No air pressure after turning on the device?

- A. Ensure that the power cord is connected to the air pressure suit.
- B. Ensure there's energy flow through the ballon power lines.

3. No heat after turning on the device?

- A. Ensure that the power cord is connected to the air pressure suit.
- B. Please check if there's energy flow through the ballon power lines or damage.
- C. Contact device distributor for assistance if neither A or B works.

4.The device can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the device and wait about 1 minute before restarting the device.
- B. If the above method did not work, please contact the device distributor for assistance.

6.FAQs

1. Q: How long is one treatment?

A: It takes around 60 minutes. No complicated procedures are needed in the process. The ideal time for one treatment is 45-60 minutes.

2.Q: How often to have one treatment for better results?

A: It is advised to do it 2-3 times per week. Adopting the unique design of low voltage heating + air pressure system, it makes the human body sweat through the heat energy effect. Following three steps of warming up, air pressure massage, sweating, it helps to export body toxin and excess water together with sweat excretion, so as to achieve the effect of detoxification and fat reduction.

3.Q: Why do I sweat during the process?

A: Massage through high temperature and air pressure circulation: it can cause heat-up of human body, pore dilation, promote blood circulation, in a way making human body exercise passively, and muscle will consume the energy stored inside the body and produce a lot of heat. Because the body needs to sweat to send out excessive heat, which is a normal "reaction phenomenon". Exporting toxins build up in the body can cause sweating.

7. Packing List

1 x Host

- 1 x Power line
- 2 Bags x ballon power line
- 2 x Hand ballon
- 1 x Waist ballon
- 2 x Leg ballon
- 1 x Instruction

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagram
Fat Reduction on Arms: 60 min, 2-3 times/week			
Operation Time: 45-60 min Temperature: 40~50°C Intensity: 150~180 Mode: A/B	Clean towel+device	<ol style="list-style-type: none"> 1. Wear the hand ballon on one arm, strap and fixate it on the body, 2 min. 2. Do the same on the other arm, 2 min. 3. Connect the ballon power line with hand ballon, 2 min. 4. Have the wearer hold the emergency button controller (Notify the wearer to press the emergency button if any discomfort were felt during the process.) 1 min. 5. Adjust the mode and energy level; set the operation time for 45 minutes and hit start. 6. Remove the controller, 1 min. 7. Disconnect the ballon power line with hand ballon, 1 min. 8. Remove hand ballons from treatment area, 2 min. 	No diagrams

		9. Wipe sweat away with a clean towel.	
<p>Suggested Treatment: 10 treatments account for one full course. After one treatment, you should end up with relaxed arms, sweating and promotion of lymphatic detoxification. After one full course, redundant adipose begin to decrease. After 2 courses of treatment arms begin to be slimmer and you'll look better in clothes. After 3 courses of treatment, redundant and adipose will disappear gradually, and you can get rid of jiggly arms.</p>			
<p>Fat Reduction on Waist&Abdomen: 60 min, 2-3 times/week</p>			
<p>Operation Time: 45-60 min</p> <p>Temperature: 40~50°C</p> <p>Intensity: 150~180</p> <p>Mode: C/D</p>	<p>Clean towel+device</p>	<ol style="list-style-type: none"> 1. Wear the waist ballon on waist and abdomen, strap and fixate it on the body, 2 min. 2. Connect the ballon power line with waist ballon, 2 min. 3. Have the wearer hold the emergency button controller (Notify the wearer to press the emergency button if any discomfort were felt during the process.) 1 min. 4. Adjust the mode and energy level; set the operation time for 45 minutes and hit start. 5. Remove the controller, 1 min. 6. Disconnect the ballon power line with waist ballon, 1 min. 7. Remove waist ballon from treatment area, 2 min. 8. Wipe sweat away with a clean towel. 	<p>No diagrams</p>
<p>Suggested Treatment: 10 treatments account for one full course. After one treatment, you should end up with relaxed waist and abdomen and sweating. After one full course, unwanted fat on waist and abdomen begin to decrease. 2 courses come with visible results, such as fat reduction on waist and abdomen. 3 course will consolidate the effects, which also come with gradual fat reduction and a more visible curve line.</p>			

Fat Reduction on Legs: 60 min, 2-3 times/week

<p>Operation Time: 45-60 min</p> <p>Temperature: 40~50°C</p> <p>Intensity: 150~180</p> <p>Mode: B/C</p>	<p>Clean towel+device</p>	<ol style="list-style-type: none"> 1. Wear the leg ballon on one leg, strap and fixate it on the body, 2 min. 2. Do the same on the other leg, 2 min. 3. Connect the ballon power line with leg ballons, 2 min. 4. Have the wearer hold the emergency button controller (Notify the wearer to press the emergency button if any discomfort were felt during the process.) 1 min. 5. Adjust the mode and energy level; set the operation time for 45 minutes and hit start. 6. Remove the controller, 1 min. 7. Disconnect the ballon power line with leg ballons, 1 min. 8. Remove leg ballons from treatment area, 2 min. 9. Wipe sweat away with a clean towel. 	<p>No diagrams</p>
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Suggested Treatment:

10 treatments account for one full course. After one treatment, you should end up with relaxed leg muscles and sweating. After one full course, redundant adipose begin to decrease. 2 courses come with visible results, such as loose pants. After 3 courses of treatment, unwanted fat on legs will disappear gradually, which also means slim and slender legs.

Body Fat Reduction: 70 min, 2-3 times/week

<p>Operation Time: 45-60 min</p> <p>Temperature: 40~50°C</p> <p>Intensity: 150~180</p>	<p>Clean towel+device</p>	<ol style="list-style-type: none"> 1. Wear the hand ballon on one arm, strap and fixate it on the body, 2 min. 2. Do the same on the other arm. 3. Wear the waist ballon and have it fixated on your waist, 2 min. 4. Wear the leg ballons on both 	<p>No diagrams</p>
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Mode: E/F		legs, 3 min. 5. Connect the ballon power line with hand, waist and legs ballons, 5 min. 6. Have the wearer hold the emergency button controller (Notify the wearer to press the emergency button if any discomfort were felt during the process.) 1 min. 7. Adjust the mode and energy level; set the operation time for 45 minutes and hit start. 8. Remove the controller, 1 min. 9. Disconnect the ballon power line with hand, waist and legs ballons, 3 min. 10. Remove hand, waist and legs ballons from treatment areas, 5 min. 11. Wipe sweat away with a clean towel.	
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Suggested Treatment:

10 treatments account for one full course. After one treatment, you should end up with reduction of unwanted fat on waist, abdomen, legs and arms. Meanwhile, skin will be smooth and tender. After 2 courses of treatment, curve line becomes ever clearer, clothes looks better on you, body becomes slimmer, and the immunity increases. After 3 courses, excess fat gradually disappeared, S curve and small waist start to show.