

User Manual

DT-BS001



Preface

We're pleased to present to you 5 in 1 cavitation RF Slimming vacuum weight loss beauty machine. Equipped with multifunctions, it mainly addresses body slimming, sculpting, skin tightening, anti-aging, health-nourishing and detoxification, targeting at health problems like sagging facial skin, localized fat pockets, sub-health and so on. Various effects are achieved with the help of high-end technology. Cavitation RF Slimming vacuum weight loss beauty machine works on maintaining beauty and wellness of human body and is for professional use only, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this manual thoroughly and apply with the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface
Part I
Brief Introduction
Advantages
Working Principles & Treatments
Facial Detoxification
Facial and Lifting
Anti-aging around Eyes
Anti-aging around Neck
Lymphatic Drainage on Neck
Shaping Waist & Abdomen
Cupping on Abdomen
Breast Enlargement
Buttock Augmentation
Body Care: Private Parts
Body Sculpting & Detoxification
Shaping Arms
Shaping Back
Shaping Buttocks
Shaping Legs
Body Sculpting & Slimming
Lymphatic Drainage on Back
Full Body Lymphatic Drainage
Facial & Neck Care

Part II

1.Detailed Operation

2.Safety Precautions

3.Dos and Dont's

4.Troubleshooting & Solutions

5.FAQs

6.Packing List

7.Operational Diagram

Part I

Brief Introduction

Vacuum cupping, RF and ultrasonic beauty machines are currently the most popular instruments that focus on tightening, body sculpting, anti-aging, health-nourishing and detoxification. It's an effective replacement for all the facial and body care in beauty parlors. It's easy and convenient to use, and solves a wide range of body-managing issues for beauty-lovers. It requires no injection, no medication, no surgeries, and has no side effects. Moreover, it is used externally and has immediate effects, therefore can be considered as both safe and effective. RF instrument can heat up skin bottom, stimulate collagen proliferation and recombination of skin dermis, accelerate blood circulation at the bottom of skin, achieving skin firmness, fullness, anti-aging and prevent aging. At the same time, the vacuum cups can effectively improve the fluidity of cells, increase the movement of cells, activate cells, increase skin elasticity and reduce fine lines.

Advantages

1. Multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
7. No consumption, low cost and quick returns.
8. Wider treatment range and faster and more visible effects.
9. Unevenness, bleed, swelling and stasis will not appear after treatment.
10. Professional vacuum metal heads can remove toxins and moisture from the body by suction in no time.
11. Super vacuum pump, low noise, a variety of modes to choose from, human breasts designed cups, good quality, strong comfort.

Facial Anti-aging

Principles

RF Face

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Vacuum Cup: Face

Use vacuum suction head directly on the facial skin to achieve deep cleansing effect. (Vacuum/negative pressure: lower than normal pressure, the use of negative pressure is very common. People often make a part of the space appear negative pressure so we can use the ubiquitous atmospheric pressure. For example, when people breathe, negative pressure occurs when the lungs are in the expansion state, forming a pressure difference between the inside and outside of the lungs. Fresh air is pressed into the lungs.) Negative pressure cleaning is the use of such a principle in the state of no pain, deep cleaning pores of black head, white head, oil and dirt residue.

Effects

1. Shrink pores, improve pore sizing.
2. Deeply clean pores and prep for better absorption.
3. Tighten and improve skin elasticity.
4. Improve skin sagging, laxity and wrinkles.

5. Help your skin absorb nutrients deeply.
6. Accelerate the circulation and metabolism at the bottom of the skin to create healthy skin.

Applicable Range

1. Those with facial dullness.
2. Those with skin relaxation and sagging.
3. Those with fine lines, nasolabial folds, crow's feet.
4. Those with indistinct facial contour.
5. Those with rough skin and large pores and exuberant oil secretion.
6. Those who are under long-term exposure of UV radiation at workplace.
7. Those with lax skin, edema or obesity after birth.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Hs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Facial Detoxification

Principles

Vacuum Metal Head (S)

Massage the skin and muscles by special negative air pressure suction, which can effectively improve the fluid flow of cells, increase the movement of cells, activate cells, increase skin elasticity and reduce fine lines. Vacuum negative pressure movement can stimulate the surface and deep sympathetic nervous system, improve skin sensitivity and skin immunity.

Effects

1. Dredge facial meridians.
2. Promote facial blood circulation.
3. Improve skin quality, leaving skin translucent and radiant.
4. Strengthen blood vessels and prevent skin telangiectasia.

Applicable Range

1. Those with dark, dull complexion.
2. Those with acne and prone to have acne on cheeks.
3. Those with poor skin absorption and metabolism.
4. Those with sallow complexion and no luster caused by endocrine imbalance.

Inapplicable Range

1. Those with heart disease and '3 Hs'(high blood pressure, high cholesterol and high blood sugar).
2. Those who are still recovering from surgery.
3. Those in menstruation, pregnancy, lactation.
4. Those with skin diseases and other infectious diseases.
5. Those with lymphatic cancer or signs of cancer.

Notes after Operation

1. Enhance moisturizing and sunscreen.
2. Use facial masks at least three times a week.
3. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
4. Avoid food that will cause '3 Hs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Anti-aging around Eyes

Principles

RF Eyes

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

Biological Effects

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, make the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.

5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

Notices after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Anti-aging on Neck

Principles

RF Face

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6

months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.
5. Prevent cervical and lymphatic diseases.

Applicable Range

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dark skin.
4. Those who often bow their heads.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

Lymphatic Drainage on Neck

Working Principle

Vacuum Metal Head (M)

Scraping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

Effects

1. Accelerate the flow of neck lymph.
2. Increase lymphocyte productivity.
3. Accelerate lymphatic detoxification and improve facial skin quality.
4. Stimulate lymph glands and promote the expulsion of toxin.
5. Improve sleep, sore throat.
6. Prevent alzheimer's disease, heart and brain disease.

Applicable Range

1. Those with dull complexion and acne caused by neck lymphatic blockage.

2. Those whose neck skin begins to have folliculitis and sebum inflammation.
3. Those with granules on neck skin.
4. Those who are nervous, irritable and experience insomnia and a lot of dreams.

Inapplicable Range

1. Those with heart disease and '3 Hs' (high blood pressure, high cholesterol and high blood sugar).
2. Those who are still recovering from surgery.
3. Those in menstruation, pregnancy, lactation.
4. Those with skin diseases and other infectious diseases.
5. Those with lymphatic cancer or signs of cancer.

Notes after Operation

1. Avoid taking a shower in 4-6 hours and getting cold (capillary vessels are dilated after treatment).
2. Keep neck warm and avoid getting a cold.
3. Avoid scratching treatment areas whereon pain, pruritus, formication, or rubella were felt. The above symptoms are within the normal range.
4. Drink more lukewarm water to help with digestion.

Shaping Waist & Abdomen

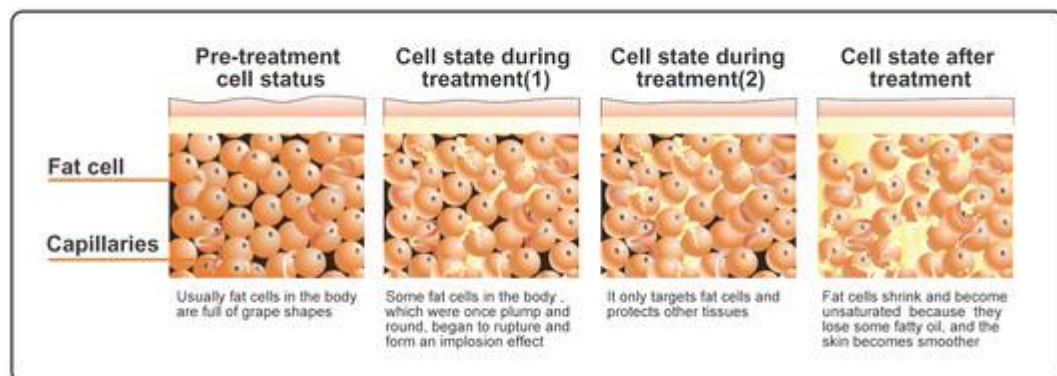
Principles

40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



RF Body

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Vacuum Metal Head (L)

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Effects

1. Relieve women's cold hands and cold feet, cold womb or cold body.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

Applicable Range

1. Those with cold hands and cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.
5. Those with constipation or obstruction of abdominal meridians.

Inapplicable Range

1. Those with "3 Hs" (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Cupping on Abdomen

RF Body

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of

superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss. According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

Effects

1. Stomach meridian drainage and detoxification.
2. Help with cold womb and body.
3. Help with digestion and constipation.
4. Tighten skin and prevent saggy skin on stomach.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

Applicable Range

1. Those who are suffering from bad digestion and constipation.
2. Those who experience cold womb and stomach.
3. Those who have stools.
4. Those who wish to lose weight and gain firm muscles.
5. Those with lax and sagging abdominal skin.

Inapplicable Range

1. Those are during menstruation, pregnancy and lactation.
2. Those who are still recovering from surgery or whose wounds are yet to be healed.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.
5. Those who has a weak body.
6. Those who are drunk, full or empty-stomached, thirsty and overworked.

Notes after Operation

1. Avoid taking showers within 4-6 hours after treatment.
2. Avoid wearing crop tops or getting a cold.
3. Avoid eating spicy, cold food; drink more warm water.

Breast Enlargement

Principle

RF Body

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

Vacuum Cup: Breasts

Use vacuum negative pressure on the human body by special tools in the breast through the instrument internal negative pressure attraction, in the breast produce different rhythm of the negative pressure, make the breast relatively larger, achieve the effect of increasing the breast. The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. It has the effect of warming channels and collaterals, promoting qi and blood circulation, removing blood stasis and swelling, removing poison and exorcising evil. Combined with deep massage, it makes the blood and gas unblocked, unclogs the breast acinus, drives the invisible gas to the tangible blood, transports oxygen and nutrition to the breast, and stimulates the pituitary gland to secrete female hormones, strengthens the breast connective tissue, and stimulates the breast development and growth. Promotes uterine contraction, tightens skin elastic fibers, and prevents loose and scattered skin tissue.

Effects

1. Adjust chest type and reduce accessory breast.
2. Improve premenstrual breast swelling and soreness.

3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.
6. Prevent lactoceles and breast cancer.

Applicable Range

1. Those with bad breast shape and accessory breasts.
2. Those who experience pain of breasts during menstruation.
3. Those with asymmetrical, and east west breasts; those with a flat chest.
4. Those with low immunity.
5. Those who have inverted nipples and look for a change.
6. Those with postpartum mammary gland atrophy, sagging breast, blocked breast ducts, etc.
7. Those who feel they have insufficient mammary gland development; those who suffer from postpartum mammary gland atrophy.

Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

Notes after Operation

1. Keep warm.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

Buttock Augmentation

RF Body

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of

the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Vacuum Cup: Buttocks

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. At the same time vacuum cup can help contour buttocks, make excess fat be adsorbed at the due position of buttocks, so that your buttock look full.

Effects

1. Relax muscles and increase blood circulation on treatment areas.
2. Prevent muscle atrophy and relieve muscle spasms.
3. Firm the skin and better your body.
4. Improve sagging caused by muscle laxity.
5. Initiate muscle contraction for better muscle growth (e.g. well-shaped buttocks).

Applicable Range

1. Those who have inverted and flat butt.
2. Those with less fat on buttocks.
3. Those who aim for a better figure either professionally or psychologically.
4. Those who are satisfied with the size but not the plumpness of their buttocks.
5. Those who have accumulated waist fat and lead to square (H-shape) butts.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those with heart diseases and hypertension, etc.
4. Those who have skin diseases, and infectious diseases; those who are during sensitive skin period.
5. Those who are in poor health.

Notes after Operation

1. Avoid taking showers within 4-6 hours after treatment.
2. It is advised to wear butt lifting underwear to prevent sagging and laxity.
3. It is advised to do some butt lifting exercise after treatment.

Body Care: Private Parts

Principle

Vacuum Cups: Private Parts

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation: through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation in the operation, the increase and disappearance of negative pressure replace, make the local pores continue to open and close, promote the skin breathing, increase its oxygen intake, accelerate the elimination of waste and promote the contraction of pelvic smooth muscle, increase blood circulation, regulate the endocrine system, increase lutein, force hormone secretion in the body.

Effects

1. Improve vaginal lubrication.
2. Improve vaginal relaxation.
3. Regulate your hormones.
4. Improve the quality and sensitivity of your sex life.

5. Improve the color of the perineum.
6. Discharge vaginal toxins and residual metabolites, restore vaginal cleanliness and balance.

Applicable Range

1. Those who are in pregnancy, birth, abortion, contraception and sexual intercourse.
2. Those with irregular menstruation (dysmenorrhea, less period flow, blood clots).
3. Those with skin spots, acne and dark yellow caused by endocrine imbalance.
4. Those with abnormal leucorrhea and peculiar smell.
5. Those with poor memory and immunity.
6. Those whose sex life isn't compatible.

Inapplicable Range

1. Those in pregnancy, menstruation or lactation.
2. Those who are recovering from surgery or being treated.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.

Notes after Operation

1. Shower 4 hours after treatment.
2. Drink plenty of warm water, avoid cold water and eat raw, cold and spicy food.
3. Change and wash underwear daily. The underwear should be made of pure cotton and silk, with less chemical fiber and avoid excessive tight underwear.
4. Towels and underpants should be dried in the sun or boiled with hot water. If dried in a humid environment, it is easy to breed fungus.
5. Don't have sex immediately after you're done.

Body Sculpting & Detoxification

RF Body

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the

dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

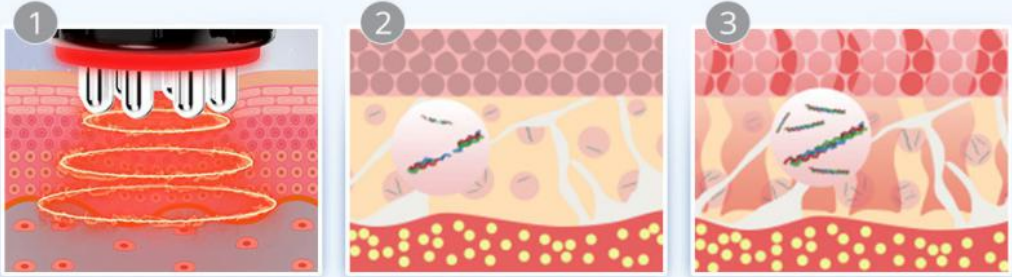
Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Ultrasound cavitation 2.0 & Vacuum
Sextupolar 3D SMART RF+ Laser Photon

01

Soften Fat Cells-Body 8-Polar 3D SMART RF

Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.



Before In progress After

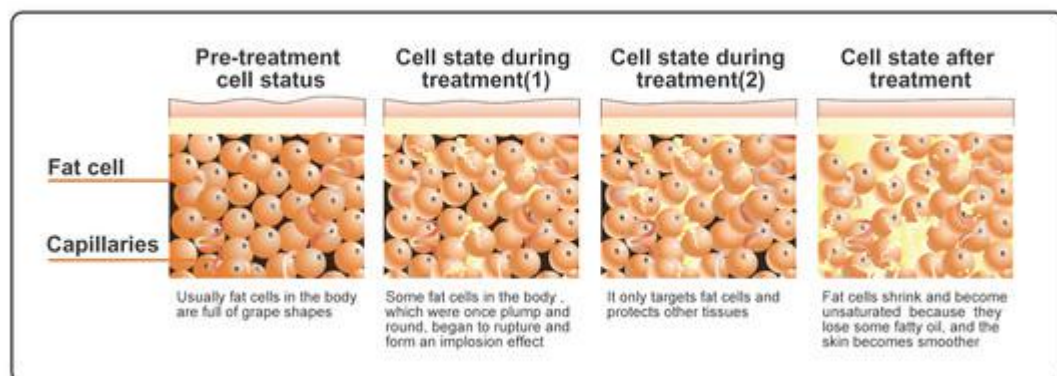
40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves

vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



Vacuum Metal Head

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

Vacuum Cupping

Scrapping and cupping are from the inside to the body surface, and finally distribute

from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

Shaping Arms

Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm loose skin.
5. Dissolve the fat, and say goodbye to flabby arms.
6. Accelerate blood circulation and dredge channels and collaterals.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.

2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

Shaping Back

Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.

Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on the back of the neck.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has "three Hs" , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.

4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

Shaping Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks due to obesity and pregnancy.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

Notes after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

Shaping Legs

Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and rid thick thighs.

Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant or recovering from surgery.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

Body Sculpting & Slimming

Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Accelerate blood circulation and dredge channels and collaterals.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Regulate the functions of viscera and strengthen the body.
6. Improve cold hands, feet, uterus and body of female.
7. Stimulate collagen regeneration, firming and shaping.
8. Improve loose and soft waist and abdomen skin.
9. Improve the jiggly and thick arm.
10. Improve unwanted fat on the back, waist and abdomen.
11. Tighten skin and prevent sagging.
12. Improve stretch marks, fat marks, and increase skin elasticity.
13. Accelerate metabolism, improve constipation and intestinal peristalsis.

Applicable Range

1. Those with cold hands, feet, womb and body.
2. Those who are sedentary and don't look good at the waist.
3. Those with unwanted fat on waist and abdomen, prominent belly, loose skin after delivery.
4. Those with fat marks, stretch marks.
5. Those with constipation, abdominal meridian blocking.
6. Those with big arms, thick back, poor leg shape ratio and want to look better in clothes.
7. Those with jiggly and flabby arms.
8. Those with loose skin on arms and legs.
9. Those whose hands and legs are easily sore and numb.
10. Those with sore shoulders and backs and stiff necks.
11. Those with insomnia and dream, memory decline of the population.

12. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
13. Those with thick back and unattractive clothes.
14. Those with poor circulation of lower limbs, edema and obese people.
15. Those who have low immunity and feel discomfort and pain all over the body are susceptible to colds.

Inapplicable Range

1. Those who are during pregnancy, menstruation and lactation.
2. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those who have just had liposuction.
5. Those with severe varicose veins and tumors.
6. Those whose surgical wound is healing or recovering.
7. Those with skin diseases and infectious diseases.
8. Those with severe gynecological diseases.
9. Those with gynecological diseases being treated.
10. Those with allergic and severely sensitive skin.
11. Those with skin trauma or cut.
12. Those who are overly old.
13. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
14. Those who are too weak.
15. Those who over-drink, full, empty, thirsty and overworked.

Notes after Operation

1. Avoid wearing clothes that show navel, shoulder or back, miniskirts or shorts, and avoid getting cold from the wind.
2. Avoid overeating, staying up late, drinking and eating raw, cold, spicy and greasy food.
3. Keep warm after operation, and do not bathe until 4-6 hours apart.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.
6. Drink plenty of hot water to hydrate and speed up metabolism.

Lymphatic Drainage on Back

Effects

1. Accelerate lymph flow.

2. Accelerate natural detoxication, and help rid the body of waste through the lymphatic system.
3. Stimulate activity in the lymphatic area.
4. Increase lymphocyte production.
5. Boost your metabolism.
6. Boost your immune system.

Applicable Range

1. Those who experience neck and shoulder strain.
2. Those with symptoms of periarthritits of shoulders.
3. Those who experience soreness and pain of muscles.
4. Those who experience nervous breakdown, insomnia, and dreamful sleep.
5. Those who drive, sit before computer screen, or just sit for long hours.

Inapplicable Range

1. Those with hypertension, hyperlipidemia, hyperglycemia and heart disease.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those who are in pregnancy, menstruation, and lactation.
4. Those who have skin diseases or other infectious diseases.
5. Those who appear to have lymphoma or cancer.
6. Those who are drunk, overworked, or too thirsty; those with a full or empty stomach.

Notes after Operation

1. Avoid taking a shower in 4-6 hours and getting cold (capillary vessels are dilated after treatment).
2. Avoid scratching treatment areas whereon pain, pruritus,formication,or rubella were felt. The above symptoms are within the normal range.
3. Drink more lukewarm water to help with digestion.

Full Body Lymphatic Drainage

The lymphatic system is a circulatory system, and the immune system is also the body's defense station and garbage collection station to prevent external bacterial infections and recycling of the body's waste and toxins. Lymph is also the largest body detoxification system, equivalent to the human body's scavenger, is the main body organ toxins collection medium. If lymphatic system circulates decelerate, it can bring about toxin to accumulate inside body, the person can get oedema and fat easily. The principle of lymphatic drainage weight reduction is basically through massage that passes to lymphatic gland and stimulation, unblock lymphatic circulatory system, make inside body toxin eduction outside the body, accelerate adipose combustion,

achieve the goal of reducing weight. Another important function of lymphatic drainage is to clean blood vessels. Lymphatic vessel and vein are intercommunicated. When blood capacity is excessive, lymphatic vessel can have shunt fluid, reduce the effect of the burden inside blood vessels.

The lymphatic system of one person grows along with the age. It's circulatory rate may drop, the action of detoxification also can drop as one age. The circulatory speed of lymphatic system can be accelerated effectively through proper massage, passing toxin outside the body as soon as possible.

Effects

1. Speed up the flow of lymph.
2. Speed up the natural detoxification process and help the body remove waste through the lymphatic system.
3. Stimulate the activity of lymphatic domain.
4. Increased lymphocyte productivity.
5. Improve your body's metabolism.
6. Boosts immune system function.

Applicable Range

1. Those whose face lacks luster and whose skin becomes very rough.
2. Those who drink a lot and suffer from insomnia.
3. Those who have excessive fat on waist and abdomen. (Lymphatic detoxification can rapidly improve edema and consuming fat.)
4. Those with bad breath and frequent constipation.
5. Those with poor mental state, poor resistance to cold and illness.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
9. Those with malignant tumors, hemophilia or severe bleeding.
10. Those with skin diseases and infectious diseases.
11. Those with severe gynecological diseases.
12. Those whose gynecological diseases are being treated.
13. Those with lymphoma or signs of cancer.
10. Those who has a weak body.
11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Notes after Operation

1. Shower 4-6 hours after treatment.
2. Avoid heat and cold.
3. Avoid spicy, greasy foods.
4. Drink plenty of hot water to boost your metabolism.
5. Avoid staying up late and smoking.
6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Facial & Neck Care

Effects

1. Improve facial wrinkles, canthus lines, crow's feet, and fine lines on neck.
2. Deeply introduce nutrition, reduce dark spots and whiten skin.
3. Increase skin elasticity, firm and delicate skin, and lift canthus.
4. Relieve eye fatigue, dark circles, bags and edema.
5. Increase blood circulation and metabolism.
6. Improve flabby skin and relieve double chin.
7. Stimulate collagen hyperplasia and delay aging.
8. Accelerate lymphatic detoxification and improve facial skin quality.
9. Prevent neck and lymphatic diseases.

Applicable Range

1. Those with dark complexion, rough skin, large pores and dry skin.
2. Those whose skin is flabby, saggy and inelastic.
3. Those with fine lines, decree lines, canthus lines.
4. Those with wrinkles, fine lines, bags under the eyes, and dark circles under the eyes.
5. Those who face computer screens and cell phones for long hours.
6. Those who often stay up late with dark circles under their eyes.
7. Those who always be in a dry or hot environment.
8. Those who after giving birth to a baby has loose skin, edema or fat.
9. Those who work in the office for long hours, facing ultraviolet.
10. Those with unclear facial outline and who often bow the head.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who recently experienced certain injections, such as hyaluronic acid,

intradermal injection, wrinkle removal, or plastic surgery.

3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

Notes after Operation

1. Do not wash your face and neck with overheated water (with either warm or cold) within 7 days.
2. Strengthen hydrating and moisturizing, avoid overexposure to sunlight, and always apply sunscreen.
3. It is recommended to apply facial mask + eye mask + neck mask at least 3 times a week.
4. Within 1-3 days after operation, it is best not to use products such as alcohol, AHAs or exfoliating scrub and so on.
5. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
6. Avoid spicy and greasy food, staying up late, smoking and drinking; eat more fruits and vegetables, less greasy food.
7. Avoid food that will lead to "3Hs"(hypertension, hyperglycemia, hyperlipidemia), and mainly consume less greasy food.
8. Keep your neck warm.
9. Apply neck serum or cream.
10. Avoid head-bowing for long hours.

Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection



Start/Pause



Restore

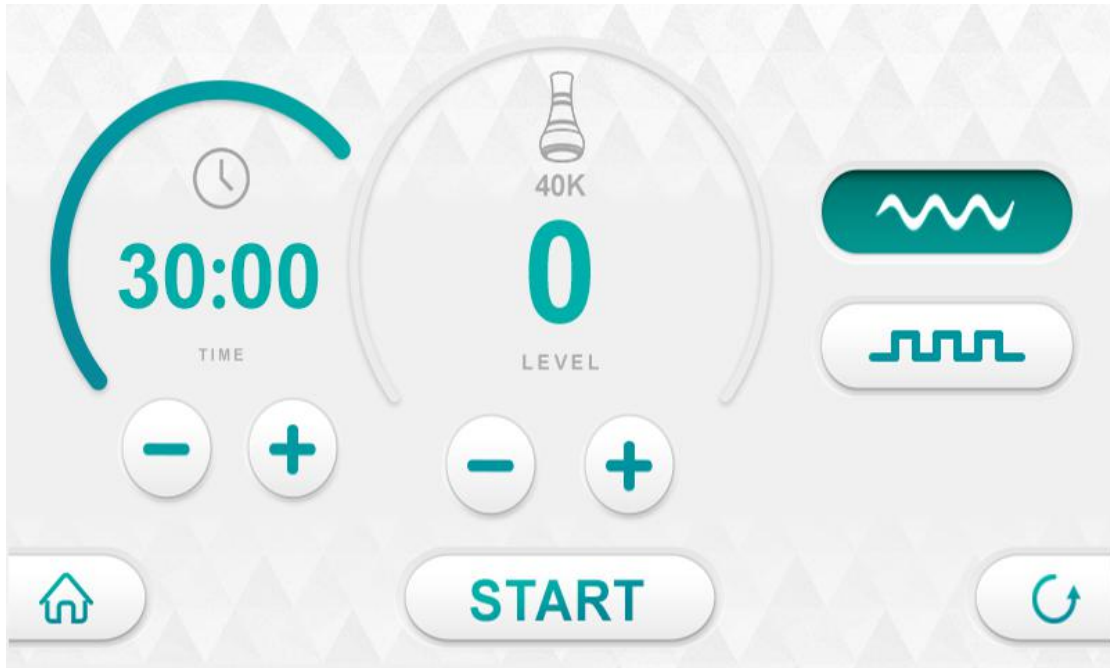


Home

1.2 Detailed Operation: 40K



Select to go to the interface below



40K Energy Adjustment



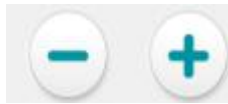
40K Energy Display



40K Working Time Adjustment



40K Working Time Display



Energy, Time +/-




40K Consecutive Mode

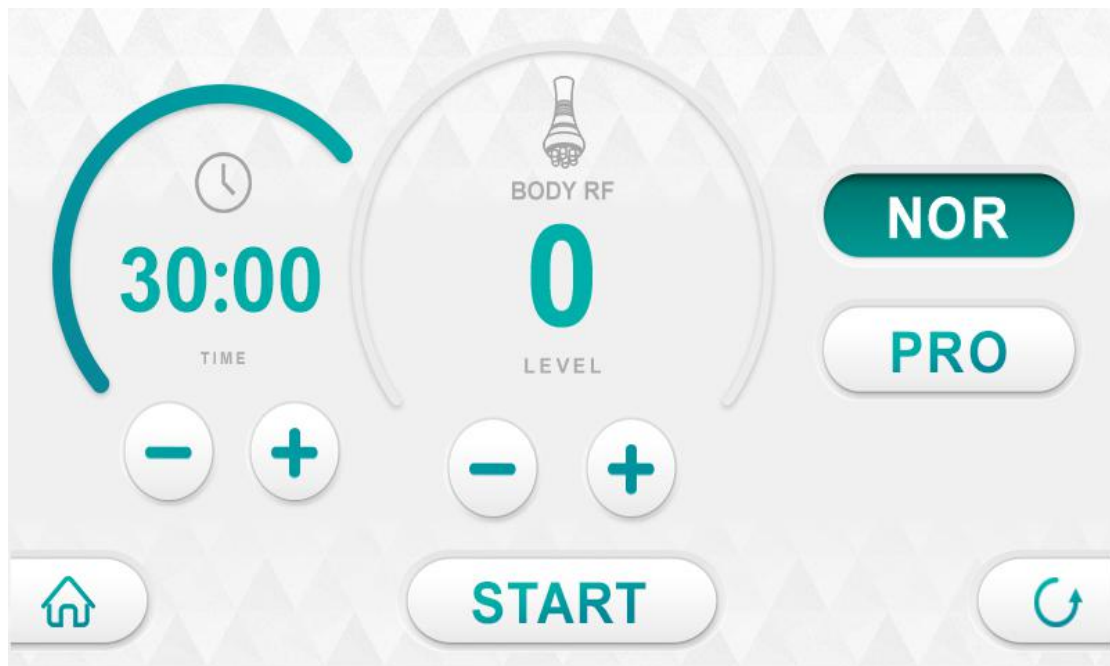


40K Intermittent Mode

1.3 Detailed Operation: Body RF



Select  to go to the interface below





Body RF Energy Adjustment



Body RF Working Time Adjustment



NOR is the set mode. Energy level reaches to the set level once turning on the machine.

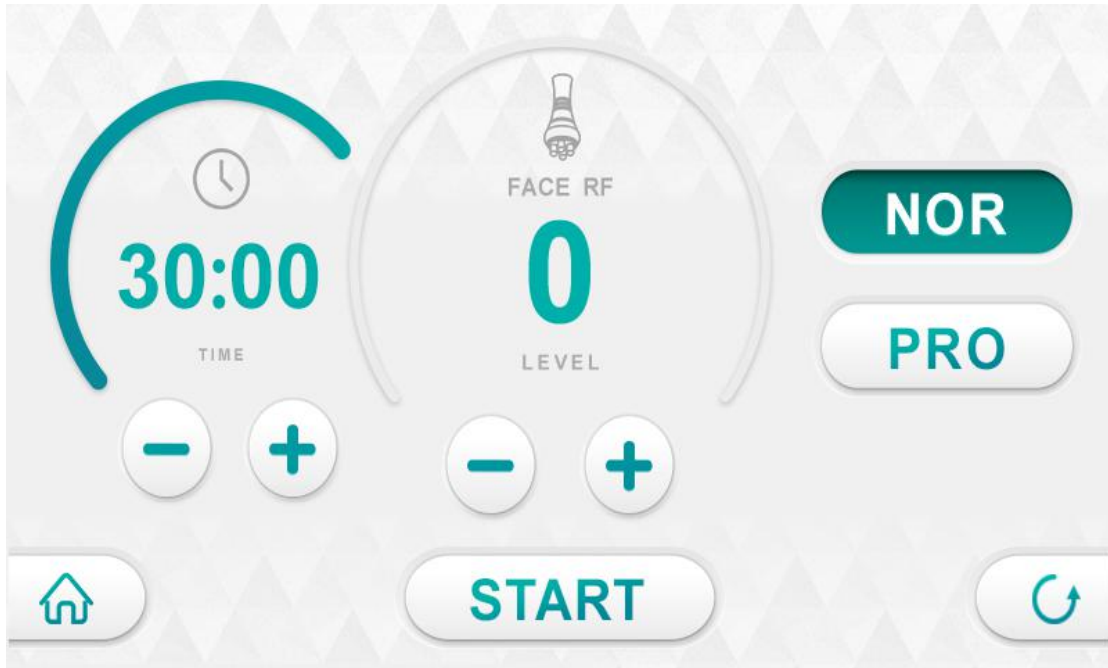


PRO is the smart mode. Energy level slowly go up the to set level after coming in full contact with the skin.

1.4 Detailed Operation: Face RF



Select  to go to the interface below




NOR is the set mode. Energy level reaches to the set level once turning on the machine.

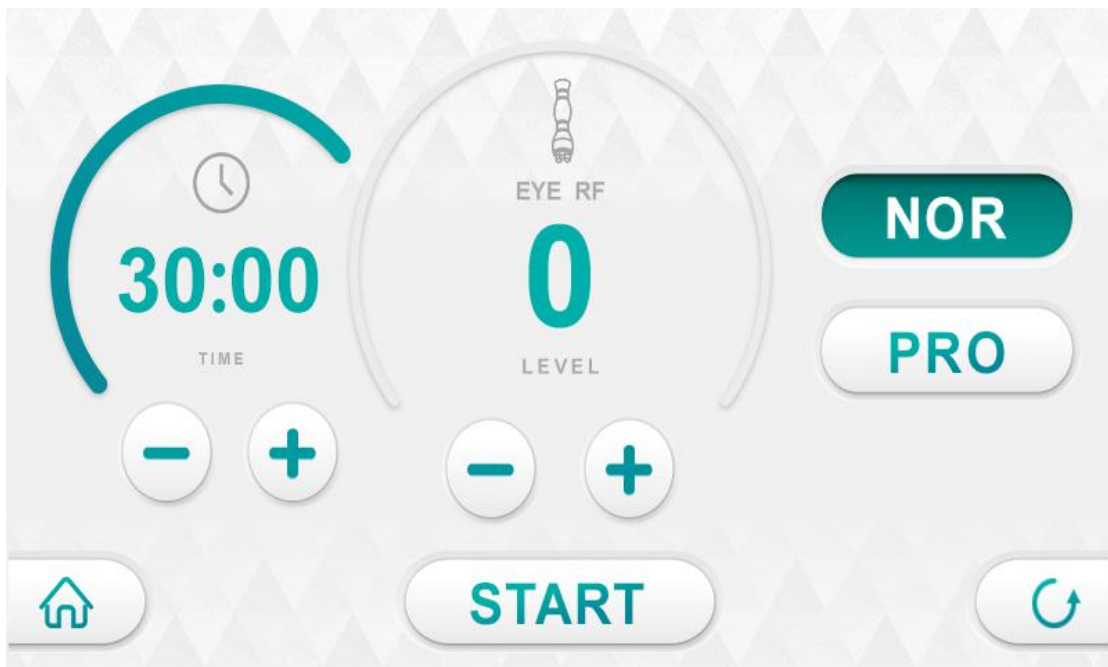


PRO is the smart mode. Energy level slowly go up the to set level after coming in full contact with the skin.

1.5 Detailed Operation: Eye RF



Select  to go to the interface below



Eye RF Energy Adjustment



Eye RF Working Time Adjustment




NOR is the set mode. Energy level reaches to the set level once turning on the machine.

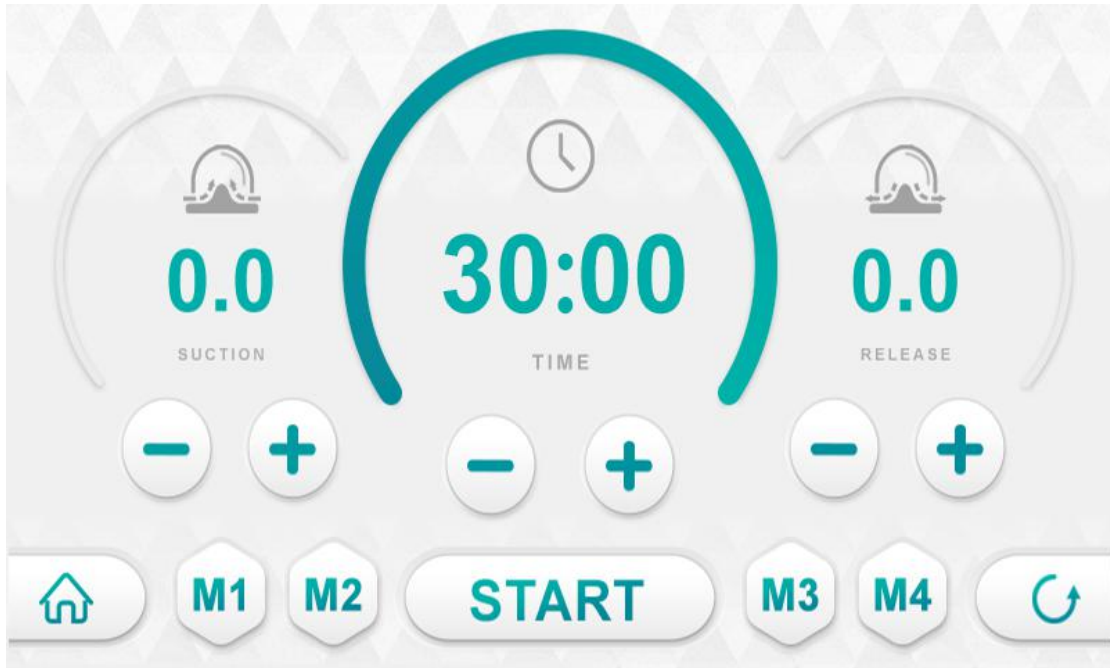


PRO is the smart mode. Energy level slowly go up the to set level after coming in full contact with the skin.

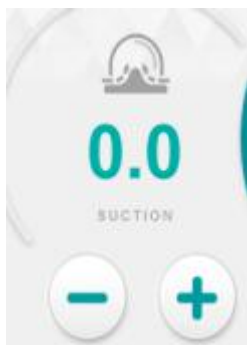
1.6 Detailed Operation: Vacuum Cupping



Select  to go to the interface below



Vacuum Cupping Working Time Adjustment



Vacuum Cupping Suction Time Adjustment



Vacuum Cupping Release Time Adjustment



Vacuum Cupping Parameters +/-



M1: Direct Suction Mode (Constant suction mode after turning on the machine. It is suitable for those who opt for strong scraping and detoxification.)



M2: Intermittent mode (with the relatively fast interval rate. It is suitable for massaging, relaxing and soothing muscles.)



M3: Intermittent Mode (with relatively slow interval rate. It is suitable for soothing, massaging and accelerating metabolism.)



M4: Intermittent Mode (with relatively slower interval rate. It is suitable for those who opt for detoxification, dredging, and petechiae.)



Vacuum Suction Tuning (Turning right to increase the suction level.

It is advised to adjust the level subjecting to your own comfort level and not too high at the beginning.)

2. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for people with current sensitivity.
8. Avoid those with severe stomach, bowel and liver diseases, bladder and kidney stones.

3.Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Don't stay at one place for over 5 seconds to avoid scald.
15. Start from the lowest energy level and slowly add up.
16. When using this device, the operating parts must be kept moist and dry skin should be avoided.
17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
18. Do not use it 6 months after C-section.
19. Do not use it 3 months after miscarriage. Do not use it 2 months after natural labor.
20. In the process of operation, if the suction adjustment of the negative pressure cup is too large, please immediately stop and adjust the suction.
21. Remember to add filter cotton before using the vacuum metal head to avoid the essential oil entering and causing the instrument malfunction.

22. Do not use high level of suction on face when operating vacuum cupping and lipo laser to avoid petechiae.

4. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

4. Vacuum pressure cup/metal head has no suction or less suction?

- A. Check if the transparent long pipe is misconnected or not connected properly.
- B. Please check and clean if there is foreign matter or grease obstruction in the suction hole of main engine.
- C. If the pipe is broken, especially at both ends, it shall be replaced.

5.The device can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the device and wait about 1 minute before restarting the device.
- B. If the above method did not work, please contact the device distributor for assistance.

5.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen

regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5.Q:Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

6.Q: Will I experience rebound after operation?

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

7.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

8.Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A

small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

9.Q: Can RF instrument be used for chest shaping?

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

10. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

11.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

12.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

13.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all

layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

14. Q: Why do I need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily, and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual, secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

15.Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.

16.Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.


17.Q: Does vacuum breast enlargement have side effects?


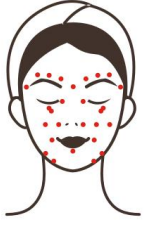




A: No side effects. Vacuum breast enlargement adopts the working principle of pure physical therapy. Massage, negative pressure suction and release are common principles used in health care physical therapy instruments. It utilizes cutting-edge technology and combines a variety of principles into one machine, therefore giving birth to a highly effective device that produces no rebound and no side effects.

6. Packing List

- 1 x 40KHz Unoisetion Cavitation Handle
- 1 x Three pole RF Handle for Face and Eyes' Around
- 1 x 4 polar RF Handle for Face and Body
- 1 x 6 polar RF Handle for Body
- 1 set od cups for breasting
- 1 x Power cord Power Supply Cord


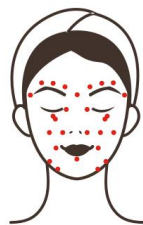


7.Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Facial Anti-aging: 60 min, once/week			
RF Energy: 3 - 8 Mode:PRO Face Vacuum cups: T Zone Suction: 0.3-1.5 T Zone	Makeup Remover+ Face wash+ Blackhead export liquid+ Cold&hot steam+ Base mask+ Massage cream+ Essence+	1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply blackhead export liquid+hot steam(on large pores or clogged area; apply toner on cheeks; apply toner+cold steam for sensitive skin, export liquid+hot steam is not recommended.) 5-8 min.	Technique4  Technique8

<p>Release: 0-1.0</p> <p>Cheek Suction: 0.3-1.0</p> <p>Cheek Release: 0-1.0</p> <p>Mode:M1</p>	<p>Machine+ Facial mask</p>	<p>4. Face Vacuum Cup Operation: cling device on forehead for 1 sec and gently move towards hairline; each move should be close to the previous one (forehead-nose-chin-cheek); double the operation on clogged pores if needed, around 10 min.</p> <p>5. Clean face with purified water, 2 min.</p> <p>6. Apply hydrating bask mask+hot steam, 10 min.</p> <p>7. Clean face, 2 min.</p> <p>8. Apply massage cream on face evenly and massage, 3 min.</p> <p>9. Press on the following acupoints (chengjiang, renzhong, dicang, jiache, yingxiang, jingming, cuanzhu, yuyao, sizhukong, temple, chengji, sibi) 3 times.</p> <p>10. Alternate hands in lifting the face as if playing musical instrument, 2 min.</p> <p>11. Alternate hands in lifting face as if playing musical instrument on one side, 1 min.</p> <p>12. Do the same on the other side.</p> <p>13. Alternate hands in lifting face in 3 lines, from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.</p> <p>14. Lift on forehead towards hairline, 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Move ring and middle</p>	 <p>Technique9</p>  <p>Technique13,20</p>  <p>Technique14,21</p>  <p>Technique16</p>  <p>Technique19</p> 
--	---------------------------------	---	--

	<p>fingers on forehead in figure Z, then slide to the front of the ear back and forth to lift the treatment area, and slide to the back of the ear, 3 times.</p> <p>17. Clean face, 2 min.</p> <p>18. Apply (anti-aging/anti-wrinkle) essence evenly on face, 1 min.</p> <p>19. RF Operation: move the probe from the jaw to forehead in circular motions and lift in lines with one line next to another, 3 times.</p> <p>20. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p> <p>21. Lift on forehead towards hairline, 3 times.</p> <p>22. Do the same on the other side.</p> <p>23. Apply hydrating facial mask, 15 min.</p> <p>24. Wash face clean, 2 min.</p> <p>25. Apply toner, essence, cream and sunscreen.</p>	
<p>Suggested Treatment: 10 treatments account for one full course. After one time, the skin will be tightened. After a course of treatment, the skin will be plump, firm and ruddy. 2 courses help increase skin elasticity, accelerate metabolism and detoxification, lighten dark spots, brighten skin, and lower the rate of skin sensitivity. 3 courses help stabilize skin state, prevent skin aging and laxity, and help define facial outlines.</p>		

Facial Detoxification: 60 min, once/week


<p>Vacuum Metal Head:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Makeup Remover+ Face wash+ Massage cream+ Facial mask+ Machine</p>	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 2 min. 3. Apply massage cream on face evenly with detoxification technique and massage, 3 times. 4. Press on the following acupoints (chengjiang, renzhong, dicang, jiache, yingxiang, jingming, cuanzhu, yuyao, sizhukong, temple, chengji, sibai) 3 times. 5. Use both hands to lifting face in 8 lines (from chin to earlobe, mouth corner to earlobe, nose wing to ear gate, cheek to hairline, under eye to hairline, canthus to hairline, beginning of the eyebrow to hairline, forehead to hairline), 3 times. 6. Alternate hands in lifting face in 3 lines, from chin to earlobe, mouth corner to ear gate, nose wing to temple, the slide to underarm on one side, 3 times. 7. Do the same on the other side. 8. alternate hands in lifting upward towards the hairline on forehead, the slide to the back of the ear, 3 times. 9. Vacuum Metal Head operation: move the probe from chin to earlobe, mouth 	<p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique6,10</p>  <hr/> <p>Technique9</p> 
--	---	--	--







		<p>corner to ear gate, nose wing to temple, the slide to underarm on one side, 3 times.</p> <p>10. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, travel pass by the back of the ear and slide to underarm, 3 times.</p> <p>11. Do the same on the other side.</p> <p>12. Clean face with hot towel, 2 min.</p> <p>13. Apply hydrating facial mask, 15 min.</p> <p>14. Wash face clean, 2 min</p> <p>15. Apply toner, essence, cream and sunscreen.</p>	
--	--	---	--


Suggested Treatment:

10 treatments account for one full course. Once done, skin is lifted and hydrated. After a full skin, skin appears to be radiant, and it also helps with skin metabolism and detoxification. After two courses, skin looks translucent, smooth, hydrated, and has faded pigmented spots. Three courses help enhance the effects, prevent lymph blockage and skin aging.

Anti-aging around Eyes: 60min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p>	<p>Makeup Remover+ Face wash+ Toner+ Eye Essence+ Machine+ Eye mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply essence evenly around eyes and gently massage to rub it in, 1 min. 4. Push the following acupoints(jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi 	<p>Technique3,5,10</p>  <p>Technique4</p>
---	---	--	--


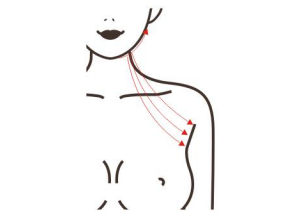
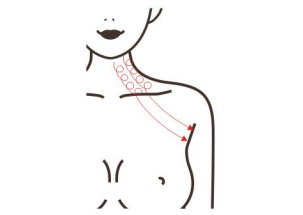

	<p>point) using middle and ring fingers, 3 times.</p> <p>5. Move hands in circular motion on eyes and push temples, 3 times.</p> <p>6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>8. Lift eye corners with “scissor” hand gesture, 3-5 times.</p> <p>9. Repeat the previous operation on the other side, 3 times.</p> <p>10. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>11. RF operation: move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p> <p>12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Repeat the same technique with BIO operation.</p> <p>16. Apply eye mask, 15 min.</p> <p>17. Wash eyes and face</p>	 <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique12,14</p>  <hr/> <p>Technique13</p>
--	---	--



		<p>clean, 2 min. 18. Apply toner, facial essence, eye essence, cream and sunscreen.</p>	
--	--	---	---

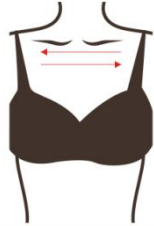


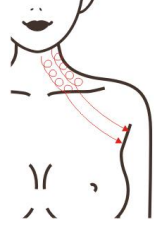
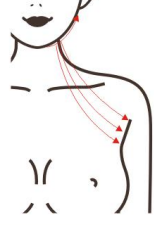
Suggested Treatment:

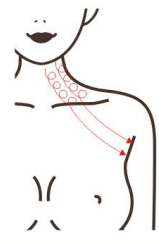

10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Anti-aging on Neck: 60 min, once/week

<p>RF Energy: 3 - 8 Mode:PRO</p>	<p>Makeup Remover+ Face wash+ Toner+ Massage cream+ Essence+ Machine+ Neck mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 1 min. 3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times. 4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times. 7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times. 8. Push downwards with hand spread and hukou 	<p>Technique3</p>  <p>Technique4,12</p>  <p>Technique5,6,7,13</p>  <p>Technique8</p>  <p>Technique14</p>
---	---	---	---

		<p>pointing down from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Wash neck clean. 2 min.</p> <p>11. Apply essence evenly on neck, 1 min.</p> <p>12. RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>17. Do the same on the other side.</p> <p>18. Apply neck mask, 15 min.</p> <p>19. Wash neck clean, 2 min.</p> <p>20. Apply toner, essence neck cream and sunscreen.</p>	 <hr/> <p>Technique15</p>  <hr/>
<p>Suggested Treatments:</p> <p>10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.</p>			
<p>Lymphatic Drainage on Neck: 60 min, once/week</p>			
Vacuum Metal	Makeup	1. Remove makeup and	Technique3

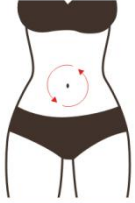
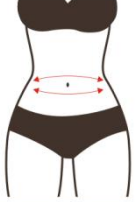
<p>Head:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Remover+ Face wash+ Massage cream+ Machine</p>	<p>cleanse face, 5 min.</p> <p>2. Apply toner, 1 min.</p> <p>3. Neck massage with detoxification technique: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times.</p> <p>4. Slide both thumbs from lymph nodes behind ears to dabanjin, 3 times.</p> <p>5. From left to right, alternate hands in massaging underjaw lymph, traveling to the back of the ear and to underarm, 3 times.</p> <p>6. Slide kneeling fingers from lower jaw to the back of the ear to underarm, 3 times.</p> <p>7. Move hukou in circles to push the three lines and slide to underarm, 3 times.</p> <p>8. Rub lymph nodes on neck sides till they are hot and slide to underarm, 3 times.</p> <p>9. Use both hands to caress and point to feng chi and feng fu acupoint, 3 times.</p> <p>10. Do the same on the other side.</p> <p>11. Vacuum Metal Head operation: coupled with hand, brace the skin on under jaw lymph to lift, travel pass by the back of the ear then slide to underarm, 3 times.</p> <p>12. Move the probe in three circular lines and slide to underarm, 3 times.</p>	 <p>Technique4</p>  <p>Technique5,6</p>  <p>Technique7,8</p>  <p>Technique11</p>  <p>Technique12</p>
---	---	---	--

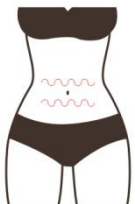
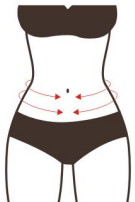


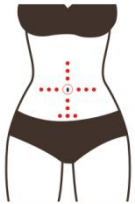

		<p>21. Slide the probe from internal and external clavicle to the armpit to detoxify, 3-5 times.</p> <p>22. Do the same on the other side.</p> <p>23. Clean neck with hot towel.</p>	 <p>Technique13</p> 
--	--	--	--

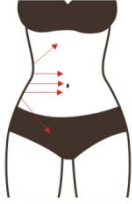


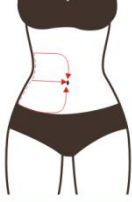

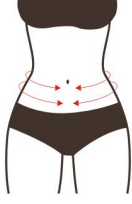
Suggested Treatments:

10 treatments account for one full course. After one treatment, body humidity is relieved and shoulders are relaxed. After a full course, lymph drainage helps with dull skin complexion and acne and so on. After two course, neck lymph is dredged, leaving skin with a better healthier complexion. Three courses boost immunity and help regulate sub-health condition.

Shaping Waist&Abdomen: 60 min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>40K Energy: 3 - 8</p> <p>Mode: Consecutive</p> <p>Vacuum Metal Head:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p>	<p>Essential oil+ Gel+ Machine+ Towel</p>	<ol style="list-style-type: none"> 1. Apply and rub oil on abdomen with hands, 3 times. 2. Rub stomach back and forth with both hands, 3-5 times. 3. Knead abdomen with both hands using chiropractic techniques, 3 times. 4. Lift daimai on both sides of waist with both hands alternately, 16 times. 5. Move hands as if writing an "8" number on waist, 3 times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 	<p>Technique1,7,10</p>  <p>Technique2</p>  <p>Technique3</p>
---	---	--	--

<p>Mode:M1</p>	<p>7. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>8. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</p> <p>9. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. RF operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>12. Repeat the previous operation on the other side, 3 times.</p> <p>13. Move the device on abdomen in small circular motions, 3 times.</p> <p>14. Move the device on abdomen in big circular motions, 3 times.</p> <p>15. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>16. Move the probe up and down to shape the waist, 3-5 times.</p> <p>17. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>18. Apply gel evenly on abdomen, 1 min.</p> <p>19. 40K operation: Move the probe on abdomen in small circular motions, 3</p>	 <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p>  <p>Technique9</p>  <p>Technique11,25</p>
----------------	--	---

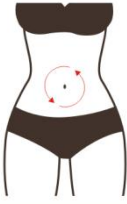
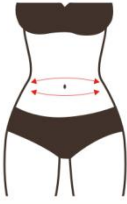
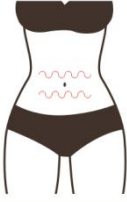
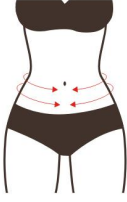

		<p>times.</p> <p>20. Move the probe on abdomen in big circular motions, 3 times.</p> <p>21. Move the probe up and down to shape the waist, 3-5 times.</p> <p>22. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>23. Wipe gel off the abdomen with tissue.</p> <p>24. Apply essential oil evenly on abdomen, 1 min.</p> <p>25. Vacuum Metal Head operation: starting from one side of the waist, lift the probe to abdomen and groin, 3 times.</p> <p>26. Repeat the previous operation on the other side, 3 times.</p> <p>27. Move the probe up and down to shape the waist, 3-5 times.</p> <p>28. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>29. Clean abdomen with fresh towel.</p>	 <p>Technique13,19</p>  <p>Technique14,20</p>  <p>Technique15</p>  <p>Technique16,21,27</p>  <p>Technique17,22,28</p> 
--	--	---	---

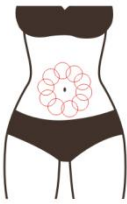



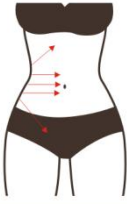

Suggested Treatment:



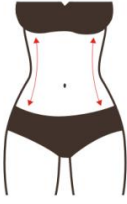
Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism,

body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Cupping on Abdomen: 60 min, once/2 weeks

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>Abdominal Cups: Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Essential oil+ Machine+ Towel</p>	<ol style="list-style-type: none"> 1. Circle the abdomen to accumulate oil 3 times 2. Rub your stomach back and forth three times 3. Knead abdominal fat 3 times with hands alternately. 4. Lift pulse on both sides of waist alternately with both hands for 16 times 5. Row the figure of eight with both hands to the waist and then lift it from the waist side to the navel 3 times 6. Overlap hands and rub intestines for 3 times in a small circle 7. Make a circular motion to soothe your hands 8. Acupoint: in middle and lower wan and wan shen que qi haiguan yuan intermediate tianshu large transverse curvature bone.2 times 9. Make circles with both hands to appease 3 times 10. Push meridians and collaterals from top to bottom alternately with both hands (ren ma -- open 2 inches of kidney meridians -- open 4 inches of stomach meridians -- open 6 inches 	<p>Technique1,7,9,12,13</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4,20</p>  <hr/> <p>Technique5</p> 
--	--	---	---

	<p>of spleen meridians -- open 8 inches of liver meridians -- open gallbladder meridians on both sides) for 3 times</p> <p>11. Push the middle pole of both thumbs straight to the navel, slide both sides to the waist and then raise the row to the groin, 3 times</p> <p>12. Repeat 3 times.</p> <p>13. Pacify the groin to the end.</p> <p>14. RF operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>15. Repeat the previous operation on the other side, 3 times.</p> <p>16. Move the device on abdomen in small circular motions, 3 times.</p> <p>17. Move the device on abdomen in big circular motions, 3 times.</p> <p>18. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>19. Move the probe up and down to shape the waist, 3-5 times.</p> <p>20. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>21. Choose the appropriate cup to fix the cup on the abdomen, and it will last for about 5-10 minutes on xiawan, tianshu, big horizontal, guan yuan, waist side (according to the customer's situation).</p> <p>22. Take off the cup and wipe abdomen with fresh</p>	<p>Technique6</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique16</p>  <hr/> <p>Technique17</p>
--	--	---

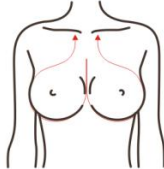
		towel.	 Technique18  Technique19 
--	--	--------	--

Suggested Treatment:

10 times for a course of treatment, one time after finishing the waist abdomen will have a slight measles phenomenon, constipation will be improved, a course of treatment can improve the palace cold, abdominal obesity, improve the digestive system. After two courses of treatment, the effect was strengthened to improve the blockage of abdominal channels and collaterals, damp, constipation, and unclog the intestinal tract. Three courses of treatment consolidated the effect and prevented abdominal and gastrointestinal diseases.

Cupping: it can be done once every two weeks in the early stage, once every 20 days after three times. It can be done once a month after one course of treatment, and once a month and a half after two courses of treatment.

Breast Enlargement: 60 min, once/week

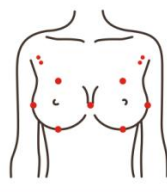
RF Energy: 3 - 8	Massage cream (Essential oil)+ Machine+	1. Stand at the head of the bed, both hands from shan zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.	Technique1,3,6,10
Mode:PRO	Towel	2. Both hands thumb point:	 Technique2
Breast Cups:			
Suction:			

0.3-1.5

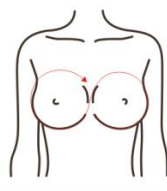
Release:
0-1.0

Mode:M1

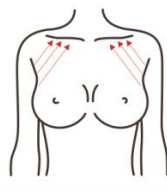
shanzhong, rugen, dabao, yingchuang, zhongfu, yunmen, 3 times.
3. Caress the treatment area, 3 times.
4. Overlap both palms from shan zhong point to chest both sides back and forth as if writing an "8" number, 3 times
5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.
6. Caress the treatment area, 3 times.
7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.
8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.
9. Use the thumb to dredge the nodules in the chest, 3 times.
10. Lift the whole chest with hands, 3-5 times.
11. The technique on the other side is the same as above.
12. RF operation: first left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.
13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.



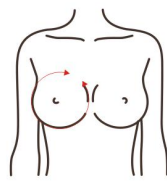
Technique4



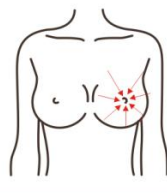
Technique5



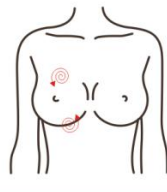
Technique7



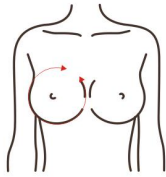


Technique8,12



Technique9,14




Technique13



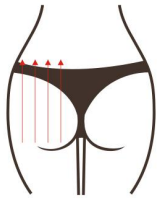
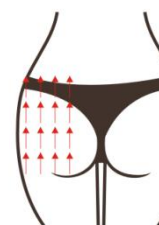
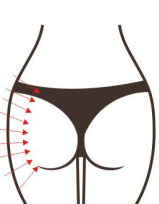

		<p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p> <p>18. Vacuum Cup Operation: select fit vacuum cups and attach them to breasts, 5-10 min.</p> <p>19. For those who have sunken nipples can select cups for face on nipples and start for 8-10 min.</p> <p>20. Take the cups off.</p> <p>21. Wipe breasts with fresh towel.</p>	 <p>Technique15</p>  <p>Technique16</p> 
--	--	---	---

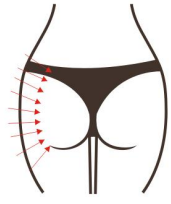
Suggested Treatment:

10 treatments account for one full course. After one treatment, breasts are lifted. After one full course, breasts are tightened and lifted; accessory breast and outspread and drooping breasts will slowly tighten and focus. 3 courses of treatment to make the breast large and straight, adhere to do, the effect will be more obvious.

Buttock Augmentation: 60 min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>Buttock Cups: Suction:</p>	<p>Essential oil (Massage cream)+ Machine+ Towel</p>	<p>1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</p>	<p>Technique1,4,10</p> 
---	--	---	--

<p>0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>2. Repeatedly push ba liao zone with two thumbs.</p> <p>3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang qiang", "huan tiao" and "cheng fu", 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. Do the same on the other side</p> <p>12. Rub baliao zrea with hands till it's hot.</p> <p>13. RF Operation: lift from the thigh root to daimai in lines , 3 times.</p> <p>14. Lift from sides to the middle of the buttocks, 3-5</p>	<p>Technique2,12</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique13,15</p>  <hr/> <p>Technique14,16</p>
---	---	---

		<p>times.</p> <p>15. Lift from the thigh root to daimai in lines , 3 times.</p> <p>16. Lift from sides to the middle of the buttocks, 3-5 times.</p> <p>17. Fixate Cups: select fit cups, fixate them on buttocks and adjust to proper energy level, 5-10 min.</p> <p>18. Take off the cups and wipe buttocks with fresh towel.</p>	
--	--	---	---

Suggested Treatment:

10 treatments account for one full course. After a treatment, hips achieve the effect of lifting. After a course of treatment, excess fat on hips begin to disappear, the surrounding fat begin to concentrate. After 3 courses of treatment to shape hip curve, increase hip elasticity, improve gynecological cold womb and other problems.

Body Care on Private Parts: 60 min, once/week

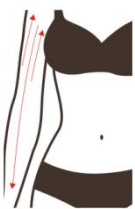
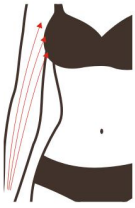
<p>Private Cups:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Oil for Private part use+ Machine+ Disposable wet tissue</p>	<ol style="list-style-type: none"> 1. Private parts massage, put the private oil in the palm rub heat, hands tiger mouth alternately push groin first left and then right, 3-5 times. 2. Alternate groin strokes from bottom to top, left to right, 3-5 times. 3. Rub the acupoints around the labia with both hands for 3 times. 4. Transfer your hands from the groin position to the labia, line by line, 3-5 times. 5. Alternate groin strokes from bottom to top, 3 to 5 times. 6. Transfer your hands from the groin position to the labia, line to line, 3-5 times. 	<p>No Diagrams</p>
---	---	--	--------------------




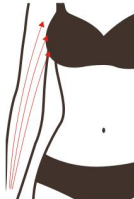

		<p>7. Instrument operation and selection. In groin fix canister, divide 3 spot fix canister, each can fix 3 minutes.</p> <p>8. Select private instrument, from bottom to top groin first left and then right 3-5 times</p> <p>9. Draw labia from bottom to top, 3 to 5 times.</p> <p>10. The stimulation will be performed at the perineal point for 3-5 times (3 seconds).</p> <p>11. Wipe private parts with disposable wet towel.</p>	
--	--	--	--

Suggested Treatment:

10 times for a course of treatment, after a course of treatment can feel some compact, after a course of treatment groin and labia part color began to fade, slowly began to compact, three courses of treatment down the private parts began to rosy compact, menstruation began to return to normal, dysmenorrhea symptoms improve, restore a happy life.

Shaping Arms: 60 min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>40K Energy: 3 - 8</p> <p>Mode: Intermittent</p>	<p>Essential oil(after massage)+ Gel+ Machine</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times. 4. Caress the treatment area, 3 times. 5. Trace and rub three main 	<p>Technique1</p>  <hr/> <p>Technique2,3,4,5,6</p>  <hr/> <p>Technique7</p>
--	---	---	---


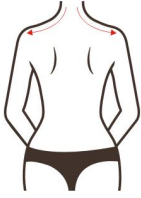
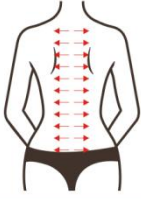
	<p>collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjing) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Repeat the previous operation on another side.</p> <p>11. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>12. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>13. You may double the operation on flabby arms, 3 times.</p> <p>14. Trace three channels to armpit, 3 times.</p> <p>15. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>16. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>17. Trace three channels from upper arm to armpit.</p>	 <hr/> <p>Technique8,16,18</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique12,15</p>  <hr/> <p>Technique13,14</p>  <hr/>
--	--	---

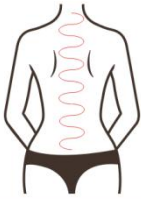
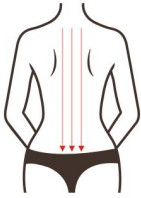
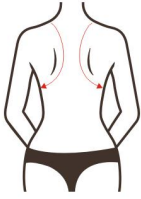


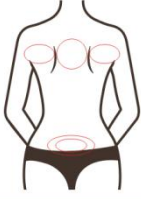
		<p>18. Apply gel evenly on arm.</p> <p>19. Repeat the same techniques with 40K operation.</p> <p>20. Wipe gel off arm with clean tissue, the clean with fresh towel.</p> <p>21. Do the same on the other side.</p>	
--	--	--	--

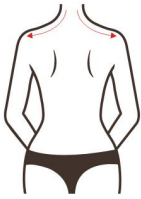
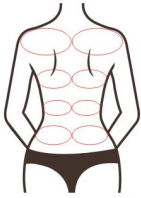


Suggested Treatment:





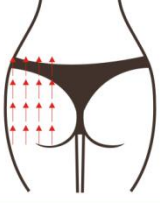

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.


Shaping Back: 60 min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>Vacuum Metal Head:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Essential oil+ Machine+ Towel</p>	<ol style="list-style-type: none"> 1. Apply oil on back and press Fengchi and fengfu points. 2. (Starting from hairline) stroke badanjin with thumb, 3-5 times. 3. Move thumb outwards from panguangjin to baliao area and then to fengchi and fengfu point. 4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 5. Push panguangjin with thumb in left-right order, 3 times. 6. Push panguangjin to baliao area with both thumbs, at the same time, 3 times. 7. Push panguangjin in three kneeling fingers, 3 times. 8. Push scapula slot with 	<p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>
--	--------------------------------------	---	--

		<p>both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push fengchi and fengfu points, 3 times.</p> <p>11. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub dumai and pangguangjin with hands until they turned hot.</p> <p>14. Vacuum RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>15. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>16. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>17. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>18. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> <p>19. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>20. Starting from neck, slide the device from dumai and pangguangjin to baliao area,</p>	 <hr/> <p>Technique5,6,7,13,14,</p>  <hr/> <p>Technique8,17</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique11,12</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>
--	--	---	---

		<p>3-5 times. 21. Repeat the same techniques with Vacuum Metal Head operation. 22. Clean back with fresh towel.</p>	 <hr/> <p>Technique18</p>  <hr/> <p>Technique19</p>  <hr/> <p>Technique20</p>  <hr/>
<p>Suggested Treatment: 10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)</p>			
<p>Shaping Buttocks: 60 min, once/week</p>			
<p>RF Energy: 3 - 8</p>	<p>Essential oil+ Gel+ Machine+</p>	<p>1. Standing on the side, accumulate oil on hands and then slide to the waist and</p>	<p>Technique1,4,10</p>

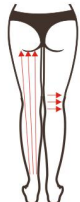
<p>Mode:PRO</p> <p>40K Energy: 3 - 8</p> <p>Mode: Consecutive</p>	<p>Towel</p>	<p>then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</p> <p>2. Repeatedly push ba liao zone with two thumbs.</p> <p>3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang qiang", "huan tiao" and "cheng fu", 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF Operation: lift from the thigh root to daimai in</p>	 <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5,12,15</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8,13,16</p>  <hr/> <p>Technique14</p>
---	--------------	--	---






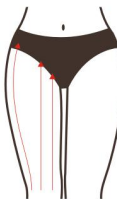
		<p>lines , 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5 times.</p> <p>15. Lift 3 times from thigh root to vein.</p> <p>16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. Apply gel evenly on buttocks.</p> <p>19. Repeat the same techniques with 40K operation.</p> <p>20. Clean buttocks with fresh towel.</p>	
--	--	---	---

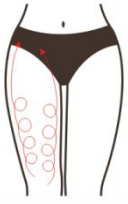


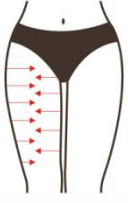

Suggested Treatment:

10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

Shaping Legs: 70 min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>40K Energy: 3 - 8</p> <p>Mode:Consecutive</p>	<p>Essential oil (Massage cream)+ Gel+ Machine+ Towel</p>	<p>1. Rear leg, left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>3. Move hands upwards to four main collateral channels(panguangjin-shen jin-ganjin-danjin) with</p>	<p>Technique1,2,3,4,6,7,8</p>  <p>Technique5</p>
--	---	--	---

<p>Vacuum Metal Head: Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>		<p>fingers spread and hukou pointing upwards.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. RF operation: move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>11. Move the device in circular motion on calf, 3 times.</p> <p>12. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>13. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>14. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>15. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>16. Apply gel evenly on the treatment area.</p>	 <hr/> <p>Technique10,12,17</p>  <hr/> <p>Technique11,18</p>  <hr/> <p>Technique13,15,19</p>  <hr/> <p>Technique14,20</p>  <hr/> <p>Technique26,27,28,29,30</p> 
---	--	--	---

		<p>17. 40K operation: move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>18. Move the device in circular motion on calf, 3 times.</p> <p>19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>20. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>21. Clean the treatment area with fresh towel.</p> <p>22. Apply essential oil on the treatment area.</p> <p>23. Repeat the same techniques with Vacuum Metal Head operation.</p> <p>24. Clean the treatment area with fresh towel.</p> <p>25. Do the same on the other side.</p> <p>26. Foreleg: rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>27. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>28. Move hands upwards to four main collateral channels(pijing-weijing-ganjin-ganjin-danjin) with fingers spread and hukou pointing upwards, 3 times.</p> <p>29. Push four main collateral channels upwards</p>	<p>Technique31,38</p>  <hr/> <p>Technique32,36,39,42</p>  <hr/> <p>Technique33,40</p>  <hr/> <p>Technique34</p>  <hr/> <p>Technique35,41</p>  <hr/>
--	--	---	---

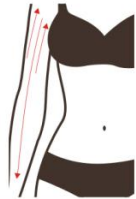
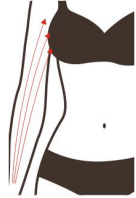
		<p>with kneeling fingers of both hands, 3 times.</p> <p>30. RF operation: Lift the device towards knee while tracing 3 collaterals, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>31. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>32. Lift the device from knee to thigh root in lines, 3 times.</p> <p>33. Move the device in small circles on thigh, 3 times.</p> <p>34. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>35. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>36. Lift the device from knee to thigh root in lines, 3 times.</p> <p>37. Apply gel evenly on the treatment area.</p> <p>38. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.</p> <p>39. Lift the device from knee to thigh root in lines, 3 times.</p> <p>40. Move the device in small circles on thigh, 3 times.</p> <p>41. Lift the device from knee to thigh root in annular motion, 3 times.</p>	
--	--	--	--

		<p>42. Lift the device from knee to thigh root in lines, 3 times.</p> <p>43. Clean the treatment area with fresh towel.</p> <p>44. Apply essential oil on treatment area.</p> <p>45. Repeat the same techniques with Vacuum Metal Head operation.</p> <p>46. Clean the treatment area with fresh towel.</p> <p>47. Do the same on the other side.</p>	
--	--	---	--

Suggested Treatment:

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

Body-Shaping&Slimming: 180 min, once/week

<p>RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>40K Energy: 3 - 8</p> <p>Mode: Intermittent</p> <p>Vacuum Metal Head: Suction: 0.3-1.5</p> <p>Release:</p>	<p>Essential oil (Massage cream)+ Gel+ Machine+ Towel</p>	<p>Arms</p> <p>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</p> <p>2. Push the entire arm with both palms, 3 times.</p> <p>3. Push hands upwards tracing three main collateral channels(dachangjing-sanji aojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>4. Caress the treatment area, 3 times.</p>	<p>Technique1</p>  <p>Technique2,3,4,5,6</p>  <p>Technique7</p>
---	---	---	---

O-1.0

Mode:M1

5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.
6. Caress the treatment area, 3 times.
7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjing) to armpit, with hukou pointing upwards, 3 times respectively.
8. Rub three channels back and forth with kneeling fingers, 3 times.
9. Caress the treatment area and slide to fingers.
10. The end of arm massage.
11. Repeat the previous operation on another side.
12. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.
13. Move the device in annular motion, tracing three channels to armpit, 3 times.
14. You may double the operation on flabby arms, 3 times.
15. Trace three channels to armpit, 3 times.
16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.
17. Trace three channels on upper arm and move the device in circles to



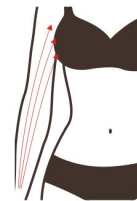
Technique8,16,18



Technique9



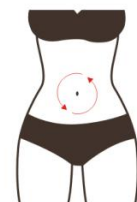
Technique12,15



Technique13,14



Technique24,30,33

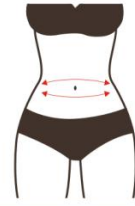


Technique25

armpit, 3 times.
 18. Trace three channels from upper arm to armpit.
 19. Apply gel evenly on arm.
 20. Repeat the same techniques with 40K operation.
 21. Wipe gel off arm with clean tissue, the clean with fresh towel.
 22. Do the same on the other side.
 23. The end of arm treatment.

Abdomen

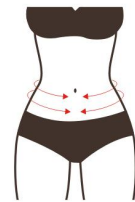
24. Apply and rub oil on abdomen with hands, 3 times.
 25. Rub stomach back and forth with both hands, 3-5 times.
 26. Knead abdomen with both hands using chiropractic techniques, 3 times.
 27. Lift daimai on both sides of waist with both hands alternately, 16 times.
 28. Move hands as if writing an "8" number on waist, 3 times.
 29. Overlap hands and message the intestinal canal clockwise, 3 times.
 30. Move hands in circular motion and caress the treatment area, 3 times.
 31. Push on the following acupoints: shangwan zhongwan xiawan shenque



Technique26



Technique27



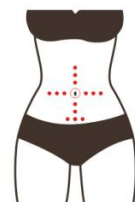
Technique28




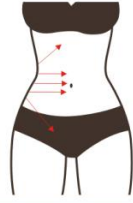


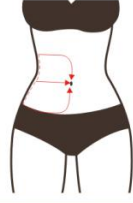

Technique29

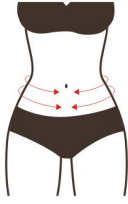




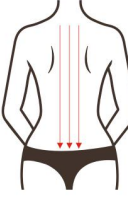


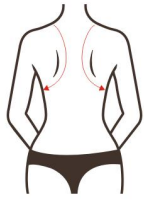

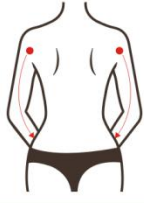
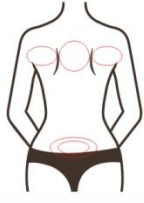
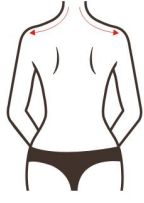
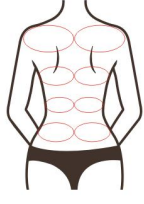
Technique31

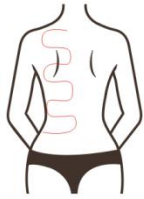

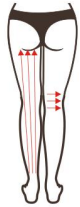





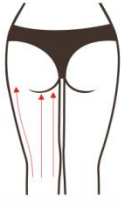

Technique32

	<p>qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</p> <p>32. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>33. Caress the treatment area with hands and slide to groin.</p> <p>34. RF operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>35. Repeat the previous operation on the other side, 3 times.</p> <p>36. Move the device on abdomen in small circular motions, 3 times.</p> <p>37. Move the device on abdomen in big circular motions, 3 times.</p> <p>38. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>39. Move the probe up and down to shape the waist, 3-5 times.</p> <p>40. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>41. Apply gel evenly on abdomen, 1 min.</p> <p>42. 40K operation: Move the probe on abdomen in small circular motions, 3 times.</p> <p>43. Move the probe on abdomen in big circular motions, 3 times.</p> <p>44. Move the probe up and down to shape the</p>	 <p>Technique34,48</p>  <p>Technique36,42</p>  <p>Technique37,43</p>  <p>Technique38</p>  <p>Technique39,44,50</p>  <p>Technique40,45,51</p>
--	---	---

	<p>waist, 3-5 times.</p> <p>45. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>46. Wipe gel off the abdomen with tissue.</p> <p>47. Apply essential oil evenly on abdomen, 1 min.</p> <p>48. Vacuum Metal Head operation: starting from one side of the waist, lift the probe to abdomen and groin, 3 times.</p> <p>49. Repeat the previous operation on the other side, 3 times.</p> <p>50. Move the probe up and down to shape the waist, 3-5 times.</p> <p>51. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>52. Clean abdomen with fresh towel.</p> <p>53. The end of abdomen treatment.</p> <p>Back</p> <p>54. Apply oil on back and press Fengchi and fengfu points.</p> <p>55. (Starting from hairline) stroke badanjin with thumb, 3-5 times.</p> <p>56. Move thumb outwards from panguangjin to baliao area and then to fengchi and fengfu point.</p> <p>57. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> <p>58. Push panguangjin</p>	 <hr/> <p>Technique54,63</p>  <hr/> <p>Technique55</p>  <hr/> <p>Technique56</p>  <hr/> <p>Technique57</p>  <hr/> <p>Technique58,59,60,66,67</p>  <hr/> <p>Technique61,70</p>
--	--	--

		<p>with thumb in left-right order, 3 times.</p> <p>59. Push pangguangjin to baliao area with both thumbs, at the same time, 3 times.</p> <p>60. Push pangguangjin in three kneeling fingers, 3 times.</p> <p>61. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>62. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>63. Caress the back with both hands and push fengchi and fengfu points, 3 times.</p> <p>64. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>65. Repeat the previous action on another arm, 3 times.</p> <p>66. Rub dumai and pangguangjin with hands until they turned hot.</p> <p>67. Vacuum RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>68. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>69. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>70. Lift the device on scapula slot in left-right order, 3-5 times.</p>	 <hr/> <p>Technique62</p>  <hr/> <p>Technique64,65</p>  <hr/> <p>Technique68</p>  <hr/> <p>Technique69</p>  <hr/> <p>Technique71</p>  <hr/> <p>Technique72</p>
--	--	---	---

		<p>71. Move the device horizontally as if writing an “8” number to baliao area, 3 times.</p> <p>72. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>73. Starting from neck, slide the device from dumai and panguangjin to baliao area, 3-5 times.</p> <p>74. Repeat the same techniques with Vacuum Metal Head operation.</p> <p>75. Clean back with fresh towel.</p> <p>76. The end of back treatment.</p> <p>Legs</p> <p>77. Massage leg in left to right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>78. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>79. Move hands upwards to four main collateral channels(panguangjin-shenjin-ganjin-danjin) with fingers spread and hukou pointing upwards.</p> <p>80. Push hands alternately to popliteal fossa, 3 times.</p> <p>81. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>82. Caress the treatment</p>	 <hr/> <p>Technique73</p>  <hr/> <p>Technique77,78,79,80,82,83,84</p>  <hr/> <p>Technique81</p>  <hr/> <p>Technique86,88,93</p>  <hr/> <p>Technique87,94</p>  <hr/> <p>Technique89,91,95</p>
--	--	--	---


	<p>area, 3 times.</p> <p>83. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>84. Caress the treatment area, 3 times.</p> <p>85. Do the same on the other side.</p> <p>86. RF operation: move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>87. Move the device in circular motion on calf, 3 times.</p> <p>88. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>89. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>90. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>91. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>92. Apply gel evenly on the treatment area.</p> <p>93. 40K operation: move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>94. Move the device in circular motion on calf, 3 times.</p>	 <hr/> <p>Technique90,96</p> 
--	--	---

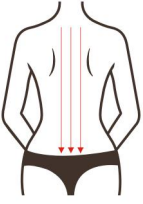
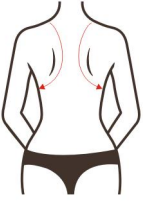

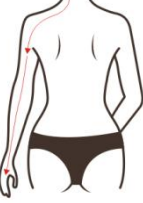
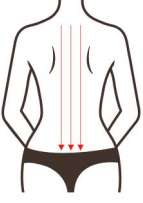
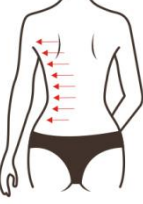
		<p>95. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>96. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>97. Clean the treatment area with fresh towel.</p> <p>98. Apply essential oil on the treatment area.</p> <p>99. Repeat the same techniques with Vacuum Metal Head operation.</p> <p>100. Clean the treatment area with fresh towel.</p> <p>101. Do the same on the other side.</p> <p>102. The end of leg treatment.</p>	
--	--	--	--

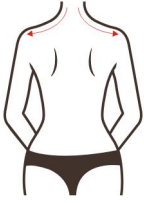
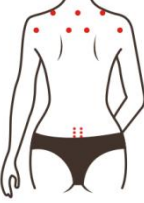
Suggested Treatment:

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

Lymphatic Drainage of Back: 60 min, once/week

<p>Vacuum Metal Head:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Essential oil+ Machine+ Towel</p>	<p>1. Massage Operation: apply oil on back till waist and push down on fengchi and fengfu acupoints, 3 times.</p> <p>2. Push dumai and panguangjing with both hands, 3 times.</p> <p>3. Push alternately dumai and panguangjing with hands, 3 times.</p>	<p>Technique1</p>  <p>Technique2,3,4</p>
--	--------------------------------------	--	---


<p>Vacuum Cupping:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>4. The roots of both palms start from the major vertebra and alternate in pushing dumai and pangguangjing; lift from the lumbar side through the armpits in left-right order, 3 times.</p> <p>5. Push thumbs between shoulder blades to armpits, 3 times ; and then pass through armpits to fingers.</p> <p>6. Alternate both palms, starting from dazhui acupoint in rib direction towards waist and slide to armpit in lines; make sure a line is next to another, 3 times</p> <p>7. Alternate hukou points, starting from hairline to dabanjing and slide to fingers, 3 times.</p> <p>8. Do the same on the other side.</p> <p>9. Device Operation: move the lymphatic detoxification instrument from the big vertebra to the tail vertebra, 3 times.</p> <p>10. Push from pangguangjing to tail vertebra (first left, then right), 3 times</p> <p>11. Push from shoulder blade seam to armpit, 3 times.</p> <p>12. Push to waist following ribs in lines, 3 times.</p> <p>13. Push dabanjing, starting from neck, 3 times.</p> <p>14. Do the same on the other side.</p> <p>15. Cupping: if the moisture</p>	 <hr/> <p>Technique5,11</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique9,10</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13,16</p>
---	---	---


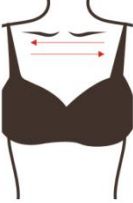
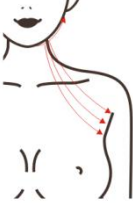
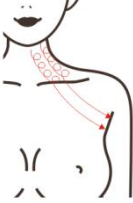

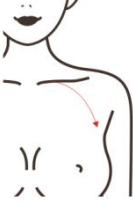
		<p>inside the body is heavy, you can walk the cups; walk through pangguangjing and dumai back and forth for 3 times, walk through the shoulder blade seam back and forth for 3 times, walk through the whole back to the rib direction for 3 times (subjecting to the customer's acceptability).</p> <p>16. Select fit cups and walk them on neck to dabanjing back and forth, 3-5 times.</p> <p>17. Fixate the cups: on dazhui, jianjing point, tianzong point, feiyu point, and baliao area, around 5-10 min (subjecting to the customer's acceptability).</p> <p>18. Take off the cups and wipe clean with towel.</p>	 <p>Technique17</p> 
--	--	--	--







Suggested Treatment:

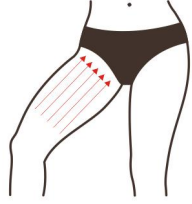

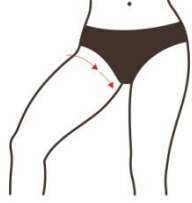


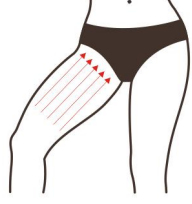
10 treatments account for one full course. After one treatment, petechiae appear and dampness are removed. After one course, the back becomes relaxed and relieves the sore symptoms of shoulders and neck. After 3 courses, the lump on back of the neck is improved, the qi and blood function is normal, the sleep quality is good, and the physique is enhanced.

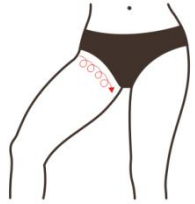

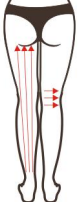


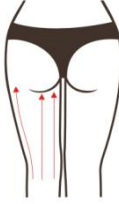
Full Body Lymphatic Drainage: 60 min, once/week

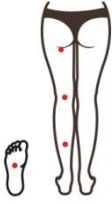
<p>Vacuum Metal Head:</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>Essential oil+Machine+ Towel</p>	<ol style="list-style-type: none"> 1. Remove makeup on face +neck and clean. 2. Apply toner. 3. Apply massage cream and massage face with detoxification technique and caress, 3 times. 4. Press on the following acupoints (chengjiang, dicang, daying, jiache, xiaguan, yingxiang, quanliao, temple, jingming, cuanzhu, 	<p>Technique4</p>  <p>Technique5,13</p>
--	-------------------------------------	---	--

<p>Vacuum Cupping: Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>	<p>yuyao, sizhukong, tongziliao, chengqi, sibai), 3 times.</p> <p>5. alternate hands in lift your face to armpits, 3 times.</p> <p>6. Do the same on the other side.</p> <p>7. Neck massage with detoxification technique: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times.</p> <p>8. From left to right, alternate hands in massaging underjaw lymph, traveling to the back of the ear and to underarm, 3 times.</p> <p>9. Move hukou in circles to push the three lines and slide to underarm, 3 times.</p> <p>10. Rub lymph nodes on neck sides till they are hot and slide to underarm, 3 times.</p> <p>11. Use both hands to caress and point to feng chi and feng fu acupoint, 3 times.</p> <p>12. Do the same on the other side.</p> <p>13. Vacuum Metal Head (S)operation: coupled with hand, brace the skin on under jaw lymph to lift, travel pass by the back of the ear then slide to underarm, 1-2 times. (Adjust based on the customer's condition).</p> <p>14. Select fir cups to move around forehead, 1-2 times. (Adjust based on the</p>	 <hr/> <p>Technique7</p>  <hr/> <p>Technique8,15</p>  <hr/> <p>Technique9,10,16</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique21</p>
--	---	--

	<p>customer's condition).</p> <p>15. Vacuum Metal Head(M) operation: starts from the mandibular lymphatic and is alternately lifted by hand through the back of the ear to the armpit, 3 times.</p> <p>16. The instrument is arranged in three circles on the side of the neck to the armpit, 3 times.</p> <p>17. Detoxify the internal clavicle to the armpit, 3-5 times.</p> <p>18. Select the appropriate small head to discharge from behind the ear to the armpit, 2-3 times (according to the customer).</p> <p>19. Do the same on the other side.</p> <p>20. Clean both face and neck with hot towel.</p> <p>21. Underarm technique first left and then right: hands in the underarm accumulation of oil, 3 times.</p> <p>22. Knead gequan acupoint with one palm root, 3-5 times.</p> <p>23. Alternately push the gallbladder through the armpit to the finger, 3 times.</p> <p>24. Push inner clavicle lymph nodes to fingers alternately with both hands, 3 times.</p> <p>25. Push the arm three meridians (lung via pericardium via heart meridian) ,3times.</p> <p>26. Drain the entire arm to the fingers, 3 times.</p> <p>27. Kneel your fingers and</p>	 <hr/> <p>Technique23,26,29</p>  <hr/> <p>Technique24</p>  <hr/> <p>Technique25,27</p>  <hr/> <p>Technique30</p>  <hr/> <p>Technique31,33</p>  <hr/> <p>Technique36,38,39,43</p>
--	--	---

	<p>warm your arms</p> <p>28. Knead the root of palm and press gequan acupoint 3-5 times</p> <p>29. Caress the treatment area and slide to the fingers, 1 time.</p> <p>30. Vacuum Metal Head(M)operation: first left, then right, push the gallbladder from the chest side to the armpit and soothe it with hands for 3 times.</p> <p>31. Push three meridians from elbow to armpit, 3 times.</p> <p>32. Select the appropriate cup to walk the cup in the arm position, one to two times (according to the customer's situation).</p> <p>33. Select the appropriate cupping head in and out of the arm, liver and gallbladder menstruation, fix the cupping for about 5-10 minutes (according to the customer's situation).</p> <p>34. Select the appropriate cupping head in and out of the arm, liver and gallbladder menstruation, fix the cupping for about 5-10 minutes (according to the customer's situation).</p> <p>35. Remove the cups and clean elbow and armpit with fresh towel.</p> <p>36. Inguinal lymphatic drainage technique: first left, then right: both hands in the leg to save oil 3-5 times.</p>	 <hr/> <p>Technique37</p>  <hr/> <p>Technique40</p>  <hr/> <p>Technique41,46</p>  <hr/> <p>Technique42</p>  <hr/> <p>Technique44,47,49</p>  <hr/> <p>Technique45</p>
--	--	---

	<p>37. Press chong men hole 3-5 times.</p> <p>38. Push four channels and collaterals of legs (spleen, stomach, liver, gallbladder) three times.</p> <p>39. Overall comfort 3 times</p> <p>40. Place the groin with both hands 3-5 times.</p> <p>41. Thumb your groin alternately 3 to 5 times.</p> <p>42. Thumb your groin alternately 3 to 5 times.</p> <p>43. Twist 3 times.</p> <p>44. Kneel with your fingers and rub them around the base of your thighs</p> <p>45. The instrument pushes four channels and collaterals to the groin to discharge, 3 times.</p> <p>46. Circle back and forth in groin position, 3 times.</p> <p>47. Push groin alternately with hand, 3 times.</p> <p>48. Push from the middle of thigh to groin, comforting with hand, 3 times.</p> <p>49. Operate on the other side with the same techniques.</p> <p>50. Walk the cup (line to line) 1-2 times in the thigh position (according to the customer's stress).</p> <p>51. Fix pot on legs, thigh, zusanli and sanyin for about 10 minutes.</p> <p>52. Remove the jar and finish.</p> <p>53. The customer lies on his stomach with his left leg: his hands move from the calf to the thigh and back to the</p>	 <p style="text-align: right;">T</p> <p>Technique50</p>  <p>Technique52,53,54,55,57,58,59,62,63</p>  <p>Technique56</p>  <p>Technique60</p>  <p>Technique61</p>  <p>Technique64</p>
--	--	--



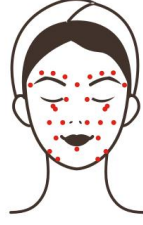
	<p>heel 3 times.</p> <p>54. Push leg bag back to heel 3 times alternately from bottom to top with palms.</p> <p>55. Alternately push bladder tendon, kidney tendon, liver tendon and gallbladder tendon from bottom to top for 3 times.</p> <p>56. Push popliteal fossa 3 times alternately.</p> <p>57. Go back and forth 3 times from bottom to top, hand in turn.</p> <p>58. Soothe 3 times.</p> <p>59. Kneel with both hands to push bladder tendon, kidney tendon, liver tendon and gallbladder tendon from bottom to top for 3 times</p> <p>60. End of reassurance.</p> <p>61. Instrument: the detoxifying instrument shall firstly push the bladder, kidney, liver and gallbladder from the bottom to the popliteal fossa for 2-3 times.</p> <p>62. Push four meridians through the popliteal fossa to the thigh root 2-3 times.</p> <p>63. The instrument pushes four channels and collaterals from the lower leg to the root of the thigh for three times.</p> <p>64. Choose the appropriate cupping head and walk the cupping through four channels and channels on the legs for 1-2 times (according to the customer's situation).</p> <p>65. Fix cup in leg, weizhong</p>	
--	--	---






		point (popliteal socket), big leg point, chengfu point (middle of thigh root), chengshan point (middle of calf), yongquan point (foot center) for about 10 minutes (according to customer's situation). 66.Take off the cups and wipe legs with fresh towel.	
--	--	---	--



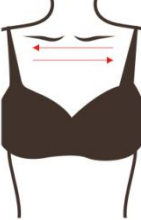


Suggested Treatment:

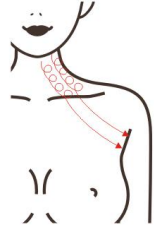


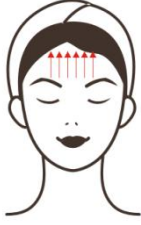

Ten treatments account for one full course. Once done, body is relaxed and blood circulation is smooth. After a full course, blood circulation and lymphatic drainage is accelerated. Blockage and acne is also improved. After two courses, armpit lymph blockage is bettered, and immunity is boosted. Three courses help enhance the effect, accelerate lymph circulation, strength physique and prevent diseases.

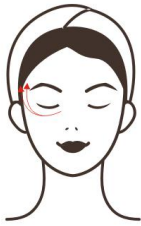

Facial&Neck Care: 100 minutes, once/week

<p>Face RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>Eye RF Energy: 3 - 8</p> <p>Mode:PRO</p> <p>Face Cups: T Zone Suction: 0.3-1.5</p> <p>T Zone Release: 0-1.0</p> <p>Mode:M1</p> <p>Cheek Suction: 0.3-1.0</p>	<p>Makeup Remover+ Face wash+ Blackhead export liquid+ Cold&hot steam+ Massage cream+ Machine+ Essence+ Facial mask+ Eye mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply blackhead export liquid+hot steam(on large pores or clogged area; apply toner on cheeks; apply toner+cold steam for sensitive skin, export liquid+hot steam is not recommended.) 5-8 min. 4. Face Vacuum Cup Operation: cling device on forehead for 1 sec and gently move towards hairline; each move should be close to the previous one (forehead-nose-chin-cheek); double the operation on clogged pores if needed, around 10 min. 5. Clean face with purified water, 2 min. 6. Apply massage cream on 	<p>Technique4</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p> 
--	---	---	---

<p>Cheek Release: 0-1.0</p> <p>Mode:M1</p> <p>Vacuum Metal Head: Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode:M1</p>		<p>face evenly and massage, 3 min.</p> <p>7. Press on the following acupoints (chengjiang, renzhong, dicang, jiache, yingxiang, jingming, cuanzhu, yuyao, sizhukong, temple, chengji, siba) 3 times.</p> <p>8. Alternate hands in lifting the face as if playing musical instrument, 2 min.</p> <p>9. Alternate hands in lifting face as if playing musical instrument on one side, 1 min.</p> <p>10. Do the same on the other side.</p> <p>11. Move hands in circular motion on eyes and push temples, 3 times.</p> <p>12. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>13. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>14. Lift eye corners with "scissor" hand gesture, 3-5 times.</p> <p>15. Repeat the previous operation on the other side, 3 times.</p> <p>16. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>17. Alternate hands in lifting face in 3 lines, from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.</p>	<p>Technique11,16</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p>
--	--	--	---

	<p>18. Lift on forehead towards hairline, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Move ring and middle fingers on forehead in figure Z, then slide to the front of the ear back and forth to lift the treatment area, and slide to the back of the ear, 3 times.</p> <p>21. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times.</p> <p>22. Slide both thumbs from lymph nodes behind ears to dabanjin, 3 times.</p> <p>23. From left to right, alternate hands in massaging underjaw lymph, traveling to the back of the ear and to underarm, 3 times.</p> <p>24. Slide kneeling fingers from lower jaw to the back of the ear to underarm, 3 times.</p> <p>25. Move hukou in circles to push the three lines and slide to underarm, 3 times.</p> <p>26. Rub lymph nodes on neck sides till they are hot and slide to underarm, 3 times.</p> <p>27. Use both hands to caress and point to feng chi and feng fu acupoint, 3 times.</p> <p>28. Do the same on the other side.</p> <p>29. Vacuum Metal Head</p>	 <hr/> <p>Technique20</p>  <hr/> <p>Technique21</p>  <hr/> <p>Technique22</p>  <hr/> <p>Technique23,24,29</p>  <hr/> <p>Technique25,26,30</p>
--	--	---

	<p>operation: coupled with hand, brace the skin on under jaw lymph to lift, travel pass by the back of the ear then slide to underarm, 3 times.</p> <p>30. Move the probe in three circular lines and slide to underarm, 3 times.</p> <p>31. Slide the probe from internal and external clavicle to the armpit to detoxify, 3-5 times.</p> <p>32. Do the same on the other side.</p> <p>33. Clean neck and face with hot towel, 2 min.</p> <p>34. Apply (anti-aging/anti-wrinkle) essence evenly on face, 1 min.</p> <p>35. RF Operation: move the probe from the jaw to forehead in circular motions and lift in lines with one line next to another, 3 times.</p> <p>36. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p> <p>37. Lift on forehead towards hairline, 3 times.</p> <p>38. Do the same on the other side.</p> <p>39. Eye RF operation: move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p>	 <hr/> <p>Technique35</p>  <hr/> <p>Technique36</p>  <hr/> <p>Technique37</p>  <hr/> <p>Technique39</p>  <hr/> <p>Technique40,42</p>
--	--	--

	<p>40. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>41. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>42. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>43. Do the same on the other side.</p> <p>44. Apply facial mask+eye mask (at the same time), 15 min.</p> <p>45. Clean both face and neck, 5 min.</p> <p>46. Apply toner, essence, cream, eye cream and sunscreen.</p>	 <hr/> <p>Technique41</p>  <hr/>
--	---	--

Suggested Treatment:

Ten treatments account for one full course. After one treatment, the skin will be firm, tender, delicate and smooth, and the eyes will be elevated to accelerate the blood circulation and lymph circulation of the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After two courses, the overall skin is smooth, firm and elastic, and the double chin is improved. Three courses help prevent and delay skin aging, relaxation and sagging, and restore skin to its youthful state.