

User Manual

BL-DT001



Preface

Dear Users:

We're pleased to present to you the latest weight loss beauty machine. Equipped with multifunctions, it adopts the theory of vacuum therapy and laser lipolysis technology, mainly targeting at health problems like neck and shoulder strain, sagging breasts, accumulation of body fats and so on. Various effects are achieved with the help of high-end technology, such as expelling dampness, dispelling coldness, dredging meridians and resolving toxins. S Curve Suck-Lipo works on maintaining beauty and wellness of human body and is for professional use only, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this manual thoroughly and apply with the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

Vacuum cupping and laser lipolysis machines are currently the most popular instruments that focus on dredging meridians, expelling dampness, resolving toxins and shaping body. It's an effective replacement for manual scraping, cupping and breast enlargement in beauty parlors. It's easy and convenient to use, and solves a wide range of body-managing issues for beauty-lovers. It requires no injection, no medication, no surgeries, and has no side effects. Moreover, it is used externally and has immediate effects, therefore can be considered as both safe and effective. By utilizing vacuum head, the exquisitely designed vacuum suction head relaxes muscles and skin, effectively increases fluid flow within body cells, in a way increase skin elasticity by stimulating cell activity. At the same time, strong laser lipolysis treatment can effectively crash fat cells or repair fat cells, thus achieving effects such as dissolving fat and tightening skin.

Advantages

1. Various issues can be addressed, such as unwanted cellulite, flat chest, and sub-health condition, etc.
2. Strong vacuum pump with low noise and various modes; designed to fit different breast shapes; good quality.
3. Professional vacuum metal heads can remove toxins and moisture from the body by suction in no time.
4. Wide range of treatments with visible effects; no consumption, low costs, and quick returns.
5. Easy, quick and convenient to operate. No surgeries, no anesthesia, no pain and no downtime.
6. Various of vacuum cups for different needs.
7. The perfect combination of lymphatic detoxification, cupping, breast enlargement, and laser lipolysis bring you on a fast lane of rapid detoxification, slimming, shaping and healthy physique.
8. Laser lipolysis: even lipolysis, leaving skin smooth and scar-free; safe and painless.
9. Unevenness, bleed, swelling and stasis will not appear after treatment.
9. EMS initiates muscle contraction using electronic impulses for better muscle growth, and relieves skin sagging caused by muscle flaccidity.
10. All operation head can be used both separately and together.

Facial Care

Working Principle

Vacuum Cup: Face

Use vacuum suction head directly on the facial skin to achieve deep cleansing effect. (Vacuum/negative pressure: lower than normal pressure, the use of negative pressure is very common. People often make a part of the space appear negative pressure so we can use the ubiquitous atmospheric pressure. For example, when people breathe, negative pressure occurs when the lungs are in the expansion state, forming a pressure difference between the inside and outside of the lungs. Fresh air is pressed into the lungs.) Negative pressure cleaning is the use of such a principle in the state of no pain, deep cleaning pores of black head, white head, oil and dirt residue.

Vacuum Metal Head

Massage the skin and muscles by special negative air pressure suction, which can effectively improve the fluid flow of cells, increase the movement of cells, activate cells, increase skin elasticity and reduce fine lines. Vacuum negative pressure movement can stimulate the surface and deep sympathetic nervous system, improve skin sensitivity and skin immunity.

Effects

1. Unclog pores.
2. Deep clean skin.
3. Shrink large pores.
4. Improve dull skin and fine lines.
5. Improve skin hyperpigmentation.
6. Accelerate removal of dead skin cells.

Applicable Range

1. Those who has excessive secretion of sebum and thick stratum corneum.
2. Those with rough skin and large pores.
3. Those with clogged pores.
4. Those with dull and glowless skin.
5. Those with skin laxity and sagging.

Inapplicable Range

1. Those with severe sensitive skin or is having an allergic reaction.

2. Those with large wounds.
3. Those with skin diseases and other infectious diseases.
4. Those who have just undergone injections, such as hyaluronic acid, intradermal injection, wrinkle removal or other plastic surgeries.
5. Those who are pregnant or has severe heart disease, hyperlipidemia, hypertension, hyperglycemia or other serious diseases.

Cautions after Treatment

1. Avoiding excessive exposure to the sun and keep skin hydrated.
2. Use sun protections and moisturizers.
3. Avoid using facial scrub, exfoliant, AHAs or other irritant skin care products.
4. Avoid smoking, drinking and staying up late; eat more vegetables, fruits and less greasy foods.
5. Apply one facial mask in the first 3 days of treatment.
6. Wash face with lukewarm water in the first 3 days.

Lymphatic Drainage: Back

Working Principle

Vacuum Metal Head

Through special negative pressure suction head on the skin, and muscle massage can effectively improve the cells in the body fluids liquidity, increase cell movement can activate cells to improve the effect of skin elasticity, at the same time, accelerate the blood circulation of imperceptible blood-vessel, excess toxins through the normal cycle of the lymphatic system, and reduce and improve the dark spots and hyperpigmentation of body, as well as stasis. The suction and discharge of air pressure can not only improve the capillary system, but also improve the flow between the deeper veins and the network of lymph glands, strengthen the blood vessels, and improve varicose veins.

Cupping

Scrapping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture,

meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

Effects

1. Accelerate lymph flow.
2. Accelerate natural detoxication, and help rid the body of waste through the lymphatic system.
3. Stimulate activity in the lymphatic area.
4. Increase lymphocyte production.
5. Boost your metabolism.
6. Boost your immune system.

Applicable Range

1. Those who experience neck and shoulder strain.
2. Those with symptoms of peri-arthritis of shoulders.
3. Those who experience soreness and pain of muscles.
4. Those who experience nervous breakdown, insomnia, and dreamful sleep.
5. Those who drive, sit before computer screen, or just sit for long hours.

Inapplicable Range

1. Those with hypertension, hyperlipidemia, hyperglycemia and heart disease.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those who are in pregnancy, menstruation, and lactation.
4. Those who have skin diseases or other infectious diseases.
5. Those who appear to have lymphoma or cancer.
6. Those who are drunk, overworked, or too thirsty; those with a full or empty stomach.

Cautions after Treatment

1. Avoid taking a shower in 4-6 hours and getting cold (capillary vessels are dilated after treatment).
2. Avoid scratching treatment areas whereon pain, pruritus, formication, or rubella were felt. The above symptoms are within the normal range.
3. Drink more lukewarm water to help with digestion.

Breasts Enlargement

Working Principle

Vacuum Cup: Breasts

Use vacuum negative pressure on the human body by special tools in the breast through the instrument internal negative pressure attraction, in the breast produce different rhythm of the negative pressure, make the breast relatively larger, achieve the effect of increasing the breast. The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. It has the effect of warming channels and collaterals, promoting qi and blood circulation, removing blood stasis and swelling, removing poison and exorcising evil. Combined with deep massage, it makes the blood and gas unblocked, unclogs the breast acinus, drives the invisible gas to the tangible blood, transports oxygen and nutrition to the breast, and stimulates the pituitary gland to secrete female hormones, strengthens the breast connective tissue, and stimulates the breast development and growth. Promotes uterine contraction, tightens skin elastic fibers, and prevents loose and scattered skin tissue.

Effects

1. Improve breast laxity, sagging and those who have east west breasts.
2. Improve premenstrual breast swelling and soreness.
3. Unclog and straighten breasts.
4. Prevent lactoceles.
5. Prevent breast cancer.
6. Shape up your breasts.

Applicable Range

1. Those with breasts laxity and sagging.
2. Those with asymmetrical, and east west breasts; those with a flat chest.
3. Those who have inverted nipples and look for a change.
4. Those with breast nodule, mammary hyperplasia; those who experience breast pain.

5. Those who feel they have insufficient mammary gland development; those who suffer from postpartum mammary gland atrophy.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those who have hypertension, hyperlipidemia, hyperglycemia and heart disease.
3. Those with serious mammary hyperplasia, fibromatosis and cysts.
4. Those with infectious breast skin.
5. Those have had undergone surgeries on breasts.

Cautions after Treatment

1. Drink more lukewarm water and stay warm.
2. Wear comfortable bra with support; avoid squeezing breasts.
3. Avoid getting cold(it's advised not to go out in windy days.); take showers 4-6 hours after the treatment.

Buttock Augmentation

Working Principle

Vacuum Cup: Buttocks

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation, through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation of air and negative pressure in the operation increase and disappear replacement, make the local pores continue to open and close, promote the skin to breathe, increase its oxygen intake, speed up the elimination of waste. At the same time vacuum cup can help contour buttocks, make excess fat be adsorbed at the due position of buttocks, so that your buttock look full.

Effects

1. Relax muscles and increase blood circulation on treatment areas.
2. Prevent muscle atrophy and relieve muscle spasms.
3. Firm the skin and better your body.
4. Improve sagging caused by muscle laxity.

5. Initiate muscle contraction for better muscle growth (e.g. well-shaped buttocks).

Applicable Range

1. Those who have inverted and flat butt.
2. Those with less fat on buttocks.
3. Those who aim for a better figure either professionally or psychologically.
4. Those who are satisfied with the size but not the plumpness of their buttocks.
5. Those who have accumulated waist fat and lead to square (H-shape) butts.

Inapplicable Range

1. Those who are in pregnancy, menstruation, and lactation.
2. Those whose wounds are yet to be healed or recovering from a surgery.
3. Those with heart diseases and hypertension, etc.
4. Those who have skin diseases, and infectious diseases; those who are during sensitive skin period.
5. Those who are in poor health.

Cautions after Treatment

1. Avoid taking showers within 4-6 hours after treatment.
2. It is advised to wear butt lifting underwear to prevent sagging and laxity.
3. It is advised to do some butt lifting exercise after treatment.

Cupping: Abdomen

Working Principle

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss.

According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

Effects

1. Stomach meridian drainage and detoxification.

2. Help with cold womb and body.
3. Help with digestion and constipation.
4. Tighten skin and prevent saggy skin on stomach.

Applicable Range

1. Those who are suffering from bad digestion and constipation.
2. Those who experience cold womb and stomach.
3. Those who have stools.
4. Those who wish to lose weight and gain firm muscles.

Inapplicable Range

1. Those are during menstruation, pregnancy and lactation.
2. Those who are still recovering from surgery or whose wounds are yet to be healed.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.
5. Those who has a weak body.
6. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

1. Avoid taking showers within 4-6 hours after treatment.
2. Avoid wearing crop tops or getting a cold.
3. Avoid eating spicy, cold food; drink more warm water.

Lymphatic Drainage

The lymphatic system is a circulatory system, and the immune system is also the body's defense station and garbage collection station to prevent external bacterial infections and recycling of the body's waste and toxins. Lymph is also the largest body detoxification system, equivalent to the human body's scavenger, is the main body organ toxins collection medium. If lymphatic system circulates decelerate, it can bring about toxin to accumulate inside body, the person can get oedema and fat easily. The principle of lymphatic drainage weight reduction is basically through massage that passes to lymphatic gland and stimulation, unblock lymphatic circulatory system, make inside body toxin education outside the body, accelerate adipose combustion, achieve the goal of reducing weight. Another important function of lymphatic

drainage is to clean blood vessels. Lymphatic vessel and vein are intercommunicated. When blood capacity is excessive, lymphatic vessel can have shunt fluid, reduce the effect of the burden inside blood vessels.

The lymphatic system of one person grows along with the age. It's circulatory rate may drop, the action of detoxification also can drop as one age. The circulatory speed of lymphatic system can be accelerated effectively through proper massage, passing toxin outside the body as soon as possible.

Working Principle

Vacuum Metal Head

Scraping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging meridians, activating blood and qi, reducing swelling and pain, detoxicating, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss. According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

Effects

1. Speed up the flow of lymph.
2. Speed up the natural detoxification process and help the body remove waste through the lymphatic system.
3. Stimulate the activity of lymphatic domain.
4. Increased lymphocyte productivity.
5. Improve your body's metabolism.

6. Boosts immune system function.

Applicable Range

1. Those whose face lacks luster and whose skin becomes very rough.
2. Those who drink a lot and suffer from insomnia.
3. Those who have excessive fat on waist and abdomen. (Lymphatic detoxification can rapidly improve edema and consuming fat.)
4. Those with bad breath and frequent constipation.
5. Those with poor mental state, poor resistance to cold and illness.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
1. Those with malignant tumors, hemophilia or severe bleeding.
2. Those with skin diseases and infectious diseases.
3. Those with severe gynecological diseases.
4. Those whose gynecological diseases are being treated.
5. Those with lymphoma or signs of cancer.
10. Those who has a weak body.
11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

1. Shower 4-6 hours after treatment.
2. Avoid heat and cold.
3. Avoid spicy, greasy foods.
4. Drink plenty of hot water to boost your metabolism.
5. Avoid staying up late and smoking.
6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Body Care: Private Parts

Working Principle

Vacuum Cups: Private Parts

The negative pressure in the cup can make local capillaries congested, stimulate organs, enhance cell vitality, promote functional activities, and improve the body's resistance; Negative pressure mechanical stimulation: through the reflex pathway to the central nervous system, can regulate the balance of neural activity. The inhalation and exhalation in the operation, the increase and disappearance of negative pressure replace, make the local pores continue to open and close, promote the skin breathing, increase its oxygen intake, accelerate the elimination of waste and promote the contraction of pelvic smooth muscle, increase blood circulation, regulate the endocrine system, increase lutein, force hormone secretion in the body.

Effects

1. Improve vaginal lubrication.
2. Improve vaginal relaxation.
3. Regulate your hormones.
4. Improve the quality and sensitivity of your sex life.
5. Improve the color of the perineum.
6. Discharge vaginal toxins and residual metabolites, restore vaginal cleanliness and balance.

Applicable Range

1. Those who are in pregnancy, birth, abortion, contraception and sexual intercourse.
2. Those with irregular menstruation (dysmenorrhea, less period flow, blood clots).
3. Those with skin spots, acne and dark yellow caused by endocrine imbalance.
4. Those with abnormal leucorrhea and peculiar smell.
5. Those with poor memory and immunity.
6. Those whose sex life isn't compatible.

Inapplicable Range

1. Those in pregnancy, menstruation or lactation.
2. Those who are recovering from surgery or being treated.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.

Cautions after Treatment

1. Shower 4 hours after treatment.

2. Drink plenty of warm water, avoid cold water and eat raw, cold and spicy food.
3. Change and wash underwear daily. The underwear should be made of pure cotton and silk, with less chemical fiber and avoid excessive tight underwear.
4. Towels and underpants should be dried in the sun or boiled with hot water. If dried in a humid environment, it is easy to breed fungus.
5. Don't have sex immediately after you're done.

Full Body Detoxification

Effects

1. Improve thickness and clogging of the back.
2. Improve back pain and shoulder pain.
3. Improve jiggly and flabby arms.
4. Build up the body's physique and resistance.
5. Relieve muscle spasms and prevent muscle diseases.
6. Improve muscle stiffness.
7. Stimulate muscle movement and make skin firm and elastic.
8. Relax muscles, increase local blood circulation and prevent muscle atrophy.
9. Exercise muscles, firm skin and strengthen body.
10. Prevent sagging caused by muscle relaxation.
11. Prevent varicose veins.

Applicable Range

1. Those with hypertrophy of the back, and pseudo-hump.
2. Those with meridian blockage and poor metabolism.
3. Those who bow their heads and stand for a long time.
4. Those with thick and flabby arms.
5. Those with protruding fat on abdomen.
6. Those with thick legs and blocked meridians.
7. Those with heavy moisture, poor mental state, insomnia and dreamful.
8. Those with edema and local stiffness.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.

6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.
9. Those with lymphoma or signs of cancer.
10. Those who has a weak body.
11. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

1. Shower 4-6 hours after treatment.
2. Avoid heat and cold.
3. Avoid spicy, greasy foods.
4. Drink plenty of hot water to boost your metabolism.
5. Avoid staying up late and smoking.
6. Set the time subjecting to your own situation. (Cupping does not achieve better results the longer you do it.)

Laser Lipolysis: Shaping Abdomen

Working Principle

Cupping

Abdominal cupping is to use external force to open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss. According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

Vacuum Metal Head

Scraping and cupping are from the inside to the body surface, and finally distribute from the body surface. The stimulation during scraping promotes the circulation of qi and blood around the body, which in turn benefits the circulation of qi and blood throughout the body. Cupping, like acupuncture, is also a kind of physical therapy, and it is one of the best physical therapy, which uses negative pressure to make it attracted to the skin, causing congestion. Cupping cups are placed on the treatment area or acupuncture point, by doing which can slowly suck out symptoms of moisture, meanwhile promote local blood circulation, thus achieving the purpose of pain to restore function, such as clearing dampness, hotness and coldness, dredging

meridians, activating blood and qi, reducing swelling and pain, detoxifying, adjusting the body balance of Yin and Yang, relieving fatigue, enhancing physique and so on.

Laser Fat Removal

Laser fat-dissolving device is a red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

Biological Effect

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

Effects

1. Dredge abdominal meridians to expel toxins.

2. Improve uterine and physical coldness.
3. Dissolve excess belly fat and shape the waist.
4. Tighten skin and prevent abdominal tenderness.
5. Improve beer belly and love handles.

Applicable Range

1. Those with abdominal fat accumulation.
2. Those with uterine and physical coldness.
3. Those with stool.
4. Those with postpartum fat belly and beer belly.
5. Those who are unsatisfied with their shape and desire better waistlines.

Inapplicable Range

1. Those are during menstruation, pregnancy and lactation.
2. Those who are still recovering from surgery or whose wounds are yet to be healed.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.
5. Those who has a weak body.
6. Those who are drunk, full or empty-stomached, thirsty and overworked.

Cautions after Treatment

1. Shower 4-6 hours after treatment.
 2. Avoid windy weather and getting a cold.
 3. Avoid spicy and greasy foods.
 4. Drink plenty of warm water to help with digestion.
 5. Avoid smoking and staying up late.
 6. The efficacy of cupping are not in direct proportion to the length of treatment.
- Conduct treatments according to your own situation.

Laser Lipolysis: Body Shaping

Working Principle

Cupping

Abdominal cupping is to use external force yo open pores so that waste can be discharged through pores outside the body, at the same time for some aging cells also have a certain update. Through the local conditioning can promote local blood and internal circulation to speed up metabolism to achieve the effect of weight loss.

According to these principles, cupping the abdomen can reduce the protruding fat on the abdomen. Abdominal cupping can also help with cold, or cold womb and other diseases. It can also regulate the viscera, balance Yin and Yang, improve the immune function.

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Laser Fat Removal

Laser fat-dissolving device is a red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain. Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

Effects

1. Dissolve excess fat all over the body to shape the body.
2. Improve flabby and jiggly arms.
3. Relieve swelling and pain in extremities and improve varicose veins.
4. Improve abdominal fat accumulation and protruding fat.
5. Improve uterine and physical coldness.
6. Relieve shoulder and neck strain and improve the lump at the nape of the neck.
7. Dredge channels and collaterals to relieve fatigue.

8. Improve leg fat accumulation and get rid of thick thighs.

Applicable Range

1. Those with body and local fat accumulation.
2. Those with excess protruding leg fat and disproportioned legs.
3. Those with flabby and jiggly arms.
4. Those with abdominal fat accumulation and protruding fat.
5. Those with poor proportion and body shape.
6. Those who work with computers for a long time.
7. Those with excessive fat after birth and are out of shape.
8. Those with numbness of limbs, soreness, swelling, shoulder and neck strain, etc.

Inapplicable Range

1. Those are during menstruation, pregnancy and lactation.
2. Those who are still recovering from surgery or whose wounds are yet to be healed.
3. Those who have heart disease and hypertension, etc.
4. Those who have skin disease, infectious disease or during sensitive skin period.
5. Those who has a weak body.
6. Those who are drunk, full or empty-stomached, thirsty and overworked.

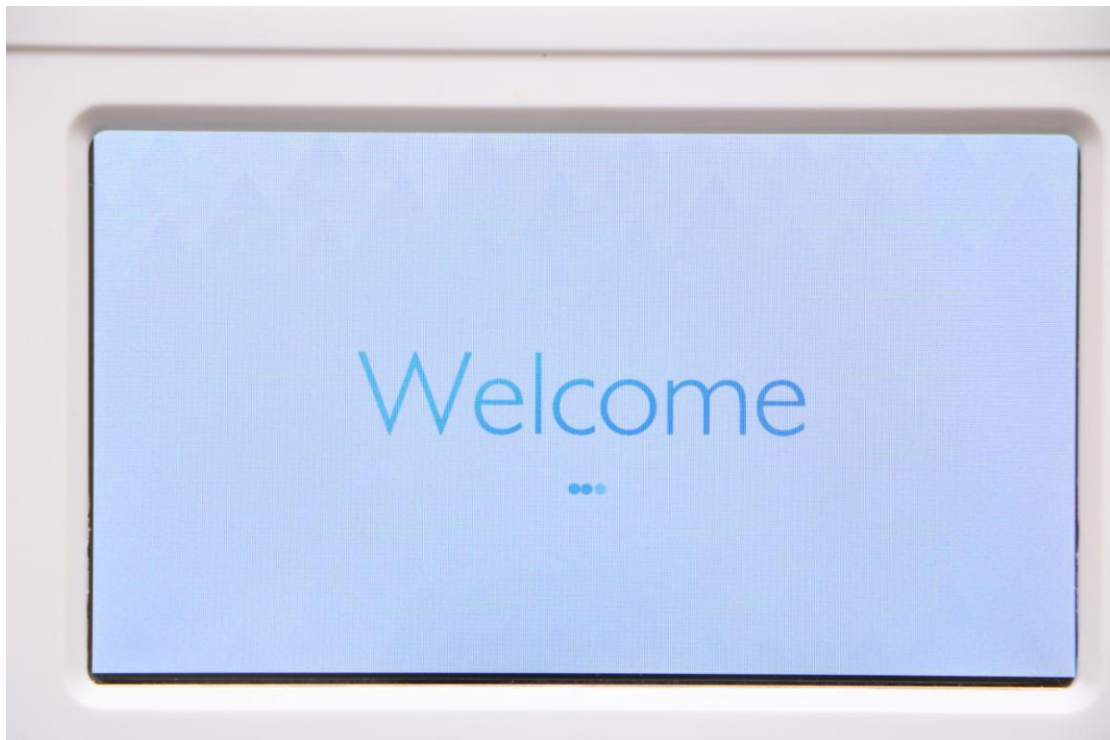
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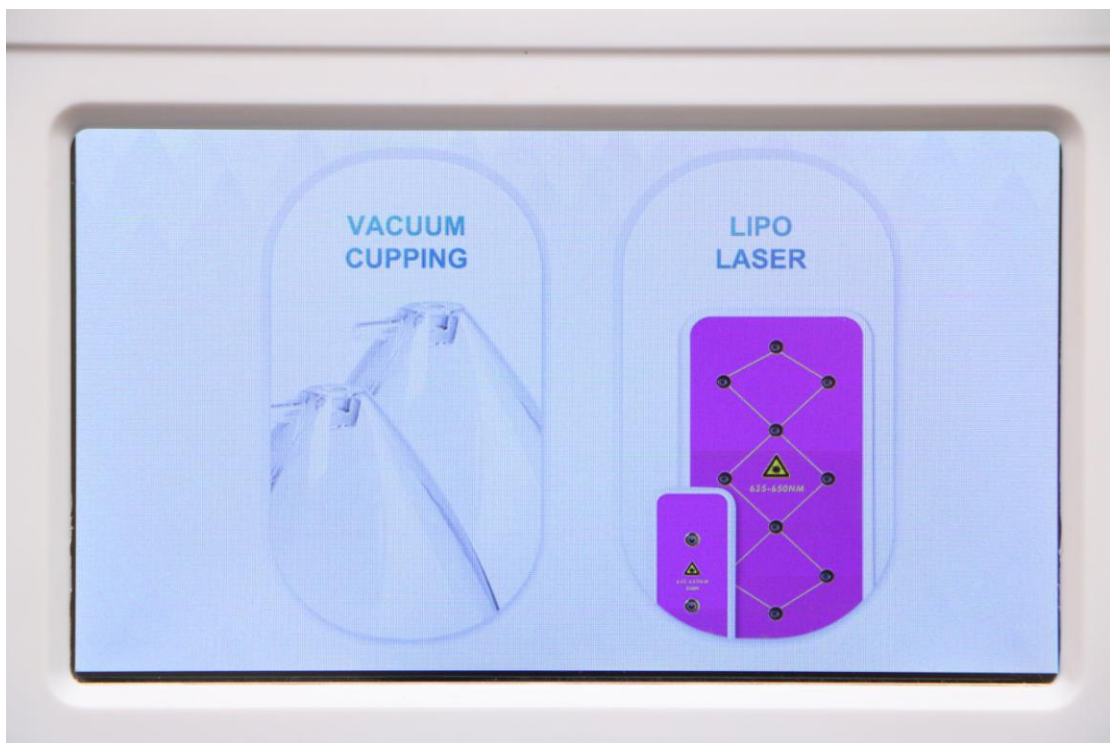
Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Interface below then appear



1.1 Function Selection

30:00

Time Display



Increase & Decrease of Time



Home



Restore



Start/Pause

1.2 Detailed Operation: Vacuum Cupping



Select to go to the interface below



Time Display of Vacuum Cupping



Increase & Decrease of Time



Suction Time Adjustment



Release Time Adjustment (Adjust release time subjecting to your own comfort level; 0 is direct suction mode)



Increase & Decrease of Suction and Release Time



M1 is direct suction mode, suitable for scraping, cupping, breast enlargement and buttocks augmentation.



M2 is intermittent mode with a relatively fast interval rate, suitable for

scraping and detoxification.

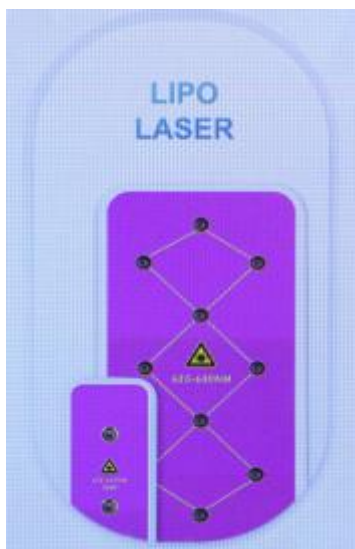


M3 is intermittent mode with relatively slow interval rate, suitable for massage and detoxification.



M4 is intermittent mode with the slowest interval rate, suitable for massage, soothing, accelerating blood circulation and detoxification.

1.3 Detailed Operation: LIPO LASER



Select  to go to the interface below





Time Display of Lipo Laser



Increase & Decrease of Time



Energy Adjustment of All the Big Laser Paddles

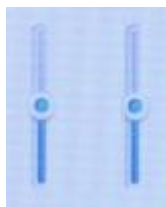


Independent Energy Adjustment of Big

Laser Paddles



Energy Adjustment of All the Small Laser Paddles



Independent Energy Adjustment of Small Laser Paddles



Increase & Decrease of Laser Energy



M1 is constant flash mode; the laser paddle stays on, suitable to treat thin fat layers.



M2 is slow flash mode; the laser paddle twinkles slowly, suitable for

consolidating the effects.



M3 is fast flash mode; the laser paddle twinkles quickly, suitable to treat thick fat layers or those who wish to lose weight.



M4 is accelerated flash mode; the laser paddle twinkles super fast, suitable for those with thick fat layers and need to lose weight.

2. Technical Parameters

Laser wavelength: 635nm ~650nm

Energy output: 64x5mw

Mains power output: 100VA

Classification: Electrical Class 1, Type B applied part

Cooling requirements: Air cooled

Electrical requirements: 100v--240V

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70dB (30cm away)

3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those who are in pregnancy or lactation.
2. Those who have heart disease or have been implanted with a pacemaker.
3. Those whose surgical wound is not healed.
4. Those with epilepsy, and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for current sensitive people.
8. Avoid using for those who are suffering from serious diseases of the stomach, intestine and liver as well as bladder stones and kidney stones.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Do not use it for those have breasts prosthesis.
7. Do not use it for those have metal supports in the body (excluding IUD).
8. It should not be used during pregnancy or breastfeeding
9. Don't use it after drinking.
10. Don't use it during heavy periods.
11. Do not use it 6 months after C-section.
12. Do not use it 3 months after miscarriage.
13. Do not use it 2 months after natural labor.
14. In the process of operation, if the suction adjustment of the negative pressure cup is too large, please immediately stop and adjust the suction.
15. Do not wear metal jewelry during the treatments.
16. Remember to add filter cotton before using the vacuum metal head to avoid the essential oil entering and causing the instrument malfunction.
17. Do not use high level of suction on face when operating vacuum cupping and lipo laser to avoid petechiae.
18. During operation, the laser plate must be fixated on the customer first, and then the instrument should be started to adjust the energy. The energy should be adjusted slowly from low to high to make the customer feel warm and comfortable.
19. During operation, the whole surface of the laser paddle should be in full contact with the skin, not only with a small area.
20. The laser paddle can also be used alone, directly fixed in the fat part that needs to lose weight, and used after adjusting the energy, and the operation time of one part is about 20 minutes. Better results are shown when combining massage with vacuum cupping and vacuum metal heads.
21. After the operation, scrub the instrument with normal saline to ensure its cleanliness and extend its service life.

5.Troubleshooting & Solutions

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

2. Vacuum pressure cup/metal head has no suction or less suction?

- A. Check if the transparent long pipe is misconnected or not connected properly.
- B. Please check and clean if there is foreign matter or grease obstruction in the suction hole of main engine.
- C. If the pipe is broken, especially at both ends, it shall be replaced.

3. No energy output from laser paddles?

- A. Check whether the connection of the wire is loose.
- B. If the above method did not work, please contact the device distributor for assistance.

4. The device can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the device and wait about 1 minute before restarting the device.
- B. If the above method did not work, please contact the device distributor for assistance.

6 FAQs

1. Q: Do negative pressure breast enlargement have side effects?

A: No side effects. Vacuum breast enlargement adopts the working principle of pure physical therapy. Massage, negative pressure suction and release are common principles used in health care physical therapy instruments. It utilizes cutting-edge technology and combines a variety of principles into one machine, therefore giving birth to a highly effective device that produces no rebound and no side effects.

2. Q: How long before I can start seeing results of facial treatment by vacuum cupping?

A: Under normal circumstance on that day you can see pores are clean, skin is smooth. Normally facial care needs to be done consistently at least once a week. Persistent operation brings better results.

3. Q: How does vacuum detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and

blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

4. Q: Is laser lipolysis really effective?




A: The key difference between traditional liposuction and laser lipolysis is that the latter takes invasive suction to achieve the final product while laser lipolysis crushes fat cells through IPL laser light. The aforementioned fat cells are then passed out through body metabolism. Rest assured. It is certainly effective.

6. Packing List

1 x main machine
 3 pairs of cups for breast
 3 pairs of cups for cupping
 6 Pairs gas cup for scrub
 3* Fingertip cups for rhythm massage
 2 x shot connecting tubes
 1 x long connecting tubes
 6 x Big paddle with 10 lipo//5mw Each (Total 80 Lipo)
 2 x Small paddle with 1 lipo//5mw each (Total 8 Lipo)
 1 x holder for lipo paddles
 1 x Power Supply Cord (Both 110v and 220v voltage (frequency: 50/60Hz) version are available. Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)

7. Operational Diagrams

Parameter Adjustment	Product	Technique	Diagram
Facial Care: 45 min, once/week			
Vacuum Cup (on face) Energy Level: 3-10	Makeup remover oil+ Cleanser+	1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply blackhead export	Technique 7


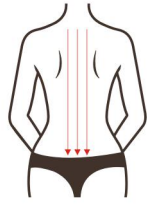
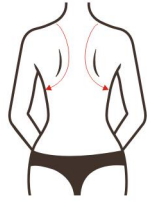
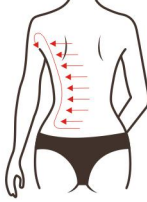
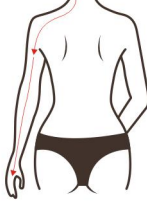
<p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Consecutive</p> <p>Vacuum Metal Head Energy Level: 3-10</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p>	<p>Blackhead export liquid+ Cold and hot steam+ Face mask+ Device+ Essence</p>	<p>liquid+hot steam(on large pores or clogged area; apply toner on cheeks; apply toner+cold steam for sensitive skin, export liquid+hot steam is not recommended.) 5-8 min.</p> <p>4. Vacuum Cup Operation: cling device on forehead for 1 sec and gently move towards hairline; each move should be close to the previous one (forehead-nose-chin-cheek); double the operation on clogged pores if needed, around 10 min.</p> <p>5. Clean face with purified water, 2 min.</p> <p>6. Apply essence evenly on face.</p> <p>7. Vacuum Metal Head Operation: start from chin to forehead, move the device in lines to lift face, 3 times.</p> <p>8. Start from chin, coupled with hands to lift the face; move from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple to lift canthus, 3 times.</p> <p>9. Do the same on another side.</p> <p>10. Forehead: move towards hairline to lift face, 3 times.</p> <p>11. Apply face mask, 15 min.</p> <p>12. Take off the mask and wash face clean, 2 min.</p> <p>13. Apply toner, essence, cream and sunscreen.</p>	<div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 8</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 10</p> <div style="text-align: center;">  </div> <hr/>
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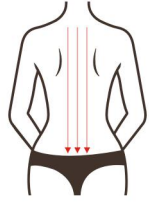
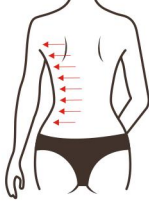
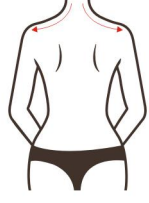
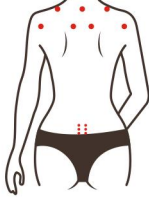
Suggested Treatment:

10 treatments account for one full course. After one course, face beams with healthy redness, blood circulation is accelerated. Skin starts to export toxins, acne and blackheads are reduced. After 3 courses, skin contour is clearer, resistance is

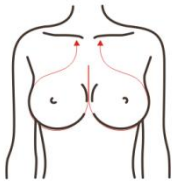
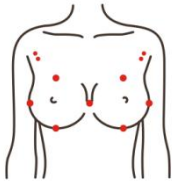
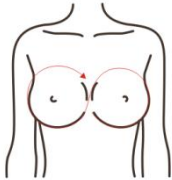
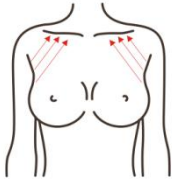
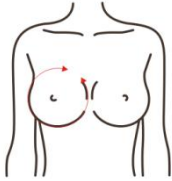
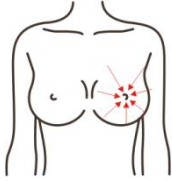
strengthened, and skin presents to be glowing and healthy.

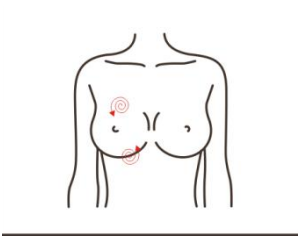
Lymphatic Drainage of Back: 60 min, once/week

<p>Vacuum Metal Head Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: M1</p> <p>Cupping Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Towel+ Device</p>	<ol style="list-style-type: none"> 1. Massage Operation: apply oil on back till waist and push down on fengchi and fengfu acupoints, 3 times. 2. Push dumai and panguangjing with both hands, 3 times. 3. Push alternately dumai and panguangjing with hands, 3 times. 4. The roots of both palms start from the major vertebra and alternate in pushing dumai and panguangjing; lift from the lumbar side through the armpits in left-right order, 3 times. 5. Push thumbs between shoulder blades to armpits, 3 times ; and then pass through armpits to fingers. 6. Alternate both palms, starting from dazhui acupoint in rib direction towards waist and slide to armpit in lines; make sure a line is next to another, 3 times 7. Alternate hukou points, starting from hairline to dabanjing and slide to fingers, 3 times. 8. Do the same on the other side. 9. Device Operation: move the lymphatic detoxification instrument from the big vertebra to the tail vertebra, 3 times. 10. Push from panguangjing 	<p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4</p>  <hr/> <p>Technique 5, 11</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 9,10</p>
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	<p>to tail vertebra (first left, then right), 3 times</p> <p>11. Push from shoulder blade seam to armpit, 3 times.</p> <p>12. Push to waist following ribs in lines, 3 times.</p> <p>13. Push dabanjing, starting from neck, 3 times.</p> <p>14. Do the same on the other side.</p> <p>15. Cupping: if the moisture inside the body is heavy, you can walk the cups; walk through pangguangjing and dumai back and forth for 3 times, walk through the shoulder blade seam back and forth for 3 times, walk through the whole back to the rib direction for 3 times (subjecting to the customer's acceptability).</p> <p>16. Select fit cups and walk them on neck to dabanjing back and forth, 3-5 times.</p> <p>17. Fixate the cups: on dazhui, jianjing point, tianzong point, feiyu point, and baliao area, around 5-10 min (subjecting to the customer's acceptability).</p> <p>18. Take off the cups and wipe clean with towel.</p>	 <p>Technique 12</p>  <p>Technique 13, 16</p>  <p>Technique 17</p> 
<p>Suggested Treatment:</p> <p>10 treatments account for one full course. After one treatment, petechiae appear and dampness are removed. After one course, the back becomes relaxed and relieves the sore symptoms of shoulders and neck. After 3 courses, the lump on back of the neck is improved, the qi and blood function is normal, the sleep quality is good, and the physique is enhanced.</p>		

Breast Enlargement: 60 min, once/week

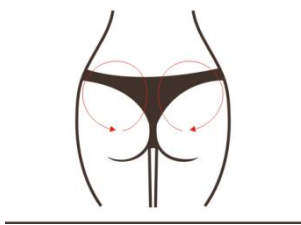
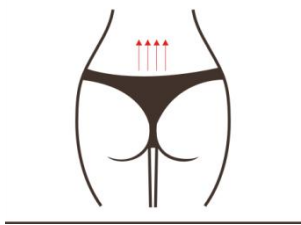

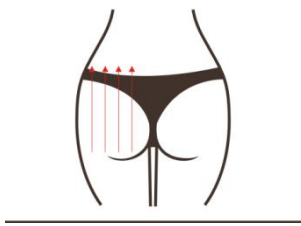
<p>Vacuum Cup(breast) Energy level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Towel+ Device</p>	<ol style="list-style-type: none"> 1. Stand at the head of the bed, both hands from shan zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times. 2. Both hands thumb point: shanzhong, rugen, dabao, yingchuang, zhongfu, yunmen, 3 times. 3. Caress the treatment area, 3 times. 4. Overlap both palms from shan zhong point to chest both sides back and forth as if writing an "8" number, 3 times 5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times. 6. Caress the treatment area, 3 times. 7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times. 8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times. 9. Use the thumb to dredge the nodules in the chest, 3 times. 10. Lift the whole chest with hands, 3-5 times. 11. The technique on the other side is the same as above. 12. Vacuum Cup Operation: select fit vacuum cups and attach them to breasts, 5-10 min. 13. For those who have 	<p>Technique 1, 3, 6, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>
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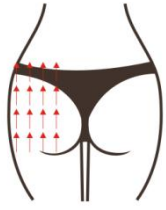
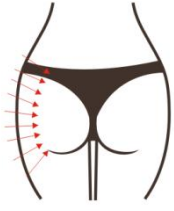
		<p>sunken nipples can select cups for face on nipples and start for 8-10 min.</p> <p>14. Take the cups off.</p> <p>15. Wipe breasts with fresh towel.</p>	
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Suggested Treatment:

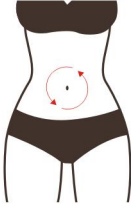
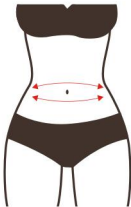
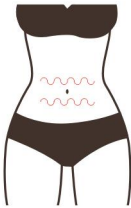
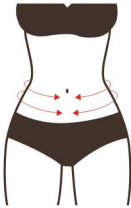

10 treatments account for one full course. After one treatment, breasts are lifted. After one full course, breasts are tightened and lifted; accessory breast and outspread and drooping breasts will slowly tighten and focus. 3 courses of treatment to make the breast large and straight, adhere to do, the effect will be more obvious.





Buttock Augmentation: 60 min, once/week

<p>Vacuum Cup Energy level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Towel+ Device</p>	<ol style="list-style-type: none"> 1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.) 2. Repeatedly push ba liao zone with two thumbs. 3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang qiang", "huan tiao" and "cheng fu", 3 times. 4. Caress the treatment area, 3 times. 5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each. 6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each. 	<p>Technique 1, 4, 10</p>  <hr/> <p>Technique 2, 12</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 5,13</p> 
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		<p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. Do the same on the other side: the same technique with 5.6.7.8.9.10</p> <p>12. Rub baliao zrea with hands till it's hot.</p> <p>13. Select fit cups to walk the cups: start from thigh root and move upwards to lift the buttocks, 3-5 times.</p> <p>14. From two sides of hips to center of buttocks to lift them, 3-5 times.</p> <p>15. Fixate Cups: select fit cups, fixate them on buttocks and adjust to proper energy level, 5-10 min.</p> <p>16. Take off the cups and wipe buttocks with fresh towel.</p>	<p>Technique 6</p>  <hr/> <p>Technique 8, 14</p> 
<p>Suggested Treatment: 10 treatments account for one full course. After a treatment, hips achieve the effect of lifting. After a course of treatment, excess fat on hips begin to disappear, the surrounding fat begin to concentrate. After 3 courses of treatment to shape hip curve, increase hip elasticity, improve gynecological cold womb and other problems.</p>			

Cupping on Abdomen: 60 min, once every 2 weeks

<p>Cupping Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Towel+ Device</p>	<ol style="list-style-type: none"> 1. Circle the abdomen to accumulate oil 3 times Rub your stomach back and forth three times 3. Knead abdominal fat 3 times with hands alternately. 4. Lift pulse on both sides of waist alternately with both hands for 16 times 5. Row the figure of eight with both hands to the waist and then lift it from the waist side to the navel 3 times 6. Overlap hands and rub intestines for 3 times in a small circle 7. Make a circular motion to soothe your hands 8. Acupoint: in middle and lower wan and wan shen que qi haiguan yuan intermediate tianshu large transverse curvature bone.2 times 9. Make circles with both hands to appease 3 times 10. Push meridians and collaterals from top to bottom alternately with both hands (ren ma -- open 2 inches of kidney meridians -- open 4 inches of stomach meridians -- open 6 inches of spleen meridians -- open 8 inches of liver meridians -- open gallbladder meridians on both sides) for 3 times 11. Push the middle pole of both thumbs straight to the navel, slide both sides to the waist and then raise the row 	<p>Technique 1, 7, 9, 12</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>
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		<p>to the groin, 3 times 12. Repeat 3 times 13. Pacify the groin to the end. 14. Choose the appropriate pot to fix the pot on the abdomen, and it will last for about 5-10 minutes for xiawan, tianshu, big horizontal, guan yuan, waist side (according to the customer's situation). 15. Take off the cup and wipe abdomen with fresh towel.</p>	 <p>Technique 8, 14</p>  <p>Technique 10</p>  <p>Technique 11</p> 
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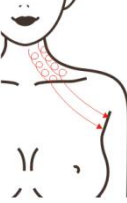

Suggested Treatment:







10 times for a course of treatment, one time after finishing the waist abdomen will have a slight measles phenomenon, constipation will be improved, a course of treatment can improve the palace cold, abdominal obesity, improve the digestive system. After two courses of treatment, the effect was strengthened to improve the blockage of abdominal channels and collaterals, damp, constipation, and unclog the intestinal tract. Three courses of treatment consolidated the effect and prevented abdominal and gastrointestinal diseases.







Cupping: it can be done once every two weeks in the early stage, once every 20 days after three times. It can be done once a month after one course of treatment, and once a month and a half after two courses of treatment.

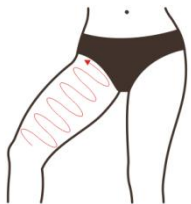
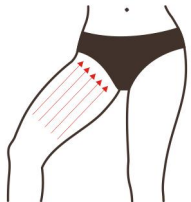


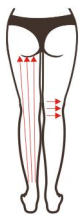

Lymphatic Drainage: 180 min, once/week

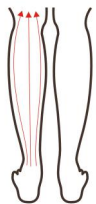
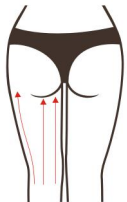
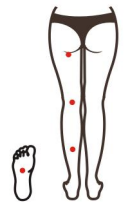
Vacuum Head Suction:	Essential oil+	1. Remove makeup and clean the face and neck	Technique 4
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<p>0.3-1.5</p> <p>Vacuum Head Release: 0-1.5</p> <p>Vacuum Cup Suction: 0.3-1.5</p> <p>Vacuum Cup Release: 0-1.5</p>	<p>Device+ Massage cream+ Towel</p>	<p>2. Apply a full face toner</p> <p>3. Points on the whole face of both hands (cheng ya, di cang, da ying, buccal cart, xiaguan, ying xiang, zygomatic liao, temples, jing jing, zan zhu, yu yao, sizhu kong, tong zi liao, cheng qi, si bai,) for three times</p> <p>4. Lift your face three times to your armpits with your hands.</p> <p>5. Operate the other side</p> <p>6. Neck: pull and smear the zan oil on the chest with both hands to appease the wind chi feng fu hole at the back of the neck, 3 times</p> <p>7. First left, then right: go through the back of the ear to the armpit with both hands, 3 times</p> <p>8 unilateral tiger circular push neck side three lines to the armpit, 3 times</p> <p>9 unilateral kneel points to rub hot cervical side lymphatic platoon to armpit, 3 times</p> <p>10. Comfort both hands to the point of "feng chi feng fu", 3 times</p> <p>11. Same as the other side</p> <p>12. Select the small head of the instrument and lift it from the chin to the armpit, 1-2 times (according to the customer).</p> <p>13. Slide the appropriate instrument up on the forehead and on both sides, 1-2 times (according to customer)</p> <p>14. The lymphatic detox instrument starts from the</p>	 <p>Technique 5, 13</p>  <p>Technique 7</p>  <p>Technique 8</p>  <p>Technique 9, 10, 16</p>  <p>Technique 14</p>  <p>Technique 17</p>
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		<p>mandibular lymphatic and is alternately lifted by hand through the back of the ear to the armpit for 3 times</p> <p>15. The instrument is arranged in three circles on the side of the neck to the armpit, 3 times</p> <p>16. Detoxify the internal clavicle to the armpit, 3-5 times</p> <p>17. Select the appropriate small head to discharge from behind the ear to the armpit, 2-3 times (according to the customer)</p> <p>18. Same as above on the other side of instrument operation.</p> <p>19 underarm technique first left and then right: hands in the underarm accumulation of oil, three times</p> <p>20. Knead gequan acupoint with one palm root for 3-5 times</p> <p>21. Alternately push the gallbladder through the armpit to the finger, 3 times</p> <p>22. Push inner clavicle lymph nodes to fingers alternately with both hands, 3 times</p> <p>23. Push the arm three meridians (lung via pericardium via heart meridian) for three times</p> <p>24. Drain the entire arm to the fingers, 3 times</p> <p>25. Kneel your fingers and warm your arms</p> <p>26. Knead the root of palm and press gequan acupoint 3-5 times</p> <p>27. The whole body is pacified</p>	 <hr/> <p>Technique 21</p>  <hr/> <p>Technique 23</p>  <hr/> <p>Technique 24</p>  <hr/> <p>Technique 25, 27</p>  <hr/> <p>Technique 26, 29</p>  <hr/> <p>Technique 30</p>
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		<p>until the fingers are discharged, 1 time</p> <p>28. Instrument operation, first left, then right</p> <p>29. Push the gallbladder from the chest side to the armpit and soothe it with hands for 3 times</p> <p>30. Push three meridians from elbow to armpit three times</p> <p>31. Operate the other side, ibid</p> <p>32. Slide the canisters through the liver and gallbladder to the armpits with transparent tubes for 3 times</p> <p>33. Select the appropriate instrument to walk the cans in the arm position, one to two times (according to the customer's situation).</p> <p>34. Select the appropriate cupping head in and out of the arm, liver and gallbladder menstruation, fix the cupping for about 5-10 minutes (according to the customer's situation)</p> <p>35. Inguinal lymphatic drainage technique: first left, then right: both hands in the leg to save oil 3-5 times Press chong men hole 3-5 times at 36</p> <p>37. Push four channels and collaterals of legs (spleen, stomach, liver, gallbladder) three times</p> <p>38. Overall comfort 3 times</p> <p>39. Place the groin with both hands 3-5 times</p> <p>40. Thumb your groin alternately 3 to 5 times</p> <p>41. Twist twist 3 times</p>	 <hr/> <p>Technique 31, 33</p>  <hr/> <p>Technique 36, 38, 39, 43</p>  <hr/> <p>Technique 37</p>  <hr/> <p>Technique 40</p>  <hr/> <p>Technique 41, 46</p>  <hr/> <p>Technique 42</p>
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		<p>Kneel with your fingers and rub them around the base of your thighs</p> <p>43. The instrument pushes four channels and collaterals to the groin to discharge, three times</p> <p>44. Circle back and forth in groin position, 3 times</p> <p>45. Push groin alternately with hand, 3 times</p> <p>46. Push from the middle of thigh to groin, comforting with hand, 3 times</p> <p>47. Operate on the other side with the same techniques.</p> <p>48. Walk the cup (line to line) 1-2 times in the thigh position (according to the customer's stress)</p> <p>49. Fix pot on legs, thigh, zusanli and sanyin for about 10 minutes</p> <p>50. Remove the jar and finish.</p> <p>51. The customer lies on his stomach with his left leg: his hands move from the calf to the thigh and back to the heel three times</p> <p>52. Push leg bag back to heel 3 times alternately from bottom to top with palms</p> <p>53. Alternately push bladder tendon, kidney tendon, liver tendon and gallbladder tendon from bottom to top for 3 times</p> <p>54. Push popliteal fossa 3 times alternately</p> <p>55. Go back and forth 3 times from bottom to top, hand in turn</p> <p>56. Soothe three times</p> <p>57. Kneel with both hands to</p>	 <hr/> <p>Technique 44, 47, 49</p>  <hr/> <p>Technique 45</p>  <hr/> <p>Technique 50</p>  <hr/> <p>Technique 52, 53, 54, 55, 57, 58, 59</p>  <hr/> <p>Technique 56</p>  <hr/> <p>Technique 60</p>
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	<p>push bladder tendon, kidney tendon, liver tendon and gallbladder tendon from bottom to top for 3 times</p> <p>58. End of reassurance</p> <p>59. Instrument: the detoxifying instrument shall firstly push the bladder, kidney, liver and gallbladder from the bottom to the popliteal fossa for 2-3 times</p> <p>60. Push four meridians through the popliteal fossa to the thigh root 2-3 times</p> <p>61. The instrument pushes four channels and collaterals from the lower leg to the root of the thigh for three times</p> <p>62. Choose the appropriate cupping head and walk the cupping through four channels and channels on the legs for 1-2 times (according to the customer's situation)</p> <p>63. Fix cup in leg, weizhong point (popliteal socket), big leg point, chengfu point (middle of thigh root), chengshan point (middle of calf), yongquan point (foot center) for about 10 minutes (according to customer's situation)</p> <p>64. Take off the cups and wipe legs with fresh towel.</p>	 <hr/> <p>Technique 61</p>  <hr/> <p>Technique 64</p> 
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Suggested Treatment:

Ten times for a period of treatment, once finished after the body relax, blood circulation, accelerate the body after a period of treatment the blood circulation and lymphatic drainage, improve the body in the wall and blain blain, axillary on wall to improve after the two course and lymphatic parts of the nodule to evacuate slowly, the body's immunity enhancement, strengthen three treatment effect, the whole body lymphatic system is accelerated circularly, enhance physical fitness, prevention of disease.

Body Care on Private Parts: 60 min, once/week


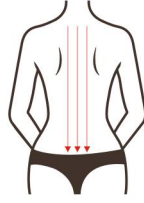
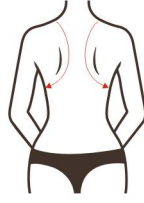
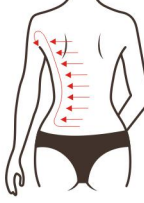
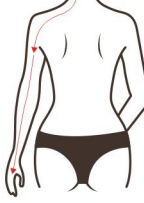
<p>Vacuum Cup Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: Consecutive</p>	<p>Oil for Private Parts+ Device+ Disposable wet towel</p>	<ol style="list-style-type: none"> 1. Private parts massage, put the private oil in the palm rub heat, hands tiger mouth alternately push groin first left and then right, 3-5 times. 2. Alternate groin strokes from bottom to top, left to right, 3-5 times. 3. Rub the acupoints around the labia with both hands for 3 times. 4. Transfer your hands from the groin position to the labia, line by line, 3-5 times. 5. Alternate groin strokes from bottom to top, 3 to 5 times. 6. Transfer your hands from the groin position to the labia, line to line, 3-5 times. 7. Instrument operation and selection. In groin fix canister, divide 3 spot fix canister, each can fix 3 minutes. 8. Select private instrument, from bottom to top groin first left and then right 3-5 times 9. Draw labia from bottom to top, 3 to 5 times. 10. The stimulation will be performed at the perineal point for 3-5 times (3 seconds). 11. Wipe private parts with disposable wet towel. 	<p>No Diagrams</p>
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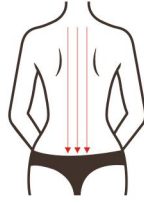
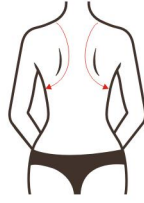
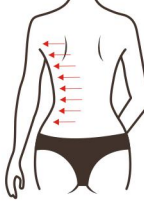
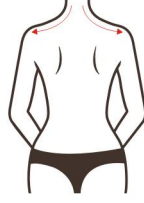
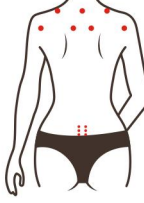
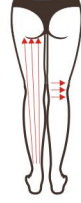
Suggested Treatment:

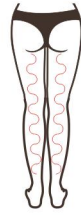


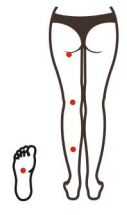
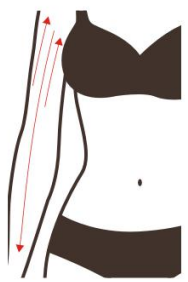
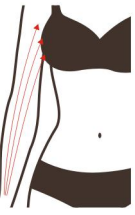
10 times for a course of treatment, after a course of treatment can feel some compact, after a course of treatment groin and labia part color began to fade, slowly began to compact, three courses of treatment down the private parts began to rosy compact, menstruation began to return to normal, dysmenorrhea symptoms improve, restore a




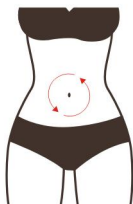
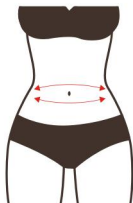
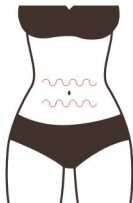
happy life.

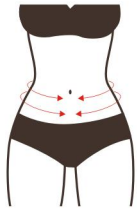
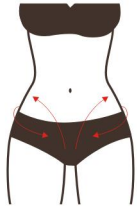
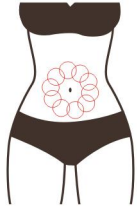



Full Body Detoxification: 180 min, once every 2 weeks


<p>Vacuum Cup Energy Level: 10-50</p> <p>Vacuum Cup Suction: 0.3-1.5</p> <p>Vacuum Cup Release: 0-0.6</p> <p>Vacuum Head Suction: 0.3-1.5</p> <p>Vacuum Head Release: 0-1.5</p>	<p>Essential Oil+ Towel+ Device+</p>	<ol style="list-style-type: none">1. Manipulation: hold the waist of oil bag with both hands to the point of "wind chi wind house" for 3 times2. Push the vessel and bladder meridian with both hands, 3 times3. Alternate the tuk vein and bladder meridian with both hands, 3 times4. The roots of both palms start from the major vertebra and pass through the armpit alternately with the tubal vein and bladder meridian, and discharge from the waist side, first left, then right, 3 times5. Push shoulder blades to armpits with both thumbs, and pass through armpits to fingers after 3 times.6. Start from da vertebra point alternately and push from the ribs to the waist, and discharge from the waist to the armpits.3 times7. Alternate hands from hairline through plate to fingers, 3 times8. Operate the other side.9. Operation of the instrument: the lymphatic drainage instrument was pushed from the major vertebra to the tail vertebra for 3 times.10. Push bladder meridian to tail vertebra (first left, then	<p>Technique1</p>  <hr/> <p>Technique2,3,4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique9,10</p>
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	<p>right) for 3 times</p> <p>11. Push shoulder blade to armpit for 3 times</p> <p>12. Push the instrument to the waist, side by side, 3 times in the direction of the ribs</p> <p>13. Push the board from the neck, 3 times</p> <p>14. On the other side of instrument operation,</p> <p>15. Canister walking: if the moisture in the body is heavy, can walk the canister, the bladder meridian and the vessel back and forth 3 times, the shoulder blade seam back and forth 3 times, the whole back to the ribs 3 times (depending on the customer's stress)</p> <p>16. Select the appropriate cupping head and move the cupping back and forth between the neck and the plate, 3-5 times</p> <p>17. Fixing pot: about 5-10 minutes on "ba liao zone" of feiyu acupoints, tianzong acupoint, dazhui jianjing acupoint (according to the customer's stress condition)</p> <p>18. Take the can and wipe it off with a towel</p> <p>19. Apply gel or gel over the patch</p> <p>20. Place the MES patch on the back muscles with a bandage for 20-30 minutes</p> <p>21. Remove the bandage and patch and wipe the operating site clean</p> <p>End of the 22.</p> <p>23. Legs: first left, then right: hands from the calf to the</p>	 <hr/> <p>Technique11</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13,16</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique20,21,22,24, 25,26</p>  <hr/> <p>Technique23</p>
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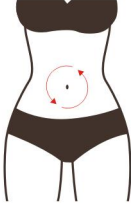
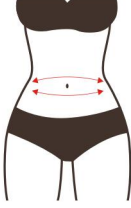
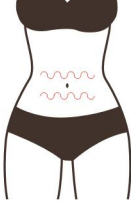
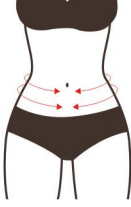

	<p>thigh bag back to heel 3 times</p> <p>24. Push four meridians (bladder tendon, kidney channel, liver channel and gallbladder channel) from bottom to top alternately for 3 times</p> <p>25. Push popliteal fossa alternately with hands, 3 times</p> <p>26. Twist twist from bottom to top, 3 times</p> <p>27. Pacify, 3 times</p> <p>28. Push four channels and collaterals from bottom to top with hands on knees, 3 times</p> <p>29. Pacify, 3 times</p> <p>30. Operation on the other side is the same as above</p> <p>31. Operation of grease head instrument: from the bottom to the popliteal fossa, push bladder, kidney, liver and gallbladder three times successively</p> <p>32. Push four meridians from the popliteal fossa to the thigh root three times</p> <p>33. Cup cupping technique is the same as above</p> <p>34. Operation on the other side is the same as above</p> <p>35. Choose the appropriate cup selection: popliteal socket, big leg and chengshan point (middle of calf) for about 10 minutes</p> <p>36. End of tank collection</p> <p>37. EMS patch operation: apply the gel to the patch and fix the patch on the leg with the bandage for 20-30 minutes</p> <p>38. Remove the tape and</p>	 <p>Technique28</p>  <p>Technique29</p>  <p>Technique32</p>  <p>Technique35</p>  <p>Technique36,37,41,43</p>  <p>Technique38</p>
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	<p>bandage and clean the operating area End of 39.</p> <p>40. Arm: place the arm flat, apply the essential oil on the arm evenly until the fingers are expelled, 3 times</p> <p>41. Push the three meridians on the outside of the arm (sanjiao meridians - large intestine meridians - small intestine meridians) for three times</p> <p>42. Kneel with your fingers and warm your big arms</p> <p>43. Place your arms on your back and apply essential oil to your fingers, 3 times</p> <p>44. Alternately push three internal meridians of arms to armpits (heart meridians - pericardium meridians - lung meridians) with two hands, three times</p> <p>45. Kneel and heat your big arms with your fingers, 3 times</p> <p>46. Select the appropriate grease head operation, adjust the energy, put the arm flat, and push the three channels and collaterals outside the arm successively, 3 times</p> <p>47. Put your arm on your back and push the three internal meridians of your arm to your armpit in turn, 3 times</p> <p>48. Select the appropriate transparent tank operation, adjust the energy, and push the three meridians outside the arm to the armpit successively, 3 times</p> <p>49. Put your arms on your</p>	 <hr/> <p>Technique39,40</p>  <hr/> <p>Technique42,44</p>  <hr/> <p>Technique47,53,55,58</p>  <hr/> <p>Technique48</p>  <hr/> <p>Technique49</p>  <hr/> <p>Technique50</p>
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	<p>back and push the three internal meridians of your arms to your armpits, 3 times</p> <p>50. Place the can on the outside of your arm for 5-10 minutes</p> <p>51. Remove the transparent tank and finish</p> <p>52. Abdomen: make 3 circles of oil with both hands</p> <p>53. Rub your stomach back and forth three times</p> <p>54. Knead abdominal fat three times with alternating hands.</p> <p>55. Alternately lift the veins on both sides of the waist 16 times</p> <p>56. Cross the figure of eight with both hands to the waist and lift it from the waist side to the navel three times</p> <p>57. Overlap hands and rub intestines for 3 times in a small circle</p> <p>58. Make a circular motion with your hands</p> <p>59. Point: in anhui (navel above 6) refers to the position, in anhui (navel 4 above), the anhui (navel 2 above), CV 8 (navel), qi hai (below the belly button 2), guan yuan (below the belly button 3), intermediate (below the navel 4), days pivot (open 2 other navel), large horizontal (open other navel 4), 2 times</p> <p>60. Repeat 3 times with both hands</p> <p>61. Push meridians and collaterals from top to bottom alternately with both hands (ren ma -- open 2 inches of</p>	 <p>Technique51</p>  <p>Technique52</p>  <p>Technique54</p>  <p>Technique56</p>  <p>Technique57</p>  <p>Technique60</p>
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	<p>kidney meridians -- open 4 inches of stomach meridians -- open 6 inches of spleen meridians -- open 8 inches of liver meridians -- open gallbladder meridians on both sides) for 3 times</p> <p>62. Push your thumbs from the center pole to the navel, slide both sides to the waist, and then raise them to the groin, 3 times</p> <p>63. Repeat 3 times with both hands</p> <p>64. Pacify the groin to the end.</p> <p>65. Select the appropriate pot to fix the pot on the abdomen, lower belly (2 finger position on the navel), tianshu (2 finger position on the navel), big horizontal (4 finger position on the navel), guan yuan (4 finger position on the navel), waist side, 5-10 minutes or so (according to the situation of customers)</p> <p>66. Take off cups and wipe with fresh towel.</p>	
<p>Suggested Treatment: 6 times for a period of treatment, once finished body relax, there will be a phenomenon of sha, will gradually disappear in about 3 to 5 days, if the sha serious operation once a month, a slight sha can do a 2 weeks, after a period of treatment, the body metabolism, improve constipation, improve the body in the wall, two improved muscle stiffness and soreness after treatment, the body's local blockage and sedimentation will get dredge and metabolism, after three course, good sleep quality, complexion is ruddy, healthy body, the enhanced physique.</p>		

Lipo Lipolysis Shaping Abdomen: 60min,once/week

<p>Vacuum Cup Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-0.6</p> <p>Vacuum Head Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.5</p> <p>Mode: Consecutive</p> <p>Laser Paddle Energy Level: 5-15</p>	<p>Essential oil+ Device+ Towel</p>	<ol style="list-style-type: none"> 1. Apply and rub oil on abdomen with hands, 3 times. 2. Rub stomach back and forth with both hands, 3-5 times. 3. Knead abdomen with both hands using chiropractic techniques, 3 times. 4. Lift daimai on both sides of waist with both hands alternately, 16 times. 5. Move hands as if writing an "8" number on waist, 3 times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the treatment area, 3 times. 8. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times. 9. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times. 10. Caress the treatment area with hands and slide to groin. 11. The end of massage technique. 12. Vacuum Metal Head operation: starting from one side of the waist, lift the 	<p>Technique1,7,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>
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device to abdomen and groin, 3 times.

13. Repeat the previous operation on another side, 3 times.

14. Move the device on abdomen in small circular motions, 3 times.

15. Move the device on abdomen in big circular motions, 3 times.

16. Starting from daimai on one side of the waist, lift the device to another side of the waist back and forth, 3 times.

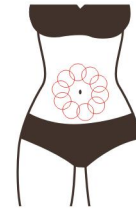
17. Move the device on waist and abdomen vertically back and forth, 3 times.

18. Fixate the cups of your choice on xiawan, tianshu, daheng, guanyuan, and sides of waists, around 5-10 min, depends on the customer.

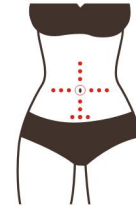
19. Take off the cups.

20. Laser paddle operation: fixate laser paddles on waist and abdomen, around 20 min.

21. Take off the paddles and wipe abdomen with fresh towel.



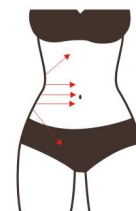
Technique8,18



Technique9



Technique12




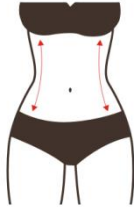
Technique14



Technique15




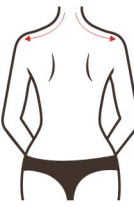
Technique16


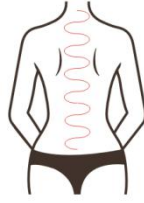
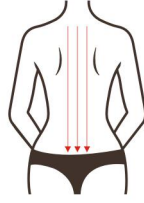
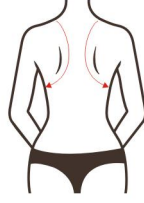


			 <hr/> <p>Technique17</p>  <hr/>
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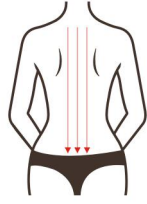

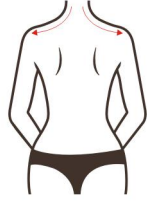
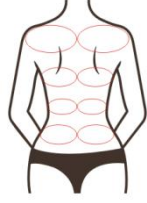
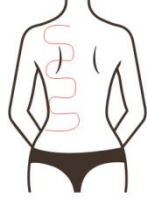

Suggested Treatment:

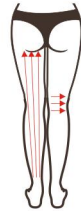
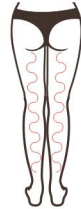


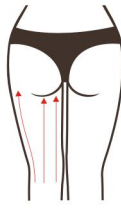

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

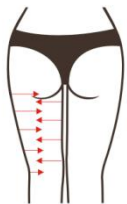
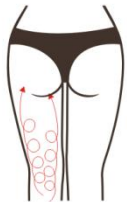
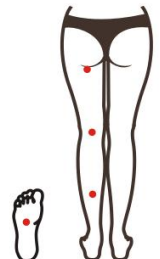
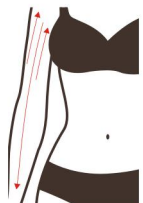
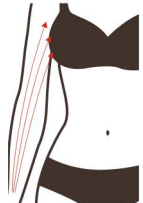

Lipo Lipolysis Body Shaping: 60 min, once/week

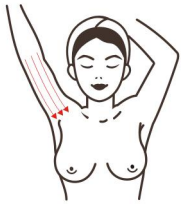
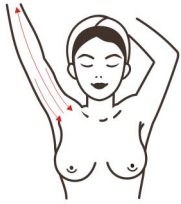
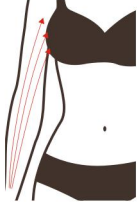



<p>Vacuum Cup Energy Level: 5-15</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-0.6</p> <p>Vacuum Head Energy Level: 5-15</p> <p>Suction:</p>	<p>Essential oil+ Device+ Towel</p>	<ol style="list-style-type: none"> 1. Apply oil on back and press Fengchi and fengfu points. 2. (Starting from hairline) stroke badanjin with thumb, 3-5 times. 3. Move thumb outwards from pangguangjin to baliao area and then to fengchi and fengfu point. 4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 5. Push pangguangjin with thumb in left-right order, 3 times. 	<p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>
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<p>0.3-1.5</p> <p>Release: 0-1.5</p> <p>Mode: Consecutive</p> <p>Laser Paddle Energy Level: 5-15</p>		<p>6. Push pangguangjin to baliao area with both thumbs, at the same time, 3 times.</p> <p>7. Push pangguangjin in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push fengchi and fengfu points, 3 times.</p> <p>11. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub dumai and pangguangjin until they turn hot.</p> <p>14. The end of massage technique.</p> <p>15. Vacuum metal head (large) operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>16. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>17. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>18. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>19. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> <p>20. Move the device upwards</p>	 <hr/> <p>Technique4</p>  <hr/> <p>Technique5,6,7,13</p>  <hr/> <p>Technique8,18</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique11,12</p>  <hr/> <p>Technique15</p>
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		<p>in annular motion to armpit in bottom-up direction on both sides, 3 times.</p> <p>21. Lift on sides of waist in bottom-up direction to armpits, 3-5 times.</p> <p>22. Laser paddle operation: fixate paddles on fat part the back, 20 min.</p> <p>23. Take off the paddles, and wipe back with fresh towel.</p> <p>24. Leg massage, left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>25. Move hands upwards to four main collateral channels (pangguangjin-shenjin-ganjin-danjin) with fingers spread and hukou pointing upwards, 3 times.</p> <p>26. Push hands alternately to popliteal fossa, 3 times.</p> <p>27. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>28. Caress the treatment area, 3 times.</p> <p>29. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>30. Caress the treatment area, 3 times.</p> <p>31. Repeat the previous operation on another side.</p> <p>32. The end of massage technique.</p> <p>33. Vacuum metal head (large) operation: combined with hand, lifting from heel to popliteal fossa in lines; make sure one line is next to another. 3 times.</p>	 <p>Technique16</p>  <p>Technique17</p>  <p>Technique19</p>  <p>Technique20</p>  <p>Technique21</p>  <p>Technique24,25,26,28, 29,30</p>
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		<p>34. Move the device in small circles on calf, 3 times.</p> <p>35. Move the device upwards and downwards on calf, 3-5 times.</p> <p>36. Lift the device from popliteal fossa to the end of thigh, 3 times.</p> <p>37. Move the device in circular motions on thigh, 3 times.</p> <p>38. Lift the device from sides of leg to the middle, 3-5 times.</p> <p>39. Lift the device in annular motion on both sides of the leg, 3 times.</p> <p>40. Repeat the previous operation on another leg.</p> <p>41. Fixate the vacuum cups of your choice on weizhong, chengfu point, around 10 min.</p> <p>42. Laser paddle operation: fixate the paddles on fat part of legs, 20 min.</p> <p>43. Take off cups, paddles and wipe legs with fresh towel.</p> <p>44. Arms massage, left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</p> <p>45. Push the entire arm with both palms, 3 times.</p> <p>46. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>47. Caress the treatment area, 3 times.</p> <p>48. Tracing and rubbing three main collateral channels on</p>	 <hr/> <p>Technique27</p>  <hr/> <p>Technique33,35</p>  <hr/> <p>Technique34</p>  <hr/> <p>Technique36</p>  <hr/> <p>Technique37</p>  <hr/> <p>Technique38</p>
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		<p>arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>49. Caress the treatment area, 3 times.</p> <p>50. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjing) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>51. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>52. Caress the treatment area and slide to fingers.</p> <p>53. Repeat the previous operation on another side.</p> <p>54. The end of massage technique.</p> <p>55. Vacuum metal head (medium) operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>56. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>57. You may double the operation on flabby arms, 3 times.</p> <p>58. Trace three channels to armpit, 3 times.</p> <p>59. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>60. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>61. Trace three channels from upper arm to armpit.</p>	 <p>Technique39</p>  <p>Technique41</p>  <p>Technique44</p>  <p>Technique45,46,47,48, 49</p>  <p>Technique50</p> 
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		<p>62. Do the same on the other side.</p> <p>63. Laser paddle operation: fixate paddles on fat part of arms, 20 min.</p> <p>64. Take off paddles and wipe arms with fresh towel.</p> <p>65. Waist and abdomen: apply and rub oil on abdomen with hands, 3 times.</p> <p>66. Rub stomach back and forth with both hands, 3-5 times.</p> <p>67. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>68. Lift daimai on both sides of waist with both hands alternately, 16 times.</p> <p>69. Move hands as if writing an "8" number on waist, 3 times.</p> <p>70. Overlap hands and massage the intestinal canal clockwise, 3 times.</p> <p>71. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>72. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</p> <p>73. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>74. Caress the treatment area with hands and slide to groin.</p> <p>75. The end of massage technique.</p> <p>76. Vacuum metal head</p>	<p>Technique51</p>  <hr/> <p>Technique52</p>  <hr/> <p>Technique55,58</p>  <hr/> <p>Technique56,57</p>  <hr/> <p>Technique59</p>  <hr/> <p>Technique61</p>  <hr/> <p>Technique65,71,74</p>
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operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.

77. Repeat the previous operation on another side, 3 times.

78. Move the device on abdomen in small circular motions, 3 times.

79. Move the device on abdomen in big circular motions, 3 times.

80. Starting from daimai on one side of the waist, lift the device to another side of the waist back and forth, 3 times.

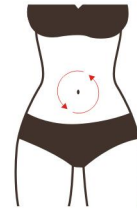
81. Move the device on waist and abdomen vertically back and forth.

82. Fixate the vacuum cups of your choice on xiawan, tianshu, daheng, guanyuan, and sides of waists, 5-10 min, (depends on the customer).

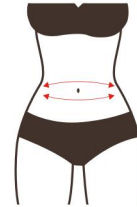
83. Take off the cups.

84. Laser paddle operationL fixate the paddle son waist and abdomen, 20 min.

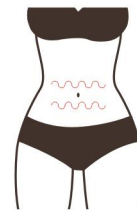
85. Take off the paddles and wipe abdomen with fresh towel.



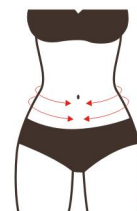
Technique66



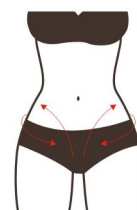
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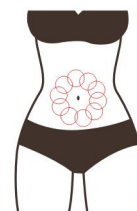
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Technique69



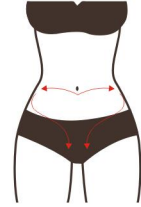
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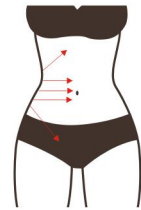
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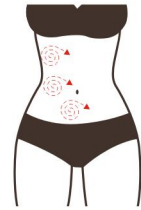
Technique73



Technique76



Technique78




Technique79



Technique81



Technique82

			 <p>The diagram shows a female torso from the waist up to the hips, wearing a black bikini. A red crosshair is centered on the abdomen, with a small circle at the intersection. The crosshair extends to the sides and vertically up and down. A horizontal line is drawn below the waistline.</p>
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Suggested Treatment:

10 times account for a full course of treatment. After one treatment, your body will feel relaxed, blood circulation boosted, and skin tightened. After a course you will see less fat on different parts of the body, collagen regenerated, and firm skin. After 2 courses fat reduces, and curve lines begin to show. 3 courses will help with enhance the effects and shape up, and S curve will appear.