

# User Manual

## AS162



## Preface

Dear users:

We're pleased to present to you our 7-in-1 beauty machine that mainly work on hydrating, nutrients absorption, skin rejuvenation, anti-aging and so on. It is a multifunctional beauty machine, targeted at overall facial skin care issues such as dry skin, inelastic skin and uneven skin tone. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. AS162 is facial skin care management machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

Facial cleaning scrubber and ultrasonic beauty machines are currently the most popular beauty machines that work on deep cleaning pores. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Ultrasonic machines lead-in nutrition into skin through thermal effect generated by ultrasonic high frequency vibration in no time so that skin can better absorb nutrition from skin care products, and achieve a serious of beauty result, including removal of skin dullness, skin repair, and skin brightening, etc.

## Advantages

1. 7-in-1 beauty machine that works on your overall facial care.
2. Multiple working probes can be replaced in different parts according to different requirements.
3. Suit all skin type; help improve skin quality and fine lines.
4. The high frequency wave of RF heats up the dermis, promotes the metabolism of the skin and the regeneration of collagen, thus lifting the skin, removing wrinkles, fighting against aging and making the skin firm and rejuvenated.
5. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
6. No consumption, low cost and quick returns.
7. Wider treatment area and faster and more visible results.
8. Unevenness, bleed, swelling and stasis will not appear after treatment.
9. LED photon mask has a variety of colors; Different colors can be chosen according to different skin type.
10. Through the warming effect generated by high-frequency vibration, ultrasonic wave can effectively infuse beauty and nutrition products into the skin quickly, so that the skin can better absorb the nutrients in skin care products.
11. The 3MHZ high-frequency ultrasonic wave of cleaning scrubber can effectively enhance the absorption of the skin, help the nutrition penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration refines the nutrients into small molecular particles and enhances the absorption.

## Cleansing & Revitalizing

### Principles

## Hydra Dermabrasion

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydro facial cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

### Physical Effects

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

## Hydro Spray Jet

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

### Physical Effects

The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

## Cleaning Scrubber

Facial cleaning scrubber is equipped with the unique technology of transforming. 2.8MHz mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove excess thick cutin, purify pores, decompose oil, leaving them unobstructed and tighten pores, clear and smooth skin.

### Physical Effects

After the ultrasonic wave dredge the nutrient transportation pipeline between the skin tissues, it can promote the supplement and absorption of water through the massage function of high frequency mechanical wave and catalysis, and make the skin bright and smooth.

Mechanical vibration not only atomize water molecules and channel them into pores, but also remove excess thick cutin, purify pores, decompose oil and tighten pores, clear and smooth skin.

### Effects

1. Deeply introduce nutrients and accelerate absorption.
2. Adjust skin tone to make skin more translucent.
3. Deeply clean skin and shrink pores.
4. Deep hydration, tender and brighten skin.
5. Dredge pores and promote absorption.
6. Improve oil secretion and skin quality.

### Applicable Range

1. Those with dry skin, lack of nutrition.
2. Those with enlarged pores and coarse skin.
3. Those with poor skin absorption and lack of water in the skin base.
4. Those with dark, uneven skin tone.
5. Those with blocked pores and vigorous oil secretion.
6. Those with waxy skin and no gloss.
7. Those who are dissatisfied with their skin color.

### Inapplicable Range

1. Those with severely sensitive skin or those in allergic phase.
2. Those with extensive facial trauma.

3. Those who are pregnant and those suffering from serious heart disease, severe three H's (hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
4. Those with skin diseases and infectious diseases.
5. Those who have just received injection, such as intradermal injection, microneedling, or surgery wounds.

## Notes after Operation

1. Strengthen hydration and pay attention to sun protection.
2. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
4. Apply a hydrating mask once a day for three days.
5. Wash your face with warm water within 3 days after operation.

## Soothing & Repairing

### Principles

#### Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at -5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

**Biological effects:** Cold and hot hammer has respectively cooling and heating effects on skin. During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on. During the heating process, it heats up tissues by raising the temperature, thus adjusting blood circulation, boosting metabolism and improve the absorption of skin care products.

#### Hydro Spray Jet

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition

absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

#### **Physical Effects:**

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### **LED Photon Mask**

**Red LED: 635NM**, Red LED heats up the bottom layers of skin, therefore reactivating collagens and speeding up the micro-circulation of skin so that it appears to be more elastic, smooth, glossy and has less wrinkles. It promotes the regeneration of skin cells and activates bio cells.

**Blue LED: 462NM**, Blue LED helps to shrink pores, reduce oil, calm skin and treat acne. It also helps to lock moisture and essence in skin, making it more elastic. Blue ray helps with inflammation of skin and treatment of acne by fighting bacterial infection.

**Green LED: 527NM**, Through the specific green light band on the skin it has sedative, analgesic, repair effects. It also promotes blood circulation, and is suitable for those with thin cuticle and who are prone to allergy and flushing.

**Purple LED: 600NM**, Purple LED is a dual frequency of red and blue LED, which combines the efficacy of two kinds of phototherapy. It has a particularly good and repair effect especially for the treatment of acne and acne marks.

**Yellow LED: 590NM**, Yellow LED adds energy to skin cells, promotes the role of glands, assists digestion, treats skin diseases, enhances immune function, accelerates blood circulation, effectively repairs red marks, red spots, relieves swelling, pigmented spots, and is suitable for removing spots and brightening.

**White LED: 670NM**, White LED penetrates deep into the skin, accelerates the metabolism of active tissues, decompresses stains, improves fine lines and loose skin, relaxes the skin, balances secretion and controls oil.

**Turquoise LED: 610NM**, Through the specific turquoise LED, it gradually enhances cell energy, and has a good effect on metabolism.

## Effects

1. Quick calming, powerful moisturizing.
2. Improve dark and dull skin.
3. Improve and repair sensitive skin.
4. Improve oil fields and shrink pores.
5. Soothes and repair skin after photoelectric surgery.
6. Relieve and repair minor allergic skin.

## Applicable Range

1. Those with dry skin and lack of moisture.
2. Those with uneven, dark and dull skin.
3. Those with sensitive skin, skin redness and swelling, allergy.
4. Those with large pores, coarse skin, and exuberant oil secretion.
5. Those who have just undergone the photoelectric treatment.
6. Those with facial skin peeling and dandruff.

## Inapplicable Range

1. Those who have undergone invasive plastic surgery and are still recovering.
2. Those with skin diseases and infectious diseases.
3. Those who have unrealistic expectations about the results.
4. Those who have just received injection products, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
5. Those with severe allergy (red rash).
6. Use with caution for those who are sensitive to light.

## Notes after Operation

1. Use lukewarm water to wash face within 3 days.
2. Strengthen hydration and pay attention to sun protection.
3. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
4. Apply a hydrating mask once a day for three days.
5. Avoid spicy and greasy food.

## Cell Activation

### Principles

## Facial Cleaning Scrubber

The working principle of high frequency ultrasonic wave is adopted. The high frequency mechanical wave of ultrasonic wave has characteristics of vibration, massage and emulsifying liquid. At the same time, the emulsification property of ultrasonic wave can effectively remove facial cuticle, deep dirt and blackhead in pores, etc. Effective use of ultrasonic vibration can lead to water atomization, clean out garbage from the depths of pores. Meanwhile, the impurities hidden in the pores are broken by 2800KHZ ultrasonic wave through high-frequency vibration and ultrasonic vibration. Use with skin care products can also speed up absorption. It has obvious effect on dead skin and black head.

### Physical Effect

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration.

On the back of the instrument, high frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.

## RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

### Biological Effect:

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is

heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## Face Ultrasound

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin. It can not only export oil from pores, but also change the volume of cells so as to improve blood circulation and stimulate the regeneration ability of cells, making the skin full of luster and elasticity. Secondly, because its high frequency vibration principle causes lukewarm effect, it still has the ability to channel nutrition into skin quickly for better skin absorption of the nutrient component and protect skin.

## LED Photon Mask

**Red LED: 635NM**, Red LED heats up the bottom layers of skin, therefore reactivating collagens and speeding up the micro-circulation of skin so that it appears to be more elastic, smooth, glossy and has less wrinkles. It promotes the regeneration of skin cells and activates bio cells.

**Blue LED: 462NM**, Blue LED helps to shrink pores, reduce oil, calm skin and treat acne. It also helps to lock moisture and essence in skin, making it more elastic. Blue ray helps with inflammation of skin and treatment of acne by fighting bacterial infection.

**Green LED: 527NM**, Through the specific green light band on the skin it has sedative, analgesic, repair effects. It also promotes blood circulation, and is suitable for those with thin cuticle and who are prone to allergy and flushing.

**Purple LED: 600NM**, Purple LED is a dual frequency of red and blue LED, which combines the efficacy of two kinds of phototherapy. It has a particularly good and repair effect especially for the treatment of acne and acne marks.

**Yellow LED: 590NM**, Yellow LED adds energy to skin cells, promotes the role of glands, assists digestion, treats skin diseases, enhances immune function, accelerates blood circulation, effectively repairs red marks, red spots, relieves swelling, pigmented spots, and is suitable for removing spots and brightening.

**White LED: 670NM**, White LED penetrates deep into the skin, accelerates the metabolism of active tissues, decompresses stains, improves fine lines and loose skin,

relaxes the skin, balances secretion and controls oil.

**Turquoise LED: 610NM**, Through the specific turquoise LED, it gradually enhances cell energy, and has a good effect on metabolism.

## Effects

1. Deeply introduce nutrients and accelerate absorption.
2. Brighten skin tone and elevate skin.
3. Remove dry lines, smooth fine lines and improve wrinkles.
4. Stimulate subcutaneous collagen regeneration and activate cells.
5. Resist wrinkles and prevent skin aging.
6. Accelerate absorption and promote metabolism.

## Applicable Range

1. Those with dry lines, fine lines and wrinkles.
2. Those with dark, dull skin.
3. Those with coarse skin and large pores.
4. Those with dry skin, lack of water and nutrition.
5. Those with poor skin absorption and metabolic capacity.
6. Those who experience photon aging due to skipping sunscreen for a long time.

## Inapplicable Range

1. Those with severely sensitive skin or those in allergic phase.
2. Those whose nose has prosthesis.
3. Those with extensive facial trauma.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's (hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
7. Those with metal implants in the body, such as stents and pacemakers, or are allergic to metal.

## Notes after Operation

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.

5. Apply a hydrating mask once a day for three days.

## Anti-aging & Repairing

### Principles

#### RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

#### **Biological Effect:**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

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Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

**Biological effects:** Cold and hot hammer has respectively cooling and heating effects on skin. During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on. During the heating process, it heats up tissues by raising the temperature, thus adjusting blood circulation, boosting metabolism and improve the absorption of skin care products.

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**Yellow LED: 590NM,** Yellow LED adds energy to skin cells, promotes the role of glands, assists digestion, treats skin diseases, enhances immune function, accelerates blood circulation, effectively repairs red marks, red spots, relieves swelling, pigmented spots, and is suitable for removing spots and brightening.

**White LED: 670NM,** White LED penetrates deep into the skin, accelerates the metabolism of active tissues, decompresses stains, improves fine lines and loose skin, relaxes the skin, balances secretion and controls oil.

**Turquoise LED: 610NM,** Through the specific turquoise LED, it gradually enhances cell energy, and has a good effect on metabolism.

## Effects

1. Improve facial laxity and sagging.
2. Shape facial contour and define the contour.
3. Improve dry lines, fine lines, wrinkles, etc.
4. Shrink pores and improve pore sizing.
5. Improve uneven, dark and dull skin tone.
6. Enhance skin resistance and repair fragile skin.

## **Applicable Range**

1. Those with loose and saggy skin.
2. Those with dry skin, fine lines and wrinkles.
3. Those with dark, uneven, dull skin.
4. Those with large pores, and coarse skin.
5. Those with skin laxity, edema or obesity after delivery.
6. Those who often stay up late or work in the office for long hours, facing ultraviolet.

## **Inapplicable Range**

1. Those with severely sensitive skin or those in allergic phase.
2. Those with extensive facial trauma.
3. Use with caution for those who are allergic to sunlight.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's (hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those with metal implants in the body, such as stents and pacemakers, or are allergic to metal.
7. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.

## **Notes after Operation**

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask once a day for three days.

## **Balance Regain**

### **Principles**

### **Hydra Dermabrasion**

The vacuum circuit is formed through vacuum negative pressure, and the ultra-small bubbles and nutrient solution are fully combined, and the spiral-shaped suction tip is specially designed to act directly on the skin, and the ultra-small bubbles can be kept in contact with the skin for a long time to induce the peeling effect. (Negative pressure: it's below normal pressure. The use of negative pressure is very common. People often make use of the omnipresent pressure by creating negative pressure at some space. For example, when people breathe, negative pressure occurs when the lungs are in an expanded state. A difference in pressure is formed between the inside and outside of the lungs, and fresh air is pushed into the lungs.) Hydro facial cleaning uses the exact principle in the state of no pain, achieving deep removal of various impurities in the hair follicle, mites and grease residue.

### **Physical Effects**

With the most advanced moisture stripping technology, the skin can fully absorb the moisture of nutrient solution. Because the diameter of ultra-micro small bubble is only 10 microns, thus can easily penetrate into the pores, take away the dirt within the pores. A large number of bubbles dissolved in water will rupture, during which ultrasonic energy released can produce a large number of oxygen anion. This kind of bubble water can kill bacteria, enhance human immunity, purify the blood, improve allergies, beauty and skin care, moisturize skin, and reduce acne.

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### **Physical Effects**

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**RF**

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During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

### **Biological Effect:**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## **Face Ultrasound**

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin. It can not only export oil from pores, but also change the volume of cells so as to improve blood circulation and stimulate the regeneration ability of cells, making the skin full of luster and elasticity. Secondly, because its high frequency vibration principle causes lukewarm effect, it still has the ability to channel nutrition into skin quickly for better skin absorption of the nutrient component and protect skin.

## **LED Photon Mask**

**Red LED: 635NM**, Red LED heats up the bottom layers of skin, therefore reactivating collagens and speeding up the micro-circulation of skin so that it appears to be more elastic, smooth, glossy and has less wrinkles. It promotes the regeneration of skin cells

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**Turquoise LED: 610NM**, Through the specific turquoise LED, it gradually enhances cell energy, and has a good effect on metabolism.

## Effects

1. Deep cleanses and improves pores.
2. Remove excess cuticle.
3. Deeply introduce nutrients and accelerate absorption.
4. Brighten and enhance skin tone.
5. Balance skin oil and water.
6. Improve facial fine lines and dynamic wrinkles.
7. Stimulate collagen regeneration under the skin.
8. Prevent sagging and laxity of facial skin.

## Applicable Range

1. Those with dry skin and lack of nutrients.
2. Those with dark, uneven and dull skin.
3. Those with clogged pores and thick cuticle.
4. Those with exuberant oil secretion and imbalance of skin water and oil.
5. Those with large pores and coarse skin.

6. Those with dry lines, fine lines, and dynamic wrinkles.
7. Those with aging of skin.

## **Inapplicable Range**

1. Those with severely sensitive skin or those in allergic phase.
2. Those with extensive facial trauma.
3. Use with caution for those who are allergic to sunlight.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
7. Those with metal implants in the body, such as stents and pacemakers, or are allergic to metal.

## **Notes after Operation**

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask once a day for three days.

## **Overall Facial Care**

### **Effects**

1. Deeply clean skin and shrink pores.
2. Adjust skin water and oil imbalance.
3. Remove excess cuticle.
4. Deeply introduce nutrition and promote skin absorption.
5. Shape the contour and clear the contour.
6. Stimulate collagen regeneration under the skin.
7. Improve sagging and sagging skin.
8. Tighten, refine and improve skin.
9. Improve facial fine lines and dynamic wrinkles.
10. Improve fine lines around the eyes and lift the corners of the eyes.
11. Relieve eye fatigue and replenish nutrition for eyes.
12. Improve uneven skin tone, dark, dull.
13. Relieve dark circles, bags under the eyes and edema around the eyes.
14. Enhance skin resistance and repair fragile muscles.

15. Prevent loose and saggy skin.

## **Applicable Range**

1. Those with dry skin, lack of water and nutrition.
2. Those with coarse skin.
3. Those with clogged pores and thick cuticle.
4. Those with vigorous oil secretion and the water and oil are out of balance.
5. Those with The skin inelastic and unclear contour.
6. Those with poor skin absorption and metabolic capacity.
7. Those with dry lines, fine lines and wrinkles.
8. Those with eye strain, dry eye, etc.
9. Those with loose and saggy facial skin.
10. Those with fine lines, dry lines, and dynamic wrinkles around eyes.
11. Those with dark, uneven, dull skin.
12. Those with Skin aging.
13. Those who experience long-hour office work, facing ultraviolet.
14. Those who are dissatisfied with their skin.

## **Inapplicable Range**

1. Those with severely sensitive skin or those in allergic phase.
2. Those with extensive facial trauma.
3. Use with caution for those who are allergic to sunlight.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
7. Those with metal implants in the body, such as stents and pacemakers, or are allergic to metal.

## **Notes after Operation**

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask and eye mask once a day for three days.

# Part II

## 1. Detailed Operation

Detailed installation is as follows:



A, B, C bottles can respectively be filled with nutrient solutions as below.  
Bottle A (Deep cleansing liquid, such as AHA): Plant extract, mild without stimulation, cleanse sebum, exfoliate, deep cleansing, suitable for all skin types.

Bottle B (Oxygen liquid water, such as purified water): Gentle without stimulation, oil control, exfoliating, suitable for acne skin and sensitive skin.

Bottle C (Pipeline cleaning disinfectant, such as normal saline): Used to clean the pipeline. Select bottle C after treatments to clean the pipelines. It kills off bacteria, and prevents pipeline blockage, damage and cross infection.



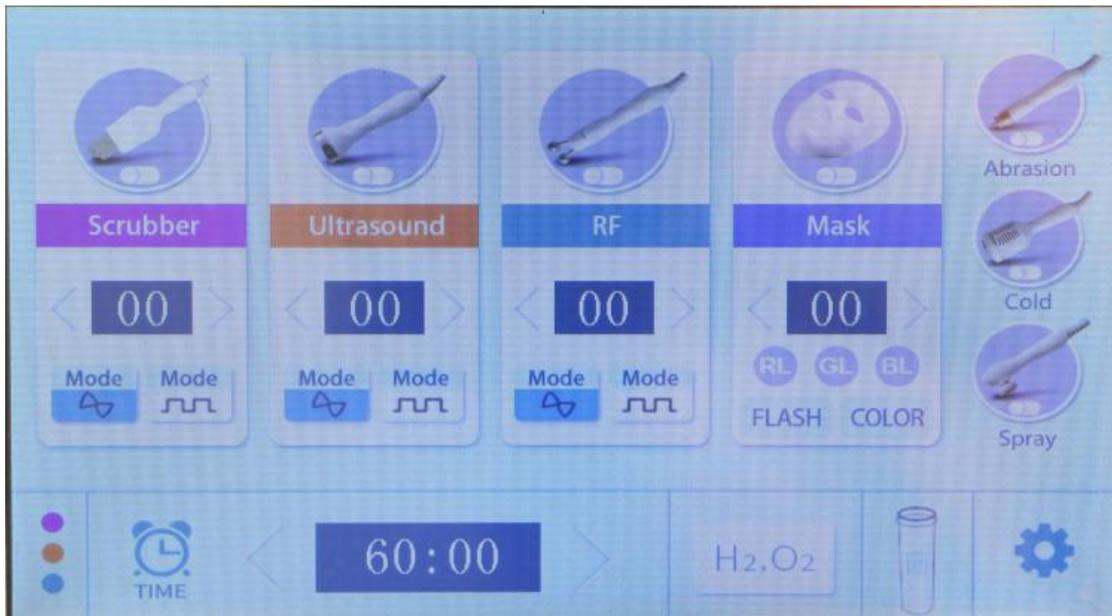
Bottle ① is for waste liquid, so there's no need to fill it with anything. When too much waste water is filled in the bottle, the equipment will stop working, so the waste water in the bottle should be promptly poured out and cleaned.

Bottle ② is for purified water (It has the effect of converting purified water into hydrogen and oxygen water). Use bottle ② during hydra dermabrasion treatment.

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Interface after language selection



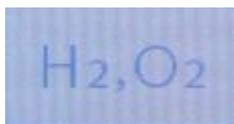
### 1.1 Function Selection



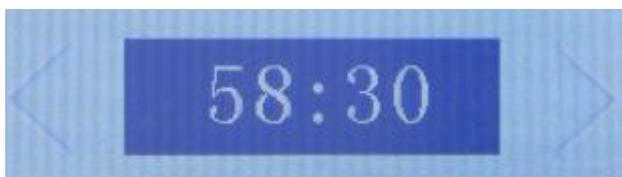
System



Delete



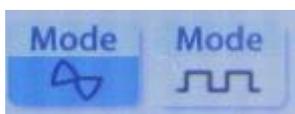
H<sub>2</sub>,O<sub>2</sub>



Time Adjustment



Time Display



Mode Adjustment



Energy Adjustment



Water flow knob (of hydra dermabrasion outflow)



Mode knob to adjust bottle A, B, C, D ( $H_2O_2$ )



Suction Intensity Tuning

## 1.2 Detailed Operation: Hydra Dermabrasion



Interface of Hydra Dermabrasion

Click  to start

## 1.3 Detailed Operation: Cold Hammer



Interface of Cold Hammer

Click  to start

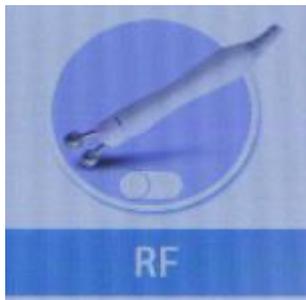
#### 1.4 Detailed Operation: Hydro Spray Jet



Interface of Hydro Spray Jet

Click  to start

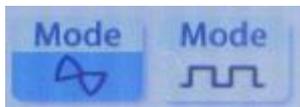
#### 1.5 Detailed Operation: RF



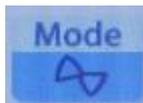
Interface of RF



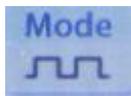
Working Time Adjustment of RF



RF Working Mode Adjustment



Consecutive Mode



Intermittent Mode

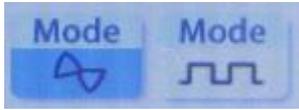
#### 1.6 Detailed Operation: Ultrasound



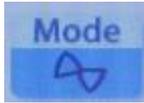
Interface of Ultrasound



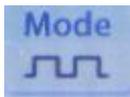
Working Time Adjustment of Ultrasound



Ultrasound Working Mode Adjustment



Consecutive Mode



Intermittent Mode

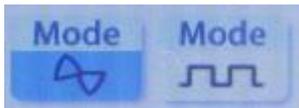
## 1.7 Detailed Operation: Cleaning Scrubber



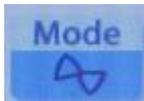
Interface of Cleaning Scrubber



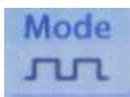
Working Time Adjustment of Cleaning Scrubber



Working Mode Adjustment of Cleaning Scrubber



Consecutive Mode



Intermittent Mode

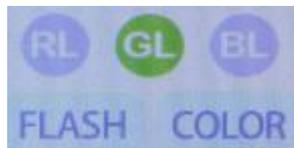
## 1.8 Detailed Operation: LED Photon Mask



Interface of LED Photon Mask



Working Time Adjustment of LED Photon Mask



Color Selection of LED Photon Mask



Red LED (accelerate circulation, boost absorption)



Green LED (calm skin, sooth and repair)



Blue LED (anti-bacteria, calm skin and fight allergy)

## 2. Technical Parameters

Specification:

Item Type: Beauty Machine

Material: ABS

Color: As Pictures Show

Voltage: 110-240V

Optional Plug: US Plug, UK Plug, AU Plug, EU Plug

Item Size: 25\*40\*38 cm (9.84\*15.75\*14.96 inches)

Package Weight: Approx. 7000g

## 3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with metal implants in the body, such as stents and pacemakers, or who are allergic to metal.
8. Use with caution for current sensitive users.
9. Use with caution for light sensitive users.

#### **4. Dos and Dont's**

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
9. Use device or train device operators in strict accordance with instructions in the user manual.
10. Start from the lowest energy level and slowly add up.
11. When using this device, the operating parts must be kept moist and dry skin should be avoided.
12. Avoid using on eyes and ear, around skin lesion or areas that went through plastic surgery.
13. Adjust the vacuum suction pressure subjecting to the customers' comfort level accordingly when operating hydra dermabrasion.
14. Do not stay at one place for over 5 seconds to avoid scald and frostbite.

15. Do not block the air outlet when holding the cold hammer handle.
16. Remind customer to adjust breathing when operating on philtrum with hydro spray jet.
17. Filter tips of various types of hydra dermabrasion can be cleaned directly with water and soaked with 75% alcohol.
18. Clean the waste bottle immediately after using the hydra dermabrasion.
19. Hydra dermabrasion, ultrasound, and RF probes can be use separately. When combined together, they deliver a better result.
20. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.
21. The front of the cleaning scrubber is for deep cleansing of the skin, and the back is for lifting and importing nutrients.
22. Spiral head cleaning: basic cleaning must be done to maintain and prevent infection. After using the spiral head, use disposable toothbrush to brush out dirty things in the groove of the head.
23. Internal cleaning (after use of each bottle of solution) :  
Replace the probe with a cleaning head, fill the solution bottle with half bottle of pure water, turn on it normally, plug the probe by hand, adjust the water flow to the maximum, and let the water flow back to automatically clean the residual solution in the pipe for about 1 minute.
24. All parts of the instrument must be tightened, or internal leakage will reduce the air pressure, resulting in no suction or small water flow.

## **5. Troubleshooting & Solutions**

### **1. The instrument can't start and the key lamp on the back of the instrument doesn't work?**

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

### **2. No RF output of the instrument?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

### **3. No Ultrasound output?**

- A. Please check whether the plug connecting wire is attached tightly or damaged.
- B. If the above method did not work, please contact the instrument distributor for assistance.

### **4. No suction coming from the hydro facial and there's no nutrients outflow?**

- A. Please check whether the waste water recovery bottle cap is tight or not, and whether the nutrient solution bottle is tight or not.
- B. Please check whether the button for adjusting suction and nutrient solution stays on 0.
- C. Please check whether the output of nutrient solution is excessive.

#### **5. No spray coming from the hydro spray jet?**

- A. Please check whether the nozzle is blocked.
- B. Please check whether the regulating part of the nozzle tail is tightened.
- C. Please check whether the wrench of the spray gun is loose.

#### **6.The instrument can be activated, but the wrong information appears on the screen?**

- A. Please unplug the power plug behind the instrument and wait about 1 minute before restarting the instrument.
- C. If the above method did not work, please contact the instrument distributor for assistance.

## **6.FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

### **2. Q: Is RF harmful to skin?**

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

### **3.Q: Why exfoliate?**

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

### **4.Q: Will hydra dermabrasion treatment enlarge pores?**

A: No. Hydro facial deep cleansing treatment follows the sequence of three steps. The

first step is to use the export liquid to soften skin cutin layer; the second step is coupled with different solutions (AS1 AHA, AS2 BHA, AS3 nutrient solution; choose different solution according to different type of skin); the third step is to hydrate the skin. Hydra facial is suitable for all skin types and will not enlarge pores but rather refine skin.

**5. Q: Can ultrasonic lead-in treatment remove acne marks?**

A: Ultrasonic lead-in whitening nutrients into the skin by ultrasonic high frequency vibration. It accelerates the absorption, inhibits melanin formation and fades spots, effectively improves dark skin, makes the skin bright and white, moist. leaving color It has particularly significant curative effect on dark spot caused by acne. It's green ecological, has no side effect, simple, safe and reliable. General outdoor activities can be conducted after treatment.

**6.Q: Does ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. The ultrasound itself does have a certain amount of radiation but these little bits of radiation, which are harmless, actually have a certain cumulative effect.

**7.Q: Can I wear makeup after using this instrument?**

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer.This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

**8.Q: What is collagen?**

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20 , women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40 , the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

## **7. Packing List**

1 x Main Machine

- 1 x Power Cord
- 1 x RF Lifting Head
- 1 x Cold Hammer Handle
- 1 x Skin Scrubber Handle
- 1 x Hydra Dermabrasion Pen
- 1 x Polymer Atomizing Pen
- 1 x Ultrasonic Handle
- 1x Led photon mask 7 colors
- 1 x User Manual

## 8.Operational Diagram

Parameter adjustment	Product	Technique	Diagram
<b>Cleansing&amp;Revitalizing: 60 min, once/week</b>			
Hydra Dermabrasion Energy: 20%-80%  Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile	Makeup remover+ Face wash+ Blackhead export liquid+ Hot&Cold steam+ Essence+ Device+ Facial mask	<ol style="list-style-type: none"> <li>1. Remove makeup, 5 min.</li> <li>2. Apply toner, 1min.</li> <li>3. Apply blackhead export liquid+hot steam on T-zone (nose, forehead, chin) or clogged area, 5-8 min.</li> <li>4. Hydra dermabrasion operation: pressure gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be</li> </ol>	Technique 4  <hr/> Technique 9  <hr/> Technique 10

<p>check with customers constantly.)</p> <p>Hydro energy level: Liquid export volume is recommended to set as small</p> <p>Cleaning Scrubber: 2-8</p> <p>Mode: Consecutive</p>		<p>right next to another (forehead → nose → chin → cheeks) you can double the operation on T zone where pores are severely clogged, around 10-15 min.</p> <p>5. Wash face clean, 2 min.</p> <p>6. Apply hydrating mask+hot steam, 10 min.</p> <p>7. Wash face clean, 2 min.</p> <p>8. Pour (whitening/hydrating/soothing/anti-aging) essence into the hydro bottle (with the proportion of essence:distilled water being 2:1), 2 min.</p> <p>9. Hydro spray jet operation: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>10. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>11. Apply (whitening/hydrating/soothing/anti-aging) essence on face, 1 min.</p> <p>12. Lead in nutrition with the back side of the scrubber. Move upwards from jaw to earlobe, mouth corner to ear gate, from nose wing to temple to lift, 3-5 times.</p> <p>13. Do the same on the other side.</p> <p>14. Move up and lift towards</p>	<div data-bbox="1145 210 1283 427" data-label="Image"> </div> <p data-bbox="1054 450 1230 483">Technique 12</p> <div data-bbox="1145 501 1283 719" data-label="Image"> </div> <p data-bbox="1054 741 1230 775">Technique 14</p> <div data-bbox="1145 792 1283 1010" data-label="Image"> </div>
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		<p>the hairline on forehead, 3-5 times.</p> <p>15. Apply hydrating facial mask, 15 min.</p> <p>16. Remove the mask and wash it clean, 2 min.</p> <p>17. Apply toner, essence, cream and sunscreen.</p>	
<p><b>Recommended Treatment:</b></p> <p>10 treatments account for one full course. After one treatment, skin feels hydrated, and clean. After one full course, skin appears to be evenly bright and pores and relatively smaller. After 3 courses, skin can stay hydrated for as long as 24 hours, making the skin ruddy and translucent, and elastic.</p>			
<p><b>Soothing&amp;Repairing: 60 min, once/week</b></p>			
<p>Hydro spray jet energy level: Liquid export volume is recommended to set as small</p> <p>LED Photon Mask Energy: 6-10</p> <p>Mode: Green</p>	<p>Makeup remover+ Face wash+ Hydrating Mask+ Cold and hot steam+ Essence+ Facial mask+ Machine</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply hydrating facial mask+cold steam, 15 min.</li> <li>4. Wash face clean, 2 min.</li> <li>5. Pour (hydrating)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.</li> <li>6. Hydro spray jet operation: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</li> <li>7. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</li> <li>8. Apply (soothing&amp;restorative) essence on face, 1 min.</li> </ol>	<p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>

	<p>9. Cold hammer operation: Move horizontally upwards in circles from chin to earlobe, mouth corner to ear fate, nose wings to temple to lift the treatment area, 3 times.</p> <p>10. Move horizontally in circles from chin to earlobe, mouth corner to ear fate, nose wings to temple to lift the treatment area, 3-5 times.</p> <p>11. Do the same on the other side.</p> <p>12. Move vertically towards hairline on forehead, 3-5 times.</p> <p>13. Apply repairing facial mask + photon LED Mask, 15 min.</p> <p>14. Take off the mask and clean face, 2 min.</p> <p>15. Apply toner, essence, cream, and sunscreen.</p>	 <hr/> <p>Technique 12</p> 
<p><b>Suggested Treatment:</b> 10 treatments account for one full course. After one treatment you will feel skin is hydrated and smooth. After one course, the skin will restore a normal state, and less prone to allergy due to dehydration, cosmetics or change of season. After 2 courses, skin surface is smooth, ruddy with a boosted blood circulation and nice touch. 3 courses help enhance the effect and prevent skin allergy.</p>		

## Cell Activation: 60 min, once/week

<p>Cleaning Scrubber: 2-8</p> <p>Mode: Consecutive</p> <p>RF Energy: 2-8</p> <p>Mode: Consecutive</p> <p>Face Ultrasound Energy: 2-8</p> <p>Mode: Consecutive</p> <p>LED Photon Mask Energy: 6-10</p> <p>Mode: Red/Turquoise /White</p>	<p>Makeup remover oil+ Face wash+ Blackhead export liquid+ Hydrating Mask+ Hot/Cold steam+ Essence+ Facial mask+ Machine</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner, 2 min.</li> <li>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> <li>4. Facial cleaning scrubber operation: drench cotton pad in water and pat on face, then tilt the scrubber at a 45°angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.</li> <li>5. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.</li> <li>6. Do the same on the other side.</li> <li>7. Brace the skin vertically towards hairline on forehead, 3-6 times.</li> <li>8. Wash face clean, 2 min.</li> <li>9. Apply hydrating facial mask+hot steam, 10 min.</li> <li>10. Wash face clean, 2 min.</li> <li>11. Apply (whitening/anti-aging) essence evenly on face, 1 min.</li> <li>12. RF operation: start from chin to earlobe, then from mouth corner to ear gate, then from nose wing to</li> </ol>	<p>Technique 5</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 12,13</p>  <hr/> <p>Technique 15,16</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>
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		<p>temple to lift the treatment area, 3 times.</p> <p>13. Combined with the free hand, repeat the last technique in parallel lines, 3 times.</p> <p>14. Do the same on the other side.</p> <p>15. Move vertically towards the hairline, 3 times.</p> <p>16. Combined with the free hand, move vertically towards the hairline, 3 times.</p> <p>17. Apply (hydrating) essence evenly on face, 1 min.</p> <p>18. Ultrasound operation: move the probe horizontally in circles from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Move vertically towards the hairline, 3 times.</p> <p>21. Apply mask + LED Photon Mask, 15 min.</p> <p>22. Clean face, 2 min.</p> <p>23. Apply toner, essence cream and sunscreen.</p>	
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**Recommended Treatment:**  
 10 treatments account for one full course. After one treatment, skin appears to be translucent, and clean with less fine lines. After a full course, fine lines are less and wrinkles area faded. After 2 courses, skin appears to be hydrated, translucent and elastic. 3 courses help skin maintain elastic and glossy. RF+ultrasound+LED photon mask work simultaneously, which works to stimulate collagen regeneration, activate cells, leaving skin elastic and young.

**Anti-aging&Repairing: 60 min, once/week**

RF Energy: 2-8	Makeup remover+	1. Remove makeup, 5 min. 2. Apply toner, 1min.	Technique 5,7,11
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<p>Mode: Consecutive</p> <p>LED Photon Mask Energy: 6-10</p> <p>Mode: Red/Turquoise</p>	<p>Face wash+ Hydrating mask+ Cold/Hot steam+ Massage cream+ Essence+ Facial mask+ Machine</p>	<p>3. Apply cleansing mask+hot steam, 10 min.</p> <p>4. Clean face, 2min.</p> <p>5. Apply massage cream and gently massage face and caress, 3 times.</p> <p>6. Push the following acupoints(chengjiang point, renzhong point, cicang point, jiache point, yingxiang, jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point, sibai point), 3 times.</p> <p>7. Caress the whole face, 3 times.</p> <p>8. Use both hands to lift face as if playing musical instrument, 2 min.</p> <p>9. Alternate hands in lifting face as if playing musical instrument, 1 min.</p> <p>10. Do the same on the other side.</p> <p>11. Caress the whole face, 3 times.</p> <p>12. Alternate hands in lifting face in 3 parallel lines (from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple), 3 times.</p> <p>13. Do the same on the other side.</p> <p>14. Move in figure Z to the front of the ear on forehead and slide to the back of the ear back and forth, 3 times.</p> <p>15. RF operation: move the probe horizontally in circles from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple, 3 times.</p>	 <p>Technique 6</p>  <p>Technique 12</p>  <p>Technique 14</p>  <p>Technique 15,16</p>  <p>Technique 18,19</p>  <p>Technique 22</p>
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	<p>16. Combined with hand and repeat the last technique, 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. Move vertically towards the hairline, 3 times.</p> <p>19. Combined with hand and move vertically towards the hairline, 3 times.</p> <p>20. Clean face, 2 min.</p> <p>21. Apply (anti-aging) essence evenly on face, 2 min.</p> <p>22. Cold hammer operation: Move horizontally upwards in circles from chin to earlobe, mouth corner to ear fate, nose wings to temple to lift the treatment area, 3 times.</p> <p>23. Do the same on the other side.</p> <p>24. Move vertically towards the hairline on forehead, 3-5 times.</p> <p>25. Apply a layer of (hydrating) essence on face evenly, 1 min.</p> <p>26. Apply mask + LED Photon Mask, 15 min.</p> <p>27. Clean face, 2 min.</p> <p>28. Apply toner, essence cream and sunscreen.</p>	 <hr/> <p>Technique 24</p>  <hr/>	
<p><b>Suggested Treatment:</b>  10 treatments account for one full course. After one treatment, skin feels tightened. After one full course, skin is tight, plump and rosy. After 2 courses, it increases skin elasticity, boosts skin metabolism, help fade pigmented spots, brighten skin, and lower the chances of skin allergy. 3 courses help stabilize skin, prevent skin aging, laxity and define skin contour.</p>			
<p><b>Balance Regain: 60 min, once/week</b></p>			
Hydra	Makeup	1. Remove makeup, 5 min.	Technique 4

<p>dermabrasion energy level: 2-8</p> <p>Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)</p> <p>Facial Cleaning Scrubber Energy Level: 2-8</p> <p>Mode: Consecutive</p> <p>RF Energy: 2-8</p> <p>Mode: Consecutive</p> <p>Face Ultrasound Energy: 2-8</p> <p>Mode: Consecutive</p> <p>LED Photon Mask Energy: 6-10</p>	<p>remover+ Face wash+ Blackhead export liquid+ Hydrating mask+ Cold&amp;Hot steam+ Massage cream+ Essence+ Mask+ Machine</p>	<p>2. Apply toner, 1min.</p> <p>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</p> <p>4. Hydra dermabrasion operation: pressure gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another (forehead → nose → chin → cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.</p> <p>5. Facial cleaning scrubber operation: drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.</p> <p>6. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.</p> <p>7. Do the same on the other side.</p> <p>8. Brace the skin vertically towards hairline on forehead, 3-6 times.</p> <p>9. Apply hydrating facial mask+hot steam, 10 min.</p> <p>10. Wash face clean, 2 min.</p>	 <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 12,13</p>  <p>Technique 15,16</p>  <p>Technique 18</p>  <p>Technique 20</p>
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<p>Mode: Blue/Purple</p>	<ol style="list-style-type: none"> <li>11. Apply (whitening/anti-aging) essence evenly on face, 1 min.</li> <li>12. RF operation: move the probe horizontally in circles from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple, 3 times.</li> <li>13. Combined with hand and repeat the last technique, 3 times.</li> <li>14. Do the same on the other side.</li> <li>15. Move vertically towards the hairline, 3 times.</li> <li>16. Combined with hand and move vertically towards the hairline, 3 times.</li> <li>17. Apply (hydrating) essence evenly on face, 2 min.</li> <li>18. Ultrasound operation: move the probe horizontally in circles from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple, 3 times.</li> <li>19. Do the same on the other side.</li> <li>20. Move vertically towards the hairline, 3 times.</li> <li>21. Apply mask + LED Photon Mask, 15 min.</li> <li>22. Clean face, 2 min</li> <li>23. Apply toner, essence cream and sunscreen.</li> </ol>	
<p><b>Recommended treatment:</b> 10 treatments account for one full course. After one treatment you will see a clean and translucent skin. After a full course, skin is hydrated with less oil secretion and skin slowly regain its normal state. After 2 courses, skin is fine, glossy, hydrated and elastic.</p>		

## Overall Facial Care: 90 min, once/week

<p>Hydra dermabrasion energy level: 2-8</p> <p>Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)</p> <p>Facial Cleaning Scrubber Energy Level: 2-8</p> <p>Mode: Consecutive</p> <p>Hydro spray jet energy level: Liquid export volume is recommended to set as small</p> <p>RF Energy: 2-8</p> <p>Mode: Face:</p>	<p>Makeup remover+ Face wash+ Blackhead export liquid+ Hydrating mask+ Cold&amp;Hot steam+ Massage cream+ Essence+ Mask+ Machine</p>	<ol style="list-style-type: none"> <li>1. Remove makeup, 5 min.</li> <li>2. Apply toner, 1min.</li> <li>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> <li>4. Hydra dermabrasion operation: pressure gently on forehead with the crystal tip for 3-5 times, then brace the forehead tightly and stay for a second, and then gently twist the probe with your finger and pick it up; each treatment area should be right next to another (forehead→nose→chin→cheeks) you can double the operation on T zone where pores are severely clogged, 10-15 min.</li> <li>5. Facial cleaning scrubber operation: drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.</li> <li>6. Start from chin, brace the skin in lines to keep the treatment surface tight, 3-6 times.</li> <li>7. Do the same on the other side.</li> <li>8. Brace the skin vertically</li> </ol>	<p>Technique 4</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 11,13</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 16</p>
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<p>Consecutive Eye: Intermittent</p> <p>Face Ultrasound Energy: 2-8</p> <p>Mode: Consecutive</p> <p>LED Photon Mask Energy: 6-10</p> <p>Mode: Red/Yellow/W hite</p>		<p>towards hairline on forehead, 3-6 times.</p> <p>9. Apply hydrating facial mask+hot steam, 10 min.</p> <p>10. Wash face clean, 2 min.</p> <p>11. Apply massage cream and gently massage face and caress, 3 times.</p> <p>12. Push the following acupoints(chengjiang point, renzhong point, cicang point, jiache point, yingxiang, jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point, sibai point), 3 times.</p> <p>13. Caress the whole face, 3 times.</p> <p>14. Use both hands to lift face as if playing musical instrument, 2 min.</p> <p>15. Alternate hands in lifting face as if playing musical instrument, 1 min.</p> <p>16. Alternate hands in lifting face in 3 parallel lines (from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple), 3 times.</p> <p>17. Lift eye corners with "scissor" hand gesture, 3-5 times.</p> <p>18. Move vertically towards the hairline on forehead, 3-5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Move in figure Z to the front of the ear on forehead and slide to the back of the ear back and forth, 3 times.</p> <p>21. Face RF operation: move the probe horizontally in</p>	 <p>Technique 17</p>  <p>Technique 18</p>  <p>Technique 20</p>  <p>Technique 21,22,31,33</p>  <p>Technique 23,25</p>  <p>Technique 24</p>
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	<p>circles from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple, 3 times.</p> <p>22. Combined with hand and repeat the last technique, 3 times.</p> <p>23. Eye RF operation: combined with hand, move from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>24. Lift the device from beginning till the end of eyebrow, 3-5 times.</p> <p>25. Combined with hands: Lift from lower eyelids to temple, 3-5 times.</p> <p>26. Do the same on another side.</p> <p>27. Move vertically towards the hairline, 3 times.</p> <p>28. Combined with hand and move vertically towards the hairline, 3 times.</p> <p>29. Clean face, 2 min.</p> <p>30. Pour (hydrating)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.</p> <p>31. Hydro spray jet operation: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>32. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight,</p>	 <hr/> <p>Technique 27,28,32,35</p>  <hr/> <p>Technique 37</p>  <hr/> <p>Technique 39</p>  <hr/> <p>Technique 41</p>  <hr/>
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		<p>2 times.</p> <p>33. Lead in nutrition with the back side of the scrubber. Move upwards from jaw to earlobe, mouth corner to ear gate, from nose wing to temple to lift, 3 times.</p> <p>34. Do the same on the other side.</p> <p>35. Move up and lift towards the hairline on forehead, 3-5 times.</p> <p>36. Apply (whitening/anti-aging)essence on face, 1 min.</p> <p>37. Face ultrasound operation: move the probe horizontally in circles from jaw to earlobe, from mouth corner to ear gate, from nose wing to temple, 3 times.</p> <p>38. Do the same on the other side.</p> <p>39. Move vertically towards the hairline, 3 times.</p> <p>40. Apply mask + LED Photon Mask, 15 min.</p> <p>41. Take off the mask and move from chin to cover the whole face in circles with cold hammer, 5-8 min.</p> <p>42. Clean face, 2 min.</p> <p>43. Apply toner, essence, cream and sunscreen.</p>	
<p><b>Recommended treatment:</b>  10 treatments account for one full course. After one treatment, skin is brightened, hydrated, and corners of eyes are lifted. After a full course, skin is moisturized, plump and even-toned. After 2 courses, skin appears to be translucent, bright and smooth. 3 courses help stimulate collagen regeneration, delay aging, leaving skin bright, shining, and young.</p>			